

Mr. MANISH  
30yr, male

c/o KNEE JOINT, ELBOW JOINT,  
PAIN

more on sitting  
& hanging of legs

Δ: PATELLOFEMORAL  
PAIN SYNDROME

Adv

REQUIRES PROPER SITTING POSTURE

WITH ADEQUATE SUPPORT


FOR KNEES & hands

→ T. ULTRACET

1 - x - 1  
2 2

→ T. ULTRA - D<sub>3</sub> 2000

x - 1 - x



→ PHYSIO THERAPY [mc Connell  
regimen]