# Coursera - Practical Machine Learning Assignment Writeup

### Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement – a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geek. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, your goal will be to use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

The goal of your project is to predict the manner in which they did the exercise. The five classes we are having to predict are:

1. **A** Exact bicep curl 2. **B** Throwing elbows to the front 3. **C** Lifting the dumbbell only halfway 4. **D** Lowering the dumbbell only halfway 5. **E** Throwing the hip forward

#### Loading the necessary packages and data

```
library(caret)
library(randomForest)
train <- read.csv("pml-training.csv", na.strings=c("NA",""), strip.white=T)
test <- read.csv("pml-testing.csv", na.strings=c("NA",""), strip.white=T)</pre>
```

## **Pre-processing**

Lot of columns have empty data like 'NA' or '"". Let's remove them. Also, remove columns without predictive power like user\_name, new\_window, num\_window, raw\_timestamp\_part\_1, raw\_timestamp\_part\_2, cvtd\_timestampr.

```
dim(testing)
```

[1] 20 53

### Training a Random Forest Model

## E

Given that the problem is a high-dimensional classification problem with number of observations much exceeding the number of predictors, random forest seems like a good choice.

```
set.seed(12345)
model <- randomForest(classe ~ ., data = training)</pre>
model
##
## Call:
##
   randomForest(formula = classe ~ ., data = training)
##
                   Type of random forest: classification
##
                         Number of trees: 500
## No. of variables tried at each split: 7
##
##
           OOB estimate of error rate: 0.29%
## Confusion matrix:
##
        Α
             В
                   C
                        D
                              E class.error
## A 5577
             2
                   0
                        0
                                  0.0005376
## B
        9 3785
                   3
                        0
                              0
                                  0.0031604
                        2
## C
        0
            11 3409
                              0
                                  0.0037989
## D
        0
             0
                  19 3194
                              3
                                  0.0068408
```

OOB estimate of error rate: 0.29% looks excellent. The confusion matrix also looks excellent. Training set has lots of observations so model fits very well. If we had more data to train, model training would become time intensive so we could switch to parallel using doMC library and/or using

0.0019407

less variable according to variable importance. Let's look at the variable importance.

imp <- varImp(model)

```
imp <- varImp(model)
imp$Variable <- row.names(imp)
imp[order(imp$Overall, decreasing = T),]</pre>
```

```
##
                         Overall
                                             Variable
## roll_belt
                         1255.40
                                            roll_belt
## yaw belt
                         901.01
                                             yaw belt
## magnet_dumbbell_z
                         748.82
                                    magnet_dumbbell_z
## pitch forearm
                          736.67
                                        pitch forearm
## pitch_belt
                         716.83
                                           pitch_belt
## magnet_dumbbell_y
                                    magnet_dumbbell_y
                         668.27
## roll_forearm
                         628.33
                                         roll_forearm
## magnet_dumbbell_x
                         488.62
                                    magnet_dumbbell_x
## roll_dumbbell
                                        roll_dumbbell
                         419.53
                         407.78
## accel_dumbbell_y
                                     accel_dumbbell_y
## magnet_belt_z
                         404.58
                                        magnet_belt_z
## accel_belt_z
                         395.56
                                         accel_belt_z
## magnet_belt_y
                         387.27
                                        magnet_belt_y
## accel_forearm_x
                         325.48
                                      accel_forearm_x
## roll arm
                         322.68
                                             roll_arm
## accel_dumbbell_z
                         316.62
                                     accel_dumbbell_z
```

5 3600

```
## gyros_belt_z
                         315.20
                                         gyros_belt_z
## magnet_forearm_z
                         289.77
                                     magnet_forearm_z
## gyros dumbbell y
                         265.26
                                     gyros_dumbbell_y
                         264.21 total_accel_dumbbell
## total_accel_dumbbell
## magnet_arm_x
                         261.34
                                         magnet_arm_x
## accel dumbbell x
                         254.31
                                     accel dumbbell x
## magnet belt x
                                        magnet belt x
                         250.63
## yaw_dumbbell
                         249.74
                                         yaw_dumbbell
## yaw_arm
                         249.02
                                              yaw_arm
## accel_forearm_z
                         248.61
                                      accel_forearm_z
## accel_arm_x
                         244.88
                                          accel_arm_x
## magnet_forearm_y
                         232.17
                                     magnet_forearm_y
## magnet_forearm_x
                         229.37
                                     magnet_forearm_x
## magnet_arm_y
                         225.68
                                         magnet_arm_y
## total_accel_belt
                         217.18
                                     total_accel_belt
## magnet_arm_z
                         179.39
                                         magnet_arm_z
## pitch_arm
                         177.17
                                            pitch_arm
## yaw forearm
                         175.91
                                          yaw forearm
## pitch_dumbbell
                         172.61
                                       pitch_dumbbell
## accel_arm_y
                         142.44
                                          accel_arm_y
## accel_forearm_y
                         141.25
                                      accel_forearm_y
## gyros_arm_y
                         138.62
                                          gyros_arm_y
## gyros_arm_x
                         131.69
                                          gyros_arm_x
## gyros_dumbbell_x
                         129.73
                                     gyros_dumbbell_x
## accel_arm_z
                         128.68
                                          accel_arm_z
## gyros_forearm_y
                         125.82
                                      gyros_forearm_y
## accel_belt_y
                         118.73
                                         accel_belt_y
## accel_belt_x
                         115.17
                                         accel_belt_x
## gyros_belt_y
                         111.58
                                         gyros_belt_y
## total_accel_forearm
                         107.80
                                 total_accel_forearm
## total_accel_arm
                         106.83
                                      total_accel_arm
## gyros_belt_x
                          99.16
                                         gyros_belt_x
## gyros_forearm_z
                          84.41
                                      gyros_forearm_z
## gyros_dumbbell_z
                          77.31
                                     gyros_dumbbell_z
## gyros_forearm_x
                           73.12
                                      gyros_forearm_x
                          55.73
## gyros_arm_z
                                          gyros_arm_z
```

predict(model, testing)

This simple, almost basic model achieves the perfect 100% accuracy on the testing set.

## Conclusion

Model is perfect for the given testing data so any further analysis is not necessary.