

# **Fundamental Epidemiology Study Designs**

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3/20/25

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# Preface

I am on a journey to pursue my master's degree. I started writing this book as a way to summarize what I have learned from the course. It will be basic and may contain some errors or mistakes. If you have time to go through it, I would be grateful for your feedback. Most of the content here is taken from the Distant Learning Epidemiology Master's Programme provided by [London School of Hygiene and Tropical Medicine](#), with some modifications taken from the Introduction to Biostatistics course provided by Prof. Ronald Geskus and his team at Oxford University Clinical Research Unit, Ho Chi Minh.

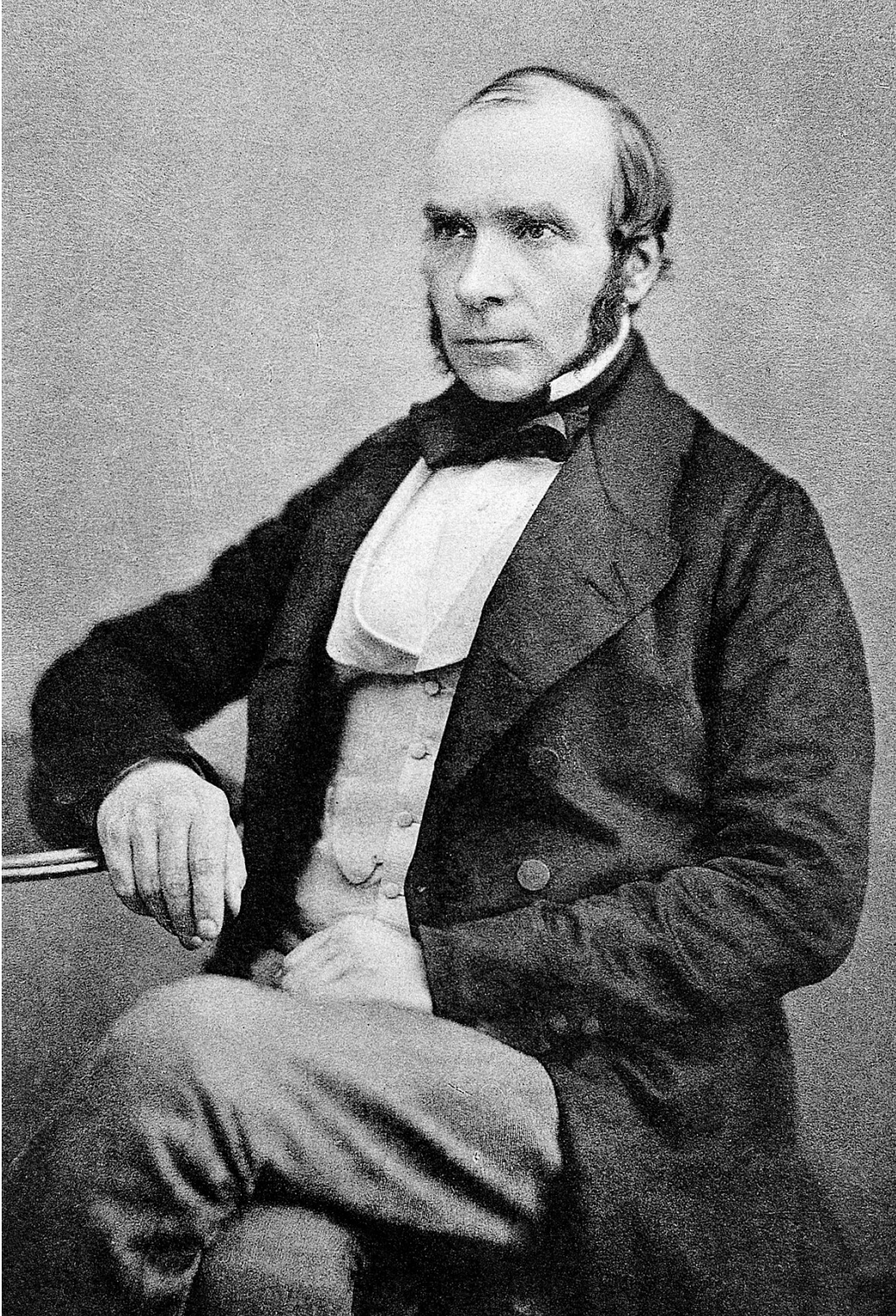
# **Part I**

## **Introduction**

## What is Epidemiology?

“The study of the occurrence and distribution of health-related events, states, and processes in specified populations, including the study of the determinants influencing such processes, and the application of this knowledge to control relevant health problems.” (Porta 2014)

**Comparison is fundamental to epidemiology** Example: `:::: grid :: g-col-6`







:::: **The two key elements** that we measure in most epidemiological studies are the exposure and the outcome.

- The exposure (sometimes called risk factor or determinant) is any factor that may influence the outcome.
- The outcome is the disease, or event, or health-related state, that we are interested in.

## **what is the role of Epidemiology?**

Epidemiology has four major functions:

- to **describe** patterns of health and disease within populations
- to **interpret** these differences
- to **apply** our results to public health practice, and
- to **evaluate** the effect of health-related interventions

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