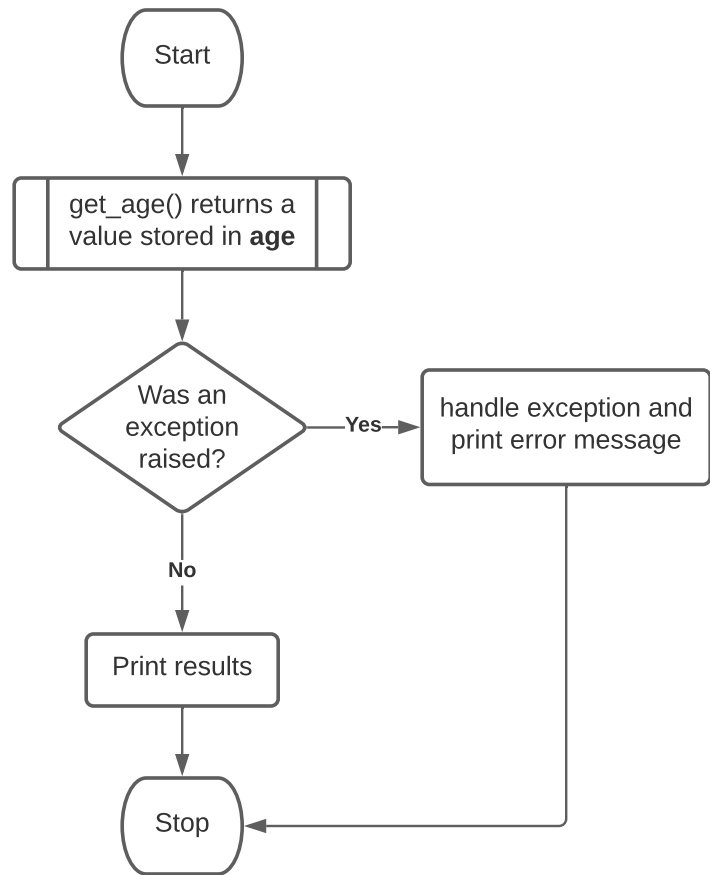


10.7 LAB: Fat-Burning Heart Rate

by Eugene Mondkar

Assumption:

rate formula is $.70 * (220 - \text{age})$



10.8 LAB: Fat-Burning Heart Rate (flowchart segment)

