

PSYC1030.3x

Introduction to Clinical Psychology

SYLLABUS

PSYC1030.3x Introduction to Clinical Psychology

ABOUT THE COURSE

In this course you will learn about the principles underlying psychological therapy and the features and treatment of common mental disorders, including anxiety, depression and schizophrenia.

INTENDED AUDIENCE

This course is designed with two audiences in mind.

- Undergraduate university students
- General audience seeking an introductory foundation in Clinical Psychology.

PREREQUISITES

There are no prerequisites for this course.

EXPECTED LEARNING OUTCOMES

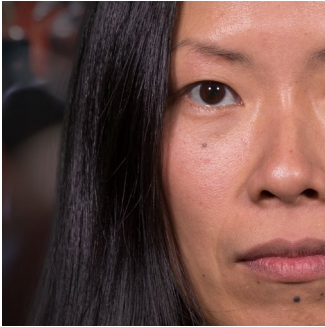
- Gain an understanding of what is involved in some of the different forms of psychological therapy.
- Understand the different ways that anxiety and mood disorders present, and the way in which they may be treated.
- Understand the symptoms and impact of schizophrenia, how it is diagnosed, and treated.
- Understand what stress is, how we respond to it, and what the consequences of stress are.
- Explain how ageing affects our mental health, and how geropsychology can help us understand these changes.
- Explain what intelligence is, what it is made up of, and how we can measure it.
- Explain what we mean by personality and why we think about personality in this way.

LEARNING PATHWAYS

It's a good idea to cover the topics in the course in the order in which they appear, especially because we will be quizzing you on previous topics as we go through.

This course is part of a series of courses that taken together are equivalent to the on campus subject PSYC1030 Introduction to Psychology, which is taught at The University of Queensland.

PSYC1030x XSeries - Introduction to Developmental, Social & Clinical Psychology



PSYC1030.1x

Introduction to Social Psychology



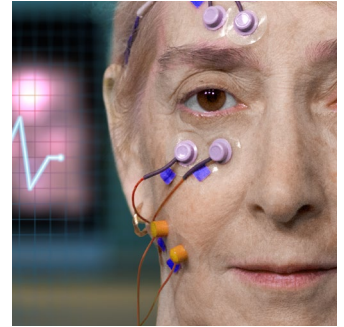
PSYC1030.2x

Introduction to Developmental Psychology



PSYC1030.3x

Introduction to Clinical Psychology



PSYC1030.4x

Introduction to Psychological Research Methods

COURSE LENGTH

This course is roughly equivalent to a quarter of the on-campus course. There are seven sections, and each should take between 1 and 2 hours to complete.

COURSE CONTENT ORGANISATION

Each topic is divided into:

- Learning Goals
- Pre-quiz: ungraded pre-assessment
- Content: course content videos, interviews with other experts, polls, discussions, and activities
- Find out more: additional resources
- Quiz: graded assessment (questions cover the current section and previous section content)

COURSE CONTENT ORGANISATION - CONTINUED

In addition, there is an optional research participation. As a valuable adjunct to learning about research from the videos, activities, and additional resources, PSYC1030.3x learners have the opportunity to learn first-hand through participation in actual research studies. Participation in research is not only educationally beneficial to learners, but is also of enormous assistance to post-graduate students and staff in their conduct of cutting-edge research.

The table below provides a summary of the course sections and sub-sections.

SECTION	SUB-SECTIONS
Welcome to the course	Welcome to the course videos Pre-course surveys Learning goals, content and how to succeed
Research Participation	Information about research participation List of research studies (optional)
Psychological therapies	Learning Goals Pre-quiz (Ungraded assessment) Introduction Therapy models Behavioural Therapy Find out more Quiz (Graded assessment)
Anxiety and mood disorders	Learning Goals Pre-quiz (Ungraded assessment) Introduction Depressive disorders Aetiology and treatment of depressive disorders Anxiety disorders Aetiology and treatment of anxiety disorders Find out more Quiz (Graded assessment)

COURSE CONTENT ORGANISATION - CONTINUED

SECTION	SUB-SECTIONS
Schizophrenia	<p>Learning Goals</p> <p>Pre-quiz (Ungraded assessment)</p> <p>Introduction</p> <p>Schizophrenia</p> <p>Diagnosing Schizophrenia</p> <p>The course, cause and treatment of Schizophrenia</p> <p>Find out more</p> <p>Quiz (Graded assessment)</p>
Stress and coping	<p>Learning Goals</p> <p>Pre-quiz (Ungraded assessment)</p> <p>Introduction</p> <p>Types of stress</p> <p>Responses to stress</p> <p>Consequences of stress</p> <p>Moderators of stress</p> <p>Find out more</p> <p>Quiz (Graded assessment)</p>
Health in later life	<p>Learning Goals</p> <p>Pre-quiz (Ungraded assessment)</p> <p>What happens as we get older?</p> <p>Mental health in later life</p> <p>Dementia</p> <p>What is the future of ageing</p> <p>Find out more</p> <p>Quiz (Graded assessment)</p>
Measurement and intelligence	<p>Learning Goals</p> <p>Pre-quiz (Ungraded assessment)</p> <p>Introduction</p> <p>Testing the test</p> <p>Measuring intelligence</p> <p>The nature of intelligence</p> <p>Find out more</p> <p>Quiz (Graded assessment)</p>

COURSE CONTENT ORGANISATION - CONTINUED

SECTION	SUB-SECTIONS
Personality	Learning Goals Pre-quiz (Ungraded assessment) Introduction Psychodynamic theory Behavioural, social learning, and humanistic theories Personality types and traits Find out more Quiz (Graded assessment)
Wrap-up	What do you know now? (Ungraded assessment) Course evaluation

ASSESSMENT AND COMPLETION REQUIREMENTS

This course is self-paced.

All course content is released on the starting day of the course.

We will notify learners of any updates to the course by posting an alert on the Home page.

There are 7 graded quizzes. All questions are weighted equally. The questions are drawn randomly from quiz pools.

The pass mark is 50%.

The due-by-date for all assessment is the last day/ closing day of the course.

HONOR CODE AND ACADEMIC INTEGRITY POLICY

This course is offered online and we encourage collaboration and help between learners, but please avoid asking for and posting final answers. Violations of the honor policy undermine the purpose of education and the academic integrity of the course. We expect that all work submitted will be a reflection of one's own original work and thoughts. Additionally all learners are expected to follow the [EdX Rules of Online Conduct](#).

DISCUSSION FORUM GUIDELINES

MODERATORS

PSYC1030x has a team of moderators that look after the discussion forum. We answer questions, pass on suggestions from learners about the course material, and contribute to discussions.

Sometimes we will edit or move posts to make them easier for other learners to understand and find. In the case of inappropriate material, we can edit or delete posts and close discussion threads.

We will regularly check the forum, but because of the large numbers of learners, we may not be able to answer every post. This is why it's important to use the built in 'vote' and 'search' functions to help us know which topics need more attention.

ETIQUETTE

Please keep your posts on-topic and constructive to the discussion at hand: this makes it much easier for other learners to know what's going on and to find answers to their questions.

Finally, We'd also like to remind you that everyone has an equal right to learn free of the fear of discrimination and bullying, so please keep all discussion polite and related to the course material so that everyone can benefit from the discussions here.

Whilst we strongly encourage you to share your experiences on the forum and engage with your fellow learners, it is not a course requirement that you post as part of the course activities.

We hope you find this an enlightening and interesting experience!