







- 1. What do you think birds say to each other in the morning?
- 2. Who are already awake?
- 3. Which creatures wake up in the morning before the child does?



## Let's listen

- Listen to the songs of birds. Say the words boy and bee. Listen to the b sound in – big, bubbles, bin, bag, blue, blow and black.
- 2. Listen to the baby chicks *cheep cheep cheep*.



# Let's listen and talk

- 1. Go for a morning walk. Listen to the sounds you hear like rustling of leaves, wind blowing, chirping of birds, sounds of footsteps.
- 2. Imagine that a cow, a horse, a duck and a chicken are meeting for a morning meal. What would they say to one other? Talk about it.



# Say aloud

Betty bought a bit of butter, But the bit of butter that Betty bought was bitter, So Betty bought some better butter, To make the bitter butter better.









- 1. Connect the pair of sentences below using and or but.
  - (a) It is time to get up for school.
  - (b) I want to sleep for some more time.
  - (a) Sheila got some chocolates for her birthday.
  - (b) She got some new clothes too.



- (a) Everyone has gone to sleep.
- (b) I want to read my book.
- (a) Raju plays cricket.
- (b) He also plays hockey.
- 2. Fill in the blanks according to the example given below -

tiny	tinier	tiniest		later	
big		biggest	round		
sleepy	sleepier		small		
	lovelier	loveliest	good		best



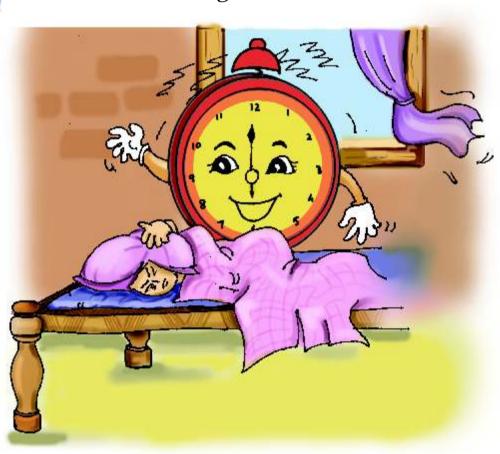


# Neha's Alarm Clock

Narrator: Ring! Ring! Ring! Off goes the alarm clock at six in the morning. Neha makes a face and covering her ears with a pillow, snuggles under the warm blanket. But she knows she has to get up. She mutters to herself.

*Neha*: This alarm clock always rings at six and pulls me out of the bed! It's so unfair...Oh, how I would love to sleep a little longer in the morning! I wish this clock would forget its job sometimes.

Narrator: Something falls. Neha smiles.



Neha: Oh!
My clock has
fallen. How
happy I am!
Tomorrow I
can get up
late.

## Narrator:

Next morning there is no alarm. So Neha sleeps and sleeps. The small chirpy birds





which come to the window sill every morning find Neha still sleeping.

Birds: Wake up dear! Wake up fast! Narrator: Neha gets up with a start.

Neha: Oh, no. If it's not the alarm clock, it's these

birds... why don't they leave me alone?

Narrator: Even this wish of Neha's comes true. The next morning there is not only no alarm clock, there are no birds either. But there is someone else who does not want her to miss the school bus. Can you guess who it is? The big bright Sun! He fills Neha's room with a warm smile.





Neha: Oh, my eyes! Now it's the Sun waking me up! Why can't he let me be?

Narrator: Even this wish of Neha's comes true.

Next morning the Sun is behind the clouds. So, Neha snores till she hears

her mother's voice...

Mother: Wake up, sleepy head.

You will miss the bus.

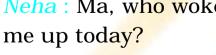
Neha: Oh no. Why does

mother have to wake me up?

### Narrator:

There is no escape now. Neha gets up and gets ready. Can you imagine what happens the next day? Neha wakes up with a start. Her watch says it is six o'clock. She calls out to her mother.

Neha: Ma, who woke



Narrator: Mother smiles.

Mother: Who else? You, of course!

Neha: But, I was sleeping,

how could I ...?

Mother: Now, tell me, why do you eat your lunch

every day at

one in the

afternoon?

Neha: I feel

hungry.

Mother: Why

do you sleep at

nine every night?

*Neha*: Because I feel sleepy.

Mother: There is a clock inside you which tells you

when to eat, when to sleep and when to wake up.

Neha: Oh! Ooh! I better rush now. I don't want to

miss the bus.

Mother: RELAX! Today is Sunday!

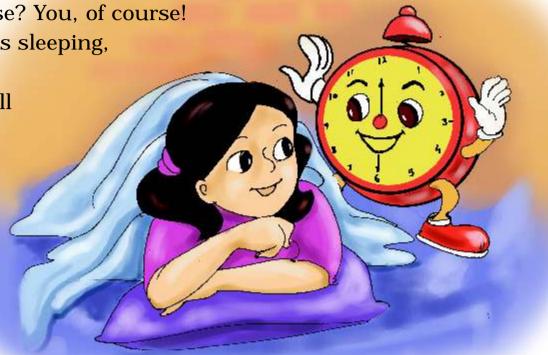
Neha: Oh! Oh! Oh!

- Adapted from Neha's Alarm Clock by Girija Rani Asthana

### New words

snuggles, mutters, window sill, relax











# Reading is fun

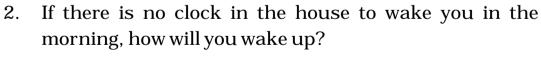
Tick  $(\checkmark)$  the correct answer –

1.	What time did Neha's clock ring	g every morning?
	(a) 4 o'clock	
	(b) 9 o'clock	
	(c) 6 o'clock	
2.	What did the birds say?	
	(a) Sleep on	
	(b) Wake up	
	(c) Go and play	
3.	What is inside you that makes everyday?	s you get up at the same time
	(a) Our body clock	
	(b) Our eyes	
	(c) Our feet	
4.	Put the letters in the right order	r. One has b <mark>een done for you.</mark>
	ilesm <u>smile</u>	norm <mark>in</mark> g
	mrala	edorns
	ocklc	wodwin



1. Listen to the sounds around you when you are on your way to school. Discuss with your friend the sounds that you heard. List them here –

Sounds you heard	Sounds your friend heard		



Will you continue to sleep or ...

3. What are the different ways of knowing the time during the day?





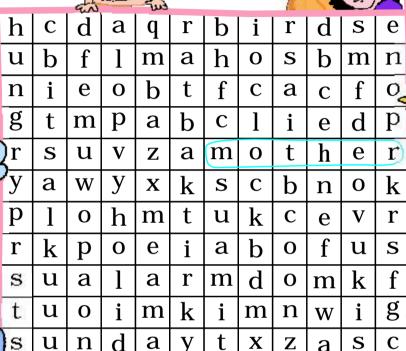


# Word building

### Find the hidden words

mother, birds, clock, alarm, happy, morning, holiday, hungry, sunday





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Say aloud

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ought bought caught

matter chatter shatter

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tick - tock tick - tack tell - told tip – tin take - tall train – time

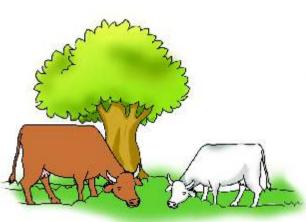




1. Who said these words and to whom?

	Who said	To whom
"Wake up, dear! Wake up fast!"		
"Ma, who woke me up today?"		
"Why do you sleep at nine every night?"		

- 2. Use the help box to fill in the blanks -
  - (a) Ram \_\_\_\_\_ a good football player.
  - (b) The cows \_\_\_\_\_ grazing in the field.
  - (c) My toys \_\_\_\_\_broken.
  - (d) Her frock \_\_\_\_\_too long.
  - (e) The market \_\_\_\_\_ closed.
  - (f) The children \_\_\_\_\_ happy.
  - (g) The flowers \_\_\_\_\_ kept in a vase.



HELP BOX

was

were







3. Look at the pictures below and complete the following paragraph. You will need these words –

pulled out inside called out behind under

Yesterday, I lost a book. I looked for it everywhere.

I looked \_\_\_\_\_ a door.





I looked \_\_\_\_\_ a cupboard.

I looked \_\_\_\_\_ a bed.



I could not find it anywhere. Then, I \_\_\_\_\_

Sheroo.



Sheroo, my dog came running to

me. I asked him to look for my book. He \_\_\_\_\_

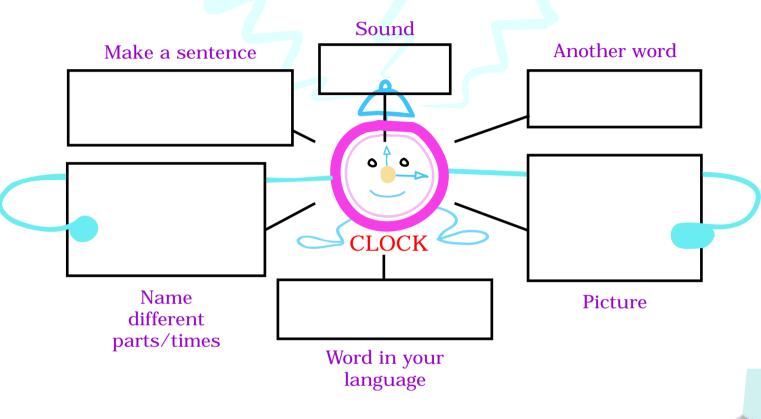
another book from my bag.



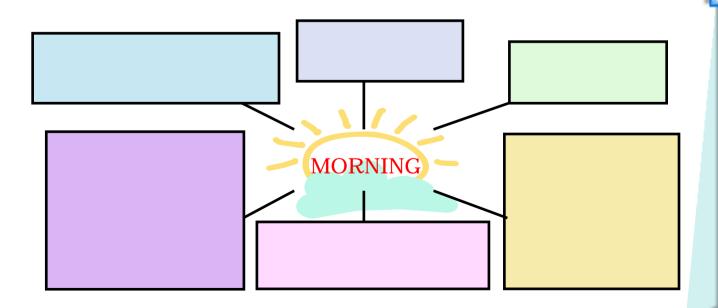




Here is a word, clock. Write down words relating to clock.



Here is a word, morning. Now write down words related to it.



# THEMES The importance of time Appreciating nature



Vnit 1
Poem : Wake up!
Story : Neha's Alarm Clock

This Unit focuses on appreciation of the beauty in poetry, the magic of words and to give children experiences in expressing their feelings. This Unit is also a listening unit – it gives children something to listen to as you read the poem to them. Ask children why they like the poem and read the poem again for interesting and beautiful sounds. Begin this unit by pointing to the pictures and ask children what beautiful colours they see. Provide print rich environment.

### Warm up

It is important to do warm up exercises related to the theme, like, let children stretch their arms, exercise and jog as if to wake up wide. Relate this to the natural beauty of the morning.

### Reading time

Read the chapter to the students at a stretch, giving the meanings of the new and difficult words so that they can understand the text. Use appropriate words, expressions, phrases in different situations. This can help you to assess the child's ability to listen with attention for a reasonable length of time, share the main idea of the text and accelerate recall skills.

Give the children a chance to read individually.

#### Sharing time

Involve the class, in a group reading session. Let children add meaning with voice modulation and body gestures.

Dramatise the play for the morning assembly. Let each child express what they feel when they have to get up in the morning.

#### Team time

- Play memory games. You can write down ten new words from the lesson on the blackboard. Let the children look at the words for two minutes. Ask the children to close their eyes. You can then erase one word. The children will then open their eyes and identify the word that has been erased.
- Since breakfast is important for good health, each child could be asked what he had for breakfast. Then ask them to give the importance of milk, *lassi*, butter. Let them add what they eat / will like to eat.
- Discuss the importance of time and punctuality with the class. While discussing other ways of finding time, the sun dial, shadows and position of sun can be introduced.

#### Environment

Create a Junior Green Brigade as a group of keen environmentalists who assist in keeping the school green and clean; they can be actively involved in successful projects against crackers and banning the use of polybags in the school and community. The school can encourage cloth bags which are an attractive and environment-friendly alternative to plastic.