



#### EXTRA QUESTIONS :

##### I. VERY SHORT ANSWER TYPE QUESTIONS

Q1. Give two examples where two or more parts of a single plant are used as food.

Ans. Mustard — seeds and leaves,  
Pumpkin — fruit and flowers.

Q2. Name any one plant that grows in water and is eaten as food.

Ans. Lotus — Stem of lotus is eaten as food.

Q3. Suggest any three ways you can think of to avoid wastage of food.

Ans. (i) Avoid leaving food uneaten in meals.

(ii) “Eat to live” and not “live to eat” — excess eating should be avoided.

(iii) Raw food like pulses, grains should be stored properly.

Q4. Name two sugar producing plants.

Ans. (a) Sugarcane (b) Sugarbeet.

Q5. Name a non-green plant that we eat.

Ans. Mushroom.

Q6. What do you call the habit of an individual to eat a particular type of food items commonly?

Ans. Food habit.

Q7. Compare your food habits with food habits of your friend who lives in Tamil Nadu.

Ans. My food habit: Chapatti, pulses, lassi, rice, vegetables, mustard oil.

Food habit of my friend: Idli, dosa, sambhar, bara, rasam, upma and coconut oil, etc.

Q8. What items are used to prepare cooked rice?

Ans. Raw rice and water.

Q9. Study the ingredients of various food items. Do they have some common food ingredients?

Ans. Yes, they have some common ingredients like: water, salt and oil or ghee.

Q10. What are the two common sources of most of the ingredients of food items?

Ans. (i) Plants (ii) Animals

Q11. Name the three products each provided by plants and animals.

Ans. Plant products: Grains, cereals and vegetables.

Animal products: Milk, egg and meat.

Q12. Name three edible (eatable) parts of plants.

Ans. (i) Roots (ii) Fruits (iii) Leaves

Q13. Which part of the plants do we eat generally?

Ans. We generally eat fruits of many plants.

Q14. Which type of seeds give more energy, sprouted seeds or

normal seeds?

Ans. Sprouted seeds give more energy than normal seeds.

Q15. What is honey?

Ans. A sweet substance (liquid) prepared by bees from the nectar, i.e., sweet juice collected from flowers is called honey.

Q16. Where would you place human beings on the basis of food that they eat?

Ans. Omnivores.

## II. SHORT ANSWER TYPE QUESTIONS

Q1. What is food?

Ans. The eatable substances eaten by humans and other animals to get energy for various activities for growth and development is called food.

Q2. Why should we eat cooked food?

Ans. We should eat cooked food because by cooking we can kill harmful germs and make it germless. Cooked food can be easily digested and absorbed by our body. Cooking also improves the taste of food.

Q3. Explain the importance of food for living organisms.

Ans. Importance of food is:

- (i) It provides energy to do various activities.
- (ii) It helps in growth.
- (iii) It helps to repair and replace damaged parts of the body.
- (iv) It protects us from infections and diseases.

Q4. Explain the various sources of food items and ingredients with the help of examples.

Ans. There are mainly two sources of ingredients of various food items:

- (i) Plants: Plants provide us fruits, vegetables, pulses, grains, cereals, etc.
- (ii) Animals: Animals provide us milk, eggs, meat etc.

Q5. Define the term herbivores.

Ans. The animals which eat only plants or plant products are called herbivores. For example, cow, goat and buffalo.

Q6. What are carnivores? Explain with examples.

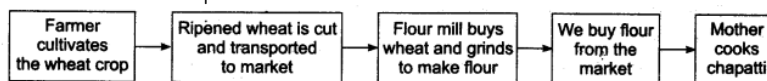
Ans. The animals which eat other animals are called carnivores. For example, lion and tiger. Carnivores generally eat herbivores and other carnivores.

Q7. Define the term omnivores.

Ans. The animals which eat both the plants and animals are called omnivores. For example, cat, dog and human beings.

## III. LONG ANSWER TYPE QUESTIONS

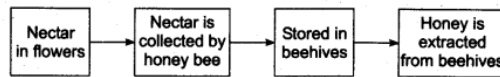
Q1. With the help of a flow chart show various contributors involved when we eat a chapatti.



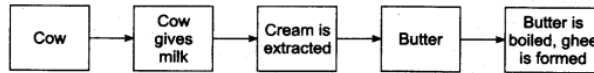
**Flow chart**

Q2. Make flow charts for the preparation of honey and ghee.

Ans. Preparation of honey:



Preparation of ghee:



Q3. Differentiate between herbivores, carnivores and omnivores.  
Give two examples of each

<b>Ans.</b>	<i>Herbivores</i>	<i>Carnivores</i>	<i>Omnivores</i>
	Animals which eat only plants, plant parts and plant products are called <i>herbivores</i> . <i>Example</i> – Cow, Deer and Elephant.	Animals which eat other animals are called <i>carnivores</i> . <i>Example</i> – Lion, Lizards.	Animal which eat both plants and animals are called <i>omnivores</i> . <i>Example</i> – Dog, Human beings.

Q4. (i) Name the different parts of a banana plant that are used as food.

(ii) Animal food we get from water resources.

(iii) Four fruits which we eat as vegetables.

Ans. (i) Flower, fruit and stem of banana.

(ii) Fish, prawn, lobster and crabs.

(iii) Fruits of tomato, brinjal, Ladyfinger (bhindi), cucumber (Loki).

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