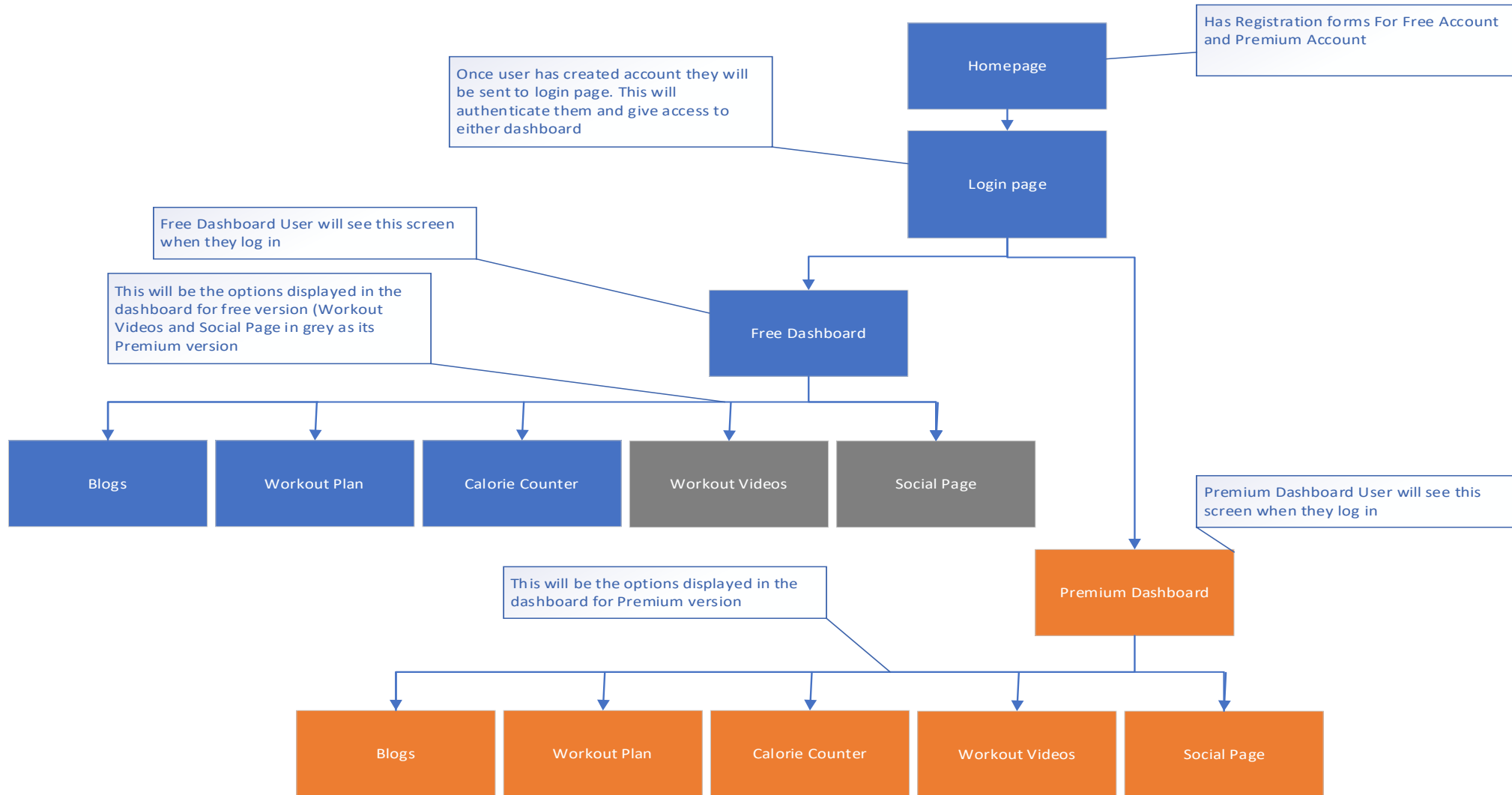


Designs

Layout of webpage Design/Hierarchy



Homepage/Register

Toka Fitness	
<div><div>Register for Free Account</div><div><div>First Name</div><div>Last Name</div></div><div><div></div></div><div><div>Select Gender</div><div>▼</div></div><div><div></div></div><div><div>Enter email</div></div><div><div></div></div><div><div>Create Pasword</div><div>Show <input type="checkbox"/></div></div><div><div>Create Free Account</div></div></div>	<div><div>Register for Premium Account</div><div><div>First name</div><div>Last Name</div></div><div><div></div></div><div><div>Select Gender</div><div>▼</div></div><div><div></div></div><div><div>Enter email</div></div><div><div></div></div><div><div>Enter Card Number</div></div><div><div></div></div><div><div>Enter cardholder Name</div></div><div><div></div></div><div><div>Create Pasword</div><div>Show <input type="checkbox"/></div></div><div><div>Month ▼</div><div>Year ▼</div></div><div><div>Buy Premium Account</div></div></div>
<div>Login</div>	

Homepage Specification

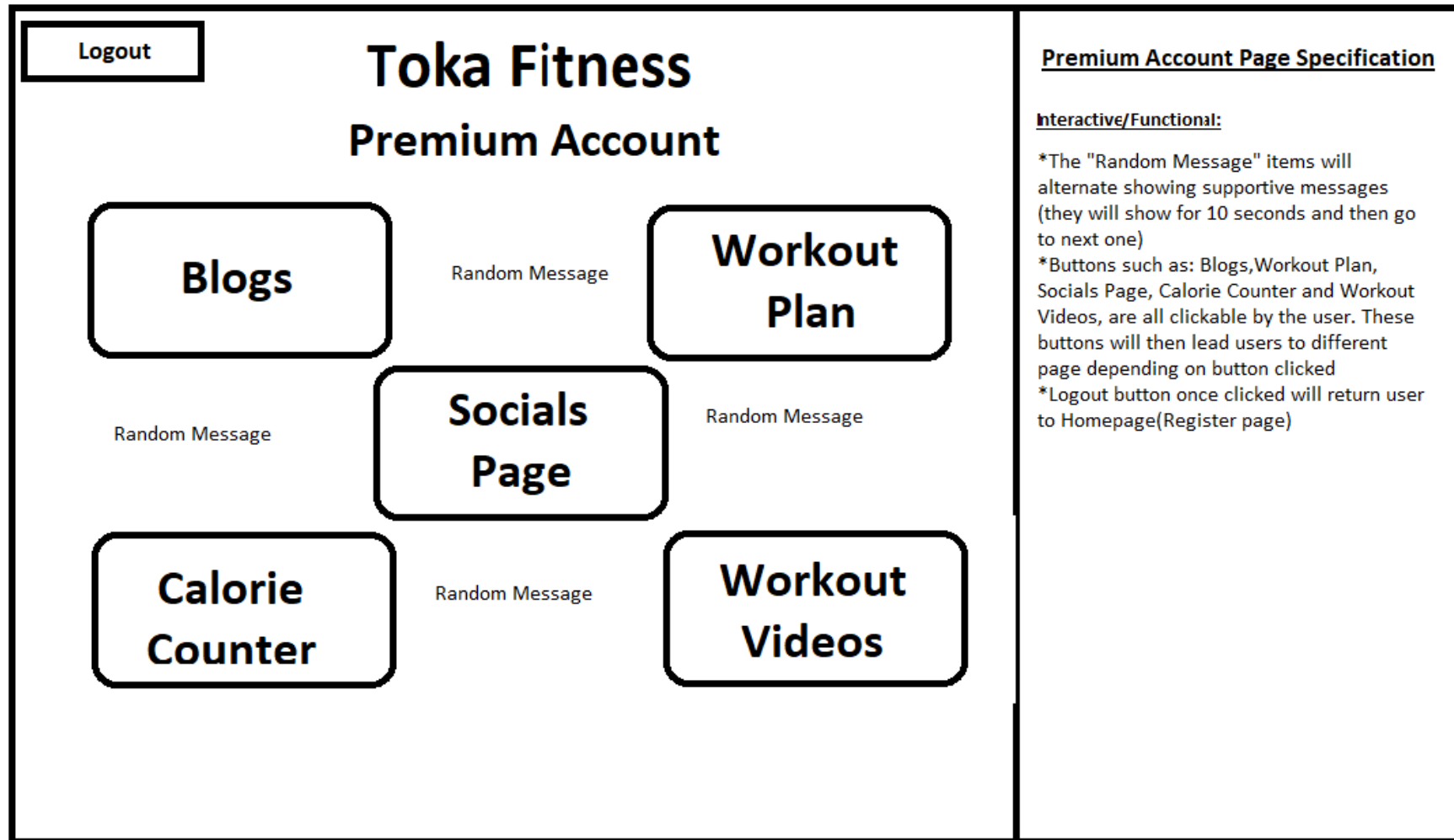
Interactive/Functional:

- *Each Label can be clicked on to start typeing (firstname,email,create password etc)
- *Premium Account will have a drop down to select card expiry date
- *Create password has check box which can be pressed to show password or not to.
- *Buttons such as: Create Free Account & Buy Premium Account will lead you to login page once all details have been entered
- *Login button once pressed will lead user to login page
- *Select Gender will act as a drop down where you can select either Male or Female

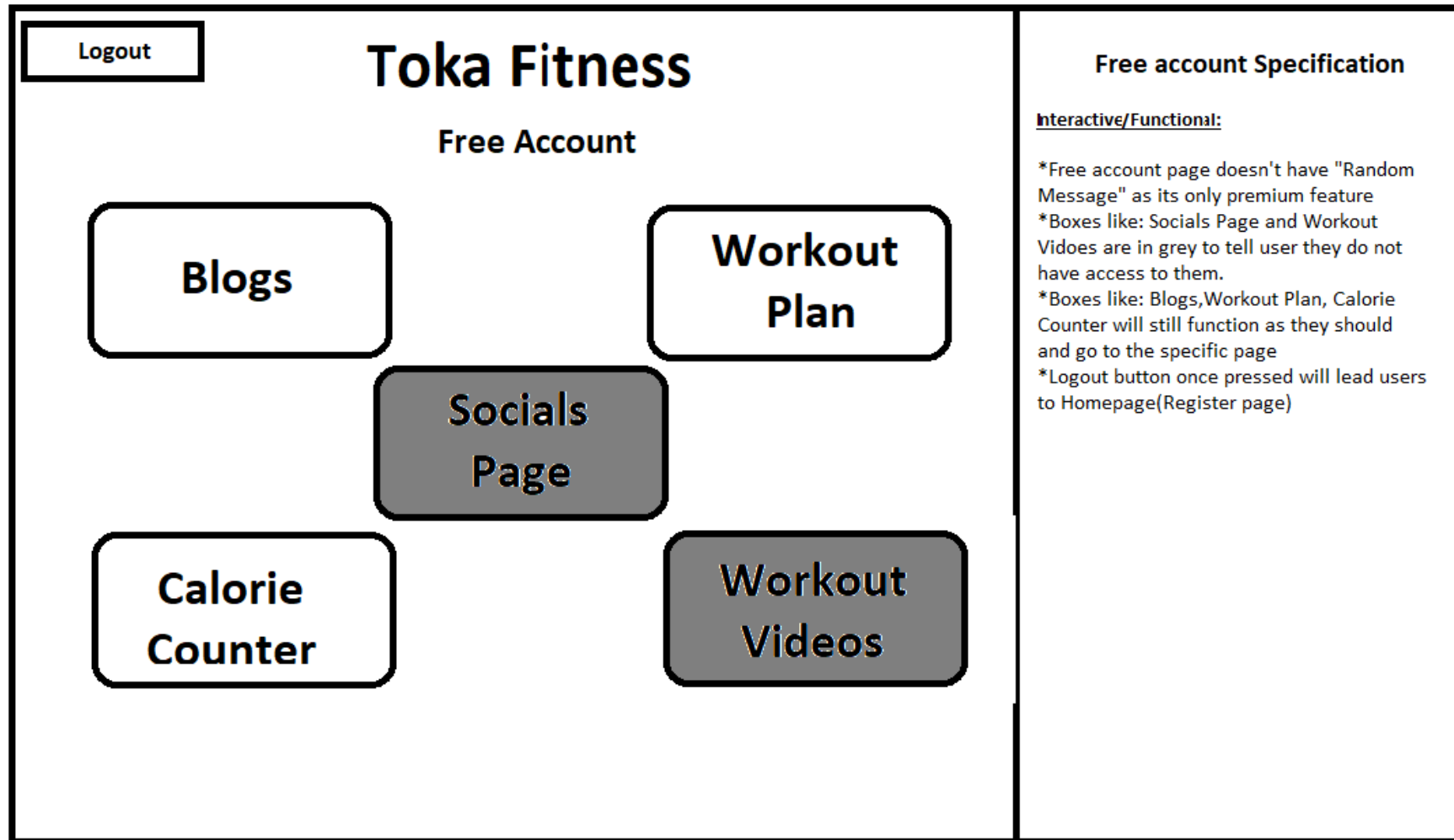
Login page

<div data-bbox="604 308 1010 373"><h1>Toka Fitness</h1></div> <div data-bbox="604 491 1010 588"><div>Enter Last Name</div></div> <div data-bbox="604 638 1010 735"><div>Enter Email</div></div> <div data-bbox="604 786 1010 884"><div>Enter Password<input data-bbox="965 815 1003 852" type="checkbox"/></div></div> <div data-bbox="658 1106 913 1179"><div>Login</div></div>	<div data-bbox="1433 320 1758 352"><h3>Login Page Specification</h3></div> <div data-bbox="1393 389 1635 416"><p><u>Interactive/Functional:</u></p></div> <div data-bbox="1393 426 1843 512"><p>*labels such as : (Enter Last Name, Enter Email, Enter Password) can be interacted by clicking on them and typeing</p></div> <div data-bbox="1393 510 1827 596"><p>*The box in enter password represents show password and if clicked again will not show it</p></div> <div data-bbox="1393 596 1854 740"><p>*Login button can be clicked on which will check the information by looking at excel sheets to see if any of information match existing customers. If information doesnt match it will remain on the same page.</p></div>
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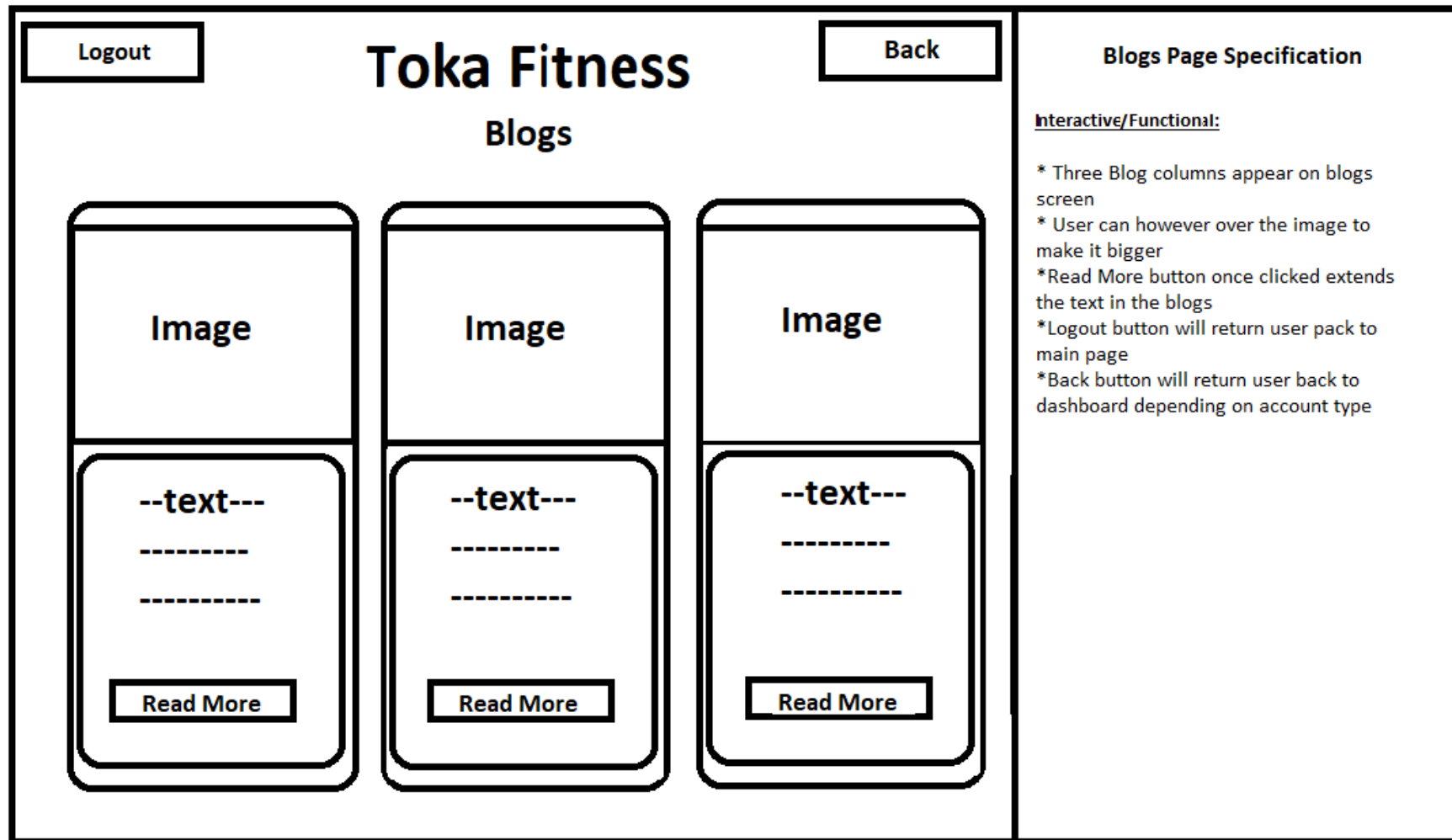
Premium Account Page



Free Account/Dashboard



Blogs page



Workout Plan

Logout		Toka Fitness					Back	
Workout Plan							Workout Plan Specification	
DAY 1	DAY 2	DAY 3	DAY 4	DAY 5				
Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>				
Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>				
Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>				
Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>				
Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>	Exercise <input type="text"/>				
Timer	Timer	Timer	Timer	Timer				
Stop Start	Stop Start	Stop Start	Stop Start	Stop Start				
Save Share	Save Share	Save Share	Save Share	Save Share				

Interactive/Functional:

- * Each Exercise is a drop down where user can select a workout to pick from by clickon on drop down
- * Timer will start once user clicks on start and will stop once stop is pressed
- * Save button will save the 5 exercises to excel sheet
- * Share button will publish 5 workouts to socials page
- * Logout will return user to Homepage
- * Back Button will return user to Dashboard

Calorie counter

Logout

Toka Fitness

Calorie Counter

Back

Total Calories

—

Item+| Calories

=

Total Calories

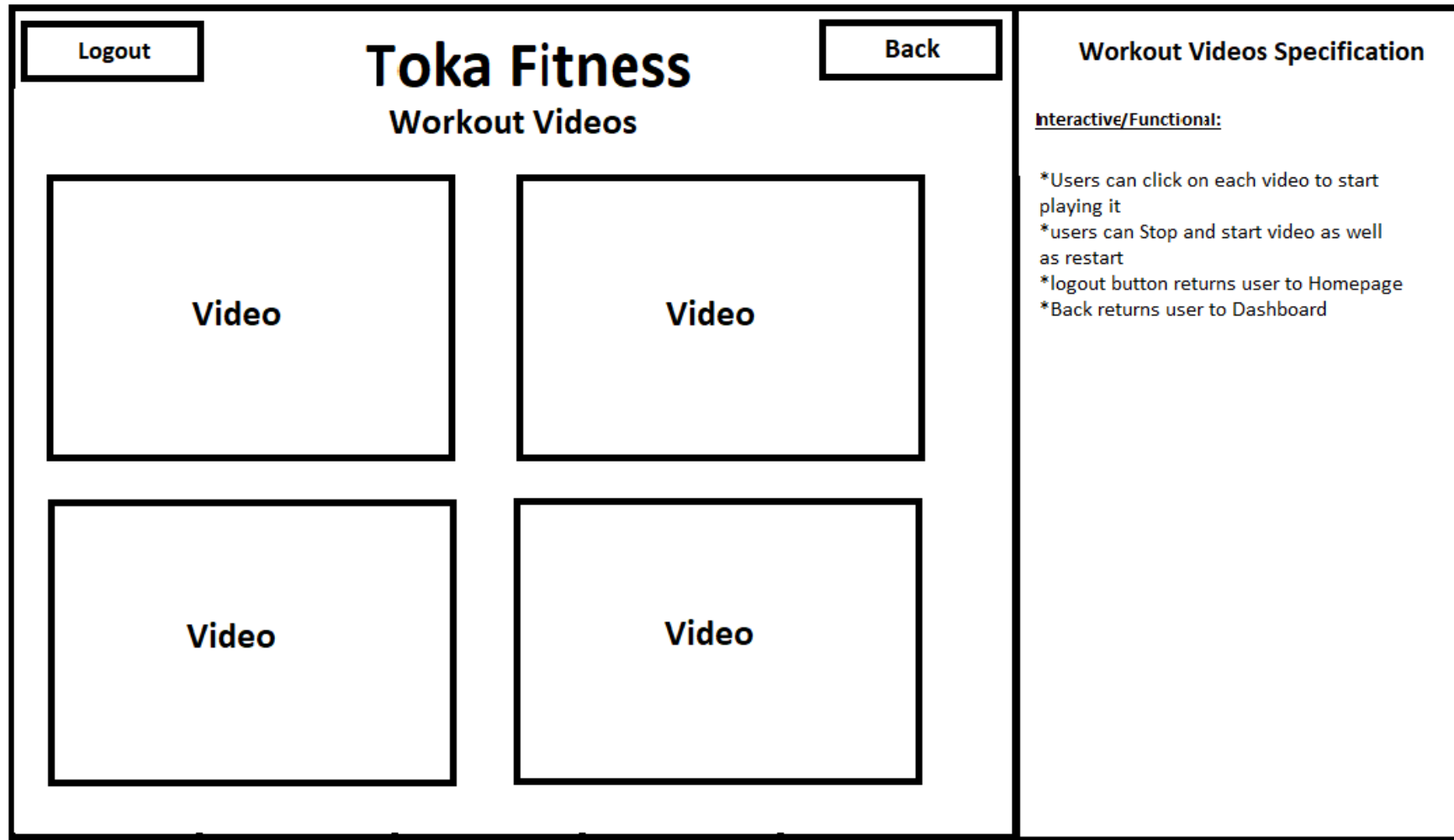
Food Log	
Item Name	Calories
Item Name	Calories
Item Name	Calories
Item Name	Calories
Item Name	Calories
Item Name	Calories

Calorie Counter Specification

Interactive/Functional:

- *Total Calories will automatically be set by using users gender (Male = 2500 Female = 2000)
- *User Can add Item by typing in middle label
- *User can add Calories by typing in same label
- *User can press "+" to add it to Food Log
- * Once + is pressed it will update Total Calories
- *logout will return user to main page
- *back will return user to dashboard page

Workout Videos



Socials Page

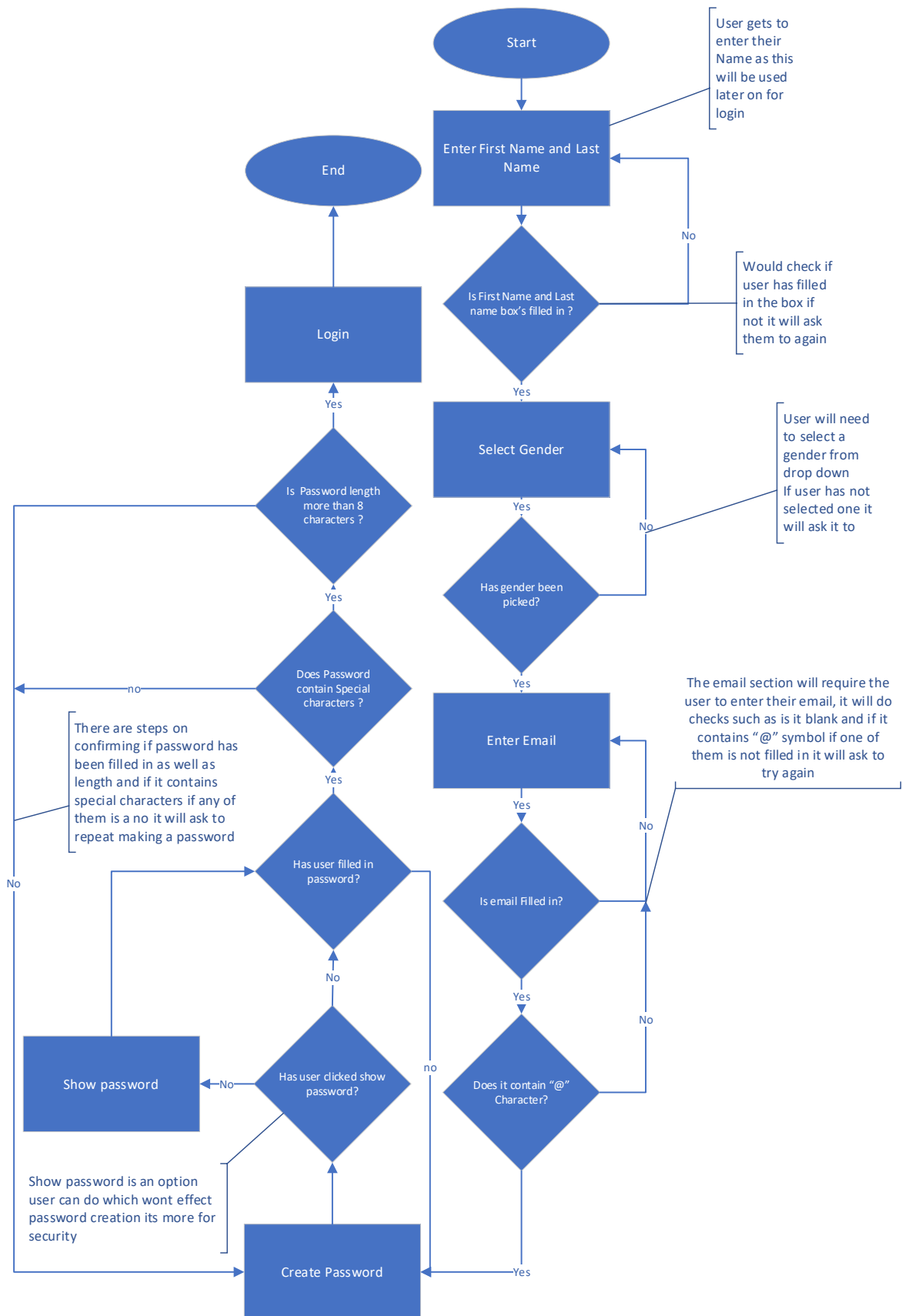
Logout	<h1>Toka Fitness</h1>		Back
<h2>Socials Page</h2>			
User Name	Workout Day	Exercises Done	Time
John Smith	Day 3	Push-ups, Squats, Lunges Dumbell Row, Deadlift	27:03 minutes
Tom long	Day 5	Push-ups, Squats, Lunges Dumbell Row, Deadlift	36:17 minutes
Bob Prob	Day 1	Push-ups, Squats, Lunges Dumbell Row, Deadlift	23:20 minutes

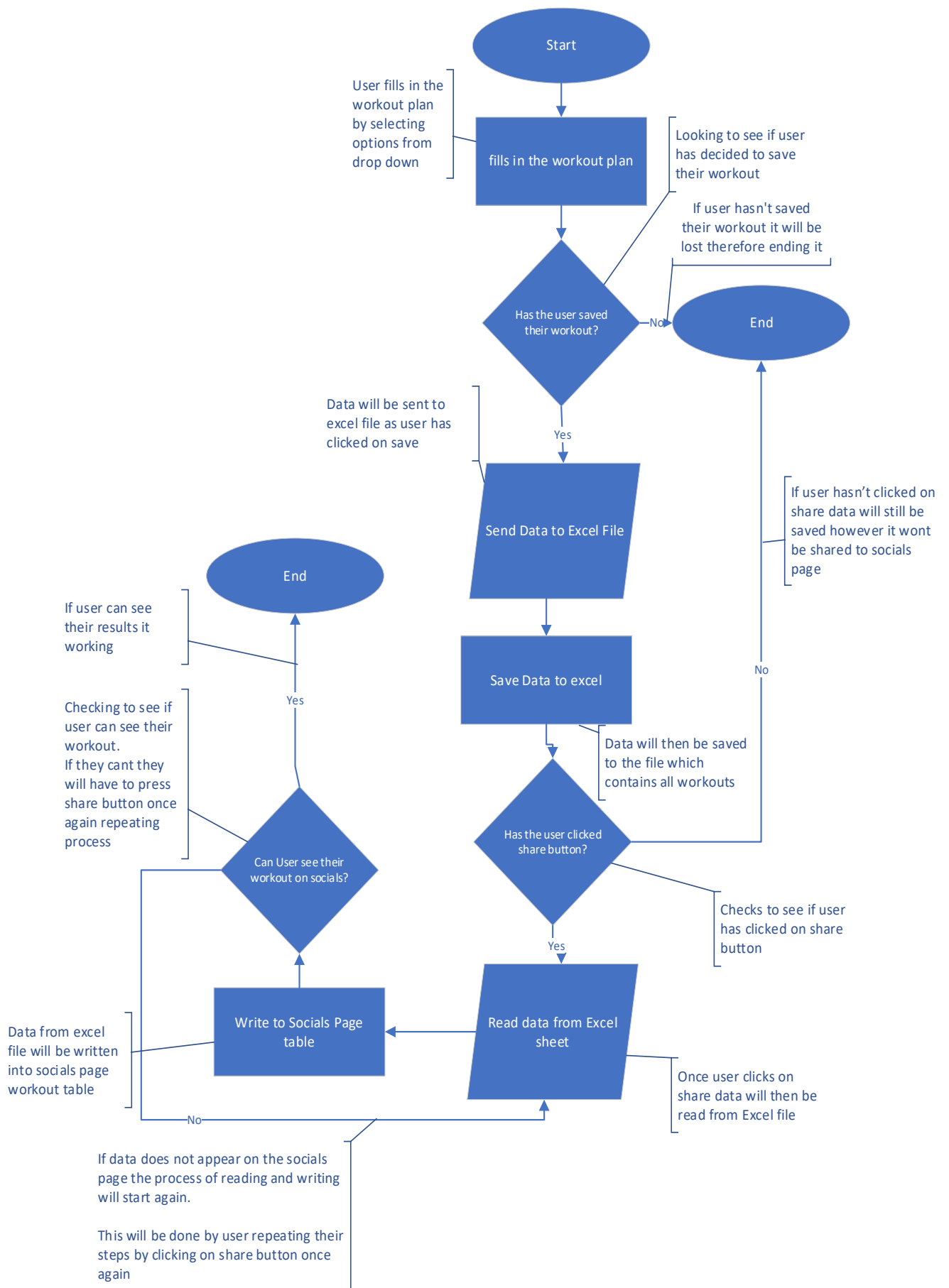
Socials Page Specification

Interactive/Functional:

- *This is where all the shared workouts get shared to
- *Users can see other user progress
- *Only Accessed by Premium Users
- *logout will return user to Homepage
- *Back will return User to dashboard

register form





customer sharing data to socials page