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HST.583 Functional Magnetic Resonance Imaging: Data Acquisition and Analysis
Fall 2008

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MR physics and safety for fMRI



Lawrence L. Wald, Ph.D.

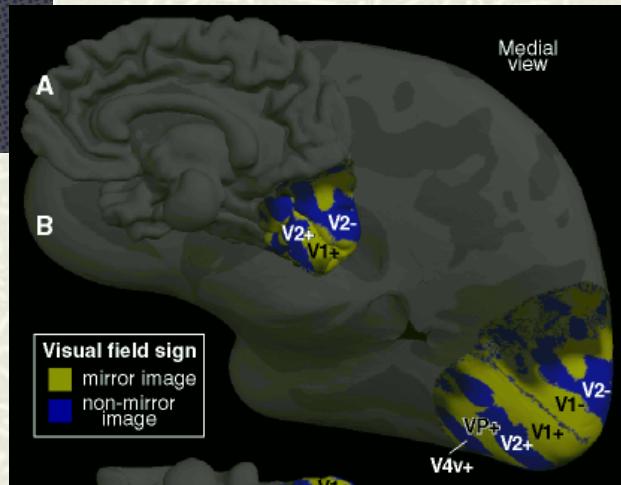
Massachusetts General Hospital

Athinoula A. Martinos Center

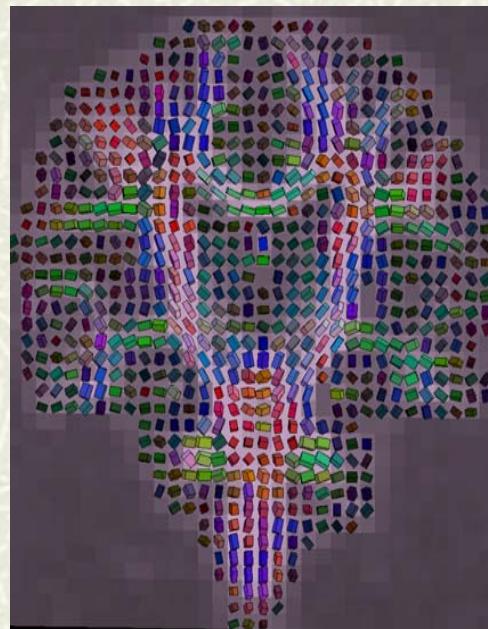
Fast MR Imaging Techniques

- Why, introduction
- How: Review of k-space trajectories
 - Different techniques (EPI, Spiral)
- Problems from B0 Susceptibility artifacts

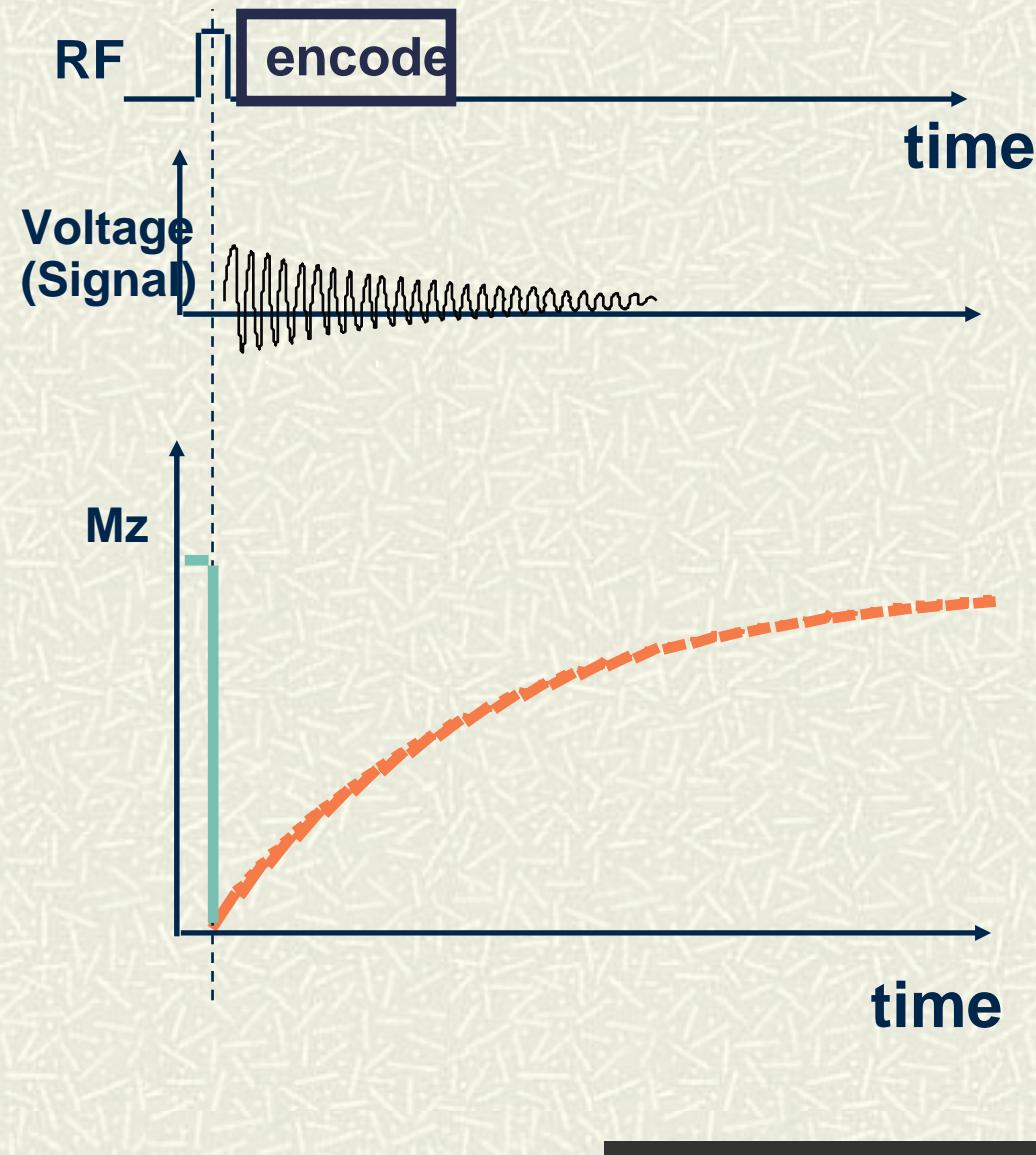
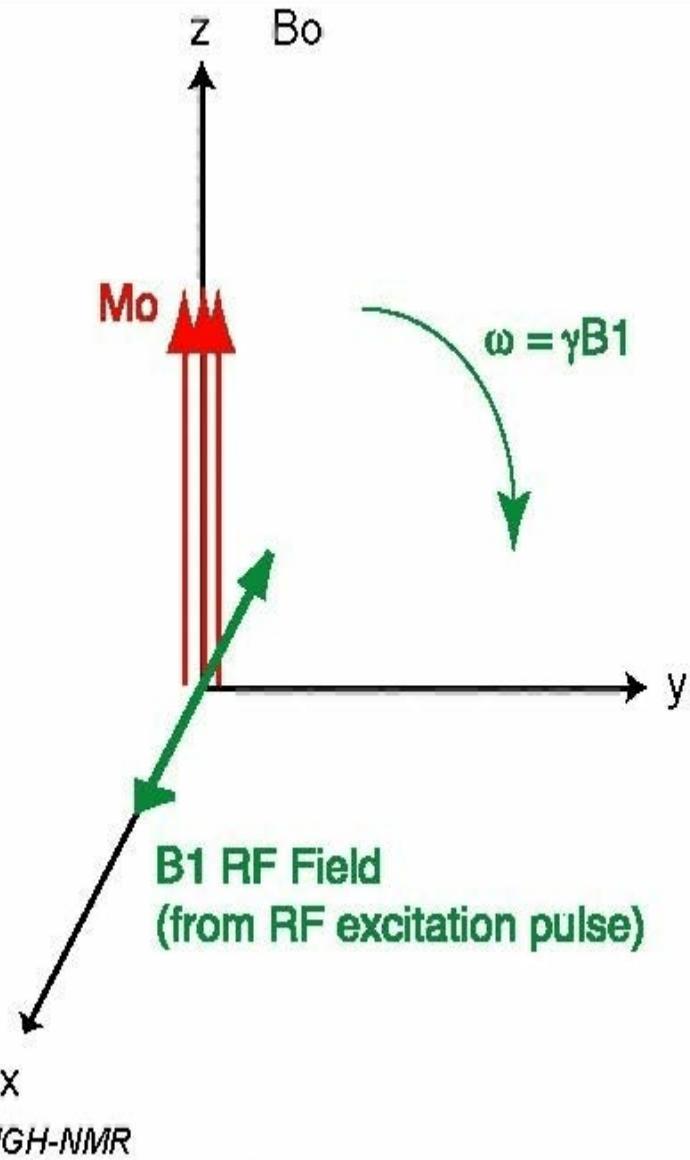
Why fast imaging



Capture time course,
(e.g. hemodynamic)
eliminate artifact from motion
(during encode.)



Magnetization vector during MR

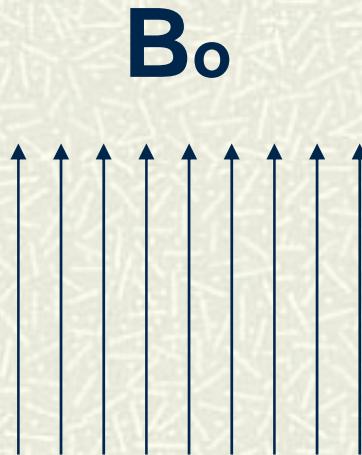


Review of Image encoding, journey through kspace

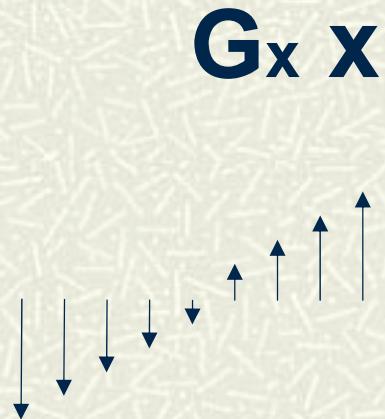
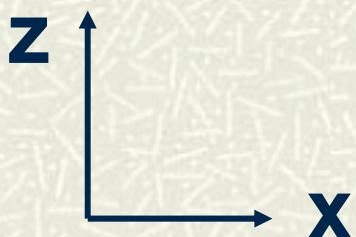
Two questions:

- 1) What does blipping on a gradient do to the water magnetization.
- 2) Why does measuring the signal amplitude after a blip tell you info about the spatial frequency composition of the image (k-space).

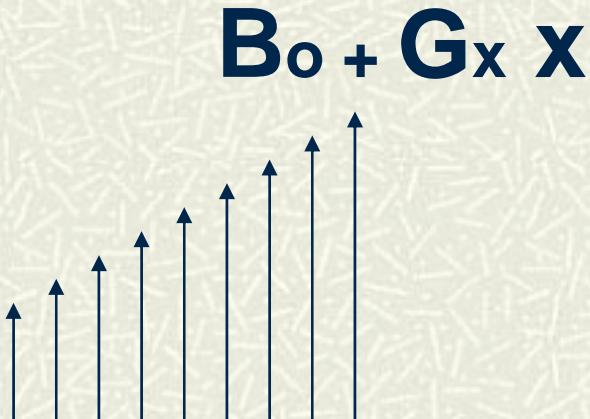
Aside: Magnetic field gradient



Uniform magnet



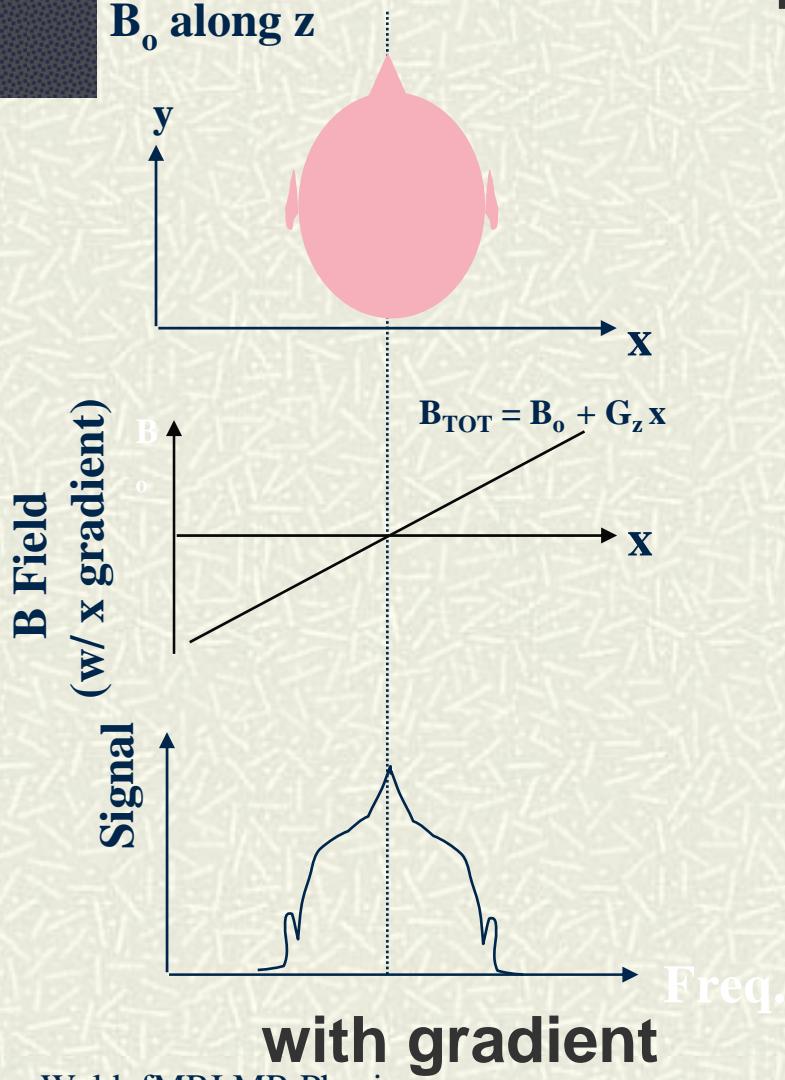
**Field from
gradient
coils**



Total field

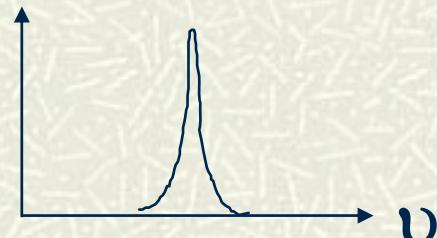
$$G_x = \partial B_z / \partial x$$

Step two: encode spatial info. in-plane



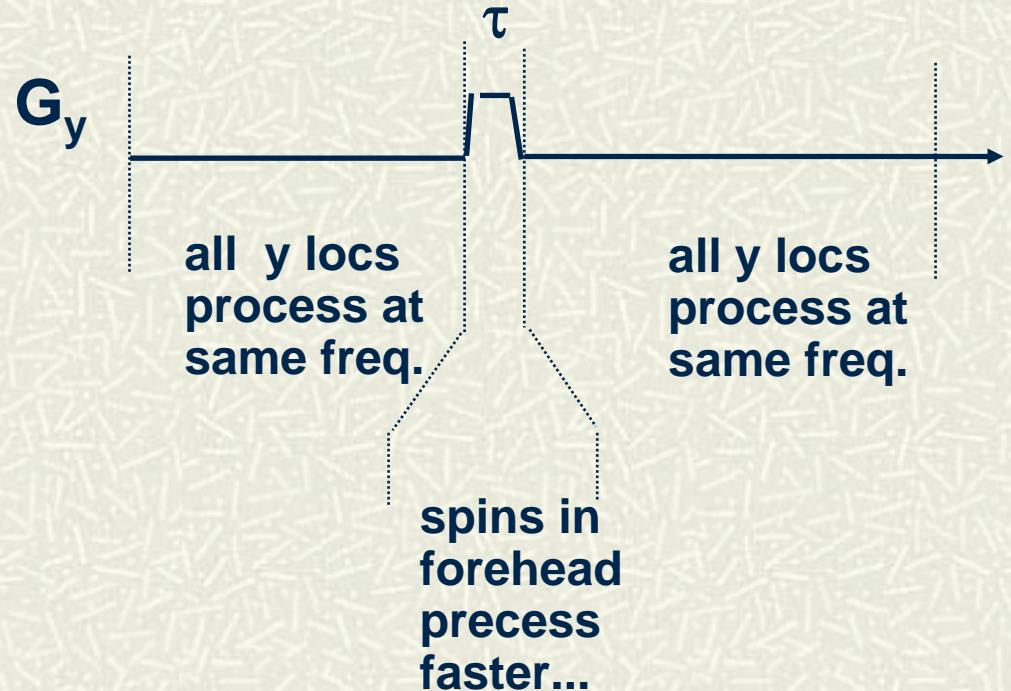
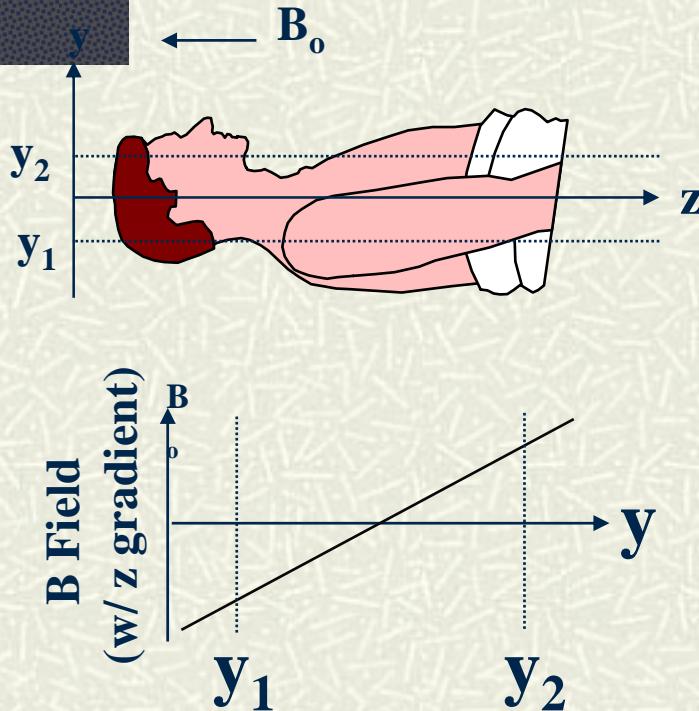
“Frequency encoding”

$$v = \gamma B_{TOT} = \gamma(B_o + G_x x)$$



v_o
without gradient

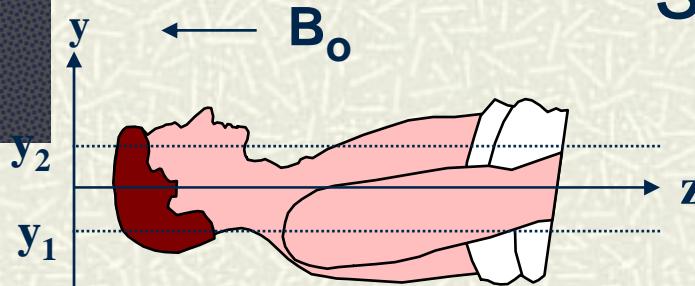
How does blipping on a grad. encode spatial info?



$$v(y) = \gamma B_{\text{TOT}} = \gamma B_o \Delta y G_y$$

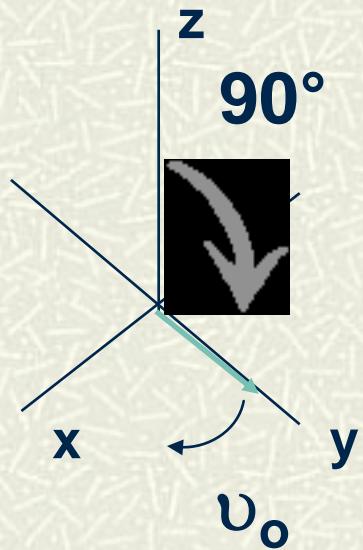
$$\theta(y) = v(y) \tau = \gamma B_o \Delta y (G_y \tau)$$

How does blipping on a grad. encode spatial info?

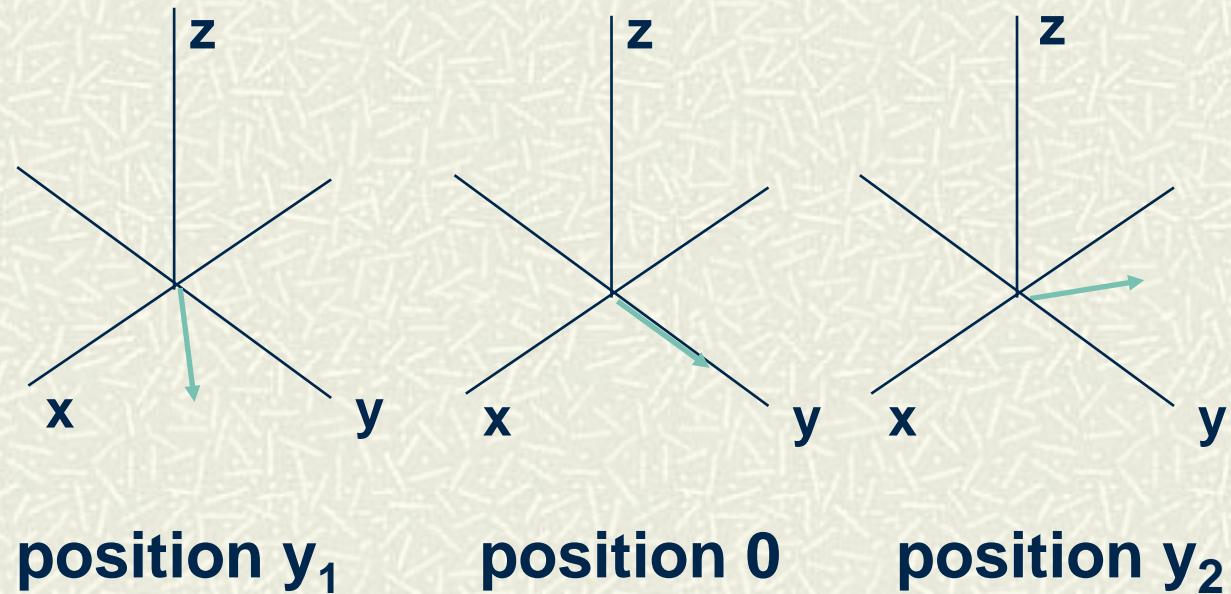


$$\theta(y) = v(y) \tau = \gamma B_o \Delta y (G_y \tau)$$

after RF



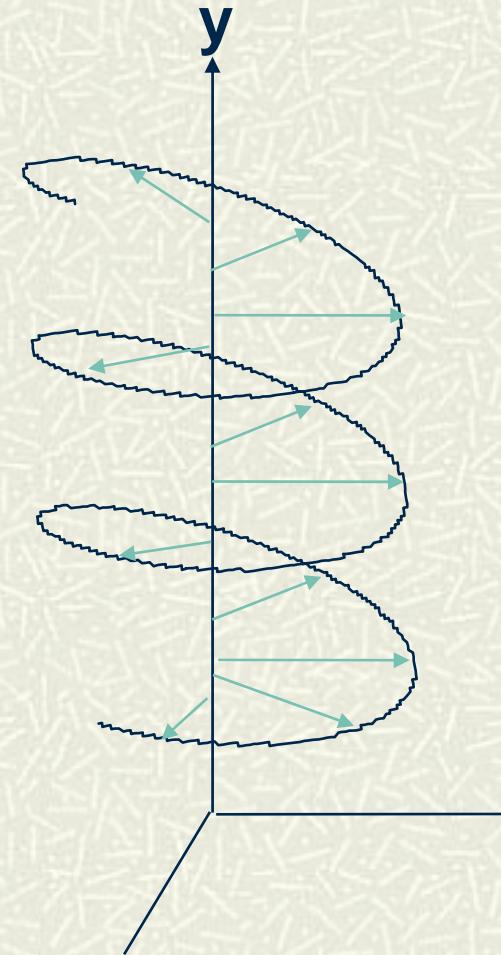
After the blipped y gradient...



How does blipping on a grad. encode spatial info?

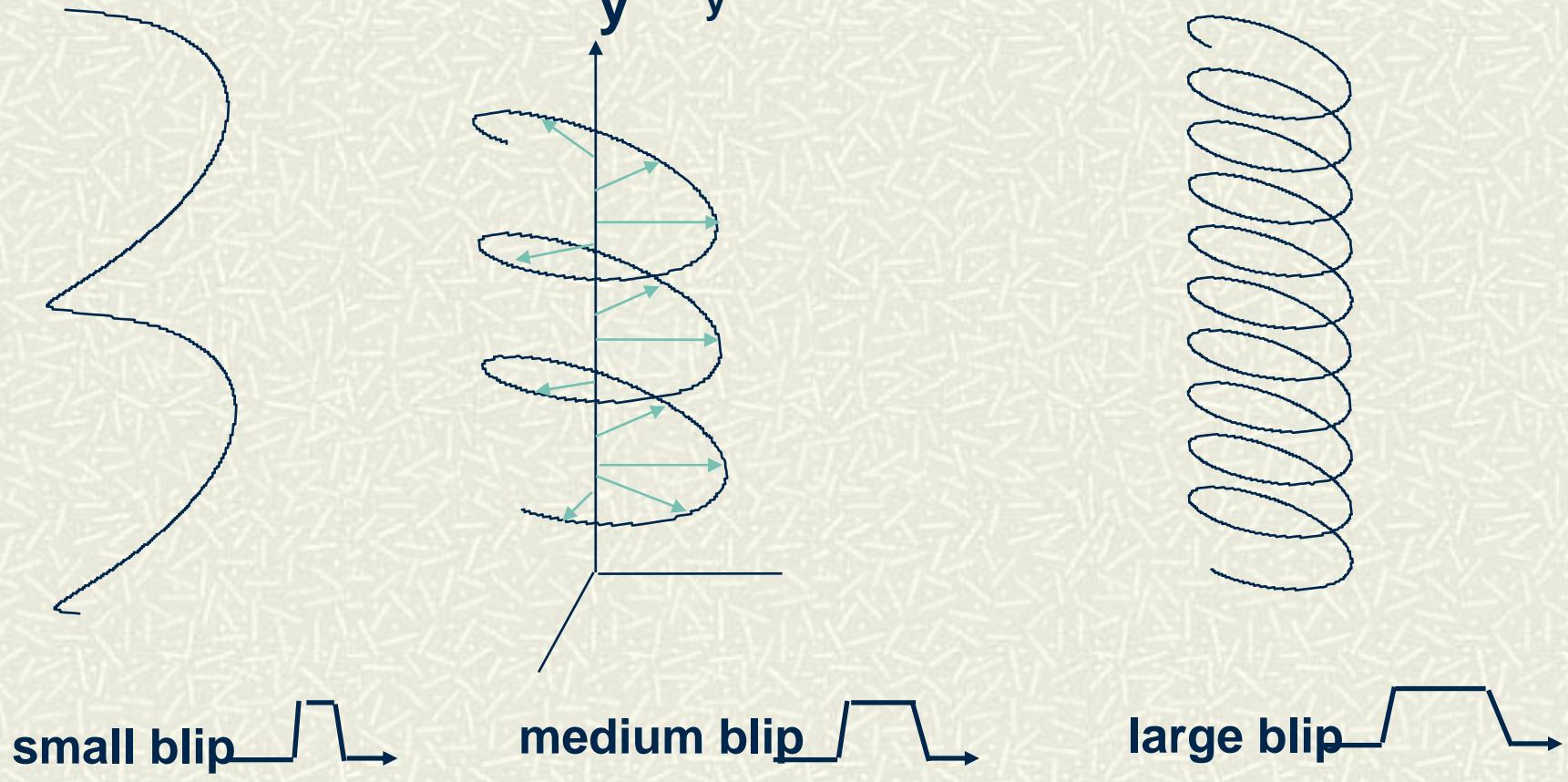
The magnetization vector in the xy plane is wound into a helix directed along y axis.

Phases are ‘locked in’ once the blip is over.



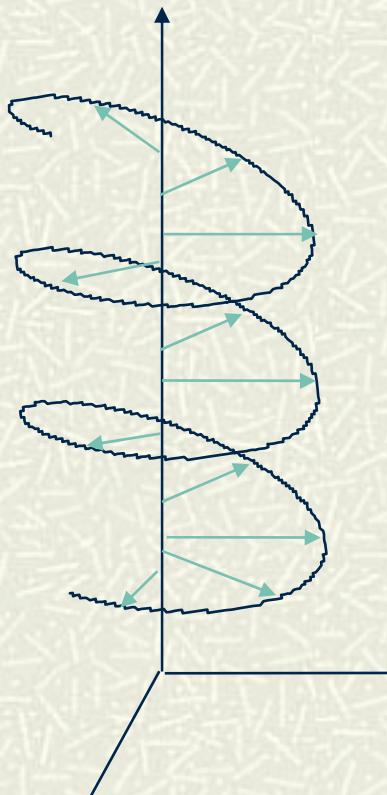
The bigger the gradient blip area, the tighter the helix

$$\theta(y) = v(y) \tau = \gamma B_o \Delta y (G_y \tau)$$



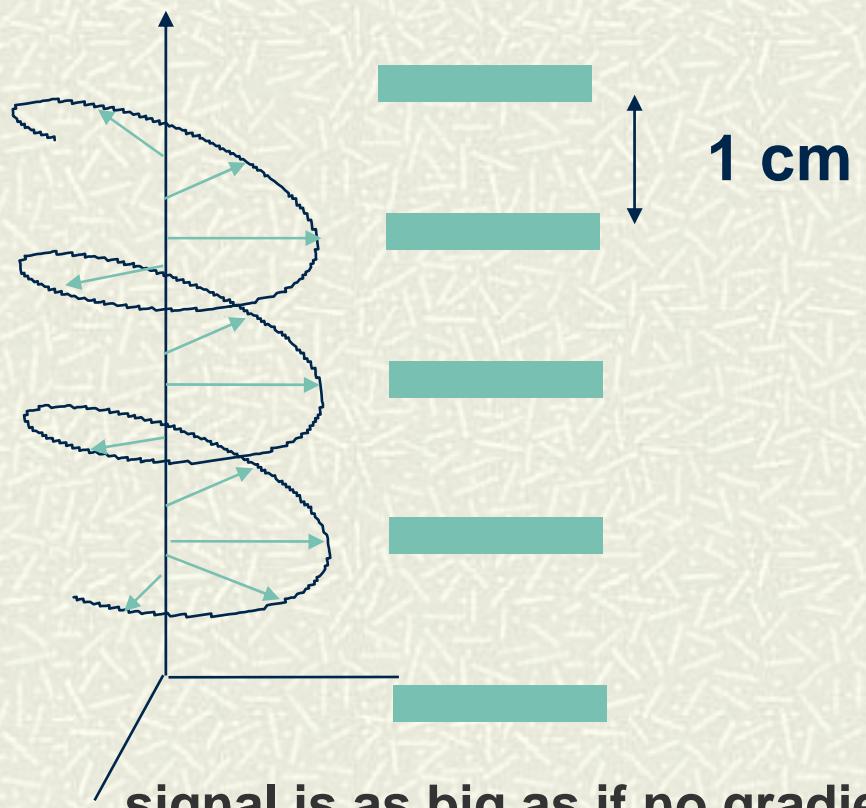
What have you measured?

Consider 2 samples:



no signal observed

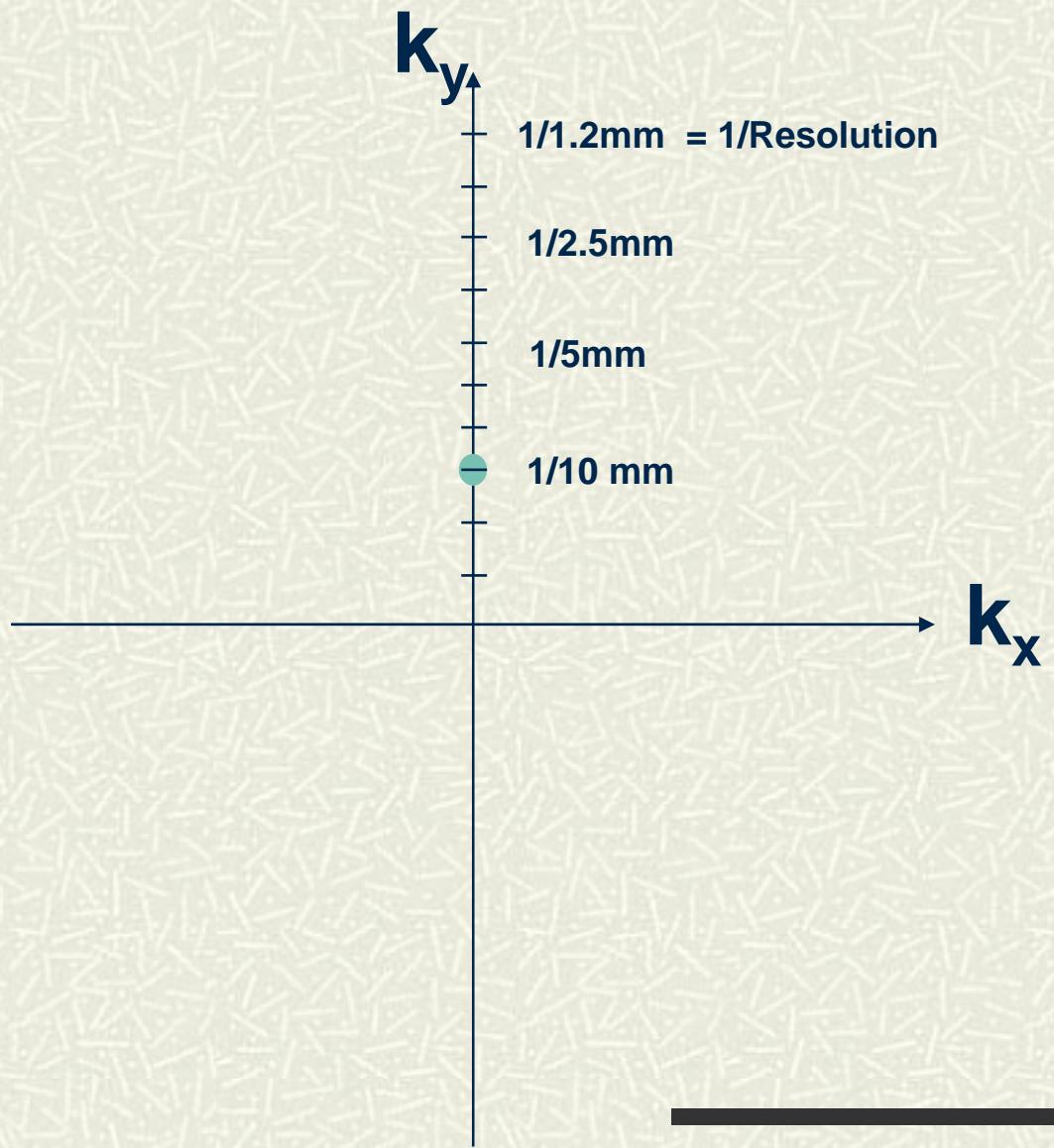
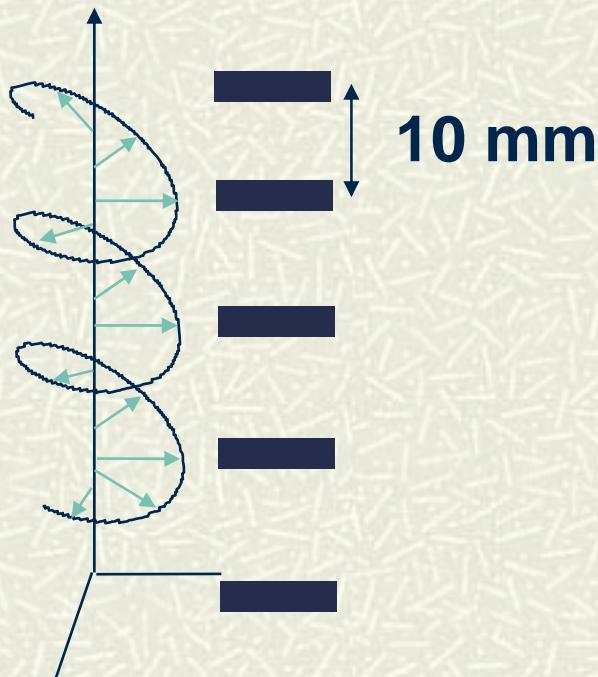
uniform water



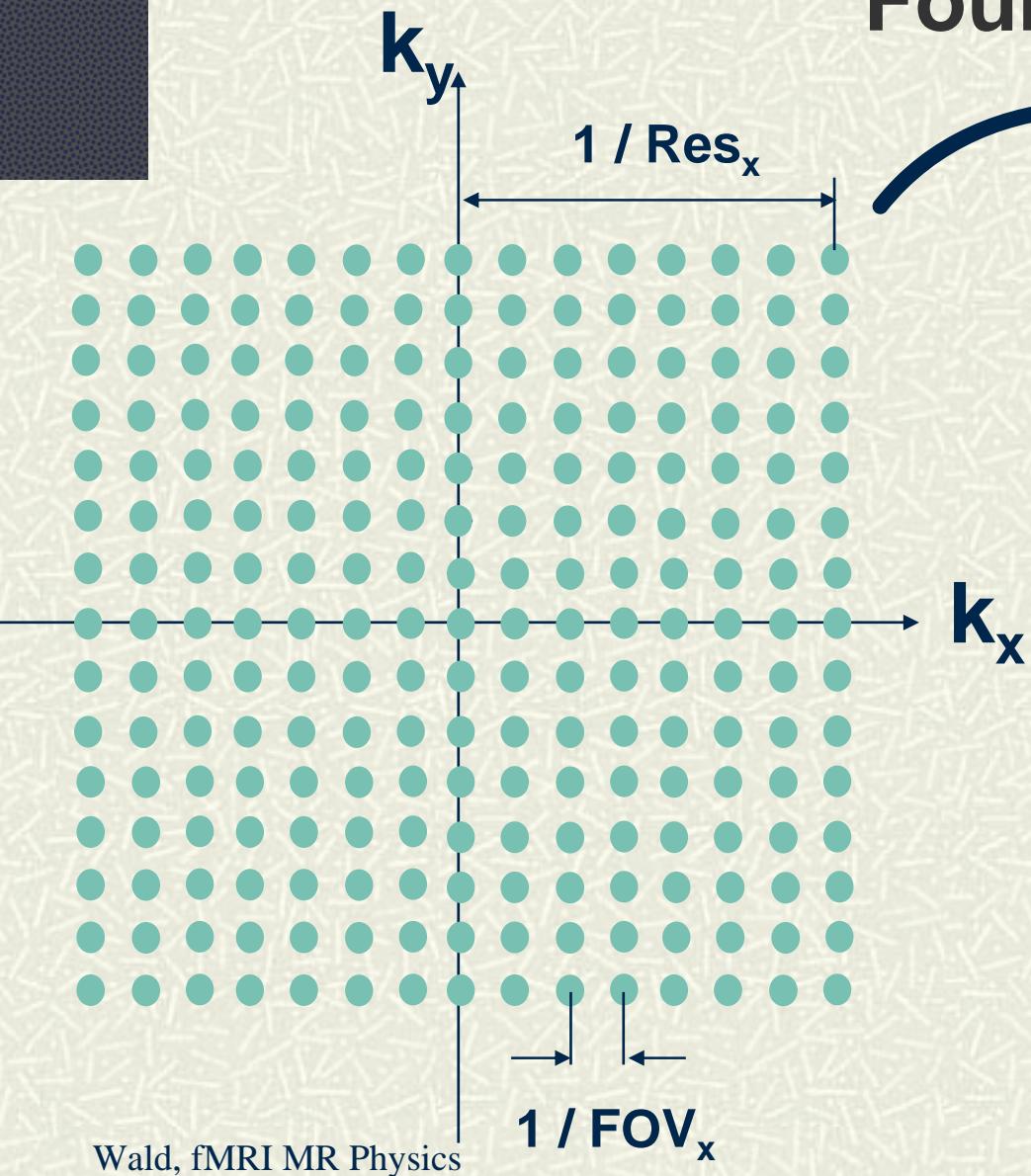
signal is as big as if no gradient

1 cm

Measurement intensity at a spatial frequency...

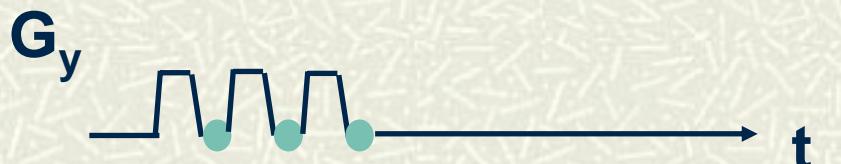


Fourier transform



$$\text{FOV}_x = \text{matrix} * \text{Res}_x$$

Sample 3 points in kspace

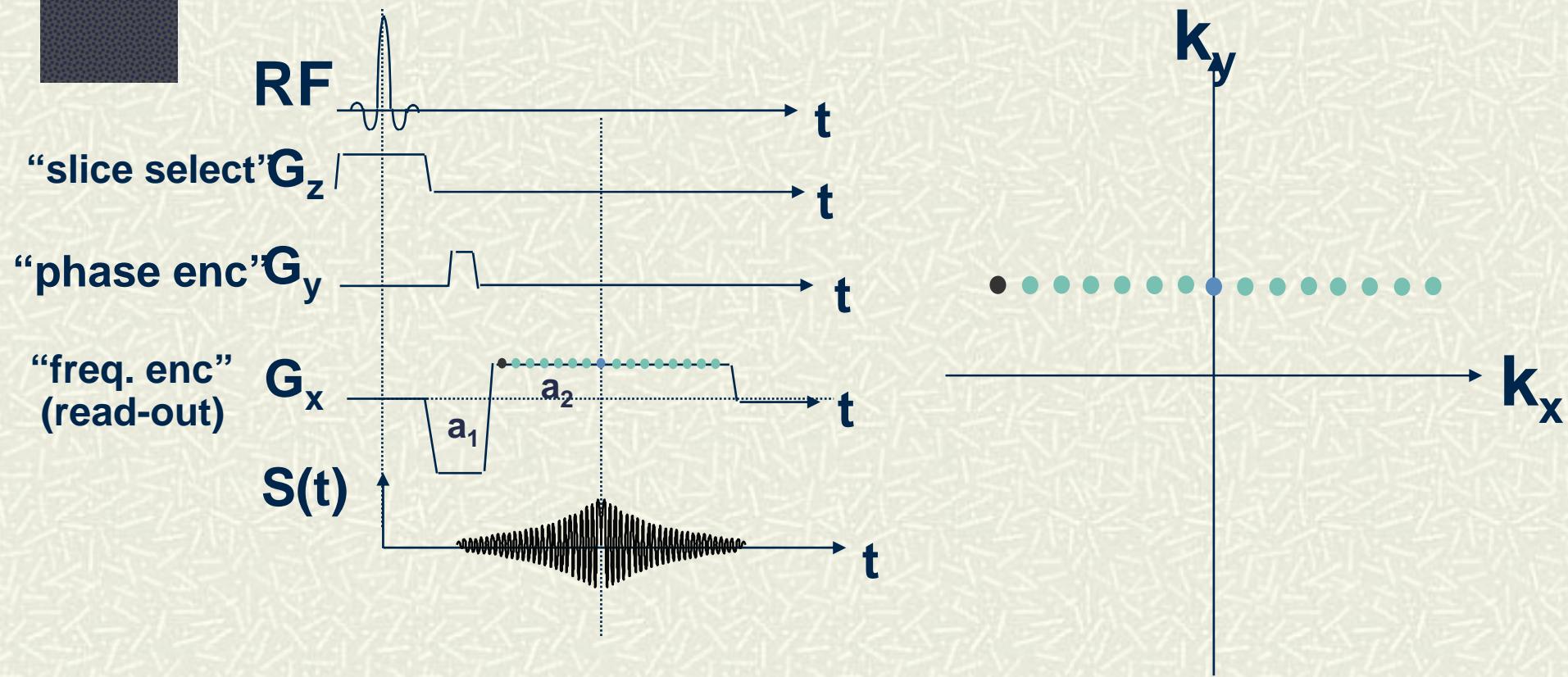


More efficient!



Frequency and phase encoding are the same principle!

Conventional “Spin-warp” encoding

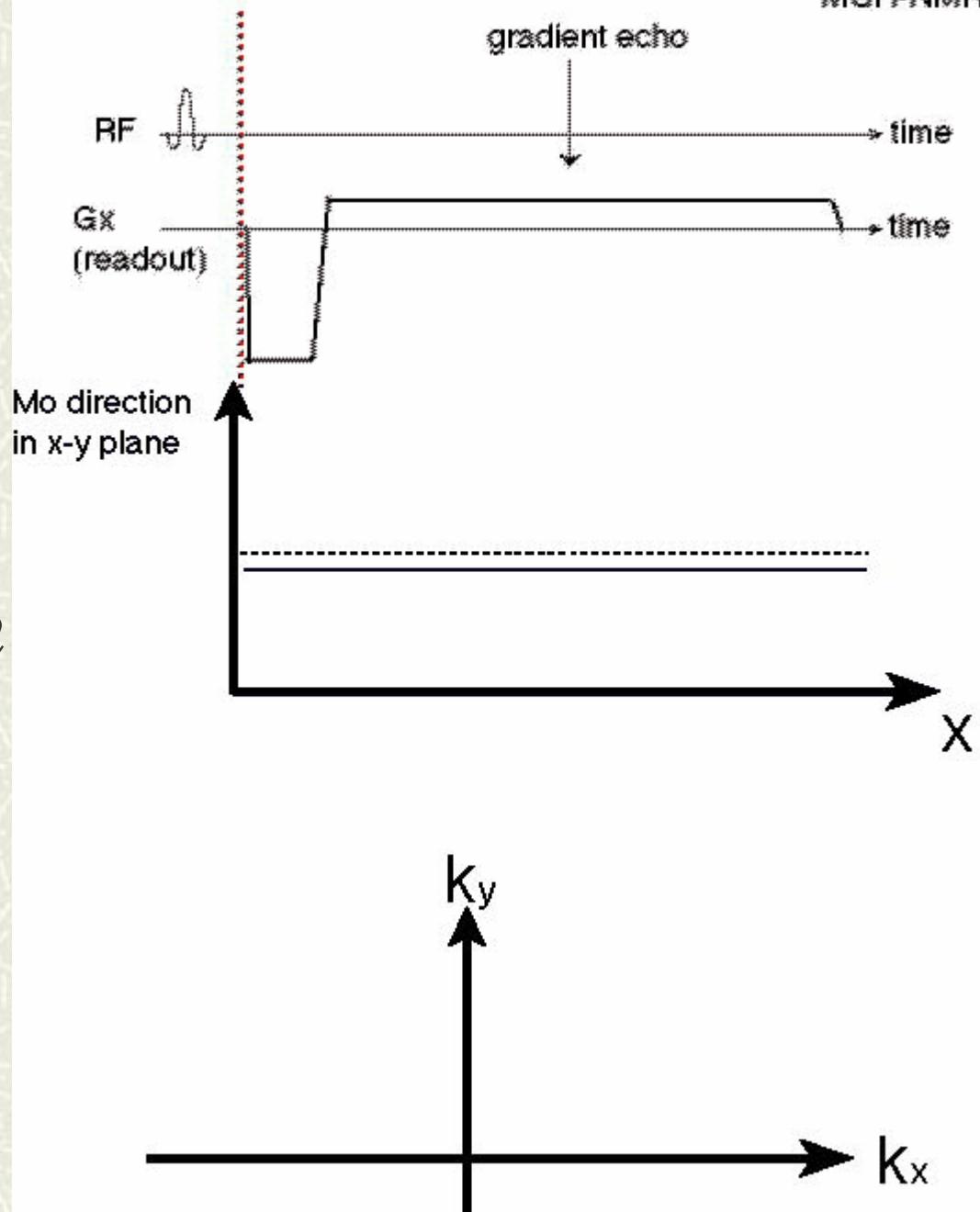


one excitation, one line of kspace...

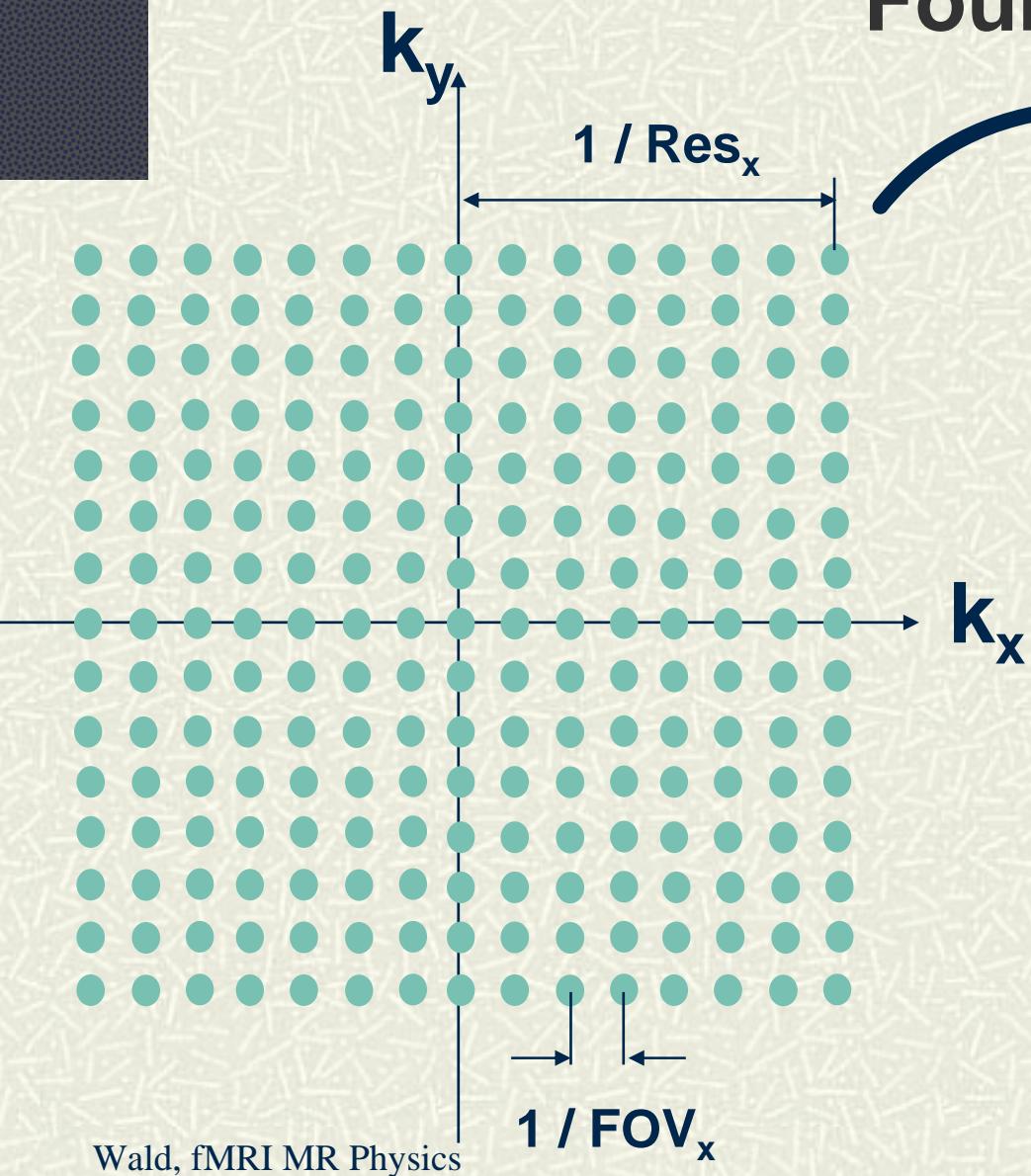
Image encoding,

*“Journey through
kspace”*

The Movie...

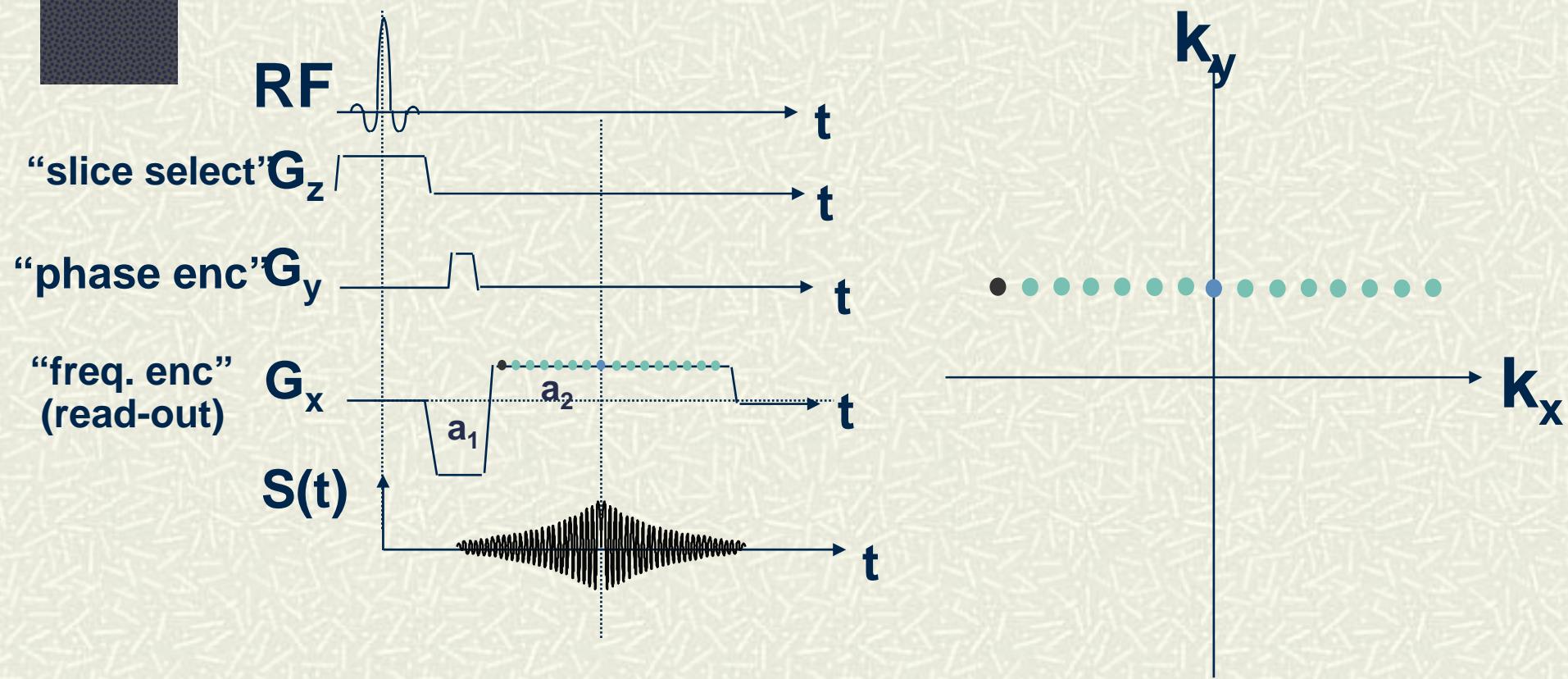


Fourier transform



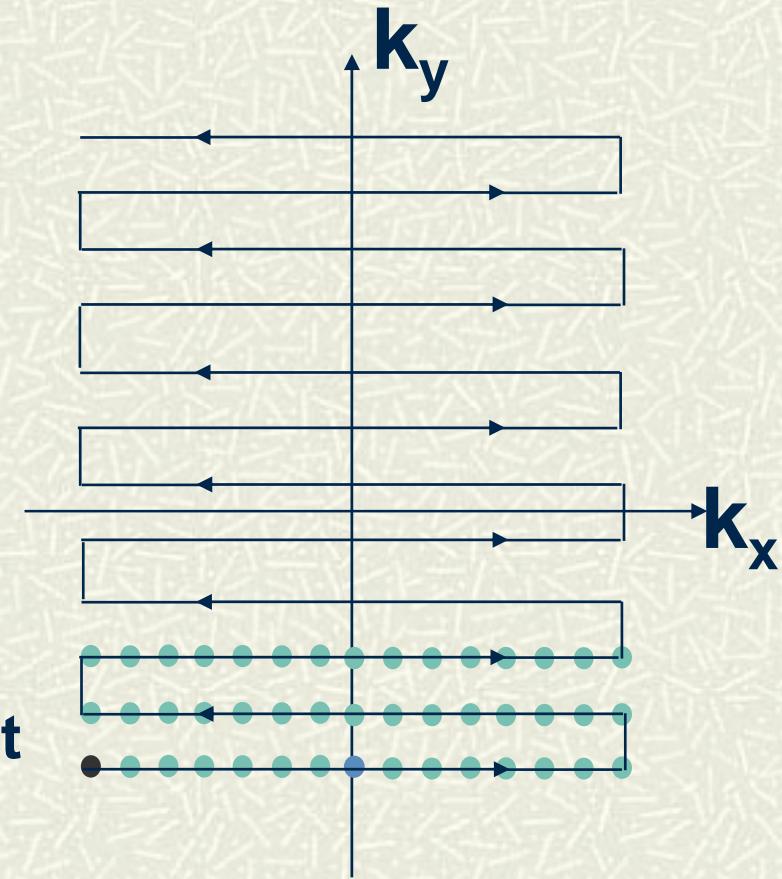
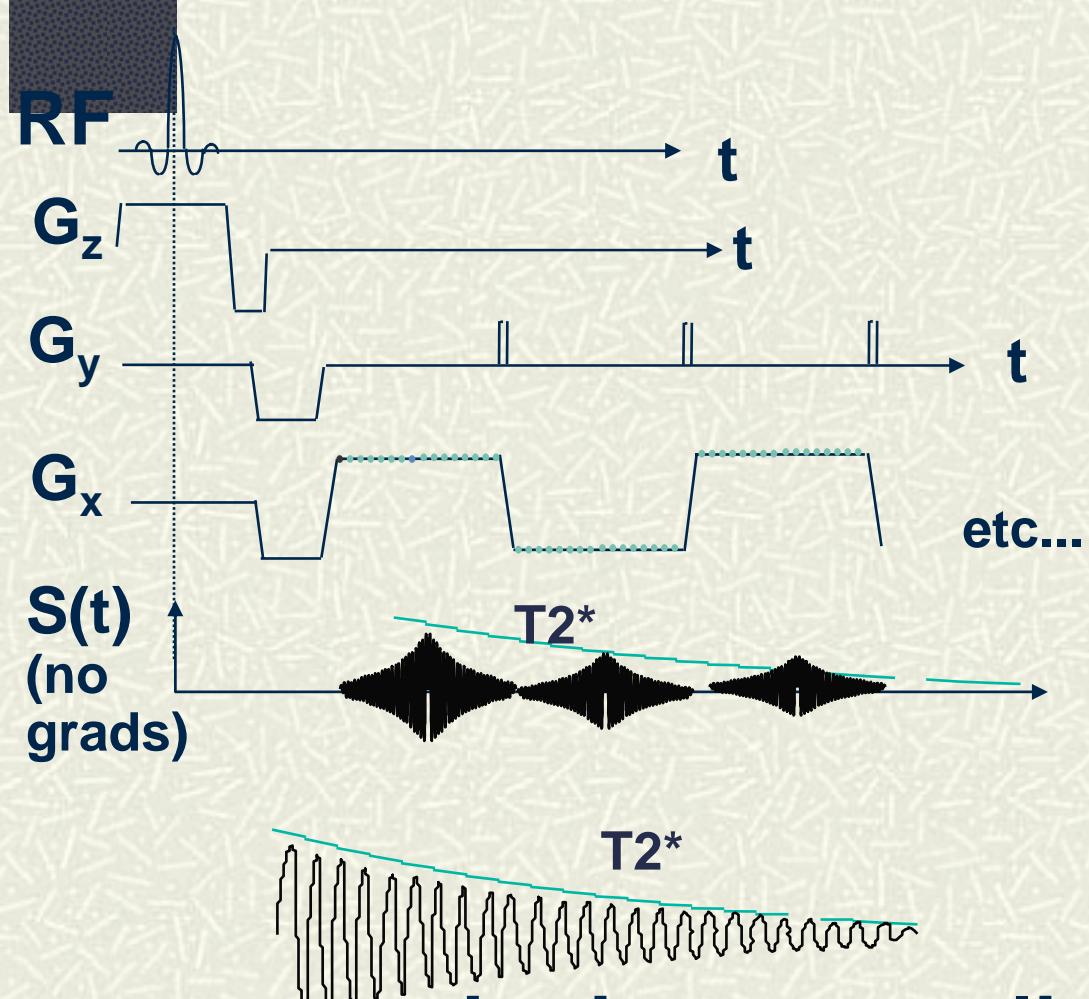
$$\text{FOV}_x = \text{matrix} * \text{Res}_x$$

Conventional “Spin-warp” encoding



one excitation, one line of kspace...

“Echo-planar” encoding

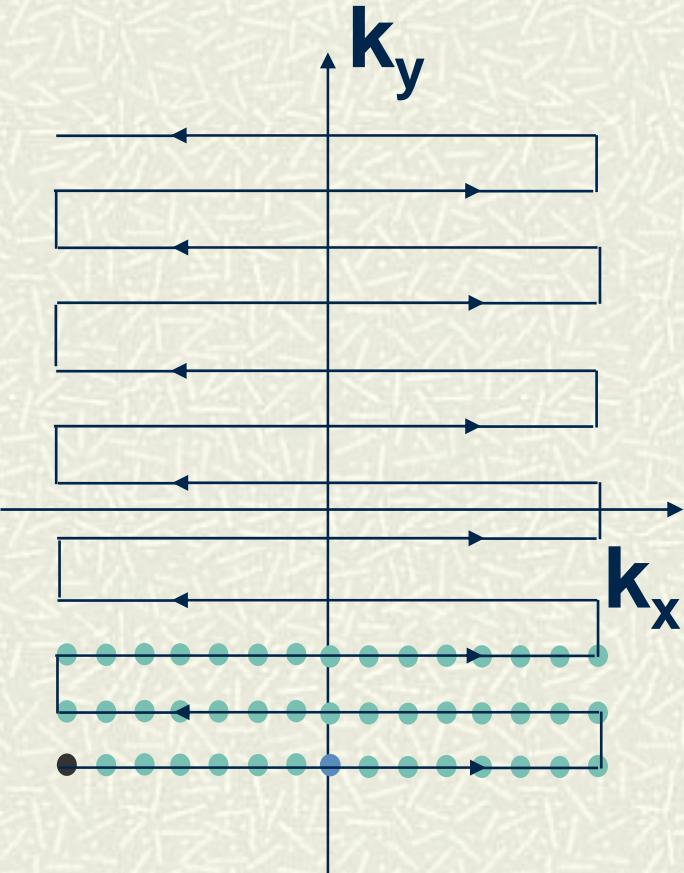


one excitation, many lines of kspace...

Bandwidth is asymmetric in EPI

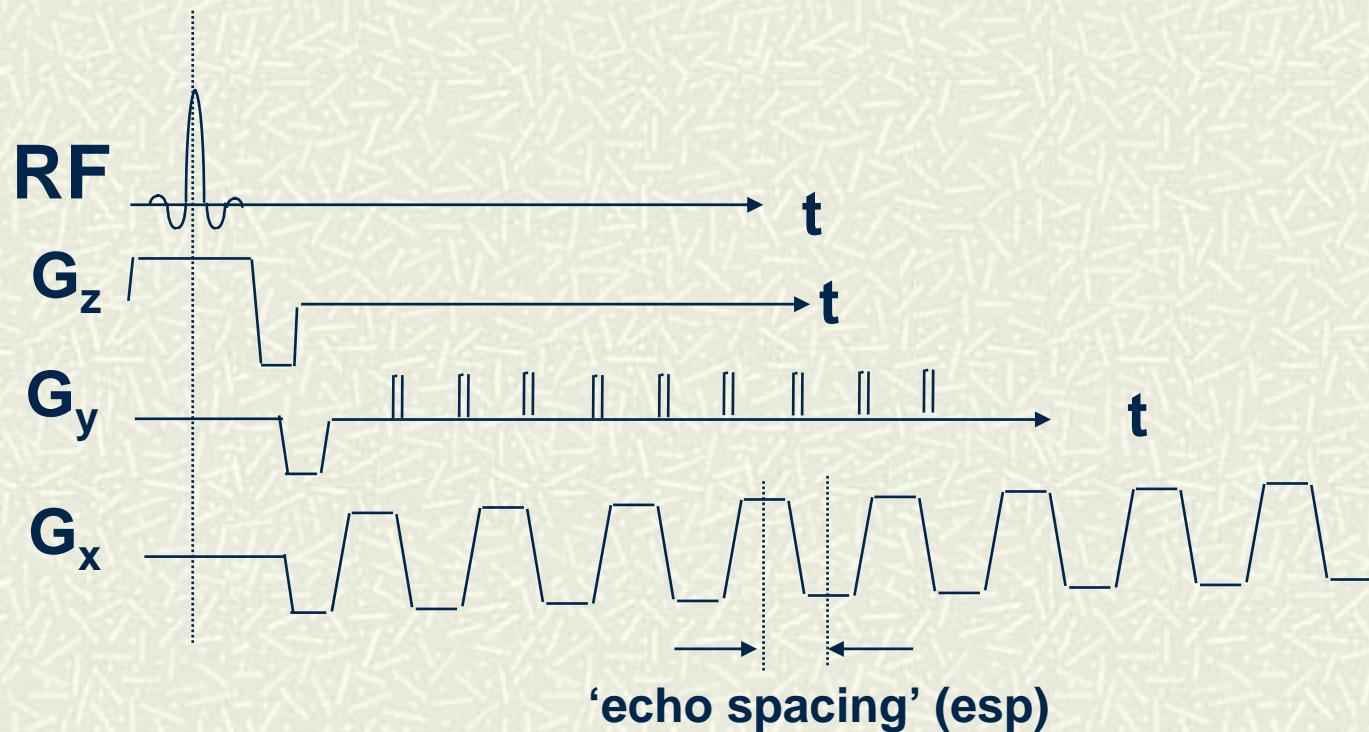
- Adjacent points in k_x have short $\Delta t = 5 \text{ us}$ (high bandwidth)
- Adjacent points along k_y are taken with long $\Delta t (= 500\text{us})$. (low bandwidth)

The phase error (and thus distortions) are in the phase encode direction.



Characterization of EPI performance

length of readout train for given resolution
or echo spacing (esp) or freq of readout...



esp = 500 us for whole body grads, readout length = 32 ms
esp = 270us for head gradients, readout length = 17 ms

What is important in EPI performance?

Short image encoding time.

Parameters related to total encoding time:

- 1) echo spacing.**
- 2) frequency of readout waveform.**

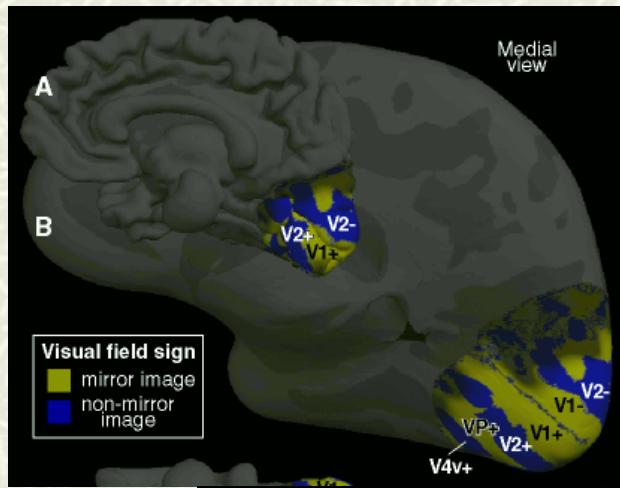
Key specs for achieving short encode times:

- 1) gradient slew rate.**
- 2) gradient strength.**
- 3) ability to ramp sample.**

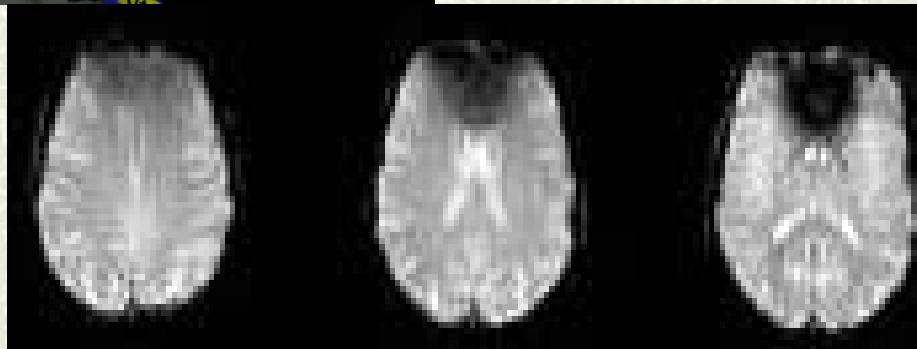
Good shimming (second order shims)

Susceptibility in MR

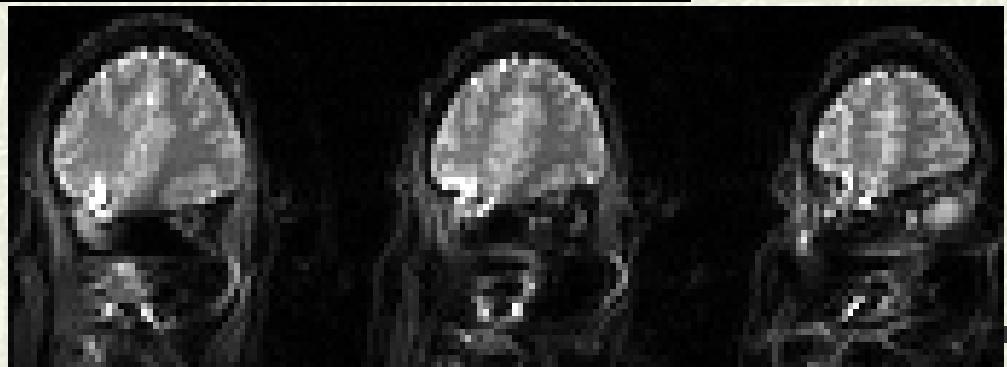
The good.



The bad.

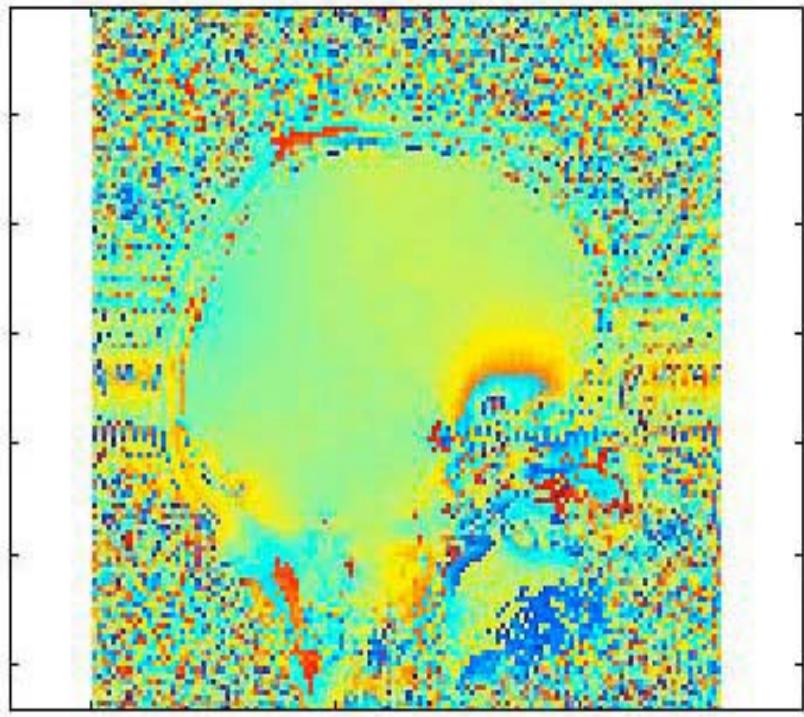


The ugly.

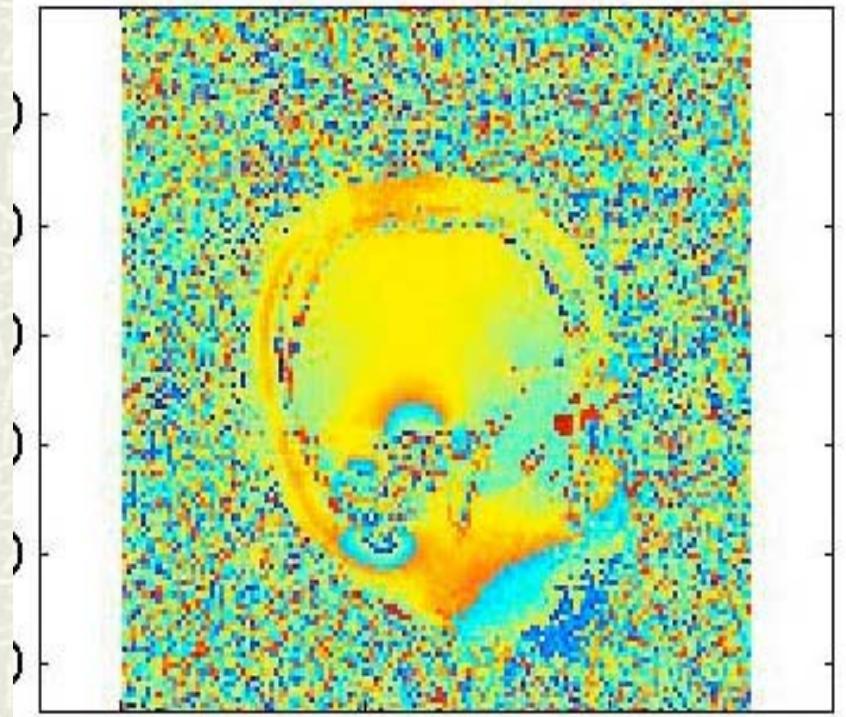


Enemy #1 of EPI: local susceptibility gradients

Orbitofrontal susceptibility region



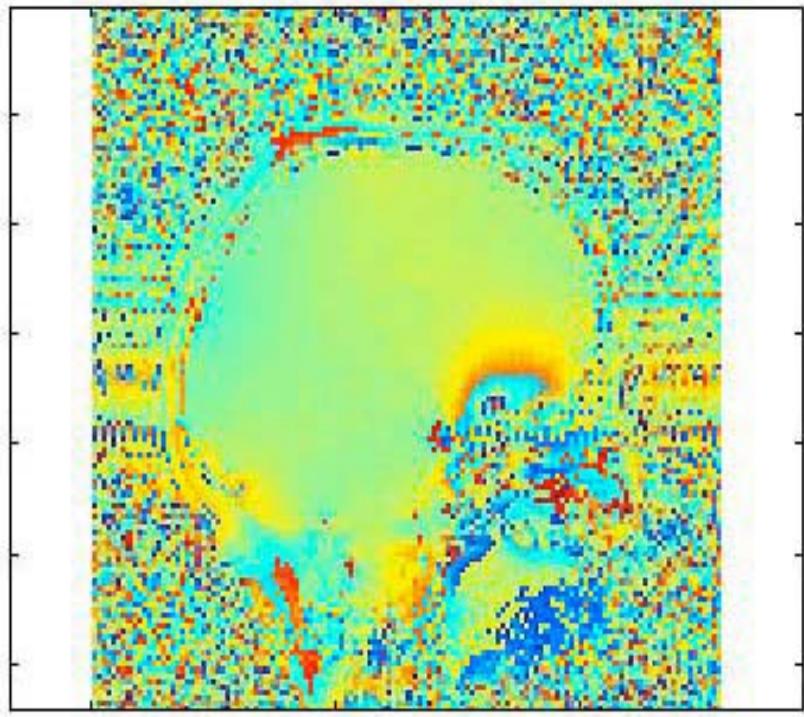
Lateral temporal susceptibility region



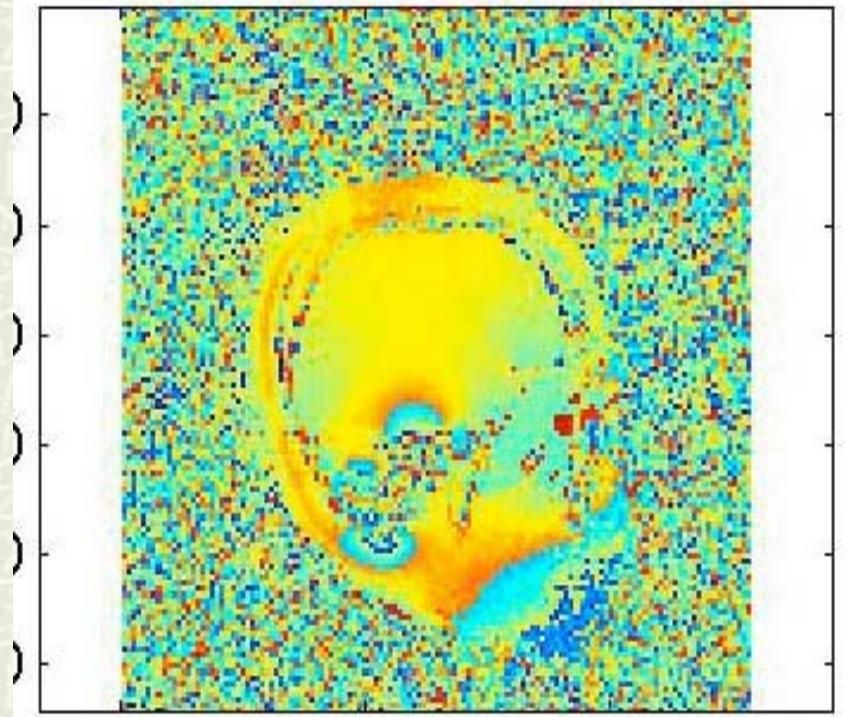
Bo field maps in the head

Enemy #1 of EPI: local susceptibility gradients

Orbitofrontal susceptibility region



Lateral temporal susceptibility region



Bo field maps in the head

What do we mean by “susceptibility”?

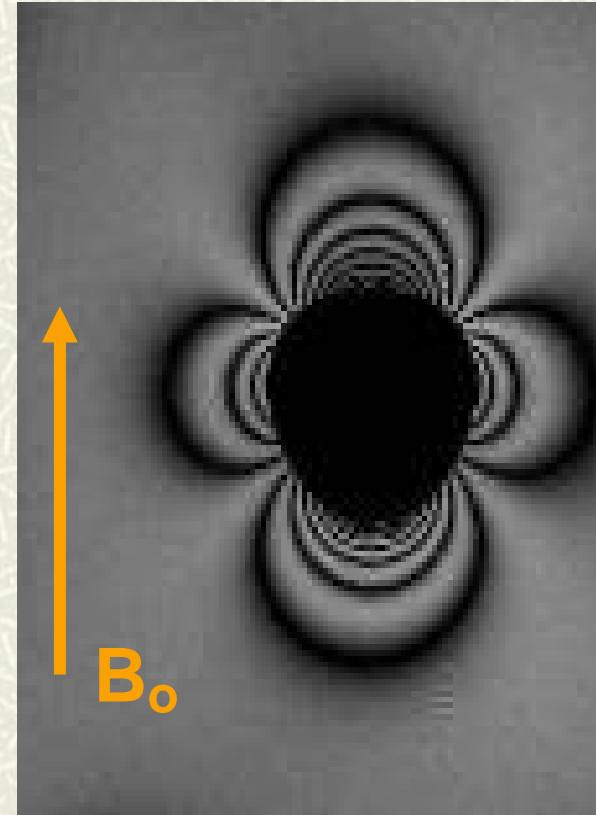
In physics, it refers to a material’s tendency to magnetize when placed in an external field.

In MR, it refers to the effects of magnetized material on the image through its local distortion of the static magnetic field B_o .

Ping-pong ball in water...

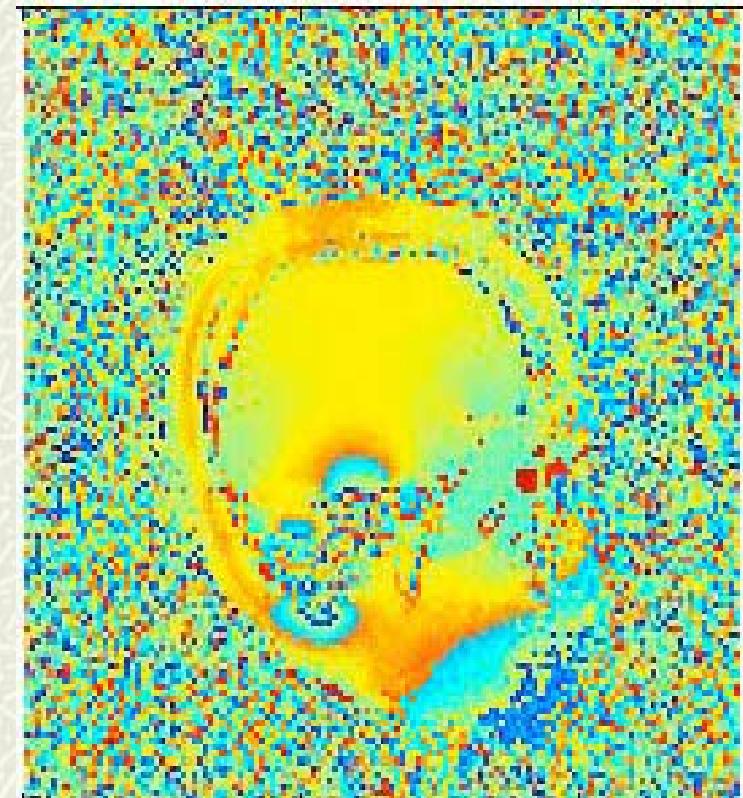
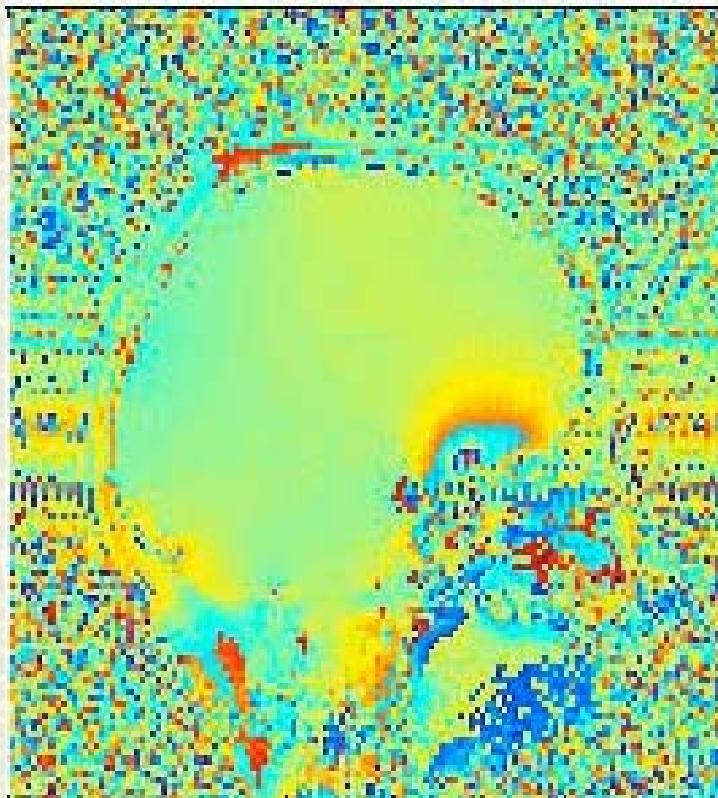
Susceptibility effects occur near magnetically dis-similar materials

Field disturbance around air surrounded by water (e.g. sinuses)



Field map
(coronal image)
1.5T

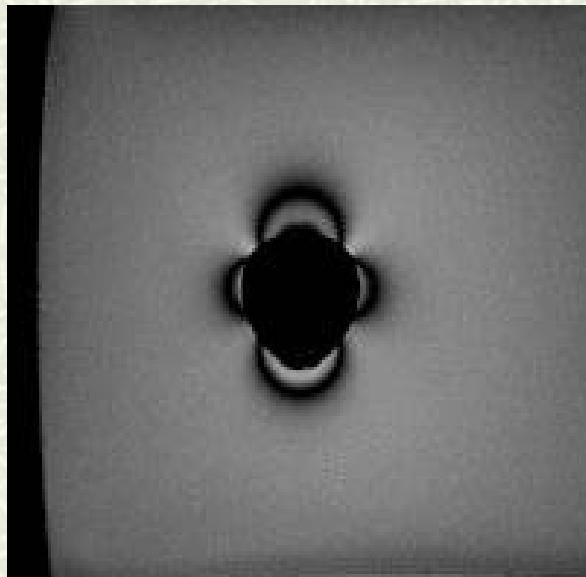
B_0 map in head: it's the air tissue interface...



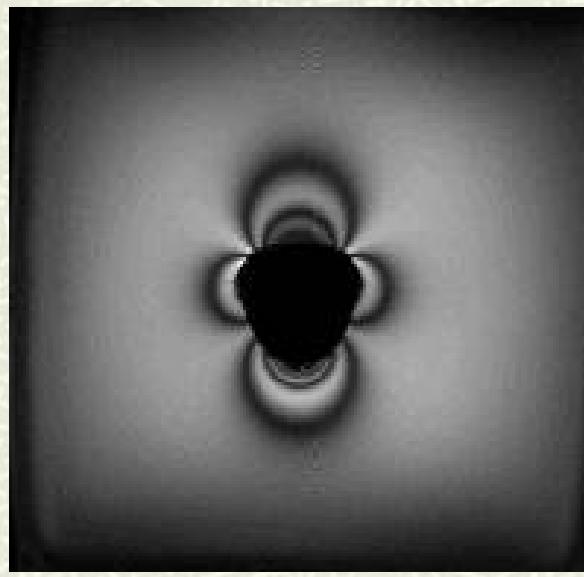
Sagittal B_0 field maps at 3T

Susceptibility field (in Gauss) increases w/ B_0

Ping-pong ball in H_2O :
Field maps ($\Delta TE = 5ms$), black lines spaced by 0.024G (0.8ppm at 3T)



1.5T

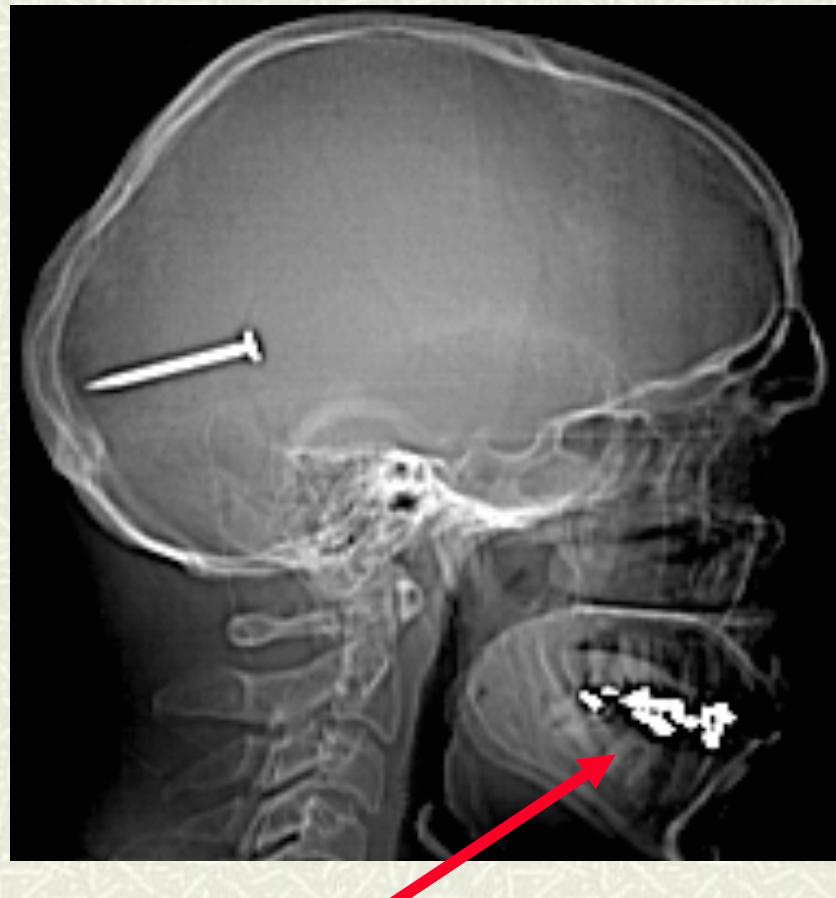
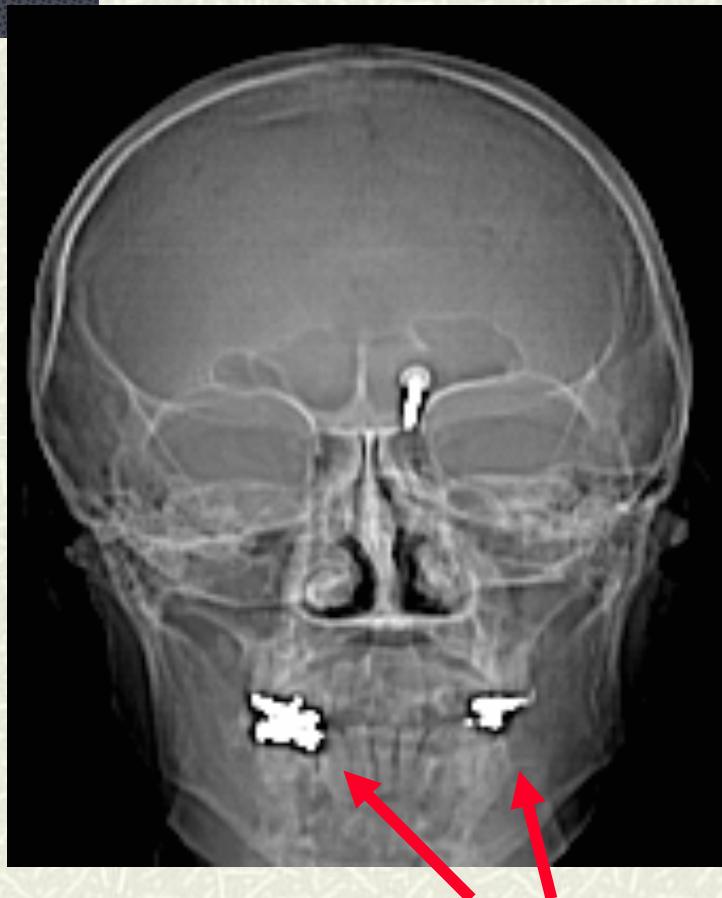


3T



7T

Other Sources of Susceptibility You Should Be Aware of...



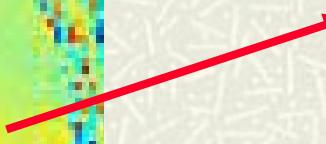
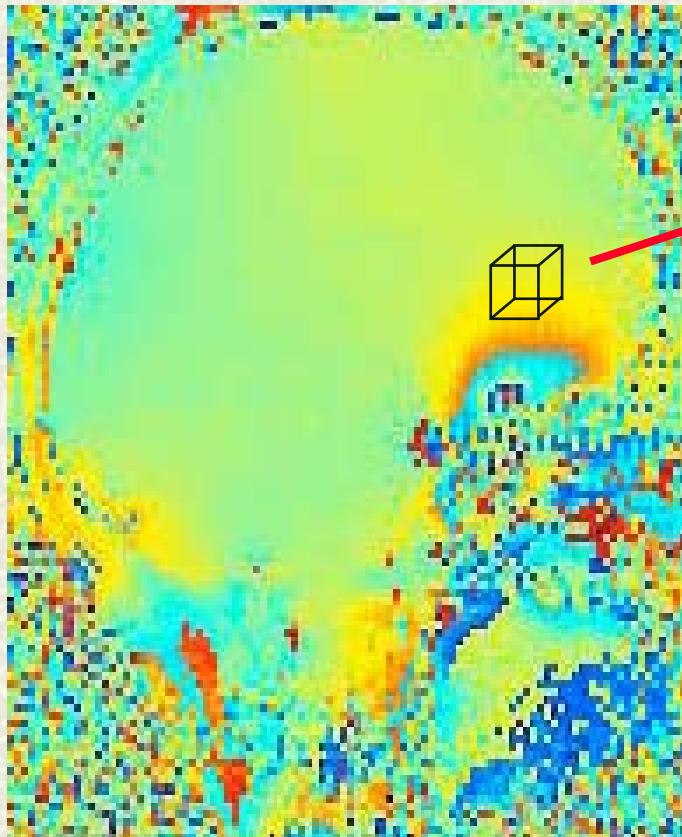
Those fillings might be a problem...

Local susceptibility gradients: 2 effects

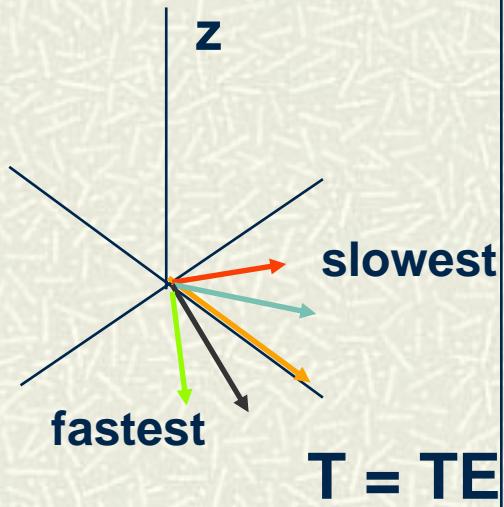
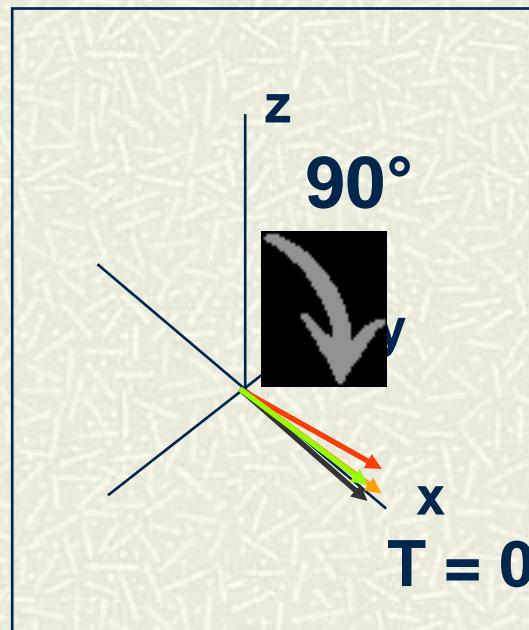
- 1) Local dephasing of the signal (signal loss) within a voxel, mainly from thru-plane gradients
- 2) Local geometric distortions, (voxel location improperly reconstructed) mainly from local in-plane gradients.

1) Non-uniform Local Field Causes Local Dephasing

Sagittal B_0 field map at 3T



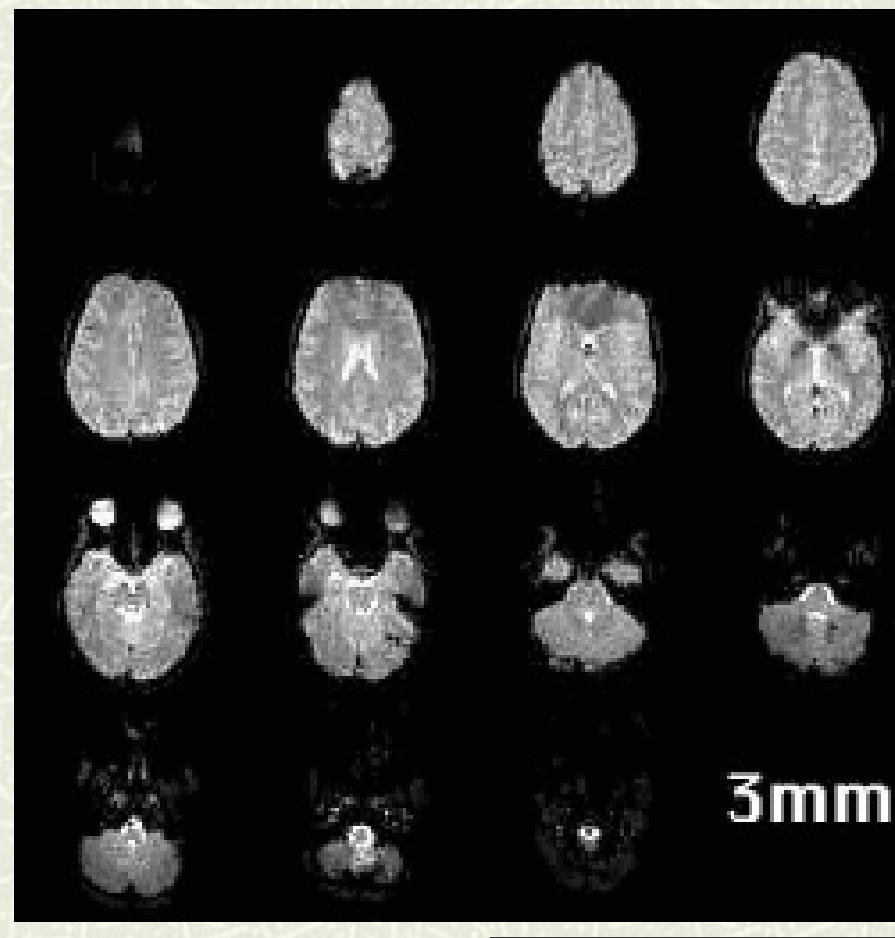
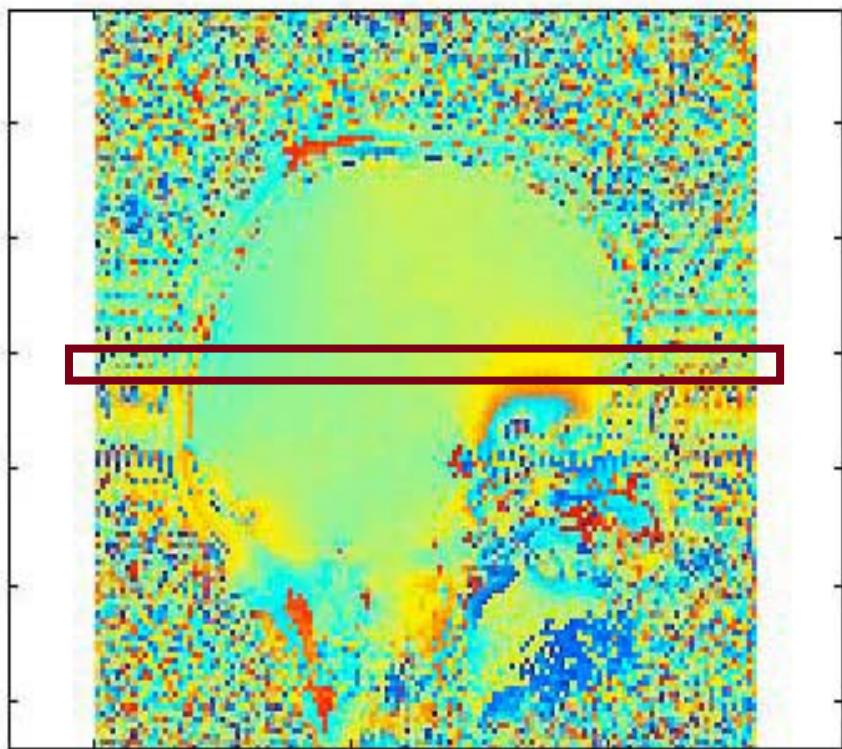
5 water protons in different parts of the voxel...



Local susceptibility gradients: thru-plane dephasing in grad echo EPI

Bad for thick slice above frontal sinus...

Orbitofrontal susceptibility region



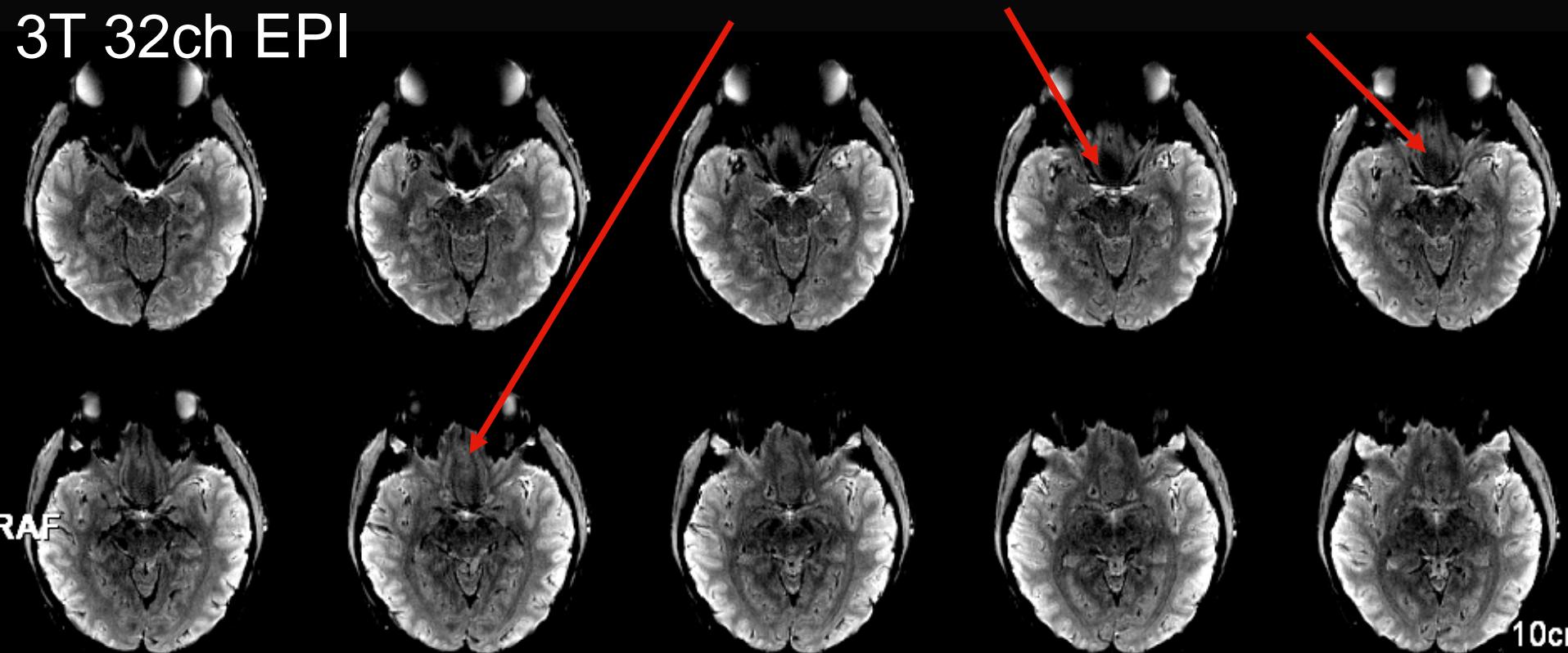
3T

Solution: high resolution

1mm isotropic
TE=30ms, GRAPPA =2
6/8 part-Fourier

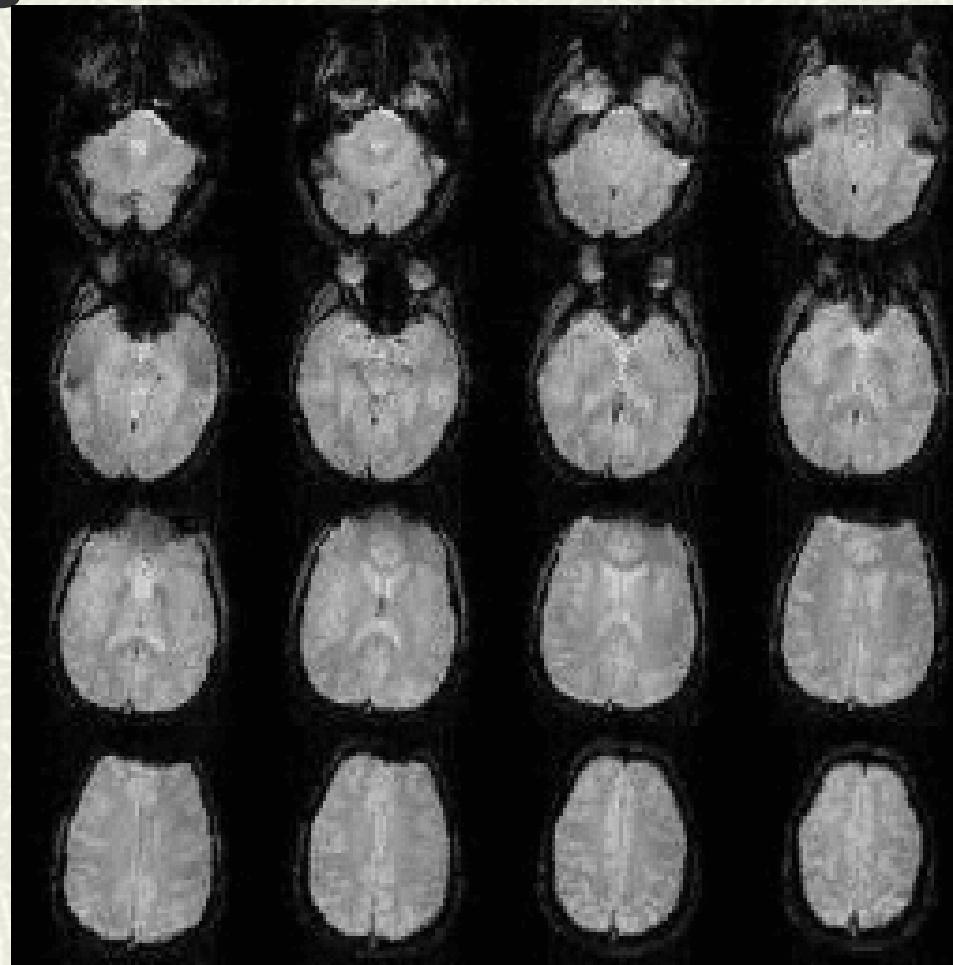
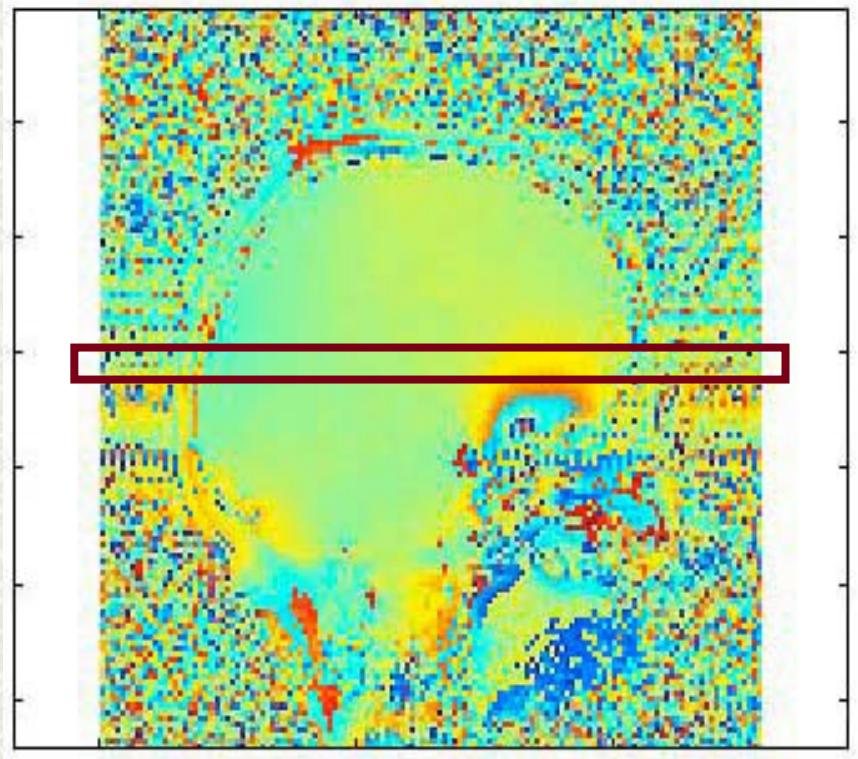
Minimal OFC drop-out issues with 3T 1mm isotropic

3T 32ch EPI



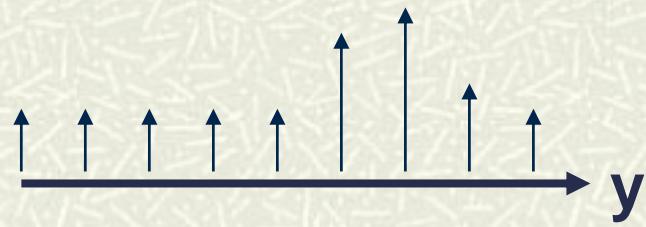
Thru-plane dephasing gets worse at longer TE

Orbitofrontal susceptibility region

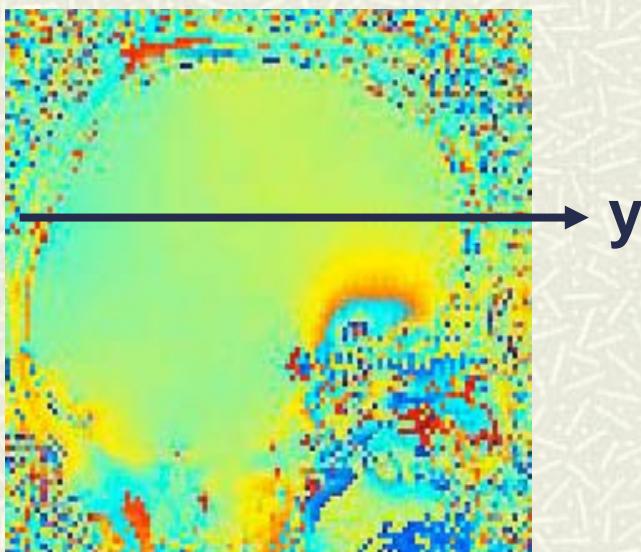


3T, TE = 21, 30, 40, 50, 60ms

Problem #2 Susceptibility Causes Image Distortion in EPI



Field near sinus

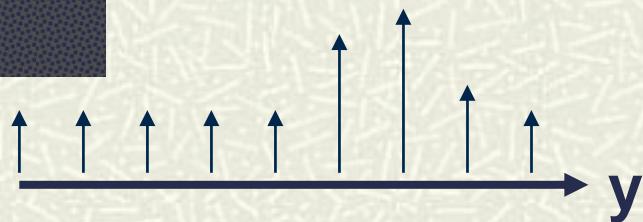
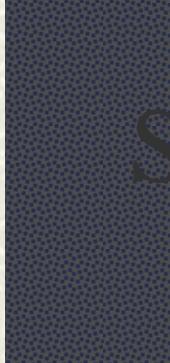


To encode the image, we control phase evolution as a function of position with applied gradients.

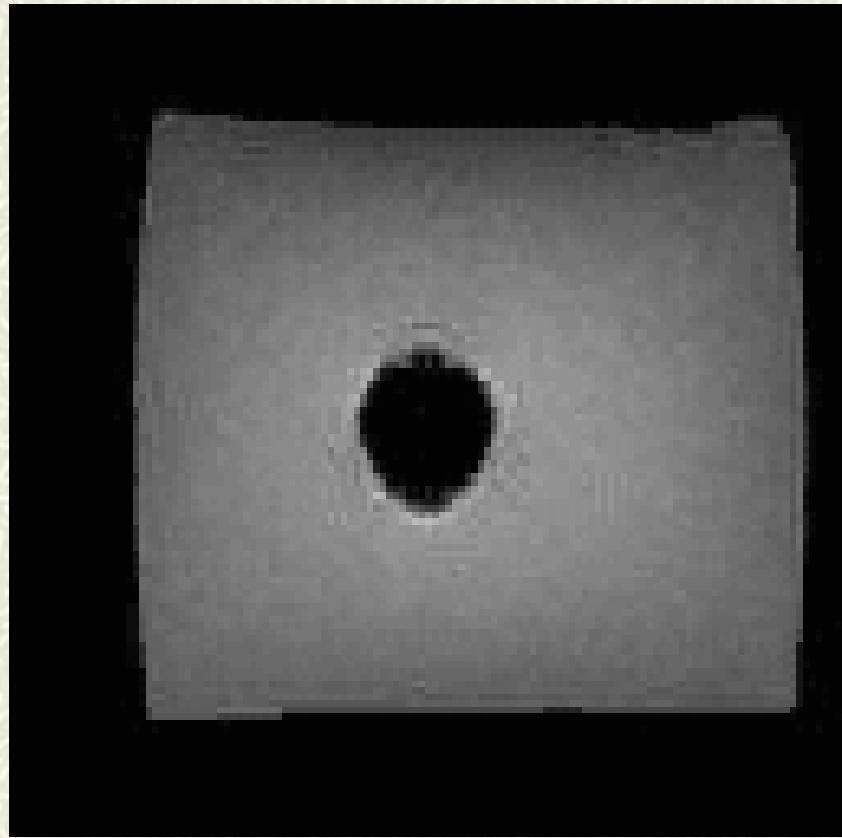
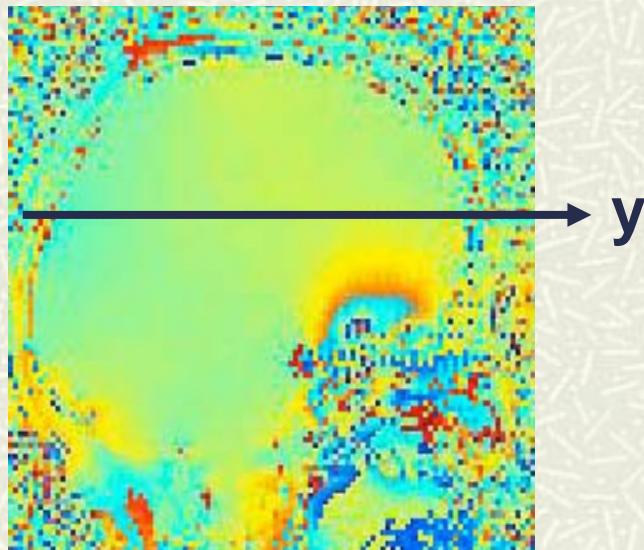
Local suspect. Gradient causes unwanted phase evolution.

The phase encode error builds up with time. $\Delta\theta = \gamma B_{\text{local}} \Delta t$

Susceptibility Causes Image Distortion



Field near
sinus

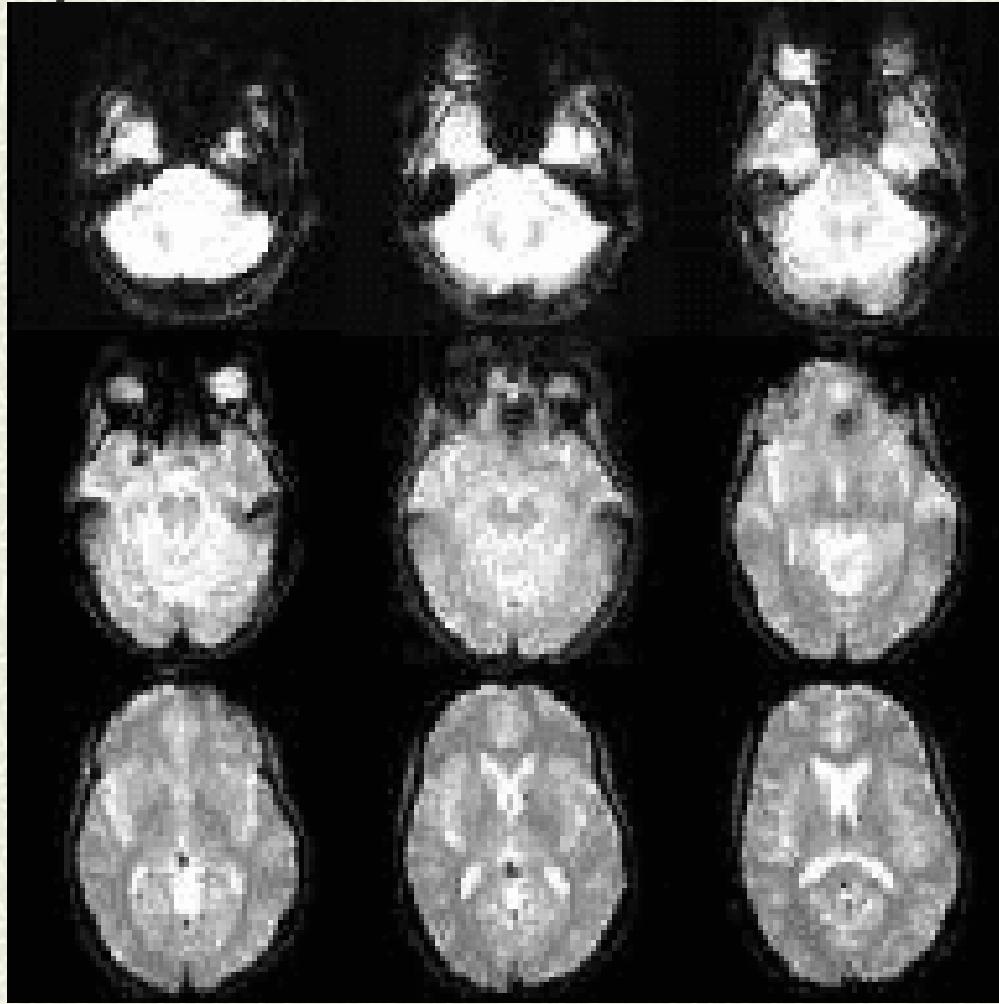


Conventional grad. echo,
 $\Delta\theta \propto$ encode time $\propto 1/BW$

Susceptibility in EPI can give either a compression or expansion

Altering the direction kspace is transversed causes either local compression or expansion.

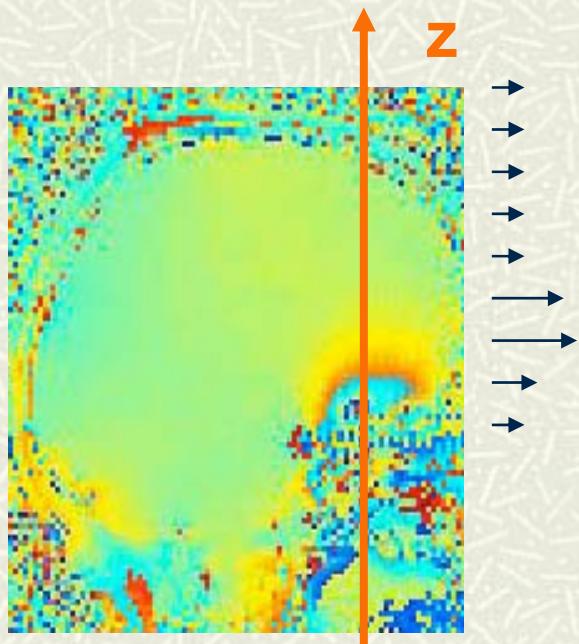
choose your poison...



3T whole body gradients

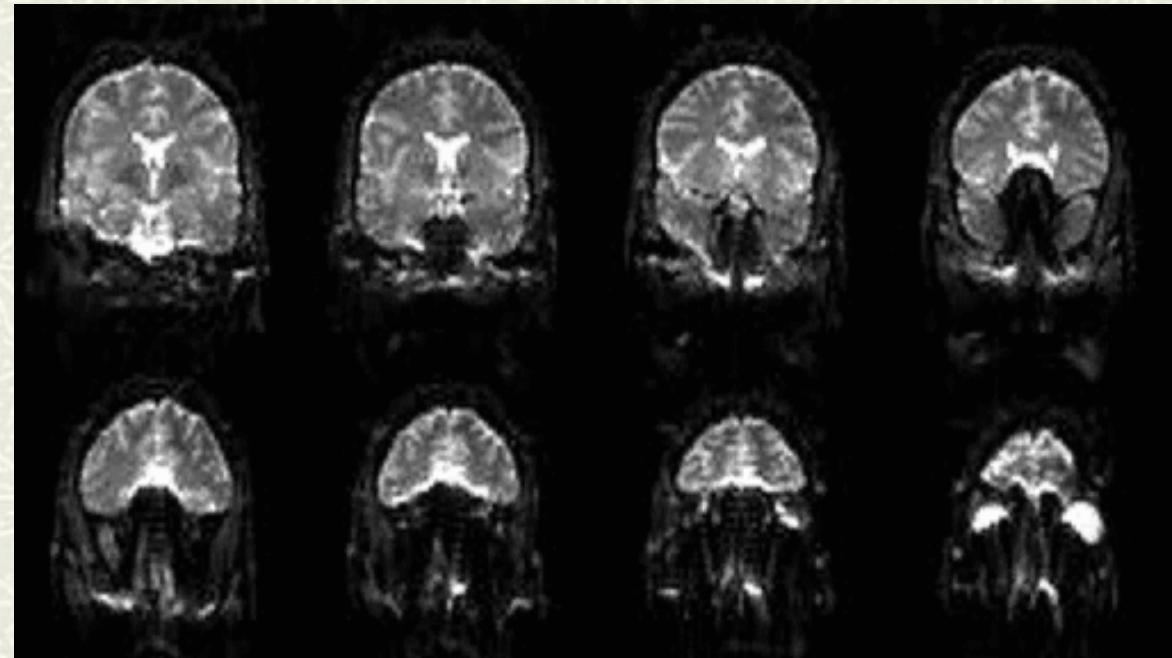
Susceptibility Causes Image Distortion

Echoplanar Image,
 $\Delta\theta \propto \text{encode time} \propto 1/\text{BW}$



Field near
sinus

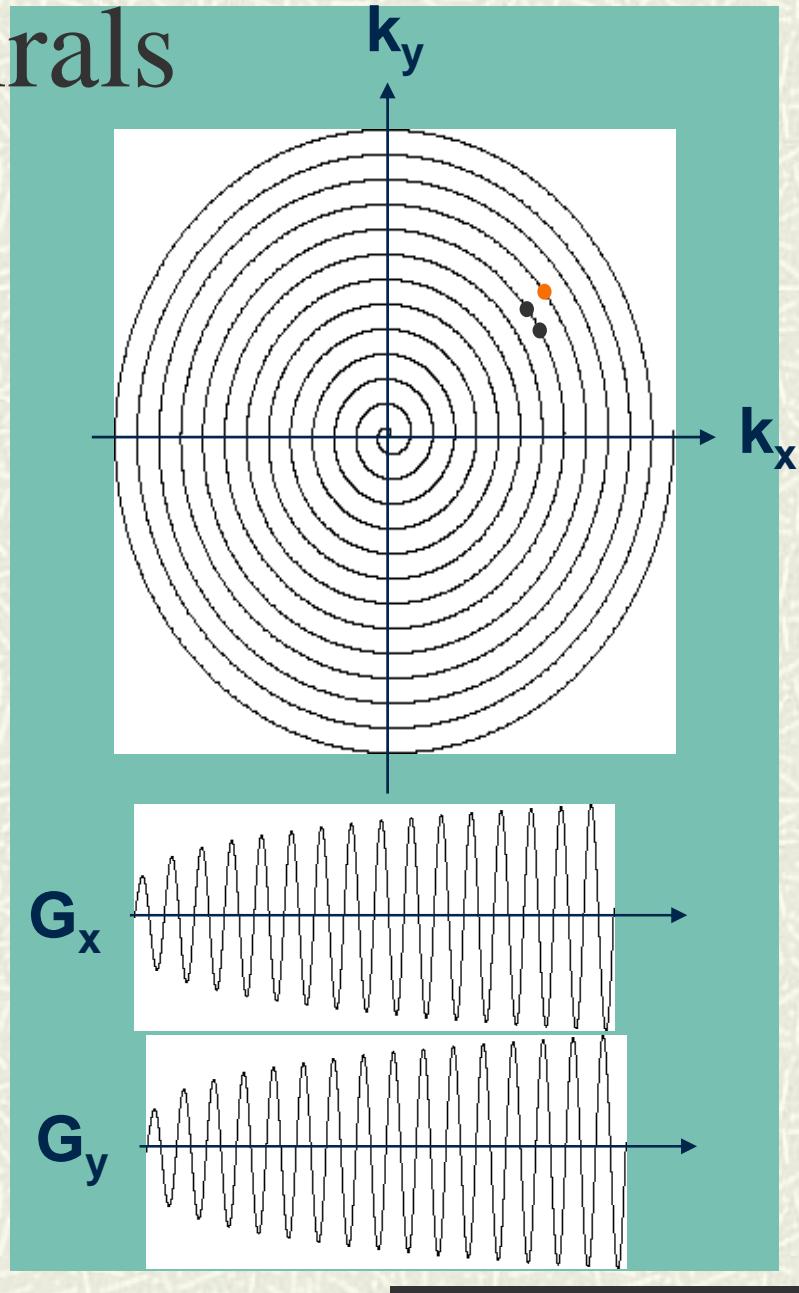
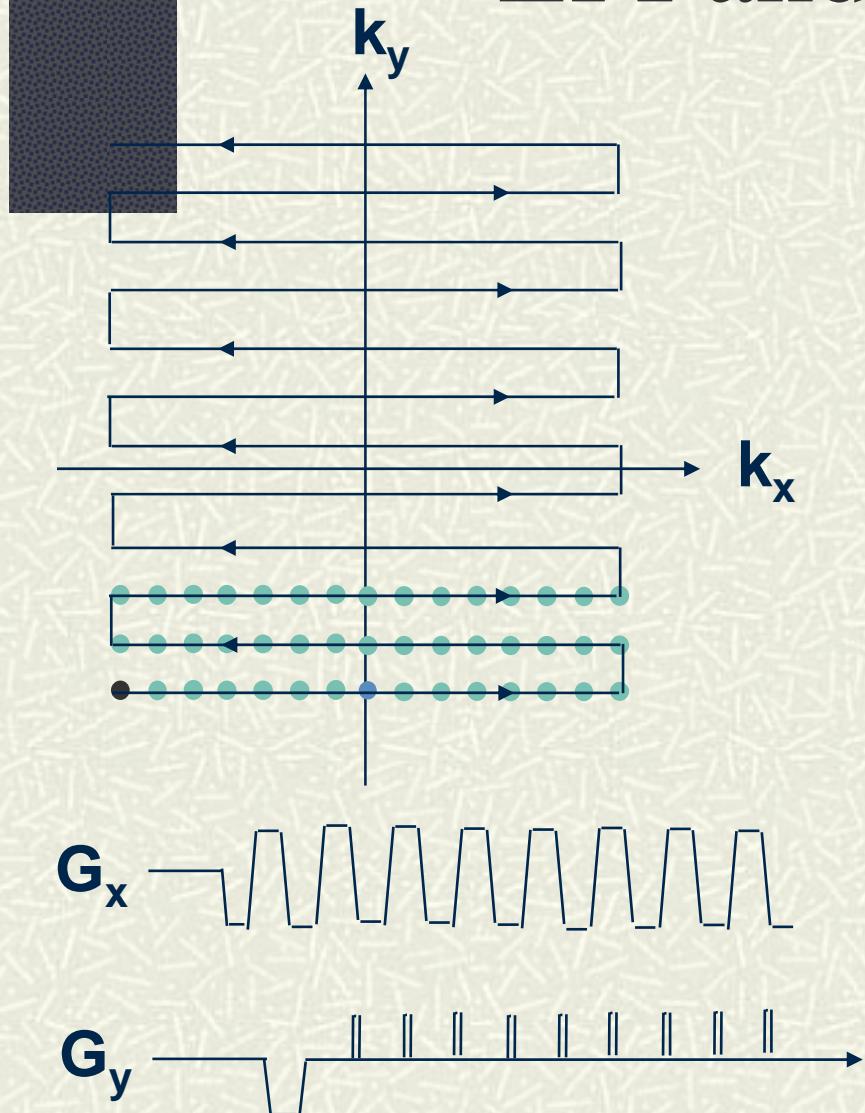
Wald, fMRI MR Physics



3T head gradients

Encode time = 34, 26, 22, 17ms

EPI and Spirals



EPI

Susceptibility:

**distortion,
dephasing**

Spirals

**blurring,
dephasing**

Eddy currents:

ghosts

blurring

$k = 0$ is sampled: 1/2 through 1st

Corners of kspace:

yes

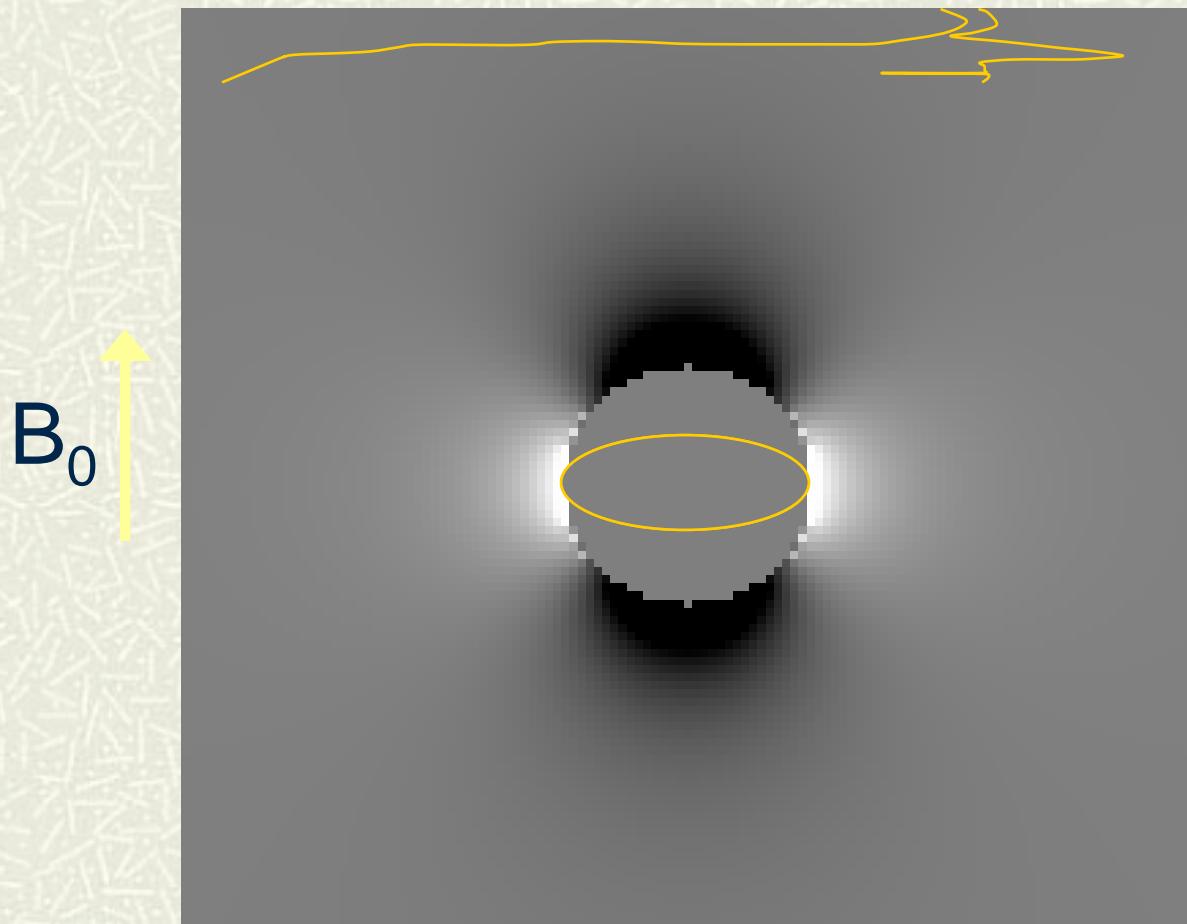
no

Gradient demands:

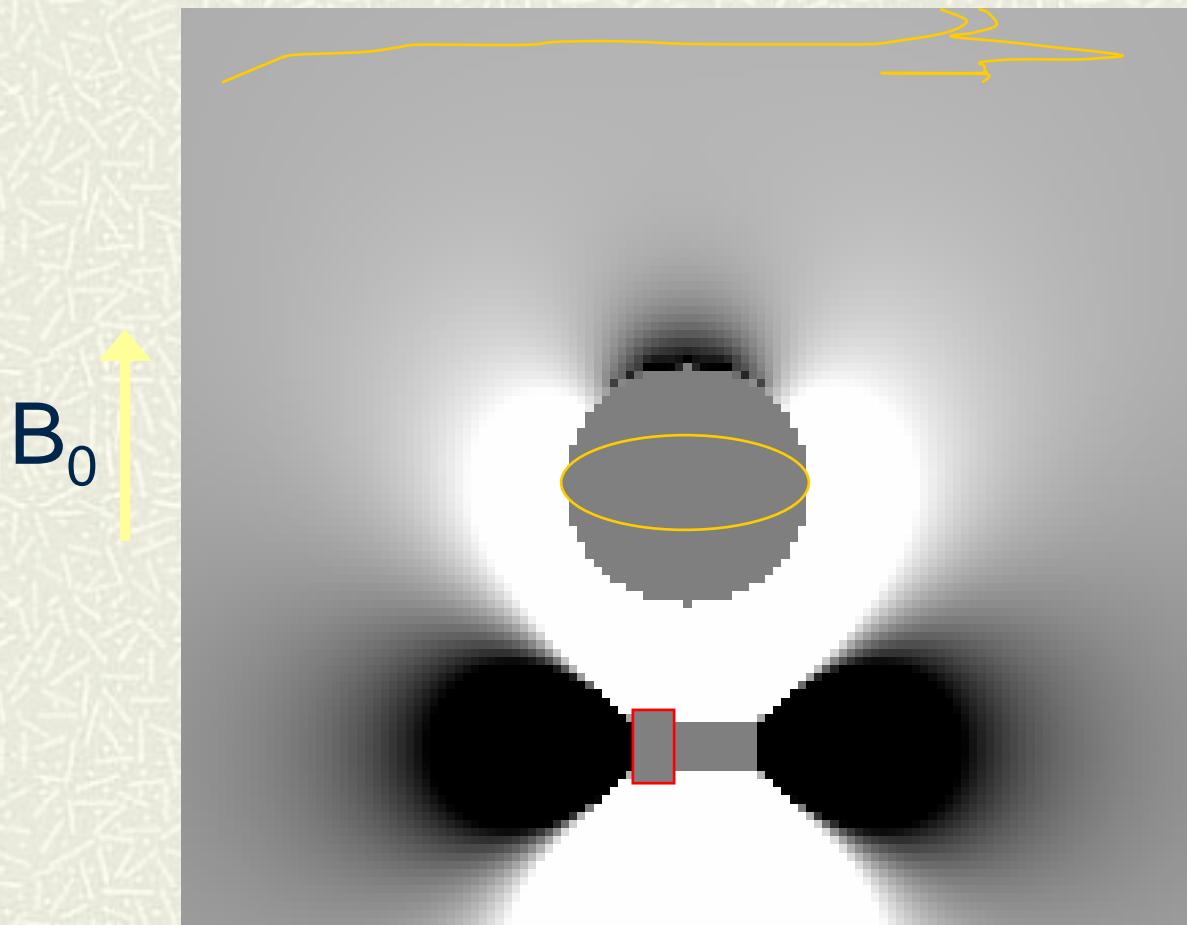
very high

pretty high

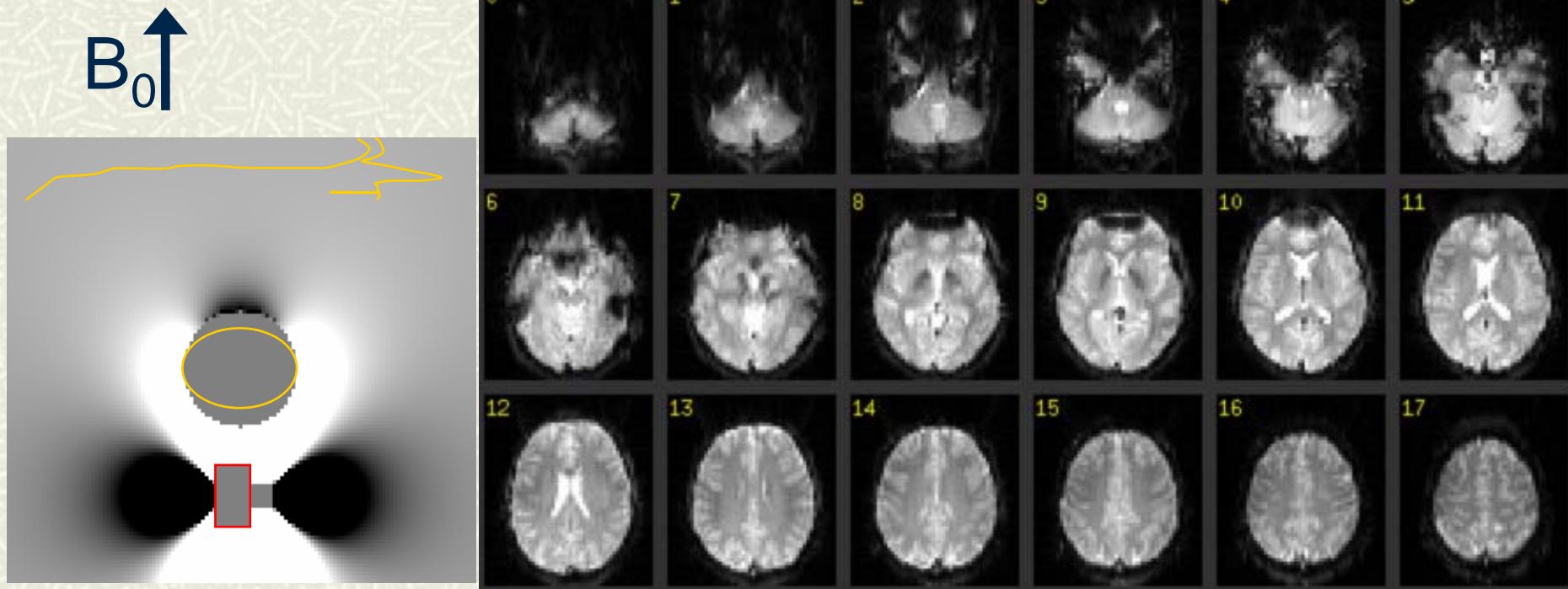
Nasal Sinus



Nasal Sinus + mouth shim

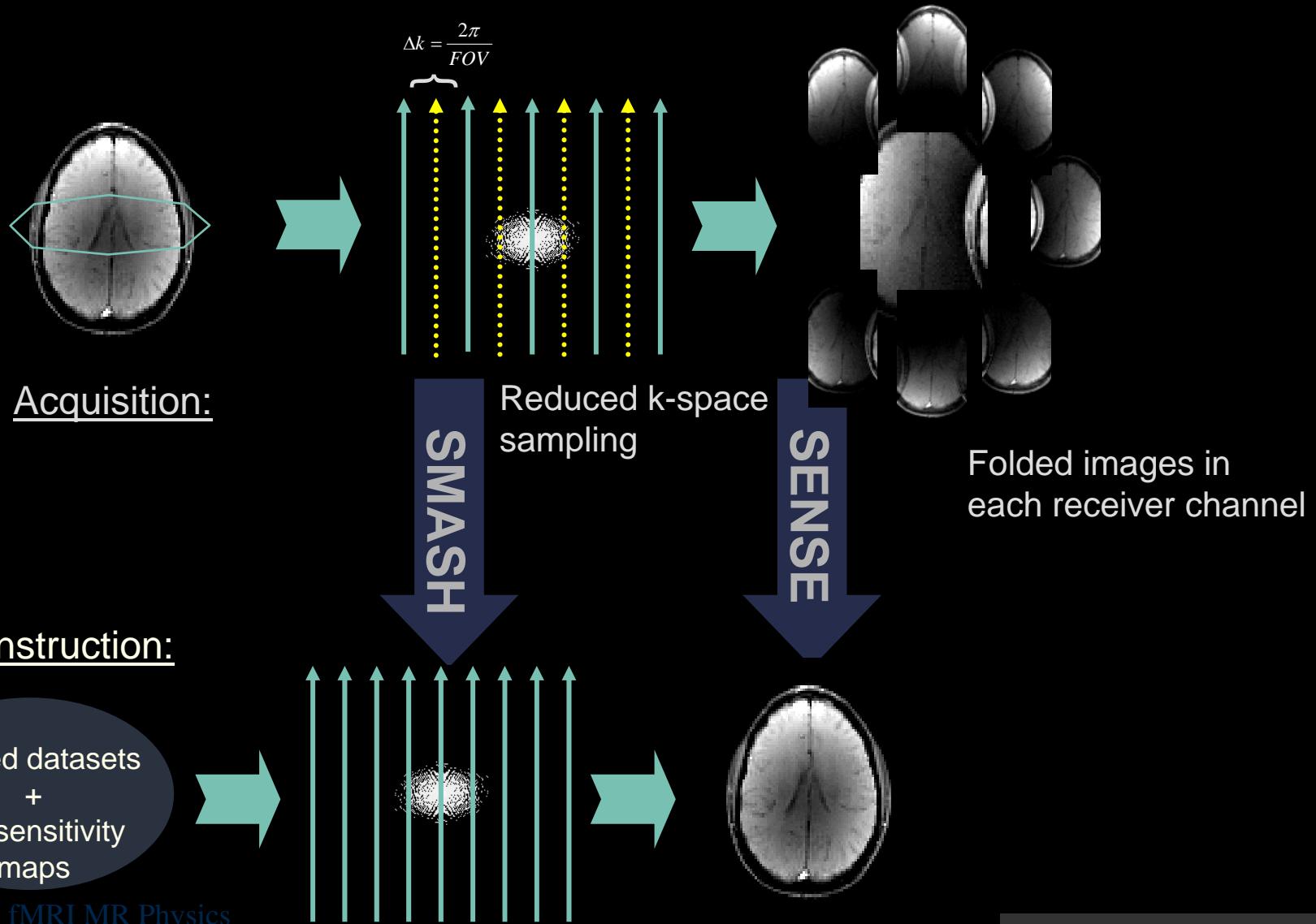


Effect of Ear & Mouth Shim on EPI

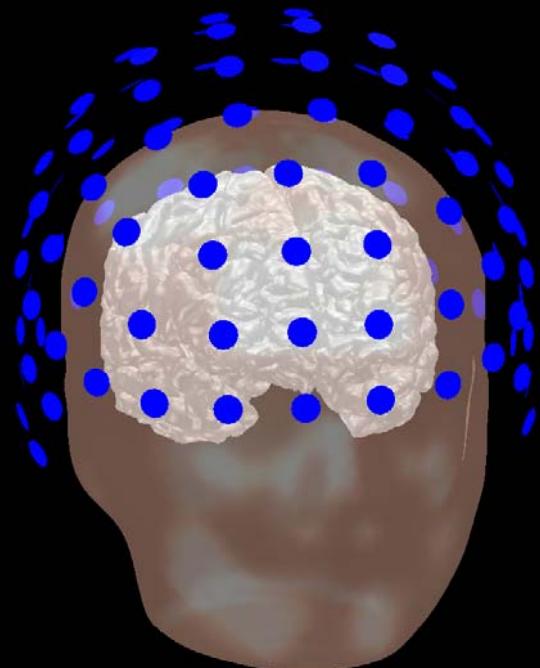


Courtesy of Peter Jezzard. Used with permission.

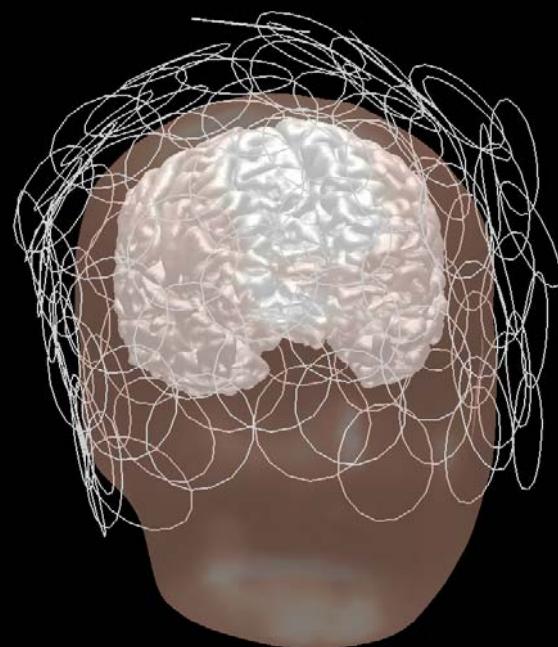
With fast gradients, add parallel imaging



Using the detector array to encode image



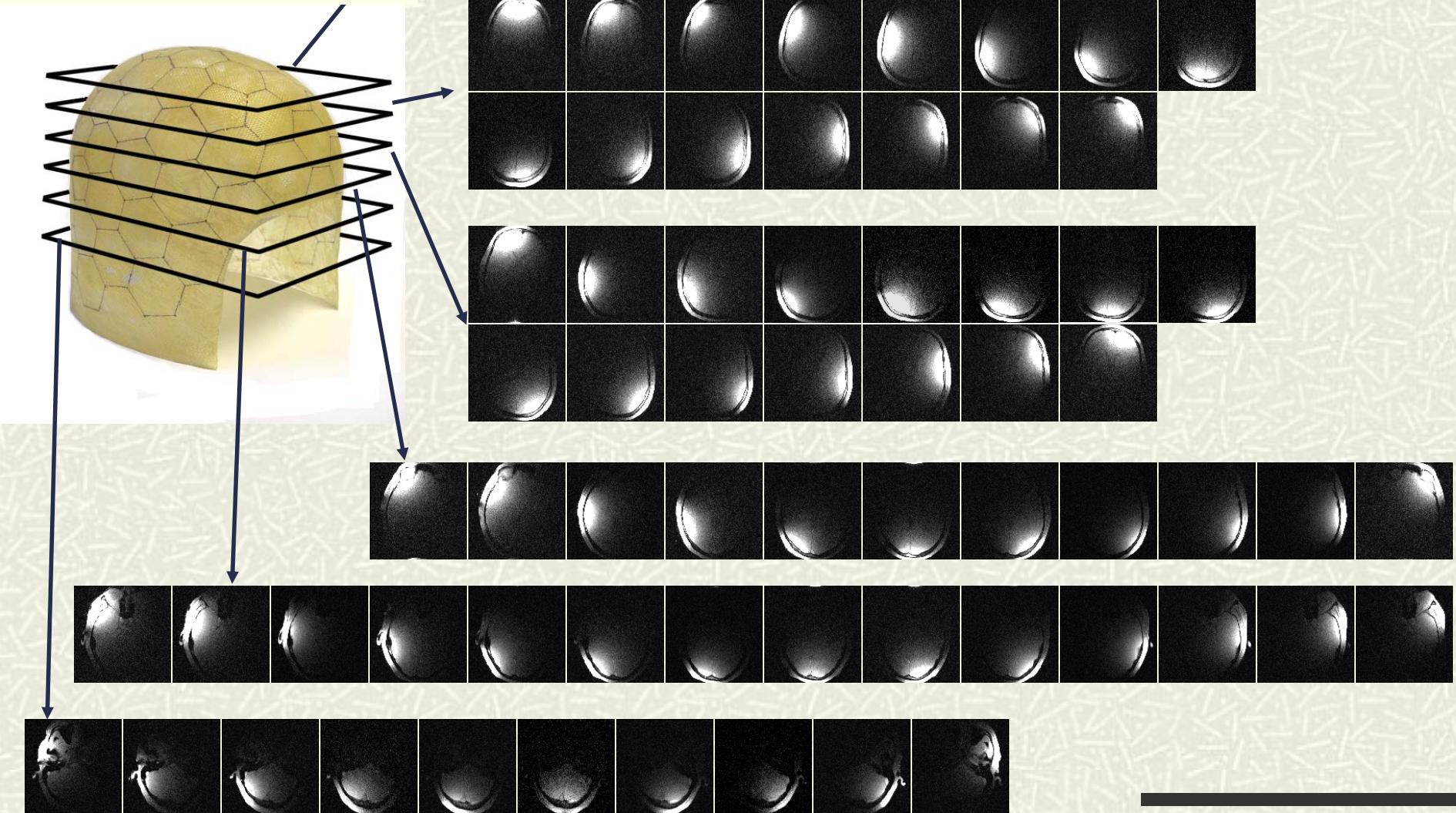
306-channel MEG



90-channel MRI



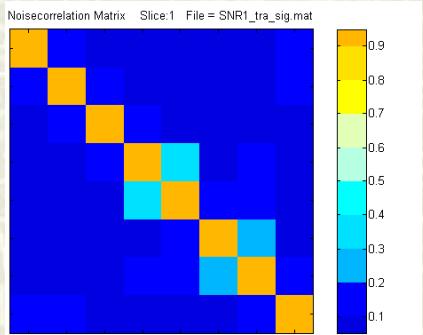
90 Channel Uncombined Images



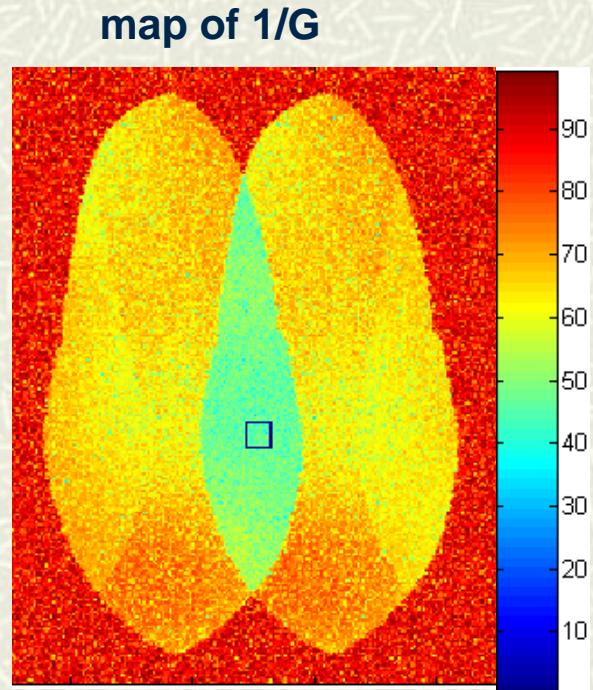
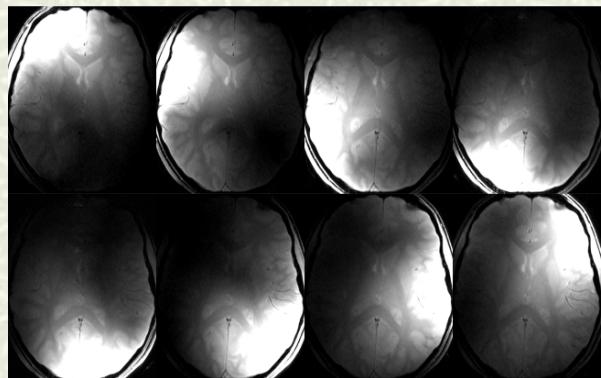
Parallel acquisition: noise penalties

Calculating the g-factor map

$$SNR_{accel} = \frac{SNR_{full-k}}{G\sqrt{R}}$$

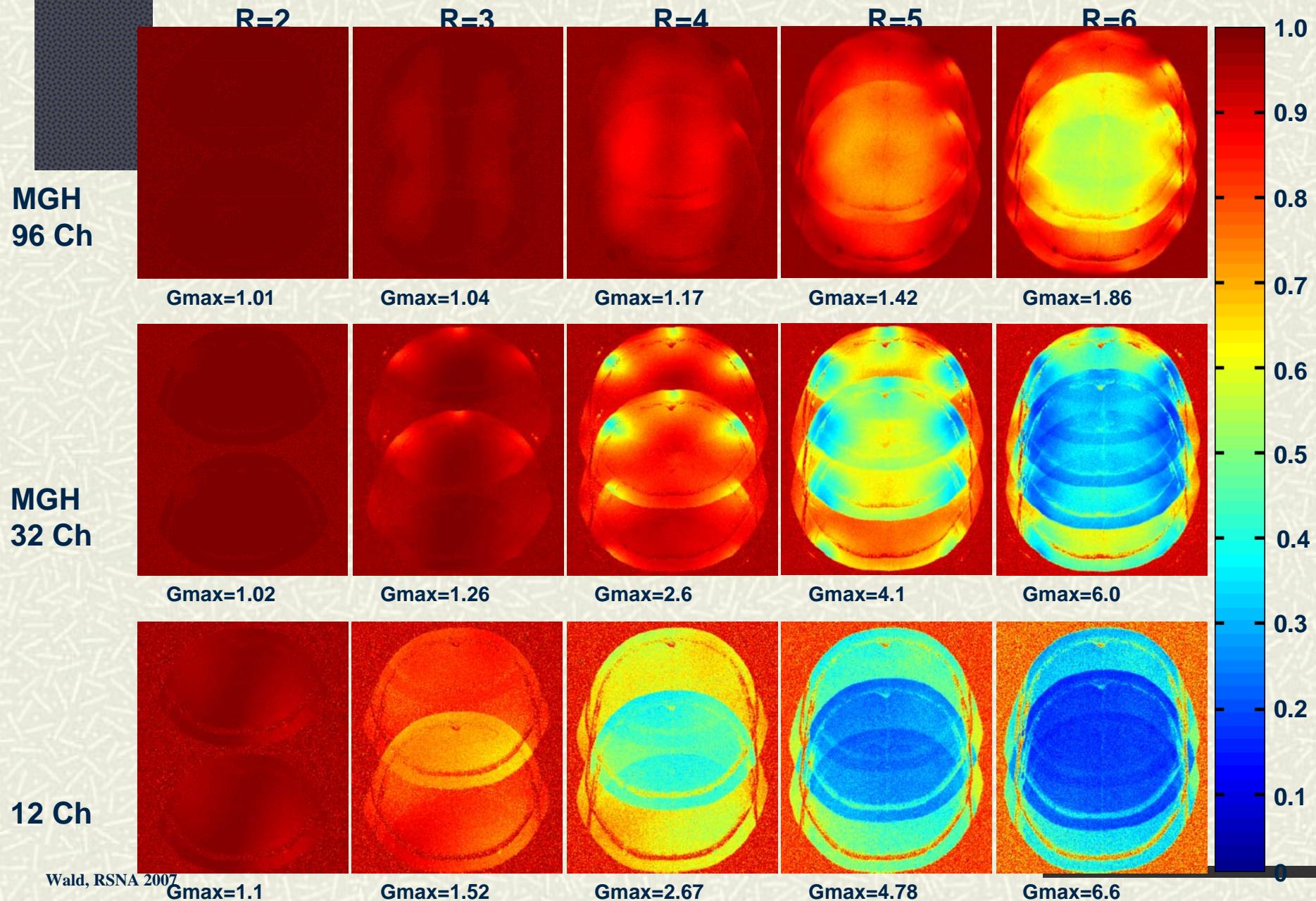


noise correlation matrix

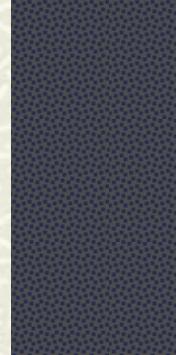


Rate = 4
Gmax=2.17

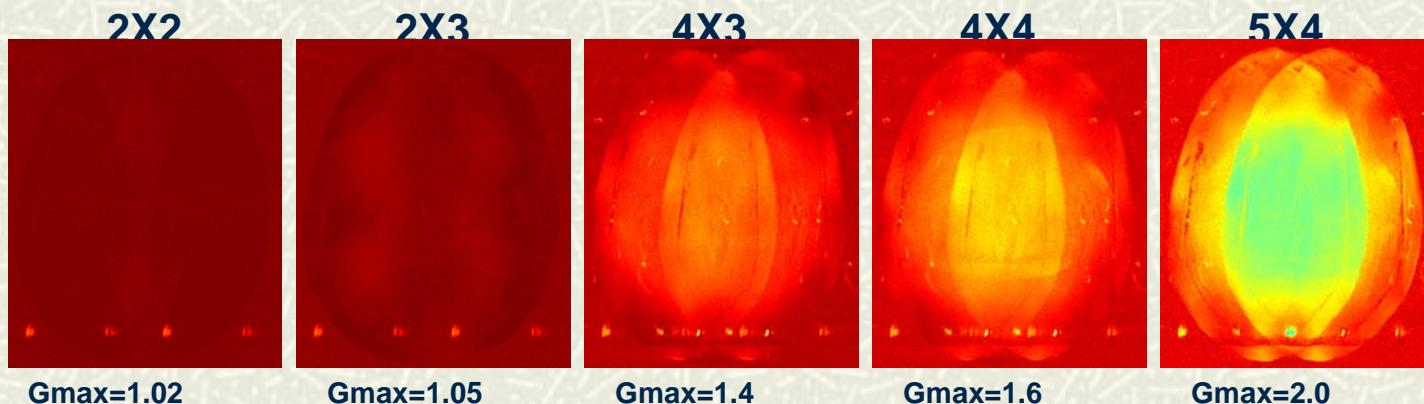
1/G-factor Maps, 3 Tesla



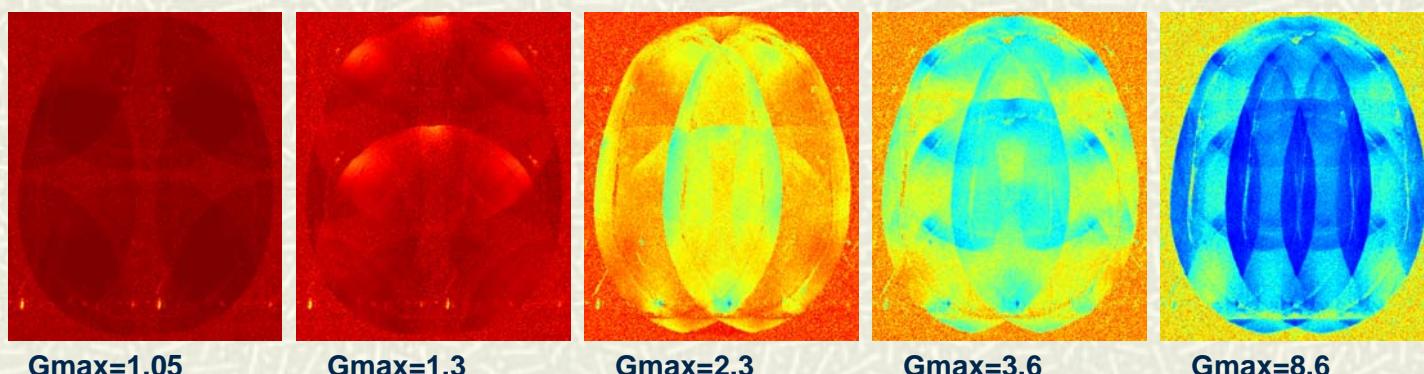
1/G-factor, 2D Acceleration



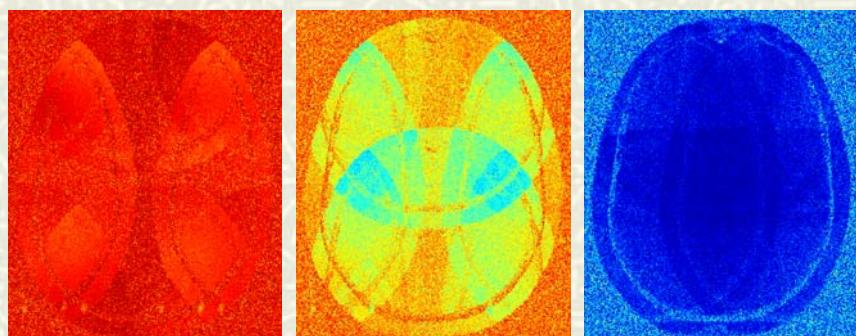
MGH
96 Ch



MGH
32 Ch



12 Ch

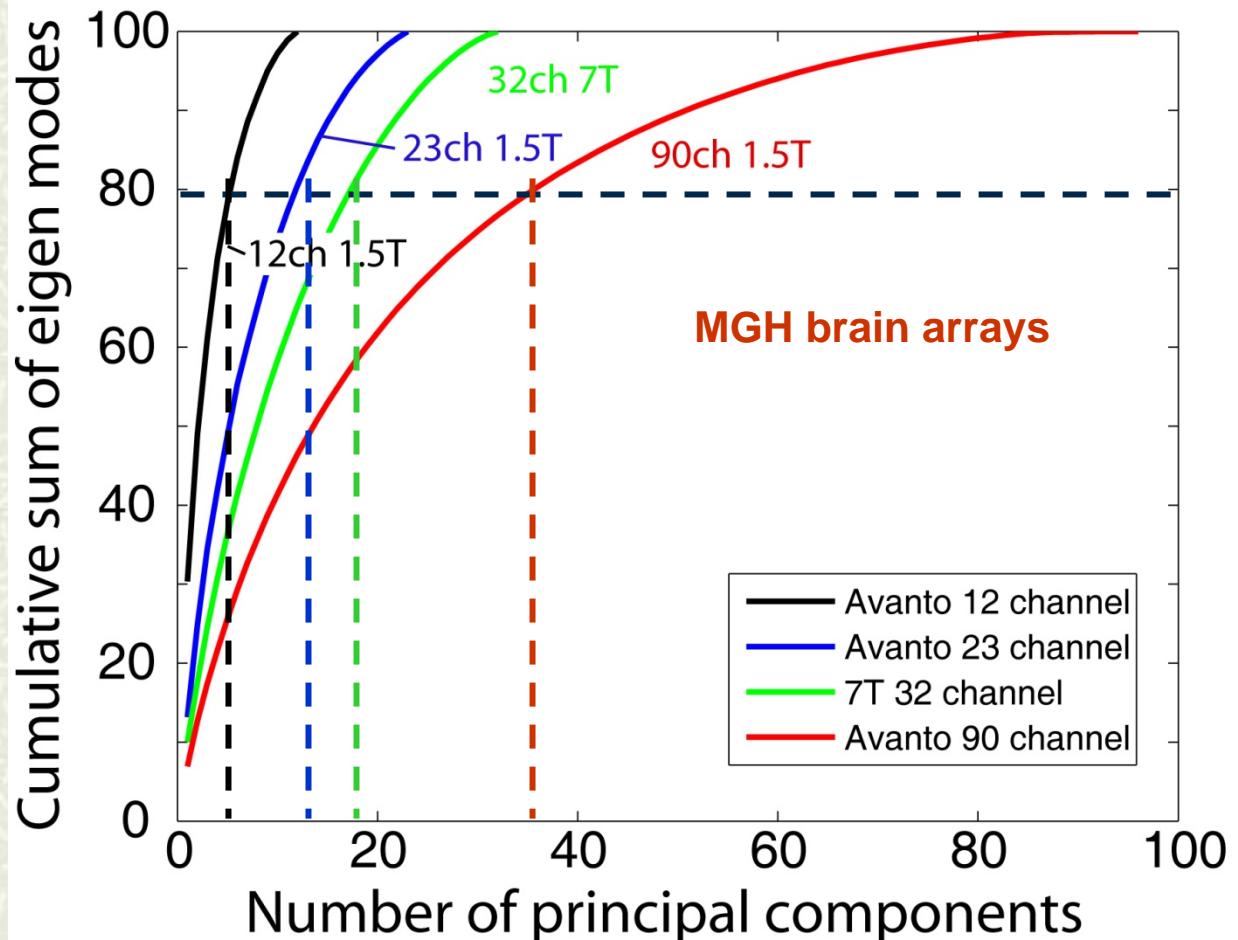


3D encoding power of the array: eigenmodes of the sensitivity maps

Analysis following:
Univ. Würzburg

Breuer et al.
ISMRM 2005 p2668

The 90ch coil
still has significant
components over 32ch.



(iPAT) GRAPPA for EPI susceptibility

3T Trio, MRI Devices Inc. 8 channel array
 $b=1000$ DWI images



iPAT (GRAPPA) = 0, 2x, 3x

**Fast gradients are the foundation, but EPI
still suffers distortion**

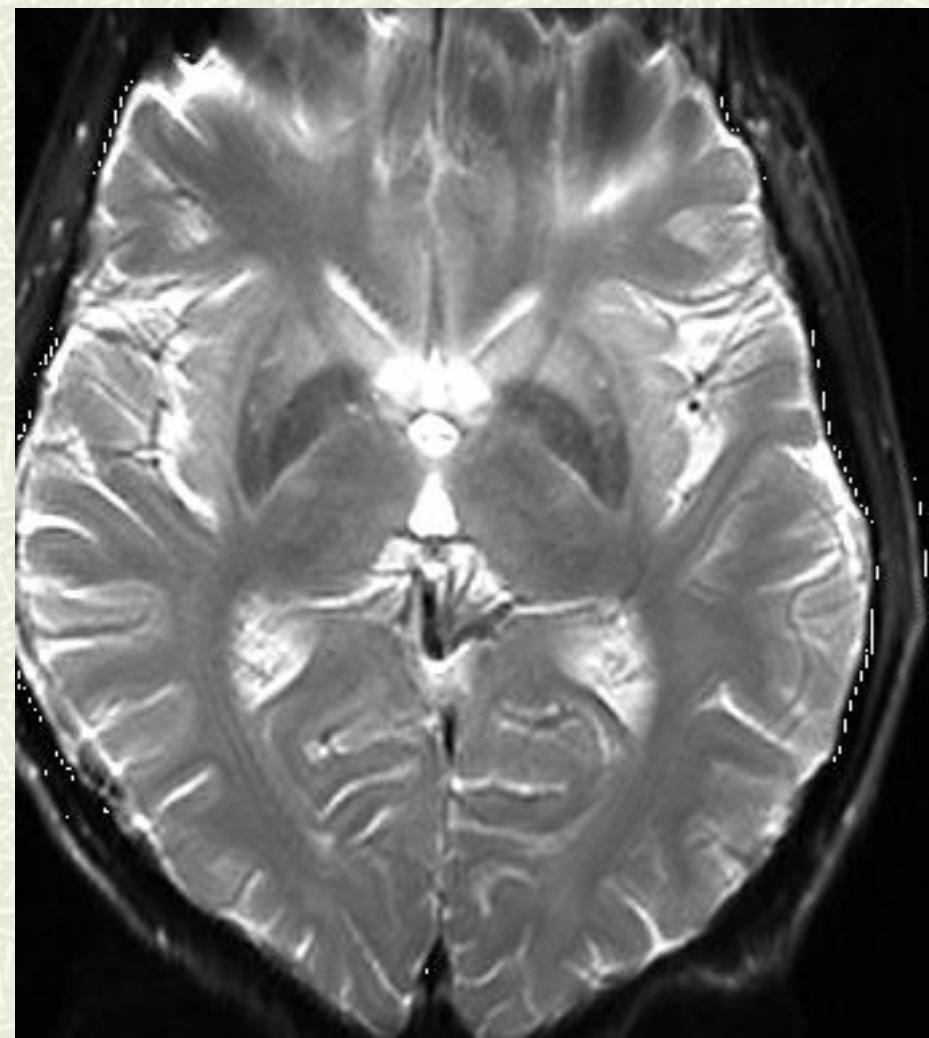
Encoding with RF...

4 fold acceleration of single shot sub-millimeter SE-EPI: 23 channel array

23 Channel array at 1.5T

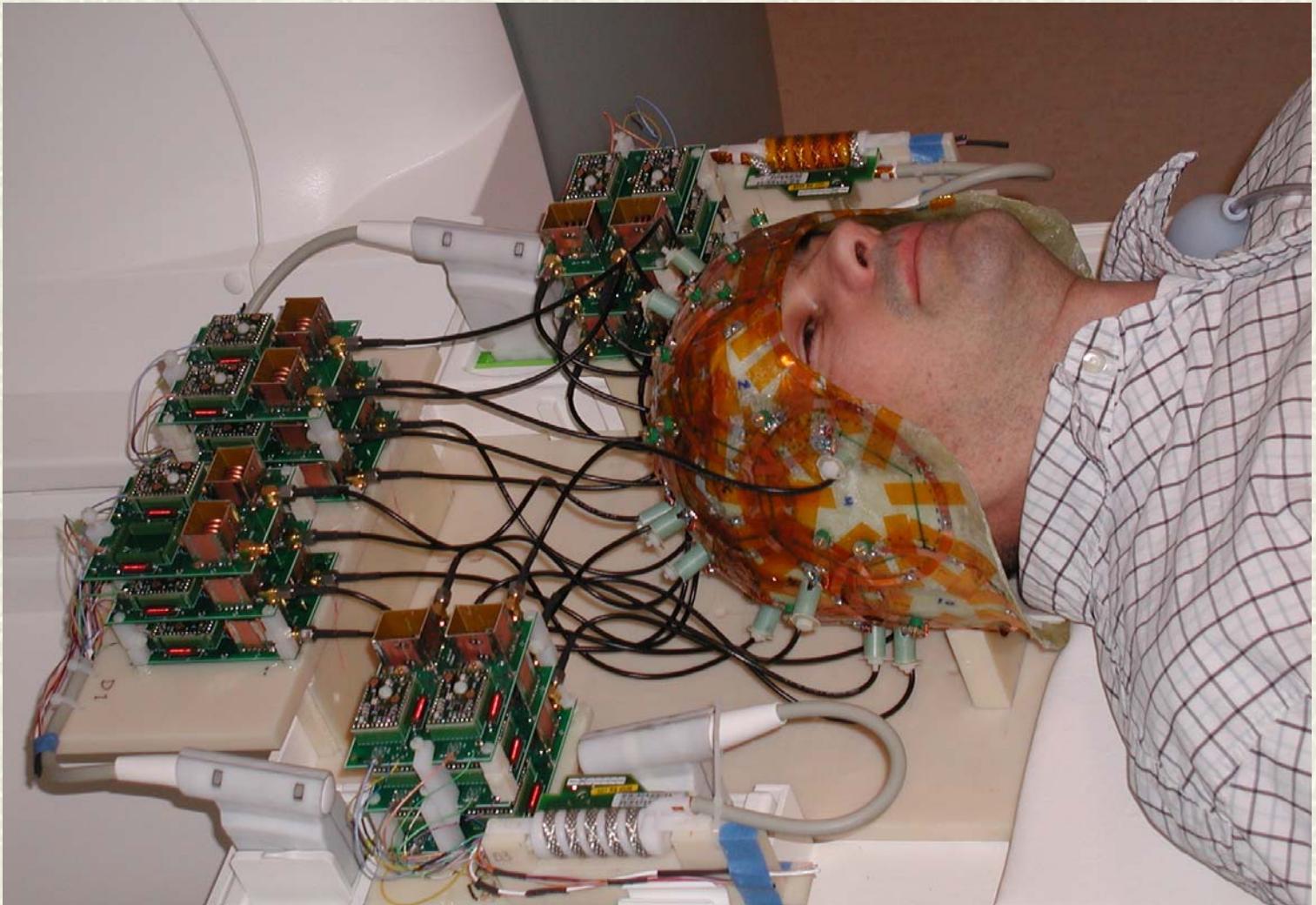
With and without 4x Accel.

Single shot EPI,
256x256, 230mm FOV
TE = 78ms



Extending the phased array to more channels:

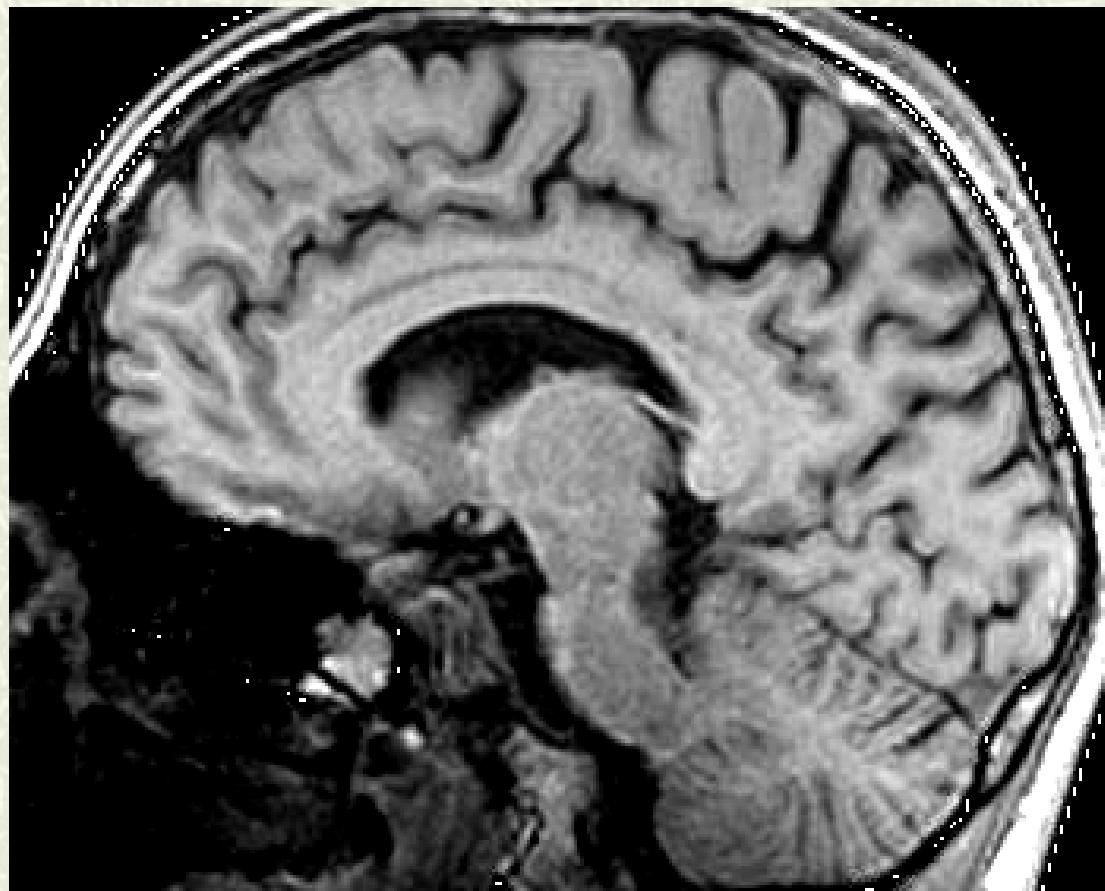
23 channel “Bucky” array for 1.5T



#9 Fold GRAPPA acceleration 3D FLASH

9 minute scan down to 1 minute...

23 Channel array at 1.5T
Can speed up encoding by
an order of magnitude!



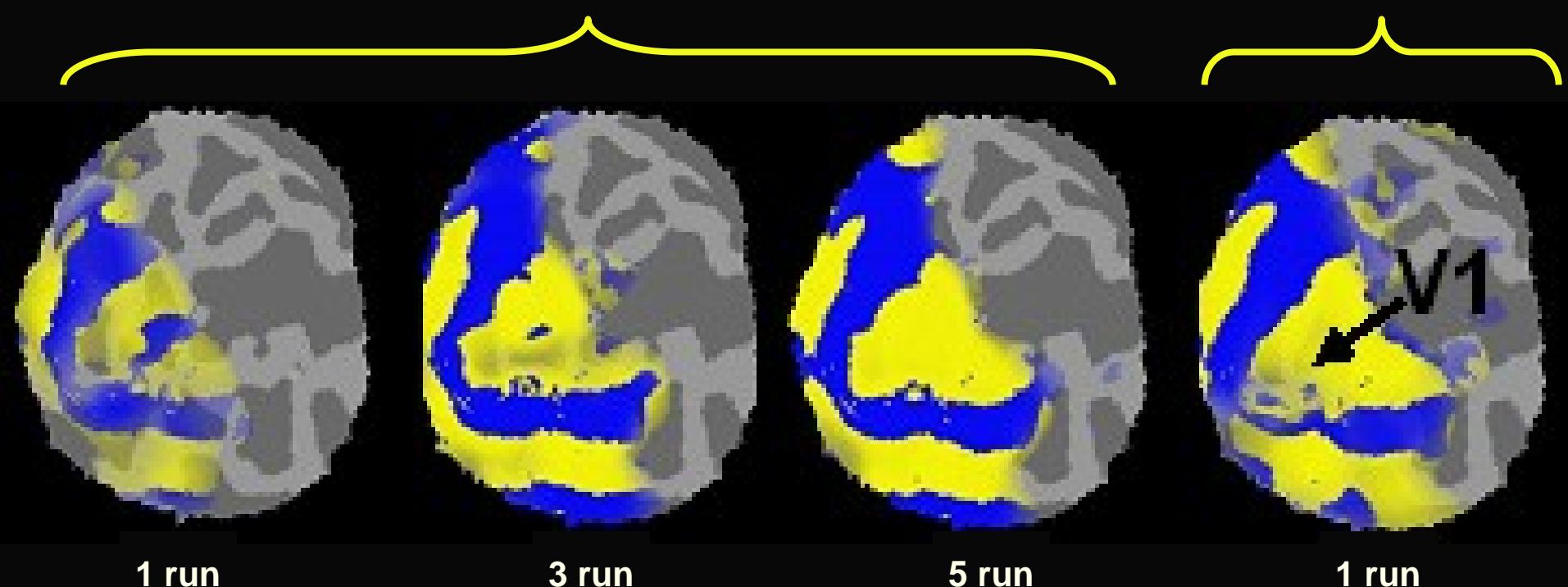
3D Flash, 1mm x 1mm x 1.5mm, 256x256x128



32 channel coil improves fMRI

12 channel coil

32 channel coil

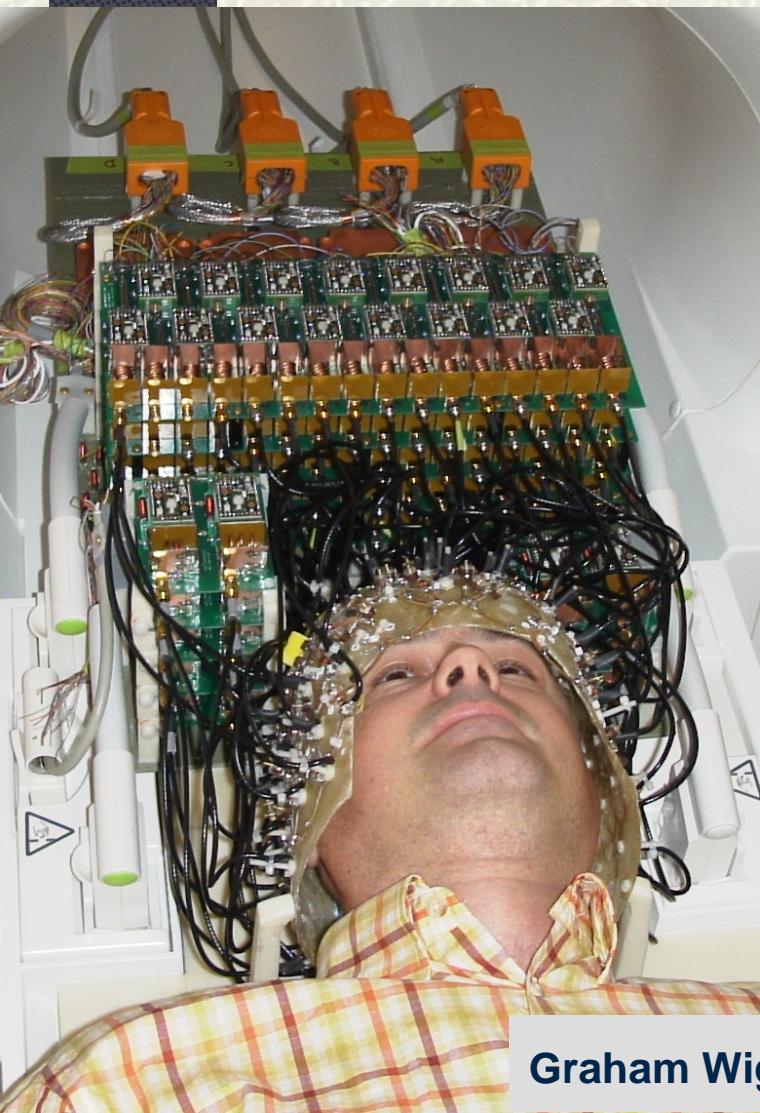


3T Retinotopic mapping

Wald, Beijing 2008

Triantafyllou, Hinds, MIT

90 ch 1.5T



Graham Wiggins

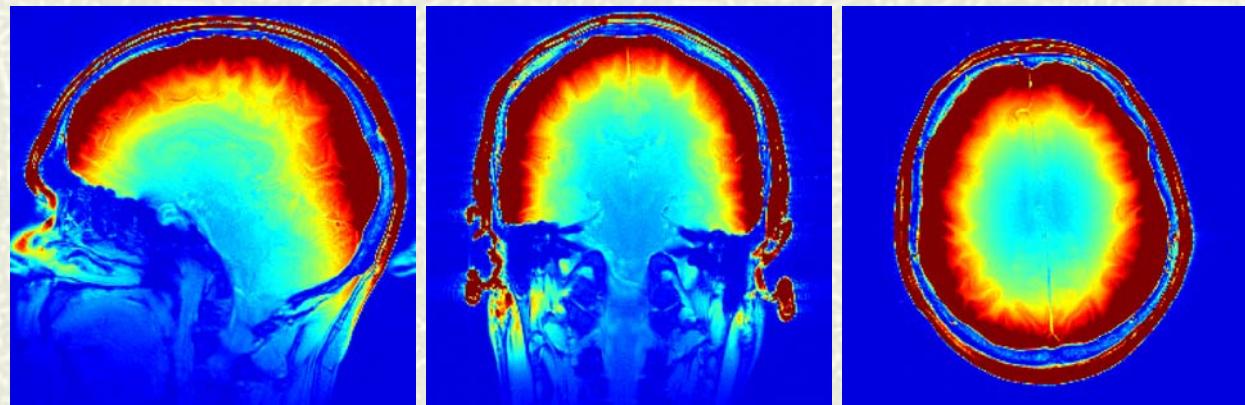
96 ch 3T



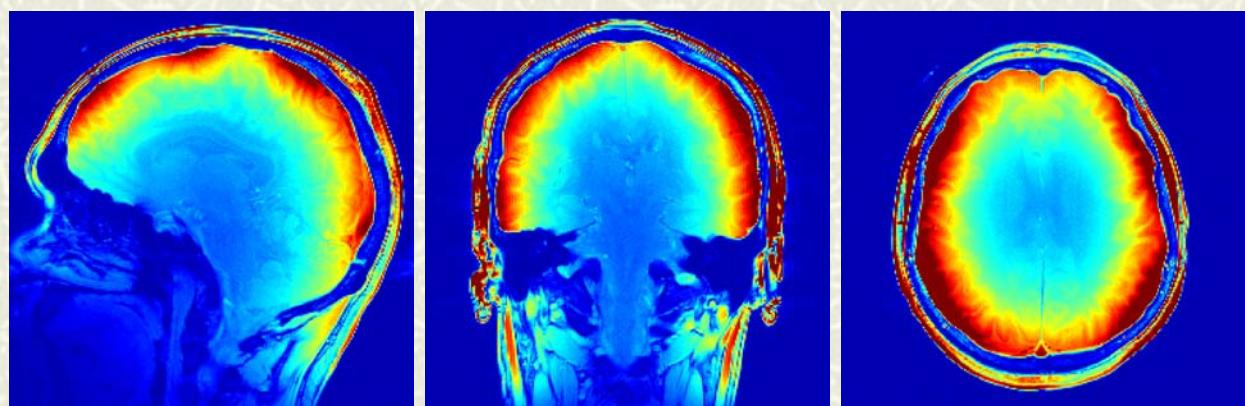
3T SNR Maps



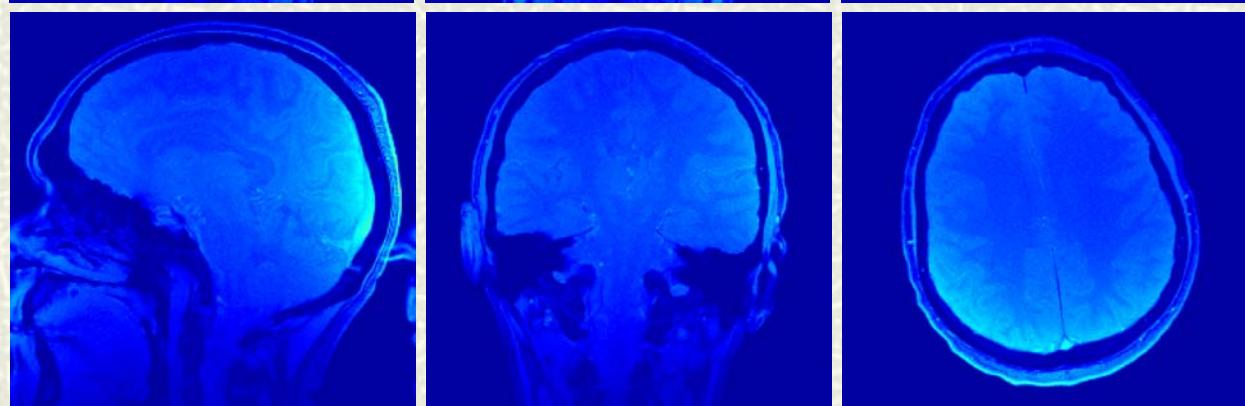
96 Ch



32 Ch



12 Ch



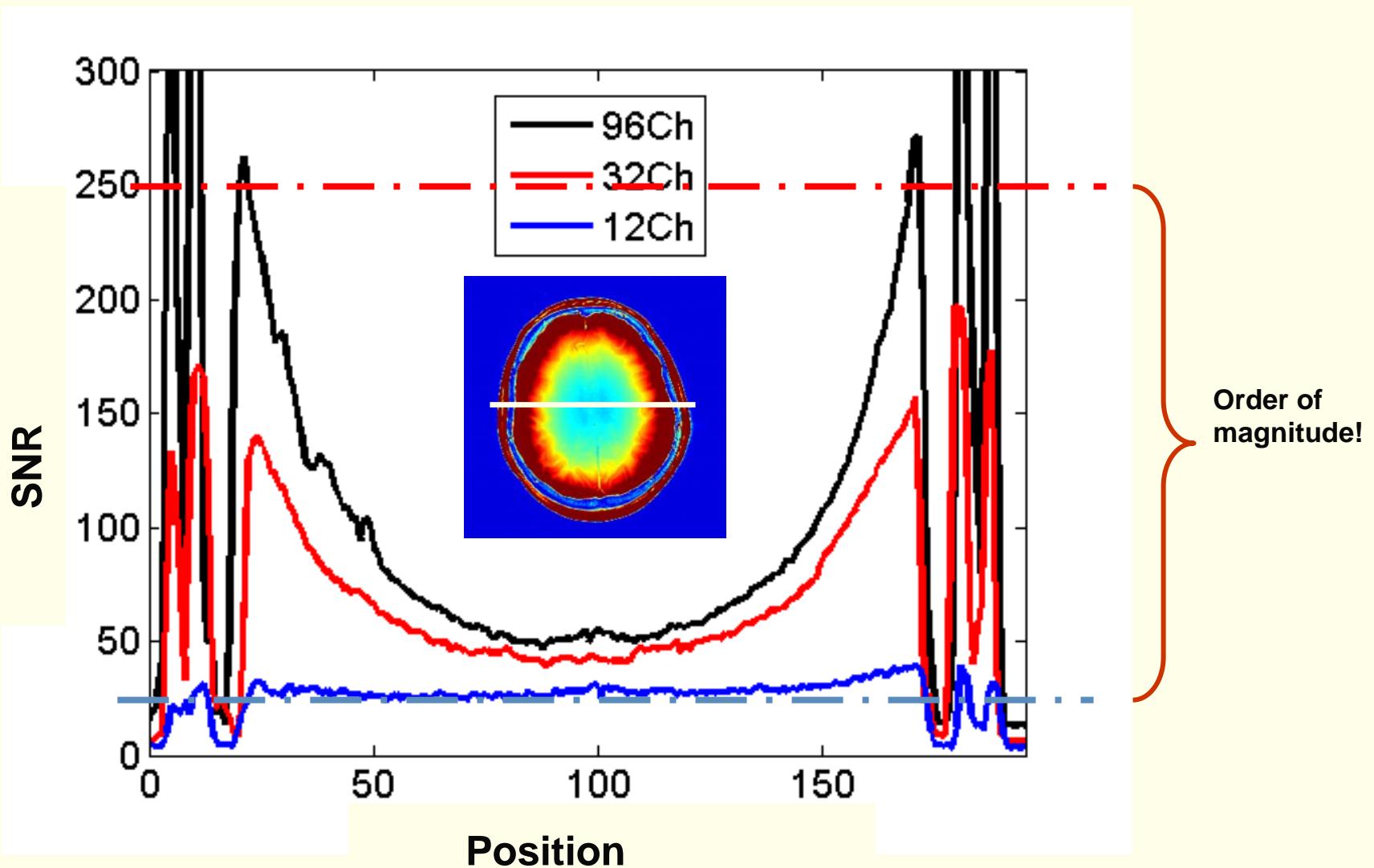
150

100

50

0

3T SNR Profiles





Questions, comments to:

Larry Wald