



# HIGH PERFORMANCE WEALTH & MINDSET INTENSIVE



**AMPLIFY**

YOUR GROWTH



# W E A L T H

“Wealth is the ability to fully  
experience life” - HENRY DAVID THOREAU



**Q1** | What are your financial goals?

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**Q2** | What is the biggest financial challenge or problem you are currently facing?

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**Q3** | What is your current level of financial education/literacy?

**0** = TERRIBLE | **5** = AVERAGE | **10** = SAVVY INVESTOR

**0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**

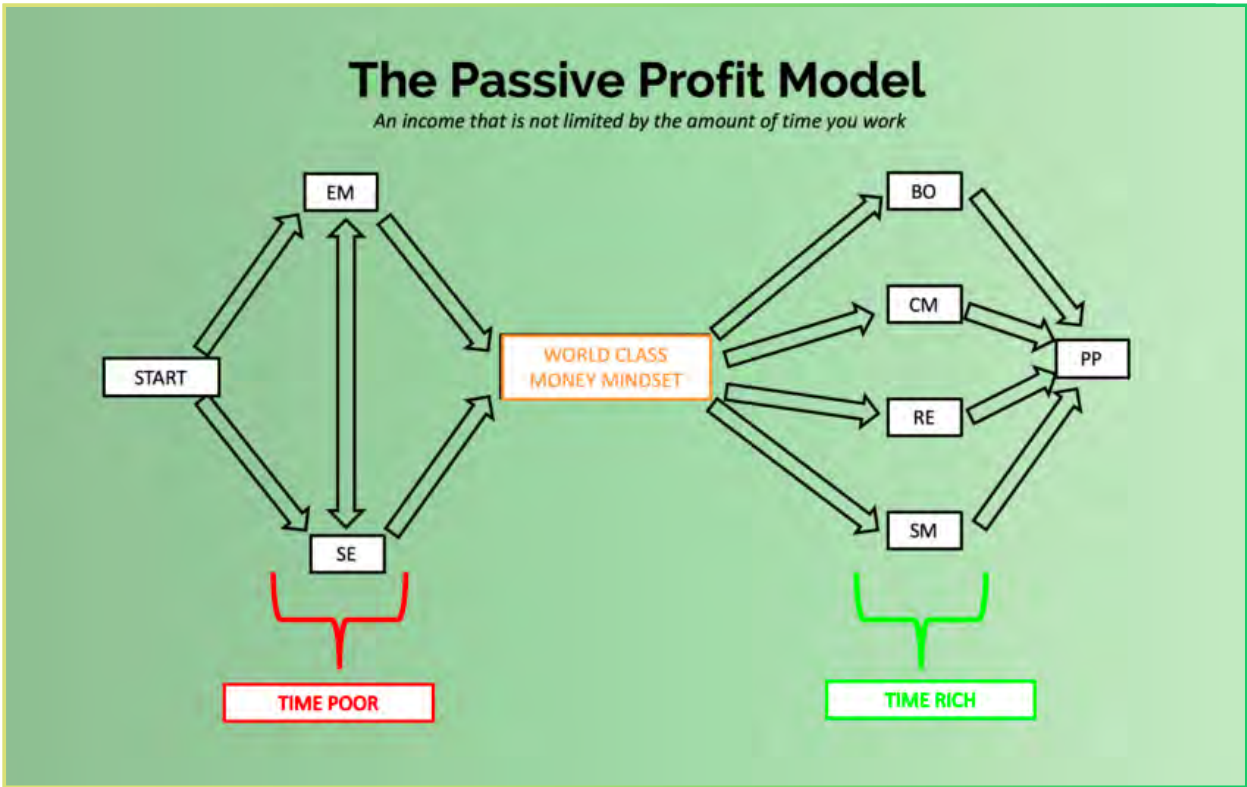
**PERSONAL CASHFLOW SHEET**

MONTHLY INCOME	MONTHLY EXPENSES
MONTHLY TOTAL =	MONTHLY TOTAL =
TOTAL MONTHLY DIFFERENCE =	

**PERSONAL BALANCE SHEET**

ASSETS	LIABILITIES

# THE PASSIVE PROFIT MODEL

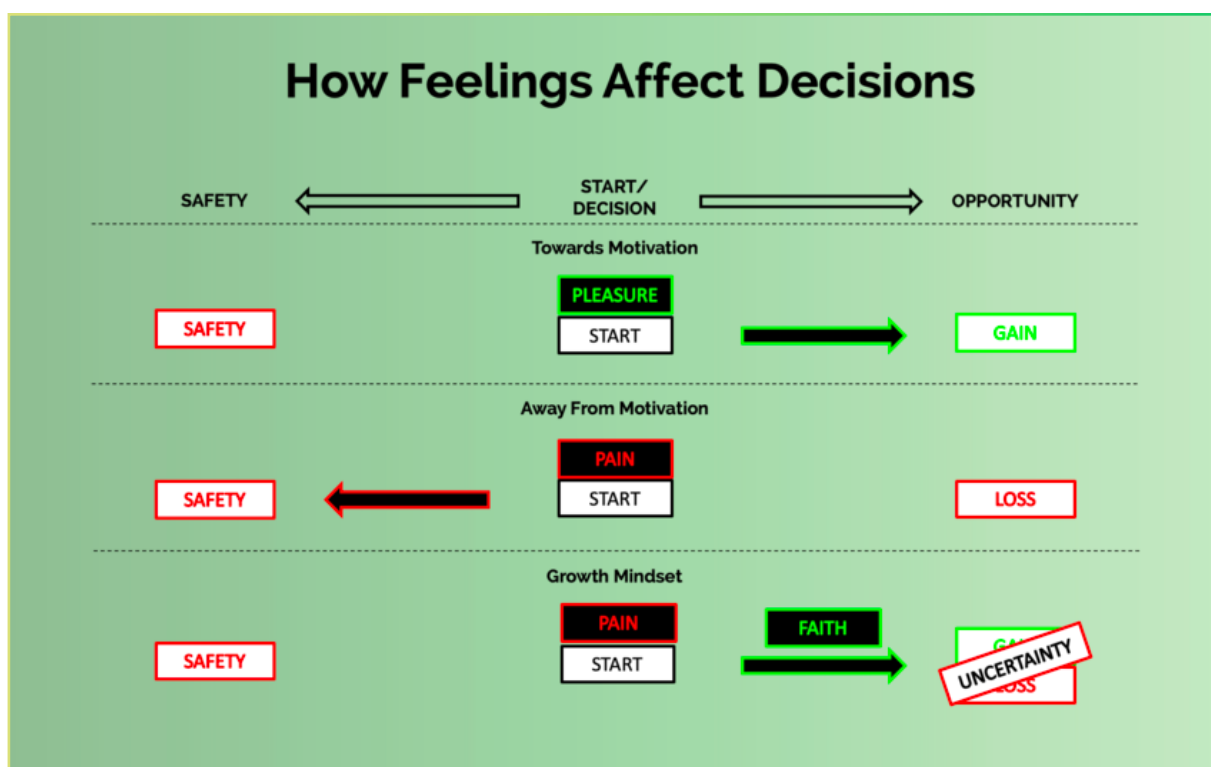


Circle which areas are you currently receiving income from and what % of your income is from which area? Also list what you perceive to be the pros and cons from operating from each type of income generation.

INCOME SOURCE	PROS	CONS
<b>EMPLOYEE</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		
<b>SELF EMPLOYED</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		
<b>BUSINESS OWNER</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		
<b>CURRENCY MARKET</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		
<b>REAL ESTATE</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		
<b>STOCK MARKET</b> 0% - 10% - 20% - 30% - 40% - 50% - 60% - 70% - 80% - 90% - 100%		

"If you want wealth, be wealth. Talk it. Think it. Prepare yourself to have it."

## EMOTIONS & INVESTING



**Q1** | What is the cost of NOT investing in your financial education?

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**Q2** | Who else is let down by you NOT investing in your financial education?

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**Q3** | What are 3 habits that are stopping you from being your best?

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_

**Q4** | If you were to be totally honest, aside from wealth, what is something that you would want in your life that is currently missing?

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**Q5** | How badly do you want to succeed? **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**

## PROXIMITY IS POWER

**Q1** | Who are the five people that you spend the most time with?  
And what is their financial literacy?

- 1) \_\_\_\_\_ **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**
- 2) \_\_\_\_\_ **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**
- 3) \_\_\_\_\_ **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**
- 4) \_\_\_\_\_ **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**
- 5) \_\_\_\_\_ **0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10**

**Q2** | Who are five people you would like at your table?  
And what do they bring to the table ?

- 1) \_\_\_\_\_ **THEIR GIFTS:** \_\_\_\_\_
- 2) \_\_\_\_\_ **THEIR GIFTS:** \_\_\_\_\_
- 3) \_\_\_\_\_ **THEIR GIFTS:** \_\_\_\_\_
- 4) \_\_\_\_\_ **THEIR GIFTS:** \_\_\_\_\_
- 5) \_\_\_\_\_ **THEIR GIFTS:** \_\_\_\_\_



# DISCOVER YOUR OPTIMAL FINANCIAL FUTURE NUMBER

This exercise is about discovering the income amount you need to achieve in order to live the life that you want.

PERSONALITY (SKILLS/TRAITS/TALENTS ETC) WHO ARE YOU BEING?		
#	DESCRIPTION	COST/OR COST PER MONTH
1		
2		
3		
4		
		TOTAL =

EXPERIENCES (ACTIONS/TRAVEL/HOBBIES ETC) WHAT ARE YOU DOING?		
#	DESCRIPTION	COST/OR COST PER MONTH
1		
2		
3		
4		
		TOTAL =

POSSESSIONS & ASSETS (THINGS, CAR, HOME ETC) WHAT DO YOU HAVE? ALSO INCLUDE LIVING COSTS HERE.		
#	DESCRIPTION	COST/ OR COST PER MONTH
1		
2		
3		
4		
		TOTAL =

PERSONALITY TOTAL	EXPERIENCES TOTAL	POSSESSIONS & ASSETS TOTAL	OVERALL TOTAL	TOTAL + FUDGE (X1.5)



**NOTES:**

[illegible]

Building wealth is a marathon, not a sprint.  
Discipline is the key ingredient.







## THE AUTHOR

John Templeton is a high-performance mindset coach that has worked with the Special Forces, Olympic Athletes and World Class celebrities like Penelope Cruz.

He is dedicated to helping people create an exciting life on their terms which he does by providing content through social media, running live events and retreats around the world, and coaching people from stages, as well as online and in person.

You can find him on the following social platforms:

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The rich don't work for money, they make  
money work for them.