# **Weight Lifting Activity Evaluation**

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# **Load Libraries**

```
library(lattice)
library(ggplot2)
library(plyr)
library(randomForest)
library(caret)
library(Rmisc)
```

# **Executive Summary**

Based on a dataset provide by HAR

http://web.archive.org/web/20161224072740/http:/groupware.les.inf.puc-rio.br/har we will try to train a predictive model to predict what exercise was performed using a dataset with 159 features.

Step 1: Process the training & testing data, from specifid source Step 2: Explore the data, especially focussing on the two paramaters Step 3: Model selection, where we try different models to help us answer our questions Step 4: Model examination, to see wether our best model holds up to our standards Step 5: A Conclusion where we answer the questions based on the data Step 6: Predicting the classification of the model on test set

# **Step 1: Data Processing**

```
#trainURL <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-trainin
g.csv"
#testURL <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.
csv"
#download.file(trainURL,destfile = "training.csv")
#download.file(testURL,destfile = "testing.csv")

trainingdata <- read.csv("training.csv")

testingdata <- read.csv("testing.csv")

dim(trainingdata);dim(testingdata)
## [1] 19622 160

##Remove NA Columns with more than 20% data as NA
maxNAPer <- 20
maxNALimit <- nrow(trainingdata)/100*maxNAPer</pre>
```

```
removeNA <- which(colSums(is.na(trainingdata) | trainingdata=="")> maxNALimit)

trainingdata <- trainingdata[,-removeNA]

testingdata <- testingdata[,-removeNA]

# Remove all time series data as we dont need them
removeTime <- grep("timestamp",names(trainingdata))
trainingdata <- trainingdata[,-c(1,removeTime)]

testingdata <- testingdata[,-c(1,removeTime)]

# Convert all factors to integers
classelevels <- levels(trainingdata$classe)
cleantrainingdata <- data.frame(data.matrix(trainingdata))
cleantrainingdata$classe <- factor(cleantrainingdata$classe,labels = classele
vels)
cleantestingdata <- data.frame(data.matrix(testingdata))</pre>
```

### **Exploratory data analyses**

Since the test set provided is the final validation set, we will split the current training in a test and train set to work with.

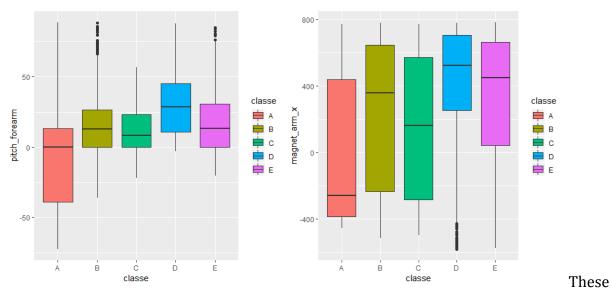
```
set.seed(1182)
classeIndex <- which(names(cleantrainingdata) == "classe")
inTrain <- createDataPartition(y=cleantrainingdata$classe, p=0.75, list=FALSE
)
subTrain <- cleantrainingdata[inTrain, ]
subTest <- cleantrainingdata[-inTrain, ]</pre>
```

Identify fields that have high correlations with the classe.

```
correlations <- cor(subTrain[, - classeIndex], as.numeric(subTrain$classe))
bestCorrelations <- subset(as.data.frame(as.table(correlations)), abs(Freq)>0
.3)
bestCorrelations
## Var1 Var2 Freq
## 44 pitch_forearm A 0.3396155
```

That frequency is just little above 0.3

```
p1 <- ggplot(subTrain, aes(classe,pitch_forearm)) +
   geom_boxplot(aes(fill=classe))
p2 <- ggplot(subTrain, aes(classe, magnet_arm_x)) +
   geom_boxplot(aes(fill=classe))
multiplot(p1,p2,cols=2)</pre>
```



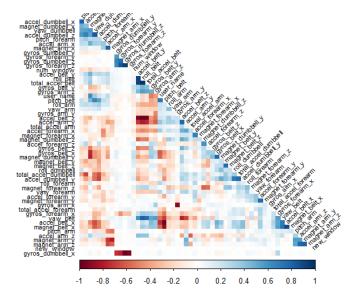
charts that indicate that there is no firm separation of classes. Next step will be to train model to improve prediction.

#### **Model selection**

Let's identify variables with high correlations amongst each other in our set, so we can possibly exclude them from the pca or training.

We will check afterwards if these modifications to the dataset make the model more accurate (and perhaps even faster)

```
library(corrplot)
correlationMatrix <- cor(subTrain[, -classeIndex])
highlyCorrelated <- findCorrelation(correlationMatrix, cutoff=0.9, exact=TRUE)
excludeColumns <- c(highlyCorrelated, classeIndex)
corrplot(correlationMatrix, method="color", type="lower", order="hclust", tl.
cex=0.70, tl.col="black", tl.srt = 45, diag = FALSE)</pre>
```



We see that there are some features that are quite correlated with each other. We will have a model with these excluded. Also we'll try and reduce the features by running PCA on all and the excluded subset of the features

```
pcaPreProcess.all <- preProcess(subTrain[, -classeIndex], method = "pca", thr
esh = 0.99)
subTrain.pca.all <- predict(pcaPreProcess.all, subTrain[, -classeIndex])
subTest.pca.all <- predict(pcaPreProcess.all, subTest[, -classeIndex])
testing.pca.all <- predict(pcaPreProcess.all, cleantestingdata[, -classeIndex])
pcaPreProcess.subset <- preProcess(subTrain[, -excludeColumns], method = "pca", thresh = 0.99)
subTrain.pca.subset <- predict(pcaPreProcess.subset, subTrain[, -excludeColumns])
subTest.pca.subset <- predict(pcaPreProcess.subset, subTest[, -excludeColumns])
testing.pca.subset <- predict(pcaPreProcess.subset, cleantestingdata[, -classeIndex])</pre>
```

Now we'll do some actual Random Forest training. We'll use 200 trees, because I've already seen that the error rate doesn't decline a lot after say 50 trees, but we still want to be thorough. Also we will time each of the 4 random forest models to see if when all else is equal one pops out as the faster one.

```
library(randomForest)
ntree <- 200 #This is enough for great accuracy (trust me, I'm an engineer).

start <- proc.time()
rfMod.cleaned <- randomForest(
    x=subTrain[, -classeIndex],
    y=subTrain$classe,
    xtest=subTest[, -classeIndex],
    ytest=subTest$classe,</pre>
```

```
ntree=ntree,
  keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
      user system elapsed
##
   153.80
            3.40 157.52
gc()
##
                       (Mb) gc trigger (Mb) max used
                                                            (Mb)
               used
## Ncells
            2586501 138.2
                               4848911 259.0
                                                 4848911 259.0
## Vcells 323040804 2464.7 933627050 7123.1 970808221 7406.7
start <- proc.time()</pre>
rfMod.exclude <- randomForest(</pre>
  x=subTrain[, -excludeColumns],
  y=subTrain$classe,
  xtest=subTest[, -excludeColumns],
  ytest=subTest$classe,
  ntree=ntree,
  keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
##
      user system elapsed
             2.32 144.96
##
   142.19
start <- proc.time()</pre>
rfMod.pca.all <- randomForest(</pre>
  x=subTrain.pca.all,
  y=subTrain$classe,
  xtest=subTest.pca.all,
  ytest=subTest$classe,
  ntree=ntree,
  keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
##
      user system elapsed
##
     85.61
             5.66
                      91.45
start <- proc.time()</pre>
rfMod.pca.subset <- randomForest(</pre>
  x=subTrain.pca.subset,
  y=subTrain$classe,
  xtest=subTest.pca.subset,
  ytest=subTest$classe,
  ntree=ntree,
  keep.forest=TRUE,
  proximity=TRUE) #do.trace=TRUE
proc.time() - start
```

```
user system elapsed
## 166.92
           31.75 205.63
gc()
##
                used
                       (Mb) gc trigger
                                          (Mb)
                                                 max used
                                                           (Mb)
                                         259.0
## Ncells
             2586945 138.2
                               4848911
                                                  4848911
                                                            259
## Vcells 1267998134 9674.1 2182949093 16654.6 1930023397 14725
```

#### Model examination

Now that we have 4 trained models, we will check the accuracies of each. (There probably is a better way, but this still works good)

```
rfMod.cleaned
##
## Call:
## randomForest(x = subTrain[, -classeIndex], y = subTrain$classe,
                                                                           xtes
t = subTest[, -classeIndex], ytest = subTest$classe,
                                                           ntree = ntree, prox
imity = TRUE, keep.forest = TRUE)
##
                  Type of random forest: classification
##
                        Number of trees: 200
## No. of variables tried at each split: 7
##
##
           OOB estimate of error rate: 0.27%
## Confusion matrix:
##
        Α
             В
                  C
                       D
                            E class.error
## A 4185
             0
                  0
                       0
                            0 0.000000000
## B
        6 2839
                  3
                       0
                            0 0.003160112
## C
        0
             9 2558
                       0
                            0 0.003506038
## D
        0
             0
                 15 2396
                            1 0.006633499
## E
             0
                       6 2700 0.002217295
##
                   Test set error rate: 0.22%
## Confusion matrix:
            В
                C
                    D
                        E class.error
##
        Α
## A 1395
            0
                0
                    0
                        0 0.000000000
        5 944
## B
                0
                    0
                        0 0.005268704
## C
        0
            2 853
                    0
                        0 0.002339181
## D
        0
            0
                3 801
                        0 0.003731343
                0
                    1 900 0.001109878
rfMod.cleaned.training.acc <- round(1-sum(rfMod.cleaned$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.cleaned.training.acc)
## [1] "Accuracy on training: 0.984"
rfMod.cleaned.testing.acc <- round(1-sum(rfMod.cleaned$test$confusion[, 'clas
s.error']),3)
paste0("Accuracy on testing: ",rfMod.cleaned.testing.acc)
```

```
## [1] "Accuracy on testing: 0.988"
rfMod.exclude
##
## Call:
## randomForest(x = subTrain[, -excludeColumns], y = subTrain$classe,
test = subTest[, -excludeColumns], ytest = subTest$classe,
                                                                 ntree = ntree
, proximity = TRUE, keep.forest = TRUE)
                  Type of random forest: classification
##
##
                        Number of trees: 200
## No. of variables tried at each split: 6
##
           OOB estimate of error rate: 0.31%
##
## Confusion matrix:
        Α
             В
                  C
                            E class.error
## A 4184
             0
                  0
                       0
                            1 0.0002389486
## B
        7 2838
                  3
                       0
                            0 0.0035112360
           11 2554
                       2
## C
                            0 0.0050642774
        0
## D
        0
             0
                 16 2395
                            1 0.0070480929
                       4 2702 0.0014781966
## E
        0
             0
                  0
                   Test set error rate: 0.24%
##
## Confusion matrix:
            В
                C
        Α
                    D
                        E class.error
## A 1395
            0
                0
                    0
                        0 0.000000000
        5 944
                0
                    0
                        0 0.005268704
## B
           4 851
## C
        0
                    0
                        0 0.004678363
## D
                2 802
                        0 0.002487562
        0
            0
## E
            0
                0
                    1 900 0.001109878
rfMod.exclude.training.acc <- round(1-sum(rfMod.exclude$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.exclude.training.acc)
## [1] "Accuracy on training: 0.983"
rfMod.exclude.testing.acc <- round(1-sum(rfMod.exclude$test$confusion[, 'clas
s.error'1),3)
paste0("Accuracy on testing: ",rfMod.exclude.testing.acc)
## [1] "Accuracy on testing: 0.986"
rfMod.pca.all
##
## Call:
## randomForest(x = subTrain.pca.all, y = subTrain$classe, xtest = subTest.p
             ytest = subTest$classe, ntree = ntree, proximity = TRUE,
ca.all,
ep.forest = TRUE)
                  Type of random forest: classification
##
##
                        Number of trees: 200
## No. of variables tried at each split: 6
```

```
##
##
           OOB estimate of error rate: 2.11%
## Confusion matrix:
             В
                  C
                       D
                             E class.error
        Α
             9
                       7
## A 4164
                  4
                             1 0.005017921
       53 2762
## B
                 24
                       4
                             5 0.030196629
## C
            25 2512
                       23
                             2 0.021425789
## D
        3
             4
                 96 2300
                             9 0.046434494
             6
                      10 2670 0.013303769
## E
                 19
##
                   Test set error rate: 1.98%
## Confusion matrix:
            В
                C
##
        Α
                    D
                        E class.error
                        0 0.001433692
## A 1393
            1
                0
                    1
       24 912 11
## B
                    1
                        1 0.038988409
        2
           14 835
                    3
                        1 0.023391813
## C
## D
        1
            0
               27 776
                        0 0.034825871
## E
        2
            3
                2
                    3 891 0.011098779
rfMod.pca.all.training.acc <- round(1-sum(rfMod.pca.all$confusion[, 'class.er
ror']),3)
paste0("Accuracy on training: ",rfMod.pca.all.training.acc)
## [1] "Accuracy on training: 0.884"
rfMod.pca.all.testing.acc <- round(1-sum(rfMod.pca.all$test$confusion[, 'clas
s.error']),3)
paste0("Accuracy on testing: ",rfMod.pca.all.testing.acc)
## [1] "Accuracy on testing: 0.89"
rfMod.pca.subset
##
## Call:
## randomForest(x = subTrain.pca.subset, y = subTrain$classe, xtest = subTes
                   ytest = subTest$classe, ntree = ntree, proximity = TRUE,
t.pca.subset,
keep.forest = TRUE)
##
                  Type of random forest: classification
##
                        Number of trees: 200
## No. of variables tried at each split: 6
##
           OOB estimate of error rate: 2.32%
## Confusion matrix:
##
             В
                  C
                             E class.error
        Α
             9
## A 4161
                  6
                             2 0.005734767
       56 2752
                 35
                       1
                             4 0.033707865
        4
            31 2508
                      20
                             4 0.022984028
## C
        7
## D
             2
               105 2290
                             8 0.050580431
## E
                      13 2666 0.014781966
            11
                 15
        1
##
                   Test set error rate: 2.06%
## Confusion matrix:
```

```
## A B C
                   D
                       E class.error
           2
                       0 0.002150538
## A 1392
               1
                   0
## B
      28 907 10
                   1
                       3 0.044257113
## C
       1 12 839 2 1 0.018713450
## D
       3 2 29 769
                       1 0.043532338
## E
                   3 896 0.005549390
rfMod.pca.subset.training.acc <- round(1-sum(rfMod.pca.subset$confusion[, 'cl
ass.error']),3)
paste0("Accuracy on training: ",rfMod.pca.subset.training.acc)
## [1] "Accuracy on training: 0.872"
rfMod.pca.subset.testing.acc <- round(1-sum(rfMod.pca.subset$test$confusion[,
'class.error'1),3)
paste0("Accuracy on testing: ",rfMod.pca.subset.testing.acc)
## [1] "Accuracy on testing: 0.886"
```

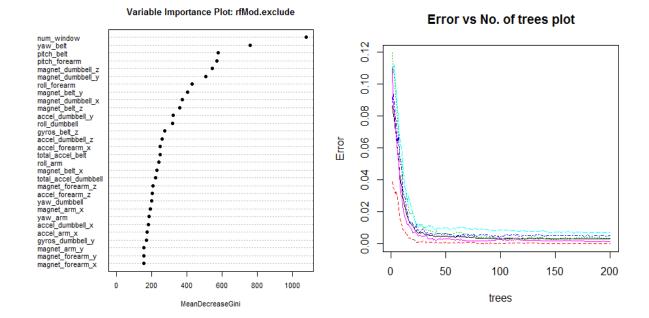
#### Conclusion

This concludes that nor PCA doesn't have a positive of the accuracy (or the process time for that matter) The rfMod.exclude perform's slightly better then the 'rfMod.cleaned'

We'll stick with the rfMod.exclude model as the best model to use for predicting the test set. Because with an accuracy of 98.7% and an estimated OOB error rate of 0.23% this is the best model.

Before doing the final prediction we will examine the chosen model more in depth using some plots

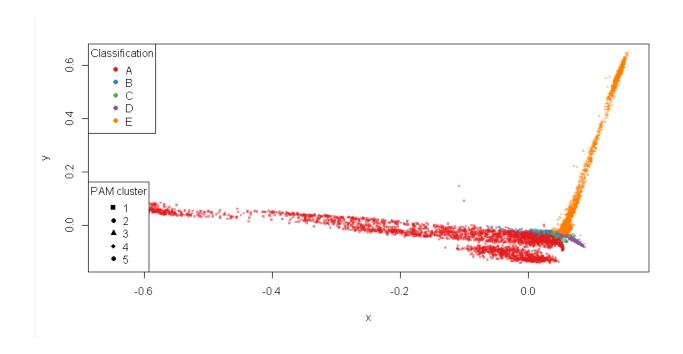
```
par(mfrow=c(1,2))
varImpPlot(rfMod.exclude, cex=0.7, pch=16, main='Variable Importance Plot: rf
Mod.exclude')
plot(rfMod.exclude, , cex=0.7, main='Error vs No. of trees plot')
```



To really look in depth at the distances between predictions we can use MDSplot and cluster prediction and results

par(mfrow=c(1,1))

```
start <- proc.time()</pre>
library(RColorBrewer)
palette <- brewer.pal(length(classelevels), "Set1")</pre>
rfMod.mds <- MDSplot(rfMod.exclude, as.factor(classelevels), k=2, pch=20, palette=palett
e)
library(cluster)
rfMod.pam <- pam(1 - rfMod.exclude$proximity, k=length(classelevels), diss=TRUE)
plot(
rfMod.mds$points[, 1],
rfMod.mds\points[, 2],
 pch=rfMod.pam$clustering+14,
 col=alpha(palette[as.numeric(subTrain$classe)],0.5),
 bg=alpha(palette[as.numeric(subTrain$classe)],0.2),
 cex=0.5,
 xlab="x", ylab="y")
legend("bottomleft", legend=unique(rfMod.pam$clustering), pch=seq(15,14+length(cla
sselevels)), title = "PAM cluster")
 legend("topleft", legend=classelevels, pch = 16, col=palette, title = "Classification")
")
proc.time() - start
```



### **Test results**

Although we've chosen the rfMod.exclude it's still nice to see what the other 3 models would predict on the final test set. Let's look at predictions for all models on the final test set.

```
predictions <- t(cbind(</pre>
    exclude=as.data.frame(predict(rfMod.exclude, cleantestingdata[, -excludeC
olumns]), optional=TRUE),
    cleaned=as.data.frame(predict(rfMod.cleaned, cleantestingdata), optional=
TRUE),
    pcaAll=as.data.frame(predict(rfMod.pca.all, testing.pca.all), optional=TR
UE),
    pcaExclude=as.data.frame(predict(rfMod.pca.subset, testing.pca.subset), o
ptional=TRUE)
))
predictions
##
              1
                  2
                      3
                          4
                              5
                                       7
                                          8
                                               9
                                                   10
                                                      11
                                                          12
                                                              13
                                  6
                                                                   14
                                                                       15
17
   18
       19
              "B" "A" "B" "A" "A" "E" "D" "B" "A" "A" "B" "C" "B" "A" "E" "E"
## exclude
"A" "B" "B" "B"
              "B" "A" "B" "A" "A" "E" "D" "B" "A" "A" "B" "C" "B" "A" "E" "E"
## cleaned
"A" "B" "B" "B"
              "B" "A" "B" "A" "A" "E" "D" "B" "A" "A" "B" "C" "B" "A" "E" "E"
## pcaAll
"A" "B" "B" "B"
## pcaExclude "B" "A" "B" "A" "E" "D" "B" "A" "A" "B" "C" "B" "A" "E" "E"
"A" "B" "B" "B"
```

The predictions don't really change a lot with each model, but since we have most faith in the rfMod.exclude, we'll keep that as final answer.