

# KHUSHI MT KIT

## KHUSHI MT KIT Combi pack contents:

A) A single tablet of **MIFEPRISTONE 200 mg**  
**Red Circle Fig 1**

B) 4 tablets of **MISOPROSTOL 200 mcg** each  
**Blue Box Fig 2**

TABLE 1

 <p>Fig 1 <b>Day 1</b> 1 Tab Mifepristone 200 mg</p>	 <p>Day 2 NIL</p>	 <p>Fig 2 <b>Day 3</b> 4 Tab Misoprostol 200 mcg each</p>
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TABLE 2

What to take	When to take	How to take Khushi MT Kit	What to expect by way of effect
Day 1	A) Red circled single tablet of Mifepristone 200mg	Swallow Mifepristone by mouth with liquid  In case of vomiting within half an hour, TAKE THE SAME TABLET AGAIN	Within few hours of taking the tablet, mild to moderate cramping abdominal pain with spotting to mild bleeding may start
Day 2	NIL	NIL	Increased bleeding with more cramping pain
Day 3	B) Blue box out lined four tablets of Misoprostol 200 mcg tablets	C) Take all the 4 Misoprostol 200mcg tablets together by any of the following methods  1. Under the tongue Keep all the 4 tablets under the tongue as shown  2. In the cheek Keep 2 tablets on each side between EN cheek and teeth. (For both the above methods, keep the tablets for atleast 20 minutes before swallowing the remaining tablet with water  3. . Inside the vagina Wash the hand thoroughly and insert ALL the four tablets inside the vagina as far as possible. Lie down face up for at least half an hour	Abdominal cramping will increase in few hour after taking with heavier flow of blood. At this stage the prescribed pain killer may be taken. Blood flow will increase almost like menstrual flow with clots  Some women may have vomiting, headache, loose motions mild fever or dizziness.  After the blood clots stop appearing, the pain and bleeding will gradually become less  Drink lots of water or any other fluid and be in a resting position as much as possible Most women stop bleeding in two weeks and spotting in one month

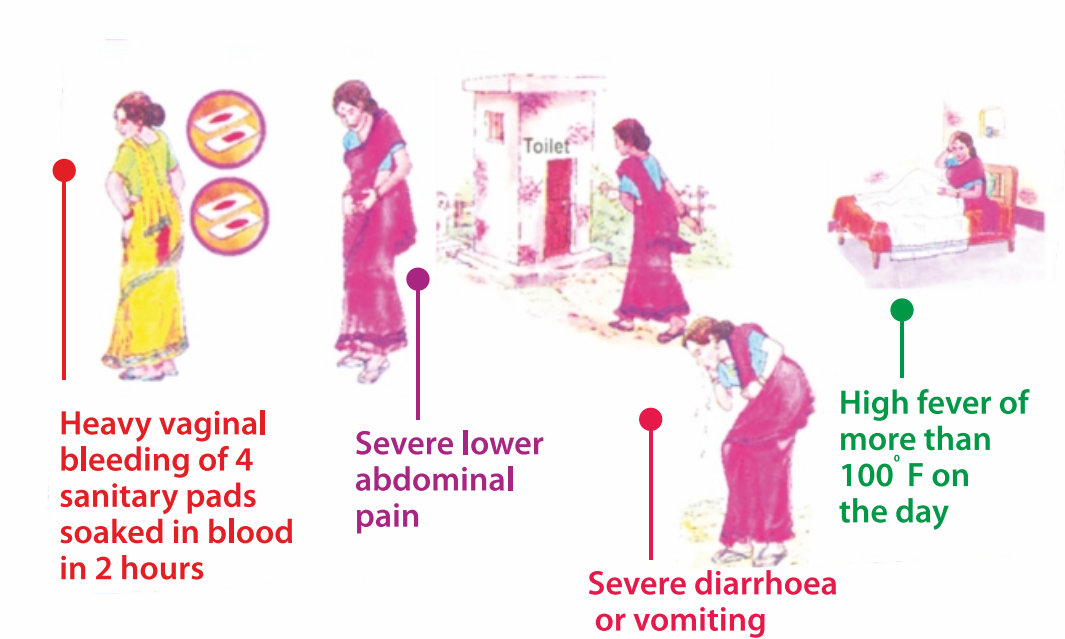
**MOST WOMEN ABORT WITHIN 4 TO 6 HOURS AFTER TAKING MISOPROSTOL TABLETS. FEW WITHIN THE SAME DAY AND VERY FEW WITHIN NEXT 5 DAYS.**

It is strongly advised not to have sexual intercourse until 2 weeks after condom during this period to prevent infection.

Day 15 Visit your doctor/gynecologist. This is compulsory. 15 Your doctor will confirm the abortion or advise on the next course of action and also help choose the method of contraception

**Warning Indicators:** Following warning signals means a doctor should be contacted immediately

TABLE 3



- a) Medical abortion process is considered complete after heavy bleeding with visible clots have passed
- b) If there is no bleeding or symptoms of pregnancy continues several days after taking blue box pills of misoprostol 200 mcg tablets, Doctor/ Gynecologist must be consulted.
- c) After medical abortion, pregnancy is highly probable if suitable contraceptive measures are not taken. Doctor consultation is necessary to discuss this matter.

- Caution :**
- Medical abortion tablets should be taken strictly under the supervision of a Gynecologist or Medical Practitioner approved for this purpose under the MTP Act.
  - Any intra uterine device (like copper T) should be removed before going in for medical abortion .
  - Full course of medical abortion kit in the prescribed sequence must be taken
  - In case of failure of medical abortion, it is necessary to go in for surgical evacuation to complete medical abortion.

**Medical abortion kit is intended for abortion upto 9 weeks of pregnancy only, beyond which surgical evacuation is the only option.**

- NOT TO USE MEDICAL ABORTION KIT, if**
- Medical facility to attend to emergency is not available in short time.
  - Not fit or prepared for surgical evacuation in case of failure or emergen
  - Allergic to Mifepristone or Misoprostol.
  - Under steroid or blood thinning therapy for a long time.

**PLEASE READ THESE INSTRUCTIONS VERY CAREFULLY -BEFORE USING THE MEDICAL ABORTION KIT.**