

VOLUME 1 ISSUE 8

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infinithoughts

Day by day
in every way
I am becoming
Most and
more...



Healthy
Wealthy
Loving
Blissful
Spiritual



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WHY GROW?

- Ramaratnam

Growth is self-discovery. In the journey of growth we discover what our invisible self is, and what it is capable of and what it may become.

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DON'T MAKE GOD CRY!

- Gita Krishna Raj

A guru is not a relationship for outer manifestations. He is a link to that inner divinity we are all struggling to get in touch with.


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Kick the ball & Kiss the cup

Gratitude should be the way of life!

Manjunath Ravi

One Friday evening I was dining at one of the finest restaurants in Chennai with my friends, watching the world's most favourite game, Football. Though I was not familiar with most of the rules, there were many philosophical thoughts running through my mind, along with the players who were running towards their goal by kicking the ball.

If we keenly observe the players we would notice a burning desire in their eyes - the desire to kick the ball towards the goalpost no matter how many people chase him, push him or intimidate him to lose his concentration. People do so just to snatch the ball out of his control. An aggressive look is seen in every player, concentrating either on the opponent or on the ball.

We humans live in a similar environment in the game of life where everyone runs for their own goals, crying, shouting, learning, networking - what else and what not just to attain their self-defined goals. Though the goals are noble, the path we choose to attain it definitely matters. Sometimes we are blessed with a good coach - our

teachers, good manager, our parents, good sponsors, our company, finally our cheerleaders, friends. Most of us think that, to kick the ball into the goalpost one needs all the above said factors. But the truth is, the team's victory is not decided only by having the aforesaid factors, but by the individual's contribution to the team and in turn the team's performance in the game.

In football the main aim of every player is to concentrate on the ball and to push it into the goalpost at any cost. If the player starts worrying and fearing about the strengths and weaknesses of the opponents he will never be able to hit any goal. Similarly, in our day-to-day life we independently work assuming someone as our opponent and we start constantly comparing ourselves with them, which ultimately leads to enmity. Simple mantra to victory is 'Do your job and allow others to do their job', which will lead to a healthy competition.

So, is that all we need to learn from the footballers? No! There are things that we should not learn too. As a person who has been constantly hurt by my peers, I was wondering about the

reasons for my sufferings. When I was at the end of the football game, the captain of the winning team was called on the dais and was given the CUP. The whole team rushed to the stage and everyone started to KISS the cup and exchanged happy moments. Fortunately, the camera man focussed his camera on the football which helped them to win the cup. The torn ball was lying helplessly in the field. Immediately I was amidst an unknown feeling and thinking hard about life.

Then I realised footballers kick the ball only for their goals and they kiss only the cup. Some people in our lives too are like footballers, in this regard. They kick us hard just for their goals and they never even have time to thank us. They become so busy in kissing their cups. How hurting it is to be a part of their life. We need to learn the art of thanking others and remember to consider them as a part of our victory. Gratitude should be the way of life!

"Never be like a footballer to kick the ball just for their goal, and kiss the cup, Instead kiss the one which helped you to attain your goals." ●

Gratitude is not only the greatest of virtues, but the parent of all others. -Marcus Tullius Cicero