```
<!DOCTYPE html>
<html>
    <head>
        <link rel="Stylesheet" href="static/Stylesheet.css">
        <title>Premium Dashboard</title>
        <h1 class = 'title'>Welcome {{ name }} To Premium Dashboard</h1>
    </head>
    <div>
        <div>
            <a href="/pushups"><button type="button" id="Menu_option_pushUp">Push
Ups</button></a>
        </div>
        <div>
            <a href="/squats"><button type="button"
id="Menu_option_squats">Squats</button></a>
        </div>
        <div>
            <a href="/records"><button type="button"
id="Menu_option_records">Records</button></a>
        </div>
        <div>
            <a href="/blogs"><button type="button"
id="Menu_option_blogs">Blogs</button></a>
        </div>
        <div>
            <a href="/"><button type="button" id="backButton">Back</button></a>
        </div>
    </div>
</html>
```