



The Molecular and Cellular Basis for Parkinson's Disease

Edited by
Thomas Müller

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Special Issue Editor

Thomas Müller

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About the Special Issue Editor

Thomas Müller is a specialist in Neurology, Psychiatry, Psychotherapy, and the Head of the Department of Neurology at the St Joseph Hospital, Berlin-Weissensee, Germany. He studied at the Universities of Bochum, Essen, and Munich and gained his license to practice in 1987. His thesis focused on the comparison of pain perception after the intake of tilidin and tramadol. His research interests include the use of various functional brain imaging techniques in the diagnosis and the evaluation of progression of neurodegenerative diseases; neuropsychological and neuroophthalmologic changes in chronic neurodegeneration and neuroinflammation; all kinds of clinical treatment aspects in relation to Parkinson's disease, Huntington's disease and dementia. He described the efficacy of intrathecal steroid application in the treatment of progressive multiple sclerosis. He is on various Editorial Boards and serves as the Editor-in-Chief of journals in the fields of neurology and psychology. He has published more than 400 peer reviewed papers, books, and book chapters.

Preface to "The Molecular and Cellular Basis for Parkinson's Disease"

For many years, there has been a certain focus on dopamine-sensitive motor symptoms, in association with the improvement of motor complications in the heterogeneous disease entity Parkinson's disease in clinical and experimental research, which has resulted in a certain standstill without any recent innovative "breakthrough" research outcomes.

This Special Issue provides new concepts and new ideas on the pathogenesis, genetics, and clinical maintenance of Parkinson's disease and related disorders. Not only new experimental findings, but also clinical outcomes and research on alternative, non-pharmacological, and pharmacological therapies were included. The high-quality reviews do not only provide an up-to-date summary of the current knowledge on Parkinson's disease, they also discuss innovative findings and provocative ideas in the field of extrapyramidal disorders.

This Special Issue bridges the currently increasing gap between experimental and clinical research on Parkinson's disease and related disorders. There was an enormous response to this issue. Therefore a second issue, entitled "The Molecular and Cellular Basis for Parkinson's Disease", 2019, is currently under way.

Thomas Müller
Special Issue Editor

Article

Effects of Enteric Environmental Modification by Coffee Components on Neurodegeneration in Rotenone-Treated Mice

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Abstract: Epidemiological studies have shown that coffee consumption decreases the risk of Parkinson's disease (PD). Caffeic acid (CA) and chlorogenic acid (CGA) are coffee components that have antioxidative properties. Rotenone, a mitochondrial complex I inhibitor, has been used to develop parkinsonian models, because the toxin induces PD-like pathology. Here, we examined the neuroprotective effects of CA and CGA against the rotenone-induced degeneration of central dopaminergic and peripheral enteric neurons. Male C57BL/6J mice were chronically administered rotenone (2.5 mg/kg/day), subcutaneously for four weeks. The animals were orally administered CA or CGA daily for 1 week before rotenone exposure and during the four weeks of rotenone treatment. Administrations of CA or CGA prevented rotenone-induced neurodegeneration of both nigral dopaminergic and intestinal enteric neurons. CA and CGA upregulated the antioxidative molecules, metallothionein (MT)-1,2, in striatal astrocytes of rotenone-injected mice. Primary cultured mesencephalic or enteric cells were pretreated with CA or CGA for 24 h, and then further co-treated with a low dose of rotenone (1–5 nM) for 48 h. The neuroprotective effects and MT upregulation induced by CA and CGA *in vivo* were reproduced in cultured cells. Our data indicated that intake of coffee components, CA and CGA, enhanced the antioxidative properties of glial cells and prevents rotenone-induced neurodegeneration in both the brain and myenteric plexus.

Keywords: caffeic acid; chlorogenic acid; rotenone; Parkinson's disease; neuroprotection; dopaminergic neuron; myenteric plexus; enteric glial cell; metallothionein

1. Introduction

Parkinson's disease (PD) is a progressive neurodegenerative disease with motor symptoms, such as tremor, akinesia/bradykinesia, rigidity, and postural instability, due to a loss of nigrostriatal dopaminergic neurons, and non-motor symptoms, such as orthostatic hypotension and constipation, caused by peripheral neurodegeneration. Gastrointestinal dysfunction is a particularly prominent non-motor symptom of PD. Several studies have reported that constipation appears approximately 10 to 20 years prior to the presentation of motor symptoms [1–3]. Recently, a large-scale prospective study demonstrated that lower bowel movement frequencies predicted the future PD crisis [4]. Braak et al. reported that PD pathology, Lewy bodies and Lewy neuritis, within the central nervous system (CNS), appeared first in the dorsal motor nucleus of vagus, and then extended upward through the brain stem

to reach the substantia nigra, eventually leading to motor dysfunction [5]. In addition, several reports have demonstrated that PD pathology is also detected within the enteric nervous system (ENS) [6–8]. Therefore, it has been hypothesized that PD pathology spreads from the ENS to the CNS via the vagal nerve [9].

The cause of sporadic PD remains unknown, but both genetic and environmental factors are thought to contribute to PD pathogenesis. Epidemiological studies suggest that pesticide exposure, particularly rotenone and paraquat, increases the risk of PD [10]. Rotenone, a mitochondrial complex I inhibitor, is used to develop animal models of PD, because the toxin induces dopaminergic neuronal loss and PD motor symptoms [11,12]. Studies have demonstrated neurotoxic effects of rotenone in vitro and in vivo [11,13,14]. In addition, rotenone has been shown to reproduce PD pathology in both the CNS and ENS [15–17].

Epidemiological studies indicate that coffee consumption reduces the risk of PD to 40–50% [18,19]. Caffeic acid (CA) and chlorogenic acid (CGA), an ester formed between CA and quinic acid, are components of coffee. Various studies have reported that CA and CGA possess antioxidative properties, anti-inflammatory activity, and inhibitory effects on mitochondrial damage. Moreover, these coffee components exert neuroprotective effects against dopaminergic neurotoxicity [20–26]. However, it is still unknown whether coffee intake provides neuroprotective effects against enteric neuronal damage. The present study explored whether daily oral administrations of CA or CGA could prevent degeneration of central dopaminergic and peripheral enteric neurons in rotenone-treated mice. We established a novel rotenone-treated mouse model that exhibited neurodegeneration in both the CNS and ENS after chronic exposure to a low dose of rotenone (2.5 mg/kg/day) for four weeks. In addition, we examined the expression of the antioxidative molecules metallothionein (MT)-1,2, which are expressed mainly in astrocytes and secreted to the extracellular space, in rotenone-treated mice. Furthermore, we examined the neuroprotective effects of CA and CGA against rotenone-induced neurotoxicity in primary cultured cells from the mesencephalon and intestine.

2. Materials and Methods

2.1. Animals

All experimental procedures were performed in accordance with the Guideline for Animal Experiments of Okayama University Advanced Science Research Center, and were approved by the Animal Care and Use Committee of Okayama University Advanced Science Research Center. Male C57BL/6J mice at seven weeks of age and pregnant Sprague-Dawley (SD) rats at gestation day 13 were purchased from Charles River Japan Inc. (Yokohama, Japan). C57BL/6J mice and pregnant SD rats were housed with a 12-h light/dark cycle at a constant temperature (23 °C) and given ad libitum access to food.

2.2. Rotenone-Injected Mice and Treatment with CA or CGA

In our previous studies, we reported that chronic injection with rotenone (50 mg/kg/day) induced neurodegeneration in the substantia nigra pars compacta (SNpc) and intestinal myenteric plexus in mice [27]. In the current study, to examine the effects of CA and CGA on neurodegeneration in low-dose rotenone-treated mice, male C57BL/6J mice (nine weeks old; approximately 25 g) were subcutaneously injected with rotenone (2.5 mg/kg/day, Sigma-Aldrich, St. Louis, MO, USA) for four weeks using an osmotic mini pump (Alzet, #2004; Durect Corporation, Cupertino, CA, USA). The Alzet osmotic pump was filled with rotenone (10.4 mg/mL) dissolved in the vehicle solution, consisting of equal volumes of dimethylsulphoxide (DMSO) and polyethyleneglycol (PEG). Mice were anesthetized by isoflurane inhalation. Rotenone-filled pumps were implanted under the skin on the backs of mice. Control mice received the vehicle solution.

Mice were orally administered CA (30 mg/kg/day) or CGA (50 mg/kg/day) dissolved in 5% methylcellulose daily for one week before rotenone exposure, and then 5 days/week during the

four weeks of rotenone treatment (Figure 1A). The dosages of CA and CGA were determined based on previous reports [22,24,25]. One day after the rotenone treatment period, mice were perfused transcardially with a 4% paraformaldehyde (PFA) fixative for immunohistochemical analysis.

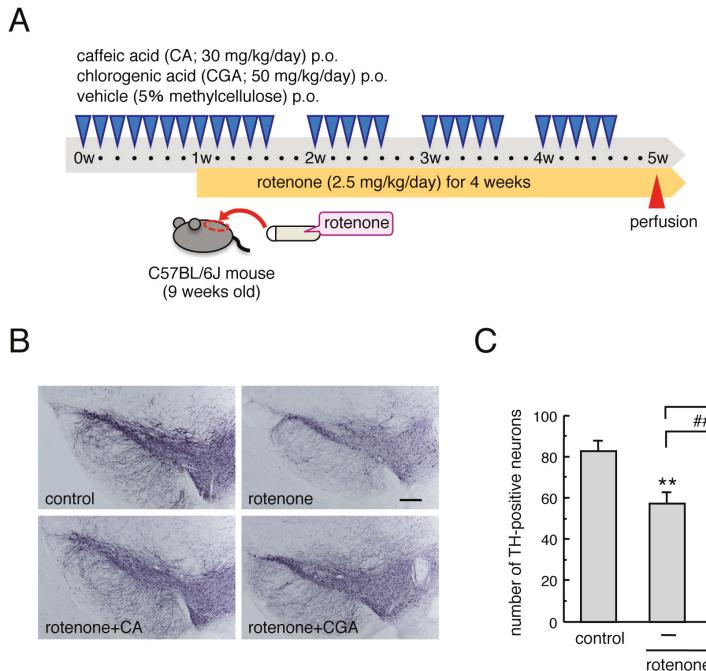


Figure 1. Administrations of CA or CGA prevented degeneration of dopaminergic neurons in the SNpc of rotenone-treated mice. (A) Schematic illustration of the experimental protocol. Male C57BL/6J mice were injected subcutaneously with rotenone (2.5 mg/kg/day) for four weeks using an osmotic mini pump. Mice were orally administered CA (30 mg/kg/day) or CGA (50 mg/kg/day), dissolved in 5% methylcellulose, daily for one week before rotenone exposure, and then 5 days/week during the four weeks of rotenone treatment. (B) Representative photomicrographs of immunohistochemistry for TH in the SNpc of rotenone-treated mice after treatment with CA or CGA. Scale bar = 200 µm. (C) Changes in the number of TH-positive nigral neurons after administration of CA or CGA. Each value is the mean ± SEM (n = 6–7). **p < 0.01 vs. the vehicle-treated control group, #p < 0.05, ##p < 0.01 between the two indicated groups.

2.3. Cell Culture of Mesencephalic Neurons and Astrocytes

Primary cultured mesencephalic neurons and astrocytes were prepared from the mesencephalon of SD rat embryos at 15 days of gestation [28]. Neuronal and astrocyte co-cultures were constructed by directly seeding astrocytes onto neuronal cell cultures. To prepare enriched neuronal cultures, the mesencephalon was dissected, cut into small pieces with scissors, and then incubated for 15 min in 0.125% trypsin-EDTA at 37 °C. After centrifugation (1500×g, 3 min), the resulting cell pellet was treated with a 0.004% DNase I solution, containing 0.003% trypsin inhibitor, for 7 min at 37 °C. Following centrifugation (1500×g, 3 min), the cell pellet was gently resuspended in a small volume of Dulbecco's modified Eagle's medium (DMEM) with 4.5 g/L D-glucose (Invitrogen, San Diego, CA, USA), 10% fetal bovine serum (FBS), 4 mM L-glutamine, and 60 mg/L kanamycin sulfate (growth medium; DMEM-FBS). Resuspended cells were plated in the same medium at a density of 2×10^5 cells/cm² in four-chamber culture slides coated with poly-D-lysine (Falcon, Corning, NY, USA). Within 24 h of the initial plating, the medium was replaced with fresh DMEM-FBS medium supplemented with

2 μ M cytosine- β -D-arabinofuranoside (Ara-C) to inhibit glial cell replication. Cells were incubated in this medium for three days. To obtain mesencephalic astrocytes, small pieces of mesencephalon were treated with 0.125% trypsin followed by 0.004% DNase I, as described above. Cells were plated at a density of 2×10^5 cells/cm² in poly-D-lysine-coated 6-well plates (Falcon) in DMEM-FBS medium. After incubation for seven days, cells were subcultured, and then seeded, at a density of 4×10^4 cells/cm², directly onto mesencephalic neuronal cell layers that had been cultured in four-chamber culture slides for 4 days. The co-cultures were incubated for a further two days before beginning any treatment. To prepare astrocyte cultures, cells were subcultured as described above, plated in DMEM-FBS medium at a density of 2×10^4 cells/cm² in poly-D-lysine-coated four-chamber culture slides, and then incubated for one week. All cultures were maintained at 37 °C in a 5%/95% CO₂/air mixture.

2.4. Cell Culture of Enteric Neurons and Glial Cells

Enteric neuronal and glial co-cultures were prepared from the intestine of SD rat embryos at 15 days of gestation [29]. Intestines were dissected and kept on ice in Hank's buffered salt solution (HBSS, Sigma-Aldrich) supplemented with 50 μ g/mL streptomycin and 50 U/mL penicillin (Invitrogen). After washing with fresh HBSS, intestines were cut into small pieces with scissors in DMEM/F12 (1:1) medium (Invitrogen) with 50 μ g/mL streptomycin, 50 U/mL penicillin (DMEM/F12 medium), and 10% FBS, and then centrifuged ($1500 \times g$, 3 min). The resulting cell pellet was treated with 0.125% trypsin (Invitrogen) for 15 min at 37 °C. After centrifugation ($1500 \times g$, 10 min), the resulting cells were treated with 0.01% (v/v) DNase I (Sigma-Aldrich) for 10 min at 37 °C. After centrifugation ($100 \times g$, 10 min), the cell pellet was gently re-suspended in a small volume of DMEM/F12 medium containing 10% FBS, and then plated in the same medium at a density of 5×10^4 cells/cm² in four-chamber culture slides previously coated for 6 h with a solution of 0.5% (v/v) gelatin (Sigma-Aldrich). Within 24 h of the initial plating, the medium was replaced with fresh DMEM/F12 medium without FBS but containing 1% N-2 and 1% G-5 supplements (Invitrogen). Half of the medium was replaced every two days, and cell cultures were maintained for 13 days at 37 °C in a 5%/95% CO₂/air mixture.

2.5. Cell Treatments

Fresh solution of rotenone in DMSO were prepared before each experiment and then diluted to their final concentrations in the appropriate growth medium (final concentration of DMSO: 0.005% v/v). To examine the effects of CA and CGA on rotenone-induced dopaminergic neurotoxicity, mesencephalic neuronal and astrocyte co-cultures were treated with CA (10 or 25 μ M) or CGA (25 μ M) in 0.2% DMSO in growth medium for 24 h. The concentrations of CA and CGA were determined based on previous reports [30–32]. After incubation for 24 h, the medium containing CA or CGA was discarded, and then cells were treated with CA (10 or 25 μ M) or CGA (25 μ M) and rotenone (1, 2.5, or 5 nM) for 48 h. To examine the effects of CA and CGA on MT-1,2 expression in mesencephalic astrocytes, astrocyte cultures were treated with CA (10 or 25 μ M) or CGA (25 μ M) for 24 h in advance, and then treated with CA (10 or 25 μ M) or CGA (25 μ M), with or without rotenone (1, 2.5, or 5 nM) for a further 48 h.

To determine the effects of CA and CGA on rotenone-induced enteric neuronal loss and glial MT-1,2 expression, enteric neuronal and glial co-cultures were treated with CA (10 or 25 μ M) or CGA (25 μ M) in DMEM/F12 medium containing 0.2% DMSO and 1% N-2 and 1% G-5 supplements for 24 h, followed by treatment with CA (10 or 25 μ M) or CGA (25 μ M) and rotenone (1, 2.5, or 5 nM) for 48 h.

2.6. Immunohistochemistry

To prepare slices of the brain and intestine, mice were perfused with ice-cold saline followed by 4% PFA under deep pentobarbital anesthesia (70 mg/kg, i.p.). The perfused brains and intestines were removed immediately and post-fixed for 24 h or 2 h in 4% PFA, respectively. Following cryoprotection in 15% sucrose in phosphate buffer (PB) for 48 h, the brains and intestines were snap-frozen with

powdered dry ice and 20- μ m-thick coronal or transverse sections were cut on a cryostat. Brain slices were collected at levels containing the mid-striatum (+0.6 to +1.0 mm from the bregma) and the SNpc (−2.8 to −3.0 mm from bregma). For immunostaining of tyrosine hydroxylase (TH) in the SNpc, brain slices were treated with 0.5% H₂O₂ for 30 min at room temperature (RT), blocked with 1% normal goat serum for 30 min, and incubated for 18 h at 4 °C with a rabbit anti-TH antibody (1:1000; Millipore, Temecula, CA, USA) diluted in 10 mM phosphate-buffered saline (PBS) containing 0.2% Triton X-100 (0.2% PBST). After washing in 0.2% PBST (3 × 10 min), slices were reacted with biotinylated goat anti-rabbit IgG secondary antibody for 2 h at RT. After washing, the sections were incubated with an avidin-biotin peroxidase complex for 1 h at RT. TH-immunopositive signals were visualized by DAB, nickel, and H₂O₂. To examine effects of CA and CGA treatment on astrocytic MT-1,2 expression in rotenone-injected mice, the striatal sections were incubated in 1% normal goat serum for 30 min at RT, and then reacted with mouse anti-MT-1,2 (1:100; Dako Cytomation, Glostrup, Denmark) or rabbit anti-S100 β (1:5000; Dako Cytomation) antibodies for 18 h at 4 °C. After washing, slices were reacted with Alexa Fluor 594-conjugated goat anti-mouse IgG or Alexa Fluor 488-conjugated goat anti-rabbit IgG secondary antibodies (1:1000; Invitrogen) for 2 h at RT. To visualize the myenteric plexus or enteric glial cells in the intestine, intestinal sections were incubated in 1% normal goat serum for 30 min at RT, and then reacted with rabbit anti- β -tubulin III (1:100; GeneTex, Inc., Irvine, CA, USA) or rabbit anti-GFAP (1:10,000; Novus Biologicals, Centennial, CO, USA) antibody, respectively, for 18 h at 4 °C. After washing, slices were reacted with Alexa Fluor 488-conjugated goat anti-rabbit IgG secondary antibody (1:1000; Invitrogen) for 2 h at RT. The striatal and intestinal slices were then counterstained with Hoechst 33342 nuclear stain (10 μ g/mL) for 2 min. Cells cultured on chamber slides were fixed with 4% PFA for 30 min at RT, blocked with 2.5% normal goat serum for 20 min, and then reacted for 18 h at 4 °C with the following primary antibodies diluted in 0.1% PBST: rabbit anti-TH (1:1000; Millipore); mouse anti-MT-1,2 (1:100; DAKO Cytomation); rabbit anti-GFAP (1:2000; Dako Cytomation); or mouse anti- β -tubulin III (1:10,000; Sigma-Aldrich). After washing in 10 mM PBS, pH 7.4 (3 × 10 min), cells were reacted with Alexa Fluor 488-conjugated goat anti-rabbit IgG or Alexa Fluor 594-conjugated goat anti-mouse IgG secondary antibodies (1:500; Invitrogen) for 1.5 h at RT. Finally, cells were counterstained with Hoechst 33342 nuclear stain (10 μ g/mL) for 2 min and washed prior to mounting with Fluoromounting medium (Dako Cytomation).

All slides were analyzed under a fluorescence microscope (BX50-FLA or BX53; Olympus Tokyo, Japan) and cellSens imaging software (Olympus), using a mercury lamp (USHIO INC., Tokyo, Japan) through 360–370 nm, 470–495 nm, or 530–550 nm band-pass filters to excite Hoechst 33342, Alexa Fluor 488, or Alexa Fluor 594, respectively. Light emission from Hoechst 33342, Alexa Fluor 488, or Alexa Fluor 594 was collected through a 420 nm long-pass filter, a 510–550 nm band-pass filter, or a 590 nm long-pass filter, respectively. Localization of β -tubulin III- and GFAP signals was confirmed by confocal laser-scanning microscopy (LSM 780; Zeiss, Oberkochen, Germany). Light emitted from Hoechst 33342, Alexa Fluor 488, or Alexa Fluor 594 was collected through a 420–470 nm band-pass filter, a 500–550 nm band-pass filter, or a 570–640 nm band-pass filter, respectively. Images were taken at a magnification of 400 \times and recorded using the Windows-based LSM program (ZEN lite 2012 64bit version, Zeiss). Adobe Photoshop CS4 software (v11.0) was used for digital amplification of the images.

2.7. Quantification Procedures

The number of TH-immunopositive neurons in the SNpc was counted manually under a microscope at 100 \times magnification. The boundary between the SNpc and ventral tegmental area was defined by a line extending dorsally from the most medial boundary of the cerebral peduncle. The numbers of MT-1,2- and S100 β -immunopositive cells in the dorsal striatum of rotenone-treated mice were counted manually using a microscope at a magnification of 400 \times . The number of MT- or S100 β -positive cells and the ratio of MT-positive cells to S100 β -positive cells were evaluated in each section. The immunoreactivity of β -tubulin III or GFAP in the myenteric plexus of the intestine was analyzed under 400 \times magnification and quantified using cellSens imaging software (v1.16, Olympus).

The integrated density of each signal was calculated as follows: integrated density = (signal density in the myenteric plexus-background density) × area of positive signal in the plexus.

TH-immunopositive cells in mesencephalic neuronal and astrocyte co-cultures were counted under a microscope in all areas of each chamber slide. Cell viability data are presented as a percentage of the control. The number of MT-1,2-immunopositive cells in mesencephalic astrocyte cultures was counted in 8–10 randomly chosen fields in a chamber under 200 \times magnification, and expressed as the percentage of MT-1,2-immunopositive astrocytes among the total cell population. The signal intensity of β -tubulin III and MT-1,2 in enteric neuronal and glial co-cultures was analyzed in 3–6 randomly chosen fields in a chamber under 200 \times magnification and quantified using cellSens imaging software.

2.8. Statistical Analyses

All statistical analyses were performed using KaleidaGraph v4.0 software. Data are presented as means \pm SEM. Comparisons between multiple groups were performed using a one-way ANOVA followed by a *post hoc* Fisher's least significant difference test. A *p*-value < 0.05 was considered statistically significant.

3. Results

3.1. Administrations of CA or CGA Prevented Dopaminergic Neurodegeneration in Rotenone-Treated Mice

Chronic subcutaneous treatment with a low dose of rotenone (2.5 mg/kg/day) significantly decreased the number of TH-positive dopaminergic neurons in the SNpc. Repeated oral administration of CA (30 mg/kg) or CGA (50 mg/kg) ameliorated the reduction of nigral TH-positive cells in rotenone-treated mice (Figure 1B,C).

3.2. Administrations of CA or CGA Increased MT-1,2 Expression in Astrocytes in the Striatum of Rotenone-Treated Mice

To examine the effects of CA and CGA treatment on antioxidative molecules in astrocytes of rotenone-treated mice, we performed double immunostaining of the astrocyte marker S100 β and MT-1,2 in striatal brain slices. We used an anti-S100 β , but not an anti-GFAP, antibody to visualize astrocytes in the striatum. Since the anti-GFAP antibody detected mainly fibrous activated astrocytes, it was difficult to assess MT-1,2 expression in all types of astrocytes, including protoplasmic astrocytes. Therefore, we chose an anti-S100 β antibody to detect striatal astrocytes. A nonsignificant trend toward decreased numbers of S100 β -positive astrocytes were seen after rotenone treatment. Administration of CA or CGA significantly increased the number of MT-positive astrocytes in the striatum of mice (Figure 2A,B). The MT-positive/S100 β -positive cell ratio was significantly increased by either CA or CGA treatment (Figure 2C).

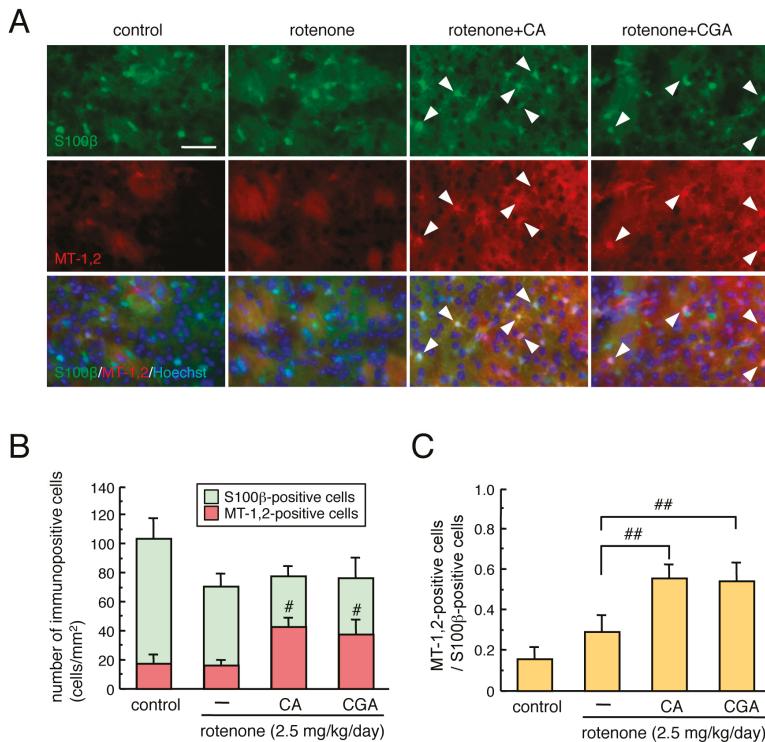


Figure 2. Effects of CA or CGA administrations on astrocytic MT-1,2 expression in the striatum of rotenone-treated mice. (A) Representative photomicrographs of MT-1,2 and S100 β double immunostaining in the striatum of rotenone (2.5 mg/kg/day)-treated mice after treatment with CA (30 mg/kg/day) or CGA (50 mg/kg/day). Green: S100 β -positive astrocytes. Red: MT-1,2-positive cells. Blue: nuclear staining with Hoechst 33342. Solid arrowheads: MT-1,2-positive astrocytes. Scale bar = 50 μ m. (B,C) Quantitation of MT-1,2 and S100 β expression in the striatum of rotenone-treated mice after treatment with CA or CGA. (B) Number of immunopositive cells, (C) proportion of MT-1,2-positive cells/S100 β -positive cells. Data are means \pm SEM ($n = 6\text{--}7$). [#] $p < 0.05$, ^{##} $p < 0.01$ vs. the rotenone-treated group.

3.3. Administration of CA or CGA Prevented Neurodegeneration in the Intestinal Myenteric Plexus of Rotenone-Treated Mice

To examine the neuroprotective effects of CA and CGA on the myenteric plexus in the small intestine of rotenone-treated mice, we performed immunostaining of the neuronal marker, β -tubulin III. To confirm the distribution of the myenteric plexus in the intestine, nuclear staining was performed using Hoechst 33342. Apparent β -tubulin III-positive signals were detected in the intestinal myenteric plexus of mice (Figure 3A). Chronic subcutaneous treatment with low-dose rotenone for four weeks significantly decreased the area of β -tubulin III-positive myenteric plexus (Figure 3A–C) and β -tubulin III immunoreactivity (Figure 3A,B,D) in the intestine. Repeated administration of CA or CGA significantly prevented this reduction in β -tubulin III-positive signals in the myenteric plexus of rotenone-treated mice (Figure 3B–D).

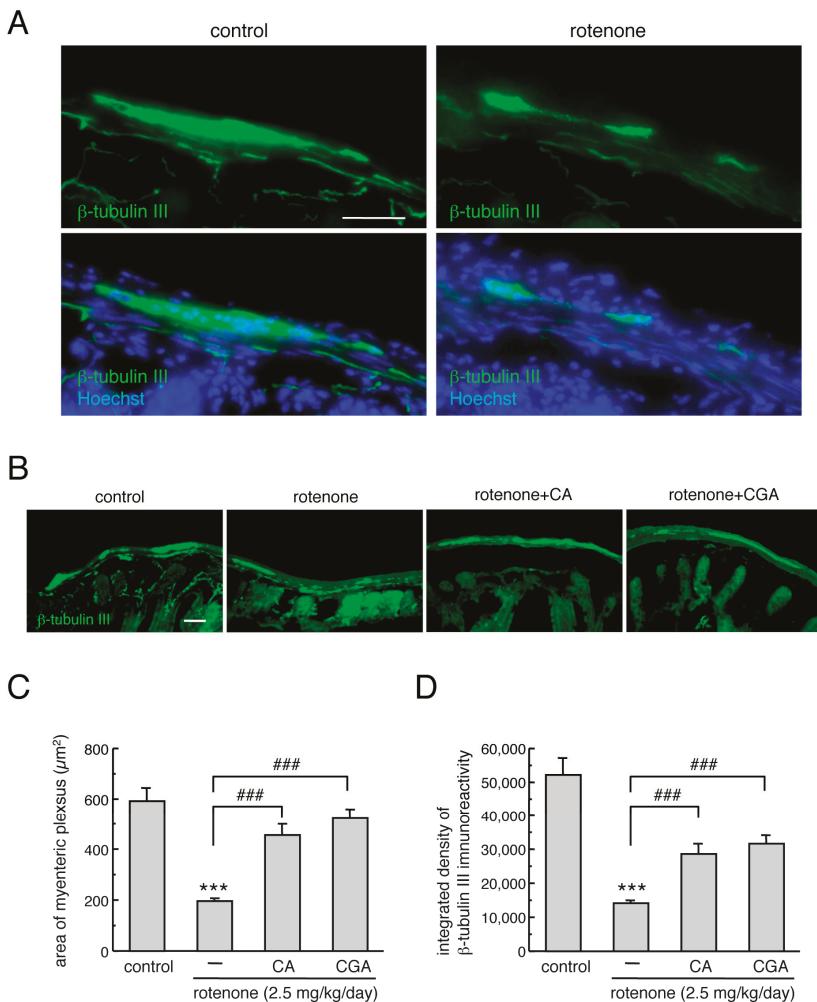


Figure 3. Administrations of CA or CGA prevented the degeneration of enteric neurons in the intestinal myenteric plexus of rotenone-treated mice. (A) Representative photomicrographs of immunohistochemistry for β-tubulin III in the intestine of mice. Green: β-tubulin III-positive neurons. Blue: nuclear staining with Hoechst 33342. Scale bar = 50 μm . (B) Representative photomicrographs of β-tubulin III-positive neurons in the intestine of rotenone-treated mice after treatment with CA (30 mg/kg/day) or CGA (50 mg/kg/day). Scale bar = 50 μm . (C,D) Quantitation of β-tubulin III-positive signals in the intestine. (C) Area of β-tubulin III-positive myenteric plexus, (D) integrated density of β-tubulin III immunoreactivity. Data are means \pm SEM ($n = 6–7$). *** $p < 0.001$ vs. the vehicle-treated control group, ### $p < 0.001$ between the two indicated groups.

3.4. Administration of CA or CGA Had No Effect on Enteric Glial Cells in Rotenone-Treated Mice

To examine the effects of CA and CGA on enteric glial cells in the small intestine of rotenone-treated mice, we performed immunostaining of the glial marker, GFAP [33]. Chronic subcutaneous treatment with a low dose of rotenone for four weeks had no effect on the area of GFAP-positive signal (Figure 4A,B), but significantly decreased GFAP immunoreactivity (Figure 4A,C)

in the intestine. Repeated administration of CA or CGA did not prevent this reduction in GFAP-positive signal in the intestine of rotenone-treated mice (Figure 4A–C).

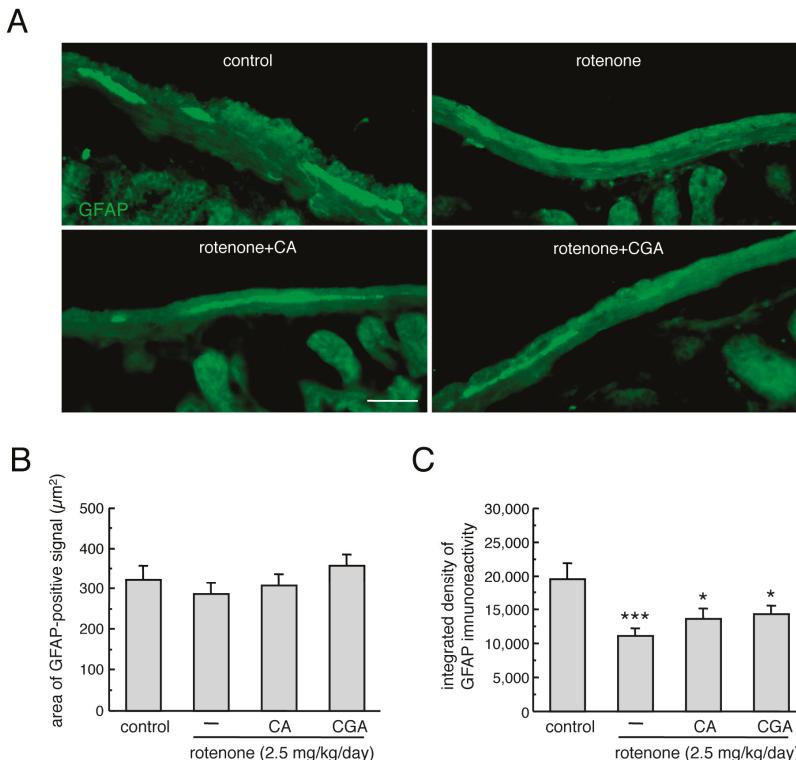


Figure 4. Effects of CA or CGA administrations on enteric glial cells in the intestines of rotenone-treated mice. (A) Representative photomicrographs of immunohistochemistry for GFAP in the intestines of rotenone-treated mice after treatment with CA (30 mg/kg/day) or CGA (50 mg/kg/day). Scale bar = 50 μm . (B,C) Quantitation of GFAP-positive signals in the intestine of mice. (B) Area of GFAP-positive signal, (C) integrated density of GFAP immunoreactivity. Data are means \pm SEM ($n = 6$ –7). * $p < 0.05$, *** $p < 0.001$ vs. the vehicle-treated control group.

3.5. Treatment with CA or CGA Inhibited Rotenone-Induced Dopaminergic Neuronal Loss in Mesencephalic Neuronal and Astrocyte Co-Cultures

To examine the neuroprotective effects of CA and CGA on rotenone-induced dopaminergic neurodegeneration in cultured cells, mesencephalic neuronal and astrocyte co-cultures were pretreated with CA (10 or 25 μM) or CGA (25 μM) for 24 h and co-treated with low-dose rotenone (1–5 nM) for a further 48 h (Figure 5A). Exposure to a low dose of rotenone significantly decreased the number of TH-positive dopaminergic neurons. Both CA and CGA treatment significantly and completely inhibited this reduction in the number of TH-positive cells (Figure 5B,C).

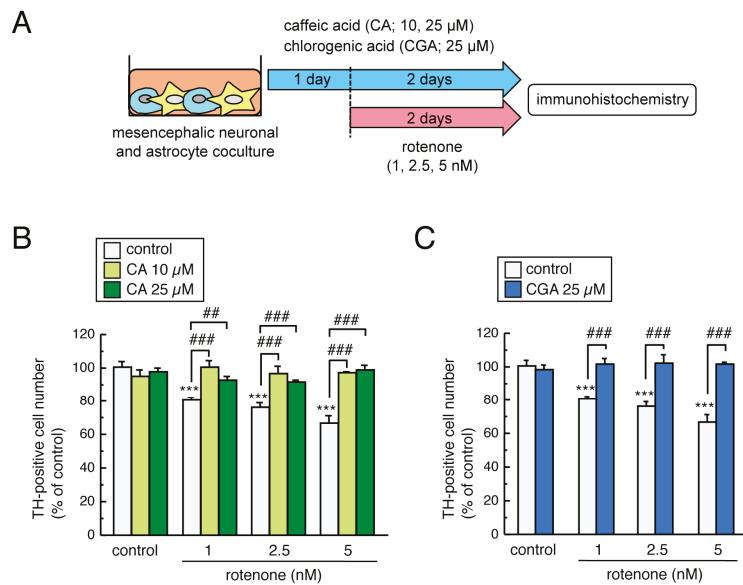


Figure 5. Neuroprotective effects of CA and CGA against rotenone-induced dopaminergic neurotoxicity in cultured mesencephalic cells. (A) Schematic illustration of the experimental protocol. Mesencephalic neuronal and astrocyte co-cultures were pretreated with CA (10 or 25 μ M) or CGA (25 μ M) for 24 h and co-treated with rotenone (1–5 nM) for a further 48 h. (B,C) Changes in the number of TH-positive neurons after treatment with rotenone and CA (B) or CGA (C). Data are means \pm SEM ($n = 4$). *** $p < 0.001$ vs. each control group, # $p < 0.01$, # $# p < 0.001$ between the two indicated groups.

3.6. Treatment with CA or CGA Upregulated MT-1,2 in Mesencephalic Astrocytes

To examine the effects of treatment with CA or CGA, with or without rotenone, on MT-1,2 expression in mesencephalic astrocytes, astrocyte cultures were pretreated with CA (10 or 25 μ M) or CGA (25 μ M) for 24 h and co-treated with rotenone (1–5 nM) for 48 h. Rotenone had no effect on MT-1,2 expression in astrocytes even at the highest dose (5 nM). Treatment with CA or CGA significantly increased MT-1,2 expression in astrocytes even after rotenone exposure (Figure 6A–C). Interestingly, the induction of MT-1,2 by CGA (25 μ M) was higher in the rotenone-treated astrocytes than in the untreated control group (Figure 6C).

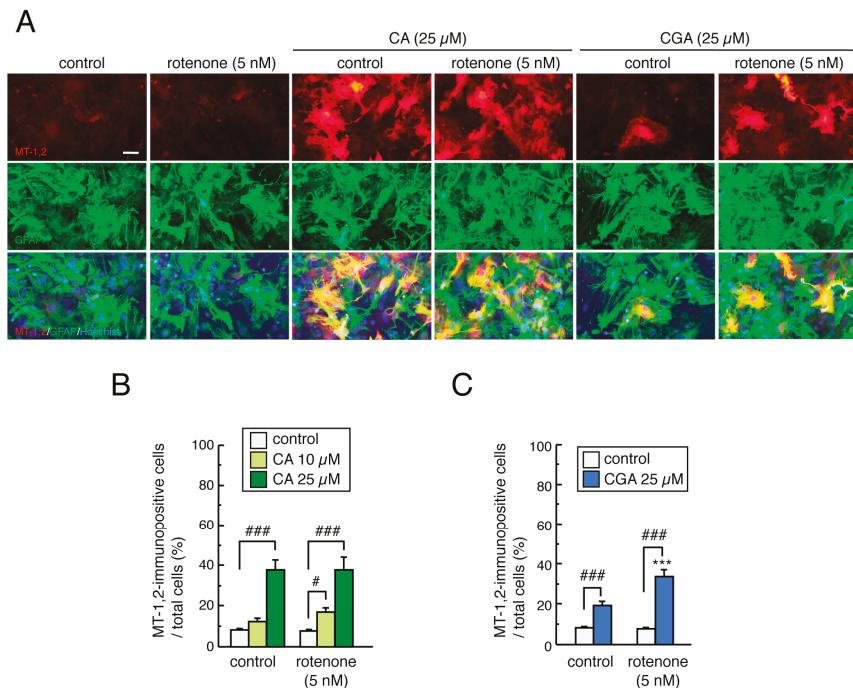


Figure 6. Effects of treatment with CA or CGA followed by rotenone exposure on MT-1,2 expression in mesencephalic astrocyte cultures. Astrocyte cultures were pretreated with CA (10 or 25 μM) or CGA (25 μM) for 24 h and co-treated with rotenone (1–5 nM) for a further 48 h. (A) Representative photomicrographs of MT-1,2 and GFAP double immunostaining in astrocyte cultures. Red: MT-1,2-positive signals. Green: GFAP-positive astrocytes. Blue: nuclear staining with Hoechst 33342. Scale bar = 50 μm. (B,C) Quantitation of MT-1,2-positive signals in astrocyte cultures after treatment with rotenone and CA (B) or CGA (C). Each value is the mean ± SEM ($n = 8\text{--}13$) expressed as the percentage of the MT-1,2-immunopositive astrocytes in the total cell population. *** $p < 0.001$ vs. each control group, # $p < 0.05$, ### $p < 0.001$ between the two indicated groups.

3.7. Treatment with CA or CGA Inhibited Rotenone-Induced Enteric Neuronal Loss in Enteric Neuronal and Glial Co-Cultures

To examine whether low-dose rotenone exposure induced enteric neurotoxicity, and whether CA or CGA treatment could prevent these effects, we prepared enteric neuronal and glial co-cultures from the intestines of SD rat embryos. Enteric neuronal and glial co-cultures were pretreated with CA or CGA for 24 h, and then co-treated with a low dose of rotenone (1–5 nM) for a further 48 h (Figure 7A). We successfully detected β-tubulin III-positive enteric neuronal cells and GFAP-positive glial cells. Enteric glial were seen in the nerve plexus (Figure 7B). Exposure to a low dose of rotenone (1–5 nM) for 48 h significantly decreased β-tubulin III immunoreactivity in cultured enteric cells. Treatment with CA (10, 25 μM) or CGA (25 μM) significantly ameliorated the reduction in β-tubulin III-positive signals induced by rotenone exposure (Figure 7C–E). These results indicate that both CA and CGA provide neuroprotection against rotenone-induced enteric neurotoxicity. Interestingly, CA and CGA could both protect enteric neurons against higher doses of rotenone exposure (5 nM), but not against lower doses (1 or 2.5 nM, Figure 7D,E).

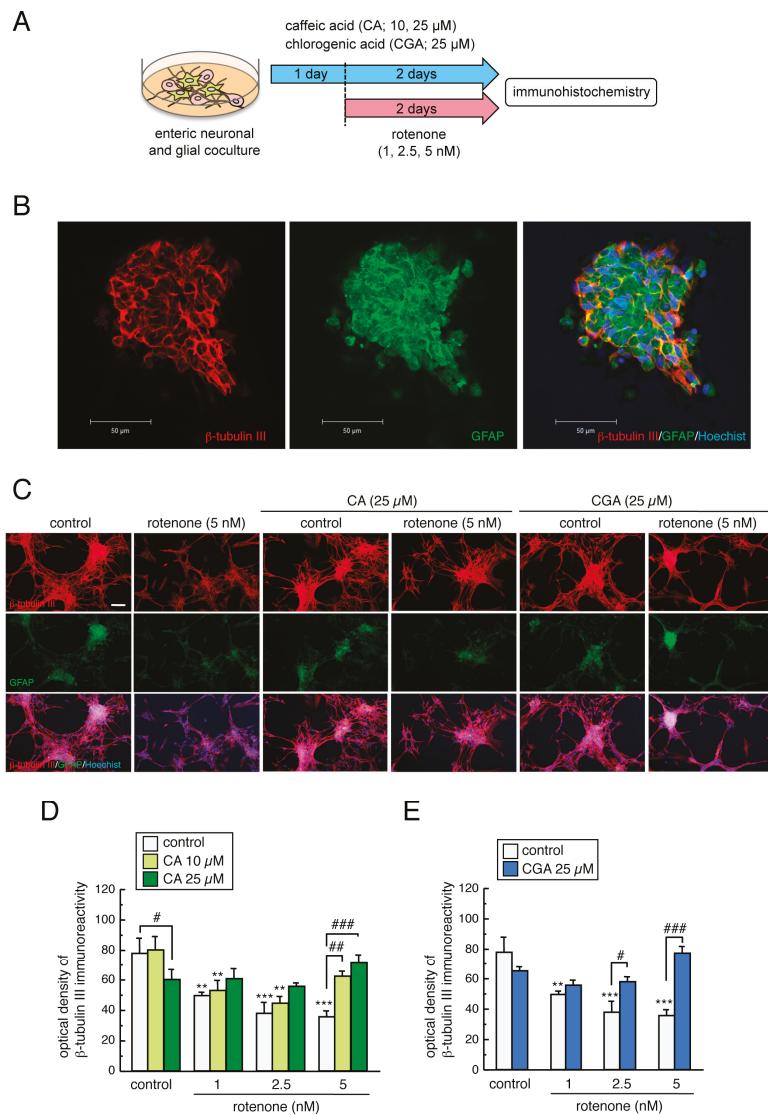


Figure 7. Neuroprotective effects of CA and CGA against rotenone-induced enteric neurotoxicity in primary cultured intestinal cells. (A) Schematic illustration of the experimental protocol. Enteric neuronal and glial co-cultures were pretreated with CA (10 or 25 μ M) or CGA (25 μ M) for 24 h and co-treated with rotenone (1–5 nM) for further 48 h. (B) Localization of β -tubulin III- and GFAP-positive signals. Red: β -tubulin III-positive enteric neuronal cells. Green: GFAP-positive enteric glial cells. Blue: nuclear staining with Hoechst 33342. Scale bar = 50 μ m. (C) Representative photomicrographs of immunohistochemistry for β -tubulin III and GFAP in enteric cell cultures after treatment with rotenone (5 nM) and CA (25 μ M) or CGA (25 μ M). Red: β -tubulin III-positive enteric neuronal cells. Green: GFAP-positive enteric glial cells. Blue: nuclear staining with Hoechst 33342. Scale bar = 100 μ m. (D,E) Quantitation of β -tubulin III-positive signals in enteric cell cultures after treatment with rotenone and CA (D) or CGA (E). Data are means \pm SEM ($n = 3$ –6). ** $p < 0.01$, *** $p < 0.001$ vs. each control group; # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$ between the two indicated groups.

3.8. Treatment with CA or CGA Inhibited Rotenone-Induced MT-1,2 Reduction in Enteric Glial Cells

We examined the effects of CA and CGA treatment on MT-1,2 expression in rotenone-treated enteric glial cells by double immunostaining of GFAP and MT-1,2. MT-positive signals were localized to cultured GFAP-positive enteric glial cells (Figure 8A). In contrast to the results from cultured mesencephalic cells, rotenone exposure significantly decreased MT-1,2 expression in enteric glial cells and both CA (10 or 25 μ M) and CGA (25 μ M) inhibited the rotenone-induced downregulation of MT (Figure 8B,C). Remarkably, these inhibitory effects of CA or CGA were only observed in enteric cells treated with highest dose of rotenone (5 nM) and not in those treated with lower doses (1 or 2.5 nM, Figure 8B,C). This was in agreement with the finding that these coffee components have protective effects against rotenone-induced enteric neurotoxicity (Figure 7D,E).

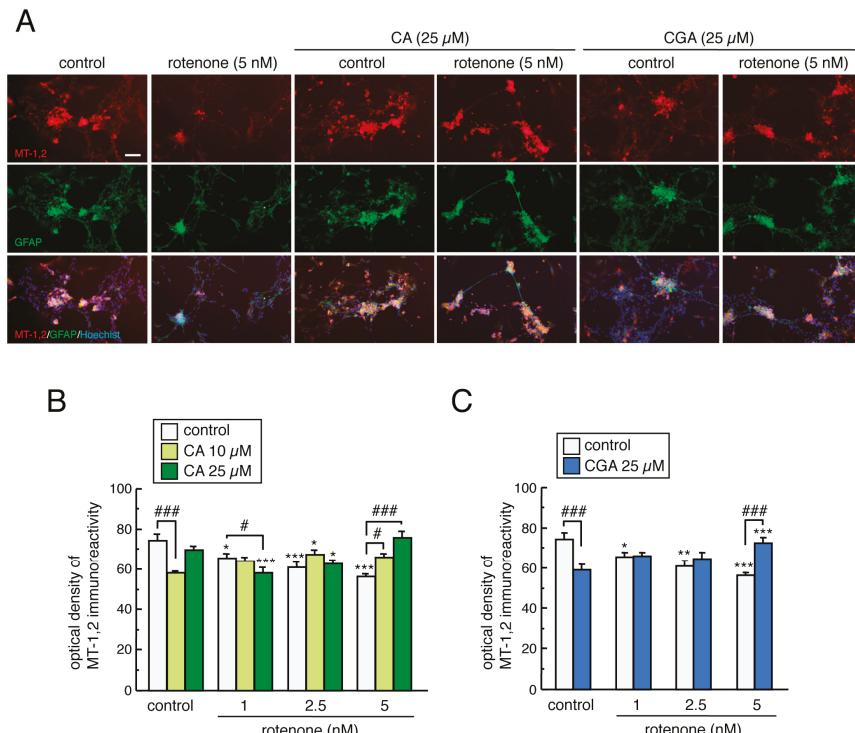


Figure 8. Treatment with CA or CGA inhibits rotenone-induced MT downregulation in the enteric glial cells. Enteric neuronal and glial co-cultures were pretreated with CA (10 or 25 μ M) or CGA (25 μ M) for 24 h and co-treated with rotenone (1–5 nM) for a further 48 h. (A) Representative photomicrographs of immunohistochemistry for MT-1,2 and GFAP in enteric cell cultures after treatment with rotenone (5 nM) and CA (25 μ M) or CGA (25 μ M). Red: MT-1,2-positive signals. Green: GFAP-positive enteric glial cells. Blue: nuclear staining with Hoechst 33342. Scale bar = 100 μ m. (B,C) Quantitation of MT-1,2-positive signals in the enteric cell cultures after treatment with rotenone and CA (B) or CGA (C). Data are means \pm SEM ($n = 3$ –8). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ vs. each control group; # $p < 0.05$, ### $p < 0.001$ between the two indicated groups.

4. Discussion

The present study demonstrated that CA and CGA upregulated MT-1,2 in astrocytes and exerted neuroprotective effects against rotenone-induced dopaminergic neurodegeneration in mesencephalic neuronal and astrocyte co-cultures. In the enteric neuronal and glial co-cultures, rotenone treatment

reduced MT-1,2 expression in glial cells and produced enteric neuronal loss, which were prevented by CA or CGA treatment. Furthermore, oral administration of CA or CGA exerted neuroprotective effects against neurodegeneration in the nigral dopaminergic neurons and the enteric neurons in the intestinal myenteric plexus of rotenone-treated mice. In this study, we used a novel mouse model produced by 4-week administration of a low dose of rotenone (2.5 mg/kg/day), which corresponds to the environmental exposure levels of rotenone via pesticides. Chronic subcutaneous injection of rotenone induced neurodegeneration in both the CNS and ENS. Interestingly, rotenone-induced neurotoxicity was more severe in the intestinal myenteric plexus than in the SNpc. Considering the epidemiological data showing an inverse association of daily coffee consumption with PD risk [18,19], we examined the neuroprotective effects of CA and CGA against rotenone neurotoxicity. Animals were treated with these coffee components by daily oral administration for 1 week before rotenone exposure, and then 5 days/week during the four weeks of rotenone treatment. The dosages of CA (30 mg/kg/day) and CGA (50 mg/kg/day) were determined based on previous reports [22,24,25]. It has been reported that one cup of coffee contains 70–350 mg of CA [34] and approximately 250 mg of CGA [35]. In addition, it is known that the daily intake of CA in coffee drinkers is 0.1–1 g [36]. Therefore, the dosages of CA and CGA in the present experiments seem high, since it would be necessary to drink 5–10 cups of coffee per day to achieve their neuroprotective effects in humans.

Treatment with CA or CGA significantly prevented rotenone-induced neurodegeneration of nigral dopaminergic neurons and intestinal enteric neurons. Previous studies have reported that CA and CGA provide dopaminergic neuroprotection in various models of PD [20–26]. In those reports, CA and CGA showed antioxidative properties [23,24], anti-inflammatory activity [21,24–26], and inhibitory effects of mitochondrial damage [20]. Various reports have demonstrated that CA and CGA activate the nuclear factor erythroid-2-related factor 2 (Nrf2) antioxidant pathway [37–42]. In this study, we showed that CA or CGA treatment upregulated the antioxidative molecules, MT-1,2, in mesencephalic astrocyte cultures and striatal astrocytes of rotenone-treated mice. MT is a low-molecular weight, cysteine-rich (30% of the protein), inducible protein that binds to metals, such as zinc, copper, and cadmium, and contributes to metal homeostasis and detoxification [43]. In addition, MT directly scavenges free radicals [44,45]. The mammalian MT family comprises four isoforms: MT-1, MT-2, MT-3, and MT-4. The two major isoforms, MT-1 and -2, are often considered physiologically equivalent, because they are expressed in most organs and show coordinated induction in response to various stimulants such as metals, hormones, cytokines, inflammation, and oxidative stress [43,46,47]. We previously reported that MT-1,2 were upregulated specifically in striatal astrocytes by activation of the Nrf2 pathway in response to oxidative stress and they protected nigral dopaminergic neurons [48]. In addition, we have recently discovered that MT-1,2-knockdown in astrocytes aggravates rotenone-induced dopaminergic neurotoxicity. Therefore, in the present study, we focused on MT-1,2 expression in astrocytes as neuroprotective molecules after CA or CGA treatment. Our findings suggest that both CA and CGA could prevent dopaminergic neurodegeneration induced by the upregulation of astrocytic antioxidants in parkinsonian mice. Although the mechanism of MT upregulation by CA and CGA is still unknown, CA- and CGA-induced Nrf2 activation may be involved.

Constipation is the most prominent non-motor symptom in PD, and it might precede motor symptoms by 10–20 years [1–3]. Accumulating evidence indicates that the ENS is involved in the pathological progression of PD towards the CNS [15,49]. Therefore, it is desirable to find approaches that can inhibit enteric neurodegeneration. As mentioned above, various reports demonstrated the neuroprotective action of CA and CGA against dopaminergic neurodegeneration in vitro and in vivo [20–26]. However, few experiments have been performed to explore the neuroprotective effects of these coffee components against enteric neuronal damage. Here, we demonstrated that rotenone treatment induced enteric neuronal degeneration in mice, and that treatment with CA or CGA prevented neuronal loss in the myenteric plexus in these mice. In addition, we explored MT-1,2 expression in cultured enteric cells after treatment with rotenone and coffee components. GFAP-positive enteric glial cells accumulated in the nerve plexus, and MT-1,2 were

expressed specifically in enteric glial cells. Furthermore, CA or CGA prevented the rotenone-induced downregulation of MT in cultured cells. These findings suggest that CA and CGA could protect enteric neurons against rotenone toxicity by targeting the antioxidative properties of enteric glial cells. Moreover, we examined MT-1,2 expression in enteric glial cells in rotenone-treated mice, but did not detect obvious MT signals in the intestine. Thus, it is still unclear whether MT is involved in the neuroprotective effects of CA and CGA against rotenone-induced enteric neurotoxicity *in vivo*. This will require further investigation.

In the present study, we used mesencephalic neuronal and astrocyte co-cultures to examine whether CA and CGA could exert neuroprotective effects against rotenone-induced dopaminergic neurotoxicity. In preliminary experiments, we observed that low-dose rotenone (1–5 nM) did not reduce the number of dopaminergic neurons in the mesencephalic neuronal and striatal co-culture. Therefore, the effects of CA and CGA on MT-1,2 expression were examined in mesencephalic astrocyte cultures, but not striatal astrocyte cultures. In the present study, both CA and CGA significantly increased MT-1,2 expression in mesencephalic astrocyte cultures. Interestingly, treatment with CGA induced MT expression especially in rotenone-exposed astrocytes. In addition, although treatment with CA (10 µM) or CGA (25 µM) reduced MT expression in enteric glial cells, these coffee components prevented the downregulation of MT when used in combination with rotenone (5 nM). The details of the mechanisms of rotenone-induced MT upregulation in CGA-treated mesencephalic astrocytes and CA/CGA-treated enteric glial cells are unknown. We propose that CA or CGA pretreatment may enhance the reactivity of glial cells to produce antioxidative molecules in response to rotenone exposure.

5. Conclusions

Our results demonstrated that coffee components upregulated antioxidative molecules in glial cells and prevented neurodegeneration in the SNpc and the intestinal myenteric plexus in rotenone-treated mice. These results support the epidemiological data that coffee consumption reduces the risk of PD. Our findings indicate that it may be possible to use a food-based promising therapeutic strategy of neuroprotection to improve the motor and non-motor symptoms of PD.

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Article

Dynamics of Parkinson's Disease Multimodal Complex Treatment in Germany from 2010–2016: Patient Characteristics, Access to Treatment, and Formation of Regional Centers

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Abstract: Parkinson's disease (PD) is currently the world's fastest-growing neurological disorder. It is characterized by motor and non-motor symptoms which progressively lead to significant clinical impairment, causing a high burden of disease. In addition to pharmacological therapies, various non-pharmacological treatment options are available. A well established and frequently used multiprofessional inpatient treatment concept in Germany is "Parkinson's disease multimodal complex treatment" (PD-MCT) which involves physiotherapists, occupational therapists, speech therapists, and other specializations for the optimization of treatment in PD (ICD G20) and other Parkinsonian syndromes (ICD G21 and G23). In this study we analyze the PD-MCT characteristics of 55,141 PD inpatients who have been integrated into this therapy concept in Germany in the years 2010–2016. We demonstrate that PD-MCT is increasingly applied over this time period. Predominately, PD patients with advanced disease stage and motor fluctuations in age groups between 45 and 69 years were hospitalized. In terms of gender, more male than female patients were treated. PD-MCT is provided primarily in specialized hospitals with high patient numbers but a minor part of all therapies is performed in a rather large number of hospitals with each one treating only a few patients. Access to PD-MCT differs widely across regions, leading to significant migration of patients from underserved areas to PD-MCT centers—a development that should be considered when implementing such therapies in other countries. Furthermore, our data imply that despite the overall increase in PD-MCT treatments during the observational period, the restricted treatment accessibility may not adequately satisfy current patient's need.

Keywords: Parkinson disease; multiprofessional therapy; inpatient treatment; multimodal complex treatment

1. Introduction

Parkinson disease (PD) is currently the world's fastest-growing neurological disorder [1]. It is characterized by motor symptoms such as bradykinesia, tremor, muscular rigidity or gait instability and is classified as primary Parkinson syndrome in the German DRG system [2]. Other clinically distinct Parkinsonian syndromes like vascular Parkinsonism or progressive supranuclear palsy (PSP) are subcategorized as secondary Parkinson syndromes, or other degenerative diseases of the basal ganglia. All Parkinsonian syndromes frequently comprise non-motor symptoms such as depression, pain, and sleep disorders which substantially decrease the quality of life of PD patients [3]. In Germany, the prevalence of PD is estimated in at least 180,000 to 220,000 patients [4–6]. It is expected that in 2040 more than 14 million people will suffer from PD, underlining the great impact of this disease on the health system now and in the future [7]. In order to improve early diagnosis and optimal therapy initiation in Parkinson's patients, the widest possible availability of specific diagnostics and individualized treatment in a multiprofessional team is desirable [8,9].

In Germany, there exist specialized inpatient units for patients with PD and other Parkinsonian syndromes which perform a so-called Parkinson disease multimodal complex treatment (PD-MCT) in a multiprofessional setting. Prerequisite for the reimbursement of health insurance are the documented physician expertise for PD, a constant and careful anti-parkinsonian drug titration as well as the application of activating therapies with a duration of at least 7.5 h per week. The basis for PD treatment is the multidisciplinary team which involves different professions such as physiotherapists, occupational therapists, and speech therapists as well as other paramedical disciplines. Inpatient treatment is generally applied from 7 days up to a total of 21 days, but mostly a therapy duration of about 14 days is chosen [10]. The effectiveness of PD-MCT for the clinical improvement of motor and non-motor function has been examined and demonstrated previously [11–13]. Especially in advanced stages of PD, this therapy concept is often needed [14].

In a recent study on PD patients who received general inpatient treatment in Germany, we saw strong momentum in 2010–2015 with patient numbers rising. Patients with motor fluctuations were especially in need of treatment. However, the treatment approaches for these patients and applied therapies have not been analyzed. In addition, there is very little information on the distribution of specialized treatment facilities or centers in Germany and whether there are regions that suffer from restricted accessibility to treatment. When examining treatment modalities for outpatients in Germany, recent data show that there are dramatic regional differences in diagnostic and therapeutic workups of PD [8]. Importantly, a recent analysis has found a substantial increase in PD prevalence and an increased annual healthcare utilization in Germany [15].

In order to evaluate the use and accessibility of stationary multiprofessional PD-MCT for PD inpatients in Germany we provide for the first time a thorough analysis about the patient characteristics and dynamics of PD-MCT application in Germany for the years 2010–2016 based on G-DRG statistics ("diagnosis-related groups") and structured quality reports in 55,141 PD patient cases. We recognize important regional differences in terms of PD-MCT rates and their availability, which may serve as a basis for further planning of the availability of these resources in Germany.

2. Materials and Methods

Analyses reflecting the extent and type of Parkinson's inpatient treatment were based on the statistical evaluation of the German Diagnosis-Related Groups (G-DRG) data from 2010 to 2016 (DRG-statistic, Federal Statistical Office, www.destatis.de) as well as the mandatory structured quality reports of hospitals for the reporting year 2016 (according to §137, 3.1 No.4; Social Code Book V of

Germany: the quality report of the hospitals is used only partially or in extracts. A complete unchanged version of the quality reports can be found at www.g-ba.de). For financial compensation in Germany, all inpatient cases are encoded by International Statistical Classification of Diseases and Related Health Problems 10th revision, German modification (ICD-10-GM) and relevant operating and procedure keys (OPS codes). In the analyzed time period there was no change in the German coding system or a revision of the ICD version. The G-DRG data were used for all calculation based on the place of patients' residence, whereas the data extracted from the structured quality reports reflects the place of patients' treatment.

From DRG-statistic and structured quality reports we extracted all cases with the main diagnoses ICD-10 codes G20.-, G21.- and G23.- (Table 1), as well as all cases with associated OPS 8-97d.- (PD-MCT, Table 2). We calculated mean age, gender, and treatment rates for main diagnoses and PD-MCT procedures.

To assess for potential disparities between the predefined age groups, we plotted the relevant percentages and 95% confidence intervals (95% CI) for all outcomes of interest and for each consecutive year, stratified by the age group. Pooled overall estimates and age group estimates were calculated using the random-effects model. Given the expected heterogeneity both within and between groups, we also provided the corresponding 95% prediction intervals (95% PI) to allow for a better appreciation of the uncertainty around cumulative estimates. To evaluate for potential disparities with regard to existing fluctuations, we estimated odds ratios (ORs) with the corresponding 95% CIs for all outcomes of interest. Cumulative estimates were again provided using the random effects model. Both within and between group differences in all analyses were assessed with the Cochran's test for heterogeneity. Analyses were performed with the Stata Statistical Software Release 13 (StataCorp LP, College Station, TX, USA).

Table 1. Parkinson diagnoses and corresponding code of the International Statistical Classification of Diseases and Related Health Problems 10th revision, German modification (ICD-10-GM).

ICD-10	Diagnoses
G20.-	Primary Parkinson's syndrome
G20.00	Primary Parkinson's syndrome without or with less impairment and no fluctuation of action
G20.01	Primary Parkinson's syndrome without or with less impairment and fluctuation of action
G20.10	Primary Parkinson's syndrome moderate to severe impairment and no fluctuation of action
G20.11	Primary Parkinson's syndrome moderate to severe impairment and fluctuation of action
G20.20	Primary Parkinson's syndrome with the most serious impairment and no fluctuation of action
G20.21	Primary Parkinson's syndrome with the most serious impairment and fluctuation of action
G20.90	Primary Parkinson's syndrome not further defined and no fluctuation of action
G20.91	Primary Parkinson's syndrome not further defined and fluctuation of action
G21.-	Secondary Parkinson's syndrome
G21.0	Neuroleptic malignant syndrome
G21.1	Medication induced Parkinson's syndrome
G21.2	Parkinson's syndrome caused by other exogenous agents
G21.3	Post encephalitis Parkinson's syndrome
G21.4	Vascular Parkinson's syndrome
G21.8	Other secondary Parkinson's syndrome
G21.9	Secondary Parkinson's syndrome not further defined
G23.-	Other degenerative disease of the basal ganglia
G23.0	Neurodegeneration with Brain Iron Accumulation
G23.1	Steele–Richardson–Olzewski syndrome
G23.2	Multi system atrophy
G23.8	Other specified degenerative disease of the basal ganglia
G23.9	Other degenerative disease of the basal ganglia not further defined

Table 2. Procedural codes for PD-MCT.

OPS-Code	Signification
8-97d	PD-MCT treatment of any duration
8-97d.0	PD-MCT treatment of 7–13 days
8-97d.1	PD-MCT treatment of 14–20 days
8-97d.2	PD-MCT treatment of at least 21 days

Regional analyses were done by data aggregation considering the 401 German administrative counties and cities. In order to determine the extent of patient migration, the specific figures for number of cases per 100,000 inhabitants and treatment rates were calculated for each county. Analyzing data from the structured quality reports of the hospitals, we calculated the number of main diagnosis G20–G23 and OPS 8–97d (PD-MCT) treated in each hospital. We stratified hospitals by number of main diagnoses and OPS 8–97d performed per year into the following categories: <3, 3–12, 13–52, 53–520, >520. These categories were chosen for the following reasons:

- Single cases of PD treatments and possible false entries (<3): no regular experience can be presumed.
- Occasional PD treatments (3–12 per year): with less than one treatment per month only occasional experience can be presumed.
- Regular PD treatments (13–52 per year): with up to 1 treatment per week, a regular experience can be presumed.
- Frequent PD treatments (53–520 per year): with 1 to 10 treatments per week, a good experience with a good regular standard can be presumed.
- High volume PD treatments (>520 per year): with more than 10 treatments per week, a very good experience and a high-performance standard can be presumed.

We stratified hospitals by number OPS 8–97d in the same way except for categories:

- Frequent PD-MCT (52–104 per year): with 1 to 2 treatments per week, a good standard with an experienced multiprofessional team can be presumed.
- High volume PD-MCT (>104 per year): with more than 2 treatments per week, a highly experienced multiprofessional team can be presumed.

3. Results

3.1. Inpatient Treatment and PD-MCT on Federal Level

3.1.1. Case Numbers of Inpatient Treatment for PD and Other Basal Ganglia Disorders and Proportion of PD-MCT

In 2010 a total number of 33,760 inpatient treatments were performed for primary Parkinson's syndrome (G20). Treatment numbers increased up to 44,192 cases per year in 2016. Concerning secondary Parkinson's syndromes (G21), treatment numbers decreased from 3388 in 2010 to 3271 cases in 2016. Case numbers of patients with other degenerative diseases of the basal ganglia (G23) more than doubled from 2010 (1749 cases) to 2016 (3858 cases), but represent only a minor part of all treatments (Figure 1).

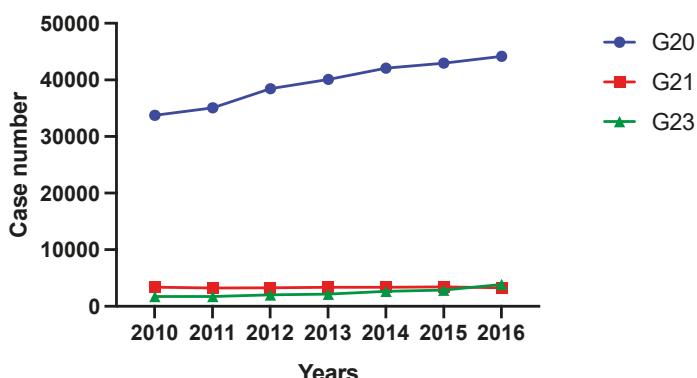


Figure 1. Case number development of inpatient treatment of PD and other basal ganglia disorders (ICD G20–G23) from 2010 to 2016 divided into ICD-categories. G20 = primary Parkinson's syndrome; G21 = secondary Parkinson's syndrome; G23 = other degenerative disease of the basal ganglia.

Of all patients described above, a proportion received inpatient PD-MCT. PD-MCT case numbers steadily increased from the year 2010 with 4635 treatments up to 11,755 treatments in 2016 (absolute increase of 7120 cases or 153.6%). The largest increase was seen for OPS 8–97d.1 (14–20 treatment days; absolute: 5777 cases; relative: 179.5%) followed by OPS 8–97d.2 (at least 21 treatment days; absolute: 1016 cases; relative: 148.8%). In the OPS 8–97d.0 subgroup (7–13 treatment days) there was a minor increase (absolute: 327 cases; relative: 44.6%) (Figure 2).

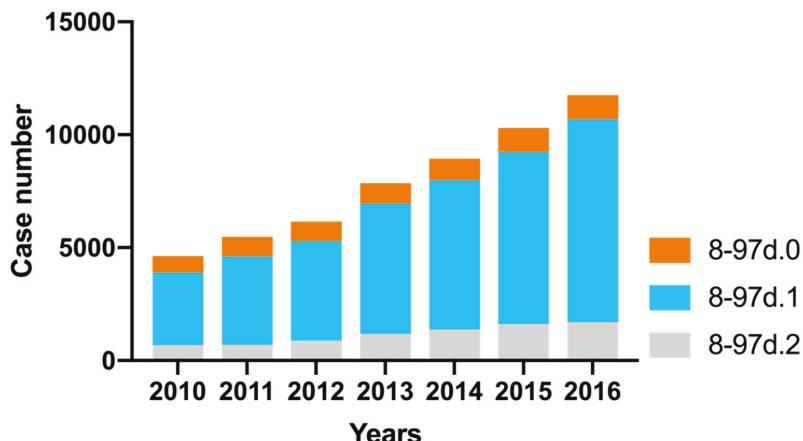


Figure 2. Case number development of PD-MCT from 2010 to 2016 divided into subcategories. 8–97d.0 = PD-MCT treatment of 7–13 days; 8–97d.1 = PD-MCT treatment of 14–20 days; 8–97d.2 = PD-MCT treatment of at least 21 days.

3.1.2. Age and Gender Characteristics and Treatment Rates of PD-MCT

The mean age of the patients participating in PD-MCT was similar over the years (2010: 72.4 years; in 2016: 72.8 years) (Table 3).

Table 3. Mean age of the PD-MCT-patients according to subcategories for the years 2010 and 2016.

OPS	2010	2016
8-97d.0	73.4	73.8
8-97d.1	72.1	72.6
8-97d.2	72.5	73.1
8-97d	72.4	72.8

Differentiating PD-MCT treatment rate for gender, proportionately more male than female patients were included in 2010 (male to female ratio of 57 vs 43 %). By 2016, the increase of treated cases was higher for men (160.7%) than for women (144.3%). This resulted in more pronounced male treatment emphasis (male to female ratio of 59 vs. 41%), which, however, reflects higher hospitalization for male PD patients in general (Table 4).

About 90% of all PD-MCT treatments conducted in 2016 were applied to patients with a primary Parkinson's syndrome resulting in an overall treatment rate of 23.8% for this subgroup. Of all PD-MCT, another 10% were applied to patients with secondary Parkinson's syndrome and to patients with other degenerative diseases of the basal ganglia. The overall percentage of all PD patients (G20+G21+G23) receiving PD-MCT treatment increased from 11.9% to 23.0% during the observational period (Table 4).

Table 4. Data and treatment rates for PD-MCT separated into ICD subcategories.

Year	Inpatient Treatment [Male/Female]				PD-MCT [Male/Female]		PD-MCT Treatment Rate [Male/Female]
	G20 Cases	G21 Cases	G23 Cases	G20+G21+G23 Cases	8–97d Cases	8–97d Ratio	G20+G21+G23 Ratio
2010	19,111/14,649	1834/1554	901/848	21,846/17,051	2642/1993	57%/43%	12%/12%
2011	19,900/15,181	1779/1459	944/802	22,623/17,442	3075/2410	56%/44%	14%/14%
2012	22,257/16,208	1826/1460	1128/894	25,211/18,562	3596/2564	58%/42%	14%/14%
2013	23,509/16,588	1840/1499	1178/990	26,527/19,077	4642/3212	59%/41%	17%/17%
2014	24,936/17,137	1912/1458	1368/1290	28,216/19,885	5195/3754	58%/42%	18%/19%
2015	25,478/17,512	1957/1485	1571/1304	28,996/20,301	6037/4266	59%/41%	21%/21%
2016	26,399/17,793	1909/1362	2122/1736	30,430/20,891	6887/4868	59%/41%	23%/23%

Dividing patients with primary Parkinson's syndrome (G20) into its subcategories, we found that PD-MCT was primarily applied to patients with moderate to severe impairment (G20.1–, 70.7%). Patients with no or only mild impairment (G20.0–, 8.7%) received less treatment, as well as the more advanced patients (G20.2–, 7.9%). Interestingly, in the G20.1 category, patients with motor fluctuations (G20.11) were twice as much treated (48.9% vs. 21.8%) as patients without motor fluctuations (G20.10). The share of all PD-MCT treatments conducted in patients with G21 or G23 diagnosis was about 10% (Figure 3A). Treatment rates for the different subcategories of Parkinson syndrome (G20, G21, G23) are shown in Figure 3B–D. The highest PD-MCT rate (30.8%) was found for PD patients with motor fluctuations and a moderate to severe impairment (G20.11).

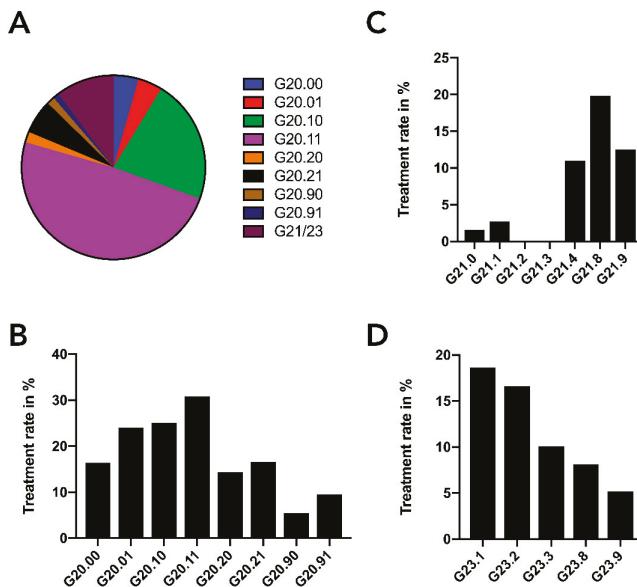


Figure 3. PD-MCT procedures of the year 2016. (A) Relative shares of all PD-MCT procedures subdivided for PD and other basal ganglia disorders (ICD G20–G23). ICD codes are described in detail in Table 1. (B–D) PD-MCT treatment rate in patients with primary Parkinson's syndrome (ICD G20.–) (B), with secondary Parkinson's syndrome (ICD G21.–) (C) or with other degenerative disease of the basal ganglia (ICD G23.–) (D).

If patients with primary Parkinson's syndrome (G20) were further stratified by age group, we found strongly increased PD-MCT rates between 2010 and 2016, especially for those aged 45–59 years and 60–69 years. Very old patients (≥ 90 years), but also early-onset PD patients (20–44 years) received less PD-MCT (Figure 4).

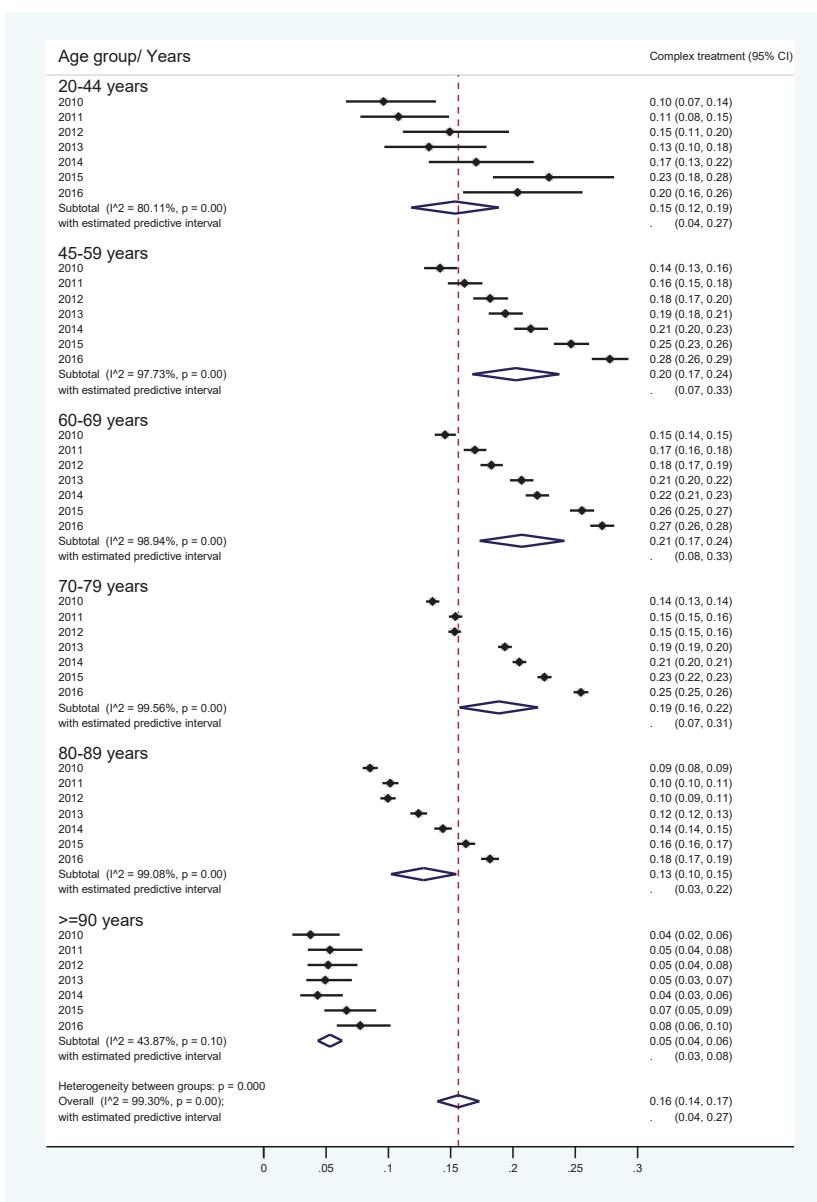


Figure 4. PD-MCT rates for primary Parkinson syndrome from 2010–2016 stratified by age group. Horizontal bars depict percentages and 95% confidence intervals (CI) to receive PD-MCT in relation to all stationary PD treatments in specified years for predefined age groups. Diamonds depict respective averages of the years 2010–2016 for predefined age groups and the overall average.

Interestingly, the odds ratio to receive PD-MCT with the presence of motor fluctuations was significantly higher for all age groups. It was particularly likely to be subjected to this therapy if motor fluctuations were present in the young (20–44 years) or those of older age (80–89 years and ≥ 90 years) (Figure 5).

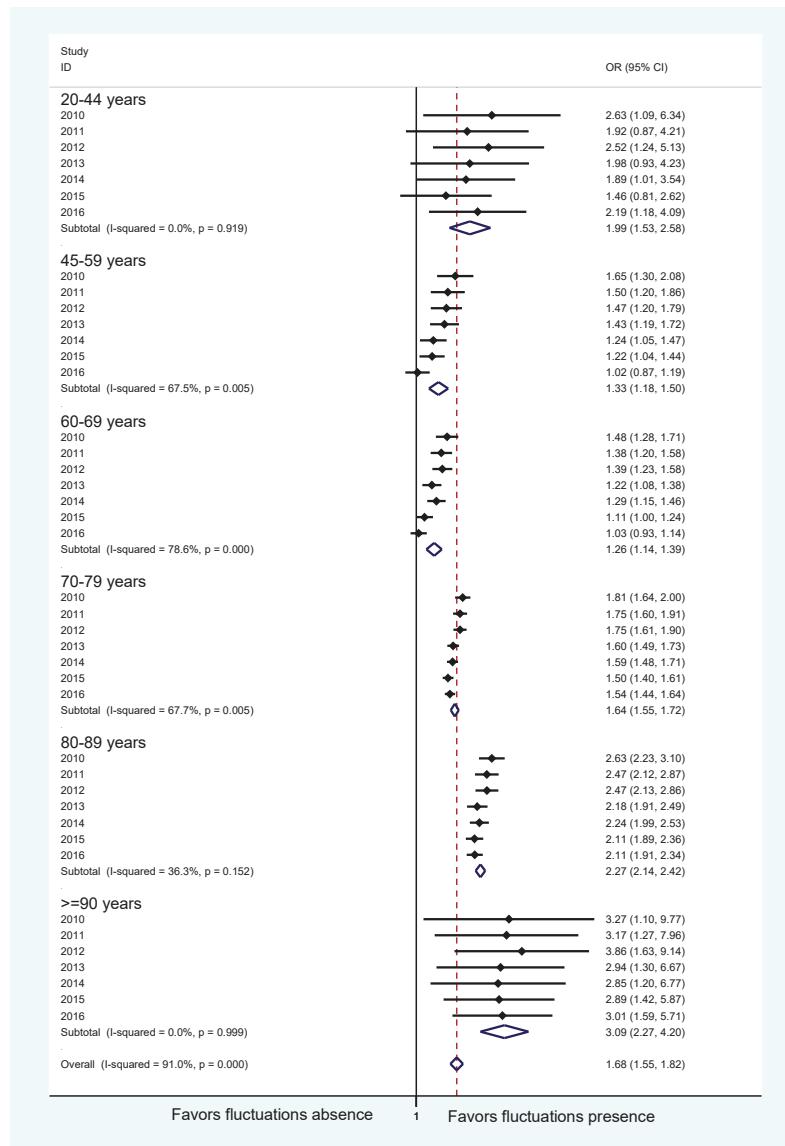


Figure 5. Odds ratio for primary Parkinson syndrome with or without motor fluctuations to receive PD-MCT between 2010 and 2016. Horizontal bars depict estimated odds ratios (ORs) with the corresponding 95% confidence intervals (CI) to receive PD-MCT depending on a diagnosis without (left) or with (right) motor fluctuations in specified years for predefined age groups. Diamonds depict respective averages of the years 2010–2016 for predefined age groups and the overall average.

3.2. Inpatient Treatment and PD-MCT on Hospital Level

3.2.1. General PD Inpatient Treatment

In 2016, 44,000 inpatients (ICD G20+G21+G23) were hospitalized in 1296 hospitals in Germany for general treatment of their disease. Importantly, about 18.7% of all patients were hospitalized in

only seven hospitals. These hospitals treated more than 520 cases a year, which is a case load of more than 10 patients per week. Another large proportion of PD cases (56.4%) were treated in 223 hospitals, which handled between 53 and 520 patients per year corresponding to one to 10 cases per week. These indicate that 75.1% of all patients were treated in only 17.7% of all hospitals. The remaining 740 hospitals (57.1 % of all hospitals) treated only 1–12 patients per year (Table 5).

Table 5. Number of cases per year and hospital for inpatient treatment of PD and other basal ganglia disorders (ICD G20–G23) grouped into quantitative classes for the year 2016.

	Cases	Proportion of Cases in 2016	Hospitals	Proportion of All Hospitals Which Treated PD Patients
Single Cases	490	1.0%	245	18.9%
<1 Case Monthly	3052	6.0%	495	38.2%
<1 Case Weekly	9076	17.9%	326	25.2%
1–10 Cases Weekly	28,590	56.4%	223	17.2%
>10 Cases Weekly	9503	18.7%	7	0.5%

Interestingly, hospitalized PD patients were treated not only in neurology departments but also in other disciplines. In 2016, 77.0% of all inpatient treatments (for ICD G20+G21+G23) were conducted in a neurology department, but 12.0% were treated in a department of internal medicine and 7.2% in a department of geriatrics (Table 6).

Table 6. Distribution of inpatient treatment (ICD G20–G23) among the different departments for the year 2016.

ICD	Department of Neurology	Department of Internal Medicine	Department of Geriatrics	Other Departments
G20	76.9%	11.8%	7.3%	4.0%
G21	69.7%	17.9%	9.4%	3.0%
G23	84.3%	9.8%	4.0%	1.9%
Total	77.0%	12.0%	7.2%	3.8%

3.2.2. Inpatient PD-MCT

A total of 207 hospitals provided PD-MCT treatment for PD patients (ICD G20+G21+G23) in 2016 in Germany. 58.7% of all PD-MCT were conducted in only 26 specialized hospitals. This corresponds to a rate of more than two conducted PD-MCT treatments per week. The hospital with the highest PD-MCT treatment number in 2016 performed more than 6% of all PD-MCT treatments in Germany. 15.0% of all PD-MCT treatments were performed in 24 different hospitals with an average treatment number of one to two treatments per week. The remaining 26.3% of the PD-MCT treatments were performed in 157 hospitals that had a mean PD-MCT treatment rate of less than one treatment a week (Table 7).

Table 7. Number of cases per year and hospitals for PD-MCT in PD (ICD G20–G23) grouped into classes for the year 2016.

	Cases	Proportion of Cases in 2016	Hospitals	Proportion of all Hospitals Which Treated PD Patients
Single Cases	31	0.3%	24	11.6%
<1 Case Monthly	304	2.6%	36	17.4%
<1 Case Weekly	2750	23.5%	97	46.9%
1–2 Cases Weekly	1759	15.0%	24	11.6%
>2 Cases Weekly	6878	58.7%	26	12.6%

Concerning treating disciplines, the highest number of PD-MCT was performed in departments of Neurology (94.1%), but 5.0% of the PD-MCT treatments were still conducted in departments of Internal Medicine (Table 8).

Table 8. Distribution of PD-MCT (ICD G20+G21+G23 among the different departments for the year 2016.

OPS	Department of Neurology	Department of Internal Medicine	Department of Geriatric Medicine	Other Departments
8-97d.0	93.9%	5.1%	0.4%	0.6%
8-97d.1	94.3%	4.8%	0.8%	0.0%
8-97d.2	92.9%	6.7%	0.4%	0.0%
8-97d	94.1%	5.0%	0.7%	0.1%

3.3. Regional Distribution of General PD Inpatient Treatment and PD-MCT in Germany

3.3.1. General PD Inpatient Treatment

The crude rates (case number per 100,000 inhabitants) for general inpatient PD treatment according to the place of residence of PD patients in 401 administrative counties of Germany in 2016 are shown in Figure 6a. Relatively high treatment rates are found predominately in rural regions and in parts of eastern Germany. Concerning treatment rates based on patients' place of treatment there is an even more heterogeneous distribution with the formation of regional centers (Figure 6b). Resulting relative migratory movements of PD patients from their place of residence to treatment centers are depicted in Figure 6c.

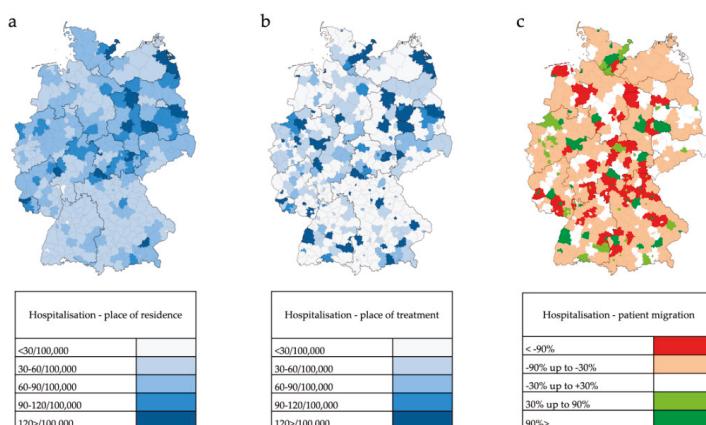


Figure 6. PD (G20+G21+G23) inpatient treatment in 401 administrative counties in Germany in the year 2016. (a) Crude rate of inpatient treatment per 100,000 inhabitants based on patients' place of residence. (b) Crude rate of inpatient treatment per 100,000 inhabitants based on patients' place of treatment. (c) Patient migration rate of inpatient PD treatment calculated as relative difference between patients' place of residence and patients' place of treatment. Values near to 0% indicate a balanced migration ratio. Values less than -30% indicate a distinct out-migration while values greater than $+30\%$ indicate a distinct immigration.

3.3.2. Inpatient PD-MCT

Patients who had been hospitalized and undergone a PD-MCT again lived relatively often in rural areas or in eastern and southeastern Germany (Figure 7a). The place of PD-MCT was even more pronouncedly concentrated in regional centers (Figure 7b, Figure 8). Relative migratory movements of patients for PD-MCT from their place of residence to treatment centers are depicted in Figure 7c.

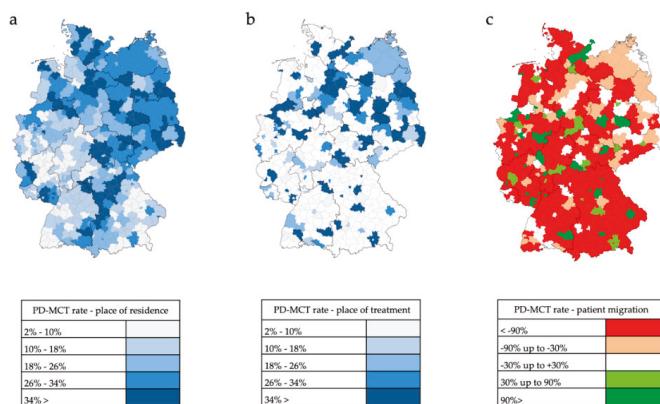


Figure 7. Inpatient PD-MCT in 401 administrative counties in Germany in the year 2016. (a) Ratio of PD-MCT to PD inpatients based on patients' place of residence. (b) Ratio of PD-MCT to PD inpatients based on patients' place of treatment. (c) Patient migration rate ($G_{20}+G_{21}+G_{23}$) calculated as relative difference between patients' place of residence and patients' place of treatment of PD-MCT number. Values near to 0% indicate a balanced migration ratio. Values less than -30% indicate a distinct out-migration while values greater than $+30\%$ indicate a distinct immigration.

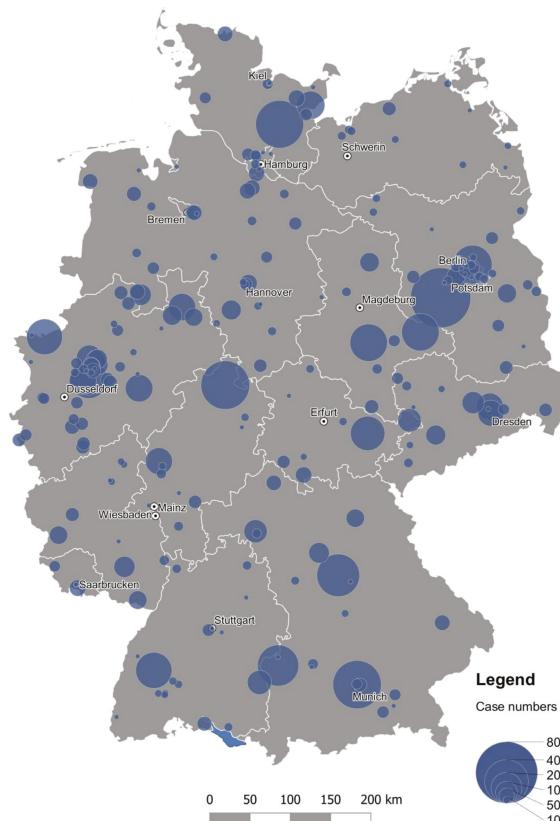


Figure 8. Area-proportional representation of PD-MCT case numbers in German hospitals in 2016.

In 256 of 401 counties in Germany (63.8%), there is a non-balanced ratio between requirement and service offer for PD-MCT causing massive patient migration. The mean migratory movement rate of PD patients to receive PD-MCT was as high as 61% and was found in the northern, eastern and central south part of Germany. In western Germany, the migratory movement for PD-MCT treatment was less prominent.

4. Discussion

PD-MCT is a therapeutic concept which is increasingly used in Germany. In this manuscript, we described the characteristics of patients receiving this therapy and current trends in the use of this therapy. The ratio of inpatient hospitalization for PD-MCT in comparison to general PD therapy strongly differs depending on the Parkinson's clinical phenotype and its intensity of administration does not automatically reflect treatment numbers of a general PD therapy. The availability of PD-MCT is highly dependent on specialized therapy centers, which leads to strong migration movements.

In Germany, treatment numbers of PD-MCT constantly rose from 2010 to 2016. This corresponds to the overall increasing hospitalizations for PD in Germany, as was found for a similar time period [2]. Of all PD patients, the rate of PD-MCT increased from 11.9% in 2010 to 23.0% in 2016, reflecting that now more patients are in need of an intensified multiprofessional therapy. In particular, patients with motor fluctuations in middle age groups were hospitalized because outpatient treatment of their condition may not have been sufficient or could not meet their therapeutic needs. The increasing application of PD-MCT is thus a positive observation and is an indicator of improved therapeutic care. The overall application of PD-MCT for all patients is still rather low with as much as 2% [15]. However, very much clinically advanced patients do not receive this treatment to a similar degree. Here, the inability to take part in the main therapeutic procedures may be a limiting factor.

There were many more PD-MCT for men than women for the treatments we studied. However, a less prominent female representation, and thus stronger male representation can be explained with the overall increased prevalence of male PD patients [16], which is also reflected in the overall hospitalizations in Germany [2].

Interestingly, more than 90% of PD-MCT is used in patients with primary Parkinson's syndrome (G20) because this is the main patient group which presents in the clinics. In addition, other clinical syndromes such as secondary Parkinson's syndromes (G21) or patients with other degenerative diseases of the basal ganglia (G23) are in need of a specialized PD-MCT. Because patient numbers of these categories are also rising [2] the therapeutic offers must adapt to the needs of these patients and provide e.g., more training for gait disturbances or instability, which is present in patients with progressive supranuclear palsy [17].

Regarding treatment duration, we have found the largest increase of PD-MCT treatment in the subcategory of 14–20 days, but also treatments with durations of 21 days and more were rising. In one monocentric study in Germany, inpatient treatment of 124 PD patients in a specialized PD unit using the PD-MCT treatment standard was evaluated. Several motor and non-motor scores were assessed before and after a therapy duration of 21 days with the result of a strong clinical benefit in this setting [11]. These data demonstrate that a treatment duration of 21 days is effective to optimize PD patient performance. Whether shorter treatment durations are similarly effective has to be shown in subsequent studies.

Treatment numbers of PD-MCT vary to a large extent between different hospitals. While a few specialized clinics initiate treatment of more than 2 cases per week, the vast majority of hospitals treats only one new case per week or even one new case per month. If the basic requirements of PD-MCT infrastructure are met, a hospital can perform and charge this procedure. However, there is still no generally accepted quality standard or even certification of centers that could guarantee state-of-the-art treatment.

Importantly, a large majority of the PD patients need to leave their residence counties to receive PD-MCT. Especially in rural areas and some parts of eastern and south eastern Germany, access

to PD-MCT is limited and patients have to migrate to a large extent to other counties. It has to be discussed in the professional societies, by health authorities and of course by patients, if the current strong concentration on treatment centers is sufficient for overall treatment accessibility or if a more broadly available infrastructure with more regional centers should be provided, too. As the prevalence of PD is predicted to increase rapidly in the future [7], it seems to be worthwhile to now improve the treatment infrastructure so that patients in need can more easily access PD-MCT in Germany. That improvements of PD therapeutic concepts are also cost-efficient has recently been shown in a comprehensive retrospective analysis of medical claims data for Dutch patients [12].

5. Limitations

In this study we analyzed comprehensive data on the PD-MCT treatment for PD patients in Germany. These data are based on documented diagnoses and procedures in the G-DRG system, the correctness of which is regularly monitored by insurance companies. Some diagnoses or procedures may not be adequate in some cases but as up to 20% of all coded cases are controlled and corrected or will be degraded in payment if inadequately labelled, we assume a high degree of accuracy. Furthermore, we employ the data of 6 subsequent years, providing a robust data base for our analyses.

6. Conclusions

Parkinson's disease prevalence increases worldwide, even in Germany. Patients in need of a specialized inpatient therapy can be transferred to PD-MCT in order to substantially improve their clinical symptoms both for motor and non-motor issues. This treatment option is increasingly applied, and various specialized centers provide this therapy to a substantial proportion of patients in Germany. For future planning, access to this treatment option should be further developed at local but also at regional or even national levels. A permanent scientific assessment of its effectiveness should be made.

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Article

Impairment of Motor Function Correlates with Neurometabolite and Brain Iron Alterations in Parkinson's Disease

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Abstract: We took advantage of magnetic resonance imaging (MRI) and spectroscopy (MRS) as non-invasive methods to quantify brain iron and neurometabolites, which were analyzed along with other predictors of motor dysfunction in Parkinson's disease (PD). Tapping hits, tremor amplitude, and the scores derived from part III of the Movement Disorder Society-Sponsored Revision of the Unified Parkinson Disease Rating Scale (MDS-UPDRS3 scores) were determined in 35 male PD patients and 35 controls. The iron-sensitive MRI relaxation rate $R2^*$ was measured in the globus pallidus and substantia nigra. γ -aminobutyric acid (GABA)-edited and short echo-time MRS was used for the quantification of neurometabolites in the striatum and thalamus. Associations of $R2^*$, neurometabolites, and other factors with motor function were estimated with Spearman correlations and mixed regression models to account for repeated measurements (hands, hemispheres). In PD patients, $R2^*$ and striatal GABA correlated with MDS-UPDRS3 scores if not adjusted for age. Patients with akinetic-rigid PD subtype ($N = 19$) presented with lower creatine and striatal glutamate and glutamine (Glx) but elevated thalamic GABA compared to controls or mixed PD subtype. In PD patients, Glx correlated with an impaired dexterity when adjusted for covariates.

Elevated myo-inositol was associated with more tapping hits and lower MDS-UPDRS3 scores. Our neuroimaging study provides evidence that motor dysfunction in PD correlates with alterations in brain iron and neurometabolites.

Keywords: Parkinson's disease; brain iron; motor dysfunction; neurometabolites; magnetic resonance imaging; magnetic resonance spectroscopy; GABA; spectroscopy

1. Introduction

Parkinson's disease (PD) is one of the most common movement disorders and is characterized by dopaminergic neurodegeneration primarily in the iron (Fe)-rich substantia nigra (SN) and α -synuclein pathology [1]. There is strong evidence that α -synuclein may act as cellular ferrireductase involved in the generation of bioavailable iron (Fe) [2]. Fe is the most abundant redox-active metal in the brain and subject to chelation in neuromelanin to avoid oxidative damage [3]. Brain Fe accumulation occurs in areas primarily associated with motor activity [4] and correlates with age and neurometabolite levels [5]. Studies in PD patients frequently found associations of nigral Fe with disease progression, including an impairment of gross motor functions [6–9]. A study in rhesus monkeys demonstrated that brain Fe accumulation was associated with an impaired fine motor function such as dexterity and motor speed [10]. A large prospective study showed that elevated systemic Fe can impair dexterity in healthy elderly men [11]. In PD patients, systemic Fe correlated with brain Fe [12], but less is known about the effects of brain Fe on fine motor functions.

With the advent of neuroimaging, magnetic resonance spectroscopy (MRS) became available as non-invasive method to quantify neurometabolites, including neurotransmitters, as potential biomarkers of PD [13]. MRS allows for the estimation of low-molecular weight chemicals, such as *N*-acteylaspartate (NAA; a marker of neuronal function), total creatine (tCr; involved in energy metabolism), myo-inositol (mI; a glial cell marker), glutamate (Glu; an excitatory neurotransmitter), and glutamine (Gln; precursor of Glu and γ -aminobutyric acid (GABA)) [14]. Several MRS studies on PD exist, but due to differences in resolution and sensitivity, small sample sizes, and heterogeneous patient populations across the studies, results are rather heterogeneous [13,14].

Advanced MRS techniques, such as spectral editing, also enable the *in vivo* study of GABA, the primary inhibitory neurotransmitter in the central nervous system [15]. The pathophysiology of PD involves the indirect and direct pathways of motor control in the basal ganglia, which are neuronal circuits facilitating the initiation and execution of voluntary movement. These pathways depend on excitatory and inhibitory signaling and well-balanced regulation of the neurotransmitters dopamine, GABA, and Glu. Thus, exploring GABA and Glu neurotransmitters by MRS is of great interest to understand the disruption of motor pathways in PD, and their implications on gross and fine motor function. Recently, an association of brain neurotransmitters on gross motor function was demonstrated in PD patients [16]. Fine motor performance was predicted by thalamic GABA levels in a study on manganese-exposed workers, with manganese toxicity leading to a particular form of parkinsonism [17]. Less is known about the influence of neurometabolites, including GABA, on dexterity in PD.

The aim of this analysis was to explore associations between brain Fe, GABA, and neurometabolites involved in the energy metabolism, i.e., tCr, mI and the combined signal of Glu and Gln (Glx), with motor function in PD patients compared to controls within the framework of the study on WELDing and Oxidative damage (WELDOX II). We hypothesized that PD patients may also show associations of these neuroimaging variables with fine motor function. Furthermore, we evaluated differences in Parkinson clinical phenotypes.

2. Materials and Methods

2.1. Ethics Statement

This study protocol was approved by the ethics committee of Ruhr University Bochum (registration number 4762-13) and conducted according to the principles expressed in the Declaration of Helsinki. All participants provided written informed consent.

2.2. Study Groups

For this analysis, we investigated 35 male PD patients and 35 male controls of similar age with complete neuroimaging data and variables from various motor performance tests. Subjects were recruited for the neuroimaging study WELDOX II from 2013 to 2016, as previously described [5,18,19]. Eligible for the present analysis were right-handed men, who did not suffer from alcohol abuse or claustrophobia.

Education, smoking habits, and other characteristics were assessed by questionnaires in face-to-face interviews. The analysis of blood samples was performed with methods as formerly described [5,18,20]. Carbohydrate-deficient transferrin >2.6% was presumptive for alcohol abuse, which may affect Fe metabolism and motor functions.

2.3. Diagnosis of PD, the Hoehn and Yahr Scale, and MDS-UPDRS 3 Scores

PD patients were enrolled at the Department of Neurology, St. Josef-Hospital, Bochum, Germany, and were diagnosed according to the criteria of the UK Parkinson Disease Society Brain Bank [21]. Disease severity was assessed by a neurologist (DW, SM, LH) using the Movement Disorder Society-Sponsored Revision of the Unified Parkinson Disease Rating Scale (MDS-UPDRS, part I–III) [22] and the Hoehn and Yahr scale [23]. All assessments reported in this study were performed with patients being on their regular medication. Patients on GABAergic medication were ineligible for participation.

The MDS-UPDRS part III scores (further referred to as MDS-UPDRS3 total scores) were additionally verified—except for the rigidity subscore—by an independent rater based on video documentation of motor functions in all participants with the permission of the subject and blinded for disease status (DW, MZ). An MDS-UPDRS3 motor rigidity score (further referred to as MDS-UPDRS3 rigidity subscore) was defined as the sum of rigidity measures of the neck, the right and left upper extremity and the right and left lower extremity. Each motor function was rated with 0–4 points, resulting in a range from 0 to 20 for the summary subscore. In the present analysis, we included only patients with an akinetic-rigid ($N = 19$) or mixed subtype ($N = 16$) [16].

2.4. Fine Motor Tests

All fine motor tests were performed while the patients were on medication. Dexterity was tested for the right and left hand with a tapping test. Tapping hits were determined with the Motor Performance Series (Schuhfried, Mödling, Austria) as previously described [11]. The number of hits, a measure of motor speed, was acquired by tapping a stylus within 32 s as often as possible on a 1600 mm² plate. Average tremor amplitude was calculated from drawn spirals (participants were asked to track a given spiral) and gave a measure of kinetic tremor [24].

2.5. MRI and MRS Data Acquisition and Processing

MRI scans were performed on a 3 T Philips Achieva X-series whole-body clinical scanner (Philips Healthcare, Best, The Netherlands) with a 32-channel head coil as previously described [5,18]. In brief, R2* (= 1/T2*) relaxation rates were measured using a high-resolution (isotropic 1.5 mm³) 3D fast field echo (FFE) sequence with multiple flip angles (repetition time (TR) = 24.3 ms, echo time (TE) = 3.7 ms, $\Delta TE = 4.4$ ms). R2* regions of interest (ROIs) were manually placed bilaterally in the substantia nigra (SN) and the globus pallidus (GP).

For the quantification of neurometabolites, $30\text{ mm} \times 30\text{ mm} \times 25\text{ mm}$ voxels of interest (VOIs) were centered on the thalamus and the striatum (head of caudate nucleus, putamen and part of GP interna) of both hemispheres. Both short echo time point resolved spectroscopy (PRESS) spectra ($\text{TE}/\text{TR} = 30/2000\text{ ms}$, 32 averages) and MEGA-PRESS edited GABA spectra ($\text{TE}/\text{TR} = 68/2000\text{ ms}$, edit ON acquisitions = 128, edit OFF acquisitions = 128) were acquired from each VOI [15]. In addition, reference spectra without water suppression were obtained for phase, frequency, and eddy current correction. Brain tissue segmentation into gray matter (GM), white matter (WM), and cerebrospinal fluid (CSF) was performed using the partial volume correction tool by Nia Goulden and Paul Mullins (<https://www.bangor.ac.uk/psychology/biu/Wiki.php.en>) with SPM8 as formerly described [25].

Post-processing and quantification of MRS data was done using LCModel (v 6.2-0R) [26] and was focused on GABA, Glx, tCr, and mI. Neurometabolite concentrations were referenced to the unsuppressed water signal. Tissue correction of neurometabolite content is applied to adjust for CSF in VOIs, assuming no metabolic activity in CSF. Only concentrations that were estimated with a relative standard deviation (%SD) <20%, as reported by LCModel, were used for further statistical analysis.

The placement of the MRI ROIs, MRS VOIs, and representative spectra are shown in Figure 1.

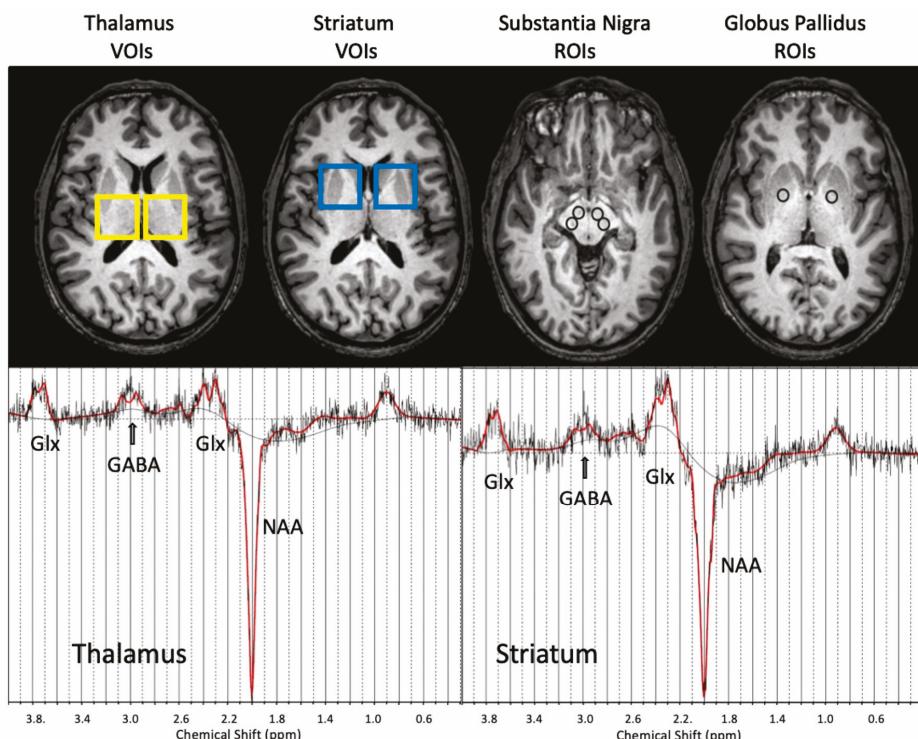


Figure 1. T1-weighted MRI images showing the placement of MRS volumes of interest (VOIs) centered on thalamus and striatum, and placement of regions of interest (ROIs) in the substantia nigra and globus pallidus for R2* analysis. Representative edited GABA spectra from the right thalamus and right striatum, indicating the LCModel fit (red solid line) with GABA, Glx, and NAA peaks shown below the MRI images. Abbreviations: T1: transverse relaxation time, MRI: magnetic resonance imaging, MRS: magnetic resonance spectroscopy, VOI: voxel of interest, ROI: region of interest, NAA: N-acetylaspartate, GABA: γ -aminobutyric acid, Glx: combined signal of glutamate and glutamine.

2.6. Statistics

For describing the distribution of neurometabolites, CSF-corrected concentrations (mM) were presented. For the analysis of associations, water-scaled values in institutional units (i.u.) were adjusted for the CSF content of the voxels by using partial correlation coefficients or by implementing CSF as covariate in the regression models. Neuroimaging data were presented with arithmetic means of measurements in both hemispheres for descriptive purposes, whereas the hemisphere was implemented as covariate in the regression models.

Median and inter-quartile range (IQR) were used to describe the distribution of continuous variables. Group differences of continuous variables were tested with the Kruskal–Wallis or Wilcoxon rank-sum test and of categorical variables with the χ^2 test. Spearman correlation coefficients (r_s) were presented with 95% confidence intervals (CIs).

We applied mixed models to fine motor tests (Poisson respectively loglinear regression) in all men and linear regression to MDS-UPDRS3 motor scores in PD patients for the association of neuroimaging data with motor dysfunctions, adjusted for CSF, and with PD subtype, age (in decades), education (high for university entrance level vs. lower levels), and the more affected hand as covariates. Education was a significant predictor of tapping and other fine motor tests that involve cognition or reaction time [11]. In addition, we also ran the models using CSF-corrected neurometabolites. Subjects were implemented as a random factor to account for repeated measurements (fine motor tests with both hands, neuroimaging in both hemispheres). Point estimates of these potential predictors were presented with β (additive in linear models) or $\exp(\beta)$ (factor in loglinear models) along with 95% CIs. Effects were considered significant when 0 (linear models) or 1 (loglinear models) was not included in the CIs.

Two-sided p -values ≤ 0.05 are shown in bold, one-sided p -values ≤ 0.05 in italic, not corrected for multiple tests.

The calculations were performed with the statistical software SAS, version 9.4 (SAS Institute Inc., Cary, NC, USA).

3. Results

3.1. Demographics and Clinical Data of the Study Population

Characteristics of this right-handed male study population are shown by the study group in Table 1. Median age at PD diagnosis was 54 (IQR 49–60) years for all patients. Patients with akinetic-rigid PD were diagnosed at a slightly younger age than patients with a mixed PD clinical phenotype (52 vs. 55 years), had longer disease duration (6.0 vs. 3.5 years) and a lower level of education.

PD patients presented with a median MDS-UPDRS3 total score of 34. Men with akinetic-rigid PD had similar total scores but higher rigidity subscores than those with mixed PD (median 7 vs. 4). Controls had MDS-UPDRS3 scores of 2 or lower (median 1).

As compared with controls, PD patients showed larger tremor amplitudes (1.1 vs. 0.9 mm) and fewer tapping hits (164 vs. 186) with their left or more affected hand. Patients with akinetic-rigid PD performed slightly fewer tapping hits and smaller tremor amplitudes than those with mixed PD.

Table S1 presents the motor variables for the right and left hand by potentially influencing factors, such as disease status, age, and education, which were implemented as predictors of motor function into the statistical models. In all strata, tapping with the right hand resulted in more hits than with the left hand (e.g., 212 vs. 186 in controls and 178 vs. 164 in all PD patients). This effect is less pronounced in PD patients where the right hand is the more affected side (176 vs. 171). A similar but weaker pattern for the results by hand can be observed for the amplitudes in spiral drawing. Subjects with a high school diploma performed more tapping hits, smaller tremor amplitudes and higher rigidity subscores than men with a lower education.

Table 1. Demographics and clinical data of male patients with Parkinson disease and of controls.

Participants Characteristics	Controls N = 35	PD N = 35	p-Value	Akinetic-Rigid PD N = 19	Mixed PD N = 16	p-Value
	Median (IQR)	Median (IQR)		Median (IQR)	Median (IQR)	
Age [years]	55 (50;66)	59 (54; 66)	0.14	60 (54; 67)	59 (55; 66)	0.64
Age at diagnosis [years]		54 (49; 60)		52 (47; 60)	55 (53; 59)	0.37
PD duration [years]		4.7 (2.5; 7.7)		6.0 (3.6; 8.8)	3.5 (1.5; 5.4)	0.03
MDS-UPDRS3 total score; range (0–132)	1 (0; 2)	34 (24; 43)	<0.0001	34 (24; 43)	34.5 (25.5; 45.5)	0.95
MDS-UPDRS3 rigidity subscore; range (0–20)	0 (0; 0)	7 (3; 8)	<0.0001	7 (5; 8)	4 (2.5; 8)	0.10
Tapping hits (left or more affected hand)	186 (180; 205)	164 (134; 184)	0.0001	163 (143; 178)	176 (126; 190)	0.80
Tremor amplitude (mm) (left or more affected hand)	0.9 (0.7; 1.1)	1.1 (0.8; 1.3)	0.019	1.1 (0.8; 1.2)	1.2 (0.8; 1.9)	0.26
	N (%)	N (%)		N (%)	N (%)	
Education						
Low	8 (22.9)	17 (48.6)	0.08	12 (63.2)	5 (31.3)	0.06
Medium	8 (22.9)	6 (17.1)		4 (21.1)	2 (12.5)	
High	19 (54.3)	12 (34.3)		3 (15.8)	9 (56.3)	
Clinically more affected side						
Left		12 (34.3)		5 (26.3)	7 (43.8)	0.24
Right		14 (40.0)		7 (36.8)	7 (43.8)	
No preference		9 (25.7)		7 (36.8)	2 (12.5)	

Abbreviations: IQR: inter-quartile range (25th; 75th percentile), PD: Parkinson's disease, MDS-UPDRS3: Movement Disorder Society-Sponsored Revision of the Unified Parkinson Disease Rating Scale part III, p-value obtained by Kruskal-Wallis test or χ^2 test (significant effects marked in bold and marginal effects marked in italic).

Table S2 shows that there were no obvious correlations between gross and fine motor dysfunctions in PD patients (e.g., between MDS-UPDRS3 rigidity subscore and tapping $r_s = 0.14$, 95% CI -0.20 – 0.45) but depicts a weak negative association between tapping hits and tremor amplitude ($r_s = -0.32$, 95% CI -0.59 – 0.02) and a strong positive correlation between MDS-UPDRS3 total and rigidity subscores ($r_s = 0.78$, 95% CI 0.61 – 0.89).

3.2. Distribution of Brain Iron and Neurometabolites

Table 2 presents the distribution of R2* in SN and GP, as well as the distribution of the CSF-corrected neurometabolites in the striatum or the thalamus with median and IQR values. There were no obvious group differences of R2* values in these ROIs. PD patients showed lower striatal tCr than controls (7.2 vs. 7.5 mM), and akinetic PD patients had lower striatal tCr than mixed PD patients (6.7 vs. 7.4 mM). Akinetic PD patients also displayed lower striatal Glx levels compared to mixed PD (9.6 vs. 11.4 mM), with overall similar concentrations of 10.5 mM in all PD patients and controls. No group difference was found for local GABA concentrations. Box plots of the distributions of striatal and thalamic GABA, Glx, mI and tCr are displayed in Figure S1.

Table 2. Distribution of brain iron and neurometabolites in male Parkinson patients and controls.

Neuroimaging Data	Controls N = 35	PD N = 35	p-Value	Akinetic-Rigid PD N = 19	Mixed PD N = 16	p-Value
	Median (IQR)	Median (IQR)		Median (IQR)	Median (IQR)	
R2* (1/s), SN (N = 70)	45.6 (40.8; 51.1)	48.0 (39.6; 61.8)	0.38	45.5 (40.4; 56)	53.4 (36.1; 62.4)	0.84
R2* (1/s), GP (N = 70)	43.4 (40.4; 47.7)	44.1 (37.9; 47.2)	0.43	39.9 (37.9; 46.2)	46.0 (38.2; 47.8)	0.41
Striatum						
GABA (mM) (N = 68)	1.9 (1.8; 2.1)	2.0 (1.8; 2.2)	0.30	2.0 (1.6; 2.2)	2.1 (1.9; 2.4)	0.13
Glx (mM) (N = 69)	10.5 (9.1; 11.3)	10.5 (8.9; 11.7)	0.88	9.6 (8.8; 11.0)	11.4 (10.1; 12.3)	0.04
Myo-inositol (mM) (N = 69)	4.3 (3.9; 4.7)	4.4 (3.9; 5.1)	0.37	4.3 (3.9; 4.8)	4.6 (4.0; 5.2)	0.30
Total creatine (mM) (N = 69)	7.5 (7.1; 7.8)	7.2 (6.5; 7.6)	0.04	6.7 (6.4; 7.4)	7.4 (6.9; 7.8)	0.03

Table 2. Cont.

Neuroimaging Data	Controls N = 35	PD N = 35	p-Value	Akinetic-Rigid PD N = 19	Mixed PD N = 16	p-Value
	Median (IQR)	Median (IQR)		Median (IQR)	Median (IQR)	
Thalamus						
GABA (mM) (N = 69)	1.9 (1.7; 2.4)	2.1 (1.9; 2.4)	0.21	2.2 (1.9; 2.4)	2.0 (1.9; 2.1)	0.06
Glx (mM) (N = 69)	7.2 (6.6; 8.3)	7.7 (6.8; 8.5)	0.15	7.5 (6.8; 8.3)	7.8 (7.2; 8.9)	0.22
Myo-inositol (mM) (N = 69)	4.6 (4.2; 4.8)	4.9 (4.3; 5.4)	0.19	4.7 (3.9; 5.3)	5.0 (4.5; 5.5)	0.64
Total creatine (mM) (N = 69)	6.3 (6.1; 6.8)	6.3 (6.0; 6.8)	0.77	6.2 (6.0; 6.5)	6.5 (6.2; 6.8)	0.06

Abbreviations: PD: Parkinson's disease, IQR: inter-quartile range (25th; 75th percentile) of the distribution using the arithmetic mean of both hemispheres, R: relaxation rate, SN: substantia nigra, GP: globus pallidus, GABA: γ -aminobutyric acid, Glx: glutamate and glutamine, p-value obtained by the Wilcoxon rank-sum test (significant effects marked in bold and marginal effects marked in italic).

3.3. Correlations Between Neuroimaging Data and Motor Dysfunctions

The correlations between neuroimaging data and motor dysfunctions in PD patients are depicted in Table 3. Nigral and pallidal R2* correlated with both the MDS-UPDRS3 total scores and the rigidity sub-scores (e.g., R2* in SN with total score: $r_s = 0.39$, 95% CI 0.07–0.64). Likewise, increased striatal GABA correlated with worse motor variables (e.g., with MDS-UPDRS3 total score: $r_s = 0.37$, 95% CI –0.08–0.69), although with wide confidence limits. Higher striatal mI was associated with more tapping hits ($r_s = 0.49$, 95% CI 0.06–0.77). Scatter plots for these associations are displayed in Figure S2.

Table 3. Spearman correlation coefficients with 95% confidence interval between age, neuroimaging data, and motor variables in 35 Parkinson patients.

r_s (95% CI)	Tapping Hits Non-dominant or More Affected Hand	Tremor Amplitude (mM) Non-Dominant Hand or More Affected Hand	MDS-UPDRS3 Total Score	MDS-UPDRS3 Rigidity Subscore
Age (years)	–0.10 (–0.42, 0.24)	0.09 (–0.25, 0.41)	0.34 (0.01, 0.61)	0.19 (–0.16, 0.49)
Age at diagnosis (years)	–0.11 (–0.43, 0.23)	0.17 (–0.18, 0.47)	0.26 (–0.08, 0.54)	0.07 (–0.27, 0.39)
R2* (1/s) SN	0.11 (–0.23, 0.43)	0.02 (–0.32, 0.35)	0.39 (0.07, 0.64)	0.33 (–0.01, 0.59)
R2* (1/s) GP	–0.04 (–0.37, 0.29)	0.00 (–0.34, 0.33)	0.32 (–0.01, 0.59)	0.32 (–0.01, 0.59)
Striatum				
GABA	0.31 (–0.14, 0.65)	0.13 (–0.32, 0.53)	0.37 (–0.08, 0.69)	0.30 (–0.15, 0.65)
Glx	–0.30 (–0.66, 0.16)	0.03 (–0.42, 0.47)	–0.14 (–0.55, 0.32)	–0.23 (–0.61, 0.24)
Myo-inositol	0.49 (0.06, 0.77)	–0.34 (–0.68, 0.12)	0.30 (–0.16, 0.66)	0.03 (–0.42, 0.47)
Total creatine	0.06 (–0.39, 0.49)	–0.29 (–0.65, 0.18)	0.14 (–0.32, 0.55)	0.01 (–0.44, 0.45)
Thalamus				
GABA	–0.11 (–0.55, 0.38)	–0.20 (–0.61, 0.30)	–0.01 (–0.47, 0.46)	–0.15 (–0.58, 0.34)
Glx	0.16 (–0.30, 0.56)	–0.03 (–0.47, 0.42)	0.15 (–0.31, 0.56)	0.11 (–0.35, 0.52)
Myo-inositol	–0.10 (–0.52, 0.36)	0.03 (–0.42, 0.47)	–0.19 (–0.58, 0.28)	–0.30 (–0.65, 0.17)
Total creatine	0.26 (–0.20, 0.63)	–0.01 (–0.45, 0.43)	0.01 (–0.44, 0.45)	–0.12 (–0.54, 0.34)

Abbreviations: MDS-UPDRS3: Movement Disorder Society-Sponsored Revision of the Unified Parkinson Disease Rating Scale part III, R: relaxation rate, SN: substantia nigra, GP: globus pallidus, GABA: γ -aminobutyric acid, Glx: glutamate and glutamine, rs: Spearman correlation coefficients (for neurometabolites partial correlation coefficients adjusted for CSF content in the voxels using data from the hemisphere contralateral to the non-dominant hand for tapping hits and tremor amplitude), CI: confidence interval (significant effects marked in bold and marginal effects marked in italic).

3.4. Predictors of Impaired Fine Motor Functions

Predictors of fine motor tests were estimated in all subjects as shown in Table 4 displaying impaired dexterity, especially in PD patients with mixed subtype. After adjustment for CSF and other covariates, mI was positively associated with tapping hits ($\exp(\beta) = 1.27$, 95% CI 1.06–1.53) in PD patients. Higher regional Glx levels, primarily in the thalamus, were associated with larger amplitudes in PD ($\exp(\beta) = 1.22$, 95% CI 1.02–1.47). Similar associations were observed for the reported neurometabolites with direct CSF correction (data not shown).

Table 4. Brain iron, neurometabolites, and other potential predictors of fine motor skills determined by a mixed model in 35 Parkinson patients and 35 controls.

	Tapping Hits			Tremor Amplitude (mm)		
	Exp(β)	95% CI	Exp(β)	95% CI		
Study groups (N = 70)						
Intercept	227.30	190.62	271.04	0.54	0.30	1.00
Akinetic-rigid PD vs. controls	0.91	0.85	0.97	1.06	0.87	1.30
Mixed PD vs. controls	0.87	0.81	0.93	1.32	1.08	1.62
High education vs. lower levels	1.05	1.00	1.10	0.95	0.80	1.12
Age [per 10 years]	0.98	0.96	1.01	1.06	0.96	1.18
Non-dominant hand	0.90	0.86	0.95	1.18	1.12	1.25
More affected side	0.92	0.86	0.99	1.11	1.02	1.22
Brain iron (N = 35 PD patients)						
R2* [log 1/s]	0.96	0.84	1.10	0.87	0.70	1.08
Globus pallidus vs. substantia nigra	0.99	0.94	1.06	0.98	0.92	1.04
Neurometabolites (N = 35 PD patients)						
GABA	1.01	0.85	1.22	1.03	0.84	1.25
Striatum vs. thalamus	0.99	0.91	1.07	0.97	0.89	1.05
Glutamate and glutamine	0.89	0.75	1.07	1.22	1.02	1.47
Striatum vs. thalamus	1.02	0.94	1.12	0.93	0.85	1.01
Myo-inositol	1.27	1.06	1.53	1.09	0.87	1.36
Striatum vs. thalamus	1.02	0.95	1.10	0.97	0.90	1.05
Total creatine	1.01	0.69	1.49	1.16	0.73	1.84
Striatum vs. thalamus	1.00	0.92	1.08	0.96	0.88	1.04

Abbreviations: PD: Parkinson's disease, R: relaxation rate, GABA: γ -aminobutyric acid, exp(β): estimate of the regression coefficients (as factor of change per unit) of potential predictors of motor dysfunction in all subjects and for neuroimaging data in PD patients in separate models for each influencing factor adjusted for CSF content of the voxel (neurometabolites only), age (per 10 years), education (high, lower educational levels), hand (dominant, non-dominant hand), and affected side (more, less affected or no preference), CI: confidence interval (significant effects marked in bold and marginal effects marked in italic).

3.5. Predictors of Gross-Motor Symptoms

Finally, potential predictors of MDS-UPDRS3 total scores were estimated in PD patients, with age as strongest factor ($\beta = 7.22$, 95% CI 0.38–14.06) as demonstrated in Table 5. Low thalamic mI showed a notable association with higher scores ($\beta = -29.00$, 95% CI –58.21–0.21). The distribution of the rigidity subscores did not allow parametric regression modeling.

Table 5. Potential predictors of the MDS-UPDRS3 total scores in 35 Parkinson patients.

	B	95% CI
Intercept	-4.10	-46.71 38.51
Akinetic-rigid PD vs. mixed PD	-4.13	-14.40 6.14
High education	-4.71	-15.53 6.11
Age [per 10 years]	7.22	0.38 14.06
Brain iron		
R2*, globus pallidus [log 1/s]	19.72	-8.70 48.15
R2*, substantia nigra [log 1/s]	10.19	-7.41 27.78
Neurometabolites		
Striatum		
GABA	7.71	-21.54 36.95
Glutamate and glutamine	-5.48	-33.40 22.45
Myo-inositol	0.06	-31.11 31.23
Total creatine	14.59	-38.66 67.84
Thalamus		
GABA	-9.83	-46.20 26.54
Glutamate and glutamine	1.18	-28.92 31.28
Myo-inositol	-29.00	-58.21 0.21
Total creatine	-5.49	-75.39 64.42

Abbreviations: PD: Parkinson's disease, GABA: γ -aminobutyric acid, R: relaxation rate, MDS-UPDRS3: Movement Disorder Society-Sponsored Revision of the Unified Parkinson Disease Rating Scale part III, β : estimate of regression coefficient (linear model) for potential predictors of motor dysfunction, in separate models for each neuroimaging variable adjusted for CSF content of the voxel (neurometabolites only), age (per 10 years), education (high, lower educational levels), CI: confidence interval (significant effects marked in bold and marginal effect marked in italic).

4. Discussion

Impairments in motor function are key clinical manifestations of PD and are hypothesized to be associated with changes in brain iron and neurometabolites, including those involved in energy metabolism and damage to dopaminergic neurons. The present analysis provides evidence of a positive correlation of nigral and pallidal R2* as well as striatal GABA with MDS-UPDRS3 total scores and rigidity subscores in all PD patients. After adjustment for covariates, lower mi levels predicted impaired gross and fine motor functions in PD, primarily in the thalamus. We further observed a positive association of thalamic Glx with larger tremor amplitudes.

The present study found higher R2* values, representative of increased iron content, in the SN of PD patients and a correlation with gross motor function as evaluated with the MDS-UPDRS3, in line with results reported in recent studies [6,7] and several previous studies subjected to a narrative review on nigral Fe as biomarker of PD [9]. Using quantitative susceptibility mapping in addition to R2*-based iron mapping, the study by Langkammer et al. showed iron-based pathologic alterations also in GP and thalamus, as well as a correlation with PD severity. At higher resolution with 7T MRI, an association between R2*-weighted signals in clusters of dopaminergic cells within the SN and disease severity was found [27]. Importantly, our study shows that the correlation between R2* and MDS-UPDRS3 motor scales becomes weaker when adjusting for age because, in general, brain iron is known to increase with age [28,29]. Adjustment for age may therefore capture variance of an underlying causal association between iron accumulation and disease severity.

There is substantial variability of reported neurometabolite levels between MRS studies in Parkinson's disease [13,14]. A major reason is the small size of these complex neuroimaging studies, which hinders the adjustment for pertinent covariates. Creatine plays a role in energy homeostasis by maintaining ATP levels constant in cells with high and fluctuating energy demands, primarily in muscles and glia [30]. In our study, patients with akinetic-rigid PD, an often clinically more severe phenotype of PD than the mixed or tremor-dominant phenotype, presented with lower striatal and thalamic tCr compared to the other phenotypes. Another analysis found basal ganglia tCr to be decreased in all PD phenotypes [31]. Therefore, using tCr as an internal reference for metabolite concentrations was inappropriate for this study, and internal water scaling was used instead, with adjusting for CSF fractions of the MRS VOI.

MDS-UPDRS3 scores strongly discriminated PD patients from controls. In contrast, differences in fine motor tests were less pronounced although PD patients displayed larger amplitudes and lower tapping speed than controls in line with other investigations [32,33]. In a large cohort of healthy subjects, we have demonstrated that age is a strong determinant of dexterity [11]. This was not as obvious in this study population, where the mixed PD phenotype and the left or more affected hand were stronger predictors. We observed lower tCr in PD patients as compared to controls, but could not observe an association with motor dysfunction. As already discussed for brain iron, implementing age into regression models may overadjust two parallel age-related processes, for example a putative correlation between tCr and motor dysfunction. Increasing age is correlated with both tCr levels [5,34] and motor dysfunction [11]. This may explain why we could not discern an association between tCr and fine motor function in our PD patients after adjustment for age.

Alterations in neurotransmission in PD are not restricted to the dopaminergic systems but importantly also involve the glutamatergic (glutamate and its precursor glutamine) and GABAergic networks [16]. Glx is an important precursor in the synthesis of GABA [35]. Furthermore, the cycling between Gln and Glu accounts for more than 80% of cerebral glucose consumption and is important for brain energetic metabolism [36]. In our study, akinetic-rigid PD patients exhibited significantly lower striatal Glx levels than the mixed PD phenotype, while there were no significant differences between the combined groups of PD patients and controls. However, better fine motor performance of PD patients was associated with lower Glx levels. O'Gorman et al. have shown that prefrontal Glx levels are associated with axial symptoms in PD, thus indicating that Glx seems to play a role in more

complex motor function [16]. Furthermore, in our previous analysis, we had observed an age-related decline of Glx [5].

Non-MRS, invasive and ex-vivo techniques in animal models and postmortem human studies have established that the loss of dopaminergic striatal neurons in PD is accompanied by increased striatal GABA content [37–40]. In vivo GABA levels remain challenging to quantify due to the small MRS signal; however, several MRS studies at 3 T and higher magnetic fields have so far reported increased GABA levels in basal ganglia structures both in PD [16,41,42] as well as in manganese-exposed workers, who are at risk developing a form of parkinsonism [17,43]. Several of these studies also reported an association of basal ganglia GABA levels with gross motor function [16,42] or fine motor function as measured by a pegboard test [17]. The present study used statistical modeling, accounting for several confounding factors such as age. We found thalamic GABA levels to be slightly increased in the akinetic-rigid PD phenotype when compared to the mixed PD form. However, a correlation of striatal GABA levels with MDS-UPDRS3 scores showed wide confidence intervals and disappeared in the full prediction model. This is in line with a recent MRS study on manganese-exposed welders, that did not find any correlation of thalamic or striatal GABA levels with MDS-UPDRS3 scores, or with rigidity or tremor subscores, but showed that only age remained as predictor for the MDS-UPDRS3 scores in the statistical model [44].

Elevated levels of mI, a suggested marker for gliosis, in the brainstem and several cortical areas have been associated with neurodegenerative diseases [45], and have been shown to correlate negatively with gross motor function in ataxias and amyotrophic lateral sclerosis [46,47]. Notably, low systemic mI can increase blood glucose levels due to insulin-mimetic properties [48]. We found that lower mI levels in PD patients predicted motor dysfunctions, associated with less tapping hits and higher MDS-UPDRS3 total scores. This finding is in line with a previous report of decreased thalamic mI in manganese toxicity [49], which can lead to a Parkinsonian syndrome. In our previous analysis of mI in a mixed study population with healthy persons and PD or hemochromatosis patients, brain iron assessed with R2* in GP was a predictor of lower mI in these VOIs [5].

Overall, confidence limits of most estimates for associations between the study variables were rather wide, indicating additional influencing factors, such as potential effects of alcohol intake or body mass index on motor function in PD [50]. With recent reports on medication effecting both the on neurometabolites NAA and tCr [51] as well as on brain Fe levels and symptom scores [7], it is well possible that the medication status can modify the effects of neurometabolites or brain Fe on MDS-UPDRS3 scores. While patients receiving any GABAergic medication were ineligible for participation, nearly all patients were on dopaminergic treatment at the time of motor testing and neuroimaging. However, detailed information on medication, including a precise quantitative estimation of the levodopa equivalent dose and hours to time of investigation, were not available for all patients of this study. A further limitation of this and other costly neuroimaging studies is the small study size, which impairs a sound statistical modeling of the association between brain iron or neurometabolites with motor dysfunction allowing for the inclusion of pertinent confounders, effect modifiers, and interaction terms between study variables.

5. Conclusions

The present study provides evidence that brain iron and neurometabolite concentrations involved in energy metabolism and neurotransmission are associated with motor dysfunction in PD. To which extent neurometabolite alterations can be attributed to clinical PD phenotypes remains to be elucidated.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4409/8/2/96/s1>: Figure S1: Box plots of the distributions of striatal and thalamic GABA, Glx, mI and tCr in 35 Parkinson patients and 35 controls; Figure S2: Correlations between brain iron (R2* placed in SN and GP) and GABA (in striatal and thalamic VOIs) with MDS-UPDRS3 total scores and of mI with tapping hits in 35 Parkinson patients; Table S1: Fine motor test results for both hands presented with medians for tapping hits and tremor amplitude in Parkinson patients and controls; Table S2: Spearman correlation coefficients with 95% confidence interval between motor functions in 35 Parkinson patients.

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Article

Zonisamide Administration Improves Fatty Acid β -Oxidation in Parkinson's Disease

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Abstract: Although many experimental studies have shown the favorable effects of zonisamide on mitochondria using models of Parkinson's disease (PD), the influence of zonisamide on metabolism in PD patients remains unclear. To assess metabolic status under zonisamide treatment in PD, we performed a pilot study using a comprehensive metabolome analysis. Plasma samples were collected for at least one year from 30 patients with PD: 10 without zonisamide medication and 20 with zonisamide medication. We performed comprehensive metabolome analyses of plasma with capillary electrophoresis time-of-flight mass spectrometry and liquid chromatography time-of-flight mass spectrometry. We also measured disease severity using Hoehn and Yahr (H&Y) staging and the Unified Parkinson's Disease Rating Scale (UPDRS) motor section, and analyzed blood chemistry. In PD with zonisamide treatment, 15 long-chain acylcarnitines (LCACs) tended to be increased, of which four (AC(12:0), AC(12:1)-1, AC(16:1), and AC(16:2)) showed statistical significance. Of these, two LCACs (AC(16:1) and AC(16:2)) were also identified by partial least squares analysis. There was no association of any LCAC with age, disease severity, levodopa daily dose, or levodopa equivalent dose. Because an upregulation of LCACs implies improvement of mitochondrial β -oxidation, zonisamide might be beneficial for mitochondrial β -oxidation, which is suppressed in PD.

Keywords: Parkinson's disease; fatty acid β -oxidation; long-chain acylcarnitine

1. Introduction

Parkinson's disease (PD) is the second most common neurodegenerative disorder and is characterized by motor symptoms such as tremor, rigidity, and akinesia [1]. Although symptomatic relief with levodopa medication and deep brain stimulation treatments are well established, there is currently no disease-modifying therapy based on disease pathogenesis [2]. In PD pathogenesis, mitochondrial dysfunction has been suggested to occur in the form of excessive oxidative stress, respiratory-chain insufficiency, and mitophagy flux abnormalities, among others [3]. However, therapeutic approaches targeted to these mitochondrial dysfunctions have not yet been used in the clinic.

Zonisamide (1,2-benzisoxazole-3-methanesulfonamide) is used clinically as an anti-epileptic agent and has been adapted to treat resting tremor as well as the wearing-off symptoms in PD patients in

Japan [4]. Recently, zonisamide has become widely used, and its beneficial effects for the treatment of PD were shown to be mediated by several mechanisms including monoamine oxidase inhibition, channel blocking, and glutamate release inhibition [5]. The half-life of zonisamide is approximately 68 h and it is distributed to the whole body, including the brain and skeletal muscle, followed by its excretion in urine [6]. In cellular and animal models of PD, zonisamide was reported to have various neuroprotective effects via mitochondrial protection, including antioxidant effects through manganese superoxide dismutase (MnSOD) upregulation, adjustment of calcium influx, and brain derived neurotrophic factor (BDNF) signaling systems [7–13]. In addition, zonisamide was reported to reduce neuroinflammation through the modulation of microglia [14]. However, no human data associated with metabolic changes under zonisamide treatment have been reported in patients with PD.

Recent research conducted by our group and others has revealed that serum and/or plasma metabolomics are useful for revealing changes in metabolic pathways in PD [15–19]. Our group previously reported the analyses of capillary electrophoresis time-of-flight mass-spectrometry (CE-TOFMS) and liquid chromatography time-of-flight mass-spectrometry (LC-TOFMS), which showed decreased long-chain acylcarnitines (LCACs) and increased long-chain fatty acids (LCFAs) in PD patients, suggesting that β -oxidation insufficiency occurs primarily in early PD, and is not associated with levodopa medication [15].

In this context, to highlight the metabolic changes that occur with zonisamide administration, we conducted a case–case study, using well-established techniques, of 20 PD patients undergoing zonisamide treatment and 10 PD patients without zonisamide treatment.

2. Materials and Methods

2.1. Ethics Statement

This study protocol complied with the Declaration of Helsinki and was approved by the ethics committee of Juntendo University (2017135). Written informed consent was given by all participants.

2.2. Participants

PD was diagnosed according to the Movement Disorders Society Clinical Diagnostic Criteria for PD, with no dementia (Mini-Mental State Examination [MMSE] score ≥ 24) [20]. All participants were aged 51 to 82 years, were fluent in Japanese, and had no substantial neurological disease other than PD. Based on demographic and clinical characteristics obtained from medical records and directly from PD patients, the PD group comprised of 30 patients was subdivided into 10 not administered zonisamide and 20 with the oral administration of zonisamide (25 mg/day, after breakfast) (Table 1). Clinical symptoms were evaluated within a year from the beginning of the oral administration of zonisamide. Participants suffering from acute infectious diseases or acute/chronic renal or hepatic failure at the time of sample collection were excluded. No participant had a medical history or chronic illness of type 2 diabetes mellitus, skeletal muscle disease, cancer, aspiration pneumonia, inflammatory bowel disease, or collagen vascular disease.

2.3. Assessment of Clinical Symptoms

The clinical conditions of PD patients were evaluated using Hoehn and Yahr (H&Y) stages and the Unified Parkinson’s Disease Rating Scale (UPDRS)-III. For practical and ethical reasons, the H&Y stage and UPDRS-III rating were defined during the “on” state, when patients reported that the effect of the last dose of medication was optimal.

Table 1. Demographics and clinical data of Parkinson's disease with or without zonisamide.

Participants Characteristics, Mean (SD)	Zonisamide (−)	Zonisamide (+)	p-Value
Number	10	20	-
Gender, female/male	5/5	13/7	0.431 ^a
Age	69.5 (6.7)	68.2 (1.9)	0.982
Zonisamide	-	38.7 (12.7)	-
Treatment period by evaluation	-	8.15 (3.75)	-
Body mass index	22.0 (3.4)	22.4 (0.75)	0.597
H&Y	2.1 (0.9)	2.3 (1.1)	0.762
H&Y, each case number	I(3), II(4), III(2), IV(1), V(0)	I(5), II(9), III(2), IV(3), V(1)	-
Disease duration	11.4 (6.9)	7.7 (4.0)	0.138
UPDRS-III (pre-treatment)	17.9 (12.4)	14.1 (3.1)	0.425
UPDRS-III (post-treatment)	-	13.6 (11.4)	-
UPDRS-III-tremor (pre-treatment)	0.6 (1.0)	2.6 (1.9)	0.00280
UPDRS-III-tremor (post-treatment)	-	2.2 (1.9)	-
LED	855.3 (305)	680.9 (458)	0.165
LDL	480 (209)	430 (280)	0.492

Abbreviations: SD: standard deviation, H&Y: Hoehn and Yahr stage, UPDRS: Unified Parkinson's Disease Rating Scale, LED: levodopa equivalent dose, LDD: levodopa dose. ^a: p-Value obtained by χ^2 -squared test, other p-Values were obtained by Wilcoxon test.

2.4. Blood Sample Collection

All fasting blood samples were collected at the outpatient department of Juntendo University Hospital between April 2015 and January 2018. Following an overnight fast (12–14 h), a plasma or serum sample was obtained using 7-mL EDTA-2Na blood collection tube (PN7R, Tokyo, SRL) or 8-mL blood collection tube (78447 SIM-L1008SQ3, Kyokuto Pharmaceutical Ind. Co. Ltd., Tokyo, Japan) followed by two or three inversions, respectively. The samples were then allowed to rest for 30–60 min at 4 °C, followed by centrifugation for 10 min at 2660 \times g. The plasma was then separated and placed in collection tubes that were stored in liquid nitrogen until analysis.

2.5. Metabolite Extraction

Metabolite extraction and metabolome analysis were conducted at Human Metabolome Technologies (HMT; Tsuruoka, Yamagata, Japan). For analysis with CE-TOFMS, 50 μ L of plasma was added to 450 μ L of methanol containing internal standards (Solution ID: H3304-1002, HMT) at 0 °C to inactivate enzymes. The extract solution was thoroughly mixed with 500 μ L of chloroform and 200 μ L of Milli-Q water and centrifuged at 2300 \times g at 4 °C for 5 min. A 400- μ L sample of the upper aqueous layer was centrifugally filtered through a Millipore 5-kDa cutoff filter to remove proteins. The filtrate was centrifugally concentrated and resuspended in 50 μ L of Milli-Q water for CE-TOFMS analysis at HMT. For analysis with LC-TOFMS, 300 μ L of plasma was added to 900 μ L of 1% formic acid/acetonitrile containing the internal standard solution (Solution ID: H3304-1002, HMT) at 0 °C (to inactivate enzymes). The solution was thoroughly mixed and centrifuged at 2300 \times g at 4 °C for 5 min. The supernatant was filtrated through a solid phase extraction column (Hybrid SPE phospholipid 55261-U, Supelco, Bellefonte, PA, USA) to remove phospholipids. The filtrate was desiccated and then dissolved with 120 μ L of 50% isopropanol/Milli-Q for LC-TOFMS analysis at HMT.

2.6. Biochemical Measurements

Total serum creatine kinase was measured using automated enzymatic techniques (Sysmex Inc., Kobe, Japan). Serum creatinine was measured by an enzymatic method (KAINOS Laboratories, Inc., Tokyo, Japan). Serum aldolase was measured by a coupled enzyme assay (Alfresa Pharma, UK), while hemoglobin (Hb) A1c was measured by boronate-affinity high-performance liquid chromatography, in accordance with standard protocols.

2.7. Data Analysis

Peaks were extracted using MasterHands automatic integration software (Keio University, Tsuruoka, Yamagata, Japan) to obtain peak information including the *m/z* and peak area, as well as migration time (MT) for CE-TOFMS and retention time (RT) for LC-TOFMS. Signal peaks corresponding to isotopomers, adduct ions, and other product ions of known metabolites were excluded, and the remaining peaks were annotated according to the HMT metabolite database based on their *m/z* values with the MTs and RTs. To obtain the relative levels of each metabolite, areas of the annotated peaks were then normalized based on internal standard levels and sample volumes. For multivariate statistical analysis, partial least squares (PLS) analysis was performed using R [21].

2.8. Statistical Analysis

When a value was below the limit of detection, we assigned it half the minimum value of its compound. Wilcoxon tests were used to compare all individual analyses between PD patients with or without zonisamide. A *p*-value of less than 0.05 was considered statistically significant.

3. Results

3.1. Participants

The characteristics of PD patients included in the study are shown in Table 1. PD patients taking zonisamide had a significantly higher UPDRS-III tremor score at pretreatment of zonisamide compared with PD patients not taking zonisamide. There were no significant differences in age, sex, H&Y stage, disease duration, levodopa equivalent dose (LED), or levodopa daily dose (LDD) between PD patients with or without zonisamide treatment [22]. There was a statistically significant difference in UPDRS-III tremor score between the two groups (*p* = 0.00280).

3.2. Metabolomic Datasets

We analyzed the metabolomic profiles of blood plasma from 30 PD patients using CE-TOFMS and LC-TOFMS. Based on their *m/z* values, MTs and RTs, 383 metabolites were detected. Of these, 266 metabolites were detected in >50% of PD patients taking zonisamide and were analyzed in detail. As shown in Table 2, 12 metabolites were significantly changed in PD patients with zonisamide treatment compared with those without zonisamide (Supplementary Figure S1). Four of these 12 were LCACs, and these were all upregulated. Next, we performed PLS analysis to identify which metabolites distinguished PD with zonisamide treatment from PD without zonisamide treatment (Figure 1). The top 10 metabolites, including three LCACs, are shown in Supplementary Table S1.

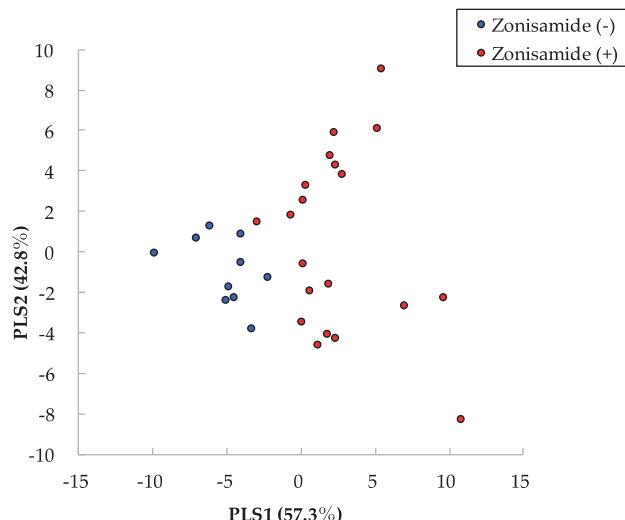
3.3. Increase of Long-Chain Acylcarnitine Levels in PD Patients with Zonisamide Treatment

Because four LCACs (AC(12:0), AC(12:1)-1, AC(16:1), and AC(16:2)), were significantly increased in PD patients with zonisamide treatment (Table 2), we tried to characterize the profile of LCACs detected, regardless of the lower limits of detection, for further investigation. Interestingly, 15 of 20 LCACs showed a trend toward an increase in PD patients with zonisamide treatment (Supplementary Table S2). Of these, seven LCACs (AC(12:0), AC(12:1)-1, AC(12:1)-2, AC(12:1)-3, AC(13:1)-1, AC(16:1), and AC(16:2)) were significantly increased (Supplementary Table S2). According to the PLS analysis, there were two LCACs (AC(16:1) and AC(16:2)) in the top 10 factors for differentiating between PD with zonisamide treatment and PD without zonisamide treatment. There were no significant correlations between any LCACs and zonisamide treatment duration or dosage (Supplementary Table S3). These results suggest that the increase in LCACs is not affected by zonisamide treatment period and dosage.

Table 2. Metabolites significantly changed in Parkinson's disease differentiate between patients with or without zonisamide treatment.

Compound, Relative Area	Ratio of Zonisamide (+) to Zonisamide (−)	p-Value
1-methylnicotinamide	1.61	0.0294
AC(12:0)	1.73	0.0407
AC(12:1)-1	1.92	0.0405
AC(16:1)	1.75	0.0366
AC(16:2)	1.95	0.0054
Glycerol	0.843	0.0329
Imidazolelactic acid	1.50	0.0040
Nervonic acid	1.21	0.0068
Oleoyl ethanolamine	0.785	0.00146
Ornithine	1.32	0.0263
S-methylcysteine	0.726	0.0294
Succinic acid	1.46	0.0199

AC: acylcarnitine. p-Value obtained by Wilcoxon test.

**Figure 1.** Partial least squares analysis (PLS) of observed metabolic profiles. Red indicates metabolites of PD with zonisamide, while blue indicates PD without zonisamide. PLS 1 indicates PD patients with or without zonisamide in PD, while PLS 2 indicates susceptibility of zonisamide in PD. PD: Parkinson's disease; PLS: partial least analysis.

3.4. Association of LCACs with Age, H and Y Stage, UPDRS-III Scores, and LED

Plasma levels of LCACs are primarily decreased in the early stages of PD [15]. As shown in Table 1, there were no significant differences in patient characteristics between the two groups except for the UPDRS-III tremor score (Table 1). Thus, to precisely exclude the effects of disease severity and medication on the levels of LCACs, we performed correlation analyses. There were no significant correlations between any LCACs with age at sampling, H&Y stage, UPDRS-III scores, and LED (Table 3). In addition, there was a significant correlation between AC(16:2) and the amelioration of UPDRS-III tremor scores in PD with zonisamide that was efficacious (Supplementary Figure S2). These results suggest that zonisamide, and not disease severity, aging, or LED, lead to the increase of LCACs.

Table 3. Association of LCACs and clinical parameters in all participants.

	Age		H&Y		UPDRS-III		LED	
	r	p-Value	r	p-Value	r	p-Value	r	p-Value
AC(12:0)	-0.293	0.115	0.128	0.499	0.240	0.200	0.287	0.123
AC(12:1)-1	-0.115	0.541	0.179	0.343	0.141	0.457	0.272	0.145
AC(16:1)	-0.199	0.291	0.0476	0.802	0.124	0.510	0.132	0.485
AC(16:2)	-0.110	0.562	0.185	0.326	0.153	0.417	0.0969	0.610

LCACs: long-chain acylcarnitines, H&Y: Hoehn and Yahr stage, UPDRS: Unified Parkinson's Disease Rating Scale, LED: levodopa equivalent dose. p-Value obtained by Spearman's rank correlation coefficient.

3.5. Association of Skeletal Muscle Mass with Metabolites Associated with Fatty Acid β -Oxidation

Plasma LCACs are excreted mainly from the cellular mitochondria of skeletal muscles [23]. To exclude any effects of decreased skeletal muscle mass on fatty acid (FA) β -oxidation, we assessed the serum levels of creatine kinase, aldolase, and creatinine, and total blood levels of HbA1c (Supplementary Table S4). Although levels of aldolase, which is produced by skeletal muscles as well as the liver, were significantly downregulated by zonisamide, the levels of creatine kinase and creatinine, which correlate with the amount of skeletal muscle, did not change significantly. There was also no significant difference in HbA1c levels, which may influence FA β -oxidation activity. From these results, we concluded that zonisamide had almost no harmful effects on skeletal muscle, although we should consider the possibility that zonisamide might influence skeletal muscle.

3.6. Other Metabolites Significantly Changed by Zonisamide Treatment

As shown in Table 2, eight chemicals (except for four LCACs) were significantly changed in PD with zonisamide treatment. 1-methylnicotinamide, a metabolite of nicotinamide, and oleoylethanolamide, were associated with neuroprotective pathways [24]. In addition, the ratio of putrescine to ornithine was decreased in sporadic PD [25]. Although zonisamide treatment changed the levels of these three chemicals, the detailed metabolic pathways involved remain unclear because only one metabolite changed.

4. Discussion

This comprehensive metabolome analysis identified 12 metabolites that underwent significant changes with zonisamide treatment in PD. Four of the twelve metabolites were LCACs: (AC(12:0), AC(12:1)-1, AC(16:1), and AC(16:2)) and the PLS analysis using whole metabolome data identified two overlapping LCACs: AC(16:1) and AC(16:2). Furthermore, 15 LCACs had a tendency to be increased in PD patients with zonisamide, and only AC(16:2) was correlated to the amelioration of UPDRS-III tremor scores in PD with efficacious zonisamide. The LCAC levels did not correlate with disease severity or medication, suggesting that zonisamide itself may upregulate FA β -oxidation in patients with PD. Moreover, LCAC levels might define therapeutic reactivity with treatment of zonisamide.

Previously, we reported that decreased levels of LCACs were a useful biomarker for the diagnosis of PD in a double-cohort study [15]. β -oxidation of FAs occurs in mitochondria and peroxisomes; β -oxidation of short-to-long-chain FAs occurs in mitochondria, whereas β -oxidation of LCFAs occurs in peroxisomes. FAs with chain lengths of 14 or more carbons, which are the majority of those obtained from the diet or released from adipose tissues, need to undergo enzymatic reactions by the carnitine shuttle to enter mitochondria for β -oxidation [26]. In peroxisomes, acyl-coenzyme A may be incompletely oxidized, and medium-chain acyl-CoA produced in peroxisomes is transported to mitochondria to be oxidized. Because it is difficult for acyl-CoA to penetrate the outer membrane of mitochondria, it is transported by carnitine-acylcarnitine translocase after its conversion to ACs by carnitine palmitoyltransferase 1 (CPT1). LCACs are formed by CPT1 from acyl-CoA and carnitine to pass through the mitochondrial outer membrane. Zonisamide may improve β -oxidation via a mitochondrial protective effect [7,15].

Patients with PD can be subdivided into two types: tremor-dominant or postural instability/gait difficulty variants [27]. Our previous report revealed no association of disease severity as assessed by UPDRS-III with the levels of LCACs in PD [15]. The current study suggests that severe tremor, often observed in PD and treated with zonisamide, might affect the elevation of LCACs. Whilst aerobic exercise was reported to decrease levels of LCACs in obese patients, controls do not show changes in LCAC levels following short- or long-term exercise [28,29]. In the current cohort, the body mass index in PD without zonisamide was approximately 22, and there was no statistical difference between the two groups. In addition, blood samples in our study were obtained without exercise loading and with overnight fasting. Thus, we concluded that we did not need to consider more severe tremors in PD patients without zonisamide treatment.

Oxidative damage is a major contributor to cellular damage, which can result in neurodegenerative diseases [30]. Oxidative stress generates reactive oxygen species (ROS), which inflict oxidative damage on macromolecules such as lipids, DNA, and proteins. The imbalance between oxidative stress via ROS production and antioxidant factors in the body has an important role in PD development [31]. Mitochondrial ROS metabolism is catalyzed by mitochondrial antioxidant enzymes including MnSOD. Catabolic reactions via β -oxidation are also a major component of the regulation of ROS generation in mitochondria [32]. Taken together, in addition to the upregulation of MnSOD expression [7], an improvement in β -oxidation by zonisamide may protect against oxidative stress.

This study had some limitations. First, the interpretation of results requires caution because the sample size was small. Thus, it was difficult to conduct multivariate analysis to exclude confounding factors including age, sex, disease duration, and medication except for anti-parkinsonian drug. Second, there was an effect of other antiparkinsonian medications on zonisamide metabolism. A previous study demonstrated that levodopa/benserazide treatment elicited metabolic changes in skeletal muscle with a switch from lipid to carbohydrate metabolism, which may affect β -oxidation [33]. However, in the current cohort we did not detect any direct influences of LDD or LED on LCAC levels. In the future, de novo studies with additional treatment of zonisamide and including larger study populations should be performed, focusing on FA β -oxidation changes.

5. Conclusions

This is the first report showing the *in vivo* effects of zonisamide on human metabolism. We identified 12 metabolites, including four LCACs, whose increased levels were associated with an improvement in FA β -oxidation. Considering previous experimental studies of zonisamide treatment, it may have beneficial effects on mitochondrial function in patients with PD. Furthermore, zonisamide might affect the efficiency of the brain network to relieve the symptomatology and progression of PD.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4409/8/1/14/s1>.

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Article

Epigenetic Study in Parkinson's Disease: A Pilot Analysis of DNA Methylation in Candidate Genes in Brain

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Abstract: Efforts have been made to understand the pathophysiology of Parkinson's disease (PD). A significant number of studies have focused on genetics, despite the fact that the described pathogenic mutations have been observed only in around 10% of patients; this observation supports the fact that PD is a multifactorial disorder. Lately, differences in miRNA expression, histone modification, and DNA methylation levels have been described, highlighting the importance of epigenetic factors in PD etiology. Taking all this into consideration, we hypothesized that an alteration in the level of methylation in PD-related genes could be related to disease pathogenesis, possibly due to alterations in gene expression. After analysing promoter regions of five PD-related genes in three brain regions by pyrosequencing, we observed some differences in DNA methylation levels (hypo and hypermethylation) in *substantia nigra* in some CpG dinucleotides that, possibly through an alteration in Sp1 binding, could alter their expression.

Keywords: epigenetics; Parkinson's disease; brain; DNA methylation

1. Introduction

Parkinson's disease (PD) is a progressive neurodegenerative disorder characterized by neural loss in *substantia nigra pars compacta* and the presence of numerous Lewy bodies in surviving neurons [1]. Affected individuals suffer from postural instability, tremor at rest, bradykinesia, and rigidity, as well as other clinical signs such as secondary motor symptoms and non-motor symptoms involving abnormalities in cognition/behavior/sensory system, sleep disorders, and autonomic dysfunctions [2].

Despite being the second most common neurodegenerative disorder, with a prevalence of 4–5% by the age of 85 [3], the mechanism that triggers the neurodegenerative process is still unknown, as is whether the biological processes which are altered in PD (oxidative stress, mitochondrial dysfunction, protein aggregation, inflammation, altered Ca²⁺ homeostasis) are causes or consequences.

Pathogenic mutations have been described only in around 10% of patients, mainly in monogenic or familial forms of PD [4–7]. They are found in 6 genes: *SNCA* [8], *PRKN* [9], *PINK1* [10], *DJ-1* [11], *LRRK2* [12], and *VSP35* [13]. Nevertheless, the remaining 90% of PD patients suffer from idiopathic or sporadic forms of PD with unknown cause. According to this, PD is considered a prototypic multifactorial, or complex, disorder.

Recently, some studies have also focused on epigenetics: mitotically and/or meiotically heritable changes that cannot be explained by changes in DNA sequence, i.e., stable and long-term alterations not present in the DNA sequence [14].

Epigenetics include RNA-mediated processes, histone modifications, and DNA methylation. They are flexible and dynamic processes that change depending on time and environment. Therefore, one person carries one genome, but hundreds or even thousands of epigenomes that could explain different phenotypes [15].

Differences in miRNA expression, histone modifications, and DNA methylation levels have been described in PD patients. With regard to this last epigenetic mechanism, no differences in DNA methylation levels in the brain have been observed between patients and controls in *UCHL1*, *MAPT* promoter, and *PRKN* promoter [16,17] whereas contradictory results have been reported for CpG islands in intron 1 of *SNCA* [18–20]. In PD patients and animal models, it has been demonstrated that α -synuclein could sequester DNMT1, which maintains DNA methylation, in the cytoplasm leading to global DNA hypomethylation [21]. These results highlight the possible influence that DNA methylation could have on PD origin by regulating genes linked to PD. Although more studies are needed to confirm this hypothesis, these reports point out that not only genetic variability should be considered in the future when looking for pathogenic factors in Parkinson's disease.

Singleton et al. first described a triplication in *SNCA* causing familial PD [22], pointing towards the fact that an increase in the expression of this protein may have the same consequences as a pathological mutation. As expression levels can also be regulated by altering DNA methylation in the promoter region, we wanted to analyze the possible relation between epigenetics and PD, more specifically, whether DNA methylation levels were altered in the brain of PD cases, and thus, would affect their expression levels. We focused on 5 extensively studied genes (*SNCA*, *PRKN*, *PINK1*, *DJ-1* and *LRRK2*) which are responsible for familial PD.

2. Material and Methods

2.1. Subjects

Frozen *substantia nigra*, parietal cortex, and occipital cortex were obtained from the Biobanc HCB-IDIBAPS, Barcelona (Catalonia, Spain) for 5 controls and 5 PD patients. All subjects gave their informed consent for inclusion before participating in the study. The study was conducted in accordance with the Declaration of Helsinki, and the protocol was approved by the Institutional Review Board from the Biobanc. Their clinical status was confirmed by *post-mortem* brain analysis. Controls, unlike PD patients, did not present Lewy bodies. However, 4 had other neurological injuries such as vascular encephalopathy and/or AD related pathology; in addition, 3 of them had suffered from vascular dementia.

There were 3 men and 2 women in each group. The mean age at the moment of death for the controls was 77.80 ± 6.80 years, whereas for the PD cases, was 81.00 ± 3.81 years. The mean post-mortem delay was 6 h 2 min for the controls and 10 h 14 min for the PD cases.

2.2. DNA Extraction

We followed the Maxwell 16 Mouse Tail DNA Purification Kit (Promega, Madison, WI, USA) instructions to extract DNA from each individual brain region: around 30 mg of tissue were dissected and then introduced into the Maxwell 16 Instrument (Promega, Madison, WI, USA). Finally, the sample was quantified using the Qubit dsDNA BR Assay kit and the Qubit Fluorometer (Life Technologies, Carlsbad, CA, USA).

For one of the controls, we could not obtain DNA from *substantia nigra*, so for this brain region our results are based on the values of 4 individuals in the control group.

2.3. Bisulfite Treatment

We treated the DNA with bisulfite, as in this process unmethylated C converts into U, whereas 5 mC remains unaltered. It is the gold standard technique to analyze DNA methylation levels. We opted for the EZ DNA Methylation-Gold kit (Zymo Research, Irvine, CA, USA) to treat 1 μ g of DNA per

individual brain region, following the supplier instructions. Finally, it was quantified using NanoDrop 2000 (Thermo Scientific, Waltham, MA, USA), taking into account that bisulfite-treated DNA has an absorption coefficient at 260 nm, resembling that of RNA.

2.4. CpG Island Prediction

We focused on the 5 most extensively studied genes in PD. All of them are responsible for familial forms of Parkinson's disease: *SNCA*, *PRKN*, *PINK1*, *DJ-1*, and *LRRK2*. As their expression is ubiquitous, although with some differences between regions, CpG islands in their promoters should exhibit low methylation levels. Therefore, gene transcription should not be repressed, thus allowing their expression in all the cells [23,24].

In order to determine the location of the CpG island, for each gene we considered around 3000 bp upstream and 3500 bp downstream from the transcription start site (TSS) to include the promoter and the first exons, where CpG islands are frequently present. We predicted the presence of CpG islands using 5 prediction programs: Softberry (<http://www.softberry.com/berry.shtml?topic=cpgfinder&group=programs&subgroup=promoter>), CpG cluster (<http://bioinfo2.ugr.es/CpGcluster/>) [25], Bioinformatics (http://www.bioinformatics.org/sms2/cpg_islands.html) and Emboss (http://www.ebi.ac.uk/Tools/seqstats/emboss_cpgplot/). Furthermore, we annotated the CpG islands predicted at the UCSC genome browser [26]. The CpG cluster is based on the physical distance between neighboring CGs, and not in the search of CpG islands [27] as others are; therefore, it can find shorter CpG islands. Also, we predicted the position of putative promoters for those genes using FirstEF (<http://rulai.cshl.edu/tools/FirstEF/>) and WWW Promoter Scan (<http://www-bimas.cit.nih.gov/molbio/proscan/>).

As results differed between predictions, we chose for our analysis those areas where all or most of the predictions agreed (Figure S1, Supplementary Material).

2.5. Primer Design and Pyrosequencing

The methylation analysis was carried out by pyrosequencing. Ten pyrosequencing assays were designed using the PyroMark Assay Design Software 2.0 (Qiagen, Hilden, Germany), avoiding homopolymers longer than 4 residues, with a maximum difference in primers T_m of 2 °C, an amplicon length between 100–500 bp, no more than two CG dinucleotides in the primer sequence, and with some T bases derived from unmethylated C to ensure only amplification of bisulfite modified DNA [28]. In the target sequences, we analyzed the presence of frequent SNPs using the Single Nucleotide Polymorphism database, dbSNP (<http://www.ncbi.nlm.nih.gov/projects/SNP/>), because their presence could alter the assay. There was none in any of the regions analyzed by our assays.

In the Supplementary Material, Table S1, all the pyrosequencing assays conducted are described, as are the primer sequences, the size of the fragment amplified, and the PCR conditions.

For each assay we performed three independent replicates. All pyrosequencing reactions were carried out in a PyroMark MD sequencer using NDTS (nucleotide dispensing tips) at the Servei d'Anàlisi d'ADN of the Institut de Biomedicina de València-CSIC. All reagents were from Qiagen. Results were analyzed by the program PyroMark Q-CpG 1.0.9, which calculated the percentage of DNA methylation per position.

Furthermore, we checked for PCR bias [29]. For this purpose, PCRs were carried out with DNA with known methylation percentages (0, 50 and 100) which were previously bisulfite-treated. Then, DNA methylation levels were analyzed by pyrosequencing. We confirmed that the observed and the expected methylation levels matched. There was an efficiency of conversion of unmethylated cytosines into uracils of nearly 100%, and, thus there was no bias. We used the EpiTect PCR Control DNA Set from Qiagen.

2.6. Statistical Analysis

Due to the low number of samples, a non-parametric test (the Mann-Whitney test) was used to compare means. The statistical analysis was conducted using SPSS (IBM Analytics, Armonk, NY, USA), version 20.

Results are shown as “overall”, representing the arithmetic mean of the methylation levels at all CpG dinucleotides in an assay, as well as for the individual CpG dinucleotides. The arithmetic mean is based on the values obtained for the 5 individuals that compose each group (controls and PD patients), except for the results from the control group in *substantia nigra*, which are based on only 4 individuals, as we could not obtain DNA for one of the controls.

2.7. Transcription Factor Binding Site Prediction

We predicted in silico whether CpG dinucleotides differentially methylated could be affecting transcription factor binding sites using TFSEARCH (<http://www.cbrc.jp/research/db/TFSEARCH.html>) [30], JASPAR CORE (<http://jaspar.genereg.net/>) [31] and AliBaBa 2.1 and PATCH (<http://www.gene-regulation.com/pub/programs.html>). The expression of each transcription factor in brain was taken from The Human Protein Atlas (<http://www.proteinatlas.org>) [32] and the Allen Human Brain Atlas (2010), from The Allen Institute for Brain Science (<http://human.brain-map.org>) [33].

3. Results

In Table 1, we summarize the significant results of those CpG dinucleotides differentially methylated in patients compared to controls. The results obtained for individual CpG dinucleotides, and overall for the 10 pyrosequencing assays, are shown in Figures S2–S6 (Supplementary Material).

Table 1. Statistically significant results for the comparison of DNA methylation levels between controls and PD patients ($p < 0.05$).

Assay ¹	Position ²	Region ³	Location ⁴	<i>p</i> -Value	Methylation Ratio ⁵	Sp1 Binding ⁶
SNCA #1	3	PC	−1586	0.008	2.571	NB
SNCA #1	6	PC	−1551	0.016	2.958	−strand
SNCA #1	6	SN	−1551	0.016	0.000	−strand
SNCA #2	2	OC	−1458	0.032	0.326	NB
SNCA #2	7	OC	−1442	0.008	0.526	+strand
SNCA #2	8	SN	−1440	0.016	0.033	+strand
PRKN #1	3	SN	−187	0.016	0.193	NB
PRKN #2	2	OC	+44	0.032	0.114	+strand
PRKN #2	6	PC	+69	0.032	0.128	+strand
PINK1 #1	2	SN	+355	0.016	0.143	+strand

¹: Each assay is named with the gene followed by the number of the fragment analyzed, according to notation shown in Figure S1 and Table S1, supplementary material. ²: Position indicates the CpG pair within the assay, as shown in supplementary Figures S2–S6. ³: PC: parietal cortex; OC: occipital cortex; SN: substantia nigra. ⁴: +1 was assigned to the A from the first translated codon. The position is taken using the following references: NM_001146054 (SNCA), NM_013988 (PRKN) and NM_032409 (PINK1). ⁵: Ratio obtained by dividing the methylation level in PD patients with respect to its equivalent in healthy individuals. ⁶: When a Sp1 site is predicted to exist in the region where there is a CpG pair showing statistical significant differences between cases and controls, the strand where this binding may exist is shown. NB: not binding predicted for Sp1 nor any other transcription factor.

No single island showed differences in its level of methylation when the information for all CpG dinucleotides was combined (Supplementary Figures S2–S6), although some specific positions in *SNCA*, *PRKN* and *PINK1* showed differences between cases and controls in *substantia nigra*. Also, some significant differences were observed in individual dinucleotides in both parietal and occipital cortices.

For these sites, we checked if they could be part of transcription factor binding sites, and thus, whether changes in their methylation level could affect gene expression.

Some candidates were proposed by sequence-based prediction programs, but due to their expression pattern that did not include *substantia nigra*, and/or their targets that did not include

our genes, only Sp1 could be considered as a possible candidate; it is ubiquitous and binds to GC-rich sequences. Moreover, it is involved in many cellular processes, including cell differentiation, cell growth, apoptosis, immune responses, response to DNA damage, and chromatin remodeling. It can be an activator or a repressor, and its activity is highly regulated by post-translational modifications. It interacts with HDAC1 and DNMT1 [34–36], amongst others. The precise location of the Sp1 binding sites can be found in Table 1 and supplementary Figure S1. Most of the Sp1 putative binding sites are found within the predicted promoters, also affecting in some instances (*SNCA* #2, *PRKN* #2 and *PINK1* #1) exonic and intronic sequences that are included in the prediction.

4. Discussion

DNA methylation has been implicated in a diverse range of cellular functions and pathologies. It is generally associated with a repressed chromatin state and inhibition of promoter activity, i.e., transcriptional repression [37,38]. We analyzed whether the five genes responsible for the familial forms of Parkinson’s disease could be related to PD pathogenesis by having differential DNA methylation patterns. Our focus was on DNA methylation levels around their transcription start site, because variations of this epigenetic mark in this area can influence gene expression.

Overall, no major differences were observed, although for a few positions, the level of methylation of specific CpG dinucleotides differed significantly between cases and controls. Nevertheless, these changes stem from a very low level of methylation, i.e., small variations in the methylation level could have a large numerical impact. Due to those two characteristics, no statistically significant results would have been obtained if corrections for multiple tests were applied.

Most statistically significant islands share one common, and suggestive, characteristic: Sp1 is the only transcription factor that could be mediating the effect of the differential methylation seen here. Nevertheless, more work is needed to confirm our results prior to exploring the role of Sp1 in PD.

For *SNCA*, overexpression is pathogenic [22], and thus, lower DNA methylation levels that involve higher transcription and gene expression could be pathogenic too. However, for *PRKN*, *PINK1*, *DJ-1*, and *LRRK2*, the pathogenic factor in PD is the lack of enough active protein; therefore, higher DNA methylation levels that involve transcription silencing could lead to decreased gene expression, and thus, could be pathogenic [9–12]. As expected for housekeeping genes, the promoters of *SNCA*, *PRKN*, *PINK1*, *DJ-1*, and *LRRK2* were poorly methylated in all regions analyzed, allowing their ubiquitous expression. Our few statistically significant results were obtained for specific CpG sites mainly located in *SNCA* and *PRKN*. The majority of them showed that DNA methylation levels were higher in controls than in cases in those specific CpG dinucleotides. Remarkably, a higher methylation level was observed only for two specific CpG dinucleotides in *SNCA* with respect to controls (Table 1).

We analyzed *substantia nigra* and parietal and occipital cortices, with a special focus on the first region, as it is extensively affected in PD [39], unlike the parietal cortex and occipital cortex, that could be considered “control brain regions”. We did not compare the values between brain regions because, as Ladd-Acosta et al. concluded, the DNA methylation pattern correlates much more strongly within a brain region across individuals than within an individual across brain regions [40]. Nevertheless, we found CpG sites with statistically significant differences in all three tissues (Table 1), and in some instances with the same CpG dinucleotide being altered in more than one region.

Previous studies also addressed the question of whether methylation levels in PD-related genes could be linked to disease pathogenesis, although with controversial results possibly related to, in part, methodological and design differences and to study limitations. In those studies, when statistical significance is found, the results point towards a hypomethylation in PD cases.

In brain, with regard to *SNCA*, Matsumoto et al., Jowaed et al. and de Boni et al. analyzed, in a similar number of individuals to our study, a region in *SNCA* that was not included in our study, although close and downstream to the area in intron 1 that we studied [18–20]. Matsumoto et al. [18] and Jowaed et al. [19] reported hypomethylation across *substantia nigra* in PD cases when compared to controls (and Jowaed et al. even in cortex and *putamen* [19]), whereas de Boni et al. [20] didn’t

observe any difference in any of the five brain regions analyzed, *substantia nigra* included, and not even for global values on the region analyzed or single CpG dinucleotides. Our results are similar to those of de Boni et al. [20], although we could see some hypo and hypermethylation in some specific CpG dinucleotides. In addition, our technical procedure is similar, using pyrosequencing instead of cloning and sequencing, as Matsumoto et al. and Jowaed et al. did, which could result in a technically-biased evaluation [18,19]. We all analyzed *substantia nigra* from PD cases and controls, despite the fact that dopaminergic neurons are largely eliminated in this region in PD cases as a consequence of the evolution of the disease, and are almost intact in healthy subjects. Nevertheless, the range of our values was similar to those observed by Jowaed et al. and de Boni et al., i.e., very low levels, which would not be affected by such cellular heterogeneity [19,20]. In the opposite direction, the methylation levels observed by Matsumoto et al. were completely different, and this difference could be related to their methodological approach [18].

For *PRKN*, de Mena et al. observed that there was almost no methylation in any of the 3 brain regions analyzed in cases and controls in the region of the analyzed promoter, which does not overlap with our assays [17]. There are similarities between that study and ours, in terms of the number of individuals and regions analyzed (we studied parietal cortex instead of cerebellum); although, again, we used pyrosequencing instead of cloning and sequencing. This could explain the different results observed between that study and ours. We reported some differences in specific CpG dinucleotides for this gene (Table 1).

In addition, our methodological approach does not differentiate between 5-hydroxy-methylC (5 hmC) and 5-methylC. Although 5 hmC has its highest levels in the central nervous system, and its amount increases with age, Munzel et al. and Kriaucionis et al. observed that this effect on methylation percentages is expected to be almost imperceptible [41,42].

Although there are no studies that have analyzed the influence of the post-mortem delay on DNA methylation, previous reports did not find any effect on pH, RNA quality [43], or protein concentration (post-synaptic proteins [44] and primary microglia [45]) in brain. Therefore, we considered that the difference in post-mortem delay between both groups, healthy controls, and PD cases would not affect our results.

Masliah et al. concluded, after a genome-wide study of methylation levels in brain and blood, that there were similar methylation patterns between them [46]. Unfortunately, no blood was available from the individuals we have analyzed here, so we could not test the hypothesis that epigenetic marks could be potential biomarkers for non-invasive predictive testing for PD. In blood, some studies have been carried out where no differences between cases and controls for *SNCA* [47,48] or for *PRKN*, *DJ-1* [49,50] were observed. However hypomethylation has been described in other studies for sporadic cases [51–53]. Tan et al. also observed no differences in other regions of *SNCA* and *LRRK2*, both overlapping with our assays [53]. The main difference between these studies relies on the number of individuals analyzed, as different technical approaches have given similar results.

We conclude that imbalances in the methylation of specific CpG islands in PD-related genes do not seem to be related to the disease process. We studied three different tissues in five different genes in triplicates, which increases the confidence of our results. However, due to the small size of our population and the low level of methylation observed, our results could be considered as trends that should be replicated in a larger study, maybe using genome-wide approaches to account for the effect of genes not related to familial PD. Moreover, functional validation of these results is also needed. This is especially significant, as doubling or halving the amount of methylation with such a low baseline is unlikely to have a major impact on the pathophysiology of the disease.

Other epigenetic mechanisms, i.e., small RNAs or histone modification, could also be relevant in the dysregulation of the expression of some genes important in the pathogenesis of Parkinson's disease. For example, miR-7 [54] and miR-153 [55] repress α -synuclein expression, and miR-205 expression is down regulated in sporadic PD patients with enhanced LRRK2 expression [56]. In addition, it has been reported that the expression of some miRNAs is altered in *in vivo* PD models [57,58] and in PD

patients [59]. On the other hand, it has also been observed that α -synuclein associates with histones and inhibits their acetylation [60]. Therefore, histone deacetylase (HDAC) inhibitors are the most recent emerging therapeutic targets in the treatment of PD. It has been demonstrated in cellular and animal models that the neurotoxicity of α -synuclein in the nucleus could be rescued by their administration [61,62]. Thus, it is important to study the epigenetic regulation of PD genes in order to obtain a clearer picture of the etiology of this disorder.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4409/7/10/150/s1>, Figure S1: Schematic representation of the regions of interest in SNCA (A, B), LRRK2 (C, D), PRKN (E, F), PINK1 (G, H) and DJ-1 (I, J), Figure S2: Results for all three assays in SNCA in the parietal and occipital cortices and Substantia nigra from PD patients and controls, Figure S3: Results for the two assays in LRRK2 in the parietal and occipital cortices and Substantia nigra from PD patients and controls, Figure S4: Results for the two assays in PRKN in the parietal and occipital cortices and Substantia nigra from PD patients and controls, Figure S5: Results for the assay in PINK1 in the parietal and occipital cortices and Substantia nigra from PD patients and controls, Figure S6: Results for the two assays in DJ-1 in the parietal and occipital cortices and Substantia nigra from PD patients and controls, Table S1. Description of the parameters used for the epigenetic analysis of DNA methylation levels by pyrosequencing, Table S2. Characteristics of the CpG islands predicted by the software employed in this work.

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Review

Molecular Imaging of the Dopamine Transporter

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Abstract: Dopamine transporter (DAT) single-photon emission tomography (SPECT) with ⁽¹²³⁾Ioflupane is a widely used diagnostic tool for patients with suspected parkinsonian syndromes, as it assists with differentiating between Parkinson's disease (PD) or atypical parkinsonisms and conditions without a presynaptic dopaminergic deficit such as essential tremor, vascular and drug-induced parkinsonisms. Recent evidence supports its utility as in vivo proof of degenerative parkinsonisms, and DAT imaging has been proposed as a potential surrogate marker for dopaminergic nigrostriatal neurons. However, the interpretation of DAT-SPECT imaging may be challenged by several factors including the loss of DAT receptor density with age and the effect of certain drugs on dopamine uptake. Furthermore, a clear, direct relationship between nigral loss and DAT decrease has been controversial so far. Striatal DAT uptake could reflect nigral neuronal loss once the loss exceeds 50%. Indeed, reduction of DAT binding seems to be already present in the prodromal stage of PD, suggesting both an early synaptic dysfunction and the activation of compensatory changes to delay the onset of symptoms. Despite a weak correlation with PD severity and progression, quantitative measurements of DAT binding at baseline could be used to predict the emergence of late-disease motor fluctuations and dyskinesias. This review addresses the possibilities and limitations of DAT-SPECT in PD and, focusing specifically on regulatory changes of DAT in surviving DA neurons, we investigate its role in diagnosis and its prognostic value for motor complications as disease progresses.

Keywords: [123I]FP-CIT-SPECT; DAT; nigral cells; Parkinson's disease; parkinsonisms

1. Dopamine Transporter Imaging: Role in Diagnosis

Parkinson's disease (PD) is a progressive neurodegenerative disease characterized primarily by the selective degeneration of dopaminergic neurons in the pars compacta of the substantia nigra (SN). Intraneuronal inclusions composed of aggregates of α -synuclein (α -syn), called Lewy bodies (LBs), are the other neuropathological hallmark [1]. Loss of the nigral neurons, first the lateral tier followed by the medial region, is extensive and characteristic for PD, and it leads to substantial reduction of the presynaptic dopamine transporter (DAT) [2]. DAT is a transmembrane sodium chloride dependent protein expressed only in presynaptic dopaminergic cells. DAT is responsible for reuptake of dopamine (DA) from the synaptic cleft, and it is critical in the spatial and temporal buffering of released DA levels [3]. DAT also has a role in the regulation of quantal DA release at endplates by influencing the DA storage in the synaptic vesicles and the mobility of vesicle pools for release [4,5]. In PD, a lower membrane DAT expression on presynaptic terminals may possibly reflect striatal dopamine terminal loss and is in direct proportion to the magnitude of the depletion of nigral cells. The DAT ligands for single-photon emission tomography (SPECT) have all shown significantly reduced striatal uptake in PD. Abnormal uptake progresses from putamen to caudate and matches, contralaterally, the clinically more affected side, which correlates well with disease severity and duration [6], as well as with both rigidity and bradykinesia, but not with tremor severity [7,8]. ^[123]I-FP-CIT (⁽¹²³⁾I-ioflupane) is one of the most used radiotracers for single-photon emission computed tomography (SPECT) imaging of DAT. Indeed, this ^[123]I-labelled cocaine analogue shows high

specificity for the DAT and has fast kinetics, which allows it to be adequately imaged in clinical practice [9]. Other dopamine transporter ligands that examine dopaminergic systems in vivo include [^{99m}Tc]TRODAT [10], [¹²³I] β-CIT [11], and [¹²³I]IPT [12], and the differences among these tracers are mainly in their kinetic properties [13]. Dopamine transporter single-photon emission computed tomography (DAT-SPECT) allows us to evaluate the integrity of the nigrostriatal pathway in vivo, providing the promise of an objective and quantitative biomarker of neuronal degeneration in PD [14]. It is a valuable diagnostic tool to help differentiate essential tremor (ET) from tremor due to parkinsonian syndromes, and it is valuable for a differential diagnosis of degenerative parkinsonisms compared to vascular and drug-induced parkinsonisms [15] (Figure 1). However, the diagnosis of vascular as well as drug-induced parkinsonism might be misleading since evidence of vascular, even strategic, lesions or a positive history of long-term exposure to antidopaminergic drugs does not automatically rule out a concomitant disturbance of the nigrostriatal dopaminergic pathway. Thus, if DAT imaging in pure vascular parkinsonism is typically normal [16], other reports have described an involvement of the nigrostriatal system in patients with parkinsonism and brain vascular lesions [17–19]. Similarly, DAT imaging is likely to be normal in pure drug-induced parkinsonism caused by the D2-receptor blockade [20], but involvement of the nigrostriatal system is possible in up to 50% of patients with parkinsonism and with a long-term exposure to antidopaminergic drugs [21,22]. Furthermore, DAT imaging can reveal nigrostriatal impairment, even in isolated/atypical tremors, in which an abnormal SPECT can even predict clinical conversion to a fully blown parkinsonism [23–26]. All this evidence supports the conclusion that DAT imaging is the most reliable proof of degenerative parkinsonism, and, accordingly, a normal DATSCAN has been incorporated in the new Movement Disorders Society (MDS) criteria as exclusion criteria for PD [27]. In this respect, cases of parkinsonism without evidence of dopaminergic deficit (so-called scans without evidence for dopaminergic deficit, SWEDD) are not to be considered PD [28], and the term SWEDD should be abandoned, although some data support the notion that an initial, normal DAT-SPECT cannot always exclude early degenerative parkinsonism, suggesting that such patients should be monitored over time [29–31]. To complicate matters further, in some degenerative parkinsonisms, such as corticobasal degeneration (CBD) [32] and dementia with Lewy body (DLB) [33,34], in which nigrostriatal dopaminergic dysfunction is usually present, initial DAT-SCANS can be normal, and patients may develop later alterations of DAT imaging in the course of the disease [34–38] (Figure 1).

Some attempts have been performed to use DAT-SCAN for a differential diagnosis between PD and atypical parkinsonisms, such as an evaluation of the asymmetric index and the caudate/putamen ratio, with no significant success in clinical practice [39–41]. In visual assessments, a burst striatum pattern was reportedly more common in patients with a clinical diagnosis of atypical parkinsonism, whereas an egg-shaped pattern, which is typical of putaminal degeneration, was reportedly more indicative for PD [42,43]. However, no usefulness on an individual basis has so far been reported in distinguishing PD from atypical parkinsonisms because in pathologically proven atypical parkinsonisms and PD, the DAT-SPECT patterns greatly overlap each other [44].

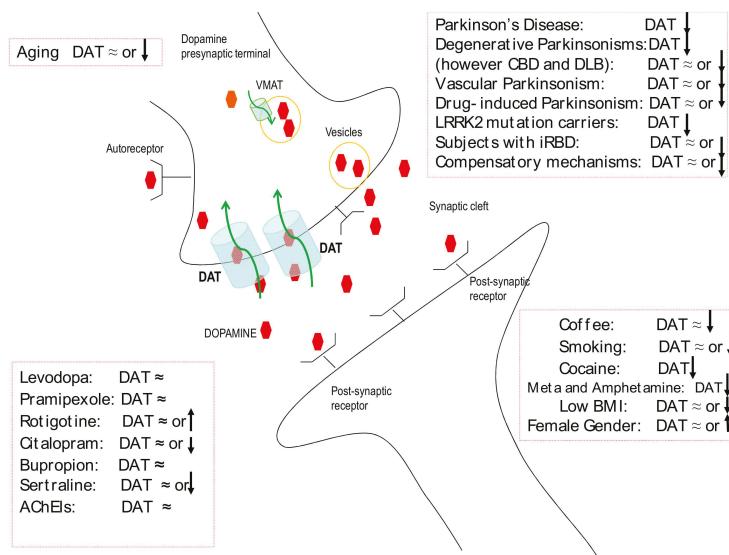


Figure 1. Schematic representation of a dopamine synapse with the dopamine transporter (DAT) and its interference by both external and disease-related factors. (AChEIs: acetylcholinesterase inhibitors; BMI: body mass index; iRBD: idiopathic REM sleep behavior disorder; LRRK2: leucine-rich repeat kinase 2; and VMAT: vesicular monoamine transporter).

2. Dopamine Transporter Imaging: Drug and Habit Interferences

DAT activity is under the control of different presynaptic proteins, including DA autoreceptors, that can promote both trafficking and the availability of the transporter at the plasma membrane [45] (Figure 1). In animal studies, DAT expression can be interfered by dopaminergic drugs. In rats and monkeys in particular, levodopa can induce an increase of DAT [46–48]. However, a decrease of DAT in rats has also been reported with levodopa [49]. Previous studies using DAT radioligands have demonstrated that levodopa appears to have no significant effect on its striatal uptake [50,51]. Similarly, dopamine agonists in standard dosages do not markedly affect the DAT binding capacity independently on the pharmacological profile [52,53]. Current data suggest that D2 autoreceptors induce recruitment of DAT to the membrane, facilitate DA uptake, and DA D2 agonists up-regulate DAT functions in vitro [54]. Recently, the effects of prolonged treatment with DA D3 agonists on DAT have been reported, and they indicated significant underexpression of DAT and the reduction of DA reuptake by dopaminergic neurons [55]. Because of this potential dual effect on D2 or D3 autoreceptors, a trial with pramipexole, a DA agonist, found its use to be ineffective on DAT at the doses usually employed in clinical practice [51]. Instead, the effect of DA D1 agonists on DAT is not entirely known; however, the inhibition of DAT by SKF-83566, a D1 receptor antagonist, has been well documented [56]. After short-term exposure to rotigotine, which has great affinity for D1 and D2 receptors, a mild DAT striatal up-regulation has been recently reported [57]. Based on these findings, PD patients are currently submitted to SPECT studies without the need to withdraw dopaminergic drugs [58].

Selective serotonin reuptake inhibitors (SSRIs) are the mainstay treatment for major depressive disorder, and their effect on DAT is not fully understood yet (Figure 1). Citalopram has been reported to significantly decrease DAT availability, whereas bupropion has no effect [59]. No changes in striatal DAT with different SSRIs have been recently reported [60]. However, some concerns still persist regarding sertraline and citalopram, which in clinical use are preferentially withdrawn before DAT imaging studies. Cholinesterase inhibitors, drugs used for dementia in Lewy body disease and PD with dementia, did not significantly influence DAT expression in a clinical study [61]. Coffee may

interfere with dopaminergic transmission, and this action would possibly enhance motor activity and exert an antidyskinetic effect in PD. Nevertheless, in a recent study, chronic coffee consumption was not associated with any significant change in DAT expression [62]. Conversely, cigarette smoking was associated with striatal DAT reduction in PD smokers, as already reported in non-PD smokers [63,64]. However, results of a recent meta-analysis on nicotine did not show any significant effects between smokers and nonsmokers on DAT availability, whereas significant downregulation was reported for most studies investigating the effect of stimulant drugs on DAT such as cocaine, methamphetamine, and amphetamine [65] (Figure 1).

3. Dopamine Transporter Imaging: Relationship with Nigral Cell Counts

The density of DAT on presynaptic terminals is considered a surrogate marker for dopaminergic nigral cell counts and vitality, but a clear, direct relationship between nigral loss and DAT decrease has, so far, been controversial. Reduced DAT striatal availability parallels loss of striatal DA and loss of nigrostriatal fibers in monkeys chronically treated with 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) [66]. Recently, in a cohort of autopsy-confirmed neurodegenerative disease cases, researchers investigated whether changes in DAT images reflected loss of DAT, because of cell death or neurodegenerative pathology, by examining the influence of nigral neuronal loss as well as nigral (α -syn, tau) and striatal (α -syn, tau, amyloid- β) pathology on striatal uptake in 4 cases of Alzheimer's disease (AD), 7 cases of dementia with Lewy bodies (DLB), and 12 Parkinson's disease dementia (PDD) cases. Subjects underwent antemortem dopaminergic scanning and postmortem assessments (mean interval 3.7 years). In all striatal regions, tracer uptake was associated with nigral dopaminergic neuronal density but not α -syn, tau, or amyloid- β burden [67]. In another paper, postmortem SN cell counts in patients (PD, DLB, AD, multiple system atrophy, and CBD) who had previously undergone DAT-SPECT were correlated with striatal DAT values. They found a high correlation between striatal uptake binding and postmortem SN cell counts, confirming the validity of DAT imaging as an excellent in vivo marker of nigrostriatal dopaminergic degeneration [68]. In contrast, in nonhuman primates with experimental parkinsonism, striatal uptake of the DAT ligand did not faithfully reflect nigral cell counts throughout the full range of neuronal loss, with a flooring effect once nigral loss exceeded 50% [69]. To support this finding, in a recent study in which nigral neuron numbers were calculated for 18 patients (11 patients had neuropathologically confirmed PD) who had been examined with DAT-SPECT before death, postmortem SN-pars compacta (SNC) neuron counts were not associated with striatal DAT binding in PD. These results fit with the theory that there is no correlation between the number of SN neurons and striatal DA after a certain level of damage has occurred. Striatal DAT binding in PD may reflect axonal dysfunction or DAT expression rather than the number of viable neurons [70]. It should be considered that in these studies there is a possible bias represented by the time interval between the in vivo scan and the postmortem examination (3.5 years in the group with the shorter interval). A possible approach to overcome this limitation might be to correlate in vivo dopaminergic, neuromelanin-rich neurons in SN measured by magnetic resonance imaging (MRI) with DAT ligand striatal uptake. MRI measures of neuromelanin (both area and signal intensity) show decreased levels in the region corresponding to SNC in PD patients, with respect to healthy controls [71–78], and patients with ET [79] that paralleled disease severity and duration [80,81]. Moreover, a good correlation exists between signal intensity in neuromelanin-sensitive MRIs and the density of neuromelanin-containing neurons in the SNC [82,83]. Interestingly, a good correlation between neuromelanin-sensitive MRI SN measures and striatal DAT-SPECT values has been recently demonstrated [84,85].

Direct visualization of the SN is one of the unmet needs in neuroimaging of parkinsonisms, with controversial results obtained from the various attempted approaches [86]. By using susceptibility-weighted imaging (SWI) at 7T and even at 3T MRI, the loss of the hyperintense laminar or ovoid-shaped areas present in SN of healthy controls [87,88], identified as nigrosome-1, has been proposed as a morphological marker of nigral depletion in both PD and atypical parkinsonisms, with no significant difference on an individual basis [89].

These observations could also have implications in the potential detection of the premotor phase of PD in order to evaluate at-risk subjects. In this respect, carriers of dominant PD genes, such as leucine-rich repeat kinase 2 (LRRK2) mutations, or subjects with REM sleep behavior disorder (RBD) are ideal candidates to evaluate the detection of preclinical/premotor PD by means of nuclear medicine or MRI. The potential role of DAT imaging has been demonstrated [90–93], whereas data on SWI–MRI are only sparse. In a study of a family with three LRRK2 mutation carriers, the DAT-SPECT was abnormal for all family members, whereas the MRI signal in the SN was abnormal only in the unaffected mother and in the affected daughter, and it was normal in the unaffected son [94]. Moreover, in a series of 15 RBD subjects studied by 3T MRI, an alteration of nigrosome-1 was reported in two-thirds of them [95].

Emerging interest has pointed towards the mutual relationship between SN MRI anatomical changes and the assessment of dopaminergic nigrostriatal functions, as assessed by DAT imaging. A good agreement between SN-MRI abnormalities and [¹²³I]FP-CIT-SPECT has been reported [96]. However, preservation of nigrosome-1 was reported in few patients with PD and degeneration of the nigrostriatal pathway. The disagreement between MRI and SPECT was also observed in patients with CBD [97], in a carrier of the LRRK2 mutation [94], and in one patient with RBD [98]. By assuming DAT-SPECT is a surrogate marker of degenerative parkinsonisms, such data could be interpreted as the effect of some inaccuracies of SWI–MRI, but some considerations could also be raised. If iron is assumed to be responsible for SN abnormality in SWI–MRI, it should be noted that iron is not invariably associated with degeneration. The two methods explore nigral neurons at different levels, and DAT-SPECT could overestimate degeneration because of early DAT down-regulation [99], or, alternatively, it might reflect synaptic degeneration prior to neuronal death [100].

At the molecular level, loss of dopaminergic axonal terminals seems to precede SN cell body loss [101]. Specific deregulated pathways linked to axonal degeneration have been found to occur prior to the onset of α -syn pathology in the SN of early PD subjects [102]. Neurodegeneration in PD might begin at the nerve terminal, and neuronal death may result from a “dying back” process [103]. Indeed, α -syn is a natively unfolded presynaptic protein involved in synaptic transmission and synaptic vesicle retrieval, and accumulation of misfolded fibrillar α -syn has been coupled with the severity of neurodegeneration [104]. Thus, the role of axonal destabilization as the putative mechanism that primarily causes neurotoxicity in PD has advanced. Notably, a decrease of DAT not only occurs early in the disease process, but it is greatest in the early stages of PD than in subsequent years, disappearing by year four of diagnosis [105]. In consonance with this, nigral cell loss appears to be profound and substantial soon after diagnosis, and it becomes modest to negligible for decades thereafter, suggesting a nonlinear reduction in tracer binding as well as in the rate of dopaminergic cell loss over the course of the illness [106]. Neuropathological studies in human brain samples, and both *in vivo* and *in vitro* models, support the hypothesis that nigrostriatal synapses may be affected at the earliest stages of the neurodegenerative process. Mechanisms leading to either structural or functional synaptic dysfunction are starting to be elucidated, and they include dysregulation of axonal transport, impairment of the exocytosis and endocytosis machinery, altered intracellular trafficking, and loss of corticostriatal synaptic plasticity. Recent data support the view that, in PD, early synaptic dysfunction is directly caused by α -syn oligomers through different and multiple mechanisms [107]. Although α -syn is expressed throughout the brain, DA neurons are the most vulnerable in PD, likely because α -syn directly regulates DA levels as a negative modulator by inhibiting enzymes responsible for its synthesis and by interacting with and reducing the activity of vesicular monoamine transporter 2 (VMAT2) and DAT [108].

4. Dopamine Transporter Imaging: A Window of Compensatory Mechanisms

Neuronal loss in the SN, with or without LBs, occurs with normal aging in a spectrum that spans from age-associated brain changes to structural alterations of neurodegenerative diseases like PD [109]. In general, there is abundant evidence in support of the association between aging and PD: the incidence and prevalence of PD strongly increase with age, and aging is the predominant

risk factor [110]. PD affects 3–4% of individuals over the age of 65 years and reaches a prevalence of 4% in the highest age groups [111]. Furthermore, age at onset of PD significantly affects the phenotype and accelerated progression of disease, especially in the early–middle phase [112]. However, although there is a marked age-related decline in DA levels (about 7% per decade), aging alone cannot lead to the critical level of cell loss necessary for parkinsonian signs to emerge (estimated as approximately 80% striatal dopamine depletion). Moreover, the patterns of striatal dopamine loss in PD and normal aging are different, affecting mostly the ventrolateral segment of the SN in patients with PD [113]. Similarly, age-related striatal DAT decline does not seem to be exaggerated or accelerated in PD [114], even though activation of regulatory and compensatory mechanisms directed at maintaining DA uptake, superimposed upon disease-related DA terminal loss, may have masked significant age correlations [115,116] (Figure 1). As a consequence of this, currently PD is not merely considered the result of an accelerated aging process, even though the effects of aging on dopaminergic neurotransmission in the striatum might be consistent with a pre-PD state [117].

Similarly, Lewy pathology has been found at autopsy in the brains of elderly individuals without clinical PD in association with intermediate SN neuron loss between PD cases and controls, supporting the concept that subjects with incidental LB pathology represent preclinical PD [118]. Indeed, LB pathology and a nigrostriatal dopaminergic deficit are thought to antedate the clinical diagnosis by several years [119]. Furthermore, nigrostriatal dysfunction can also be detected in clinically unaffected members of kindred with familial PD [120]. In addition, reduction of DAT binding has been reported in subjects with a high genetic risk of PD, suggesting that nigrostriatal dopaminergic dysfunction may be considered a subclinical manifestation of the disease [121,122]. The SN is neither the earliest nor the most severely affected region, and PD-related lesions are seen in the lower brainstem and in olfactory bulb/anterior olfactory nucleus prior to involvement of the SN [123]. Nevertheless, once the involvement of the SN occurs, it still takes time before full parkinsonism can be diagnosed. Indeed, the cardinal motor signs of PD (bradykinesia, rigidity, and resting tremor), which are attributed mostly to dopaminergic cell loss, emerge when there is already a loss of approximately 30% of SN neurons and 50% to 70% of dopaminergic markers in the striatum [124].

Redundancy in basal ganglia functions and mechanisms of functional compensation could serve to delay the clinical onset of PD motor signs during early stages. From this point of view, a late appearance of parkinsonian symptoms would be due to failure of compensatory mechanisms to maintain dopaminergic control over striatal cell function [125]. It is possible that compensatory processes within and outside the basal ganglia, which may be particularly relevant in the early presymptomatic phase of PD, could interfere with the detection of functional impairments for a given period of time [126]. Indeed, regulatory changes that may occur to partially compensate for the loss of dopaminergic terminals include downregulation of the DAT to increase dopaminergic activity and maintain the basal ganglia output within normal limits. Thus, although DAT-SPECT imaging is able to detect reduction of DAT density in patients with PD, we cannot exclude that possible compensatory DAT downregulation at baseline may cause its underestimation and give more severe estimates of DA dysfunction [99]. However, the relevance of DAT downregulation to functional compensation in the preclinical phase is not clear, and it does not appear to reduce sensitivity of the SPECT technique [127].

More recently, adaptive changes in other neural structures than the nigrostriatal pathway, such as the subthalamic nucleus and the globus pallidus pars internalis, have been invoked to play a central role in the compensatory mechanisms that sustain dopaminergic functions in the early phases of PD [128]. It is probable that different mechanisms are likely to come into play at different stages of disease progression [129], and a better recognition of the key mechanisms underlying long-term compensation could lead to the development of therapeutic strategies that aim to further delay the clinical onset of PD [130]. Additionally, these compensatory early events could have long-term, deleterious effects on basal ganglia function and determine the response to drug treatment and the development of motor complications in PD. In particular, it is conceivable that the same mechanisms, which seem to be

involved in delaying the onset of clinical symptoms in early disease, may have a different effect in more advanced disease when DA storage capacity and DA availability are further impaired.

Indeed, presynaptic and postsynaptic mechanisms have also been observed to persist in more advanced stages of the disease and have been predicted to promote the development of motor complications as the disease progresses [131]. Specifically, evidence suggests that increased dopamine turnover plays a major role in the pathogenesis of motor fluctuations and dyskinesias [132–134]. Functional downregulation of DAT expression has been related to an increased DA turnover and DA release, even accounting for the degree of denervation, contributing to oscillations in synaptic DA levels. Additionally, DA turnover increases after the initiation of levodopa treatment in early PD [135]. This is in keeping with motor complications arising from chronic pulsatile stimulation of DA receptors with levodopa treatment [136]. Such models could explain why patients with dyskinesias tend to express relatively lower levels of DAT per surviving nigrostriatal dopaminergic nerve terminal [137].

Several longitudinal observations indicate that the magnitude of DAT binding in early PD, especially in the posterior putamen, could be predictive for the development of dyskinesias [138] and motor complications in later disease [139]. Of note is that reinstating even a small amount of DAT expression in rats, by grafting cells that express DAT into the striatum of dyskinetic rats, might significantly ameliorate dyskinesias [140]. Furthermore, a recent study demonstrated that the initially low posterior putaminal DAT activity is closely coupled not only with dyskinesia development but also with the timing of levodopa-induced dyskinesia onset in patients with de novo PD [141]. Interestingly, an antero-posterior gradient of dopamine denervation in the putamen, most pronounced in the postero-dorsal area, is maintained throughout the course of Parkinson's disease, but it is more prominent in early disease [142]. Consistently, baseline DA turnover showed a similar regional pattern with elevated DA turnover in the putamen and further accentuation in its posterior part [139]. In contrast, the lower levels of DAT activity in the anterior putamen of de novo PD patients has been reported to be a significant predictor for future development of motor fluctuations [143]. It remains difficult to explain the underlying pathomechanisms for this regional difference between fluctuations and dyskinesias.

If the loss of DA storage due to presynaptic dopamine neuronal degeneration is preferentially associated with the development of motor fluctuations, dopamine neurons in the anterior putamen could have a greater role in storing DA [143]. However, overall, other functional neuroimaging results have been inconsistent, and the relationship between DAT binding and the emergence of late motor complications of PD remains unclear [144,145]. In particular, postsynaptic changes and the influence of neurotransmitters other than dopamine seem to be involved in their development [146].

Similarly, the relationship between DAT binding and PD progression remains unclear. Bearing in mind that reduced DAT expression might indicate neuronal and axonal dysfunction without alterations in dopaminergic neuronal counts, several authors investigated whether the baseline dopaminergic striatal uptake could predict the development of clinically important long-term motor and nonmotor outcomes. Ravina and colleagues reported that lower [¹²³I]-b-CIT SPECT at baseline is independently associated with motor-related disability as well as with nonmotor features such as cognitive impairment, psychosis, and depression [147]. Accordingly, in other individual studies, patients with a more severe reduction of striatal DAT uptake had higher incidence of anxiety [148], visual hallucinations [149], apathy [150], freezing of gait [151], and urinary symptoms [152]. However, imaging markers were not incorporated in the useful predictive model of PD motor progression constructed by Latourelle and colleagues because of their demonstrated scant prognostic utility [153].

The emergence of new DAT tracers promises to result in the development of powerful markers for PD. Furthermore, it is noteworthy to mention that SPECT imaging is limited by poor spatial and temporal resolution and has a worse quantitative capacity than PET. Recently, Li et al. identified ¹¹C-PE2, a highly specific DAT radioligand suitable for PET imaging, as a potential alternative surrogate biomarker for studies of PD progression for its ability to track changes in motor performance over time in 33 PD subjects [154]. Overall, findings about the prognostic implications of abnormal DAT imaging

in early PD are discordant. Moreover, following PD progression with DAT imaging can be confounded by dopaminergic and other medications. In addition to aging, in terms of clinical confounding factors that determine the initial striatal DAT activity, gender [116] and body mass index [155] have also been suggested to have differential effects in the striatal binding of [123I]FP-CIT.

5. Conclusions

DAT Imaging is a reliable tool for investigating the presynaptic dopaminergic nigrostriatal pathway, and it is useful in clinical practice as proof of degenerative parkinsonisms. However, there are several findings that DAT expression is not merely related to the vitality of the nigral neurons, since synapse involvement could antedate nigral cellular degeneration and DAT density could be modulated as a compensatory mechanism in preclinical/early PD. All of these points, along with several potential external interferences, make DAT imaging a less reliable marker of disease progression.

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Review

G_BA, Gaucher Disease, and Parkinson's Disease: From Genetic to Clinic to New Therapeutic Approaches

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Abstract: Parkinson's disease (PD) is the second most common degenerative disorder. Although the disease was described more than 200 years ago, its pathogenetic mechanisms have not yet been fully described. In recent years, the discovery of the association between mutations of the *GBA* gene (encoding for the lysosomal enzyme glucocerebrosidase) and PD facilitated a better understanding of this disorder. *GBA* mutations are the most common genetic risk factor of the disease. However, mutations of this gene can be found in different phenotypes, such as Gaucher's disease (GD), PD, dementia with Lewy bodies (DLB) and rapid eye movements (REM) sleep behavior disorders (RBDs). Understanding the pathogenic role of this mutation and its different manifestations is crucial for geneticists and scientists to guide their research and to select proper cohorts of patients. Moreover, knowing the implications of the *GBA* mutation in the context of PD and the other associated phenotypes is also important for clinicians to properly counsel their patients and to implement their care. With the present review we aim to describe the genetic, clinical, and therapeutic features related to the mutation of the *GBA* gene.

Keywords: glucocerebrosidase; Parkinson's disease; Gaucher's disease; Lewy Body Dementia; REM sleep behavior disorders

1. Introduction

GBA is a gene located on chromosome 1 (1q21) encoding for the glucocerebrosidase (GCase), a lysosomal enzyme involved in the metabolism of glucosylceramide. The mutation of this gene has been classically associated with Gaucher's disease, a systemic disorder with a variable degree of involvement of the central nervous system. Surprisingly, about 14 years ago it was observed that mutations in this same gene were associated with an increased incidence of Parkinson's disease (PD), in both Gaucher's patients as well as asymptomatic carriers [1–4]. PD is the second most common neurodegenerative disorder, affecting 2–3% of the world population over the age of 65 [5]. It is caused by the progressive loss of dopaminergic neurons in the substantia nigra. Classically it presents with a combination of bradykinesia, rigidity, resting tremor, and postural instability. However, a list of non-motor features, such as hyposmia, constipation, urinary symptoms, orthostatic hypotension, anxiety, depression, impaired sleep, and cognitive impairment can present as well in various degrees [5]. Since the first observations of *GBA* and PD, their association has been extensively explored. Different hypotheses have been formulated to explain the causative role of this mutation in PD [6]. First of all, GCase is part of the endolysosomal pathway, which seems to be particularly crucial in the pathogenesis

of PD. Indeed, many different monogenic familial forms of PD are caused by genes involved in this pathway [7]. Moreover, mutated GCase is not able to fold properly and thus can accumulate in different cellular compartments of the dopaminergic neurons, causing a cell stress response that can be deleterious of the cells. In addition, impaired GCase activity seems to cause an accumulation of alpha-synuclein (for a comprehensive review see [8]).

Today we know that *GBA* mutations are the major genetic risk factor for PD. Impaired GCase activity has been identified also in idiopathic cases of PD patients who did not carry a mutation in the gene, suggesting a central role of this enzyme in the pathogenesis of the disease [9,10].

In the present review, we aim to summarize the genetic changes and the characteristic features associated with the mutations of this gene, spanning from Gaucher's disease to PD and the other described phenotypes. This will aid in a better understanding of the pathogenic role of this mutation. The identification of these phenotypes will allow for clinicians to offer more appropriate counseling to the patients and their families.

2. Pathogenetic Mutations of the *GBA* Gene

2.1. *GBA* Mutation and Gaucher's Disease (GD)

Gaucher's disease (GD) is a systemic disorder that can present with a various degree of systemic and neurological manifestations. According to the severity of the disease and the neurological involvement, three different types of GD have been identified. GD type 1 has been classically considered only a systemic disorder, with no neurological involvement whatsoever. Anemia, leukopenia, thrombocytopenia with frequent bleeding, osteopenia with bone pain, easy fractures, Erlenmeyer flask deformity, as well as hepatosplenomegaly, failure to grow, and puberty delay can be presenting features of this disease [11–14]. Monoclonal gammopathy has been reported as well [15]. The disease can manifest early in childhood but it may remain undiagnosed until adulthood when the phenotype is mild. The pathological hallmarks of the disease are the so-called Gaucher cells, macrophages engorged with aberrant lysosomes as a consequence of the GCase-impaired activity. Symptoms are caused by the infiltration of these cells in the reticuloendothelial system of the affected organs [16]. In recent years, the natural history of GD type 1 has dramatically changed since the introduction of target treatments, such as enzyme replacement therapy (ERT) (human recombinant enzyme to be administered intravenously every other week) and oral substrate reduction therapy (SRT) [17]. Treatments with these two approaches are able to address the majority of the systemic symptoms associated with GD type 1 and those in GD type 3. So far, SRT has been approved only for subjects over the age of 18 years. However, in the adult population it represents an important alternative first line treatment. Unfortunately, these therapies are not able to cross the blood-brain barrier and therefore they are not suitable for the treatment of the neurological complications associated with GD type 2 and 3. The two latest forms are also referred to as the acute (type 2) and chronic (type 3) neuronopathic form. Patients affected with GD type 2 start manifesting severe symptoms very early, usually within the first six months of life. They usually present a combination of severe neurological manifestations, with brainstem involvement (i.e., eye movement abnormalities, spasticity, hypotonia) and seizure, as well as life-threatening systemic symptoms, such as respiratory distress and aspiration pneumonia [18,19]. Skin manifestations, like ichthyosis or collodion abnormalities, as well as hydrops fetalis, can be present. Prognosis is very poor and death usually occurs before the age of four [20]. GD type 3 (chronic neuronopathic form) has been further classified as GD type 3a,b,c. GD type 3a presents a milder visceral phenotype, but can be associated with severe and life-threatening myoclonic seizures. GD type 3b, instead, is characterized by a more prominent visceral involvement [21]. Interestingly, one of the features that have been used to try to discriminate between patients with GD type 1 and the milder neuropathic form GD type 3 is the assessment of the eye movements. Indeed, patients with GD type 3, especially type b, present with characteristic eye movement abnormalities. In particular they show loss of horizontal before vertical gaze palsy and slowing of the saccades, suggesting involvement of the

brainstem. GD type 3c, instead, is the only subtype of the disease presenting with cardiac mitral and aortic calcification and poor prognosis [21]. A particular cluster of patients with GD type 3 has been identified among the Swedish population. This is also referred as Norrbottian form, because of its geographical distribution. It is associated with the c.1448T > G mutation and it presents with an early and severe splenomegaly and a combination in the first or second decade of ataxia, spastic paresis, horizontal supranuclear gaze palsy, kyphoscoliosis and other orthopedic abnormalities, cognitive impairment, and seizures [22].

Those different phenotypes are associated with discrete genetic mutations, as detailed below.

Different Pathogenic Mutations of GBA Associated with Gaucher's Disease (GD) Subtypes

More than 300 variants of the GBA gene have been associated with Gaucher's disease [23]. GD is an autosomal recessive disorder. In order for the disease to manifest, patients need to carry a pathogenic mutation on both alleles of the GBA gene, either in a homozygous or compound heterozygous fashion. Point mutations, insertion, deletion, missense mutations, splice junctions, and concomitant multiple mutations have been reported [24]. The different variants can be more represented in particular ethnic groups as well as in particular phenotypes. The c.1226A < G (N370S; or N409S according to the new nomenclature) mutation is the most common one among Ashkenazi Jew (AJ) patients, followed by the c.84dupG (84GG) mutation, which is more rare. The c.115 + 1G > A (IVS2 + 1), c.1504C > T (R463C), and c.1604G > A (R496H) are commonly found in AJ patients with GD type 1 [24]. On the contrary, the N370S mutation is rarely found among Chinese and Japanese patients [24] (Hruska et al., 2008). Among Asian ethnic groups, the c.1448T > C (L444P, or L483P according to the new nomenclature) and the c.754T > A (F252I), usually associated with GD type 2 and 3, are more prevalent, also explaining why among these populations the neuropathic forms of GD are more frequent [20]. c.1448T > C (L444P) is also the most frequent mutation among Caucasians with a non-Ashkenazi Jew ancestry [25] (Figure 1).

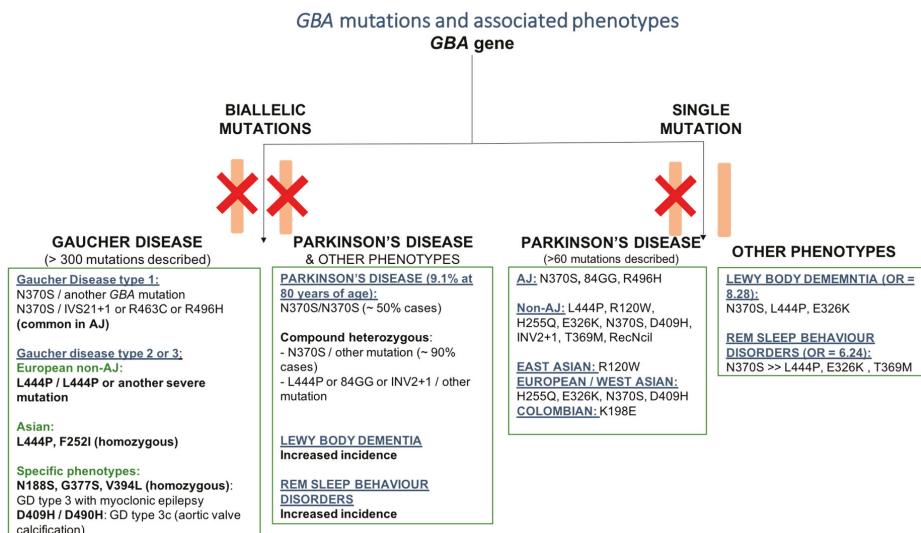


Figure 1. Schematic representation of the most common pathogenic mutations of the GBA genes and associated phenotypes. Phenotypes were grouped based on homozygous and heterozygous mutations, ancestry, and specific associated features.

Different mutations can lead to different phenotypes of GD. The c.1226A > G (N370S) mutation is associated only with Gaucher's disease type 1 and it seems to be protective for the development

of the neurological involvement characteristic of GD type 2 and 3. Indeed, patients who present the c.1226A > G (N370S) mutation on at least one allele of the *GBA* gene will manifest only GD type 1 [24]. Interestingly, subjects who are homozygous for the N370S variant can also remain asymptomatic for the disease. On the other hand, the c.1448T > C (L444P) mutation is usually associated with GD type 2 or 3, even when presenting in a compound heterozygous state [19]. Homozygous c.1448T > C (L444P) mutation [c.1448T > C]1[c.1448T > C] (L444P/L444P) with no recombinant alleles can be associated with very severe but also milder phenotypes [26]. The c.1342G > C (D409H) variant is responsible for GD type 3c which presents with characteristic cardiac valve calcifications [27]. c.680A > G (N188S), c.1246G > A (G377S), and c.1297G > T (V394L) are more likely to be associated with myoclonic epilepsy [28–30]. Despite previously reported observations, it is commonly found that members of the same family report variability in the manifestation of symptoms even with an identical genotype, suggesting that a genotype/phenotype correlation is tentative still. Other reported mutations are uniquely rare and oftentimes private among specific families. [12]. Hence, it is difficult to make generalizations about these mutations specific phenotypical profiles.

Another interesting mutation is the c.1093G > A (E326K), which caused a lot of debate in the literature [31]. Indeed, it is not clear whether this mutation is really pathogenic for GD, since it was found also in a significant number of asymptomatic carriers in homozygosity [32,33]. However, when associated with other *GBA* mutations on the same allele, it can cause severe impairment of the GCase activity [34,35]. Interestingly enough, the same mutation seems to be significantly associated with an increased risk of PD [33].

2.2. *GBA* Mutation and Parkinson's Disease (PD)

2.2.1. Pathogenic Mutations of *GBA* Associated with PD

More than a decade ago, the association between an increased risk of developing PD and the presence of *GBA* mutations was initially noticed in large Gaucher's disease clinics. The incidence of PD among GD patients and their relatives, which were supposedly carriers for the mutation, seemed to be higher than the general population. Initially, only single case reports were suggesting this association. Interestingly, PD was noticed in patients with GD type 1, which has always been considered the non-neuropathic form of the disease [36–41]. It was only when larger populations of PD patients were screened for mutations of this gene that the important role of *GBA* in the pathogenesis of PD was assessed worldwide.

So far, more than 50 population studies have screened the *GBA* gene among PD patients, covering a large number of ancestries (reviewed in [42,43]). Overall, these studies demonstrated that the incidence of *GBA* mutations is significantly higher among PD patients, compared to non-affected subjects. Compared to GD, a smaller number of *GBA* mutations have been reported in patients with PD (about 130 *GBA* mutations) [42]. However, in many of these studies, only the mutations that are most commonly associated with PD were screened. Therefore, less frequent variants still associated with the disease could go undetected. Among all, the c.1226A > G (N370S) and the c.1448T > C (L444P) mutations are the two most common mutations worldwide. Indeed, in some populations they account for the 70–80% of the total number of variants of *GBA* associated with PD [44]. Among subjects from eastern Europe with an AJ ancestry, the c.1226A > G (N370S) mutation is definitely the most frequent one among PD patients, as already reported for GD (Figure 1). Among the non-AJ European descendants, the c.1448T > C (L444P) mutation is more common. Interestingly, it has been reported that some mutations are able to increase the risk of PD only in the context of specific ancestry [42]. This is the case of the c.84dupG (84GG) and c.1604G > A (R496H) for AJ subjects, the c. 475 C > T (R120W) for East Asian populations, and the c.882T > G (H255Q), c.1093G > A (E326K), c.1342G > C (D409H), and c.1226A < G (N370S), which are only found in subjects of European or West Asian ancestry [42] (Figure 1). A recent study identified an increased incidence of the K198E variant (previously described in GD1 and GD2 patients) in a population of PD patients from Columbia compared to controls [43].

It seems that severe *GBA* mutations (as classified according to the subtype of GD that they are associated with), such as c.84dupG (84GG), c.115 + 1G > A (IVS2 + 1), c.1297G > T (V394L), c.1342G > C (D409H), c.1448T > C (L444P), and c.1263del + RecTL, are associated with a higher risk of causing PD compared to milder mutations, such as the N370S and c.84dupG (84GG) [45]. Moreover, severe mutations are associated with an earlier age of onset, as well as a more rapid progression and increased involvement of cognitive functions [45–47]. In one study, the motor and some of the non-motor symptoms (such as depression, REM sleep behavior disorders, and hyposmia) were significantly worse in PD patients carrying severe *GBA* mutations compared to subjects carrying mild mutations or with idiopathic PD [48].

Interestingly, *GBA* represents only a risk factor for PD. This means that not every carrier will develop the disease. The reason for the reduced penetrance of these mutations has not yet been fully elucidated. Based on large population studies, today we know that, among *GBA* carriers, about 9.1% will develop PD. Some reports suggest that the penetrance of PD in GD patient is 30% at 80 years, but this data needs to be confirmed by further studies [49]. Patients with a homozygous mutation of *GBA*, thus affected with Gaucher's disease, have a higher risk of developing PD and usually with an earlier age of onset of symptoms [48]. Having said that, it is worth noticing that the majority of subjects with GD will never develop PD, even in the case of severe mutations. It is still controversial whether PD in patients with GD presents with a more severe phenotype compared to *GBA* carriers. Carriers of the *GBA* mutation harbor an increased risk of developing PD by five times in heterozygous carriers and 10–20 times in homozygous carriers [50–53]. *GBA* mutations are present in about 2–30% of PD patients [54]. Carrier frequency can be very different across different ancestry. Among AJs, it goes from 10 to 31%, while in Norwegian's it is only 2.3% [54]. In patients of European non-AJ ancestry, it ranges from 2.9 to 12% [54].

In the last few years, there has been a great effort to try to clarify the pathogenic role of the *GBA* mutations in PD and many different hypotheses have been formulated, as reported above (for review see [8]). It is important to note that a growing amount of data is suggesting a failure of the endolysosomal and of the autophagic pathways in PD [55]. These scavenger systems are crucial for the degradation of alpha-synuclein, whose accumulation in the dopaminergic neurons is one of the hallmarks of PD. In the lysosome, GCase plays an important contribution for these processes and, in particular, in the interplay with alpha-synuclein [56]. Therefore, it is not totally surprising that a dysfunction of this enzyme is related to PD. How the different mutations of *GBA* that have been described in PD patients are able to affect the activity of the GCase has not been fully understood. We know that the GCase has three active domains. PD-associated mutations are found in distinctive domains of the protein. The c.1342G > C (D409H) and c.1297G > T (V394L) variants are located in domain I. The c.84dupG (84GG) mutation causes a frameshift that can induce aberrantly shorter or longer proteins that are non-functioning [23]. Other mutations, instead, are not found in the functional domains but do interfere with the final structure of the enzyme, thus making it more unstable or affecting its interaction with other proteins. The c.1226A > G (N370S) and c.1448T > C (L444P) mutations are, for example, located in the proximity of the binding site of the Saposin C, an activator of GCase [57]. More importantly, SapC competes with the binding of alpha-synuclein to GCase, which would cause the inhibition of the enzyme [58,59]. Interestingly, the c.1226A > G (N370S) mutation also seems to affect the ability of the GCase to modify the conformation of one of its loops, loop 3, according to changes in pH [60,61]. Conformational changes in response to the changes of the cellular environment are critical for the proper function of the protein. Despite our knowledge about the structural effects of the different mutations, the exact correlation between the localizations of pathogenetic variants of the gene and the degree of expression of PD has not yet been fully described.

It is also worth noting that *GBA* presents a pseudogene (*GBAP1*) that shares a very high degree of homology—96% sequence identity—located in the proximity of the original gene [62,63]. Therefore, genetic analysis will have to take this into account and should be performed in a specialized laboratory

in order to obtain reliable results. New technologies, such as the long-read sequencer, are on the horizon for even more in-depth identification of possible *GBA* mutations [64].

2.2.2. *GBA* Mutations and Parkinson's Disease Phenotype

PD patients carrying *GBA* mutations are not easily recognizable in most cases because they do not present exclusive features that would clearly distinguish them from patients with idiopathic PD (iPD). However, large population studies comparing carriers vs. non-carriers, mild vs. severe mutations, as well as heterozygous manifesting carriers vs. PD–GD patients, allowed the ability to define common traits in these subgroups of patients (for a comprehensive review see [8]). In particular, *GBA*–PD patients present an overall earlier age of onset compared to non-carriers. Disease manifests about 3–6 years earlier in heterozygous carriers, irrespectively of the severity of the mutation, and about 6–11 years earlier in subjects with homozygous mutations [45,46,48,54,65–70]. There are limited reports of *GBA* mutation carriers having an age of onset in the 20's. [31,54,71–73].

The progression of the disease has been characterized in many different studies by a more pronounced cognitive deficit in a significant percentage of these patients, with a risk of developing dementia up to three times higher compared to iPD, which is even more increased in patients with severe mutations [46,48,74]. Hallucinations and REM sleep behavior disorders (RBD) also are more common among *GBA* patients in a dose-dependent fashion, being more frequent in subjects with homozygous mutations and in patients carrying severe vs. milder mutations. However, other non-motor symptoms, such as depression and anxiety, constipation, urinary symptoms, orthostatic hypotension, and sexual dysfunctions are over-represented as well in *GBA* carriers compared to iPD, especially in the presence of severe mutations, but with no increased severity in GD patients [46,48,75,76]. An increased incidence of dysautonomic features has been suggested to be the main driver of the slightly reduced survival reported in these patients [77]. Motor complications, such as dysphagia, dysarthria, and freezing of gait, are more frequent as well in *GBA* carriers [46,67].

In patients with *GBA* mutations and PD, the rigid akinetic phenotype seems to be more common. Usually, these patients present a very good response to levodopa, although the progression of the motor symptoms can be slightly faster compared to iPD but without higher rates of motor fluctuations or dyskinesia. Therefore, no specific treatment approaches need to be considered for this subgroup of patients. Interestingly, a recent study evaluated the outcomes of treatment with deep brain stimulation (DBS) in a cohort of PD patients carrying *GBA* mutations [78]. After a follow up of 7.5 years on average, it was noticed that the het-*GBA* cohort presented similar outcomes compared to iPD in terms of motor symptoms, while cognitive impairment and non-motor symptoms were definitely more represented among carriers [78]. However, because of the beneficial effect on the motor symptoms, DBS should be considered as a suitable option for these patients.

2.2.3. *GBA* Mutations and Other Phenotypes

GBA mutations were identified also in cases of REM sleep behavior disorders (RBD) and in cases of dementia with Lewy bodies (DLB) [79].

GBA and Dementia with Lewy Bodies

A relatively low number of studies have been conducted to explore the incidence of the *GBA* mutation among patients affected with dementia with Lewy bodies (DLB), which was found to be even higher compared to the one in PD patients. In a cohort study of DLB patients, the frequency of *GBA* mutations was 7.49% with an odd ratio of 8.28 [79]. In another study in Spanish subjects, and in a number of autopic brain tissues from pathologically proven DLB patients, a *GBA* mutation was identified in 12–13% of the cases [80]. Recent genome-wide association studies (GWAS) also confirmed the significant association between *GBA* mutations and DLB (particularly the rs35749011 variant) [81]. Among *GBA* carriers, the risk of developing DLB is about three times greater than developing PD [82].

As well as in PD patients, *GBA* mutations are associated with an earlier age of onset in DLB cases compared to non-carriers (of approximately five years) and a higher disease severity score [79,80]. The association between *GBA* mutations and DLB was found to be higher among male subjects compared to female [80]. These observations were confirmed also in a following study in a cohort of patients with DLB and AJ ancestry [83]. *GBA* mutation carriers (about 11% of the entire cohort) presented more severe symptoms, particularly in terms of increased hallucinations, worse RBD symptoms, and overall cognitive and motor features [83].

A number of different mutations of the *GBA* gene have been reported in DLB patients. Other than the two mutations most frequently associated with PD (c.1226A > G (N370S) and c.1448T > C (L444P)), the E326K variant is over-represented in this cohort of patients compared to controls [79,80]. Interestingly, the c.1093G > A (E326K) mutation also is frequently found in patients with PD dementia (PDD) [84].

Neuropathological data does not significantly differ between DLB patients with and without a *GBA* mutation [79]. However, *GBA* carriers present a reduced GCase activity as well as a more pronounced alteration of lipid profiles in the brain [85]. *GBA* expression profiles have been shown to be reduced in DLB and PDD cases in both specific brain regions (temporal cortex and caudate nucleus respectively) and in the peripheral blood [86]. *GBA* mutations are more significantly associated with Lewy bodies (LB) pathology (especially with a cortical localization) than with Alzheimer's disease (AD) pathology (i.e., beta-amyloid and neurofibrillary tangles inclusions) [87].

GBA and REM Sleep Behavior Disorders

REM sleep behavior disorders (RBDs) are considered one of the prodromal symptoms of PD and patients affected by this disorder may present with alpha-synuclein accumulation in the brain [88]. According to a recent metaanalysis, patients affected with RBDs present an estimated risk of developing a neurodegenerative disorder up to 97% after more than 14 years of follow up [89]. The majority of the cases who present a phenoconversion will develop an alpha-synucleinopathy, represented by PD in the majority of the cases, but also Multiple System Atrophy (MSA), Dementia with Lewy Bodies (DLB), and PD with dementia [90]. In fact, subjects with RBD may present clinical symptoms fulfilling the criteria for prodromal PD in up to 74% of the cases, manifesting worse performances in both motor and non-motor assessments compared to non-affected subjects [91,92]. Notably, many of the studies in this field did not take into consideration the significance of a family history of a neurodegenerative disorder, therefore, it is probable that the percentage of patients that reported a neurodegenerative disease is misrepresented. It would be worth exploring this aspect in future studies.

RBD seems to be more frequent in PD patients with *GBA* mutations compared with patients without this mutation (OR 3.13) [48,65,67,76]. RBDs are also more frequent in PD patients with concomitant GD than in heterozygous carriers [48]. Based on these observations, a few studies explored the incidence of the *GBA* mutation among patients affected with RBD [65,91–93]. These studies reported that among patients with idiopathic RBDs there is an increased frequency of *GBA* mutations (2.6–11.6% of RBD patients vs. 0.4–1.8% of the controls) [65,91,93]. A number of different *GBA* mutations were identified in RBD patients [65,93]. Some of these mutations have already been reported in PD patients, while others still do not have a clear pathogenic role. Among all the reported mutations, the two more commonly found in PD (i.e., c.1226A > G (N370S) and c.1448T > C (L444P), with N370S >> L444P), together with the c.1093G > A (E326K) and the c.1223C > T (T369M), were the most frequently represented in subjects with RBD [65,91–93].

Subjects with homozygous *GBA* mutations, thus affected with GD, and heterozygous carriers with no PD, presented significant worsening of rapid eye movement sleep behavior disorder scores over a period of time of two years compared with non-carrier subjects [92]. Among *GBA* carriers, the odds ratio (OR) for RBD was 6.24 (95% CI 3.76–10.35, $P < 0.0001$) [65]. The presence of *GBA* mutations does not seem to increase the risk among RBD patients of phenoconverting into PD [93]. These observations

all together suggest that *GBA* may play a role in the development of RBDs, but not necessarily in determining more severe phenotypes.

Interestingly, no mutations of the *LRRK2* gene, the other common genetic risk factor for PD, have been identified so far in patients with RBDs [91,94].

3. New Targeted Treatments for *GBA*-PD Patients

Despite the very successful treatments that are now available to address the systemic manifestations of Gaucher's disease, unfortunately these approaches (i.e., enzyme replacement therapy and substrate reduction therapy) are not able to reach the central nervous system and thus fail to address the neurological symptoms caused by the disease. Different companies have been working for years to try to address this issue, producing very promising results in cellular and animal models. We are now in a very exciting era where some of these experimental approaches are starting to reach the clinical scene. The treatments available so far in clinical trials try to address two main mechanisms that are thought to be detrimental in linking *GBA* mutations to PD. The first hypothesis is that mutated forms of *GBA* are not able to fold properly in the endoplasmic reticulum (ER) in the cells, causing the protein to accumulate in this cellular compartment [95]. This would trigger a stress response in the dopaminergic neurons leading to their damage and death [95]. Also, the entrapment of the beta GCase in the ER causes reduced levels of the enzyme in the cells, triggering alpha-synuclein accumulation [95]. In order to target this pathogenic mechanism, different chaperones, which are proteins able to facilitate the refolding of their substrates, were tested [95–99]. In 2016, a clinical study assessing the efficacy of ambroxol, one of these chaperones that showed very exciting preliminary results, was started (NCT02914366 study: <https://www.clinicaltrials.gov/ct2/show/NCT02914366?cond=gbaparkinson&rank=7>). This is a phase 2 clinical trial to assess the safety and the efficacy of this drug to improve motor and cognitive features of PD patients with a *GBA* mutation. The study is currently ongoing. Another similar approach has been tested in a phase 1 study by Allergan with LTI-291, a chaperone molecule able to increase the activity of GCase (<https://lti-staging.squarespace.com/our-science/#lti-291>). Isofagomine is another chaperone protein that has been tested in vitro and in vivo to assess its ability to modulate the phenotype induced by mutations of *GBA* [97]. This molecule is an inhibitory chaperone whose role would be the stabilization of the GCase. Clinical trials with this molecule are not available at the moment. It is also worth considering that small molecules, such as chaperones, can present different therapeutic profiles in carriers of the different mutations of *GBA* according to the effect of these variants on the protein [100].

The second mechanism that has been explored to treat *GBA*-PD patients is the accumulation in the dopaminergic neurons of glucosylceramide (the substrate normally degraded by the GCase) because of the mutation of *GBA* [101–103]. Genzyme recently started a multicenter, randomized, double-blind, placebo-controlled phase 2 study to assess the safety, pharmacokinetics, and pharmacodynamics of an oral compound, ibiglustat (GZ/SAR402671), which is able to reduce the levels of beta-glucocerebrosidase in *GBA* carriers with early-stage PD (MOVES-PD study: <https://www.clinicaltrials.gov/ct2/show/NCT02906020?cond=gbaparkinson&rank=2>). It is still a long road for the establishment of an effective treatment, but many paths have been established, giving hope for patients with PD.

Mutated GCase is more unstable compared to the wild-type form. Therefore, modulation of the degradation of GCase could be another suitable strategy to increase the activity of the enzyme and thus tackle alpha-synuclein accumulation and neurodegeneration. Hsp90 β , together with other heat shock proteins (HSP), such as Hsp27, parkin, and the endoplasmic reticulum-associated pathway, are responsible for the degradation of misfolded GCase. In particular, histone deacetylase inhibitors (HDACis) and direct inhibitors of specific HSP are able to increase the GCase activity, reducing its degradation [104]. Indeed, HDACis prevent the interaction between Hdp90 β and GCase through the hyperactivation of one of its domains [105].

GCase plays an important role in the autophagy-lysosomal pathway (ALP), where other genes that have been associated with PD, such as *ATP13A2*, scavenger receptor class B member 2 (SCARB2),

sphingomyelin phosphodiesterase 1 (*SMPD1*), and others, are also involved (Moors et al., 2016). Failure of the ALP seems to be responsible for the accumulation of alpha-synuclein in neurons. Therefore, a number of pharmacological approaches directed to the ALP have been attempted in cellular and animal models of PD (for a comprehensive review see [106]). However, the autophagic pathway is broadly represented and active in different cell types and tissues in the organism. Therefore, the identification of approaches with a high selectivity for certain tissues (such as the dopaminergic neurons) or for specific mechanisms within ALP (such as GCase failure) is detrimental for the achievement of effective but also safe treatments for patients.

In order to restore GCase activity, whose failure seems to be responsible for its neuronal pathogenicity, gene therapy approaches are also in the pipeline. Preclinical studies showed that delivery of *GBA* using adeno-associated virus 1 (AAV1) in A53T-alpha-synuclein mice is able to reduce alpha-synuclein accumulation in the brain [107,108]. The field of gene therapy is now continuously growing in the context of the neurodegenerative disorders [109]. Clinical trials to assess the efficacy of this type of approach may soon be a reality in the context of PD and *GBA* mutations.

4. Conclusions

The discovery of the association between mutations of the *GBA* gene and PD allowed important considerations and discoveries that are contributing to a better understanding of the pathogenesis of PD. Indeed, after this initial observation, the role of lysosomal impairment has been extensively explored in PD. A growing amount of emerging evidence supports the idea that the endolysosomal trafficking is involved in alpha-synuclein accumulation and dopaminergic neuron degeneration. A number of genes involved in monogenic forms of PD or genetic risk factors for the disease (such as *SNCA*, *ATP13A2*, *VPS35*, *DNAJC6*, *SYNJ1*, *LRRK2*, *RAB39B*) are part of this pathway (for review see [110]). Mutations of genes involved in the endolysosomal pathways are responsible for a group of disorders designated as Lysosomal Storage Disorders (LSD). These are typically rare autosomal recessive diseases which cause systemic involvements with variable degrees of severity and neurological involvement, usually presenting during childhood (reviewed in [111]). It is interesting to note that an increased burden of LSD-associated mutations has been identified in the screening of large PD populations compared to controls [112]. At the same time, among the 39 new gene loci associated with PD reported in the largest genome wide association study (GWAS) performed in PD patients so far, a number of these variants were found in LSD-associated genes (i.e., *NAGLU*, *GUSB*, *NEU1*, and *GRN*) [113].

The case of autosomal recessive conditions causing severe and rare disorders during childhood, which in turn present as genetic risk factors for common adult neurodegenerative disorders when in a heterozygous state, appears to be more and more frequent, usually presenting an incomplete penetrance. This is the case for a number of LSD in the context of PD or of a parkinsonian degeneration, such as *SMPD1* (sphingomyelin phosphodiesterase, Niemann–Pick disease), *ATP13A2* (P5-type ATPase, Kufor–Rakeb disease), *GALC* (galactosylceramidase, Krabbe disease), *NPC1* (Niemann–Pick type C), *NAGLU* (α -N-acetylglucosaminidase, Sanfilippo syndrome B, or mucopolysaccharidosis III disease B (MPS-IIIB)), *HEXB* (β -hexosaminidase B, Sandhoff disease (GM2 gangliosidosis)) (summarized in [114]). The association between *GBA* mutations, GD, and PD must be just the tip of the iceberg of a larger phenomenon, where the association between genes initially considered responsible only for autosomal recessive disorders turned out to be risk factors for common neurodegenerative conditions. This association may have been recognized first in GD patients because of the higher frequency of this disease compared with other LSD.

Interestingly, this is also the case for the *TREM2* gene (encoding for Triggering Receptor Expressed on Myeloid cells 2), which seems to be the most frequent genetic risk factor of another common neurodegenerative disorder, Alzheimer’s disease (AD) [115]. Autosomal recessive mutations of *TREM2* are responsible for the rare, juvenile condition known as Polycystic lipomembranous osteodysplasia with sclerosing leukoencephalopathy. Of note, *TREM2* plays a crucial role in microglia cells as part of the phagocytic scavenger pathway [116].

The phenomena of one gene presenting with different phenotypes is becoming more common in the context of neurological disorders and in respect to common diseases, such as PD and AD. It is important for clinicians to be familiar with these concepts in order to be able to properly counsel their patients and their family members. Also, the identification of such patients will hopefully offer more effective treatments, once available.

These new insights into the understanding of neurodegenerative diseases and, in particular, PD open new scenarios that only a few years ago were still totally obscure. Hopefully, these discoveries will be important for a real discernment of these severe conditions and for the discovery of more effective therapeutic approaches.

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Review

Microbiome, Parkinson's Disease and Molecular Mimicry

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Abstract: Parkinson's Disease (PD) is typically classified as a neurodegenerative disease affecting the motor system. Recent evidence, however, has uncovered the presence of Lewy bodies in locations outside the CNS, in direct contact with the external environment, including the olfactory bulbs and the enteric nervous system. This, combined with the ability of alpha-synuclein (α S) to propagate in a prion-like manner, has supported the hypothesis that the resident microbial community, commonly referred to as microbiota, might play a causative role in the development of PD. In this article, we will be reviewing current knowledge on the importance of the microbiota in PD pathology, concentrating our investigation on mechanisms of microbiota-host interactions that might become harmful and favor the onset of PD. Such processes, which include the secretion of bacterial amyloid proteins or other metabolites, may influence the aggregation propensity of α S directly or indirectly, for example by favoring a pro-inflammatory environment in the gut. Thus, while the development of PD has not yet being associated with a unique microbial species, more data will be necessary to examine potential harmful interactions between the microbiota and the host, and to understand their relevance in PD pathogenesis.

Keywords: Parkinson's disease; microbiota; molecular mimicry; microbiome; alpha-synuclein; curli; gut-brain axis; neurodegeneration

1. Introduction

The term 'microbiome' refers to all the genomes of the microbial commensal community, hosted by our body. This ecosystem, which includes bacteria, archaeabacteria, fungi, protozoa and viruses, is defined as the microbiota [1]. In recent years, the importance of maintaining a healthy microbiota and its influence on human physiology has received much attention, since variations from this equilibrium have been linked to numerous human illnesses including neurodegenerative diseases. Because of this relevance, in 2007, the National Institutes of Health (NIH) launched the Human Microbiome Project with the purpose of identifying and elucidating the role of commensal microbial species in human health and diseases [1]. Surprisingly, this analysis showed that the entire microbiome includes more than 100 times the number of genes compared to the human genome [2], with a cell ratio of approximately 1:1 microbiota-host, and up to 1000 different species per individual [3].

In this review, we will focus our attention on the link between microbiota and Parkinson's disease (PD). We will summarize recent findings connecting altered microbial composition (a phenomenon called dysbiosis) to PD and how molecular mechanisms of physiological interaction microbiota-host can become detrimental and may initiate or contribute to PD onset and pathogenesis.

2. The Human Microbiome and Its Function

The abundance and diversity of the human microbiota are remarkable. Bacteria are the most prevalent members of this community, that reaches the highest density in the gut, particularly in the colon.

Here, the most represented bacterial phyla are the Bacteroidetes and Firmicutes, while Actinobacteria, Proteobacteria, Verrucomicrobia and Fusobacteria are present at much lower levels [2,4–7]. Comparative computational studies have identified a “core” human microbiome, which is characterized by a set of common genes found in a specific habitat (e.g., gut, skin, oral mucosa, and vagina) in the majority of human subjects analyzed [5,7–9]. Thus, the *Streptococcus* genus, or more in general the phylum Firmicutes dominates the oral cavity and nares, whereas *Staphylococcus* (phylum Firmicutes), and less abundantly *Propionibacterium* and *Corynebacterium* (both phylum Actinobacteria), dominate the skin population. More interpersonal variation was found in other body habitats such as the vaginal mucosa and the gut [4,10,11].

Although the most diverse microbial community is present in the human GI tract, the microbiome regulates human physiology well beyond intestinal function. This regulation is executed through a myriad of different homeostatic, immunologic and metabolic activities, but because of the high redundancy in microbial species, it is still difficult to determine exactly which strain is responsible for each function. The importance of microbiota-host interactions is highlighted by the observation that germ-free (GF) animals that are born and housed without exposure to any microbe show multiple systemic deficiencies including an immature immune system and a not fully developed and functional gastrointestinal (GI) tract [12]. Interestingly, some of these impairments, such as a more functional intestinal immunity, can be recovered in GF animals after recolonization [12,13].

In the gut, the microbiota contributes to the growth, regulation and differentiation of intestinal epithelium of the small and large bowels [14], modulates GI motility and promotes normal development of the enteric nervous system (ENS) [15–17], regulates the integrity and fortifies the mucosal barrier, stimulates angiogenesis and mediates postnatal intestinal maturation [14,18]. The microbial community reinforces the intestinal barrier creating an adverse environment for potential pathogenic bacteria by subtracting nutrients and producing antimicrobial peptides which are able to counteract them [10,19].

As for the immune system, close microbiota-host interconnection has resulted in the development of several molecular mechanisms that allow the host defense to learn to tolerate the commensal community, while at the same time to function properly. In this way, both the innate and adaptive responses appear to be influenced and programmed by the presence of the microbiota. For instance, the innate immune response has developed a system of protein receptors to recognize general microbe-associated molecular patterns (MAMPS) that are similar across bacteria species, such as components of the bacterial cell wall [lipopolysaccharide (LPS) and peptidoglycan] and flagellin [20]. This family of receptors, that includes transmembrane Toll-like receptors (TLRs) and intracellular Nod-like receptors (NLRs), is the first line of defense against invading microbes. TLRs activation leads to the initiation of the innate immune response through the induction of a series of transcription factors such as NF- κ B, AP-1, Elk-1, CREB, STAT involved in the regulation of pro- or anti-inflammatory cytokines and chemokines production [21], while NLRs can oligomerize forming the inflammasome and activating, in turn, caspase-1 and the pro-inflammatory cytokines cascade [22,23]. TLRs are expressed on immune cells as well as neurons. In the gut, where the intestinal mucosa is intimately associated with the ENS, TLRs are not only sensors of microbial invasions, but are also important in maintaining gut homeostasis and neurochemical communication with the ENS. For instance TLR2 or TLR4 ablation in mice impairs the structural and functional integrity of intestinal mucosa, alters gut motility, and reduces the number of myenteric neurons and the production of neurotrophic factors [15,16].

In the acquired response, the gut microbiome is known to shape the differentiation and function of anti-inflammatory regulatory T cells [24,25] and to facilitate the switching of B cells to produce and secrete IgA [26].

Microbial species can provide nutrients from substrates that are otherwise indigestible by the host, such as dietary fibers, from which the host obtains an important energy source like small chain fatty acids (SCFAs). SCFAs are important in maintaining a regular colon homeostasis, bowel motility and normal, intestinal cellular growth, lowering in this way the risk for cancer [27]. The microbiota is also responsible for secreting vitamins such as vitamin B12 synthetized by *Lactobacillus reuteri* or

vitamin B2 produced by *Bacillus subtilis* and *Escherichia coli* [28] and to modulate lipid and bile acids metabolism [29,30]. Additionally, the microbiome is known to participate in the metabolism of environmental chemicals such as heavy metals and arsenic, pollutants such as polycyclic aromatic hydrocarbons, and drugs and medications including the activation of prodrugs such as in the case of azo drugs, resulting in the release of sulphanilamide (for a review see [31]).

Thus, while what we have illustrated are only few examples of how the resident microbiota can influence host homeostasis, it is important to mention that this is a bidirectional dialogue where the host has evolved cellular mechanisms which are able to regulate microbiota composition by favoring the growth of beneficial species while fighting pathogens. For example, a specific type of host innate lymphoid cells, ILC3 which are located in the lamina propria of the intestinal mucosa, can release cytokines, which are able to activate, in turn, the epithelial cells to produce and secrete antimicrobial peptides such as defensins and mucins that can regulate and influence microbiota composition [32]. In addition, the shedding of fucosylated surface proteins of intestinal epithelial cells, which is induced by ILC3 signals, can be used as an energy supplement for sustaining resident commensal bacteria [33].

Multiple elements, such as environmental and host factors like age, human health and diet, are crucial in determining an intra-individual and an inter-individual variability of the microbiota. In particular, the prolonged use of antibiotics has been shown to promote the development of multi-drug resistance bacterial strains, the loss of colonization resistance and the domination by pathogenic bacteria and long-term changes in the composition of microbial residents [34]. For instance, a longitudinal study in a small cohort of human subjects demonstrated how the use of ciprofloxacin had a long-term reduction in bacterial diversity, even after 6 months from the completion of the treatment [35].

Alterations in the maturation or in the composition of the microbiota, particularly in childhood, can increase the risk of an over-reactive immune system, and have been connected to the onset of several pathologies such as asthma, allergies, autoimmune diseases, inflammatory bowel disease (IBD), Crohn's Disease, diabetes, atherosclerosis, cardiovascular disease, multiple sclerosis and rheumatoid arthritis [36]. At the same time, modifications in the microbiome have been associated with metabolic syndrome, such as obesity and obesity-related disorder [5,37], or increased risk of colorectal carcinoma [38]. Thus, while we are still learning the profound interconnections of human physiology with the resident microbial community, strategies aimed at restoring a healthy and balanced microbial population have been shown to successfully treat some human pathologies. One example is intestinal colitis induced by recurrent *Clostridium difficile* infection (RCDI). Fecal microbial transplantation, a procedure involving the oral or rectal transfer of fecal samples obtained from healthy donors, was able to cure more than 90% of patients with RCDI after simultaneous suspension of antibiotic therapy [39]. Because of its high success rate, fecal microbial transplantation has been applied to other types of GI inflammatory illnesses such ulcerative colitis and IBD [40]. Although concerns over the long-term consequences in meddling with the resident microbial species are still present, therapies based on microbial transfer or on treatment with bacterial metabolites seem to be a promising tool in fighting human diseases and antibiotic resistance.

Microbiome and the Gut-Brain Axis

Alteration of the intestinal integrity and activity of the microbiota can influence brain function. The gut-brain axis is a bidirectional communication system that uses neural, endocrine and immunological signals. Neural information is thought to travel along vagal or spinal innervation between the CNS and the gut. The microbiota can send several signals directly to the CNS or indirectly, via the enteric nervous system (ENS) through the synthesis of neurotransmitters or neurochemical-like precursors. Multiple examples have been found of such activity like GABA synthesis by *Lactobacillus* and *Bifidobacterium* species; noradrenaline by *Escherichia*, *Bacillus* and *Saccharomyces* species; serotonin by *Candida*, *Streptococcus*, *Escherichia* and *Enterococcus* species; dopamine by *Bacillus* species and, ultimately, acetylcholine by *Lactobacillus* [41]. In addition *Bifidobacterium infantis* has been shown to

increase the plasma level of tryptophan, a key precursor of serotonin [42]. At the same time, it has been found that SCFAs can also, among other functions, stimulate the production of serotonin by intestinal enterochromaffin cells [43], control maturation of microglia in the CNS [44], modulate the ENS activity by interacting with G-protein coupled receptors such as GPR41 and GPR43 [29,45] and by mediating epigenetic modulation through histone deacetylation [46].

Immune signaling as part of the gut and brain communication system is mediated by the release of cytokines. It is thought that such a mechanism, through the induction of IL-1 and IL-6, can stimulate the hypothalamic-pituitary-adrenal (HPA) axis to produce cortisol, a key hormone of the stress response. Activation of the HPA axis has been shown to influence gut resident microbial population. For instance, mice subjected to water-avoidance stress or neonatal stress produced by maternal separation showed alterations in the microbiota composition [47,48]. GF mice subjected to prolonged restraint stress showed an over-reactive HPA response, with increased release of corticosterone and ACTH in plasma, that could be restored to a normal level by recolonization with *Bifidobacterium infantis* [49]. Although with a genetic basis, autism spectrum disorders have also been associated with a disruption of the gut-brain axis. Altered composition of the gut microbiota [50,51], severe GI dysfunction [52] and increased intestinal permeability [53] have been shown in autistic children, while dietary restriction, such as a gluten-free diet, was found to ameliorate GI symptoms as well as their social behavior [54]. In agreement with this observation, the microbiota has been found to modulate social or stress-correlated human behavior. Gut microbial reconstitution improved social and behavioral deficits induced in mice by maternal obesity [55], whereas recolonization with *Lactobacillus reuteri* was sufficient to recover metabolic function and behavioral impairment in chronically depressed mice [56].

Additionally, gut microbial richness and diversity, as well as the integrity of the intestinal and blood brain barrier have been associated with healthy aging while any perturbation of this balance could lead to a systemic pro-inflammatory condition and influence, in turn, the development of neurological disorders including neurodegenerative diseases [57].

3. Origin of PD and Alpha-Synuclein Transmission

PD is a neurodegenerative disorder that has long been thought to typically affect the motor system, in particular the nigra-striatal pathway, characterized by dopaminergic neuron loss in nigra-striatal area and accumulation of intraneuronal proteinaceous inclusions named Lewy Bodies (LBs) and Lewy neurites made of alpha-synuclein (α S) [58]. This dopamine-centric view has been challenged in the last decade by Braak and colleagues that described finding in PD subjects as well as healthy controls, LBs in remote locations, nonclassically linked to PD, such as the ENS, the olfactory bulbs and dorsal motor nuclei of the vagus nerve [59]. According to these observations, Braak and colleagues theorized a staging of PD pathology, whereby initial accumulation of LBs would take place in neuronal cells of the olfactory bulbs and/or in the ENS and then spread in a retrograde or ascending manner following anatomical connections to the brainstem and the forebrain [60]. This staging theory correlated well with the fact that up to 70 % of PD patients had a recurrent history of GI dysfunctions and/or complained of anosmia years before being diagnosed [61]. After Braak's first observation in 2003, several groups showed the presence of LBs outside the CNS, with a higher frequency in the vagus nerve, sympathetic ganglia, ENS, submandibular glands and in the endocrine system [62–64]. Further, in support of the Braak's staging thesis, α S 's ability to act as prion protein and to transfer its pathogenic template has been shown in cellular and animal models of PD [65–68]. In this context, it was evident that fibrils or oligomers of α S were more efficient than the native monomer in seeding endogenous aggregation. Moreover, intracerebral injections in wild-type mice of human α S fibrils or brain extracts from PD patients and diseased transgenic mice showed that toxic conformations of α S can propagate within the CNS following anatomical connections by transferring their pathogenic template to endogenous mouse α S [69–72]. More recently, multiple conformations of α S (oligomers, ribbons, fibrils) were all shown to be pathogenic, giving rise to a different kind of PD-like pathology and confirming α S as

a true infectious agent [73]. Propagation of toxic α S aggregates from the peripheral nervous system (PNS) to the CNS was confirmed after injection of α S synthetic fibrils into hind limb muscle or in the intestinal wall [74,75]. In the latter, active axonal transport of α S aggregates from the ENS to the midbrain was seen following the vagus nerve connection, in open support to Braak's staging. Similar findings were shown in a different PD animal model, where the accumulation of α S inclusions in the ENS, in the dorsal motor nucleus of the vagus nerve, in intermedio-lateral nucleus in the spinal cord and in the brainstem, was induced by rotenone treatment [76]. Again, partial vagotomy was able to delay α S spreading, indicating vagal innervation as a probable route of dissemination of α S toxic forms [77]. Notably, in the same study, partial resection of the mesenteric nerve that innervates, among others, the distal colon, also delayed α S dissemination. This suggests that in addition to vagal innervation, other routes may contribute to α S propagation (for a review [78]). Finally, in humans, truncal vagotomy has been shown to exert a protective role in developing PD [79].

In support of a role for the ENS in the development of PD, the presence of gut inflammation and increased intestinal permeability has been demonstrated in PD patients [80,81]. This inflammatory condition was associated with increased LPS-binding protein in plasma, upregulation of pro-inflammatory cytokines production in the colon and glial cells, and with activation and structural reorganization of the epithelial barrier with downregulation of specific tight junction proteins such as occludin [82–84]. Interestingly, intraperitoneal administration of a low dosage LPS induces α S deposition in the colon of treated rats concomitant to increased intestinal permeability [85]. In addition, both monomer and aggregated forms of α S were shown to have chemotactic abilities toward isolated human neutrophils and monocytes cultures, and to be able to promote dendritic cells maturation in vitro [86].

Thus, the accumulation of α S inclusions in the gut may contribute directly to local inflammation, exacerbating gut dysfunction in clinical and preclinical PD. What is causing initial α S conversion to its toxic conformation is still unknown, although cellular stress such as oxidative insults, inhibition of the protein degradation mechanism, endoplasmic reticulum stress or specific cellular environment have been assumed to contribute to stabilizing toxic conformations of α S [87–90]. However, in the gut, because of the augmented intestinal permeability and the increased translocation of bacterial products across the intestinal wall, a harmful interaction with pathogens or their metabolites may provide new clues on the α S path to toxicity.

4. Microbiome and PD

Changes in the microbial resident population with alteration in the production of microbial metabolites have been observed in human PD subjects. When comparing the human microbiome samples from healthy controls versus PD patients, significant dysbiosis was observed in PD that correlated to a change in the relative abundance of certain bacterial genus or species, rather than the appearance or disappearance of a particular microbial population. In particular, several studies reported an increase in the relative abundance of genus *Lactobacillus* [91,92], *Bifidobacterium* [90,91], the family of *Verrucomicrobiaceae* [91–93], including the genus *Akkermansia* in PD [93–96], while others showed decrease in the level of genus *Faecalibacterium* [93,94,96,97], *Coprococcus* and *Blautia* [91,93,98], *Prevotella* [94] and other genus within the Prevotellaceae family [91,97]. Other studies showed how microbiota alteration such as increases in abundance in *Christensenellaceae* or *Oscillospira* families correlated to an augmented susceptibility to develop PD or to a specific disease stage [92,95], suggesting that such modifications in the microbiome population could be used for early diagnosis. The obstacles in finding such a biomarker, however, lie in the extreme variability and poor reproducibility in data analyses which were undertaken during microbiome assessment studies. DNA isolation methods, the recruitment of cohorts from non-homogenous PD populations that include differences in diet, age, severity of the pathology and PD stage and treatment with PD medications, are all factors that can affect the microbiome [91,94,96], and are probably responsible for early published data that seemed to contradict itself [92,93,95,97]. Better, standardized methods in sampling collection and in DNA extraction are necessary in order for these studies to be more conclusive and informative.

In agreement with this observation, the role of unclassified bacteria, estimated to represent about 40% of the gut microbiome but usually present in low abundance (below 1%), is still unclear. Interestingly, it has been shown how one of these species, the abundance of which was found to be increased in PD patients, operational taxonomic unit 469, expresses an endonuclease with a α S-like domain [98]. Thus, although present in extremely low abundance, unclassified bacteria species might exhibit specific types of interactions with the host that can significantly modify human pathophysiology.

A link between microbial dysbiosis and neurodegeneration has also been shown in genetic and pharmacological animal models of PD. In a transgenic mouse line for human α S, GI and motor deficit, α S deposition and neuroinflammation were ameliorated by GF housing conditions or antibiotics treatment [96]. More remarkably, however, such improvements were negatively counteracted by recolonization of the same line, housed in GF cages, with fecal, human microbiota from PD patients. At the same time, treatment with human microbiota from healthy controls had no effect, suggesting that a specific interaction with the host may influence the onset of a genetic-based trait or dysfunction. Because a healthy intestinal development requires microbiota colonization and robust antibiotic treatments can also influence the host physiology [99], data on GF animals should be taken cautiously, and such massive effects should be first investigated for their relevance to their host's physiology.

Changes in microbiome composition were also observed in pharmacologically-induced PD models, such as after exposure to rotenone [12,100] or MPTP [101,102]. Some of the variations in abundance reported such as increases in *Bifidobacterium* and *Lactobacillus* genus and a decrease in *Prevotellaceae* after rotenone treatment or the increase in *Enterobacteriaceae* in MPTP-treated mice were similar to what has been observed in human PD cases [103,104]. Nevertheless, apart from dysbiosis, both genetic [100,105] and toxin-induced PD models [99,106,107] showed a complex intestinal phenotype, including constipation, gut inflammation and increased intestinal permeability, suggesting how changes in the microbial resident populations are directly or indirectly related to a more complex scenario, involving a strict interaction with the host.

Thus, as mounting evidence supports a role for the microbiota in the regulation of human behavior and neuronal functions, concerns arise about possible detrimental interactions with the commensals and its consequences in terms of the development of neurological disorders. But how? Is dysbiosis the result of a dysfunctional GI tract or is it the causative agent? And if it is the causative agent, what are the implications in terms of PD pathogenesis?

5. Mechanisms of Molecular Mimicry

The concept of molecular mimicry was originally described to explain structural similarities in biology that developed in response to evolutionary pressure. Microorganisms mimicking protein structures in their host may have an advantage in escaping immune detection. Such similarities may be due to aminoacid sequence homology, but also to shared nucleotide sequences or protein structures. For instance, autoimmunity is thought to be the result of the development of antibodies targeting proteins of pathogens whose protein sequence is similar to that of the host. Together with fighting pathogen infection, those antibodies will also attack the host, causing disease. This seems to be the case of rheumatic fever, where streptococcal M protein and streptococcal group A carbohydrate epitope, N-acetyl glucosamine, bear strong sequence resemblance to cardiac myosin. An immune response against those bacterial epitopes can go awry and attack the cardiac valve, causing chronic rheumatic heart disease [108]. More recently, the discovery of structural similarities between certain plant viral RNAs with human microRNAs has suggested that homology in nucleotide sequences may represent a survival advantage for certain viruses that can, in this way more easily override and take over the host cellular metabolism. For instance, certain viral RNAs can mimick microRNA functions in the host, and thus, influence host gene expression. An example of such a mechanism is provided by the infection of *Herpes virus saimiri*. This virus, that infects primates, expresses two non-coding RNAs that are able to bind and promote the degradation of the host miR-27, modifying the expression in this way of miR-27 target genes [109].

Besides homology in aminoacid or nucleotide sequences, molecular mimicry can also be dictated by the existence of tertiary protein structure similarities. One example of molecular mimicry is the amyloid conformation in protein folding, a structure that is highly conserved through evolution and widely distributed among living organisms, including bacteria. The human microbiota can produce and secrete extracellular amyloid proteins that are responsible for enhancing bacterial adhesion, colonization and biofilm formation, but also tissue invasion and infectivity [110]. Bacterial amyloids secreted by Gram-positive and Gram-negative bacteria are long fibers, extending from the cell surface, with a specific and highly controlled pathway of assembly [111,112]. In humans, despite the pathogenic accumulation of amyloid proteins in neurological diseases, the formation of functional amyloids has been implicated in synaptic plasticity and memory storage [113], melanin biosynthesis [114] and innate immune response [115].

Thus, the production of amyloid proteins has a clear functional role in physiology, evolution and adaptation to the environment. Nevertheless, the ability of certain amyloid-forming proteins, such as PrP^{Sc}, Tau and α S to act as a prion and transfer their pathogenic template [69–72,116,117], amylogenic cross-seeding demonstrated for aggregates-prone proteins such as PrP^{Sc}, α S, A β and Tau [118–121], dysbiosis and GI dysfunction found in PD patients [92,95] and formation of LBs in the olfactory bulbs and the ENS in humans [59,62,64], areas that are majorly exposed to the environment and consequently colonized by the microbiota, are all mounting evidence suggesting that bacterial amyloids might also be involved in detrimental interactions with their host. For instance, *E. coli* and *Salmonella typhimurium* secrete an extracellular amyloid protein called curli, involved in colonization and biofilm development [111,122]. Curli fibers can be stained by Congo red and Thioflavin T [123,124], dyes routinely used to visualize proteinaceous insoluble plaques and protein aggregation in neurodegenerative diseases [125,126], and have been found in the GI tracts of humans [127].

6. Evidence of Molecular Mimicry in the Pathogenesis of PD

Can microbiota-derived amyloids induce misfolding of aggregation-prone proteins in the host? Very little evidence has been published supporting this hypothesis. Curli and two other protein amyloids, silk and Sup35, produced respectively from *Bombyx mori* and *Saccharomyces cerevisiae*, were found to accelerate inclusions formation of amyloid protein A (AA) in a murine experimental amyloidosis model after systemic injection [128]. Mass-spectrometry analysis of in vivo-isolated AA aggregates revealed no trace of exogenous fibrils, suggesting that pathogenic nucleation was, in this case, an initial event. In contrast, in vitro experiments have shown how curli fibers can affect both nucleation as well as elongation steps in the cross-seeding process of other amyloid-prone proteins such as fragments of prostatic acid phosphatase (PAP_{248–286}), islet amyloid polypeptide and A β _{1–40} [129]. Moreover repeated oral administration of curli-producing bacteria, but not its corresponding curli-deficient mutant line, to aged Fischer 344 rats, a wild-type line known to accumulate intestinal α S inclusions with aging [130], or to a *C. elegans* line overexpressing α S, induced increased neuronal α S deposition in both the gut and the brain tissues [131]. In addition, aged Fischer 344 rats developed microgliosis and astrogliosis associated with elevated levels of TLR2, IL-6 and TNF in the brain [130]. The TLR2/1/CD14 heterocomplex recognizes the β -sheet secondary structure of curli and activates NF- κ B, eliciting the production of pro-inflammatory chemokines and cytokines including IL-8, IL-6, IL-17A and IL-22 [132–135]. In addition to the TLR2/1/CD14 heterocomplex, curli is also recognized by the NLRP3 inflammasome, which leads to the activation of caspase-1/11 and the maturation of pro-IL-1 β to IL-1 β [136].

Thus, besides a direct pathogenic cross-seeding between amyloids of different organisms, bacterial amyloids are recognized as MAMPS, and can directly stimulate and prime the host's immune response, contributing to pro-inflammatory conditions in the gut and, in turn, favoring an environment that may facilitate protein aggregation, cellular dysfunction and death. In addition, because inflammatory signals may be sent to the brain, directly through cell infiltration or indirectly, it is possible that

human α S might be recognized as a MAMP mimicking bacterial amyloids. For instance, in the brain, neuronal-secreted oligomeric α S can bind to TRL2 on microglia and downstream activate production of TNF and IL-1 β [137,138]. Furthermore, TRL4 expression on microglia seems to be required for soluble and aggregated α S phagocytosis [139], and TRL-4 KO mice are more resistant to rotenone-induced neuroinflammation and neurodegeneration [81]. Although it is not clear if α S antigenic potential needs a primed immune system in the gut, because of the importance of neuroinflammation and TRLs in PD, therapeutic intervention targeting downregulation of TRLs signaling is under review [140], and could represent a unique strategy to counteract both gut and brain inflammation.

Apart from exogenous amyloids, other bacterial metabolites such as LPS, a TLR4 ligand, or SCFAs like butyrate may be responsible for toxic microbiota-host interactions. For instance, systemic injections of LPS in wild-type mice is commonly used as a pharmacological paradigm of PD. Through TNF α activation, the administration of LPS causes chronic peripheral and central neuroinflammation with microglia activation and production of pro-inflammatory cytokines, resulting ultimately in damaging dopaminergic neurons in the substantia nigra [85,141,142]. In addition, the repeated oral administration of *Proteus Mirabilis* or its derived LPS to MPTP-treated or young wild-type mice was sufficient to induce a PD-like phenotype including motor deficit, dopaminergic neuronal loss in the nigra, brain and gut inflammation with disruption of the intestinal epithelial barrier and formation of α S inclusions in the brain and in the colon [105]. In a similar way, treatment with a mixture of the SCFAs (acetate, propionate, and butyrate) of α S transgenic mice housed in sterile conditions exacerbated neuroinflammation, onset of motor dysfunction and α S aggregation in PD-affected brain regions [100]. Interestingly, SCFAs did not favor α S amyloid formation in vitro, indicating that inclusions formation in vivo was not the result of a direct molecular interaction with such bacterial lipids. At the same time, the administration to SCFAs-treated α S mice of minocycline, a drug that targets TNF α activation, reduced α S aggregation and improved motor function, suggesting the importance of systemic inflammation in mediating toxicity in the interaction host-microbiota.

Besides molecular mimicry mechanisms involving bacteria, the increased accumulation of antibodies against specific viral infections such as *herpes simplex-1* and *Epstein Barr virus* (EBV) has been detected in blood samples of PD patients [143,144]. Interestingly, in both cases, antibodies targeting viral proteins showed cross-reactivity to human α S, and it was shown how the C-terminal of LMP1, a late membrane protein of EBV, bears a strong aminoacid sequence homology to α S C-terminal.

Thus, a direct and/or indirect interaction with a specific virus or bacterial metabolites that goes awry, possibly mediated by a systemic pro-inflammatory condition, could ultimately contribute to the initiation or acceleration of the onset of PD.

7. Conclusions

In the last decade, research on commensal resident microbial species has elucidated the importance of the microbiota on human physiology and disease. While some human illnesses may be more directly caused by dysbiosis and colonization of pathogenic organisms, for example, enteric infections and IBD, the connection with neurological disorders, including neurodegenerative diseases, is less clear. Dysbiosis has been shown in PD patients, but there is no evidence thus far that links PD pathology to the presence of a specific microbial species. What makes α S initially transit to a toxic conformation is still largely unknown. Nevertheless, multiple evidence, including the fact that LB deposition may be initiated in locations more which are directly in contact with the external environment and that certain microbial species can secrete amyloid proteins, supports the hypothesis that a harmful influence of the microbial community might be implicated in α S toxic conversion and spreading. Future research should more directly address questions about the bacterial transmission of pathogenic amyloid conformations to the host and, at the same time, take into consideration individual susceptibility, as dictated by the environment and by the subject's genotype, in facilitating α S spreading and the onset of neurodegeneration.

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Review

Mesenchymal Stem Cells-derived Exosomes: A New Possible Therapeutic Strategy for Parkinson's Disease?

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Abstract: Parkinson's disease (PD) is the second most prevalent neurodegenerative disorder worldwide. Clinically, it is characterized by severe motor complications caused by a progressive degeneration of dopaminergic neurons (DAn) and dopamine loss. Current treatment is focused on mitigating the symptoms through administration of levodopa, rather than on preventing DAn damage. Therefore, the use and development of neuroprotective/disease-modifying strategies is an absolute need, which can lead to promising gains on PD translational research. Mesenchymal stem cells (MSCs)-derived exosomes have been proposed as a promising therapeutic tool, since it has been demonstrated that they can act as biological nanoparticles with beneficial effects in different pathological conditions, including PD. Thus, considering their potential protective action in lesioned sites, MSCs-derived exosomes might also be active modulators of the neuroregeneration processes, opening a door for their future use as therapeutic strategies in human clinical trials. Therefore, in this review, we analyze the current understanding of MSCs-derived exosomes as a new possible therapeutic strategy for PD, by providing an overview about the potential role of miRNAs in the cellular and molecular basis of PD.

Keywords: mesenchymal stem cells; secretome; exosomes; Parkinson's disease; microRNAs

1. Introduction

Described by James Parkinson in 1817, Parkinson's disease (PD) is the second most common chronic neurodegenerative disease in the world, affecting over 10 million people, and approximately 1% of the world population over 60 years old [1]. Pathologically, PD is characterized by the degeneration of dopaminergic neurons (DAn) and by the deficiency of dopamine production in several dopaminergic networks. The loss of dopaminergic neurons is also linked with the formation/accumulation of Lewy bodies (LB; protein aggregates of α -synuclein) in the intraneuronal structure, affecting the normal functioning of those cells. From the networks impaired, the most affected one is the nigrostriatal pathway at the level of the substantia nigra pars compacta (SNpc) and the striatum (STR) [2], initially with an asymmetric onset that becomes bilateral as the disease progresses [3]. However, there are other brain areas presenting the above referred hallmarks, such as the olfactory bulb, neocortex, limbic system, and brainstem cells nuclei, suggesting a prion disease-like propagation and progression [4]. With this insight, a model was proposed, supporting LB transmission among cells as a possible route for disease onset and progression. This model, called the Braak system, is divided in several stages, in which the autonomic nervous system (ANS) is the first affected by the pathology (stage 0), followed by

the dorsal motor nucleus of the vagus (DMV) and the anterior olfactory nucleus (stage 1), spreading to the locus coeruleus (LC), SNpc, and basal forebrain (stage 2) and finally, to the neocortex, hippocampus, and basal ganglia (final stages) [5]. As a result, when DAn death exceeds a threshold in the nigrostriatal pathway it affects the patients' motor system. Therefore, PD is clinically recognized by a core of motor symptoms, including bradykinesia, rigidity, tremor, and postural instability, which are used in the establishment of its diagnosis [6]. However, non-motor symptoms, such as depression, sleep disorders, dementia, and peripheral impairments, have also been linked with functional disabilities, preceding the appearance of the motor symptomatology [7]. Thus, the development of management strategies is crucial, in which the diagnosis and the evaluation of the condition of the patient should be accurate, being followed by the development and application of personalized strategies, aiming to ameliorate the patient's quality of life [8].

2. Molecular and Cellular Aspects of Parkinson's Disease

As already mentioned, the major pathological feature of PD is the progressive loss of DAn in the nigrostriatal system due to the presence of intraneuronal inclusions, namely LB [3]. Along with SNpc' DAn, other neural populations of the central (CNS) and peripheral nervous systems (PNS) are affected by PD pathophysiology. For instance, in the PNS, the most affected subdivision is the ANS, in which norepinephrine (NE) neurons innervating the heart and skin [9,10], as well as DAn of the enteric nervous system (ENS) [11], are lost in PD. Actually, it is believed that the loss of these enteric DAn leads to orthostatic hypotension, hyperhidrosis, and constipation, some of the less known symptoms correlated with PD development. Regarding the CNS, almost all PD patients lose its neuromelanin positive-catecholamine DAn at the levels of the SNpc and LC, something that is also observed in DMV [12]. Still, DAn from the ventral tegmental area (VTA), retrorubral field (RRF), raphe nuclei (RN), and basal nucleus of Meynert (BNM) are also lost in PD, but to a lesser extent [13]. Notwithstanding, although several brain regions are claimed as being affected by PD pathophysiology, only the selective loss of the SNpc' DAn recognize the core symptoms of PD. Indeed, SNpc' DAn are one of the longest and most densely arborized neurons of the brain, projecting to the STR through a longer and thinner unmyelinated axon [14]. In addition, studies have also suggest that as DAn axons make an elevated number of synaptic connections, they appear to be more prone to damage [15], as it has been indicated that the risk of local α -synuclein misfolding increases [16]. Furthermore, studies have also suggested that SNpc DAn present a pacemaker activity that is regulated by specific Ca^{2+} channels, leading to an increase in the cytosolic Ca^{2+} concentration [17]. Such an increase has been correlated with the occurrence of cellular stress, leading to the formation of reactive oxygen species (ROS), which are known to be detrimental to DAn viability [18]. The mitochondria is responsible for the DAn calcium homeostasis, which in turn increases energy demand, contributing to the vulnerability of these neurons [19]. In addition to this, dopamine itself could also be detrimental to DAn viability, as studies have demonstrated that the increase of free cytosolic dopamine caused by an unbalanced homeostasis at several levels (synthesis, storage, degradation, and/or distribution in the synaptic vesicles) favors ROS production and oxidative stress, leading to DAn damage [20,21]. Moreover, the SNpc' DAn present a dark colored pigment, called neuromelanin (NM), which acts as a reservoir of iron, metals, and other toxic substances, having a neuroprotective effect [22]. In addition to neuroprotection, NM has recently been proposed as a promising biomarker for PD [23]. However, (DAn) dying neurons release NM to the extracellular space, creating deposits that induce microglial activation, chemotaxis, and proliferation, thus supporting SNpc inflammation and neuronal degeneration [24]. These multifactorial features led to the study of the underlying mechanisms responsible for the loss of DAn linked to PD.

Rationally, the first question to be answered is how does PD begin at the cellular level? Although this answer remains under discussion, several studies have demonstrated that the degeneration in PD initiates in the synaptic and axonal terminals, beginning in the STR, and in a retrograde manner, progresses to the SNpc' DAn somas [25]. In fact, the literature shows that, at the time of the motor symptoms onset, 30% of the SNpc' DAn are lost, while 50–60% of the axon terminals in the STR

are already degenerated [26]. However, the exact mechanisms of such degeneration is still not understood and some concepts have been proposed throughout time. The most relevant mechanisms involving PD include the disruption of protein clearance pathways, the accumulation of α -synuclein protein aggregates, mitochondrial dysfunction, glutamate/calcium excitotoxicity, oxidative stress, neuroinflammation, and genetic mutations [27]. Most of these mechanisms are related to DAn sensitivity and susceptibility to degeneration, as previously described. However, cell death may be caused by specific genetic mutations, which in turn affect several PD interlayers. Pathogenic mutations in PD can lead to protein degradation systems' (ubiquitin-proteasome and autophagy-lysosome system) failure, which leads to the accumulation of misfolded α -synuclein, defective mitochondria, thereby creating intercellular oxidative stress, and thus leading to DAn degeneration [28,29]. Although it represents less than 10% of all PD cases, at least 17 autosomal dominant and autosomal recessive gene mutations, namely, α -SYN (SNCA), PARKIN (PRKN), ubiquitin C-terminal hydrolase L1 (UCHL-1), PTEN-induced putative kinase 1 (PINK1), protein deglycase (DJ-1, PARK7), and leucine-rich repeat kinase 2 (LRRK2, PARK8) genes, among others have been identified [27]. Notwithstanding, although most of the PD cases are sporadic (idiopathic), being caused by an interaction between genetic and environmental factors [30], such as aging, inflammation, and exposure to neurotoxic agents (e.g., pesticides, such as rotenone and paraquat), both sporadic and familial forms of PD have mutual molecular pathways, as shown in Table 1, making PD a multi-targeted disease in which new strategies, with a multimodal action, may be of particular value [31].

Table 1. Sporadic and genetic types of Parkinson's Disease (PD).

Sporadic PD	
<ul style="list-style-type: none"> • Disruption of protein clearance pathways • Accumulation of α-synuclein protein • Mitochondrial dysfunction • Excitotoxicity • Oxidative stress • Neuroinflammation 	
Genetic PD	
SNCA	Accumulation of α -synuclein protein aggregates.
PRKN	Decrease in DJ-1 and PARKIN proteins, which leads to mitochondria dysfunction when in oxidative stress conditions.
PARK7	No stabilization of ubiquitin monomers, which can lead to ubiquitin-proteasome system dysfunction.
UCHL-1	Reduction in PTEN induced putative kinase 1 activity, which can lead to mitochondria malfunction.
PINK1	Overexpression of LRRK2 that causes DAn loss, accompanied by the presence of LB.
PARK8	

3. Parkinson's Disease Treatments: Do We Have What Is Needed?

The loss of DAn and reduced dopamine production underlies the reasoning of the PD gold standard treatment, which is still the administration of levodopa [32,33]. However, this strategy remains insufficient to recover lost DAn, or to avoid PD progression, as its extended use, associated with the needs of increased dosages, is linked with secondary effects, such as motor fluctuations and behavioral changes (e.g., impulsivity and addiction) [34]. The field's current view is that combinatory strategies may overcome the limitations of single levodopa administration, particularly by combining the latter with other PD pharmacological treatments. Such combined treatments have demonstrated the ability to enhance and prolong levodopa efficacy by involving the use dopamine receptor agonists (e.g., ropinirole, pramipexole, piribedil) [35]; inhibitors of peripheral enzymes, such as levodopa

decarboxylase (e.g., carbidopa and benserazide) [36] or catechol-O-methyl transferase (COMT) (e.g., entacapone, tolcapone, and, more recently, opicapone) [37,38]; and inhibitors of central enzymes, such as monoamine-oxidase B (MAO-B) (e.g., selegiline, rasagiline, or safinamide) [8,39] for oral intake. Besides these, throughout the years, other options were developed without the direct application of levodopa. This includes other dopamine agonists, such as rotigotine by transdermal application [40], and apomorphine by subcutaneous administration [41]. Also, then N-methyl-D-aspartate (NMDA) receptor antagonist (e.g., amantadine) was found to improve PD motor impairments, by reducing dyskinesia and other PD-related complications [42]. Surgical procedures, such as deep brain stimulation (DBS), have also been used in the treatment of PD, being a procedure that comprises the delivery of electrical pulses to neurons through a neurostimulator implantation, either in the subthalamic nucleus or in the internal part of the globus pallidus, leading to symptomatic relief [43].

In addition to these pharmacological and surgical treatments, in the last years, a large number of new approaches have been developed to verify the effect of molecular agents (e.g., adenosine receptor antagonists, anti-apoptotic agents, and antioxidants) and non-pharmacotherapies (e.g., viral vector gene therapy, microRNAs, transglutaminases, and RTP801) in the treatment of PD [44]. However, although promising results have been experimentally and clinically obtained with several drugs and surgical experiments, yet the challenge remains to show a clinical proof of arrest of delay of DAn loss in PD [8]. Therefore, there is an urgent need for the establishment of innovative therapies that adequately target PD, particularly by inducing neuroprotection of the surviving DAn within the SNpc-STR pathway, as well as stimulating the differentiation of new ones, so that the dopamine balance can be re-established. With the advent of stem cell biotechnology, new routes are currently being explored, particularly those aiming to protect DAn, as it is the case of human mesenchymal stem cells (MSCs)-derived exosomes [45,46]. Therefore, in the scope of this review, we will discuss the current understanding of MSCs-derived exosomes by reviewing recent experimental data addressing the therapeutical potential of those vesicles in the context of PD.

4. Mesenchymal Stem Cells (MSCs)-Derived Exosomes and Parkinson's Disease

MSCs-Derived Exosomes

As we have previously reviewed, according to the definition introduced by the International Society for Cellular Therapy (ISCT), there are some minimal criteria for the identification of MSCs populations, namely (1) the adherence to plastic in standard culture conditions; (2) the positive expression of specific markers, like CD73, CD90, and CD105, and negative expression of hematopoietic markers, like CD34, CD45, HLA-DR, and CD14, or CD11B, CD79 α , or CD19; and (3) in vitro differentiation into at least osteoblasts, adipocytes, and chondroblasts [47,48]. Therefore, MSCs are a multipotent non-hematopoietic stem cell population that has emerged in the last decade as a promising therapeutic tool for the treatment of several disorders, including PD [45,47]. This potential is associated with their widespread availability throughout the human body, namely in the bone marrow, adipose tissue, brain, dental pulp, placenta, umbilical cord blood, and Wharton's jelly [47,49]. Notwithstanding, it is important to highlight that although all these populations are within the definition of MSCs, they can have subtle differences, mainly in their membrane antigen markers [47]. Indeed, studies have demonstrated that such differences may be the result of different cell culture protocols in their isolation and expansion or, alternatively, be related with the tissue source from which they are being isolated [50,51]. Although, from the application point of view, studies have shown that after (intracranial) transplantation, these cells act as promoters of immunomodulation, neuroprotection, and neuronal differentiation [52,53]. These effects are essentially mediated by the products that are released by MSCs into the extracellular milieu, commonly defined as secretome [54]. MSC-secretome has been described as a complex mixture of soluble products composed by a proteic soluble fraction (constituted by growth factors and cytokines), and a vesicular fraction composed by

microvesicles and exosomes, which are involved in the transference of proteins and genetic material (e.g., miRNA) to other cells, with promising therapeutic effects [45,47].

Our lab has shown that MSC-secretome acts as an important promoter of neuroprotection, neurodifferentiation, by modulating neural stem cells, neurons and glial cells, and axonal growth in vitro and in vivo environments [52,55–61]. More recently, we have revealed that the use of dynamic culturing conditions (through computer-controlled bioreactors) can further modulate MSC-secretome, generating a more potent neurotrophic factor cocktail [62,63]. In the context of PD, we have recently shown that its administration in the SNpc-STR pathway was able to partially revert the motor and histological symptoms of a 6-OHDA PD rat model [64], indicating that MSC-secretome can be used as a therapy for PD. Following on this work we have identified the presence of important neuroregulatory molecules in the secretome of MSCs, including BDNF, IGF-1, VEGF, Pigment epithelium-derived factor (PEDF), DJ-1, and Cystatin-C (Cys-C), that are being described as potential therapeutic mediators against PD [62,65], as well as matrix metalloproteinases (MMPs), namely MMP 2, known for being able to degrade alpha synuclein aggregates [65,66], and have correlated their presence with the impact observed in our in vitro and in vivo models.

In addition to this protein fraction, the secretome also presents a vesicular portion, which is composed by extracellular vesicles (EVs). The latter are important in cell-to-cell communication, as they are involved in the transference of proteins and genetic material to neighboring cells [67]. EVs are secreted by different cell types, such as neurons, microglia, epithelial, endothelial, and hematopoietic cells, and stem cells as MSCs [68]. According to the International Society for Extracellular Vesicles (ISEV), EVs are characterized by three minimal criteria: (1) Isolation from conditioned cell culture medium or body fluids, with negligible cell disruption; (2) quantification of one protein (at least) from three distinctive categories in the EV preparation—cytosolic proteins, transmembrane or lipid bound extracellular proteins, and intracellular proteins; and (3) vesicles characterization using at least two different technologies—by imaging (e.g., electron microscopy or atomic force microscopy) and EVs size distribution measurements (e.g., nanoparticle-tracking analysis or resistive pulse sensing) [69]. EVs are classified as microvesicles, exosomes, and apoptotic cell bodies [70] based on their size, origin, and cargo. Regarding their size, exosomes are the smallest type, being classified as vesicles with a range of 30–150 nm, while microvesicles and apoptotic bodies have a 50–1000 nm and 50–2000 nm diameter, respectively [71]. EVs are distinguished as exosomes if formed inside multivesicular bodies (MVBs) at the endolysosomal pathway and secreted upon MVBs fusion with the membrane, in contrast to microvesicles, which form from the sprouting of the plasma membrane, while apoptotic bodies originate from dying cells fragments [72]. Exosomes are the best characterized EV population and were first discovered in 1983 in maturing sheep retiocytes [73]. Exosomes present a phospholipid layer characterized by sphingolipids, ceramides, tetraspanins (CD63, CD9, CD81), fusion proteins (flotillins, CD9, annexin), integrins, heat shock proteins (HSC70 and HSC90), membrane transporters (GTPases), lysosomal proteins (Lamp2b), tumor sensitive gene (TSG101), and Alix [74]. Regarding their cargo, exosomes contain a variety of biomolecules, such as cell-type specific proteins, signaling peptides, lipids, and genetic material (e.g., miRNA, small RNA, genomic DNA, mRNA, long non-coding RNA, tRNA, cDNA, and mtDNA), which once released to the extracellular environment, are taken up by other cells [75]. This interaction can lead to changes in the cell phenotype or to a modulation of the cell activity, raising the question of whether exosomes can represent the basis for the creation of new therapeutic strategies under the (CNS) regenerative medicine field. Indeed, studies have remarkably explored and demonstrated exosomes as a delivery system of therapeutic signals or drugs due to their low immunogenicity, ability to cross the blood-brain barrier (BBB), and long half-life in circulation [76]. As described, different cell types secrete exosomes, however, in this review, we highlight the ones derived from the secretome of MSCs, since they show promising effects by triggering regenerative responses in different pathological conditions. MSC-derived exosomes were firstly isolated and described in 2010 from human MSCs-derived from embryonic stem cells (ESC) [77]. Actually, since their discovery, an increasing number of studies explored their regenerative potential using diverse

in vitro and in vivo models of several pathological conditions by demonstrating that the uptake of MSCs-derived exosomes are able to stimulate angiogenesis and myogenesis, promote functional and morphologic rescue due to a decrease of oxidative stress and suppression of apoptosis, as well as the modulation of inflammatory responses [78–83].

Concerning CNS pathologies, MSCs-derived exosomes have also shown therapeutical benefits. For instance, in stroke, intravenous administration of MSCs-derived exosomes induced an increase of neurogenesis, neurite remodeling, and angiogenesis, facts that were correlated with a substantial improvement of animals' functional recovery [84]. Such a tendency was also observed in a traumatic brain injury model, showing an inflammation reduction and good outcomes after MSCs-derived exosomes' administration [85]. The injection of MSCs-derived exosomes has also been shown to be a possible treatment for spinal cord injury (SCI), by reducing inflammation and by promoting neuro-regeneration in rats after injury [86,87]. In neurodegenerative diseases, such as Alzheimer's, studies have shown MSCs-derived exosomes expressing high levels of the amyloid β -degrading enzyme, neprilysin (NEP), leading to a decrease of brain A β levels [88], and thus having an impact on the disease progression. In the context of PD, MSCs-derived exosomes were found to rescue DAn in in vitro (6-OHDA) models of PD, providing a potential regenerative treatment for this disorder [89].

However, although promising results have been claimed by MSCs-derived exosomes, studies have also claimed that the exosomes content depends on the tissues where MSCs are originally isolated and the environment in which they are present, setting the need to further study the different functional exosomal properties. Such an assumption is in line with previous results published by our group, which demonstrated that MSCs from different sources have different secretome profiles, thereby indicating that such a difference in their secretion pattern may indicate that their secretome or derived vesicles may be specific to a condition of the CNS [65].

5. Exosomal Genetic Material Content: Are miRNAs Important in the Modulation of the Molecular and Cellular Issues of PD?

As previously mentioned, one of the most common content of exosomes is the presence of genetic material, such as microRNAs (miRNAs) [90]. Actually, it has been indicated that numerous diseases, including PD, exhibit intense dysregulation of gene expression, specifically at the miRNA level [91]—Figure 1. In addition to its involvement in PD pathophysiology, exosome-derived microRNAs have also been identified as a potential tool for diagnosis biomarkers and targeted therapies.

miRNAs are the most studied class of non-coding RNAs (ncRNA), with between 21–25 nt, and are responsible for the regulation of specific genes through RNA messenger (mRNA) degradation or inhibition of their translation [92]. Still, miRNAs bind to the untranslated region (UTR) of the mRNA target and recruit the RNA induced silencing complex (RISC) in order to inhibit the expression of these targets, therefore, regulating specific gene expression, and presenting key roles in normal cellular physiology [93]. In animals, miRNAs are produced in two stages, starting from primary miRNAs (pri-miRNAs), and by the action of Drosha/DGCR8 RNase in the nucleus, and Dicer RNase in the cell cytoplasm [94]. This miRNA biogenesis pathway is of great importance and is essential for normal development since Dicer knockout (KO) mice are not able to survive beyond the embryonic stage [95]. Also, it was shown that impairments in Dicer in mice midbrain leads to a progressive loss of DAn [96], and post-mortem brain analysis showed DAn loss combined with LB, when the DGCR8 gene was deleted (chromosome 22q11.2 deletion syndrome) [97].

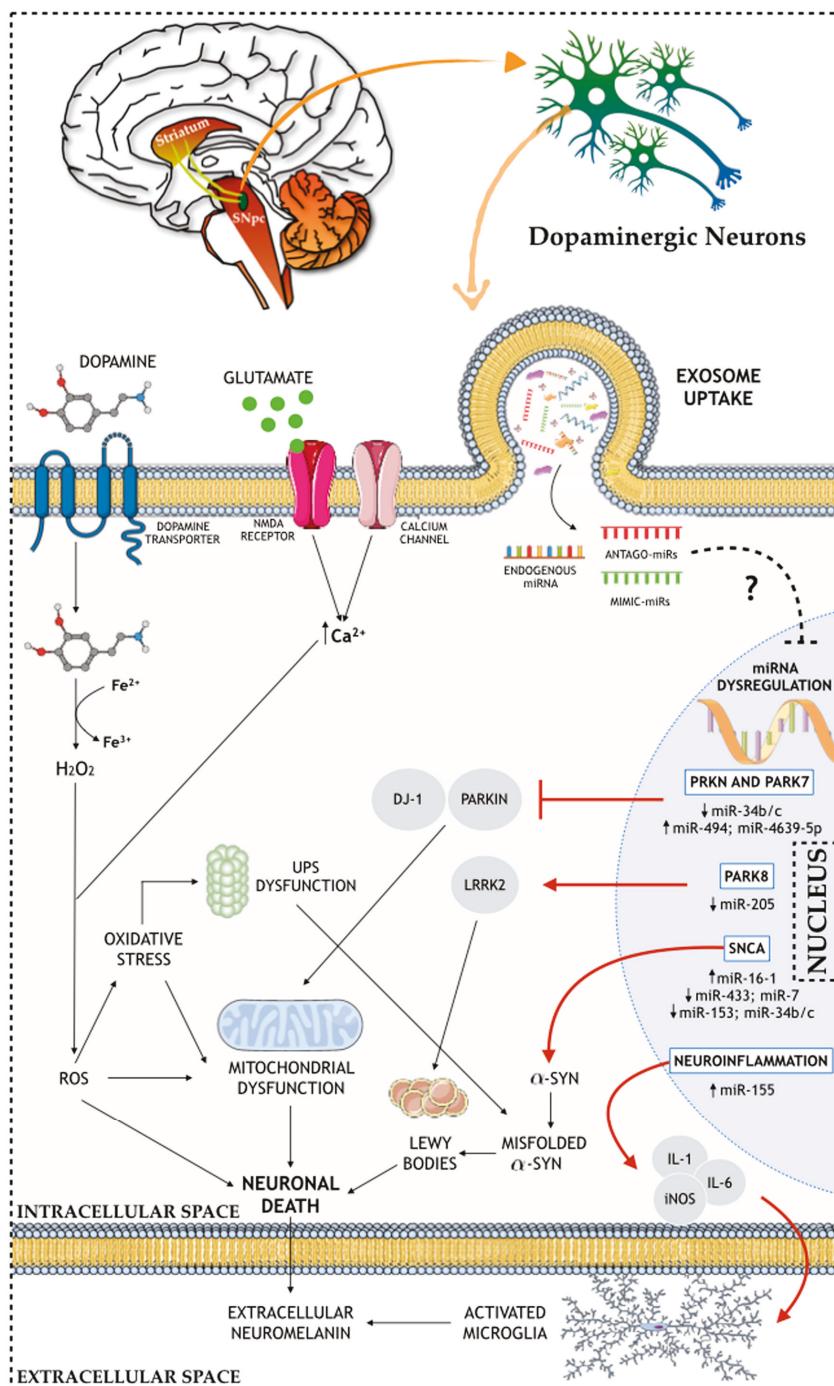


Figure 1. Schematic representation of the role of miRNAs in the molecular and cellular (e.g. nuclear, intracellular, and extracellular) mechanisms of PD brain.

Several miRNA-mediated dysfunction networks in PD-related genes have recently been reported. Concerning the SNCA gene, several miRNAs have been suggested as α -synuclein modulators. For instance, interference in the binding between miR-433 and fibroblast growth factor 20 (FGF20) mRNA leads to increased levels of FGF20, which in turn also increases the levels of the α -synuclein protein in the cell [98]. Moreover, an abnormal increase of the miR-16-1 levels inhibits to a greater extent the translation of the HSP70 mRNA (protein that inhibits α -synuclein), which in turn also leads to an increase of the α -synuclein protein levels [99]. Also, PD-related pathogenic processes blocking miR-7, miR-153, and miR-34b/c from binding on their α -synuclein mRNA target automatically leads to increased levels of α -synuclein [100–102]. Regarding PRKN and PARK7 genes, they express, respectively, the PARKIN and DJ-1 proteins, which present important roles in the normal cell functioning and PD. PARKIN protein partakes in the proteasome-mediated degradation, and it is expressed in the mitochondria, where it binds to mtDNA, protecting it against damage promoted by oxidative stress conditions [103]. DJ-1 protein is considered an oxidative detector and it binds to PARKIN protein in oxidative stress conditions, protecting the mitochondria from oxidative stress [104]. Also, mutations in the PARK7 gene make DAn more susceptible to ROS-mediated damage [105]. In PD, a correlation was found between the decrease of miR-34b/c levels and the consequent decrease of the PARKIN and DJ-1 proteins in several brain areas [106]. Also, an upregulation of miR-494 and miR-4639-5p causes a direct reduction of DJ-1 protein expression, making DAn more vulnerable and prone to the PD phenotype [107,108]. Moreover, LRRK2 gene (PARK8) mutations cause sporadic PD associated to a neuropathology characterized by SNpc' DAn loss, which is, in some cases, accompanied by the formation and presence of LB [109]. In fact, studies verified an increase of LRRK2 expression in PD patients when compared with controls, correlating this increase with a downregulation of miR-205 [110]. Another miRNA associated with the dopaminergic phenotype in PD is miR-133b, which is found to be downregulated in PD patients, and it regulates the transcriptional activator, Pitx3, an important factor in DAn development [111]. Additionally, other miRNAs were found to regulate the expression of genes involved in neuroinflammation, an important hallmark of PD. In this context, studies have found that miR-155 plays a key role in the upregulation of the inflammatory response to α -synuclein fibrils. This occurs by the fact that miR-155 is a modulator of proinflammatory molecules, such as IL-1, IL-6, TNF- α , and iNOS, leading to its upregulation [112]. Also, an miR-155 KO mice model showed that the lack of this miRNA prevented reactive microgliosis, as well as the loss of DAn triggered by the overexpression of α -synuclein [113]. In the same line of thought, miR-7, which was previously reported as an important factor in the regulation of α -synuclein levels, has also been presented as an important player in the modulation of neuroinflammation. For instance, the injection of miR-7 in the STR of an MPTP mouse model of PD was found to block NLRP3 inflammasome activation, leading to a remarkable attenuation of DAn death [114].

In addition to this involvement in PD pathophysiology, miRNAs are also being investigated as a potential source of PD biomarkers, in which the exosomes are being identified as a great use for diagnosis and prognosis of the disease. Indeed, Vizoso and colleagues [115] have recently proposed that MSCs-derived secretome is sufficient to significantly improve multiple biomarkers of the pathophysiology, making it a potential strategy to be used for the establishment and identification of promising PD biomarkers. As we have previously described, MSCs are able to secrete large quantities of exosomes carrying miRNAs, and such miRNAs may function not only as a novel class of promising biomarkers, but as modulators of multiple systems that could play critical roles in several diseases, including PD. Therefore, the possibility of using it as a potential therapeutic strategy for the treatment of PD is starting to emerge. To target the brain areas affected in PD, miRNAs must be delivered into the brain through a transport system able to cross the BBB—Figure 2. Due to the multi-faceted nature of exosomes, its application in clinics is something that could be envisaged in the near future [116]. However, firstly, some challenges need to be addressed, namely: (1) The correct (MSC) cell line; (2) exploration of the most efficient and reliable yield isolation technique associated to an efficient scalable production; (3) development of robust loading methods without damage to the exosomal

integrity, in order to ensure an improved insight into PD cellular and molecular mechanisms, and finally to (4) address and plan possible strategies to improve (MSCs) exosomes' targeting capability.

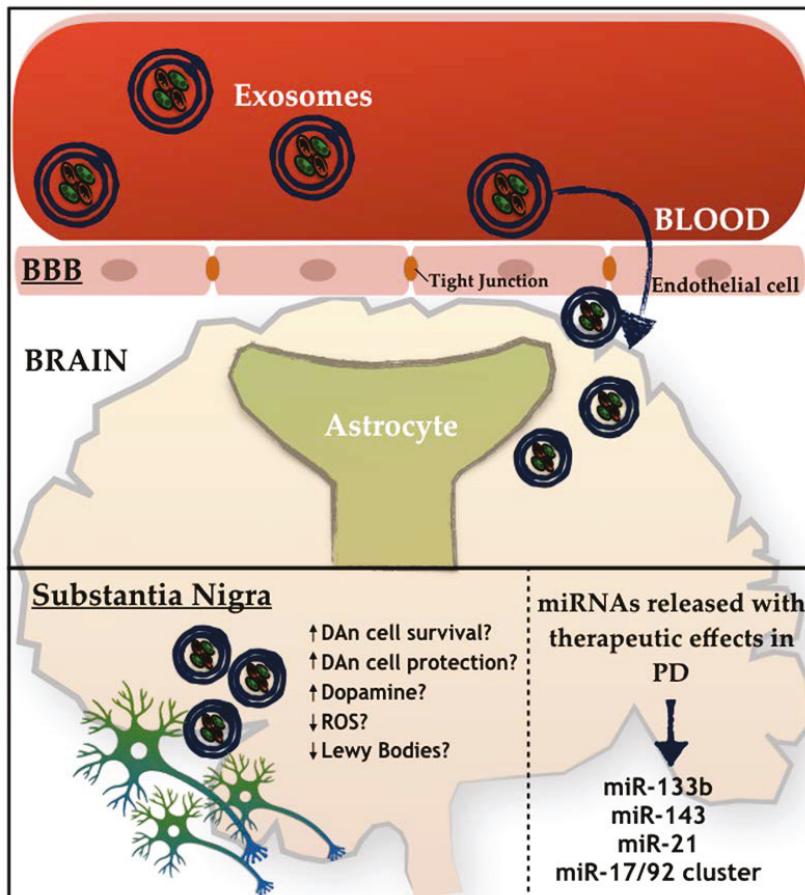


Figure 2. Schematic representation of the active role of exosomes on PD. How exosomes recognize and internalize other cells remains under discussion. Free-floating, adhesion, and antigen recognition have been described as mechanisms of cellular recognition, while soluble and juxtacrine signaling, fusion, phagocytosis, micropinocytosis, and receptor- and raft-mediated endocytosis have been described as mechanisms of exosomal internalization, as described by [75].

MSCs-derived exosomes may constitute a new key solution. Indeed, several studies show that MSCs-derived exosomes are able to transfer miRNAs to neuronal cells, in which exosomes enriched in miR-133b can promote neurite outgrowth [117], which is of great benefit for PD, as it is one of the miRNAs that is normally downregulated in the disease. Still, miR-143 and miR-21 were also found to be present in MSCs-derived exosomes, being described as important players in immune response modulation and in neuronal death associated with an environment of chronic inflammation [118]. Similarly, an miRNA cluster is also present in MSCs-derived exosomes, being formed by miR-17, miR-18a, miR-19a/b, miR-20a, and miR-90a, and being described as important modulators of neurite remodeling and neurogenesis, as well as stimulators of axonal growth and CNS recovery [119]. For instance, mimics, such as mimic-miR-124, are able to promote subventricular zone (SVZ) neurogenesis, which was shown after intracerebral administration in a 6-OHDA mice

model of PD, and was also correlated with significant behavioral improvements [120]. In contrast, the mimic-miR-7 is also able to suppress NLRP3 and α -synuclein in the nigrostriatal pathway, thereby providing a potential therapeutic effect for PD. Regarding the antago-miRs, the antago-miR-155 may be relevant to PD therapy, since miR-155 plays a key role in the microglial cells activation in PD, leading to neuroinflammation. Finally, the overexpression of miR-126 leads to an impairment in the IGF-1 signaling, increasing DAn vulnerability to the PD neurotoxin, 6-OHDA. Notwithstanding, when using an antago-miR-126, the opposite occurs, resulting in neuroprotective effects induced by IGF-1 [121].

In summary, the development of an understanding of the molecular mechanisms regulated by miRNAs and the potential of MSCs-derived exosomes in how they impact PD brain homeostasis may allow the creation and development of important clinical gains to be translated to PD patients.

6. Conclusions and Future Perspectives

PD is a severe neurodegenerative disease that affects millions of people worldwide, and despite the advances in the PD research field, the molecular and cellular basis underlying this disease are still not fully understood. While important gains were achieved with the current pharmacological/surgical treatments in the quality of life of PD patients, they have failed to arrest PD progression and do not promote DAn protection/differentiation. Thus, a new approach that allows an understanding of the cellular and molecular mechanisms of PD to identify new therapeutical strategies and targets is necessary. Currently, MSC-secretome has been proposed as a promising therapeutic tool for several neurodegenerative diseases, like PD, given their ability to modulate DAn survival. Within it, MSCs-derived exosomes constitute, along with the protein fraction, an important tool and therapeutic option. Indeed, the exchange of genetic material, such as miRNA, through exosomes can promote neurogenesis, reduce neuroinflammation, as well as promote functional recovery in animal models. In fact, miRNAs have gained an important status in the PD research field not only due to its involvement in PD pathogenesis, but also as an opportune window to use as biomarkers or as potential therapeutic agents for PD treatment. Therefore, understanding the complexity of MSCs-derived exosomes, and how its miRNA content interacts with the molecular and cellular PD mechanisms is of great importance. Such an approach will not only allow the exploitation of potential pathways involved in the recovery/compensation mechanisms of the disease, but also in the development of multi-target-based strategies that could generate potential clinical benefits to be translated for PD patients.

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Review

Novel Immunotherapeutic Approaches to Target Alpha-Synuclein and Related Neuroinflammation in Parkinson's Disease

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Abstract: The etiology of Parkinson's disease (PD) is significantly influenced by disease-causing changes in the protein alpha-Synuclein (aSyn). It can trigger and promote intracellular stress and thereby impair the function of dopaminergic neurons. However, these damage mechanisms do not only extend to neuronal cells, but also affect most glial cell populations, such as astroglia and microglia, but also T lymphocytes, which can no longer maintain the homeostatic CNS milieu because they produce neuroinflammatory responses to aSyn pathology. Through precise neuropathological examination, molecular characterization of biomaterials, and the use of PET technology, it has been clearly demonstrated that neuroinflammation is involved in human PD. In this review, we provide an in-depth overview of the pathomechanisms that aSyn elicits in models of disease and focus on the affected glial cell and lymphocyte populations and their interaction with pathogenic aSyn species. The interplay between aSyn and glial cells is analyzed both in the basic research setting and in the context of human neuropathology. Ultimately, a strong rationale builds up to therapeutically reduce the burden of pathological aSyn in the CNS. The current antibody-based approaches to lower the amount of aSyn and thereby alleviate neuroinflammatory responses is finally discussed as novel therapeutic strategies for PD.

Keywords: Parkinson's disease; neuroinflammation; alpha-Synuclein; immunotherapy

1. Introduction

Parkinson's disease (PD) is the second-most common neurodegenerative disorder and affects 2–3% of the general population with an age of more than 65 years. It is characterized by a multitude of pathophysiological alterations that are linked to the dysfunctional state of the protein alpha-Synuclein (aSyn). In their typical clinical presentation, PD patients exhibit deficits in motor function with bradykinesia, rigidity, tremor, and possibly postural instability, reflecting the degeneration of dopamine processing neurons in the substantia nigra pars compacta and alterations of dopaminergic neurotransmission to basal ganglia motor circuits [1–3]. Apart from the motor symptoms, there are substantial impairments in non-motor domains, including signs of cognitive deficits, psychiatric comorbidities, daytime sleepiness, or autonomic failure [4]. The wide variety of symptoms clearly

indicates that many different brain regions and neurotransmitter systems are affected [5]. As a causal pathological agent, aSyn has been identified, but the entirety of disease processes cannot be attributed to the dysfunction of a single protein [6]. After intensive research over the last decades, it is now generally accepted that aSyn pathology is tightly associated with CNS neuroinflammation in PD. The evidence for this phenomenon extends over basic science studies in cell culture or animal models to increasing data by human examinations, which have been collected post mortem but also in vivo [7]. However, the importance of neuroinflammation for the development and progression of the PD is still controversial [8–10]. In order to weigh the scientific findings, clearly identified pathomechanisms in humans should play a central role in further analysis. This is of particular importance considering the new immunological therapeutic approaches currently being tested in human clinical trials. In vitro and in vivo animal models of PD serve to evaluate and differentiate human pathophysiological findings. In addition, they enable us to design targeted immunological therapies for human use.

In this review article, we present the current state of basic research on the role of aSyn and its direct lesioning effects on neuronal cells. The impact of aSyn as an aggravator but also a potential facilitator [11] for neuroinflammation is a strong focus of this review, and will be analyzed based on cell types involved in neuroinflammation. The interactions of aSyn with astroglia, monocytes and microglia, and T lymphocytes are depicted and resulting cellular pathologies and their associated pathomechanisms are discussed. These findings are related to human neuropathological data and analyzed for their significance, but also plausibility. Finally, a clear rationale emerges that reducing the burden of aSyn pathology is a promising approach for a disease modifying therapy of PD. The preclinical results and designs of current human studies employing anti-aSyn directed antibodies as immunotherapy for PD will be presented and evaluated in a look-ahead for future developments.

2. Alpha-Synuclein as Direct Stressor for CNS Neurons

aSyn is a soluble cytoplasmic protein with a length of 140 aa (amino acids) being encoded in the *SNCA* gene. Its primary structure can be subclassified into three regions: an amphipathic N-terminal domain (1–61 aa), a hydrophobic domain (61–95 aa) with the non-amyloid-beta component (NAC), and the N-terminal domain (96–140 aa), which is highly acidic [12–14]. aSyn is expressed throughout the CNS, but can also be found in the PNS and other tissues like red blood cells [15]. aSyn aggregates that are localized in so-called Lewy bodies are a neuropathological hallmark of human PD [1] and point mutations in the *SNCA* gene cause familial forms [14].

The physiological role of aSyn is only incompletely understood, but diverse studies have shown that it plays an important role in synaptic plasticity and neurotransmitter release [12,15,16]. aSyn is stored in the presynaptic terminal, where it presumably interacts with the soluble N-ethylmaleimide sensitive factor (NSF) attachment receptor (SNARE) complex, whose circle of assembly and disassembly is important for the continuing release of neurotransmitters. A direct interaction with synaptobrevin-2/vesicle-associated membrane protein 2 and phospholipids seems to promote the assembly of the SNARE-complexes [13,17], and over-expression of aSyn leads to an impairment of different synaptic functions, like vesicle trafficking and recycling [18,19].

Under physiological conditions, native aSyn appears as a soluble monomer, but in cases of oxidative stress or a change in pH level, it aggregates to insoluble fibrils, which have a β -sheet conformation. It is able to organize itself in oligomers and amyloid fibrils as aggregates that can harm different cell organelles, like the Golgi apparatus or mitochondria, and then affect mechanisms like synaptic vesicle release [14]. An interesting feature of aSyn is its propagation mechanism, as there is increasing evidence that aSyn is transmitted between neurons. After transport of aSyn assemblies along the axons, it is released in the extracellular space and can then be taken up by another neuron [16]. Because of the demonstrated spread of aSyn, it is considered by some authors to have a prion-like behavior [20], although this hypothesis is heavily debated [21,22]. Interestingly, Yamada et al. demonstrated recently that the release of aSyn in vivo is also regulated by neuronal activity, as well as by extrinsic mechanisms and stressors [23].

Extracellular aSyn seems to have deleterious effects on neighboring neurons and glia. Various *in vitro* studies have been performed to demonstrate direct effects on neuronal cells. Exogenous fibrils, which were internalized by primary hippocampal neurons, induced pathological misfolding in endogenous aSyn. This led to phosphorylation, ubiquitination, and finally aSyn aggregation. Interestingly, there was no need for an overexpression of wild-type aSyn because the presence of endogenous aSyn was sufficient [24,25]. Hassink et al. used primary cortical neurons from rats to evaluate the effect of exogenous aSyn. After exposition to extracellular aSyn, they observed an increased uptake of aSyn, followed by intracellular formations of aSyn assemblies. At the same time, a spontaneous initial increase of synaptic activity was detected, which later reversed and resulted in overall activity reduction [26]. Importantly, the impairment of cellular functions by aggregated aSyn is not limited to dopaminergic neuronal cells. Long-term potentiation in hippocampal brain slices is negatively impacted by extracellular aSyn, supposedly by a temporary inhibition of NMDA receptors [14,27]. Direct injections of disaggregated aSyn in the substantia nigra of wild-type rats caused neuronal cell death and behavioral motor deficits [28]. Even after intravenous injection, aSyn crosses the blood brain barrier [28], or is found in the contralateral hemisphere of wild type mice following previous injection of aSyn into the ipsilateral striatum [29]. Virus-mediated overexpression of wildtype or transgenic aSyn injected into the mouse substantia nigra can lead to loss of nigral dopaminergic cells and of their axons, and additionally impairs the intrinsic regenerative capacity of dopaminergic axons [30].

These data clearly demonstrate direct and often deleterious effects of both soluble and aggregated aSyn on neuronal cell populations, including dopaminergic neurons. However, extracellular aSyn also activates glial cells and provokes a multitude of immunological reactions, which can be classified under the term neuroinflammation.

3. Alpha-Synuclein as Promotor of Neuroinflammation

With more than 50% of all cells in the brain, glial cells form the largest cell population and thus comprise a number of approximately 1 trillion [31]. In the CNS, they mainly differentiate into astroglia, microglia, and oligodendroglia, which are all susceptible to aSyn and may react with a neuroinflammatory response. Whether a glial cell activation is deleterious or even beneficial for the CNS milieu and its neurons is often hard to say and strongly depends on the specific context. However, in order to develop an interfering strategy to alleviate aSyn-triggered mechanisms, the cellular responses of glia must be well known. However, with respect to neuroinflammation, T lymphocytes and their interaction with microglia also seem to play an important role in PD. Here, we present the most relevant findings from cell-based and animal studies, differentiated according to the three most important cell populations involved.

3.1. Astroglia

Astroglia are essential for the proper functioning of CNS neurons. They provide structural and metabolic cerebral homeostasis, regulate water transport, blood flow and synaptic transmission, and produce neurotrophic factors. Thus, their role of a more passive cell population, initially assumed to be rather insignificant, was significantly expanded. In addition, there is a close interaction with microglial and oligodendroglial cells [32].

There is only little experimental data on aSyn-mediated stimulation of astroglia available. In cell culture, aSyn was a strong TLR-4 mediated stimulation factor for astrocytes and was taken up by these via endocytosis [33], so that it can be assumed that astrocytes contribute significantly to the clearance and degradation of extracellular aSyn. In the case of astrocyte-selective overexpression of the aSyn A53T mutant, it accumulated significantly and led to reactive astrogliosis associated with cerebral microhemorrhages and reduction of astroglial glutamate transporters [34]. On the other hand, transgenic model systems were used and also demonstrated an important neuroprotective potential of astrocytes. Selective overexpression of the transcription factor Nrf2 in astrocytes in

transgenic aSyn-A53T mutant mice delayed the onset of clinical disease and significantly prolonged survival. Furthermore, the amount of aSyn-A53T protein aggregates in mouse brain was significantly reduced and dysfunctional protein degradation, including chaperone-mediated autophagy and macroautophagy, was reduced. Interestingly, the survival of motoneurons was also improved and gliosis and oxidative stress in the spinal cord were reduced, so that non-dopaminergic cells and the CNS tissue structure in general benefited from the modified astrocyte function [35].

Astrocytes can absorb extracellular aSyn from neurons and degrade it into lysosomal compartments [36]. Studies on human astrocytes derived from embryonic stem cells have shown that aggregated aSyn can be intercellularly exchanged between astrocytes via small tubular “tunneling nanotubes” (TNT) to avoid overloading of individual cells. In return, the endangered astrocytes received energy-providing mitochondria from the healthier cells [37].

It can be concluded that astrocytes play an important modulating role in the progression of PD neuropathology, not least due to their very high abundance and their buffering effect, e.g., for spreading of aSyn. In the case of overloading with aSyn, there is a risk of decompensation with consecutive pro-inflammatory effects, activation of microglia, and collapse of the homeostasis in the CNS.

3.2. Microglia

Microglial cells are a central part of the innate immune system of the CNS and account for up to 20% of the total glial population [38]. The physiological role of resident microglia in the CNS comprises the preservation of homeostasis by continuous monitoring of the local milieu, and if necessary, phagocytose or pinocytose degradation products or cellular residues [39,40]. In this case, the microglia present morphologically with strongly ramified and highly mobile cell processes that are in close contact with other glial and neuronal cells [41,42]. Different stimuli, such as neuronal cell death, mechanical stress, infectious agents, or cellular toxins, can drive microglia to a transformation to an altered morphological phenotype. This induces a polarization of microglia into a proinflammatory neurotoxic or anti-inflammatory neuroprotective phenotype, traditionally referred to as M1 or M2 type. For example, proinflammatory M1 microglia are characterized by the secretion of factors, such as NO, ROS, IL-1 β , IL-6, or TNF- α , whereas anti-inflammatory M2 microglia secrete IL-4, IL-10, IL-13, or TGF- β [43,44]. The functional phenotype of the reactive microglia strongly depends on distinct stimulating factors at the beginning or during the progression of PD, and on the respective localization in the CNS [45,46], so that the M1/M2 concept for the differentiated function of the microglia seems to be rather simplified [47].

Constitutive transgenic overexpression or local viral-induced overexpression of aSyn results in an increased number of microglial cells in the SN [48,49]. Transgenic mice overexpressing aSyn also showed a distinct microglial activation in the striatum from the first month of life, and only then in the SN from the fifth month of life persisting until the 14th month of life. This was accompanied by increased levels of TNF- α in the striatum and increased levels of TNF- α , TLR1, TLR4, and TLR8 in the SN [50]. Extracellular aSyn released from neuronal cells was demonstrated in an elegant study using *in silico*, *in vitro*, and *in vivo* approaches to be an endogenous agonist for Toll-like receptor 2 (TLR2), which activates inflammatory responses in microglia [51].

In vitro, numerous experiments have shown that the aSyn wildtype or mutant variants activate microglia and can pathologically increase microglial inflammatory signals in an autocrine or paracrine manner [7]. In addition to activation of ROS, matrix metalloproteinases or activation of the NFB/AP-1/Nrf2 pathway play an important role [52,53]. Williams et al. investigated the involvement of microglial MHCII complex in alpha-synuclein-induced neurodegeneration. By knock-out of the class II transactivator (CIITA), they inhibited MHCII expression on primary microglia. Stimulation with fibrillar aSyn *in vitro* then led only to a reduced inflammatory response with less iNOS expression and antigen processing. *In vivo*, RNA silencing of CIITA led to a reduced MHCII expression, less peripheral immune cell infiltration into the CNS, and reduced aSyn-induced neurodegeneration [54].

In a recent study, a possible pathogenetic contribution of the intestinal microbiome was investigated in mice overexpressing aSyn. It was shown that the microbiome is essential for the development of motor deficits, aSyn aggregation, and microglia activation. Short-chain fatty acids were identified as modulators of microglial activation [55].

Beside this inflammatory response, microglia cells are directly involved in the clearance mechanism of aSyn [56]. In investigating the phagocytic activity of BV2 microglial cells after incubation with aSyn in different aggregation states, an increased internalization of fibrillar aSyn was observed [57]. Another study showed high uptake of aSyn by primary microglia, independent of its aggregation, whereas the C-terminally truncated form of aSyn had the strongest effect on inflammation and oxidative stress, with the TLR4 pathway being critically involved [58]. Besides the aggregation state, PD related mutations of aSyn influence the phagocytic activity of microglia. For the wildtype and A53T mutant form, an enhanced phagocytosis by primary microglia was observed, whilst incubation with the A30P or E46K mutant showed no effect [59]. Interestingly, concentration levels of aSyn also affect the cellular clearance capacity. In an elegant study with induced Pluripotent Stem Cell (PSC) lines generated from early onset PD patients with SNCA A53T and SNCA triplication mutations, it was shown that PSC-macrophages have a significantly reduced phagocytosis capability with the SNCA triplication. This could be phenocopied by adding monomeric aSyn to the cell culture medium. While the PSC-macrophages were, in principle, capable of clearing aSyn, their ability was compromised by high levels of exogenous or endogenous aSyn [60].

Overall, it can be stated that the microglia detect damaging events in the CNS very sensitively and quickly react with an adaptive response. To what extent this response may have a neuroprotective anti-inflammatory effect, or if rather the progression of the disease is amplified in a harmful pro-inflammatory manner, can often only be analyzed incompletely with standard methods. More precise molecular methods must be used to map the entire spectrum of microglial phenotypes and their functional consequences.

3.3. Lymphocyte Cells

T lymphocytes establish the connection from the peripheral immune system to the immune system of the CNS, and are of importance for the modulation of neuroinflammation in conjunction with CNS microglia. Together with B lymphocytes, T lymphocytes build the adaptive immune system. After maturing in the thymus, T lymphocytes circulate continuously in the blood until they are activated by antigen-presenting cells, such as dendritic cells, B cells, or microglia. A rough distinction is made between two classes, the CD8⁺ T cells and the CD4⁺ T cells. CD8⁺ T cells, also known as cytotoxic T cells, are activated by the MHC I complex and predominantly induce apoptosis of damaged or infected cells. CD4⁺ T-helper cells, which are activated by the MHC II complex, ensure a regulation of the immune response. The proteins of the MHC complex are a central element in immune regulation and present antigenic structures that can activate T lymphocytes [61].

In the midbrain of mice overexpressing aSyn, CD3⁺ T cells were detected in significant numbers. In an additional analysis of the entire brain, similar amounts of CD4⁺ and CD8⁺ cells were detected [62]. Local overexpression of aSyn in midbrain neurons by viral vectors led to dopaminergic neurodegeneration [30], which was shown to be associated with a locally significantly increased proliferation of T and B lymphocytes being accompanied with microglial activation [49]. The maturation of T lymphocytes similarly seems to depend on the expression of alpha-synuclein, because aSyn knockout mice showed significantly reduced numbers of CD4⁺, CD8⁺, and even double CD4⁺/CD8⁺ negative cells compared to controls [63].

Looking at these data, it can be stated that the lymphocyte cell population is importantly involved in the modulation of neuroinflammation in PD models through its interaction with the innate immune system.

4. Alpha-Synuclein Pathology and Neuroinflammation in Human PD

In the human PD brain, perikaryal Lewy bodies represent the neuropathological hallmark and contain aggregated aSyn as a main component. Lewy neurites represent filamentous neuritic inclusions of degenerating dopaminergic neurons [64–66]. In familial PD, various point mutations in aSyn (A30P, E46K, H50Q, G51D, A53E, and A53T) have been identified, but also rare gene duplications or triplications exist which cause additional autosomal-dominant or -recessive forms of PD [67]. The pathological findings on neuroinflammation in human PD are extensive but also heterogeneous. This may not least be due to the fact that the clinical diagnosis of PD continues to be associated with uncertainties [68]. For this reason, it has to be assumed that the human data collected so far contain a proportion of patients who have been incorrectly diagnosed, and therefore findings on neuroinflammation may be more diverse. Another ongoing challenge is the pre-analytical processing of biosamples, as well as the analytical and clinical procedures, which need to be standardized in the best possible way and should be performed with a harmonized protocol in multicentric cohorts [69,70].

Initial analyzes of the neuroinflammation of PD were already performed 100 years ago on brain post mortem tissue [71]. In the neuropathological studies, the degeneration of dopaminergic nigral neurons and Lewy-body pathology were in focus first [72], but soon after the involvement of extra-nigral brain regions [73] and glial pathology was appreciated [74].

4.1. Astroglia

There are indications of astrocytic involvement in PD since very early investigations [74,75], although their impact varied in severity with different analytical techniques [76]. The topographical distribution pattern of aSyn immunoreactive astrocytes appears to parallel the formation of neuronal aSyn inclusion bodies in cortical neurons. This could depend on the proximity to terminal axons of affected cortico-striatal or cortico-thalamic neurons [77]. Compared to other brain regions, the astrocyte density in the SN is rather low, which could also explain the increased vulnerability of dopaminergic neurons to cellular stressors [78]. Astrocytes appear in two morphological phenotypes as protoplasmic astrocytes in the gray matter or as fibrous astrocytes in the white matter. Protoplasmic astrocytes surround the neuronal cell bodies and synapses, while fibrous astrocytes surround Ranvier's rings and oligodendroglia [32].

The function of astroglia is strongly influenced by microglia due to their close (patho)physiological interactions. Recently, in analogy to the classification of microglial cells into an M1 and M2 phenotype, a subdivision of the astrocytes into a destructive A1 and protective A2 phenotype has been postulated [79]. An astrocytic A1 phenotype was shown to be induced by classically activated microglia via secretion of the cytokines IL-1 α , TNF- α , and complement component 1q (C1q), thereby losing the ability to promote neuronal survival and outgrowth or to support synaptogenesis. Rather, in the presence of this cell type, the probability for cell death of neurons and oligodendrocytes is increased. The histological analysis of astrocytes in the SN in human PD showed a significantly increased population of destructive A1 cells, so that a close connection with dopaminergic cell pathology could be established [79]. In knowledge of the strong activating stimulus of aSyn for microglia, it seems very likely that such a context promotes the A1 phenotype. In an own analysis, we detected increases of astrocytic cell numbers in the striatum of PD patients, which was also associated with increased expression of the protein ROCK2, a regeneration-inhibiting protein. This alteration was not found to the same extent in the SN. The striatal expression of regeneration inhibitory factors may thus indicate another cause for why dopaminergic axonal pathology develops [80].

The expression of aSyn in astrocytes in PD human brains is rather low, but it has been found in various aggregation states [77,81]. ASyn can accumulate in astrocytes, predominantly in non-fibrillar forms. In human neuropathological investigations, mostly fibrous astrocytes were shown to be affected [82]. They were located not only in the SN, but also in regions such as the striatum and dorsal thalamus, where dopaminergic terminals reside [77]. This indicates again a possibly harmful constellation for dopaminergic neurotransmission.

4.2. Microglia

The microglial cell population probably plays the most important role in neuroinflammation in human PD, but also in other neurodegenerative diseases [83]. It is found in an altered state both in the early stages and in the progressive course of the disease. Compared to healthy controls, a microglial cell number increase was shown in several post mortem studies on PD brains. Microglia were primarily located to the SN as identified by immunohistochemical detection of the complement receptor CR3/43, ferritin, or HLA-DR [76,84]. In the case of MHCII-positive microglia, an increased aSyn deposition was additionally found [85]. Other brain regions, such as putamen, hippocampus, transentorhinal cortex, or cingulus gyrus, also exhibited increased microglial cell populations [86]. In our own study, we detected a striatal increase in the number of ED1-positive microglial cells compared to age-matched healthy controls. This was accompanied with an increased expression of the regeneration-inhibitory protein ROCK2 and astrogliosis, indicating that there may be a microglial-astroglial interplay that impairs dopaminergic regenerative function [80]. The morphological phenotype of human microglia ranges from the ramified putative “resting state” to the “activated” or “phagocytotic” variant [87]. However, in our opinion this does not permit drawing a definite inference to their (patho)physiological function. Activated microglia express enzymes, such as iNOS, NADPH oxidase, COX, or myeloperoxidase, which are oxidative stressors that can potentiate inflammatory processes. An increased expression of these enzymes can be found in post mortem analyzes in the SN of PD patients [88,89]. Interestingly, microglia-associated pro-inflammatory cytokines, such as TNF- α , IL-1 β , and IL-2, IL-10, or CRP, may be significantly increased in PD peripheral blood analyzies [90].

Much attention is currently being paid to nuclear medicine methods that label microglia in PD patients *in vivo* with positron emission tomography (PET) technology. The application of the marker [^{11}C](R)-PK11195 for activated microglia to drug naïve early disease-stage PD patients showed a significantly higher density of microglia in the midbrain and putamen on the clinically more affected side. This also correlated with a reduced activity of dopamine transporter ligand [^{11}C]CFT and motor function [91,92]. Increased accumulation of microglia, also labelled with [^{11}C](R)-PK11195, has recently been demonstrated, even in patients with REM sleep behavior disorder (RBD)—a high-risk prodromal feature of PD. In this study, a left-sided increased nigral accumulation of [^{11}C](R)-PK11195 correlated with a decreased left-sided putaminal signal of the dopaminergic marker [^{18}F]-DOPA [93].

However, these findings have to be interpreted with caution, because [^{11}C](R)-PK11195 or other TSPO ligands are not exclusively specific for microglial cells, as recent studies have demonstrated. It is known that microglial activation in response to various stimuli is associated with an upregulation of its mitochondrial translocator protein-18 kDa (TSPO) [94], which is also the case in various neurodegenerative diseases, including PD [95]. But TSPO is also involved in several physiological processes, such as steroidogenesis, mitochondrial oxidation, cell growth, and differentiation, and thus is not a discriminating factor to differentiate microglial phenotypes. Furthermore, a common single nucleotide polymorphism (rs6971) in exon 4 of the *TSPO* gene affects the ligand-binding affinity [95]. Importantly, TSPO can also be expressed on activated astroglia [96]. Novel second-generation TSPO ligands labeled with the short-lived positron-emitter isotopes ^{11}C and ^{18}F like [^{11}C]-PBR06 or [^{18}F]-DPA-714 enable the visualization of TSPO expression with improved signal to noise ratios and are currently extensively studied in human clinical studies. Here, quantification of data is a complex task, because microglia are distributed ubiquitously throughout the entire brain, and premorbid disease may occur. Advanced methods using cluster analysis could be performed with dynamic PET scans of each individual to determine suitable reference regions [95]. The identification of new targets that specify either pro- inflammatory or anti-inflammatory microglial phenotypes will provide further information on the role of these immune cells and provide a mechanistic rationale for the development of more effective neuroprotective drugs, including antibody-based therapies. A novel microglial marker candidate is the macrophage colony-stimulating factor 1 receptor (CSF1R), which was successfully targeted with a positron-emitting, high-affinity ligand [^{11}C]-CPPC. It showed specific and elevated uptake in a murine model of AD and in post mortem brain tissue of AD patients [97].

4.3. Lymphocyte Cells

The appearance of lymphocyte cells has been primarily demonstrated in post mortem SN analyzes of PD patients [84,85,98,99]. Interestingly, in the peripheral blood of PD patients, significant differences were found in the abundance of lymphocyte subpopulations, which indicated altered adaptive immunity and were associated with motor dysfunction [100]. In other studies, the ratio of CD4⁺ to CD8⁺ cells decreased, the number of regulatory CD4⁺/CD25⁺ T cells was reduced, or the total number of CD4⁺ T cells and CD19⁺ B cells were decreased [101,102]. This indicates that in PD patients, possibly due to aSyn pathology, maturation deficits or dysregulated populations of T lymphocytes develop, as has also been observed in animal studies [63].

In several genetic examinations, an association of PD with the individual configuration of alleles of the MHC complex was found [103,104]. To clarify the question of whether PD is associated with T-cell recognition of aSyn epitopes presented by specific MHC alleles, Sulzer et al. examined PD patients and age-matched controls. After stimulation of human PBMC with IFN- γ or IL-5 in one or two-thirds of the patients, respectively, a reaction to aSyn peptides of the Y39-near N-terminal or S129-related C-terminal region was found. This response was mediated by CD4⁺ or CD8⁺ T cells and was especially robust with defined subsets of MHC alleles [105]. Approximately 40% of the PD patients in the study exhibited immune responses to aSyn epitopes, which could reflect variations in disease progression or environmental factors. In classic autoimmune disorders, such as type-1 diabetes or rheumatoid arthritis, a similar percentage of patients display these responses [106]. Here, the MHC class II response may precede MHC class I, and it was noted in the Sulzer manuscript that exposing microglia to aSyn activated MHC class I expression by dopamine neurons [105].

These data demonstrate that aSyn protein fragments can induce T cell-mediated immune responses in PD patients and raise the suspicion that PD could be an autoimmune disorder. To what extent the risk of progression of disease in PD individuals with certain MHC allele configurations may be increased must be investigated in further studies.

From the overall point of view, it becomes clear that there is a relevant neuroinflammatory component also in human PD neuropathology, which is documented in post mortem analyzes as well as in vivo investigations at different time points during the disease course [74,93,107]. Unfortunately, longitudinal interindividual or even intraindividual analyzes are missing or are only available for small patient numbers and periods of time in which no significant alterations have been observed [107].

5. Immunotherapies to Target Alpha-Synuclein

As shown in the previous sections, aSyn pathology is a central hallmark of PD. Both in animal experiments and in human studies, it has been shown that accompanying neuroinflammatory processes involving astroglia, microglia, and T cells play a role for disease development. Therapeutic strategies with direct targeting of single or multiple aspects of cellular neuroinflammation are currently under investigation and are described elsewhere [44,108]. Another therapeutic approach is to primarily focus on aSyn as the causative substrate of this pathology. The main goal here is to lower the burden of extracellular aSyn in the brain, and as a consequence reduce neuroinflammation. Until now, passive immunization with administration of antibodies directed against aSyn, seems to be one of the most promising strategies to accomplish this objective [109]. In the following section, an overview of the most important recent results with the passive aSyn immunotherapies are presented.

5.1. Preclinical Data

Passive immunization in PD is performed by an anti-aSyn antibody transfer into the CNS. The two primary targets for monoclonal antibodies are the aSyn C-terminal region [110–112] and the aSyn N-terminal region [113,114]. In the following section, only data with aSyn transgenic mice will be discussed because toxin-based PD mouse models have not been examined for this therapeutic approach.

In 2011, a monoclonal antibody that targets the C-terminus of aSyn (9E4) was administered for a period of 6 months with once weekly intravenous injections of a dose of 10 mg/kg body weight to a transgenic mouse model of PD. The mice exhibited an improved behavioral response in the water maze and showed less aggregation of calpain-cleaved aSyn in synapses and axons of both cortical but also hippocampal neurons [111]. One year later, a second group applied a different C-terminal antibody (AB274) to the identical mouse model with once weekly injections intraperitoneally. In their study, behavioral motor deficits improved too, and reduced neurodegeneration in the passively immunized group could be demonstrated after 4 weeks. Interestingly, an enhanced localization of aSyn and AB274 in microglial cells was found. It could be shown on a microglial cell line that the uptake of the AB274/aSyn complex through microglial cells was mediated via the Fc γ receptor and directed into lysosomal compartments [110]. In a third study with anti-aSyn antibodies directed against the C-terminally, the compounds 1H7, 5C1, and 5D12 were administered once weekly for a total of six weeks in another transgenic PD mouse model. Here, the behavioral performance was improved and the expression of aSyn in mouse cortex and striatum after application of 1H7 and 5C1 was significantly reduced. This was accompanied by a less severe axonal pathology [112].

With regards to anti-aSyn antibodies that are N-terminally directed, Weihofen et al. reported recently on the identification, binding characteristics, and efficacy in mouse models of PD with the human-derived aSyn antibody (BIIB054) [115]. In three different experiments with intracerebrally inoculated preformed aSyn fibrils, BIIB054 treatment for 3 months or longer was shown to be able to attenuate the spreading of aSyn pathology, rescue motor impairments, and reduce loss of dopamine transporter density in dopaminergic striatum terminals [115]. In another study, intraperitoneal administration of an anti-aSyn antibody (AB1) two weekly for a total of three months resulted in a moderate but insignificant improvement in behavioral parameters. Nigral dopaminergic neurons were robustly protected against cellular loss and the general expression of aSyn, as well as the activation of microglia was found to be decreased in this brain region [113]. A treatment of mice that had been intrastriatally injected with aSyn pre-synthetic fibrils with an anti-aSyn N-terminal antibody (Syn303) was undertaken in order to find a more specific antibody design for misfolded aSyn. This antibody was applied weekly for a period of up to half a year and successfully inhibited the spread of aSyn aggregates, as well as improved behavioral deficits and loss of dopaminergic cells [114].

In additional studies on transgenic PD mice, these were either weekly immunized for more than three months with antibodies (Syn-F1, Syn-O1, and Syn-O4) directed specifically against oligomeric and fibrillary aSyn but not against monomeric aSyn [116], or received weekly passive immunizations for a total of 14 weeks with a monoclonal antibody that targeted oligomeric/prototubular forms of aSyn (mAb47 antibody) [117]. Both approaches led to significant decreases in the accumulation of pathogenic aSyn fibrils and improved behavioral performance measures. Passive immunization of mice overexpressing human aSyn in oligodendrocytes (PLP-aSyn mice) resulted in a reduction of total aSyn in the hippocampus and less intracellular accumulation of aggregated aSyn, particularly in the spinal cord. This was accompanied by a reduced amount of activated microglial cells [118]. If non-transgenic, aSyn knock-out, or aSyn transgenic mice received unilateral intra-cerebral injections with an aSyn-expressing viral vector construct, the axonal accumulation of aSyn in the contralateral side could be reduced with a three-month systemic administration of a monoclonal anti-aSyn antibody (1H7, recognizing amino acids 91–99) [119].

The evaluation of neuroinflammatory changes in the above-mentioned animal studies after passive immunization differs greatly in the scope of the analyzes. Overall, the regulation of microglia is a common parameter, which is often interpreted to have been shifted to a more beneficial level. The function of astrocytes is only analyzed in a few studies and T cell responses are not described. An overview is shown in Table 1.

Table 1. Passive immunization studies in Parkinson's disease animal models and therapeutic responses.

Antibody	Target Site of αSyn	Behavioural Alterations		Cellular Responses of Neurons			Microglia	T Cells	Reference
		Cylinder Test ↑	DA cell loss (30%) ↓	Astroglia	NeuN cell loss ↓	Astroglial αSyn accumulation ↓			
9E4	C-terminal	Cylinder Test ↑	DA cell loss (30%) ↓	-	-	-	-	-	[111]
Ab274	C-terminal	Pole test and total activity ↑	NeuN cell loss ↓	Astroglial αSyn accumulation ↓	Astroglial αSyn accumulation ↓	Microgliosis ↓ Increased αSyn clearance by microglia	-	-	[110]
1H7 5C1	C-terminal	Probe/transversal round beam test ↑	DA cell loss (35%) ↓	Astrogliosis ↓	Astrogliosis ↓	Microgliosis ↓	-	-	[112]
AB1 AB2	N-terminal Central region	Cylinder test ↑	DA and NeuN cell loss ↓	-	-	Microgliosis ↓	-	-	[113]
Syn303	N-terminal	Wirehang ↑	Blocked αSyn spreading DA cell loss ↓	-	-	-	-	-	[114]
B1B054	N-terminal	Wirehang ↑	Loss of dopamine transporter density in the SN ↓	No change	No change	No change	-	-	[115]
nAB47	Protofibrils	-	αSyn protofibrils in spinal cord ↓	No change	No change	No change	-	-	[117]
Syn-O1 Syn-O4 Syn-F1	Oligomers Oligomers Fibrils	Total activity in open field test ↑	αSyn accumulation ↓ NeuN cell loss ↓	Astrogliosis in hippocampus ↓ (O1,O4)	Astrogliosis in hippocampus ↓ (O1,O4)	Microgliosis in hippocampus ↓ (O1,O4)	-	-	[116]

Apart from antibody-based therapeutic strategies to alleviate aSyn toxicity and promote its clearance, another option is to employ small molecules. Nilotinib is a c-Abl tyrosine kinase inhibitor that is used in the treatment of chronic myelogenous leukemia. It has recently been shown to be able to both alleviate c-Abl associated aSyn aggregation and impaired autophagy, as well as protect dopaminergic neurons in mouse models of PD [120]. Importantly, the level and activity of c-Abl can be elevated in human PD in both the substantia nigra and striatum [121], so that the potential of c-Abl inhibitors as a symptomatic and causative treatment is currently under evaluation in a drug repurposing approach [122].

In view of these data, it can be stated that the anti-aSyn-directed immunotherapies are effective in animal models—whether directed against the C-terminus or the N-terminus of aSyn—and clearly demonstrate “target engagement”, reduce the lesion burden of aSyn (mostly in a specific manner), can to some extent probably alleviate “activation” of cellular inflammatory responses, and achieve improvements in motor behavior. These promising findings were strong arguments to proceed to clinical trials in humans.

5.2. Human Clinical Data

Various human clinical trials using anti-aSyn antibodies have been performed in a phase I clinical design with healthy volunteers. Overall, they have shown a good safety profile and tolerability. More recently, large phase II clinical trials have been launched and will soon provide data on safety, tolerability and to some extent on treatment effects in PD patients.

PRX002 was the first passive therapeutic immunization using an anti-aSyn directed antibody that was developed by Prothena. It is a C-terminally directed humanized IgG1 monoclonal antibody and has been studied in animal models before, as mentioned above [111]. In a phase I study with a single ascending dose, PRX002 show good tolerability and safety with intravenous infusions of 0.3, 1.0, 3.0, 10, or 30 mg/kg. After a single infusion of 30 mg/kg, serum PRX002 antibody levels were shown to be increased up to 578 µg/mL. Within one hour from PRX002 administration, there was a significant reduction of free aSyn in serum, which was dose-dependent. Interestingly, levels of total aSyn that comprise free and bound aSyn increased in a dose-dependent way. This was presumably due to an expected change in kinetics after the binding of antibodies. The average terminal half-life across all doses was 18.2 days [123].

This trial was followed by another phase I study with multiple ascending-doses in patients with mild or moderate idiopathic PD (HY stages 1–3). These received three intravenous infusions of PRX002 (0.3 mg/kg, 1.0 mg/kg, 3.0 mg/kg, 10 mg/kg, 30 mg/kg, or 60 mg/kg) or placebo at intervals of 4 weeks. Data on tolerability and safety were favorable. Serum levels of PRX002 increased dose proportionally, whereas serum free-to-total serum levels were strongly reduced. The antibody mean terminal elimination half-life was comparable for all doses, approximating 10.2 days. The mean CSF concentration of the study compound increased dose dependently and was approximately 0.3% relative to serum across all dose cohorts. However, it was not possible to demonstrate any alteration in the CSF aSyn level, probably due to the relatively weak affinity of the antibody for the monomeric forms, as opposed to aSyn aggregates, which are much less prominent in the CSF [124]. In 2017, Prothena and Roche launched a multinational phase II study of PRX002/RO7046015 in patients with newly diagnosed PD (PASADENA Study, ClinicalTrials identifier NCT03100149).

BIIB054 is a fully human anti-aSyn IgG1 monoclonal antibody directed at the N-terminus of aSyn. It has been developed by Neurimmune, a Swiss biotech company, and was originally isolated from B cell lines that had been generated from neurologically healthy individuals. It is very selective for the aggregated form of human aSyn that has been detected in tissue sections from PD and DLB patients [125]. A good safety and tolerance were recently demonstrated at single doses with up to 90 mg/kg in a phase I study in healthy volunteers. The BIIB054 serum half-life was 28 days, its CSF concentrations obtained were 0.2% of those observed in plasma. In PD patients, single doses of BIIB054 up to 45 mg/kg were well tolerated, the CSF:plasma ratio was 0.4%, and the pharmacokinetic profile

was comparable to that observed in healthy volunteers [126]. Currently, BIIB054 is being evaluated in a multinational phase II study with patients with newly diagnosed PD (SPARK Study, ClinicalTrials identifier NCT03318523).

The MEDI1341 monoclonal and the BAN0805 monoclonal anti-aSyn antibodies are two more compounds which are currently being planned to be tested in single-center studies of single ascending intravenous doses in phase I clinical trials. MEDI1341 appears to have only a reduced immune effector function and is now developed in collaboration of AstraZeneca and Takeda (ClinicalTrials.gov identifier NCT03272165). BAN0805 is more specifically targeting aSyn oligomers as well as protofibrils, and is being developed in a collaboration between Abbvie and Bioarctic [127].

These clinical studies are all carried out at a very high pace of development and take place at a high medical technology level. Unfortunately, no data on the modulation of neuroinflammatory parameters, e.g., in blood, serum, or other compartments, are publicly available.

6. Conclusions

It is undisputed that neuroinflammatory processes are significantly associated with the neuropathological progression and clinical course of PD. Through very elaborate studies on patients, but also in animal models of the disease, core pathomechanisms have been identified, which apart from the damage to neuronal cells also affect glial cells and are regulated by neuroimmunological interactions. This opens up a large window for neuroimmunological interventions with the ultimate goal to modify the course of disease.

Although more focused interventions with targeted regulation of the function of astrocytes, microglia, or T lymphocytes will become possible in the future, the knowledge of the multicellular spreading PD neuropathology seems to make a rather broad and systemic approach meaningful. Therefore, the reduction of CNS aSyn by targeted antibody-based technologies is a valid tool. In future human clinical studies, the target engagement and effectiveness of anti-aSyn antibodies to reduce aSyn burden in the CNS should be very precisely monitored. This could be achieved by detection of CSF aSyn with enzyme-linked sandwich-type immunoassays (ELISA) or even more precise analyzes for its aggregated states with Protein Misfolding Cyclic Amplification (PMCA) or Real-Time Quaking-Induced Conversion (RT-QuIC) [128]. A non-invasive *in vivo* analysis of the brain aSyn load would be possible via nuclear medicine PET or SPECT methodology, but this is currently not established [129].

In contrast, the PET technology for specific labeling of microglial cells has improved and could be integrated with the use of second-generation microglial TSPO tracers [130]. First-generation tracers have been shown to perform well already in prodromal stages of PD [93] and have also been used as cellular readout in microglia-targeted therapeutic approaches [131]. One challenge remains to quantify the extent of CNS neuroinflammation as precisely as possible. In addition to the most specific markers possible, a comprehensive assessment must map the various cell populations and also represent individual phenotypes. With regard to anti-aSyn immunotherapies, the characterization and quantification of aSyn-dependent immune effects should be a main goal, especially during the course of therapy. Without such measures, the assessment of a change in neuroinflammation under passive immunotherapy remains limited.

From a practical point of view, an improved applicability of antibodies with subcutaneous injections would facilitate their use in clinical studies even more. Safety and tolerability issues will always remain primary goals for the development of novel agents. If these requirements can be met, it will only be a matter of time before an effective method of anti-aSyn antibody-based therapy is developed that effectively modulates cellular neuroinflammation and also achieves clinically relevant improvements in PD patients.

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Abbreviations

AP	Activator protein
aSyn	Alpha-Synuclein
CD	Cluster of differentiation
CIITA	Class II transactivator
CNS	Central nervous system
COX	Cyclooxygenase
CR	Complement receptor
CRP	C-reactive protein
CSF	Cerebrospinal fluid
DA	Dopamine
DOPA	Dihydroxyphenylalanine
ELISA	Enzyme-linked sandwich-type immunoassays
HLA-DR	Human leukocyte antigen—DR isotype
IFN	Interferon
Ig	Immunoglobulin
IL	Interleukin
iNOS	Inducible nitric oxide synthase
MHC	Major histocompatibility complex
NAC	Non-amyloid-beta component
NADPH	Nicotinamide adenine dinucleotide phosphate
NF κ B	Nuclear factor ‘kappa-light-chain-enhancer’ of activated B-cells
NMDA receptor	N-methyl-D-aspartate receptor
NO	Nitrogen monoxide
Nrf2	Nuclear factor erythroid 2-related factor 2
NSF	N-ethylmaleimide sensitive factor
PBMC	Peripheral blood mononuclear cell
PD	Parkinson’s disease
PET	Positron emission tomography
PMCA	Protein misfolding cyclic amplification
PNS	Peripheral nervous system
RNA	Ribonucleic acid
ROCK2	Rho associated coiled-coil containing protein kinase 2
ROS	Reactive oxygen species
RT-QuIC	Real-time quaking-induced conversion
SN	Substantia nigra
SNARE	Soluble N-ethylmaleimide sensitive factor attachment receptor
SPECT	Single photon emission computed tomography
TGF	Transforming growth factor
TLR	Toll-like receptor
TNF	Tumor necrosis factor
TNT	Tunneling nanotubes
TSPO	Translocator protein-18 kDa

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Review

Are Proteinopathy and Oxidative Stress Two Sides of the Same Coin?

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Abstract: Parkinson’s disease, like other neurodegenerative diseases, exhibits two common features: Proteinopathy and oxidative stress, leading to protein aggregation and mitochondrial damage respectively. Because both protein aggregates and dysfunctional mitochondria are eliminated by autophagy, we suggest that inadequate clearance may couple the two phenomena. If a neuron’s autophagy machinery is overwhelmed, whether by excessive oxidative stress or by excessive protein aggregation, protein aggregates and dysfunctional mitochondria will both accumulate. Parkinson’s disease may provide a unique window into this because there is evidence that both sides contribute. Mutations amplifying the aggregation of α -synuclein are associated with Parkinson’s disease. Likewise, mutations in Parkin and PINK1, proteins involved in mitophagy, suggest that impaired mitochondrial clearance is also a contributing factor. Many have suggested that dopamine oxidation products lead to oxidative stress accounting for the dopaminergic selectivity of the disease. We have presented evidence for the specific involvement of hypochlorite-oxidized cysteinyl-dopamine (HOCD), a redox-cycling benzothiazine derivative. While toxins like 6-hydroxydopamine and 1-methyl-4-phenyl pyridinium (MPP⁺) have been used to study mitochondrial involvement in Parkinson’s disease, HOCD may provide a more physiologically relevant approach. Understanding the role of mitochondrial dysfunction and oxidative stress in Parkinson’s disease and their relation to α -synuclein proteinopathy is important to gain a full picture of the cause, especially for the great majority of cases which are idiopathic.

Keywords: autophagy; cysteinyl-dopamine; hypochlorite; oxidative stress; Parkinson’s disease; redox cycling

1. Introduction

Neurodegenerative diseases, such as Alzheimer’s, Parkinson’s, Huntington’s, and amyotrophic lateral sclerosis (ALS), are commonly associated with both protein aggregation and oxidative stress. The protein deposits are clearly visible and have attracted considerable attention. Oxidative stress has been much more elusive, and cellular processes contributing to it have been vaguely defined. The dopaminergic neurons that die in Parkinson’s disease are unusually prone to mutations in mitochondrial quality-control factors, such as Parkin and PINK1 [1,2], to mitochondrial toxins like rotenone [3], and to dopamine oxidation products [4–11]. As a consequence, Parkinson’s disease may offer a unique window into the role of oxidative stress in neurodegenerative diseases generally.

While oxidative stress and proteinopathy are usually studied separately, an integrated perspective may help synthesize what we know about neurodegenerative diseases. Oxidative stress and proteinopathy are linked by autophagy, which is a normal cellular mechanism for clearing both dysfunctional mitochondria and aggregated proteins (Figure 1). This implies that a problem with

autophagy will result in accumulation of both protein aggregates and dysfunctional mitochondria, consistent with the coincident occurrence of proteinopathy and oxidative stress. A further implication is that autophagy overload may be caused by either excessive protein aggregation or extreme oxidative stress. In neurodegenerative diseases, what might cause the normal cycling of material by autophagy to spiral out of control leading to the death of neurons?

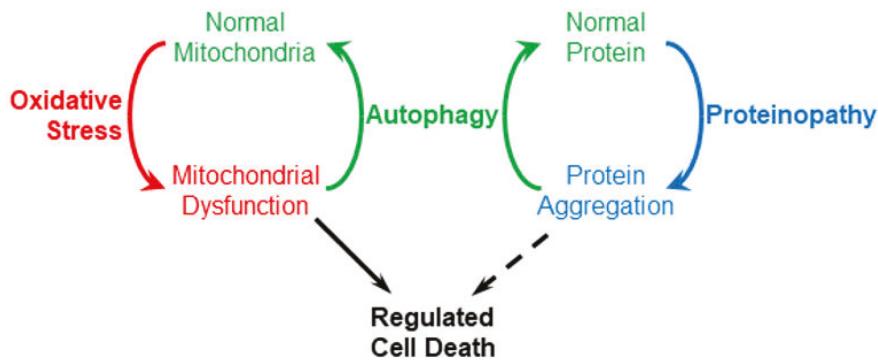


Figure 1. Autophagy (specifically macroautophagy) couples proteinopathy and oxidative stress.

In the context of Parkinson's disease (PD), the unique vulnerability of dopamine neurons to oxidative stress has received considerable attention. Much of that has focused on dopamine, the defining component of dopaminergic neurons, and on potentially toxic products formed by its oxidation [6–11]. Although candidate toxins have been elusive, we recently described hypochlorite-oxidized cysteinyl-dopamine (HOCD), a cytotoxin formed by exposing cysteinyl-dopamine to hypochlorite [4]. Hypochlorite is itself a contributor to oxidative stress, and the enzyme that produces it, myeloperoxidase, is induced by low concentrations of rotenone and by HOCD itself. HOCD is a potent redox cycler and may increase oxidative stress and accelerate the formation of dysfunctional mitochondria. Therefore, HOCD along with α -synuclein aggregation may contribute to an excessive and unsustainable demand for autophagy, ultimately triggering regulated cell death. To put this in a broader context, we will begin with brief discussions of autophagy/proteinopathy and mitophagy/oxidative stress and then consider how HOCD may contribute to the selective death of dopaminergic neurons.

2. Proteinopathy and Autophagy

It is well known that proteinopathies or formation of protein deposits are a common feature of neurodegenerative diseases. The plaques and tangles formed by deposits of amyloid β and tau proteins are hallmarks of Alzheimer's disease. The cytoplasmic inclusion bodies called Lewy bodies containing aggregates of α -synuclein are characteristic of Parkinson's disease. Aggregation of polyglutamate variants of huntingtin is a cause of Huntington's disease. And aggregation of TDP-43 and/or superoxide dismutase 1 is observed in ALS. Mutations in these proteins are associated with familial forms of these diseases arguing that the protein aggregates can contribute to neurodegeneration. Accordingly, much work has focused on the toxicity of specific protein aggregates.

In all proteinopathies, it can be debated whether lethality is attributable to intrinsic toxicity of the protein or to the aggregated state itself. In either case, however, the problem lies in the accumulation of the protein. Evidence supports the view that protein aggregates are removed by autophagy [12–20]. Moreover, there is good evidence that enhancing autophagy is beneficial for treating neurodegenerative diseases [13–15,17,21]. Therefore, we can imagine that protein aggregation

leads to autophagy, and problems arise when the capacity of the neuron to clear these deposits by autophagy is exceeded.

Following common practice, we will use the term autophagy to refer specifically to macroautophagy. Autophagy is a highly selective process in which damaged/aggregated proteins or damaged organelles are marked by ubiquitin for elimination. When mitochondria are the target, the process is commonly called mitophagy. In either case, the process begins with the formation of a double-membrane structure called the isolation membrane or phagophore. It wraps around the material to be eliminated forming a closed structure called the autophagosome. Finally, lysosomes fuse with the autophagosome creating an autolysosome, and lysosomal hydrolases then degrade the material inside. During the process, a cytosolic protein, microtubule-associated protein 1A/1B light chain 3B (LC3-I) is recruited to the autophagosomal membrane where it is lipidated with phosphatidylethanolamine to form LC3-phosphatidylethanolamine conjugate (LC3-II). LC3-II, therefore, is useful as a marker for autophagosomes. For reviews of autophagy see References [22,23].

Autophagy/mitophagy is a receptor-mediated process; specific receptors including p62 and optineurin simultaneously interact with the cargo and LC3-II on the isolation membrane, thus recruiting the damaged protein/organelle to the autophagosome. These receptors have an LC3-interacting region (LIR) and a ubiquitin-binding domain (UBD) that binds to ubiquitin chains on the target protein/organelle. Ubiquitin and p62 seem to be more commonly associated with protein deposits. For example, p62 has been reported in α -synuclein deposits in neuron-specific autophagy-deficient mice [24]. On the other hand, in mitophagy, optineurin seems to be the favored receptor [25,26].

With specific relevance to Parkinson's disease, both glucocerebrosidase and leucine-rich repeat kinase 2 seem to be needed for proper functioning of the autophagy/lysosome pathway [27–29]. Mutations in genes for both proteins (*GBA1* and *LRRK2*) are associated with familial cases of Parkinson's disease.

What happens when a cell cannot keep pace with the accumulation of cellular debris? An emerging view is that autophagy is just the normal first response. If a cell is so dysfunctional that its autophagic machinery cannot keep up, that cell is eliminated by regulated cell death as a last resort [22,23]. Historically, regulated cell death was more or less synonymous with apoptosis. As new pathways of regulated cell death were discovered, however, new nomenclature was required. The Nomenclature Committee on Cell Death 2018 has defined twelve major cell death subroutines [30]. Two, intrinsic apoptosis and parthanatos, are of interest here.

Intrinsic apoptosis has been studied extensively. It involves mitochondrial outer membrane permeabilization (MOMP), followed by release of cytochrome c and other factors into the cytosol. This activates a caspase cascade ultimately resulting in cell death. A multitude of regulatory proteins are also involved. Given the detail with which intrinsic apoptosis is understood, it is apparent that it and autophagy are mutually inhibitory [22,23]. Autophagy inhibits apoptosis by eliminating dysfunctional mitochondria that might otherwise trigger the intrinsic apoptotic pathway. Autophagy also degrades components of the apoptosis cascade including caspases and the BH3-only protein NOXA. Apoptosis, on the other hand, inhibits autophagy because apoptotic caspases degrade Beclin-1, a protein involved in expansion of the isolation membrane in autophagy [31]. Thus, the two processes are coordinated so they do not occur concurrently. Autophagy is the normal response to clear unwanted material; if that fails, death by apoptosis may occur.

Parthanatos is a mode of regulated cell death involving hyperactivation of poly(ADP-ribose)polymerase 1 (PARP1) and occurs in response to DNA damage and oxidative stress [30]. Hyperactivation of PARP1 results in the production of poly(ADP-ribose) which binds to apoptosis inducing factor (AIF), causing its release from mitochondria and translocation to the nucleus where it promotes DNA fragmentation. Significantly, protein aggregates, including α -synuclein [32] and amyloid β [33] seem to trigger hyperactivation of PARP1. The dopaminergic neurotoxins MPTP

and 6-hydroxydopamine also affect PARP1 [34,35], and we have found that HOCD causes cleavage of PARP1 in PC12 cells [36]. All of this marks parthanatos as a prime contender for the cause of neuronal death in neurodegenerative disease. The interplay between autophagy and parthanatos is not yet clear. One would presume, as with intrinsic apoptosis, that parthanatos is the last resort after autophagy and other protective mechanisms fail. How parthanatos interacts with autophagy and its role in neuronal death are clearly significant questions.

3. Mitochondrial Dysfunction and Mitophagy

Several lines of evidence show that mitochondrial dysfunction plays a pivotal role in the pathogenesis of Parkinson's disease and other neurodegenerative disorders [37–40]. Disruption of electron flow through the respiratory chain as well as other metabolic reactions in the mitochondrion can produce reactive oxygen (ROS) and reactive nitrogen species (RNS), thus contributing to oxidative stress [41]. This ROS/RNS generation can cause irreversible damage to DNA, lipids, and proteins. This is especially significant in mitochondria, which lack many of the repair mechanisms available in the cytosol and nucleus and which are prone to oxidation because of the relatively high pH in the matrix. Mitochondrial damage, especially inhibition of complex I and other enzymes involved in the respiratory chain, has been suggested as one of the fundamental causes of Parkinson's disease [42,43]. In this connection, Complex I inhibition by rotenone increases ROS production [44], and low concentrations of rotenone selectively kill dopaminergic neurons [3].

To prevent the accumulation of damaged, ROS-producing mitochondria, elimination of dysfunctional mitochondria is essential. Mitophagy uses the machinery of autophagy for this selective degradation of senescent and damaged mitochondria, in order to maintain a healthy mitochondrial pool. Several types of mitophagy have been described differing in the mechanism by which mitochondria are engulfed by the autophagosome prior to degradation in the lysosomes. The most well characterized is mitophagy mediated by two proteins—PTEN-induced kinase 1 or PINK1 (a serine/threonine kinase) and Parkin (an E3-ubiquitin ligase). In healthy and polarized mitochondria, PINK1 is imported to the inner membrane where it is cleaved by mitochondrial proteases such as mitochondrial processing peptidase (MPP) and presenilin-associated rhomboid-like protein (PARL) [45–47]. However, mitochondrial inner membrane depolarization, a sign of a damaged mitochondrion, stabilizes PINK1 [48], which then phosphorylates serine 65 of ubiquitin and the N-terminal ubiquitin-like domain of Parkin [49–51]. Phosphorylation of parkin activates its E3 ubiquitin ligase activity, resulting in ubiquitination of mitochondrial proteins, targeting them for degradation by autophagy.

Genetic studies have revealed that mutation in the genes *PRKN* and *PARK6*, which encode for Parkin and PINK1 respectively, are linked to autosomal recessive cases of early-onset or juvenile forms of PD [1,2]. In addition, the *PARK7* gene, also linked to autosomal recessive early-onset cases of PD, encodes for the protein deglycase DJ-1, which also promotes autophagy and maintenance of mitochondrial function [52]. The identification of these mutations in familial forms of PD clearly suggests that impaired mitochondrial turnover is a key feature in the pathogenesis of PD. Moreover, mitophagy is not only impaired in PD, but accumulating evidence suggests that dysfunctional autophagy/mitophagy is also manifested in other neurodegenerative disorders such as Alzheimer's disease [53,54], Huntington's disease [14,55], and ALS [25,56,57].

As Parkin/PINK1-mediated mitophagy depends on the loss of mitochondrial inner membrane potential, it is not surprising that mitophagy is initiated by a variety of mitochondrial toxins. These include the protonophore FCCP, the respiratory chain inhibitor antimycin, and the ATP synthase inhibitor oligomycin. Others include the dopaminergic toxins 6-hydroxydopamine and 1-methyl-4-phenylpyridinium (MPP⁺) and the pesticide rotenone [58].

Pioneering work by the Greenamyre group established that chronic, systemic exposure to rotenone can produce two major hallmarks of Parkinson's disease: Selective dopaminergic neuron degeneration and α -synuclein accumulation in cytoplasmic inclusions resembling Lewy bodies [3].

Because rotenone is an inhibitor of Complex I of the mitochondrial respiratory chain, this has been considered evidence for the involvement of mitochondrial dysfunction in PD. Rotenone treatment has other effects as well, however. Especially interesting is a link between rotenone and myeloperoxidase expression. Chang et al. [59] demonstrated that rotenone-induced neurotoxicity can be mitigated by modulating myeloperoxidase levels. Moreover, we have reported that rotenone increases the expression of myeloperoxidase in PC12 cells which, by forming hypochlorite, leads to the formation of a toxic redox cycler, HOCD [4]. HOCD formation is exclusive to dopaminergic neurons since it is formed by hypochlorite-mediated oxidation of cysteinyl-dopamine, a product of dopamine oxidation. Interestingly, myeloperoxidase is a lysosomal enzyme, and this may account for its upregulation by agents such as rotenone that promote autophagy/mitophagy.

4. Dopamine Oxidation and HOCD

Following the discovery that Parkinson's disease is associated with the extensive loss of dopamine neurons in the substantia nigra, there has been considerable speculation that dopamine oxidation leads to the formation of toxic products. Some of this has focused on normal products of dopamine metabolism, in particular 3,4-dihydroxyphenylacetaldehyde (DOPAL), which is the immediate product of the enzyme monoamine oxidase (Figure 2). The aldehyde is normally converted to 3,4-dihydroxyphenylacetic acid (DOPAC) by aldehyde dehydrogenase. The aldehyde, however, can conjugate with amines in proteins altering the activity of those proteins [60], and inhibition of aldehyde dehydrogenase does lead to increased toxicity of dopamine [61].

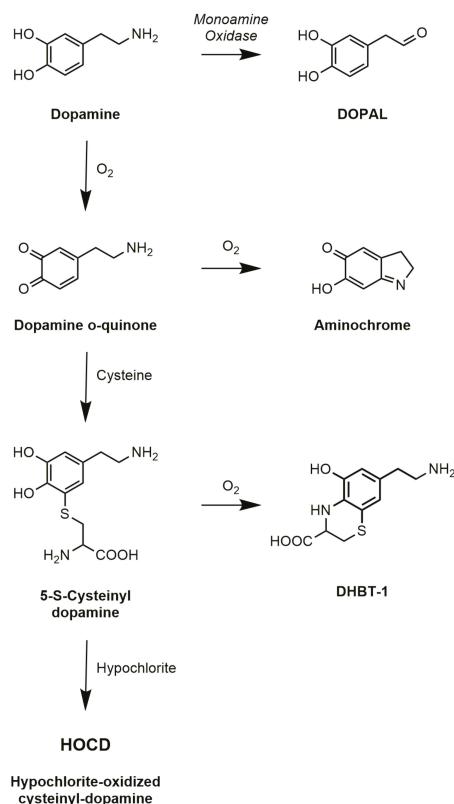


Figure 2. Products of dopamine oxidation.

Most attention, however, has focused on the non-enzymatic oxidation of dopamine. Using induced pluripotent stem cells from genetic and sporadic PD patients, Burbulla et al. [9] found that elevated mitochondrial oxidative stress levels can trigger accumulation of dopamine oxidation adducts which, together with mutation in DJ-1, initiates a toxic cascade resulting in α -synuclein accumulation. Dopamine undergoes spontaneous auto-oxidation to form the dopamine quinone. This is accelerated in the presence of metal ions such as iron or copper, so these would be expected to exacerbate effects of dopamine oxidation. The dopamine quinone itself has been cited as a toxin [10], but it is unstable and either cyclizes to form aminochrome or conjugates with thiols to form products such as 5-S-cysteinyl-dopamine (Figure 2). Aminochrome continues to receive attention [11], but it is neither a very potent neurotoxin nor the main product of dopamine oxidation in vivo. The predominant product in vivo, given the pervasive presence of cysteine, is cysteinyl-dopamine. Carlsson and his colleagues [62] detected cysteinyl-dopamine in the cerebrospinal fluid of PD patients, in dopamine-rich regions of the brain such as the caudate nucleus, putamen, globus pallidus, and substantia nigra, and in neuromelanin. Cysteinyl-dopamine has been reported to kill neuronal cells [68], but it is uncertain whether it is cytotoxic itself or metabolizes to toxic products. Dryhurst and colleagues [63] identified many products formed by the oxidation of dopamine in the presence of cysteine. They found that DHBT-1 (7-(2-aminoethyl)-3,4-dihydro-5-hydroxy-2H-1,4-benzothiazine-3-carboxylic acid) is the principal product formed by air oxidation of cysteinyl-dopamine. It inhibits mitochondrial Complex I but is only weakly cytotoxic requiring millimolar concentrations. Treatment of cells with cysteinyl-dopamine can result in oxidative damage, a rise in intracellular calcium, and ultimately apoptosis. Recently, Vauzour et al. [8] attributed its toxicity to combined effects of cysteinyl-dopamine itself and DHBT-1.

Oxidized dopamine and cysteinyl-dopamine also polymerize to form neuromelanin. Neuromelanin is a stable substance, and it may confer protection by acting as a sink for oxidized dopamine products and by chelating iron [64]. However, neuromelanin may also contribute to increased susceptibility of melanized neurons due to accumulation of increased loads of iron and toxic metabolites. Moreover, microglia activation by neuromelanin released from degenerating neurons can further contribute to neurodegeneration.

Rather than examine toxicity of specific products, we chose to approach the problem by looking for an activity: Redox cycling. The process of redox cycling involves alternating reduction and oxidation reactions continuing until either molecular oxygen or reducing equivalents are exhausted. This leads to the proliferation of a variety of reactive oxygen species including superoxide and hydrogen peroxide, so redox cycling agents can induce oxidative stress and mitochondrial dysfunction. Because cysteinyl-dopamine is the primary product of dopamine oxidation in vivo, we chose to seek redox cycling products formed from cysteinyl-dopamine. We [4] discovered that treatment of cysteinyl-dopamine with hypochlorite yields a product with very high redox cycling activity (Figure 3), and we refer to this product as HOCD (hypochlorite-oxidized cysteinyl-dopamine).

Using PC12 cells, we confirmed that cysteinyl-dopamine is toxic. However, HOCD is toxic at lower concentrations. Moreover, two lines of evidence suggest that the toxicity of cysteinyl-dopamine depends on its conversion to HOCD. First, including taurine in the medium protects PC12 cells against cysteinyl-dopamine but not against HOCD. Taurine scavenges hypochlorite and blocks the hypochlorite-dependent conversion of cysteinyl-dopamine into HOCD in vitro. Thus, it is likely that taurine also prevents this conversion in vivo, thereby protecting cells against cysteinyl-dopamine but not against HOCD.

The second line of evidence is that rotenone potentiates the toxicity of cysteinyl-dopamine but not of HOCD. Consistent with reports of others, we found that low concentrations of rotenone increase myeloperoxidase expression in PC12 cells. The resulting increase in hypochlorite due to increased myeloperoxidase activity would be expected to yield more effective conversion of cysteinyl-dopamine to HOCD, thereby increasing toxicity of cysteinyl-dopamine but not of HOCD. In this connection, Gellhaar et al. [65] found that brain regions affected in PD patients show significant increases in

myeloperoxidase immunoreactivity, providing further evidence that myeloperoxidase may mediate the selective vulnerability of dopaminergic neurons to oxidative stress.

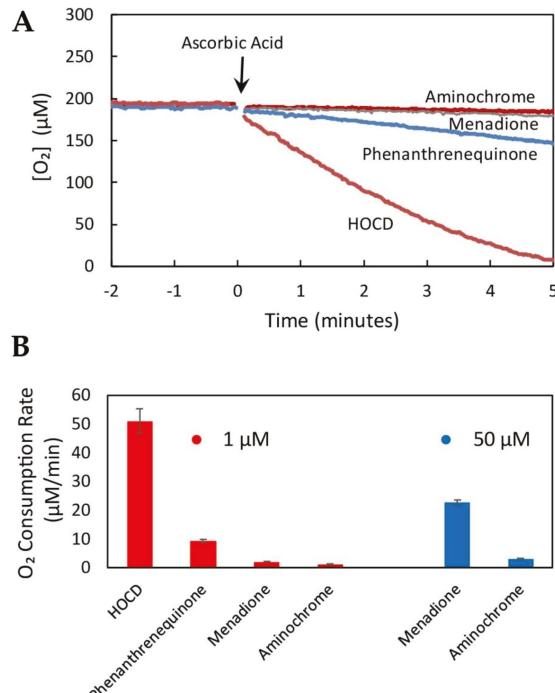


Figure 3. Hypochlorite-oxidized cysteinyl-dopamine (HOCD) undergoes extremely rapid redox cycling. (A) Oxygen consumption mediated by 1 μM concentrations of the indicated redox cyclers following addition of 2.5 mM ascorbic acid (arrow). Oxygen consumption was measured in aqueous solution (0.2 M potassium phosphate, 1 μM EDTA, pH 7.4) at 37 °C. (B) Comparison of redox cycling rates (initial slopes of plots shown in 3A) by 1 μM concentrations of redox cyclers (red bars) or 50 μM concentrations (blue bars). Averages (\pm standard deviation) of three replicate samples are shown (authors' unpublished data).

We have succeeded in scaling up the synthesis of HOCD and have purified the redox cycling product by chromatography through Dowex 50Wx8. It appears to be a 1,4-benzothiazine with the dopamine oxygens on the 7 and 8 carbons. This puts an O para to the N and allows the compound to undergo facile oxidation/reduction. In fact, HOCD redox cycles faster than any compound we have tested using our standard redox cycling assay (measured as rate of oxygen consumption in 0.2 M potassium phosphate, 1 μM EDTA, pH 7.4 in the presence of 2.5 mM ascorbic acid at 37 °C). HOCD is two orders of magnitude faster than menadione and three orders of magnitude faster than aminochrome (Figure 3).

Because of this fast redox-cycling, we suspect that HOCD contributes to oxidative stress and damage to mitochondria. This is suggested by the fact that other redox active compounds, such as 6-hydroxydopamine and aminochrome, do the same. Moreover, HOCD causes a rapid increase in superoxide levels in PC12 cells as observed using the fluorescent mitochondrial superoxide indicator MitoSOX Red [4]. Finally, HOCD causes an increase in expression and activity of the lysosomal enzyme myeloperoxidase, perhaps by increasing mitophagy. A consequence of the upregulation of myeloperoxidase is increased hypochlorite production, which should increase HOCD formation. This self-reinforcing feedback should cause oxidative stress to spiral out of control

(Figure 4). For neurodegenerative diseases, this self-reinforcing feedback is especially significant. Something must change a manageable situation into one that accelerates uncontrollably. Our results with PC12 cells indicate that neuronal myeloperoxidase may produce enough hypochlorite to convert cysteinyl-dopamine to HOCD, but it is also possible that microglial myeloperoxidase plays a significant or even dominant role in vivo. Thus, inflammation stimulated by α -synuclein deposits may also promote HOCD formation.

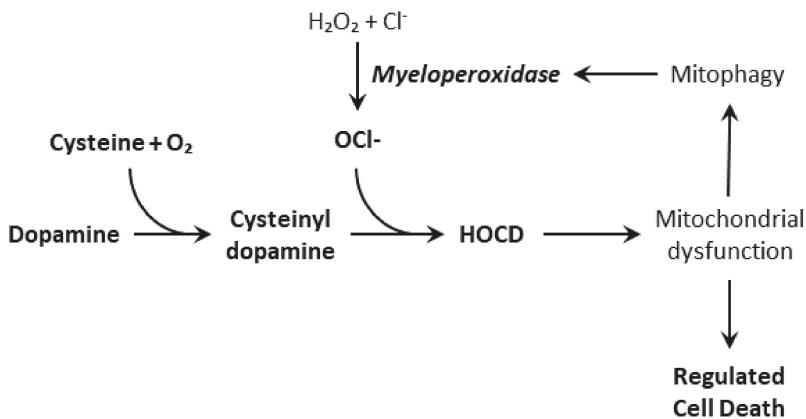


Figure 4. Formation of hypochlorite-oxidized cysteinyl-dopamine from dopamine and its self-enhancement by increasing myeloperoxidase expression.

A question that is important but difficult to answer now is whether HOCD reaches toxic concentrations under physiological conditions. In most cases, the answer is clearly no, because most people do not suffer from Parkinson's disease. But toxicity depends on context. How robust or how compromised are cellular protective mechanisms including autophagy/mitophagy? To what extent are neurons under assault by other factors such as protein aggregation or other sources of oxidative stress? And do these factors interact amplifying the total stress on the neuron? Then, HOCD may be the extra burden that makes dopaminergic neurons uniquely vulnerable in Parkinson's disease.

5. Conclusions

In summary, we view Parkinson's disease as a problem of autophagy overload caused by the combined accumulation of dysfunctional mitochondria and aggregated α -synuclein. Under normal circumstances, mitochondrial degeneration and protein aggregation occur at rates slow enough for autophagy to maintain homeostasis. Under pathological conditions, however, something causes these to accelerate out of control. The two factors may contribute differently in different patients. In familial cases involving mutations in α -synuclein or duplication or triplication of the SNCA gene, excessive protein aggregation is likely the dominant contributor. In cases involving mutations in Parkin or PINK1, inadequate mitophagy is the obvious culprit. In the great majority of idiopathic cases, environmental toxins or dopamine oxidation products such as HOCD may make a significant contribution. Protein aggregation and oxidative stress may also interact. Oxidative stress-induced damage of α -synuclein can enhance its oligomerization and aggregation [66,67]. Moreover, α -synuclein aggregation may exacerbate oxidative stress. Therefore, proteinopathy and oxidative stress may be synergistic, not simply additive, mutually escalating the rates at which they occur. This kind of positive feedback is essential to push the normal clearance of material by autophagy out of control. Then, if overwhelming autophagy is the signal for regulated cell death in Parkinson's and other neurodegenerative diseases, proteinopathy and oxidative stress must be considered as a whole; they are two sides of the same coin.

Conflicts of Interest: The authors declare no conflict of interest.

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Review

The Role of Lipids in Parkinson's Disease

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Abstract: Parkinson's disease (PD) is a neurodegenerative disease characterized by a progressive loss of dopaminergic neurons from the nigrostriatal pathway, formation of Lewy bodies, and microgliosis. During the past decades multiple cellular pathways have been associated with PD pathology (i.e., oxidative stress, endosomal-lysosomal dysfunction, endoplasmic reticulum stress, and immune response), yet disease-modifying treatments are not available. We have recently used genetic data from familial and sporadic cases in an unbiased approach to build a molecular landscape for PD, revealing lipids as central players in this disease. Here we extensively review the current knowledge concerning the involvement of various subclasses of fatty acyls, glycerolipids, glycerophospholipids, sphingolipids, sterols, and lipoproteins in PD pathogenesis. Our review corroborates a central role for most lipid classes, but the available information is fragmented, not always reproducible, and sometimes differs by sex, age or PD etiology of the patients. This hinders drawing firm conclusions about causal or associative effects of dietary lipids or defects in specific steps of lipid metabolism in PD. Future technological advances in lipidomics and additional systematic studies on lipid species from PD patient material may improve this situation and lead to a better appreciation of the significance of lipids for this devastating disease.

Keywords: Parkinson's disease; fatty acyls; glycerolipids; glycerophospholipids; sphingolipids; sterol lipids; lipoproteins; α -synuclein-mediated pathology; disease-modifying effects; neuroprotection

1. Introduction

Parkinson's disease (PD) is the second most common neurodegenerative disease affecting 1% of the population above 60 years and up to 4% of individuals in the highest age groups [1]. Parkinson's disease is characterized by motor symptoms, such as tremor, rigidity, bradykinesia (slowed movement) and impaired balance [2], and non-motor manifestations, including sleep disorders, and autonomic, gastrointestinal, sensory, and neuropsychiatric symptoms [3]. These symptoms are associated with a progressive loss of dopaminergic (DA) neurons from the nigrostriatal pathway, formation of Lewy bodies (LB), and microgliosis [4]. In familial PD, which explains 5–10% of all cases, these abnormalities may be caused by a mutation in one of the thus far known 19 familial genes, including SNCA, LRRK2, PRKN, PINK1 and DJ-1, among others [5]. The remaining 90–95% of PD cases are of sporadic nature with unknown etiology.

Despite a large number of studies on familial forms of PD or toxin-induced cell and animal PD models (e.g., use of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP), rotenone or 6-hydroxydopamine (6-OHDA)) [6–8], no disease-modifying treatment for PD has been developed yet. Thus, additional approaches are necessary to advance the field of PD. Previously, we used data from genome-wide association studies and other genetic studies of PD patients to build a molecular

landscape [9]. This enabled us to identify, in an unbiased way, various processes and pathways that might be involved in PD. Interestingly, we found that lipids play a key role in most of the processes that have been (classically) associated with PD (i.e., oxidative stress, endosomal-lysosomal function, endoplasmic reticulum stress, and immune response), and thus in PD etiology. In agreement with this observation, not only mutations in the gene encoding the lipid-producing enzyme glucocerebrosidase (*GBA*) are associated with familial PD [10–12], but also multiple single-nucleotide polymorphisms (SNPs) located in other genes involved in lipid metabolism, e.g., *SREBF1* [13], *DGKQ* [14], *ASAHI* [15] or *SMPD1* [16], have been linked to sporadic PD.

Lipids are biomolecules soluble in nonpolar organic solvents, usually insoluble in water, and primarily known for their metabolic role in energy storage [17,18]. Furthermore, they are the main constituents of cellular membranes, part of membrane rafts and protein anchors, and signaling and transport molecules [19–23]. There are eight different classes of lipids, classified as fatty acyls, glycerolipids, glycerophospholipids, sphingolipids, sterols, prenols, saccharolipids, and polyketides [24]. Here we will review the current knowledge of the role of the first five lipid classes and of lipoproteins in PD (Figure 1). Certain aspects of the relationship between PD and lipids are beyond the scope of this review, including the complex interaction between (membrane) glycerophospholipids and α -synuclein, the interaction between lipid classes, and the role of cholesterol derivatives, such as bile acids, tocopherols, and tocotrienols (vitamin E), vitamin A and carotenoids, vitamin D, steroid hormones (e.g., estrogen) and coenzyme Q10.

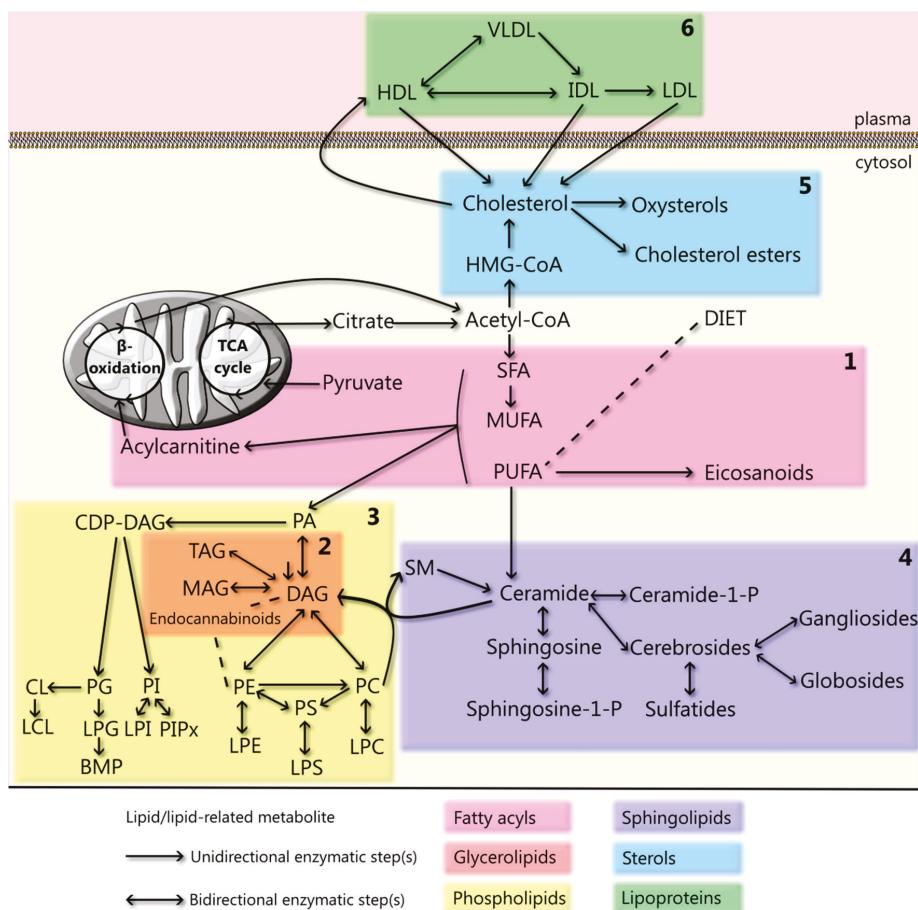


Figure 1. Cellular lipid metabolism and lipoprotein cycle. Schematic representation of lipid metabolism, whereby each colored box represents one lipid class: (1) fatty acyls, which include saturated (SFA), monounsaturated (MUFA), and polyunsaturated (PUFA) fatty acids, their mitochondrial-transporter, acylcarnitine, and the PUFA-derivatives eicosanoids; (2) glycerolipids, including monoacylglycerol (MAG), diacylglycerol (DAG), and triacylglycerol (TAG), together with endocannabinoids (even though only some of them belong to this lipid class); (3) phospholipids, which include phosphatidic acid (PA), phosphatidylcholine (PC), phosphatidylserine (PS), phosphatidylethanolamine (PE), phosphatidylinositol (PI), phosphatidylglycerol (PG), cardiolipin (CL), and their lyso derivatives (lysoPC (LPC), lysoPS (LPS), lysoPE (LPE), lysoPI (LPI), lysoPG (LPG) and lysoCL (LCL)), and Bis(monoacylglycerophosphate (BMP)); (4) sphingolipids, including ceramide(-1-phosphate), sphingosine(-1-phosphate), sphingomyelin (SM), cerebrosides, sulfatides, gangliosides, and globosides; (5) sterols, which include the metabolites of cholesterol synthesis, such as β -hydroxy β -methylglutaryl-CoA (HMG-CoA), cholesterol, and its derivatives cholesterol esters and oxysterols; and (6) lipoproteins, including high-density lipoproteins (HDL), intermediate-density lipoproteins (IDL), low-density lipoproteins (LDL), and very low-density lipoproteins (VLDL). A depiction of the various lipid structures and of all the metabolic steps involved in their generation and interconversion(s) is given in Figures 2a,b–6a,b, respectively.

2. Fatty Acyls

Fatty acyls are carboxylic acids formed by a hydrocarbon chain and a terminal carboxyl group (Figure 2) [25]. They are synthesized by chain elongation of acetyl-CoA with malonyl-CoA groups by enzymes named elongases. While humans can synthesize most fatty acyls, linoleic acid (LA) and alpha-linoleic acid (ALA) need to be obtained through the diet [26]. Fatty acyls are not only energy sources, but also the building blocks of complex lipids and as such form a key category of metabolites. Additionally, they are membrane constituents and regulate intracellular signaling, transcription factors, gene expression, bioactive lipid production, and inflammation [27,28]. Below, we will discuss the current knowledge of the roles of fatty acyls, more specifically of saturated fatty acids (SFA), monounsaturated fatty acids (MUFA), polyunsaturated fatty acids (PUFA), eicosanoids and (acyl)carnitine, in PD, and an overview can be found in Supplementary Materials Table S1.

2.1. SFA

The simplest fatty acids are the straight-chain SFA. Their intake does not seem to be linked to PD risk in humans [29–31] per se, but SFA intake in individuals exposed to rotenone increases PD risk, when compared to pesticide exposure alone [32]. Thus, SFA could exacerbate PD-linked pathology. Interestingly, higher levels of SFA (mainly 16:0 and 18:0) have been observed in lipid rafts from the frontal cortex of PD patients compared to controls [33], but not in their temporal cortex [34]. These area-dependent changes combined with a lack of differences in SFA intake between PD patients and controls point to defects in their absorption or metabolism and region-specific and/or cell-compartment differences. Dietary supplementation with SFA 18:0, which seems to be a less potent pro-inflammatory lipid than other SFA species [35], regulates mitochondrial function and rescues the PD-like phenotype of *PINK* and *PRKN* mutant flies [36–38]. Similarly, both acute and repeated intra-gastric gavage of SFA 8:0 reduces the impairment of DA neurotransmission in MPTP-treated mice [39]. These findings, together with the observed higher SFA levels in the frontal cortical lipid rafts, may point towards a compensatory mechanism in PD patients. In contrast, exposure of SH-SY5Y cells, primary neurons, and astrocytes to SFA 16:0 leads to apoptosis, reduces peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PPARGC1A, PGC-1alpha) and estrogen receptor alpha (ER-alpha) expression, promotes inflammation, and activates cyclooxygenase-2 (COX-2) [35,40–42], features that have also been observed in the brains of PD patients [43–45]. Since α -synuclein modulates the uptake of SFA 16:0 into the brain [46], accumulation of this protein in PD brains might lead to increased levels of SFA 16:0, which in turn can trigger some of its neuropathological activities.

2.2. MUFA

Variants of SFA containing one double bond are known as MUFA. Higher MUFA intake has been variably associated with decreased PD risk [31], reduced risk only in women [29] or unchanged risk [30]. These discrepancies in findings could be due to variation in the ethnicity of the subjects, differences in the type of study (cohort or case-control), the number of participants, questionnaires employed to assess MUFA intake, the corrections used, or even PD etiology, since different MUFA levels in cerebrospinal fluid (CSF) have been described in PD patients carrying a GBA mutation and those that do not [47]. Of note, no abnormalities in MUFA level have been observed in the temporal cortex of PD patients [34]. Some MUFA, such as oleic acid and cis-vaccenic acid, trigger the production of dopamine in MN9D cells [48], and the amide of oleic acid and dopamine (*N*-oleoyl-dopamine) modulates the firing of nigrostriatal DA neurons [49]. Interestingly, α -synuclein has a motif homologous to a region in fatty acid-binding proteins, allowing it to bind to oleic acid [50], which facilitates the interaction of α -synuclein with lipid rafts [51]. Based on these suggestive but still tentative findings, the effect of MUFA intake on PD risk, and specifically, its effect on dopamine production and the intracellular location and function of α -synuclein, should be further examined.

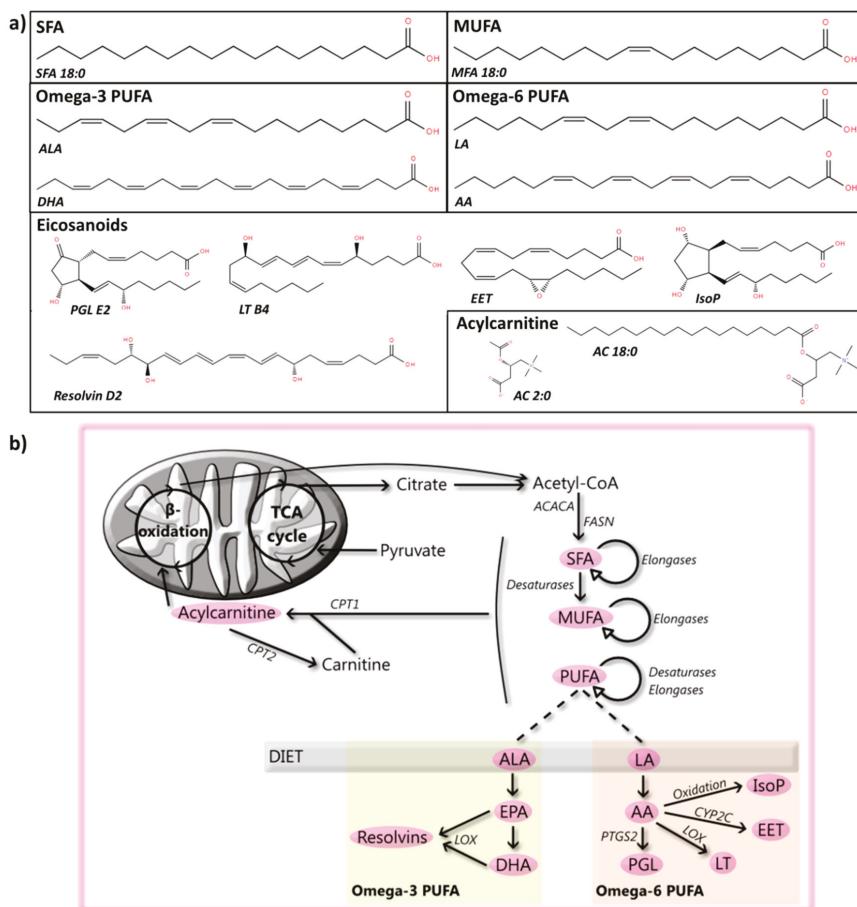


Figure 2. Fatty acyls: structures and metabolic steps involved. (a) Schematic representation of the chemical structures of fatty acyls, including saturated fatty acids (SFA 18:0), monounsaturated fatty acids (MUFA 18:1), omega-3 polyunsaturated fatty acids (PUFA, alpha-linoleic acid (ALA, top) and docosahexaenoic acid (DHA, bottom)), omega-6 PUFA (linoleic acid (LA, top) and arachidonic acid (AA, bottom)), eicosanoids (from left to right, prostaglandin E2 (PGL E2), leukotriene B4 (LT), 14,15-Epoxyeicosatrienoic acid (EET), 15-F2t-Isoprostane (IsoP), and resolin D2 (bottom)), and acetylcarnitine (AC 2:0) and acylcarnitine (AC 18:0). Chemical structures are adapted from the LIPID MAPS structure database [25]. (b) Schematic overview of steps involved in the metabolism of fatty acyls, where fatty acids (FAs) can be obtained through the diet or by a multi-enzymatic reaction starting from acetyl-CoA and performed by enzymes such as acetyl-CoA carboxylase 1 (ACACA) and fatty acid synthase (FASN). Multiple steps of elongation, performed by elongases, and desaturation, carried out by desaturases, produce MUFA and PUFA. PUFA include, among others, omega-3 PUFA, such as ALA, which can be converted by a multistep reaction into eicosapentaenoic acid (EPA) and DHA, and omega-6 PUFA, including LA, which can be transformed by a multistep reaction to AA. PUFA can be further metabolized by enzymes such as lipoxygenase (LOX), prostaglandin-endoperoxide synthase 2 (PTGS2, also known as COX2), cytochrome p450 2C to various eicosanoids, including resolvins, PGL, LT, EET, or oxidized to IsoP. Furthermore, transport of FA into mitochondria for their metabolism is preceded by their association with carnitine, which is catalyzed by the enzyme carnitine O-palmitoyltransferase 1 (CPT1) and reversed by carnitine O-palmitoyltransferase 2 (CPT2).

2.3. PUFA

Fatty acids containing two or more double bonds are known as PUFA and are usually classified according to the position of the first double bond counted from the tail (omega). The omega-3 family, for which ALA is the essential parent fatty acid, forms metabolic products that include eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Omega-6 PUFA, for which LA is the parent fatty acid, include arachidonic acid (AA), an intensely studied precursor of signaling lipids [52]. In general, PUFA are known to play a role in inflammation [53], epigenetics [54], and brain development [55] and function [56]. As such, they have been widely examined in PD patients, and animal and cellular PD models.

2.3.1. Human Studies on PUFA

Higher intake of omega-3 PUFA and ALA, but not other PUFA, such as omega-6 PUFA or LA, has been associated with reduced risk of PD [31,32], while other studies have reported a weak positive association between omega-6 PUFA and LA intake and PD risk [57], or have provided evidence against an association between PUFA intake and PD risk [30]. A link between AA intake and PD risk is also controversial: one study described a positive association [30], while another reported an inverse association [58]. Serum of PD patients has decreased concentrations of long-chain PUFA, including ALA, LA, and AA, compared to controls [59], while the CSF of PD patients has increased levels of 4-hydroxynonenal, a toxic product generated by AA peroxidation [60]. However, as described for MUFA, PUFA levels in CSF may depend on PD etiology [47]. The levels of PUFA in the anterior cingulate cortex and the occipital cortex of PD patients are increased or not changed, respectively [61]. Additionally, the levels of DHA and AA are decreased in frontal cortex lipid rafts from PD patients [33], while reduced LA, increased DHA and docosatetraenoic acid (an omega-6 PUFA), and no changes in AA have been reported for the cytosolic fraction of PD frontal cortex [62]. Moreover, no changes of PUFA were observed in the temporal cortex of PD patients [34]. Therefore, there is no agreement on the impact of PUFA intake on PD risk and little information on PUFA levels in the blood, CSF and brain of PD patients is available. The only consistent finding is the altered intracellular distribution of PUFA in neurons from the frontal cortex of PD patients, i.e., reduced levels of DHA in the lipid rafts and increased DHA in the cytosolic fraction.

2.3.2. Animal and Cellular Studies on PUFA

Omega-3 PUFA exert neuroprotective actions in MPTP-treated mice [63] by increasing the expression of brain-derived neurotrophic factor [64] and have also neuroprotective activity in 6-OHDA-treated rats [65]. A decrease in the level of this class of PUFA has been observed in the brains of an MPTP-induced goldfish PD model [66]. Furthermore, omega-3 PUFA deficiency leads to a reduced ability of the nigrostriatal system to maintain homeostasis under oxidative conditions, increasing the risk for PD [67]. Maternal omega-3 PUFA seem to partially protect a lipopolysaccharide (LPS)-model for PD [68]. Likewise, the omega-3 PUFA DHA protects DA neurons against MPTP-[69–71], paraquat—[72] or rotenone-induced toxicity [73] in rodent models and against effects of 6-OHDA-treatment in *Caenorhabditis elegans*, mice and rats [74–76], also when administered as TAG-DHA [77]. Moreover, DHA plays a crucial role in the differentiation of induced pluripotent stem cells (iPSCs) into functional DA neurons [78] and DHA supplementation protects DA neurons from the SN in MPTP-treated mice [79]. EPA and ethyl-EPA attenuate 1-methyl-4-phenylpyridinium (MPP⁺)-induced cell death in SH-SY5Y cells, primary mesencephalic neurons, and brain slices [80,81], and in vivo reduce MPTP/probenecid-induced dyskinesia and memory deficits (without preventing nigrostriatal DA loss) [82]. Thus, omega-3 PUFA appear to have a neuroprotective role in animal models for PD.

Additionally, pretreatment of rats with fish oil (which is rich in omega-3 PUFA) for 25 days before 6-OHDA treatment mitigates the loss of substantia nigra (SN) DA neurons [83]. In contrast, a chronic

supplementation of fish oil in rats does not protect DA neurons but increases dopamine turnover [84]. These differential effects could be explained by the finding that the ethyl ester of DHA, a PUFA present in fish oil, enhances 6-OHDA-induced neuronal damage by triggering lipid peroxidation in mouse striatum [85]. Lipid peroxidation, which occurs frequently in PUFA, may lead to mitochondrial dysfunction [86] and α -synuclein oligomerization [87]. It is therefore not surprising that a number of studies have demonstrated beneficial effects when using deuterium-reinforced (deuterated) PUFA (which protects the PUFA sites susceptible for oxidation) [88–90], or PUFA in combination with antioxidants [91]. Therefore, omega-3 PUFA, probably in combination with the prevention of lipid peroxidation, should be further studied as a complementary therapy for PD.

Increased levels of omega-6 PUFA (LA and AA) have been reported in mice brain slices upon MPP+ treatment [81]. Similarly, upregulated AA signaling has been observed in the caudate-putamen and frontal cortex of 6-OHDA-treated rats [92], and the striatum and midbrain of MPTP-treated mice [93]. Both LA and AA are able to inhibit MPP+-induced toxicity in PC12 cells [94], while excess AA aggravates α -synuclein oligomerization in PC12 cells [95]. Interestingly, a mouse model with impaired incorporation of AA in the brain is resistant to MPTP treatment [96]. Hence, pharmacologically induced PD is linked to an increase in AA, the consequences of which are at present unclear and could be dose dependent.

2.3.3. Alpha-Synuclein and PUFA

Under physiological conditions, α -synuclein and PUFA are involved in endocytic mechanisms linked to synaptic vesicle recycling upon neuronal stimulation [97]. Moreover, α -synuclein and PUFA regulate each other, since α -synuclein increases endogenous levels of AA and DHA [62], and its oligomers control the ability of AA to stimulate SNARE-complex formation and endocytosis [98]. Reciprocally, PUFA strongly interact with the N-terminal region of α -synuclein [99], enhancing its oligomerization both in vivo and in vitro [100–102]. This might precede the formation of protective (LB-like) inclusions in DA cells [103].

Studies on specific PUFA species have shown that DHA induces α -synuclein oligomerization [104] by activating retinoic X receptor and PPAR-gamma 2 [105], effects that were prevented by co-administering aspirin [106]. The oligomers formed in the presence of DHA seem to be cytotoxic [107] and affect membrane integrity [108] and the physical properties of DHA itself (triggering formation of lipid droplets) [109]. Alpha-synuclein aggregation is also induced by AA [110], but the oligomers that are formed seem to be less toxic (more prone to disaggregation and enzymatic digestion) [111] and their formation is prevented or enhanced by low or high doses of dopamine, respectively [112]. The enhanced toxicity of dopamine might be related to its ability to form adducts with AA, which are able to trigger apoptosis [113].

Interestingly, a diet poor in omega-3 PUFA (with or without DHA supplementation) did not affect α -synuclein expression [114]. Accordingly, a DHA-rich diet had no effect on the DA system, motor impairments or α -synuclein levels in α -synuclein-overexpressing mice but increased the longevity of the mice [115]. This latter phenomenon might be related to the role of monomeric α -synuclein in sequestering early DHA peroxidation products and thus reducing oxidative stress [116]. The interaction between α -synuclein and (peroxidated) PUFA has recently been reviewed in more detail elsewhere [87,117].

2.4. Eicosanoids and Docosanoids

Eicosanoids and docosanoids constitute a family of bioactive fatty acyls mainly generated by AA, EPA, and DHA oxidation. They play a local role in infection and inflammation [118]. The family includes PGL, LT, EET, isoprostanes, HETE, isofurans, and resolvins, among others. Interestingly, one of the enzymes responsible for the formation of eicosanoids, COX-2, has been linked to PD pathology. Its role in the disease has been reviewed elsewhere [119,120].

2.4.1. PGL

No changes in or increased PGL E2 levels have been observed in the CSF and SN of PD patients, respectively [121,122]. In animal and cellular PD models, PGL E2 secretion is induced by LPS [123–125], 6-OHDA [126–128], rotenone [129,130], MPTP [131,132], and α -synuclein aggregation [133,134]. Nevertheless, PGL E2 levels in the striatum, hippocampus, and cortex of 6-OHDA-treated mice are decreased following a four-week exposure [135]. The eicosanoid PGL E2 mainly mediates its effects by binding to PGL E2 receptors (EP1-4), which trigger various intracellular pathways [136]. The EP1 receptor knock-out (KO) has neuroprotective effects on 6-OHDA-treated mice [137] and an EP1 antagonist protects embryonic rat mesencephalic primary cultures from 6-OHDA toxicity [138]. An agonist of EP2 protects primary neuronal cultures from 6-OHDA-induced toxicity [139] and an agonist of EP4 prevents DA loss in the SN of MPTP-treated mice [140]. Therefore, the effect of PGL E2 is also dependent on which receptor it binds. Interestingly, astrocytes KO for the familial PD gene *DJ-1* secrete less PGL E2 than WT astrocytes [141]. This could impair DA neuron survival mediated by EP2 [142]. Thus, the sparse data that are available regarding the effects of PGL suggest that increased PGL E2 levels may play a role in the pathology of animal and cellular PD models, but that this occurs in a time-, location-, phenotype- and receptor-dependent manner.

Both PGL A1 and lipocalin-type PGL D synthase (the enzyme that isomerizes PGL H2 to PGL D2) inhibit rotenone- and paraquat-induced apoptosis in SH-SY5Y cells, respectively [143,144]. Furthermore, enhanced prostacyclin synthesis seems to reduce glial activation and ameliorate motor dysfunction in 6-OHDA-treated rats [145]. Conversely, PGL J2 treatment of SK-N-SH cells leads to the formation of aggregates containing ubiquitinated α -synuclein [146], and infusion into the SN of mice induces a pathology that mimics the slow-onset cellular and behavioral pathology of PD, including loss of DA neurons in the SN, α -synuclein aggregation, posture impairment, and microgliosis [115,147,148]. Hence, PGL other than PGL E2 seem to play a role in PD pathology as well, with effects being protective or detrimental. To resolve this complexity and obtain deeper insight into the contributions of these oxidized PUFAs to PD pathology further research is needed.

2.4.2. LT

Increased plasma LT B3 has been suggested as a biomarker for PD [149]. However, the role of LT has only been tested in animal and cellular PD models, in which MPTP treatment upregulates arachidonate 5-lipoxygenase (5-LOX, the enzyme that synthesizes LT from AA). This work has demonstrated that 5-LOX inhibition has neuroprotective effects [150], a finding which would be in agreement with the observation that LT B4 enhances MPP+-induced neurotoxicity in midbrain cultures [150]. Moreover, inhibition of cysteinyl LT receptor 1 has neuroprotective effects in a rotenone-induced rat PD model [151,152]. Interestingly, 5-LOX KO in mice reduces striatal dopamine levels under normal conditions [153]. Thus, 5-LOX seems to be necessary for maintaining the DA tone but can become deleterious upon toxicant challenge.

2.4.3. EET

In PD patients, the SNP rs10889162 located in CYP2J2 (the enzyme that metabolizes AA into EET) is associated with age of diagnosis [154]. Interestingly, EETs are known to have cytoprotective effects in other diseases and may therefore also play a role in PD neuroinflammation [155]. In PD models, 14,15-EET, which is released from astrocytes, enhances cell viability against oxidative stress [156] and protects DA neuronal loss in MPTP-treated mice [157]. Inhibition or KO of the soluble epoxide hydrolase (sEH, inhibition of which elevates endogenous EET) protects MPTP-treated mice [157,158], and a double sEH and COX-2 inhibitor has protective effects on a rotenone-induced *Drosophila melanogaster* PD model [159]. Combined, these findings suggest that EET has widespread neuroprotective effects, not necessarily relevant for PD only.

2.4.4. Isoprostanes

The role of isoprostanes in PD is controversial. Both higher levels and no change in F2-isoprostane have been found in urine and plasma [160–162] of (early) PD patients. Moreover, no changes have been observed in CSF [163] or SN [164] of PD patients, but higher levels of F2-isoprostane have been described in anterior cingulate cortex of PD patients [61]. Higher F2-isoprostane levels have also been observed in rotenone-, but not manganese-treated DA neurons derived from healthy iPSC [165]. Thus, more research and proper stratification of findings need to be performed to understand the role of isoprostanes in PD.

2.4.5. Other Eicosanoids and Docosanoids

The classic and non-classic AA-derived eicosanoids, HETE and isofurans, are increased in plasma [161,162] and SN [164] of PD patients, respectively. The docosanoid resolvin D1 attenuates MPP+-induced PD by inhibiting inflammation in PC12 cells [166], and resolvin D2 seems to restore LPS-induced neural injury in a rat model, also by suppression of inflammation [167]. Thus, resolvins seem to have a protective role in PD.

2.5. Carnitine and Acylcarnitine

Carnitine is a trimethyllysine derivative that can associate with various fatty acids, forming acylcarnitine. This association facilitates their transport from the cytosol to the mitochondrial matrix, where fatty acids undergo β -oxidation. Both carnitine and acylcarnitines are involved in processes such as neurotransmission and apoptosis [168]. Decreased levels of carnitine and (long-chain) acylcarnitines have been detected in plasma from PD patients [149,169,170], while no changes in acylcarnitine levels have been found in either CSF or plasma from PD patients when compared to controls [171]. Acetylcarnitine (acylcarnitine 2:0) protects SK-N-MC cells from rotenone-induced toxicity [172], and carnitine reduces the effects of MPP+ on rat forebrain primary cultures [173] and LPS in SIM-A9 microglial cells [174]. Moreover, the neuroprotective properties of acetylcarnitine have been found in rats treated with 6-OHDA [175–177] and rotenone [178,179], and non-human primates treated with MPTP [180]. Additionally, increased levels of carnitine and acylcarnitine 16:0 and 18:0 have been detected in the striatum of 6-OHDA-treated rats and the mesencephalon of MPTP-treated mice, respectively [181,182], suggesting a compensatory mechanism against PD-associated toxicity. Thus, while it remains unclear whether the levels of acylcarnitine change in PD patients, mounting evidence points towards decreased plasma levels and a protective role of acylcarnitine in animal and cellular PD models.

3. Glycerolipids

The esterification of one, two or three fatty acyls with glycerol gives rise to the glycerolipids mono-, di-, and tri-substituted glycerol, known as monoacylglycerol (MAG), diacylglycerol (DAG), and triacylglycerol (TAG), respectively (Figure 3). There is little information available on the function of MAG, while DAG is a neutral lipid involved in the formation of membranes [55] and in the synaptic vesicle cycle [183]. Additionally, DAG fulfills a role as secondary lipid messenger [184]. The neutral lipid TAG is the main energy storage molecule [185]. Below, we will discuss the current knowledge of the roles of all glycerolipids with potential significance for PD, including MAG, endocannabinoids, DAG, and TAG, and an overview is given in Supplementary Materials Table S1.

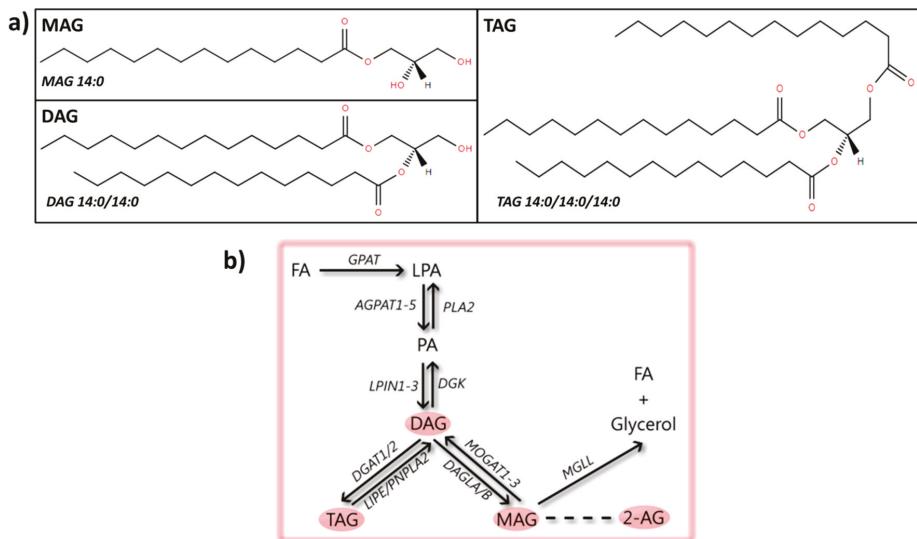


Figure 3. Glycerolipids: structures and metabolic steps involved. (a) Schematic representation of the chemical structures of glycerolipids, including monoacylglycerol (MAG 14:0), diacylglycerol (DAG 14:0/14:0), and triacylglycerol (TAG 14:0/14:0/14:0). Chemical structures are adapted from the LIPID MAPS structure database [25]. (b) Schematic overview of metabolic steps involved in the synthesis and conversion of glycerolipids: synthesis starts from fatty acids (FAs) by sequential conversion into LPA and PA, which are phospholipids (process described in Figure 4b). The enzyme phosphatidate phosphatase (LPIN1-3) converts PA into DAG, a step that can be reversed by diacylglycerol kinase (DGK). From DAG, one FA can be added to the glycerol backbone by diacylglycerol O-acyltransferase 1/2 (DGAT1/2), creating TAG, a step that can be reversed by the hormone-sensitive lipase (Lipe) or patatin-like phospholipase domain-containing protein 2 (PNPLA2). Additionally, one FA can be removed from DAG by the enzyme sn1-specific diacylglycerol lipase alpha/beta (DAGLA/B), giving rise to MAG, which can be transformed back to DAG by 2-acylglycerol O-acyltransferase 1-3 (MOGAT1-3). One of the mostly studied MAG species is the endocannabinoid 2-arachidonoylglycerol (2-AG). MAG can be degraded to glycerol and a FA by monoglyceride lipase (MGLL).

3.1. MAG

Decreased and increased expression of MAG lipase, the enzyme that degrades MAG to glycerol and free fatty acids, has been observed in the SN and the putamen of PD patients, respectively [186]. These differential effects could be associated with the different mechanisms leading to the degeneration of these brain areas; in PD patients, the SN presents with cell loss [187], while the putamen has DA depletion [188]. In PD models, pharmacological inhibition of MAG lipase has neuroprotective effects in both SH-SY5Y cells treated with MPP+ [189] and chronic MPTP/probenecid mouse models [190,191]. Although there is no information on the levels of MAG in PD patients, the model studies suggest that MAG lipase inhibition, and thus higher levels of MAG, may be protective for PD.

Endocannabinoids

MAG include 2-arachidonoylglycerol (2-AG), which is classified as an endocannabinoid. Endocannabinoids are a heterogeneous and thus difficult to classify group of lipids, including not only 2-AG, but also fatty acyl amides, such as anandamide (AEA). They have been previously linked to PD [192].

Two studies have reported high AEA levels in the CSF of untreated PD patients, which were restored upon DA treatment [193,194]. Moreover, higher cannabinoid 1 receptor (CB1R) levels in the putamen, and higher and lower cannabinoid 2 receptor (CB2R) levels have been reported in the SN and putamen of PD patients, respectively [186]. Treatment of PD patients displaying no psychiatric comorbidities with cannabidiol, a naturally occurring cannabinoid constituent of cannabis which appears to lack psychoactive effects, improves quality of life measures, but does not improve Unified Parkinson's Disease Rating Scale scores [195]. The toxin 6-OHDA has been found to increase CB1R mRNA expression [196], downregulate CB1R protein density in multiple brain regions [197,198] or not produce any changes [199]. These differential effects may be explained by the fact that 6-OHDA seems to change the expression of CB1R protein in a region- and time-specific manner [200]. Decreased CB1R mRNA expression has been described in the striatum of reserpine-treated rats [201] and increased CB1R protein density has been observed in *PRKN* KO female mice [202]. Moreover, CB1R agonists fail to modulate spontaneous excitatory postsynaptic currents in cortical synapses of *PINK1* KO mice [203], which points towards a CB1R dysfunction in these synapses. Hence, there is no agreement on the modulation of CB1R in different PD models and its correlation with the pathogenesis of PD in humans, making further studies necessary.

Drug-induced animal PD models (using rotenone, 6-OHDA or LPS) show increased CB2R mRNA expression [204,205], while a genetic model for PD (*LRRK2* KO) does not display changes in CB2R mRNA levels [206]. However, CB2R agonists appear to improve PD-linked impairments in both drug- and genetically-induced rodent PD models [206–208]. Thus, CB2R upregulation in animal models may reflect a compensatory mechanism, since the administration of CB2R agonists has positive effects on PD-linked pathology.

Reduced levels of the AEA precursor synthesizing enzyme, *N*-acyl-transferase [209], and reduced activities of the AEA membrane transporter and hydrolase [210,211] have been observed in the striatum of 6-OHDA-treated rats. Moreover, 6-OHDA treatment has been found to both decrease [212] and increase [210,211] striatal levels of AEA, while MPTP-lesions in monkeys increase striatal AEA levels [213]. Interestingly, an increase of AEA levels, by inhibition of the fatty acid amide hydrolase or administration of AM404 (an endogenous cannabinoid reuptake inhibitor), has neuroprotective effects [209,210,214,215]. Hence, AEA seems to have neuroprotective effects, which have been suggested to be mediated by activation of PI3K and inhibition of JNK signaling [216].

All MPTP, rotenone, and reserpine treatments lead to increased 2-AG levels in a time- and region-specific manner in various animal PD models [213,217–219], and 2-AG administration provides protection against MPTP-induced cell death [217]. The endocannabinoid *N*-arachidonoyl-dopamine has anti-inflammatory effects on both macrophages and activated BV-2 cells [96] and modulates the activity of SN neurons [220], together with the endocannabinoid-like *N*-oleoyl-dopamine [49]. This effect could be linked to the fact that, together with an inhibitor of endocannabinoid degradation, administration of a D2 receptor agonist improves motor performance in both a 6-OHDA-and a reserpine-model for PD [221]. Similar to AEA, different members of the endocannabinoid group of lipids may thus be neuroprotective.

3.2. DAG

Parkinson's disease patients have decreased plasma levels of DAG [222,223], and increased DAG levels in frontal cortex [224] and primary visual cortex [225]. Interestingly, SNPs from the chromosomal region that includes the gene encoding diacylglycerol kinase theta (*DGKQ*), which mediates the production of phosphatidic acid (PA) from DAG, are associated with PD susceptibility [14,226,227], and *DGKQ* is linked to increased PA 36:2 production and consequent α -synuclein aggregation [228]. The dysregulation of integral DAG metabolism in PD patients could be related to the observed genetic association between *DGKQ* and PD.

3.3. TAG

TAG levels are decreased in serum and plasma of (male) PD patients [222,223,229–233], even before diagnosis [234], and higher serum TAG is associated with reduced risk of idiopathic PD [235]. However, other studies have found no differences in blood TAG levels of PD patients and controls [236,237]. In the primary visual cortex of PD patients, the levels of TAG are decreased [225]. Thus, reduced levels of TAG seem to be linked to PD, although high heterogeneity has been described for TAG in PD patients [238]. Gender, ethnicity, or the technique used to measure TAG could bias the obtained results and contribute to the observed heterogeneity. Nevertheless, the trend from the majority of the results is in line with findings in animal models for PD, in which α -synuclein A53T overexpression leads to decreased serum TAG levels [239], and 6-OHDA treatment decreases TAG levels in retroperitoneal white adipose tissue [240]. Both rotenone and α -synuclein overexpression have been linked to intracellular deposition of TAG [241,242], which forms lipid droplets to which α -synuclein binds, and as such, the turnover of stored TAG is reduced and α -synuclein aggregation is enhanced [243]. In agreement, α -synuclein A53T overexpression in N27 cells leads to increased intracellular levels of TAG [244]. Thus, intracellular deposition and reduced turnover of TAG may explain the reduced levels of this acylglycerol in PD serum. Interestingly, *Saccharomyces cerevisiae* that are unable to synthesize TAG are more tolerant to α -synuclein overexpression [242].

4. Glycerophospholipids

Glycerophospholipids, or phospholipids, have a glycerol backbone and a polar head group, which allows their classification into distinct subgroups, known as PA, phosphatidylethanolamine (PE), phosphatidylserine (PS), phosphatidylcholine (PC), phosphatidylinositol (PI), phosphatidyllycerol (PG) and cardiolipin (CL) (Figure 4). The hydrolysis of one acyl derivative gives rise to the lipid species known as lysophospholipids. Glycerophospholipids are key components of the lipid bilayers of cells, and as such play a role in organelle function [245] and processes like endocytosis [246] or mitophagy [247]. Moreover, they also act as signaling molecules [248–250] and regulate lipid metabolism-related gene expression [251]. Below, we will discuss the current research on glycerophospholipids in PD, more specifically PA, PE, PS, PC, PI, PG and CL, and an overview is given in Supplementary Materials Table S1.

4.1. PA

One of the best-known glycerophospholipid messengers is PA, which has a broad spectrum of functions, including intracellular vesicular trafficking, cell survival, cytoskeletal organization, neuronal development, and mitochondrial function [252–254]. Increased plasma PA (18:2/15:0) levels have been suggested as a biomarker for PD [149]. Additionally, PA is known to interact with residues 1–102 of α -synuclein [255,256], thus enhancing the formation of multimeric and protease-resistant α -synuclein aggregates [257,258]. ATP13A2, a lysosomal ATPase, which, when mutated, causes familial PD, constitutes another link between PA and PD. This ATPase requires the interaction with PA, and also PI(3,5)P₂, to protect cells against rotenone-induced mitochondrial stress or other PD-related stress conditions, such as exposure to Fe(3+) [259,260]. Furthermore, overexpression of phospholipase D2 appears to induce DA neuronal cell loss via a mechanism involving PA signaling [261]. Given PA's role in the subcellular distribution and aggregation of α -synuclein, and in ATP13A2-mediated neuroprotection, it would be of interest to study PA levels and its partitioning in the brains of PD patients.

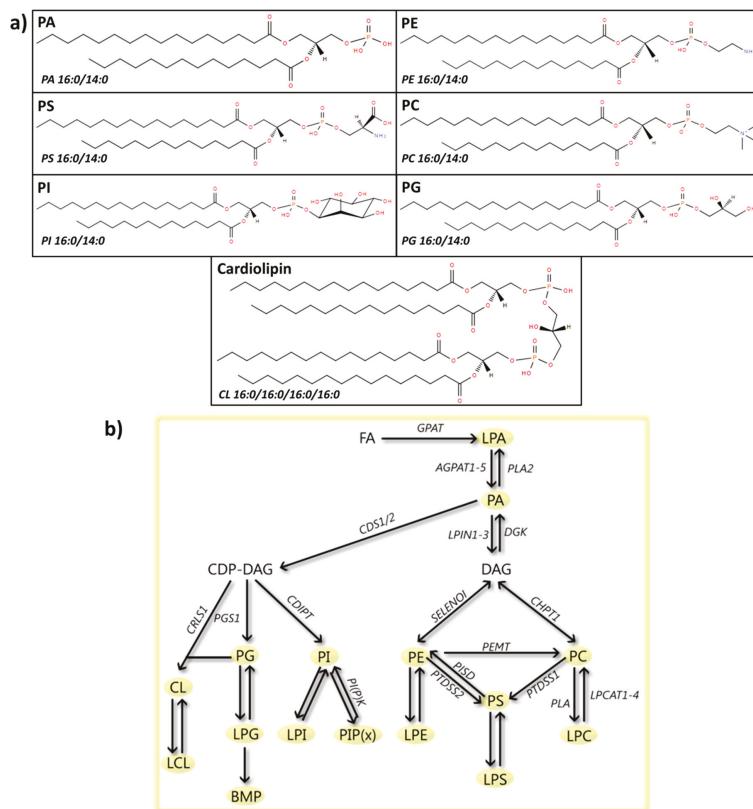


Figure 4. Phospholipids: structures and metabolic steps involved. (a) Schematic representation of the chemical structures of phospholipids, including phosphatidic acid (PA 16:0/14:0), phosphatidylethanolamine (PE 16:0/14:0), phosphatidylserine (PS 16:0/14:0), phosphatidylcholine (PC 16:0/14:0), phosphatidylinositol (PI 16:0/14:0), phosphatidylglycerol (PG 16:0/14:0), and cardiolipin (CL 16:0/16:0/16:0/16:0). Chemical structures are adapted from the LIPID MAPS structure database [25]. (b) Schematic overview of phospholipid metabolism. Synthesis starts with the conversion of fatty acids into lysophosphatidic acid (LPA) by glycerol-3-phosphate acyltransferase (GPAT). LPA is then metabolized to PA by 1-acyl-sn-glycerol-3-phosphate acyltransferase 1-5 (AGPAT1-5), a reaction that can be reversed by phospholipase A2 (PLA2). PA can then be metabolized to diacylglycerol (DAG) (process described in Figure 3b), which can be subsequently transformed to PE by ethanolaminephosphotransferase 1 (SELENOI) or PC by cholinephosphotransferase 1 (CHPT1). PE can also be converted into PC by the enzyme phosphatidylethanolamine N-methyltransferase (PEMT). Both compounds can be precursors for the synthesis of PS by the enzymes phosphatidylserine synthase 1/2 (PTDSS1/2). The conversion of PE to PS can be reversed by phosphatidylserine decarboxylase proenzyme (PISD). Additionally, PA can be metabolized by phosphatidate cytidylyltransferase 1/2 (CDS1/2) to cytidine diphosphate DAG (CDP-DAG), which can then be transformed to either PI, PG or CL, by CDP-diacylglycerol-inositol 3-phosphatidyltransferase (CDIPT), CDP-diacylglycerol-glycerol-3-phosphate 3-phosphatidyltransferase (PGS1) and cardiolipin synthase (CRLS1), respectively. PI can be phosphorylated by PI (phosphate) kinases (PI(P)K), to produce PI phosphate (PIP(x)). Moreover, all phospholipids can be metabolized to their lyso-forms (LPC, LPS, LPE, LPI, LPG, and LCL) by PLA2, a reaction reversed by lysophospholipid acyltransferases (LPCATs). LPG can be further metabolized to Bis(monoacylglycerol)phosphate (BMP).

LPA

Similar to PA, LPA is a lipid mediator in a wide range of biological actions, including cell proliferation, (nervous system) development, and cytokine secretion [262–264]. Furthermore, LPA is involved in neuronal (DA) differentiation [265]. The expression of LPA receptor 1 is reduced in the SN of a 6-OHDA rat PD model [265], and an LPA receptor ligand attenuates the MPTP mouse PD model [266]. Unfortunately, nothing is known about LPA in PD patients.

4.2. PE

The glycerophospholipid PE has a structural role in biological membranes, and it is a regulator of cell division, membrane fusion/fission, and hepatic secretion of very low-density lipoproteins (VLDL) [267]. Patients with PD show decreased plasma levels of PE 34:2 [222], and those carrying a GBA mutation have decreased serum levels of PE compared to non-GBA mutation carriers [268]. Decreased total PE levels have also been observed in the SN of PD patients before treatment [269], in males only after treatment [270], and in the primary visual cortex [225]. In contrast, increased PE has been found in frontal cortex lipid rafts from PD patients [33]. Of note, one of the enzymes linked to PE synthesis, phosphoethanolamine cytidylyltransferase, is elevated in the SN of PD patients [271]. All findings combined, most evidence points towards decreased levels of PE in PD patients, but the biological implications of the reduced levels need to be examined further.

In vitro, PE is necessary for the interaction between α -synuclein and biological membranes [272] and for the formation of stable, highly conductive channels by α -synuclein [273]. Both processes might have a role in the normal function of α -synuclein. Accordingly, in yeast and worm models, PE deficiency disrupts α -synuclein homeostasis and induces its aggregation [274,275]. This deficiency, also seen in PD patients, could be due to increased formation of LPC from PE, which occurs in MPP+ models [276]. Moreover, the inhibition of this metabolic step offers significant protection against cytotoxicity [277].

4.3. PS

The glycerophospholipid PE is involved in the triggering of both intracellular and extracellular cascades, such as the activation of kinases or the clearance of apoptotic cells [250,278]. It plays a role in neuronal survival and differentiation, and neurotransmitter release [279]. Plasma levels of PS 40:4 are decreased in PD patients [222], but higher levels of PS 36:1, PS 36:1, 36:2, and 38:3, or overall PS, have been found in parkin-mutant fibroblasts [280], frontal cortex [224], and primary visual cortex [225] of PD patients, respectively. This is in agreement with the increased PS synthase activity that has been observed in the SN of PD patients [271]. However, some groups reported contrasting findings and claimed that total PS levels in PD SN and frontal cortex lipid rafts are not significantly altered [33,270]. Yet another interesting finding is that parkin-mutant iPSC-derived neurons have a different subcellular distribution of PS [281], with increased and decreased PS in the mitochondrial and ER fractions, respectively.

The exposure of PS on the cellular surface, which acts as an “eat-me” signal for phagocytosis, is triggered by 6-OHDA [282], rotenone [283], paraquat [284], MPP+ [285], and WT, A53T and A30P α -synuclein [286]. Blockade by an antibody against PS is protective in a rotenone-induced neuronal/glial PD model [287], pointing towards a role of microglial-mediated phagocytosis in PD. This glycerolipid is known to be associated with the N-terminal- and mid-region of α -synuclein [256,288], with some preference for acetylated α -synuclein [289,290]. This association correlates with membrane penetration [255], alpha-helix formation [256] and aggregation [291], and vesicle [256,292] and liposome [51] binding. Taken together, these findings suggest that PS is a modulator of apoptosis and α -synuclein-mediated pathology.

4.4. PC

The most-abundant glycerophospholipid in eukaryotic membranes, including mitochondrial membranes [293], where it plays a structural role, is PC. It is involved in anti-inflammation [294], cholesterol metabolism [295], and neuronal differentiation [296]. Decreased levels of PC 34:2 and 46:2, PC 34:5, 36:5, and 38:5, and total PC, have been observed in plasma and frontal cortex from PD patients [222,224], and in SN from only male PD patients [270], respectively. One of the enzymes involved in PC synthesis, PC cytidylyltransferase, is elevated in the SN of PD patients [271]. Interestingly, components of the pathway “PC biosynthesis”, together with “PPAR signaling” components, allowed accurate classification of PD and control samples [297], highlighting altered PC metabolism as a consistent feature of PD.

Decreased PC levels have been found in the SN of a mouse model of early PD [298] and in brain tissue from MPTP-treated goldfish [66]. Interestingly, α -synuclein does not bind to but rather remodels pure PC membranes through weak interactions with this phospholipid [299,300], and α -synuclein E46K mutants form functionally distinct ion channels in PC membranes [301]. However, others observed binding of the physiologically relevant N-terminally acetylated α -synuclein to pure PC membranes, with preference for highly curved and ordered membranes [302]. Based on these multiple links, the significance of PC metabolism for PD pathology is an interesting and important topic for further study.

LPC

The most-abundant lysophospholipid in the blood is LPC. Its levels are critically related to major alterations in mitochondrial function (e.g., oxidation rate) and to minor defects in mitochondrial permeability [303,304]. Of note, saturated acyl LPCs have inflammatory properties, such as leukocyte extravasation and formation of pro-inflammatory mediators, which can be compensated by polyunsaturated acyl LPC, such as LPC 20:4 and LPC 22:6 [305]. Higher levels of LPC 16:0 and 18:1 have been found in the lipid profile of parkin-mutant fibroblasts compared to healthy controls [280]. Moreover, increased plasma LPC 18:2 has been suggested as a biomarker for PD [149].

Treatment with MPTP induces LPC formation, which leads to cytotoxic changes, dopamine release and inhibition of its uptake, a decreased mitochondrial potential, and increased reactive oxygen species (ROS) formation in PC12 cells [277]. The lysophospholipid LPC inhibits D1 and D2 receptor binding activities in the striatum of rats, inhibits the dopamine transporter, and decreases striatal dopamine turnover rate [306], leading to hypokinesia [307]. Interestingly, 6-OHDA treatment of rats gives rise to an overall decrease in LPC species, with the exception of LPC 16:0 and 18:1, which are increased in the SN [298]. Thus, LPC has negative effects on the DA system, but LPC levels in PD models seem to depend on the type of pharmacological treatment used and the LPC species involved.

4.5. PI

The glycerophospholipids PI and PI phosphates are part of intracellular signal transduction systems [308], but relatively little is known about their role in PD. In humans, higher levels of PI 34:1 and no changes of PI 36:1, 36:2, 38:4, 38:5, 40:5, and 40:6, or no changes in total PI have been observed in parkin-mutant skin fibroblasts [280], and in the lipid rafts of frontal cortex from PD patients [33], respectively. Decreased levels of overall PI have been observed in the SN of male PD patients [270]. In rodents, MPTP decreases the expression level of striatal PI-transfer protein [309], which is involved in the transfer of PI across membranes [310].

PI Phosphate (PIP_x)

The role of PIP_x species in PD is also poorly defined. However, PI and PIP2 effectively influence self-oligomerization of α -synuclein [311], while α -synuclein seems to prefer binding membranes containing PI(4,5)P2 [312]. Moreover, PIP3 is decreased in the nuclear fraction and whole-tissue

homogenate, while PIP2 is increased in whole-tissue homogenate of SN from PD patients [313]. As mentioned above, ATP13A2 requires the interaction with PI(3,5)P2 to protect cells against PD-related stress conditions [259,260], an interaction that is able to reduce proteasomal inhibitor-induced accumulation of ubiquitin proteins [314]. Future systematic studies on the roles of the various PIPx species are required to understand their function in PD pathogenesis.

4.6. PG

Less than 1% of total glycerophospholipids in intracellular membranes is composed of PG and it is mainly localized to mitochondrial membranes, where it can be synthesized locally [315]. The levels of total PG are not changed in lipid rafts from PD frontal cortex [33], while increased PG 32:0 has been described in total extracts of the same brain area [224]. Alpha-synuclein is able to bind PG with various degrees of affinity depending on the variability in its structure (WT \approx truncated $>$ A53T $>$ A30P) [316], and PG-containing membranes can promote α -synuclein aggregation [317–319]. Additionally, α -synuclein oligomers are able to induce PG clustering [319], connect PG-containing vesicles [320] and disrupt PG vesicles [321] through large membrane bilayer defects, rather than through a pore-like mechanism [322], leading to vesicle docking and fusion problems. Furthermore, low concentrations of α -synuclein inhibit and high concentrations stimulate lipid peroxidation of PG [323]. Unfortunately, information on the levels of PG in animal PD models is lacking.

4.7. CL

The glycerophospholipid specific for mitochondrial membranes is CL. Here, it plays both a structural and functional role [324–326]. No changes in total CL levels have been detected in the SN of PD patients [270]. However, *PINK1* KO mouse embryonic fibroblasts display decreased CL levels and supplementation with CL rescues mitochondrial dysfunction [327]. Moreover, rotenone induces oxidation of highly unsaturated CL in human peripheral blood lymphocytes [328], and increases levels of plasma PUFA CLs, but decreases oxidizable PUFA-containing CL levels and increases mono-oxygenated CL species in the SN of rats [329]. A proper CL content in the inner mitochondrial membrane and the presence of acyl side chains are crucial for α -synuclein localization [330,331], while CL content in the outer mitochondrial membrane buffers synucleinopathy [332]. Moreover, α -synuclein is able to disrupt artificial membranes containing CL [333], and its overexpression reduces CL content in MN9D cells [334] and in mouse brain [335]. Additionally, the formation of complexes between CL and α -synuclein, together with cytochrome c, may be a source of oxidative stress [336]. The role that CL plays in the interaction of α -synuclein with membranes and in mitophagy has been previously reviewed [337,338].

5. Sphingolipids

Sphingolipids constitute a family of lipids characterized by the presence of a sphingoid-base backbone. This complex family of compounds includes the sphingoid bases (e.g., sphingosine and sphingosine-1-phosphate), ceramides, phosphosphingolipids (e.g., sphingomyelin (SM)) and glycosphingolipids (e.g., cerebrosides, gangliosides, and sulfatides) (Figure 5). Sphingolipids are not only structural components of cell membranes, but they also play a role in apoptosis, autophagy, and immune response [339]. Here, we will specifically focus on the involvement of sphingosine(-1-phosphate), ceramide, SM, cerebrosides, gangliosides, and sulfatides, and an overview is given in Supplementary Materials Table S1.

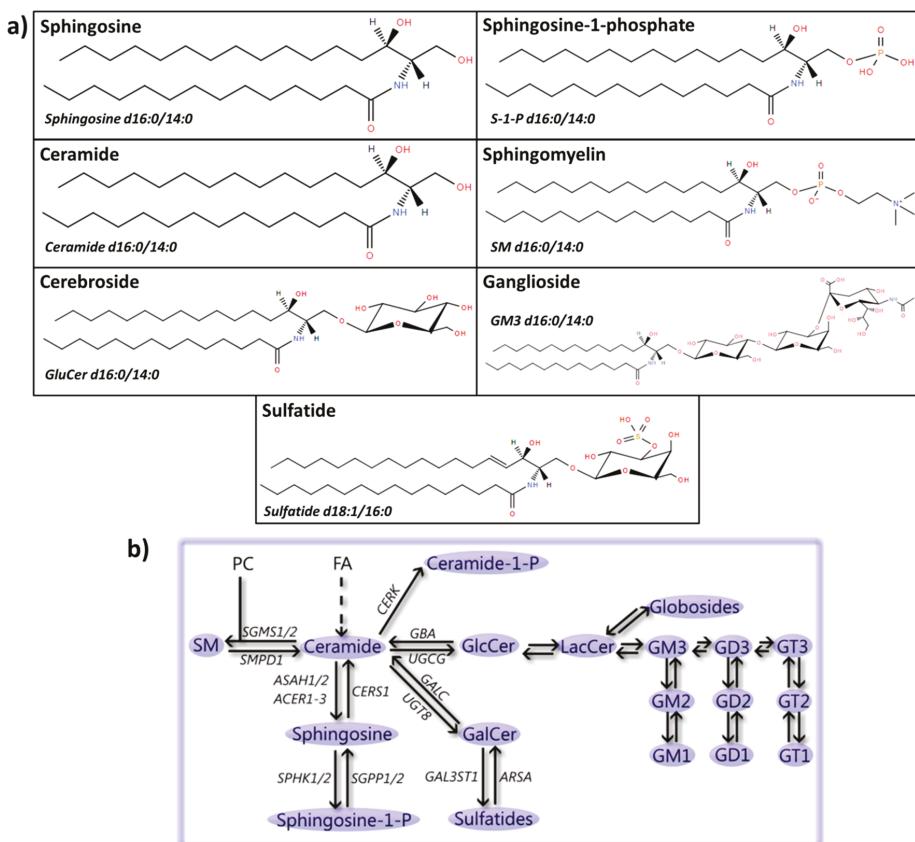


Figure 5. Sphingolipids: structures and metabolic steps involved. (a) Schematic representation of the chemical structures of sphingolipids, including sphingosine (d16:0/14:0), sphingosine-1-phosphate (S-1-P d16:0/14:0), ceramide (d16:0/14:0), sphingomyelin (SM d16:0/14:0), cerebroside (glucosylceramide, GluCer, d16:0/14:0), ganglioside (GM3 d16:0/14:0), and sulfatide (d18:1/16:0). Chemical structures are adapted from the LIPID MAPS structure database [25]. (b) Schematic overview of steps involved in the formation and metabolic conversion of sphingolipids. Synthesis of sphingolipids starts by a multistep process to convert fatty acids (FAs) into ceramide. Phosphatidylcholine can be fused to ceramide by phosphatidylcholine:ceramide cholinophosphotransferase 1/2 (SGMS1/2) to produce SM, which can be converted back into ceramide by sphingomyelin phosphodiesterase (SMPD1). Ceramide can also be phosphorylated by ceramide kinase (CERK) to ceramide-1-P and converted into sphingosine by acid or alkaline ceramidases (ASAHI1/2 or ACER1-3), and phosphorylated by sphingosine kinase 1/2 (SPHK1/2) to sphingosine-1-phosphate. This process can be reversed by the sequential action of sphingosine-1-phosphate phosphatase 1/2 (SGPP1/2) and ceramide synthase 1 (CERS1). Furthermore, ceramide can be glycosylated via the addition of a galactose molecule by 2-hydroxyacyl sphingosine 1-beta-galactosyltransferase (UGT8) to produce galactosylceramide (GalCer). Further addition of a sulfate group by galactosylceramide sulfotransferase (GAL3ST1) results in the formation of sulfatides. This process can be reversed by the sequential actions of arylsulfatase A (ARSA) and galactocerebrosidase (GALC). Finally, ceramide can also be glycosylated via the addition of a glucose molecule by ceramide glucosyltransferase (UGCG) to produce GlcCer, which can be further glycosylated to produce both globosides and gangliosides, such as GM3, GD2 and GT1, by multiple enzymes [340], or it can be converted back into ceramide by glucosylceramidase (GBA).

5.1. Sphingosine(-1-Phosphate)

Sphingosine is a bioactive lipid known to induce apoptosis and regulate endocytosis, while its phosphorylated form, sphingosine-1-phosphate (S1P), promotes cell survival and triggers diverse intracellular signaling pathways through G-protein-coupled receptors [339,341,342]. Sphingosine induces the formation of oligomeric α -synuclein species, which serve as template for the formation of endogenous α -synuclein aggregates in human and mammalian neurons [343]. Similarly, S1P accumulation, e.g., due to GBA deficiency, promotes α -synuclein aggregation [343]. Alpha-synuclein itself inhibits the expression and activity of sphingosine kinase 1, the enzyme that catalyzes the phosphorylation of sphingosine to S1P [344] and modulates S1P receptor-mediated signaling [345,346]. Sphingosine-1-phosphate supplementation of MPP+-treated cells is neuroprotective [347–349], and a selective S1P receptor agonist is protective in mouse and cellular models treated with 6-OHDA and rotenone [350]. Therefore, while S1P is protective in animal and cellular PD models, presumably through its pro-survival effects, it is clear that both sphingosine and S1P are linked to α -synuclein aggregation. Unfortunately, the lack of studies on human samples does not allow drawing a conclusion regarding the relevance of these lipids for PD pathogenesis.

5.2. Ceramide

Ceramide is involved in apoptosis, lipid raft formation, and regulation of the mitochondrial respiratory chain [340,351–353]. Both higher [354] and lower [222,355] plasma levels of ceramide have been reported in PD patients, while lower ceramide 18:0 and no differences in total ceramide levels are observed in their frontal cortex [224] and SN [270], respectively. Reduced levels of ceramide may be associated with α -synuclein accumulation [356,357]. This is in line with the finding that reduced and increased levels of ceramide have been observed in the anterior cingulate cortex and primary visual cortex of PD patients [225,356,358], which display and lack α -synuclein aggregation, respectively [359]. Thus, variation in the levels of ceramide in different tissues may be linked to α -synuclein accumulation.

Mimicking PD with *PLA2G6* KO, *LRRK2* KO, *PINK1* KO or rotenone treatment increases ceramide levels in fly brain, mouse brain, mouse olfactory bulb, and human erythrocytes, respectively [283,360–362]. C2-ceramide initiates a series of events leading to neuronal death, including an early inactivation of PI3K/AKT and ERK pathways, followed by activation of JNK, GSK3 β activation and neuronal death [363]. Additionally, C2-ceramide induces cytotoxicity and ROS production in neuronal(-like) cells [364–366], which can be prevented by WT α -synuclein [367], *PINK1* [368,369] and *DJ-1* [370]. However, both in vivo and in vitro C2-ceramide seems to suppress microglial activation [371], protect neurons against α -synuclein-induced cell injury [372], and reverse rotenone-induced phosphorylation and aggregation of α -synuclein [373]. An increase in ceramide levels is thus commonly found in animal and cellular models for PD, but its effects are unclear and may be both beneficial and detrimental for different PD-related traits.

5.3. SM

The most abundant sphingolipid in eukaryotic cells and plasma is SM. It is one of the building blocks of the cellular membrane and a source of bioactive lipids, such as ceramide, ceramide-1-phosphate and S1P, which are involved in inflammation [374,375], cell death [376,377] and autophagy [378]. In the nervous system, SM is a major constituent of myelin. Mutations in sphingomyelinase-1, which lead to SM accumulation, are a risk factor for PD [16,379,380]. This feature may be linked to the increase in α -synuclein expression observed upon SM treatment [381] and the presence of SM in LB inclusions [382]. Parkinson's disease patients carrying GBA mutations have elevated levels of total plasma SM compared to PD patients not carrying the mutation [268]. Moreover, SM 18:1 and SM 26:1 are increased and decreased in the anterior cingulate cortex [358], respectively, while increased SM levels have been described in the primary visual cortex [225], and, in males only, in the SN of PD patients [270]. However, no changes have been found in the putamen or cerebellum of sporadic PD patients [383]. The role that SM accumulation appears to play in PD pathogenesis

may thus be multifold, being linked to inflammation, autophagy dysfunction, and/or α -synuclein expression and aggregation.

5.4. Cerebrosides

Cerebrosides are lipids glycosylated via the addition of either glucose or galactose and known to be involved in intracellular membrane transport and cell survival [384]. In PD patients, cerebrosides are increased in plasma (of GBA mutation carriers) and, in males only, in the SN, whereas they are decreased in lipid rafts from the frontal cortex [33,268,270,385]. More specifically, PD patients have increased levels of glucosylceramide [223,354] in plasma but no changes in cerebroside levels in the temporal cortex [386], putamen or cerebellum [383], and decreased levels of galactosylceramide 24:1 and lactosylceramide 18:1 in the frontal cortex [224]. Thus, whereas a consistent coupling between PD and increased cerebrosides in plasma has been found, cerebroside changes in the brain are region dependent and their significance for PD needs to be determined.

Interestingly, mutations in the enzymes responsible for the degradation of cerebrosides, namely GBA and galactocerebosides (GALC), which cause Gaucher's disease and Krabbe's disease, respectively, have been associated with α -synuclein aggregation and PD [387,388]. Glucosylceramide, a product that accumulates upon GBA deficiency, destabilizes α -synuclein tetramers and related multimers and frees α -synuclein monomers and leads to cellular toxicity [389]. These effects are caused by colocalization of glucosylceramide with α -synuclein and induction of a pathogenic conformational change of the protein [390]. This promotes aggregation of WT (but not mutated) α -synuclein into a β -sheeted conformation [343,391], and conversion of α -synuclein into a proteinase-resistant form [392]. Conversely, α -synuclein inhibits normal activity of GBA [393], which increases glucosylceramide, creating a feedback loop. Inhibition of glucosylceramide synthase, which decreases glucosylceramide levels, slows α -synuclein accumulation [394] and partially protects mice against MPTP-induced toxicity [395]. Thus, it is well established that glucosylceramide accumulation leads to α -synuclein aggregation and toxicity. Interestingly, aging of WT mice leads to brain accumulation of both glucosylceramide and lactosylceramide [396], suggesting that age-associated changes in its metabolism might be related to PD onset.

5.5. Gangliosides

Gangliosides are synthesized by the addition of carbohydrate moieties to lactosylceramide. One of the simplest and most widely distributed ganglioside is monosialodihexosylganglioside (GM3) that consists of lactosylceramide and sialic acid [397]. Gangliosides were initially discovered in the brain where they are involved in neurotransmission, receptor regulation, and stabilization of neural circuits, including the nigro-striatal DA pathway [398,399]. Parkinson's disease patients have higher plasma levels of gangliosides [385], GM3 gangliosides [223], and N-acetylneurameric acid-3 (NANA-3) gangliosides [222] than controls. Likewise, higher GM2 and GM3 levels have been detected in parkin-mutant iPSCs compared to controls [280]. However, no accumulation of GM1, GM2 or GM3 has been observed in the putamen or cerebellum of sporadic (or heterozygous GBA-mutation) PD patients [383], nor in the SN of PD patients [270]. Even a GM1 deficiency, together with decreased expression of ganglioside biosynthetic enzymes (B3GALT4 and ST3GAL2), has been found in the SN from PD patients [400,401]. Hence, most publications point towards increased gangliosides in plasma of PD patients, but concomitant changes in ganglioside levels have not been observed in their brains.

Interestingly, GM1 supplementation seems to have a positive disease-modifying effect in PD patients [402–407]. Also, increased GM1 levels are neuroprotective in MPTP-treated animals [408]. For example, GM1 can partially protect against 6-OHDA treatment [409] and aging-related DA deficits [410] as well. However, studies on MPTP-treated non-human primates have shown that a short treatment with GM1 does not lead to any improvement [411], while a chronic treatment does have a positive effect [412], which might be restricted to the surviving DA neurons in the midbrain, rather than due to the prevention of cell death [413]. Mechanistically, GM1 treatment increases DA

innervation, dopamine synthesis, and TH expression following an MPTP lesion [414–423]. Moreover, GM1 inhibits the inflammatory response triggered by 6-OHDA [424], protects against the toxic intracellular GPR37 aggregates observed in parkinsonism [425] and is involved in the internalization of α -synuclein into microglia [426]. Nonetheless, evidence for an α -synuclein-linked role of GM1 is controversial: in one study it was claimed that GM1 may accelerate α -synuclein aggregation [427] and the formation of proteinase-resistant α -synuclein [392], but other work demonstrated that it induces alpha-helical structure and inhibits or eliminates α -synuclein fibril formation (depending on the amount of GM1 present) [289,428]. It is also unclear whether membranes containing GM1 interact with α -synuclein [428,429]. Hence, GM1 is a promising candidate for PD treatment, but further clarification of its specific effects on α -synuclein is urgently needed.

Only a limited number of studies have analyzed the role of gangliosides other than GM1 in animal and cellular models. For instance, mice lacking GM2/GD2 synthase develop parkinsonism, which can be partially rescued by administration of GM1 [400,430]. However, GM2 accumulation, as seen in Tay Sachs and Sandhoff's diseases, leads to α -synuclein aggregation [431]. Thus, both deficiency and excess of GM2 may lead to PD-like pathology. Likewise, GM3 accelerates α -synuclein aggregation [427] and regulates α -synuclein-induced channel formation in PC-containing membranes [301]. Furthermore, deletion of GD3 synthase, which decreases production of the pro-apoptotic GD3 ganglioside, protects against MPTP treatment in mice [432]. In contrast, ganglioside GT1b is neurotoxic in nigral DA neurons by triggering nitric oxide release from activated microglia [433]. The gangliosides GD3 and GT1b are unchanged and decreased in the SN of (male) PD patients, respectively [270]. Together, these results indicate that GM3, GD3, and GT1b play aggravating roles in PD pathology. Finally, 1-phenyl-2-decanoylamino-3-morpholino-1-propanol (PDMP, an inhibitor of glycosylceramide synthase that decreases ganglioside content) enhances α -synuclein toxicity, which can be rescued by ganglioside addition [434].

5.6. Sulfatides

Sulfatides, which are sulfated galactocerebrosides, form a group of lipids involved in protein trafficking, immune responses and neural plasticity, among others [435]. Higher levels of sulfatides have been detected in the plasma [385] and visual cortex [225] of PD patients, and in the SN of male PD patients [270]. Arylsulfatase A, an enzyme that breaks down sulfatides, has been linked to PD recurrence [436,437]. However, no changes or reductions in sulfatide levels have been described in lipid rafts from the frontal cortex of PD patients [33] and in brain samples from PD patients [438], respectively. Thus, most evidence points towards increased sulfatide levels in PD, although a number of studies have not confirmed this finding, suggesting patient, technique and/or tissue-type differences among the various investigations.

6. Sterols

Sterols are amphipathic lipids synthesized from acetyl-CoA via the β -hydroxy β -methylglutaryl-CoA reductase pathway and containing a fused four-ring core structure (Figure 6). Sterols are known to play a role in immune cell function [439], influence membrane fluidity and permeability, and serve as signaling molecules and hormones [440], among others. Here we will review the current findings on sterols in PD, more specifically cholesterol, its precursors, CE, and oxysterols (Supplementary Materials Table S1).

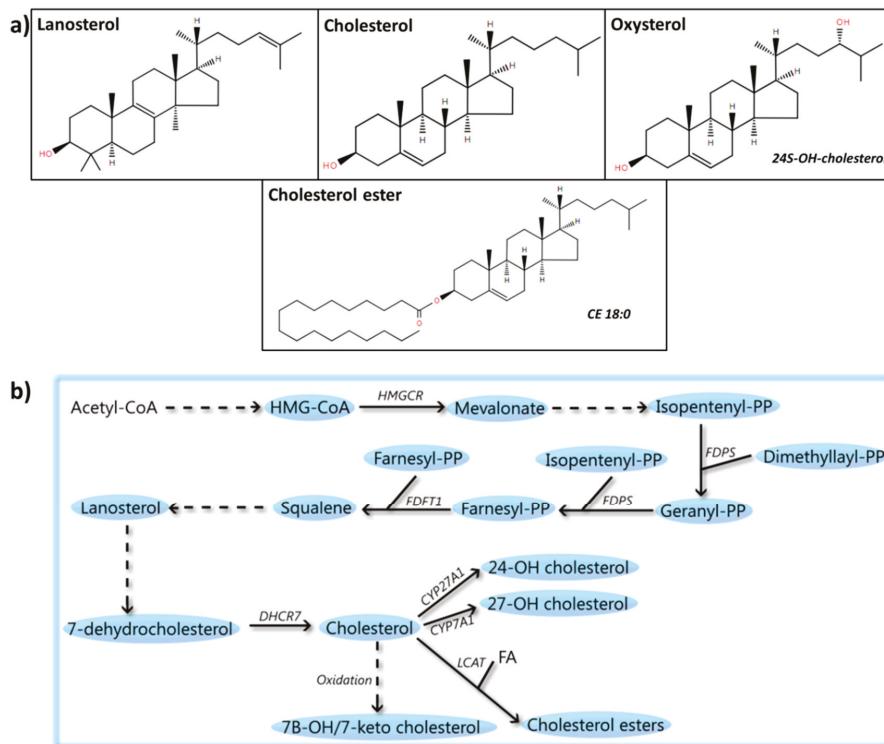


Figure 6. Sterols: structures and metabolic steps involved. (a) Schematic representation of the chemical structures of sterols, including lanosterol, cholesterol, oxysterols (24S-hydroxy-cholesterol), and cholesterol esters (CE 18:0). Chemical structures are adapted from the LIPID MAPS structure database [25]. (b) Schematic overview of steps involved in sterol metabolism. Acetyl-CoA is used to synthesize β -hydroxy β -methylglutaryl-CoA (HMG-CoA), which is converted into mevalonate by 3-hydroxy-3-methylglutaryl-coenzyme A reductase (HMGCR). Mevalonate is metabolized to isopentenyl-PP by a multistep process, followed by its conversion to geranyl-PP and farnesyl-PP by the enzyme farnesyl pyrophosphate synthase (FDPS). Two molecules of farnesyl-PP are condensed by squalene synthase (FDFT1) to create squalene, which is further metabolized to lanosterol and 7-dehydrocholesterol. Subsequently, cholesterol is synthesized from 7-hydrocholesterol by 7-dehydrocholesterol reductase (DHCRT). Finally, cholesterol can be oxidized to compounds such as 7-beta-hydroxycholesterol or 7-ketocholesterol. It can also be esterified to a fatty acid (FA) by phosphatidylcholine-sterol acyltransferase (LCAT) to create cholesterol esters or metabolized by the cytochrome p450 to produce compounds such as 24/27-hydroxycholesterol.

6.1. Cholesterol

6.1.1. Human Studies on Cholesterol

Cholesterol intake has been found to be negatively [29,441], positively [30,442], or not [31,443] correlated with PD risk. A meta-analysis indicates a lack of association between cholesterol intake and PD [444]. Lower plasma cholesterol has been associated with PD [229,232,445–447], and confirmed by a meta-analysis [238], and higher plasma cholesterol levels have been linked to reduced PD risk [235,448–452] and slower clinical progression of PD [453]. However, others, including a meta-analysis [454], have found no association between plasma cholesterol levels and PD [230,455] or PD risk [233,456]. Even higher plasma cholesterol levels in PD patients compared to controls [231,457]

have been reported. The differential outcome of these studies could be attributed to factors such as age and gender, among others, since lower plasma cholesterol levels have been reported in PD male patients of more than 55 years compared to controls [458], a high total cholesterol baseline has been associated with increased risk of PD in subjects of 25–54 years (but not in those above 55) [459], and female PD patients seem to have higher cholesterol levels compared to male PD patients [460]. Thus, proper patient stratification is necessary to determine whether plasma cholesterol is associated with PD, which would point towards defects in cholesterol metabolism.

In PD patients, no significant changes in cholesterol levels have been observed in the putamen [383], SN [270] or frontal cortex lipid rafts [33], while elevated levels of cholesterol have been found in the visual cortex [225]. Finally, decreased cholesterol biosynthesis has been described in fibroblasts from PD patients [461]. The differences in these observations could be related to tissue or brain-region specificities, technique sensitivity, and/or choice of patients. Thus, validation studies and larger cohorts are needed to determine the relevance of cholesterol changes in PD patients and their pathology. Additionally, some studies [13,462,463] have found an association between PD and a SNP near the gene *SREBF1*, which encodes a transcription factor that regulates cholesterol biosynthesis, although other studies could not confirm the findings [464].

6.1.2. Animal and Cellular Studies on Cholesterol

In animal and cell model studies, the link between PD and cholesterol has been demonstrated multiple times. For example, the cholesterol biosynthetic pathway controls *PRKN* expression [465], which in turn regulates fat (and cholesterol) uptake in *PRKN* mutant mice and human cells [466]. Additionally, *DJ-1* KO mouse embryonic fibroblasts and astrocytes display lower cellular (but not plasma [467]) cholesterol levels and impaired endocytosis [468], which can be rescued by increased membrane cholesterol [469]. In contrast, *GBA* KO and *PRKN* KO cells have increased cholesterol levels [470,471], and the N370S *GBA* mutation leads to cholesterol accumulation in lysosomes [472], while *LRRK2* KO rats have higher serum cholesterol levels [473]. Thus, cholesterol biosynthesis seems to be impaired in PD, but the direction of the change differs among PD etiologies, which could explain part of the variation observed in different studies with PD patients.

Increased cholesterol reduces cell death [474] and modulates presynaptic DA phenotype by increasing TH and VMAT2 expression in SH-SY5Y cells [475] and enhancing ligand binding of DAT and VMAT2 in the brains from rats and monkeys [476]. However, hypercholesterolemia seems to cause DA neuronal loss and oxidative stress in the SN and the striatum, leading to motor impairment [477–479]. Together with the observation that cholesterol treatment of (MPP+-treated) SH-SY5Y cells reduces their viability [480], this finding suggests that the effect of cholesterol levels on PD is dose dependent.

6.1.3. Alpha-Synuclein and Cholesterol

Alpha-synuclein interacts with cholesterol [481] and cholesterol-containing vesicles [482], but it is unclear whether cholesterol facilitates the binding of α -synuclein to charge-neutral membranes [483,484]. Alpha-synuclein-cholesterol interaction seems to be associated with α -synuclein accumulation [474,485] and aggregation [486] and is a determining factor in α -synuclein's ability to form pores [487,488]. Accordingly, reducing cholesterol levels leads to decreased α -synuclein accumulation and damage in the synapse [489–491]. Hence, high levels of cholesterol aggravate α -synuclein-associated pathology. Furthermore, α -synuclein potentiates cholesterol efflux [492], antagonizes cholesterol in lipid rafts [493], and enhances production of oxidative cholesterol metabolites [494]. Finally, A53T- α -synuclein-overexpressing mice have increased levels of serum cholesterol [239], while WT- α -synuclein-overexpressing mice have upregulation of genes involved in cholesterol biosynthesis in DA neurons from the SN [495], indicating a tight reciprocal relationship between α -synuclein and cholesterol metabolism.

6.1.4. Statins

Statins are cholesterol-lowering drugs that have been described to decrease [496–501] or not affect [502–504] PD risk. Interestingly, lipophilic, but not hydrophilic, statins increase PD risk [505]. In the current discussion on the contradictory findings regarding the effects of statins not enough attention is paid to confounding factors such as statin indication, statin-type effects or immortal time bias (span of cohort follow-up during which the outcome under study cannot occur), and healthy user effects [506]. In animal and cellular models, atorvastatin pretreatment seems to prevent early effects of MPTP administration in rats [507], and lovastatin has neuroprotective effects against MPP+ and 6-OHDA [474,508] and ameliorates α -synuclein accumulation [509,510]. Similarly, simvastatin is neuroprotective against 6-OHDA and MPTP treatments [511–514] and increases dopamine content in the striatum [515]. However, negative effects of simvastatin and atorvastatin on MPP+-mediated toxicity have also been reported [516], which could be explained by the fact that statin lactones, one of the statin metabolites, are able to inhibit mitochondrial complex III [517], potentiating MPP+ toxicity.

6.2. Cholesterol Precursors

In PD patients, the cholesterol-synthesizing enzymes isopentenyl diphosphate isomerasases 1 and 2 have been observed in LB from the SN of PD patients [518]. The natural cholesterol intermediate squalene seems to prevent toxicity in the striatum of 6-OHDA-treated mice [519], whereas α -synuclein accumulation enhances squalene production [242], which could be a cellular response to oxidative damage. A derivative of squalene, squalane, exacerbates 6-OHDA toxicity [519]. The naturally occurring cholesterol precursor lanosterol induces mitochondrial uncoupling and protects DA neurons from cell death in the nigrostriatal region of MPTP-treated mice [520]. Thus, cholesterol precursors seem to have a protective role in PD. Interestingly, inhibitors of both geranylgeranyl transferase (GGT1) and farnesyl transferase (FTI), enzymes that transfer the prenyl group geranylgeranyl or farnesyl to proteins, protect nigrostriatal neurons in MPTP-intoxicated mice [521].

6.3. CEs

The esters between cholesterol and fatty acids, CEs, are synthesized from excess cholesterol in the cytosol by the enzyme acetyl-coA acetyltransferase 1, a process that can be reversed by the enzyme cholesteryl ester hydrolase. In PD patients, reduced cholesterol esterifying activity has been detected in fibroblasts [461] and CE 20:5 is reduced in their visual cortex [222]. Interestingly, in *C. elegans* the ortholog of neutral cholesteryl ester hydrolase 1 attenuates α -synuclein neurotoxicity when sufficient CE is present, while knockdown leads to neurodegeneration [522]. However, GBA KO cells have increased levels of CE 15:1, 22:6, and 24:1 [470], which could reflect either a protective or a pathological mechanism.

6.4. Oxysterols

The products of cholesterol oxidation, 7 β - and 27-hydroxycholesterol, and 7-ketocholesterol, are elevated in plasma from PD patients [162]. Additionally, 27-hydroxycholesterol CSF levels are increased in a subgroup of PD patients [523]. Moreover, increased cholesterol lipid hydroperoxides have been observed in the SN of PD patients [524]. The CSF levels of 24-hydroxycholesterol appear to be correlated with PD duration [523], but higher levels have also been observed in early stage PD [525]. Conversely, 24-hydroxycholesterol esters are reduced in plasma from PD patients [526]. Of note, TH levels are increased by 24-hydroxycholesterol [527], while 27-hydroxycholesterol seems to reduce TH expression and increases α -synuclein levels [527–530]. An unexpected finding was that both 24- and 27-hydroxycholesterol seem to protect against staurosporine-induced cell death [531]. Interestingly, oxysterols, and more specifically 24(S),25-epoxycholesterol, increase DA neuronal differentiation via liver X receptors in both mouse and human embryonic stem cells [532,533].

7. Lipoproteins

Lipoproteins transport triglycerides and cholesteryl esters. Together, these lipids form the core of the lipoprotein, which is further surrounded by glycerophospholipids and free cholesterol [534]. Lipoproteins are classified according to their density, and thus their composition, as high-density lipoproteins (HDL), intermediate-density lipoproteins (IDL), low-density lipoproteins (LDL) or VLDL. Here, we will specifically review the current findings concerning HDL, LDL and VLDL (Supplementary Table S1).

7.1. HDL

The assembly complex HDL is composed of proteins (around 40%, mainly apolipoprotein A1 (ApoA1), but also apolipoprotein C (ApoC), apolipoprotein E (ApoE), and apolipoprotein J (ApoJ)) and lipids (including around 30% of glycerophospholipids, 25% of cholesterol/CE, and 5% of TAG). The main biological role of HDL is in cargo transport, in particular of lipids and proteins, but it is now also known to bring miRNAs to recipient cells [535]. Lower plasma HDL and ApoA1 levels have been associated with earlier PD onset [536] and higher PD risk [237,537–539], and HDL levels are positively correlated with disease duration [540]. Plasma levels of HDL-cholesterol are lower [229,385,541] or not different [230,233,446,447,457] in PD patients compared to controls. This controversial relationship is complex, as both sex [460] and *APOE* polymorphisms [231] seem to affect HDL-cholesterol levels in PD patients.

7.2. LDL

About 20% of LDL consists of proteins (mainly apolipoprotein B (ApoB)) and the remainder consists of lipids (including about 22% of glycerophospholipids, 50% of cholesterol/CE, and 8% of TAG). High LDL-cholesterol levels in plasma are protective for PD and associated with preserved executive and fine motor functions in PD [452,455,457,542], while lower LDL-cholesterol levels are associated with higher PD risk [229,445–447,500,543,544]. One study reported that plasma LDL levels are not different between PD patients and controls [237]. A number of other studies have reported no difference in baseline LDL-cholesterol [230,497], and two meta-analyses have found no association [238,496]. Furthermore, in contrast to HDL, LDL-cholesterol levels do not differ between male and female PD patients [460,540]. However, one study reported increased LDL-cholesterol levels in PD patients compared to controls [231]. Interestingly, compared to controls PD patients seem to have higher levels of oxidized LDL [545], which is able to enter neuronal cells and elicit neurotoxicity [546]. Finally, male *DJ-1* KO mice have higher LDL-cholesterol levels in serum, which could be due to the fact that the *LDLR* is a transcriptional target of *DJ-1* [467].

7.3. VLDL

Very low-density lipoproteins are mainly composed of lipids (including around 15% of glycerophospholipids, 20% of cholesterol/CE, and 60% of TAG) and only minor amounts of protein (around 5%, mainly ApoB and ApoC). Parkinson's disease patients appear to have lower levels of both VLDL [230] and VLDL-cholesterol [231] than controls, but the role of VLDL in PD remains unclear.

8. The Cellular Lipidome

Above we have given an overview of the changes in lipid composition that have been observed in multiple studies involving PD patients, and animal and cellular PD models. The question arises what the significance of such changes is from a biological point of view. In mammalian cells, about 5% of the genes are involved in the generation and transport of an estimate of 10,000 individual lipid species [547,548], which have structural [549], signaling [549,550], and energy storage [17,18] roles. More specifically, above-mentioned molecules such as glycerophospholipids, sphingolipids, and sterols represent the main components of the cell's plasma and mitochondrial membranes, endoplasmic

reticulum, the Golgi complex, and endosomes. In a dynamic manner, lipid composition defines organelle identity [547], controls the recruitment of proteins, and lipid bilayer properties, such as thickness, elastic compression, and intrinsic curvature, can be an allosteric regulator of membrane protein function [551]. Alterations in membranes thus dynamically control important processes such as (synaptic) vesicle trafficking, endocytosis-exocytosis [552] or α -synuclein aggregation [553], processes that have already been associated with PD [554–556].

Lipids also play an important role in intracellular and intercellular signaling in the brain by direct interaction with receptors and other signal-transducing proteins [549,550] that regulate integral physiological processes linked to PD. For example, PUFA are involved in inflammation, neurogenesis, and neuroprotection [56]. Endocannabinoids are lipid-based retrograde neurotransmitters that modulate synaptic plasticity [557], and LPA modulates processes like proliferation, survival and migration [249]. Additionally, although most energy consumed by brain cells comes from glucose, lipids have been suggested to provide up to 20% of the total energy consumption of the adult brain [549,558,559]. Therefore, changes in lipid composition or content, such as the ones that have been described here for PD, can have vast consequences for key processes in the maintenance of normal neuronal and brain function. However, unlike what holds for genes and proteins, most lipid species cannot be associated with specific functions: their role is dictated by the concentration and location of individual lipid species, and, most importantly, by their interaction with other lipid species. Since most of the available information is a description of changes in lipid concentration, firm conclusions regarding the effects of these changes are hard to draw.

This lack of precise knowledge regarding the (patho)biological significance of lipidome abnormalities is predominantly caused by the fact that lipids form a vast and enormously complex group of biomolecules. This creates two major challenges. First, it is currently very difficult—if not impossible—to characterize all lipids present in the lipidome of a sample, due to limitations in the separation methods. This precludes simultaneous analysis of all lipid classes, which is especially hindered by the presence of isomeric (i.e., same mass) lipids. Second, no methodology is currently available to accurately determine the concentrations of the various lipid species [560]. This lack of information hampers the interpretation of lipidomic studies and the creation of reliable databases that, on its turn, impedes the identification of pathways in which a combination of lipid species plays a role [561].

As mentioned, not only their composition in the lipidome but also the tissue distribution and intracellular localization of individual lipids are crucial for their function, which makes it of great importance to develop techniques to identify and quantify lipids at the single-cell level and with the spatial organization of the cell still intact. These developments will help to elucidate the interplay of different lipid species in a time- and location-dependent manner both in health and disease. Indeed, it would allow us to obtain more information about (i) the lipidomes of various cell types, which are now identified in growing numbers within different tissues and organs by RNAseq [562], and (ii) the dynamic changes in lipidome composition that are associated with disease progression. Unfortunately, proper sample preparation, even more than the detection limits for lipids in mass-spectrometry, currently forms the biggest barrier to develop effective single-cell lipidomics [563]. Moreover, the interplay between lipids and other biomolecules necessitates the integration of lipidomics with other omics strategies [564].

It is also important to note that the lipidome composition is not only defined by the activity of genes involved in lipid metabolism, but also strongly depends on exogenous factors. These include (1) the direct dietary intake of lipids and lipid precursors from food, (2) life-style factors, i.e., exercise, sleep patterns, and intrinsic and extrinsic motivation factors that determine the choice of food composition, and (3) the effects of drugs that affect metabolism or cell behavior. For example, accumulating evidence suggests that tight bidirectional interactions exist between dietary lipids and composition and structure of the gastrointestinal tract microbiota [565–567]. This could be especially relevant for PD, since dysbiosis (i.e., the change in microbiota structure relative to that found in healthy

individuals [568]), has been repeatedly observed in PD patients [569–574] from early stages of the disease onwards [575].

Filling in the current gaps in lipidomics technology and knowledge is crucial to exploit its potential to help us further understand the molecular mechanisms underlying PD, better define its stages and classification, and identify biomarkers, create dietary interventions, or perform compound screening, preclinical testing and monitoring of drug responses [576,577].

9. Conclusions

From this review, it is clear that a strong correlation exists between PD and abnormalities in lipid metabolism. More specifically, there is an association between PD and the levels of fatty acyls (SFA, MUFA, PUFA, a number of eicosanoids, and acylcarnitine), glycerolipids (MAG, DAG, and TAG), glycerophospholipids (PA, LPA, PE, PS, PC, LPC, PI, PIPx, PG, and CL), sphingolipids (sphingosine(-1P), ceramide, SM, cerebrosides, gangliosides, and sulfatides), sterols (cholesterol precursors, cholesterol, CE, and oxysterols) and lipoproteins (HDL, LDL, and VLDL). Furthermore, there is a conspicuous relationship between the folding, aggregation, and distribution of α -synuclein and the lipids that drive some of the neuropathological features of PD. Yet, it is presently unclear whether links exist between PD and some eicosanoids (eoxins, thromboxanes, oxoeicosanoids, hepxilins, lipoxins, and epoxyeicosatetraenoic acid), glycerophospholipids (lysoPE, lysoPS, lysoPI, lysoPG, lysoCL, and Bis(monoacylglycerophosphate), sphingolipids (globosides), and lipoproteins (IDL).

One of the main concerns regarding the findings summarized in this review is that most lipid classes have not been consistently found to be associated with PD. Variables such as sex, age, PD etiology, specific DNA polymorphisms or the microbiome may have influenced the findings. Thus, proper stratification of PD patients is necessary to understand the biological implications of the lipid changes observed. Additionally, more accurate description of the lipid profiles of plasma, CSF and/or fibroblasts from PD patients will help to classify the patients more accurately.

A further concern is that most studies have focused on plasma levels of lipids, but these may not correlate with their brain levels, e.g., levels of ganglioside species are increased in plasma but not in brains of PD patients [270,385]. Thus, CSF (and brain) lipidomes of PD patients have to be determined to get insight into the actual pathological lipid composition and processes. Moreover, it is often unclear whether the changes in the levels of lipid species reflect a pathological or rather a compensatory mechanism. Finally, studies on cellular and animal PD models do not always show the same directionality of lipid level changes as found in studies on PD patients.

In conclusion, ample evidence for a central role of lipids in PD is available, but current data yield a picture that is still too fragmented. This hinders the unraveling of the specific pathological mechanisms in which lipids are involved. Technological advances to better characterize the lipidome and explore the functions of specific lipid species, together with additional studies on CSF and/or brain tissue from PD patients are now urgently needed to further our understanding of the pathobiology of the relationship between PD and lipids and will help us to identify biomarkers and druggable targets for the development of disease-modifying therapies for this devastating neurodegenerative disease.

Supplementary Materials: The following are available online at <http://www.mdpi.com/2073-4409/8/1/27/s1>, Table S1: Lipid and lipoprotein levels in human PD body fluids and tissues, and their effects in animal/cellular models.

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