



1. What do you think is the significance of reproductive health in a society?

Ans: Reproductive health in a society is significant because the people are aware of

- (i) birth control methods and advantages of small family,
- (ii) sexually transmitted diseases and methods to avoid them,
- (iii) importance breast feeding and post natal care of the mother and baby and
- (iv) equal opportunities for the male and female children.

2. Suggest the aspects of reproductive health which need to be given special attention in the present scenario.

Ans: Providing medical facilities and care to the problems like menstrual irregularities, pregnancy related aspects, delivery, medical termination of pregnancy, STDs, birth control, infertility. Post natal child maternal management is another important aspect of the reproductive and child health care programme.

3. Is sex education necessary in schools? Why?

Ans: Yes, sex education is necessary in school. Because introduction of sex education in school encourage to provide the right or correct information to the young peoples so as to discourage children from believing in myths & having misconceptions about sex related aspects. Proper information about reproductive organs, safe & hygienic sexual practices, STD's etc. would help people, those in the adolescent age group to lead a healthy reproductive life. In many countries, sexual education raises much contentious debate. Chief among the controversial points is whether covering child sexuality is valuable or detrimental; the use of birth control such as condoms and hormonal contraception, and the impact of such use on pregnancy, outside marriage, teenage pregnancy, and the transmission of STDs. Increasing support for abstinence - only sex education by conservative groups has been one of the primary causes of the controversies.

4. Do you think that reproductive health in our country has improved in the past 50 years? If yes, mention some such areas of improvement

Ans: Yes, in the last 50 years, reproductive health in our country has improved. Some such areas of improvement are

- (i) massive child immunization
- (ii) maternity and child health
- (iii) increasing use of contraceptives
- (iv) family planning.

Bringing sexual and reproductive health services to the millions of people living in countries which still suffer from short life expectancies, high levels of child and maternal mortality, child ISS&ur and illiteracy and poor overall health remains a major challenge for governments and non government organizations.

5. What are the suggested reasons for population explosion?

Ans:

- (i) Increased health facilities along with better living conditions had an explosive impact on the growth of population.
- (ii) Decline in Death rate
- (iii) Decline in Maternal Mortality Rate

(iv) Decline in Infant Mortality Rate

(v) Increase in the number of people in the reproductive age.

6. Is the use of contraceptives justified? Give reasons.

Ans: Yes, the use of contraceptives is justified: To overcome the population growth rate, contraceptive methods are used. It will help in bringing birth rate down & subsequently curb population growth. With the rapid spread of HIV/ AIDS in the country, there is now a growing realization about the need to know about contraceptions & condoms.

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