To obtain pressures: Define "Mp" shape functions  $Mp(\overline{s}_g) = \delta pg$ Then pe(x) = E pg Mg(x) where: P& = K +(3g) Constraint count: #dof/element = 2 1 4 = 2 # constraints/demant = 1 r=2 optimal!

2) Assumed strain methods

Objective: to control number of (volumetric) constraints independently -> Independent



interpolations for olisplacements and strain.

Need two-field variational formulation. Start from Hu-Washizu.

$$J(u,\varepsilon,\sigma) = \int_{B} [w(\varepsilon) + \sigma_{ij}(u_{(i,j)} - \varepsilon_{ij}) - fi u_{ij} dv - \int_{S_{1}} \sigma_{ij} n_{j} (u_{i} - \overline{u}_{i}) ds - \int_{S_{2}} \overline{f_{i}} u_{i} ds$$

. Assume constitutive law is satisfied:  $\nabla_{ij} = \frac{\partial W}{\partial \mathcal{E}_{ij}}$ . Assume displacement boundary conditions are satisfied:  $U_i = \overline{U}_i$  on  $S_i$ 

· Assume linear elasticity: Tij = Cijkle Ekl

$$-\int_{S_2} \bar{t}_i u_i ds$$

Hellinger-Reissner

$$J(u, \varepsilon) = \int_{\mathcal{B}} \left[ -\frac{1}{2} \text{ Gill } \mathcal{E}_{kl} \mathcal{E}_{ij} + \text{ Gill } \mathcal{E}_{kl} \mathcal{E}_{ij} + \text{ Gill } \mathcal{E}_{kl} \mathcal{E}_{ij} \right] + \frac{1}{2} \mathcal{E}_{ij} \mathcal{E}_{$$

Introduce independent interpolation for  $u, \varepsilon$ :

$$\mathcal{L}_{i}^{e} = \sum_{\alpha=1}^{n} u_{i\alpha} N_{\alpha}^{e}$$

$$\mathcal{L}_{(i,j)}^{e} = \mathcal{B}(x) u \neq \varepsilon(x)$$

Eh = const.

-> 1 volumetric constraint/element

Discretized functional

$$\frac{1}{J_{h}(u_{h}, \varepsilon_{h})} = \frac{1}{\varepsilon} \int_{\Omega} \left[ u^{T}B^{T} C \left( B^{dev} + \varepsilon_{h}^{vol} \right) - \frac{1}{\varepsilon} \left( B^{dev} + \varepsilon_{h}^{vol} \right)^{T} C \left( B^{dev} + \varepsilon_{h}^{vol} \right)^{dV} \right]$$

$$\frac{1}{\varepsilon} \int_{\Omega} \left[ u^{T}B^{T} C \left( B^{dev} + \varepsilon_{h}^{vol} \right)^{T} C \left( B^{dev} + \varepsilon_{h}^{vol} \right)^{dV} \right]$$

Euler equations

- S(DJn(un, Eh), 7h>=0 -> equilibrium
- (b) (DJh (uh, Eh), dh) = 0 -> competibility
  - 3 Z Joe no Brc (Bden+ Ehd) + no (Bden) CBu



decouples into "E" independent systems

$$\Rightarrow \sum_{h} \mathcal{E}_{h}^{h} = \left[ \frac{1}{V(\Omega^{e})} \int_{\Omega^{e}} \mathcal{B}^{vol} \right] \mathcal{U}$$

Mean dilatation method (Naglegad, Parks & Rice)

$$\begin{bmatrix} \varepsilon_h^{\text{vol}} = \overline{B}^{\text{vol}} u, \\ B^{\text{vol}} = \frac{1}{V(\Omega^e)} \int_{\Omega^e} B^{\text{vol}} dV \end{bmatrix}$$

$$\mathcal{E}_{h}(x) = \frac{B(x)}{B}u + \mathcal{E}_{h}^{vol} = \left(\frac{B(x)}{B} + \frac{B}{B}^{vol}\right)u$$

$$\left[\mathcal{E}_{h}(x) = \frac{B}{B}u\right]$$

Euler equations:

$$-\eta^T (B^{\text{dev}})^T \subset \overline{B} \text{ dV } -FT = 0$$

$$K^e = \int_{\Omega^e} (\bar{B} + B - \bar{B})^T (\bar{B} + (B^{\text{dev}})^T (B - \bar{B})) dV$$

$$Ke = \int_{\underline{\mathcal{D}}e} \underline{B} \subset \underline{B} + (B - \overline{B})^T \subset \underline{B} + (B^{\text{dev}})^T \subset (B - \overline{B}) \text{ol} V$$

$$B - \overline{B} = B^{\text{dev}} + B^{\text{vol}} - (B^{\text{dev}} + \overline{B}^{\text{vol}}) = B^{\text{vol}} - \overline{B}^{\text{vol}}$$

General expression for anisotropic elasticity



Can be simplified in the case of isotropic

desticity:

I variationally consistent only if:

$$\int_{\Omega e} (B - \overline{B})^T \subset \overline{B} \, dV = 0$$

ORTHOGOVALITY CONDITION

Example: 4-node quadrilateral, constant C

with/without distortion =	ASSUMED STRAIN B
•	=
	RIP

3) Mixed-methods (u,p)

Lagrangian for incompressible elastic solid:

SE wide + Spuiri de

$$L(u,p) = J(u) + \int p u_{i,i} dv$$

Lunconstrained potential

Introduce different interpolations for "u", "

While E a lia Na Co scross demail boundaries

Ph(x) = 
$$\sum_{e} \sum_{d} p_{d}^{e} M_{d}^{e}(x)$$
 - need not be  $C^{o}$    
zeross elements



$$p_h^e(x) = \sum_{x} p_x^e M_{\chi}^e(x) \longrightarrow local element$$
  
interpolation

Examples: 
$$M_d \in P_k = \text{sets of polynomials up to}$$
  
order  $R''$   
 $P_0 = \{1\}$ ,  $P_1 = \{1, \times, y\}$ 

Insert into L:

DISCRETIZED LAGRAVISIAN

Euler equations for Lh (uh, ph):

$$\mu_h \rightarrow K_h \mu_h + B_h p_h = f_h$$
 $p_h \rightarrow B_h \mu_h = 0$ 

$$\left\{ \frac{K_h}{B_h^T} - \frac{B_h}{O} \right\} = \left\{ \frac{f_h}{O} \right\}$$

Bh: discretized gradient

Bh: discretized divergence

N: displacement dof; uh ER"= Vh

M: prossure dof;  $p_h \in \mathbb{R}^M = Q_M$ 

dim Bh = N x M

In order to eliminate the pressure at the element level:

$$L_{\varepsilon}(u,p) = L(u,p) + \frac{\varepsilon}{2} \int_{\mathcal{B}} p^2 dv$$
;  $\varepsilon \rightarrow 0$ 

$$\rightarrow P_h = \frac{M_h^{-1}}{\varepsilon} B_h^T u_h$$

assembled demont/dement