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**Śrī Nāma Rāmāyaṇam**


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**बाल काण्डः****Bāla Kāṇḍaḥ**

१. शुद्धब्रह्मपरात्पर राम *śuddhabrahmaparātpara* *rāma*  
O *Rama*, one who is pure *brahman* and is greater than the unmanifest (*māyā*)!
२. कालात्मकपरमेश्वर राम *kālātmakaparamēśvara* *rāma*  
O *Rāma*, one who is the Lord *Śiva* and one whose nature is time!
३. शेषतल्पसुखनिद्रित राम *śeṣatalpasukhanidrita* *rāma*  
O *Rāma*, one who was reclined on the bed of the king of serpents!
४. ब्रह्माद्यमरप्रार्थित राम *brahmādyamaraprārthita* *rāma*  
O *Rāma*, one who was prayed to by the deities beginning from Lord *Brahmā*!
५. चण्डकिरणकुलमण्डन राम *caṇḍakiraṇakulamāṇḍana* *rāma*  
O *Rāma*, one who made the solar dynasty very famous!
६. श्रीमद्दशरथनन्दन राम *śrīmaddaśarathanandana* *rāma*  
O *Rāma*, who was the son of *Śrī Daśarata*!
७. कौसल्यासुखवर्धन राम *kausalyāsukhavardhana* *rāma*  
O *Rāma*, who enhanced the joy of *Kauśalyā*!
८. विश्वामित्रप्रियधन राम *viśvāmitrapriyadhana* *rāma*  
O *Rāma*, who was dear to Sage *Viśvāmitra*!
९. घोरताटकाघातक राम *ghoratāṭakāghātaka* *rāma*  
O *Rāma*, who was the killer of the terrible *Tāṭakā*!
१०. मारीचादिनिपातक राम *māricādinipātaka* *rāma*  
O *Rāma*, who was the destroyer of demons like *Tāṭakā*!

११. कौशिकमखसंरक्षक राम *kauśikamakhasaṁrakṣaka* *rāma*  
O *Rāma*, who was the killer of the protector of *Viśvāmitra*'s sacrifice!
१२. श्रीमदहल्योद्धारक राम *śrīmadahalyoddhāraka* *rāma*  
O *Rāma*, who was the uplifter of *Ahalyā*!
१३. गौतममुनिसंपूजित राम *gautamamunisampūjita* *rāma*  
O *Rāma*, who was worshipped by sages like *Gautama*!
१४. सुरमुनिवरगणसंस्तुत राम *suramunivaragaṇasaṁstuta* *rāma*  
O *Rāma*, who was praised by a host of great sages of heaven!
१५. नाविकधावितमृदुपद राम *nāvikadhāvitamṛdupada* *rāma*  
O *Rāma*, who has feet that jumped over the waters while navigating!
१६. मिथिलापुरजनमोहक राम *mithilāpurajanamohaka* *rāma*  
O *Rāma*, who attracted the people of the city of *Mithilā*!
१७. विदेहमानसरञ्जक राम *videhamānasarañjaka* *rāma*  
O *Rāma*, who delighted the mind of King *Janaka*!
१८. त्रयम्बककार्मुकभञ्जक राम *trayambakakārmukabhañjaka* *rāma*  
O *Rāma*, who broke the bow of Lord *Śiva*!
१९. सीतार्पितवरमालिक राम *sītārpitavaramālika* *rāma*  
O *Rāma*, who wore the garland offered by *Sītā*!
२०. कृतवैवाहिककौतुक राम *kṛtavaivāhikakautuka* *rāma*  
O *Rāma*, who was full of joy born of his marriage (to *Sītā*)!
२१. भार्गवदर्पविनाशक राम *bhārgavadarpaṇāśaka* *rāma*  
O *Rāma*, who eliminated the pride of *Paraśurāma*!
२२. श्रीमदयोध्यापालक राम *śrīmadayodhyāpālaka* *rāma*  
O *Rāma*, who was the protector of *Ayodhyā*!

### अयोध्या काण्डः

### Ayodhyā Kāṇḍaḥ

२३. अगणितगुणगणभूषित राम *agaṇitaguṇagaṇabhūṣita* *rāma*  
O *Rāma*, who was endowed with countless virtues!

२४. अवनीतनयाकामित राम *avanītanayākāmita* *rāma*  
O *Rāma*, who was loved by *Sītā*, daughter of Earth!
२५. राकाचन्द्रसमानन राम *rākācandrasamānana* *rāma*  
O *Rāma*, who has a face like the moon on a full moon day!
२६. पितृवाक्याश्रितकानन राम *pitṛvākyaśritakānana* *rāma*  
O *Rāma*, who went to the forest resorting to his father's words!
२७. प्रियगुहविनिवेदितपद राम *priyaguHAViniveditapada* *rāma*  
O *Rāma*, whose feet were worshipped by *Guha*!
२८. तत्क्षालितनिजमृदुपद राम *tatkṣālitaniJamṛdupada* *rāma*  
O *Rāma*, whose soft feet were washed by *Guha*!
२९. भरद्वाजमुखानन्दक राम *bharadvājamukhānandaka* *rāma*  
O *Rāma*, who gave joy to *Bharadvāja*!
३०. चित्रकूटाद्रिनिकेतन राम *citrakūṭādriniketana* *rāma*  
O *Rāma*, who dwelt in the mountain of *Citrakūṭa*!
३१. दशरथसंततचिन्तित राम *daśarathasantatacintita* *rāma*  
O *Rāma*, who was constantly remembered by *Daśaratha*!
३२. कैकेयीतनयार्थित राम *kaikeyītanayārthita* *rāma*  
O *Rāma*, one who was sought after by *Bharata*, the son of *Kaikeyī*!
३३. विरचितनिजपितृकर्मक राम *viracitanijapitṛkarmaka* *rāma*  
O *Rāma*, by whom the rites for his father was done!
३४. भरतार्पितनिजपादुक राम *bharatārpitanijapāduka* *rāma*  
O *Rāma*, by whom (his own) sandals were given to *Bharata*!

### अरण्य काण्डः

### Aranya Kāṇḍaḥ

३५. दण्डकावनजनपावन राम *daṇḍakāvanajanapāvana* *rāma*  
O *Rāma*, who blessed the people of *Daṇḍaka* forest!
३६. दुष्टविराधविनाशन राम *duṣṭavirādhavināśana* *rāma*  
O *Rāma*, who destroyed the wicked *Virādhā*!

३७. शरभङ्गसुतीक्ष्ण अर्चित राम *śarabhaṅgasutīkṣṇa arcita* *rāma*  
O *Rāma*, who was worshipped by *Śarabhaṅga* and *Sutīkṣṇa*!
३८. अगस्त्यानुग्रहवर्धित राम *agastyānugrahavardhiṭa* *rāma*  
O *Rāma*, who grew in stature by the blessing of Sage *Agastya*!
३९. गृध्राधिपसंसेवित राम *grdhrādhīpasamsevita* *rāma*  
O *Rāma*, who was served by the king of vultures *Jaṭāyu*!
४०. पञ्चवटीतटसुस्थित राम *pañcavaṭītaṭasusthita* *rāma*  
O *Rāma*, who dwelt happily on the bank of *Pañcavaṭī*!
४१. शूर्पणखार्तिविधायक राम *śūrpaṇakhārtivīdhāyaka* *rāma*  
O *Rāma*, who caused suffering to *Śūrpaṇakhā*!
४२. खरदूषणमुखसूदक राम *kharadūṣaṇamukhasūdaka* *rāma*  
O *Rāma*, who destroyed the demons like *Khara* and *Dūṣaṇa*!
४३. सीताप्रियहरिणानुग राम *sītāpriyahariṇānuga* *rāma*  
O *Rāma*, who went after the deer which was dear to *Sītā*!
४४. मारीचार्तिकृदाशुग राम *māricārtikṛdāśuga* *rāma*  
O *Rāma*, whose arrow is the tormenter *Mārica*!
४५. विनष्टसीतान्वेषक राम *vināṣṭasītānveṣaka* *rāma*  
O *Rāma*, who searched for the lost *Sītā*!
४६. गृध्राधिपगतिदायक राम *grdhrādhīpagatidāyaka* *rāma*  
O *Rāma*, who gave a good world to king of vultures, *Jaṭāyu* (on his death)!
४७. शबरीदत्तफलाशन राम *śabarīdattaphalāśana* *rāma*  
O *Rāma*, who ate the fruits given by *Śabarī*!
४८. कबन्धबाहुच्छेदन राम *kabandhabāhucchedana* *rāma*  
O *Rāma*, who cut the hands of *Kabandha*!

#### किष्किन्ध्या काण्डः

#### Kiṣkindhā Kāṇḍaḥ

४९. हनुमत्सेवितनिजपद राम *hanumatsevitani japada* *rāma*  
O *Rāma*, whose feet were served by *Hanumān*!

५०. नतसुग्रीवाभीष्टद राम *natasugrīvābhīṣṭada* *rāma*  
O *Rāma*, who gave the desired things to *Sugrīva*!
५१. गर्वितवालिसंहारक राम *garvitavālisamhāraka* *rāma*  
O *Rāma*, who destroyed the proud *Vāli*!
५२. वानरदूतप्रेषक राम *vānaradūtapreṣaka* *rāma*  
O *Rāma*, who sent the monkey messenger (to find *Sītā*)!
५३. हितकरलक्ष्मणसंयुत राम *hitakaralakṣmaṇasamyuta* *rāma*  
O *Rāma*, who was always with the helpful *Lakṣmaṇa*!

### सुन्दर काण्डः

### Sundara Kāṇḍaḥ

५४. कपिवरसंततसंस्मृत राम *kapivarasantatasamsmṛta* *rāma*  
O *Rāma*, who was remembered by *Hanumān* always!
५५. तद्गतिविघ्नध्वंसक राम *tadgativighnadhvaṃsaka* *rāma*  
O *Rāma*, who destroyed all obstacles on the path of *Hanumān*!
५६. सीताप्राणधारक राम *sītāprāṇadhāraka* *rāma*  
O *Rāma*, who was the supporter of *Sītā*'s life!
५७. दुष्टदशाननदूषित राम *duṣṭadaśānanadūṣita* *rāma*  
O *Rāma*, who was the destroyer of the wicked *Rāvaṇa*!
५८. शिष्टहनूमद्भूषित राम *śiṣṭahanūmadbhūṣita* *rāma*  
O *Rāma*, who was adorned by the noble *Hanumān*!
५९. सीतावेदितकाकावन राम *sītāveditakākāvana* *rāma*  
O *Rāma*, who protected *Sītā* from *Kākāśura* an incident known only to her!
६०. कृतचूडामणिदर्शन राम *kṛtacūdāmaṇidarśana* *rāma*  
O *Rāma*, who was shown the crest jewel!
६१. कपिवरवचनाश्रासित राम *kapivaravacanāśvāsita* *rāma*  
O *Rāma*, who was consoled by the words of *Hanumān*!

६२. रावणनिधनप्रस्थित राम *rāvaṇanidhanaprasthita* *rāma*  
O *Rāma*, who started (for the battlefield) in order kill *Rāvaṇa*!
६३. वानरसेन्यसमावृत राम *vānarasainyasamāvṛta* *rāma*  
O *Rāma*, who was surrounded by the army of monkeys!
६४. शोषितसरिदीशार्थित राम *śoṣitasaridiśārthita* *rāma*  
O *Rāma*, who was prayed to by the deity of ocean, who had dried up!
६५. विभीषणाभयदायक राम *vibhīṣaṇābhayadāyaka* *rāma*  
O *Rāma*, who gave fearlessness to *Vibhīṣaṇa*!
६६. पर्वतसेतुनिबन्धक राम *parvatasetunibandhaka* *rāma*  
O *Rāma*, who bound the ocean with a stone-bridge!
६७. कुम्भकर्णशिरश्छेदक राम *kumbhakarṇaśiraśchedaka* *rāma*  
O *Rāma*, who cut asunder the head of *Kumbhakarṇa*!
६८. राक्षससङ्घविमर्दक राम *rākṣasasaṅghavimardaka* *rāma*  
O *Rāma*, who annihilated the host of demons!
६९. अहिमहिरावणचारण राम *ahimahirāvaṇacāraṇa* *rāma*  
O *Rāma*, who had *Ahimahirāvaṇa* as a messenger!
७०. संहतदशमुखरावण राम *saṁhṛtadaśamukharāvaṇa* *rāma*  
O *Rāma*, who destroyed the ten-headed *Rāvaṇa*!
७१. विधिभवमुखसुरसंस्तुत राम *vidhibhavamukhasurasamstuta* *rāma*  
O *Rāma*, who was praised by *Brahmā*, *Śiva* and so on!
७२. खस्थितदशरथवीक्षित राम *khasthitadaśarathavīkṣita* *rāma*  
O *Rāma*, who was seen by *Daśaratha* from the heavens!
७३. सीतादर्शनमोदित राम *sītādarśanamodita* *rāma*  
O *Rāma*, who was delighted at the sight of *Sītā* !
७४. अभिषिक्तविभीषणनत राम *abhiṣiktavibhīṣaṇanata* *rāma*  
O *Rāma*, who was saluted by the coronated king *Vibhīṣaṇa*!

७५. पुष्पकयानारोहण राम *puṣpakayānārohaṇa* *rāma*  
O *Rāma*, who ascended the *puṣpaka* chariot!
७६. भरद्वाजाभिनिषेवण राम *bharadvājābhiniṣevaṇa* *rāma*  
O *Rāma*, who served *Bharadvājā* well!
७७. भरतप्राणप्रियकर राम *bharataprāṇapriyakara* *rāma*  
O *Rāma*, who was dear to *Bharata*'s life!
७८. साकेतपुरीभूषण राम *sāketapurībhūṣaṇa* *rāma*  
O *Rāma*, who was the ornament of *Ayodhyā*!
७९. सकलस्वीयसमानन राम *sakalasvīyasamānana* *rāma*  
O *Rāma*, who looked upon all as equal to himself!
८०. रत्नलसत्पीठास्थित राम *ratnalasatpīṭhāsthita* *rāma*  
O *Rāma*, who was seated on a diamond throne!
८१. पट्टाभिषेकालङ्कृत राम *paṭṭābhiṣekālaṅkṛta* *rāma*  
O *Rāma*, who was adorned with the crown!
८२. पार्थिवकुलसंमानित राम *pārthivakulasammānita* *rāma*  
O *Rāma*, who was honoured by all the kings!
८३. विभीषणार्पितराङ्गक राम *vibhiṣaṇārpitarāṅgaka* *rāma*  
O *Rāma*, who offered Lord *Raṅganātha* to *Vibhiṣaṇa* for worship!
८४. कीशकुलानुग्रहकर राम *kīśakulānugrahakara* *rāma*  
O *Rāma*, who blessed the lineage of monkeys!
८५. सकलजीवसंरक्षक राम *sakalajīvasaṁrakṣaka* *rāma*  
O *Rāma*, who is the protector of all *jīvas*!
८६. समस्तलोकाधारक राम *samastalokādhāraka* *rāma*  
O *Rāma*, who is the support of all the worlds!
८७. आगतमुनिगणसंस्तुत राम *āgatamuniḡaṇasaṁstuta* *rāma*  
O *Rāma*, who was praised by the sages who came (to witness the war)!

८८. विश्रुतदशकण्ठोद्भव राम *viśrutadaśakaṇṭhodbhava* *rāma*  
 O *Rāma*, who was proclaimed by famous *Rāvaṇa*!
८९. सीतारिङ्गनिर्वृत राम *sītāliṅgananirvṛta* *rāma*  
 O *Rāma*, who was fulfilled in the embrace of *Sītā*!
९०. नीतिसुरक्षितजनपद राम *nītisurakṣitajanapada* *rāma*  
 O *Rāma*, who ruled his kingdom righteously!
९१. विपिनत्याजितजनकज राम *vipinatyājītajanakaja* *rāma*  
 O *Rāma*, who left *Sītā* in the forest!
९२. कर्षितलवणासुरवध राम *kāṛitalavaṇāsuraavadha* *rāma*  
 O *Rāma*, who did the killing of *Lavaṇāsura*!
९३. स्वर्गतशम्बुकसंस्तुत राम *svargataśambuka saṁstuta* *rāma*  
 O *Rāma*, who was praised by *Śambuka* who gained heaven!
९४. स्वतनयकुशलवनन्दित राम *svatanayakuśalavanandita* *rāma*  
 O *Rāma*, who was delighted by his sons *Kuśa* and *Lava*!
९५. अश्वमेधक्रतुदीक्षित राम *aśvamedhakratudīkṣita* *rāma*  
 O *Rāma*, who took the vow of *Aśvamedha* sacrifice!
९६. कालवेदितसुरपद राम *kālāveditasurapada* *rāma*  
 O *Rāma*, who reached heavens as ordained by time!
९७. आयोध्यकजनमुक्तिद राम *āyodhyakajanamuktida* *rāma*  
 O *Rāma*, who gave *mokṣa* to the people of *Ayodhyā*!
९८. विधिमुखविबुधानन्दक राम *vidhimukhavibudhānandaka* *rāma*  
 O *Rāma*, who gave happiness to *Brahmā* and other men of wisdom!
९९. तेजोमयनिजरूपक राम *tejomayanijarūpaka* *rāma*  
 O *Rāma*, whose nature is awareness!
१००. संसृतिबन्धविमोचक राम *saṁsṛtibandhavimocaka* *rāma*  
 O *Rāma*, who releases one from the bondage of *saṁsāra*!



१०१. धर्मस्थापनतत्पर राम *dharmasthāpanatātpara* *rāma*  
O *Rāma*, who is committed to establishment of *dharma*!
१०२. भक्तिपरायणमुक्तिद राम *bhaktiparāyaṇamuktida* *rāma*  
O *Rāma*, who gives *mokṣa* to those whose goal is devotion!
१०३. सर्वचराचरपालक राम *sarvacarācarapālaka* *rāma*  
O *Rāma*, who protects the moving and non-moving beings!
१०४. सर्वभवामयवारक राम *sarvabhavāmayavāraka* *rāma*  
O *Rāma*, who removes the disease of repeated birth!
१०५. वैकुण्ठालयसंस्थित राम *vaikuṇṭhālayasamsthita* *rāma*  
O *Rāma*, who is seated in the abode of *vaikuṇṭha*!
१०६. नित्यानन्दपदस्थित राम *nityānandapadasthita* *rāma*  
O *Rāma*, who is established in eternal happiness!
१०७. राम राम जय राजा राम *rāma rāma jaya rājā* *rāma*  
Victory unto you King *Rāma*!
१०८. राम राम जय सीता राम *rāma rāma jaya sītā* *rāma*  
Victory unto you, *Sītārāma*!
- राम राम जय राजा राम *rāma rāma jaya rājā* *rāma*  
Victory unto you, King *Rāma*!
- राम राम जय सीता राम *rāma rāma jaya sītā* *rāma*  
Victory unto you, *Sītārāma*!
- राम राम जय राजा राम *rāma rāma jaya rājā* *rāma*  
Victory unto you, King *Rāma*!
- राम राम जय सीता राम *rāma rāma jaya sītā* *rāma*  
Victory unto you, *Sītārāma*!

