***PSYCHOLOGY OF ONLINE LEARNING***

**Q1. Effect of online learning in one social life.**

***ADVANTAGE***

* **Increased social interaction:** E-learning platforms often have discussion forums and chat rooms where learners can connect with each other and with instructors. This can help to build relationships and create a sense of community.
* **Access to a global network:** E-learning courses can be taken by students from all over the world. This can expose learners to different cultures and perspectives, which can enrich their social lives.
* **Increased flexibility:** E-learning allows learners to study at their own pace and from anywhere in the world. This can be helpful for people who have busy schedules or who live in remote areas. As a result, can enable one to live an independent live.
* **Improved time management skills:** E-learning requires learners to be self-directed and to manage their time effectively. This can be a valuable skill for both personal and professional life.

***DISADVANTAGE***

* **Isolation:** E-learning can lead to feelings of isolation, especially if learners do not make an effort to connect with others.
* **Lack of support:** E-learning learners may not have the same level of support as traditional classroom learners. This can be especially challenging for students who need additional help.
* **Technical difficulties:** E-learning can be disrupted by technical difficulties, such as internet outages or software problems. This can be frustrating and can lead to missed deadlines.
* **Lack of motivation:** E-learning can be less motivating than traditional classroom learning. This is because learners may not feel as connected to the material or to their peers.

**Q2. Problems and its possible solution related to online platform**

1. ***Distraction, laziness, and lack of motivation***

***Solution.***

* **intermittent quiz:** This will enable to remain focus and be motivated during lecture session. It can also serve as a motivation when does who answer quiz are given awards for their effort.
* **live video session:** This will increase activeness and also enable attendance to be mindful of their action. It will also encourage full participation as you will be seen in whatever you are doing thus you would not portray bad image for yourself.

1. **Digital illiteracy**

***Solution***

* **Orientation**: Provision of material can be distributed to fresher during orientation for them to further increase their understanding of E-learning platform. This will increase an awareness among students. Social media campaign can also be launch to further increase the awareness
* **Sample self-paced exam on v-class**: set of online learning material should be available on E-learning platform for students to make the best use of it and also alongside improve their online learning and presents. Skill like leadership, time managing, and lot more can be mounted for student to learning.