

# ESSENCE OF CENTRAL ASIA – 2025

Curated by **Mantra Miles Tour**

**Duration:** 8 Days / 7 Nights

**Destinations Covered:** Uzbekistan · Kyrgyzstan · Kazakhstan

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## Tour Highlights

### Uzbekistan (Tashkent & Chimgan)

- Khast-Imam Complex & Barak Khan Madrasah
- Chorsu Bazaar & the ornate Tashkent Metro stations
- Independence Square & Amir Timur Square
- Full-day excursion to Chimgan Mountains & Charvak Lake
- Chairlift ride with panoramic mountain views

### Kyrgyzstan (Bishkek & Ala Archa)

- Scenic hike at Ala Archa National Park with alpine meadows and snow-capped peaks
- Ala-Too Square with ceremonial Changing of Guards
- Osh Bazaar & traditional Kyrgyz felt handicrafts
- Oak Park & Opera and Ballet Theatre

### Kazakhstan (Almaty & Medeo)

- Scenic road journey from Bishkek to Almaty
  - Medeo Ice Rink & Shymbulak Ski Resort with cable car ride
  - Panfilov Park & Zenkov Cathedral (wooden structure built without nails)
  - Arbat Street walking tour with cafes, crafts, and performers
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## Detailed Itinerary

### Day 1 – Arrival in Tashkent (Uzbekistan)

- Arrival at Tashkent International Airport and warm welcome by Mantra Miles Tour representative
- Transfer to centrally located hotel
- Check-in and time to relax
- Evening at leisure to explore nearby cafes or enjoy local Uzbek tea and snacks

- Overnight stay in Tashkent
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## **Day 2 – Tashkent City Tour (Breakfast & Dinner)**

- Breakfast at the hotel
  - Full-day guided city tour covering:
    - Khast-Imam Complex & Barak Khan Madrasah
    - Chorsu Bazaar
    - Tashkent Metro stations with artistic interiors
    - Independence Square & Amir Timur Square
    - Photo stop at Hotel Uzbekistan & Romanov Palace (exterior view)
  - Dinner at an Indian restaurant
  - Overnight stay in Tashkent
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## **Day 3 – Chimgan Mountains & Charvak Lake Excursion**

- Breakfast at the hotel
  - Full-day excursion to Chimgan Mountains (Western Tian Shan range)
  - Chairlift ride to scenic viewpoints
  - Visit Charvak Lake with free time to relax or enjoy optional activities (own expense)
  - Return to Tashkent in the evening
  - Overnight stay in Tashkent
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## **Day 4 – Tashkent to Bishkek (Kyrgyzstan)**

- Breakfast at the hotel and check-out
  - Transfer to Tashkent International Airport
  - Flight to Bishkek (flight ticket not included unless specified)
  - Arrival at Manas International Airport and transfer to hotel
  - Check-in and rest
  - Overnight stay in Bishkek
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## **Day 5 – Ala Archa National Park & Bishkek City Tour (Breakfast & Dinner)**

- Breakfast at the hotel
- Excursion to Ala Archa National Park
  - Guided hike through Ak-Sai Gorge
  - Views of glaciers, alpine meadows, rivers, and wildlife
- Return to Bishkek

- City tour covering:
    - Ala-Too Square & Manas Statue
    - Osh Bazaar
    - Opera and Ballet Theatre
    - Oak Park
    - State Historical Museum (subject to availability)
  - Dinner at an Indian restaurant
  - Overnight stay in Bishkek
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## **Day 6 – Bishkek to Almaty (Kazakhstan)**

- Breakfast at the hotel
  - Check-out and scenic road transfer to Almaty (approx. 4–5 hours)
  - Border crossing formalities (self-handled luggage)
  - Arrival in Almaty and hotel check-in
  - Evening at leisure for optional activities or local exploration
  - Overnight stay in Almaty
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## **Day 7 – Almaty City Tour & Medeo–Shymbulak Excursion (Breakfast & Dinner)**

- Breakfast at the hotel
  - Excursion to:
    - Medeo Ice Rink
    - Shymbulak Ski Resort via cable car
  - Return to Almaty
  - Visit Panfilov Park & Zenkov Cathedral
  - Arbat Street walking tour
  - Dinner at an Indian restaurant
  - Overnight stay in Almaty
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## **Day 8 – Departure from Almaty**

- Breakfast at the hotel
  - Check-out and transfer to Almaty International Airport
  - Tour concludes with memorable experiences curated by Mantra Miles Tour
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## Inclusions

- 7 nights accommodation in premium 4-star hotels
  - Daily breakfast at hotels
  - 03 Indian dinners
  - All transfers and sightseeing as per itinerary
  - Cable car ride at Shymbulak & chairlift at Chimgan
  - English-speaking local guides and city escorts
  - Entrance fees to Khast-Imam Complex
  - Air-conditioned transportation
  - Applicable GST (5%)
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## Exclusions

- Any entrance fees not mentioned under inclusions
  - Photo and video charges
  - Personal expenses, tips, and gratuities
  - Optional activities
  - TCS 5%
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## Important Tour Notes

- Guaranteed group departure by Mantra Miles Tour
  - Optional activities are at personal discretion and cost
  - Comfortable walking shoes and layered clothing recommended
  - Modest attire required at religious sites
  - Self-handling of luggage at border crossings
  - Valid passport and visas are mandatory
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## Payment Terms

- 30% non-refundable advance at the time of booking
  - Balance 70% payable at least 20 days prior to departure
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## Cancellation Policy

- 45–21 days before departure: 50% cancellation charges
- 20–10 days before departure: 75% cancellation charges
- Less than 10 days or no-show: 100% cancellation charges

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