

Facebook
 $R = -1$
 $q_* = 5$

$q_*(s,a)$ for $\gamma = 1$

Quit
 $R = 0$
 $q_* = 6$

Facebook
 $R = -1$
 $q_* = 5$

Sleep
 $R = 0$
 $q_* = 0$

Study
 $R = +10$
 $q_* = 10$

Study
 $R = -2$
 $q_* = 6$

Study
 $R = -2$
 $q_* = 8$

Pub
 $R = +1$
 $q_* = 8.4$

