

UHID	: 23-24/GH/30139	Date	: 30/08/2023
Patient Name	: QQ	Age / Sex	: 33Y / M
Mob	:		
Address	:		

B.P. : 21/21 mmHg PR : 1 bpm Temp : 2 F SpO2 : 122 % Wt : 1 kg Height : 2 cm

DIAGNOSES :- CERVICAL SPONDYLOSIS WITH VERTIGO

R_x

Medicine	Dosage	Frequency	Timing	Duration
1) RECOVEX INJ 50 MG <i>Instructions : DEEP I/M</i>		FORTNIGHTLY X 2		30 day(s)
2) VITANEO D3 INJ 6 LAC IU <i>Instructions : DEEP I/M</i>		WEEKLY X 3		21 day(s)
3) NUROVIBE FORTE INJ <i>Instructions : DEEP I/M</i>		ON ALTERNATE DAY X 5		10 day(s)
4) ROMAZOL PD TABLET	1 TAB	1 - 0 - 1	Before Food	20 day(s)
5) ROMAZYME TABLET	1 TAB	1 - 0 - 1	Before Food	20 day(s)
6) CALROMA TABLET	1 TAB	1 - 0 - 0	After Breakfast	20 day(s)
7) LIVOGONIC FORTE SYRUP	2 TSF	2 - 0 - 2	After Food	20 day(s)
8) NAPROSYN 500MG TABLET <i>NAPROXEN 500 MG</i>	1 TAB	1 - 0 - 1	After Food	20 day(s)
9) MYORIL 8MG CAPSULE <i>THIOLCHICOSIDE 8 MG</i>	1 TAB	1 - 0 - 1	After Food	20 day(s)
10) VERTIN 16MG TABLET <i>BETAHISTINE 16 MG</i>	1 TAB	1 - 0 - 1	After Food	20 day(s)
11) PREGADAZ SR 75MG TABLET	2	0 - 0 - 1	After Dinner	20 day(s)
12) ROMA GEL <i>Instructions : TO BE APPLIED LOCALLY</i>		1 - 0 - 1		20 day(s)

- ADVICES** :-
- DIET & PRECAUTIONS AS ADVISED
 - TO LIE ON HARD BED
 - CERVICAL COLLAR
 - CERVICAL ISOMETRIC EXERCISES
 - SWD 10 EXP X 10 MNT
 - US THERAPY
 - LASER THERAPY
 - GENTLE TRACTION OF CERVICAL SPINE

Dr. R.K. Singh