

# Begin your fitness journey from home!

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### Personalized Coach

Professional guidance for fitness and diet by our experienced trainers.



### No equipments needed

Say bye to those hefty and expensive gym equipments, as the workout plans designed by our experts doesn't need any!



### Customizable Workouts

You can choose to make your own workout list! We also provide different plan suggestions according to your skill level.

One of the best workout apps I have ever used! The guidance by the experts was upto expectations. Highly recommended!

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Manikandan, Coimbatore



BUSINESS INSIDER



## A Plan for Everyone!

Simple and affordable price plans for your fitness journey.

Basic	Intermediate	Master
Free	₹ 99 / mo	₹ 199 / mo
Customizable workouts	Includes all the perks from free plan	Includes all the perks from intermediate plan
Free guidance by our software	Guidance from our experts	Dedicated diet plans
Daily Alerts	Unlimited Workouts	Video conference with your expert
Sign Up for Free	Sign Up	Sign Up

## Get Started Today!

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