



*Principles of Self Mastery*  
*The reality of conscious co-creation*

*Devaron DLH*



# *Principles of Self Mastery*

*Devaron DLH NamSaar'*



*(The Reality of Conscious Co-creation)*





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***Principles of Self-mastery  
(the Reality of Conscious co-creation)***

***Devaron DLH NamSaar'***

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*Just a reminder...*

*A couple of very important facts. First of these is, it is obvious the Divine created Male and Female, equally and deliberately. Each is wonderfully different in many ways but neither is more or less important in life.*

*You are neither diminished nor exalted by your gender.*

*The Second fact is, where I use the words “Him” or “He” or “Son” (or any male reference) I mean it only in the (proper and presently accepted) grammar of the text. The use of these words in the text does not relate to gender as being superior or inferior in any way.*

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## *Preface*

*The "Principles of Self Mastery (the Reality of Conscious co-creation)" as written in this book are not the only principles of self mastery or creation but they are the basics. These principles are the foundation and are considered to be the seven of the most important.*

*You may struggle a bit, at first at the concepts and the information offered in this book but this information is not really new or recently discovered. These principles have existed and been known for many thousands of years and were once taught to students in the Ancient Mystery Schools.*

*We live in a time when ancient and new knowledge appear to be coming together in a way very few people ever expected to see. Ancient principles are being proven by modern science and the outcome seems to be leading us (humanity) toward a place where the once immutable physical universe is showing us it is not immutable or 'fixed' at all.*

*Concepts that humanity has held for hundreds of years like "time and space" are quickly falling away and our thinking and understanding of these things is being challenged and changed every day.*

*Self-mastery pertains to the personal self and creation belongs to the universe at large or so we have been told and taught however these concepts are not entirely accurate. These things (self-mastery and creation) are not separate at all. To learn the principles of one is to learn the principles of the other. Through the ages many Beings have learned the principles of Self-mastery and have demonstrated uncanny and seemingly unexplainable abilities to effect the physical universe, and there is no reason to think you and I cannot do the same things with the same information.*

*The general population of humanity has suffered from ignorance for many thousands of years. The principles stated in this book are simple enough and one would think everybody would know them but this is not the case.*

*For whatever reasons the greater part of this type of knowledge has been hidden or withheld from the general human population and has not been openly taught in any church or school for nearly 2000 years. It is only in recent years (since the early 1900's) that such knowledge as this has begun to reemerge into human societies especially in the western civilization.*

*The world of the immediate and distant future will not be the same world it has always been. And it is becoming more evident each day that humanity and its former style of thinking, creating and existing will undergoing vast changes .*

*Humanity must change its way of thinking and acting. We must begin to reach for higher more spiritual concepts and methods to make the kind of changes necessary if we are ever going to live in true peace and prosperity.*



*The process begins within and continues within the individual, within every individual.*

*The ancients taught us that [an] original consciousness and a pattern existed within the universe, it could be learned and used, and in fact it was always intended to known and used. This book is about Consciousness and knowledge relating to it. We begin in the most ancient past and advance until we reach this moment in time.*

*Please read the Introduction to this book. I wrote this part of the book as a primer of what is to come. It could have been a chapter from the amount of information it contains and I sincerely considered this fact but my point here is to tell you to read this section and not miss out on the information it offers.*

*I have written this book in three ways: from a scientific view, from a spiritual and metaphysical view, and from the view of the common person. I felt if I could offer different views about the same information the greatest benefit would be derived.*

*From the very beginning I will tell you, "It is not the world or anything in it that defines you... You define the world and everything it is".*

*The story below was sent to me by email and it was written by Joe Vitale a world class teacher, life coach, writer and speaker. It is such a remarkable account of spiritual intervention that I felt it would bring a benefit to all who read it.*

***The Story of a man who cured criminally Insane people without actually seeing them. (by Joe Vitale)***

"Two years ago, I heard about a therapist in Hawaii who cured a complete ward of criminally insane patients--without ever seeing any of them.

The psychologist would study an inmate's chart and then look within himself to see how he created that person's illness. As he improved himself, the patient improved. When I first heard this story, I thought it was an urban legend. How could anyone heal anyone else by healing himself?

How could even the best self-improvement master cure the criminally insane? It didn't make any sense. It wasn't logical, so I dismissed the story. However, I heard it again a year later. I heard that the therapist had used a Hawaiian healing process called "Ho'oponopono". I had never heard of it, yet I couldn't let it leave my mind.

If the story was at all true, I had to know more. I had always understood "total responsibility" to mean that I am responsible for what I think and do.





Beyond that, it's out of my hands. I think that most people think of total responsibility that way.

We're responsible for what we do, not what anyone else does.

The Hawaiian therapist who healed those mentally ill people would teach me an advanced new perspective about total responsibility.

His name is Dr. Ihaleakala Hew Len.

We probably spent an hour talking on our first phone call. I asked him to tell me the complete story of his work as a therapist. He explained that he worked at Hawaii State Hospital for four years. That ward where they kept the criminally insane was dangerous. Psychologists quit on a monthly basis. The staff called in sick a lot or simply quit. People would walk through that ward with their backs against the wall, afraid of being attacked by patients. It was not a pleasant place to live, work, or visit. Dr. Len told me that he never saw patients. He agreed to have an office and to review their files. While he looked at those files, he would work on himself. As he worked on himself, patients began to heal.

"After a few months, patients that had to be shackled were being allowed to walk freely," he told me. "Others who had to be heavily medicated were getting off their medications. And those who had no chance of ever being released were being freed."

I was in awe. "Not only that," he went on, "but the staff began to enjoy coming to work. Absenteeism and turnover disappeared. We ended up with more staff than we needed because patients were being released, and all the staff was showing up to work. Today, that ward is closed."

This is where I had to ask the million dollar question: "What were you doing within yourself that caused those people to change?"

"I was simply healing the part of me that created them," he said.

I didn't understand. Dr. Len explained that total responsibility for your life means that everything in your life - simply because it is in your life-- is your responsibility.

In a literal sense the entire world is your creation.

Whew. This is tough to swallow. Being responsible for what I say or do is one thing. Being responsible for what everyone in my life says or does is quite another.

Yet, the truth is this: if you take complete responsibility for your life, then everything you see, hear, taste, touch, or in any way experience is your responsibility because it is in your life.



*This means that terrorist activity, the president, the economy-- anything you experience and don't like-- is up for you to heal. They don't exist, in a manner of speaking, except as projections from inside you. The problem isn't with them, it's with you, and to change them, you have to change you.*

I know this is tough to grasp, let alone accept or actually live. Blame is far easier than total responsibility, but as I spoke with Dr. Len, I began to realize that healing for him and in “Ho'oponopono” means loving yourself.

If you want to improve your life, you have to heal your life.

If you want to cure anyone--even a mentally ill criminal-- you do it by healing you.

I asked Dr. Len how he went about healing himself.

What was he doing, exactly, when he looked at those patients' files?

"I just kept saying, 'I'm sorry' and 'I love you' over and over again," he explained.

That's it?

That's it. Turns out that loving yourself is the greatest way to improve yourself, and as you improve yourself, you improve your world.

Let me give you a quick example of how this works: one day, someone sent me an email that upset me. In the past I would have handled it by working on my emotional hot buttons or by trying to reason with the person who sent the nasty message.

This time, I decided to try Dr. Len's method. I kept silently saying, "I'm sorry" and "I love you," I didn't say it to anyone in particular. I was simply evoking the spirit of love to heal within me what was creating the outer circumstance.

Within an hour I got an e-mail from the same person. He apologized for his previous message.

Keep in mind that I didn't take any outward action to get that apology. I didn't even write him back. Yet, by saying "I love you," I somehow healed within me what was creating him.

I later attended a “Ho'oponopono” workshop run by Dr. Len.

He's now 70 years old, considered a grandfatherly shaman, and is somewhat reclusive. He praised my book, *The Attractor Factor*. He told me that as I improve myself, my book's vibration will raise, and everyone will feel it when they read it. In short, as I improve, my readers will improve. "What about the books that are already sold and out there?" I asked. "They aren't out there," he explained, once again blowing my mind with his mystic wisdom.



"They are still in you." In short, there is no out there. It would take a whole book to explain this advanced technique with the depth it deserves. Suffice it to say that whenever you want to improve anything in your life, there's only one place to look: inside you. "When you look, do it with love."

*by Joe Vitale*

This true story illustrates the amazing power we have within us and how it extends to virtually everything and every event and incident in our lives. I know this is an awesome responsibility and most of us have probably not ever had such thoughts that tell us we can heal ourselves and every situation that arises in our lives, but we can!

Maybe the reason we have the problems we have is because we never knew we actually could and thus never tried to heal our problems.

However remarkable this story is I can tell you, from my research, there are many such stories like this and some are even more remarkable. You will find some of these accounts in this book.

*"You and I are creations of belief... we live by our beliefs...*

*What we believe is real to us!*

*We can freely change our beliefs and live another way...*

*Any way we believe".*

*Devaron*



## *In My Own Words*

*I began my path in this life as an adopted child.*

*The people who adopted me had their own personal problems and like most of the people of their time they did not have the advantage of people like me (the person I eventually became) to research and write books like this one. They suffered from a global state of ignorance not just their own.*

*World War II had recently ended and humanity was literally picking up the pieces of a world nearly destroyed, and they were also in the process of putting their lives back together. These were hard times and the people of the world were hardened and hurt.*

*My step-father passed his hurt onto me in the form of severe beatings, harsh words, cruel and demeaning words and other abuse. When I was 5 years old I actually ran away from home and hid for 3 days.*

*What is important here is what this abusive treatment did to me and how it effected my personal life and goals. You may have a similar story and the effects you have witnessed in your life may parallel mine. It took decades for me to “see” what was going on in me and why. My life was a good one but I was never really successful in spite of my high intelligence and highly intuitive nature.*

*Try as I might I seemed to be doing something wrong or possibly leaving something out of the equation of success. This caused me no end of grief and frustration, until one day when I decided to really look at this energy and find out what exactly it was, and why was it there, inside me.*

*At first the truth of it hurt me. I did not want to see my past or those events again but it was the truth and I needed to see and know it for what it was (is) if I was going to win my place in life.*

*I realized that all of my life I had been “hiding”. I went into hiding as a small child trying to escape the person who was hurting me. I went back even further in my memory and saw abuses done to me while I lived in the orphanage... more hurt!*

*Then I began to look at what I as a child had done to protect myself. I had made the decision that somehow I was not good enough and that is what these abuses had been done to me.*



*I decided to hide the self I was born to be and try to become something or someone else... someone more acceptable to these people and then they would leave me alone, they would stop hurting me.*

*The years went by and I perfected that new (false) image to the point where I lost sight of my true self. In so doing I had unknowingly given up my power, my voice, my identity and my dreams. I had in my ignorance of truth and my desire to escape the wrath of my step-father created a "Shadow being". A being that lives in the darkside of life who is in fact only a shadow or ghost of the true Being.*

*Although I was acceptable and liked and people could see my love and my light to some degree it was not enough to truly live my life to the extent and in the way I wanted too.*

*I "felt" that something in me was missing... it was ... it was Me. I never stood up for myself, never came out of hiding, never succeeded because having done so would mean exposing myself again. It would mean being "seen" and in the mind of the child this meant I could possibly be hurt again, be abused again. In the mind of the child it was better to fail and stay invisible.*

*What I did not realize was that I was beginning to die. The process was slow and subtle but very real. It happens when we give up our life or when we give up on our life. If you do not live the life you came here to live then why are you here? What do you have to offer if you give up what you came here with? Where is your voice when you have no voice of your own?*

*The truth of myself came to me because I always knew it was here, inside of me. I wanted to succeed in life and I had to realize why I had not.*

*I had always been interested in spiritual knowledge and I knew the truth was in the world and available if we just looked for it. I always did and this fact was my own saving grace. In a sense I provided myself with a "marker" as a child when I decided to abandon my true self in favor of a false self.*

*The knowledge and information you will find in this book came to me over many years of researching and looking for the truth of life. Along the way I discovered that many people had come out of similar circumstances and situations in their lives and this information was the power they needed to discover their own path once again.*



*This information is not new in fact it is quite ancient. I am just another voice in the long chorus of voices that have said these things over the ages of Man on this planet. Many wonderful people have walked this path before me and many more will yet walk this path. I am not alone.*

*It was my own personal plight that caused me to find the information you will find in this book and along the way I learned that this information is meant for all people. What is written here has helped millions of people in the world and will continue to help millions more.*

*We are not alone in our life journey. We are not helpless and we do not need to be victims in our own life. The truth has always been here for us, always available to those who seek it. And in the words of the master teacher Jesus, "Know the Truth and the Truth will set you Free."*

*I truly wish you well and all success in your life journey. May you find, be, achieve and accomplish everything you truly desire to.*





*I believe this book is an agent of personal freedom and is ageless in the truth it proposes and offers. It is a work of love dedicated to every person who has greater hopes and dreams and wants to achieve them.*

***Devaron***



# *"Principles of Self Mastery (and Creation)"*

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## ***Dedication***

*This book is dedicated to and for the Freedom of  
All people.*

*Freedom is the gift of a Loving and kindly God.  
Freedom is the gift we can offer to each other.  
If you would be free you must offer Freedom  
Freedom is a gift of Love.  
Acknowledge is as truth  
Accept it as reality  
Honor it as your own  
Express it as your life*

*This book is also dedicated to every being who has taught us that we are  
not alone in this life, and that our greatness is limited only by our belief  
and perceptions, and that, of all there is Love is the most important..  
It is what brought us here, what we came with, what stays with us, and  
in the end it is what we leave with.*



## *Introduction*

*One of the most informative pieces of literature I have read said something very simple, so simple it should have always been obvious especially to those people on the Spiritual path. The statement is: “The Creator only Creates”.*

*I admit I had never thought of this fact in quite this way before.*

*“Everything is [always] becoming.” The universe only moves forward in its growth and expansion, this includes consciousness itself. It is true of the universe and it is true of human evolution and human thinking.*

*The ancient masters taught us not to look at our problems but to look at the solution and only the solution. You already know the problem and the answer is not there, if it were, you would have discovered it and fixed it. The problem is in fact a lesson that requires [your] attention and once learned the lesson is no longer useful and serves no further purpose.*

*If you are experiencing poverty more poverty is not the answer instead you must learn to express wealth, prosperity and abundance. To continue to turn our mind and feelings back toward poverty is incorrect.*

*To see yourself experiencing and expressing what you want (instead of what you think you do not want or have) IS the answer.*

*Its all about looking ahead and not behind you.*

*Life is always becoming. Consciousness is always becoming.*

*Nothing is moving backwards.*

*The Creator only creates is useful knowledge for us. Seeing where you are going, or where you intend to go takes your mind away from the past (from where you have been). We cannot move forward by clinging onto what does not work for us. Like the old saying: “To continue to do what you have always done thinking you will get different results every time you do it is a form of insanity.” To think your way out of a bad situation means to come to new thoughts and new ways. This is where Inspiration (in-spirit) and intuition come into the picture.*

*Lets put our thoughts into action and take this to a higher level. To be healed from a sickness is not to think about the sickness at all, rather to see yourself as well, healthy and happy. Additionally to continue to affirm health and happiness and to be thankful for it each moment. By the same measure, if we are experiencing poverty or lack in our lives the answer is not to dwell on this state of affairs but to see yourself rich, wealthy and happy.*

*Establish those thoughts and feelings that promote wealth and abundance and happiness.*



*A friend of mine who teaches Wealth consciousness created a simple logical way to always have money, and to be able to answer the question (when asked, Do you have money?) Always carry "Seed money" with you in your wallet or purse, even if it is only a dollar or two... Keep it on you (with you) and you will always be able to say, "Yes, I do have money, I always have money! It won't be long before you realize that money, like everything else is a state of mind and your state of mind determines your state of expression.*

*The entire universe, the whole of life itself is not "physical" at all. It is Spirit (the Living Consciousness) expressing. The physical eyes can only detect what they are programmed by your state of mind to see and nothing more. This fact has been proven in science many, many times. Not so your soul. You are in fact not a body with a spirit, but rather you are Spirit expressing through this energy you call your body, in this energy you call the world or the universe.*

*Consider this; Consciousness, Love and Energy are invisible yet they are the foundation of life itself, without which there would be no life, no world and no universe. The sum of all things is something we call God. The sum of all things is also something we call Spirit (two words for the same thing). All religions teach us that we cannot "see" spirit or the true state of God yet we know of its existence and are awed by its power. The statement (made by some teachers) that humanity is spiritually bankrupt is incorrect. Spirit or God is Life itself and it follows, If you are alive then you are certainly not spiritually bankrupt.*

*The truth is we can prove God exists, perhaps not as a grand old man sitting on a throne in some distant realm, but as life and power that we share completely. Miracles are not uncommon events just unexplainable in terms of the human understanding of principles we have not been taught over the past 2000 years.*

*Once, in the extreme distant past man consciously walked with God which means man was consciously aware of and like God and directly communicated with God in every way and in every respect. In those times Man realized and accepted his Divine affinity. After all "God made man in His own image and likeness". Throughout all of history these words have been researched diligently for their meaning and without exception all authorities agree these words to mean, "man was created by God as an equal son (or daughter) with all the power and authority to act and to be as God acts and is".*

*The ancient teachers taught this knowledge to mankind and so long as it was taught man acted in these ways.*



*There is knowledge that tells us God created a seeming separation between himself and man, not as a punishment, but rather as an opportunity for each Being (human or otherwise) experience and express, to grow and to understand fully his/her birthright and his own authority, uniqueness and power.*

*This “separation” is not what we today think of as being “apart from” or “different then” God... it means we were given “Free Will”.*

*Free Will is the ability to make our own decisions and learn from our decisions. In truth there are NO mistakes, only experiences, and every experience good or bad brings us an answer, a result.*

*God the Divine parent is no different than you are in regard to your children. You teach them until it is time to let them go into the world on their own. It is here, in the world that they will make their own decisions and reap the results.*

*As research has shown us the ages of man have been ages of ever expanding consciousness. Even the ancient Mayan people knew this fact and created a calendar based on this information. The Mayan people were not the only culture to know this information. The ancient world has many examples for us to see including the Sumerian's, the ancient Egyptians and several other civilizations which created records and texts about all of this.*

*It is known that in the distant past among many of the old civilizations that once populated the Earth science and religion were taught as one thing, each proving the other.*

*It was the church that separated the two. God however seems to have another plan that the church cannot now interfere with by its own edict. Science is now on the verge of actually proving the universe to be Spiritual in its nature not actually physical. The science of Quantum physics has given birth to research that goes far beyond any of the known physical laws.*

*The Holographic universe, the Plasma universe and the Unified Field Theory to mention only three of many studies are proving the unique interconnected non-physical nature of the universe and how this universe responds to thought and feelings, and is inextricably connected beyond anything the physical sciences ever dreamed about. I could literally write several books on the recent discoveries made in Quantum physics and Quantum sciences and the unusual spiritual qualities displayed by the natural universe. Not only was Darwin wrong, so was most of the known physical sciences. While the physical sciences were good in their time they were no more than someone trying to guess “what's in the box” having never looked into the box.*

*What does all of this mean to you and me? For one thing it means there is a greatness around us and within us that up until recently, except for the ancient teachings we had no idea about, and the implications to the doors being opened before us is staggering.*



*What is being learned again has the ability, if we learn it correctly, to open doors to personal and universal freedom and power we can now only barely imagine.*

*An example of what has been discovered, something that if understood, could benefit individuals as well as science in general is the field of atomic matter. In the past century or so it was commonly taught that “Atoms” are the basic structure of all matter. As it turns out this is not the whole truth. We have recently developed the means of “looking” at the atom and what we have learned is a very different picture than what we were taught and what we expected to find. Atoms it seems only explain the baser more coarse parts of matter as understood in chemicals or metallurgy but looking deeper into the atom does not reveal smaller particles but actually no particles at all, only energy. At a certain depth it seems physical matter completely disappears and only energy remains.*

*Looking to the level we can now see reveals that there are no actual particles that compose an atom but rather waves of energy that intersect at certain places or levels. Even then there is no proof that particles of any kind exist at any level. There is however frequency, motion, electricity and something we must call consciousness... it is consciousness, but scientists are still afraid of using this term to describe what has been heretofore thought of and taught to be solid matter.*

*We have begun to see (to learn) that in truth there is no solid matter there is only energy that responds to thought showing us there must be consciousness, itself resident in every part of the universe. This information is so phenomenal that the scientists who are researching it can't bring themselves to speak about it publicly, after all the last 4000 years have been based on physical observations that [now] no longer apply. How do you explain that the universe does not exist in the way we thought it did, and may not actually exist at all except in our own mind?*

*The problem is resident in how we (humans) perceive what we call life. Our “Physical senses” (sight, sound, taste, touch and smell) are really only preceptors or more correctly “receptors” (biological sensors) that interpret frequencies into “pictures” , in our brain, relating to the item, thing or event itself. We do not think it but in truth our senses are “Translating” frequencies into mind pictures we can understand and to complicate matters it turns out that what we understand is primarily what we have been taught beginning with our parents and continuing into the society we are exposed to.*





*Lets bring all of this information to a place we can understand and work with. If you really understand the universe is not a fixed, unchangeable, immutable thing but is in fact only the universe of our own making with qualities and properties we assign to it, would this knowledge make a great difference in your life? The answer is yes, it would.*

*If you understand that the only challenge you actually face in this life is your own belief system and nothing else, would that change your life? Yes, it would. What if you discovered that poverty, sickness and age are products of your personal belief system them and nothing more, would this change your life?*

*Would you begin to rethink your life and your values and your judgments about everything? Yes, you would.*

*If you knew that the life you now live is a product of (a direct result of) your past and present belief system, and this is a product of what you were taught and told during your past lifetime, would you choose to think differently then you now do? Yes, you would.*

*Well I have great news for you... this is exactly what all these discoveries are about. The fact that it is coming from science does not make it less important than if it came from your church, or from the Pope or any other spiritual leader. Recall that I said at the beginning, "science is proving God". And this is as it should be. It was this way in the distant past and it appears it is returning.*

*If God is real so is the universe and the principles and energy that define and operate within it, and within you and me.*

*Life does not depend on you believing in it, but it is a product of what you believe about it.*

*If you truly understand all this means it is the greatest door to freedom you can ever know or have.*

*There was a man who lived some 2000 years ago who said the words, "Know the truth and the truth will set you free." It would seem in light of all that has so far been discovered you and I Do have power and authority we never really knew about and perhaps God did make us in His own image and likeness, just as we were always told.*

*In my research and studies which stretch back across my life time and the lives of those who came before me and those who exist around me now, I have discovered that the true road to the mastery of creation is an "inner road", it is the road of Self Mastery.*

*We create our lives and our reality from within our Being and within the Being of God. When the master said, "I am in the Father and the Father is in me" he spoke about all of us and all of life. There is no outside of God and because of this fact what the master said is true of us all.*



*It would seem by the evidence we are faced with that everything including ourselves is a product of and an expression of consciousness.*

*The consciousness from which everything that is, came into being and everything that is, is sustained by this same consciousness.*

*True mastery is nothing more then learning the truth of the existing system that resides within all things, and working with this system to our benefit.*

*In the history of humanity the system of self-mastery was learned long ago and recorded in many ways by Beings who had the insight to leave this information for others, like us, who would one day begin to understand and embark on their own path to self-mastery.*







*I have included images and pictures like this throughout this book.  
My purpose is to remind you to look around and become aware of beauty  
and why it exists and to simply take a moment to appreciate life...  
to appreciate all life... and appreciate your life.  
“Life in every form, life in every moment, life in every breath”.*



### *“The Law of Attraction”*

*Take a seed of wheat or some other grain plant it in the ground water and care for it and in a period of several weeks that seed will grow and flower into a form that produces whole grain of its kind. Gather up the grain take it to be milled and grind it into flour. Prepare the flour with spices, salt and yeast. Form the mixture into loaves and bake the loaves in an oven.*

*From beginning to end the entire process usually takes several months to accomplish but this is a form of manifestation.*

*It is a system that works however slow and cumbersome it may seem.*

*It is the system of “unconscious manifestation”*

*I refer to this system as “unconscious” because of the many steps it takes to accomplish the goal and because most people have no idea what is actually taking place (certainly not how). What we see is the seed – the care and preparation of the ground and the plant as it grows – the gathering of the grain – the milling process – and finally the preparation and baking. In our modern society many people who buy and eat the bread do not see any of the steps necessary to make the bread.*

*There is another little known but more direct method of creating the bread. This second form of manifestation is called, “Direct or Conscious manifestation”, and it has two distinct levels of use (instantaneous manifestation and the Law of Attraction). Although the first level or method (direct and instantaneous) is not widely known it does in fact exist and has been used by conscious Beings throughout history and from time to time has been publicly demonstrated.*

*Among those people who were known to have used and publicly demonstrated “direct manifestation” were Jesus, Buddha, Moses, and in recent times SaiBaba and several other people in you may or may not recognize or have heard of.*

*Jesus was seen to turn water into wine, he healed the sick and even raised the dead. He also manifested food on several occasions for multitudes of people who gathered to hear him.*

*During the sojourn of Moses in the desert many times his people were fed on “Manna” (a semi-sweet white substance resembling hominy or hail). He brought forth water in the desert, and actually parted the sea to allow his people to pass over (or through) it.*

*These are events that cannot be explained in normal physical science.*

*Events of this nature have come into this physical realm in another way using another lesser known but obviously more effective method (or law) of obtaining a desired goal or thing.*



*The Law of Attraction works in a similar way as direct manifestation but it can be a relatively slow and cumbersome process. It takes some training and understanding and dedication, patience and practice to achieve. I am not intending to discourage you from learning and using this system... it does work and for some people it works very well. What I am referring to is learning to understand and use principles that work for you. All of the systems I have mentioned work, but there are differences in these systems that require higher levels of training, understanding and application.*

*Like everything else training and knowledge leads to higher levels of ability and performance. I like to tell people the story of learning how to fly a jet fighter. The first steps are not actually flying the aircraft but rather are devoted to learning the laws of flight (how and why an aeroplane operates and flies) then you graduate into a small, slow easy to handle aircraft until you have mastered the basics of aerodynamic knowledge and control of the craft. In specific steps you learn more knowledge and gain much more experience and confidence in your abilities. Soon you transition into faster and more powerful aeroplanes. You begin to fly much higher and faster then you ever imagined. Then one day your instructor tells you that you have the ability to do the job... you graduate and get your wings... now you are ready to fly as high as the sky.*

*In chapters two and three of this book I have included material about a new [old] theory of the nature of the universe and how this theory is changing the face of science to include a far more malleable and transmutable universe.*

*There are passages in the Bible and other books that proclaim a greater meaning and a greater message about the life and work of masters upon the Earth then are commonly accepted by the general public.*

*Among those things Jesus said to the many people who heard his words and witnessed his acts was, "All these things I do so shall you, and even greater things then these shall you do." Modern Christianity has no real explanation (or seeming understanding) of these words of encouragement.*

*As a child I read these words, as did many children and adults. I thought to myself, "Why would this man say these words if they were not true of us all?" Had this man come here to lie to us, to tease us, to abuse us because we were lesser or inferior beings then he? My answer was and still is, "no", he did not lie, and his statements are true even if we choose not to understand or accept them!*

*I believe he knew many people would eventually understand and begin to act upon his words. Those people would look deep within themselves for the reality and meaning of his words and many would find what they looked for.*



*Somehow, somewhere this knowledge has been put aside; forgotten, or possibly conveniently hidden from the public knowledge. But because this knowledge is truth it could not be hidden forever. It had to resurface into visible life.*

*And this is the promise that I now believe is being kept, “the branch of the tree that was cut off has grown itself again”.*

*The Kingdom, and the knowledge and wisdom of [Heaven and Earth] is given to all equally; it applies to all equally, and is meant for all equally. What ever status we have in life we gained from direct heritage.*

*I have written this book in such a way to give credence to the physical and Spiritual life we live. The “Unified Field Theory” of science and the first principle of creation both state: “There is no separation”.*

*The fact of life is: “Creation exists, all of it exists.” We are part of the total creation and cannot be otherwise. In fact we are conscious co-creators.*

*We are in truth using the energy, consciousness and everything else that already exists to live our life. We determine that we want or need something and thus begin the process of creating it for ourselves.*

*Where does information come from? How do we come to it or receive it, be it an invention, a concept, inspiration or an epiphany? When we receive knowledge what is its source? Does this knowledge exist already or are we just making it up as we go along? Where does everything come from?*

*What we do and have in life “precipitates” to us. Everything we have or will ever have is a product of our belief and effort to have it.. This extends to and includes those things we do not have in life.*

*Our beliefs and efforts define the outcome (the end product and the result).*



## Chapter Two

*"Within us all  
is the unlimited power to live the life we choose."*

*There is one statement in the Bible that stands out and should be acknowledged by all people.. I believe this statement and others like it, said by the same man is so simple that everyone has walked by it without really knowing its truth or its full meaning and implication.*

*Jesus said it:*

*"Of myself I can do nothing, it is the Father within that does the work."*

*I believe this statement is packed full of wisdom and information that few people really understand because in our present modern world we live, or try to live, outside of the true system that exists in life. We are told from the cradle that this life, this universe is fixed and immutable and it is only physical in its nature.*

*We were also told that we have to work hard and labor for what we get, and as it turns out the rich get richer and the poor get poorer.*

*This same basic system existed in Jesus time, yet he taught the people a whole new method of living, having and accomplishing in their lives, and he demonstrated what he taught.*

*If Jesus came to Earth today I believe he would teach us the same principles and truths he did in the past however I believe he would use words and concepts the people of today understand.*

*Today the majority of the people no longer deal with sheep and goats and the types of agriculture and rural life that once existed. Yet the very principles of life as Jesus described them are identical today as then.*

*The problems humans have in life, the grief and the joys still feel the same to us even if the physical source of these things seems different. And although you may find it astounding the answers to our problems are identical today as in the past. Why is this?*

*The answers we seek reside in the nature of the universe itself.*

*This information was never really hidden from us although it may have been denied to us. Consider this, the universe is the same today as it was 2,000, 10,000 100,000 or 10 million years ago. The sky may appear different because of the movement of the stars and solar system and the galaxy but the laws that applied then still apply today and millions of years from now they will still apply. The energy that composes the universe of today, yesterday and tomorrow is identical... it is what it is and it will not change.*

*The principles of Self-Mastery and creation have also remained the same. This is what Jesus and other masters have always taught the people and will continue to teach until there is no more need.*



*I am going to make this next statement as simple as I know how to without losing or sidestepping the importance of it. If you understand this statement fully the remainder of everything else I will say in this book will make perfect sense and I believe this statement has the power to change your life completely.*

*We struggle with our life trying to find the means to live our lives never realizing that [the] Divine Consciousness we call God gives us (and has always given us) the means and every ability to succeed in our life.*

*The reality of life, of our life exists within the very fabric of this universe and it is [also] completely resident (programmed) inside of you and me.*

*This universe is not the fixed immutable physical reality you were told about from the cradle. This universe is alive, intelligent, and it is completely conscious of and responsive to us in ways our imagination cannot yet see.*

*The truth is, There is nothing physical about this universe.*

*Science already knows that every atom is not a particle at all... it is 'light', and light is energy and energy cannot be created or destroyed... it exists in form (or without form) and it always did exist. There is no actual beginning or end of it.*

*In addition to this it has been proven many times that the physical realm which seems so solid is nothing more than a living Hologram with infinite electromagnetic properties (plasma) completely capable of intelligent communication and response. In other words, the universe is a Living thing, a living Being. From this plane of life we cannot appreciate or encompass its vastness or greatness yet in every way we are beginning, once again, to realize it is Consciousness itself, and from the beginning and over the ages we have come to call it God!*

*The original opening statement in the Bible is: "Without beginning God was". And everything that exists must be God because in fact nothing but God exists. There is no other life and there never was. Life is only one.*

*A few sentences later in the bible it explains: Man "is made in the image and likeness of God." Can this be proven? It absolutely can!*

*Science which has no religious bias long ago determined that your body is composed of exactly the same material as the Earth and the universe this planet exists in. The "atoms" which compose the physical universe also compose the physical you. This means whatever the atom is physically you are also. But it gets better. Mr. Einstein many years ago explained that all atoms are in fact "light"... And what was the first thing God created... "Light" (Let there be Light!). Is this a coincidence?*





*In Quantum physics it is being stated and proven that 'light' is always a frequency (a waveform) until it needs to be a particle! In fact light (as we know it) only exists under certain conditions, because in truth the only thing that does exist is energy (light is only a form or expression of energy) and all those physical properties we think of as being part of the universe are nothing more than by-products.*

*But how does light or energy determine when it needs to be a particle?  
Is there intelligence or consciousness at work here?*

*Consider the following statement by Max Planc:*

*“All matter originates and exists only by virtue of a force which brings the particle of an atom to vibration and holds this most minute solar system of the atom together. We must assume behind this force the existence of a consciousness and intelligent mind. This mind is the matrix of all matter.”*

*There is, (and it is known as) “resident intelligence” or consciousness in all of life. Everything is or contains consciousness. In fact it is being proven all that all life exists within an envelope of consciousness.*

*Consciousness and intelligence exists in everything we see and know and understand, and beyond our present understanding.*

*This “intelligence” fills the universe and gives order and structure to all things seen and unseen, known and unknown formed and formless.*

*It has been said by certain master teachers, 'If you had the faith of a mustard seed you could say to the mountain go, and it would go.’*

*How is this possible? Perhaps, as it has been discovered, the universe IS alive and is conscious.*

*It certainly is intelligent and it is responsive.*

*It can “hear” your commands and it can obey.*

*Additionally, according to the ancient teachers, it can do everything for you. In fact IT can do things you may think of as physically impossible.*

*Some years ago it was discovered that Man uses about 10% of his brain. This part has been mapped and is reasonably understood however 90% of our brain and functions is not understood and has never been mapped. Science has no idea what the remaining 90% of our human brain can do. Interestingly enough our astronomers have discovered that the physical universe, all of it, amounts to about 10% of what actually exists. The remaining 90% is a mystery to us. Is this a coincidence or a fact?*



*Recently it was discovered by those who do this type of research, the DNA code is layered, much like sentences on a page and the first layer by its chemical properties and signature can be and has been translated into a readable human language. Ancient Hebrew was used for this purpose and five (5) words emerged: “God Eternal within the body”.*

*Your own DNA states: “You are created in the image and likeness of God”.*

*You may read more about this in Gregg Braden's book, “The God Code”.*

*Another wonderful fact quantum science is discovering but cannot yet be fully explained is how it is the universe of energy has what appears to be two (2) distinct (but not separate) sides. One being impersonal the other being super-personal.*

*The best way to explain this is would be to say the energy that composes the universe is also the energy that you feel as Love and know as consciousness. In tests done over many years and performed upon many different people in all walks of life it has been show that the body and the brain responds specifically to thoughts and feelings of love. Plants and animals have been tested and they too respond to thoughts, words and feelings.*

*Another test upon energy fields and electromagnetic fields indicts that these things also respond to and react to thoughts and feelings. Consider this, everything and I mean everything is composed of energy, no exceptions.*

*If everything is energy does this also mean it is conscious and can respond to itself? It would seem the answer is yes.*

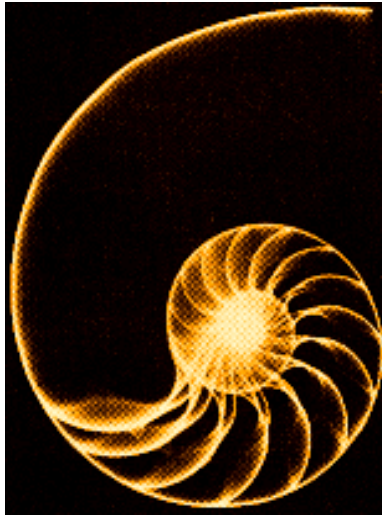
*You and I have a very real “inextricable” and unavoidable relationship with consciousness; intelligent, all powerful, unlimited life whether or not we believe in God.*

*If you learn the principles of Conscious Life (the principles of universal consciousness, intelligence and love) you can succeed at doing or being and having anything you truly desire in this life. This is the message Jesus and many other masters and teachers taught and demonstrated to the people in their time and it is still true for the people of today.*

*You are not alone. You are not helpless and you were never intended to be a victim in your own life. By yourself, by your physical efforts alone you may not believe you have the power to change anything, but you do. Once you recognize the true and real Being you are; the Being in whose image and likeness you are mde ,in which everything is possible and nothing is impossible. This is what Jesus meant when he said: “Of myself I can do nothing, it is the Father within that does the work”. The “Father” he spoke of is the Living Consciousness that created life and sustains all life.*







*We were told the Universe is without intelligence, without a plan, without intent...*

*Is it just dumb luck that a simple sea shell like the one above contains a complex mathematical formula that taught humanity the proportions and balance found in all of nature?*



## Chapter Three

### *The False Image (our false beliefs and our disguise)*

*A beautiful young lady came into my life... it seems we fell in love, a good thing by any standard. Soon thereafter she began to make certain demands of me, which I at first thought were unreasonable or possibly unreal. Yet, there was something in what she was asking of me, something in what she was telling me about myself that had a ring of truth in it, no matter how odd it at first appeared.*

*Initially I had thought to reject her words and demands, but the more I thought about what she said the more I knew she spoke a truth. I took the time to process her message.*

*In her way she was telling me about my own False Beliefs, and she referred to these as "my disguise". "Why are you hiding from me", she would say or "why don't you show yourself"? What was she really saying to me, what was she asking of me?*

*A belief is a belief, is a belief, etc., etc.... False beliefs or true beliefs are, until we know better just as real as each other.*

*And the Universe always gives you what your belief says you can have.*

*It has always done this for you and I.*

*This is exactly why you and I, if we seek to change our life must change our beliefs.*

*Our false beliefs have created a disguise around us and it is the false self; the self that was created by living within the society; it was created by you because of the demands from mom and dad, church, school, friends and peers from the earliest age.*

*It is in our earliest childhood, because of our willingness to please our parents and others in authority coupled with our basic ignorance of the truth of ourselves and about life that we begin to create a self-image based upon false beliefs... beliefs that are not necessarily our own but those we adopted to please and to be accepted.*

*As we progress through our young and formative years we practice and polish this self-image until it seems to be perfect and completely acceptable to the outside world.*

*Over time we fool ourselves into believing this [false] image until it seems real and from then on we spend a great deal of our time and energy and in many cases our entire life defending this image and the false beliefs that created it by denying our beliefs are false.*



*Call it what you will; consciousness, spirit, truth or whatever you like but at some point during our life we find ourselves asking, "Is this all there is, is there nothing more?" We feel empty somehow and unfulfilled by life and questions like this we make to ourselves is our own inner voice asking us to remember reality... our reality.*

*We are asking ourselves to remember who we really are, the "who" behind the ego disguise (the false image we created for the world).*

*How much has our false image and false beliefs really cost us? How much of our life force do we use each moment of every day living out the false belief we hold about ourselves, our world and our understanding about life?*

*How much of our life have we spent living what amounts to a lie?*

*We all have knowledge but what is our knowledge based on? Is it empirical truth, or is it the knowledge you have learned in school, in church, within the society or from the thoughts and words of other people? How much do you really know about life, good and evil, right or wrong or anything?*

*How much do you know, and how do you know it?*

*Do not be ashamed of not knowing.*

*It is when we admit to our ignorance that we open the door to learning.*

*A great teacher once said, "Know the truth and the truth will set you free."*

*You are in fact, at this point, the authority of nothing, and everything. You know in truth only that you exist, but you may not know why or how.*

*You are the "examiner" and as such you stand at the very center of all you know and can know. You are the "Doer" and you stand at the middle ground of all that can be done.*

*What you do not know about yourself may surprise you.*

*Remember, the disguise I refer to here is the "false you".*

*It is the "image" you created to live in this world, to be strong and acceptable and invulnerable to the world.*

*This disguise is not the real you but is in fact an image you are hiding behind.*

*As I wrote earlier, when you were still a child and had no knowledge of yourself your parents through their own ignorance of their true self rejected you in any number of ways.*

*Recall your own feelings as a child. Did you feel rejected, demeaned, insignificant, and unimportant, even ignored, reprimanded, scolded, scorned and in many cases beaten and abused: mentally, emotionally, verbally, and physically? And what were the reasons for all this?*

*Was it because you did something wrong? Did you not do what your parents or society asked of you ("do as I tell you, stop daydreaming, take your head out of the clouds, get a job, go to school")? The lines of abuse are long and painful.*



*We spend 18-20 years growing up, and 40-50 years or more overcoming the internal harm that was done and trying to find or rediscover in us what was seemingly destroyed.*

*Look back in your life and you may discover that as you grew up and began to take your place in the general society you were required more and more to reject yourself in favor of acceptable social and Earthly ways.*

*What you did not know, and may still not know is that in time "because you were rejected, you learned to reject yourself", and have done so until this moment.*

*I have seen, as you probably have seen, a number of homeless, seemingly misguided young people among the present general society.*

*If this is a phenomenon then it is a worldwide phenomenon.*

*I have spent many hours (actually many months over a period of years) among these young people and I have learned some very important facts about them.*

*These young people openly reject the society from which they sprang. Intuitively or otherwise these young people know that the society as it is being forced upon them to live in is wrong. To these young people, to live in this society means to reject the true self, to reject the values of Spirit, truth and knowledge they came with.*

*To accept the ways of this society to these young people means "to become just another slave among the population of slaves".*

*These children actually see this society as the death of everything good and holy in the world, and if they accept it, it is their death.*

*Why is it that these our children have rejected the society we have created? Could they intuitively know something we do not, or could they be seeing something the general society has closed its eyes to?*

*These children are very aware that humanity in general is out of balance with itself and with nature.*

*These children see that, "humanity has accepted religion but rejected God".*

*These children know they have been rejected by society, and were so from the beginning with and by their biological parents.*

*These children leave their parental homes as soon as they possibly can. How many of these 12, 13, and 14 year old homeless children have you seen on the streets of our cities and villages and why?*

*The words, "Become Ye as Little Children" has many implications including: to return to the child within yourself. It is here, in the child that the damage first began, but it is also here in the child that healing comes.*

*It is the child, the innocent, loving, beautiful child, eyes wide open, and heart wide open, eager to know, eager to do, and eager to be, that we must return to and in a manner of speaking: become again.*



*Through the innocent eyes of the child this world is really quite simple; black is black and white is white, yes or no.*

*To reject the child is to reject the very purpose of the child.*

*I have said all this because it is in your earliest years that you were made to see someone else's idea of life. You adopted it (their ideas and their concepts) as your own, but if you are reading this book perhaps it is because you "know or seriously suspect" something else about yourself.*

*Something mom and dad, and the society failed to tell you, failed to recognize in and about you, failed to encourage you to see... but you do... you still remember you.*

*The "life" you see and feel in your heart has not abandoned you.*

*There is still a beautiful glow, a ray of hope shining through, shining out from behind all the false words all the false concepts and all the social demands."*

*Look into the eyes of your own child and you will begin to see truth again.*

*Within you right now is the child you left behind somewhere in your past. This child you are still waits for you, waits for your return.*

*Children have no false image about the world, or about themselves.*

*This is one of the reasons Jesus said, "Become ye as little children."*

*In this sense this message means, **Become you!***

***Become what and who you really are.***





### *Whose voice is this I hear?*

*“I have been feeling sorry for myself since I was a small child. Being severely beaten by my stepfather gave me a psychological deficiency; an inner message that basically said “I was not good enough” or I was somehow bad or I had done something wrong. All of this made me to take a lower position in life... making me non-aggressive and at times ineffective in my efforts in life. This became apparent in my relationships with other people and my life work.*

*“Looking at this life long outcome showed me that I had obviously taken a lesser position, and by this not only had I cheated myself of success in certain areas, but I also cheated the world of the good I know and meant to share.*

*In time I learned I could change this energy by knowing of its existence and taking positive steps to alter its course.*

*The new action (my new actions) must be predicated upon my self-realization just as the old actions had been a result of my own ignorance and self-worth issues.*

*The inner words, “I can have, I can do, I can be” must replace the negative “I cannot, or I am not capable, or I am not worthy”.*

*“I realized that if indeed “All things come from within” then it is I who must establish the conditions and situations that support my positive affirmations.*

*It is I who must establish the conditions and situations that support me.*



*"I can have what I want from life. I can live the life I truly want to live.  
The voice inside (me) that says, "I cannot", is not my own voice...  
It is the voice of a man I used to know.  
"Either I continue to hear his voice and believe his words or I listen to  
my own voice.  
"It was the child I was who suffered at the hands and words of this  
(other) man.  
"It was the child I was who thought, "I must be bad", (as though  
I had done something wrong and the world would punish me).  
"But the adult I am sees the actions and words of that man and  
now knows those words he spoke and his violent acts were his own anger  
and frustration... not mine.*

*His words are not my words...  
His anger is not my anger...  
His fears are not my fears.  
And his beliefs about life are not my beliefs about life.  
His voice is not my voice.*

*I never did any wrong or any bad thing... I was a child. I do not  
deserve punishment in any form.  
I am perfectly made and made perfectly good, perfectly wonderful  
by a perfect God. I cannot be anything other than the perfect, good,  
loving, capable Being God made me".  
I can choose to let go now, and let God.  
I can live in the love I am and in so doing I can truly forgive and allow  
the past to be erased from me.  
Compassion and strength has come from what the world might see as  
the most unlikely place.*





*There is an absolute beauty in life.  
It surrounds and permeates and gives form to all life yet it is formless,  
invisible and indefinable.*





## Chapter Four

### *"Ancient Knowledge"*

*The Fourth Principle of Self-mastery states: "Everything Comes from Within." Perhaps in today's world the topic of Manifestation is one that very few people believe, or feel they know anything about yet the absolute truth is, "Everything you have, everything you want, and everything you will yet have... came to you, or will come to you through the process of conscious manifestation also known as conscious co-creation."*

*The problem we have living in the present world is resident in our belief of what the world and the universe is and how it all works. We have been taught that the world and the universe and the laws of physics that govern them are undeniable, immutable and unchangeable.*

*100 years ago no one would have argued this statement, except of course those few beings who know better. Today the statement of an unchangeable universe is on very thin ice and for good reason. Lets examine some of those reasons.*

*100 years ago none of the technology and information I discuss in [Chapter Five](#), "Is the Universe what you think it is?" was unavailable or known, except to certain people in the far east who have had this type of information for many thousands of years. Today we have new technology and equally new (to the western world) information about the construct of the universe, the laws of physics and [including]the planet Earth and all who live upon it.*

*We have (new) knowledge that disputes the [old] standing laws of physics and the separatist type of thinking and attitudes that have so long prevailed. Quantum physics and holographic technology and other information has revealed a universe heretofore unknown to western civilization and as the doors to this information open to us our understanding, our thinking processes, and our approach to the universe is quickly changing.*

*Please take the time, if you have not done so already, to read Chapter Three. Also please understand that no matter how far advanced or different the information in this chapter and in chapter three may seem it is only the very tip of the iceberg of available information.*

*In ancient times manifestation was taught in a very different way then is presently understood. In the present world we probably view this information as "metaphysical" in its nature. The dictionary definition for this word is one of a low based idea having very little connection with reality... I question this because it is evident by the attitudes and wisdom displayed that "reality" is not what the present day common man knows.*



*It is no joke to refer to this [present] age as the age of “materialism” in which almost everything of value can be counted in money or comparative material goods or trade.*

*In the ancient schools “Metaphysics” meant “Hidden Science”... the science that was not always visible or available to the common person, and it also referred directly to the unseen and invisible realms of life. Ancient science included the various Arts, the practice of medicine, astronomy, mathematics, geometry, astrophysics, aerodynamics, physical (natural) law, masonry (and the building trades) meditation and “occult” sciences including the singular nature of God.*

*Considering that most of the worlds monumental structures where erected in those ancient times, most of which cannot be reproduced today even with our present technology (example: the great Pyramid, Chichén Itzá, Tiahuanaco and other structures located around this planet) those ancient people must have known and had access to knowledge we obviously do not. The ancient people were very familiar with and instructed in knowledge that is missing altogether from today's knowledge base, or at least it has been hidden from the people of today deliberately or otherwise.*

*Research into the ancient past and specific to the Ancient Mystery schools as they are now called and the knowledge they contained reveals that such schools taught subjects very different from our present day schools. Most of those schools were conducted along the lines of a modern university having various departments of instruction. Some schools required the student to encompass the entire knowledge base to achieve graduation status, and included in the overall instruction was physical and metaphysical knowledge and principles.*

*In those ancient schools science and religion were taught together... one side of knowledge was only half knowledge, and to be complete both sides of the knowledge were required. Physical and metaphysical principles were known to intertwine and to be inseparable in reality. Quantum physics is proving this once again. It was taught that God and nature were in fact one and the same thing. The visible and invisible, formed and formless realms were (are) but extensions or expressions of each other.*

*Having said all this we come to the point of this chapter. What exactly did the ancient schools teach their students? What were the metaphysical principles, concepts and knowledge that enabled those people to know, to apply and use, to build and create their world?*

*Ancient metaphysics taught that only 3 specific “Expressions” of Life existed and all three were entwined like a living cord or braid. These “expressions” are best understood as “The nature of all being” (the qualities that define life in all things).*



*These expressions differ in proportion from species to species or object to object but in all things all 3 expressions in exist some portion. This is important to remember and understand.*

*Equally important to understand and remember is the fact,: “all things are created from and exist because of these 3 expressions”.*

*The “expressions”are: “Consciousness” - “Love” - “Energy”.*

*Today we may have different words for these expressions, and sciences like Quantum physics and physical science may view these expressions as different from what they are called here, for example while there is no actual explanation for consciousness we know it includes intelligence, knowledge and various unknown properties. Recently astronomers have discovered that all of space is not actually void (empty) but is completely filled with electrical (Plasma) energy and proof of its existence resides in every form from the smallest atom to the largest galaxies and everything visible and invisible in between.*

*Is there any proof that these 3 expressions are the basics of all life? In other words, could life as we know it exist without one or more of these things? According to the ancient authorities the answer is No... life is not possible without all three things present to some extent.*

*Modern science would have us believe rocks and plants have no consciousness or love. However let me throw a different understanding into this equation. What is Consciousness? What is Love, and what is Energy or Light? The ancient people had a very different idea and concept about these things, and from what I can tell their understanding was far better and far more inclusive then our present explanations.*

*Modern science cannot offer a clear or concise explanation of consciousness or love or energy. Concerning Love and Consciousness most modern physical scientists would rather not approach these subjects at all and consider them best left to philosophers and priests.*

*“Consciousness” was once defined as being “the Living mind of God”. Man, being made in the image and likeness of God was inextricably connected to that Divine mind. The mind of Man is like a drop in the Ocean that comprises the total mind of God. It was (and in some places in this world still is) believed that Man could see into the mind of God, and God of course could see into the mind of Man because of the inextricable, inseparable connection. The brain is not the Consciousness or the cause of it but appears to be the interpreter. Consciousness stands as itself and nothing else. Consciousness appears to be something that resides within every cell, every molecule and every atomic particle and more.*

*In the ancient world it was believed that all things were imbued with this consciousness. Animate and inanimate objects could be “told” what to do, and those objects would respond.*



*This statement was true of inanimate objects like the rocks and the trees, and it is also true of objects like your own body.*

*One of the greatest mysteries of all time is the mystery of the human body, or for that matter of any [living] body. Its elements are the same as the rocks and minerals that exist in the universe, yet this combination of minerals and rocks move and live (by our will). Obviously it is not the rocks and minerals themselves that causes this animation we call life because the wonderful thing that animates the body can exit from it at any time leaving it lifeless and stiff.*

*Obviously there are other great mysteries in this world. Although it is not a widely known fact there are stories of the Egyptian priests who used “tones” to levitate massive stones and other objects transporting them and setting them into a [the] desired place. The Ancient Egyptians indicated these tones were in fact conscious tones.*

*(There is a modern story about the man who built the structure known as “Coral Castle” in Homestead, Florida (USA). It was completed in 1951 after 28 years. One of the many mysteries of this structure is the nine ton coral gate that was lifted into place by one small man without machinery. This gate can be rotated with one finger. In 1986, the gate stopped opening. A team of engineers was brought in for consultation. In order to remove the gate, six men and a 50 ton crane were utilized.*

*Once the gate was removed, it was discovered that Ed (the original owner and builder) had centered and balanced the nine-ton piece of rock on an old truck bearing. He had drilled an almost perfectly round hole from the top to the bottom of the eight-foot-tall gate and with no electric tools. Today , a laser-controlled high speed drill would be used to do the same work.*

*No one except Ed knows how the rock gate was actually raised into place in one afternoon, without tools or additional help (human or machine).*

*When questioned about this feat, and others, Ed would reply that he knew the secrets of the ancient pyramid builders, and you could know them too.)*

*The Bible holds several stories, statements and demonstrations which offer additional proof of inanimate objects responding to commands, and proof of direct manifestation.*

*Just as a reference point I use the master Jesus because some of his “miracles” are recorded for us to view and know. Jesus first “miracle” seems to have taken place at a wedding where he converted water into fine wine, (In Chapter two of John’s Gospel is described the scene of Christ’s first public miracle, the changing of water into wine at the wedding feast in Cana. Jesus transforms ordinary water into wine of exceptional quality at the request of his mother Mary.<sup>1</sup>*

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<sup>1</sup>[John 2:1-11]



*If water is an inanimate and unconscious thing as most people believe it to be how was it able to “hear” the command Jesus gave it, and respond in kind? If we see water only as a combination of elements (mostly hydrogen and oxygen) how were these elements able to hear and respond and actually change their form from water into wine?*

*Here is a question to ponder, “Which came first, Consciousness, Love or Energy?” It was not “Light”. Energy seems to have come 2nd in the equation. The answer most obviously is “Consciousness”.*

*Perhaps you will find it easier to understand how life responds to commands when you consider that Jesus healed the sick, the blind, the lame. All of these people were already alive and could accept the command and respond, by this I mean, these people could hear a command...*

*But what about Lazarus?*

*He was dead and in his tomb when Jesus appeared on the scene.*

*But Lazarus was not dead for long! Can the dead hear and respond?*

*(Belief and Faith seem to be the pivotal point in whether or not we get a response and belief and faith are quality's of consciousness which we alone can by choice generate.)*

*This is a good place in to add information about the ancient beliefs (and teachings) of the 3 “expressions” I mentioned earlier. Altogether the 3 expressions it was believed were in fact qualities of the One Living Spirit.*

*If light was in question it was not so of Consciousness and Love.*

*It was [also] taught, nothing can live or even exist without the Spirit, nor can anything exist outside of it.*

*Lets take a look at the Sermon on the Mount. In John, chapter 6 it was reported there were thousands of people gathered to hear Jesus. The only food available was a few loaves of bread and a couple of fish.*

*Jesus took it upon himself to feed the crowd and “multiplied (read that again... he multiplied: manifested) the loaves and the fish” to the extent that several large baskets of each was leftover after feeding everyone present.*

*In the ancient knowledge it was taught, “We manifest everything that comes into our lives. It is impossible to do otherwise!” A statement Jesus made that should be a clue for every person that has read about his life and teachings is, “All these things I do so shall you do, and even greater things then these shall you do!” Please do not immediately refute this statement or its implications. If you believe this man was the Son of God then believe he did not and would not lie to you. What did he mean by this statement? Did he say, if you were a saint you could do these things... or did he say, unless you are an exception, like I am, you can do these things? NO... he said, “All these things I do so shall YOU do...” Lets presume he really was a master teacher and knew what he was saying and said it all deliberately.*





*Modern Christianity would have us believe Jesus was not like us, that he was “Different” somehow, and therefore he was an exception, a singular unknown anomaly in this world, possibly in the universe.*

*IF he was an exception to the human race then his life and his teachings have very little meaning for us and for everyone except Beings like himself!*

*If he was here to save us, he was here to help us, and to do so he had to prove his own similar nature to us, including the ultimate ability to live and die just as we do! Unless his own life paralleled our lives his message to us and about us would be meaningless, it simply would not apply to us.*

*Let us presume he told us all the truth, that in fact we can do the things he did and more. That he was NOT an exception to the human race, but was in fact an example of the greatness of the Spirit we ALL are. Let us celebrate his life by celebrating our own.*

*Let us celebrate his love and his example by accepting it as our own, that we [can] achieve greatness in the world because it our right and our [divine] heritage to do so. We are not required to be saints or martyrs or anything exceptional or different then we are born to be.*

*There is NO separation, there never was, and the idea of separation is not only an illusion it is a lie... if you believe the illusion then it is a delusion.*

*We feel powerless in this world because we have listened to and believed the voices of those who would rob and cheat us of our power and our right and our heritage.*

*If you knew who and what you truly are these people [I will call them false prophets] would die away and return to the evil that sent them.*

*What has this to do with the ancient teachings... everything!*

*The teachings I write about here were the same teachings present in the time of Jesus, and it is known that he departed his homeland for 18 years. Presumably he did not wander around in the desert aimlessly for those 18 years... and as it has been written by other authorities, he attended one or more of the ancient schools and what did he learn?*

*Modern science has no definition for “consciousness”... the modern definitions that exist are those of a small child writing about something it has no idea of. Is there a definition for Love? Not really! Love in today's world is a personal thing, a feeling you get, or have unlike most other feelings but not unlike an emotion... and herein lies the real problem, that love is an emotion! No it s not... not even close. Yes you can feel it, thank God. But it is NOT an emotion.*

*In fact love is something that you may find startling... it is your own soul. The ancients taught that we cannot live without love, because the soul itself is composed of love, and when you deny love you deny yourself, your soul and the consciousness that formed the soul.*



*The body is the house NOT made with hands! The soul is the house of consciousness. The physical body is the temporary extension of the soul. The body was known in ancient times as “The Temple not made with Hands”.*

*It is the soul that attracts the element of energy, builds the form you claim to be your body, and holds that form together. When the soul leaves the body temple the result is what we call death (the body is lifeless, the temple is empty and the entity that occupied it has departed).*

*As I told you earlier, the ancients taught us that there are 3 qualities or “expressions” that compose life as we know it. They are: Consciousness – Love – Light. Consciousness is a direct thought, an image or plan.*

*We live in a circle of life.*

*Consciousness is itself formless but is the composer of forms and the reason all forms exist. Before all there must be the desire to have a thing, to create it or bring it into being. Consciousness alone serves this purpose because it is the intelligence, the knowledge and the designer.*

*The next step is Love. In the ancient teachings love is described as “the all pervasive motive force” and is also known as spirit. It is neither substance or thought yet it effects both.*

*The final step is Light. Do we know what Light is? Modern science is beginning to learn. Many years ago I wrote a thesis about light, and although I was never given credit for it that thesis has turned up in the halls of science. One of the important things I wrote concerns the nature of light (its properties). I stated, “Light is always a “wave” (a frequency), it is never a particle until it needs to be”. It s arguable if Light can be “interrupted and altered” by several things however we do know that thought (consciousness) directly effects energy. When light is altered it becomes corpuscular or particulate or molecular in its nature, but only temporarily.*

*As I said, Quantum science is now in the process of proving these statements.*

*To really understand what I am stating here is it is necessary to turn our thoughts in another direction. Instead of “Light” being the final element in the statement made by the ancients we can realistically substitute the word “Energy” and light being one of the properties of energy.*

*All three of the “expressions”(qualities) taught by the ancients (consciousness, love and light) are formless and invisible, yet everything that is formed and visible is composed in some portion of all three of these elements.*

*Some concepts are not easily understood by the linear human mind. The concept of light is one such. The human mind wants to make everything a solid form so we can understand and categorize it. Light defies this mental status. Consciousness defies this mental status, and most of all Love defies this mental status.*



*The psychology of handling “solids” is much different then is the psychology of handling “frequencies or expressions”.*

*The entire thought of solids is linear and the universe is not linear. Atomic structure may seem real enough from a purely physical point of view, however when we consider some of the known attributes of atomic (physical) matter we discover that “atoms” and matter probably do not exist in the way we have been taught.*

*The latest theories and those now being studied in Quantum Physics and holographic universe and several other theories paints an entirely different picture about matter and energy in form. Interestingly enough the new theories resemble those of ancient teachings.*

*It seems that in order to go forward in our understanding we must first go backward in time and our knowledge.*

*The point I am making concerning solids is simply to get away from the idea that solids exist at all. If all things are made from atoms, or more accurately as Mr. Einstein said, from Light, then we may say there is a “cohesiveness of energy”<sup>2</sup> present but not an actual solid... only something that appears in our mind to be solid. Form (all forms) can be changed and transformed if we choose to. There is nothing formed that cannot be reformed. If we go one step further, the “expressions” of consciousness, love and light are, as I stated, formless of themselves yet all things formed are composed (made up of) of them. And here is a statement that you should look at twice, “Consciousness, Love and Light are the only things you deal with every moment of your life”. They are in fact the only thing present.*

*Many years ago science understood that “frequencies” have no seeming beginning or end in nature. Light, sound, and energy itself are all part of the total infinite spectrum of frequency and the place humanity occupies within this infinite spectrum is extremely narrow in its scope. Yet it is also obvious we are somehow “connected” inextricably to the whole of the spectrum and thus to the whole of the universe.*

*Each one of us has a “relationship” with the universe. This relationship can be expressed in the word “belief”. There is an ancient phrase, “As you believe so shall it be.”*

*I have been taught manifestation can occur quickly, even instantaneously or not at all depending on the belief system of the individual. What we believe [in] we allow to work for - or against us.*

*Knowledge of how a system works is not necessarily required. We do not understand how faith healing works, or how prayers are heard and answered.*

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<sup>2</sup> Physics. The intermolecular attraction by which the elements of a body are held together.





*We do not understand how gravity works or if it even exists at all but we believe it works in a certain way and so it does.*

*Jesus it seems to have believed something different than we do about gravity as evidenced by his walking on water. He is a wonderful example of belief and faith in unseen things acting upon the things we do see.*

*Manifestation (co-creation) is a personal thing, a personal choice, and when it comes right down to it it is about your personal belief.*

*Oh yes, everything does come to us through the process of manifestation, but somewhere along the way you may have noticed that some things seems to come to us quickly while other things come very slowly, with difficulty or possibly not at all... and why is this?*

*The answer is very simple “[your] Belief is All that you will allow!”<sup>3</sup>*

*Our personal belief system is a complex recipe composed of personal images, confidence, trust, faith and willingness. Throw in some religious beliefs, some self doubt a little fear of the unknown and you have the reasons this system may not work for you or at least works very slowly for you...*

*Had you been raised to believe such a direct manifestation system works all the time it would be working for you at your command right now.*

*The positive side of your belief system can be sometimes evidenced in miraculous ways. Things just seem to come out of nowhere. In my own life I have witnessed this event on several occasions. Also, manifestation is not just about bringing things into being, but also events and even other people seem to show up suddenly.*

*Another [older] word for manifestation is “magic”<sup>4</sup>, true magic. In today's world magic is considered “supernatural” or “paranormal”, and by this the inference is one of being outside of nature. Often magic is considered to be “black magic”. The negative connotations were added later by the church in Rome. The original term came from the word “Magi” and refers to acts performed by the Magicians also known as the Masters.*

*There certainly is a difference in Magic and black magic. The main difference being the use of energies and the purpose intended by the individual practicing or performing it.*

*My research has revealed much about the [modern] meaning of magic. However, as I wrote, The most negative connotations about magic were placed into the general society from the early church. In general, whatever the church deemed to be a subject it did not want you to know was branded “paganism”.*

*When the church wants you to accept its statements without question or thought such statements are known as “dogma”.*

*The definition of Dogma is: “a religious doctrine that is proclaimed as true without proof.”*

3 “All that you will allow” is one of the ten short stories in this book.

4 “Magic” is discussed in one of the ten short stories in this book.



*It appears by most records that the early church wanted specific and definite control over what its members knew, practiced and believed. Everything, all knowledge outside of their specific religion was prohibited and banned.*

*Books, writings, records and documents were confiscated and many were burned. One only needs to look at the various acts of the church down through the centuries (authorized by it or not) to realize the extent of its desire to have absolute dominion in these matters and over its members.*

*The final consequence of these actions was to throw mankind (or at least the societies of Europe, into a period of darkness “the Dark ages” for nearly 1000 years from around 300 AD until 1300AD.*

*Today we live in a world that allows individuals to research and discover knowledge that until recently was banned by the church (in fact the church would still prefer that you did not know this information). The good here is that once again you alone can decide for yourself what is good for you or not. Freedom of religion is one of the first Rights named and given in the Bill of Rights. (attached to the U.S. Constitution). This particular freedom gives you the right to follow any form of religion you desire. It also means, freedom from “the church mandated knowledge (dogma)”.*

*Two thirds of the world will be relieved to know they can now practice their own religion in their own way.*

*You of course are free to believe anything you want but I question all beliefs with the following values, “does it serve you? And if it serves you, how so, in what way? Does your belief system add to your life or does it limit you and hold you back?”*

*More then anything this book is about beliefs. It is about the ability to have and use manifestation... to use your personal magic. It is about your right to know, to be, and to do whatever it is that brings you joy, happiness and success in this life.*

*It was said, and it is written, “Know the truth, and the truth will set you free.” As a child I took these words to mean, learn all you can learn, and question everything. The truth is here but sometimes it must be found because it is not obvious in this world.*

*The ancient teachings of science and metaphysics as two halves to the same whole is deliberate. As I said earlier, the ancient teachings about the nature of the universe included both visible, tangible form (physics) and the invisible realms (metaphysics).*

*Today we recognize the study of physics to be the study of physical laws (or theories) relating only to the visible and manifest side of the universe. It is only in recent decades that the invisible side of the universe has come to recognition, once again.*



## Chapter Five

### *"Is the Universe what you think it is?"*

*This chapter may challenge your understanding about the nature of the universe, I hope it does, but if this information is something you already know then you are that much ahead.*

*"In 1982 a remarkable event took place. At the University of Paris a research team led by physicist "Alian (Alan) Aspect" performed what may turn out to be one of the most important experiments of the 20th century. You did not hear about it on the evening news. In fact, unless you are in the habit of reading scientific journals you probably have never even heard Aspect's name, though there are some who believe his discovery may change the face of science.*

*Aspect and his team discovered that under certain circumstances subatomic particles such as electrons are able to instantaneously communicate with each other regardless of the [apparent] distance separating them.*

*It doesn't matter whether they are 10 feet or 10 billion miles apart.*

*Somehow each particle always seems to know what the other is doing.*

*The problem with this feat is that it violates Einstein's long-held tenet that no communication can travel faster than the speed of light. Since traveling faster than the speed of light is tantamount to breaking the time barrier, this daunting prospect has caused some physicists to try to come up with elaborate ways to explain away Aspect's findings. But it has inspired others to offer even more radical explanations.*

*University of London physicist David Bohm, for example, believes Aspect's findings imply that objective reality does not exist, that despite its apparent solidity the universe is at heart a "phantasm", a gigantic and splendidly detailed Hologram.*

*To understand why Bohm makes this startling assertion, one must first understand a little about Holograms.*

*A Hologram is a three- dimensional photograph made with the aid of a Laser. To make a Hologram, the object to be photographed is first bathed in the light of a Laser beam. Then a second laser beam is bounced off the reflected light of the first and the resulting interference pattern (the area where the two laser beams commingle) is captured on film. When the film is developed, it looks like a meaningless swirl of light and dark lines.*

*But as soon as the developed film is illuminated by another laser beam, a three-dimensional image of the original object appears.*

*The three-dimensionality of such images is not the only remarkable characteristic of holograms.*



*If a hologram of a rose is cut in half and then illuminated by a laser, each half will still be found to contain the entire (whole) image of the rose. Indeed, even if the halves are divided again and again and again, each snippet of film will always be found to contain a smaller but intact version of the whole original image.*

*Unlike normal photographs, every part of a Hologram contains all the information possessed by the whole.*

*The "whole in every part" nature of a Hologram provides us with an entirely new way of understanding organization and order.*

*For most of its history, Western science has labored under the bias that the best way to understand a physical phenomenon, whether a frog or an atom, is to dissect it and study its respective parts.*

*A Hologram teaches us that some things in the universe may not lend themselves to this approach. If we try to take apart something constructed holographically, we will not get the pieces of which it is made, we will only get smaller wholes.*

*This insight suggested to Bohm another way of understanding Aspect's discovery.*

*Bohm believes the reason subatomic particles are able to remain in contact with one another regardless of the distance separating them is not because they are sending some sort of mysterious signal back and forth, but because their separateness is an illusion. He argues that at some deeper level of reality such particles are not individual entities, but are actually extensions of the same fundamental something.*

*To enable people to better visualize what he means, Bohm offers the following illustration.*

*Imagine an aquarium containing a fish. Imagine also that you are unable to see the aquarium directly and your knowledge about it and what it contains comes from two television cameras, one directed at the aquarium's front and the other directed at its side. As you stare at the two television monitors, you might assume that the fish on each of the screens are separate entities. After all, because the cameras are set at different angles, each of the images will be slightly different.*

*But as you continue to watch the two fish, you will eventually become aware that there is a certain relationship between them.*

*When one turns, the other also makes a slightly different but corresponding turn; when one faces the front, the other always faces toward the side.*

*If you remain unaware of the full scope of the situation, you might even conclude that the fish must be instantaneously communicating with one another, but this is clearly not the case.*



*This, says Bohm, is precisely what is going on between the subatomic particles in Aspect's experiment. According to Bohm, the apparent faster-than-light connection between subatomic particles is really telling us that there is a deeper level of reality we are not privy to, a more complex dimension beyond our own that is analogous to the aquarium. And, he adds, we view objects such as subatomic particles as separate from one another because we are seeing only a portion of their reality.*

*Such particles are not separate "parts", but facets of a deeper and more underlying unity that is ultimately as holographic and indivisible as the previously mentioned rose. And since everything in physical reality is comprised of these "eidolons", the universe is itself a projection, a hologram.*

*In addition to its phantom like nature, such a universe would possess other rather startling features. If the apparent separateness of subatomic particles is illusory, it means that at a deeper level of reality all things in the universe are infinitely interconnected. The electrons in a carbon atom in the human brain are connected to the subatomic particles that comprise every salmon that swims, every heart that beats, and every star that shimmers in the sky.*

*Everything interpenetrates everything, and although human nature may seek to categorize and pigeonhole and subdivide, the various phenomena of the universe, all apportionments are of necessity artificial and all of nature is ultimately a seamless web. In a holographic universe, even time and space could no longer be viewed as fundamentals.*

*Because concepts such as location break down in a universe in which nothing is truly separate from anything else, time and three-dimensional space, like the images of the fish on the TV monitors, would also have to be viewed as projections of this deeper order. At its deeper level reality is a sort of superhologram in which the past, present, and future all exist simultaneously. This suggests that given the proper tools it might even be possible to someday reach into the super holographic level of reality and pluck out scenes from the long-forgotten past. What else the superhologram contains is an open-ended question.*

*Allowing, for the sake of argument, that the superhologram is the matrix that has given birth to everything in our universe, at the very least it contains every subatomic particle that has been or will be every configuration of matter and energy that is possible, from snowflakes to quasars, from blue whales to gamma rays. It must be seen as a sort of cosmic storehouse of "All That Is."*





*Although Bohm concedes that we have no way of knowing what else might lie hidden in the superhologram, he does venture to say that we have no reason to assume it does not contain more.*

*Or as he puts it, perhaps the super holographic level of reality is a "mere stage" beyond which lies "an infinity of further development". Bohm is not the only researcher who has found evidence that the universe is a hologram.*

*Working independently in the field of brain research, Stanford neurophysiologist Karl Pribram has also become persuaded of the holographic nature of reality.*

*Pribram was drawn to the holographic model by the puzzle of how and where memories are stored in the brain. For decades numerous studies have shown that rather than being confined to a specific location, memories are dispersed throughout the brain or more properly throughout the body.*

*In a series of landmark experiments in the 1920s, brain scientist Karl Lashley found that no matter what portion of a rat's brain he removed he was unable to eradicate its memory of how to perform complex tasks it had learned prior to surgery. The only problem was that no one was able to come up with a mechanism that might explain this curious "whole in every part" nature of memory storage. Then in the 1960s Pribram encountered the concept of Holography and realized he had found the explanation brain scientists had been looking for.*

*Pribram believes memories are encoded not in neurons, or small groupings of neurons, but in patterns of nerve impulses that crisscross the entire brain in the same way that patterns of laser light interference crisscross the entire area of a piece of film containing a holographic image. In other words, Pribram believes the brain is itself a hologram. Pribram's theory also explains how the human brain can store so many memories in so little space.*

*It has been estimated that the human brain has the capacity to memorize something on the order of 10 billion bits of information during the average human lifetime (or roughly the same amount of information contained in five sets of the Encyclopedia Britannica).*

*Similarly, it has been discovered that in addition to their other capabilities, holograms possess an astounding capacity for information storage, simply by changing the angle at which the two lasers strike a piece of photographic film, it is possible to record many different images on the same surface.*

*It has been demonstrated that one cubic centimeter of film can hold as many as 10 billion bits of information. Our uncanny ability to quickly retrieve whatever information we need from the enormous store of our memories becomes more understandable if the brain functions according to*



*holographic principles. If a friend asks you to tell him what comes to mind when he says the word "zebra", you do not have to clumsily sort back through some gigantic and cerebral alphabetic file to arrive at an answer. Instead, associations like "striped", "horselike", and "animal native to Africa" all pop into your head instantly.*

*Indeed, one of the most amazing things about the human thinking process is that every piece of information seems instantly cross correlated with every other piece of information, another feature intrinsic to the hologram.*

*Because every portion of a hologram is infinitely interconnected with every other portion, it is perhaps nature's supreme example of a cross-correlated system.*

*The storage of memory is not the only neurophysiological puzzle that becomes more tractable in light of Pribram's holographic model of the brain. Another is how the brain is able to translate the avalanche of frequencies it receives via the senses (light frequencies, sound frequencies, and so on) into the concrete world of our perceptions.*

*Encoding and decoding frequencies is precisely what a hologram does best. Just as a hologram functions as a sort of lens, a translating device able to convert an apparently meaningless blur of frequencies into a coherent image, Pribram believes the brain also comprises a lens and uses holographic principles to mathematically convert the frequencies it receives through the senses into the inner world of our perceptions.*

*An impressive body of evidence suggests that the brain uses holographic principles to perform its operations. Pribram's theory, in fact, has gained increasing support among neurophysiologists.*

*Argentinian-Italian researcher Hugo Zucarelli recently extended the holographic model into the world of acoustic phenomena. Puzzled by the fact that humans can locate the source of sounds without moving their heads, even if they only possess hearing in one ear, Zucarelli discovered that holographic principles can explain this ability.*

*Zucarelli has also developed the technology of holophonic sound, a recording technique able to reproduce acoustic situations with an almost uncanny realism.*

*Pribram's belief that our brains mathematically construct "hard" reality by relying on input from a frequency domain has also received a good deal of experimental support.*

*It has been found that each of our senses is sensitive to a much broader range of frequencies than was previously suspected.*





*Researchers have discovered, for instance, that our visual systems are sensitive to sound frequencies, that our sense of smell is in part dependent on what are now called "Osmic frequencies", and that even the cells in our bodies are sensitive to a broad range of frequencies.*

*Such findings suggest that it is only in the holographic domain of consciousness that such frequencies are sorted out and divided up into conventional perceptions.*

*But the most mind-boggling aspect of Pribram's holographic model of the brain is what happens when it is put together with Bohm's theory. For if the concreteness of the world is but a secondary reality and what is "there" is actually a holographic blur of frequencies, and if the brain is also a hologram and only selects some of the frequencies out of this blur and mathematically transforms them into sensory perceptions, what becomes of objective reality?*

*Put quite simply, it ceases to exist.<sup>5</sup>*

*As the religions of the East have long upheld, the material world is Maya, an illusion, and although we may think we are physical beings moving through a physical world, this too is an illusion.*

*We are really "receivers" floating through a kaleidoscopic sea of frequency, and what we extract from this sea and transmogrify into physical reality is but one channel from many extracted out of the superhologram.*

*This striking new picture of reality, the synthesis of Bohm and Pribram's views, has come to be called the "Holographic Paradigm", and although many scientists have greeted it with skepticism, it has galvanized others.*

*A small but growing group of researchers believe it may be the most accurate model of reality science has arrived at thus far.*

*More than that, some believe it may solve some mysteries that have never before been explainable by science and even establish the paranormal as a part of nature.*

*Numerous researchers, including Bohm and Pribram, have noted that many para-psychological phenomena become much more understandable in terms of the holographic paradigm.*

*In a universe in which individual brains are actually indivisible portions of the greater hologram and everything is infinitely interconnected, telepathy may merely be the accessing of the holographic level.*

*It is obviously much easier to understand how information can travel from the mind of individual 'A' to that of individual 'B' at a far distance point and helps to understand a number of unsolved puzzles in psychology.*

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<sup>5</sup> It was taught in Ancient times: "One second ago does not exist. One second from now does not exist. All that exists is here and now and you are creating it right in front of your eyes!"



*In particular, Grof feels the holographic paradigm offers a model for understanding many of the baffling phenomena experienced by individuals during altered states of consciousness.*

*In the 1950s, while conducting research into the beliefs of LSD as a psychotherapeutic tool, Grof had one female patient who suddenly became convinced she had assumed the identity of a female of a species of prehistoric reptile.*

*During the course of her hallucination, she not only gave a richly detailed description of what it felt like to be encapsulated in such a form, but noted that the portion of the male of the specie's anatomy was a patch of colored scales on the side of its head.*

*What was startling to Grof was that although the woman had no prior knowledge about such things, a conversation with a zoologist later confirmed that in certain species of reptiles colored areas on the head do indeed play an important role as triggers of sexual arousal. The woman's experience was not unique.*

*During the course of his research, Grof encountered examples of patients regressing and identifying with virtually every species on the evolutionary tree (research findings which helped influence the man-into-ape scene in the movie *Altered States*). Moreover, he found that such experiences frequently contained obscure zoological details which turned out to be accurate. Regressions into the animal kingdom were not the only puzzling psychological phenomena Grof encountered. He also had patients who appeared to tap into some sort of collective or racial unconscious. Individuals with little or no education suddenly gave detailed descriptions of Zoroastrian funerary practices and scenes from Hindu mythology.*

*In other categories of experience, individuals gave persuasive accounts of out-of-body journeys, of precognitive glimpses of the future, of regressions into apparent past-life incarnations.*

*In later research, Grof found the same range of phenomena manifested in therapy sessions which did not involve the use of drugs. Because the common element in such experiences appeared to be the transcending of an individual's consciousness beyond the usual boundaries of ego and/or limitations of space and time, Grof called such manifestations "transpersonal experiences", and in the late '60s he helped found a branch of psychology called "transpersonal psychology" devoted entirely to their study.*

*Although Grof's newly founded Association of Transpersonal Psychology garnered a rapidly growing group of like-minded professionals and has become a respected branch of psychology, for years neither Grof or any of his colleagues were able to offer a mechanism for explaining the bizarre psychological phenomena they were witnessing.*



*But that has changed with the advent of the holographic paradigm.*

*As Grof recently noted, if the mind is actually part of a continuum, a labyrinth that is connected not only to every other mind that exists or has existed, but to every atom, organism, and region in the vastness of space and time itself, the fact that it is able to occasionally make forays into the labyrinth and have transpersonal experiences no longer seems so strange.*

*The holographic paradigm also has implications for so-called hard sciences like biology.*

*Keith Floyd, a psychologist at Virginia Intermont College, has pointed out that if the concreteness of reality is but a holographic illusion, it would no longer be true to say the brain produces consciousness. Rather, it is consciousness that creates the appearance of the brain -- as well as the body and everything else around us we interpret as physical.*

*Such a turnabout in the way we view biological structures has caused researchers to point out that medicine and our understanding of the healing process could also be transformed by the holographic paradigm.*

*If the apparent physical structure of the body is but a holographic projection of consciousness, it becomes clear that each of us is much more responsible for our health than current medical wisdom allows. What we now view as miraculous remissions of disease may actually be due to changes in consciousness which in turn effect changes in the hologram of the body. Similarly, controversial new healing techniques such as visualization may work so well because in the holographic domain of thought images are ultimately as real as "reality". Even visions and experiences involving "non-ordinary" reality become explainable under the holographic paradigm.*

*In his book "Gifts of Unknown Things," biologist Lyle Watson describes his encounter with an Indonesian shaman woman who, by performing a ritual dance, was able to make an entire grove of trees instantly vanish into thin air repeatedly.*

*Watson relates that as he and another astonished onlookers continued to watch the woman as she caused the trees to reappear, then "click" off again and on again several times in succession. Although current scientific understanding is incapable of explaining such events, experiences like this become more tenable if "hard" reality is only a holographic projection.*

*Perhaps we agree on what is "there" or "not there" because what we call consensus reality is formulated and ratified at the level of the human unconscious at which all minds are infinitely interconnected.*

*If this is true, it is the most profound implication of the holographic paradigm of all, for it means that experiences such as Watson's are not commonplace only because we have not programmed our minds with the beliefs that would make them so.*



*In a holographic universe there are NO limits to the extent to which we can alter the fabric of reality.*

*What we perceive as reality is only a canvas waiting for us to draw upon it any picture we want. Anything is possible, from bending spoons with the power of the mind to the phantasmagoria events experienced by Castaneda during his encounters with the Yaqui Brujo don Juan, for magic is our birthright, no more or less miraculous than our ability to compute the reality we want when we are in our dreams.*

*Indeed, even our most fundamental notions about reality become suspect, for in a holographic universe, as Pribram has pointed out, even random events would have to be seen as based on holographic principles and therefore determined.*

*Synchronicity's or meaningful coincidences suddenly makes sense, and everything in reality would have to be seen as a metaphor, for even the most haphazard events would express some underlying symmetry.*

*Whether Bohm and Pribram's holographic paradigm becomes accepted in science or dies an ignoble death remains to be seen, but it is safe to say that it has already had an influence on the thinking of many scientists.*

*And even if it is found that the holographic model does not provide the best explanation for the instantaneous communications that seem to be passing back and forth between subatomic particles, at the very least, as noted by Basil Hiley, a physicist at Birbeck College in London, Aspect's findings "indicate that we must be prepared to consider radically new views of reality".*

*The Holographic paradigm may not be the exact answer to explain the nature of the universe but to date it is the best explanation and offers a fluid and mutable concept of nature instead of a fixed immutable one.*

*As you read through the pages of this book and consider the Seven Principles of Self Mastery look at how they fit into the Holographic paradigm.*

*The Seven Principles seem personal but the concepts and information they speak about are universal and always have been.*

*I learned as a child that God does not make different sets of laws, meaning: true laws are simple, effective, and apply to everything. They are universal.*

*It is apparent studying the human history of this planet that certain people have learned these true laws and how to apply them to physical life. The Western society knows very little about such people or such laws however the East is a vault of information, stories and names. Anyone who has come to this world and altered the so called laws of nature, and there have been many such people, have been called special or different by people who did not know of or learned of these laws.*



*But without taking away from their reputation or achievements I would ask, where these people indeed special or did they just know something different and used that knowledge?*

*Jesus knew something, but was he really special and different from us? Christianity would have us believe he was a one of a kind man... but in his own words, “All these things I do so shall ye do, and greater then this shall you do”. I am inclined to believe he did know something, including that the things he taught and showed us were meant for us all to know and to do. He did not put himself above us, it was the church that did this.*

*If we continue to believe that our teachers are somehow different or special from us than we have no chance of ever really improving ourselves, our lives or of being truly free. Teachers are not about fancy and inspiring words alone, the message they carry have to be personal, have to be real, have to be a part of each and everyone of us or what is their worth?*

*From what I have learned in my lifetime the Principles of Self Mastery as I have written them here are enough to show you that there is an outside to this box we call life on planet Earth.*

*The Holographic paradigm is enough to show you that life is not a fixed reality but rather it has a nature that brings all things together by (understanding) a few simple principles: “There is no separation”, the universe is not fixed, immutable or even solid, and you are the master of it if you choose to be.*

*In a recent article by Gregg Braden (October 2008) he wrote: “ONENESS AND THE UNIFIED FIELD” ( I am paraphrasing here, but remaining true to his actual comments and intent).*

*“Almost universally, the ancient texts say to us, that we are part of all that we see, know and can know. That we are related through an invisible Force to the events of our world, to one another, to the processes within our bodies and with the Cosmos and beyond.*

*In our most sacred traditions, this Force is described as an all-powerful, something that permeates all of Creation. It's not "out there" somewhere. It is a part of ourselves as well as a part of all that we perceive.*

*Beginning in 1993, Western science, through accredited academic and scientific institutions, performed many experiments with unexpected — and in some cases very surprising — results.*

*Experiments demonstrating that ancient knowledge appears to be true. In these experiments, the only way that the curious and bizarre behavior of nature and particles in the subatomic world, the quantum world, could be explained was if those particles were all connected through a previously unrecognized, or at least a heretofore unspoken about natural Force.*





*In the early years of the 21st Century, we find Western science moving toward accepting the ancient ideas about this unity (unified) field that links all of Creation to itself.*

*Some scientists are calling this field Nature's Mind. Some scientists are referring to it as the Mind of God (a famous name given to it by Stephen Hawking in his book *A Brief History of Time*.) Many other researchers are calling it the Quantum Hologram.*

*This unity field, the Quantum Hologram, responds to the things we do and the way we think and feel. It allows us, as individuals, to consciously participate in the events of our lives rather than feeling hopeless as we stand by, or watch our loved ones succumb to illness or disease we simply don't understand.*

*Western scientists not only identify this field, but they have given it specific characteristics. This field appears to be everywhere, at all times, a form of energy that's always present (everywhere) rather than being generated in one place and transmitted somewhere else. It appears to have been with us from the very beginning of Creation, and may be the cause of Creation itself.*

*Not only has it always been here, it also appears to have what Western scientists are now calling "intelligence."*

*It appears to be an intelligent field that responds to the language of coherent emotion (human and other species). Except for the language used, this field is almost identical in description to what the ancients called God.*

### ***"Coherent Emotion" (explained)***

*From all studies it now appears the language the "Unified Field" seems to be coherent emotion.*

*What is incoherent emotion?*

*"Coherent emotion" happens when what we are thinking, feeling, and expressing are all in alignment with and agreement with each other.*

*When we have coherent emotion, it can be measured and documented that there are very real energetic effects that extend beyond our bodies.*

*For example, if we prayed for a loved one to be healed, but we were thinking it probably won't happen, and we are feeling fear of loss, then that prayer would not be speaking the "language" of our Quantum Hologram because we are not in alignment with our thoughts, feeling and expression. Being in alignment with the Unified [Quantum] Field brings about identifiable and actual effects.*

*First, it creates a chemical shift in the body pH levels, (the alkalinity and the acidity in our blood stream). And it changes the hormonal levels of our body.*

*The life-affirming hormone precursor DHEA increases over 100 percent in our bodies in the space of only six hours in the presence of coherent emotions of appreciation and gratitude.*



*By contrast, the life-depleting hormones like Cortisol, the stress hormone, decrease over 23 percent in that same six hours in the presence of incoherent emotion.*

*We know that emotion(s) is triggering processes within our bodies. And we know that those processes have quantum effects that extend beyond our bodies into our families, our communities and into the societies that surround us. It is through coherent emotion that we can affect the Unified Field, or the Consciousness Grids, (aka the Morphogenic field) in a purposeful way.*

*If we are the Earth, if we are the Force, it follows that when Earth goes through changes our bodies are going to change, as well.*

*In other words, these kinds of changes have a direct effect upon our perceptions of space and time, our relationships, our romances, our careers, our sleep patterns, and how we view ourselves.*

*All of those things are affected by changes in the Earth and the Earth is effected by us. We live in a coherent circle of intelligent energy.*

*In the language of the ancients and our most cherished spiritual traditions, faith moves us into a "space," where we [can] affect the forces of Nature around us and bring about changes in our world that we call miracles.*

*In the Essene texts and in the ancient Hebrew and the Christian texts, the way this energy is described is that when thoughts, feelings, and emotion become one, when they are all aligned, then we can say to the mountain, "Move!" and the mountain moves.*

*What modern humanity is beginning to rediscover about itself is its inseparable nature to all that is. Things like the Holographic Universe, the Morphogenic Field, the Unified field and many other terms and names all point to one thing, that we, you and I and everyone else, part of all that is. In addition we are conscious Being(s). We have control of our lives to an extent most of us are just not aware of. The ancient teacher gave us this knowledge, they taught early Man the "rules of the road" and from time to time we can see in our history that certain aware and capable Beings have come into our societies and retaught us the rules of the road.*

*Now we live in a time when Consciousness itself is dictating new terms and a new paradigm for our civilization. One only has to look around on the Earth to discover that vast changes within the global society of Man is underway. The old paradigm is disintegrating before our eyes, and what most people do not yet realize is that this action must occur if humanity is ever going to achieve its total nature of consciousness and ability.*

*In our modern world most people have been taught to be individuals, separate from each other, separate from nature, separate almost from life itself but this is not the truth of us or our species or of nature in general.*





*No one is an individual in the sense this concept has been taught to us. No one is separate from anything, not each other, not nature, not the universe and certainly not separate from life.*

*We have been taught incorrectly about the nature of ourselves and the universe we are part of. For too long we have attempted to live alone and apart from that which gives us life and sustains us. And the suffering has been ours to bear.*

*This is now changing. Humanity is in the process of a global shift in which life as we know it will become different than we have ever seen. Oh yes, there will always be people who are afraid of this type of change. Certainly there is an element of fear because not one of us can see the future or know what is yet to come or how it will come. However, if we took the time to understand that this type of change is necessary for our own evolution and advancement in the greater picture of life perhaps instead of fearing it we would welcome it.*

*If you knew that the changes we are witnessing would bring you greater ability, greater freedom, greater personal prosperity and wisdom would you still be afraid of these changes, would you still not welcome this energy and the possibility for a greater life?*



### *"Like water in a plastic Box"*

*Many people have questions about issues they have on their life path. These issues or situations or circumstances usually revolve around personal ability or inabilities to handle or understand these things. Questions like "how do I change my circumstances or how do I change my life" are among the chief concerns.*

*For the sake of illustration I invented a short story. The story is about how to handle our life. I call this story: "Like water in a clear plastic box". Pretend you are holding a clear plastic box, about the size of a shoe box. This box is half full of water. On one side of the box, on the top of the box you have written the word "yes", and on the opposite side of the box you have written the word "no".*

*If the box represents your life and interests and the water represents your ability and energy in this life you may find that if you are like most people the box is tilted slightly over toward the "no" side. With some people the box is tilted to the extreme "no" side, while a small percentage of people have the box tilted slightly toward the "Yes" side.*

*When people ask me how to overcome their problems or situations I sometimes tell them this little story and add, life is about energy, that's all. If your energy is all about what you cannot have or do then you need to change your energy to the positive side of the box. Tilt the box in the direction of "Yes". Begin putting your energy into the things you want, don't even try to deal with the things you do not want because the more you deal with what you don't want you more you waste your energy and the greater your attention is brought onto those unwanted things.*

*As you deliberately move toward your goals, in your mind, your emotions and your outer world the situations or things you do not want will simply go away. They evaporate or just die from lack of energy attention.*

*Life is a balance of your energy, whatever your attention is upon is where your energy is flowing and going.*

*Its up to you to change the direction (the flow) of your energy. Start in the direction you want to achieve or have in your life going and don't look back!*

*Its really like the water in a clear plastic box.*



### *"Money and Wealth"*

*Personal values and beliefs form a definite statement about your own personal worth. And as it has been said, "if you want to change the world begin within yourself." This book is about defining and establishing [your] personal worth.*

*One of the chief issues about modern life on Earth centers around money and wealth. Somewhere back in time certain religions have made statements to the effect that Money is somehow bad and Wealth is wrong, The rich people of the world may not get into Heaven, and other statements of this kind.*

*However money in today's world is something we cannot do without. Money is the form of "trade" this civilization has adopted... (soon to be replaced by credit cards or direct deposit and direct debit or RFID chips).*

*But what is money? How could "money" be bad or wrong or prevent anyone from getting into Heaven?*

*I thought I would take a few moments to answer a few terrible myths that have come to us over time. The very first and most devastating myth is: "Money is the root of all evil." Says who? Lets examine this.*

*We live in a society that uses paper and metals and one of their uses and forms is the manufacture and production of money in bills and coins.*

*Money is nothing more then paper and or metal and neither of these things is evil or in any way bad or imperfect or infectious... the people who have the greater amount of money may be considered evil, but its not because of the money they have, it is because of their personal intent and nothing else.*

*Having money (in your pocket or bank account) in this world means being able to eat, pay rent or buy a house, buy the things you need in a store, travel, have holidays perhaps in exotic places, enjoy life and... doing it all honestly.*

*Not having money means poverty, going without the items you need to live your physical life, , it can even mean going without an education for yourself and your family and it can mean being desperate enough to resort to crime and other dishonest actions to gain money or to get what you need in this life. So where exactly is the truth that there is evil in having money? Nowhere!*

*You realize of course, If having money and being wealthy were truly evil and if you believe in God then you must ask yourself why God would put you into a circumstance or a situation or a life where you are forced to live and do evil things?*

*Maybe the real truth is: Money has nothing whatsoever to do with evil, in any way. Perhaps it is our definitions of Evil and money that is wrong.*

*"What is Evil?"*



*The very best understanding between evil and good is to understand "Intent". "Evil is as evil does"! This statement refers to intent.*

*Evil is in the mind and the heart of the person who chooses to be or to do evil, and nowhere else! People... not objects, do evil things.*

*We are not the victims of the things of the world. Objects or things are the tools of intent. We are the victims of bad thinking and bad decisions by ourselves and others which lead us to bad actions.*

*Many people think that Jesus said, money is bad, or money is wrong.*

*He never said that or anything like this.*

*He said, it was harder for a person of wealth to get into heaven than for a camel to pass through the eye of a needle. In his time a "needle" (and this is the item he referred too) was a small door usually located in one of the outer walls that surrounded a city through which a man could pass through, but it was not large enough to pass through an animal the size of a camel.*

*His words referred to "physical possessions". If a person was attached to their physical possessions instead of to their own love and spirit Heaven would be a difficult place to live in and in truth a person who is attached to their physical possessions might not want to go to a place where there are no such things.*

*Which is why he said, "Seek ye first the Kingdom of God" (your spiritual wisdom and nature)... The value of the spirit is everlasting.*

*Once we have a heart, and once we know the value of our own love and spirit we can have all the things on Earth but we would not be attached to them and could, if we had to, at the appropriate time, leave them behind.*

*Somewhere in the ages since Jesus spoke these words a very misguided belief about money came into being.*

*There are really good people in the world who are poor by virtue of improper thinking. They want to "do the right thing", they are religious, but they have accepted "dogma" in the place of truth. They falsely think (or worse, they believe) Money is somehow evil..*

*Ultimately everything belongs to God, so take what you need and use what you need. Be thankful for it all and be willing to give it back, or give it up when, and if, the time comes to do so. You are not the owner, God is.*

*Take the "evil" out of the equation. In truth, nothing is evil if you and I do not make it so. And there are two things in us that determine the "right use" of everything, these two things are: Intent and sincerity.*

*Not so obvious to humans is "Sincerity" but it is obvious to God. It is most obvious when we pray. I believe God serves us through our Intent and our Sincerity. When you pray are you truly sincere and do you speak the truth and say what is real and what you truly mean?*



*I have seen prayer at work... sometimes we call it a miracle because we don't actually see how the the answer will come but it comes anyway. An answer we want, a solution to the thing we prayed about, but nothing we could do beyond our prayers would have brought it about.*

*Why is this chapter about money so important? Because I see poor people everyday and I have been one of them and I believe poverty exists because the truth has been denied to us, maybe not deliberately, not by fault or design, but from the lack of understanding, usually from the place where we accepted someone else's thoughts and concepts as our own (dogma) without considering the truth of them or the results we would reap..*

*At some point in our life you must realize that we are believing something that is essentially wrong for us and harmful to our life when that "belief" brings us to suffering, to harm or to lack .*

*Money is one of those subjects many people are afraid to approach for fear ... fear that having money will cause them to suffer in hell, yet they suffer in another hell (the hell of lack and poverty). Fear that having money will make them bad people and fear that having too much money will change their lives in an uncontrollable or bad way. All are fears based on no actual knowledge.*

*Money it has two false premises attached to it: That it is evil and that it will somehow harm us or bring us to no good. I have only one answer. Take your fears and your thoughts about money to God. You are God's child so take your questions to God, your Divine parent, and ask with sincerity what is right for you and what is real? Don't be afraid, God will not strike you dead because you come with a sincere intent to know the truth. You are in no danger of burning in any hell because you seek the truth. Remember you were told, "Know the truth, and the truth will set you free". God knows the truth!*

*I think you will discover that money is not the root or the source of evil any more then the air or the ocean is. Money is in fact only paper or metal. Having money or not having money is not how evil is defined at all. Wealthy people are not bad people because of the money they have and Good people are not good because of the money they do not have.*

*Greedy, selfish, possessive, self-centered and stingy are not the names of people, they are the unfortunate qualities and values of some people.*

*If wealth was the identifier of evil then God would be the most evil being because God is the source of and the only true possessor of all wealth. So how many people believe God is Evil? Not one Being I know of! What then is wrong with the picture that money and wealth is evil? The only thing wrong is our misunderstanding and beliefs about money. This is the very reason why one of the Seven Principles of Self-mastery states: "Change your perception and the universe will change."*



*Changing what you believe will change the way life is treating you, or more correctly, the universe will give you things in another way because you are allowing it to do so. The universe can only give you, or do for you, what you allow it to do, and your belief system is the definer of what you will or will not allow, even from God. "The universe can only do for you what it can do through you." God does not force His Will upon you. You must seek God and accept God on your own, in your own way and on your own terms. It is a voluntary act.*

*You and you alone are the creator of what you believe, and what you believe is the conscious energy; the path and the way the universe serves you, or not. The fourth Principle states: "Everything comes from Within." You cannot escape the fact that everything starts with your desire and thought.*

*What you think, believe, feel and act upon must and ultimately will come to you.*

*Below is a short but powerful mantra that will help you in tremendous ways if you will say it throughout the day, and before going to sleep at night. Copy it onto a note card and carry it with you, It works because it helps you to reprogram old thoughts about money by implanting new progressive thoughts in the direction of receiving and having money, and remember, everything comes from God. Live your life fully and enjoy it completely.*

*"I have no fear about money and success. I love them both.*

*Money and success flows to me as a natural rhythm of my life.*

*Money and success are a distinct and real part of my life.*

*I deserve money and success.*

*I accept without question all money and success that is always coming to me.*

*I am grateful for all the money and success I receive.*

*God constantly gives me money and success in great abundance.*

*My life is blessed with unlimited money and success.*

*Money and success flows to me in ways I understand and in miraculous and unexplainable ways also.*

*I deserve and accept money and success and it constantly flows to me blessing me, my life and my world."*





## Chapter Eight

### *"The most important key"*

*Throughout this book you will find I repeat certain concepts, one or two in particular. These concepts above all others are the most important keys in your life and if you understand them completely you will have gained the power to turn your life in any direction you choose.*

*The first is the concept of "Belief".*

*In light of all I have said in the chapters before this one it should be obvious to all that I have stated, we live in a Spiritual universe where spiritual principles apply to everything, in every way despite the physical appearances of life.*

*Man is not a physical Being in the strict sense of what this seems to mean. He is the Living Spirit in physical form. Even your own DNA claims this message to be fact.*

*And your life is not a set of physical unmanageable events. Your life is the product of your beliefs about it. You can deny this fact forever and it won't change anything. But change what you believe about life and miraculously you will see life change in front of you. If you are sick you can be well. If you are poor you can be rich. If you are lonely and without a mate one will come to you. Whatever your physical condition is it can be changed completely and the key is what you Believe.*

*Virtually every self-help book that has been written or ever will be written is geared toward and intended to help you change your beliefs about life in general and about your personal life. This book is no different.*

*Belief is the engine that drives your desires and hopes.*

*You always act on your belief and you cannot do otherwise until you change your beliefs, and only you can change your beliefs.*

*Life honors and rewards your free will by enabling your beliefs.*

*Through this method you learn.*

*Through this method you are living your free will.*

*If your deep sincere desire is to change your life then begin now to examine your beliefs about life and about your life. Where and when you find a belief that is not serving your best and sincere desires and interests get rid of it, walk away from it and do not look back.*

*Determine what you want. Take responsibility for what you think and feel and for the results you are getting. The truth is the results of your life are no ones fault, especially not the fault of your family or friends or even society.*





*In time you will learn that you actually work in absolute concert with Divine Consciousness as it flows through you, and as you believe so it is done for you. This was always a fact although you may not have known it. Now you know it! “As you believe so shall it be”. It cannot be, and has never been any other way.*

*This book is about self-mastery and creation. Self mastery means to become a master over yourself (your thoughts, feelings and actions) and this mastery extends into the world and the universe you live in. When you achieve mastery over yourself you will notice you have also achieved mastery over the elements, of nature, of life. “Everything works in concert with you because you are working in concert with everything”.*

*What if you stopped thinking of yourself as a purely “physical” Being and started thinking of yourself as a “Being of Consciousness”?*

*You are alive in a universe of complete Consciousness.*

*You are a Being of Consciousness!*

*“Consciousness” is the key to everything you are and everything around you even into the most distant corners of the cosmos.*

*Your Beliefs are your own, Consciousness is the fuel that enables them.*

*“Life flows where consciousness goes”.*

*Follow the words of the masters and you will learn that it is Consciousness itself that is the eternal creator.*

*Many years ago I began studying how the masters where able to manifest and precipitate objects (from out of the seeming invisible into the visible).*

*Over time I discovered their method. It was never really hidden or secret just not taught in the mainstream western population.*

*Their method involves two simple principles that actually act as one.*

*The principles are, “Consciousness of the thing you desire and Belief you already have it”.*

*Having said this we come to the Second Key “Expectation”.*

*Do you “Expect” to receive what you ask for... what you pray for?*

*Consciousness, Belief and Expectation are three powerful tools you have at your service, and you have every right to use them. Don't be afraid to.*

*Taken to its greatest extent of expression “Expectation” becomes “Knowing”.*

*There is no greater force in you then to “know absolutely”. When you “know” to this extent you cannot fail to achieve or have your desire.*

*Compared to knowledge of life known and that used by the masters, the principles and concepts taught to and used by the mainstream population are extremely difficult, to say the least.*

*However, the knowledge of the masters is nothing new.*



*Many spiritual teachers including Jesus and Buddha taught and demonstrated these simple and powerful principles of life. Why then does humanity struggle so to achieve or gain or to have things?  
Why does humanity struggle so with life, when in truth everything is available for the asking... if only we believed this?*



*Dealing with Frustration*

*One of the purposes of this book is to help identify and solve many of life's "curve balls" that get thrown at us. As a personal counselor over the years I have identified some of the most pervasive emotions (those emotions that invade our personal space and interrupt what might be our natural flow in life.) "Frustration" is one of those emotions that seems to settle in over time and can be the cause of slowing our progress or even stopping us altogether. As an emotion it tends to creep up on us slowly and then one day we feel angry and defeated and somewhat powerless.*

*The dictionary defines "Frustration" as:*

***"A feeling of dissatisfaction, often accompanied by anxiety or depression, resulting from unfulfilled needs or unresolved problems."***

*The cause of frustration is found in our orientation for "Results". And the absence of rewards for our efforts and actions along the way. In other words we become frustrated when we do not achieve the results we want without taking into regard or consideration the actual work we do to gain a result.*

*We are willing to give ourselves credit for results but not for our work along the way.*

*Truthfully we would be better served if we gave credit where credit is due, with each and every step that takes us toward the intended goal!*

*Unchecked, the feeling of frustration can become a serious downward spiral of emotion that not only interferes with the work we are doing, but lends itself to an attitude of failure.*

*Believe it or not the feelings of frustration we experience have a simple and easy solution requiring us to remember only a few details.*

*Once we overcome these debilitating feelings, once we learn to understand why we have them in the first place the rest of the journey is much easier.*

*Simply stated: We are seeking a reward, a immediate result for our efforts not realizing that we are being rewarded. The truth is, every action brings a result. The result may not be the one you want however it is a result and it is informing you about the progress of your efforts. Sometimes progress is not always forward. Progress can be the realization of mistakes or incorrect efforts.*

*Thomas Edison is credited with inventing the light bulb so commonly used in our present civilization and in his own words said he failed in his efforts more than 1000 times before he finally saw the result he wanted. How frustrating was that?*



*Most inventors try many times without positive results along the path to the creation of their ideas.*

*Frustration is a part of life, there is no avoiding it, especially if you are creating something new for the world or for yourself. Frustration is part of the “learning curve” we must accomplish to bring about the desired results we seek. The real understanding we must gain is not to avoid feeling frustrated now and then, but what to do with it.*

*Somethings require more than a brief encounter to accomplish. Its like a journey. You begin at some chosen place and time and put one foot in front of the other. Eventually you get to your desired destination.*

*Inventions of any sort usually require a great deal of research, and the greater the goal the greater the effort, is usually the case.*

*People who are working toward something new, be it personal or global, be it new science and understanding, a new type of vehicle or propulsion system or anything that does not yet exist except in inspiration or idea are a special breed. Tackling the unknown is always a challenge to say the least.*

*Every new project no matter how small or complex is going to have its share of disappointment and reward, its just part of the scenery. A new invention or a new home or a new relationship will have both elements (disappointment and reward) and frustration is going to show itself somewhere along the road.*

*As I said above, the real problem we face with frustration comes from the desire to have the reward and not giving ourselves the credit and kudos for doing the necessary work. When this happens we are at an imbalance within ourselves. The cure is to awaken to the work performed and the results of this work, even when the results are not what we expect or desire. Instead of feeling let down or diminished in some way we need to rethink our efforts and understand that we are learning what we must do to bring about the result we truly want.*

*One of the principles we must remember is “There is no wrong and there are no mistakes”. You are never wrong, because you are always learning until you finally know enough to accomplish whatever it was you always intended.*

*Truthfully you can say thank you every time you get any result.*

*Your efforts have brought that much closer to your goal.*

*Take a break now and then, listen to some music you like or go and do something else for a few minutes. Go outside, look at the stars, pet the dog, do some exercise, go have something to eat, etc... My point is, take a break, give yourself some time to change the old energy and then say thank you to yourself for making the effort, taking the time and achieving a result.*

*Turn your frustration into gratitude.*



## Chapter Ten

### *You are unique, different and special*

*All children try to “fit in”. It begins with mom and dad, trying to be what they want, trying to please them, molding ourselves to be like them because they are the examples we use to fit into the society. Most of our young years are spent learning to fit in, learning how other people and the other kids around us fit in. We want to be liked and to be popular with our family and friends.*

*There is nothing really wrong with this activity because we do share the world with people much like ourselves. I said, “much like ourselves”... but not exactly like ourselves.*

*Science tells us there are no two snowflakes alike. Imagine that, a simple thing like a snowflake has no duplicate. How much more so would this simple statement apply to a human being? We know from experience that even identical twins are not totally identical. And even though there are more than 6 billions human beings alive on the planet at this moment it is very realistic to think there are no two exactly alike.*

*So what makes us different? Truthfully, in a Being as complex as a human is there are innumerable ways that would make us all different, but the reality is the physical difference is not what makes us unique, different or special.*

*The real difference between us is not usually physically visible. In fact the real things that set us apart from each other are the things inside ourselves. How we see the world, our desires, our ability to achieve in our own way, what drives us, what we believe about life and about ourselves. These are some of the things that make us unique.*

*Most children never really think about this but some do. Some children know that somehow, in some way, they are different. Some see this difference as a calling to fulfill something in their future. To some of these children the act of “fitting in” is difficult and in some cases impossible.*

*We all want to be a part of society and we are because society is not about one person or one kind of person. Society is like an exotic salad, it is composed of everything in the garden.*

*The universe is diverse in ways we can barely understand or imagine, that is the example we witness every moment of every day. Today is nothing like yesterday, and tomorrow will be different then today. The universe is constantly moving and we are never in the same spot. Tomorrow morning when you awake the Earth will have moved several thousand miles away from where it was when you went to sleep. The solar system will have moved, the galaxy will have moved, and the universe will have moved.*



*What we think of as “normal” is anything but normal. I have often thought this word should be thrown out of the dictionary's and our language because there is no such thing as normal. There is no such thing as average and there is no such thing as identical. Everything in the universe is unique and different and because of this everything and everyone is special.*

*This understanding applies to a greater and greater extent with the complexity of the thing you are referring to. Generally speaking the formula is, “The higher the consciousness the more unique is the Being”. This statement indicates that our uniqueness is not what we see but rather what we express and how we choose to express.*

*My point in all of this is for you to recognize that you are a special and unique Being. You have spiritual gifts and abilities you probably do not know about yourself. Perhaps you will never really know your total gifts, I am not sure you need to know, however it would be wise of you to understand that whatever you have in you is there for a purpose.*

*You live in a world where certain people actually believe that you are not entitled to your individuality and uniqueness. And these people have worked for many years to suppress and control you and make you believe their way, and to see life and your own life from their point of view. These people are tenacious in their beliefs and will go to any length to convince you and the population that their limited and fanatical views are correct and your views, being different then theirs are wrong.*

*Why do I mention these people in a book dedicated to your awakening? Because as you do awaken you will begin on your own to consciously see the influence of these people in the general world and even in your own life. You do not need to fear these people because their power is in fact a fantasy of their own making and ultimately they will lose their fantasy battle.*

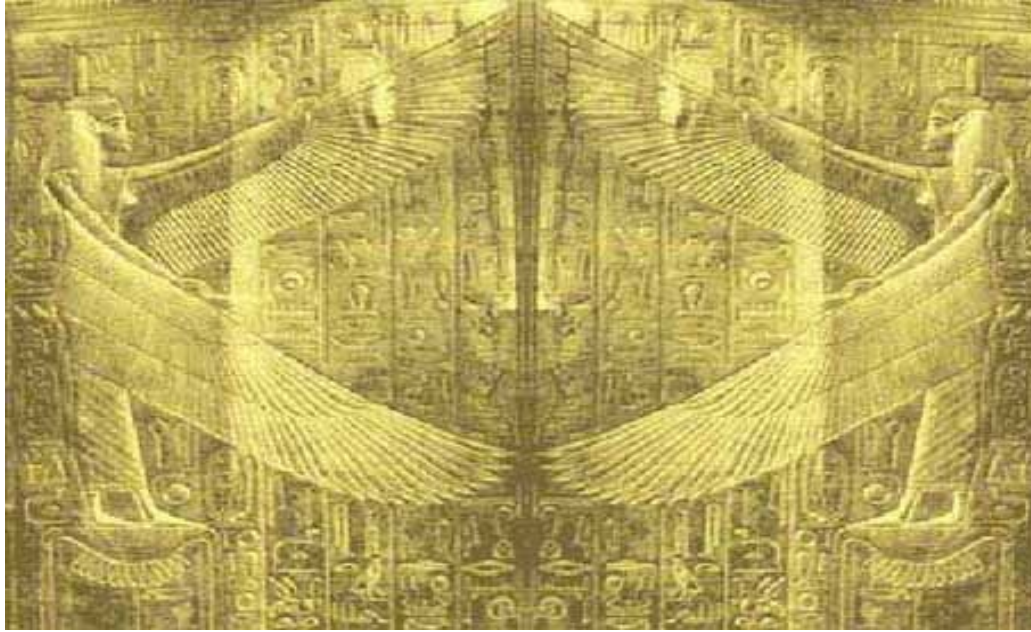
*You are entitled to your individuality and uniqueness... you were born to it and in truth no one can take it from you, but it is wise to know there are people who will try to convince you that you are not unique and that your individuality is wrong...*

*I learned a long time ago that the Divine consciousness provides us with the means to gain our own strength and courage through opposition. And just for the record the way to handle opposition is not to handle it at all. In other words, don't waste your energy fighting the dragon. Focus on what is important... you are important! Focus on what is real... you are real!*

*Accept the perfection that you are. Place your attention and energy where it counts the most... into your own life and goals. Be the very best you can be and be honest about it. Take time to acknowledge your wonderful unique self... there may be many look alike's but there is only one you.*







*The Higher Laws are made for YOU to be in control. The lower laws are made to control you. And as you will discover, the greatest power in the Universe is not in the universe, but in you.*



## Chapter Eleven

*"The Universe is like a Living Holographic image. No matter how small the pieces of a Holographic image are the entire original image contained in the holograph is present.*

*You may know the entire original image by any one of its pieces."*

### ***The First Principle:***

***"There is No Separation".***

*Although much of what I discuss in this chapter is covered in Chapter Five "Is the universe what you think it is", I am going to relate to it in a very different and personal way.*

*When we are conceived in our mother's body our body begins its life as a single cell. In time billions of cells are produced (actually, reproduced), each new cell being a replica of the original one. We may argue that various cells within the body have different functions, but still they are created from the original single cell. In the ancient records it is noted that this "Master Cell" was known, and was often referred to when eternal life was discussed.*

*The importance of this particular cell cannot be overestimated. It is said, this cell contains not only the original information to build the body and all its parts and functions, but within it also is contained the nature of the Being that is to inhabit the body, "And the body is built in accordance with the Spirit that will occupy it (the soul)". In addition to this, that original cell can be traced continuously back to its own origin, the "Adam cell".*

*The inference to and the importance of this single cell is so great that virtually all of the energy the Spirit requires to function in this world, and create and live the life it came here for is all contained in the cell. In modern terms the DNA of a being is a program and that program is not one left to chance or accident. You are not who and what you are by some unknown indiscriminate process of selection. You are in fact a specific and deliberate Being.*

*In the ancient [mystery] schools students were taught to consciously return, through meditation, to the master cell to bring forth eternal life, and to "Know" the purpose of the Self (the Spirit) in this world. In ancient and modern Tibet it was and still is taught the human body can be quite literally regenerated, and reformed infinitely, from the power and information contained in this original cell, an exact copy of it exists in each of us.*

*If this information seems incredible to you consider how it is this body was constructed (generated) in the first place, and how it continuously maintains itself.*



*Would you be surprised to learn that the "Master Cell" is located in the heart? Or, that the heart is the first organ to form and the body is literally built around the heart?*

*Medically speaking, A person can be "Brain dead" and still be alive but if the heart dies, you are dead!*

*In its Original form the Spirit/Body relationship is "One Living Being". There was NO separation whatsoever between God and human. There still is no separation, and there can never be a separation, (considering that this kind of separation is tantamount to thinking you can separate your life force from your body and still live in the body).*

*The greater understanding of the original cell lies in understanding what it actually is. Weather you believe God created the first human, or that somehow in the primordial soup the first human emerged, there was at sometime a first human, and it follows there was the creation of the first cell that created the body of that first human (the Adam and Eve). The most ancient records clearly indicate "Human" is a created species.*

*And how exactly did the first human cell come into being? Was it engineered, was it deliberate? Obviously, yes! By who or what is the intimate question?*

*In the western Bible, in Genesis it states, "Man is created in the Image and Likeness of God" . The exact quote indicates God used Himself (and Herself, being both male and female) as the pattern to create the Human (Was there another Being anywhere else that God could use as a template for Human? No.).*

*The first cell, and each and every cell created thereafter is patterned in the exact "Image and Likeness" of the original (the Creator) cell, and there is no exception or substitute, nor can there be. Just as the human body is created from a single cell, the entire human species evolved from this single master cell. All colors, body features, functions, blood types etc. is contained in the information embedded in this cell. We call this information the DNA.*

*When Jesus was with us He said, "You must be born again". How is this possible, to be born again? The process is one of conscious choice. It is the consciousness of acknowledging human reality and God reality as one and the same thing, destroying as it were all conceptual mental, emotional and physical supposed separation between the Spirit (God) and the body self. To be born again means to become as new again. To "see, and accept", the true and whole self you are.*

*"There is No Separation" also means you are not separate from and cannot separate your self from any part of the Creator or the creation.*

*The physical body was designed, formed and created in the Image and Likeness of God and none else because none else existed then or now.*



*God is the Sum of all things: The Sum of all consciousness, the Sum of all knowledge, the Sum of all power, all energy, substance, and intelligence everywhere and at all times*

*To say that God is the Sum of all things means that God is everything! All of existence, all of creation is the Living Being of God, the expression of God.*

*There seems to be a belief among modern religions that God is God and man is man, and never the two shall meet, or be the same. Certain religious beliefs have created the illusion of separation between God and Man:*

*A separation where none in fact exists and none can exist. These religions are at war with their teachings because on one side of the isle they claim God is One, eternal and infinite and whole. In the next breath they claim God and Man are [somehow] separate entities. If the first statement is true the second one cannot be.*

*As I explain in Chapter Five, scientists discovered the process of creating Holographic images on chemically treated glass plates. Holographic images are 3 dimensional.*

*One day an accident occurred: a plate was dropped to the floor and broke into several pieces, some large and some very small. After a short time the scientists made another discovery. When examined it was revealed that each piece of the broken holograph plate, no matter its size, small or large, contained an entire (complete) image of the original exposure.*

*The science of "Quantum Physics" is not the same old science of fixed values and known constants. This new science is relative only to itself and limited only by the mind and imagination of the people involved. I mention this new science because it has become apparent to some portions of the scientific community that the old science of "physics" does not provide realistic answers to the major questions facing it neither does it explain the greater picture of the universe, known and unknown.*

*Because of the mounting evidence in favor of it there is a question before science, "Is the universe, in truth a living holograph, possibly a living conscious interconnected being, as it now appears to be?"*

*And, "If the holograph example is accurate, is it reasonable to say, even the smallest piece of the known universe "the atom" contains the entire picture of the whole"?*

*The more we examine the and research the evidence it does appears to be an accurate and reasonable statement when we consider the atomic composition of matter, of all matter. All electrons, neutrons, protons, etc. are identical in their makeup.*

*What makes the difference between one element and another (gold, lead, iron, tin etc.) is the number of electrons, protons, neutrons contained in the specific element.*



*Remember, the electron of gold is identical to the electron of lead, or tin or any other element. When the particles of an atom, electrons etc., are examined we do not find material substance (particles) but raw energy... that is, energy existing as frequencies or waves. The closer we look at any particle the more we discover there is no particle, no actual substance, only energy!*

*When we use words to describe God we often say, "God is Omnipotent, Omnipresent, Omniscient; Infinite, Eternal, Ageless, Timeless, All knowing, Ever present, All-powerful".*

*We use these words because we believe them to be true of God, and if they are true of God are they not also true of Gods creation? The answer must be, yes!*

*Can an "atom" die? Can we actually destroy one? No! And why is this? The answer lies in the nature of the atom. While it (the atom) may appear to function as a physical thing, as I said above, it is not physical at all. Because it is energy it follows the law that governs energy.*

*The first law of physics (now the second law of conservation of energy) states, "The universe contains "X" amount of energy. Energy that cannot be added to or diminished from in any way, but it can be converted (changed) from one form to another."*

*Why are these facts important? Simply stated, whatever the universe is it was created and it exists as a whole. We do not have to recreate it, in fact we cannot, we can only accept what is already present. Second, you and I are an integral, inextricable part of the universe. Within you, within virtually every cell and every atom of your being is contained the entire universe, known and unknown, formed and formless, visible and invisible.*

*Perhaps one of the greatest mysteries about life is how the One Living Consciousness; invisible and without form created and sustains individuality in an infinite complexity of visible forms, a whole universe of it.*

*Of all the concepts outlined here, "There is No Separation" is quite possibly one of the most important because if we understand and can accept the meaning of this principle it establishes once and forever the true and only relationship of God and Human that "There is NO Separation because there can be no [actual] separation.*

*God has created all that exists and exists as all there is.*

*God created you and I in His Own Image and Likeness.*

*However it was done, God created the Original single "Master Cell" from which you are composed; it is a living expression of the original creation. That cell still lives, and the proof of its life is you... because you live.*

*The original cell of you still generates and regenerates itself replicating itself continually every moment of everyday.*





*This original cell is in reality your eternal connection to the Divine, and to your heritage, including eternal youth, perfect health, wisdom, intelligence, personal power, ability to achieve and self-purpose and love. It exists and because it exists you do. It comes to us from the original source... you come from the original source.*

*In ancient times knowledge of the Master cell was thought by the general population to be mystical. Today this single cell is a proven scientific fact. We know It exists.*

*From Spirit to solid matter it is the same, the only living creation. The Holographic paradigm teaches us one very important point: "The universe and everything in it is connected and inseparable."*





*The Creator (and the creation) surrounds you, it permeates you and you are inextricably connected within it.*

*"You live within the whole of it and the whole of it lives within you".*

### **Principle Two:**

*"Consciousness is a Unified Field".*

*The creation, all of it is without end. It is the Living Consciousness we call God." "You live within the whole of it, and the whole of it lives within you."*

*Recall the words of Jesus, he said, "Of myself I can do nothing, it is the Father (the Spirit) within that does the work." He admitted openly that he did not know how a thing was done, but he acknowledged that it could be done, and with faith in the process (the Law and Spirit he referred to as the "Father") it would be done... and it was done! Jesus knew the "Spirit" which created and sustains all things was complete and unified throughout all of life (infinite).*

*Miracles are unexplained events in the human (ego) understanding but we know from history that such things exist. In fact most of Heaven and Earth are realms not understood by humanity yet they exist and operate completely and without flaw.*

*The society of humanity has been taught incorrectly concerning the laws of consciousness and energy that surrounds us, permeates us and effects us. Everything that exists is a product of consciousness and Consciousness always did exist.*

*In the first principle I stated "There is no separation". This principle states: "consciousness is a unified field". Scientists have been searching for a "common denominator" within the universe that explains in simple terms how the universe operates in an unbroken chain of similar events from the microcosm to the macrocosm. If nature is identical throughout its existence there should be a singular equation that allows us to know it and explain it. The problem science is facing is evidenced by the search for an "element" or a physical "object" that defines and explains all other physical elements and objects. In this it may be said, science is looking outside the box for an answer that is only found inside the box. Physical matter does not create physical matter, this is explained in the laws of physics already known to mankind, and there is no physical particle that can be found or ever will be found that is the "mother" of all physical particles if, as it has already been discovered, all particles disappear into nothing more than frequencies and waves which tells us that particles as such only exist in our perception of them.*

*It should be obvious at least to the experienced and serious Quantum physicists what this common denominator is, having studied and researched it for so many years.*



*It is and can only be Consciousness!*

*Exactly how does this information effect you? How does this information serve you? I have always believed “knowledge is power”. Apparently many other people down through the ages have believed this also. People like Jesus who is quoted as having said, “Know the truth and the truth will set you free .”*

*The truth is knowledge, valuable knowledge.*

*In recent years, since the 1800's science has been looking for the common all inclusive answer to the construction of the universe, as I said above, the “mother particle.”*

*In ancient history the answer was known because other Beings in the distant past wanted to know this information and believed the answer existed and could be found. The difference between the people of the ancient past and those of recent times is the “method” used to find the answer. Today it is science, which primarily deals with physical matter, in the distant past, and in other parts of the world today the answer was sought after and found in Spirituality, specifically using the methods of meditation. Science is seeking to understand infinity using only physical senses. The problem with this method, as the ancient people knew, is that the Cause of the universe is not physical at all. From the physical level of life we can only see (perceive) the Result. Physical technology no matter how fantastic it may seem is still physical. Searching for the answer to non-physical causality with a machine is at best a mistake in judgment. As I said, this is equivalent to looking outside the box for an answer that can only be discovered inside.*

*Being both a spiritual writer and researcher and a scientific researcher I prefer the answer that was discovered in meditation (looking inside the box) and I can appreciate the search of both. The journey is important, however what really matters is the answer. It is the information supplied in and by the answer that leads us to greater understanding, greater possibilities and greater goals.*

*In human terms it is in our best interest to know what effects the so called physical universe we seem to be surrounded by and a part of. Today as in the very distant past we are discovering the evidence that supports a “non-physical” universe as the Cause, construct and reality of the universe. Simply stated the universe seems to be an exotic 4 dimensional complex hologram, just as I discussed it in Chapter Five. If “matter “ as we have been taught to understand it does not exist, what does exist?*

*Everything, and I mean everything has a frequency. Another way of saying this is, everything vibrates at a specific frequency. A thing may be a complex of frequencies, like a human body or a planet or even a flower. Some things may be simple in their complexity and thus they may have simple and easily identifiable frequencies, like a pure element (gold, lead, hydrogen, etc.).*



*My point here is that a thing (any thing) can be identified by its frequency, much in the way we discover and identify radio stations which broadcast their signal at specific frequencies.*

*A third way of looking at this information is to understand that any and all frequencies are in fact the “Resident consciousness” emanating from the thing itself. We know that biological things have consciousness including plants and animals of every type. We don't really accept that rocks and other inanimate objects have consciousness, but in fact they do... everything has a level of consciousness because every thing is consciousness expressing itself in, through and as that thing.*

*Consider the spiritual side of what I am saying. God created everything. God is the sum of all consciousness. God created everything from his own Being and everything created reflects and expresses the qualities it was created from, this is Himself. Everything that exists today came into existence by the same method and from the same source and whether you are scientific or biblical in your beliefs about this event both sources claim the actual event (creation) was sudden, specific and all inclusive. In other words the creation of the universe happened as one specific event and what was created [then] still exists as it was created. Nothing more was added to it, and none of it disappeared. The energy that exists today existed at the moment of creation.*

*What is the difference between a normal human Being and a Master?*

*A Master is one who knows who he (or she) is. If you know who you really are and what you are than you know the basis of and the reality of your power in life and in the universe.*

*Instead of seeing the universe as “objects” we would be better served to see the universe as “Relationships”. What I mean by this is that each of us holds a complex set of agreements (relationship) about the nature and reality of the universe. Humans see the universe in certain ways, dogs see it in another way, lions in yet another way, plants in another way and so on. Consider the relationship Jesus had with the universe. His internal agreements and understanding allowed him to act very differently then the normal humans around him, and the universe [obviously] acknowledged that relationship with him and responded in kind. If you changed your internal agreements (relationship) with the universe would it also respond in kind to you? There is every reason to think it would do exactly this.*

*Consciousness is the only active common denominator that exists at all times throughout the universe and across all dimensions, simultaneously. It is the singular common element we all have equal access to.*

*Consciousness is a Unified Field.*



## *Magic*

*I have been asked many times if I understood “magic”, meaning, does it exist, is it real? And if I do understand it, would I explain it.*

*Oh yes, magic is real and we can and do use it. In fact we use it so often, and it is so common to us we use it without realizing it. In ancient times magic was well known and used. Recall that the 3 wise men referred to in the Bible were “Magi” (an ancient term that held many meanings including: magician, priest, teacher and Wise).*

*As is the case in so many areas today the early church changed many words or outright forbid the use of them. Anyone who would have seen Jesus do the things he did would have said he was performing magic... today these acts are called Miracles.... same thing, different day!*

*Let me give you a little history that may shed some light on all of this. In the early days of the church there was a “power grab” which eventually lead to 1,000 years of ignorance and intolerance. This period time was actually known as the “Dark Ages” of man and it existed from about 325AD until late in the 14<sup>th</sup> century. During this time everything the church did not want to exist or to be known was burned, buried, destroyed or killed. Ancient knowledge which could have disproved the dogma of the church was the most hated and fiercely sought by the church to be destroyed or hidden from the public view.*

*The premise of the church was to establish itself as the singular authority and source of everything holy in the world. According to the church only the Pope could speak directly to God, and whatsoever the Pope decreed as unholy was to be destroyed, this included knowledge, buildings, things and people. In its zeal to be the only authority it was necessary to change even the words that could and would be used.*

*Magic as a word and as an action was forbidden, however unexplained events not specifically brought about by human action other than through the use of prayer and supplications were allowed, because they could not be stopped, even by the mighty church, and therefore were explained as a Miracle.*

*There is actually, by definition, a difference between the words Miracle and Magic. A Miracle is: “An event that appears inexplicable by the laws of nature and so is held to be supernatural in origin or an act of God: “Miracles are spontaneous, they cannot be summoned, but come of themselves”.*

*This is the actual dictionary definition. If you really look at it you will discover it contains a few flaws.*

*This definition explains Miracles to be spontaneous, they cannot be summoned and they come of themselves. In my understanding a prayer is a summons to God. A forthcoming event, like a miracle, is an answer to that summons!*



*Reading the definition just as it appears leads us to several conclusions about its intended meaning. The text explains that a Miracle is an inexplicable event, by the [known] laws of nature. It is held as supernatural in origin.*

*Here is the dictionary definition for Magic: “ the art of producing a desired effect or result through the use of incantation or various other techniques that presumably assure human control of supernatural agencies or the forces of nature.”*

*The main differences in these definitions are the words used to describe a supernatural event and the specific control of it. Apparently in Magic a specific result or event is desired and is summoned (incantation means, summoned by words) it does not indicate the intent to be good or evil.*

*In ancient times Magic was taught to certain students. It was no more or less than a set of principles and procedures. Yes it could be used to bring harm to other people however that was never its purpose or function.*

*Today we use another form of magic it's called technology and it too can be used to kill and destroy.*

*Magic or Miracle is a word but the very act of either is a summons you make to the invisible side (the powerful side) of the universe. You may not call it magic but you can and you do perform magic everyday in ways you probably do not know or understand. Doing so does not make you a bad person. Magic is not bad it is a method as old as humanity. Only the word has been corrupted.*

*The best interpretation of magic is this: it is the conscious practice of altering the natural visible universe using the forces of the invisible universe. Prayer and belief are only two of the acceptable and known forces we use to summon the supernatural forces of the universe to our aide.*

*There is more fear about magic then is necessary but the church did a good job of instilling fear into the people about many things. Fear is a form of control! For the record I believe we can perform magic. Children come into the world with open minds and open hearts... They believe in magic until the adults convince them otherwise.*

*You once believed in magic, and in your heart you probably still do. Believe in your magic again... it still works!*





*"As a child you easily used your imagination to create wonders and worlds. You were not afraid to try new and unusual things, most likely the more unusual the better."*

***Principle Three:***

***"Change your perception,  
and the Universe will change"***

*What if you discovered a "secret" about life where you could have anything in life you asked for, or that you could do or accomplish anything in your life you truly desired? Would you think this was the secret of the ages?*

*This "secret" was discovered and known and even recorded thousands of years ago. You can read about it in several texts and it is the basis of many traditional teachings in the Far East. The basic concept of this teaching is simple and anyone can prove its reality and worth with a small amount of effort, in fact this secret has been used by you more times during your life then you may now believe.*

*If you believe your life is a mess and nothing good can come from it... if you actually believe these things, what then is your life? Does it resemble what you believe. Are you poor, do bad things happen to you for no apparent reason?*

*I have known many people who believe just this way and sure enough their lives do resemble their beliefs. Lets look at this situation from the place of spirituality. Could it be that God is giving these people exactly what they believe? You may think my remark to be cruel but it is not. Spiritually, God always gives us what we want through what we express in our belief system.*

*God is free will. If your belief proclaims that life is miserable, and it is, are you not receiving exactly what you have by your belief asked for?*

*In the 2<sup>nd</sup> Principle I explain that you and have a "relationship" with the universe. This relationship is a set of agreements that means something only to you and God and is activated through the unified field we call consciousness. By these agreements we are allowed to experience our free will choices. The question we should be asking is, can we change these agreements, and if we can can the changes be done instantly. The answer to both questions is yes. And once again the equation of "Belief" comes into play. What you truly believe the universe will act upon.*





*Let me take a moment to explain the concept of “Self Image”.*

*Whether you know it or not you hold within you, within your mind and feelings an “Image of yourself”. Quite literally, it is how you see yourself (what you believe about yourself) and it includes self worth, your belief about your ability to accomplish in life , your place in society, your ability to succeed in life, and what you presently believe can do and be in this world.*

*People who have started out in life with a poor self image and who have lived a difficult and poor existence have been able to completely turn their lives around and become successful, powerful and happy by learning the lesson of “Self- image” and by consciously, deliberately changing it. You can do this too.*

*I have told you before and I will say it all again a few more times, the universe is not cement, it is not a fixed and inflexible reality. You can test this out everyday of the week by simply “Asking for and receiving what you ask for.” Just have the faith of a child that you have been heard and you will see the results... is that so difficult to do?*

*There is a very important step here that you must take if you really want to turn your life around. Simply said, “you must take responsibility for your life and the outcome of it”. You must look in the mirror and know that the only reason you stand where you are now (be it good or bad, rich or poor) is because of your self-image. What you believe about yourself and through that belief pattern what you will or will not allow to come in to or out of your life. There is a short story in this book it is called “All that you will Allow” please read it.*

*“Everything you have in life is an expression of yourself, your self image.” Please read this again, and again until you really get it.*

*Without question, you have the power to completely change your life but you must realize this fact, accept this fact, and use this fact. Its all up to you and there are no excuses that you can come up with that will change this fact.*

*Look at this concept in another way. Do you know people who are wealthy in spite of the fact that everything else in their life seems a shambles? Ask them if they believe they deserve to be wealthy... the answer will be, yes.*

*Their basic belief about money is, they deserve it, and it is this fundamental belief that brings money to them. They have little or no inhibitors that prevent money from coming to them, (it is their internal agreement with the universe).*

*Perhaps this was a weak example so allow me to give another. Have you ever had a prayer answered? Imagine for a moment the physical aspect of having a prayer answered. Exactly what is a prayer? And what results do you seek and expect from prayer? When we pray do we expect to witness a change in some aspect or part of the physical universe? Our prayer might be to heal the sick, enrich the poor or to alter a condition or situation that is holding us or another person in an unfair or harmful way, but always it is to alter the course of the universe or a physical condition or an event.*



*We pray believing the universe (the condition or event) will be altered because somewhere inside us we know in fact it can be.*

*Physical laws are just that, physical! Such laws, for many reasons, are inferior in their nature, and are changeable and mutable as man gains more information about the subjects they touch.*

*Divine law applies to all. It is simple and it is truth, and as such it is not subject to change. Beyond this Divine law works very differently from the methods described under the known physical laws.*

*In Divine law it is your perception, your personal belief, that dictates your behavior, and places order or chaos in the Kingdom (your kingdom), you). Your perception (what you believe) designs the form and texture of the universe you live in.*

*You are an agent of free will. Gods gift to you is freedom and as such you are entitled to live within your conceptual universe until you find the reason or desire to change it. Heaven or Hell is all around you, as you believe it to be. Your attitude, perception, and consciousness are everything. You may have heard these words somewhere in your life experience. There is great truth embedded within them. A positive, loving, kindly, receptive, open personal attitude will bring forth far more then will a negative, closed, unreceptive one.*

***What is your Understanding?***

*The word “understanding” is really two words “under” and “Standing”. Put together in this form the words mean, “What do you stand upon”, “What supports you”? “What is the basis of your support”, is the question these two words ask. If you change your understanding of something does it change the thing or your perspective of the thing?*

*It has been said, "God can only do for you what God can do through you." When you consider God obeys his law of free will, this sentence makes better sense.*

*What is your attitude about life? What exactly are your perceptions, your beliefs, and thus your consciousness about the nature of the universe? And when you pray, do you hold yourself open to love and change?*

*Do you have a receptive and grateful attitude for the things you ask for?*

*Do you know that which you ask for exists in God... that it exists already within the Kingdom, and is already yours?*





### *The Truth vs. Your Truth*

*The sentence above, “The truth versus your truth” is so simple in my mind that it is reasonable for me to think everybody understands it completely, yet I know from experience and lengthy conversations with close friends and other people (that) the basic concept of this sentence is not known by all.*

*“The Truth” is that truth that never changes. It is a constant in the Universe. Love is Truth. This type of truth underlies all knowledge and creation and is in fact inherent in creation. Within you is “The Truth” and you know it. You always knew it although you may have ignored it or tried to ignore it. Somewhere in history this Truth gained a name to identify it,” Your Conscience”, and the little rhyme that tells you to “Let your conscience be your guide”.*

*As you grew up and took your place in the world you may have been reminded by various people in the society to use your conscience, but at the same time you were probably reminded to pay attention to the world. The nature of society at this time seems intent upon reminding us that we have a conscience and that ideally we should use it... but only up to a point.*



*As we live our lives we adopt many forms of truth, usually useful to the society in general. Children have their truth and later it will change in accordance with social demands, personal perception, and new information. This form of truth is “Your Truth”. And while it may be the truth, to you, it may not however be “The Truth”.*

*Modern science provides us with a good example of “The Truth versus Your Truth”, (or in this case, their truth). When I was a child I can recall reading science books that proclaimed the age of the Earth to be 5 or 6 million years old. Now the Earth is a billion or so years old, and before long it may be several billions years old. These facts were always the truth according to science, but obviously these facts were not “the truth”, only the truth at that time.*

*Now lets apply this understanding to our own lives. All Human Beings are born with “The Truth”. The child knows this truth but has no human way to express it without a useful lexicon (any of the several languages).*

*We of course teach our children a language but along the way what else do we teach them... your truth  
is your truth “the Truth?”*

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*The higher laws are made for YOU to be in control, the lower laws are made to control you.*

***The Fourth Principle:***  
***"Everything Comes From Within"***

*These four words are quite possibly the most important you can know, because when you understand them fully, you will have one of the main keys to the entire universe in your hands.*

*With few exceptions the entire civilization of humanity seems to believe, "if you work for it (and only if you work for it), you can have it". It seems very little thought is given to how a thing really comes into being. Would it surprise you to find that all things that have come to us have in truth come from within us?*

*Every idea, every inspiration, every desire begins within us.*

*"Love is universal, Mind is intuitive, Memory is cellular". Mind if you truly understood it is quantum in its nature. It can easily reach beyond all physical bounds, and has no limitations except those we, through our beliefs, impose upon it.*

*Throughout the eons of mankind's journey on this planet teachers, great and small, have given example after example of the Divine and seemingly mystical nature of the universe and consciousness. Jesus turned water into wine at a wedding feast, and also multiplied loaves of bread and fish to feed the multitudes of people gathered to hear him speak (The Sermon on the Mount). On several occasions He cured the sick, the blind, the maimed and the injured. He raised the dead, walked on water, appeared and disappeared at will.*

*Such things are physically impossible if you use only the concepts of a physical "fixed" reality? Science has no explanation for such things as miracles or magic and can offer no answers using the "laws of physics" as their means of explanation.*

*Miracles are usually not explainable but happen they all the time. How is this possible in a "physical" universe that according to science is "fixed and immutable".*

*Truth, it has been said, is stranger then fiction. Indeed it is. Even the best fiction writers cannot explain the events of those people who have throughout history changed and altered with simple ease the so-called fabric of the universe and its "physical laws".*



*The great illusion is that the universe is "Fixed", solid, and cannot be changed. The delusion is, we choose to believe the illusion, and we through ignorance of reality, believing the society around us, act upon the illusion, and not the truth.*

*Each of us, and all of us, has the same power and authority to act as these (Holy) teachers did. Jesus said many times, "All these things I do so shall you, and even greater things than these shall you do."*

*A great amount of the confusion concerning our ability and standing in the Divine Order of life comes to us not from Jesus, (or any other teacher), but from what came later, after Jesus, specifically, the church, and history speaks loudly about.*

*The Fourth Principle is. "Everything comes from within". I could say it another way, "everything you want, everything you do, everything you believe about yourself begins within you".*

*Without the desire to do a thing you would not do it. Without the desire to have a thing you would not have it. Without desire there is no personal energy to gain or accomplish anything.*

*If you follow the formula that brings achievement into our lives it looks like this: Inspiration, desire, plan, action and finally achievement.*

*You can apply this simple formula to everything any person has ever done.*

*My teachers taught me that there are two (sets) of laws in life. The Higher (God) laws and the lower (man) laws. It is interesting to note that spiritual teachers always direct man toward the higher laws because this law is simple, direct and effective.*

*The higher laws are made for YOU to be in control, the lower laws are made to control you.*

*The Higher laws place you into direct responsibility for your life. Notice I said (wrote) responsibility and I did not say blame. The reason I do not use the word blame is because in the higher laws there is no blame, guilt or regret, only responsibility. When something in your life does not go the way you think it should, there is no blame, it is simply a matter of learning what works and what does not work. Take the responsibility to seek out the correct actions and apply them accordingly, leave blame and regret out of your thoughts.*

*Lets go a little deeper. To use the higher laws you must first be aware that such laws exist, even if you do not now know what they are. The second thing you must know about higher law is they are not written in stone or on a paper somewhere, but they are written into life itself which means you can access the higher laws from within yourself. There are no doors or blocks that prevent you from gaining and knowing and applying these laws.*





*The “laws” are working principles. These laws can be acted upon by everyone everywhere at any time. The seven principles as written in this book cover the basic concepts of these simple principles.*

*If you believe yourself to be separate or somehow apart from the universe perhaps this is the concept that most probably leads you to being alone and lonely, helpless, poor, weak, sick, ignorant, incapable, angry, and disillusioned with the world in general.*

*You may (or may not) see yourself as a spiritual Being. Perhaps this is something you were never taught, but I believe that “spiritual Being” is the only thing living on this planet, and the only thing alive and living everywhere!*

*Do you know who you are? Who (and what) you really are?*

*If you ask people to describe themselves the answer is usually a description beginning with their name, and from there it goes on. “Tell me about yourself” usually means, tell me about your Earthly possessions, job, neighborhood, etc.. Most people identify with what they see, with what they know (have learned) or what they physically have!*

*It appears we live in a world where almost all people think of themselves as separate entities, never really considering or even knowing about the inseparable living conscious nature of the universe.*

*I mention this because the illusion of separation is the cause of more misery, grief and helplessness among the human race than any other factor.*

*In the teachings and use of the higher laws we are taught to “see”, (and to understand ) that every quality we wish to attain is in reality an expression of our own self, (we are taught that life is like a mirror, a reflection of the self you are expressing). If, for example, you are expressing poverty life reflects that poverty and like magic you are poor.*

*In the mirror of life reflection you see what is real and what you are choosing to express. Is this the image you want (and would like) to see, or the image you believe you will see? The answer, whether you will accept it or not, is “The image you see IS the image you believe you will see”.*

*What ever the condition or situation you have in life right now is the one you have created and manifested for yourself. I know this information can be a harsh reality for you however it is the truth and if you look back over your life you will actually see how your life came to be what and where it is. Budda once said, “we are everything we always thought we are”. We are a product of our thoughts and beliefs.*

*The good news is, the universe is completely malleable, and so are you which means all of this can change and will change when you truly want it to.*

*There is not one person who cannot, if they choose to, change their life, even change their looks, their age, circumstances, life situations, and everything else about themselves... if they truly choose to!*



*It all begins with the desire to do so, and the knowledge that you really can. Your knowledge and desire is fueled by your strong belief that it will happen, just as you want it to. Believe you can do it and you can do it! "Whatsoever you truly believe you can achieve". And it all begins within you.*

*Love, Wisdom, ageless eternal Youth, perfect Health in body and mind, Abundance, Prosperity, Money and wealth, Immortality, true Beauty, Joy, Happiness, Peace, Tranquility, Purpose and Meaning, Achievement, Success... all of these are issues we alone decide upon... we alone decide our relationship with. Recall I said earlier, Relationships with, not objects is what is important in this universe. If you understand this you will win in every situation.*

*We alone decide to accept or reject, to have or to have not. These are decisions internal. All are made within us, and we can change any or all of them at any time. You are not stuck in any reality!*

*The greater part of Humanity has been taught to see and act only upon that which is visible. We have been taught to use brute strength; material against material, object against object, the greater against force the lesser. This is the way and the method of the beasts.*

*Consider the ocean. What is a person seeing as they stand upon the shore watching the waves and movements of the sea?*

*The physical eyes do not see the force that creates the waves or moves the fluid body that is the ocean. The energy that moves the ocean is invisible to human eyes yet proof of its existence is the wave itself and the movement of the ocean.*

*The wave is the result of the force within it and around it, the force that created it and sustains it. The same force that creates a small wave can move the entire ocean.*

*The human being is the result of the Spirit within us and around us, the Spirit that created us and sustains us.*

*The power of the ocean is not the water but the force that moves the water!*

*The human has the same power from the same source. The power is not the body or the ego but the force, the Spirit within us. Alone if we choose to be so, the human is like a drop of water taken from the ocean. Although the drop is identical to the ocean from which it is taken it has little power.*

*It is when the drop is placed back into the ocean that its power can be realized. When we unite with the Sum of our power, we are uniting in and with the One Source of All power and this we can choose to do consciously.*

*"In time you will know and be able to use the extension of this Law, which reveals to you that nothing is outside yourself, or away from you, thus it is immediately available to you."*

*Everything comes from within.*



*We are born with two gifts:  
unlimited Love, and unlimited Imagination.  
Imagination is our ability to visualize in the mind, to see anything we  
desire in consciousness, and the Love is the ability to bring it forth.  
Love is the motive energy (the soul) to which Light adheres.  
In the ancient teaching it was said, The universe is composed of  
three things: Consciousness, Love and Light.  
Everything is these three things.*





### *Resistance is futile*

*Have you ever wondered how (by what method) the universe decides who gets what? Why some people receive while other people seem to be denied? Or why you receive somethings quickly while other things are difficult if they are received at all?*

*The answer is, “God is Love”. And love never sees any of your desires and beliefs as wrong.*

*Love does not condemn, blame, or criticize. You are fully supported in your beliefs.*

*This one fact allows all people to receive, and determines what, when, how, and even “if” they receive.*

*Think of a small river of water as it flows over the land from the mountain to the sea. Visualize that the course of this small river is not straight. It seems to twist and turn in various directions, touching some things and avoiding and missing other things.*

*Did you ever wonder why? The answer is “Resistance”. The water always follows “the path of least resistance”.*

*When you pray to bring something into your life does it take a long time to receive it, or does your prayer seem to be answered in a short time, or not at all?*

*The Divine universe exists in such a fashion that your prayers can and will manifest immediately.*

*Where then does the difference exist (to have or have not) and why? The answer is “Resistance”.*

*Time, space, circumstance, and conditions mean little or nothing to God (love), all of these are things that can be overcome or set aside immediately, temporarily and or permanently.*



*Let us suppose you want to win the state lottery. You choose the numbers, and buy the ticket. In truth you have as much chance to win as everyone who plays. You are no better or worse than any person who buys a ticket. Now examine your thoughts. You have the desire to win, you have taken the steps necessary to win, but will you... and if you do not what will you tell yourself was the reason?*

*Let me show you another picture, an inner picture of the game. The universe wants to give you what you ask for, and will give it to you immediately, but what are your inner issues about receiving?*

*Do you have a fear of success, or a fear of failure?*

*Do you have fears or doubts about the outcome of your desires? And if so what are they and why do they exist? A person who fears success will turn away from opportunities to succeed. It is the inner, sub-conscious mind setting up scenarios and circumstance that tells us "no" in the face of success. This answer comes from our inner issues. It is our resistance to our own desires that determines when and or if we get what we ask for.*

*Just as water will flow around what resists it, our desires are the water that flows around the inner issues we hold about having or receiving what we ask for.*

*The difference is this: Just as we created the resistance in our mind, we can erase it. We can by taking thought, and through our belief, level the ground upon which the water of life is flowing, we can go one step more and actually create a channel that allows the water to flow directly in a chosen path.*

*Your belief about life: how you receive, what you receive, and when you receive (under what conditions etc...) determines the path along which the water of life flows to you. If you are dissatisfied with your ability to receive what life can give you, blame no one, but consciously set about changing your concept of life to allow more into your life.*

*Many people go through life with a closed hand, a fist as it were trying desperately to hold onto what they have, never understanding that just as nothing can be taken from that hand no thing can be put into it either. You must open your hand to receive a physical thing and you must open your mind and heart to receive the universe.*

*Resistance is futile.*





*Take a break*

*Consider and realize the unlimited possibilities of you.*





*"What an awakening, to realize, to know the I AM.  
To know that within (you) is the power, intelligence, and ability from which the  
formless takes form."*

***Principle Five:***

***"I AM the Source"***

*"I AM the Lord thy God, thou shalt have no other gods before Thee.  
Thou shall Love the Lord thy God with all your heart, soul, mind and strength".  
This is the First commandment.*

*This is the First commandment: To Recognize the Lord God (the Living  
Conscious Spirit) as the one creator, the one creation, the one self, the true self  
and only Self, (the Love, Consciousness and Light, together as Life), as your  
life.*

*The 10 Commandments are the "Law" that were given to Moses.  
Virtually everything the master Jesus and every other teacher taught the people  
throughout the ages is based upon and contained in these commandments.*

*"I AM" is the conscious personal recognition of God alive and acting in  
you, upon you and through you... throughout all Life in every moment of  
everyday in the visible or invisible in form or formless.*

*You may not yet understand the power you possess or the power of your words  
and statements, however every thought, feeling, word and action is your power  
sent forth into your life and into your world.*

*What you send forth into the world must and will return to you. If you say, "I  
am sick, I am poor, I am without", you are in fact instructing the use of your  
power to bring forth for you those conditions and situations you have invoked  
and created by your words, thoughts and feelings.*

*In ancient times it was taught that all words are powerful, some more so  
than others. Certain words because of their power were actually forbidden to be  
used by the unenlightened person. Today we are not limited by any such rules  
however the power of our words remains as fact.*

*In the early part of the 20<sup>th</sup> century a man, "Godfrey Ray King, created a new  
"religious" movement called the "I AM Foundation" also known as the Saint  
Germain Foundation. What is important is what he brought to the attention of  
the people and what he taught. It was the power of two words "I AM".*

*Because of their meaning, these two words are the most powerful we can use.  
When we use these words we are actually defining our relationship to, and with  
the universe we command through our intention.*



*All of the true teachers throughout the ages have taught us to be aware of our intention in words, thoughts, feelings and actions. This understanding is still true for all of us today. We are taught to guard our words and to monitor our feelings, thoughts and actions to bring about the results we desire in life.*

*Your words are your affirmations. I cannot tell you enough how powerful and amazing you are. This is something you must realize of yourself however, begin to listen to what you are saying, to what you are asking for and how you are asking for it.*

*The nature of the world is "Reflective Manifestation". This means: "As you believe, that belief is reflected into the world and it manifests around you".*

*Always invoke the positive, say what you truly want, what you truly mean. Consciously use your living power to bring forth to you that which you truly desire, and only that which you truly desire.*

*Do not accept the external [apparent] conditions and events that attempt to prevail themselves and turn you from your chosen path or goal.*

*Always say and know, "I am God, the only power acting in my life and world, and I bring forth for myself only that which is good and beneficial."*

*"I feel and acknowledge the overwhelming Love of God pouring into my body, my life and my world, correcting every condition, every event, situation and circumstance."*

*What your attention is focused upon you bring forth to yourself. Knowing this fact, why would you focus your thoughts, feelings and power upon that which you do not desire? And also, knowing this fact do you not see that you can focus upon that which you truly do desire?*

*You are given this knowledge for your freedom, that you may understand and apply the knowledge to bring about your freedom as quickly as you truly desire it.*

*You are not a victim of circumstance or worldly situations. You are not helpless or in anyway or powerless to act in your own behalf.*

*The power you possess is quite literally God. To know this consciously and to use your power for your own good, for your life achievements and growth is exactly the intent and purpose God has for you.*

*To consciously invoke and acknowledge God as your life force and into your life situations is the highest act, because this is a deliberate act of love, recognition and continuity with God.*

*"I AM" is the name of God known to all people at all times. This was the name told to Moses when he asked, "Who shall I say has sent me?" And God said, "I AM that I AM. This is my name forever, and this is my memorial unto all generations."*



*Some people mistakenly think the words, "I AM THAT I AM" is an ambiguous term or statement but in fact it means, "I AM" that Presence within you and all which is and was always known to you.*

*Just as the Presence of God dwells in you, and is in fact your true and only identity, the name of God is yours also. You cannot escape it. Recall the information I told you about in Chapter Two: your very own DNA begin with five words: "God eternal in the body".*

*The identity of God is always present even into your smallest thoughts and words (for example, if you are asked your name, you will begin the reply with I AM... If you are asked, "How are you today?" You will begin your reply with I AM...).*

*Consciously or unconsciously you are always using the name of God and consciously or unconsciously you are always invoking and thus using the power of God through [your] every thought, feeling, word and action [you] put forth.*

*No one can live your life for you and no one can tell you how to live your life, this is your choice, your free will; free will that God has given to you and to all. Free Will is an agreement you hold with all of life, it is a relationship you hold with the One, the Living Conscious Presence*

*Learn to be aware of your thoughts, feelings, words and actions. Say exactly what you mean, and mean everything you say. If you do say something you do not mean, consciously reverse it by stating in your mind and with spoken word your true intention. You may not yet understand how powerful you are or the power of your words but know that you are and they are.*





***You are never wrong.***

*One of the most difficult concepts humanity faces is the concept of right and wrong. In fact, although this may surprise you to learn, the concept of right and wrong is a human concept and relates to social and civil values. It is not a universal or divine value, at least not in the way it is conceived and practiced on Earth and by humanity.*

***“Love (God) always accepts you and all of your decisions as correct.”** When you truly fully understand that “Love never blames, accuses, condemns or criticizes you or your decisions, in addition Love fully supports your decisions about life; you will understand how and why you are never wrong.*

*If you devote yourself to live a life in poverty, you are given the support to do so by circumstances and conditions that bring you into poverty. The same is true of wealth. If you decide your path in life is that of material wealth you will be supported in this decision by circumstance and conditions that bring wealth.*

*I have told you and, as it is written and was said, “You are made in the image and likeness of God.” God is Love, God is the sum of all Consciousness, and you are this also. You cannot operate outside the construct of God. There is no outside.*



*You are an inextricable expression of God, and because you are, “Everything comes from within.” Whatsoever you choose to express, as your life is true.*

*You are a being created by consciousness, by Love and by consciousness do you live, move, and have your being.*

*Listen to your own voice as you tell yourself what life can and cannot or will and will not do for you. If the words you hear are your beliefs about life, and if the world you see reflects those beliefs, it is because you are never wrong.*

*Listen to the words of other people as they describe their beliefs about life, compare their words to their life and you will discover they also are never wrong.*

*If the wealthy believe they are wealthy and the poor believe they must be poor, and both are supported in their beliefs it is because both are right, and no one is wrong.*

*Whatever decisions you make or remake, about life are correct and will be supported because in Love, in Life... you are never wrong.*



*"It is your conscious thought, your specific intent and your emotional desire that forms and qualifies the energy and force that flows from you and returns to you."*

**Principle Six:**

***"Action Follows Desire" (the Law of Return)***

*The Right use of thought and will.*

*The Right use of Intent (and desire)*

*The Right use of words.*

*The Right use of force and energy.*

*As a young man I was instructed to consider, "What is the difference between White magic and Black magic, or the difference in use of energy to bring forth good or evil acts?"*

*I discovered I could find no difference in the use of force or energy being sent forth only the specific intent behind it. I perceived that in both applications the actual force being used began from the same source, and the same inner place. It was imprinted (or qualified) by the desire and intent of the sender. And of course the outcome, the end result was perceivably different, and so also was the return of that force to the sender of it.*

*God, being the creator and source of all power has given complete use of His power to all of His children, but like a good parent the children are taught responsibility for their actions by returning to them the result of their intent and action.*

*The "Law of Karma" and the "Law of Return" are the same law known by different names both relating to the return of expressed energy, specifically your expressed energy. The lesson intended by this knowledge is to inform you that the energy you put forth into the world must and will return to you because you are responsible for its existence.*

*The best way to understand this information is to think of the energy you put forth as **Expanded** energy means enlarged or, extended.*

***Expanded** energy never actually leaves its source; it is in contact with its originator (or sender) at all times, and this also explains why and how you are constantly receiving back the intent of energy you send forth into the world.*

*The First Principle: "There is No Separation" applies fully here and explains how you are inextricably interwoven with your desires and actions.*





*You have at your command three (3) very powerful forces of manifestation: Imagination, Desire and Belief. These are natural and inextricable forces that exist within each person. As a child you were not taught to correctly use these forces by people who were themselves not taught to use these forces.*

*Once you clearly understand that your energy never leaves you, that it only is expanded, you will begin to understand how you are affecting all things and how all things affect you. Again we see the example of your “Relationship” with all that is.*

*This understanding (the lesson of the Law of Return will allow you to see the greater picture of life's truth wherein you are connected to all things and all of life is connected in you. You may in fact, once you understand and apply the law properly, communicate with anyone, anywhere, know what is knowable, and in time you will be able to relocate, or transfer your very essence to any other place.*

*You will come to understand that everything that is created is immediately present and usable by you, this is your relationship to the whole. You contain all there is, and all there is contained in you.*

*In time you will know and be able to use the extension of this Law, which reveals to you that nothing is outside yourself, or away from you, thus it is immediately available to you.*

*The fulfillment of your desire is directly at hand.*

*The Law of Return is one of Gods greatest gifts and teachers. It was brought forth for your benefit, achievement and enlightenment. It was brought forth to show you the reality of your use of Intelligence, Power and Substance in the Kingdom.*

*The Law of Return is meant to show you that you are responsible for every Thought, Feeling, Word and Action you place (send forth) into the Kingdom. A fact that you can consciously use to benefit yourself and others.*

*It is your Thought, Desire and Intent that forms and qualifies the energy/force that returns to you.*

*Through the many centuries of misinterpretation of this law most people have come to believe something negative about it. The most common belief being, if you do something bad or wrong it will come back to you. There is a truth in this, but the law also states if you do something good it will come back to you as well.*



*Those Beings who understand the full application of this law can and do use it to bring to themselves those things they want. For example, if you want love, give love. If love is what you send forth it is love that will return to you. This is the meaning of the Law of Return. Jesus said, Do unto others as you would have them do unto you. He was talking about this law, how it works.*

*This Principle (the 6<sup>th</sup> Principle) states: “Action follows Desire”.*

*We have discussed how the Law of Return gives back to you that which you put forth, however we have not yet discussed the full nature of this Principle.*

*The complete thought here is, it is not always enough to simply think or desire a thing, sometimes (most of the time, but not always) Action is called for. If for example you want to create a seminar you certain must begin with the thought and desire to do so however there are additional steps you should begin to take in the direction of fulfilling your desire. Decide what it is you want to say, begin to put a list of thoughts together (notes), or write a book that expounds or explains what you intend to discuss. Additionally you might consider looking for a space (a room or theater) where the seminar could be held. In other words in addition to putting the forth the desire and Intent to conduct a seminar begin to do what you know you can do to take you in your chosen direction which will in due course create the seminar and fulfill the desire.*

*In most areas of life we can do something, we can take some action and to the extent we can we should. However there may come a moment or a situation where you cannot take an action, or where you should not take an action. Sometimes when the best thing to do is to take no action.*

*This principle “Action follows Desire” is intended to align your inner actions with your outer action; Your thoughts and feelings with your physical effort. It is intended to remind you to align all the areas and efforts you are making to the specific goal or the specific result you intend and continue on until the task is done or the goal accomplished. It also means, don't run out of steam or interest with your project. Don't put all your energy into this goal for two days only to abandon it on the third day... If you are serious in attaining your goal it may require you to consciously work with it for an unspecified period of time... (the amount of time may be a matter of belief, that is, what you believe).*

*It is quite possible that this principle simply means for you to take action and to continue in that action until you obtain your goal.*





### *All that you will Allow*

*These 5 words are the key to understanding why you have, or do not have certain things (everything) in your life.*

*The message of this book informs us that the Divine is constantly giving to us, but what is given to us is determined solely by us.*

*You alone determine, decide, allow what comes into your life, and what goes out from it. You alone decide what you can have, what you can do, what you can be. Remember, you are never wrong. In truth you alone determine what can come to you, and even how it will come to you.*

*Through any number of internal factors: emotion, thought, understanding, feelings, self-worth, education, conditioning, etc., you determine your life. These internal factors are like colors and texture and shapes on a canvas. You are the artist and hold the palette; Life is the canvas you draw on. The picture you see is of your own creation, and it is a direct result of “All that you will allow”.*

*What ever you have is a result of what you have allowed or not allowed into your life.*

*Yes, you can change your life, completely by simply changing what you allow.*

*Poverty, sickness, ignorance, even age is changeable and transmutable and the secret ingredient is **All that you will allow.***



*"You do not earn Love. Nothing you or I can do makes Love greater or lesser. Love is not dependent upon our personal action or belief of it to make it so, or bring it into existence. From Love alone did you come, and to Love alone will you return. I am Love."*

***The Seventh Principle:***

***"Love, is the First Law"***

*Before time was, Love was.  
Before the Universe of form existed, Love was.  
Before the creation, Love was.*

*"I alone live, I AM Love, I AM life itself".*

*"I AM the alpha and the Omega, the beginning and end of all things, having no beginning and no ending".*

*"From Love was the world created. For Love does the world exist. By Love does the world live. Because of Love you live. Love is your life there is no other force in you, no other force in creation. You are mine and I am yours. You need me and I need you. I live in you and you live in me".*

*Love is Consciousness itself. Love is your consciousness and Love is my consciousness.*

*To Love completely is to be completely consciousness. "*

*Love is life itself. Love is your Life. To Love completely is to be completely alive."*

*"Would Love have any other purpose but to express (itself) as Love?"*

*"When you fully express Love you are expressing fully your life purpose."*

*Love is not earned or obtained. Love does not appear and disappear. Love does not come in degrees or proportions small or great. Love does not leave us or go away under any circumstance or situation, although your perception of it may lead you believe it has done so.*

*Love is fully present at all times. It is our personal perception of it that changes, and in this way Love seems to more or less.*

*What is very important to remember is, "You do not earn Love." Nothing you (or I) can do makes Love greater or lesser. Love is not dependent upon our personal action or belief of it to make it so, or bring it into existence.*

*Recall what it feels like to fall in love. What has happened is not the existence of Love becoming greater, but a upliftment in consciousness, a choice to open ones self to feel and acknowledge and express Love.*



*What is felt, what is perceived has always been and always is present and we can feel it at anytime, all the time if we choose to. Love is ever present it fills every space. Because you are the perceiver of it, it is your choice to acknowledge and express it everywhere and whenever you choose.*

*Love is the Divine Ocean that surrounds you and in every way sustains you, and all is life. We are not part of it we are in fact one with it.*

*Think about what you are. You are created in the Image and Likeness of God; you are created in the image and likeness of Love. "I am Love, and because I AM LOVE, you are Love, and cannot be otherwise (for) nothing else exists".*

*Love is infinite and exists without end in both form and formless.*

*Love created the realm of Life to express in form.*

*That which you call Life is Love expressing in form.*

*The realm of form is an extension of the Kingdom,*

*The realm of form is not apart from or isolated from the formless. They are integral within each other. ("On Earth as it is in Heaven").*

*Heaven and Earth, or Heaven and the universe of form are within each other. Form lives within the formless, and that which is formless lives within form. "I live in you and you live in me". "I live without end.*

*Love is the nature of nature itself. "Behind, around and in everything I AM."*

*Look again at the words of Law Five, "Everything comes from within", "In time you will know and be able to use the extension of this Law, which reveals to you that nothing is outside yourself, or away from you, thus it is immediately available to you.*

*What your physical eyes do not see, cannot see, is the energy that flows continuously from the formless into form.... Only the appearance (the form) gives the information that separateness exists. In truth you are not separate, and cannot be separate from life.*

*In the Third Principle, "Change your perception and the universe will change" I established that it is your personal perception, your belief structure, that shapes and molds the universe that is unfolding before you. You are living your life by your own inner agreement, until you change it.*

*Your beliefs are not unchangeable, they are not fixed, and they are not forced upon you. Truly you may have adopted your beliefs in a time of ignorance, but you have the choice to change. You have the ability to change your mind at any moment.*

*Many people in the world have achieved the impossible by overcoming their thinking and initial belief structure. Poor people have become wealthy, the sick have been healed, and ignorant people have become educated.*



*None of this would be possible in a fixed, or unchangeable universe.  
Love always tells you, "Everything is possible and nothing is impossible".  
It is your choice to believe it, or not.*

*The Seventh Principle states, "Love is the First Law.  
Love IS the first and only law of life. "God is Love, Love is God, and God is all  
there is. "*

*If you consciously knew that the only force, the only substance, the only  
intelligence you are using in this life is Love and no other, would life become a  
completely different reality for you? If you understood that every problem  
could be answered, every desire and need could be fulfilled, and would be  
fulfilled, by seeing the problem or desire as Love, and you in turn used your love  
to handle the situation, would this make your world and your life proceed  
differently? It would make all the difference.*

*There is no problem, no situation of life that Love cannot handle.  
This is not a religious statement it is a fact!*

*You have seen it written, "Enter into your closet, there in the silence pray  
to the Father. The Father hearing you in the silence will reward (answer) you  
openly in the light." Let me say this to you in another way. "Enter into the  
silent place of your heart and soul, into the formless. There, in the darkness,  
like seeds planted in the soil, place your desire and image, (your prayers) and  
the Father (Love) seeing your intention, in accordance with your belief will  
grow the seeds of that desire, and you will in due course see the results, and be  
rewarded openly in the world of form."*

*Because God is Love, Love seeks only Love from you. You have no other  
valid gift, which you may offer or a place from which you may proceed. Loves  
gift to you is always the same, Loves response to you is always the same, and it is  
Love. Love is infinite, timeless, ageless, immortal, eternal and endless.*

*Jesus healed and performed every miracle from Love, and told you  
plainly, "All these things I do, so shall you, and even greater things than these  
shall you do." Jesus consciously knew the truth and the power of Love and he  
referred to Love as the Father (his Father and our Father).*

*You too may perform miracles and you too may use the exact same source  
and power. Love is not reserved to a select few or for selected purposes.*

*Love is all and used by all beings for all things.*

*Love is the first Law and the last Law. It is the truth of Life.*

*"See your inextricable relationship with Love (God).*

*Acknowledge it as truth,*

*Accept it as reality,*

*Honor it as your own,*

*Express it as your Life.*





*In the last 3 pages I used the strongest Spiritual language to convey the principle of Love. I felt this was necessary to instill in you the reality and strength love truly is. However I also want you to think of love in a metaphysical sense much like an equation in a formula.*

*Earlier in this book I wrote that in ancient times it was taught the universe was composed of 3 elements: Consciousness – Love – Light. Indeed it is exactly as it was perceived. Today we have changed one of the words to better describe the principle. Today we use the word “energy” instead of the word light, however it is possible that light is the correct word when referring to the universe of form. What is important here is how Consciousness transforms itself into a form.*

*In consciousness we can create an image, we can identify a frequency and even emulate it in our mind. But what force is it that motivates the image or activates the frequency to bring it into form?*

*According to the ancient masters who demonstrated “direct manifestation” in many ways. There was (is ) a motive force that we have access to. This force is the connecting force between Consciousness and physical form. Jesus used it extensively, and called it the Father. He knew, and taught about the Father in and as all things, saying “All things are possible with the Father”.*

*In the science of today we have no word to describe this invisible but undeniable force even though we admit such a force exists. Words like Plasma, Electromagnetic energy even gravity have been discussed and it is possible that included within this undefinable force all of the energies described are present, yet they do not accurately describe or define what is actually taking place in the overall equation of manifestation or precipitation. Those who have observed this act cannot define its properties, only admit to its possibilities.*

*Until such proof can be offered as to the existence of a definable and identifiable energy we are compelled by history and the teachings of those who can perform this event that the energy is Love and nothing else.*

*The force that gives life to and motivates the invisible and formless is Love.*





### ***Soul Mate***

*The search for our soul mate is a search as old as time and known to virtually every human being. Each one of us feels at sometime in our life the desire and even the need to find and finally join with that one special person, and by so doing become complete. We can argue the reasons our soul mate exists, and how it all came about, but the drive within us to find that special person tells us he or she is real, does exist and is somewhere in the world with us.*

*One of the great mysteries is why and how God created soul mates. It is obvious that this act was deliberate when we read, “Male and Female created He them”. It is obvious when we see that no male no matter how seemingly complete can ever incorporate the energy of the female, and the same is true of every female, she cannot be a male.*

*By design we want each other and NEED each other.*

*By design we were always meant for each other, and were always meant to find each other.*

*Interestingly enough if we accept the ancient knowledge about this process those who do find each other and finally join their energy and hearts actually become greater then both would by themselves be, by many times. This equation is not at all linear but seems quantum in its nature.*



*He carries within him dreams and visions; she carries the “Well of Creation”.*

*The soul mate is in fact an energy duplicate of you; an exact energy duplicate that contains the key to what seems to be missing in you, but in truth is not.*

*Both of you because of your exact nature to each other have the power to ignite within each other energies and qualities.*

*Each mate has the key to the other and at a chosen time through the joining they “unlock” each other to become the whole. Metaphorically speaking, one is the key the other is the lock for which the key is made.*

*It has been said by some, we have many soul mates. This is not true. At this level of life, there is only the one actual soul mate.*

*There are many beings we may meet who have similar energies to us, and may indeed be part of our soul family and we may learn and grow from these meetings.*

*I believe in time we will find her or him. We know who we are and when we meet we will know it of each other.*





*Inspiration is Life  
Life is Love  
Love is God  
God is all there is*

*Our general understanding about Inspiration is that it is just a good idea or even an epiphany. From the surface, that is without looking deeper perhaps it does appear only as a good or a great idea but consider this:*

*Inspiration means: In Spirit. And Spirit is complete.*

*Inspiration is not only a good idea, it carries within it or within it all the energy, substance, and conditions to complete and fulfill itself.*

*The Divine does not give us half of itself or part of itself.*

*It gives all of itself: absolutely everything necessary to be complete in every way, in every detail at all times.*

*Inspiration serves us to be of service in life.*

*Inspiration is about life. Because it is life it can and does affect life.*

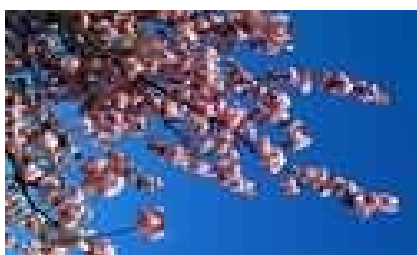
*Altering it, arranging it or rearranging it where necessary.*

*True inspiration can and does affect everything that belongs to it.*

*When acted upon it will complete its purpose in miraculous ways.*

*True inspiration is given to us by the Divine or greater consciousness for our benefit. It is up to us to use it.*





*Within every flower is the magic of Love.  
It is Love that created life: the realm of form, by which that which is  
formless and indefinable has meaning and definition.*



## Chapter Twelve

### *"Meditation"*

*In the Far East where meditation is taught and openly practiced it is known that there are three (3) defined levels of it.*

*Simply said, they are: Contemplation, Concentration and Meditation.*

*Look at them one by one and you will see, in time, that each level is a form of learning how to "Focus the Mind".*

*Each level of practice brings greater ability to focus on one, and only one item or thing or to focus on no thing at all.*

*Eventually, at the level of actual meditation, the practitioner will be able to focus his or her mind onto one selected item and everything else will not interfere.*

*The modern term for this singular focus is "laser"... "Laser like focus"!*

*True meditation is the ability to clear the mind of everything except the desired (selected) thought or the lack of any thought.*

*When I was taught this information I asked my teacher to explain why meditation has been depicted as a tool to spiritual awakening? The teacher explained, this statement is not entirely accurate but was used for several purposes including the right to practice this form of control at a time when such forms were forbidden except under the guise of a religious devotion. In truth, meditation will not lead you to becoming a spiritual being. It cannot help you to be what you already are. It can help you to know yourself and how to work within yourself and to learn what you are capable of if you follow the principles of meditation.*

*The real object of meditation is to learn to focus your mind and feelings into one specific and chosen direction. Those who can do this have a great chance of success in their earthly and spiritual endeavors because of their focused intent, energy and path.*

*"Direct manifestation" cannot be accomplished until you can focus your mind and personal energy onto one specific thought, desire, and intent.*

*You can be taught what you need to learn, and you can teach others, but only you can practice meditation for yourself.*

*Since the time of the most ancient teachers meditation has been taught in two ways; "seed and seedless meditation". Students begin with seed meditation where they are given a specific thought or subject to focus upon, to clear the mind of everything else except that specific thought.*

*In time the student will graduate to the higher form of meditation which is known as "seedless" where the mind and feelings (thought and emotion) can be completely "stilled" and cleared.*





*The spiritual side of this practice is found in the seedless form of meditation. Practice in this way allows the mind to be a unfettered receptor of the universal consciousness. This method is like removing most of the inner filters the mind has created for the ego which functions to protect the person from unwanted outside influence.*

*Ego is what the person has created to function in the physical world as a certain image or being. If ego can be referred to by a description it is, "This is what I am physically".*

*The true self is without ego and has no need for it, This would be the real (soul/spirit).*

*In some ways this is the equivalent of having two identities. No wonder so many people believe in separation between themselves and God where, in fact, none exists.*

*True meditation is actually the act of letting go of the mind. We are not our mind or our thoughts and this can be proven in several ways. I would recommend further reading and study especially in the area of eastern teachings and meditation practices.*

*All people are born with incredible potential however unrealized it may be.*

*The potential is always resident in us, we only have to discover it for ourselves, and mediation is a very real form of doing just this.*

*Western societies are for the most part not taught the methods of self-realization. Few churches teach it or have any actual knowledge of it to pass on to their members.*

*More then 3,000 years ago a teacher named Zoa Aster made the statement, "Know thyself". Self realization and self mastery are possible only when we do know ourself completely.*

*This advice is as essential today as any time in history.*



## Chapter Thirteen

### "Closing thoughts"

*"The world is not the cause of what you think and feel. And the world will not cure it. You will cure the world by curing yourself, and every perception; thoughts and feelings you have about the world and the universe.*

*"Poverty, sickness, loneliness, age and death are conditions you believe about the world but the truth is these are conditions that exist only in you, and these conditions are reflected in the world.*

*"The nature of the world is reflection; as you believe within you, so it is reflected in the world around you!*

*"For this reason have I said to you, "Love is the answer to every question, every situation..." Consciousness and Love is the great teacher.*

*"Why seek ye elsewhere the Kingdom of Heaven is made manifest within you."  
"Seek ye first the Kingdom of God (God is Love) and all will be added unto you."*

*"If I said to you, "Thou shall love the Lord thy God with all your heart, mind, strength and soul", would I be telling you to love something outside yourself, or different then yourself? No.*

*"I am telling you to pour your Love into the Creation of God made "in His own Image and Likeness" in every way and detail.*

*"You can only know God within you. You can evidence your belief of God (Love) in the world and universe around you.*

*"As I said, age, poverty, sickness, loneliness and even death are conditions (beliefs) that reside in your thoughts. These things are within your "belief" pattern and can be changed.*

*These things are expressions of your belief about the life you live at this moment. So long as you believe these things are true for you, they are. You cannot heal these things by changing the world, but you can alter, heal and change these conditions completely from within yourself.*

*"I have given you my power, it is Consciousness and Love... Love heals all situations and conditions." Love agrees with ALL conditions. Love is never wrong, and Love does not treat you in a wrong way.*

*This means that because love is never wrong, and you are love, you are never wrong. You choose to express by molding and shaping your life through your belief(s) about it. If you believe you lack, are poor, are sick, can be sick, are helpless or are somehow incapable love agrees with you and creates the conditions and situations that support these beliefs.*



*Love and consciousness coexist and are inseparable. What you choose to be conscious of love supports. Love is life. It is your life. If you believe you are poor and choose to live in poverty love supports this because love is your expression of life and what you choose to express love brings about... it is after all your life.*

*You have the power to completely change your life: Love will do it for you. You must willingly, consciously turn your love upon yourself! "You must willingly, consciously KNOW that Consciousness and Love is your power, which can and will heal you and every condition, situation, and circumstance when you deliberately choose to do so.*

*When you know that love creates your world in accordance with your belief, and sustains your world in accordance with that belief, (remember, love does not see you as being wrong) you may consciously choose to change your thoughts and belief, and in so doing you will find love will support this too. You have all the authority necessary to act within your life.*

*Choose to use your Consciousness and Love upon yourself, and within yourself.*

*"The Principles of Self-Mastery" are given that you may truly see how you operate and navigate in the world. Every Law speaks openly to you about your relationship with all of life: how you effect it, and how it in turn effects you.*

*"From the very beginning it becomes obvious that there is but One Creator, One force and power, One Creation, and it works perfectly."*

*Man is an agent Of Free Will. He is created in and by the unity of Consciousness and Love (God) and so long as man realized his divine unity there was no discord and he used his power and dominion correctly. He misused his power by gazing upon illusion and believing the illusion. Diversity and separation resulted and has to this day followed Mankind around the planet.*

*The age of illusion has reached its limit and is now in the process of correcting itself. People all over the world are beginning to awaken to "inner truth" which acknowledges only One Source, only One power, only One reality, it is the reality of "One", the interconnectedness of Life (there is no separation); the interconnectedness that originally was, still is, and is the whole of life... God.*

*When mankind fully realizes this fact, he will see that just as all came from the one source, all must and will return to that source. We are brothers and sisters in reality. Heaven will be among us again and harmony will return to Earth.*



*Through Consciousness Man will see that it is he who makes this Earth a Heaven or Hell just as he chooses by his belief. Heaven has been conceived correctly but, in the words of an old master, it is misplaced geographically.*

*Man must come to know that the power and life of God (the Living Consciousness and Love) dwells within him, and not only within him, in every rock, every tree, every plant and flower, every animal of the land, of the ocean, of the air, in the space around us and above us in the planets and stars, in and throughout the universe, and dimensions beyond. God is the very air we breathe, the water we drink, the earth we live upon, everything in and by which we live and breathe and move and have our being.*

*God is the universe and All it is, known and unknown, formed and formless.*

*God is, intelligence energy and substance; All substance, all energy and all intelligence everywhere, all that has ever been, and all that ever will exist.*

*When we breathe we breathe God. The water we drink is God, and so the food we eat, the money we spend, the gifts we give and receive, the great moments and the tragedies of our lives... there is only One Life that lives, only One Source, only One Consciousness, One Love, All is the Living God.*

*The diversity that exists today is in truth created and perceived wholly within the mind of man it is his own (perception) and false creation. It is this concept of diversity, the "illusion of two; the illusion of separation" that has led to all the great wars, the separate nations, and the many religions in the world.*

*The illusion that the physical is somehow separate from the Spirit that created and sustains it, that Heaven and Earth are not the same, has brought about the greatest suffering and disparity and depravity. Mankind has attempted to separate result from cause.*

*We find the greater majority of mankind drifting through life, dissatisfied, confused, alone and uncertain and without purpose.*

*Each of us must learn to take hold of life, and begin to express from within our own life center, with deliberate, purposeful and definite thought, word and action the gifts that God (Love) has included within each and every one of us.*

*Each of us must unfold our own life from the only place it comes from; from within us. And although God may express differently in each of us, it is the same, and the only life expressing.*

*It is not possible for one person to live for another. Each must unfold his/her own life. No one can express your life for you. And none can say how you must express your life.*

*A soul cannot realize life and just drift, for the whole purpose of life reveals itself in the privilege and opportunity of expressing the God self (Love) within.*



*That man is, and shall be the Divine Image and Likeness of God, is God's purpose for man.*

*To express that which Love has conceived for man is mankind's great purpose in life. We must all know as the master Jesus did, the first spiritual impulse toward life is the definite desire to express.*

*When Jesus said, "Blessed are the poor in spirit" he said it with the understanding that any limitation in life that can create a desire within the person to rise above that limitation and be free of it is good. He knew the "the prophecy of fulfillment is need and desire". He looked upon every need and desire as soil prepared for a seed. If the seed (of desire) were planted, then allowed to grow and come forth, it would fulfill the need.*

*Jesus said, "Woe onto you who are satisfied".*

*If you are satisfied, you have come to a standstill in life.*

*In order to contact life fully, we must seek, each moment, to express life fully. Desire is the first urge toward it.*

*Weary of crawling in the dust of the Earth man yearned to fly, and this longing propelled him forward to find the way that would enable him to rise above the Earth and break free from the ground.*

*So it is with all limitations, as we weary of them we seek within ourselves to find the laws that enable our freedom.*

*Ultimately the failure of outer things to satisfy and fulfill life's questions and needs leads the soul to seek the avenue of understanding and power to fulfill within. It is here the individual will discover the God Presence (love) within us and in all things, and it is here we learn that only within lies all the power to satisfy the soul, and to fulfill it's every need and desire.*

*When we know the God Presence; Love within is the fulfillment of our desire, then we will be fulfilled.*

*To look outside (in the outer, material world) for our fulfillment is incorrect. Everything comes from within.*

*To unfold, the self must do the unfolding.*

*What an awakening it is, to realize, to know the I AM (Love); to know that within each of us God lives, and is the power, substance, and intelligence from which all form takes form.*

*To know that the moment a definite and true idea or desire is intelligently formed and wrapped (enfolding) in Love; the power, intelligence and substance of God (Spirit) must and will flow into it and bring it forth.*

*For this reason it was written, "Seek ye first the Kingdom of God (The Kingdom of Spirit) and His righteousness (right-use-ness), and all things shall be added unto you."*

*The consciousness must first find the Spirit before it can form and bring forth the desired thing.*





*The awakened Being perceives, acknowledges and accepts the creative principle, Consciousness and Love within; then "Sees" (uses desire and imagination), and his realization is his opportunity. He has a vision or becomes aware of the possibilities that lie before him.*

*With the knowledge that the creative power is within and operating, we recall our heart's desire; this becomes an ideal, or mold, that draws forth from God through conscious application, the power and substance to fill the mold.*

*Remember the words of Jesus, he said, "Of myself I can do nothing, it is the Father within that does the work." Consciousness and Love is the Father. Love is the power of the Father that you are given and you possess now. Consciousness and Love is the cause of all, the only power that can create, does create and will create.*

*Stop dealing with the illusion. Stop using your force to recreate physical things you do not want. The physical does not create the physical. Love has created all, and you may create from Love also.*

*Consciousness and Love is your power, the only power you possess, and the only power that exists. This is the power that resides within you and within all, and you have perfect use of it if only you will.*

*"I See" is the soul's conception; it is the vision toward which the soul may look in faith.*

*Although it (the heart's desire) may not yet be consciously possessed, it must and will come forth as we by faith in the power of love, and gratitude fulfill the law.*

*Here there must be no doubt, no wavering and no hesitation. One must be as true to the vision as building a house with a set of construction plans, or sailing a ship by navigation to a faraway port.*

*All great souls are true to their vision. Everything that has ever been brought forth was first a vision, a "seed" idea planted in the soul, then allowed to expand and come forth into the world of form.*

*Great souls never allow the unbelief of others to alter or influence their course or vision. They are true to the vision, and it is to them, in accordance with their belief.*

*You must remain steadfast to your vision.*

*As we begin the journey toward the fulfillment of the vision, it is like a journey from darkness into light. The darkness must be forsaken,... forgotten completely. The old must be forsaken and the new adhered to.*

*We must abandon completely the old ways the old concepts, thoughts and feelings, everything that would drag us back to the past.*

*We must put the past in the past; it has nothing to do with now the present. We must forget the things we do not wish to remember, and remember the things we wish to retain. One is as important as the other. The vision only must be remembered until it is fulfilled.*





*The vision must be held in and unfolded in Spirit. This is "loving the ideal". It is only through Spirit that an idea can ever be given expression.*

*Love alone IS the force, the power of God, and your power that makes the ideal become the real.*

*We must remember by holding the vision in mind (the image) and in desire and love seeing it complete, until it is.*

*Your faith, confidence and ability will gain in strength and clarity as you practice this method. Your confidence will grow and your mind and heart will open as never before as you see the results come forth.*

*Every thought, feeling, word and act must be true to the vision, to the Love in order to bring it forth.*

*This is true concentration, the concentration of devotion, the centering of the forces upon the desired result.*

*If at first we seem to fail, be determined to continue on... this is the exercise of the will, the call to self-confidence (to be confident), the expression of faith directing the inner power toward the fulfillment of the desire. The ideal can never be attained without the conscious direction of the will to do it.*

*I cannot tell you enough the importance of faith (your belief) and gratitude (to know without ceasing that God the Living Spirit is fulfilling this desire), and absolute adherence to your goal, desire and vision.*

*Do not take "no" for an answer. Be as determined to see your vision complete, as your need for the air you breathe. Let no thought, feeling, word or action into your consciousness that does not fully support your goal.*

*Your determination is, to see it done; believe in the process,  
expect specific results, know it is done.*

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*I have been asked by many people to explain the symbol above.*

*The image is original art drawn by myself in 1972.*

*It is one in a series of 28 original drawings.*

*It is the "Logo" of the "United World Federation", (an organization that promotes World peace through social, civil and planetary Oneness).*

*It is Also my personal logo, I use in all of my official communications.*

*The symbol (logo) is representative of the inextricable singular nature of the Universe. Everything proceeds from the Divine Source flows through the 7 higher planes of life and the 3 lower planes of physical matter. God is the entire picture you see depicted, the giver of all, and in all the planes the receiver of all (I am the Alpha and Omega, the beginning and the end).*

*The Logo is intended to describe the One Living Consciousness, Love and Energy inextricably connected and eternally expressing.*

*This symbol also represents the relationship of "One". Although the illusion of life is "many" the truth of life is "One". This is the relationship we have with the Universe.*

*There is only One in this symbol and it explains the phrases, "I live within the Father and the Father lives within me" and "You live within the whole of it and the whole of it lives within you."*



*Another view, as a Stargate:*



*To Learn more information about the subjects covered in this book or to contact Devaron DLH directly visit:*

*The Temple Garden, <http://www.uvian.org>  
or visit:*

*A Master Life, <http://www.amasterlife.com>*

*A special edition Ecourse has been created “26 Lessons in Self-Mastery” and is now available. You can learn more about this Ecourse and subscribe to it by visiting The Temple Garden. Just click on the web address above.*

*Devaron DLH is a Life Coach – public motivational speaker – spiritual healer – intuitive - writer – researcher of ancient wisdom – artist – traveler and guide.*

