

T. Harv Eker's

HOW TO UNCOVER THE BELIEFS THAT LIMIT YOUR SUCCESS

Your beliefs create your reality. They have a huge impact on how you feel and what you do, and they provide the lens through which you experience **everything**.

To put it simply:

Your beliefs lead to your thoughts...

Your thoughts create your feelings...

Your feelings translate into action (or inaction)...

And your actions are responsible for your results in life.

Beliefs → Thoughts → Feelings → Action → Results

So if you want different results then you need to make sure your beliefs are set up for success! Here's how:

Step 1 - Pick a result in your life that you're not happy with right now

Step 2 - Work **backward** based off of the above formula to uncover the belief that's creating the outcome you don't want.

We've provided an example for you below for each step, so you can see how the answers should lead to each other.

Now it's your turn! **Simply fill your answers into the boxes below.**

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1. Result

What is the big problem you're dealing with?

Ex. I'm not making enough money in my business.



2. Actions

What actions (or inactions) are giving you these results?

Ex. I don't have enough customers. I'm not marketing my business as well as I could be.



3. Feelings

How do you feel when you think about the situation?

Ex. I'm scared I won't attract enough customers and worried that my business might fail.



4. Thoughts

What thoughts are causing those feelings?

Ex. I'm not good at marketing because I don't want to be a slimy salesperson..



5. Beliefs

What belief, or beliefs, could lead to those thoughts?

Ex. Marketing is manipulative and ingenuine and only slimy salespeople do it.

Once you've identified which belief is stopping you from getting what you want, you've taken a big step toward changing your results.

The third step is to learn how to CHANGE that belief, so you take better actions and get the best results.

To find out how, join T. Harv Eker for an amazing web class that will help you with all of this plus more. It's called...

Don't Believe A Thought You Think: The Greatest Secret To Life



HOW TO UNCOVER THE BELIEFS THAT LIMIT YOUR SUCCESS



It's FREE to attend, and when you do, you'll discover the ONE SOURCE of success, inner peace, great relationships, health, and wealth. And most importantly, you'll learn how to tap into this source to create the life you want and deserve.

Reserve My FREE Spot!