



## DISCHARGE SUMMARY

UHID No. : 272300960  
Patient Name : Mrs. KAVYASHREE H R  
C/O : W/O#NAVANEETH S  
Bed No : 115  
Admission d/t/m: 03/09/2023 09:12 PM  
Company : Cash Tariff  
Sponser : Cash Tariff  
Discharge : Cured  
Status

IP No. : MS23/1060  
Age/Gender : 32 Yrs/Female  
Consultant : Dr. Madhura Phatak  
Bed Category : DELUXE  
Doctor : OBSTETRICIAN &  
Specialisation : GYNAECOLOGIST  
Discharge Dt : 05/09/2023 11:04 AM  
MLC/Non MLC : Not Done

**Allergies : Nil Blood Group: AB positive**

**PROCEDURE DONE :** Full term Normal Vaginal Delivery with first degree perineal tear on 04/09/2023

**DIAGNOSIS:** G2P1L1 at 38 +4 weeks of gestation with mild oligohydramnios (AFI - 7.6) cephalic presentation for safe confinement.

**PAST HISTORY:** Lap appendicectomy in 2008

### OBSTETRIC HISTORY:

Married Life: 6 years NCM

G2P1L1

I - 2 years 3 months, Boy, NVD, 3.2 kg, Alive and healthy, Breast fed for 1 1/2 years

LMP -07/12/2022

EDD -13/09/2023

### CONDITIONS ON ADMISSION :

BP- 120/50 mmHg PR- 90 bpm

P/A- Uterus Term size, relaxed, cephalic, FHS+

P/V- Cervix 2.5 cm, soft, posterior, Os -2 cm dilated, membranes +, PP Vx at brim  
Pelvis adequate.

RS- NVBS+ No added sounds

CVS- S1S2+ No murmurs

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# motherhood

New No.50C, No.3041/2, D-34/1, 3041/2A, D-41/A Vivekananda road,  
Yadavagiri, Mysuru -570020 | Toll Free Number 1800 108 8008  
CIN No - U85110KA2008PTC108146

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UHID No. : 272300980  
Patient Name : Mrs. KAVYASHREE H R

IP No. : MS23/1060  
Age/Gender : 32 Yrs/Female

**ROUTINE INVESTIGATIONS : Enclosed**

**COURSE IN HOSPITAL:** Patient was admitted for IOL, induced with 1 dose of Cerviprime gel. She delivered a live girl baby at 4:10 am weighing 3 kg on 4/09/2023. First degree perineal tear sutured. Post natal period was uneventful. She is discharged with following advice.

**CONDITION AT DISCHARGE:** Stable.

**ADVICE ON DISCHARGE :**

T. PAN 1-0-0 40MG P/O Half an hour before food for 3 days.  
T. COMBIFLAM P/O 1-1-1 with food for 3 days  
C. LACTARE 2-2-2 with food for 3 days  
T. PERINORM 10 MG 1-0-1 with food for 2 days  
PRO PL Protein powder 2 tsp in 1 glass of milk 2 times a day.  
Ointment METROGYL-P 3 times a day, for local application.  
Continue Iron and Calcium supplements for 6 weeks.

(1) In case of emergency: Call 0821-6925500

(2) Kindly contact your consultant should you require urgent advice on medical problems such as

(i) Fever above 101 F (ii) Pain Abdomen (iii) Distention of abdomen (iv) Excessive bleeding per vagina, passing clots pv (v) Lactation problem (vi) Breast engorgement (vii) Discharge/bleeding from wound (viii) Calf pain

**GENERAL INSTRUCTIONS :**

Ambulation. Avoid squatting and sitting crossed leg. Perineal hygiene and wound care to be

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UHID No. : 272300960

IP No. : MS23/1060

Patient Name : Mrs. KAVYASHREE H R

Age/Gender : 32 Yrs/Female

maintained. Avoid lifting heavy weights and strenuous activity for 6 weeks. Practice abstinence for 6 weeks.

**DIET ADVICE :** Soft diet. With plenty of water

**FOLLOW UP DATE :** After 3 days.

I Dr [Signature] (Dr. vera) has checked and explained the discharge summary to patient.

I Staff Nurse/ Incharge [Signature] as 344 has checked and explained the discharge summary to patient.

I Patient [Signature] has understood the discharge Summary.

**POLICY :**

It is very important to get all the diagnostic reports checked by your doctor. Kindly ensure to collect all the pending diagnostic reports and bring them during the follow up visit to get checked by your doctor without fail.

Dr. Madhura Phatak  
Obstetrician-Gynecologist  
KMC-55454  
MS OBG, MRCOG, FRCOG, CCT(UK).  
Mysore

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