



#### VALUE-BASED QUESTIONS

Q1. It is often said that 'No Pains, No Gains'. One cannot get anything if one does not work hard. Write an article on the 'topic, mentioned above, in not more than 120 words. You can take ideas from the following lines:

"I went to a pool and practiced five days a week, an hour each day. A rope attached to the belt went through a pulley that ran on an overhead cable. He held on to the end of the rope, and we went back and forth, back and forth across the pool, hour after hour, day after day, week after week."

Ans:

No Pains, no Gains

The dictum implies that one can't attain phenomenal success without making sincere efforts. There is no substitute to hard work. There is no short cut to success. All successful persons have emphasised the importance of hard work in life. Nobody achieved greatness overnight. The secret of their success was hard and systematic work. Destiny never obliges the shirkers. God helps those who help themselves. Rome was not built in a day. Man must comprehend the significance of doing hard labour. One must burn the midnight oil to succeed in this world of intense competition. Never forget that rest is rust and work is worship. A person who toils and work hard gets applause and recognition everywhere. Hard work is the only key to success. Those who work hard flourish and those who are passive ruin their earthly existence. They lose their identity. Industrious people reach at their long cherished destinations. They lead their fellow human beings with politeness and humility.

Q2. People say that failures are the stepping stones. They are the best teachers. Discuss the aphorism taking ideas from the following lines:

"I feared water. I avoided it whenever I could. A few years later when I came to know the waters of Cascades, I wanted to get into them. And whenever I did ... the terror that had seized me in the pool would come back... I decided to get an instructor and learn to swim."

Ans:

Failures are the Pillars to Success

It is rightly said that failure plays an important role in a man's life. Failure in one field becomes the cause of exploring success in other fields. It is a sure key to many a riddle. Failures make us familiar with our weaknesses and flaws. They become the stepping stones and inspire us to fight against odd circumstances. Man should learn from his mistakes and strive hard to reach at his destination. Most of the successful people failed at any step but could get their target because failures guided them and encouraged them to try harder. One should never give up one's target. Our duty is to do our 'karma'. The result is in the hands of the Almighty. It is certain that failure inspires us to work with more strength and vigour. One should never get depressed and dejected. All leaders, fighters, businessmen, bureaucrats firmly say that failures are the pillars to success.

Q3. The story "Deep Water" has made you realize that with

determination and perseverance one can accomplish the impossible. Write a paragraph in about 100 words on how a positive attitude and courage will aid you to achieve success in life. [Delhi 2014]

Ans: Will power plays a pivotal in the life of a human being. Determination and persistent hard work are the hallmarks of success. A person who has passionate desire to do something achieves his goals within the stipulated time. There are numerous ways which lead to the desirable goals. Will power of a human being gives him strength, energy, vigour and enthusiasm. It determines the fate of a human being. Absolute determination has the uncanny ability to face and overcome obstacles. No hindrance can defeat the will power. It is invincible and insurmountable. A man who lacks enthusiasm, will power and determination is like a ship which has no helm. It floats on the surface of water according to the wind. There is no problem in this world which has no solution. It has been proved by great personalities that all obstacles can be overcome by sheer determination. Man has the knack to achieve anything. Nothing is impossible in this world of science and technology. He must not be fatalist. He should not believe in destiny, but on karma. Man can accomplish every assignment if he desires. Strong desire is the prerequisite to success. There is no scope for disappointment in the life of a person who has iron will and dogged determination. He puts in tremendous efforts to achieve greatness.

Q4. The significance of training cannot be underestimated. Saint Cyprian said, "The helmsman is recognised in the tempest; the soldier is proven in warfare". Substantiate the words quoted above in your own words. You may take ideas from the given lines: "I decided to get an instructor and learn to swim... he taught me to put my face under water and exhale, and to raise my nose and inhale... Bit by bit I shed part of the panic that seized me when my head went under water."

Ans:

Training: An Essential Component of Success

Training sharpens the consummate skills of trainees. Acquiring the profound knowledge of the work we do is of utmost importance. Nobody can refuse to accept and acknowledge the wider and potential significance of training. Soldiers receive training to overcome the greatest obstacles they can face in the battlefield. Doctors are given training so that they may not become the cause of a patient's life. Teachers receive training to dispel the darkness of ignorance. Training keeps the trainees abreast of the latest developments in their specific fields. The trainers apprise them of all the fundamental and significant instructions. A fresher who joins any profession without receiving proper training may devastate everything. Experience matters a lot. It teaches us the way things are to be done. It is rightly said that 'the best way really to train people is with an experienced mentor... and on the job'. The experienced advice of the trainer enlightens the trainees. They are made exceptionally skilled in the basic techniques. The overwhelming importance of training can be neglected at our own peril. This perception of beings would bring them perilously close to disaster.

Q5. FD Roosevelt says in his Inaugural Address in 1933 that 'The only thing we have to fear is fear itself.' Write an article on this topic. You may take ideas from the given lines:

"I used every way I knew to overcome this fear, but it held me firmly in its grip"

Ans:

Fear:

Fear stifles innovation, erodes creativity and limits the exponential growth. It is said that Those who love to be feared, fear to be loved.

Some fear them, but they fear everyone. Montaigne wrote that 'The thing I fear most is fear'. Fear is the principal source of superstition, and one of the primary sources of cruelty. To conquer fear is the beginning of wisdom. Seneca says that 'If we let things terrify us, life will not be worth living. A person who is afraid of something cannot enjoy life in totality. Fear makes us weak, and cowardly. But it does not mean that one should become arrogant. A person of peevish nature cannot be called a brave fellow. Aijuna said that a warrior's fear always helps him in understanding and analysing the potential of the opponent. Cervantes wrote in Don Quixote that 'Fear has many eyes and can see things underground'. Man should not have unnecessary fear. It discourages him to achieve the lofty aspirations. Fear impedes action and it is a well known fact that those who do not act lose the battle of life. One has to face the challenges of life. They can never be ignored and neglected. They help us in honing our skills and tapping our untapped potential. Hence, one must shed fear.

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