

"Only those who will risk going too far can possibly find out how far one can go." – T.S. Eliot.

Thus without batting an eyelash we have confronted what we are afraid the most of. Challenge accepted. Be it facing the rage of storms, floods, earthquake, volcanic eruptions, and now, the pandemic. We could never be hindered.

So we gambled. No matter how tiny the chances are, maybe the odds would be in our favor. Or maybe not. Regardless, we have started small, believing that all small things bring to pass great feats. What we had from the start as good, we had turned into something better, and we have honed further to underpin PMS to the best it could be. In such a span of time, our minds have wandered, our hearts have sojourned, our feet have trod the poorest village, the remotest frontier and an island thirsting for water. We have set out for, cared for and served the sick and the afflicted, the financially challenged, the differently abled, the elderly, the malnourished, the deprived of liberty, and the indigenous peoples.

Lasting, positive change is the trace we hope to leave behind in every community we set foot in, inch-by-inch, a jove's throw, a village at a time, the rural highlands, the bustling cities, and our beloved Province of Pangasinan at large. Most importantly, that we mobilize the free flow of inclusive growth and development to the communities through the ropes of a tightly knit society of medical professionals.

Indeed, we have come so far. This another feather we add to our cap is a testament that we are in the right direction towards our destination. To where credit is due, we freely share—officers, board of directors, specialty organizations, past presidents, sponsors, the Local Government Units and most especially, our MEMBERS.

Congratulations!

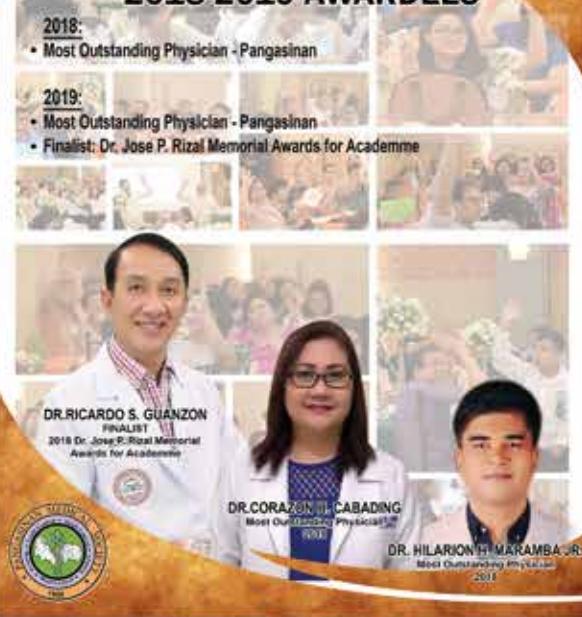
PANGASINAN MEDICAL SOCIETY 2018-2019 AWARDEES

2018:

- Most Outstanding Physician - Pangasinan

2019:

- Most Outstanding Physician - Pangasinan
- Finalist: Dr. Jose P. Rizal Memorial Awards for Academe



With this, could we say that we have already arrived? Not quite. Another year's promise is a third chance to walk the talk, run the errand and go the distance. **NOW IS THE TIME FOR US TO BE UNITED AND STRONGER THAN EVER: ARMED WITH A MASK, COVERED WITH FACESHIELD AND BUCKLED UP WITH HAZMAT SUITS—RISING AS THE NEW GENERATION HEROES TO PANGASINENSES AND FILIPINOS!**

Mabuhay,

PANGASINAN MEDICAL SOCIETY!



94th ANNIVERSARY & INDUCTION CEREMONIES



Republic of the Phillipines
Department of Health
OFFICE OF THE SECRETARY



Message

Warmest greetings to the Pangasinan Medical Society on its 94th Founding Anniversary and 1st Virtual Induction Program.

This pandemic tested our healthcare system and exposed its vulnerabilities--as it did with every government's health system, where even those we considered as far advanced broke under the weight of the pandemic's effects. Nevertheless, considering the state at which our health system was conscripted to defend our people, we have much to be proud of with the expansion of our testing capacities, widening our hospital's critical care capacities, and the establishment of the One Hospital Command Center, among many others. And while there remains much to improve on, this much-deserved attention finally being poured onto healthcare has allowed us to find our footing and mount a comprehensive response to the COVID-19 pandemic.

The Department of Health is grateful to our healthcare heroes for this daily commitment, and to the men and women of the Pangasinan Medical Society who worked indefatigably in carrying out its pledge to provide excellent healthcare services as Central Luzon continues to test, isolate, trace and treat COVID-19 cases.

This year's theme, "PMS 2020: Rising to the Challenge, Adapting to the Change", further affirms your commitment to deliver excellent health services in the face of the COVID-19 pandemic. The DOH commends your organization for never ceasing to find ways to better serve the vulnerable group of our population.

The DOH lauds the Pangasinan Medical Society as it adapts to the challenges of the New Normal and in raising the bar of excellence in healthcare services. Mabuhay kayong lahat!

[Handwritten signature of Dr. Francisco T. Duque III]

Dr. Francisco T. Duque III
Secretary
Department of Health

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PHILIPPINE MEDICAL ASSOCIATION
MANILA



Message

Warm greetings to the Pangasinan Medical Society as it holds its 94th Founding Anniversary through the 1st Virtual Induction Ceremony on October 18, 2020, with the theme: "PMS 2020: Rising to the Challenge, Adapting to Change."

Your theme for this year is very timely as the entire global medical community adapts into the new normal. I earnestly hope that your society's noble objectives to address the new challenges in the coming years will be realized.

We salute you all for bravely facing the challenges that the Covid-19 virus has brought and for continuing to provide scientific programs despite the hindrance to physically gather at this time. Let us encourage and strengthen each other to elevate the quality of healthcare for every Filipino that we have sworn to serve.

On behalf of the PMA National Officers and Board of Governors, we congratulate you for the success of your 94th Founding Anniversary and 1st Virtual Induction Ceremony! We hope that you continue to support the PMA in all its advocacies and CPD programs.

Mabuhay ang Pangasinan Medical Society!

Mabuhay ang Philippine Medical Association! PMA: Working together as one!


Dr. Benito P. Atienza
President
Philippine Medical Association

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PHILIPPINE MEDICAL ASSOCIATION
NORTH WESTERN LUZON REGION



Message

Greetings to the officers and members of the Pangasinan Medical Society!

Before anything, I would like to thank the Pangasinan Medical Society for my endorsement as the Governor for North Western Luzon to the Board of Governors of the Philippine Medical Association. I hope and pray that, with your support and wisdom, I may represent the North Western Luzon Component Societies well and contribute as much to the PMA Board.

As we gather for the commemoration of the 94th Founding Anniversary of the Pangasinan Medical Society, through the 1st Virtual Induction Program with the theme "PMS 2020: Rising to the Challenge, Adapting to the Change", we would like to express our appreciation, gratitude and respect for the self-less service and dedication of our outgoing officers and cheerfully welcome, inspire and motivate the new set of officers to strive for service excellence in this trying times of this Covid Pandemic.

My sincerest congratulations to the 2019-2020 set of officers headed by Dr Arlene P. Pavo for continuing the service of the society to all its members and the province of Pangasinan. You have made your society and colleagues proud. You truly deserve our respect and appreciation.

My sincerest congratulations also to all the newly elected officers of the Pangasinan Medical Society, headed this year, again, by Dr Arlene P. Pavo, for accepting the call and the challenges of being an officer of the society. May you be steady and strong as you lead the society to new adventures and greater achievements.

During this unusual time, we are challenged not only on our day to day living, but we are also challenged on how to pursue the vision and mission of the Pangasinan Medical Society and the Philippine Medical Association. The Filipino resiliency has always come into play in times of crisis and as such, we get to be creative. We rise to the challenge and overcome its hurdles.

Who would have thought of Virtual Induction 10 years ago? But I would say, it is actually the willful heart that will see us through.

The will to serve. The will to change. The will to learn. The will to be creative. The will to achieve. The will to overcome. Nothing is impossible with a willful heart!

That being said, 2020-2021 Pangasinan Medical Society Officers, I bid you good luck! Carry in you that willingness and try to nurture it to become a passion.

Mabuhay ang Pangasinan Medical Society!

Mabuhay ang Philippine Medical Association!

Dr. Jose Manuel Vicente C. Bello
Governor

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



Republic of the Phillipines
Province of Pangasinan
OFFICE OF THE GOVERNOR



Message

I am deeply honored to greet the esteemed officers and members of the Pangasinan Medical Society (PMS) on your 94th Founding Anniversary anchored on the Theme: "PMS 2020: Rising the Challenge, Adapting to the Change."

Impressed by your continued support and collaborative efforts in the delivery of quality health services, my administration considers your organization as the backbone of a strong partnership in attaining our ultimate goal primarily in the midst of public health emergencies caused by the COVID-19 pandemic.

You have set forth principles that are meaningful and relevant in facing todays challenges especially in this time of health crisis.

I salute you for your earnest contributions and support to the success of our healthcare program

In the spirit of gratitude for what we have achieved for the past years and for all that we hope to attain, my family and I wish you all the best of the Holiday season!

Let us continue to work in unity and cooperation as we all pray for God's protection and continued grace.

Nawa'y sa gitna ng pandemya ay manatili tayong nagkakaisa at nagtutulungan upang mapanatili natin na ang Pangasinan ay Number One.
Congratulations!


Hon. Amado I. Espino III
Governor

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



Republic of the Phillipines
Province of Pangasinan
MUNICIPALITY OF URDANETA



Message

My warmest greetings to the Pangasinan Medical Medical Society as you hold your 94th Founding Anniversary and First Virtual Induction Ceremonies with the theme "PMS 2020: Rising to the Challenge, Adapting to the Change". The current pandemic should not stop us from driving our nation's advancement. Let us focus on being productive and welcome initiatives towards building better and effective healthcare. Just like Urdaneta's Mayatten Tatta which callsto each and every one to work hand in hand towards transformation, this objective can never be achieved through only few individuals and independent persons but for all to labor together through concerted concrete actions.

Your taking courage to push thru with the conference is one such endeavor, focusing particularly on developing more humane procedures that improve the quality of patient care in the era of the New Normal. May this event yield more affordable and accessible solutions that can be implemented today, that our dream of a healthy, progressive community may soon become a reality. We trust that your organization will maintain a steady resolve in advancing your field and profession. Rest assured that your local government remains with you on every step of your journey.

Again, my congratulations on your Founding Anniversary.


JULIO F. PARAYNO III
City Mayor

94th ANNIVERSARY & INDUCTION CEREMONIES



Republic of the Phillipines
Province of Pangasinan
PROVINCIAL HEALTH OFFICE



Message

Rising to the Challenge, Adapting to the Change.

We take pleasure and pride in congratulating the officers and members of the Pangasinan Medical Society on their 94TH Founding Anniversary with the theme "PMS 2020: Rising to the Challenge, Adapting to the Change."

This is an important milestone worth celebrating, especially with all the significant achievements that have been registered over the past 94 years. It is truly an unprecedented time for us all. At this pivotal time in our history ... we PMS inspired the very best in one another and shown the power of a Society that is centered on commitment

and dedication. I am a proud member on how the Pangasinan Medical Society has come together, and for the leadership support in making Pangasinan as the Home of the Healthiest Filipinos.

The PMS lives within a wider community of our province — and the society's expertise has been essential as the province responds to the threat and challenges of this COVID-19 pandemic. I am grateful for your willingness to champion our cause, and I look forward to continue working and supporting your invaluable efforts. And let's take pride globally with our professions in making a difference through the pandemic and into the future.

One of the quotes by Mother Teresa: "I alone cannot change the world, but I can cast a stone across the waters to create many ripples". Most of us must have heard, read and even inspired by it. This powerful quote embodies a message and an inspiration- Mother Teresa's words may have started a small ripple, but they grew and turned into waves of noble actions.

Never think that what you can do to help, or what contribution you can make, is too little or small. When you decide to take action and get involved you have already started a ripple. It takes all of us working together to make the change, to make an impact and to make a difference. In these trying times, it is especially important that the medical community remain connected and committed. It has been reassuring to know that we all have each other during these challenging times. While the COVID-19 pandemic has been heartbreaking on many levels, the heightened sense of unity and solidarity within the medical community is one silver lining.

On this very special occasion, let's rise to the challenge and adapt to the New Normal. Again, congratulations Pangasinan Medical Society! We wish you a fruitful and memorable event, and continued success in all your future endeavors.

Maraming Salamat po at Mabuhay ang PMS... Mabuhay ang Pangasinan!

ANNA MA. TERESA S. DE GUZMAN, MD, MPH
Provincial Health Officer II

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY



Message

Congratulations, Pangasinan Medical Society, on the occasion of the 94th Founding Anniversary and Induction Ceremonies!

Our celebration this year takes a distinctive turn as it conveys a greater message aside from being able to bounce back—that we soared to higher level of niche actualization in the midst of the havoc wreaked by the corona virus disease pandemic. This annual gathering has become possible by taking the safest route possible by zooming into the power of modern technology and communication.

Tonight is an opportune time to extol the membership, old and new, the experienced and the budding for serving in the frontlines of a battle unknown before. Armed only with face masks, hazmat suits and gloves, physicians have been the first and final defense of the Filipinos relying upon our skillful hands, understanding mind and caring heart.

As we press on to the next twelve months, we shall be guided by our theme "PMS: Rising to the Challenge, Adapting to the Change". We, as forerunners of the Filipino Health Agenda, shall not fear because we will be prepared. Always remember that PMS is here to aid you in carrying the noble ideals that we have sworn in from the start.

Mabuhay, Pangasinan Medical Society!

A handwritten signature of Dr. Arlene P. Pavo in black ink.

Dr. Arlene P. Pavo
President
Pangasinan Medical Society

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY



Message

I feel greatly honored to convey my warmest and best of greetings as we celebrate once again our annual celebration. I applaud all of us who took part in working together for the preparation and celebration of our anniversary anchored on the theme: "PMS 2020: Rising to the Challenge, Adapting to the Change".

Our Pangasinan Medical Society has been under the helm of our very able president, Dr Arlene Pavo, for two years already and we welcome him to another year of service! We have made great headway with regards to our activities and innovations not only for our members but also for the community and our province, Pangasinan. Together with our partners, members of the PMS and other stakeholders, we all have made a difference in the lives of our kabaleynans.

Congratulations to all the newly inducted officers of the Pangasinan Medical Society! Today, marks another year for all the newly inducted officers to serve Pangasinan Medical Society and in partnership with all the doctors of Pangasinan. There is however, a great difference this time because of the Covid19 pandemic. We are hindered in a way, just like in the holding of this, our induction ceremony. Today, we will be holding our first virtual hybrid induction program. This virtual induction is both exciting and daunting for all of us but we are confident that we will be able to pull it off successfully.

Congratulations to all the newly inducted officers of the Pangasinan Medical Society! The future looks brighter for the PMS with the young blood, the new set of PMS officers! As we are in the threshold of crossing more milestones, we are encouraging all the members to collaborate with us, your officers, in helping our community, our province, Pangasinan. I firmly believe that your contributions will help in reaching our province mates and touching their lives.

Congratulations again to all the newly inducted officers of the Pangasinan Medical Society! Together we rise to the challenge and adapt to change!

Dr. Marijen B. Uy
Chair
Induction Ceremony

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY

Message

Greetings!

It is my honor and privilege to celebrate with you the 94rd Anniversary and Induction Ceremonies of the Pangasinan Medical Society!

In this occasion we witness new members being installed to our beloved society of medical practitioners in Pangasinan. Likewise, we will get to know the remaining and the incoming leaders who will steer the direction of our organization for another twelve months.

Also part of today's highlight is the celebration of the achievements of our comrades who, beyond clinic walls, extended their excellence and dedication to the profession in academic, community, advocacy and leadership realms.

Finally, let us immerse ourselves in the presence of our friends and colleagues in the society and the association for us to all together put into reality this year's theme "PMS 2020: Rising to the Challenge, Adapting to the Change."
God speed!


Dr. Corazon H. Cabading
Secretary
Pangasinan Medical Society

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY

Message

My warmest greetings to all my colleagues, to the newly inducted officers and members of Pangasinan Medical Society. To my mind, two years of community service as PMS Secretary was enough, but, in the name of community service I responded to the call to continue to serve. With hope, gladness and humility, I accepted the post to lead this year's PMS Eastern Pangasinan Chapter.

The PMS 94th Founding Anniversary and 1st Virtual Induction Ceremonies theme: PMS 2020: Rising to the Challenge, Adapting to the Change" describes what we, doctors should bravely ,heroically and with -our faith to GOD, overcoming our fears as we fulfill our duties in the name of service 24/7 during the pandemic.

Delivery of much needed services to depressed and far flung communities especially during lockdowns, may take different approach to meet their needs and projects or goals of the society without sacrificing the safety of healthworker. Creativity and teamwork in addition to the use of different platforms like social media, facebook etc. must be maximized in achieving this goal. While doing these activities, efforts must be made to safeguard our own safety including that of our family and patients thru preventive measures and adhering to IATF protocol. Despite the pandemic, we will show our commitment to the society and we will keep our patients at the center of our activities.

Together with my chapter and fellow officers, namely: Dr. Jojean Mael Q. Costelo (VP), Dr. Karla Morden Narito (Secretary), Dr. Amina G. Simisim (Treasure) and Dr Leonardo Guerrero (PRO), we pledge to actively support the Pangasinan Medical Society in carrying out its noble objectives. May God bless all our endeavors, continue to work alongside other subchapters until the pandemic is over or our term ends, whichever comes first... WE Heal as One. Mabuhay ang PMS !!!

Dr. Rosemarie D. Valentin
President
PMS Eastern Pangasinan Chapter



PANGASINAN MEDICAL SOCIETY

Message

Dr. Benito P. Atienza, Philippine Medical Society President; Dr. Arlene P. Pavo, Pangasinan Medical Society President; fellow PMS officers and members; ladies and gentlemen, good morning.

The officers and members of PMS Northcentral chapter, namely Dr. Ofelia T. Rivera, vice president; Dr. Ralph Rapacon, secretary; Dr. Benjamin Bautista, treasurer, and Dr. Kiko Ontalan, PRO; and yours truly, welcome you all.

We must also acknowledge the proverbial "elephant in the room", the novel coronavirus! For this is the MAIN reason why we are holding a virtual induction, instead of a face-to-face event; the reason why we, as medical faculty members, have to hold online classes instead of in-person sessions; the reason why regular, large hospital case conferences were scrapped, replaced by smaller Zoom department conferences; the reason why we all have to wear level 3 PPEs every time we go on hospital rounds; the reason why we surgeons have to tediously put on level 4 PPEs just to perform surgeries. Changes that we never even imagined 10 months ago!

The virus actually hit close to home last month, when an outbreak occurred at one of our hospitals. Several patients and health care workers, including two residents who assisted me in surgery, tested positive. Luckily they all have recovered, only with mild symptoms. I had to get tested myself, two times within a month, negative both times.

I just can't help but wonder, do I now have to live in fear of getting it and of passing it on to others, especially my family? How long do we have to keep doing this, the "new normal"? I know the answer is: "WE DON'T KNOW".

So this is what I tell myself constantly: every time I prepare for an online class; every time I get out of the car and put on my level 3 PPE; every time I go to surgery and don my level 4 PPE. Forget wishful thinking. Forget asking when will this all go away. Forget thinking of going back to what we used to be. ADAPT TO CHANGE. FACE THE CHALLENGE. Get used to it. And move on.

This is my humble and practical message to all the other medical practitioners and perhaps medical students listening right now.

Thank you and good morning.

Dr. Jude Antonio C. Gonsalvez Jr.
President
PMS North Central Pangasinan Chapter

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY

Message

PMS is an epitome of a great organization that cares, inspires, and serves. And for 94 years of its existence, it had definitely proven its worth as a group of doctors rendering altruistic service and building friendships.

We have seen the growth of our society over the past years, with the creation of different chapters especially the South Central Pangasinan Chapter which I serve as the chapter president. And with the COVID-19 pandemic, we still managed to showcase our courage, passion and dedication as we celebrate the PMS 94th Founding Anniversary through the 1st Virtual Hybrid Induction with the theme: "PMS 2020: Rising to the Challenge, Adapting to the Change".

This chapter is considered as the Young Blood Team, young but full of abilities and aspirations. And for this administrative year, we will focus on image, growth, service and engagement. Hence, as we unfold another year and as we celebrate this historic event, I enjoin everyone especially the chapter members to continue to care... continue to inspire ... and continue to serve.

Mabuhay ang Pangasinan Medical Society!


Dr. Stachys Neil E. Espino

President

PMS South Central Pangasinan Chapter



PANGASINAN MEDICAL SOCIETY

Message

Our inducing officer Dr Benito Palines Atienza, Our PMS President Dr. Arlene Pavo, other guests, friends and colleagues present, A pleasant greetings to all.

Our today's affair is a very special and one of a kind, because we are about to witness our 3rd time induction ceremony, with a very memorable first time Virtual induction program under the new normal. Because of this COVID 19 pandemic, we are in to Our Mission: is to establish a dedicated and committed west central support arm of PMS in the community.... with the Vision to deliver, share and promote quality health services to the fullest within the area down to our least fortunate brothers. Our activities for this last quarter is to push through with the plantitos-plantitas contest and help, assist the RHU in our chapter in implementing DOH activities...

Let me introduce the set of officers of West Central Chapter the Power Girls team - President yours truly Dr Marissa A Fernandez, Vice Pres Dr Athena Marie C Merrera, Secretary Dr Josephine B Guiang, Treasurer Dr Porssia Raissa I. Ocampo, Auditor Dr Mona Lisa N Palisoc. Being an officer, we need to give our commitment especially our time, talent, and effort.

I hope you will all agree with me if I will give a salute to our leader, President Dr. Arlene Pavo, with his core group members and of course all chapter presidents and all officers for that, for accepting another year full of challenges with lots of perspiration...

May our almighty God, continue to extend his blessings and protection to all those afflicted and to us, front liners.

Again, to all of us inductees, Goodluck and Congratulations. Godbless us all . Thank you.


Dr. Marissa A. Fernandez

President

PMS West Central Pangasinan Chapter

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



PANGASINAN MEDICAL SOCIETY

Message

It is my enormous pride and pleasure to be one of the incoming officers of the Western Chapter of the Pangasinan Medical Society. My most cordial felicitations to all my fellow inductees.

Our theme "Rising to the Challenge, Adapting to the Change", appropriately depicts our lives as physicians as suddenly modified by the unprecedented global pandemic, COVID-19 that challenges everyone nowadays is calming his fear. Our most significant responsibility as physicians during this pandemic is to keep ourselves healthy, strong-willed and fearless. We chose to move on to be the dedicated and selfless frontliners. We take pride that nobody but physicians have the greatest privilege to serve the people.

The PMS has never been more apposite and important for the notable changes in our medical profession. As the Enhanced Community Quarantine shut all forms of face to face mass gathering and meetings, the PMS make use of online platform of communication. Albeit, this form of communication is a poor and sterile form of social exchanges compared to face to face interactions, it becomes the new standard of social and professional connections. Adaptation is our only option, otherwise we are trapped in complete isolation.

The lockdown which initially bored us, sans travel, parties, shopping and dining out, eventually gave us time to engage in new recreations like gardening. We at the Western Chapter launched the Mediplanters Contest during the Medicine Week 2020 Celebration that gave memorable bonding moments with peers, family and friends. And as our own little way of help in the alleviation of environmental deterioration.

With courage, resilience, humble lifestyle and empathy to all those who are tormented we will definitely endure this perfect storm.

Mabuhay ang PMS Western Pangasinan Chapter !
Mabuhay ang Pangasinan Medical Society!

Dr. Maribeth M. Reinoso
President
PMS Western Pangasinan Chapter



Oath of Office

I, _____ Having been elevated /appointed as _____ of the Pangasinan Medical SOciety do hereby solemnly swear that I will faithfully discharge to the best of my ability THe Duties and Responsibilities of the Sadi Position; that I will uphold the contitution and by-laws of the society as well as its objectives and policies; that i impose upon myself this obligation voluntarily, without mental reservation or purpose of evasion So help me God.



OATH OF MEMBERSHIP

I, _____ having been admitted as a member of the Pangasinan Medical Society do hereby solemnly pledge myself to abide by its Constitution and By-Laws. I will preserve and maintain its prestige and honor in promoting harmony in all its endeavors; I will promote the spirit of oneness and camaraderie amongst the members; I will stand up and be counted upon in participating all activities that the Society will undertake; I will pay regularly my financial obligations to the PMA and to be PMS; I will look beyond my self to serve my country, my community and my society; I will perform other obligations impose upon me with my honesty, sincerity and integrity without mental reservation or purpose of evasion.

SO HELP ME GOD.

"PMS 2020: Rising to the Challenge, Adapting to the Change."

PANGASINAN MEDICAL SOCIETY

Component Officers 2020



Eastern Pangasinan Chapter



Dr. Amina G. Simisim
Treasurer

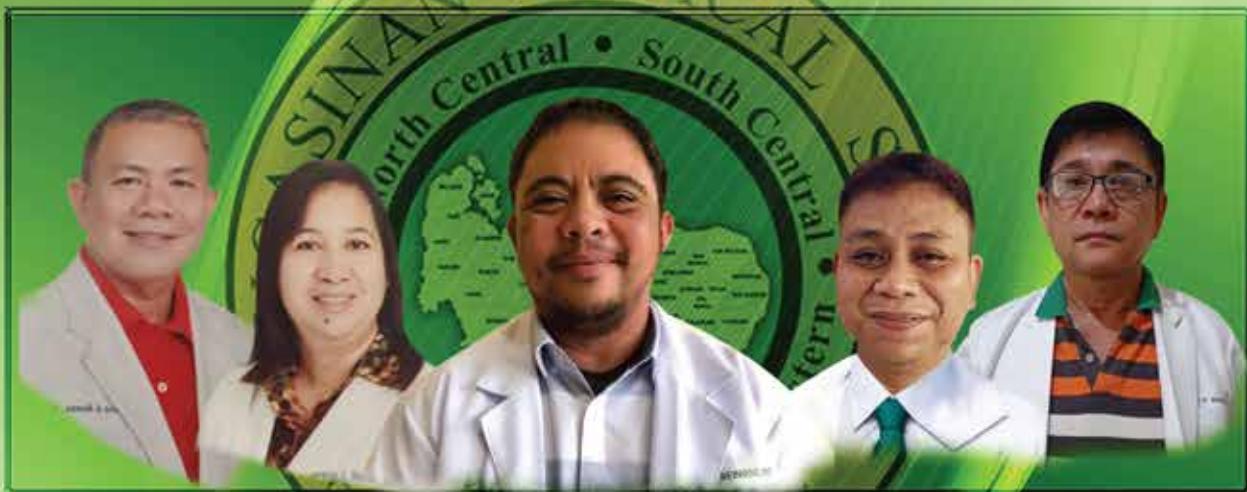
Dr. Rosemarie D. Valentin
President

Dr. Leonardo V. Guerrero
PRO/Auditor

Dr. Jojean Mael Q. Costelo
Vice President

Dr. Karla M. Narito
Secretary

Western Pangasinan Chapter



Dr. Jovito S. Rivera
Treasurer

Dr. Maribeth M. Reinoso
President

Dr. Genaro M. Merino
PRO/Auditor

Dr. Genevieve S. Rivera
Vice President

Dr. Ariel N. Estrada
Secretary

"PMS 2020: Rising to the Challenge, Adapting to the Change."

**94th ANNIVERSARY
& INDUCTION CEREMONIES**

North Central Pangasinan Chapter



Dr. Benjamin Marcial O. Bautista
Treasurer

Dr. Jude Antonio C. Gonsalves Jr.
President

Dr. Francisco K. Ontalan III
PRO/Auditor

1926

Dr. Ophelia T. Rivera
Vice President

Dr. Ralph Lazarus R. Rapacon
Secretary

South Central Pangasinan Chapter



Dr. Irina M. Rey-Roxas
Treasurer

Dr. Stachys Neil E. Espino
President

Dr. Catherine M. Morante
PRO/Auditor

1926

Dr. Arianne Olivia S. Valerio
Vice President

Dr. Angelico L. Yuson
Secretary

"PMS 2020: Rising to the Challenge, Adapting to the Change."

West Central Pangasinan Chapter



Dr. Porssia Raissa I. Ocampo
Treasurer

Dr. Marissa A. Fernandez
President

Dr. Mona Lisa N. Palisoc
PRO/Auditor

Dr. Athena Marie C. Merrera
Vice President

Dr. Josephine B. Guiang
Secretary

PMS Secretariat



Ruvelyn C. Bacani
Secretary/Encoder

Edna A. De Guzman
Secretary

Joseph V. Fernandez
Maintenance

"PMS 2020: Rising to the Challenge, Adapting to the Change."

ROSTER OF PRESIDENTS (1932 - 2020)

1926-1934	Dr. Raymundo Camacho*	1983	Dr. Erlinda F. Suyat*
1934-1936	Dr. Santiago Estrada*	1984	Dr. Josefina V. Fernandez*
1937-1938	Dr. Jose Vidal*	1985	Dr. Gregorio De Guzman
1938-1941	Dr. Gualberto De Venecia*	1986	Dr. Alfredo Gomez
1942-1946	Japanese Occupation & Liberation	1987	Dr. Quintin Sim*
1947-1948	Dr. Jose De Guzman*	1988	Dr. Jesus Canto
1949	Dr. Gualberto De Venecia*	1989	Dr. Saturnino V. Posadas Jr.
1950	Dr. Vivencio Villaflor Sr.*	1990	Dr. Carlito Arenas
1951	Dr. Arturo I. Reyes*	1991	Dr. Salvador Duque*
1952	Dr. Guillermo Tuazon*	1992	Dr. Joselito Casipit
1953	Dr. Benigno C. Parayno*	1993	Dr. Raul Sabado
1954	Dr. Francisco Q. Duque*	1994	Dr. Nemesia Mejia
1955	Dr. Francisco Q. Duque*	1995	Dr. Gil P. Del Rosario*
1956	Dr. Vicente Samson*	1996	Dr. Felipe Tablada*
1957	Dr. Rodolfo Guiang*	1997	Dr. Angelo B. Juan
1958	Dr. Angel Domagas*	1998	Dr. Teresita Reyna-Santiago*
1959	Dr. Manuel Vergara*	1999	Dr. Orlando M. De Guzman*
1960	Dr. Mateo Aguirre*	2000	Dr. Ayle C. Ochotorena
1961	Dr. Salvador Zulueta*	2001	Dr. Jackson D. Soriano*
1962	Dr. Francisco De Guzman*	2002	Dr. Henry J. Fernandez*
1963	Dr. Francisco De Guzman*	2003	Dr. Glorioso V. Maramba
1964	Dr. Ignacio De Guzman*	2004	Dr. Glorioso V. Maramba
1965	Dr. Ovidio L. Rous*	2005	Dr. Gregoria P. Villaflor
1966	Dr. Nestor De Venecia*	2006	Dr. Leoncio Marcelino D. Rebosa
1967	Dr. Luciano Fernandez*	2007	Dr. Felipe Gozar L. Duque
1968	Dr. Lamberto Paragas*	2008	Dr. Felipe Gozar L. Duque
1969	Dr. Consorcia D. Lopez*	2009	Dr. Fernando V. Fernandez
1970	Dr. Martin Posadas*	2010	Dr. Hilarion H. Maramba ,Jr.
1971	Dr. Ruby De Guzman*	2011	Dr. Vivencio Jose P. Villaflor III
1972	Dr. Maximo Parayno (first 66 months)*	2012	Dr. Vivencio Jose P. Villaflor III
	Dr. Edelberto E. Jovellanos (2nd 6 months)*	2013	Dr. Betha Fe Manaois-Castillo
1973	Dr. Eufracio E. Jovellanos*	2014	Dr. Betha Fe Manaois-Castillo
1974	Dr. Fe Cruz Manaois	2015	Dr. Lalaine L. Duque
1975	Dr. Edmundo Exconde	2016	Dr. Hilarion H. Maramba, Jr.
1976	Dr. Vivencio V. Villaflor Jr.	2017	Dr. Hilarion H. Maramba, Jr.
1977	Dr. Arturo De Vera*	2018	Dr. Arlene Parinas Pavo
1978	Dr. Sergio San Juan*	2019	Dr. Arlene Parinas Pavo
1979	Dr. Espiritu Rangel*	2020	Dr. Arlene Parinas Pavo
1980	Dr. Florentina A. Bacugan*		
1981	Dr. Augusto E. Evidente*		
1982	Dr. Augusto Manaois*		

HIGHLIGHTED FONTS : ICASIANO
AWARDEES

*DECEASED

94th ANNIVERSARY & INDUCTION CEREMONIES

As the entire world is gripped again and again by the perils of this pandemic, we as healers of the people are compelled by our vocation to give more, to do more, to advocate more as members of the Philippine Medical Association and the Pangasinan Medical Society. These are times when we opt to be resilient in the face of crisis and fearless when we face the unseen danger as we go about our daily practice – these are the exact traits to dynamically advance the goals of the PMS. To the egressing officers, a huge appreciation of your selfless dedication for continually pursuing the society's goals. To the incoming governing council, and with a prayer, I wish you a productive, manageable and service-centric fiscal year. God Bless Us and Keep Us Safe at all times.



Dr. Hilarion H. Maramba Jr.

Past President PMS
2010, 2016 & 2017



Dr. Lalaine L. Duque

PMS Past President
2015

Magandang umanga sa inyong lahat lalong lalo na sa pamunuan at myembro ng Pangasinan Medical Society. Ngaun umaga sa pagdiriwang ng ika-94 na anibersaryo kahit na hindi ko kayo makasama ng personal ay nagkikita parin tayo sa pamamagitan ng zoom meeting. Ito ay isang malaking pagbabago sa ating buhay dulot ng pandemya pero ating nabigyan ng kakaibang pamamaraan na patuloy tayong makapag usap at magtalakayan. Ako'y natutuwa dahil kahit may balakid ay naituloy pa din natin ang ating mga alituntunin at adboksy. Salamat sa pamunuan ni Dr. Arlene Pavo at nagkaroon tayo ng ganitong pagtitipon. Mabuhay ang Pangasinan Medical Society.



Dr. Betha Fe M. Castillo

PMS Past President
2013

Congratulations Pangasinan Medical Society!

I am proud to belong to this group of physicians, who continue to rise up in spite of challenges and difficulties brought about by the threat to life during this time of COVID 19 Pandemic.

This unprecedented time when healthcare systems are being disrupted and when medical experts are being challenged, we continue to be healers by continuously adapting in-real time the fast-changing interim on what we now call the best practice guidelines.

Our healthcare systems were not designed to deal with this crisis that equally caused economic instability. It is a time of unpredictability with large-scale of health challenges that requires urgent mobilization of resources and affects the whole population.

What can we do as an organization? This is the time for us to share our resources on whatever that could benefit our colleagues and the healthcare delivery systems. May it be in the form of knowledge, skills, armamentarium and support for each other mental capacitance. There is nothing too small or too great in helping each other at this time of uncertainty.

Let us continue to have faith in God that soon this health crisis will be over.

God bless us all! God bless Pangasinan Medical Society

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

2020 the pandemic year has given us life lessons. The world has faced a high level of uncertainty in this crisis. Personally, I learned to appreciate the simpler things in life. While the earth is "healing", together we showed that humanity exists in everyone of us and brought out the best in one another.

Let us be "one" in strengthening our health structures in our community as leaders to keep everyone safe and healthy, with a common vision and values for us to rise in the challenges of this pandemic. To everyone of you, thank you for your selflessness and dedication to serve during this difficult times.

May the Pangasinan Medical Society be the pillar of change, by rising to the challenge adapting to this "new normal" and learning to co-exist with the virus.

Mabuhay ang PMS !!! And hoping to see everyone of you ,face to face, sooner in better circumstances ..

Maraming salamat po !



Dr. Fernando V. Fernandez

Past President PMS
2009

2020 is a year reminiscent of the onslaught of tropical depression Pepeng during my presidency in 2009 that flooded the entire city of Dagupan. Both 2020 and 2009 were end of the decade years that showed how we in the medical profession are truly on the frontline in any type of disaster. I recall that the flood did not deter us from delivering medical services as the Philippine Medical Association launched the Doctor on Boat Program in cooperation with the Pangasinan Medical Society and other component societies. The program continues throughout the country up to this day in delivering also relief goods in remote and deeply flooded areas brought about by typhoons. The COVID pandemic this year likewise did not put to a standstill our efforts in saving lives even if it would risk our own lives. This is the profession we chose. Let us uphold our values. Let us persevere in our mission. Let me extend therefore my warmest greetings to our Pangasinan Medical Society, that is, to all of us beloved physicians, for being the embodiment of selfless service to the Filipino people year after year.

Greetings!

It is with great pleasure and honor that I extend my warmest greetings to all members of the Pangasinan Medical Society on the occasion of our 94th Founding Anniversary and Induction Ceremonies.

I am very proud that through all the years, the PMS has maintained its distinction as one of the most active and most outstanding component societies of the Philippine Medical Association.

Nowhere is this better demonstrated that in its excellent stewardship during this COVID-19 Pandemic. Without hesitation, the PMS reached out to all members and the community to extend a helping hand when and where it was needed most!

To our outgoing and incoming officers and members of the Board under the outstanding leadership of our very hard working and dynamic President Dr Arlene Pavo, please accept my most sincere appreciation for your service and dedication to this organization. You have all been instrumental in maintaining the PMS what it is today. An organization we can all be proud to be a part of!

To all my fellow members, Let us continue to support and rally behind our leaders. The continuous success of this organization remains our shared responsibility. Our leaders can only do so much. We need to do our share! Once again, Congratulations and All the Best to Everyone!



Dr. Vivencio Jose P. Villaflor III

PMS Past President
2011 & 2012



Dr. Felipe Gozar L. Duque

PMS President
2007

PMA NWL Governor
2010-2011
PMA NWL Governor
2018-2019

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

I am indeed honored and privileged to impart my short message in the Celebration of the Pangasinan Medical Society Induction Ceremonies For PMS founded in 1926, reaching 94 years with solidarity of purpose, able to remain as one united, undivided and very active medical society is one great achievement by itself.

Todays occasion then is an opportune time to reflect our organization's colorful past accomplishments and renew genuine commitment to continue its success. This event is a perfect venue to gather the men and women who have been the source of pride, honor and inspiration.

I congratulate the outgoing officer for their collective efforts and inspiring legacy and I am optimistic that the new set of officers will add another year of great achievements. In the midst of pandemic, with good teamwork, willingness to sacrifice and unselfish devotions of all the members, I am confident that we will be able to continue achieving our goals and objectives, rise to the occasion and be a potent force in meeting the challenges that lie ahead. Our journey continues and the movement never stops It is going and coming, proceeding and returning, bidding and welcoming.... New goals will be set. New directions will be chartered and New spirits embodied. Onward to our 100th years come 2026.

MABUHAY ang PMS!



Dr. Leoncio Marcelino D. Rebosa
PMS Past President
2006

Dr. Gregoria P. Villaflor

PMS Past President
2005

Congratulations and Best Wishes to all the incoming officers lead by our first coveted and consistent Icasiano awardee Dr Arlene Pavo during it's 94th Anniversary and 1st Virtual Induction of the Pangasinan Medical Society on October 18, 2020.

During this trying times, because of the NCovid 19 Pandemic, may all of you be a good servant leader who will lead, listen and give your generous time, talent and treasure and always have our Lord Jesus Christ as your role model. Let's give our full support and cooperation to make this year and the years to come a fruitful, meaningful, memorable and successful year.

Mabuhay and long live PMS!



Dr. Glorioso V. Maramba
PMS Past President
2003

Magandang araw po sa inyong lahat I am Dr. Glorioso Maramba I was a past president the year 2003-2005 during that time presidency of pangasinan medical society are still nominated and during those time also in my previous pre-visiton president income the awards. All of the award of PMA.

I would like to congratulate the Officers and Members of the Present Pangasinan Medical Society specially Dr. Arlene Pavo all there activite because for past 3 years there are awardee.

94th ANNIVERSARY & INDUCTION CEREMONIES

Greetings and Mabuhay

It is with great pleasure and honor that I join the members of the Pangasinan Medical Society and congratulate the new set of officers for the year 2020 – 2021 led by our able dynamic Dr. Arlene P. Pavo and welcoming the new members of our 94th Founding Anniversary through the 1st Virtual Induction Program on October 18, 2020 (Sunday) at 10:00am via the Zoom with conference applications with the them: PMS 2020: Raising the challenge; Adapting the change

The year 2020 is really very challenging year, because of the Pandemic Covid 19. Life has greatly change from the normal. As physicians I hope and pray that we exert more effort and share our time, talent and skill to one day to day activities fellowmen especially those in need. The instrument for righteousness and by the glory God our father, we too might walk in necessary life we are alive in Christ and rely on the grace. He gives us.

Congratulations and mabuhay



Dr. Angelo B. Juan

PMS Past President
1997

Dearly loved and valued Physicians

Officers and Members of the Pangasinan Medical Society.
It is indeed one of my life's greatest blessings that I had the honor to serve as the President of the Pangasinan Medical Society from 1997 to 1998. Apart from fulfilling my duty of delivering excellent health care services to our patients. I had the privilege of serving alongside passionate, driven and committed Physicians as we, in the Province of Pangasinan, led the way in promoting the acquisition of the highest levels of medical knowledge and skills through continuing education and research, as well as the fostering and defense of the rights and privileges of the Medical Profession – all done in dedicated, selfless and humane service for a healthy Philippines and for the Glory of God.

I would like, at this juncture to express my deepest and sincerest appreciation to the Pangasinan Medical Society, its present and past Officers, for doing year utmost to render selfless service to the medical community and to our patients. The journey has never been easy but you still carry on serving with all your heart. In this time of pandemic, we all are confronted with challenges in one way or another. No matter where the road may lead, however, may we keep on serving to the best of our ability keeping in mind that every pain is worth healing and every life worth living.

To all Members and Officers of the Pangasinan Medical Society a blessed and a Happy Commemoration of the 94th Founding Anniversary of our Society with this year's theme

"RISING TO CHALLENGES , ADAPTING TO CHANGE".

Mabuhay po tayong lahat. Mabuhay ang officers and members of our Society headed by our President Dr. Arlene P. Pavo. God bless your family, God bless Pangasinan Medical Society, God bless us all.

Good morning to doctors in Pangasinan and those who are watching other than pangasenense. Anyway Ako ay nagpapasalamat at nagkaron tayo ng technicality na ganito. Ako ay si Dr. Raul Sabado na siguro I Belong to the most senior doctors. Ako ay nagpresidente noong 1994 ako ay nagpapasalamat sa dios at inabot ko ito. Naging hightech na there is big difference mag mula noon at ngayon so anyway wala akong masyadong masasabi kungdi its our intension na maideliver nating yng magagawa natin sa private individual at sa government. So sa inyong lahat goodluck at mahaba pa 1994 yng mga batchmate ko ay wala na.

So enjoy, maraming salamat



Dr. Ayle C. Ochotorena

PMS Past President
2000



Dr. Raul Sabado

PMS Past President
1994

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

I take great pleasure in congratulating the New Set of Officers and Members of Pangasinan Medical Society in the Celebration of the Pangasinan Medical Society Induction Ceremonies.

Through the years, PMS has been continuously serving the people of Pangasinan through its various socio-civic and health-related activities coupled with the continuing education on the current trends in the field of medicine of its members who are the providers of quality health care. This is an affirmation of the Society's important role in the pursuit of a healthier Pangasinan.

Mabuhay ang Pangasinan Medical Society!



Dr. Saturnino D. Posadas, Jr.

PMS, Past President
1989

I would like to extend my warmest regards and congratulations to the Pangasinan Medical Society on its 94th Foundation Anniversary. As we embark another year of service, we pray and ask our LORD ALMIGHTY to bless our society with greatness. May our medical society be always forever strong and healthy.

Thank you for your excellent tradition of cooperation. May we continue our usual camaraderie and fellowship amongst our members. Good luck, good health and may GOD Bless us all.



Dr. Joselito V. Casipit

PMS Past President
1992

CONGRATULATIONS to our President Dr. Arlene P. Pavo for job well done!

Mabuhay tayong lahat



Dr. Jesus Canto

PMS Past President
1988

Greetings of Peace and Prosperity!

My warmest and sincerest congratulations to Pangasinan Medical Society on the occasion of its 94th Anniversary and 1 Virtual Induction Ceremonies.

During this difficult times of pandemic, PMS has been in the forefront in saving lives and advocating strategies and changes to conform to the new normal. With the leadership of its President Dr. Arlene P. Pavo and the support of its members. I am very confident that PMS will truly live up to the expectations, face the challenge and adapt to the changing times.



Dr. Gregorio T. De Guzman Jr.

PMS Past President
1985

“PMS 2020: Rising to the Challenge, Adapting to the Change.”

94th ANNIVERSARY & INDUCTION CEREMONIES

My Dear Colleagues,

Let me congratulate the newly elected officers and Board Members of the Pangasinan Medical Society headed by Dr. Arlene Pavo who has led the PMS for the last two (2) years with dedication and love of our organization.

Let me also congratulate the new members of the PMS for joining this prestigious and multi awarded Medical Society which will celebrate it's Centennial (100) year five years from now.

We are in the midst of the Corona virus pandemic and as physicians, we are front-liners in the fight of this invisible enemy. We cannot defeat this pandemic alone but there must be strong cooperation from all of us, the participating agencies promote the public-private partnership. I am sure our efforts will soon be recognized and rewarded. This will be our shining moment.

Again, Congratulations, More Power to PMS. God bless us all.



Dr. Edmundo G. Exconde Sr.

Past President PMS
1975

Albert Einstein once said, "Never regard study as a duty but as an enviable opportunity to learn to know the liberating influence of beauty in the realm of the spirit for your own personal joy and to the profit of the community to which your latuer works belong."

This quote perfectly embodies the driving force that makes Pangasinan Medical Society (PMS) the premier medical organization that is it today. Propelled by the pursuit of knowledge and sheer determination, the Pangasinan Medical Society remains unceasing in their quest to uphold their vision to provide the people with the highest form of healthcare service there is.

the PMS endures the test of time, and is steadfast in ensuring that they are equipped with the best knowledge to perform their duties as medical practitioners, truly our modern day heroes that strive more, for others than for themselves.

Here's toast to decades of selfless serive, and thousands of lives changed for the better. Warmest congratulations to the Pangasinan Medical Society and wishing you nothing but the best in all your future endeavors.



As one of the most senior past presidents of the Pangasinan Medical Society, the only best words that I can say are...

"Thank you Lord, for allowing our doctors of the Pangasinan Medical Society to be an instrument of Thy healing. May you continue to bless them most especially during this time of Covid 19 Pandemic."

My love and prayers,



Dr. Fe Cruz-Manaois

PMS Past President
1974

"PMS 2020: Rising to the Challenge, Adapting to the Change."

**94th ANNIVERSARY
& INDUCTION CEREMONIES**
PANGASINAN MEDICAL SOCIETY, INC.
CONSTITUTION and BY-LAWS AMENDMENTS

PREAMBLE

We, the officers and members of the Pangasinan Medical Society, Inc. conscious of our duties and responsibilities to God, to our country and to our countrymen, imploring the aid of God Almighty, do hereby promulgate this Constitution and By-Laws as a declaration of our firm determination to promote bonds of comradeship and cooperation among members and to protect and defend our rights in a manner consistent with the nobility of our profession.

I. NAME AND OFFICE

Sec. 1. Name. – The name of the organization shall be the PANGASINAN MEDICAL SOCIETY, INC. herein-after referred to as the Society.

Sec. 2. Office. – The principal office and business address of the Society shall be at the Pangasinan Medical Society, Inc. Building located at A.B. Fernandez West Avenue, Dagupan City.

II. NATURE AND OBJECTIVES

Sec. 1. Nature. – The Society is established as a non-stock, non-profit professional organization duly registered with the Securities and Exchange Commission under Registration Certificate No dated February 1, 1962.

Sec. 2. Relations of the Philippine Medical Association, Inc and the Society. - The Pangasinan Medical Society, Inc. as a juridical entity, shall remain a component of the Philippine Medical Association, subject to the latter's Constitution and By Laws provided that its provisions do not contravene the Corporation law.

Sec. 3. Vision and Mission.

3.1 VISION - Our vision of the Society is to have a strong and dynamic medical professional organization whose esteemed members are responsive to the needs and related concerns of our society, united in the common purpose of gaining the best possible medical knowledge and skills through continuing medical education and to promote the highest form of health care service for our people.

3.2 MISSION - Our mission is to ensure the protection of the rights and interest of all members, promote their professional development and enhance recognition of the medical profession in the province of Pangasinan

Sec. 4. Objectives. - The Society shall have the following objectives:

4.1 To promote fraternal ties among and between physicians and allied professionals. in the province of Pangasinan;

4.2 To elevate the standard of medical education and practice;

4.3 To foster the comprehensive study and authoritative dissemination of all aspects of medical knowledge;

4.4 To ensure the enactment of just medical laws and ethical practice;

4.5 To protect the community from illegal and unethical medical practitioners;

4.6 To establish common policies in attaining the highest possible level of health care for the people;

4.7 To serve bona fide indigent patients in the province of Pangasinan under the Pangasinan Medical Indigency Mission.

III. ORGANIZATION

Sec. 1. The Society-The PMS organization shall be composed of five (5) Chapter units namely; PMS-North Central , PMS-South Central, PMS-West Central, PMS-Western and PMS-Eastern. The PMS shall supervise and govern each of the five (5) chapters covering the entire Province of Pangasinan.

Sec. 2 Chapter Composition. The cities and towns included under each chapter unit are as follows:

PMS–NORTHCENTRAL – Laoac, Manaoag, Mangaldan, Mapandan, San Jacinto, San Fabian, Sta.Barbara, DAGUPAN CITY

PMS–SOUTHCENTRAL – Basista Bayambang Calasiao Malasiqui Urbiztondo San Carlos CITY

PMS–WESTCENTRAL – Aguilar Binmaley, Bugallon, Labrador, Lingayen, Mangatarem

PMS–WESTERN – Agno Anda, Bani, Bolinao, Burgos, Dasol, Infanta, Mabini, Sual, ALAMINOS CITY

PMS–EASTERN – Alcala, Natividad, Sison, Asingan, Rosales, Sto. Tomas, Balungao, San Manuel, Tayug, Bautista, San Nicolas, Umingan, Binalonan, San Quintin, Villasis, Pozorrubio, Sta. Maria URDANETA CITY.

IV. MEMBERSHIP

Sec. 1 General Membership.

1.1 Members of the Pangasinan Medical Society, Inc. will be Filipino citizens, actually residing and/or practicing in Pangasinan, graduates of accredited medical schools in the Philippines, who are licensed by the Philippine Professional Regulatory Commission, who have not been disqualified for any cause by the Board of Examiners under the Medical Act of 1955 nor expelled from any medical society to which he/she was previously affiliated.

1.2 Membership in the Society shall be through the five (5) PMS Chapters.

1.3 An applicant for membership to the Pangasinan Medical Society, Inc. shall be recommended to the PMS Committee on Membership by the chapter where he/she resides and/or practices his/her profession. Official membership of the applicants will be approved by the Board of Directors after undergoing the necessary orientation course about the Pangasinan Medical Society, Inc., payment of the corresponding annual dues of the PMA and the PMS' and his/her subsequent induction.

Sec. 2. Classification of Membership.

2.1. Regular Member- A regular member of the society shall be a physician duly licensed to practice Medicine in the Philippines, who is a member of his/her corresponding PMS Chapter and whose name has been entered in the roster of members of the Society. A regular member shall not be a member of any other Component Society of the Philippine Medical Association.

To be considered in ACTIVE and in GOOD STANDING, a regular member shall:

Pay all national and local annual dues as well as assessments that may be imposed by the authorized bodies of the PMA and PMS;

Comply with the requirements of Continuing Medical Education Program with regards to attendance or participation in scientific activities of the Society and the Philippine Medical Association.

Comply with PMS Board Resolution 1, Series of 2019 re: Amendments on Fixing of Guidelines for a Good Standing Membership in the Pangasinan Medical Society (PMS),

An ACTIVE member is entitled to all the following rights and privileges: Participate in the activities and functions of the Society;

Vote and be voted upon, provided he/she has paid all his/her dues including the current year not later than the last day set by the Philippine Medical Association; Receive benefits as provided for in the regulations of the Commission on Mutual Aid; Receive the official PMS newsletter, "The Physician", and other such publications intended for general circulation; Enjoy such other rights and privileges as may be granted to members from time to time.

2.2. Emeritus Member Emeritus member status may be conferred by the Board of Directors upon any member of the Society, who; has served the Society with distinction; has reached the age of 65 years; and who has been a member of good standing for fifteen (15) consecutive years or more, duly certified by the PMS Committee on Membership and corresponding Chapter. He/She shall enjoy the following privileges: He/She shall be exempted from paying the local dues, and special assessment fees. He/She shall be entitled to all the rights and privileges of a regular member.

2.3. Life Member Life member is any regular member who has been active for 5 consecutive years and who has paid to the Society an amount equivalent to the sum of 15 years of the current local dues.2.3.1 Life member shall be exempted from paying the local dues, but shall continue to pay the PMA dues and any special assessment that may be imposed by the PMS and/or PMA Application for Life membership shall be subject to the approval of the Board of Directors.

2.4. Honorary Member Honorary member is an individual and/or benefactors who are not qualified to be regular members but who have distinguished themselves in their field of endeavor and whom the Pangasinan Medical Society wishes to honor by special citation, recognition or award. They shall be nominated through the Chapter and approved by the Board of Directors.2.5 Non-Resident Members Non-Resident members are Filipino physicians licensed to practice medicine in the Philippines and residing/practicing in foreign countries. They shall be eligible for membership in the Society and the PMA through a chapter of the Society upon application and payment of dues and assessments as provided for in this By-Laws. These members shall be exempt from the requirements of the Commission on Continuing Medical Education for the duration of their residence abroad.

94th ANNIVERSARY & INDUCTION CEREMONIES

Sec. 3 Status of Membership.

3.1. A member of the Society shall be classified by the Board of Directors upon favorable recommendation of the PMS Committee on Membership and attested by the Chapter.

An ACTIVE MEMBER of the Society, to be considered in GOOD STANDING shall have paid all national and local annual dues as well as assessment that may be imposed by the authorized bodies of the PMA and the PMS, has complied with the requirements of Continuing Medical Education Program with regards to the attendance in Scientific Activities of the Society and the PMA, and **has fully complied with PMS Board Resolution 1, Series of 2019 re: Amendments on Fixing of Guidelines for a Good Standing Membership in the Pangasinan Medical Society (PMS)**,

Provisional Member: An applicant for membership to the Society who failed to comply with the requirements of attending an orientation course about the Pangasinan Medical Society, Inc. and be formally inducted due to the period or timing of his application, shall be allowed to pay the corresponding annual dues of the PMA and the PMS and shall be considered in good standing, on a provisional basis, for the duration of the current fiscal year. If for the next fiscal year he/she fails to comply with all the requirements stipulated in Article IV, Section 1.3, his/her membership shall be relegated as inactive and not in good standing.

An INACTIVE MEMBER is any member not in good standing either by delinquency and/or noncompliance with the required CME units, or other causes short of those provided under ACTIVE MEMBERSHIP. After due process he/she shall be considered an inactive member. The Board of Directors will approve his/her reinstatement to active membership after favorable recommendation of the PMS Committee on Membership and attested by the Chapter.

Sec. 4 Limitation of Membership.

Membership in the PMS shall be through a Chapter from among the five (5) Chapters of the Pangasinan Medical Society. The assignment of a member to a Chapter shall be based on the location of the residence or office of practice of the member concerned provided that he/she has stayed in the area for a month prior to his/her application.

Sec. 5 Transfer of Chapter Membership.

Any member may be allowed to transfer membership from one Chapter to another only by reason of transfer of residence and/or place of practice and after the approval of the Board of Directors though favorable recommendation of the PMS Committee on Membership and his/her current Chapter.

Sec. 6 Membership is based on Fiscal Year:

The membership fees or dues shall cover a period of one (1) year from the 1st day of June of the current year up to the last day of May.

V. MONTHLY AND ANNUAL MEETINGS

Sec. 1. PMS Meetings. The monthly meeting of the Board of Directors of the Society shall be held on a special day of every month. The PMS General Membership meeting will be held twice a year; the first to coincide with Annual Induction and Turn-Over Ceremonies, and the second to coincide with the Annual PMS Postgraduate Course which shall be held on the first quarter of the next calendar year. Special meetings may be called at any time by the PMS President.

Sec. 2. Chapter Meetings. The monthly meeting of each of the Chapter Units shall be held on a special day of every month as maybe agreed upon by the Chapter Officers. Special meetings may be called at any time by the Chapter President.

VI. QUORUM

Sec. 1. PMS Meeting. One fifth (1/5) of the total Society membership will constitute a quorum on any general membership meetings of the Society and that one half plus 1 of the total members of the Board of Directors will constitute a quorum in a meeting of the Board of Directors. There must be a quorum before any business can be validly transacted.

Sec. 2. Chapter Meetings. One third (1/3) of the Chapter membership will constitute a quorum on any regular, special or annual meetings of each of the Chapter Units.

VII. DUES AND ASSESSMENTS

Sec 1.PMS Dues and Assessment. Each member shall pay an annual membership fee of PHP 1, on or before September 30 of the fiscal year and any special assessment fee when applicable.

Sec. 2. Chapters Share of PMS Dues. The five (5) chapters shall have the right and privilege to claim 30% of their respective members' annual membership dues to sustain the chapters' operations and functions.

VIII. THE OFFICERS

Sec. 1. PMS Officers. The officers of the Society shall be the President, the Vice-President, the Secretary, and the Treasurer.

Sec. 2. Chapter Officers. The officers of each of the five (5) chapters shall be the President, Vice President, the Secretary, Treasurer and a Councilor.

Sec. 3. Term of Office. The term of office of the officers shall be for a period of one year, starting on the 1st day of June of the current year up to the last day of May of the succeeding year. No officer shall be re-elected for the same position after two consecutive terms.

Sec. 4. PMA-PMS Election. The election of the PMS President, the Vice-President, the Secretary and the Treasurer shall coincide with the PMA National Election of Officers as determined by the PMA COMELEC. Voting will be done by secret ballot and in accordance with rules and regulations promulgated by the PMS Commission on Election. The manner of the election for National Officers shall be in accordance with the rules and regulations promulgated by the PMA Commission on Elections.

Sec. 5. Chapter Elections. The Chapter President, Vice-President, Secretary, Treasurer, and a Councilor for each of the five (5) chapters shall be elected within fourteen (14) days after the PMA-PMS Elections. The manner of the election shall be supervised by the PMS COMELEC and in accordance with its promulgated rules and regulations.

Sec. 6. Vacancy. A vacancy due to prolonged illness, death, incapacity to discharge his/her duties, resignation or removal from office shall be filled up in the next Board Meeting immediately following the official declaration of the vacancy by the Board of Directors, if nobody will succeed the said vacant position as prescribed therein.

Sec. 7. COMELEC

7.1. The PMS Commission of Election is composed of six (6) members. Their term of office shall be for 3 years. They will annually elect among themselves as to who should be Chairman, Vice Chairman and Secretary whose names will be submitted to the PMA COMELEC. The Commission shall be responsible for the following paraphernalia in an election: (a) ballots (b) canvass report forms (c) tally sheets (d) official list of candidates of the National Office and (e) List of certified voters of the Society.

7.2. The Commission will be responsible for the immediate collection of the PMA National and PMS Local election returns and must see to it that PMA National election returns are submitted to the PMA COMELEC as prescribed. During the Chapter elections, the Commission will designate from among them a representative for each of the five (5) chapters to oversee the chapter election proceedings and that the representatives will be responsible for the immediate collection of the election returns and must see to it that they are all in the PMS Headquarters as prescribed.

IX. THE BOARD OF DIRECTORS

Sec. 1. Composition. The Board of Directors of the PMS shall be composed of; PMS President, Vice President, Secretary, Treasurer and the Chapter Presidents, Vice Presidents, Secretaries, Treasurers and Councilors.

Sec 2. Duties. The Board of Directors shall have the power to propose and approve resolutions recommended by a majority of its members, transact business, enter into contracts or delegate the same and perform such other acts within the corporate powers of the Society and not in excess of those granted by the Corporation Laws of the Philippines.

X. DUTIES OF THE PMS OFFICERS

Sec. 1. The President. The President shall preside at all meetings of the Society and of the Board of Directors and shall represent the Society in Regional and National meetings of the Philippine Medical Association, and shall perform such duties as may be assigned to him/her by the Board of Directors. He/She cannot vote except in case of ties. He/She shall appoint the members of the various commissions and standing committees subject to the approval of the Board of Directors.

Sec. 2. The Vice President. The Vice President shall assist the President in the discharge of his/her duties. In the absence or incapacity of the President, he /she shall preside over the meetings of the Society and the Board of Directors and shall perform the duties and exercise the powers of the President.

Sec. 3. The Secretary. The Secretary shall keep the minutes of the meetings of the Society and of the Board of Directors, give written notices of the monthly annual and special meetings, keep the records and the

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corporate seal, issue certificates of membership and answer open communications, and perform such other duties as may from time to time, be assigned to him/her by the Board of Directors.

Sec. 4. The Treasurer. The Treasurer shall keep the funds of the Pangasinan Medical Society, Inc. under the supervision of the Board of Directors and shall make detailed reports of the contributions and donations received, fees, dues, and fines collected and expenses incurred by the Society. He/She shall issue official receipts, numbered consecutively, for all collections made. He/She shall deposit the funds with any reputable bank in Pangasinan and shall keep the pass book, prepare, sign, endorse, and issue drafts, checks or warrants with the countersignature of the President. The Treasurer shall also be the custodian of all the properties of the Society including the PMS Building and all furniture, fixtures, equipment, books supplies and other acquisitions of the Society. He/She shall keep and make available his/her records of accounts to the PMS Commission on Audit.

XI. DUTIES OF THE CHAPTER OFFICERS

Sec. 1. The Chapter President. The President of each of the five (5) chapters shall represent the Chapter during the PMS meetings and other functions. The Chapter President shall preside at all meetings of the chapter and discharge his/her duties as mandated.

Sec. 2. The Chapter Secretary. The Chapter Secretary shall keep the minutes of the meetings of the Chapter and give written notices of the meetings, keep the records, answer open communications, submit reports to the PMS Secretary and perform such other duties as may from time to time, be assigned to him/her by the Chapter President.

Sec. 3. The Chapter Treasurer. The Chapter Treasurer shall keep the funds of the Chapter under the supervision of the Chapter President, and shall make detailed reports of the contributions and donations received, fees, dues, and fines collected and expenses incurred by the Chapter and submit a monthly financial statement to the PMS Treasurer. The Chapter Treasurer shall remit to the PMS Treasurer all collections within 15 days of the succeeding month. He/She shall keep and make available his/her records of accounts to the PMS Commission on Audit.

Sec. 4. The Chapter Councilor. The Chapter Councilor shall attend the meetings of the Board of Directors and represent therein the members of the Society in their respective Chapters, bringing to the attention of the Board of Directors unusual and phenomenal outbreaks of epidemics and other matters of importance that affect the general health of the communities which they represent. They shall certify those indigent patients coming from their respective Chapters who need free medical treatment in the indigency clinic of the Society.

XII. COMMISSIONS

Sec. 1. Purpose: There shall be four (4) Commissions as described in this Article to control and supervise specific functions and activities of the Society.

Sec. 2. Composition: Unless specifically provided for in Section 3 of this Chapter, the Commissions shall consist of six members, each member appointed for three (3) years on a staggered basis so that one third of the Commissioners shall be appointed each year. The Chairperson of each Commission shall also be appointed for each administrative year. All appointments shall be made by the President with the concurrence of the Board.

Sec. 3. List of Commissions The Commissions shall be the following:

3.1. Commission on Ethics. The Commission on Ethics shall govern the conduct of members in their relationship with one another, with the Association, and with the Public. It shall establish its procedures for dealing with complaints raised and/or referred to it, and make recommendations for the resolution of such cases. The commission shall also proclaim, with the approval of the Board, a Code of Ethics for the guidance of the members of the Society.

3.2. Commission on Continuing Medical Education. This Commission shall enforce and administer all provisions, rules and regulations and policies related to Continuing Medical Education (CME) as outlined in the CME Code. It shall also make provisions for the recording of CME activities of the members. It shall also make provisions for the recording of CME activities of the members for purposes of complying with the requirements of the Professional Regulations Commission and for membership in the PMS.

3.3. Commission on Elections. The Commission on Elections (COMELEC) shall have the exclusive power to enforce the provisions, rules and regulations, and policies relative to the conduct of the elections in

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the Society. Each year, the Commission shall elect the Chair, Vice-Chair, and Secretary of the Commission from among its members.

3.4. Commission on Audit. This Commission shall monitor the financial activities of the Society, examine, audit and resolve problems involving such matters in accordance with law. It shall also oversee all accounts pertaining to the revenues and receipts of, expenditures and uses of funds and properties owned or held in trust by the Society or any of its subdivisions, agencies and instrumentalities, and shall promulgate auditing rules and regulations which shall be incorporated into the Administrative Code. The members of the Commission shall not be eligible for any office, national or local, in the Society during their incumbency in the Commission

XIII. STANDING COMMITTEES

Sec. 1. Appointment of Members. The members of the Standing Committees shall be appointed by the President with the concurrence of the Board for a term of three years arranged on a staggered basis. The Chairperson each year shall be appointed by the President from among the members of the Committee.

Sec. 2. Standing Committees and Functions. The Standing Committees of the Society and their functions shall be the following:

2.1. Committee on Finance/Budget. To look after the financial affairs of the PMS To conduct fund raising activities To prepare and submit a budget to the Board at least two months before the Annual Convention.

2.2. Committee on Archives. To organize and to record electronically the historical events of the Society, and to preserve all the significant memorabilia of every administration.

2.3. Committee on External Affairs. To enhance and to develop PMS-Government relationship: To study and recommend ways and means of participating in government health programs; To work for maximum participation of PMS in the National Health Program; and To study and recommend measures to improve the lot of government physicians. To actively participate in Community Service: To promote health education program; and To recommend the implementation of family planning projects.

2.4. Committee on Emergencies and Disasters. To promote and organize activities towards emergency and disaster preparedness (typhoon, earthquake, fires and other calamities); To organize Emergency and Disaster Program team in each chapter; To organize and consolidate all emergency and disaster activities of medical societies; and To support and participate in the government's effort in responding to emergencies and disasters.

2.5. Committee on Special Projects and Advocacies. To handle projects to be assigned by the Board, like construction, etc.

2.6. Committee on Constitution, By-Laws and Codes. To review the Constitution, By-Laws and Codes; To recommend amendments; and To draft new provisions

2.7 Committee on Membership Section, Development and Mutual Aid. To encourage membership in the Society; To study programs and benefits that may attract membership to the Association; and To study and assist in placement of new physicians

2.8 Committee on Sports Development, Culture and Arts. To promote and to develop sports awareness among the members; and To organized sports activities for the members.

2.9. Committee on Awards. To review and to improve the guidelines of the various PMS awards. To nominate and to screen candidates for awards. To submit names of awardees for approval of the Board; and To recommend special awards when appropriate.

2.10. Committee on Physical Plan and Development. To plan PMS infrastructures, and to study their improvement.

2.11. Committee on Environmental Health and Ecology. To study and recommend PMS activities in Environmental Health and Ecology; and To coordinate with and support government's efforts in this issue.

Sec. 3. Committee on PMS Indigency programs

- 3.1. To manage the operation of the Clinic;
- 3.2. To maintain and upgrade the equipment;
- 3.3. To maximize health services and income; and
- 3.4. To draw a larger number of patients.

Sec. 4. Committee on Medicine Week

- 4.1. To take charge of the celebration of Medicine Week;
- 4.2. To coordinate activities in chapters, specialty societies, hospitals and medical colleges.

Sec. 5. Committee on Annual Convention/PMS Annual Post Graduate Course

- 5.1. To take charge of the preparation and actual holding of the Annual Convention/PMS Annual Post

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Graduate Course.

Sec. 6. Committee on Information Technology

6.1. To set-up programs on information, communication, continuing medical education through internet.

Sec. 7. Committee on PMS Journal "The Physician"

7.1. To take charge of collecting medical articles, for collating and printing into the journal.

Sec. 8. Central Judiciary Committee

8.1. The Central Judiciary Committee shall be composed of the members of the Board of Directors, and all other Past Presidents of the Pangasinan Medical Society, Inc. Their unanimous approval shall constitute an affirmation of the decision of the Committee on Ethics, Economics and Practice, otherwise the same shall be reversed and considered void or of no force and effect.

XIV. TERMINATION OF MEMBERSHIP

Sec. 1. Membership can be terminated upon recommendation of the Ethics committee duly approved through a resolution by the Board of Directors.

Sec. 2. The decision of the PMS Board of Directors upon ratification by three-fourths (3/4) of those members present in a special meeting called for the purpose, shall be forwarded to the PMA Board of Governors, for proper action.

Sec. 3. A member whose membership has been terminated immediately forfeits his/her rights and privileges as member of the Pangasinan Medical Society, Inc.

XV. CORPORATE SEAL

Sec. 1 The seal of the Society shall be circular in form composed of three concentric circles, the innermost circle, with the background color of light green, shall bear a map of Pangasinan with a superimposed caduceus figure; the middle circle, with the background color of blue violet, shall bear the names of the five chapters of the PMS around it; and the outer circle, with the background color of orange shall bear the following written around it: "PANGASINAN MEDICAL SOCIETY" on the upper arc and the year "1926" on the lower arc.

XVI. AMENDMENT OF BY-LAWS

Sec. 1. Amendments to any of the provisions of this Constitution and By-Laws may be initiated by the Board of Directors or by a petition to the Board of Directors signed by 25 individual members of the Society.

1.1. The proposed amendments shall be submitted to the Committee on Constitution, By Laws and Codes for evaluation.

1.2 The Committee on Constitution shall submit the proposed amendments to the Board of Directors for review.

1.3 The proposed amendments shall be subjected for ratification by two-thirds of the general membership in good standing present, during the annual meeting of the Society, or at a special meeting duly convened for that purpose.

Sec. 2. Amendments ratified by the general membership shall take effect 15 days after dissemination to members through tri-media of the province-wide circulation.

Sec. 3. The Constitution and By-Laws of the Society shall be regularly reviewed at every five (5) years or as provided under Section 1 of Article XVI.

XVII. DISSOLUTION

Sec. 1. Criteria for Dissolution: A resolution to dissolve the society can be passed by at least two-thirds vote of the Board of Directors for a reason or cause. The resolution must be ratified by two-thirds majority of the general membership in a meeting specifically called for this purpose. A meeting called for dissolution must have 60% of the members present. The 60% quorum requirement will not be waived if the meeting is postponed due to lack of quorum.

Sec. 2. Method of Dissolution: The Board of Directors shall be responsible for carrying out the dissolution process in a manner satisfactory with the Philippine government laws and regulations. Upon dissolution of the Society, the Board of Directors shall, after paying or making provisions for the payment of all the liabilities of the Society, dispose of all assets to similar organizations in the Philippines except for the Pangasinan Medical Society, Inc. Building which will be donated to the Philippine Government and/or shall automatically become a property of the said government.

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PANGASINAN MEDICAL SOCIETY, INC.

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Telephone No.: (075) 5154510
Email Add: pangmeds@yahoo.com

"BOARD RESOLUTION I SERIES OF 2019"

SUBJECT: AMMENDMENTS ON FIXING OF GUIDELINES FOR A GOOD STANDING MEMBERSHIP IN THE PANGASINAN MEDICAL SOCIETY (PMS)

WHEREAS, the instant Board Resolution was reviewed and passed during the meeting of the Board of Directors of the Pangasinan Medical Society at its registered office at Star Plaza Hotel Dagupan City, Pangasinan, Philippines on June 13, 2019 At 7:00 PM

Whereas, the said Board Resolution was ratified during the PMS General Assembly held in The Amethyst Hall, The Pentagon Building, Mc Arthur Highway Nancayasan Urdaneta City, Pangasinan on the 30th of June, 2019 at 10:30 o'clock in the morning.

WHEREAS, it was resolved that said Board Resolution must be implemented for full compliance by all the members;

WHEREAS, the Certificate of Good Standing as member of Philippine Medical Association (PMA) is a requirement for accreditation of physicians to Philippine Health Insurance Corporation:

*PHILHEALTH CIRCULAR NO. 2015-037 dated December 9, 2015 states that PhilHealth recognized the Philippine Hospital Association (PHA) and the Philippine Medical Association (PMA), as partners in the implementation of the National Health Insurance program. Membership in good standing in PMA or PHA increases the likelihood of compliance of the health care providers to the Code of Ethics of their respective organizations.

In view of the foregoing, the Corporation reinstates the Certificate of Good Standing (CGS) in the above mentioned organizations as a requirement for accreditation of health care providers to ensure that members of the National Health Insurance Program (NHIP) and their dependents have better access to quality health care services."

WHEREAS, the Philippine Medical Association issued memorandum to its COMPONENT SOCIETIES an advisory regarding the ISSUANCE of Certificate of Good Standing:

*PMA MEMORANDUM CIRCULAR NO: 2016-12-14-017, RE: Certificate of Good Standing dated December 14 2016 states that starting January 2017 the PHIC will require the submission of the original copy of the Certificate of Good Standing from the PMA and PMA recognized Specialty Societies for Health care professionals applying for accreditation. In compliance, the PMA will no longer issue/release a Certificate of Good Standing through emails."

*PMA MEMORANDUM CIRCULAR NO: 2017-01-16-023 AS AMENDED JANUARY 19, 2017 states that the issuance of CGS by the PMA for purposes of PHIC Accreditation shall be free of charge.

*PMA MEMORANDUM CIRCULAR NO: 2018-08-01-013 RE: Certificate of Good Standing dated August 1, 2018 states that Please be informed that we will be issuing Certificate of Membership in Good Standing again to our members, instead of the Certificate of Membership, which was recently agreed upon. This is based from the Advisory that was released by the Philippine Health Insurance Corporation dated December 7, 2016; stating that the original copy of Certificate of Good Standing will be required by Philhealth for all professionals applying for accreditation."

NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, TO PROVIDE THE FOLLOWING
GUIDELINES FOR A MEMBER TO BE CONSIDERED AS ONE IN GOOD STANDING.

Mandatory Requirements:

- i. annual dues
- ii. attendance to at least 2 major activities annually namely:
 - a. Election
 - b. Induction Ceremony
 - c. Adopt a Barangay Project
 - d. Post Graduate Course

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Section 1. The Member must pay his/her annual dues on or before the 30th of September.

- (a) A member must pay his/her annual dues ANNUALLY and NOT on an accumulated three (3) years in time for his/her renewal of accreditation to the Philippine Health Insurance Corporation (PHIC). In such situation, the Certificate of Good Standing will be issued two (2) months from the date of PHIC Accreditation expiry to give the member ample time to accomplish the requirements under Section 2 hereof.
- (b) Failure to pay the annual due on time will mean the collection of a penalty equivalent to 25% of the annual due

Section 2. The Member must additionally earn a total of ten (10) minimum points from the following activities during the year:

PMS ACTIVITIES AND THEIR CORRESPONDING POINTS

ACTIVITIES FOR THE PMS POINT SYSTEM	POINTS
A. Voting during regular National & Local election (often during the month of March)	- 3
B. Being a Pangasinan Medical Society Officer	- 3
C. Attendance to Induction Program	- 3
D. Attendance during the Medicine Week (point per activity in full attendance)	- 1
E. Participation in PMS Community Service activities:	
1. Medical Missions	
a. Whole Day	- 2
b. Half Day	- 1
2. Adopt a Barangay Project Activities	- 3
3. Tree planting and other eco-environmental activities	- 1
4. Feeding program	- 1
F. Attendance to :	
1. PMA Annual Convention *(Mandatory by PMA, 1 attendance in 3 years)	- 2
2. PMA North Western Luzon Regional Assembly	- 2
3. Completion of Pangasinan Medical Society Post Graduate Course	- 3
a. As Speaker on PMS Postgraduate Courses	- 3
b. As Moderator on PMS Postgraduate Courses	- 2
4. Specialty Society Post Graduate Course Collaborated with PMS	- 2
a. As a Speaker	- 1
G. Participation in PMS fund raising activities	- 2
H. Participation in special events /or cultural activities	- 1
I. Activities of Specialty Societies in collaboration with PMS	- 1
J. Lecturer on Lay Forum, RTD, on other Post Grad Courses in PMS collaboration	- 1
K. Participation in Round Table Discussion (RTD)	- 0.25
L. Participation in other CME activities in collaboration with PMS	- 0.25
M. Principal Author of Research/ Thesis Works with involvement of PMS	- 1
N. Participation in Civic Societies collaborated with PMS	- 1
O. Participation in PMS Klinika ng Bayan (Voluntary service) (PMS Bldg.)	- 0.25

Section 2.1 – If a member is out of the country attending training/s abroad for one to two years, he/she must submit the certificate/s of completion to serve as proof/s of his/her participation therein

Section 2.2 – In the event a member, who is due for renewal, fails to meet the minimum ten point requirement per year, he/she must write a letter of consideration to the PMS President who, in turn, must endorse the same to the Board for deliberation. Said member may make up for his/her deficiency if he/she proves, to the satisfaction of the Board, that he/she rendered community service through any of the following activity/ies organized by him/her:

- a. Feeding program - 2 points
- b. Medical mission - 3 points if proponent/ 1 point if participant
- c. Tree planting – 2 points
- d. Lay forum – 1 point
- e. Coastal Clean Up – 2 points

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Section 2.3 – At the time of PHIC renewal, the due date for which is every three (3) years on the member's birthdate, the latter should have accumulated a total of 30 points at ten (10) points per year.

a. For 2019, however, members for renewal need to have accumulated points of only ten (10). Members with at least five (5) accumulated points may nonetheless be allowed renewal in said year subject to the condition that the five (5) point deficit must be covered during the next year.

b. For those renewing in 2020, only a total of twenty (20) accumulated points will be required.

c. Full implementation will be in 2021.

Section 2.4 – Members who are 65 years old and above must apply for PMA Emeritus Member Status in order to free the member from the PMS points system and shall continue to enjoy all the rights and privileges of a regular member.

Section 2.4 – Points earned in excess of the required minimum of 10 PMS points per fiscal year will NOT be carried over as earned points for the next fiscal year.

Section 3. The Board will decide on the number of points allotted per activity rendered based on the activity's significance and the member's number of hours in attendance in the activity, from a range of 0.25 to 3 points.

Section 4. Non-compliance by a Member of any of the foregoing can result to the withholding of the issuance of the Certificate of Good Standing.

Section 5. All members requesting for Certificate of Good Standing on or before July 1, 2019 must have a minimum of 5 points. Included activities are those from January 1, 2019 to July 1, 2019. No Certificate of Good Standing shall be issued before July 1, 2019 if the date of renewal after July 1, 2019. CGS will only be issued if Sections 1 & 2 are complied.

Section 5. This Resolution shall take effect immediately.

Approved:

Board of Directors:

Arlene P. Pava, MD
President, Pangasinan Medical Society

Mario C. Castro, MD
Vice President, Pangasinan Medical Society

Rosemarie D. Valentin, MD
Secretary, Pangasinan Medical Society

Marijen Benigno-Uy, MD
Treasurer, Pangasinan Medical Society

Hilarion H. Maramika Jr., MD
Ex-oficio

Jude Antonio C. Gonsalves Jr., MD
President – PMS NorthCentral Pangasinan Chapter

Jerome David J. Sison, MD
President – PMS SouthCentral Pangasinan Chapter

Marissa A. Fernandez, MD
President – PMS WestCentral Pangasinan Chapter

Romelia Remedios A. Cabangan, MD
President – PMS Eastern Pangasinan Chapter

Manibeth M. Reposo, MD
President – PMS Western Pangasinan Chapter

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<i>Eastern Pangasinan Chapter</i>		SIGNATURES
Vice President	Dr. Joseph Cyril M. Pantoya	
Secretary	Dr. Agnes Leored D. Rioflorido	
Treasurer	Dr. Jojean Mael Q. Costelo	
Councilor	Dr. Demetria A. Reyes	
<i>North central Pangasinan Chapter</i>		
Vice President	Dr. Ophelia T. Rivera	
Secretary	Dr. Macrina Rosamund Geraldine A. De Guzman	
Treasurer	Dr. Virginia C. Petrola	
<i>South Central Pangasinan Chapter</i>		
Vice President	Dr. Mildeana L. de Guzman	
Secretary	Dr. Concepcion Cabatbat	
Treasurer	Dr. Katrina Ann Navasca-Bauzon	
Councilor	Dr. Rehana V. Pallingayan	
<i>West Central Pangasinan Chapter</i>		
Vice President	Dr. Jupiter M. Bergonia	
Secretary	Dr. Josephine Guiang	
Treasurer	Dr. Athena Marie Merera	
<i>Western Pangasinan Chapter</i>		
Vice President	Dr. Fdeles S. Ochave	
Secretary	Dr. Marivic N. Andres-Carolino	
Treasurer	Dr. Jovito S. Rivera	

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PANGASINAN MEDICAL SOCIETY, INC.

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Upon studied and reviewed the details of the above "PMS Board Resolution I Series 2019"
**SUBJECT: AMMENDMENTS ON FIXING OF GUIDELINES FOR A GOOD STANDING MEMBERSHIP IN
THE PANGASINAN MEDICAL SOCIETY**, We, the *League of Past President, Pangasinan Medical
Society*, are affixing our signatures, confirming our support to the PMS Board Resolution I Series 2019.

LEAGUE OF PAST PRESIDENTS PANGASINAN MEDICAL SOCIETY

1974 Dr. Fe Cruz Manaois

2002 Dr. Henry J. Fernandez

1975 Dr. Edmundo Exconde

2003-2004 Dr. Glorioso V. Maramba

1976 Dr. Vivencio V. Villaflor Jr.

2005 Dr. Gregorio P. Villaflor

1988 Dr. Jesus Canto

2006 Dr. Leontio Marcelino D. Rebosa

1989 Dr. Saturnino V. Posadas Jr.

2007-2008 Dr. Felipe Gozar L. Duque

1990 Dr. Carlito Arenas

2009 Dr. Fernando V. Fernandez

1992 Dr. Joselito Casipit

2010, 2016-2017 Dr. Hilario H. Maramba ,Jr.

1993 Dr. Raul Sabado

2011-2012 Dr. Vivencio Jose P. Villaflor III

1996 Dr. Felipe Tablada

2013-2014 Dr. Betha Fe Manaois-Castillo

1997 Dr. Angelo B. Juan

2015 Dr. Lalaine L. Duque

2000 Dr. Aylee C. Ochotorena

**94th ANNIVERSARY
& INDUCTION CEREMONIES**

2019 PMS GENERAL ASSEMBLY

January 28, 2019 @10:00AM

Amethyst Hall, The Pentagon Building,
McArthur Hi-way Nancayasan, Urdaneta City, Pangasinan

Ratification of Board Resolution I Series of 2019

Ammendments on fixing of guidelines for a good standing membership
in the Pangasinan Medical Society (PMS)



"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

PMS 94TH FOUNDING ANNIVERSARY & 1st Virtual/Hybrid Induction Ceremonies

October 10, 2020 via ZOOM

(BALIKBAYAN HALL Urdaneta City Sports Complex)

THEME: "PMS: RISING TO THE CHALLENGE, ADAPTING TO THE CHANGE."

PART I. THANKSGIVING MASS (8:30 AM)

Live streaming @ facebook.com/rcdu.olicc

Our Lady of Immaculate Conception Cathedral - OLICC

PART II. OPENING CEREMONIES

A .AUDIO VISUAL PRSENTATION	Getz Pharma - Platform Sponsor ZOOM
B. Processional	Council of Past Presidents of PMS Presidents/ or Representatives of Specialty Societies (Pangasinan Chapter) PMS Chapter Officers PMS Component Officers PMA-NWL Governor PMA President
B. Opening Prayer	" Lord Heal Our Land" Cover Song by: Regina Faye G. Simisim
C. National Anthem	AVP
D. PMA Hymn	AVP
E. PMS Hymn	AVP
F. Welcome Message	Dr. Virginia C. Petrola PRO - Pangasinan Medical Society
G. Message	Dr. Jose Manuel Vicente C. Bello Jr, PMA-NWL Governor(2020 - 2021)
	Hon. Julio F. Parayno, III Mayor, City of Urdaneta
H. Introduction of Keynote Speaker	Dr. Marijen B. Uy Overall Chair PMS Induction Ceremony

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

I. Keynote Messager

Dr. Benito P. Atienza
PMA President (2020-2021)

J. Presentation of Plaque of
Appreciation to Keynote Speaker

by PMS Component Officers 2019-2020
headed by Dr. Arlene P. Pavo

Assisted by:

Dr. Rosemarie D. Valentin
PMS Secretary 2018 - 2019

Intermission Number

PMS Doctors
National Finalist
First PMA Song Video Contest 2020
entitled "Magsimula Ka" cover song

PART III. INDUCTION CEREMONIES

Induction of Incoming
Component Officers 2020

Dr. Benito P. Atienza
PMA President 2020-2021

Inaugural Message of the
PMS President 2020

Dr. Arlene P. Pavo
PMS Component President 2020-2021

Presentation of PMS Chapter Officers

Dr. Corazon H. Cabading
PMS Component Secretary 2020-2021

- PMS- Eastern Pangasinan Chapter
- PMS- Western Pangasinan Chapter
- PMS- North Central Pangasinan Chapter
- PMS- West Central Pangasinan Chapter
- PMS- South Central Pangasinan Chapter

Induction of the Incoming
Chapter Officers

Dr. Benito P. Atienza
PMA President 2020-2021

Assisted by:

Dr. Jose Manuel Vicente C. Bello Jr.
NWL Governor 2020-2021

Presentation and Introduction of the
New Members

Dr. Corazon H. Cabading
PMS Component Secretary 2020-2021

Induction of the New PMS Members

Dr. Arlene P. Pavo
PMS Component President 2018-2021

Audio-Visual Presentation of the PMS: The Year That was.....

Messages of the PMS Past Presidents

"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES

PART IV. AWARDING CEREMONIES

Society Awards

Dr. Arlene P. Pavo
Dr. Rosemarie D. Valentin

Leadership Award

Initiated by PMS-PP Dr. Francisco de Guzman in 1962

Most Outstanding Officer

Initiated by PMS-PP Dr. Gualberto de Venecia in 1934

Best Research Award

Initiated by PMS-PP Dr. Vivencio Villaflor Jr. in 1976

Community Service Award

Initiated by PMS-PP Dr. Edmundo Exconde Sr. in 1975

Child and Adolescent Health

Initiated by PMS-PP Dr. Hilarion H. Maramba in 2010

Advocacy Award

Women's Health Advocacy Award

Initiated by PMS-PP Dr. Betha Fe M. Castillo in 2013

Special Awards and Citations

PART V. CLOSING

Closing Message

Dr. Abraham T. Coquia
PMS Vice- President 2020-2021

Masters of Ceremonies:

Dr. Rosemarie D. Valentin
Dr. Karla M. Narito

PANGASINAN MEDICAL SOCIETY COMPONENT OFFICERS 2020

President	Dr. Arlene P. Pavo
Vice President	Dr. Abraham T. Coquia
Secretary	Dr. Corazon H. Cabading
Treasurer	Dr. Marijen B. Uy
Auditor/Pro	Dr. Virginia C. Petrola
Editor in Chief	Dr. Hilarion H. Maramba Jr.

CHAPTER OFFICERS

EASTERN PANGASINAN CHAPTER

President	Dr. Rosemarie Dizon-Valentin
Vice President	Dr. Jojean Mael Q. Costelo
Secretary	Dr. Karla Morden Narito
Treasurer	Dr. Amina G. Simisim
Auditor/Pro	Dr. Leonardo V. Guerrero

WESTERN PANGASINAN CHAPTER

President	Dr. Maribeth M. Reinoso
Vice President	Dr. Genevieve S. Rivera
Secretary	Dr. Ariel N. Estrada
Treasurer	Dr. Jovito S. Rivera
Auditor/Pro	Dr. Genaro M. Meriño

94th ANNIVERSARY & INDUCTION CEREMONIES

NORTHCENTRAL PANGASINAN CHAPTER

President	Dr. Jude Antonio C. Gonsalves Jr.
Vice President	Dr. Ophelia T. Rivera
Secretary	Dr. Ralph Lazarus R. Rapacon
Treasurer	Dr. Benjamin Marcial O. Bautista
Auditor/Pro	Dr. Francisco K. Ontalan, III

WESTCENTRAL PANGASINAN CHAPTER

President	Dr. Marissa A. Fernandez
Vice President	Dr. Athena Marie C. Merrera
Secretary	Dr. Josephine B. Guiang
Treasurer	Dr. Porssia Raissa I. Ocampo
Auditor/Pro	Dr. Mona Lisa N. Palisoc

SOUTHCENTRAL PANGASINAN CHAPTER

President	Dr. Stachys Neil E. Espino
Vice President	Dr. Arianne Olivia S. Valerio
Secretary	Dr. Angelico L. Yuson
Treasurer	Dr. Irina M. Rey Roxas
Auditor/Pro	Dr. Catherine Mae. M. Morante

NEW MEMBERS

**Aquino, Jubille F.
Alimorong, Carl Jones F.
Bravo, Kea Koko D.
Bumanlag Honeylyn C.
Cabangon, Ma. Estefanie Anne Rose
Delos Santos, Joyce Menalou M.
Delos Santos, Seidon
Disu, Carmina L.
Garcia, Jessa D.
Garcia, Ruben Ervin M.
Gille, Mark Lawrence D.
Lavarrias, Alyssa Katrina G.**

**Mallo, Nicola Bethune A.
Mejia, Lawrence R.
Montes, Abigail DC.
Ogoy, Racquel S.
Perez, Celona Alyanna R.
Quirimit, Christian Rofem D.
Rivera, Maria Katrina R.
Rodavia, Mary Marjorie F.
Rosario, Glynis Glou A.
Si, Edward Brian S.
Viray, Kate Azylle D.**

Thanks Giving Mass



Processional



"PMS 2020: Rising to the Challenge, Adapting to the Change."

94th ANNIVERSARY & INDUCTION CEREMONIES



Induction Ceremonies



Induction of Chapter Officers via zoom

"PMS 2020: Rising to the Challenge, Adapting to the Change."

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"PMS 2020: Rising to the Challenge, Adapting to the Change."

Society Awards



JUDE ANTONIO C. GONSALVES JR. , MD

*Most Outstanding Officer
initiated by PMS-PP Dr. Gualberto
De Venecia in 1939*



MA. FE LAGMAY, MD
*Community Service Award
initiated by PMS-PP Dr.
Edmundo Exconde Sr. in
1975*



FATIMA MAY Z. CAGUIOA, MD

*-“Quality Life of Elderly Patients with Polypharmacy in the
Outpatient Department of a Tertiary Hospital”
-Best Research Award initiated by PMS PP Dr. Vivencio
Villaflor Jr. in 1976*



MA. THERESA L. CHAN-LECTITONA, MD
*Child & Adolescent Health Advocacy
Award initiated by PMS-PP Dr. Hilarion
H. Maramba Jr. in 2010*



ELEANITA LERISA A. RIVERA, MD
*Women’s Health Advocacy Award initiat-
ed by PMS-PP Dr. Betha Fe M. Castillo
in 2013*



Award of Merit

A. Medical Specialty Societies



Dr. Lalaine L. Duque
*Philippine Diabetes Society
Pangasinan Chapter*



Dr. Leonardo V. Guerrero
*Philippine Academy of
Family Physicians
Pangasinan Chapter*



Dr. Felipe Gozar L. Duque
*Philippine
Gastroenterology Society*



Dr. Leonides Arcalas
*Philippine College of
Chest Physician
Northwestern
Luzon Region*



Dr. Rosemarie D. Valentin
*Philippine of Pediatrics
Society
North Luzon chapter*



Dr. Evalinda G. Guevarra
*Philippine Obstetrics and
Gynecology Society
Region 1*

B. PMS Advocacy Programs



Dr. Pangilalo D. Delfiero Jr.
PMS Nutrition Programs



Dr. Lennette L. Chan-Cruz
PMS Cancer Projects

Award of Merit

C. PMS Chapter Leaders



Dr. Romela Remedios A. Cabanayan
President
PMS-Eastern Pangasinan
Chapter



Dr. Maribeth M. Reinoso
President
PMS-Western Pangasinan
Chapter



Dr. Jude Antonio C. Gonsalves Jr.
President
PMS-North Central Pangasinan
Chapter



Dr. Marissa A. Fernandez
President
PMS-West Central Pangasinan
Chapter



Dr. Jerome David J. Sison
President
PMS-South Central Pangasinan
Chapter

Presidential Award of Excellence



Dr. Mario C. Castro
Vice President 2019



Dr. Rosemarie D. Valentin
Secretary 2019



Dr. Marijen B. Uy
Treasurer 2019

THE YEAR THAT WAS . . .

INAUGURAL MESSAGE OF DR. ARLENE P. PAVO, 2020 PMS PRESIDENT

Blessings of good health to all of us!

On the occasion of the 94th founding anniversary of the Pangasinan Medical Society, I reach out to every member virtually, as we press on, on serving on the forefront of a battle spelling life and death versus corona virus: may the Heavens shield us from the unseen enemy and strengthen us to bear this huge responsibility on our shoulders.

- Dr. Benito P. Atienza- hardworking PMA President
- Dr. Jose Manuel Vicente C. Bello Jr - PMA NWL Governor
- Hon. Julio F. Parayno III - Mayor, City of Urdaneta
- Council of Past Presidents of PMS
- Presidents / Representatives of Specialty Societies (Pangasinan Chapter)
- Awardees
- PMS Outgoing Officers
- Inductees, Friends Ladies and Gentlemen

Before we jump in to a start of a new fiscal year, let me take you on retrospective of the past twelve months of 2019 of which our esteemed organization's voyage charted not only on usual routes but also sailed on unfamiliar seas.

Foremost is the laying of the groundwork for the rollout of the Universal Health Care Law, which is set to benefit the impoverish of all Filipinos with access to healthcare services. Being in the lead of this fight for the health agenda, we have been working on securing the balance between our commitment to the Filipino people—our clientele, and our welfare as the wards of our clients' life and wellness as well.

To keep up with the changes, PMS has implemented the 10-point system towards issuance of Certificate of Good Standing, which is a prerequisite for a physician to renew his or her Philippine Health Insurance Corporation accreditation. With the adjustment now in place, we are going extra mile to bring the hard copy of the guidelines to your doorsteps through a roving messenger.

Harnessing the virtue of information and communication technology, PMS has completed computerization of its membership records for easy access and update while ensuring protection of every member's data.



94th ANNIVERSARY & INDUCTION CEREMONIES

For the past year, PMS has mounted numerous training programs, feeding programs, medical missions and other advocacy activities that both met the emerging and current needs of the physicians and their patients. **PMS coordinated such endeavours with the:**

Philippine Academy of Family Physicians, Incorporated-Pangasinan Chapter



Philippine Obstetrics-Gynecological Society - Region 1



Philippine Pediatric Society North Luzon Chapter



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Philippine College of Chest Physicians



Philippine College of Surgeons



Philippine Society of Otorhinolaryngology Head & Neck Surgery



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Philippine Society of Anesthesiologists



Philippine Diabetis Pangasinan Chapter



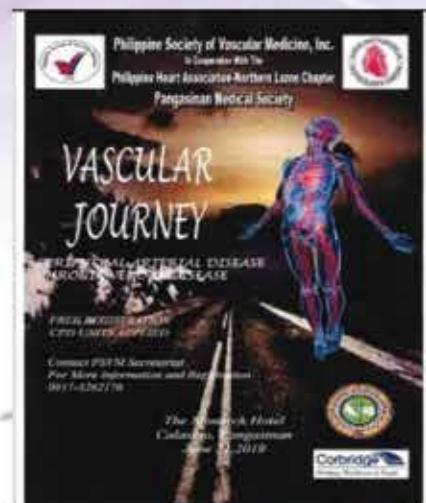
Philippine Gastroenterologists Society



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Philippine Society of Vascular Medicine, Inc.



Philippine Society of Nephrology Northluzon Chapter



The Society has also pulled strings from its long-standing partners—manifold local government units, national government agencies, non-government organizations, corporate sponsors and philanthropists—to carry out its mission, vision, objective and goals. Thank you very much!

Reinforcing disaster risk reduction and management capabilities of local government units and national government agencies, PMS sent assistance to the victims in the earthquake-ravaged Itbayat in Batanes and Central Mindanao, Typhoon Ursula and Taal Volcano Eruption. The organization also forged ties with the Urdaneta Local Health Board as part of the Urdaneta Civil Service Organization Conference,



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a Psychosocial Support agreement with the Local Government of Anda, creating a similar mechanism with the Pangasinan Provincial Disaster Risk Reduction and Management Council



and taking part of the Dagupan City Waste Management Board



and Consultative Meeting on UHC Roll-Out in Dagupan City



Our PMS has also been in the forefront in providing proactive response to curb the effects of the COVID pandemic in the province through initiating the establishment of Task Force COVID-19 in Dagupan City and Province of Pangasinan through coordinating with the Department of Health, the City Government of Dagupan and the Provincial Government of Pangasinan.



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PMA National Conference on May 14-17 in Davao City



the PMA Leadership Conference on June 8-9 in Quezon City.



PMA 116th Foundation Day Celebration



PMA Medical Act 2nd Stakeholders' Forum on February 28 in Quezon City, Metro Manila,



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the PMA-Northwestern Luzon Regional Assembly on February 23 in Baguio City.



In addition, PMS successfully held this year's edition of the PMA National Elections and fielded representatives and nominations to the PMA Awards, Dr. Jose P. Rizal Memorial Awards and the Dr. Fe del Mundo Bulilit/Teen Healthworkers Foundation, Incorporated.



The grandest of all PMS initiatives for 2019 was the Adopt-A-Barangay Project which has transformed the lives of the remote highland village of Inmalog in Pangasinan's Last Frontier—the Municipality of Sison. For a span of seven months, PMS was able to service with pertinent healthcare services half of the total population of Barangay Inmalog, with a total of 1,033 residents have availed of the six monthly medical missions rotated to the three sitios, namely: Galluga, Pinalpal and Sitio Centro.



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An offshoot of this endeavour is the Adopt-A-School Project – a collaboration project with the Philippine Academy of Family Physicians, Incorporated-Pangasinan Chapter — a medical mission for hundreds of schoolchildren of the far-flung Don H. Velasco Community School in Brgy. Coldit in Asingan, Pangasinan as our pioneering beneficiary.



These are just the things I could list in one breath. There are more that is listed on paper that we were able to realize.

As the quarters turned, we have been faced with the inevitable. We stand as the first line of defense in a novel human security threat like no other. Instead of folding up, we have been bolder and stronger to magnify our calling that is to save lives.

"It was the best of times; it was the worst of times," thus described Charles Dickens on the dualistic propensities of his day that laid the foundation of a Republic. The same holds true in our time. In the revolution against the sweeping adversary that is COVID, we have chosen to rise from the challenge instead of renegeing, even if it imperils our very own lives and those whom we love the most.

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Thus, for this year, we will embark on a heightened standard of being well-equipped and visionary healthcare professionals as underscored by our 2020 PMS Theme: "Rising to the Challenge, Adapting to the Change."

In line with our credit point requirement system towards issuance of the Certificate of Good Standing necessary for a physician's Philippine Health Insurance Corporation accreditation renewal, we are effectively reducing it to five (5) points in of the pandemic.

For this, PMS strongly encourage specialty organizations to migrate conduct of continuing medical education seminars, post-graduate studies and other similar platforms to enhance proficiency of our membership in their respective fields via online training programs or webinars assigned with 0.25 point credit.

To jumpstart this new fiscal year, a great inspiration comes in the form of recognition. During the PMA Awards awarding ceremony last September 9, PMS won in five different categories:

THIRD PRIZE, PMA Award for the Most Outstanding Medical Society in Child Advocacy;
THIRD PRIZE again, Award of Merit for Membership Growth for Component Society;
the PMA Award for Component Society with Cancer Project;
SECOND PRIZE, PMA Leadership Award; and ultimately, SECOND PRIZE, PMA Award for Most Outstanding Medical Component Society (Icasiano Award) Category 1—up one position from our third place finish last year.



These citations confirm our standing as the premier medical professional's organization in the province with the unwavering commitment to uphold the Pangasinan and the Filipino Health Agenda.

Now, I dare say that for the third time at the helm of this vast ship, I have seen the changes we as one family have embraced, the challenges we have hurdled. For the past two years, the game changer has been the willingness of each of you to put your shoulder to the wheel. Imagine if more lend their hands, we could achieve more. This is the indispensable truth. As we sail in the turbulent waters, our heartfelt cooperation and love for the profession will, in the end, enable us to land towards our destination—that we may heal as one!

And so our Odyssey continues...
Mabuhay ang Pangasinan Medical Society!

EXECOM MEETING



BOARD MEETING



LGU MEETING



94th ANNIVERSARY & INDUCTION CEREMONIES

Medicine Week



Day 2 - Coastal Clean Up Drive
September 23, 2019

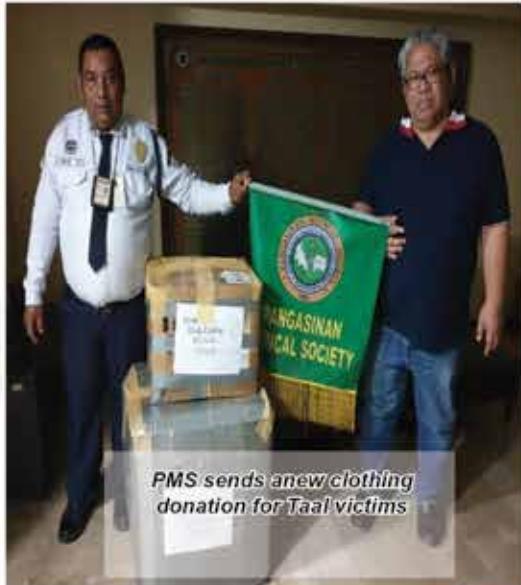


"PMS 2020: Rising to the Challenge, Adapting to the Change."

Medicine Week



Donation



PANGASINAN MEDICAL SOCIETY

PANGASINAN MEDICAL SOCIETY OFFICERS 2019-2019

President: Alvin F. Pavo, MD
Vice-President: Mario C. Castro, MD
Secretary: Rosemarie D. Valentin, MD
Treasurer: Mangen Benino-Uy, MD
Cristeta M. Mondala, MD
Hilarion H. Maramba Jr., MD
Past President: Dr. O. Ong

WESTERN PANGASINAN CHAPTER

President: Emmanuel G. Radico, MD
Vice-Pres.: Concio Carolyn C. Figueiro, MD
Secretary: Coronel H. Catubig, MD
Treasurer: Marthen M. Rassos, MD
Councilor: Jovito S. Rivera, MD

EASTERN PANGASINAN CHAPTER

President: Romeo Terevidio A. Cubayanan, MD
Vice-Pres.: Joseph Cyril B. Punteja, MD
Secretary: Agnes Leored Divina-Rodriguez, MD
Treasurer: Japan Nasai O. Casape, MD
Councilor: Demetrio A. Reyes, MD

NORTH CENTRAL PANGASINAN CHAPTER

President: Jose Antonio C. Gonzales Jr., MD
Vice-Pres.: Chentor G. Torreza, MD
Secretary: Marlene G. De Guzman, MD
Treasurer: Virginia C. Paraiso, MD
Councilor: Ophelia T. Rivera, MD

SOUTH CENTRAL PANGASINAN CHAPTER

President: Jerome David J. Soen, MD
Vice-Pres.: Mirdeema L. De Guzman, MD
Secretary: Concepcion C. Cabatbat, MD
Treasurer: Kahena Ann Navasa-Bascon, MD
Councilor: Herlina V. Palomangko, MD

WEST CENTRAL PANGASINAN CHAPTER

President: Marissa A. Fernandez
Vice-Pres.: Dick L. Greg, MD
Secretary: Ceasar O. Bican-Dinencia, MD
Treasurer: Gladys M. Manans, BSC
Councilor: Atienza Maria C. Marmura, MD
Councilor: Judith M. Bergonia, MD

BRGY COUNCIL SITIO SILAKI
Brgy. Captain - Agustine C. Casal
Brgy. Kapawards
Protector C. Cahig
Patricia C. Reyes
Magno C. Rivas
Hamil C. Casal
Feliciano Gachalan
Johnny Casal
Jonathan D. Del Felt
SA Chairman - Steve Kevin G. Casal

**Sitio Silaki water station bless-
ing rites**

PMS 2019 - Championing Service, Solidarity & Social Responsibility

**94th ANNIVERSARY
& INDUCTION CEREMONIES**

Adopt a Barangay



"PMS 2020: Rising to the Challenge, Adapting to the Change."

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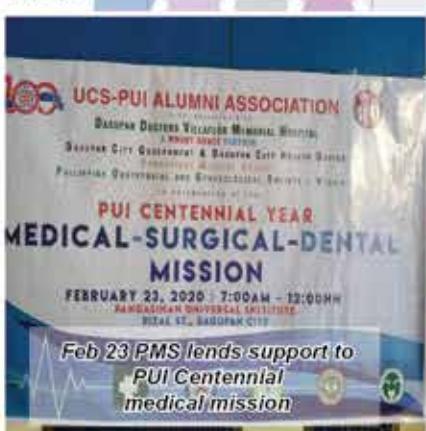
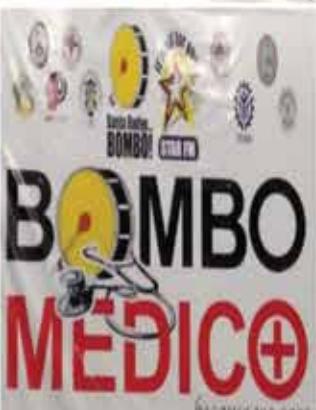
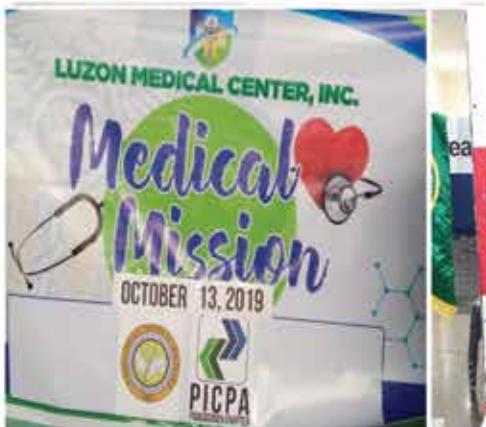
Medical Mission
ADOPT A BRGY NOVEMBER
November 17, 2019

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Medical Missions



Blood Donation



BLOOD DONATION Jan 10 PMS backs Laoac bloodletting drive



BLOOD DONATION Jan 10 PMS backs Laoac bloodletting drive



BLOOD DONATION Dec 16 PMS blood donation drives in Bayambang yields 133 bags



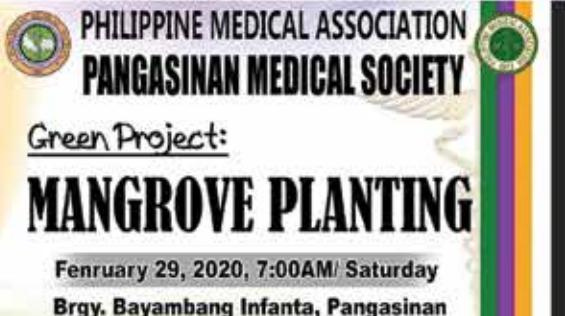
BLOOD DONATION Apr 17 PMS 'Blood on Wheels' in Bayambang collects 75 bags



Feeding Program



Tree Planting



Cancer Program



Continuing Medical Education



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**94th ANNIVERSARY
& INDUCTION CEREMONIES**

Klinika ng Bayan



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**94th ANNIVERSARY
& INDUCTION CEREMONIES**

Lay Fora



"PMS 2020: Rising to the Challenge, Adapting to the Change."

Round Table Discussion



"PMS 2020: Rising to the Challenge, Adapting to the Change."

Fund Raising



Physicians Pledge

As a Practitioner of the healing Arts,
I pledge to my own life and loyalty,
Free from venality and Self regard,
to the Service of God and Men.

I will Observe the method of treatment,
According to my capacity and judgement,
I believe will ease the suffering
and weakness my patients experience.

I will not impart ill advice
nor will I provide Injurious Remedy
for the purpose of self enrichment,
Retribution or adverse intent.

In the Eyes of the Almighty,
I will abide by the Oath of Hippocrates,
The dictum of law and medicine
For the Good of my Associates and fellowmen.

Pangasinan Medical Society: Brief History / Milestones

The history of the Philippine Medical Association dates back to the Spanish colonial Times. The Colegio Medico Farmaceutica de Filipinas was the first association of physicians in the Philippines recorded in the history, organized in 1877 by Spanish physicians in Manila.

In 1902, a group of American and Filipino physicians formed the Manila Medical Society, applied for recognition to the American Medical Society was denied due to non-nationwide in membership.

In 1903, the Philippine Island Medical Association (PIMA) was founded with an initial membership of around 100 physicians from all over the country. Being nationwide in scope this was recognized by the American Medical Association thus making it the first national medical association of the country. In 1939, the PIMA was renamed the Philippine Medical Association (PMA).

As the practice of medicine spread in the countryside, local medical societies organized by physicians in the different provinces were integrated into the PIMA and later the PMA as the basic "component" societies. Founded in 1902 by a group of twelve physicians from the Bureau of Science, Manila, the Manila Medical Society is PMA's oldest component Society followed by Culion Medical Society (1922), Zamboanga Medical Society (1924) and Iloilo Medical Society (1925).

The Pangasinan Medical Society (PMS) is the fifth component society of the PMA. It was founded in 1926 at the Pangasinan Provincial Hospital (PPH) in Dagupan City with the hospital chief Dr. Raymundo Camacho as President (1926-1934) and Dr. Jose Floro as Secretary-Treasurer.

With more and more physicians graduating from medical schools in Manila and abroad returning back to Pangasinan to practice, the PMS continued to increase its membership base and became a very active and dynamic component society of the PMA.

PMS Historical Milestones



1926: Organization of PMS, Dr. Raymundo Camacho, First President of PMS.

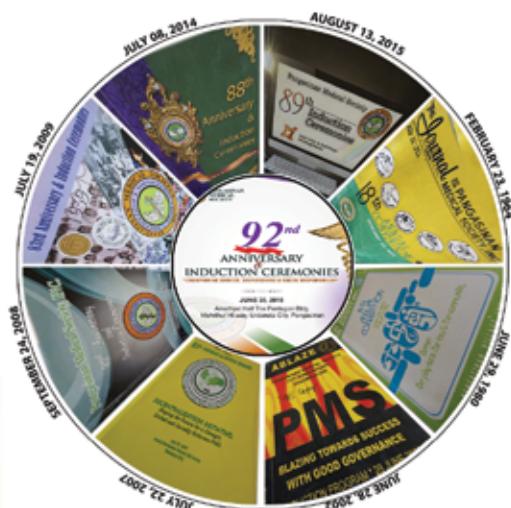
1939: adopted for use the first PMS Logo

1947: REORGANIZED PMS after World War II, Dr. Jose De Guzman as President

1957: initiated "Barrio Clinics" now "Medical Missions" by Dr. Rodolfo Guiang and Dr. Francisco Q. Duque for which they received the Golden Heart Award.

1962: PMS Building Construction - the official Society's headquarters

1963: June 2, 1963, Community Clinic opened in the PMS building,



1976: PMS Golden Jubilee Year Celebration. Published (2) issues of Journal of PMS - containing the Souvenir Program and the History of PMS, its 50 years of existence. Hosted – "National Medicine Week Celebration.

1979: Most Active Society in Nutrition Activities and Most Outstanding Society in People's Adoption of Total Health Sufficiency (PATHS) Project

THE JOURNAL OF THE PMS & SOUVENIR PROGRAM OF THE PMS

"PMS 2020: Rising to the Challenge, Adapting to the Change."

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1984: PMS official Hymn entitled "Ang Tala ng Pangasinan" composed by Mrs. Aurora Hernandez Maramba, collaborated with Music professor Romeo Macabento. A combination of "himig valse and himig marcha" is the musical genre.

: PMS Logo redesigned.

1997: PMS Building Maintenance paid attention to repainting, replacement of aircons and ceiling fans.

1999: FIRST PROVINCE-WIDE PUBLIC HEALTH ADVOCACY (team of doctors made town to town visits educating people regarding public health and sanitation.)

2000: Dr. Vivencio V. Villaflor Jr. – PMA's sole awardee of DR. JOSE P. RIZAL AWARD given June 17, 2000

2001: Dr. Jackson Soriano was the Diamond President being the PMS Head during its 75th year anniversary. Aside from being an Icasiano Awardee, the PMA Award on Best Cancer Project 1st Place Category II was received.

2005: The flagship program of Dr. Gregoria P. Villaflor "Botika sa Bakuran" was put up, to advocate herbal plant gardening for the use of the barrio folks: PMS Senior Physician's Night during the Medicine Week, : "Klinika ng Bayan of the PMS" opened three times a week collaborated with Philippines College of Surgeons Northern Luzon Chapter. The PMS Building renovation completed. Hosted - 1st Regional Assembly (La Union, Pangasinan, Ilocos and Baguio), : "Musical Extravaganza" first PMS fund raising

2006: The very first post-graduate course was held on February 1-2, 2007 at the Urdaneta Cultural and Sports Complex. This activity was the pilot project of Dr. Leoncio Marcelino D. Rebosa

2007: PMS decentralized into Five Chapters, with set of officers namely: PMS North Central Pangasinan Chapter, PMS South Central Pangasinan Chapter, PMS West Central Pangasinan Chapter, PMS Western Pangasinan Chapter and PMS Eastern Pangasinan..



: It was also during Dr. Felipe Gozar L. Duque's term that the PMS played an active role in objecting provisions in Republic Act 9502 otherwise known as the Universally Accessible Cheap and Quality Medicine Act of 2008 mandating the use of generic names only in the prescriptions issued by all physicians. The PMS officers and members lobbied with then Speaker of the House of Representatives Hon. Jose de Venecia, to stop Congress and Senate from passing the amendments. Because of the strong representation, physicians retained their prerogative to include in their prescriptions the preferred brand name of their choice.

: The PMS garnered PMA Icasiano Awards on each year of his term as PMS President

2009: New PMS Logo was modified and adopted reflecting a decentralized unified PMS



: The 1ST INTER-DISCIPLINARY HEALTH CONFERENCE was held at the CSI STADIA Dagupan City in March 2010, initiated by Dr. Fernando V. Fernandez, was organized together with the Pangasinan Chapters of PNA, PAMET, PDA & PSHP. A MOA was signed adopting the Don Leon Maramba Elementary School, wherein monthly visits for 1 year shall be scheduled by the 5 organizations.

2010: Dr. Hilarion H. Maramba Jr. initiated "AHDeP" aka Adolescent Health & Development Programs. PMS opened social media account (Facebook)

2011: 1st Clinical PMA NWL – PCS Regional Assembly Congress was held gathering all sub-specialty practitioners and underwent post graduate level lectures for one weekend was held during the leadership of Dr. Vivencio Jose P. Villaflor III.

2012: created PMS website

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- 2013: started the Cervical Cancer Screening program in low resource setting through Visual Inspection by Acetic Acid (VIA), program initiated by Dr. Betha Fe M. Castillo under the Women's Health Advocacy Program. The Adolescent Health Issues and Perspectives (AHIP) for female adolescents is also part of this program.
: PMS Building New Board Room constructed.
- 2015: PMS Building ground floor was renovated through the efforts of Dr. Lalaine L. Duque. Her flagship program "Diabetes Advocacy and Education" spanned for 12-months, including numerous workshops for physicians and patients.
- 2016: -The "NeMoR" – Neonatal Mortality Review was conceptualized by the incumbency of Dr. Hilarion H. Maramba Jr. to answer to the demand of knowing the causes of newborn deaths in the province. This program gave birth to the LGU guidelines that include ready access to barangay vehicles during emergency, the LGU-assisted Monetary Fund Assistance for indigents, and the streamlined recording system for the province-wide neonatal mortality reports.
- 2018: Under the stewardship of Dr. Arlene P. Pavo, the flagship program "10 point Membership System" aims to reactivate and streamline the process of acquiring a Certificate of Good Standing from the PMS. This bold undertaking also aims to instill commitment to the activities of the PMS.

:On March 12, 2019 at the Teofilo Sison Auditorium Lingayen Pangasinan and March 13, 2019 at the Villasis Gymnasium Villasis, Pangasinan, the first Post Graduate Course offered not only to physicians but also to all Allied Health Professionals coined as Clinical Updates & Perspectives (CUP)

:PMS now under Category I. Aside from being an Icasiano Awardee – 3rd Place, the PMA Award on Adopt-A-Barangay Project 1st Place was received

2019: for the second Term of Dr. Arlene P.Pavo, there were two (2) research studies driven by PMS:

1. Prevalence of Precancerous Lesions in Relation to Age Using Colposcopy in Pangasinan, Philippines A Research Health Study by: Dr. Ma. Lennette L. Chan-Cruz, Dr. Arlene P. Pavo, Dr. Rosalyn Serna M. Gajeton- Cuyao, Dr. Marijen Benigno-Uy
2. A Community-based Supplemental Feeding Program for Children over 12 months old and Daycare children of Selected Barangays in Bolinao, Pangasinan, September to December 2019: A Community – Based Integrated Health Study by: Dr. Arlene P. Pavo, Dr. Marijen Benigno-Uy, Dr. Pangilalo del Fiero

: Computation of the PMS Members Database

: Launching of the Dr. Fe del Mundo Bulilit and Teen Health Workers Congress participated by selected students of the Urdaneta Central School I and Urdaneta National High School last August 14, 2019 at the Urdaneta I Central School Social Hall

:Again, PMS was a recipient of the PMA Award for Most Outstanding Component Medical Society (ICASIANO AWARD) Category 1 – Second Prize with the following other PMA Awards received.

1. PMA Award for Most Active Component Societies in Nutrition Activities – Second Prize
2. PMA Award for the Most Active Component Society in Child Advocacy – Third Prize
3. PMA Award for Component Society with Cancer Project (Only Awardee)
4. Award of Merit for Membership Growth for Component Society – Second Prize

**94th ANNIVERSARY
& INDUCTION CEREMONIES**

**PANGASINAN MEDICAL SOCIETY
ICASIANO AWARDEES**

YEAR	PMS Outstanding Leadership	Icasiano	PMA Most Outstanding Secretary/ Treasurer	Other Awards
1938-1941	Dr. Gualberto De Venecia	Yes	Dr. Hermenegilda Rosal-Hidalgo Secretary / Treasurer	
1954	Dr. Francisco Q. Duque	Yes	Dr. Braulio M. De Venecia Secretary / Treasurer	
1955	Dr. Francisco Q. Duque	Yes	Dr. Braulio M. De Venecia Secretary / Treasurer	
1956	Dr. Vicente Samson	Yes	Secretary Treasurer	
1957	Dr. Rodolfo Guiang	Yes	Secretary Treasurer	•the Golden Heart Award
1962	Dr. Francisco De Guzman	Yes	Dr. Eufracio E. Jovellanos Secretary Dr. Josefina De Venecia Treasurer	
1963	Dr. Francisco De Guzman	Yes	Dr. Eufracio E. Jovellanos Secretary Dr. Josefina De Venecia Treasurer	
1983	Dr. Oviedio I. Rous	Yes	Secretary Treasurer	•Special Award Outstanding Performance in Cultural
1966	Dr. Nestor De Venecia	Yes	Dr. Juley T. Dy Secretary Dr. Juan P. Estrada Treasurer	
1967	Dr. Luciano Fernandez	YES	Secretary Treasurer	
1970	Dr. Martin Posadas	NO		•Community Service Award
1971	Dr. Ruby De Guzman	YES	Secretary Treasurer	
1973	Dr. Eufracio E. Jovellanos	NO		•Community Service Award
1979	Dr. Espiritu Ranghel	NO		•Most Active Society in Nutrition Activities •Most Outstanding Society in People's Adoption of Total Health Sufficiency (PATHS) Project
1984	Dr. Josefina V. Fernandez	3rd Place	Secretary Treasurer	•Most Active Component Society in Nutrition Activities – 2 nd Place
1985	Dr. Gregorio De Guzman	YES	Dr. Antonio Cabugao Secretary Dr. Eliodora L. Beltran Treasurer	•Community Service Award •Achievement Award as Most Outstanding Chapter in Socio-Cultural Arts
1986	Dr. Alfredo Gomez	NO		•Fellowship Night April 9, 1986 •Award for Community Service-Honorable Mention •Award for Humanitarian Service to Calamity and Disaster Victims •Citation for Exemplary Activities

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1987	Dr. Quintin Sim	YES	Secretary Treasurer	
1990	Dr. Carlito Arenas	YES	Dr. Romulo Tabayoyong Secretary Dr. Jose Bautista Treasurer	
1992	Dr. Joselito Casipit	NO		● Presidential Award for Humanitarian Service to Calamity and Disaster Victims
1994	Dr. Nemesia Mejia	2nd Place	Secretary Dr. Myrna H. Mendoza Treasurer	● Award for Humanitarian Service to Calamity and Disaster Victims – 4 th Place
1998	Dr. Teresita Reyna-Santiago	YES	Dr. Marilou Arizabal Secretary Dr. Josefina Collado-Lee Treasurer	● Award Most Active Component Society in Nutrition Activities ● Award for Community Service
2000	Dr. Alyle C. Ochotorena	YES	Dr. Norberto Ojastro Secretary Dr. Josefina Chan Treasurer	● Award most active component society in Nutrition Activities ● Award for Community Service Calamities
2001	Dr. Jackson D. Soriano	Category II 3rd Place	Dr. Rosario V. Pitarque Secretary Dr. Josefina C. Chan Treasurer	● Award for Cancer Projects 1 st Place
2007	Dr. Felipe Gozar L. Duque	Category II 2nd Place	Dr. Nenita N. Ramirez Secretary Dr. Minda Tandoc Treasurer	● Best in Cancer Project ● 2 nd Prize, Singing Physician ● Champion, PMA National Bowling Competition
2008	Dr. Felipe Gozar L. Duque	Category II 3rd Place	Dr. Fernando V. Fernandez Secretary Dr. Minda T. Tondoc, Treasurer	● Best in Cancer Project ● 2 nd Prize, Singing Physician ● Champion, PMA National Bowling Competition
2010	Dr. Hilarion H. Maramba, Jr.	Category II 2nd Place	Dr. Ma. Julita P. De Venecia Secretary Dr. Lalaine Duque Treasurer	
2013	Dr. Betha Fe Manaois-Castillo	Category II 1st Place	Dr. Ma. Julita P. De Venecia Secretary Dr. Jenefer H. Aguinaldo Treasurer	● Award Most Active Component Society in Nutrition Activities ● Award for Community Service – 1 st place ● Plaque of Merit Award for Cancer Activity ● Award in Environmental projects
2014	Dr. Betha Fe Manaois-Castillo	NO		● Award Most Active Component Society in Nutrition Activities ● Award for Community Service – 1 st place ● Award for Cancer Projects ● Award for Most Active Component Society in Child Advocacy

94th ANNIVERSARY & INDUCTION CEREMONIES

2015	Dr. Lalaine L. Duque	Category II 2nd Place	Dr. Rosamund Geraldine Macrina A. De Guzman Secretary Dr. Victoria Caliwag Treasurer	<ul style="list-style-type: none"> ● Award for Community Service First Place ● Award most Active component society in Nutrition Activities ● Award for Cancer Projects ● Award for Humanitarian Service
2018	Dr. Arlene P. Pavo	Category I 3rd Place	Dr. Rosemarie D. Valentin Secretary Dr. Marijen B. Uy Treasurer	<ul style="list-style-type: none"> ● PMA Award for Adopt a Barangay – 1st Place
2019		Category 1 2nd Place	Dr. Rosemarie D. Valentin Secretary Dr. Marijen B. Uy Treasurer	<ul style="list-style-type: none"> ● PMA Award for Most Active Component Societies in Nutrition Activities – 2nd Place ● PMA Award for the Most Active Component Society in Child Advocacy – 3rd Place ● PMA Award for Component Society with Cancer Project (Only Awardee) ● Award of Merit for Membership Growth for Component Society – 2nd Place

94th ANNIVERSARY & INDUCTION CEREMONIES

ORGANIZING COMMITTEE

Honorary Chair	Dr. Arlene P. Pavo
Overall Chair	Dr. Jude Antonio C. Gonsalves
Co-Chair	Dr. Dick L. Ong Dr. Joseph Cyril M. Pantoja
Chair, Opening Ceremonies and Scientific Session	Dr. Marissa A. Fernandez Dr. Emmanuel G. Racho Dr. Romela Remedios A. Cabanayan Dr. Jerome David J. Sison
Chair, Registration Committee	Dr. Marijen B. Uy All Chapter Treasurers PMS Secretariat
Chair, Publicity & Promotions	Dr. Hilarion H. Maramba Jr. All Chapter Councilors
Chair, Awards & Citations Committee	Dr. Rosemarie D. Valentin All Chapter Secretaries
Chair, Physical Arrangement; Venue & Foods; Exhibits and Booths	Dr. Mario C. Castro All Chapter Vice Presidents

Pre-Registration
(before February 20, 2019)

On-Site Registration
(Walk-in Participants)

Php 750

Php 1000

FOR PHYSICIANS, NURSES, MED-TECHS, MIDWIVES ETC.
(for inquiries, contact PMS Secretariat at 515-45-10
or contact Ms. EDNA 09399351492
& Ms. Ruvelyn 09491050021)

PHILIPPINE MEDICAL ASSOCIATION
PANGASINAN MEDICAL SOCIETY

2019 POST-GRADUATE COURSE

CLINICAL UPDATE & PERSPECTIVE **CUP**

CPD COURSE FOR HEALTH PROFESSIONALS

Choose your preferred date!
March 12, 2019, Sison Auditorium, Lingayen, Pangasinan
March 13, 2019, Villasis Gymnasium, Villasis, Pangasinan
Time: 7AM - 7PM

This serves as an invitation

PROGRAM:

7:00AM	REGISTRATION & OPENING OF EXHIBITS (BOOTH)
8:30AM	OPENING CEREMONIES DOXOLOGY PHILIPPINE NATIONAL ANTHEM PMA AND PMS HYMN
	WELCOME AND OPENING REMARKS DR. JUDE ANTONIO GONSALVES (OVERALL CHAIR, ORGANIZING COMMITTEE)
	PRESIDENT'S MESSAGE DR. ARLENE P. PAVO (PRESIDENT, PANGASINAN MEDICAL SOCIETY)
09:00AM	MENDING THE MIND AND MOOD: IMPROVING THE QUALITY OF MENTAL HEALTH OF PATIENTS WHO ARE ADMITTED IN THE HOSPITAL BY: ROONEY COESON P. RAGUNDIN, RN, MAN, ED.D.
09:45AM	CLINICAL CORRELATION OF COMMONLY REQUESTED LABORATORY EXAMINATIONS BY: VICENTE VILA II, RMT, MD, FPCP, CSPSH
10:30AM	"THE PREOPERATIVE CHILD, EVERY PARENT'S CONCERN BEFORE THEIR CHILD IS OPERATED" BY: FREDERICK C. ENRILE, MD, DPBA, FPSA
11:15AM	OPEN FORUM MODERATORS: MARCH 12 - DR. HILARIOH H. MARAMBA & DR. MACRINA A. DE GUZMAN MARCH 13 - DR. HILARIOH H. MARAMBA JR. & DR. MARIJEN B. UY
12:00NN	LUNCH SYMPOSIUM BY IBERICA VERHEILEN PHARMACEUTICALS PHILIPPINES CLINICAL PRACTICE GUIDELINES: DIAGNOSIS, EMPIRIC MANAGEMENT & PREVENTION OF COMMUNITY ACQUIRED PNEUMONIA (CAP) IN IMMUNOCOMPETENT ADULTS REVISITING THE 2016 UPDATE BY: JENNIFER ANN MENDOZA-WI, MD, FPCP, FPPCP

12:45NN	UNDERSTANDING DISASTER MANAGEMENT AND ENVIRONMENTAL AWARENESS BY: MR. MANUEL M. GABRIEL
01:30PM	AWARENESS OF THE DATA PRIVACY ACT BY: ATTY. DARIUS R. PARINAS, M.D., FPGS, FPCP, FACS, MHA
02:15PM	UPDATES ON TRAIN LAW FOR HEALTH PROFESSIONALS BY: JOY R. ESTRADA, CPA
03:00PM	OPEN FORUM AND HEALTH BREAK

MODERATORS:

MARCH 12 - SUSIE CASTAÑO AND DR. MARISSA A. FERNANDEZ

MARCH 13 - DR. ANITA M. TARECTECAN AND DR. ROSEMARIE D. VALENTINO

03:30 PM	"SAME OLD BRAND NEW HYPERTENSION" BY: MARY JESSIL R. PASAG-PABLO, MD, FPCP
04:15PM	TB AND MDR TB IN PANGASINAN.... WHERE ARE WE IN THE MAP? BY: LEONIDES ARCALAS, MD, FPCP, FPPCP
05:00PM	(BEMONC): IDENTIFICATION FOR HIGH RISK PREGNANCY BY: HILDA L. BERNARDINO, RMT, MD, FPGS, PSMSI
05:45PM	OPEN FORUM

MODERATORS:

MARCH 12 - DR. EMMANUEL RACHO AND DR. CORAZON H. CABADING

MARCH 13 - DR. JEROME SISON AND DR. MILDEANNA DE GUZMAN

06:15 PM CLOSING REMARKS DR. MARIO C. CASTRO

(VICE PRESIDENT, PANGASINAN MEDICAL SOCIETY)

MASTER OF CEREMONY - DR. HILARIOH H. MARAMBA JR

CLINICAL UPDATES AND PERSPECTIVES (CUP):
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9:00 AM – 12:00 PM

2:00 PM – 4:00 PM

(MONDAY – SATURDAY)

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DILG OFFICER – BINALONAN, PANGASINAN

Children:

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MEDICAL STUDENT – FEU NRMF

LEAMARI "QUEENIE" Q. GUERRERO
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**94th ANNIVERSARY
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Contact number: 09278348160
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Contact person: Paul Kenneth A. Crisostomo
Contact number: 09154417013
Address: Bagong Silang, Caloocan City
Email: bloodpurificationpac@gmail.com

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ALFREDO P. BERNAL, MD, FPCS, FPSGS, FACS
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- *GENERAL SURGERY (Lap Cholecystectomy)
- *Surgical Oncology
- *Urology
- *Orthopedics
- *Thoraco-Vascular
- *ENT-Head & Neck
- *Plastic & Reconstructive
- *Neurosurgery

DIAGNOSTICS

- *MRI
- *CT-SCAN
- *MAMMOGRAPHY
- *ULTRASOUND
- *2D ECHO
- *STRESS TEST
- *X-RAY
- *SPIROMETRY
- *EEG
- *LABORATORY

MEDICAL

- *Internal Medicine
- *Cardiology
- *Pulmonology
- *Endocrinology
- *Nephrology
- *Neurology
- *Gastroenterology (EGD & Colonoscopy)
- *Rehabilitation Medicine
- *Oncology

OB-GYNECOLOGY

- *Perinatology
- *Oncology

PEDIATRICS

- *Neonatal Intensive Care
- *General Pediatrics
- *Cardiology
- *Pulmonology

HEMODIALYSIS (HEMOTEK)

- *Orthodontics
- *Gen. Dentistry
- *TMJ Pain Management

ANESTHESIOLOGY

RADIOLOGY

PATHOLOGY

OPHTHALMOLOGY

RHEUMATOLOGY

"PMS 2020: Rising to the Challenge, Adapting to the Change."

**94th ANNIVERSARY
& INDUCTION CEREMONIES**

Greetings to:

Cuisin Hospital Incorporated

Burgos Street, Dagupan City, Pangasinan
Email: cuisinhospinc@gmail.com
FB Page: CuisinHospInc
CPN: +639954962558
Tel#: (075) 515 - 5121

SERVICES OFFERED

- Emergency Department
- Internal Medicine
- Family Medicine
- General Surgery
- Orthopedic Surgery
- Obstetric Gynecology
- Anesthesiology
- Pediatric
- Nursery Unit
- Radiology - Sonology
- Dental Services
- 24 Hours Pharmacy
- Laboratory



Greetings to:

PANGASINAN DOCTORS HOSPITAL

(Tertiary Hospital)

#307 Rizal Avenue, San Carlos City Pangasinan

Tel. Nos. 6325870/6325871

Marino C. Idica, M.D.

Medical Director

Mita B. Brown, M.D.

Hospital administrator

Services Offered:

- General Surgery
- OB-Gyne
- Pediatrics
- Internal Medicine
- HEENT/Ophthalmology
- Orthopedic Surgery
- Anesthesiology
- Neurosurgery
- Radiology
- X-ray
- Ultrasound
- Hemodialysis
- Adult Cardiology
- Pediatric Cardiology
- Gastroenterology
- Medical Oncology
- Urology
- Dental
- 2-D Echo
- Endoscopy/Colonoscopy
- Newborn Hearing Test
- TB DOTS
- Laparoscopy

Ancillaries:

- Laboratory
- Hematology
- Blood Chemistry
- Clinical Microscopy
- Serology/Immunology
- ABG Analysis
- Thyroid Test
- Bacteriology
- BETA HCG
- Ionized Calcium
- Newborn Screening Test (Basic & Expanded)

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94th ANNIVERSARY & INDUCTION CEREMONIES

Greetings to:



MEDICAL CENTRUM DAGUPAN

A.B. Fernandez East Avenue, Dagupan City 2400
Tel. No. (075) 522-5725 • 529-5814 • 653-2848 • 592-5815
E-mail: medcentrum_dagupan@yahoo.com.ph

Tel. No. 529-5814/637-4890 / medcentrum_dagupan@yahoo.com.ph

SERVICES OFFERED

CLINICAL SERVICES

- obstetrics and gynecology
- surgery
- pediatrics
- internal medicine
- neurosurgery
- orthopedics
- pulmonary
- cardiology
- nephrology
- ophthalmology
- urology
- ENT
- gastroenterology
- anesthesiology

SPECIAL SERVICES

- ENDOSCOPY
- DUAL SLICE CT SCAN
- 2D echo color ultrasound
- hemodialysis
- x-ray
- laboratory
- newborn screening
- intensive coronary care
- neonatal intensive care
- physical rehabilitation
- dental service
- dermatology
- pharmacy
- ambulance service
- dietary

DR. FELONILA C. CANTO
President

DR. EUGENIO N. DE LEON
Hospital Director

Greetings to:

The collage features several health supplement products. Top left: 'Multivitamins + Minerals Mosvit Elite'. Top right: 'Cholecalciferol + Calcium Calvit Gold Your Golden Partner in Bone Care'. Bottom left: 'Ferrous Sulfate Sorbifer Durulins For sustained release in Iron Therapy'. Bottom right: 'Amino Acids + Multivitamins Onima Capsule Amino Acid / Vitamins Weight and See Your balanced supplement for catch-up weight'.

Your Wellness Partner For Healthy Lifestyle

Greetings to:

CELUS
PIONEERING IN FILIPINO GENERIC OPHTHALMIC MEDICINES
115 Socorro Roxas Street corner 11th Zamboanga Street, Quiapo City
Tel no. 8928-6256 Fax. No. 8928-6659

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Greetings to:



ORLANDO B. DEL ROSARIO, M.D., FPCS, DPBO, FPSO-HNS

EAR, NOSE & THROAT

HEAD AND NECK, MAXILLOFACIAL SURGERY • HEARING AID SPECIALIST

Dagupan Doctors Villaflor Memorial Hospital

Tel. No.: (075) 522-7829 to 30/ 523-2222 loc. 100

Rm. 214 New Mat Bldg., DDMH

Mayombo District, Dagupan City, Pangasinan

Tel. No.: (075) 522-3637

Monday-Saturday 10:00 am- 4:00 pm

Hospital Affiliations:

Specialist Group Hospital & Trauma Center

Luzon Medical Center

Nazareth General Hospital

Greetings to:



Karla S. Morden, M.D., DPPS

Diplomate | Philippine Pediatric Society

For appointments:

Binalonan Clinic:

0947 792 4656

Urdaneta Sacred Heart Hospital

Rm 123: 0919 909 9496

Rosales Chua Pun Memorial Hospital

Rm 101: 0998 972 7798

Greetings to:



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Greetings to:



LIGHT OF JESUS DIAGNOSTIC LABORATORY

National Road, Malabago, Mangaldan, 2432, Pangasinan

0949-105-2242 / 0921-613-5720 / lightofjesus_dxlab2011@yahoo.com

"PMS 2020: Rising to the Challenge, Adapting to the Change."

The Pangasinan Medical Society acknowledge with pleasure, sincerest gratitude and wholehearted appreciation to all those who help for this program come to light through their encouragement, gentle and constructive critisims, unselfish efforts, shared a helping hand in making this activity succesful and memorable.

We offer our sincere apology for any error/s, we have unintentionally committed.

-The Souvenir Program Committee

Greetings to:

**CENTER FOR WOMEN'S HEALTH
OB-GYN & ULTRASOUND CLINIC**

Magic Mall Tayug, Pangasinan

Mobile No. 0929-963-1932

**Jojean Mael Quiboy-Costelo, MD,
FPOGS, FPSOG
Proprietor**

Special Thanks to:

Ma. Christina Luisa F. Mina

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Fidencio S. Delos Santos

Sherwin D. Valdez

Joshue P. Esperanza

**& others who untiringly
extended their support in my
three years as president of
Pangasinan Medical Society**

by: Dr. Arlene P. Pava

