



# Muhammad Anees Atif

## SHEQ Specialist CertIOSH

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Doha, Qatar

## Driving license

Qatar

## Nationality

Pakistani

## Profile

Dynamic SHEQ Specialist with extensive experience in environmental science and a commitment to safety and quality enhancement in diverse work environments. Proven ability to tackle complex challenges through innovative problem-solving and a strong focus on teamwork. Adept at adapting to new situations while maintaining attention to detail and driving projects forward. Passionate about advancing in roles such as HSE Engineer, HSE Advisor, and HSE Manager, leveraging skills to improve operational safety and efficiency. Ready to contribute to impactful initiatives that prioritize health, safety, and environmental excellence.

## Education

**Bsc in environmental science, Azteca University**

**Level-6 International Diploma in Occupational Safety and Health, British Safety Council**

**Level-7 Diploma in Health & Safety, The CPD Certification Service**

**Advanced Diploma in Environmental Management, Brentwood Collage**

## Employment History

**SHEQ Specialist at Manlift Group, Project: RLIC, MIC and Airport, Qatar**

09/2022

In the role of SHEQ Specialist at Manlift Group, the focus is on ensuring the highest standards of safety, health, environmental, and quality management practices.

Lead and manage SHEQ operations at the country level, ensuring compliance with corporate policies, local regulations, and industry standards. Develop, implement, and monitor SHEQ programs, risk assessments, and continuous improvement initiatives to enhance workplace safety and operational efficiency. Serve as the primary liaison with the head office, providing reports, audits, and key performance indicators (KPIs) to ensure alignment with global SHEQ objectives. Manage incident investigations, audits, inspections, and training programs to foster a strong safety culture across the organization. Oversee yard

## Social Links

[Linkedin](#)

[Github](#)

## Memberships

Certified Member, Institution of Occupational Safety and Health UK

## Certified ISO Auditor

OHSMS ISO 45001:2018

07/2020

EMS ISO 14001:2015 Lead auditor

07/2020

QMS ISO 9001:2015 Lead auditor

08/2023

## Courses

IGC in Occupational Health and Safety at NEBOSH

07/2012

30hrs construction industry health and safety at OSHA

05/2012

192hrs technical Safety certificate in O&G at Descon Technical Institute

10/2011

control operations, ensuring optimal material flow, site organization, and adherence to safety and quality protocols. Act as the Lean Management Process Owner, driving process optimization, waste reduction, and efficiency improvements in line with lean principles. Collaborate with cross-functional teams to promote best practices in SHEQ, yard management, and lean methodologies. Conduct performance reviews, compliance assessments, and corrective action plans to continuously improve SHEQ and operational standards.

### **Sr. HSE Inspector at Mowasalat , Qatar Energy, MIC & RLIC, Qatar**

**04/2022–08/2022**

Led an HSE team to ensure compliance with national safety regulations, industry standards, and organizational policies. Conducted HSE inspections and audits for CNG filling stations and public transport buses to ensure safe operations. Engaged with clients, contractors, and stakeholders, conducting meetings and providing guidance to maintain HSE compliance.

Oversaw facility safety management, including fire safety, hazardous materials handling, and emergency preparedness. Investigated incidents, near misses, and safety concerns, implementing corrective and preventive actions. Developed and delivered HSE training programs to enhance awareness and compliance among employees and stakeholders.

Ensured proper maintenance and safety of pressurized systems, fueling equipment, and vehicle safety protocols. Prepared HSE reports, risk assessments, and regulatory documentation for government and internal use.

### **Sr. HSE Officer at Bin Omran contracting and trading , Project: DIA-DN107-P03, Qatar**

**05/2018–03/2022**

Led the sub-contractor HSE team, ensuring full compliance with safety regulations and project-specific requirements during micro-tunneling activities. Actively participated in incident investigations, verifying root causes, approving corrective actions, and ensuring their effective implementation. Prepared initial and final investigation reports, including Incident Response (IR) presentations, for review by GEC and RPD teams. Conducted in-depth investigations of near-miss incidents to meet Key Performance Indicators (KPIs) and updated findings in the company's safety Portal. Compiled and presented weekly and monthly HSE statistics reports to GEC and the corporate HSE manager. Gathered HSE data from officers and daily observation reports, ensuring timely resolution and closeout of identified safety concerns. Developed, revised, and submitted the Project HSE Plan and related documents to GEC as required. Monitored and communicated legislative updates, ensuring compliance with new health and safety regulations. Coordinated internal safety audits and GEC system audits, preparing detailed audit closeout reports for submission to GEC.

### **HSE Officer at Qatari Diar-SBG, Project: CP07B, Qatar**

**08/2015–05/2018**

Ensured strict adherence to company safety policies and procedures,

### **Managing Safely at IOSH**

11/2013

### **192hrs Safety & Health Manager O&G at OSHAcademy**

01/2025

### **164hrs Safety & Health Supervisor in O&G at OSHAcademy**

01/2025

### **155hrs Safety and Health Specialist in O&G at OSHAcademy**

10/2024

### **Safety and Health Train-The-Trainer at OSHAcademy**

09/2024

### **Risk Management at The CPD certification service**

### **Easy-RCA Method Course (RCA 101) at Reliability Center Inc.**

01/2022

### **Confined Space Supervisor at TÜV Rheinland Gulf L.L.C.**

05/2015

### **Crane Supervisor & Lifting Supervisor Course at TÜV Rheinland Gulf L.L.C.**

### **Safe Rigging and Slings at TÜV Rheinland Gulf L.L.C.**

09/2016

### **Emergency Response coordinator and Fire Warden at Arbrit Safety & Engineering**

07/2021

### **Authorized Gas Tester at Arbrit Safety & Engineering**

05/2020

### **First Aid + AED training, at Weatherford International**

02/2014

### **Electrical Safety Awareness at Arbrit Safety & Engineering**

08/2015

### **COSHH Risk Assessor at The Knights of Safety Academy**

04/2020

### **Spillage Response Awareness at The Knights of Safety Academy**

09/2023

### **Internal Auditor at The Knights of Safety Academy**

12/2024

fostering a proactive safety culture across all project activities. Acted as a liaison between subcontractors and consultants, ensuring smooth communication and consistent compliance with safety regulations. Conducted regular site inspections, identifying potential hazards and reporting findings to project management for prompt corrective action. Collaborated with project teams to develop and implement risk mitigation strategies, enhancing overall site safety. Assisted the HSE Management team in selecting qualified site safety personnel to uphold high safety standards. Maintained accurate HSE records and documentation, ensuring effective evaluation and continuous improvement of safety programs. Worked closely with the HSE Manager to develop and implement safe work procedures tailored to project activities. Led incident investigations, collecting and analyzing data to determine root causes and prevent recurrence. Monitored project sites across all shifts, ensuring ongoing compliance with the company’s safety and health program. Conducted detailed inspections of Plant Machinery and Vehicles (PMVs) on a weekly, monthly, and quarterly basis to ensure operational safety. Maintained and updated all documentation related to heavy equipment, PMVs, and safety compliance records.

**HSE Supervisor at GLOBAL FREIGHT SYSTEMS,  
Zubair Oil Field, Iraq**

09/2014–05/2015

Attending client meetings focused on safety, actively participating in discussions and addressing safety concerns. Engage in safety audits and walkthroughs driven by clients, providing insights and recommendations for improvements. Monitor fabrication activities including crowd oil tank fabrication, oil, gas, and water pipe fabrication on the project. Oversee welding and pipe joint heating activities to ensure compliance with safety protocols. Monitor hydrotesting, Non-Destructive Testing (NDT), and Radiographic Testing (RT) processes on the project. Conduct orientations and training sessions on safe work procedures, lock-out and tag-out, fire watch, and confined space standby for shutdown employees. Maintain a visible presence on the project site, performing regular site visits at least once per shift to ensure safety compliance. Assist in coaching, mentoring, and implementing Health, Safety, and Environment (HS&E) programs in the field. Stay informed about applicable legislation and standards, informing project management of any new or conflicting legislative matters. Regularly review the SMP for compliance and updates, ensuring alignment with project scope and conditions. Organize and schedule safety staff and first aid coverage as required.

**HSE Supervisor at Habtoor Leighton Group, Zubair  
Oil Field, Iraq**

09/2013–08/2014

Provide guidance for the safe execution of critical activities in chemical areas, ensuring the safety of personnel, materials, equipment, and the environment. Maintain a secure working environment on-site by overseeing safety measures, protocols, and procedures. Monitor fabrication activities including crowd oil tank fabrication, oil, gas, and water pipe fabrication on the project. Oversee welding and pipe joint heating activities to ensure compliance with safety protocols. Monitor hydrotesting, Non-Destructive Testing (NDT), and Radiographic Testing (RT) processes on the project. Supervise site safety officers, ensuring proper coverage and inspection programs are in place on a weekly or monthly basis. Verify the inspection

# Key Achievements

Gold Rating in Sustainability , EcoVadis

Consistently Achieved Over 70% Rating, OH& S Audits

Reduced Accident Rate from 2.3% to 0.43%, yearly reporting

Reduced Sickness Rate by 15.4.5% , over two year

Successfully Implement Lean Management Principle

Increase Training Completion Rate by 42.20% , Apply Skill Matrix

Quality Assurance, Reduce Defect Rates

# Skills

Safety Management(OH&S)	5/5
Incident Investigation & RCA	5/5
Risk Mitigation	4/5
Emergencies Management	4/5
Risk-Based Inspection(RBI)	4/5
Auditing	4/5
Team leadership & Trainings	4/5
Environmental Compliance	4/5
Sustainability	4/5
Compliance Regulatory Mandates	5/5
Quality Enhancement	4/5
Stakeholder Engagement	3/5
Team Collaboration	5/5
Problem Solving	4/5
Reporting and Documentation	5/5
Energy Control (logout tagout)	5/5
Work Ergonomics	4/5

# Languages

English	Highly proficient
Urdu	Native speaker
Hindi	Good working knowledge
Arabic	Good working knowledge

# Abilities

Management, Policies and Objectives, Risk management, Managing Emergency Response Plan, Training Program, Safety Meetings and communications, Internal Audit Policy and Schedule, legal register upkeeping & implementation company policy to ensure safety procedures are being followed. Lean management and engagement of stakeholders. Monitoring of environmental aspects.

and certification of all equipment, including electrical, mechanical, pneumatic tools, and high-risk equipment, before use at the site. Ensure high-risk equipment possesses third-party certificates and is deemed fit for purpose, requiring additional safety officer coverage. Provide feedback to the HSE Manager for site HSE continuous improvement efforts, sharing insights and recommendations. Participate actively in daily safety meetings conducted by the Borough Team, contributing suggestions and corrective actions. Ensure immediate reporting of all incidents, actively participate in incident investigations, determine root causes, and recommend corrective actions.

## **Safety Officer at Al Jaber Energy Services, Ruwais Refinery, UAE**

**10/2011–06/2012**

Execute management safety policies and procedures, ensuring their effective implementation across the organization. Collaborate with contractors to ensure the adherence of HSE rules and regulations during project activities. Strive to provide a safe working environment with a goal of achieving zero accidents. Oversee lifting and rigging procedures, ensuring proper execution and adherence to safety protocols. Regularly check the color code of tools, conducting inspections every month to ensure proper identification. Educate workers on safety practices and ensure tools, machinery, and equipment are maintained in proper working conditions. Identify and address electrical hazards, implementing preventive measures to mitigate risks. Maintain organized records and files, ensuring efficient documentation of safety-related activities. Monitor fabrication activities including GRE/GRP Pipe fabrication on the project. Oversee welding and pipe joint heating activities to ensure compliance with safety protocols. Monitor hydrotesting, Non-Destructive Testing (NDT), and Radiographic Testing (RT) processes on the project. Lead investigations into accidents or incidents, recommend modifications to procedures to prevent reoccurrences. Conduct thorough risk assessments before work begins, implementing necessary safety precautions. Play an active role in preparing Safe Handling of Chemicals (SHOC) cards from Material Safety Data Sheets (MSDS)

**Technical Skills, Identifying hidden and physical chemical and biological workplace hazards, Verbal hazard communication, convincing presentations, knowledge of regulatory organizations, gathering & interpreting data, accountability, performance monitoring and improvement, and reviews, protect the confidentiality of health data and follow occupational exposure guidelines and limits. Highly skilled in visual management.**

**Documentation, Ensuring all records/catalogs related to HSE are maintained properly in the respective section for immediate reference. Preparing various report (daily observation, welfare inspection, site inspection including weekly, monthly and quarterly inspection, meeting MOM's, Performance analysis etc. able to investigate and reposed the accidents, near misses and review optimization of stated.**

## **References**

**Adnan Rafique from AECOM**

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**Sabir Hussain from QSD**

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