## Reference No: ABHI/PROD/20-21/RHI/15

# Activ Health, Product UIN: ADIHLIP21574V032021.

### Health Insurance Aditya Birla Health Insurance Co. Limited



Application No.-Barcoded.:

### Activ Health - Proposal Form (Premiere Plan)

- 1. Please select the appropriate options and fill the form in BLOCK LETTERS. 2. All details marked with (\*) are mandatory.
- Please disclose all facts and mention each information that may affect our decision to issue a policy or its price, terms, conditions, exclusions, truthfully and accurately as incorrect information may lead to policy cancellation/ claim rejection. The Policy shall become void at our discretion, in the event of any untrue or incorrect statement, misrepresentation, non-description or non-disclosure of any material fact, particularly in the proposal form/personal statement, declaration and connected documents or any material information having been withheld by the proposer or any one acting on his behalf. If You are in any doubt, please seek the advice of your insurance advisor.
- 4. The Policy would be incepted only after complete premium including loading premium (if applicable) is submitted by You & there may be break in period (during which You are not covered) in case of Portability proposal. Hence it is advisable to extend your porting policy with existing insurer with

I choose to have hardcopy of Policy Documents.

channel.

Yes

Customer ID:	Branch Stamp:
I. Proposer Details	<u> </u>
Gender*: Male	Female Other Date of Birth*: DDMMYYYY
Name*:	
	First* Middle Last*
Correspondence Address*:	
	City*: Town (District):
	State*: PIN Code*:
Contact Details*:	Mobile Number*: Emergency/Alternate Contact No.:
	Name and Relation: WhatsApp No., If Different From Mobile Number:
Email ID*:	(All proposal/policy related communications will be sent on this e-mail id)
Identification Type*:	Aadhar Card PAN Card Passport Driving License Voter's Identity Card  Others Please mention ID Number
PAN:	PAN is mandatory in case premium is > Rs 1,00,000 (irrespective of the mode of payment of premium) Or > Rs 50,000 accepted in Cash)
GST Registration Status*:	Consumer Registered Dealer Compounding Dealer  Please specify GST Identity Number: (mandatory for Registered dealer & Compounding dealer)
Annual Income*:	Up to 5 L 5 to 10 L 10 L to 20 L >20 L
Educational Qualification*:	Below Matric Matric Graduate Post Graduate Diploma  Professional Degree Others
Occupation*:	Government Employee Private Service Business Housewife Retired
	Professional CA Doctor Lawyer Others
Marital Status*:	Single Married Divorced Widow(er) Seperated
Nationality*:	Indian Non Resident Indian Foreign National with Indian Origin <country> Person of Indian Origin Foreign National <country> (The Policy, can be issued for benefit of Indian citizens residing in India (Insured Person). Cover is not allowed to NRIs, OCIs, PIOs or foreign nationals.)</country></country>
II. GO Green & Wh	atsApp Consent*:
	ute in creating a healthier, greener and cleaner environment by authorizing Aditya Birla Health Insurance Co. Limited to send all my Policy & unication to the Email ID mentioned in this application form.

To serve you better, we will use WhatsApp Channel to send you updates about your Proposal/Policy with Us. You hereby give consent to and authorize Aditya Birla Health Insurance Company to send you communication via WhatsApp Channel. We respect your privacy and will ensure that promotional content is not shared through this

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Not Available

III. Product / Pl	on Dotoile*.									
Plan Type*:	Sum Insured*: (₹)									
Platinum Premiere	10 Lac 15	5 Lac 20 La	ac 25 Lac	30 Lac	40 Lac	50 Lac	100 Lac			
Tenure*:	1 Year 2 Years 3 Years									
Cover*:	Individual	Family Floater								
Mode of Premium Payment*:	Monthly Instaln	nent	Quarterly Instalment	Semi Annua	l Instalment	Single				
IV. Insured Deta	ails*:									
Is Proposer also	the Insured									
Particulars		Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6			
Name*										
Relationship with Pro	poser*									
Gender*										
Date of Birth* (dd/mr	m/yyyy)									
Nationality*		<country></country>	<country></country>	<country></country>	<country></country>	<country></country>	<country></country>			
City of Residence*										
Height* (cms)										
Weight* (kgs)										
Occupation* (Mandatory for Personal Accover (AD,PTD))	ccident									
Designation* (Mandatory for Personal Accover (AD,PTD))	ccident									
Nature of Duty* (Mandatory for Personal Ac Cover (AD,PTD))	ccident									
Whether Occupation manual labour/hazard handling hazardous in working at height/wi maintenance of law a (Mandatory for Personal Ac Cover (AD,PTD))	dous activities/ naterial/explosives or th high voltage or and order? (Yes/No)*									
Sum Insured* (to be filled separately in c	ase of									
Email ID*#										
Mobile Number*#										
ID Proof No.* (One of	Below)									
Aadhaar Card Passport Votor's Identity C	PAN Card  Driving License	alD Alicent		dD Alverd	dD Alimat	dD Altimat	المال المال			
Voter's Identity C	aru	<id number=""></id>		<id number=""></id>	<id number=""></id>	<id number=""></id>	<id number=""></id>			

<sup># (</sup>Mobile Number and Email ID is mandatory for each adult Insured. Please mention the Contact Number /Email ID of the Proposer, ONLY in case any Insured's contact number is not available.)

Do you wish to assign this Policy:

Yes

No, Name of Assignee:\_

International Coverage for Major Illnesses    Scrotes
ersonal Accident Cover (AD,PTD) (Rs.) of Earning Memberds . To select among, pitons Sum Insured . SoU. Job. Of Non-aeming Adult . Applicable Sum Insured . 100 Lac   1
responal Accident Cover (AD,PTD) (Rs.) or Earning Member(s) - To select among pitons Sunt has present - Soul Acol (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Soul accident (or Non-searching Adult - Applicable Sum . Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured . Insured (or Non-searching Adult - Applicable For Multi Individual Policy covering 2 or more persons under same policy.  Sone of Cover Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured . Insured . Insured . Insured 5 Insured . Insured . Insured . Insured . Insured 5 Insured . I
Solar   Insured = Sol / Insured   Sol / Insu
S Lac  10 Lac  15 Lac  20 Lac  25 Lac   Optional Benefits (Please Tick)  Optional covers under Family Floater Policies, if chosen, will be applicable to all members in the Policy. Please tick Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 10% discount available, if opted)  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Tone of Cover
Optional Benefits (Please Tick)  Optional Covers under Family Floater Policies, if chosen, will be applicable to all members in the Policy. Please tick Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 1.0% discount available, if opted)  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  One of Cover Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 5 Insured 1.0% one II Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 5 Insured 1.0% one III Insured 1.0% one III Insured 2 Insured 3 Insured 4 Insured 5 Insured 6 Insured 7 Insured 7 Insured 7 Insured 7 Insured 7 Insured 8
Please tick Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 10% discount available, if opted)  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Mandatory discount applicable for Multi Individual Policy covering 2 or more persons under same policy.  Insured 3 Insured 4 Insured 5 Insured 10 Insured 10 Insured 3 Insured 4 Insured 5 Insured 10 Ins
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Zone II  Zone III  Zone Jone Shall be applicable on the City mentioned in the Proposal form.  A single Zone shall be applicable to all members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured Tone applicable amongst the Insured Members Covered Under the Policy, which will be by default the highest Zone applicable amongst the Insured Members Covered Under the Policy, which will be by default the highest Zone applicable amongst the Insured English Covered Under the Policy Covered Under th
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Vidual Policy: Your Zone is based on the City mentioned in the Proposal form.  In previous / Current Insurance Details:  In you have Previous / Current Policy or Proposal applied for life / health / hospital daily cash / critical illness / cancer or personal accident insurance?*  Yes, Please fill the following details with respect to Insurance Policies(s) currently held with Us or any other Insurance Company.  To previous / Current Insurance Details:  Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 7 Insured 8 Insured 9
vidual Policy: Your Zone is based on the City mentioned in the Proposal form.  nily Floater – A single Zone shall be applicable to all members covered under the Policy, which will be by default the highest Zone applicable amongst the Insured mem  // Previous/ Current Insurance Details:  1
// Previous/ Current Insurance Details: // Organic Specific Specif
r. Drevious/Current Insurance Details: * Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 5 Insurer Name
Previous/Current Insurance Details: * Insured 1 Insured 2 Insured 3 Insured 4 Insured 5 Insured 1  Insurer Name
Was any proposal/policy declined/ deferred / withdrawn / accepted with modified terms/ cancelled, if "yes" please provide details in additional information (Yes/No)
Do You want to consider this Health policy for Portability" (Yes/No)
'If Claims in Previous Policy is "Yes", Please mention details of Claim in 'Information On Health And Lifestyle' section " In case you want Portability of your Previous Policy, kindly fill the Portability form separately.
/I. Nominee Details*:
Nominee Name Nominee Relationship with Proposer Nominee Contact Number

### VIII. Information On Health And Lifestyle\*:

Please answer the following questions in "Yes" OR "No" with respect to all persons proposed to be insured. Note -Please answer all below mentioned questions for each Insured. Please attach discharge card / summary, all consultation papers, investigation reports, histopathology reports, disability certificate from civil surgeon, if any.

Insured. Please attach discharge card / summary, all consultation papers, investigation reports,	histopatho	logy report	s, disability	certificate	from civil s	surgeon, if a
A. Have you ever been diagnosed with /advised / taken treatment or observation is suggested or undergone any investigation or consulted a doctor or undergone or advised surgery or hospitalized for any one or more from the following?  If YES, then please mention details in the additional information section below:	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6
* Any form of Heart Disease including but not limited to Heart Attack, Arrhythmias etc. Procedures						
like Angiography/Angioplasty/By Pass Surgery, valve replacement, Pacemaker implant etc.						
* Anemia / Any Blood disorder (whether treated or not).						
<ul> <li>* Tuberculosis (TB), any Respiratory / Lung disease</li> <li>* Disease of Eye including but not limited to Cataract, Glaucoma, Ear, Nose, Throat, Thyroid disorder.</li> </ul>						
* Cancer, Tumour, lump, cyst, ulcer						
* Disease of Kidney, Digestive tract, Liver/Gall Bladder, Pancreas, Breast, Fibroid (Uterus), Breast Lumps, Polycystic Ovary Disease (PCOD) or any other Gynecological disease, Reproductive /Urinary system, or any past/current complications of pregnancy/ child birth including high blood pressure or diabetes etc.						
* Mental illness, Psychiatric/psychological disorder						
* Disease of the Brain/ Spine/Nervous System, Epilepsy						
* Paralysis, Polio, Joints/Arthritis/prolonged back pain						
* Congenital/ Birth defect, Genetic Disease/Physical deformity/disability						
* Polio, Obstructive sleep apnea (OSA), Peripheral vascular disease. i.e Blockage of Upper or lower limb artery/vein, Varicose Veins						
* HIV/AIDS, other Sexually Transmitted Disease or						
* Accidental injury or implant in body or any other medical (other than common cold & viral fever) or surgical condition or Investigation parameter has been detected to be out of range/ not normal?						
B. Are you suffering from or had suffered in past, any of below conditions? If YES. then please mention Details in the additional information section below.						
Nephropathy						
Retinopathy						
Neuropathy						
Diabetic Foot						
Stroke						
Malignant Hypertension						
History of Renal Artery Stenosis						
History of Pheochromocytoma						
History of Aneurysm						
History of Peripheral Vascular Disease						
C. Any of the Insured Persons is pregnant? If yes, please mention the expected Date of Delivery.						
<ul><li>D. Are you suffering from or had suffered in past, any of below conditions?</li><li>If YES, then fill up Annexure 1.</li></ul>						
Diabetes (High blood sugar level (YES/NO)						
Hypertension (High Blood Pressure) (YES/NO)						
Hyperlipidemia (High Cholesterol or High Triglycerides) (YES/NO)						
Asthma (YES/NO)						
E. Has any of the persons proposed to be insured had						
a. Any regular medication prescribed by the Doctor other than vitamin pills and tonics?						
b. Blood tests, X-Ray/USG/Scan/MRI in the last 5 years other than routine or pre-employment health check?						
c. Surgery done or advised and still pending for the surgery to be done?						
F. Do you consume any of the following substances? (if yes, please mention the quantity)						
Alcohol [30ml (Number of pegs) of hard liquor/ pints of beer/ glasses of wine] per week						
Smoking (Number of Cigarette/bidi sticks) per week						
Pan Masala/Gutkha (Number of small Pouches) per week						
Any Other substance (Name & Quantity) per week						

Details					Insured				
				1	2	3	4	5	6
Disease name									
Date of Diagnosis	of Diagnosis								
Last Consultation Date									
Name of Surgery (if any)									
Details of Treatment given	(Hospitalization/OPD, other)								
Disability %									
Period of Hospitalization (i	if any)								
Any Other Information									
IX. Premium Paym	nent Details*·								
Mode of Premium Payme									
	eque Demand Dr	raft Pay Order	Cred	lit Card	Del	oit Card		Online	
			or or	iic Guiu		ore oura			
IMPS/ NEFT/ RTGS	E-Wallet	UPI							
Instrument Number	Instrument Date	Instrument Amount (₹)	Name Premium F			hip of Payer Proposer	rwith	Bank De	t Number,
								Bank Name, IF	-SC code)
** Income Tax benefit under se	ection 80D of Income Tax Act, is a	vailable to the person who pays the	health insurance p	premium by otl	ner than cash	payment mod	e for hims	self and his family	member
	-	80D are subject to Income Tax Ac	t.						
X. Bank Account I	Details*:								
Mandatory details required	to process all payment due ir	n relation to your Policy includi	ing refunds" (if a	iny) and / or	claims dired	ctly to your b	oank acc	count.	
Name as in Bank Accour	nt:								
Bank Name:			Acco	ount Numbe	:				
			_						
Account Type (Current/S	Saving):								
		nd Online Mode of payment, th	_					-	
	ntimate in writing to Aditya Bi ct to the best of my knowledg	irla Health Insurance Co. Ltd. a e.	about any change	e in bank ac	count details	s. I also here	by certi	fy that the parti	culars
Date: DDMMY	YYY								
Place:					Sig	nature:			
NACH Mandate":									
I would like to avail t	he renewal premium payment	facility by mandating ABHI to	debit my premi	um through	NACH.				
" For availing NACH,	duly filled and signed physica	al NACH mandate to be submit	tted.						
VI Declaration & Authorization*.									
XI. Declaration & Authorization*:  I hereby declare, on my behalf and on behalf of all persons proposed to be Insured, that the above statements, answers and/ or particulars given by me are true and									
complete in all respects to the best of my knowledge and that I am authorized to propose on behalf of these other persons.									
I understand that the information provided by me will form the basis of the Insurance Policy, is subject to the Board approved underwriting policy of the Insurer and that the policy will come into force only after full payment of the premium chargeable.									
		occurring in the occupation or a	general health of	f the life to l	oe Insured/F	Proposer afte	er the Pr	roposal has beer	า
submitted but before communication of the risk acceptance by the company.  I declare that I consent to the Company seeking medical information from any doctor or hospital who/which at any time has attended to the person to be Insured/Proposer or from any past or present employer concerning anything which affects the physical or mental health of the person to be Insured/Proposer and seeking information from any Insurer to whom an application for insurance on the person to be Insured/Proposer has been made for the purpose of underwriting the Proposal and/or Claim Settlement.									
		to my Proposal including the imental and/or Regulatory auti		s of the Insu	red/ Propos	er for the so	ole purpo	ose of underwrit	ing the
Date:	Place:			Sign	ature·				

## XII. Vernacular Declaration:

hereby declare that I have fully explained the contents of the proposal form and all other documents incidental to availing the health insurance from Aditya Birla Health
Insurance Company to the Proposer in the language understood by him/her. The same have been fully understood by him/her and the replies have been recorded as per th
information provided by the Proposer. Replies have been read out to, fully understood and confirmed by the Proposer.

Declarant Name: Declarant Name			ignature:	Date:
Proposer Name: Proposer Name:			gnature:	
Proposer Sign Date: Pla				
XIII. Insurance Advisor Report	t:			
Business Source Channel (Please tick the		ls in BLOCK letters)		
Agency Corporate Agency	Direct Sales B	Broker Other Ch	nannels	
ntermediary Details				
ntermediary Name:	Intermediary Code:		Ref Code 1:	Ref Code 2:
Relationship between Advisor and Proposer/	Insured			
SP Code (For Corporate Agency channel only	<i>(</i> )			
RM/LG/Ref Code (For Corporate Agency cha	annel only)			
Sales Manager Name (for All Channels)				
Sales Manager Code (For All Channels)				
ABHI Branch Details (to be filled for all ch	annels)			
ntermediary Branch Name				
otarmadian, Branch Co				
the Broker/Relationship Officer, do hereby de	eclare that I have explained all the o	contents of this Proposal	l Form, including the nature	
,	eclare that I have explained all the or ought herein will form the basis of conse(s) is/are contained in this Propure of any material fact, the policy	contents of this Proposal the Contract of Insurance oposal Form/including ar issued in his/her favor p	I Form, including the nature e between the Company and ddendum(s), affidavits, state sursuant to this Proposal ma	of the questions contained in this Propo d the Proposer. I have further explained the ements, submissions, furnished/to be y be treated as null and void by the
the Broker/Relationship Officer, do hereby deform to the Proposer and that any details so fany untrue statement(s)/ information/resprumished, or if there has been a non-disclostompany and all premiums paid under the Poknowledge.	eclare that I have explained all the or ought herein will form the basis of conse(s) is/are contained in this Propure of any material fact, the policy	contents of this Proposal the Contract of Insurance oposal Form/including ar issued in his/her favor p	l Form, including the nature e between the Company and ddendum(s), affidavits, state jursuant to this Proposal ma oposal form is filled accurate	of the questions contained in this Propo d the Proposer. I have further explained to ements, submissions, furnished/to be y be treated as null and void by the ely by the customer to the best of my
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### Section for Chronic Diseases

To be answered each question\* only If You suffer from one or more Chronic Condition of - Diabetes, Hypertension (High Blood Pressure), Hyperlipidemia(High Cholesterol/High Triglycerides) or Asthma

Have you ever been diagnosed with /advised / taken treatment or observation is suggested or undergone any investigation or consulted a doctor or undergone or advised surgery or hospitalized for any one or more from the following?  If YES, then please mention details in the additional information section below:	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6
Diabetes Mellitus (High Blood Sugar Level) (YES/NO)						
a. Please mention the medication type- (Oral / Insulin)						
b. Please mention the medicines you are taking (name of medicine and dosages)						
c. Diabetes Diagnosed since birth/childhood (Yes/No)						

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d. Duration of Diabetes?						
e. Any Hospitalization done (Yes/No) If YES then mention the details in Additional information section						
2. Hypertension (High Blood Pressure)						
a. Duration of Hypertension?						
b. Please mention the medicines you are taking (name of medicine and dosages)?						
c. Any Hospitalization done (Yes/No) If YES then mention the details in Additional information section						
3. Hyperlipidemia (High Cholesterol or High Triglycerides)						
a. Duration of Hyperlipidemia?						
b. Please mention the medicines you are taking (name of medicine and dosages)?						
c. Any Hospitalization done (Yes/No) If YES then mention the details in Additional information section						
4. Asthma (YES/NO)						
a. Duration of Asthma?						
b. How often do you get Symptoms?						
c. Please mention the medicines you are taking (name of medicine /steroids / inhaler / rotahaler /Bronchodilator and their dosages ( Daily / On need basis) as prescribed by your doctor?						
d. How often do you have to wake up in the Night on account of the symptoms?	Daily/ Specify frequency	Daily/ Specify frequency	Daily/ Specify frequency	Daily/ Specify frequency	Daily/ Specify frequency	Daily/ Specify frequency
e. How often do you have to take drugs like Steroids (Salbutamol or Formoterol) or Bronchodilator to control your symptoms?	More than twice a day/Specify frequency					
f. Do you have exercise induced asthma? Please mention (YES / NO)	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO
g. Do the symptoms hamper/affect your daily routine	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO
h. Any Hospitalization done (Yes/No)	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO	YES/NO
If YES, then mention the details in Additional information section.						

### Aditya Birla Health Insurance Co. Limited. IRDAI Reg.153. CIN No. U66000MH2015PLC263677.

Product Name: Activ Health, Product UIN: ADIHLIP21574V032021.

Date : \_\_\_\_\_

Product Name: Activ Health, Product UIN: ADIHLIP21574V032021.

Address: 9th Floor, Tower 1, One World Centre, Jupiter Mills Compound, 841, Senapati Bapat Marg, Elphinstone Road, Mumbai 400013. Email: care.healthinsurance@adityabirlacapital.com, Website: adityabirlahealthinsurance.com, Telephone: 1800 270 7000. Trademark/Logo Aditya Birla Capital is owned by Aditya Birla Management Corporation Private Limited and Trademark/logo HealthReturns, Healthy Heart Score and Active Dayz are owned by Momentum Metropolitan Life Limited (Formerly known as MMI Group Limited). These trademark/Logos are being used by Aditya Birla Health Insurance Co. Limited under licensed user agreement(s).

Contact us: 1800 270 7000



XV. Acknowledgement		
Application Number :		
We acknowledge with thanks the receipt of your app	olication and amount by Cash/Cheque/Demand Draft/ Others	of amount of
proposal for insurance nor any payment for any polir If We accept a proposal for insurance, it shall be sub and in time or is not realized. If We do not accept the	drawn on cy sought obliges Us to agree to issue a policy, which decision is oject to the policy terms and conditions and We shall have no liab are proposal, We will inform you and refund the payment, post dec any liability of claim until the proposal is accepted by us, counter	and always shall be in our sole and absolute discretion. oility whatsoever if premium is not received by Us in full duction of applicable pre-policy check up charges if any,
Name of the Branch Official :		Signature of Branch Official :