

ESSENCE OF CENTRAL ASIA – 2025

Curated by **Mantra Miles Tour**

Duration: 8 Days / 7 Nights

Destinations Covered: Uzbekistan · Kyrgyzstan · Kazakhstan

Tour Highlights

Uzbekistan (Tashkent & Chimgan)

- Khast-Imam Complex & Barak Khan Madrasah
- Chorsu Bazaar & the ornate Tashkent Metro stations
- Independence Square & Amir Timur Square
- Full-day excursion to Chimgan Mountains & Charvak Lake
- Chairlift ride with panoramic mountain views

Kyrgyzstan (Bishkek & Ala Archa)

- Scenic hike at Ala Archa National Park with alpine meadows and snow-capped peaks
- Ala-Too Square with ceremonial Changing of Guards
- Osh Bazaar & traditional Kyrgyz felt handicrafts
- Oak Park & Opera and Ballet Theatre

Kazakhstan (Almaty & Medeo)

- Scenic road journey from Bishkek to Almaty
 - Medeo Ice Rink & Shymbulak Ski Resort with cable car ride
 - Panfilov Park & Zenkov Cathedral (wooden structure built without nails)
 - Arbat Street walking tour with cafes, crafts, and performers
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Detailed Itinerary

Day 1 – Arrival in Tashkent (Uzbekistan)

- Arrival at Tashkent International Airport and warm welcome by Mantra Miles Tour representative
- Transfer to centrally located hotel
- Check-in and time to relax
- Evening at leisure to explore nearby cafes or enjoy local Uzbek tea and snacks

- Overnight stay in Tashkent
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Day 2 – Tashkent City Tour (Breakfast & Dinner)

- Breakfast at the hotel
 - Full-day guided city tour covering:
 - Khast-Imam Complex & Barak Khan Madrasah
 - Chorsu Bazaar
 - Tashkent Metro stations with artistic interiors
 - Independence Square & Amir Timur Square
 - Photo stop at Hotel Uzbekistan & Romanov Palace (exterior view)
 - Dinner at an Indian restaurant
 - Overnight stay in Tashkent
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Day 3 – Chimgan Mountains & Charvak Lake Excursion

- Breakfast at the hotel
 - Full-day excursion to Chimgan Mountains (Western Tian Shan range)
 - Chairlift ride to scenic viewpoints
 - Visit Charvak Lake with free time to relax or enjoy optional activities (own expense)
 - Return to Tashkent in the evening
 - Overnight stay in Tashkent
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Day 4 – Tashkent to Bishkek (Kyrgyzstan)

- Breakfast at the hotel and check-out
 - Transfer to Tashkent International Airport
 - Flight to Bishkek (flight ticket not included unless specified)
 - Arrival at Manas International Airport and transfer to hotel
 - Check-in and rest
 - Overnight stay in Bishkek
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Day 5 – Ala Archa National Park & Bishkek City Tour (Breakfast & Dinner)

- Breakfast at the hotel
- Excursion to Ala Archa National Park
 - Guided hike through Ak-Sai Gorge
 - Views of glaciers, alpine meadows, rivers, and wildlife
- Return to Bishkek

- City tour covering:
 - Ala-Too Square & Manas Statue
 - Osh Bazaar
 - Opera and Ballet Theatre
 - Oak Park
 - State Historical Museum (subject to availability)
 - Dinner at an Indian restaurant
 - Overnight stay in Bishkek
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Day 6 – Bishkek to Almaty (Kazakhstan)

- Breakfast at the hotel
 - Check-out and scenic road transfer to Almaty (approx. 4–5 hours)
 - Border crossing formalities (self-handled luggage)
 - Arrival in Almaty and hotel check-in
 - Evening at leisure for optional activities or local exploration
 - Overnight stay in Almaty
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Day 7 – Almaty City Tour & Medeo–Shymbulak Excursion (Breakfast & Dinner)

- Breakfast at the hotel
 - Excursion to:
 - Medeo Ice Rink
 - Shymbulak Ski Resort via cable car
 - Return to Almaty
 - Visit Panfilov Park & Zenkov Cathedral
 - Arbat Street walking tour
 - Dinner at an Indian restaurant
 - Overnight stay in Almaty
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Day 8 – Departure from Almaty

- Breakfast at the hotel
 - Check-out and transfer to Almaty International Airport
 - Tour concludes with memorable experiences curated by Mantra Miles Tour
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Inclusions

- 7 nights accommodation in premium 4-star hotels
 - Daily breakfast at hotels
 - 03 Indian dinners
 - All transfers and sightseeing as per itinerary
 - Cable car ride at Shymbulak & chairlift at Chimgan
 - English-speaking local guides and city escorts
 - Entrance fees to Khast-Imam Complex
 - Air-conditioned transportation
 - Applicable GST (5%)
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Exclusions

- Any entrance fees not mentioned under inclusions
 - Photo and video charges
 - Personal expenses, tips, and gratuities
 - Optional activities
 - TCS 5%
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Important Tour Notes

- Guaranteed group departure by Mantra Miles Tour
 - Optional activities are at personal discretion and cost
 - Comfortable walking shoes and layered clothing recommended
 - Modest attire required at religious sites
 - Self-handling of luggage at border crossings
 - Valid passport and visas are mandatory
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Payment Terms

- 30% non-refundable advance at the time of booking
 - Balance 70% payable at least 20 days prior to departure
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Cancellation Policy

- 45–21 days before departure: 50% cancellation charges
- 20–10 days before departure: 75% cancellation charges
- Less than 10 days or no-show: 100% cancellation charges

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