

Name	Mr. Zenio Feby Yulandanu			M	23
Date of birth	21/02/1992	ID. Number	2015061301		
Office	PT. JAKARTA KYOAI MEDICAL CENTER				
Address	Wisma Kyoei Prince 6th Floor				
Date of Medical	Now	Previous	Last	# Visit	
Check up	13.06.2015/5			1	
Type of Check up	PRE EMP JKMC				

(Att) The dot mark (*) is indicated, when your result is out of normal range. Please follow the doctor's advice.

Contents		Std.value	Date of Result			Unit	
			Now	Previous	Last		
			13/06/2015				
◆ Anthropometry							
Height	20.7 - 26.4	182.6			Cm		
Weight		76.8			Kg		
Standard weight		73.4			Kg		
Obese index		4.7			%		
BMI		23.0			%		
FAT		22.3			%		
Abdominal Girth		93			Cm		
* Comments		Dalam batas normal					
◆ Eyes test							
Glass off - Right		1.0			mmHg		
Glass off - Left		1.0					
Glass on - Right							
Glass on - Left							
Ocular Tension-Right							
Ocular Tension-Left							
Visual field							
Color Blindness		No abnormality					
◆ Refraction							
Refraction - Right		+1.50C-0.50X95					
Refraction - Left		+1.00C-0.25X99					
Fundus Scheie H Scheie S							
* Comments		Dalam batas normal					
◆ ENT/THT							
◆ Hearing							
1000HZ	Right				d b		
	Left						
4000HZ	Right				d b		
	Left						
* Comments							
◆ Respiratory system							
Lung Function		>=80	2590		ml		
Forced Vital Capacity						ml	
% FVC						* 56.7	%
FEV 1/FVC %						100	%
Classification of Ventilation						II	L
* Comments		Dalam batas normal					
◆ Urine Examination							
Colour	1003 - 1030	Yellow			mg/ dl		
Turbidity		Clear					
Specific Gravity (S.G)		1030					
Protein		(-)					
P H		5.00					
Occult Blood		(-)					
Glucose Urine Fasting		(-)					
Bilirubin		(-)					
Urobilinogen		Normal					
Nitrite		(-)					
Keton		(-)				mg/ dl	
		Negative(<5)					

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Contents	Std.value	Date of Result			Unit				
		Now	Previous	Last					
		13/06/2015							
Urine Sediment									
RBC	0-2	(-)			HPF				
WBC	0-5	0-1			HPF				
Epithell		(+)							
Cylinder		(-)							
Trichomonas		(-)							
Crystal		(-)							
Mucus		(-)							
Bacteria		(+)							
Others		(-)							
* Comments	Dalam batas normal								
◆ Stool Examination									
Macroscopic : Colour	Negative								
Consistency									
Blood									
Mucus									
Occult blood (OB) in stool									
Microscopic : RBC	Negative								
WBC									
Epithell									
Amylum									
Fat/lipid									
Fibers									
Bacteria									
Parasite (worm/amoeba/eggs)									
Others									
* Comments									
◆ Blood Chemistry									
Liver Function									
Protein		16			g/dl				
Albumin					g/dl				
A/G Ratio									
Bilirubine					mg/dl				
dir.Bilirubine					mg/dl				
Ind. bilirubine					IU/1/37 ° C				
Alkali Phospatase					IU/1/37 ° C				
LDH					IU/1/37 ° C				
AST (GOT)					0 - 37	IU/1/37 ° C			
ALT (GPT)					0 - 41	IU/1/37 ° C			
Γ—GT						IU/1/37 ° C			
Cholinesterase (Ch-E)						IU/1/37 ° C			
* Comments	Dalam batas normal								
◆ Renal Function									
BUN	7 - 21	8.5			mg/dl				
Creatinine	0.7 - 1.1	0.80			mg/dl				
Uric acid	3.6 - 7.7	6.8			mg/dl				
* Comments	Dalam batas normal								

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Contents	Std.value	Date of Result			Unit
		Now	Previous	Last	
		13/06/2015			
◆ Blood Pressure					
Systolic	100 - 139	130			mmHg
Diastolic	60 - 89	* 90			mmHg
* Comments	Tekanan darah sedikit meningkat				
◆ Lipid					
Triglyceride	35 - 160	80			mg/dl
T.Cholesterol	0 - 200	184			mg/dl
HDL. Chol	35 - 60	* 64.2			mg/dl
LDL. Chol	0 - 130	* 139			mg/dl
APO A1					mg/dl
* Comments	Peningkatan LDL kolesterol				
◆ Hematology					
Peripheral Blood					
RBC	440 - 590	537			$\times 10^4 \times \mu l$
HB	13.2 - 17.3	15.7			g/dl
HT	40 - 52	45.3			%
MCV	80 - 100	84			Fl
MCH	26 - 34	29			Pg
MCHC	31 - 37	35			%
WBC	3.8 - 10.6	5.8			$\times 10^3 / \mu l$
Platelet	15 - 44	21			$\times 10^4 / \mu l$
* Comments	Dalam batas normal				
◆ WBC Classification					
Neutrofil)					
Neutrofil Staf					%
Neutrofi Segment	50 - 70	67			%
Eosinophil					%
Basophile					%
Lymphocyte	28 - 48	* 26			%
Monocyte	2 - 8	7			%
Blastoma					%
Others					%
◆ Blood Type					
ABO type					
Rh					
* Comments	Dalam batas normal				
◆ Blood Test					
Inflammation					
ESR 1h	0 - 10	3			mm/hr
CRP	<=10				mg/l
* Comments	Dalam batas normal				
◆ Syphilis Test					
VDRL					
RPR					
TPHA					
* Comments					

Contents	Std.value	Date of Result			Unit
		Now	Previous	Last	
		13/06/2015			
◆ Hepatitis Virus					
HbsAg HbsAb HbeAg HbeAb HCV Ab		(-) (+)53.0			mUI/ml
HAVAb Negative Border Reactive Positive	< 15 15 - < 20 >= 20				
* Comments	Dalam batas normal				
◆ Immunology Test					
ASTO RA HIV I/II					U
* Comments					
◆ Diabetes Mellitus					
HbA1C					
Glucose at Random Glucose fasting	60 - 110	81			mg/dl
Glucose 2 hrs.PP					mg/dl
30 minute 1 hours 2 hours					mg/dl mg/dl mg/dl
◆ Urine Glucose					
Urine Glucose at Random					
Urine Glucose fasting		(-)			
Urine 2 hrs. PP					
30 minute 1hour 2 hours					
◆ Fructosamine					
* Comments	Dalam batas normal				
◆ Tumor marker					
AFP	0 - 11				ng/ml
CEA	0 - 5				ng/ml
CA19-9	< 37				U/ml
SCC					
CA125	< 35				U/ml
PSA 0 - 49 Years	0 - 3				ng/ml
50 - 59 Years	0 - 4				
60 - 69 Years	0 - 5				
> 70 Years	0 - 7				
* Comments					

◆ Chest X-ray			
Now	Chest X-ray X-ray Shadow	No abnormality No abnormality	
Previous	Chest X-ray X-ray Shadow		
Last	Chest X-ray X-ray Shadow		
* Comments Dalam batas normal			
◆ Direct fast acid bacteria sputum			
Now			
Previous			
Last			
* Comments			
◆ EEG			
◆ ECG			
Now	Std.Value 50-100 /min : 77 ECG No abnormality		
Previous	Std.Value 50-100 /min : ECG		
Last	Std.Value 50-100 /min) : ECG		
* Comments Dalam batas normal			
◆ Treadmill		◆ Echocardiographi	
Now		Now	
Previous		Previous	
Last		Last	
* Comments			
◆ USG			
	Now	Previous	Last
Liver			
Gall bladder			
Kidney			
Pancreas			
Spleen			
USG Urinary Bladder			
USG Prostate			
USG Uterus			
USG Mammae			
Others			
* Comments			

◆ Stomach X-ray			
Now			
Previous			
Last			
* Comments			
◆ Gynecology Physical examination			
Now			
Previous			
Last			
* Comments			
◆ Pap Smear		◆ Breast Examination	
Now		Now	
Previous		Previous	
Last		Last	
* Comments			
◆ Dental Hygiene			
	Now	Previous	Last
Dental Hygiene)			
Extra Oral)			
Panoramic X-ray)			
	<div> <div>8 7 6 5 4 3 2 1 UR</div> <div>8 7 6 5 4 3 2 1 LR</div> </div>	<div>UL 1 2 3 4 5 6 7 8</div> <div>UL 1 2 3 4 5 6 7 8</div>	<div>V IV III II I Ur</div> <div>V IV III II I Lr</div>
Intra oral			
Impaction teeth			
Broken			
Cyst/granuloma			
Mobilization of teeth			
Calculus/Plaque			
Caries			
Filling			
Missing			
* Comments			
Others			
* Comments			

Contents	Grade			Contents	Grade		
	Now	Previous	Last		Now	Previous	Last
Obesities	A			Immunology test			
Eyes Sight	A			Diabetes Mellitus			
Ocular Tension				HbA1c			
Color Blindness	A			Blood glucose	A		
Fundus				Urine Glucose	A		
Hearing				Fructosamine			
Blood Pressure	BF			Tumor marker			
Lung Function	B			Chest X-ray	A		
Urine Analysis	A			X-ray Shadow	A		
Urine Sediment	A			Sputum			
OB/parasite in stool)				ECG	A		
Liver function	A			Treadmill			
Renal	A			Echocardiographi			
Pancreas				USG			
Uric acid	A			USG Prostate			
Lipid	BF			USG Uterus			
Electrolyte				USG Mammae			
Anemia Test				Stomach X-ray			
Hematology	A			Gyn.Physical Exam			
WBC Classification	B			Pap Smear			
Inflammation	A			Breast Examination			
Syphilis				Extra Oral			
Serology Hepatitis	A			Panoramic X-ray			
Others				Intra oral			
				Dental Hygiene			

Grade of result

- A. No Problem
- B. A little problem, but not influence on daily life
- BF. Same as B, but need to follow up
- C. Need care on daily life
- D. Need medical treatment
- E. Under treatment
- N. Not tested

Grade : BF

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Comments

LDL meningkat, diet rendah lemak dan olah raga

Tekanan darah sedikit meningkat, diet rendah garam dan mohon evaluasi kenaikan darah selanjutnya.

Kadar HBsAb positif namun kadarnya <100, diperlukan vaksinasi ulang terhadap virus Hepatitis B.

Doctor :

