



# Updates in Restorative Dentistry

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# DISCLAIMER

- As a Catapult Group member we participate in multiple product reviews each year in order to stay at the fore front of the latest materials, techniques and services available, ensuring that the message we are delivering is current and relevant to today's continuing education needs.
- Some of these products & services I will be sharing with you today.
- Today I am supported in part by:
  - Voco, Air Techniques, Dexis, My Buddy Ron



# What's YOUR WHY?



# Most people and companies think outside in

Why

What is the purpose?

How

They run their  
company

What

Every

company

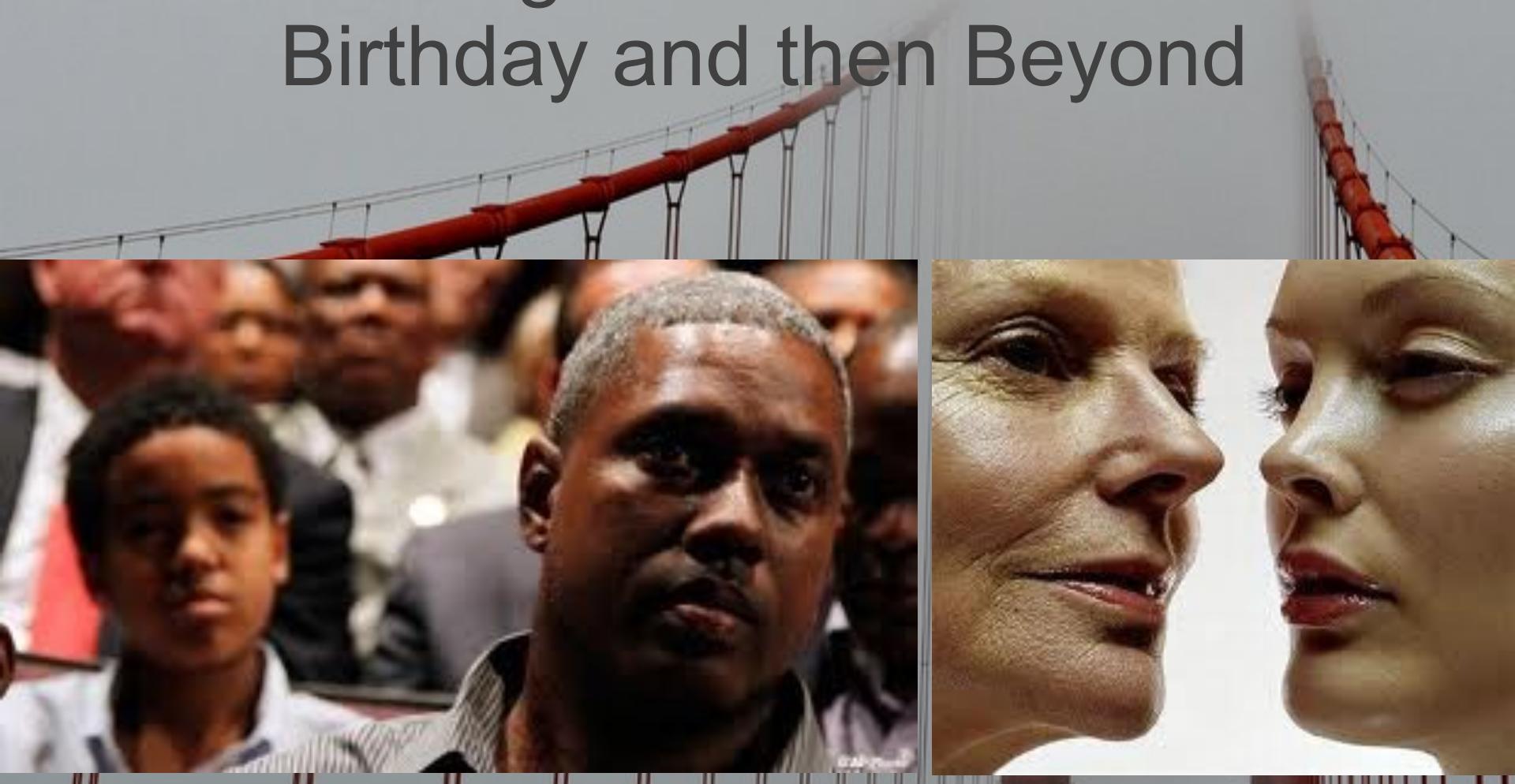
knows what they  
do

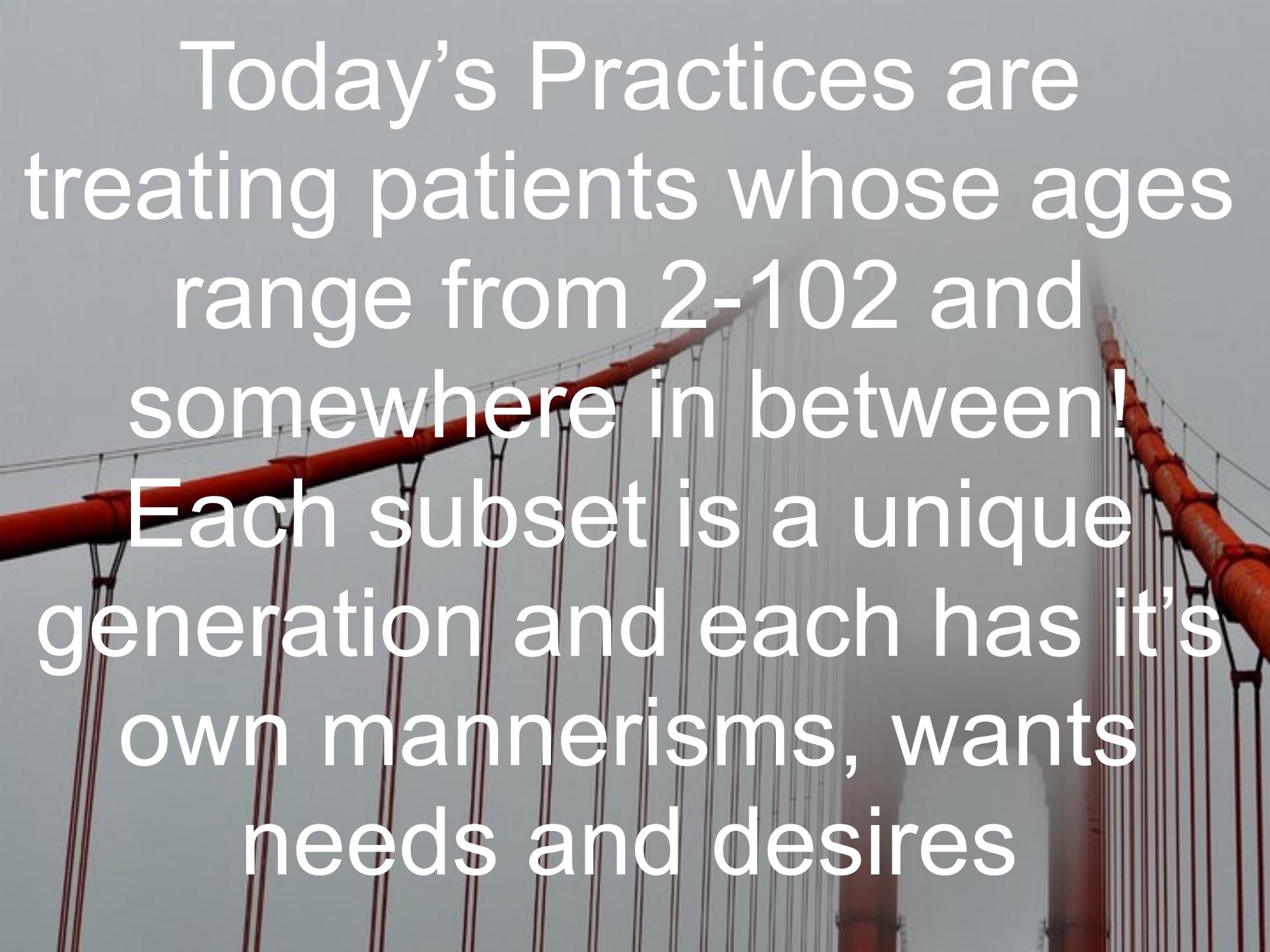
**People do not buy  
what you do**

**They buy why you  
do it**

# My fundamental philosophy “MY WHY”

Getting Teeth to their 85<sup>th</sup>  
Birthday and then Beyond



A large industrial structure, possibly a bridge or a chemical plant, featuring a prominent red steel truss and a network of red pipes. The background is a clear blue sky.

Today's Practices are  
treating patients whose ages  
range from 2-102 and  
somewhere in between!

Each subset is a unique  
generation and each has it's  
own mannerisms, wants  
needs and desires

# E Prognosis.com

## Men

If you are in the top 25<sup>th</sup> % health-wise at 70 you have a predicted life span of 18 years but if you're in the bottom 25<sup>th</sup>% only 6.7 years

At 80, if you are in the top 25<sup>th</sup>% you have a predicted lifespan of 10.8 years versus 1.5!

## Women

21.3 years for the top 25<sup>th</sup>% at 70 and 9.5 for bottom 25%  
13 years for the top 25<sup>th</sup>% at 80 and 4.6 for the bottom 25%



# “Changing Times” Diagnostics



The “Old Days”...

**An explorer....**  
**A probe....**  
**Traditional x-rays**





How accurate is a new  
explorer?

How accurate is your  
explorer?

Is it time to say **Bye** to the  
“old” standard....  
The explorer?

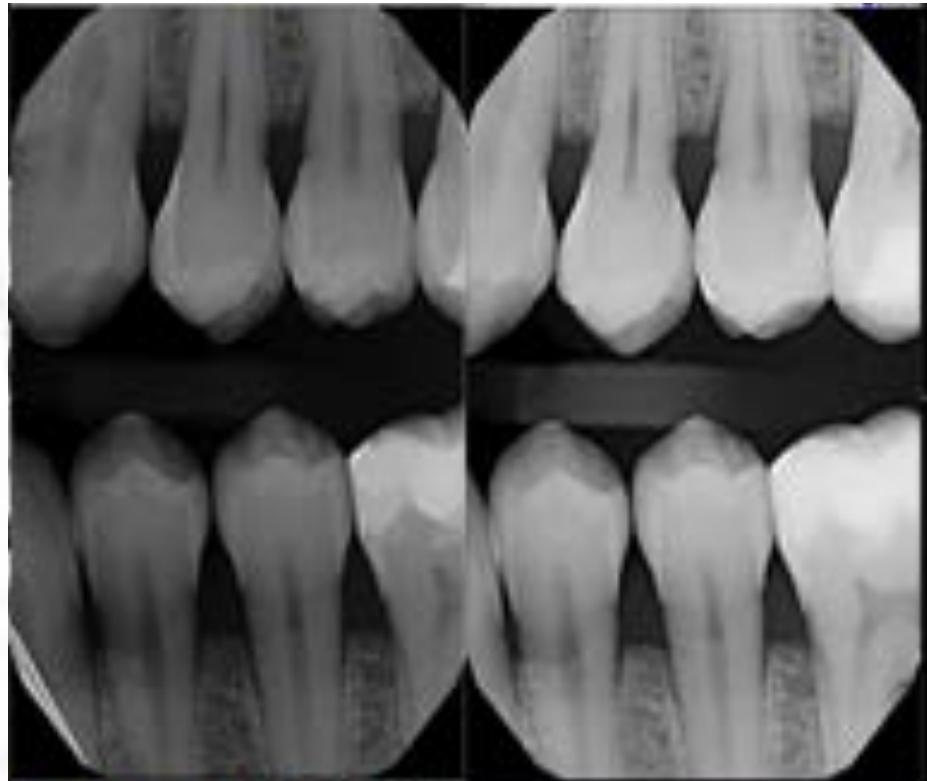
**For years, the research has told us...**  
**Imagine flipping a coin to**  
**decide if it's a cavity or not!**

**That's like using an explorer**  
Loesche et al, *J Dent Res* 1979  
Hujoel et al, *Caries Res* 1995

**False positives & false negatives**

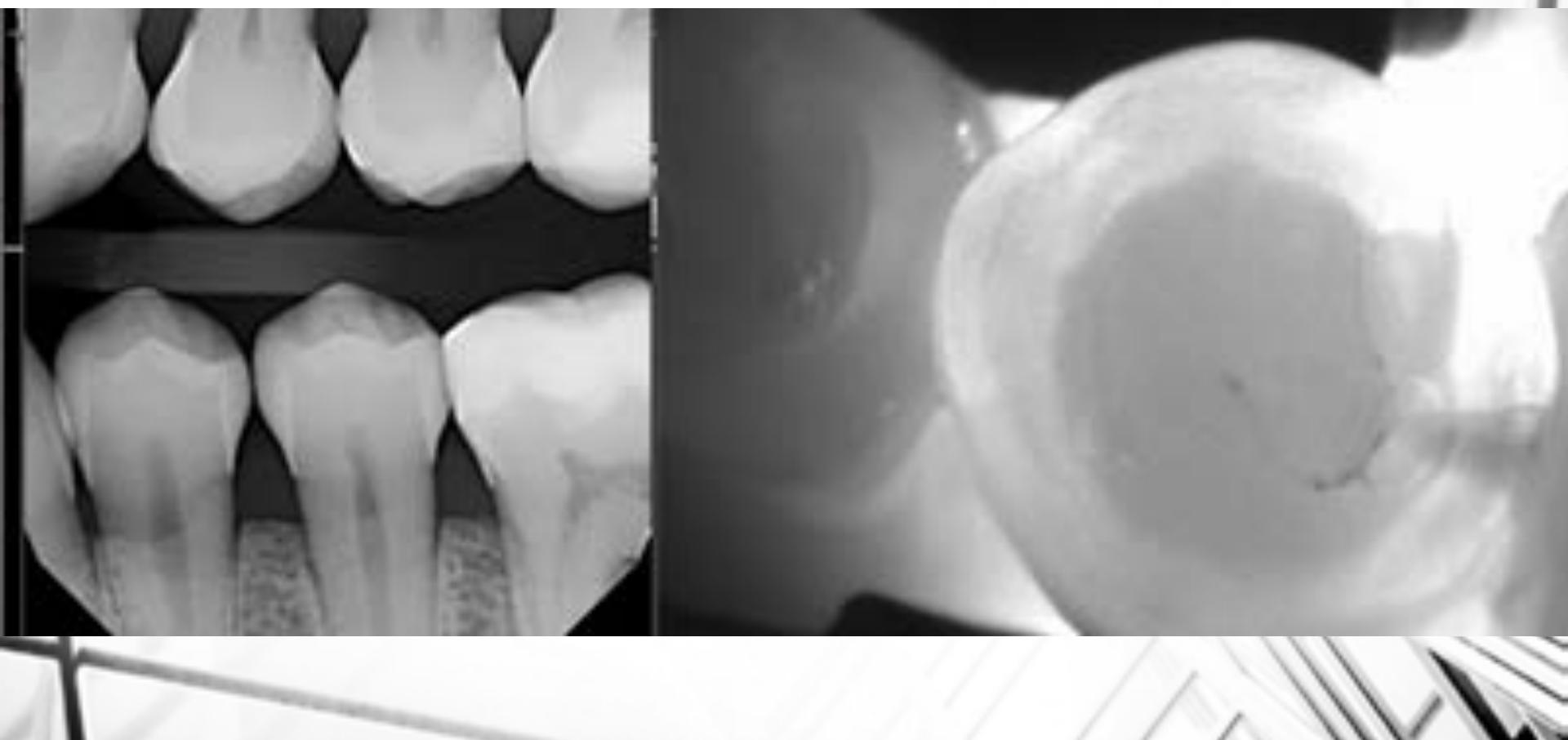
Lussi, *Caries Res* 1991

# Radiograph Limitations



**40-60% Demineralization**  
**Low sensitivity**  
**39% occlusal**  
**50% interproximal**

# The Same lesion on Carivu Digital 2D versus Transillumination

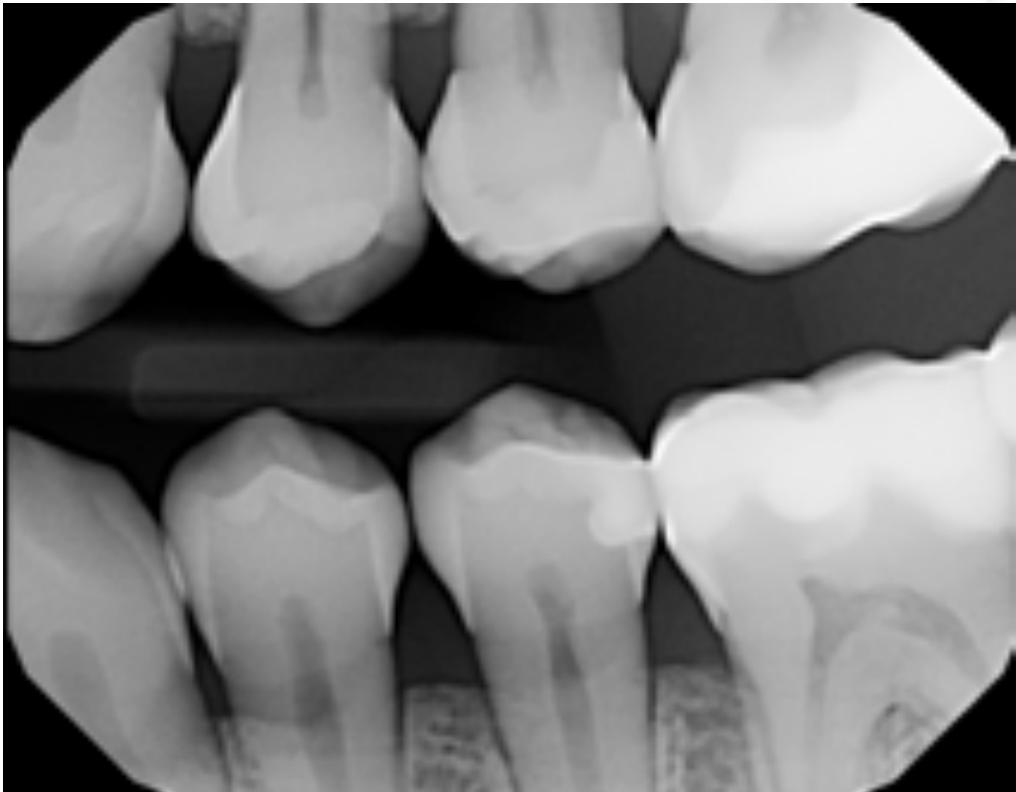
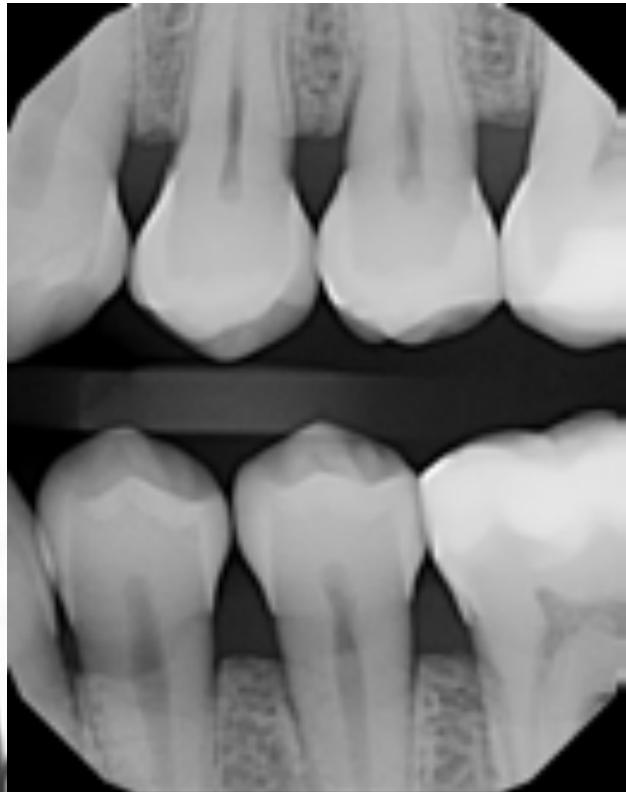


# Hygiene Recall

## 6 month later...

Could you have missed this?

Note the Depth:  
Would you have not treated this?



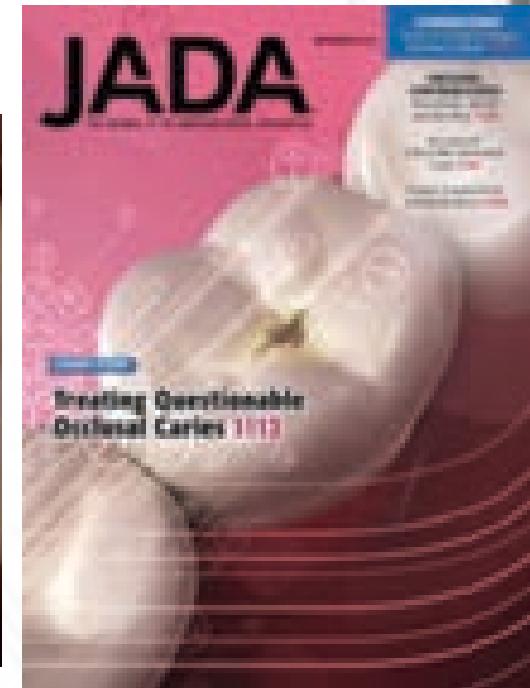
**So you have  
NOTHING on the X-ray  
NO Stick....Do you just  
Guess and Watch?**



# The article reviewed 20 months of follow up of occlusal caries deemed “questionable” at baseline

This study evaluated 1341 lesions that were described as:

- Having roughness
- Surface opacity
- Not detectable on x-ray
- No cavitation
- Staining



**Their findings..., yes a conservative way but in my eyes this is a guide to a lot of “watching” but we need far more to guide our diagnostics**

### **The study concluded:**

For questionable lesions the recommended course of action was simple follow up.



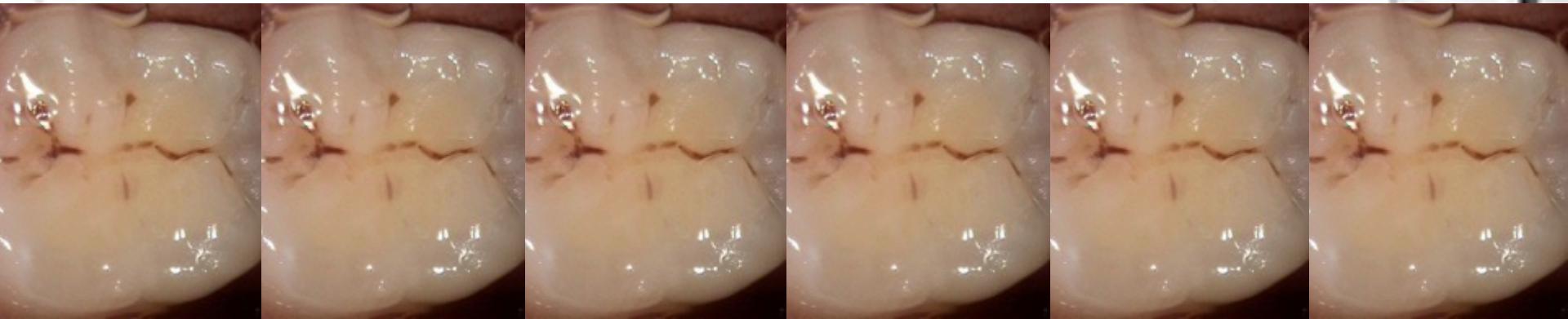
A clear glass bottle lies on its side on a red carpet. The carpet is stained with a large, irregular pool of red liquid, likely wine, which has spilled from the bottle. The bottle's cap is off and sits nearby. The scene is set indoors with a plain white wall in the background.

What about Stains?

# Stains in Fissures

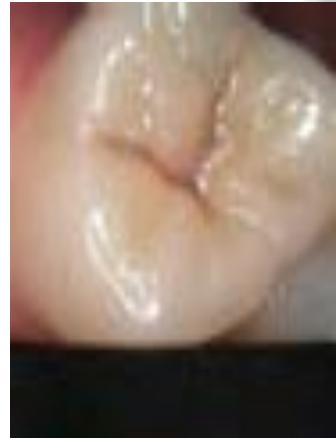
Francescut and Lussi found that with **brown** or **black** stains in fissures were **NOT** a good indication to drill because 57% of these lesions exhibited no caries or caries limited to the outer enamel

So what about the other 43%?



# Stains in Fissures

Steiner and colleagues (1998) found the **dark brown** and **black** stains to have the **highest incidence** of caries into dentin and concluded there were no clear guidelines as to management



FEBRUARY 2015

# JADA

THE JOURNAL OF THE AMERICAN DENTAL ASSOCIATION

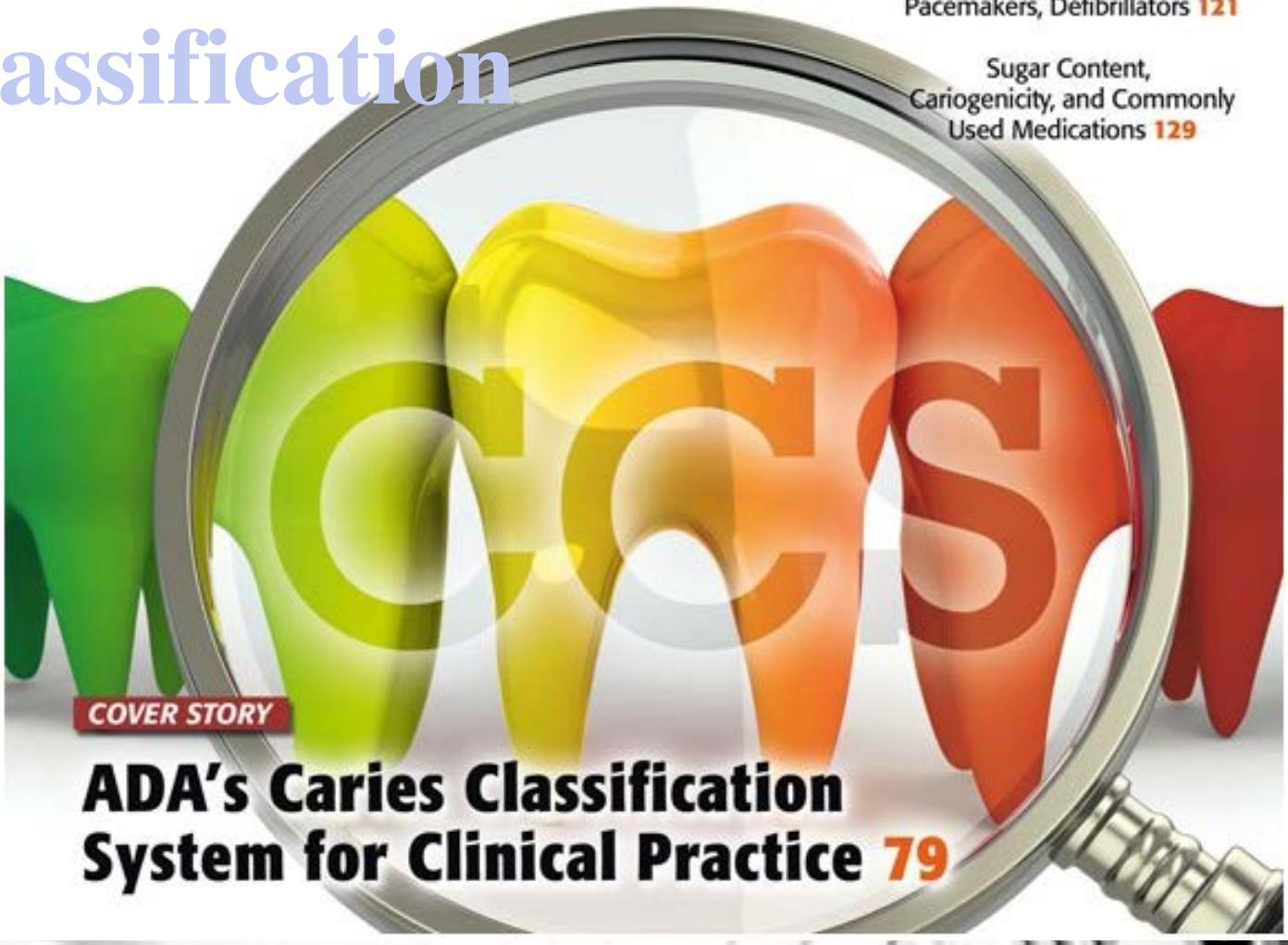
## Caries Etiology and classification

ORIGINAL  
CONTRIBUTIONS

Preventive Analgesia  
Using Nonsteroidal  
Anti-Inflammatory Drugs 87

Dental Devices and  
Pacemakers, Defibrillators 121

Sugar Content,  
Cariogenicity, and Commonly  
Used Medications 129



COVER STORY

**ADA's Caries Classification  
System for Clinical Practice 79**

# Traditional Decay Model

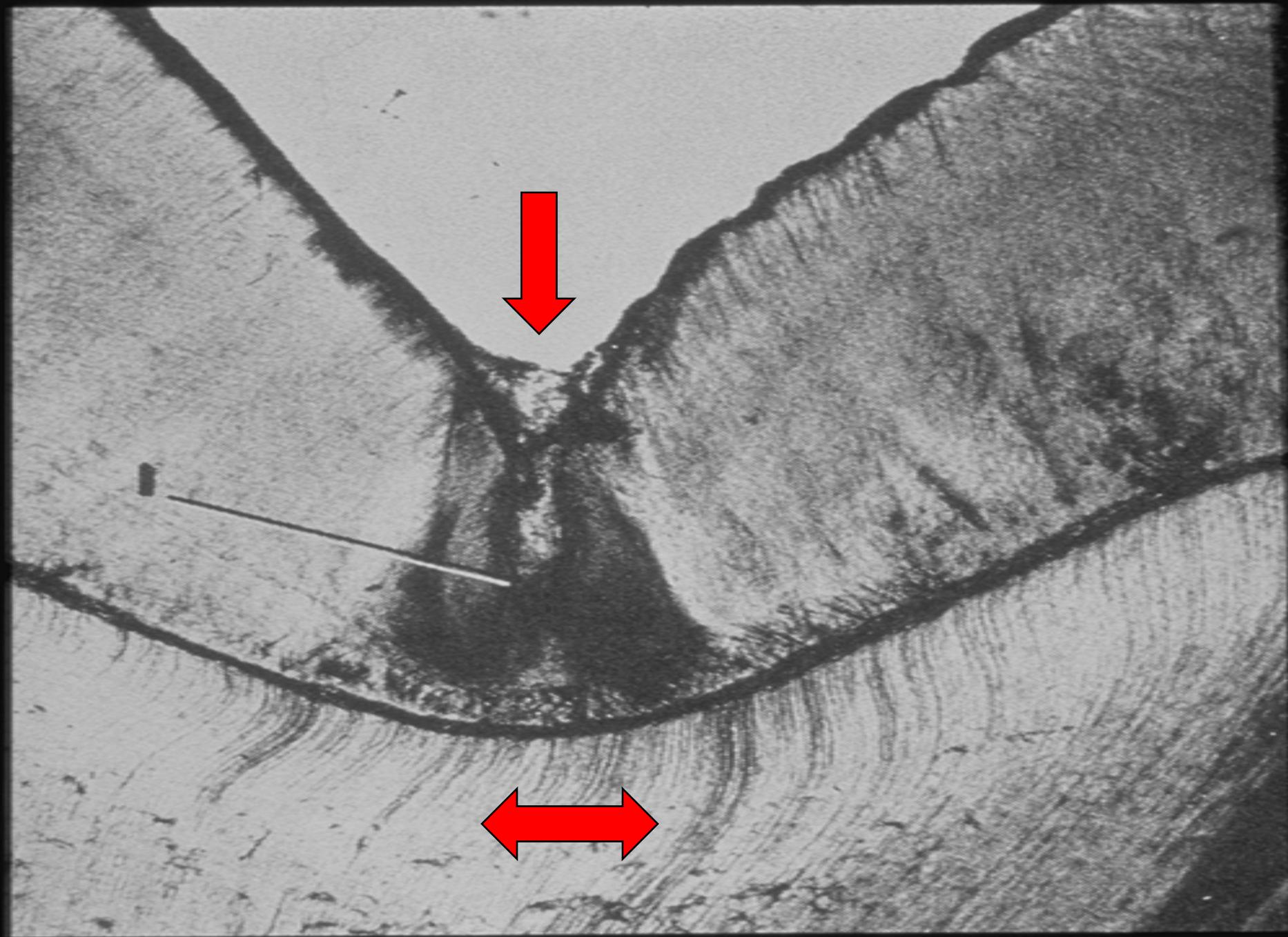
Caries attack begins in the enamel with demineralization and cavitation. Easily diagnosed visually, sharp explorer and radiographs.



# Current Model for Decay

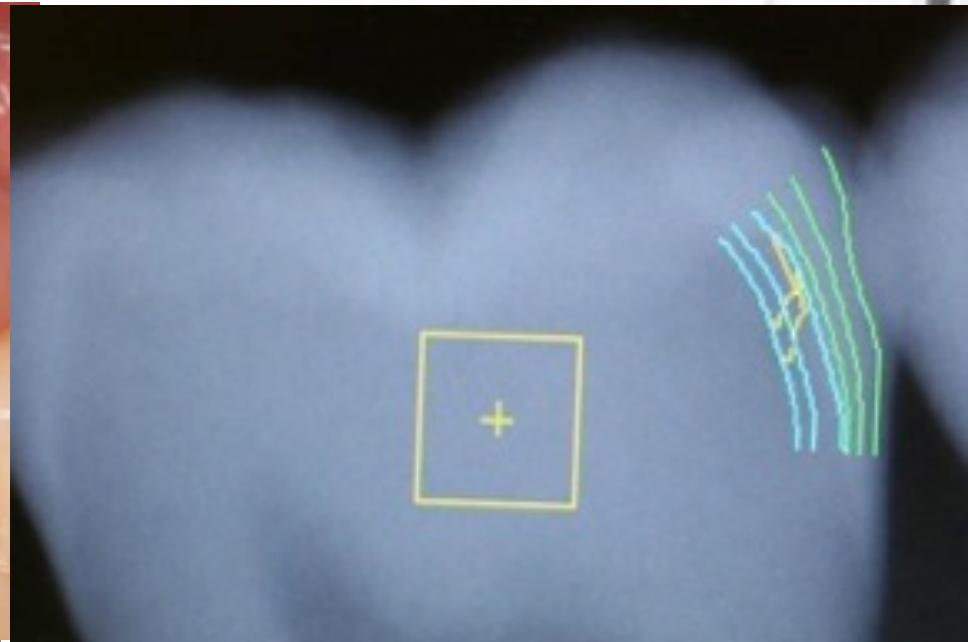
Enamel does not cavitate because of protection from fluoride. Caries begins in dentin through fissures, pits, fractures, and enamel pores.

Difficult to diagnose with traditional methods.



# Let's put this in another way

How many times have you gone into a class 1 and thought it was shallow and “BOOM” your bur just drops into a large cavity?

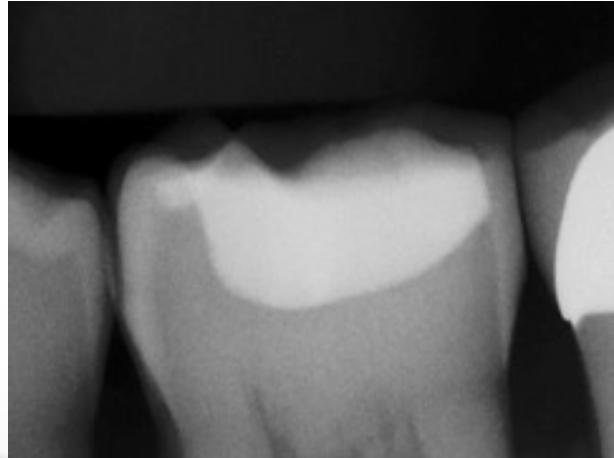


Lodgicon

**OR...**

Another example, you are removing an alloy or a composite in a class 1 and you see “**Brown**” as you are approaching the interproximal?

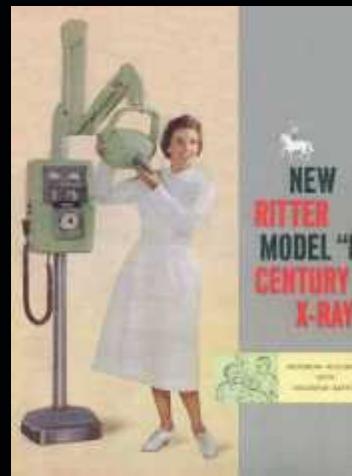
**Yet NOTHING on the X-ray!!**



If we can diagnose earlier,  
or in fact simply...

**“UP OUR GAME IN DIAGNOSTICS”**

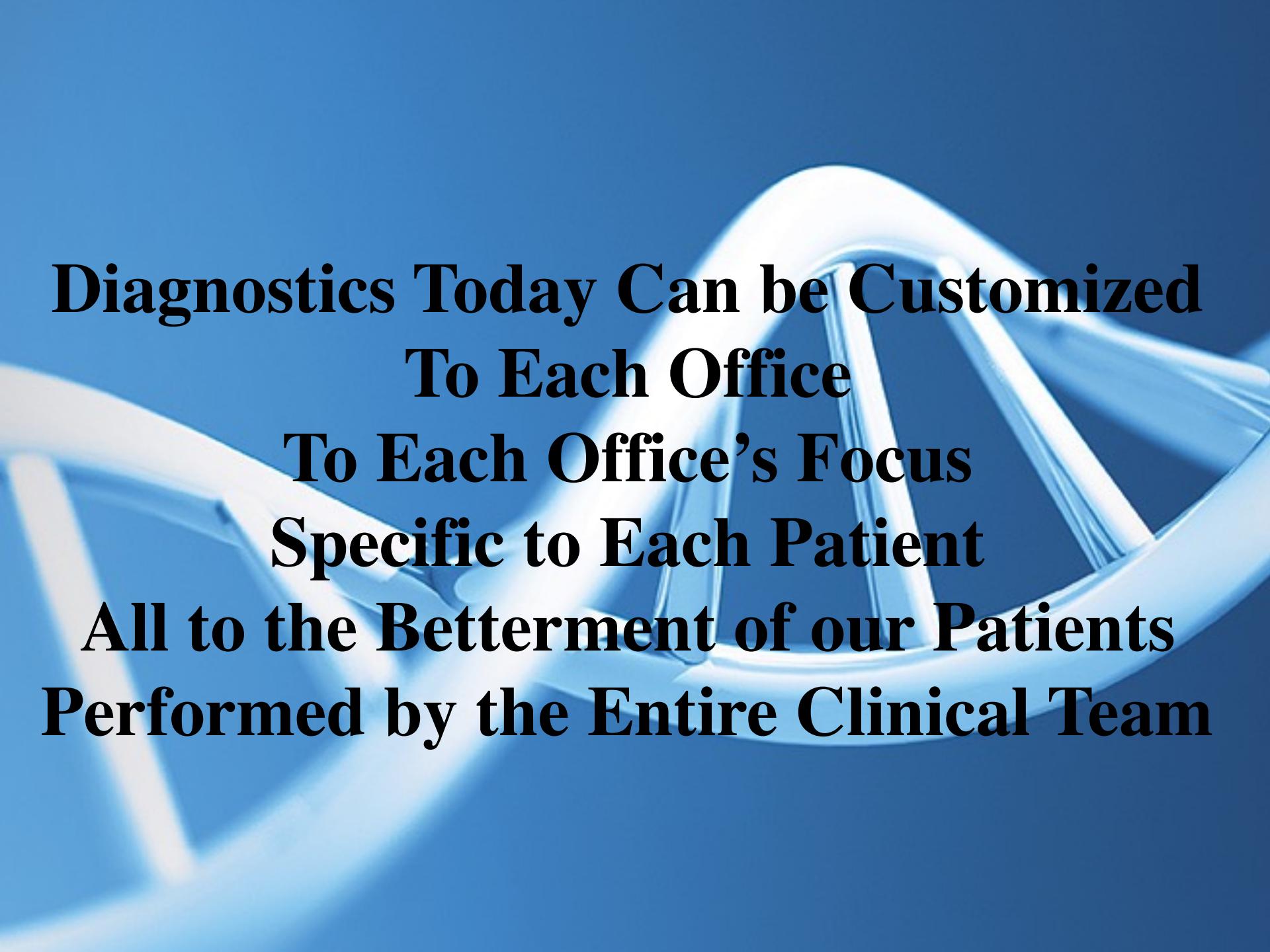
Can we Redefine  
**“OUR APPROACH TO CARE”**



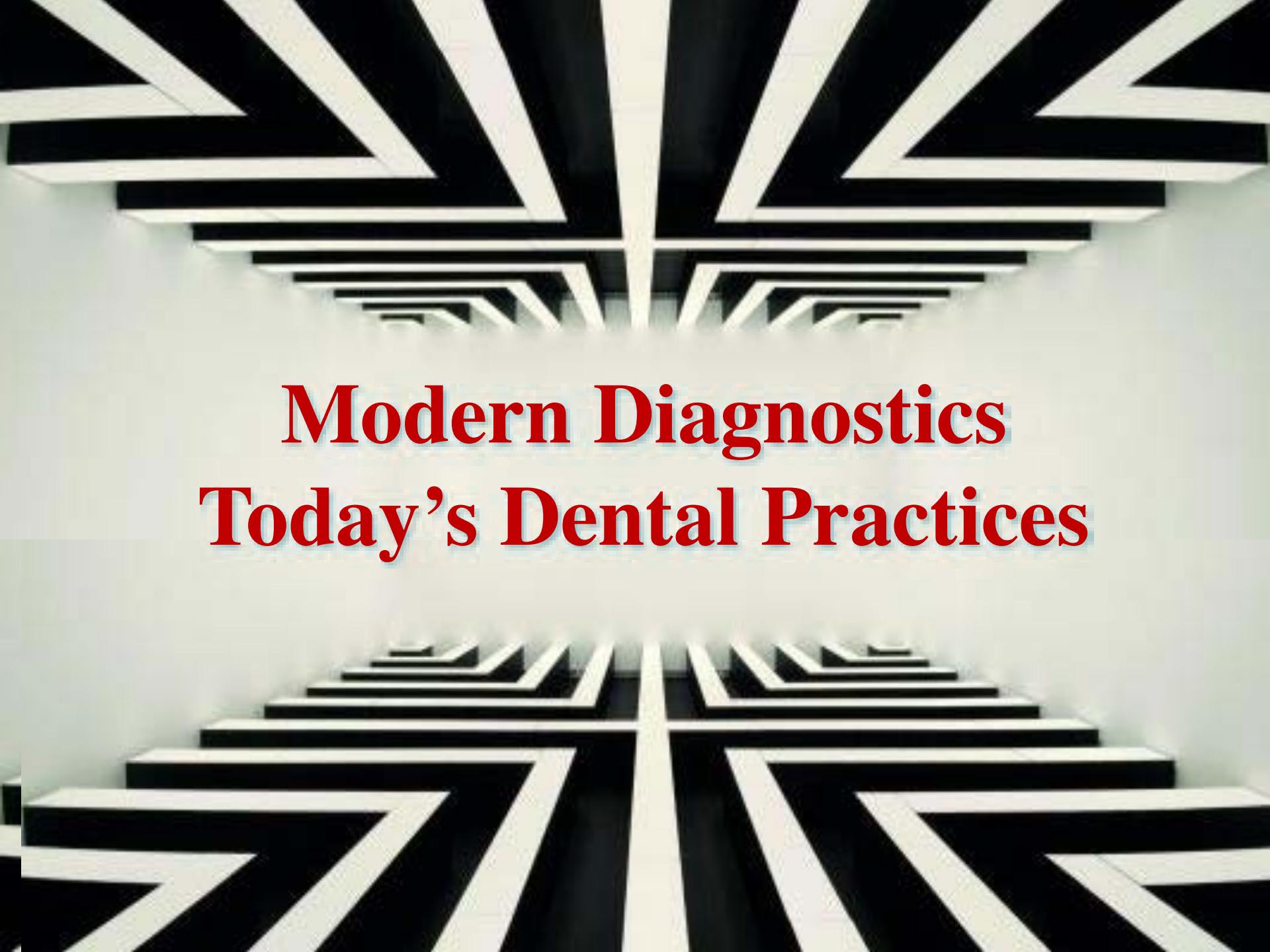
# A core concept in our offices: Implementing today's technologies with your team

Contemporary management of dental caries includes identification of an individual's risk for caries progression, understanding of the disease process for that individual, and "active surveillance" to assess disease progression and manage with appropriate preventive services, supplemented by restorative therapy when indicated

American Academy of Pediatric Dentistry. Guideline on caries risk assessment and management for infants, children, and adolescents.  
Pediatr Dent 2014;36(special issue):127-34.



**Diagnostics Today Can be Customized  
To Each Office  
To Each Office's Focus  
Specific to Each Patient  
All to the Betterment of our Patients  
Performed by the Entire Clinical Team**



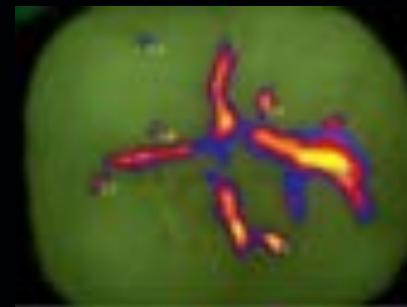
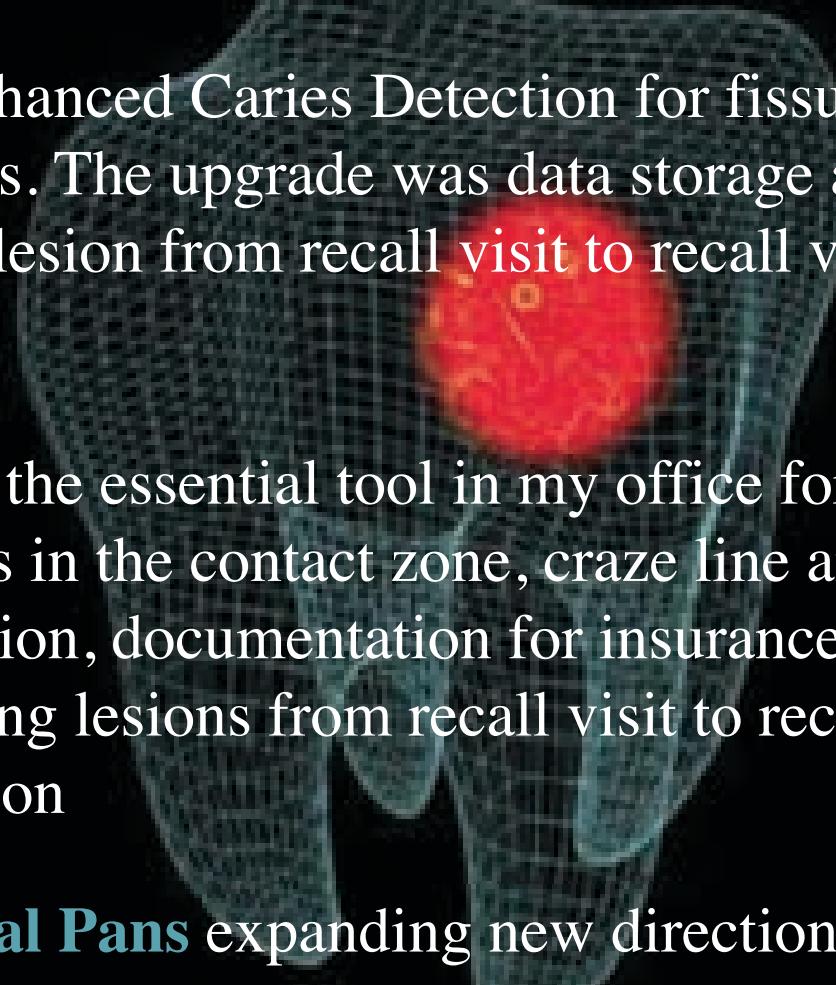
# **Modern Diagnostics Today's Dental Practices**

**Digital X-rays:** decreased radiation than traditional x-rays, with far **more options for enhanced imaging and communication**

**Fluorescence** for enhanced Caries Detection for fissures and smooth surfaces. The upgrade was data storage and one can follow the lesion from recall visit to recall visit without radiation

**Transillumination** the essential tool in my office for interproximal caries in the contact zone, craze line and crack line illumination, documentation for insurance, storage and following lesions from recall visit to recall visit without radiation

**Cone Beams/Digital Pans** expanding new directions in protocols and maximizing information never seen before in our practices and equally important...





The Next Big Technology  
Within General Dentistry

CBCT

Everyday Diagnostics

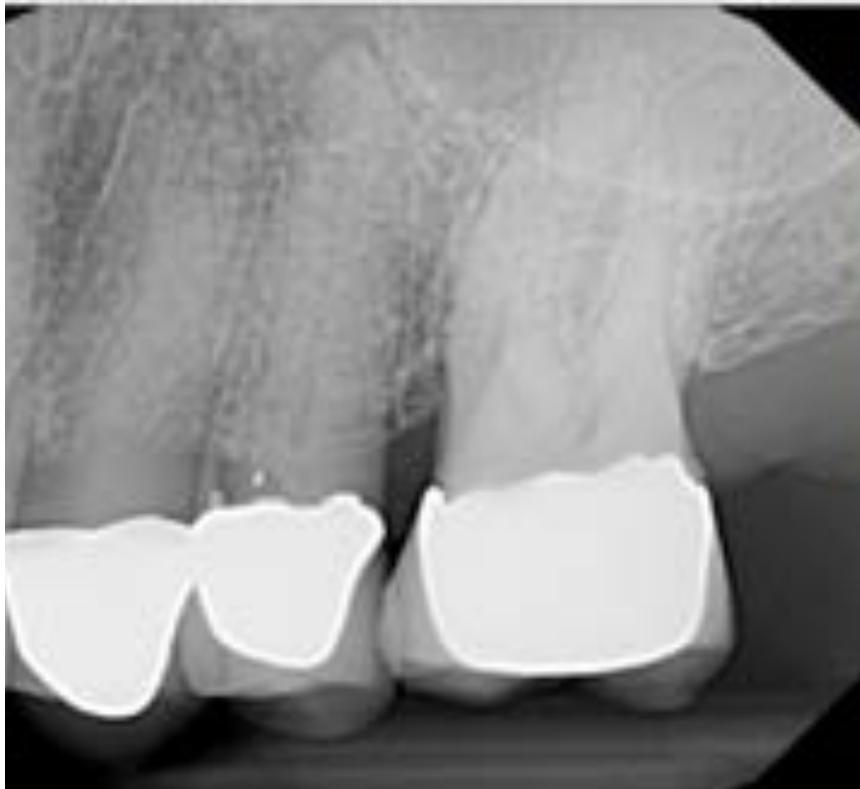
# **“The Easiest Justification for a CBCT in my office Meet Diane”**



**CC at a recall visit**

**“I had pain last month in my upper left area,**

**I was swollen and it went away after I took an antibiotic that I had”**



**My hygienist takes a periapical, taps, and finds no response, and then I walk in...**

# In the PAST, I would have waited if nothing was clear



**With the limitation of 2D images  
We have learned to scan such patients with similar  
stories that same day with 3D**



# How Many Upper Molars like this case do you see yearly? Meet Dave”

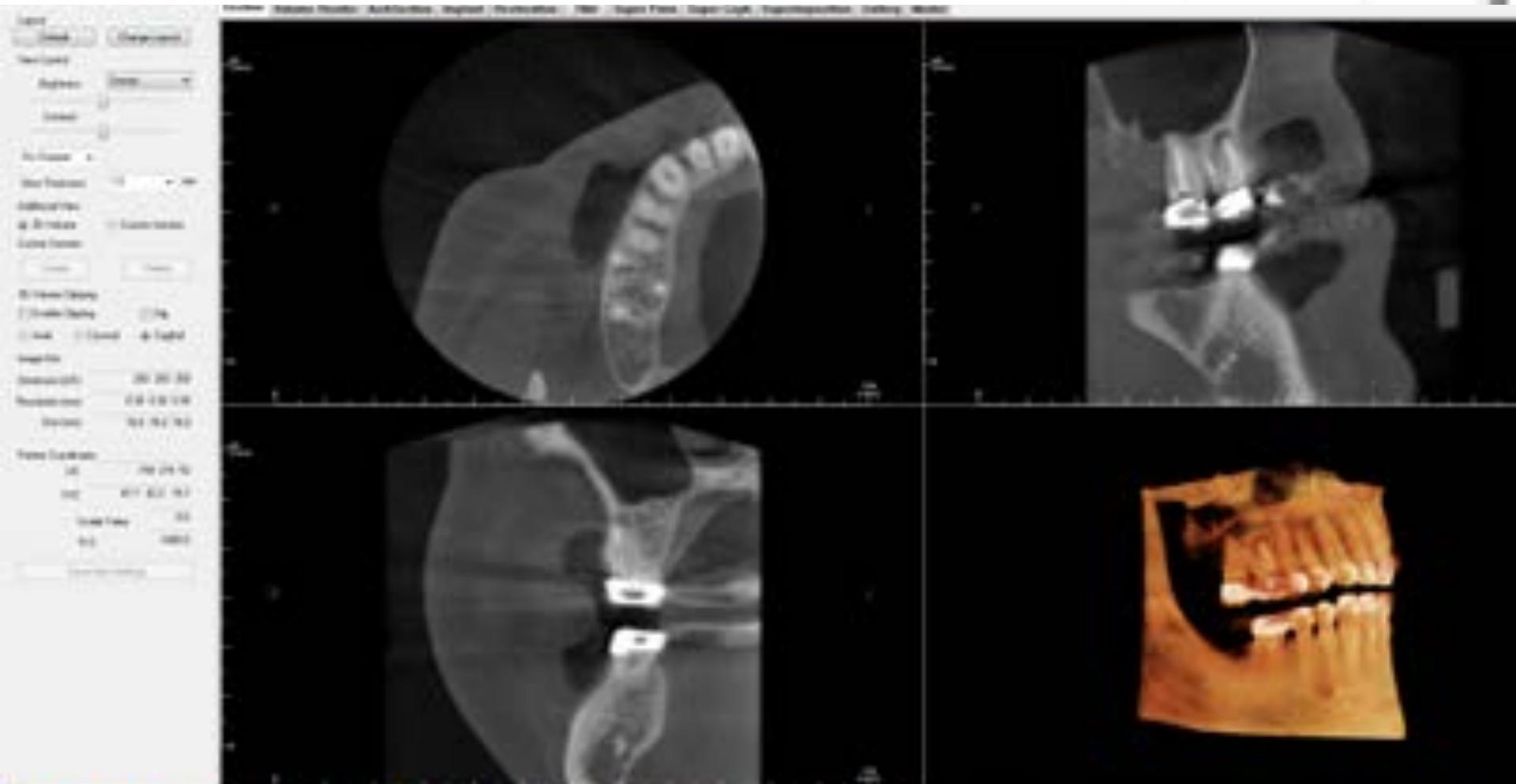


# **David #3 on a routine recall visit and his specific FMX**



- RCT 20 years old
- Hx of on and off tenderness
- Yet no history of swelling and acute pain
- Periapical radiolucency evident

**That same visit...a 5X5 FOV scan  
is taken at High Resolution**



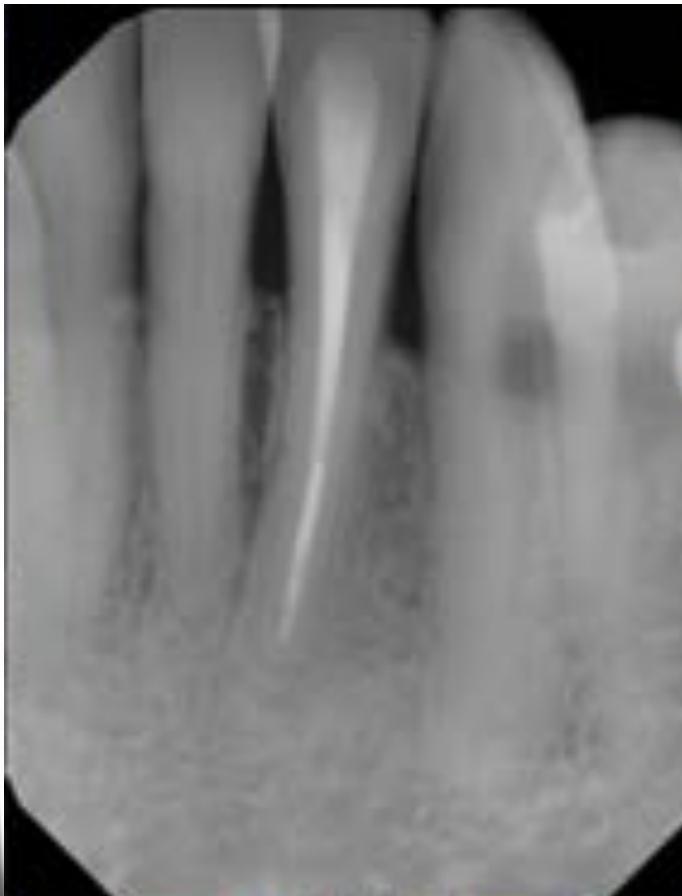
**Given the lesion, and NO Mb2 canal for a first molar noted...The lesion is worth retreating**



# **“The ever growing issue of RESORPTION”**



# **On a routine hygiene visit: An asymptomatic lesion with a Class 5 “stick”**



- History #23 turned yellow and then endo was done on non vital tooth years ago
- History #22, No history on this tooth beyond orthodontics in high school 42 years ago
- No probing
- Stick on the coronal aspect



**Under Volume  
Render**

**Note the Location of  
Resorption**

# Looking from the Front

Coronal View Showing proximity to the nerve

This view is the  
“money view”

In this case because we knew that endodontics was involved. We then pulp tested and it was negative

The lesion extended slightly below the osseous crest

**Today as we continue forward...**

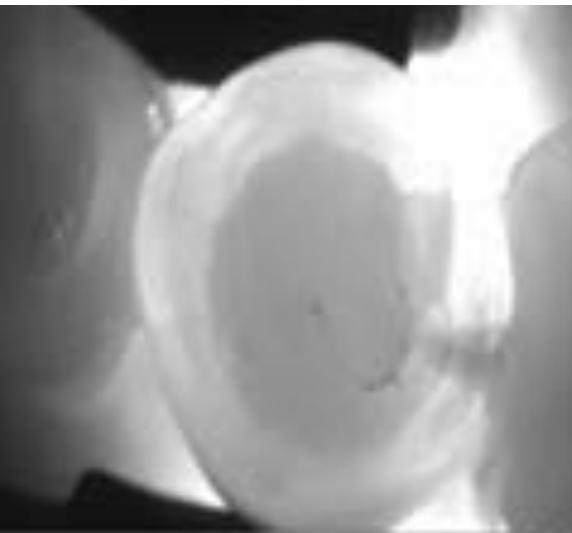
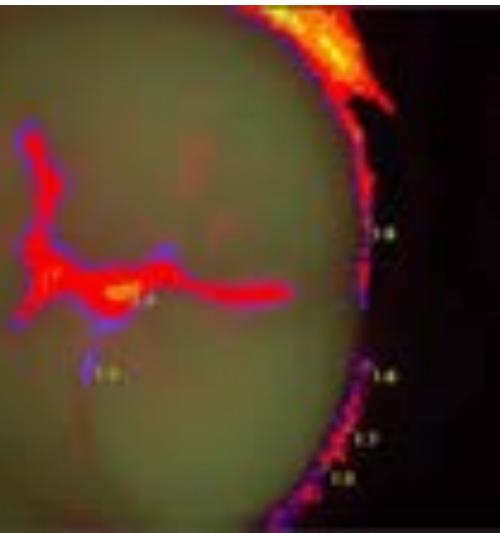
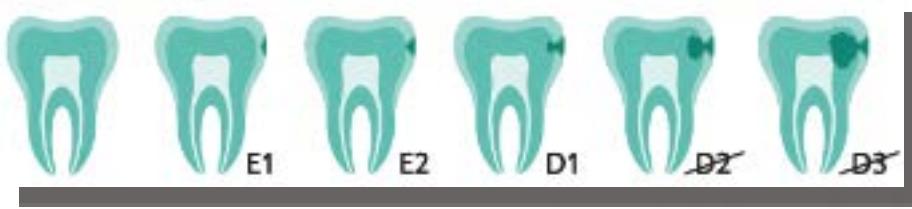
**With the limitations  
of explorers and traditional  
x-rays...**

**How do we compliment these  
technologies and further our  
diagnostics in our offices in regards  
to the caries process?**

# **When Do You Drill? How do you best decide?**

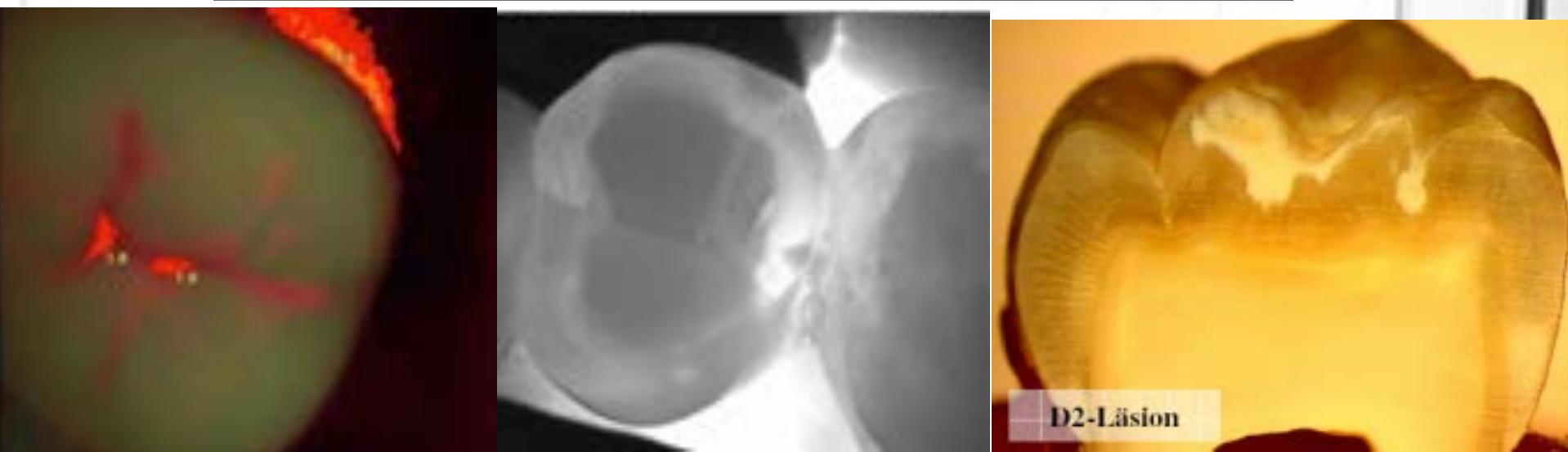
**Schools across the country  
teach different  
methods of treating cariology**

**About 2/3rds advocate surgical treatment  
once the dentin has reached the outer  
dentin 1/3<sup>rd</sup> (**D1**) and with the aid of an x-  
ray and or explorer  
(Low Sensitivity)**

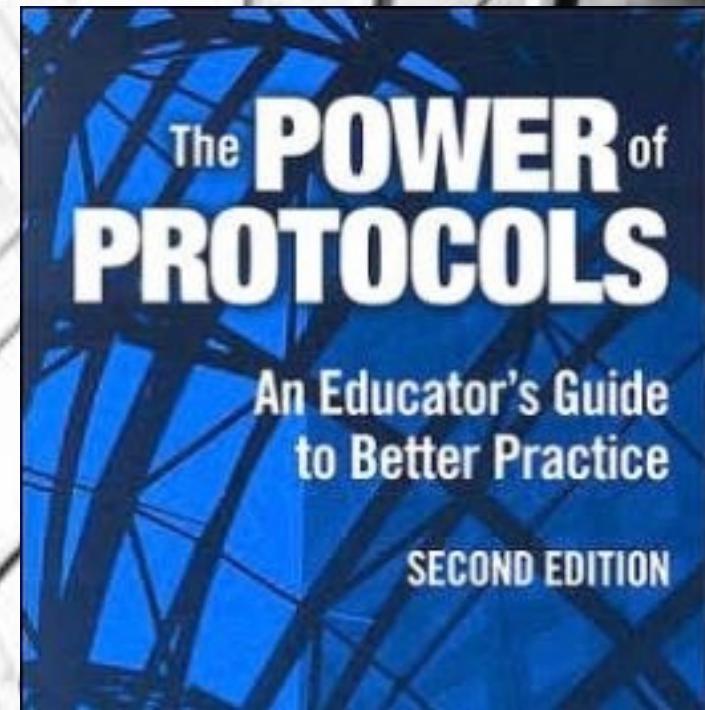


**D3-Läsion**

**About 1/3 of the schools teach treatment when decay is in the inner enamel (E2)  
with the aid of an x-ray and or explorer  
(Low Sensitivity)**



# How this is changing our habits into new office protocols and diagnostics



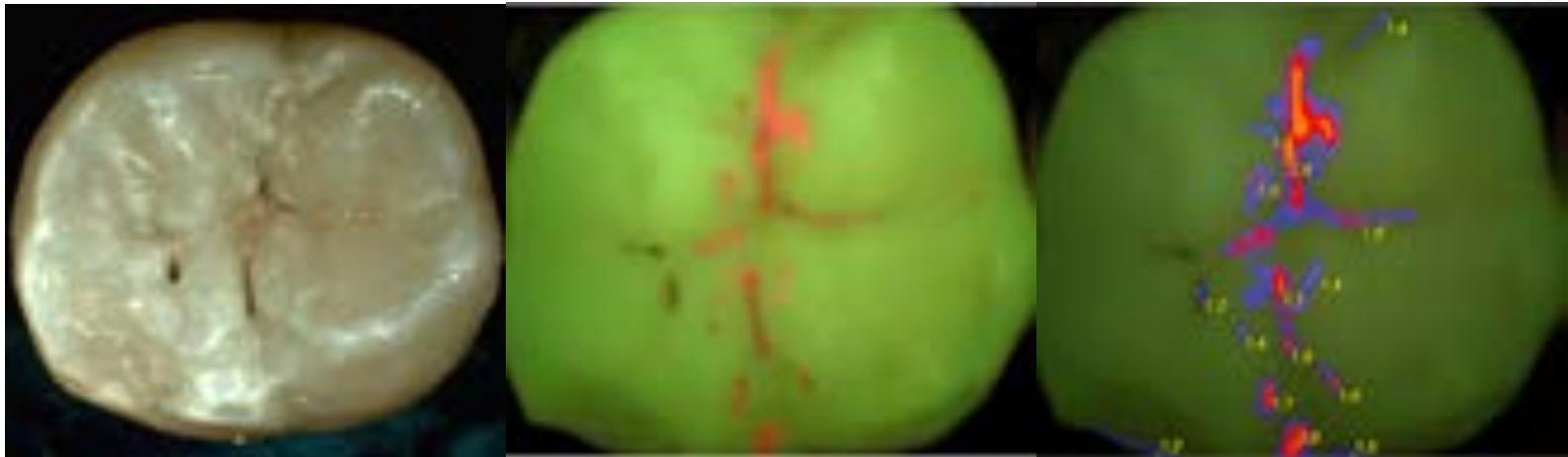


Our first technology  
introduced today will be  
**Spectra**



# Beyond Visual, Tactile and lot's of guessing!

## Spectra Detection/Analysis- Examples



**Spectra differentiates fluorescence from healthy and demineralized tooth structure.**

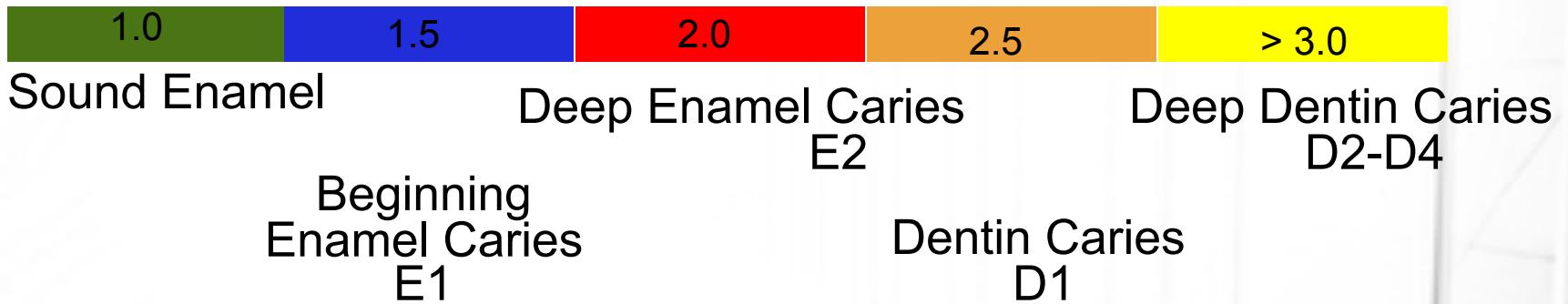
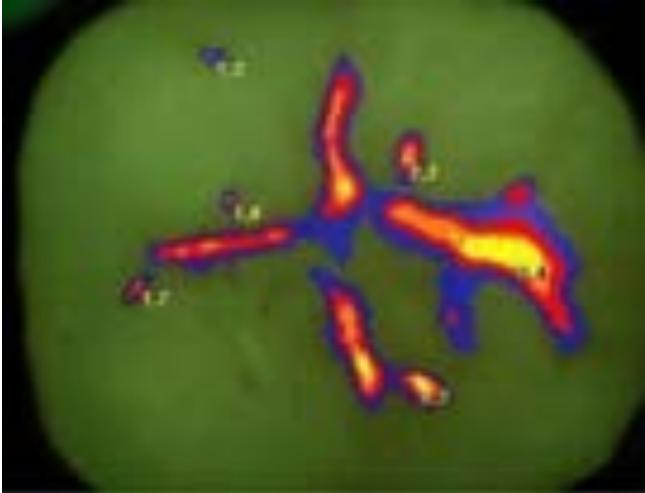
This wavelength stimulates **red porphyrins** produced by caries-related bacteria to emit **red light**, containing less energy.

\*\*\* Plaque and Stain with porphyrins can give you a false positive Sound enamel, in contrast, sends out **auto-fluorescence light**.



# Spectra





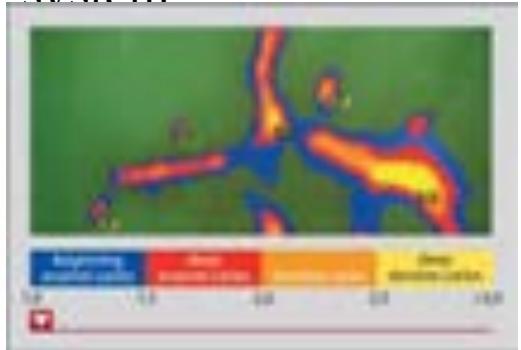
# “Doppler Radar” for Caries Detection

## A Picture is Worth a Thousand Words

Analysis of Spectra images Color Scale and Diagnostic Value



**D0** – sound fissure system



Diss. Madani, 2004 Uni  
Jena



**E1** outer enamel



**E2** inner enamel



**D1** early dentin

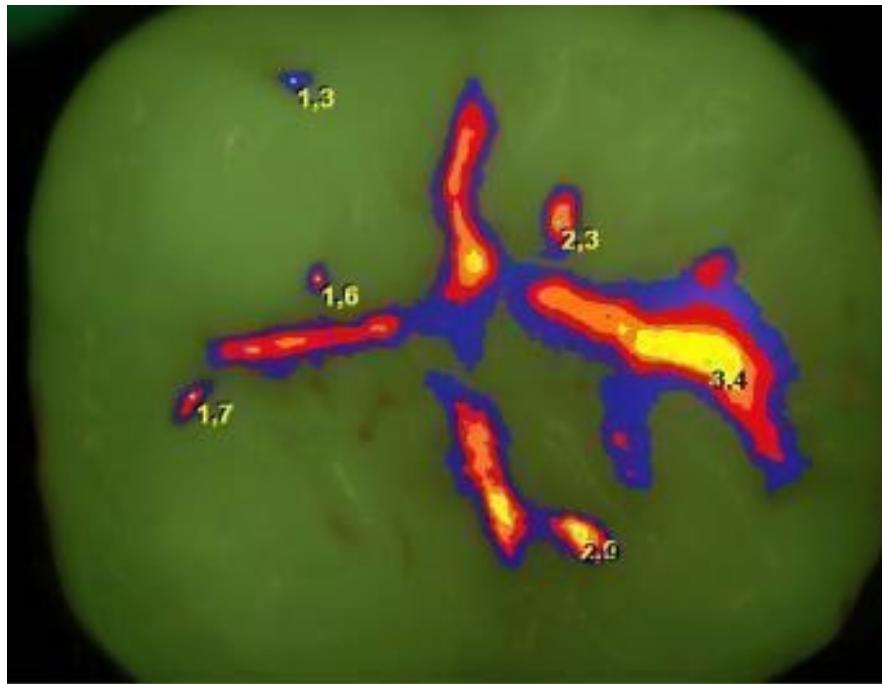


**D4** deep dentin

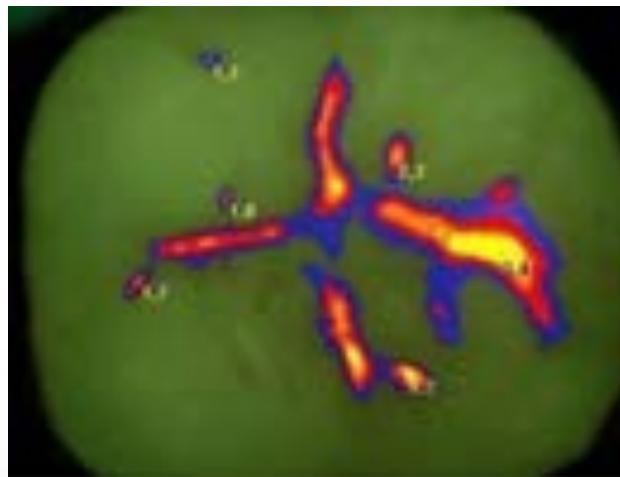
# Histological Clinical Analysis

## Nomenclature of Dental Lesions

**The Bottom line...**  
**This guides the practitioner and team to better decision making**



**Spectra is able to store the fluorescence images in the patient file for follow up and allows us to see if further demineralization has occurred and thus take out a tremendous amount of subjectivity**



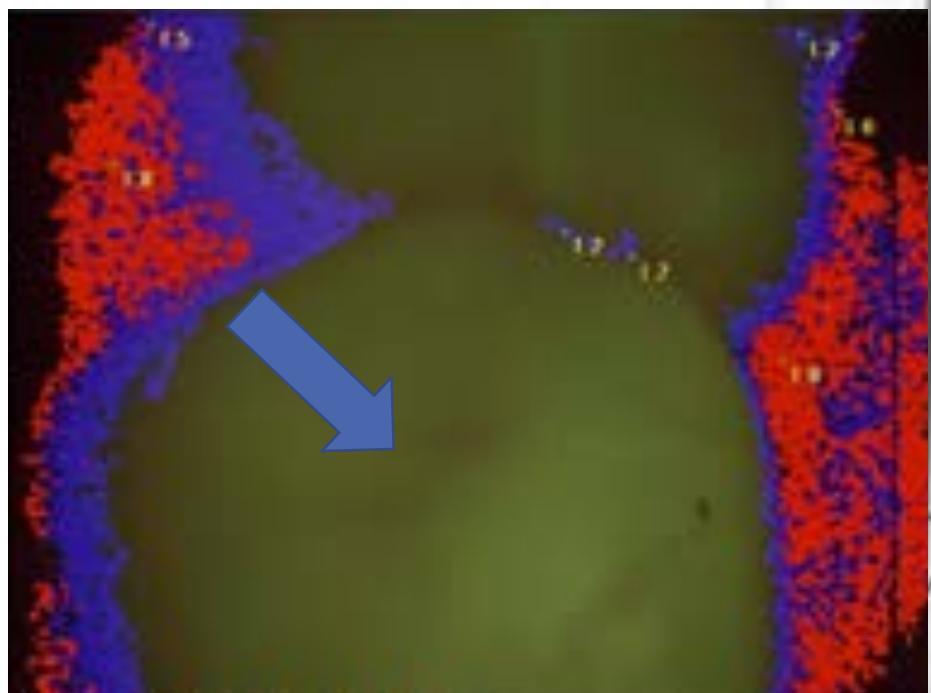
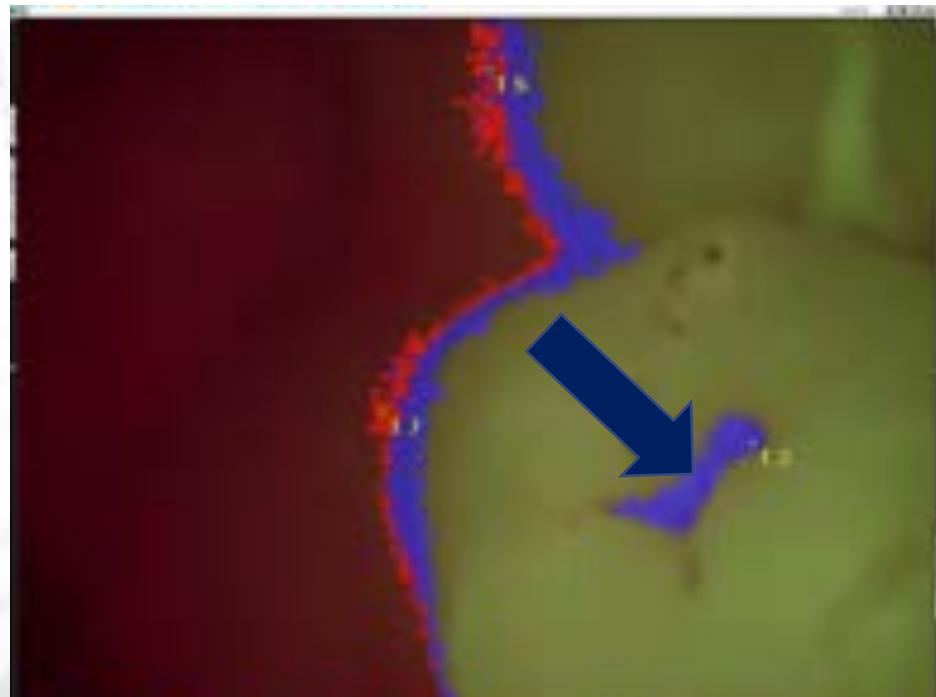
**How has Spectra  
been Incorporated  
into my office?**

**Is this Technology Worth  
the Investment?**

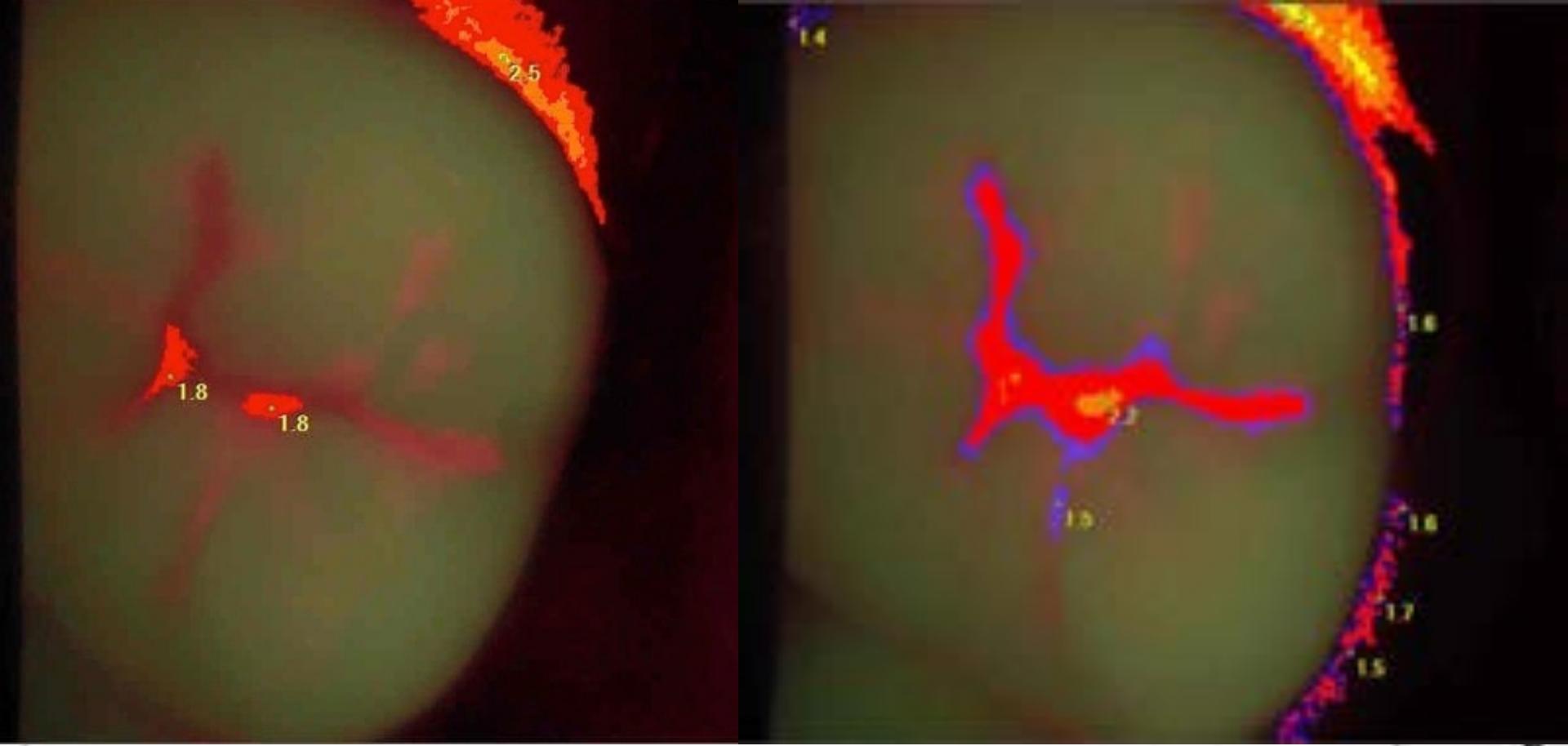
**The vast majority of my initial exams for  
patients with no occlusal restorations**

**This allows me to evaluate both occlusal  
and smooth surface areas:**

Staining can create false positive  
Simply air polish or ultra sonic away



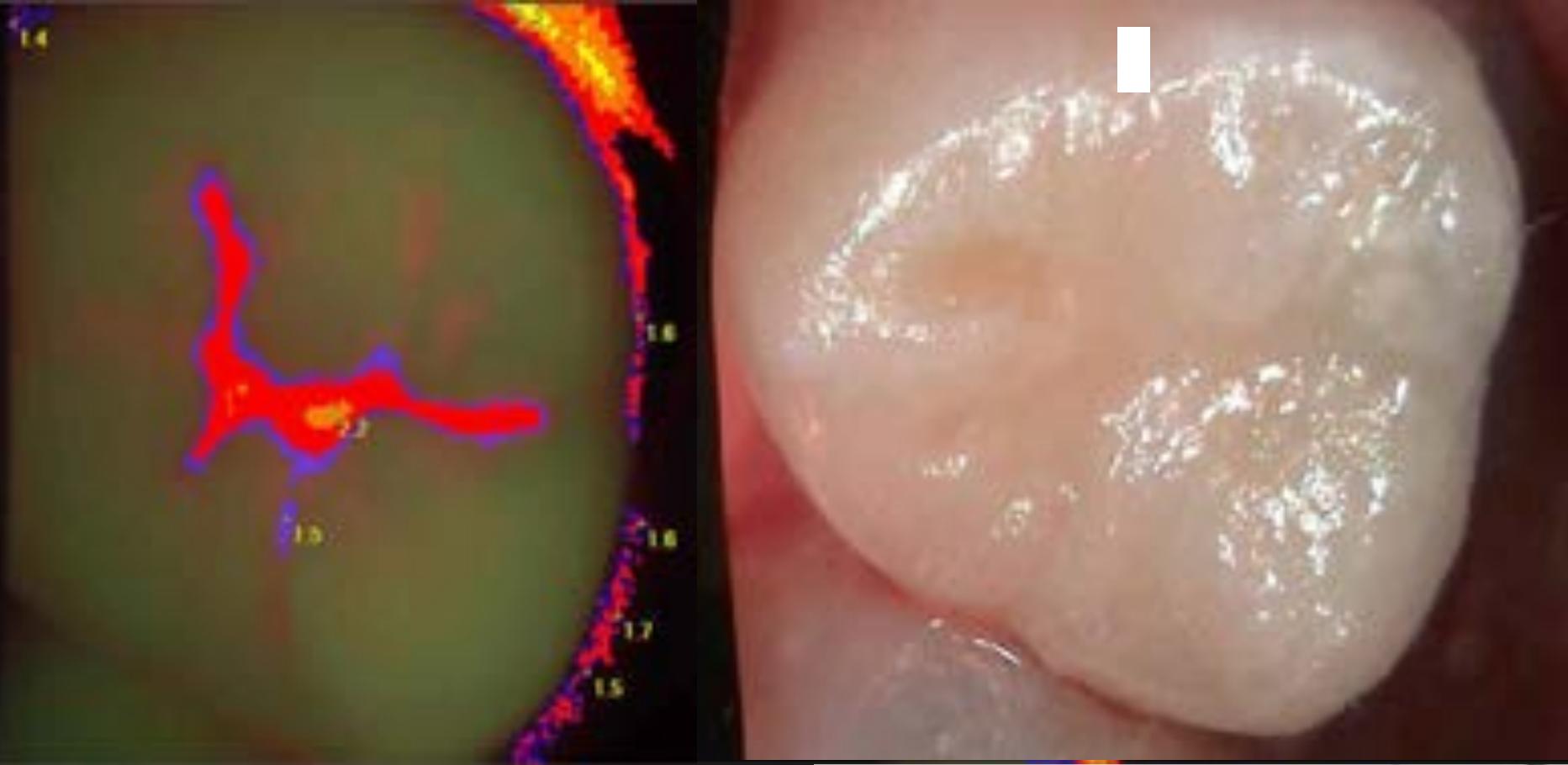
**For recall exams to  
follow any changes**



12 months later,  
My hygienist utilizes **Spectra**  
and captures the change

Evaluating caries removal  
during excavation...

When do you stop drilling?



The first image shows full caries removal  
Treated with a TE/Universal Bonding Agent: and a final placement of a low shrink  
low stress composite like Admira Fusion Flow, G Aenial Flow or SDR Flow Plus

In our Sealant  
Protocol...

Always Prior to any  
sealant placement!

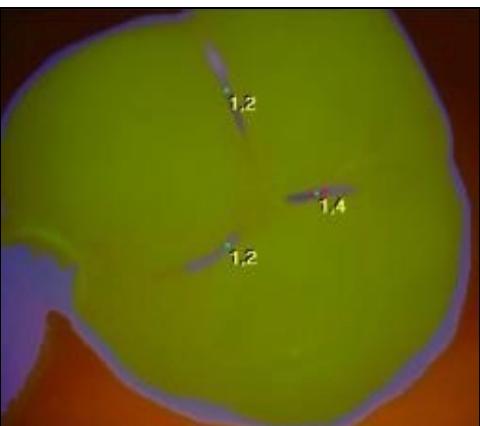
# #31... E1-E2...Knowing before you seal!



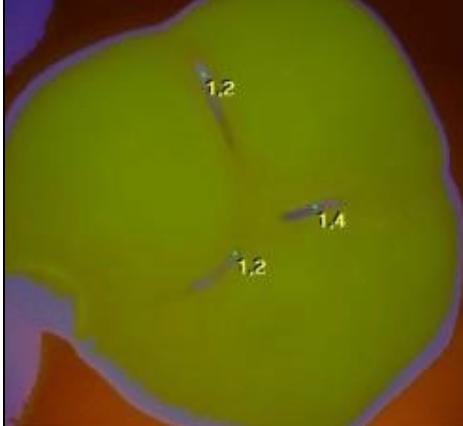
**With Spectra I can use Ultradent's Ultra Seal XT Plus but I use the Clear if I am following the lesion without preparation**



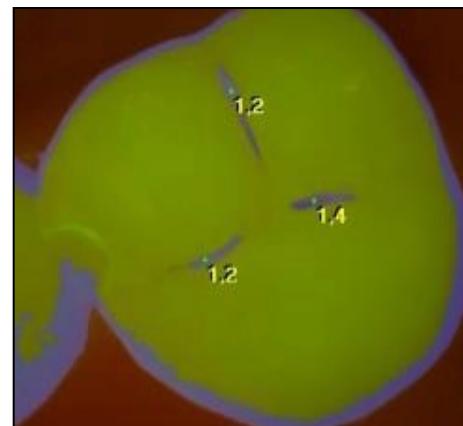
- 58% filled
- Radio opaque
- Low Shrink
- The Inspiral brush shears the material allowing it to become less viscous and thus the highly filled sealant can flow
- The sealant's resin then firms upon contact and thus doesn't run.



Before sealing



After sealing



Six months after sealing

In this case...even the small red area was not touched, simply etched and sealed monitored

# “Becky at 17”

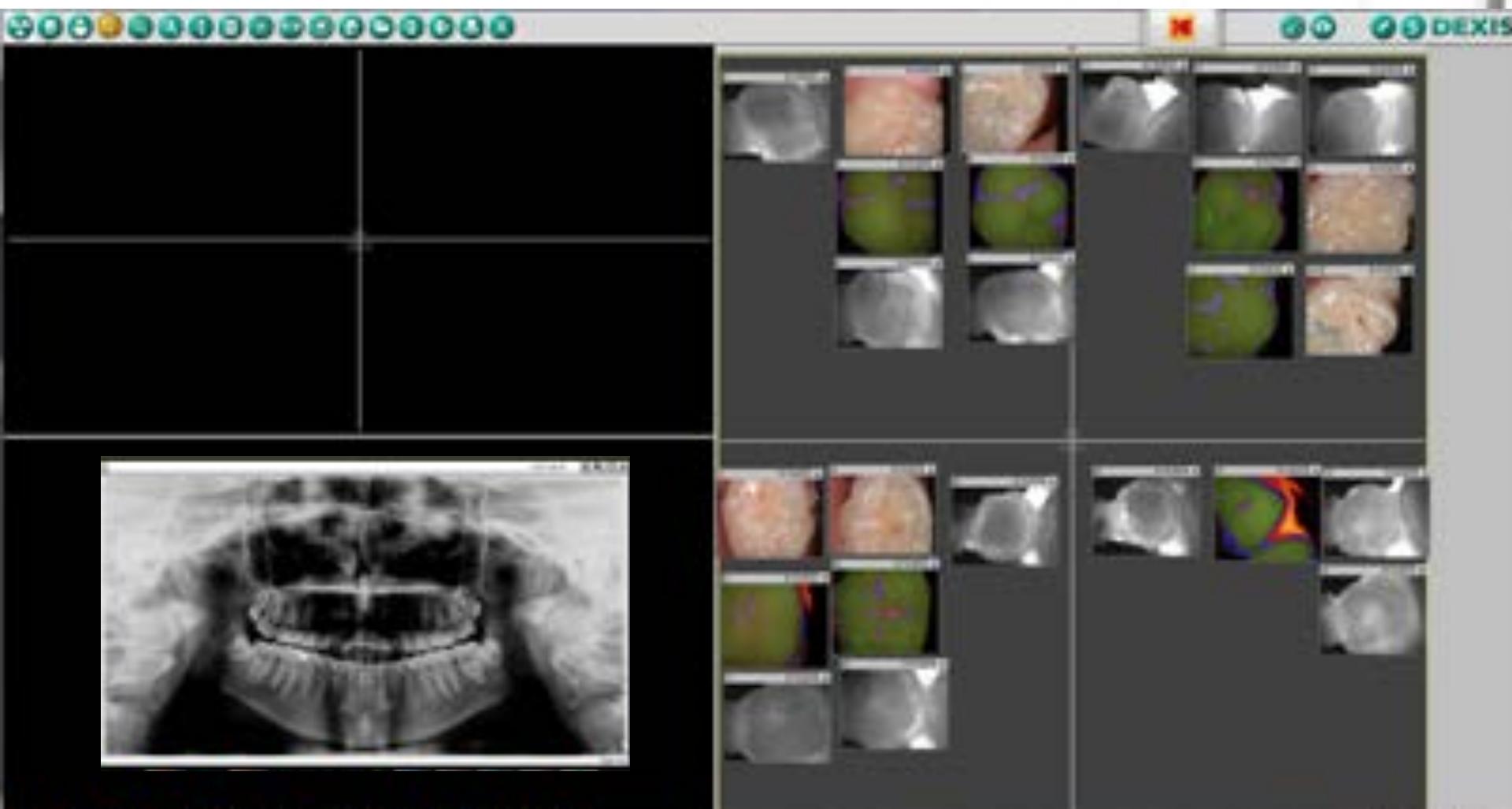




**17 years old  
Recent visit to pedodontist**

**Parent received Solution Reach E mail about our  
radiation free diagnostics**

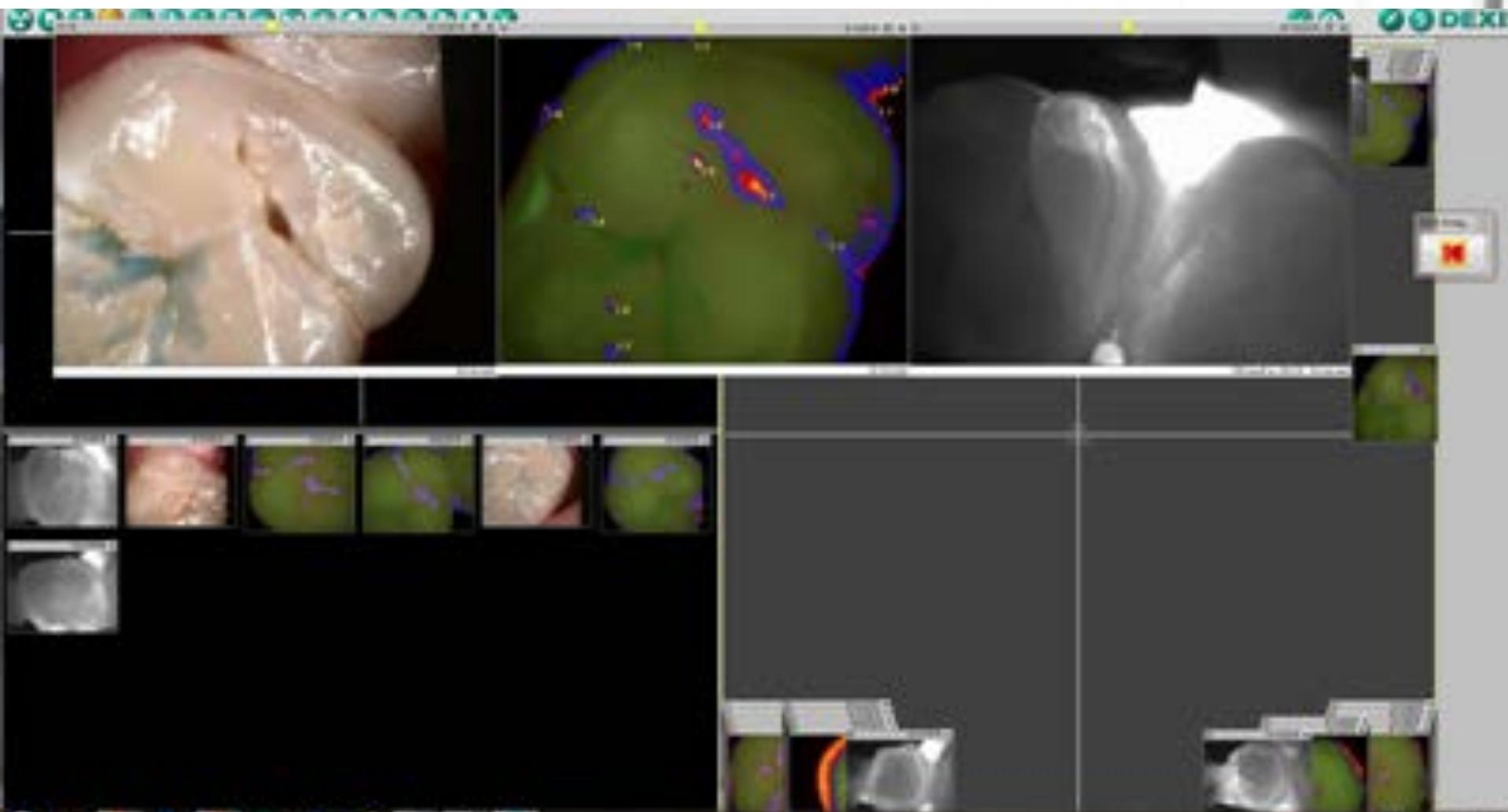
# Today's Examination per UDP Protocol for 17 year old patient



**If 14 is visually like this yet no stick and nothing on the x-ray?  
How do you evaluate, and even more challenging how do you evaluate 2 and 15 and  
monitor them?**

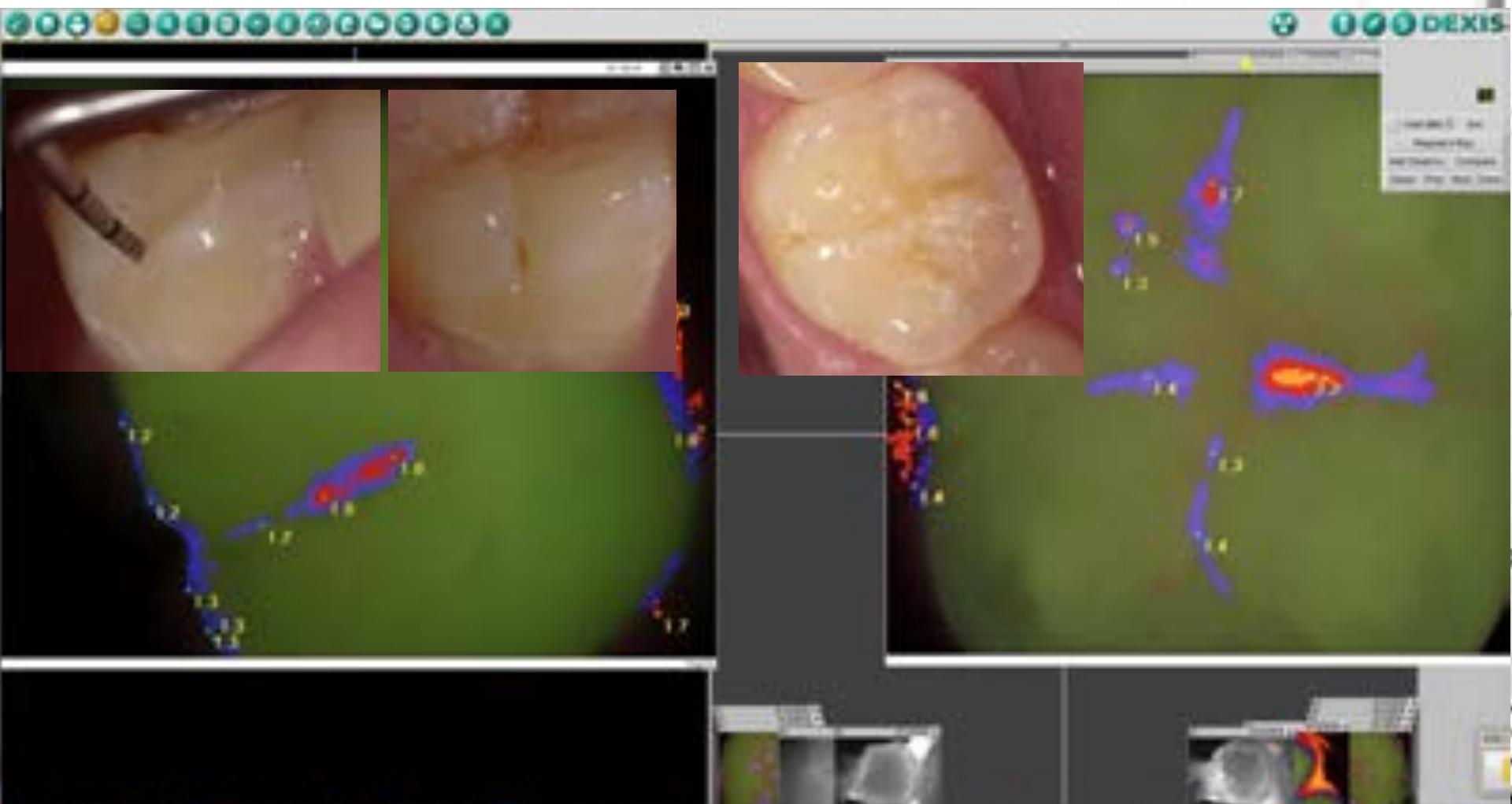


# Within Dexis: X-rays, Spectra, Carivu and Intra-Oral images are all bridged



# **The Minimally Invasive Protective Restoration**

# #30 with Early D1 Occlusal Caries and E2 Buccal Caries



# **So Easy (today I use IonoStar Plus or Fuji 9 X-tra Fast Set)**

**Etch for 5  
Condition for 10**



**Triturate 10 or 15 (firmer)**



# Glass Ionomers...Yes still in my everyday practice!

- Ionostar Molar...pure GIC, 5 min set time
- IonoStar Plus has the uniqueness of a more cosmetic glass ionomer due to fluorescence
- Far faster working and setting time 10 seconds for soft consistency and 15 for firmer...
- Bulk Fill placement, love the speed and for my implant access holes
- Ionolux is a resin reinforced Glass Ionomer...more strength...2mm increments, wonderful geriatric repair material



**60 seconds of Work Time  
and then just wait 120 seconds to finish IonoStar  
Plus**



**Working Time  
Includes placement  
and condensing**

**Chemically bonds to  
tooth**

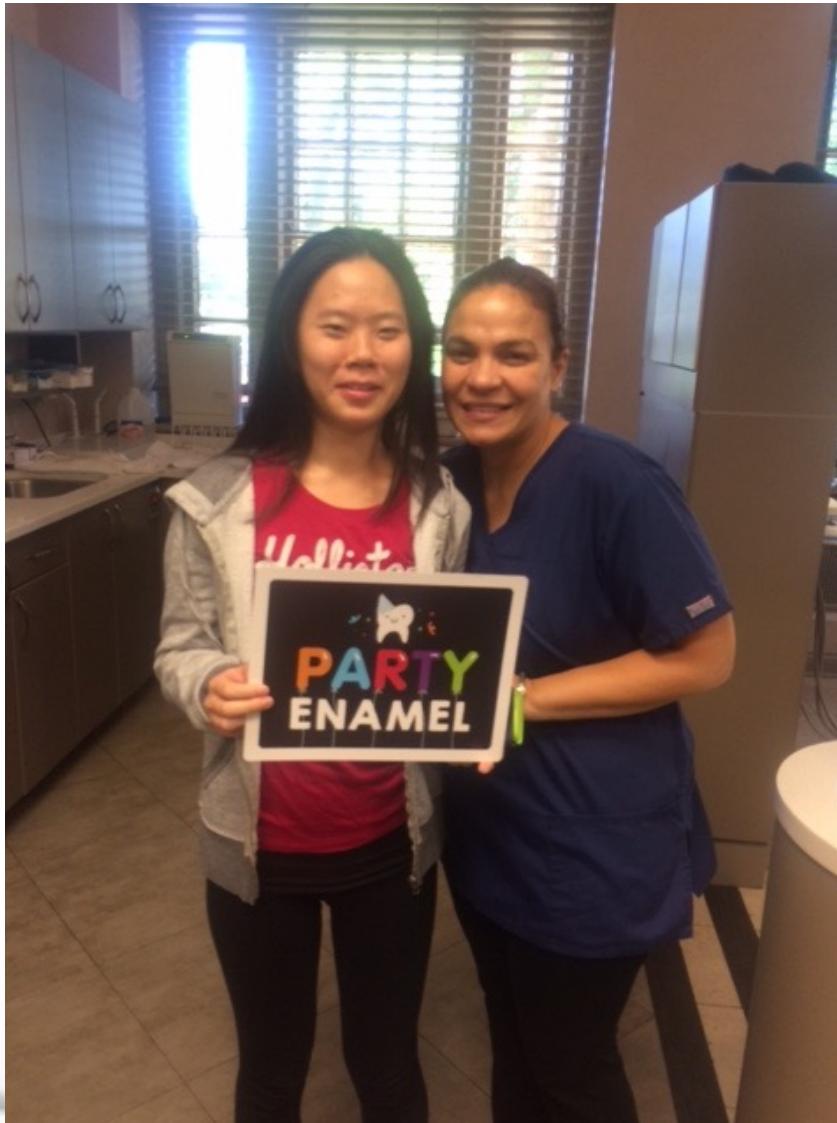
**Physical properties  
similar to dentin**

**After finishing...**

**With Microbrush...wipe a fine amount on and no air...just  
light cure**



# I promise to brush better!!



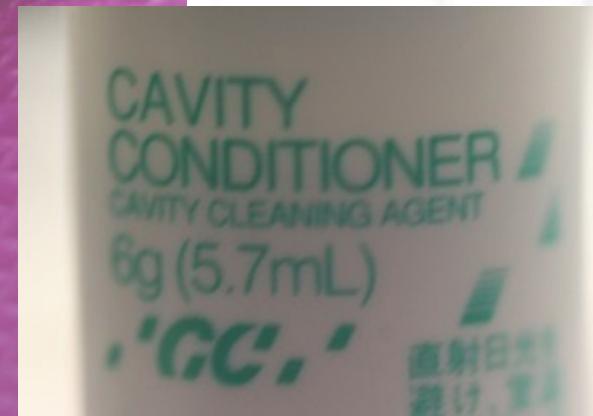
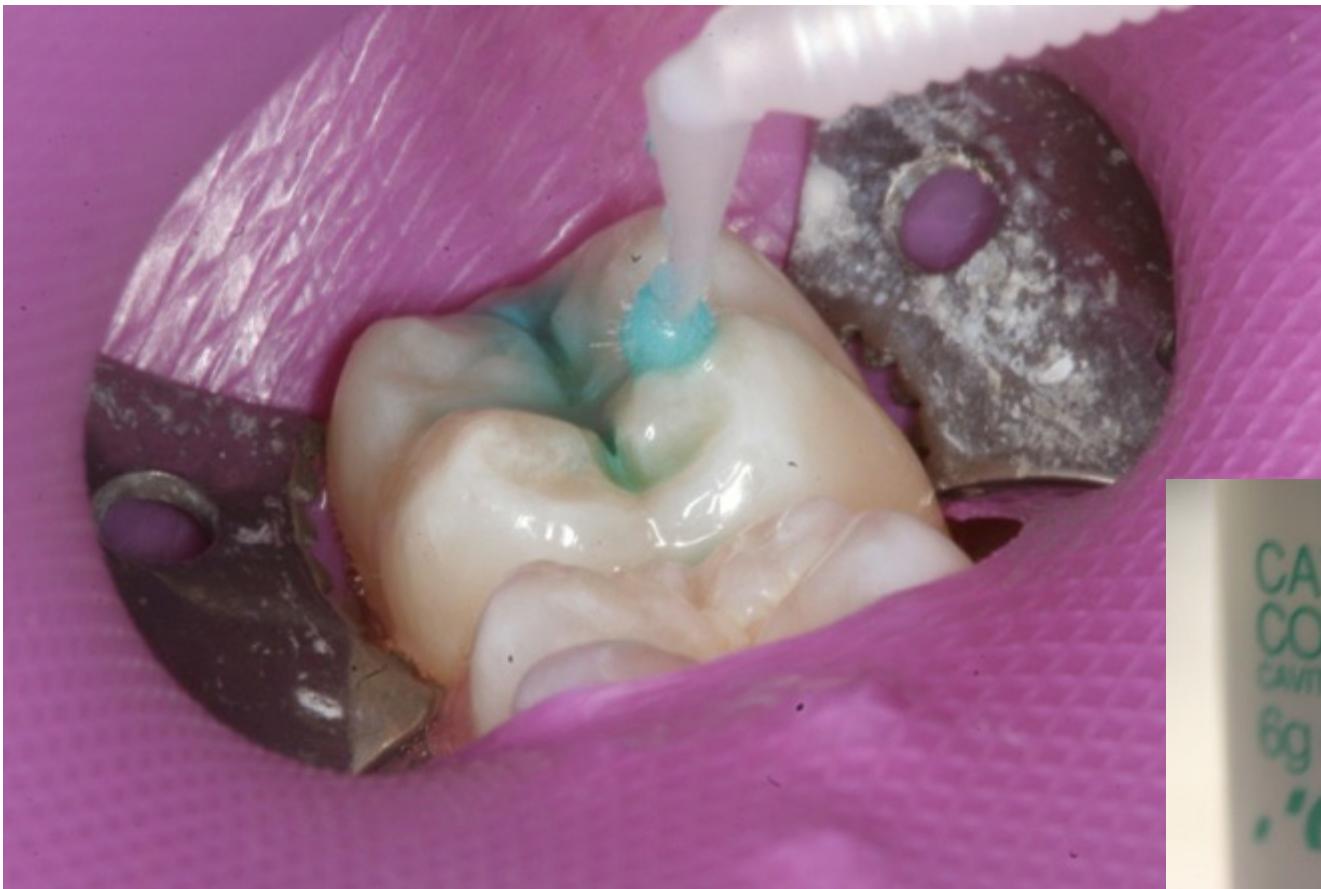
# **The Minimally Invasive Protective Restoration**

# The Equia Technique



**Class1 E2 or Early D1  
Without major occlusal function**



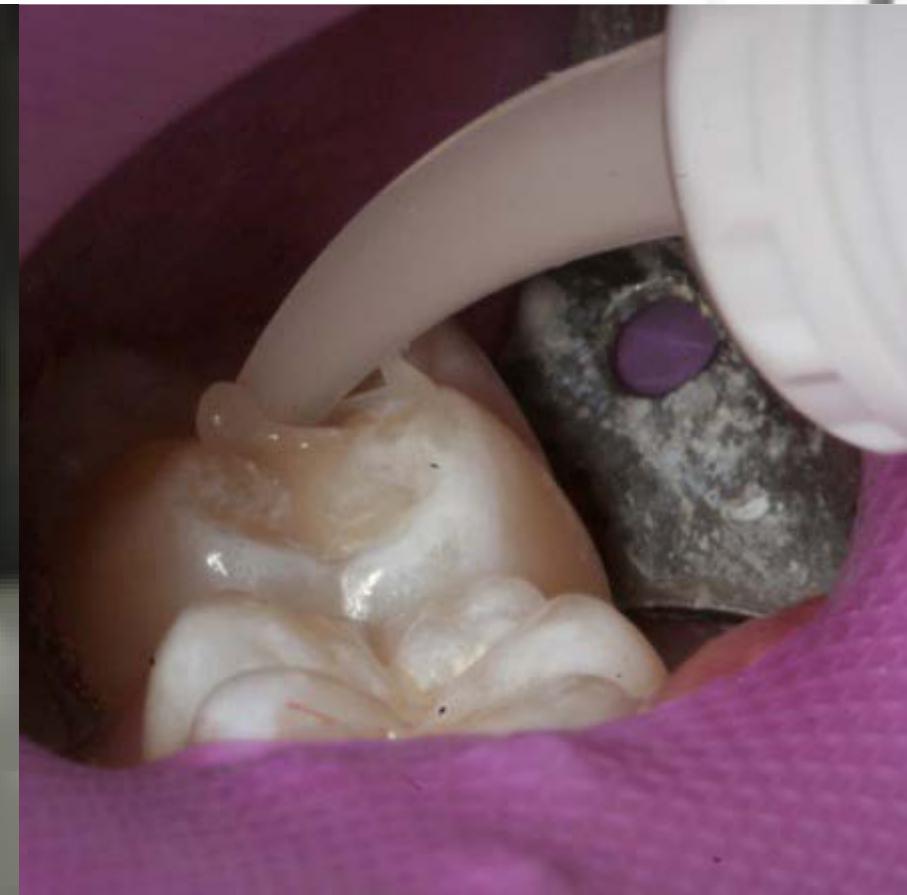
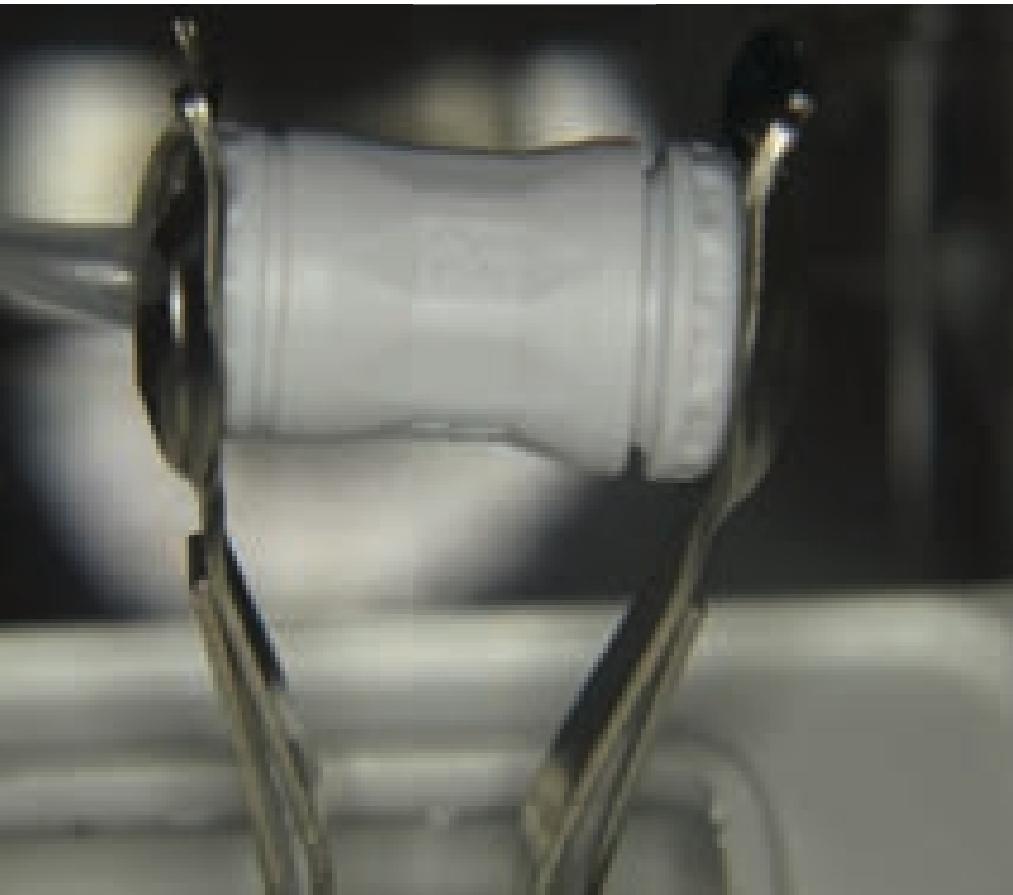


**10 Seconds of a Dentin Conditioner or even 5 seconds of Phosphoric Etch...**

# Activation



# Equia Placement



# Equia

Total Working time  
is the same as  
IonoStar Plus of 1  
minute, then sets in  
3 minutes





After waiting 3.5 minutes, trim and polish with 30 flute carbide or fine and ultra fine diamonds



**Placement of thin coat of Equia Seal and NO air drying and simply light cure  
This makes it a resin/ionomer restoration**



**After occlusion is checked, one final look and a little distal excess material requires removal**



I Placed in 1984

**Glass ionomer sealants 29 years  
out when I knew nothing!**

# Drill Free Preparations

# Here's RON....



# **Hard Tissue Lasers**

- Er Yag- 2940nm
- Er Cr YSGG--- 2780nm
- 10,600- CO<sub>2</sub>
- Energy absorbed by water and hydroxyapatite.
- Able to cut enamel, dentin, composite, bone and soft tissue.
- Many preparations can be done without anesthetic due to lack of heat generation.

# **Composite and Initial Caries removal with no anesthetics**

## **Does this change the game?**



**3 laser hand-pieces and over fifteen tips in different shapes and sizes. There is a learning curve because there is so much you can do!**

LiteTouch™ Accessories	
Laser Handpieces	
	
ALT7000i Bright	ALT7025i Bright
	LJ-ALT7102 Bright
Sapphire Tips	
	
ALT7000i S Laser Tip 0.6 x 17 mm green Change	ALT7025i S Laser Tip 0.6 x 17 mm green Change
	
ALT7000i R Laser Tip 0.6 x 17 mm red Change	ALT7025i R Laser Tip 0.6 x 17 mm red Change
	
ALT7000i B Laser Tip 0.6 x 17 mm blue Change	ALT7025i B Laser Tip 0.6 x 17 mm blue Change
	
ALT7000i W Laser Tip 0.6 x 17 mm white Change	ALT7025i W Laser Tip 0.6 x 17 mm white Change
	
LJ-ALT7102i S Laser Tip 0.6 x 17 mm green Change	LJ-ALT7102i S Laser Tip 0.6 x 17 mm green Change
	
LJ-ALT7102i R Laser Tip 0.6 x 17 mm red Change	LJ-ALT7102i R Laser Tip 0.6 x 17 mm red Change
	
LJ-ALT7102i B Laser Tip 0.6 x 17 mm blue Change	LJ-ALT7102i B Laser Tip 0.6 x 17 mm blue Change
	
LJ-ALT7102i W Laser Tip 0.6 x 17 mm white Change	LJ-ALT7102i W Laser Tip 0.6 x 17 mm white Change

# Could this be our other hand-piece?

## EVERDAY DENTISTRY WITH LITETOUCH™

LiteTouch's unlimited versatility allows it to easily be incorporated in most areas of dentistry carried out in-clinic every day.



### RESTORATIVE DENTISTRY

- Exceptional Mobility: low contact zone
- Microsurgery: Precise & sensitive ablation of tissue tissue, avoids unnecessary ablation of healthy tissues; enables class I, II, III and IV restorations without damage to surrounding teeth
- No vibration for more stable, polished surfaces, for better composite adhesion
- Biochemical effect: Due to thermal characteristics of laser energy
- LiteTouch™'s unique versatility & special accessories allow access to any oral area



### PERIODONTICS

- Effective and sustained pocket debridement, bactericidal effect illustrated
- Excellent surgical precision: Precise & selective gingival tissue ablation avoiding unnecessary damage of healthy tissues
- Effective and selective calculus removal
- Faster healing of surrounding tissue and bone. Minimal postoperative bleeding and discomfort, leading to fewer follow-up visits



### IMPLANTOLOGY

- Ergonomic & comfortable for transmucosal implantation
- Increased bone-implant contact rate: Low-energy bone growth factors
- Precise & extremely invasive: The target tissue is identified without injuring the bone
- Low impact on implants: Second stage surgery without harming implants
- The most effective treatment modality for peri-implants and implant decontamination



### PEDODONTICS

- The preferred method for treating children for caries factor: shorter procedures, less noise, no vibrations
- Preventive Dentistry: Precise and delicate treatments, minimally invasive, ensure microsurgery skills and ensure that preserve healthy tissue
- Friendly equipment that accepted by kids



### ENDODONTICS

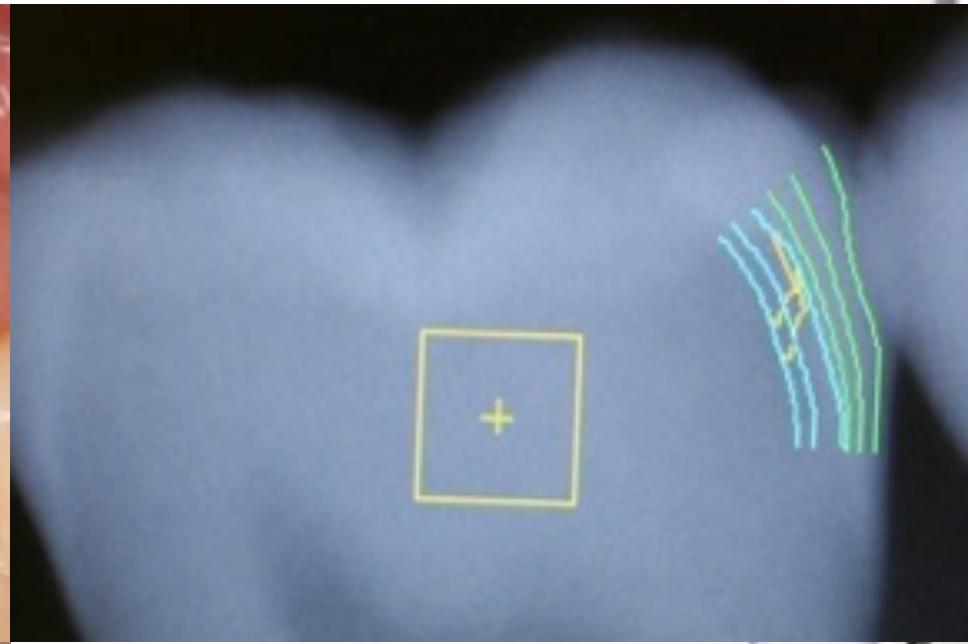
- Minimally invasive opening preparation: No thermal damage or microcracks
- Bactericidal whitening: Performs white layer and dentin root canals. Whitening effect even results in clear thermal tubules
- Apicoectomy: Performed with unique accessories



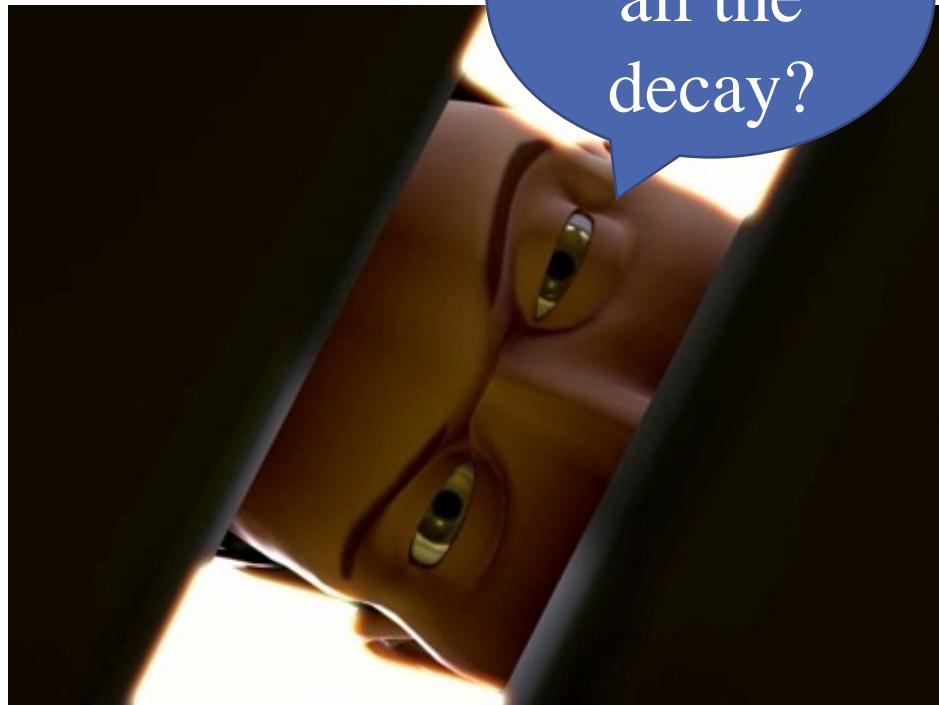
### AESTHETIC DENTISTRY

- Precise manipulation: Digital re-contouring, wide range & disintegration of natural enamel deposits
- Excellent for debonding porcelain veneers, places elements to mask minor white spots by presenting tooth substance

**So lets relook at this clinical situation**



**Selective Caries Removal**



**The question....**  
**When do you stop drilling? You have removed the soft infected dentin...then what?**

# The Studies....

Mertz-Fairhurst

Ribeiro and Colleagues



All found partial caries removal and sealed restorations..  
reduce bacterial numbers dramatically within the  
restoration, yet....



**The Question: How can a hand-piece make us more efficient and in fact enhance our clinical work?**

**In this clinical application:  
Selective Caries Removal**



# In one word: Versatility

# I have 4 basic settings All with Light and Water

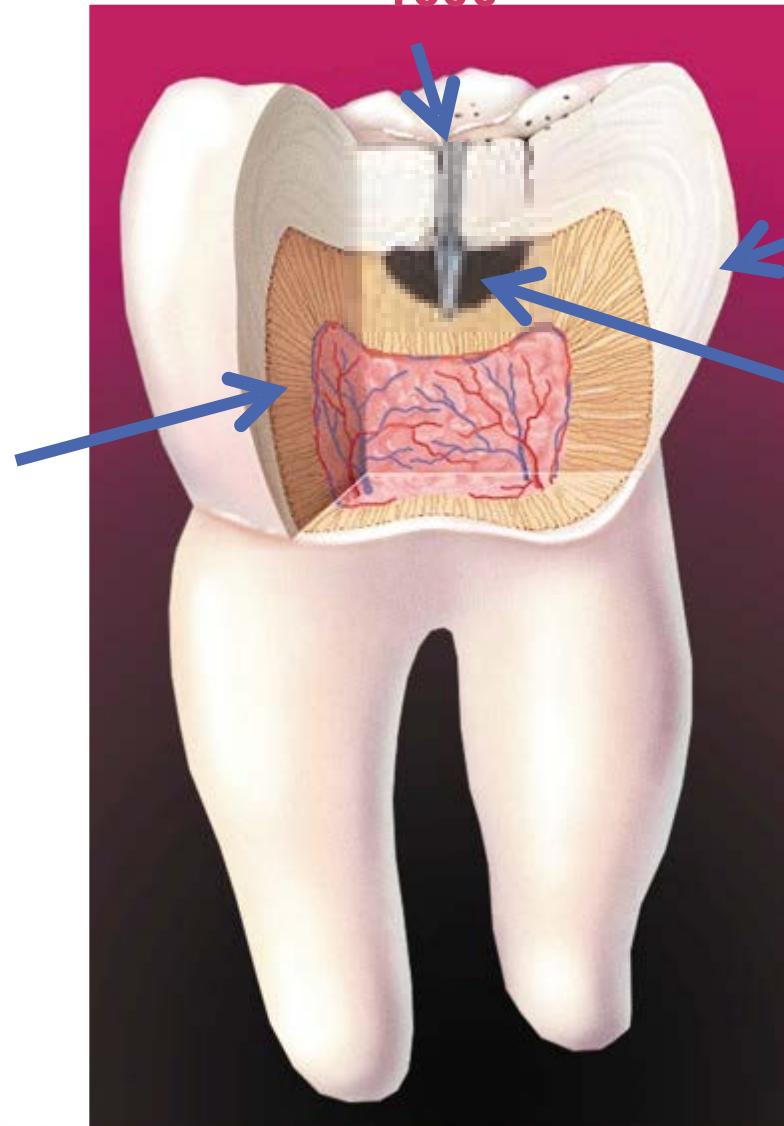
- **1:200,000 1:5 High Speed, nothing beats it!!**  
Cuts so beautifully and drills right though all various crown substrates (bur dependent)
- **1:20,000 1:1 Initial Caries Removal, Margin finalization, Finishing and Polishing**
- **1:10,000 1:1 Initial Caries Removal, Finishing and Polishing**
- **1:1,500 1:1 Selective Caries removal**



# Carbide

Healthy  
Dentin  
*(unaffected)*  
70-90

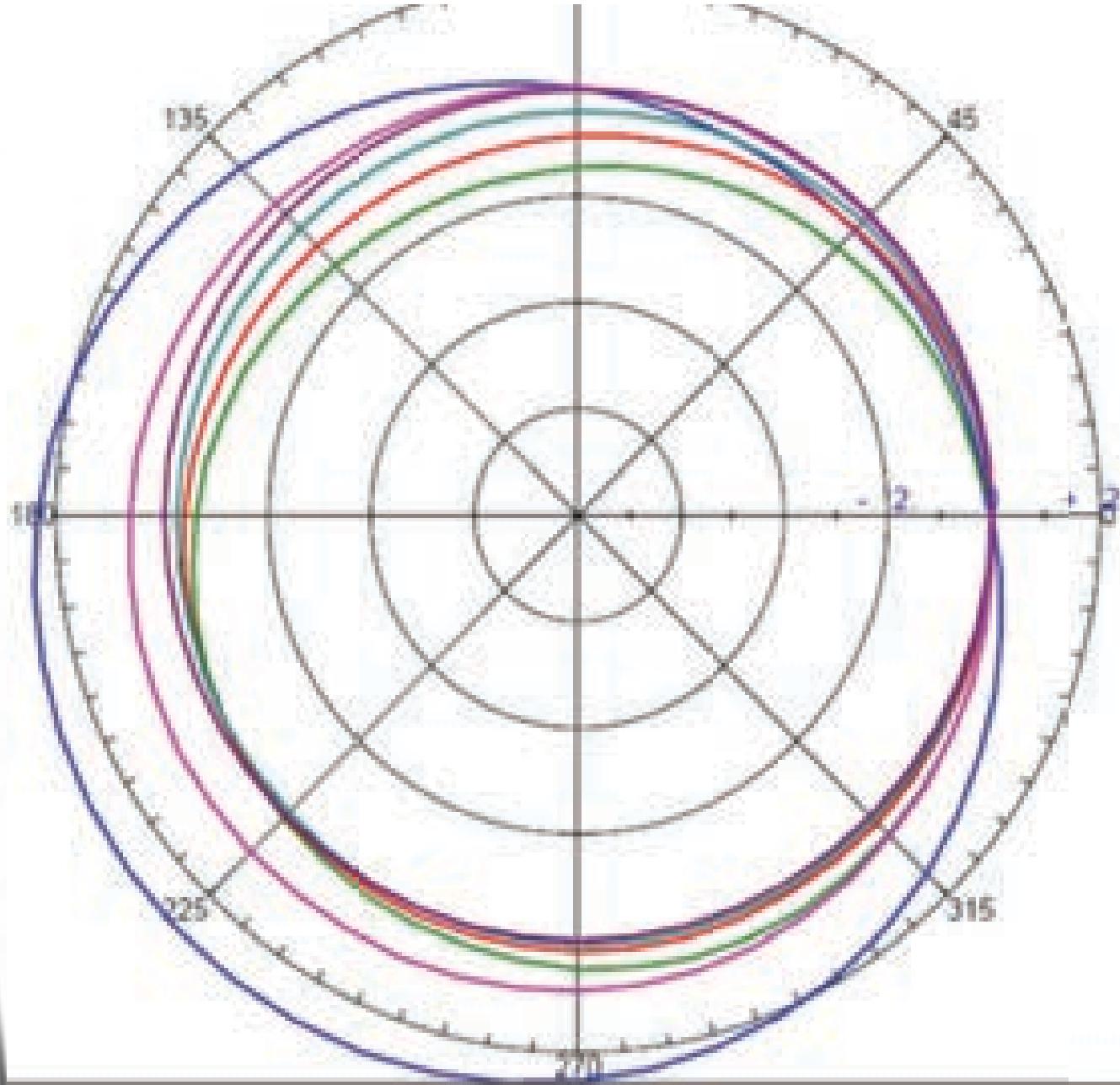
1600



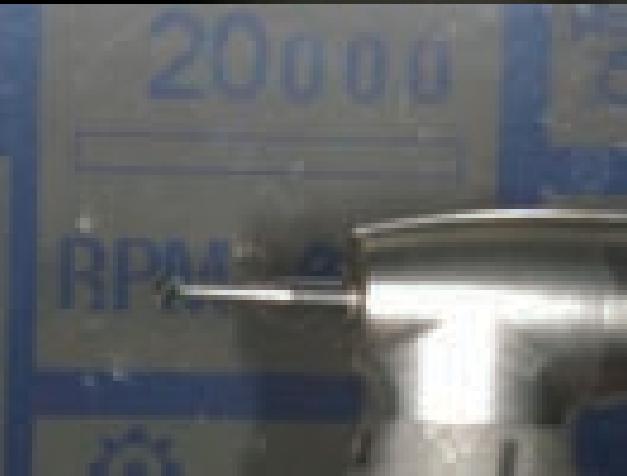
Enamel  
360-430

Infected Dentin  
*(caries to be removed)*  
0-30

# CONCENTRICITY



**Initial decay removal, 10,000 or 20,000  
traditional 4-6 round latch type**



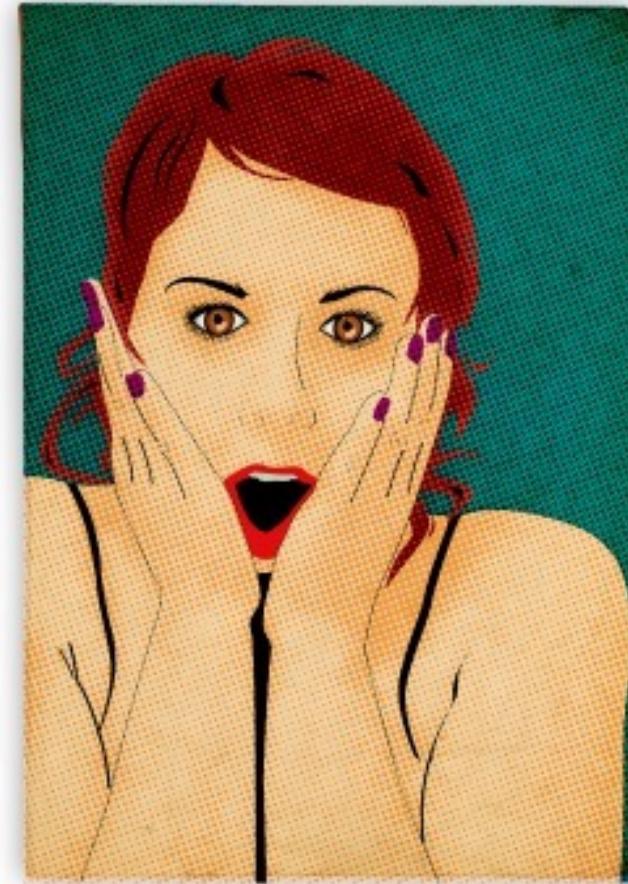


**Final Caries Removal at  
1500 RPM's with  
Komet's Cerabur**

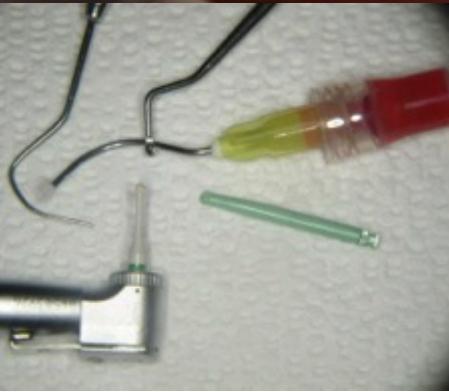


With my low speed preset at 1000-1500rpms...  
I now have **water and light** for final infected caries removal

**Electrics and why to me they are the future**



**So....we know we don't want to leave infected dentin,  
yet nor do we want to see that little red dot of blood**



When do you stop drilling? Is it  
when you see ‘red’ 😬 “on no”!!

## ASR

Komet’s Cerabur 1000-1500 rpms  
Sharp Spoon /Explorer?

Caries Seeking solutions up to you...  
I still use it occasionally but more so  
to evaluate cracks

Transillumination... via Carivu  
Fluorescence via Specta

# Thoughts...

# Etching for 5 or Conditioning for 10



**While the conditioner is placed and rinsed... Triturate your Glass ionomer**



**After 3 minutes  
it's set**

- ◎ Remove excess, on enamel, place bevel

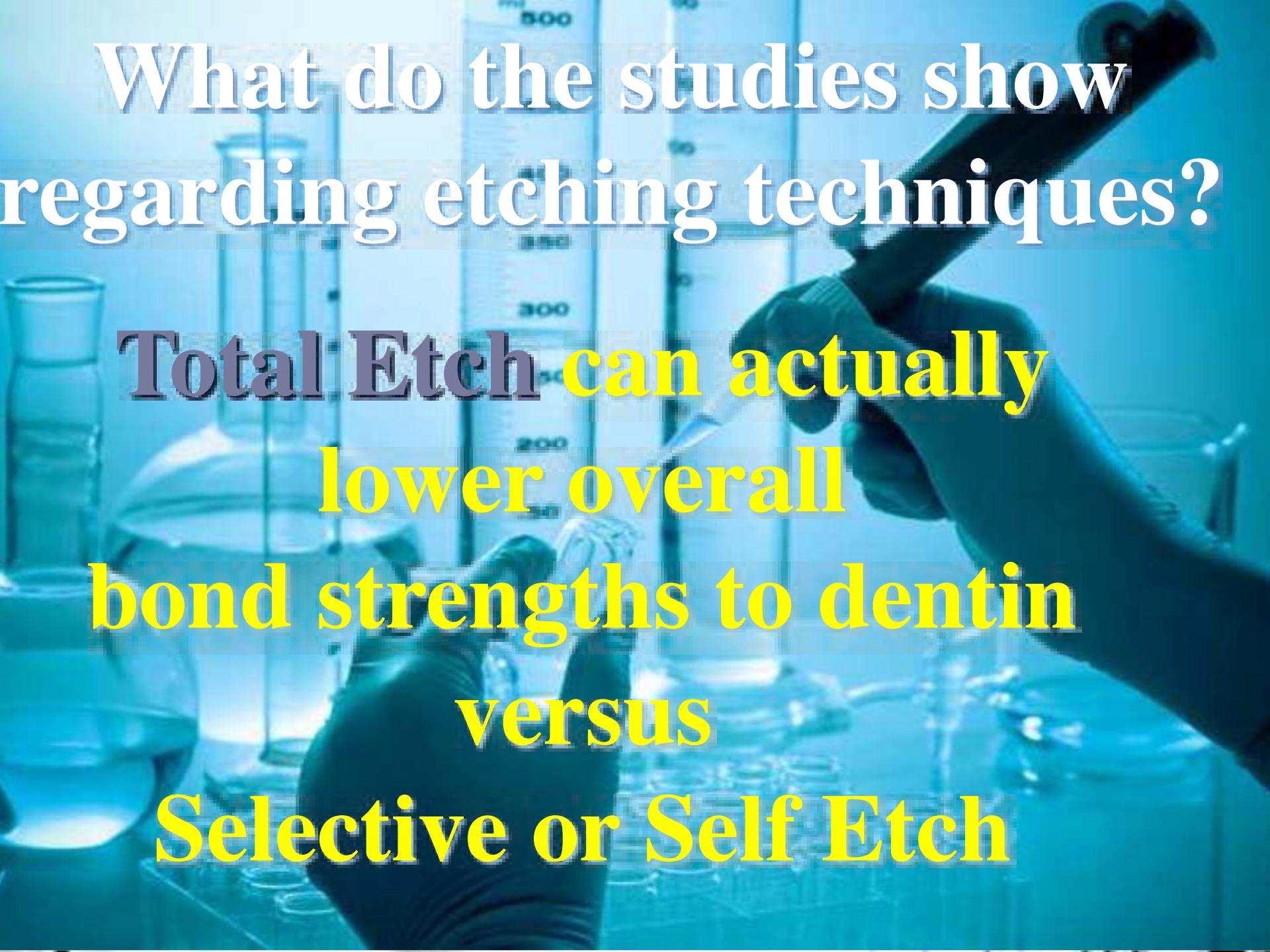


- ◎ Verify 2mm of room for final composite
- ◎ TE/ then simply air/light cure and place a low shrink/low stress composite



# Updates in Direct Restorative Dentistry





# What do the studies show regarding etching techniques?

**Total Etch** can actually  
lower overall  
bond strengths to dentin  
versus  
**Selective or Self Etch**

## Comparison of Bonding Agents

Common representative adhesives products are listed below. Some common products from your manufacturers are also included in some programs.

Adhesive Company	App. Temp.	Initial Bond Strength (MPa)	Composite Bonding Techniques (per manufacturer's kit contents)			Initial Bond Strength (MPa) Self-Cure/ Total-cure	Composite Repair Performance (per kit)	Evaluation Rating	Overall Rating
			Silane	Urethane	Epoxy				
Scotchbond Universal Adhesive 3M ESPE	\$1.50 (200 ml)	•	•	•	•	9	30-35 30-40*	Good	Excellent
Opabond XTR-Ker	\$1.50 (200 ml)	•				25	45-50* 35-37*	Good	Excellent
Primer & Bond Epoxy Dentsply Caulk	\$1.50 (200 ml)	•				15	35-40 35-40*	Good	Excellent
Pink Universal Bond CibaGlobe	\$1.00 (200 ml)	•				25	35-40 35-40*	Medium-Good	Good
All-Bond Universal Blue	\$1.50 (200 ml)	•	•	•	•	15	35-40 35-40*	Good	Excellent-Good
Cerabond SE Bond 2-Kerrey <i>pre-market</i>	\$1.75 (200 ml)	•				9	30-40* 30-30*	Excellent-Good (out-of-box)	Excellent <i>(pre-market)</i>
Primer & Bond Adhesive	\$1.50 (200 ml)	•				7	35-35 35-35*	Medium-Good	Excellent-Good
Cerabond SE Bond Kerrey	\$1.75 (200 ml)	•				9	40-50* 35-45*	Good	Excellent
Opabond Self-Polymer Ker	\$1.50 (200 ml)		•			25	40* 25 35* 35*	Excellent-Good	Excellent-Good
Primer & Bond NT-Dentsply Caulk	\$1.50 (200 ml)		•			7	30* 15 35* 35*	Medium-Good	Excellent-Good

<sup>†</sup> Includes rural African Jewish population.

A set of small, light-blue navigation icons typically found in LaTeX Beamer presentations, including symbols for back, forward, search, and table of contents.

#### Summary of Data

- Bond strength: All bonding agents tested show adequate initial bond strength (24-48 hr) for long-term (6-month) bond strength data for most universal products in the current marketplace, see *Clinical Report* August 2012.
  - Decreased dentin bond from phosphoric acid use: Majority of adhesives tested (8 out of 10) showed decreased bond strength when phosphoric acid was used on dentin (and not enamel). Enamel acid etching has been shown by multiple studies to remove (enzymatic/mechanical) proteins of dentin collagen structure.
  - Radiopacity: All adhesives tested were very radiopaque (from 7 to 20% aluminum equivalent).

Thus the move to  
Universal Bonding  
Agents....**Total Etch**  
when you need it,  
**Selective Etch** when you  
need it or **Self Etch**  
when you need it

# Thoughts with Bonding Agents

If you are bonding JUST to **dentin**, state of the art self etchants or Universal bonding agents with NO etch are the recommended technique, There is no reason to use phosphoric etch if NO enamel and a perfect example is a **crown buildup**

If you are bonding JUST to **enamel**, it is still the recommendation to total etch technique especially if there is uncut enamel present

If you are bonding to both...**Selective etching** is now seen as the best option for maximizing bond strengths but often in small preparations you will Total etch

# **The New Gang!**

**All Bond Universal**  
**Prime and Bond Elect**  
**Scotchbond Universal**  
**Peak Universal**  
**Adhese Universal**  
**Futurabond**  
**G-Premio Bond**



# **Universal Bonding Agents**

## **One bonding agent for all 3 applications!**

**Total Etch....**15 seconds of etching enamel and dentin, rinsing, suction drying and then Universal Bonding Agent (UBA) no scrubbing required

**Selective Etch...** 15 seconds of etching enamel, rinsing, suction drying and then UBA

**Self etch with UBA**

The later 2 etch techniques require 20 seconds of agitation and then air drying (soft to hard)

So with all the  
**Universal Bonding Agents**  
How do we differentiate?

**Versatility**

# My daily options

# How do you choose?



# When to Use...

- These are the same
- One is simply in a unidose delivery system
- The unidose allows you to use multiple times on multiple restorations on one patient.
- The bottle in our office is when you need only one or two drops: for one procedure
- WE prefer unidose because it's 100% the same content when we open it.
- These MUST be light cured



# All Bond Universal

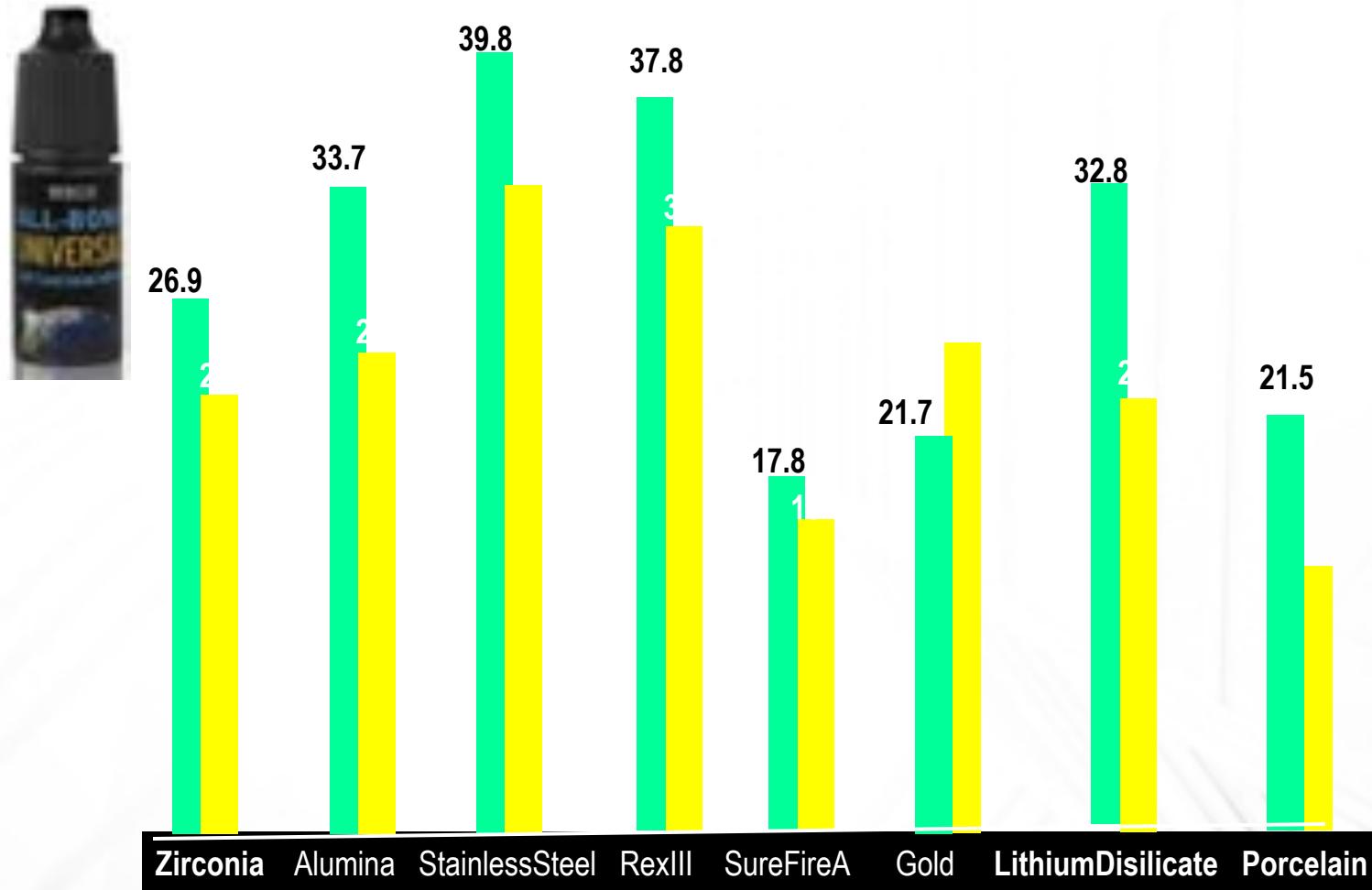
- Low film thickness (less than  $10\mu\text{m}$ )
- NO additional activator required unless you want full self cure....
- NO refrigeration needed, store at room temperature
- Bonds well to many substrates and this is a key point!!
- Directions include scrubbing for 10 and then 10 more
- Air drying a minimum of ten seconds....



Saving Money....  
All Bond Universal  
Enough for way to many  
restorations on one patient

# Bonding to Indirect Dental Substrates, MPa

ALL-BOND U versus SCOTCHBOND U + D/C Activator



All-Bond Universal w/ Duolink & ScotchBond Universal w/ RelyX ARC. Resin cements were light-cured (except where indicated).

# **Advantages: With Futurabond U, one adhesive for all adhesive needs**

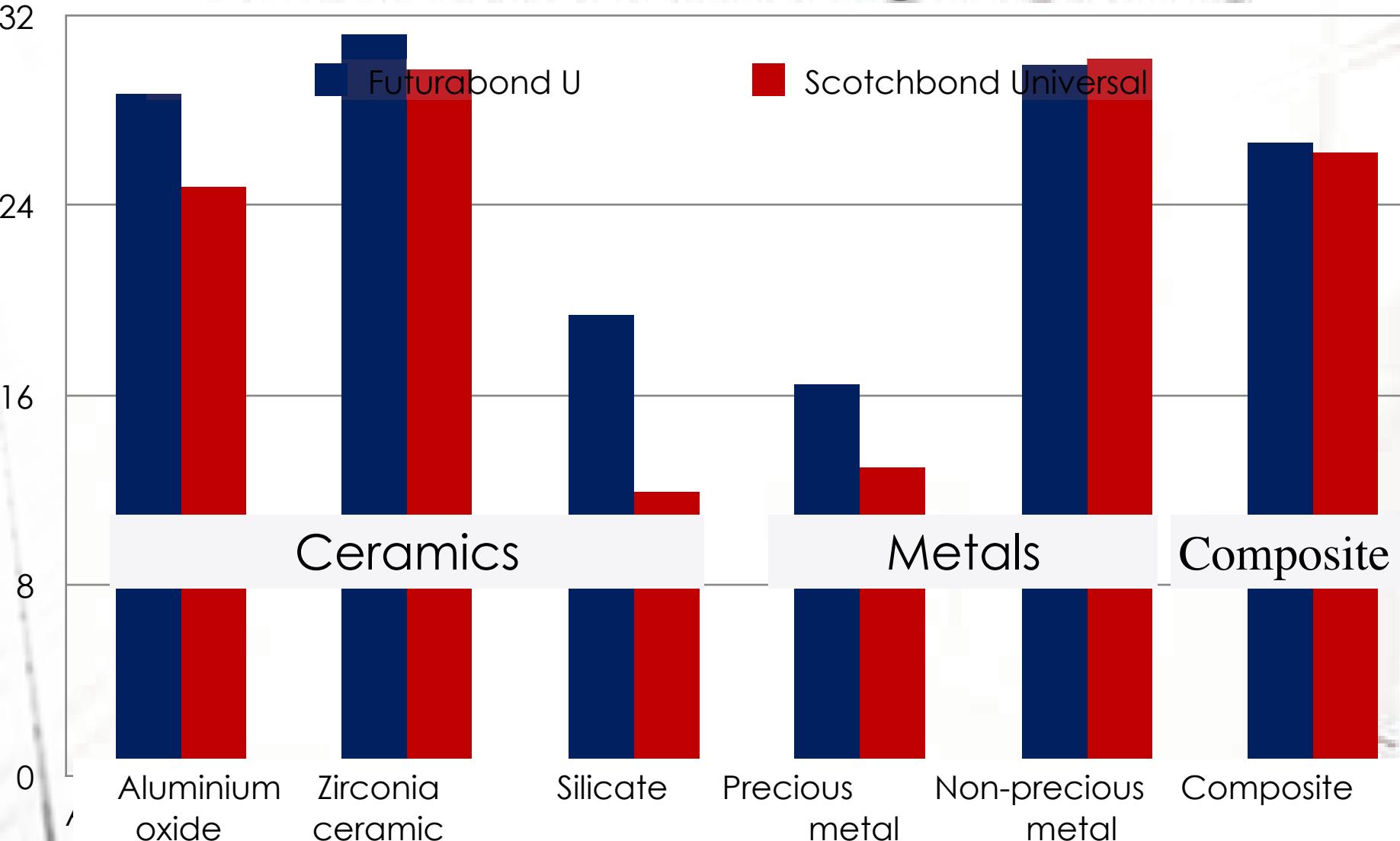
- For all direct or indirect materials including posts
- NO additional activators required for self or dual-cure modes.
- Bonds to all light, dual and self-cured resin materials
- Bonds to metal, zirconia, aluminum oxide, silicate ceramic without any extra primer
- No refrigeration necessary



**Fast and easy one-coat application  
(apply, dry and cure in 35 sec.)**

# Shear bond strength [MPa]

Repair of different materials with composite



**Futurabond U flows onto the  
ceramic (one example is zirconia),  
The acid group of its unique  
monomers has a very high affinity to  
the surface of the oxide ceramic, and  
achieves an excellent bond**

**Great for Resealing Endodontic  
Access openings in Ceramics**

**Without the need for  
Primers and Silanes,  
This becomes far less  
technique sensitive**

**Another benefit of the adhesive monomers is that they reduce the surface tension of the liquid itself, which decreases the viscosity and thus allows a superior wetting ability.**

**This equates to a complete covering of the retentive surface, a homogenous penetration of the collagen network and optimal sealing of the dentinal tubules or along any surface**

**I love them for my posts for many reasons, this is one**

**Due to this wetting ability  
even in phosphoric etched  
dentin the material will  
flow to the depths of the  
etching**

**Another wonderful advantage  
that we love is that it can be  
used as a light cure/dual cure  
or self cure without the need of  
an additional bottle.**

**All based on chemistry and it's  
unique delivery system.**

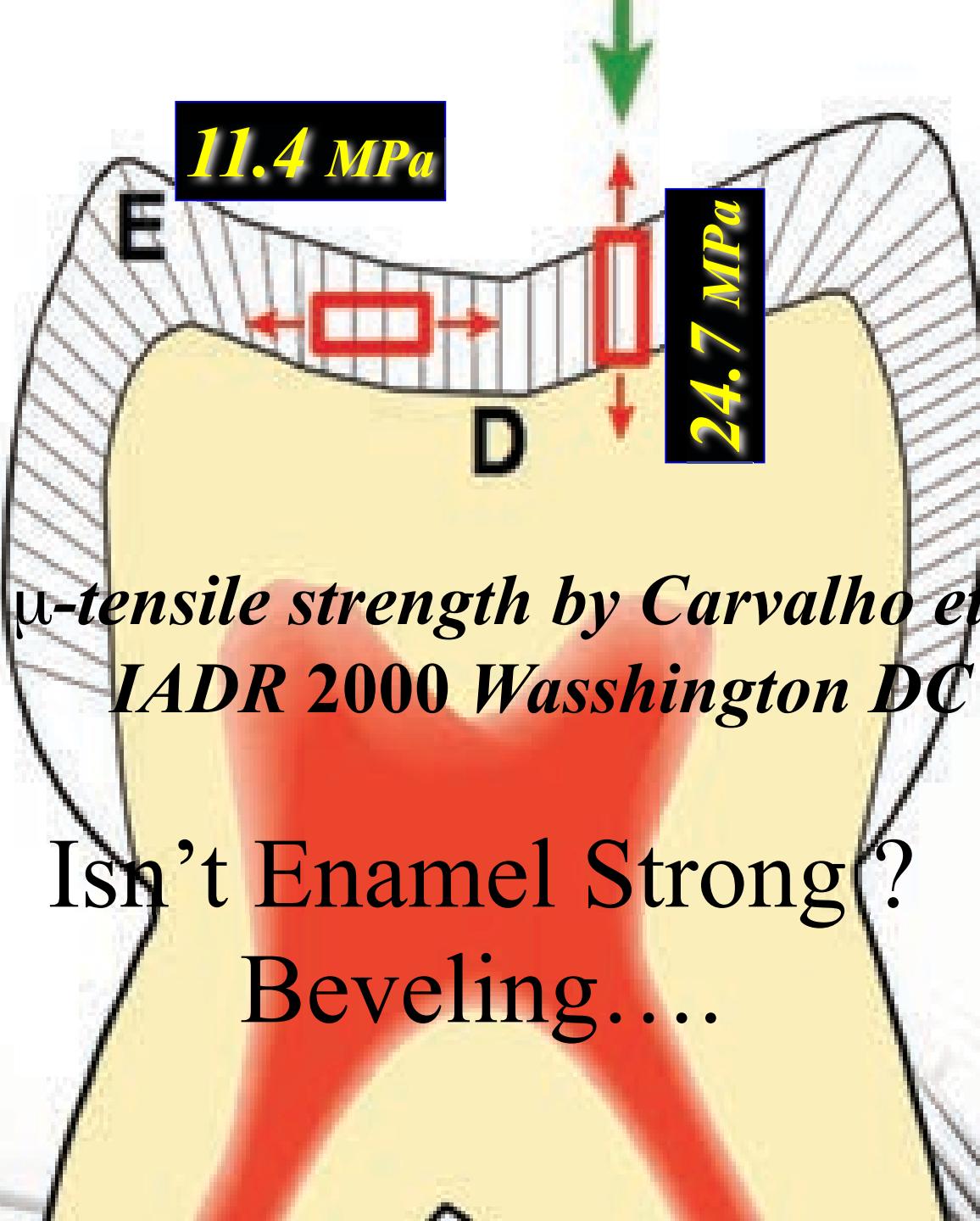


# Why do I have both then?

- Futurabond U only comes in a unidose and this is good for routinely one restoration if you are doing one restoration at a time.
- I love having the convenience of everything in Futurabond U
- Equally, I am cheap, and many times I like one or two drops from the All Bond Universal bottle or if doing multiple restorations, I only have to open one unidose

# **Part 2...**

## **The low stress low shrink posterior composite and why**



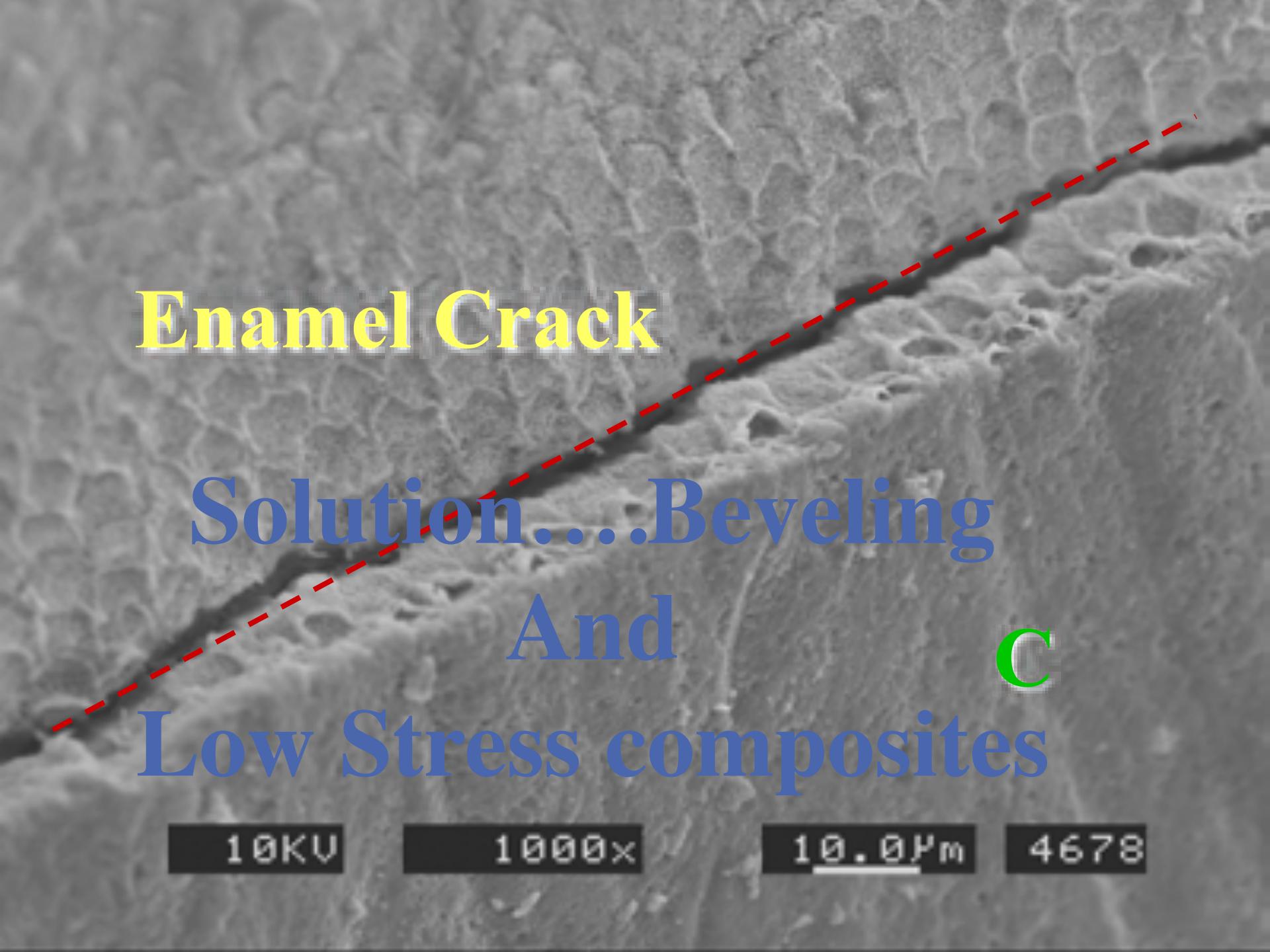
*$\mu$ -tensile strength by Carvalho et el.  
IADR 2000 Washington DC*

Isn't Enamel Strong?  
Beveling....



## Post Curing Stress

What is the cause of the white line?



**Enamel Crack**

**Solution....Beveling**

**And**

**C**

**Low Stress composites**

10KV

1000x

10.0  $\mu$ m

4678

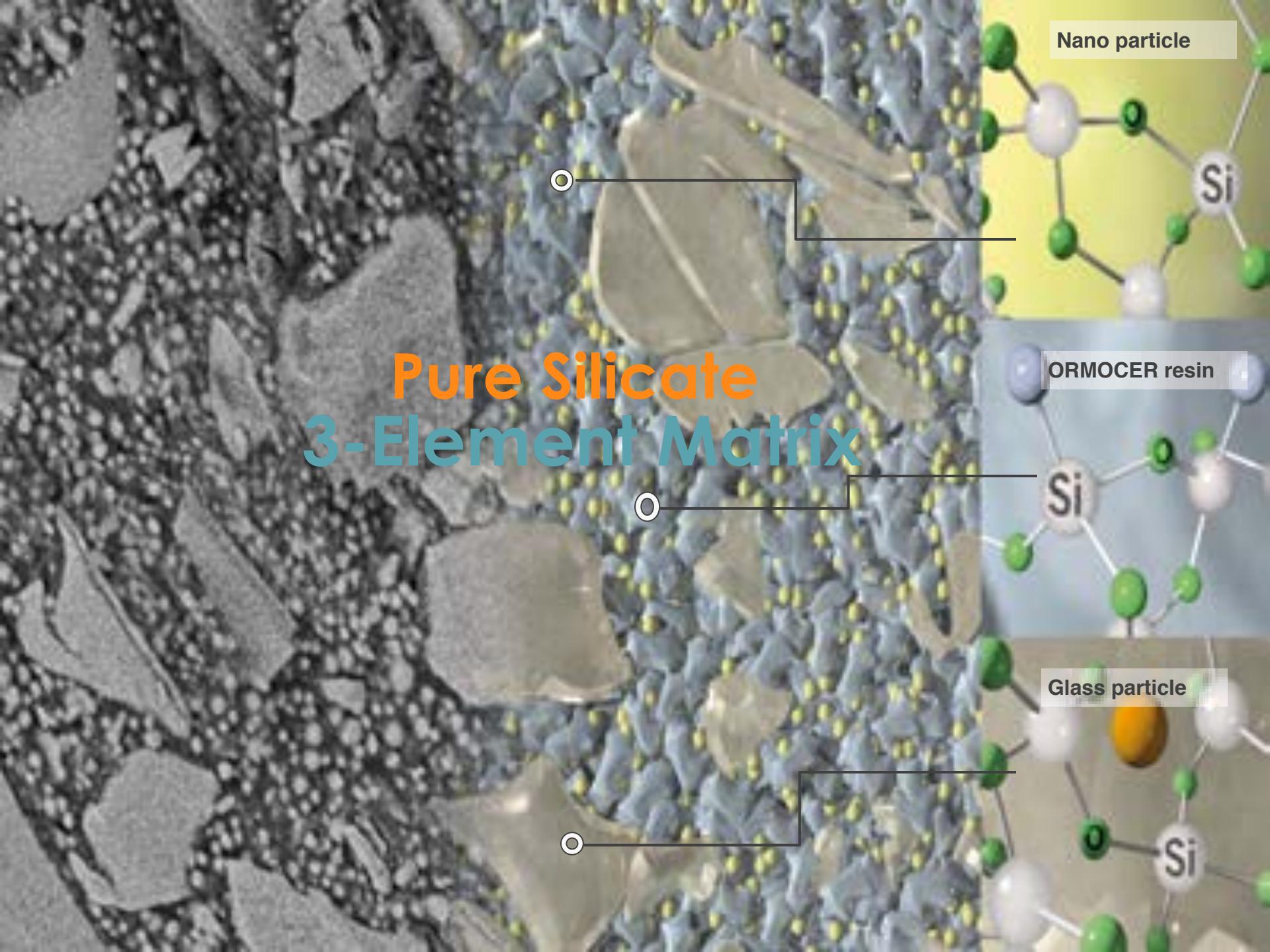
**The latest...universal low stress and  
low shrink composites but that can  
be used in the anterior!**



**ORMOCERS  
NO “METH”**

**meaning**

**No Methacrylate Monomers  
Very Biocompatible**

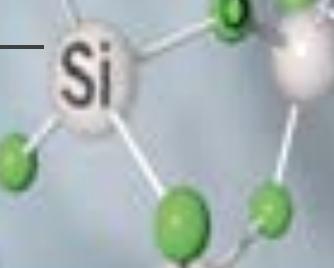


# Pure Silicate 3-Element Matrix

Nano particle

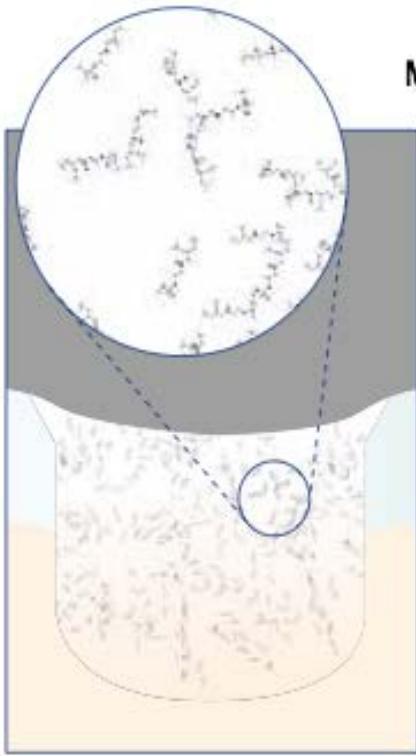


ORMOCER resin

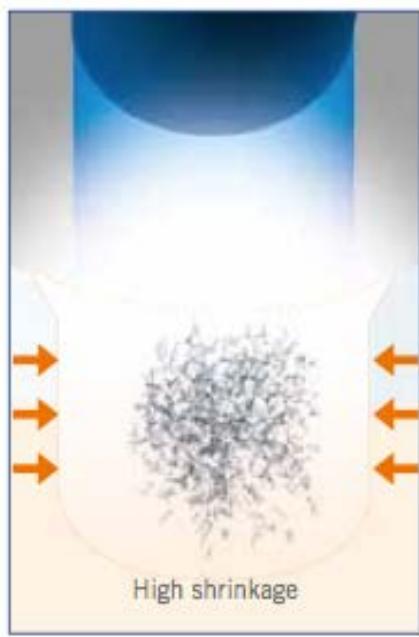


Glass particle

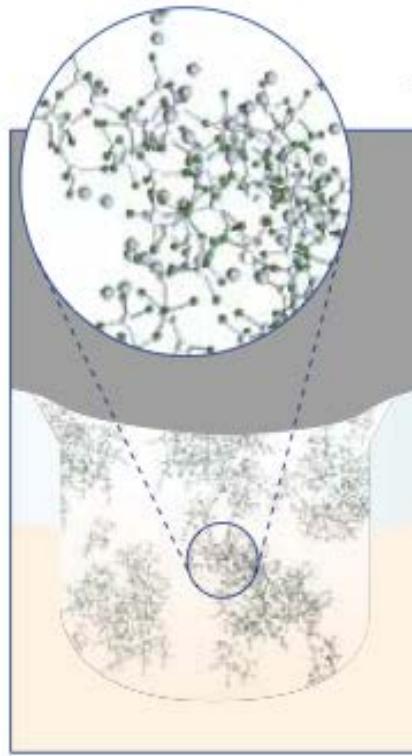




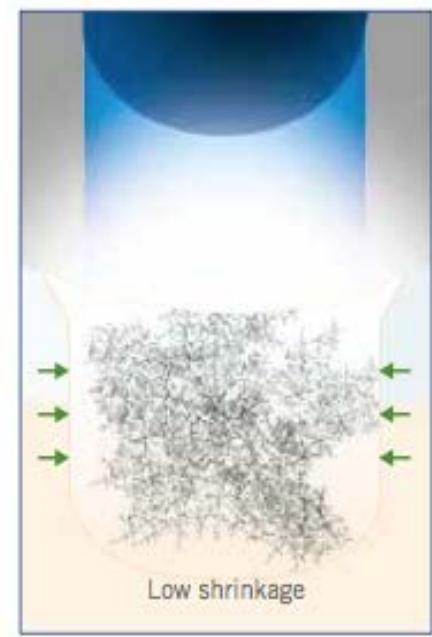
Methacrylate composites



High shrinkage

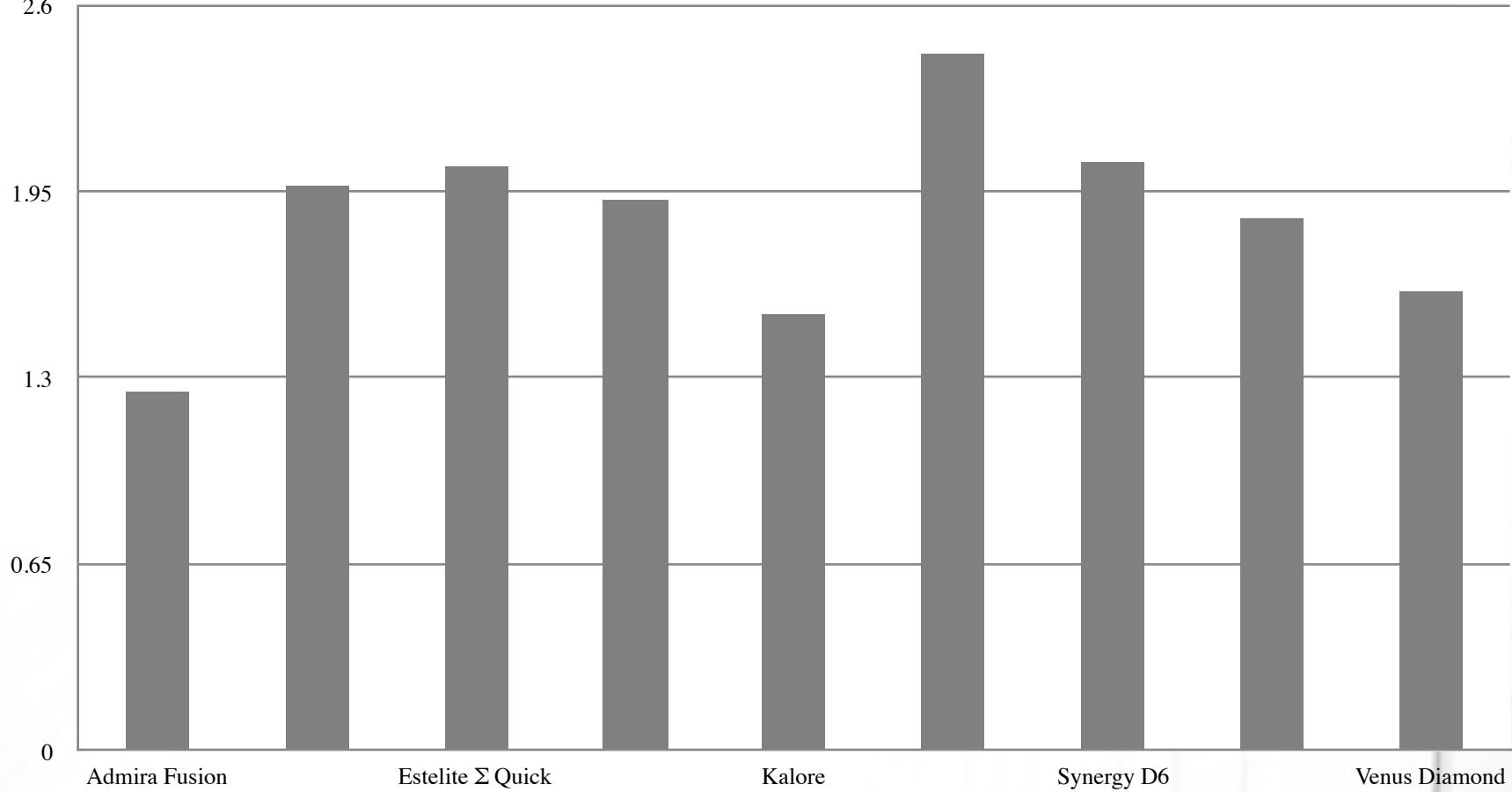


Admira® Fusion



Low shrinkage

Without traditional methacrylate technology  
Lower cross linking shrinkage and lower shrinkage stress



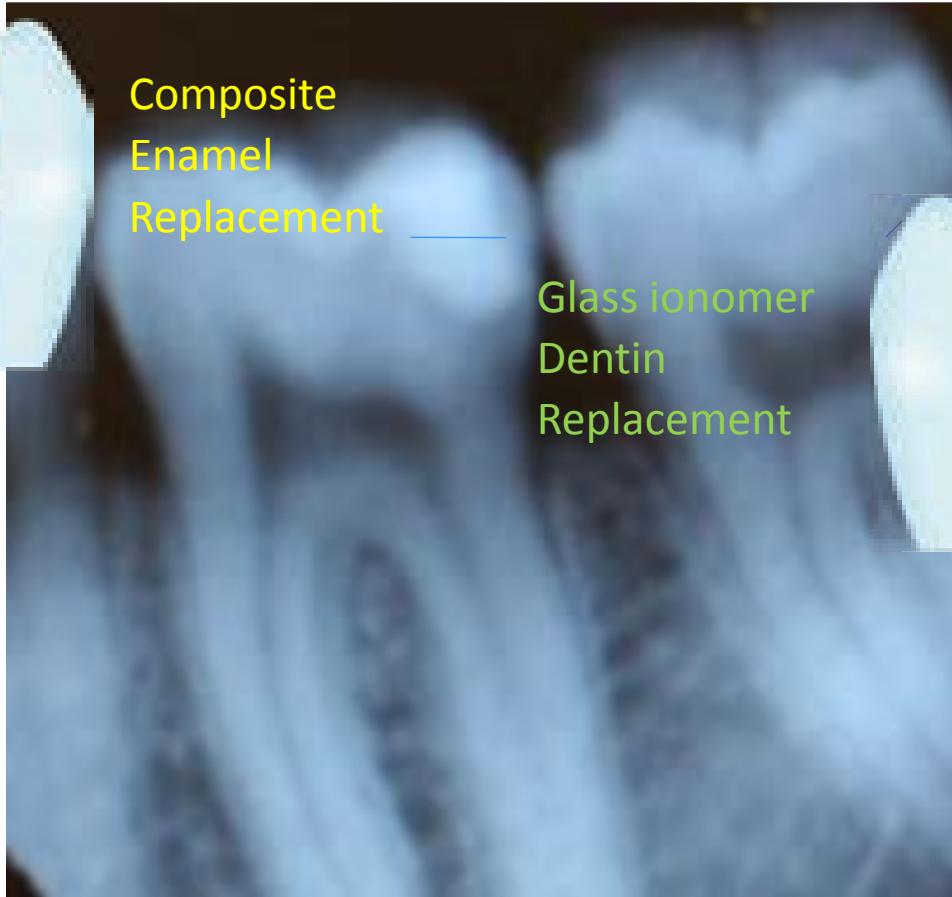
# Shrinkage Internal Studies

# **Stress Internal Studies**

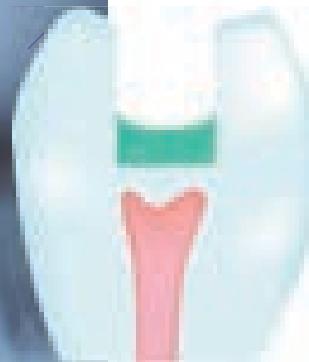
# Placement: Dentin/Enamel Replacement



Composite  
Enamel  
Replacement



Glass ionomer  
Dentin  
Replacement



**Recall...**

**What would you want in your mouth?**





Introducing  
The latest in  
Transillumination

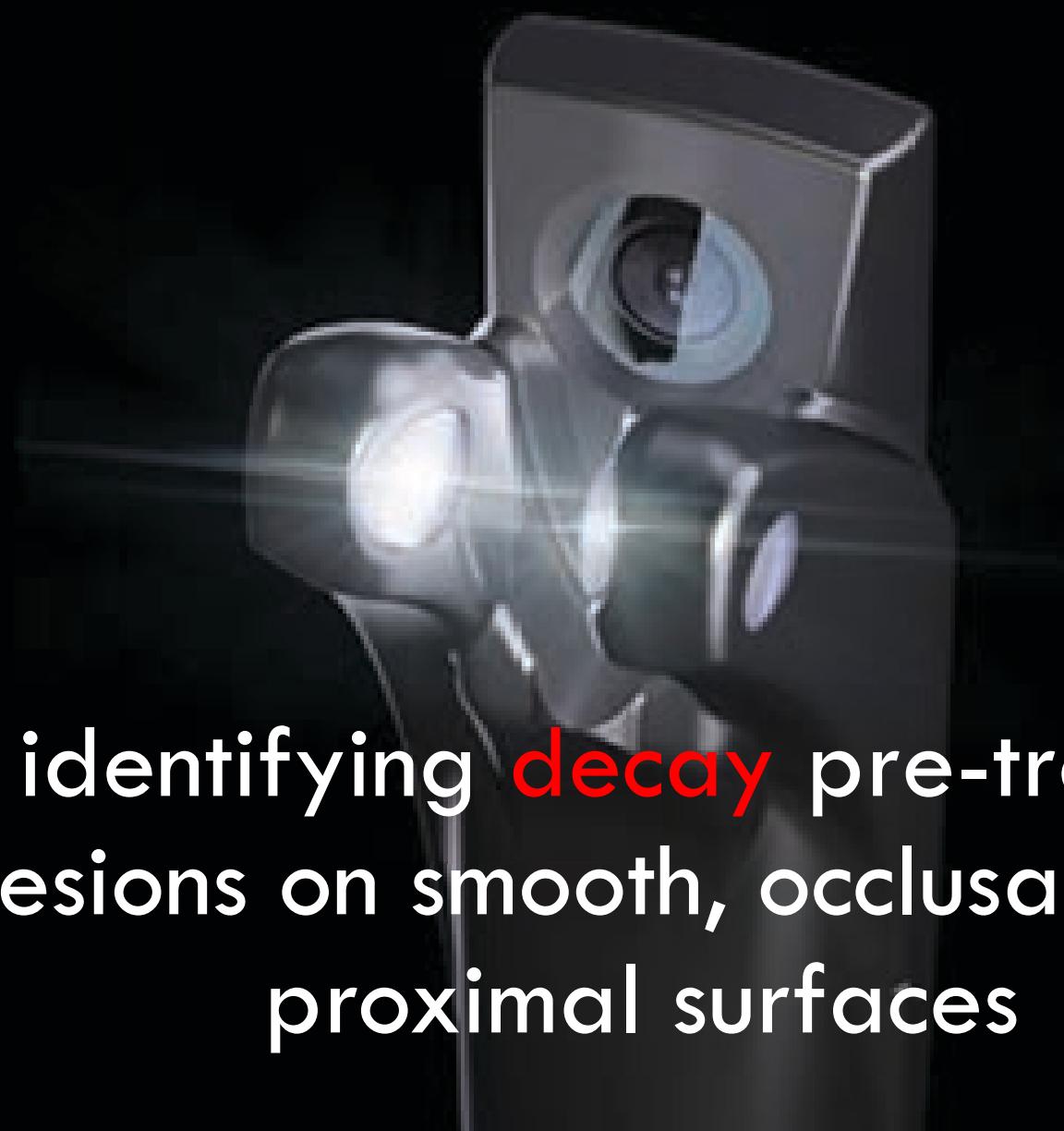
# CariVu: Transillumination



- Near Infared light...no radiation
- Enamel appears transparent or light
- Porous lesions appear **darker** by trapping and absorbing the light: these include cracks and caries
- Video capture....live scans
- Stored in Dexis, excellent for communication to patient and yes...to insurance companies

How has CariVu been  
incorporated into my  
practice?

Is it worth the investment?

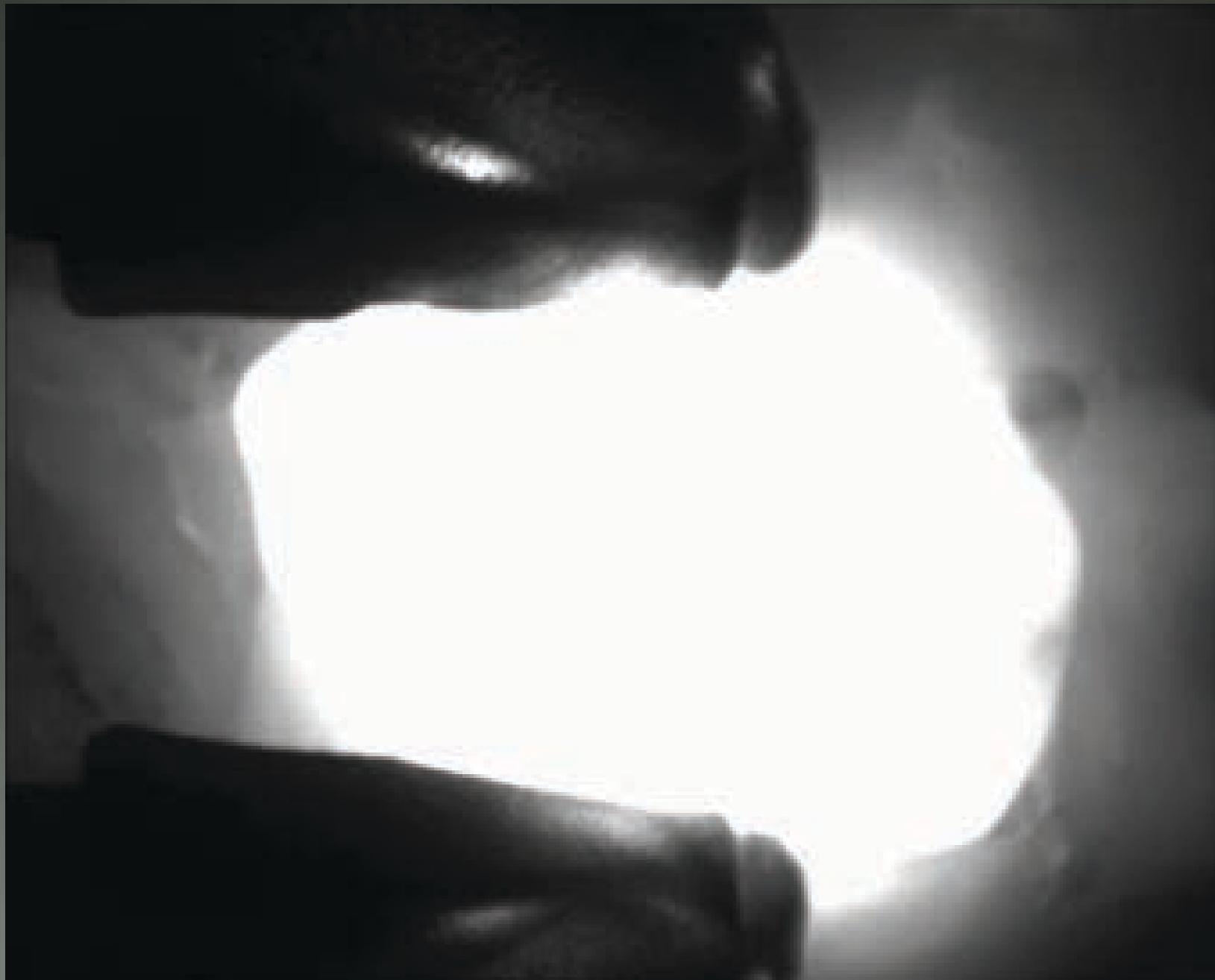


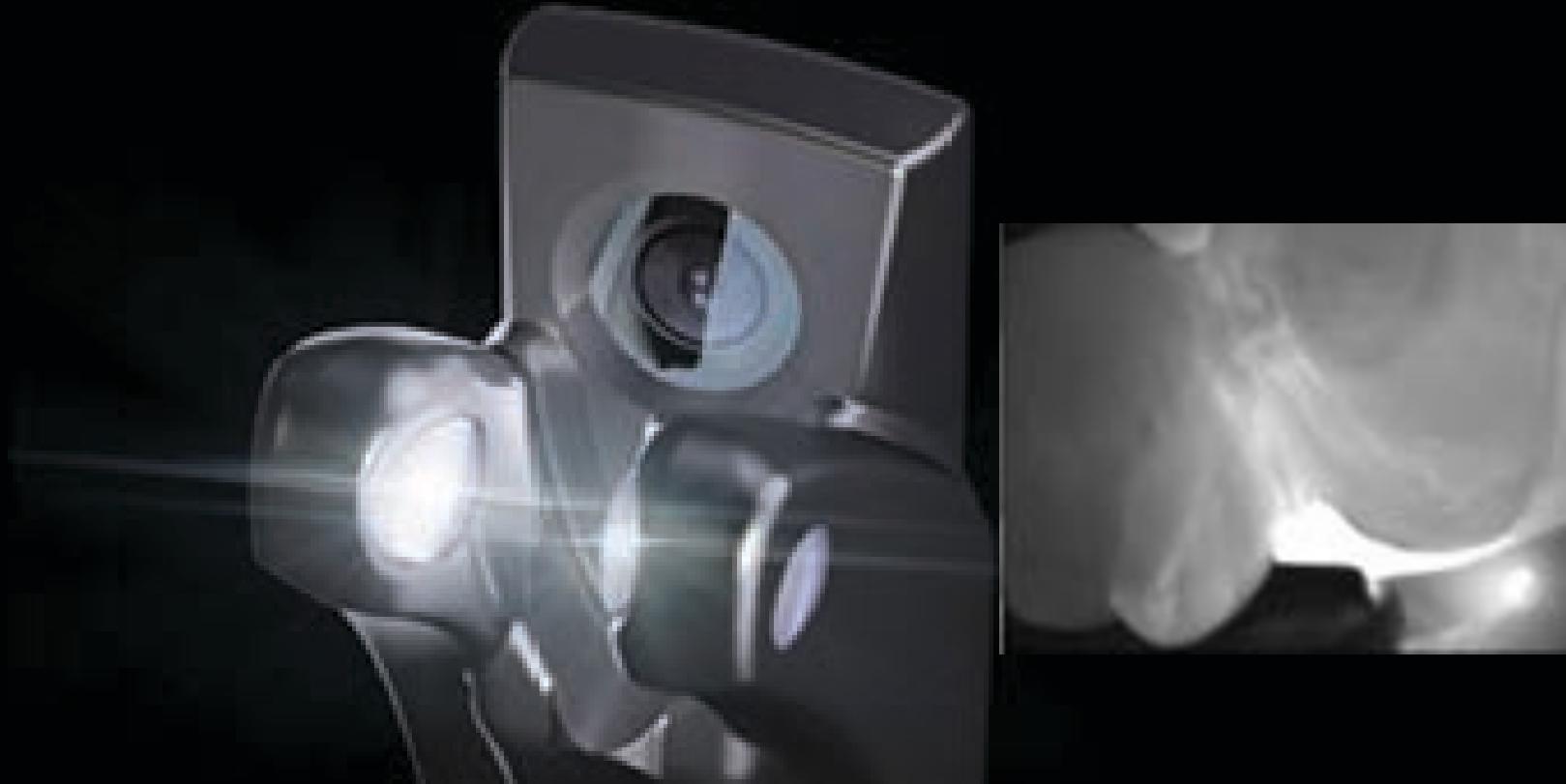
For identifying **decay** pre-treatment,  
lesions on smooth, occlusal, and  
proximal surfaces

This is included in all of  
my initial exams and  
periodic exams for patients  
who do not have class 2  
restorations:

Utilized to compliment or  
substitute for x-rays for  
evaluation of non restored  
class 2 lesions







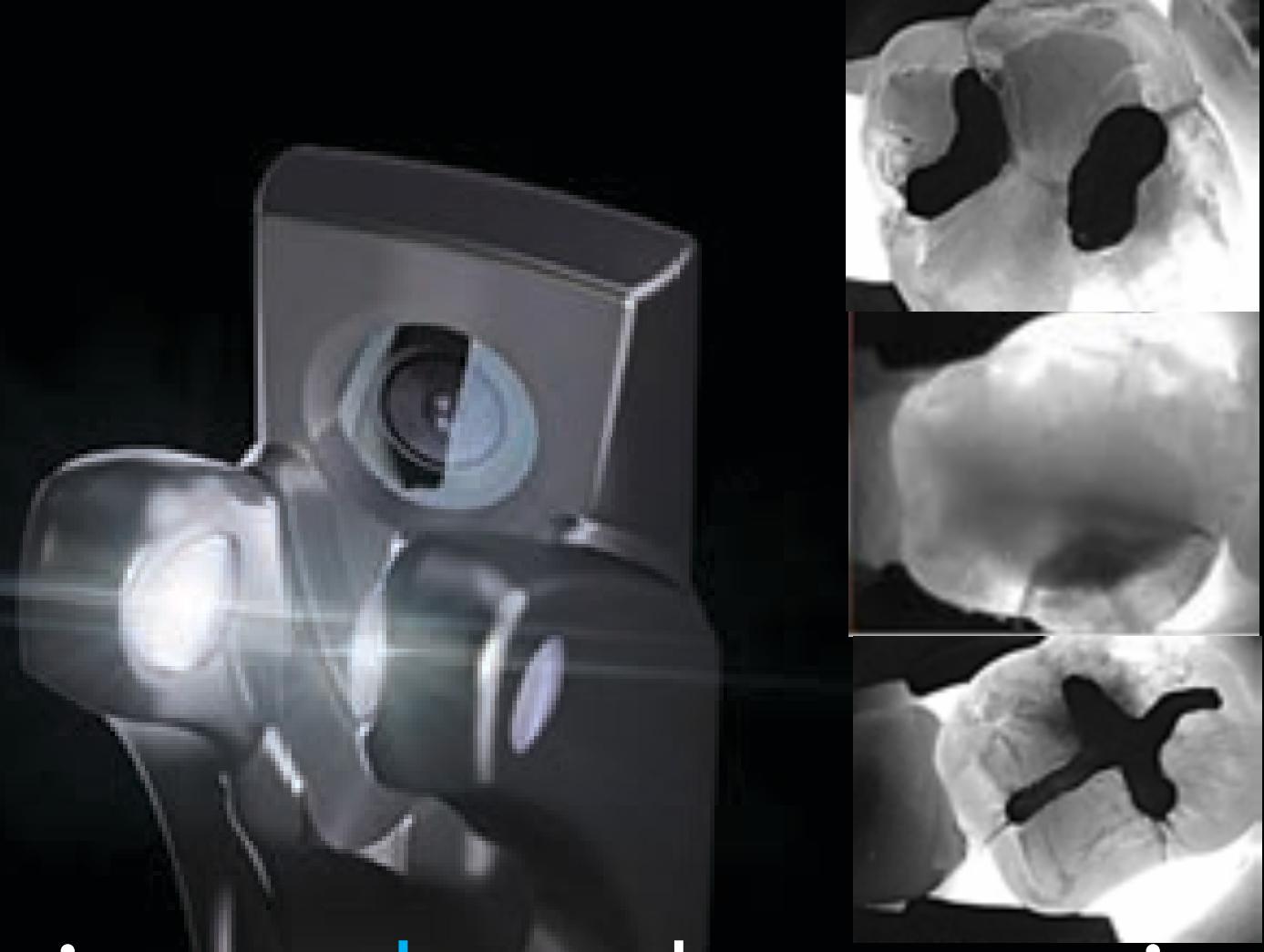
With proximal surfaces, one can identify  
where the **lesions** are  
buccally and lingually



For **decay** evaluation during treatment

For **crack** determination during treatment

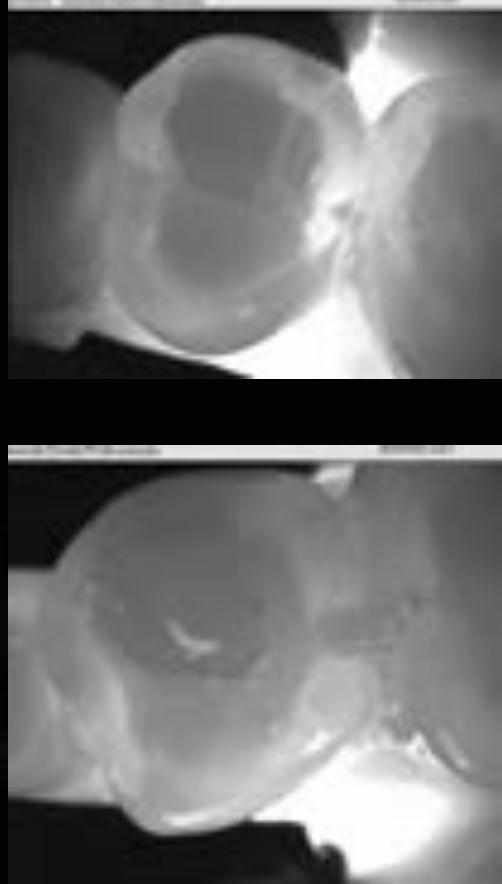
Evaluate older restorations  
for peripheral decay,  
evaluate for cracks



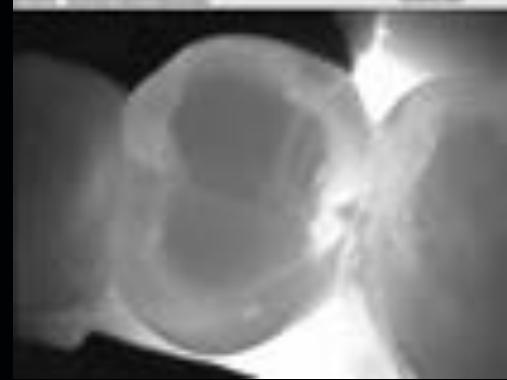
For identifying **cracks**, and to a certain level, the severity of the **cracks**

This has become my “go to” diagnostic when evaluating for interproximal decay and in fact for patients under 18 we have eliminated the vast majority of Bite-Wing X-rays

This coupled with our Loupes/Lights along with Spectra for Class 1's and smooth surface caries has replaced traditional diagnostics in our practice for patients



Allows superior interproximal decision  
making regarding Watching, Infiltrating,  
Drilling



After Icon translucent  
Infiltration

For saving these images within the  
software for:  
Comparison and Follow-up

Carivu does NOT replace  
x-rays in our practice because the  
diagnostics of x-rays are far  
expansive in other complimentary  
areas



For saving these images within the  
software for:  
**Insurance**

The ADA code D0425 new in 2017

If used instead of bite-wings our fee is \$75

If patient has insurance and wants bite-wings, we  
do these complimentary

These are covered in our in-office Dental Plan

FYI...United Concordia and other Insurance companies are decreasing  
their reimbursements for  
x-rays if pathology is NOT found

The number 1 question  
when I present CariVu...

Can it work with my current digital  
imaging system if it's not  
Dexis?



# **Why we are changing our protocols**

# **Nicole's (ICON GIRL) Her first check-up with Carivu**

**33 year old mom of two**

**Low caries rate, or so we thought**

**Uses floss at Christmas for ornaments**

**Twice a year hygiene visits**

**Small breaking down class 1 restorations**

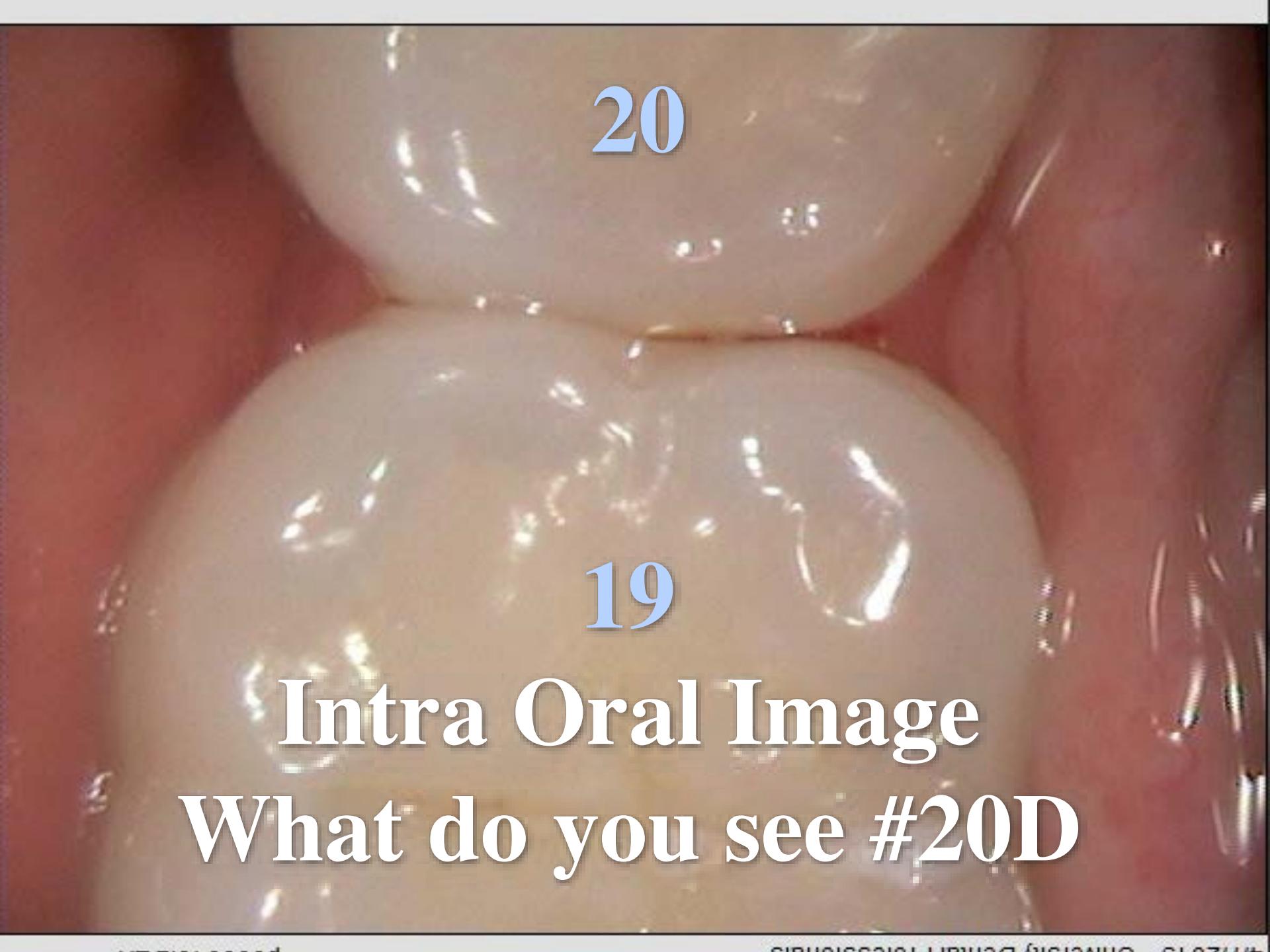
**Asymptomatic**

**Routine Bitewings  
yearly images with a  
great system**





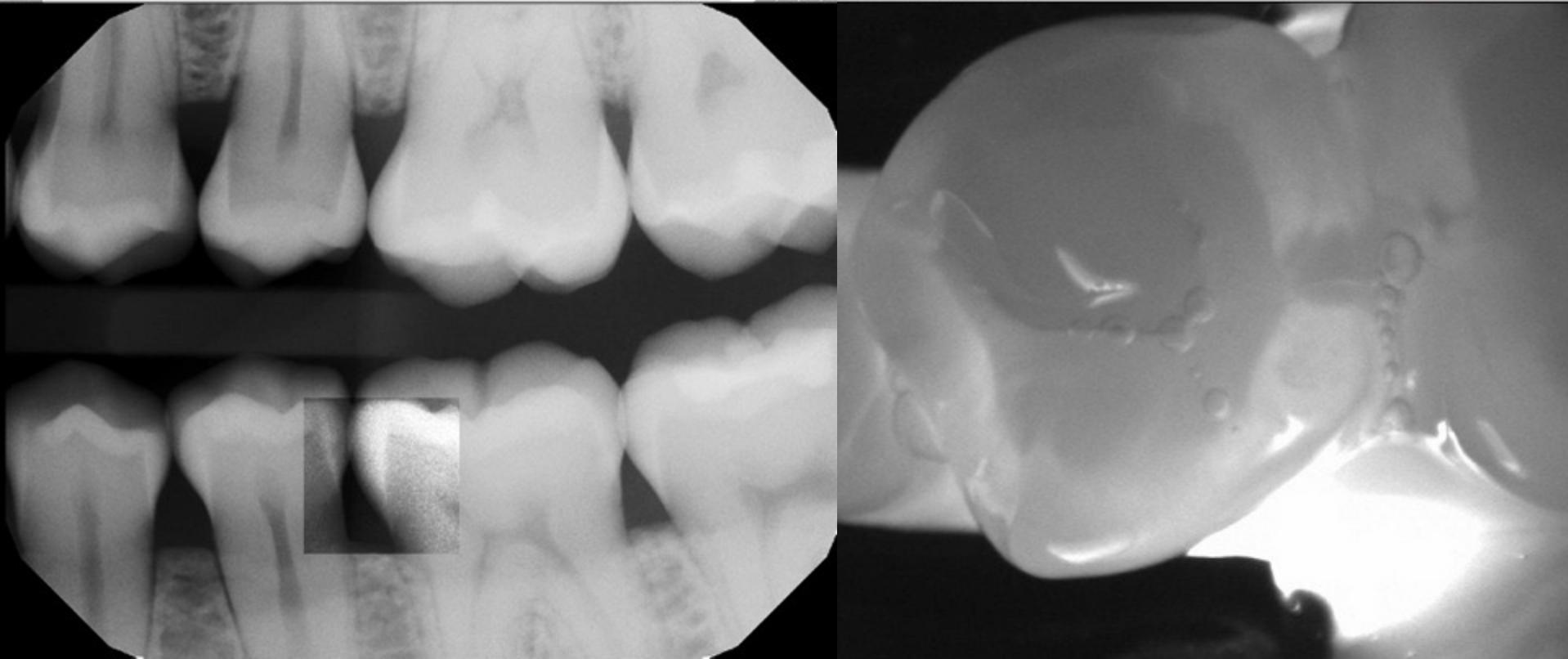


A close-up intra-oral photograph of the upper teeth. A dental mirror or probe is visible on the right side, reflecting light. The teeth appear healthy with white fillings.

20

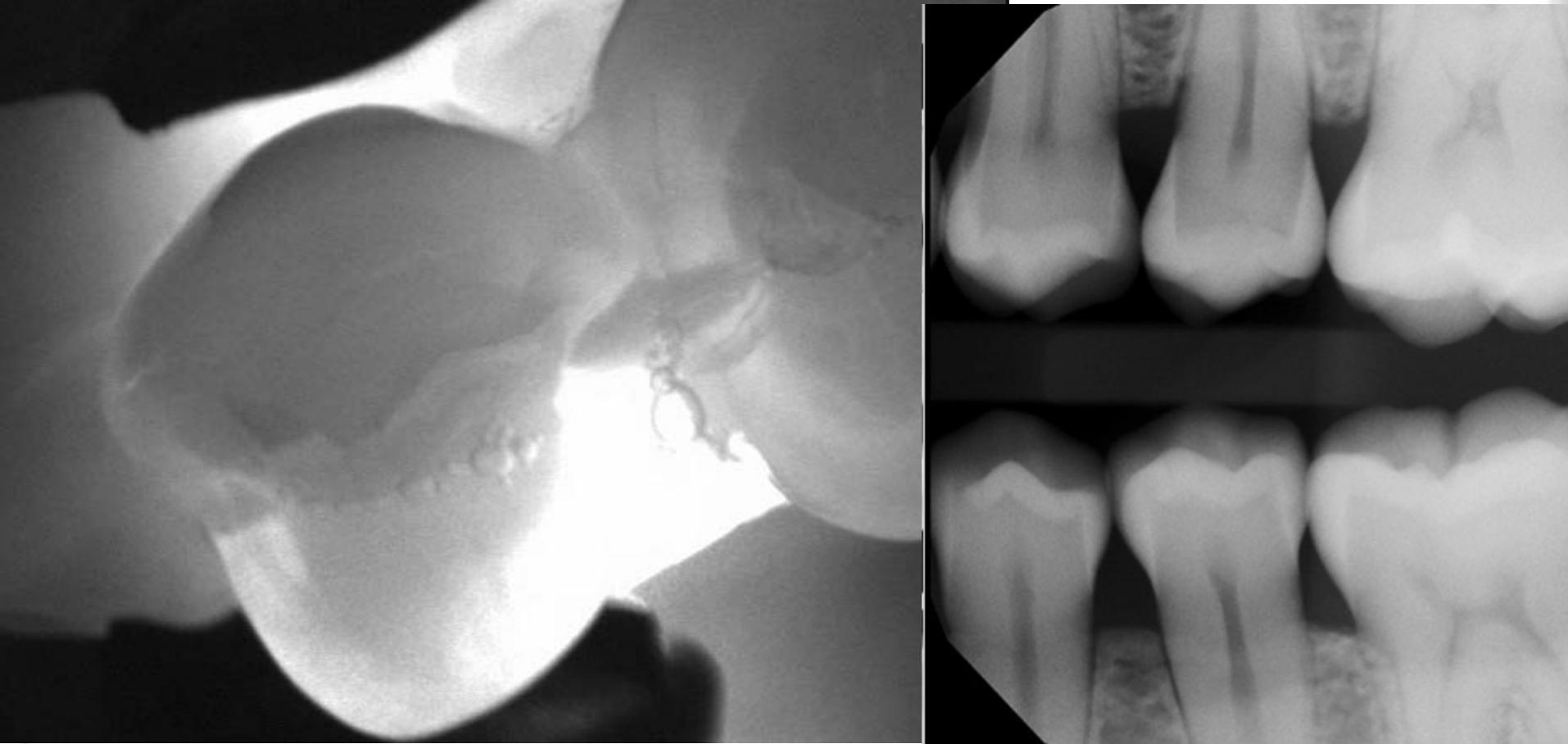
19

Intra Oral Image  
What do you see #20D



# Bitewings versus CariVu

## No question D1 caries



**12D....13M1.... All D1 caries  
clearly seen diagnostically**



15M...I can see where buccally/lingually to drop the box without guessing and of course have to use a wedge guard

#5 Distal...E 2 caries  
We ICON These



# ICON



**Application of a resin material engineered to penetrate and fill the sub-surface pore system of an incipient caries lesion to strengthen, stabilize and limit the lesion's progression as well as mask visible white spots**

# **ICON**

**IS NOT radio-opaque due to the fact that the material would NOT infiltrate. The process takes about 20 minutes per tooth**

**Billing is 150-200\$ and my pitch is...no drilling is best and we follow yearly on x-rays**

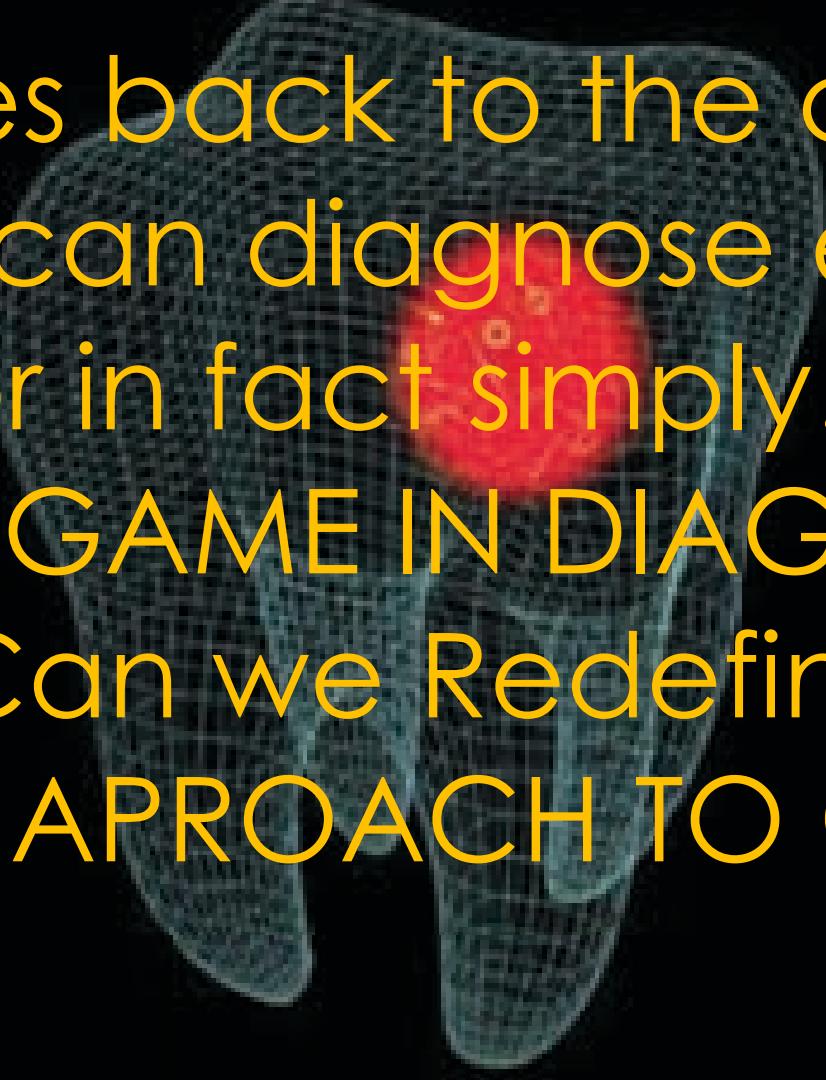
**47 research articles show far less caries after placement than NOT placing**

**Dam is highly recommended especially in lower posterior**

**If contacts are tight...orthodontic separator may be required prior to therapy**

# Summary of ICON





This goes back to the concept  
If we can diagnose earlier,  
or in fact simply...

“UP OUR GAME IN DIAGNOSTICS”

Can we Redefine  
“OUR APPROACH TO CARE”

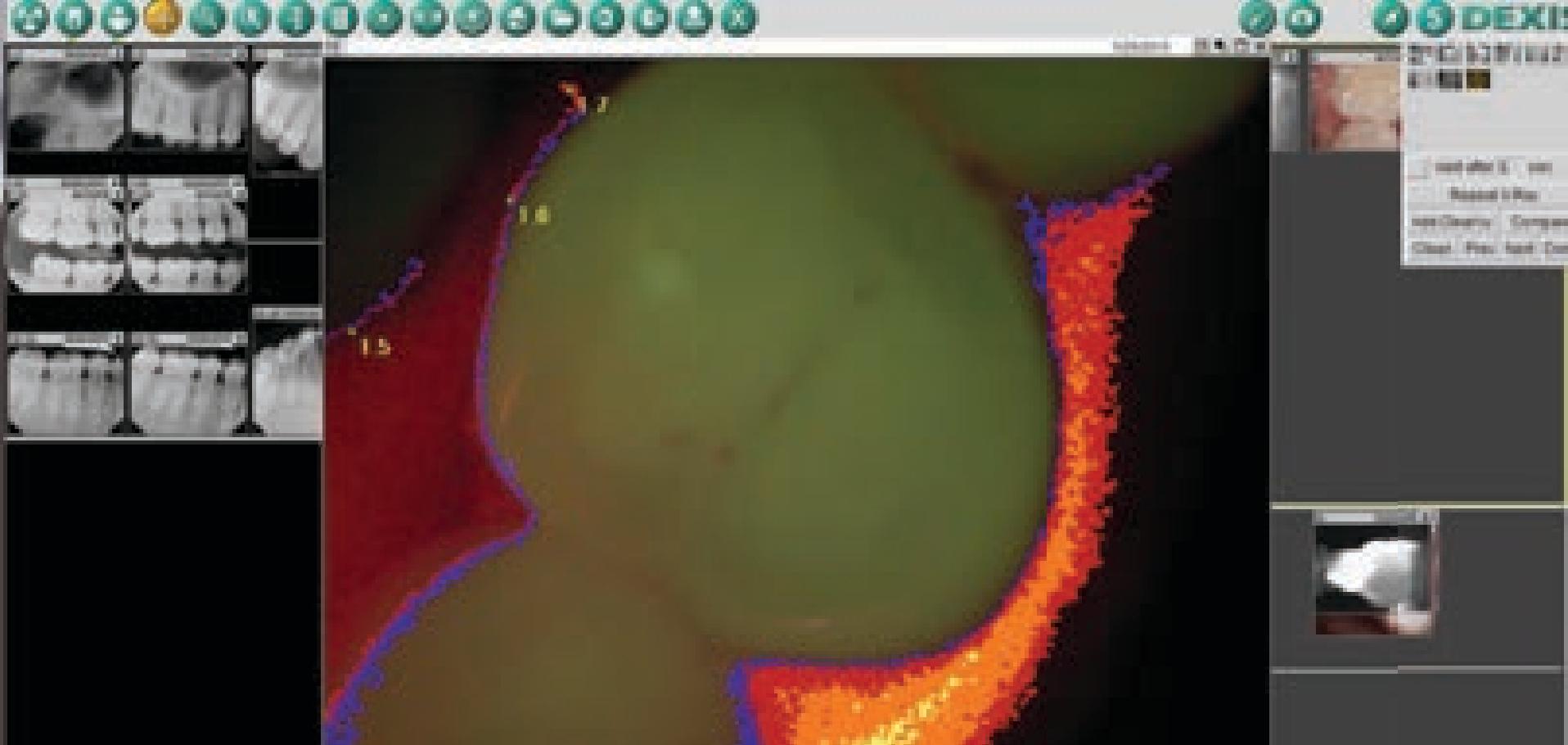


12 and 13

Minimally invasive

12D has an opalescence

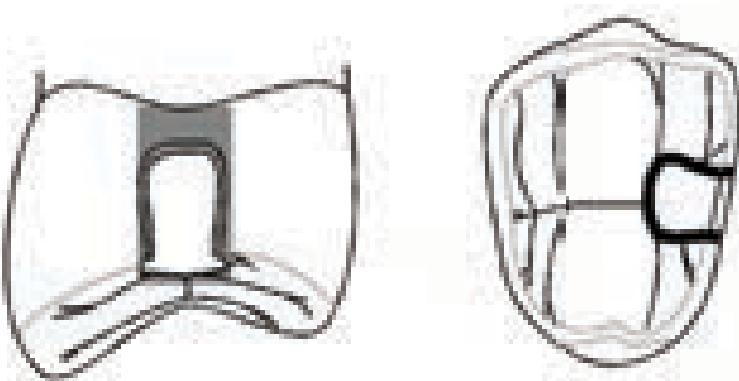
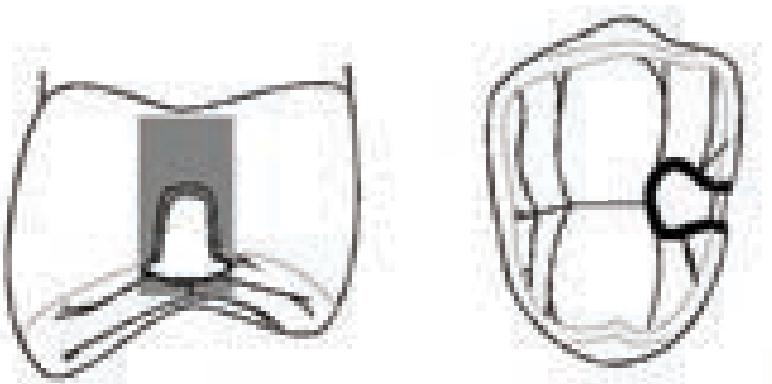
13 minimal change seen, yet...



**12 Spectra...no occlusal decay  
Why weaken the tooth?  
Slot preparation only**



12 caries removal  
Note the brown  
D1 Caries



**Minimally Invasive Preparations with  
MicroCopy's single use and multi use Diamond  
Burs**



1300F



0710 C



5012M

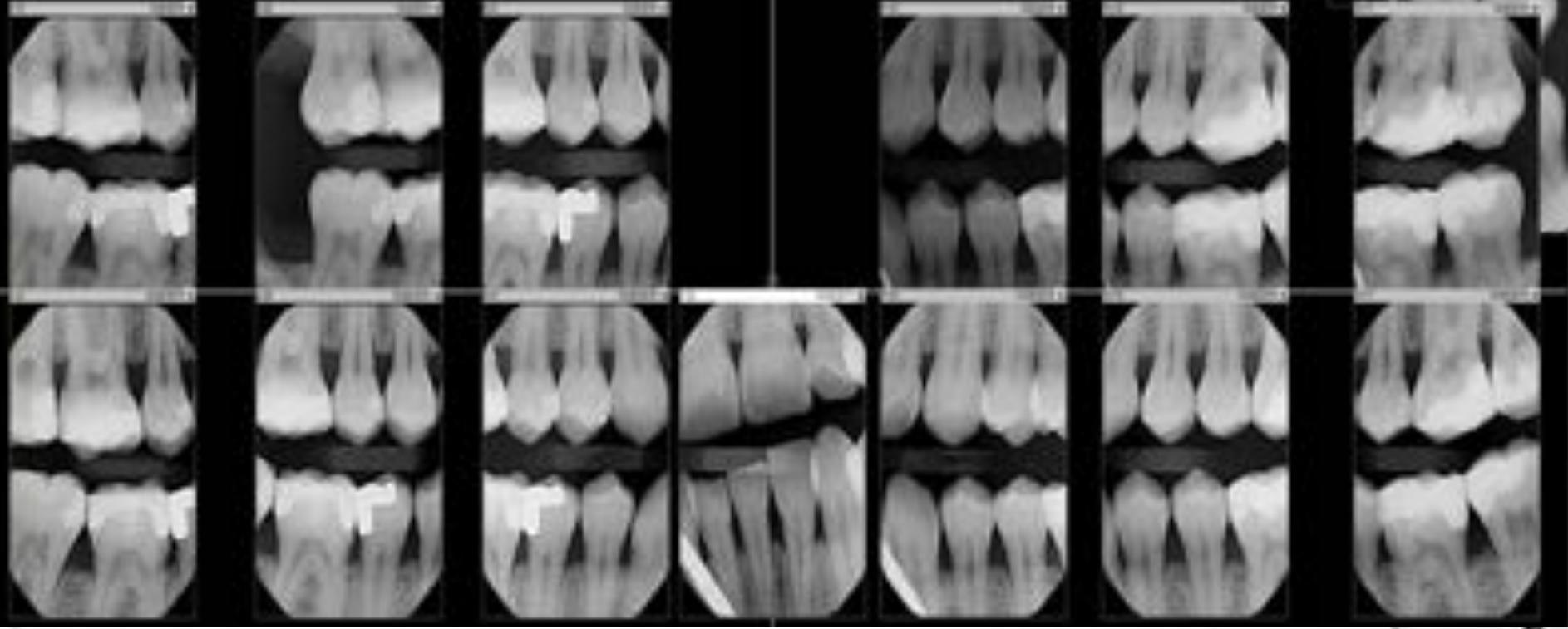
# Minimally Invasive Burs

# Ring and Wedge in place

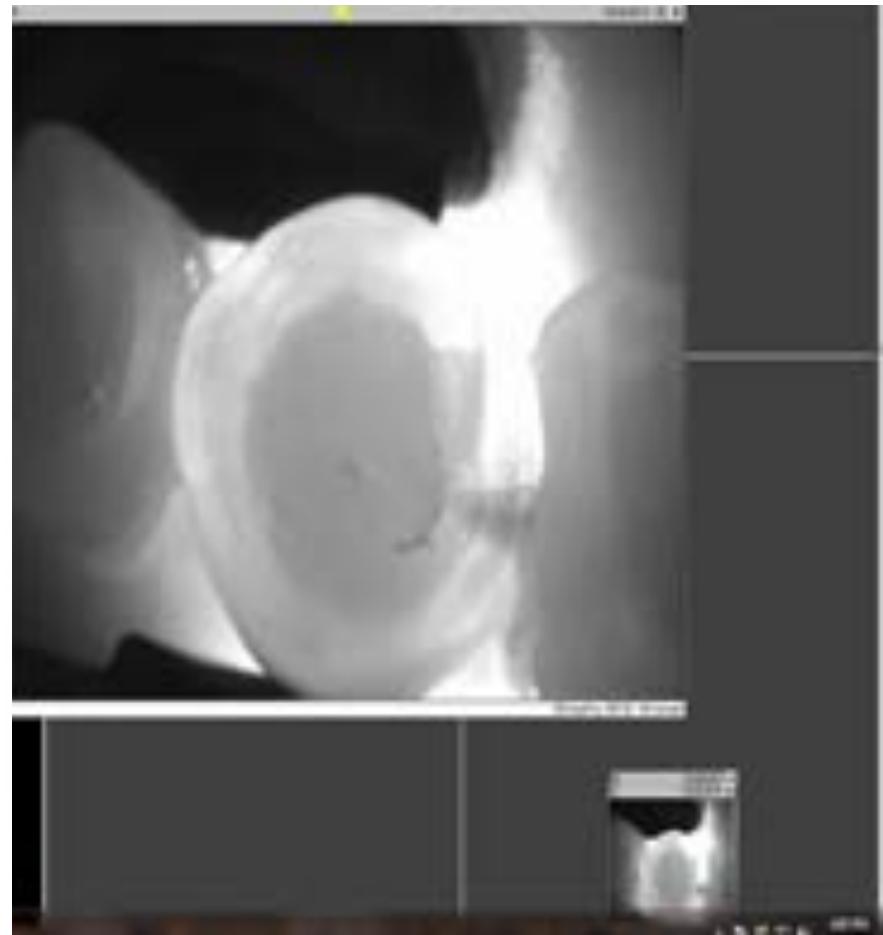
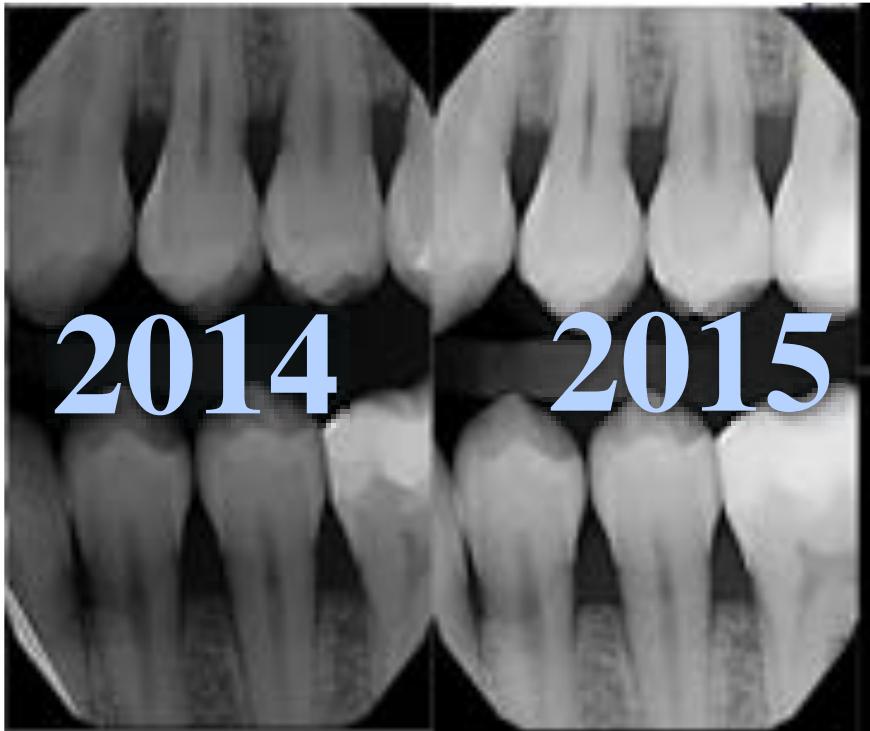




**Minimally invasive Class 2's  
Was there any reason  
not to treat?**



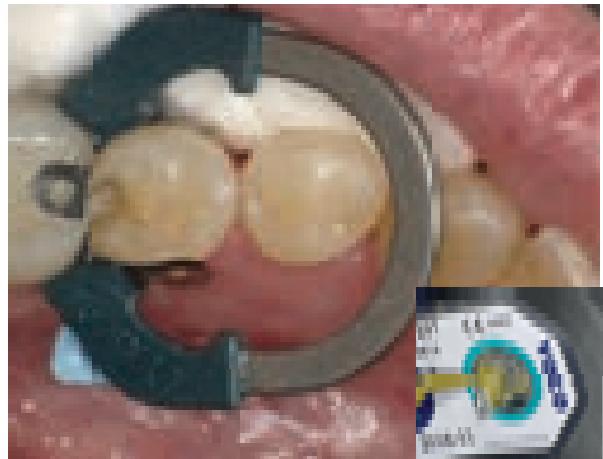
**Why CariVu has become part of  
my recall visits**



**From 2014...faint sign on 20 distal, nothing really  
in 2015...but now we have CariVu in each room**

Certainly a D1  
Wedge Guard Protection  
Beveled preparation





**Futurabond U**  
**Universal Bonding Agent**  
**Hybrid Layer**

**X-tra Base**  
**Low Stress**  
**Bulk Fill Flowable**  
**(SDR type material)**

**Admira Fusion A2**  
**Low Stress**  
**Low Shrink**

**Futurabond U**  
**X-tra base**  
**Admira Fusion**

A close-up photograph of a dental preparation on a tooth. A blue matrix band is wrapped around the tooth, and a dental instrument is being used to shape the preparation. The preparation is a beveled preparation, which is a type of cavity preparation where the walls are sloped at an angle.

**Beveled preparation**  
**Did not break full Buccal contact**  
**Did NOT prep through occlusal fissure**  
**Paladent Matrix system**  
**Futurabond Universal**

A close-up photograph of dental instruments and materials. In the foreground, a dental handpiece with a high-speed handpiece and a dental mirror are visible. Behind them, several dental syringes are lined up, containing different colored liquids: a dark blue liquid in the first syringe, a light beige liquid in the second, and a bright yellow liquid in the third. The background is slightly blurred, showing more dental equipment.

The first layer in all my class 2's  
Low Stress Bulk Fill Flowables  
In my office, SDR or X-tra Base or Beautifil Bulk Fill

A close-up photograph of a dental procedure. A dental handpiece with a bur is being used to prepare a tooth. The tooth preparation is a light beige color. The dental instrument has a dark, textured grip and a silver-colored bur. The background shows the pinkish-red gingival tissue of the patient's mouth.

**After light curing the x-tra Base  
Admira Fusion was placed as the final layer**

A close-up photograph of a dental procedure. In the upper left, a dental handpiece with a blue and white bur is shown. The main focus is a dental mirror held by a hand, reflecting light onto a set of upper teeth. The teeth are light-colored and appear to have some dental work done on them. The background is a reddish-brown color, likely the interior of a dental instrument case.

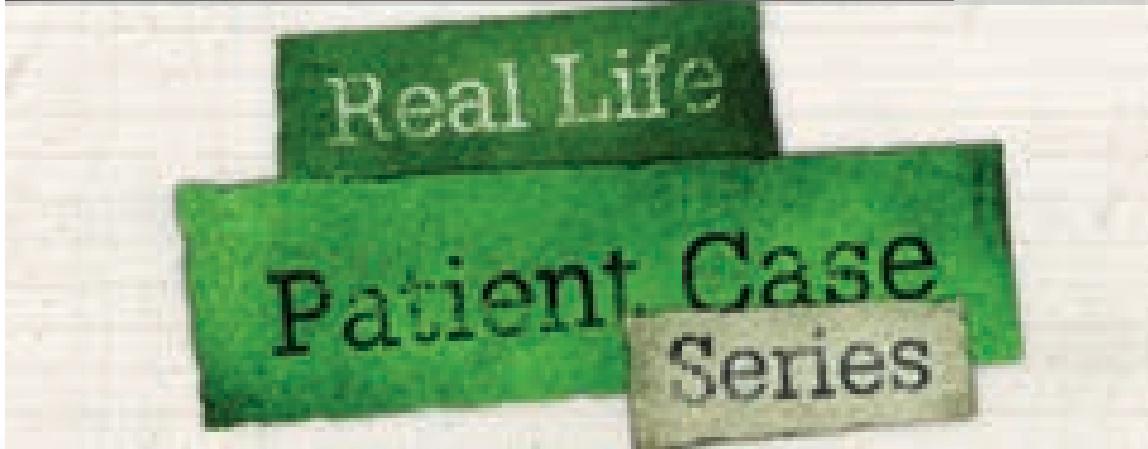
# Final Polishing Dimanto

A close-up photograph of a dental composite filling on a tooth. The filling is a light yellow color and has a smooth, polished surface. The surrounding tooth structure is a darker shade of yellow. The background is a dark red color, likely the gingival tissue.

2013

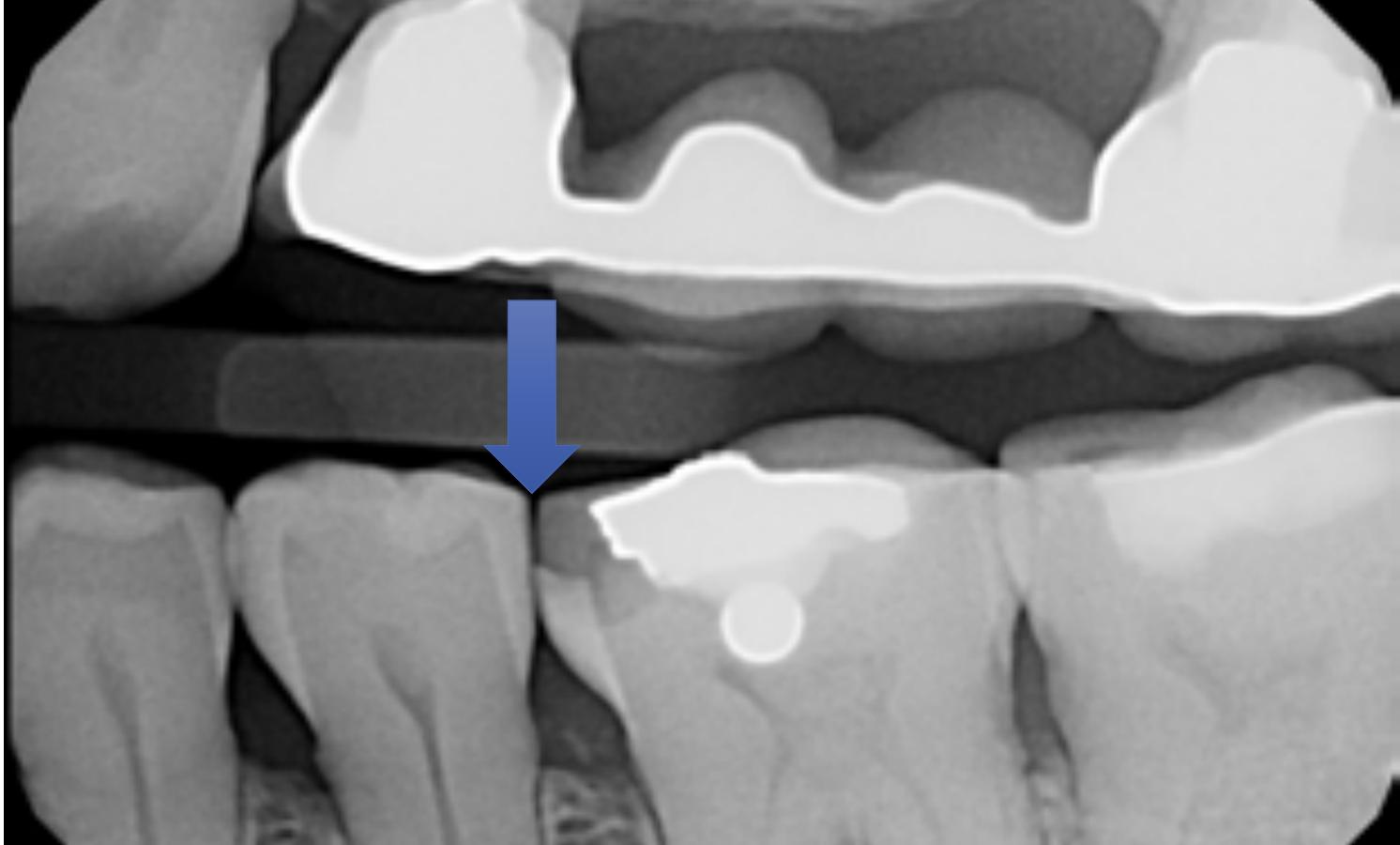
# Quadrants of Composites

# Brown Fluorosis

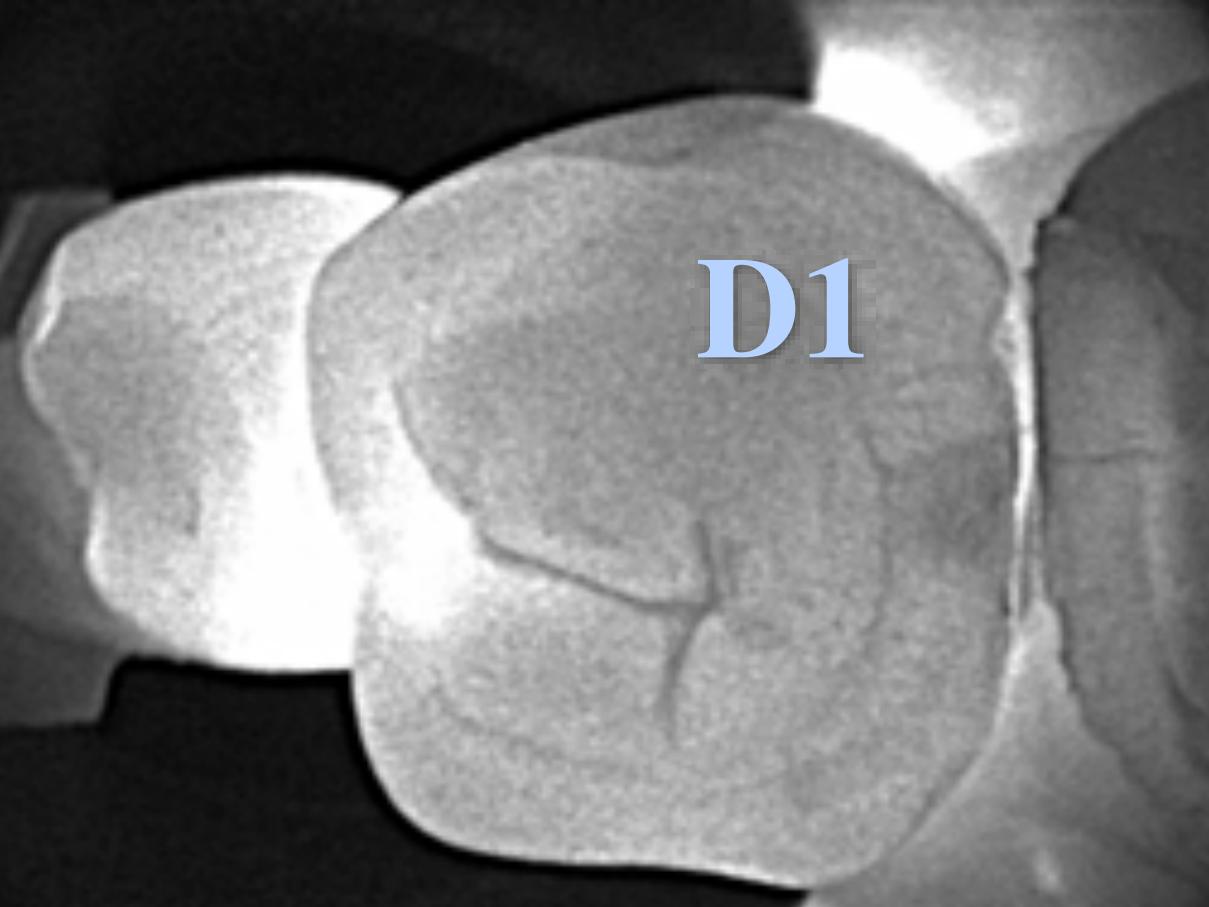




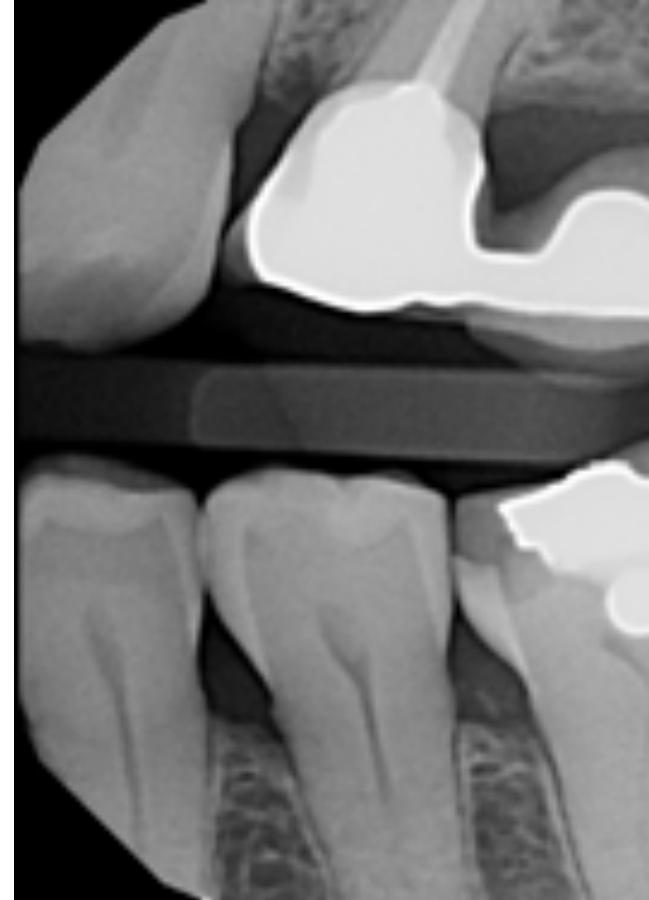
**The classic...fractured mesio-lingual cusp  
with a class 2 alloy...how much time do  
you book? What is the expected  
treatment?**



**So what do you see on the x-ray?  
Yes, you see a fractured old alloy, anything on 20  
Distal**

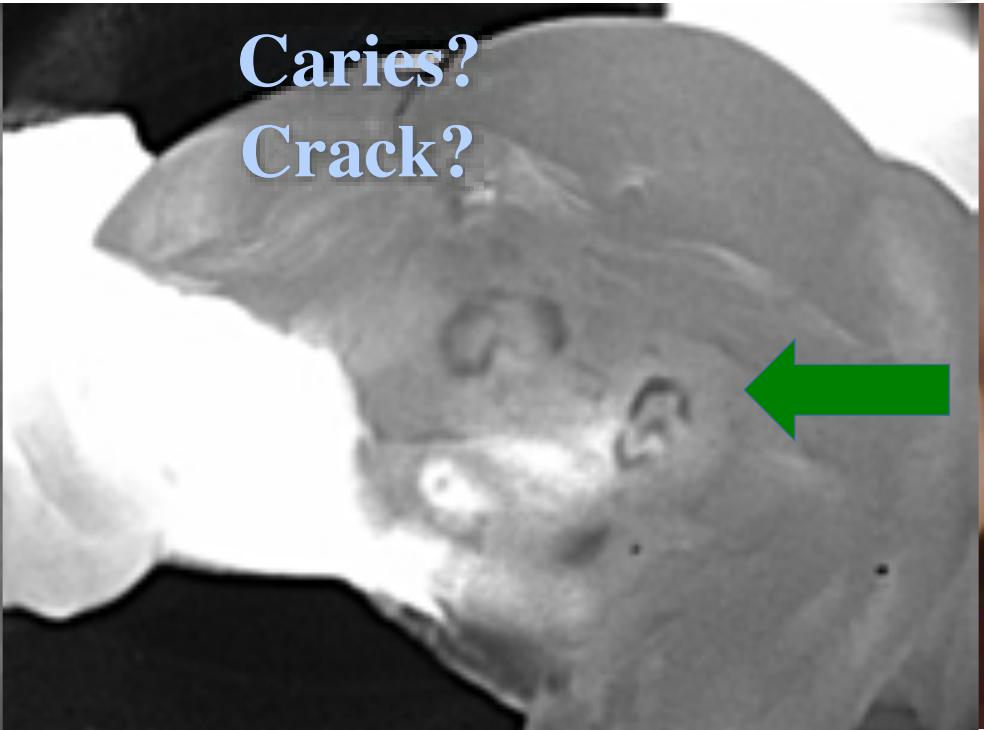
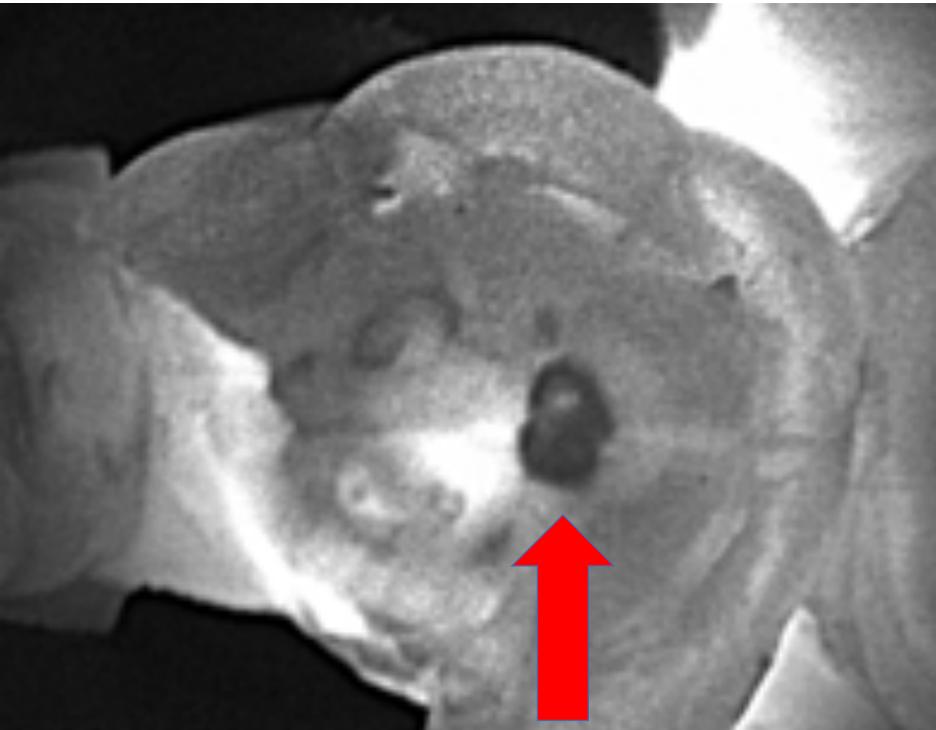


D1



**Nothing truly visible on the x-ray. But on CariVu.. Easily seen #20 with distal caries...NOW how much time do you need to complete these restorations?**

I am looking at dark areas for decay and cracks



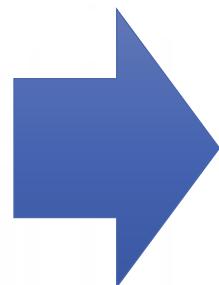
Caries Removal (arrows)and no deep crack running through the occlusal floor...  
Caries removed with  
“Selective Caries Removal”

# Guiding Decision Making

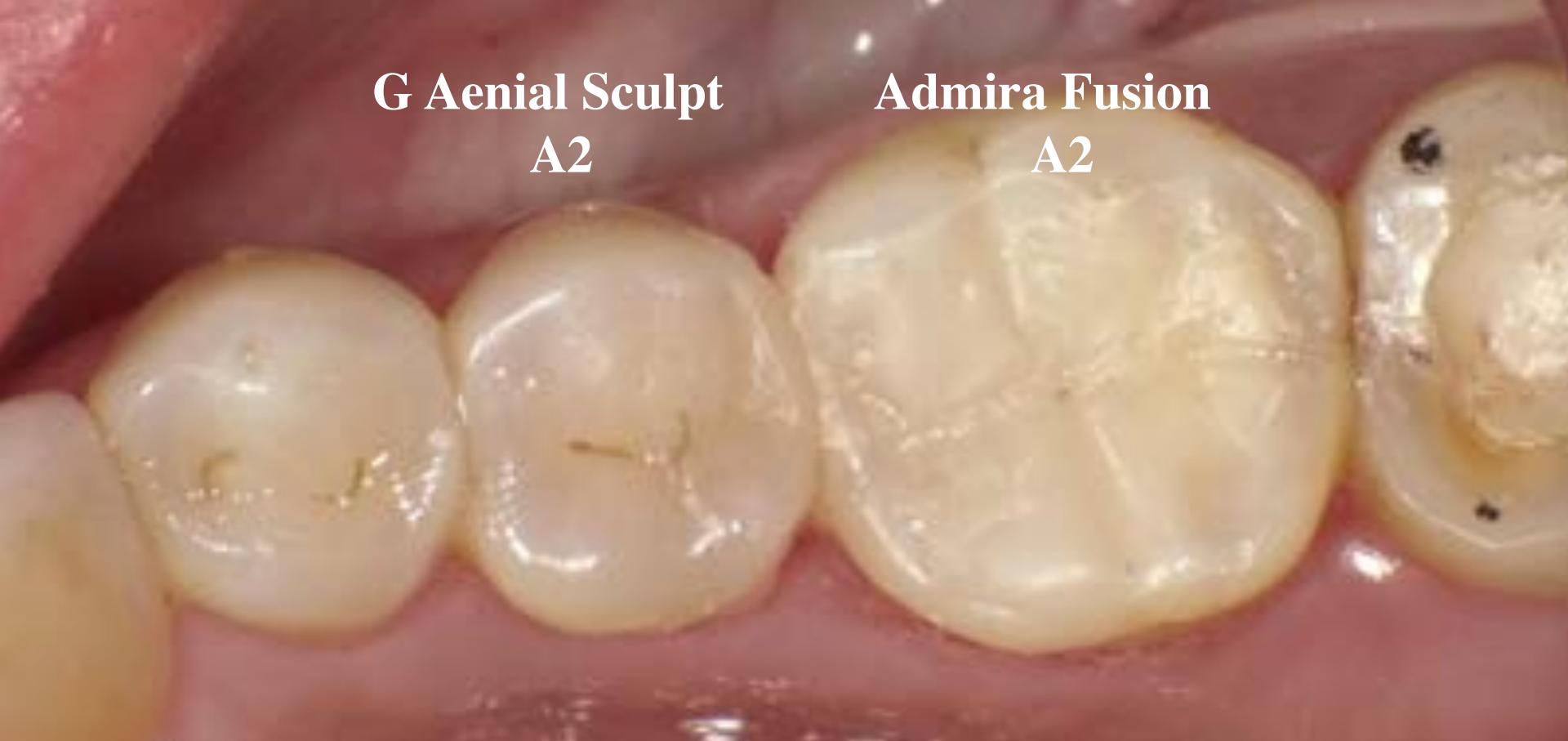
#20



**Brown spots...Nothing on the X-ray...Do you drill?  
Do you ICON? Do you floss after MI Paste? Do you  
do nothing? CariVu guidance**



**First removing the dark brown area, then as we go into the lighter brown area, the decay runs deeper. Removing the hypo-calcifications necessitated ultimately dropping a box**



G Aenial Sculpt

A2

Admira Fusion

A2

**Conservative Dentistry: time efficient 60 minutes with predictability**  
**The Approach here was total/selective etching, UBA, SDR and then Low**  
**Stress Posterior Composites**  
**Yes...we should have done the 2<sup>nd</sup> molar too!**

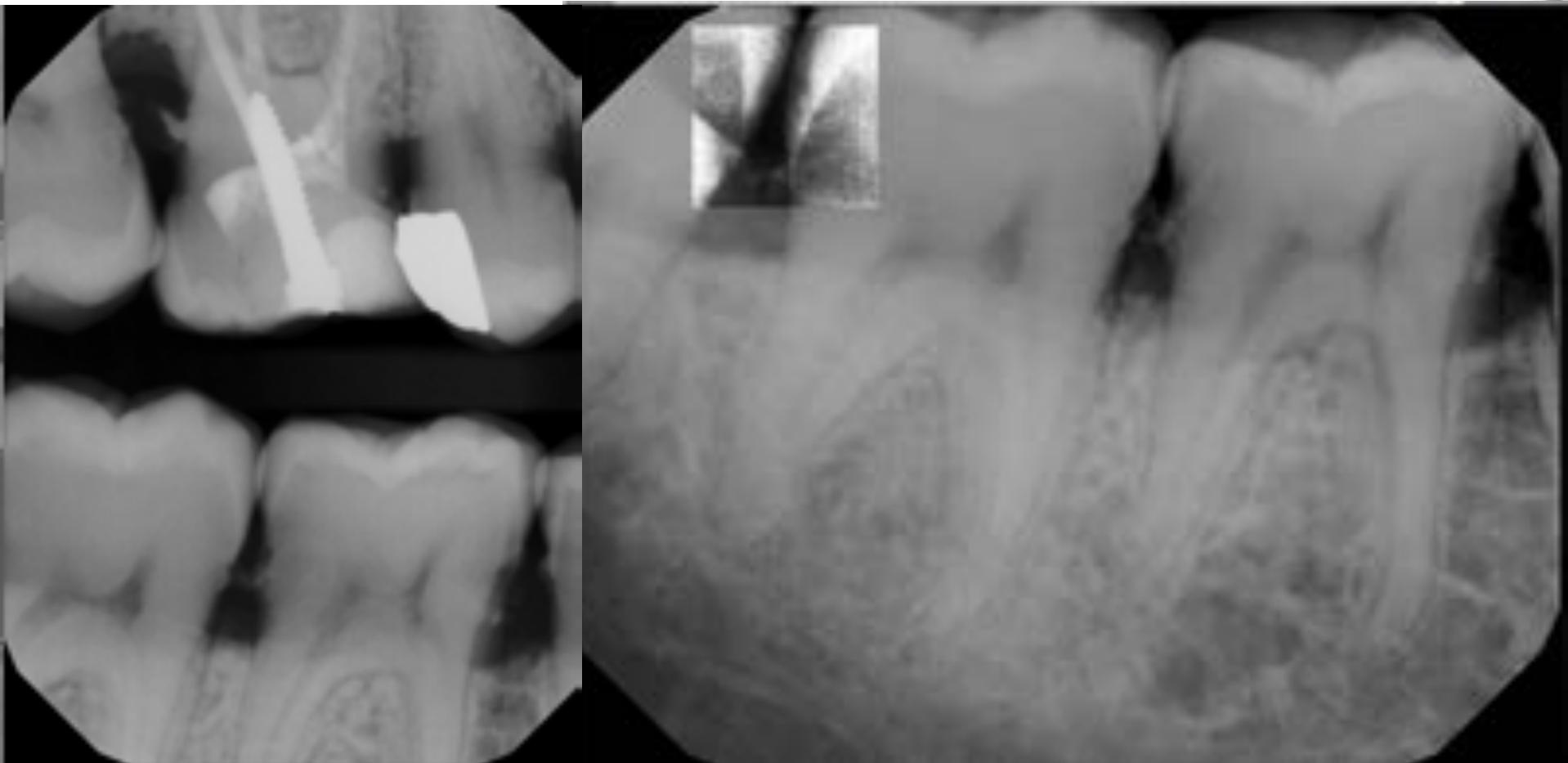
# **“Modern Diagnostics With the Contemporary Hygiene”**





**35 year old**  
**CC my wife hates my breath**  
**Mulitple DDS Opinions**  
**HIS FMX**

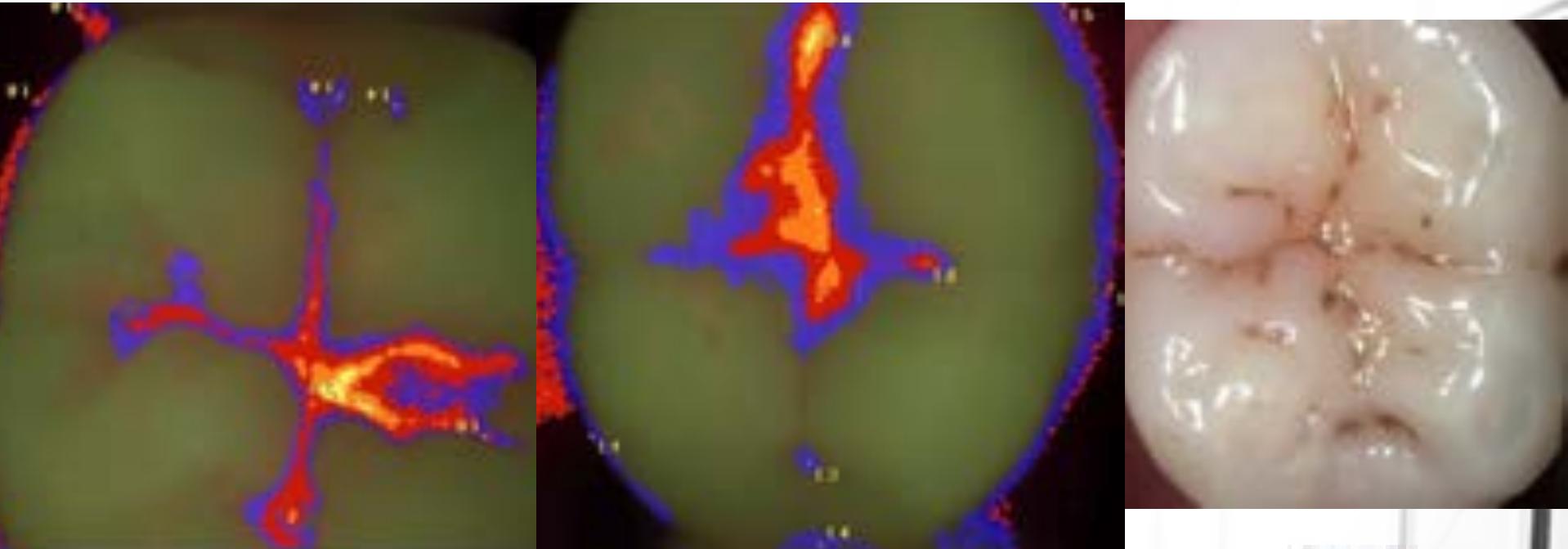
Initial examination with x-rays  
Evaluating interproximal of 31/32



# Dexis Imaging

## Carivu/Spectra/Polaris Imaging





32

31

30

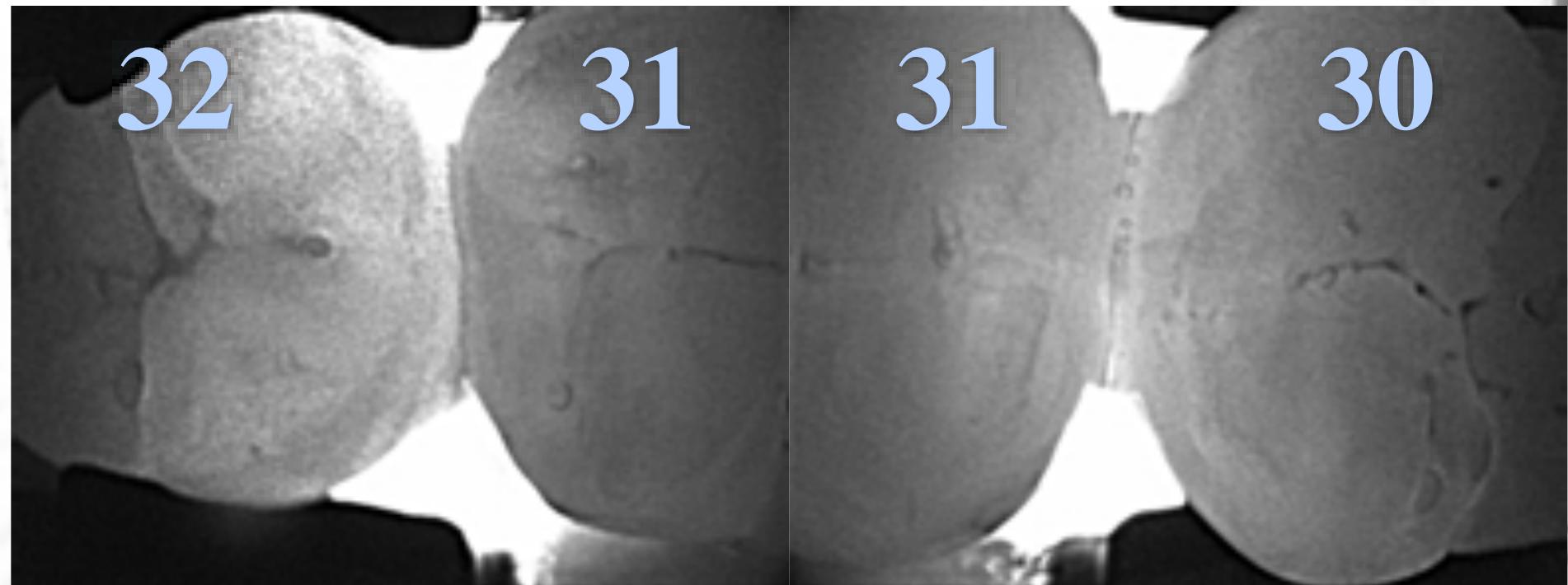
Caries with NO sticks and

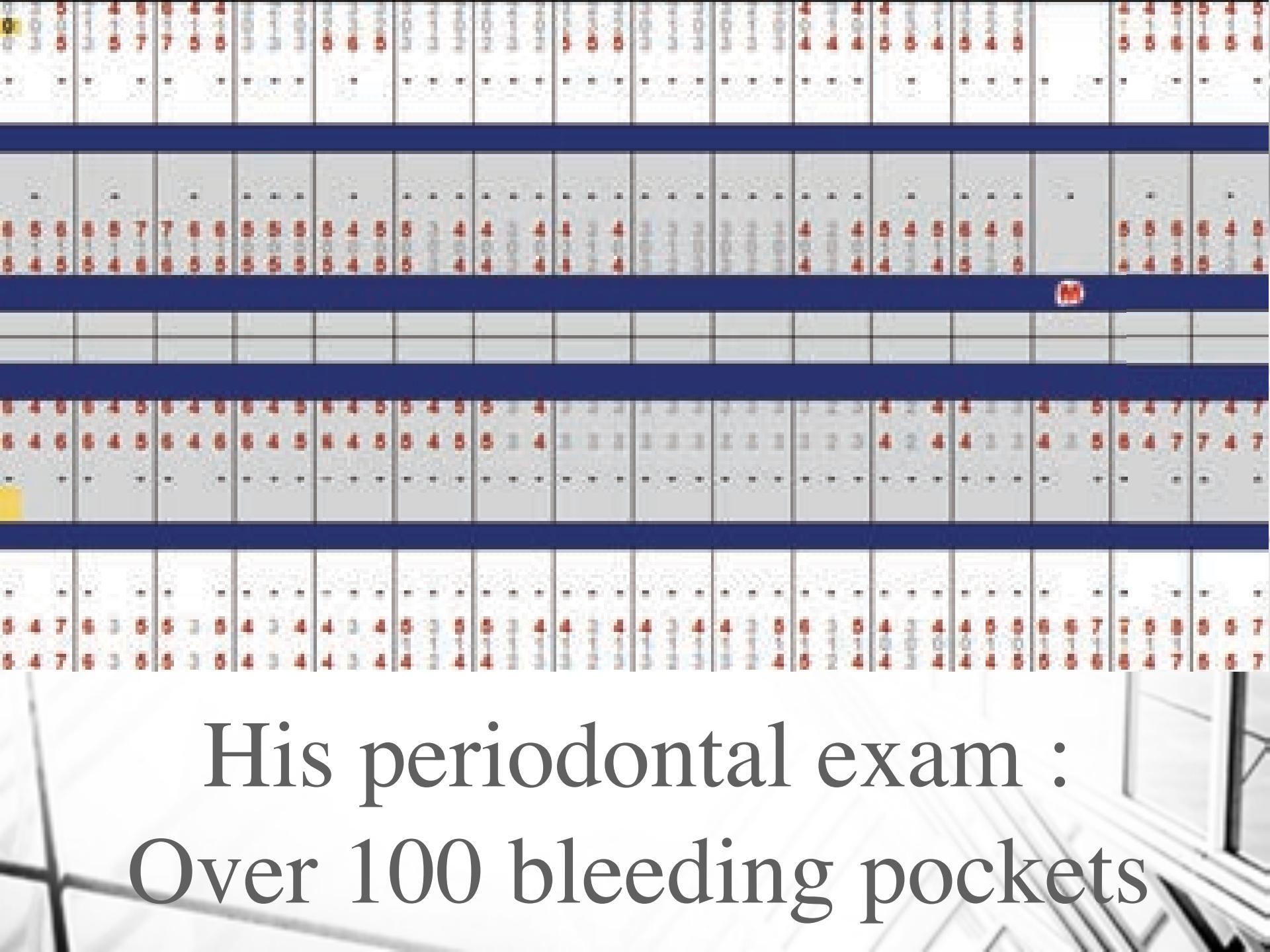
nothing on the x-rays

What do you do?

Spectra images

# Carivu images showing NO Interproximal lesions





His periodontal exam :  
Over 100 bleeding pockets

Date	Tooth	Surface	Code	Provider	Description	N	R	D	M	Status
03/20/2014	UR		D4341	HCT1	Perio scale & rt pl per quad					C
10/20/2014			D4911	LSG1	Perio Trays					
10/20/2014			D4911	LSG1	Perio Trays					
10/20/2014			D6973	LSG1	Core buildup for retain.inc pin					
10/20/2014	1	O.	D2391	LSG1	Resin composite-1s. posterior					
10/20/2014	3	O.	D6740	LSG1	Crown-porcelain/ceramic					
10/20/2014	4	OO.	D2392	LSG1	Resin composite-2s. posterior					TP
10/20/2014	12	OO.	D2392	LSG1	Resin composite-2s. posterior					TP
10/20/2014	15	O.	D2391	LSG1	Resin composite-2s. posterior					TP
10/20/2014	16	O.	D2391	LSG1	Resin composite-1s. posterior					TP
10/20/2014	18	O.	D2391	LSG1	Resin composite-1s. posterior					TP
10/20/2014	31	O.	D2391	LSG1	Resin composite-1s. posterior					TP
10/20/2014	32	O.	D2391	LSG1	Resin composite-1s. posterior					TP
11/10/2014			00012	LSG1	Delivery					C
11/17/2014	LL		D4341	HSP1	Perio scale & rt pl per quad					C
12/01/2014	LR		D4341	HSP1	Perio scale & rt pl per quad					C
12/08/2014			00078	RET1	PerioGel					C
12/08/2014	UR		D4341	HSP1	Perio scale & rt pl per quad					C
12/15/2014	3	MOBL	D2394	LSG1	Resin composite-4+s. posterior					C
12/15/2014	4	DOB	D2393	LSG1	Resin composite-3s. posterior					C
12/16/2014	12	DOBL	D2394	LSG1	Resin composite-4+s. posterior					C
12/16/2014	13	M	D2391	LSG1	Resin composite-1s. posterior					C
01/28/2015			000157	RET1	PerioGel					C
01/28/2015			D4910L	HSP1	Laser Assist Periodontal Ther.					C
02/17/2015	30	OB	D2392	LSG1	Resin composite-2s. posterior					C
02/17/2015	31	OB	D2392	LSG1	Resin composite-2s. posterior					C
02/17/2015	32	O	D2391	LSG1	Resin composite-1s. posterior					C

# Treatment Plan after Initial Exam, FMX

## Initial Debridement



**1330 REVIEW OF ORAL HYGIENE  
0180 COMPREHENSIVE PERIODONTAL EXAM**

Dental History and Medical History

Potential DNA, Genetic, Saliva Testing, Occlusal Evaluation, Restorative Evaluation, Sensitivity

**First Visit  
4355**

**Full Mouth Debridement with laser in decontamination setting  
Power Brush/OHI and Perio Protect Impressions**

 **2<sup>nd</sup> Visit (assistant)**

**Delivery of Perio Protect Trays 2 weeks later**

**2-3 times a day prior to treatment (10-15min) for 2 weeks**

**3<sup>rd</sup> and 4<sup>th</sup> Visit**

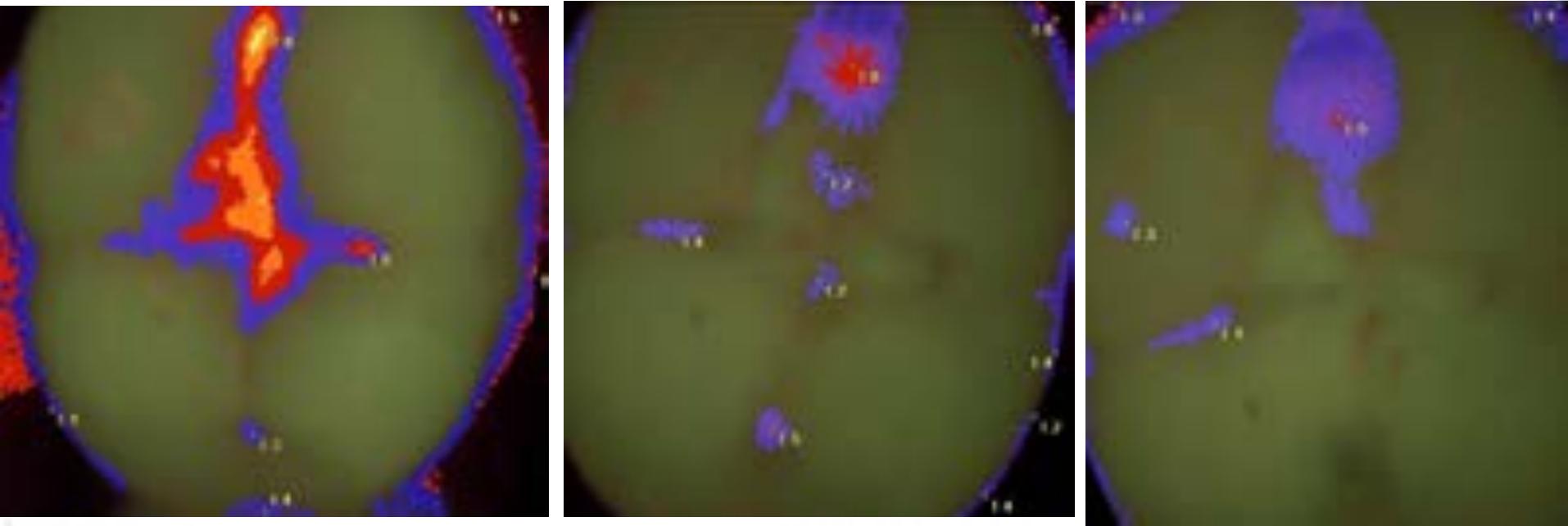
**Therapies 2 and 3**

**Full Mouth Scaling and Planning with Laser**

**5<sup>th</sup> Visit**

**Re-debride the areas treated that have deep pockets, these do not have to be in the same quadrant, use laser in either decontamination mode or debridement and one can apply Arrestin at this point (but if they have Perio Protect we don't)**

**Re-evaluation 6 weeks later...NO probing for 3-6 months**



31

Caries removal with Spectra as guidance  
“off label” but....

**After deep caries removal  
its all about protecting the pulp**





**Over 4 years ago we were challenged with  
a ‘Game Changer’ called Theracal and it  
has been adopted by thousands**

# TheraCal LC...one of my favorite products

## Protecting the Pulp



# Clinical Research

Int Endod J. 2012 Jun;45(6):671-6. doi: 10.1111/j.1365-2710.2012.02613.x. Epub 2012 Mar 21.

## Chemical-physical properties of TheraCal, a novel light-curable MTA-like material for pulp capping.

Gianello MG, Gianni E, Piatelli C.

### Author information

#### Abstract

**AIM:** To evaluate the chemical-physical properties of TheraCal, a new light-curable pulp-capping material composed of resin and calcium silicate (Portland cement), compared with reference pulp-capping materials (ProRoot MTA and Dycal).

**METHODS:** Calcium (Ca) and hydroxyl (OH) ion release over 28 days, solubility and water uptake (weight percentage variation, Δ%) at 24 h, core depth and radiopacity of TheraCal, ProRoot MTA and Dycal were evaluated. Statistical analysis ( $P < 0.05$ ) of release of ion was carried out by two-way repeated measures ANOVA with Tukey, whilst one-way ANOVA with Tukey test was used for the other tests.

**RESULTS:** TheraCal released significantly more calcium than ProRoot MTA and Dycal throughout the test period. TheraCal was able to alkalinize the surrounding fluid initially to pH 10.11 (3–13 days) and subsequently to pH 8.85 (7–14 days). TheraCal had a core depth of 1.7 mm. The solubility of TheraCal (Δ-1.58%) was low and significantly less than that of Dycal (Δ-4.58%) and ProRoot MTA (Δ-18.34%). The amount of water absorbed by TheraCal (Δ +10.42%) was significantly higher than Dycal (Δ +4.87%) and significantly lower than ProRoot MTA (Δ +13.96%).

**CONCLUSIONS:** TheraCal displayed higher calcium-releasing ability and lower solubility than either ProRoot MTA or Dycal. The capability of TheraCal to be cured to a depth of 1.7 mm may avoid the risk of untimely dissolution. These properties offer major advantages in direct pulp-capping treatments.

# **TheraCal LC**

- The monomers are very hydrophilic as they interact with tubular fluid allowing the release of calcium to create new appatite
- It's the Calcium exchange that allows the remineralization
- There is NO fluoride
- TheraCal insulates from heat greater than other liners

24 h TheraCal

28 days TheraCal

10  $\mu\text{m}$   
Mag = 3.00 K.B. EHT = 200.00 mV  
VCO = 8.8 nmz. Signal A + VPCB Date 14 Dec 2010  
Photo No. 11754. Time 10:26:00

10  $\mu\text{m}$   
Mag = 3.00 K.B. EHT = 200.00 mV  
VCO = 8.8 nmz. Signal A + VPCB Date 16 Oct 2010  
Photo No. 11861. Time 10:11:00

IADR 2011 Abst. #2520 Gandolfi et al.  
Apatite-forming ability of TheraCal pulp-  
capping material

# Why is the alkalinity of TheraCal important to dentin healing?

- The hydroxide ion release through TheraCal creates an alkaline (basic) pH. Alkalinity creates an antibacterial environment which is important in promoting wound healing.
- Gandolfi MG, Suh B, Siboni F. Chemical-physical properties of TheraCal pulp capping material. Presented at: International Association of Dental Research (IADR). March 18, 2011; San Diego, CA. Abstract #2521.
- *Mineral Trioxide Aggregate, Comprehensive Literature Review, Journal of Endodontics, March 2010*

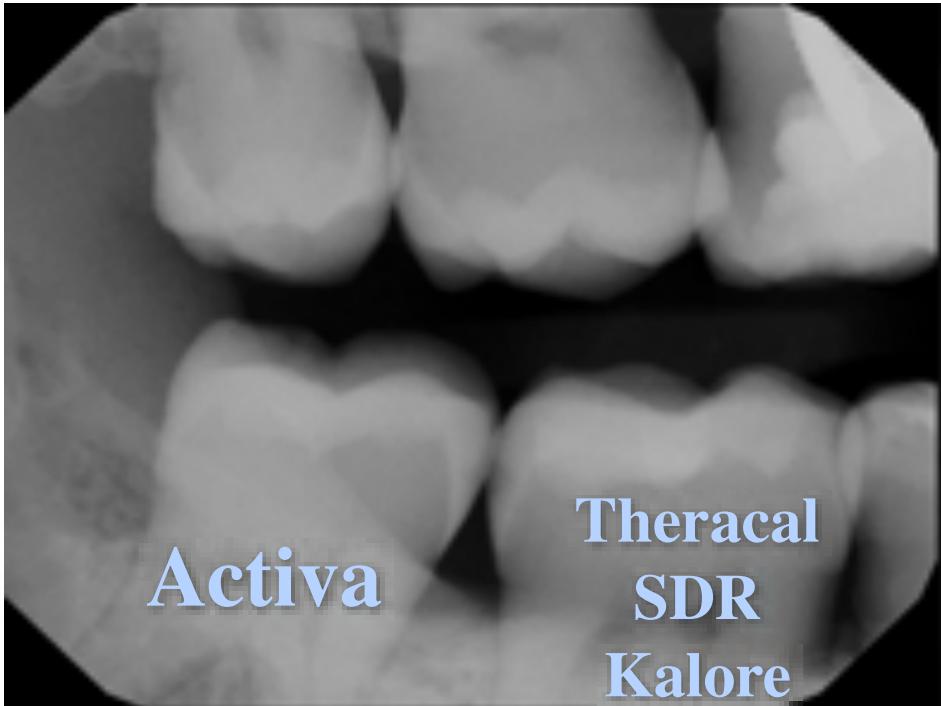
# **For a Direct Restoration: The Indirect Pulp Cap...commonly referred to as the liner**

- **2% Chlorhexidine for 30 to 60 seconds or NaHypochlorite, or Ozone,**
- **Rinse...suction or blot dry**
- **LEAVE MILDLY MOIST (Technique Tip: Dip a micro-brush in a dappen dish with water, then remove excess via micro-brush or scrub a small amount first and then reapply)**
- **Place TheraCal and light cure for 20 seconds at least**
- **No more than 1mm in thickness**
- **One can re-prep excess away once light cured**
- **Then etch, bond and complete restoration**



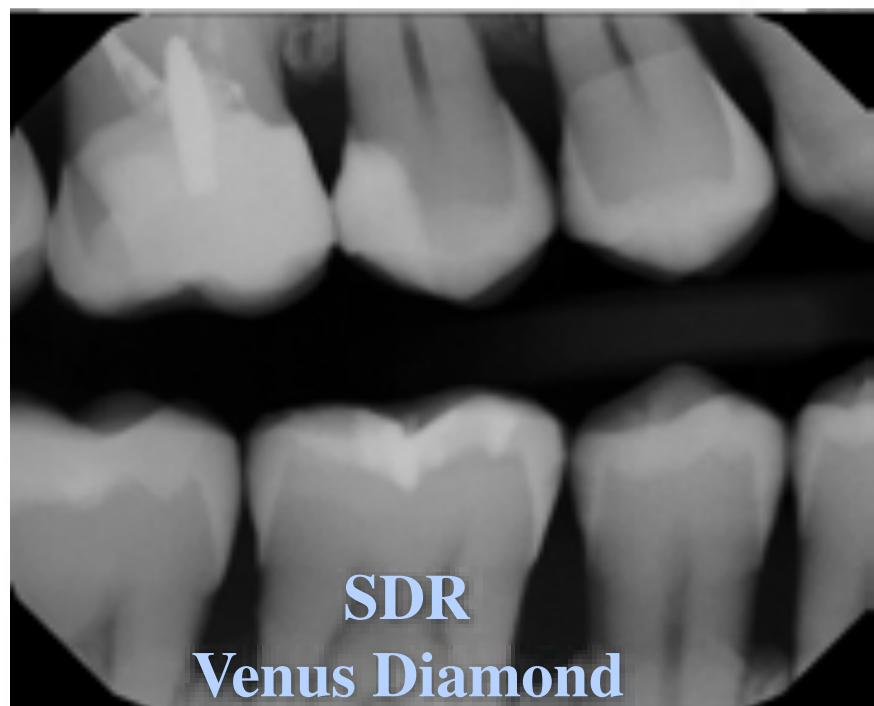
# Theracal liner





**Activa**

**Theracal  
SDR  
Kalore**



**SDR**

**Venus Diamond**

**After 2 visits of S/P with Lasers  
PP trays before, during and maintenance  
Conservative Direct Dentistry**

A close-up photograph of the upper teeth and surrounding gingival tissue. The teeth are yellowed and show signs of wear and decay. A dental probe is visible near the top left tooth, indicating a clinical examination. The background is a dark red color.

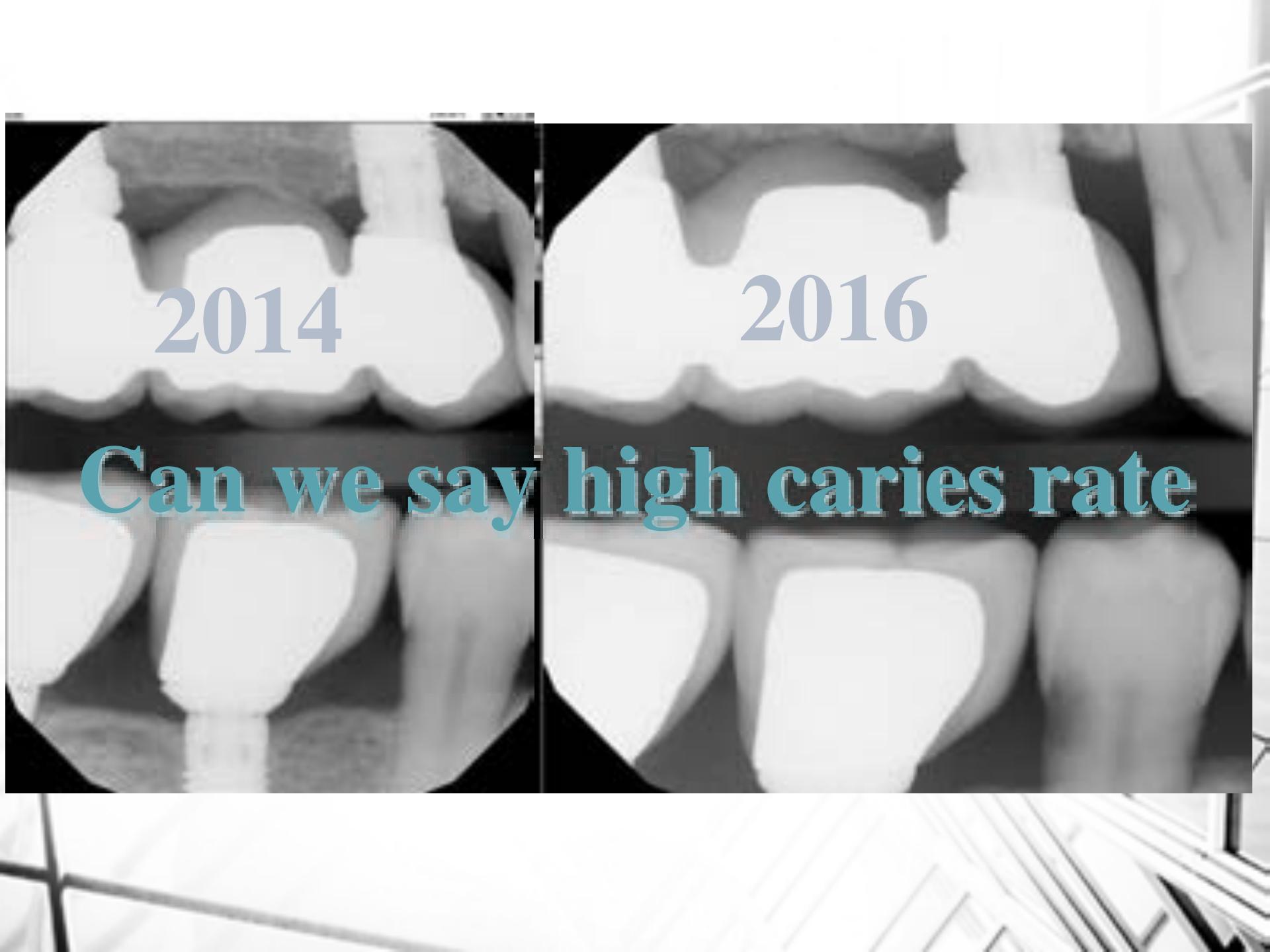
# Perio/Restorative Conservative Dentistry

A close-up photograph of a patient's upper teeth. The teeth appear healthy and well-maintained. Several dental implants are visible, integrated into the bone structure. The surrounding gingival tissue is pink and appears to be in good condition.

12 months later

**Normal tissue response seen at  
recall visits**

# **Challenge Type Cases**



2014

2016

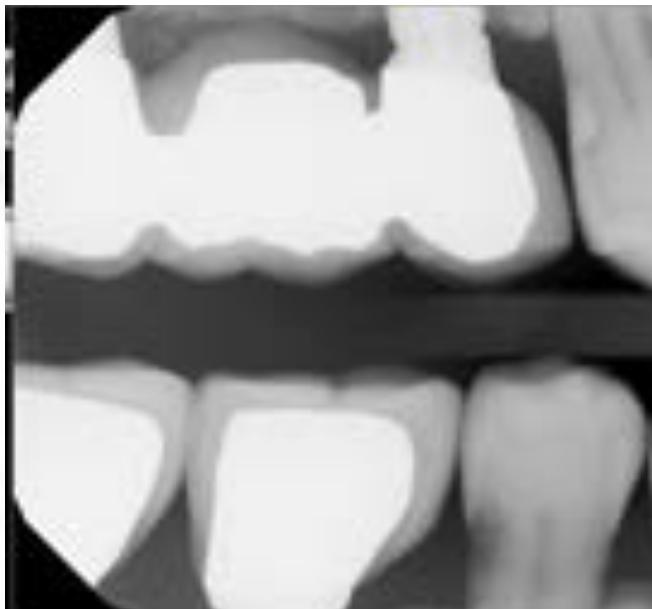
Can we say high caries rate

A close-up photograph of a person's upper teeth and gum line. The teeth are a bright, pale yellow color, appearing significantly darker than normal. The surrounding gingival tissue is a healthy pinkish-red. A dental mirror is visible in the bottom left corner, suggesting a dental examination. The lighting highlights the texture of the teeth and the smoothness of the mirror.

Truly nothing visible

# The Challenges of “Conservative Dentistry”

- How would approach this? Laterally or occlusally?
- How do you remove the excess tissue?
- How do you isolate the gingival box and get a great emergence?
- How do you then get a great contact?
- How do you protect the pulp?
- How do you do selective caries removal?
- How does a wedge...wedge against an implant?  
It's not that easy!
- DO you really charge a 2 surface for this?



# Step 1 Tissue and Tooth Preparation



- After utilizing the Picasso Lite at 1.8 watts at a continual pulse and an activated tip to remove excess tissue
- We evaluated the lesion laterally and found the decay extended coronally and hence decided to drop a ‘box’
- Utilizing the Komet Cerabur for final caries removal at 1500 prms
- Final Preparation finishing with end cutting diamond and “mosquito” bur to open interproximals



## Step 2....Protect the Pulp and Creating the gingival box seal

- Once caries were removed, hypochlorite was applied for 30 seconds and then rinsed
- The area was blot dried
- Theracal was placed onto mildly moist dentin and then cured for 30 seconds from multiple angles
- Excess Theracal was then removed via diamond bur removal
- A Tofflemier molar band was then used with one wing cut off to seal the area
- “blot dry test” with Microbrush to confirm isolation
- Total Etch in box, Rinse, blot dry, ABU unidose, placed and then dried after 20 seconds for 10 seconds (air only)
- Light Curing for 30 seconds, multi-directional
- SDR placement and then allowed to self level and then light cured for 30 seconds, multi-directional



**Measuring the Distance? This becomes essential in proper curing. Is your light directly on top of this or does that add distance?**



**The Band is removed and excess SDR is removed to the gingival level  
and this will allow a nice emergence**

**About 2 mm of SDR remains**



# The Final Steps

- Paladent Molar band, Ring and wedges
- Total Etch and Bonding Steps  
**(Reusing All Bond Universal Unidose)**
- Light curing for 20 second increments
- SDR placed and cured
- Fusion Universal X-tra Bulk Fill final 4 mm increment



**Final layer of Admira Fusion X-tra (up to 4mm) before final contouring and polishing...**



# Note the Opacity of the Composites



# **Theracal/SDR/Fusion X-tra**



# Meet ADA

# 94...and going strong What to do?





A composite image showing two views of a tooth. The left view is a close-up of the buccal (cheek) side, where a large, metallic-looking filling or crown has fractured, exposing the underlying tooth structure. The right view shows the occlusal (top) surface of the tooth, which appears relatively intact but with some discoloration.

# Asymptomatic

**She's 94...what to do?  
Fractured Buccal Cusp that holds her partial in place (no  
doubt there is decay)**



## Step 1 Grooves and Micro-etched first step

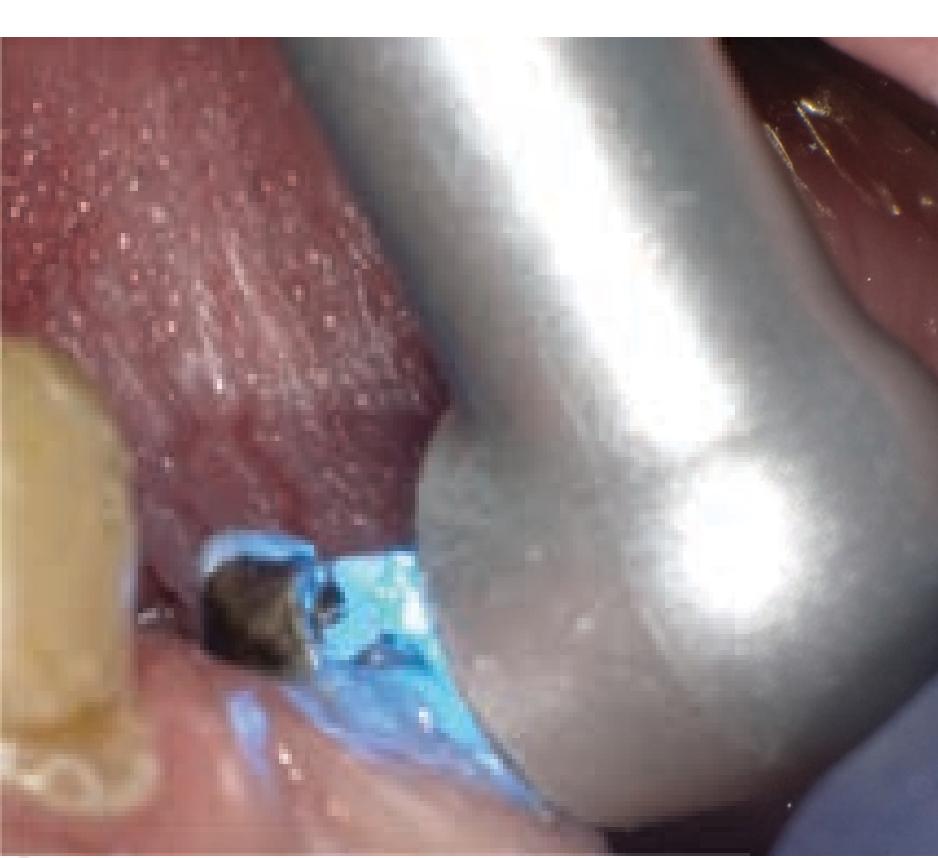


**Pin placed and now ready to be  
restored**

**For bonding to dentin and metal,  
I require Universal Bonding Agents  
that can bond to both**

A close-up photograph of a dental bonding procedure. A dental handpiece with a high-speed dental bur is being used to scrub a tooth surface. A dental mirror is held against the tooth to reflect the light from a dental curing lamp, which is visible at the bottom left. The tooth surface is light-colored, and the dental instruments are metallic.

**FuturaBond is scrubbed for 20  
seconds and bonds to metal and  
dentin (no etching)**



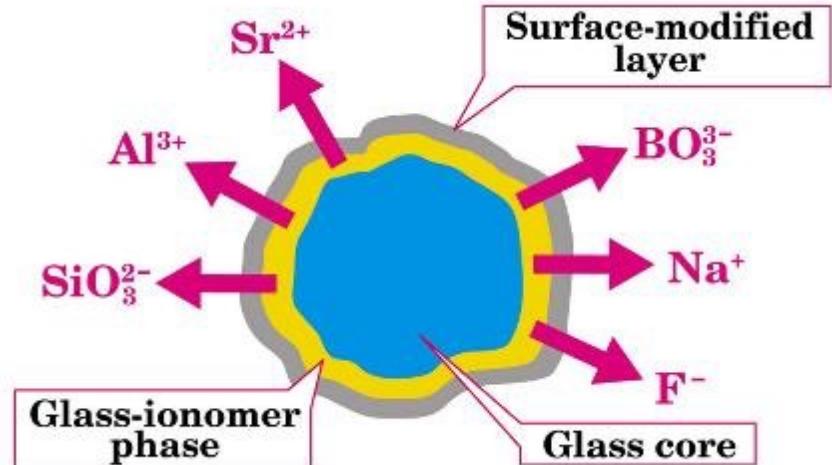
**Multiple directions of light curing for  
20 seconds**

**Shofu's Giomer Flowables  
Technology now in their  
cements**

**Sealants and composites**

**Direct Restorative...why Giomers?**

- **F- : Fluoride**
  - Acid resistance via fluoro-apatite
  - Antibacterial effect
  - Remineralization
- **Sr<sup>2+</sup> : Strontium**
  - Acid resistance via strontium-apatite
  - Inhibits dentinal hypersensitivity
  - Accelerates calcification
  - Accelerates bone formation



## **Al<sup>3+</sup> : Aluminium**

Inhibits dentinal hypersensitivity

**BO<sub>3</sub><sup>3-</sup> : Borate** Bactericidal effect

**SiO<sub>3</sub><sup>2-</sup> : Silicate** calcification of bone tissue

Accelerates bone formation

# Shofu's unique GIOMER Materials

# Why Giomers? The constant Acid attack!



**First layer placed with A3  
Beautifil Low Flow Plus**





After placing a articulating paper over the tooth,  
the area that is stopping full seating is marked



This is redone a few times until final seating



**Partial now in full seating**

**\* Very important to pre-check full seating of partial prior to restoration to know “end point”**



**After the contouring is complete,  
final finishing and polishing**

# Final Polished Repair



## Happy Patient



# **Modern Adhesive Dentistry**

## **Incorporating the Latest into Conservative Restorative Concepts**

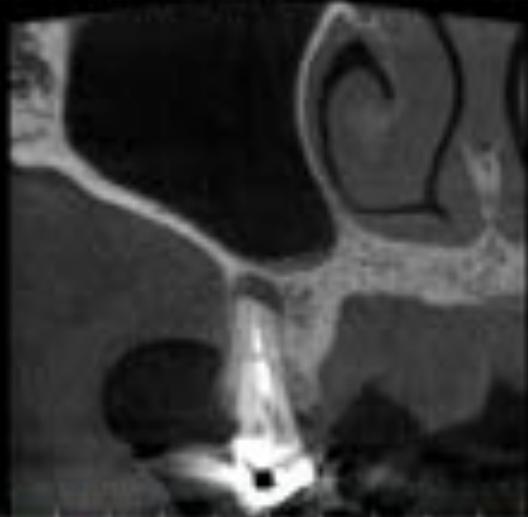
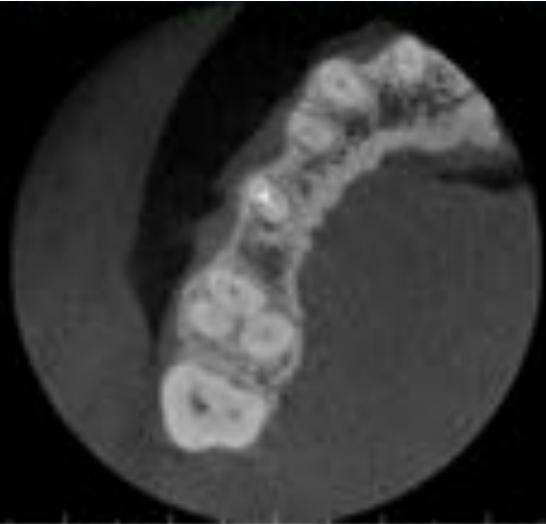
# Helen: Presents in hygiene with a parulis at recall

## Pre-treatment



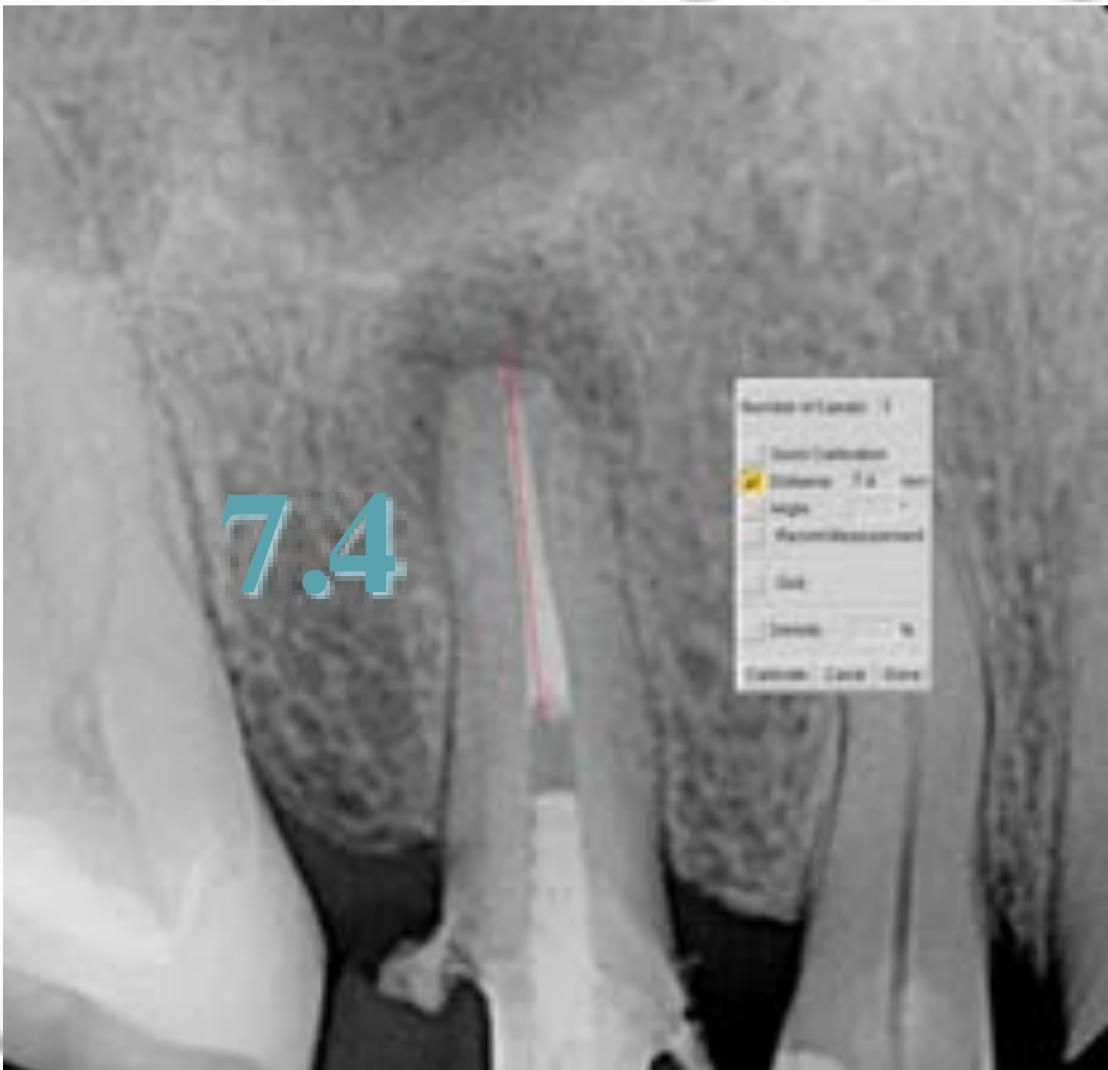
- 45 years old
- Asymptomatic
- Hygienist has already identified the problem and presented to the patient
- Options I presented
- RCT retreatment/Post and Core and wait 2-4 months and evaluate healing
- If no better, removal, extraction and eventual implant
- Extraction, non immediate placement of implant which patient least desired

# CBCT Scan and Endo Consult



**Endodontist:  
Retreat is possible  
Axial Scan identified  
untreated canal  
Remove Post  
Wait 4 months before final  
impressions  
Guarded Prognosis**

# After RCT treatment: Parulis absent Wonderful advantage of Digital X-rays



# The Oval Canal



**Traxodent for 2 minutes to stop bleeding with Custom Cap**



**The key part of the system is the paste, this is  
used to manage minor bleeding**

**The Catapult Group found this stopped minor  
bleeding 100% of the time**



# **For Bleeding in General**

**15% Aluminum Chloride in disposable syringes**

- Often before I pack cord, to stop bleeding as it comes out in a clay format, and the key, leave on for 2 minutes
- After removing a temporary and there is an area of bleeding, and as it stops bleeding, it absorbs fluids and displaces tissues slightly...not like Expasil
- Routinely for all my little bleeders!
- Rinses away easily
- I routinely burnish and flatten the tip



# traxodent®

## Hemodent® Paste Retraction System



# 2 main components



# Bisco's D.T. Light Post



2 posts selected, one main post  
and one secondary post

Ivoclean on the posts for 20 seconds  
Scrubbing NOT required



Rinsing away....





Air Drying....

**Etching optional for 10 seconds**

**Placement of Futurabond for 20 seconds...scrubbing  
not required since etched but if you don't etch, (scrub)**



# Curing Futurabond U is optional and unnecessary

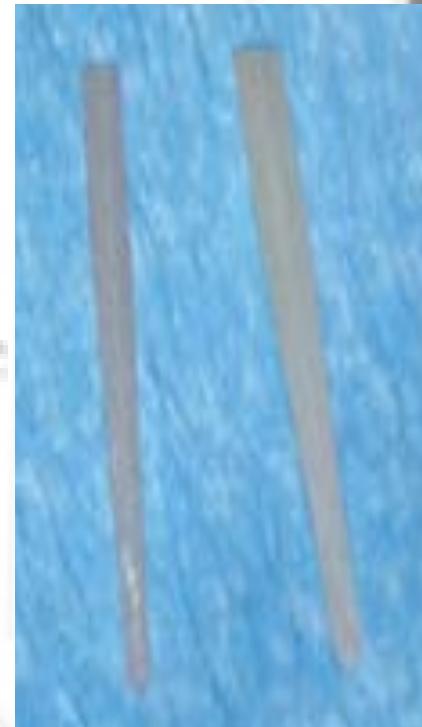
\* if you do cure, add time and direction of light



**With an All in One system**

**Another wonderful advantage is  
that it can be used as a  
light cure/dual cure  
or self cure without the need of  
an additional bottle for self cure  
activation**

**All based on chemistry and it's  
unique delivery system.**



# The Steps

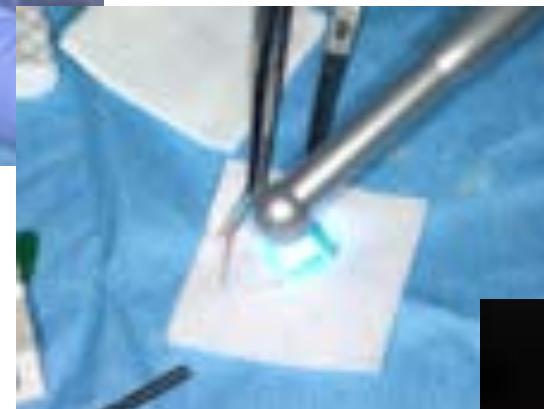


**Placement of Bonding  
Agent onto dried and  
cleaned post**

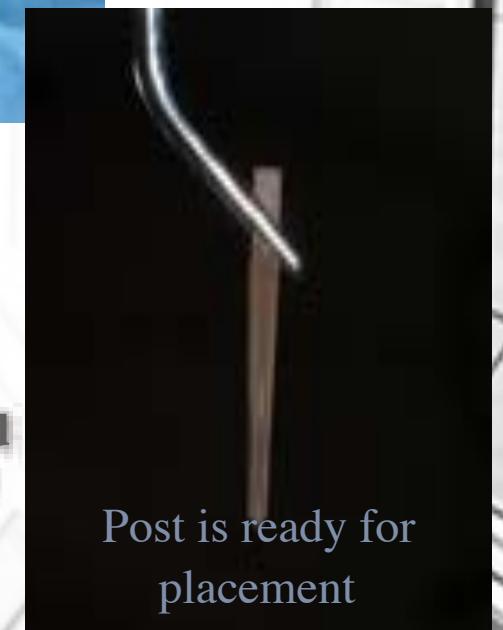
**Silane is optional**



**Air Only Drying**



**360 light Curing  
Rotate the post to  
Enusre the entire  
Post is light cured  
This is NOT required  
with Futurabond U**



**Post is ready for  
placement**

# So another core material, why the big deal?



# **catapult** Visalys Core Material

- **95% approval rating giving it the Catapult Vote of Confidence**
- **Active-Connect-Technology (ACT), which enables this material to fully polymerize and actively bond to all popular adhesives on the market**
- **This technology also allows it to set in a self cure mode without being interfered with various acidity levels from bonding agents**

# catapultisalys Core Material

GROUP

- The material is easily stacked without slumping. 78%
- The material can be easily manipulated. 72%
- The material flows easily within itself. 94%
- The material easily adapts to posts and dentin undercuts without manipulation. 83%
- The material flows void free. 89%
- The material cuts like dentin. 83%
- The viscosity results in ease of extrusion. 100% approval
- Ideal for bulk core placement or for post and core placement

# Visalys Core Material

## The Process



- The Dual Barrel loads directly into a syringe tip that is ideally suited to go to the full length of most post preparations
- The tip then is placed fully into the canal and as you press the syringe, simply backfill slowly
- The larger post is inserted, followed by the smaller post
- 5 seconds to secure the post
- More core is the placed around the posts and another 5-10 seconds of curing 360°to initial set the material
- Full set in 5 minutes

**Final Views of 2 posts bonded into 1 oval core**  
**Note the void free core**



# Final film displaying 5mm of gutta percha

## 2 posts placed inside the oval canal

5.3



# SLA model from TruDef Scan



# **At Delivery if Bleeding exists...**

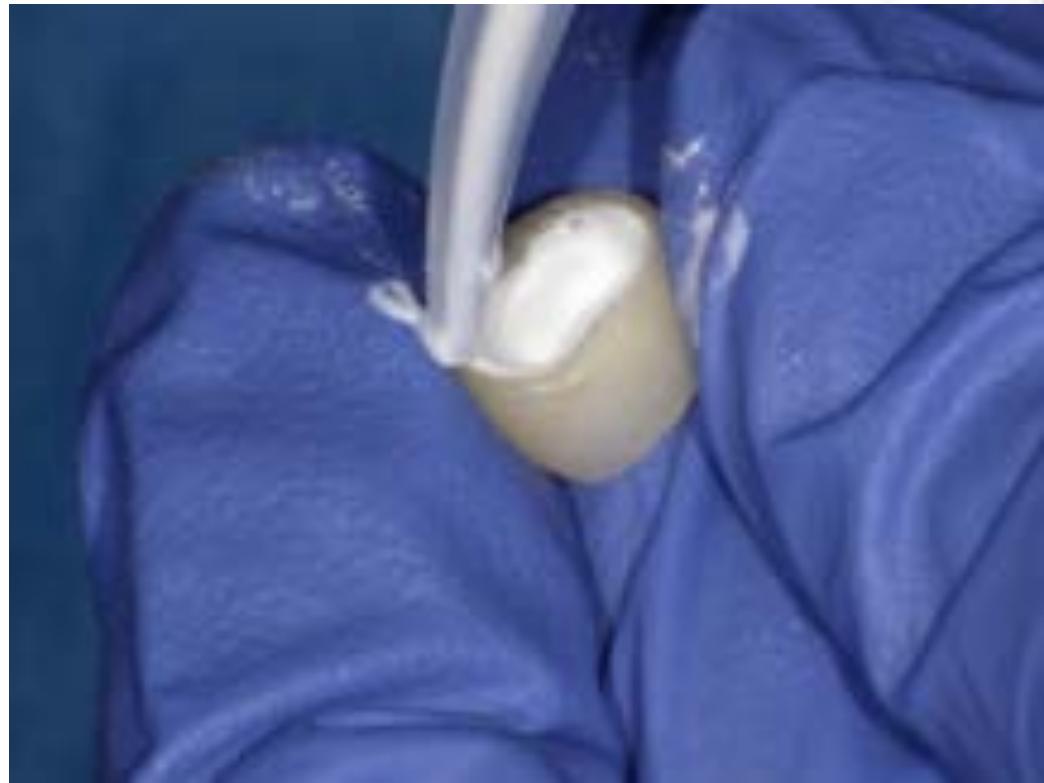
**Traxodent Paste**  
Rinsed after 2 minutes



**Traxodent Cap**



**2% Chlorhexidine to cleanse the tooth  
and Ceramir placement**



# Cementation Technique

**360° extrusion of cement followed  
by holding the crown down**

**After about 15 seconds, have the patient bite down to confirm  
occlusion and then once confirmed, cotton rolls or wood sticks**



**At the 3 minute mark:  
Clean up  
Double Knotted Floss  
Pull Up to the gum and pull out**



# Final

