

# Mantras



# Rules

## Rules:

- Do it not for outcome, but for the service of something greater than you. Imagine you have to do 60 push ups everyday to maintain the pride of your family. God, clan, team, nation, religion, empire, family, children.
- Pick what means most to you, and do action in the service of that concept. In the dedication of something greater than you, which removes 'you' from the picture.
- Action is the most important. Unbelievable, unsurpassable action every single day. Give your 100%. And on some days, surpass 100%. Focus on action, not outcome. Doing action is freedom. Outcome is slavery. Outcome will come without your control. Let go.

## Mantra:

**FIRST MANTRA:** ACTION IS MY DUTY TO (GOD/EMPIRE/RELIGION/NATION/FAMILY/legacy). By saying you remove yourself, and with you, a lot of complications are removed automatically.

Finish the sentence: **My action is my duty to** \_\_\_\_\_.