

Diagnoses :-

EARLY OA

ADVANCED OA BOTH KNEE WITH VARUS DEFORMITY

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F U CASE OF TOTAL KNEE REPLACEMENT

F U C OF TKR WITH ORAL ULCER & VITAMIN DEFICIENCY

RHEUMATOID ARTHRITIS-1

Management :-

ADVISED BILATERAL TOTAL KNEE REPLACEMENT

RT KNEE TO BE OPERATED FIRST

GLOBUS HOSPITAL,

PLEASE ADMIT & INFORM ME

Advices :-

BED REST

LIQUID DIET

DIET - PRECAUTIONS

KNEE PHYSIOTHERAPY AS ADVISED

DIET

PRECAUTIONS

KNEE PHYSIOTHERAPY AS ADVISED

DIET

PRECAUTIONS

KNEE PHYSIOTHERAPY AS ADVISED

Physiotherapy Advised :-

SPINAL EXTENSION EXERCISES

SWD 10 EXP X 10 MNT

IFT

GENTLE PELVIC TRACTION

LS CORSET

CERVICAL ISOMETRIC EXERCISES

CERVICAL SWD 10X10

US THERAPY

LASER THERAPY

Review After :- : 5 day(s)

<u>Medicine</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Timing</u>	<u>Duration</u>
1) ROCIX TABLET 500 MG		101	After Food	10 day(s)
2) ROCIX TABLET 500 MG		101	After Food	10 day(s)
3) ROCIX TABLET 500 MG		101	After Food	10 day(s)
4) ROCIX TABLET 500 MG		101	After Food	10 day(s)
5) ROCIX TABLET 500 MG		101	After Food	10 day(s)
6) ROCIX TABLET 500 MG		101	After Food	10 day(s)
7) ROCIX TABLET 500 MG		101	After Food	10 day(s)
8) ROCIX TABLET 500 MG		101	After Food	10 day(s)
9) ROCIX TABLET 500 MG		101	After Food	10 day(s)
10) ROCIX TABLET 500 MG		101	After Food	10 day(s)
11) ROCIX TABLET 500 MG		101	After Food	10 day(s)
12) ROCIX TABLET 500 MG		101	After Food	10 day(s)
13) ROCIX TABLET 500 MG		101	After Food	10 day(s)

Medicine	Dosage	Frequency	Timing	Duration
14) ROCIX TABLET 500 MG		101	After Food	10 day(s)
15) ROCIX TABLET 500 MG		101	After Food	10 day(s)
16) ROCIX TABLET 500 MG		101	After Food	10 day(s)
17) ROCIX TABLET 500 MG		101	After Food	10 day(s)
18) ROCIX TABLET 500 MG		101	After Food	10 day(s)
19) ROCIX TABLET 500 MG		101	After Food	10 day(s)
20) ROCIX TABLET 500 MG		101	After Food	10 day(s)
21) ROCIX TABLET 500 MG		101	After Food	10 day(s)
22) ROCIX TABLET 500 MG		101	After Food	10 day(s)
23) ROCIX TABLET 500 MG		101	After Food	10 day(s)
24) ROCIX TABLET 500 MG		101	After Food	10 day(s)
25) ROCIX TABLET 500 MG		101	After Food	10 day(s)
26) ROCIX TABLET 500 MG		101	After Food	10 day(s)
27) ROCIX TABLET 500 MG		101	After Food	10 day(s)
28) ROCIX TABLET 500 MG		101	After Food	10 day(s)
29) ROCIX TABLET 500 MG		101	After Food	10 day(s)
30) ROCIX TABLET 500 MG		101	After Food	10 day(s)
31) ROCIX TABLET 500 MG		101	After Food	10 day(s)
32) ROCIX TABLET 500 MG		101	After Food	10 day(s)
33) ROCIX TABLET 500 MG		101	After Food	10 day(s)
34) ROCIX TABLET 500 MG		101	After Food	10 day(s)
35) ROCIX TABLET 500 MG		101	After Food	10 day(s)
36) NUTROMA CAPSULE		1-0-0	After Food	30 day(s)
37) ZYTEE LOTION <i>TO BE APPLIED LOCALLY</i>				10 day(s)