RULES & REGULATIONS

A PREAMBLE AND INTRODUCTION TO 6 BICYCLES **THE RULES**

PREAMBLE

HERO MTB HIMALAYA 2017 ('the race') is an individual mountain bike stage race, approx. 650 km in length, affiliated to the IMBA (International Mountain Biking Association).

STRUCTURE AND APPLICABILITY OF THE RULES

- 2.1 The rules of the race ('the rules') are explained herewith which are applicable to all riders (set out in section B below). 2.2 The rules set out below are intended to be definitive and complete.
- 2.3 A failure to comply with any of the rules will result in a penalty, which could include a rider's disqualification in certain circumstances. The various categories of penalties are set out in section below.

3 DEFINITIONS

For purposes of the rules, the following terms shall have the meaning set out

- 3.1 BLUE BOARD RIDER A Rider who have failed to complete any stage within the maximum permitted stage time, but are allowed to continue the race in terms of rule 15.
- 3.2 MAXIMUM STAGE TIME The maximum number of hours/timings allowed to officially complete any stage as determined by the race organisers from time to time.
- 3.3 PODIUM CONTENDER An individual rider or a rider in a team which, at the beginning of any stage, is in the top 5 positions in the relevant category or whose total time is not more than one hour off the total time of the 3rd placed rider in the relevant category at the beginning of such stage.

B GENERAL RULES (APPLICABLE TO ALL RIDERS)

4 RIDERS

- 4.1 The minimum age of participation is 18 years on 10 September 2017.
- 4.2 There are 5 riding categories: Men Solo, Women Solo, Masters, Grand Masters, & Team of 2.
- 4.3 To start in the Masters category a rider must be between 40-50 years on 10 September 2017.
- 4.3 To start in the Grand Masters category a rider must be 51 years or older on 10 September 2017.

- 5.1 Riders must ensure that they are in good health and well trained. Provide a fitness certificate by a recognised physician/doctor.
- 5.2 The race organisers reserve the right to prevent a rider from continuing the race on receipt of medical advice from an official race medic or any other medical doctor recognised by the race organisers. The decision of the race organisers in this regard shall be final.

6.1 Only mountain bikes in good working order and 'race ready' at the start of each stage will be allowed to start that stage. 6.2 For purposes of rule 6.1, 'race ready' means the following:

A The front number board is securely fitted and visible from the front.

- B. The frame marking is displayed as per instructions received at registration.
- C The bike is in safe working order, as determined in the discretion of the race director.
- D Handlebar ends and handlebar extensions shall be plugged and must not have sharp or jagged edges.
- E Each rider is responsible for the maintenance of his/her own bike for the duration of the race.
- In all cases of maintenance and repair, riders are required to complete the full distance of the stage and must complete the stage within the maximum permitted stage time. Time spent on maintenance and repair will thus not entitle a rider to any extension of the maximum stage time. G Event sticker is compulsory on bikes.

7 HELMETS AND CLOTHING

- 7.1 Each rider must wear a helmet at all times while riding during the race.
- 7.2 All helmets must comply with international standards.
- 7.3 Appropriate riding attire must be worn at all times and the race jersey at the start and finish.
- 7.4 Both team members must ride in identical cycling jerseys at all times. 5. Wearing of branded cycling jerseys other than the Jerseys provided by the organisers is only allowed to sponsored rider Category entries. All other rider will have to wear cycling jerseys provided by the organisers. Infringement to this rule may lead to 30 minute penalties or even disqualification from the race.

8 RIDER IDENTIFICATION

- 8.1 All riders must display their race numbers at all times.
- 8.2 Bike numbers must remain firmly fixed on the front and rear of the bike. and should not be obscured by cables or any other item.
- 8.3 Back numbers must be attached to the rider at all times in a visible position either on the rider's jersey or on the back of his/her hydration pack. A Rider will not be penalized if his/her number is obscured while wearing a rain jacket.
- 8.4 Race numbers should not be modified or mutilated in any way, including cutting, adding stickers, removing existing stickers or trimming.
- 8.5 No official HERO MTB HIMALAYA 2017 sponsor logos should be removed from race numbers and/or be obscured in any way.
- 8.6 Race and category leaders are obliged to wear the leader jerseys supplied by the race organisers. 8.7 Podium finishers and overall category leaders must be present at the finish line awards ceremony and the daily awards ceremony at 8:30 pm (approx) in the rider dining marquee, including the final ceremony.

9 STAGE STARTS

- 9.1 Differential start zones will be allocated according to overall ranking in the race, and the organisers may allocate different (i.e. 'staggered') start times for each starting zone. Should staggered start times be allocated, any reference to start times in these rules will be to the start time applicable to the particular rider's start zone.
- 9.2 The leader in the men category as well as the overall leaders in each of the other categories will be called up. Rider are obliged to assemble and the start paddock immediately next to the start line no later than 10 minutes before the start. 9.3 The seeded starting zones will close strictly 10 minutes before their start time. Rider arriving late might be asked to start at the back of the field.
- 9.4 Rider(s) reporting late at the start zone will be penalized 1 min-per-min delay for first 15 minutes and 2 min-permin delay for next 15 minutes after which for any further delay, the rider(s) will be disqualified from the race.

10 ROUTE AND STAGES

- 10.1 Riders must complete the full designated route & distance of all stages. 10.2 Only riders who complete each of the stages within the maximum stage time will qualify as official race finishers. 10.3 Cut off time of the race is 5:30pm every evening. Rider(s) are requested to report at the nearest official after that. 10.4 The actual race distance or route may vary from the published or briefed distance.
- 10.5 A rider must at all times follow the official route, obey the directions of the course marshals, and may not take any shortcuts or take other advantage of a similar nature against competitors. The responsibility for following the official route lies with each rider.
- 10.6 Riders who exit the route for any reason, must return to the course at the same point from which they exited, otherwise it would lead to disqualification.
- 10.7 Any walking, running or riding by a rider, which is carried out without the intention of directly re-joining the route, or any other activity in breach of the rules, which takes place outside of the marked course area, is not permitted. 10.8 No rider shall trespass at any time on land which is not open to the public for mountain biking & which does not form a part of the race route.

11 DISCLAIMER

11.1 Participation in HERO MTB HIMALAYA 2017 occurs strictly at one's own risk. The liability of the event organizers (including third party claims) is limited to deliberate intent or gross negligence. This also applies to any of the auxiliary persons or vicarious agents that are deployed in the event by the race organizer. Any contractual liability of the race organizer for damages is excluded as long as they do not involve or result from grossly negligent or intentional agents.

11.2 The race organizers cannot be held liable for any default in services that relate to external service by third parties for whom the race organizer only served as an intermediary contact and which were clearly identified as external services within the description of event services. 11.3 The race organizers cannot be held liable for any fault in services that are the result of statutory provisions or official directives, which prevents the rider from riding in the event altogether or in part. 11.4 The race organizers cannot be held liable for participant's lost or stolen clothing, valuables or equipment. Participants are advised to carry adequate insurance.

11.5 If a participant requires or enlists third party services, in particular search and rescue services, the race organizers are indemnified from payment. The participant further authorizes the race organizers to collect any charges.

11.6 By registering for the event, participants acknowledge their consent with the collection, circulation and publication of event-related data such as individual's stage name, placement, result as well as photographs, movie and interview records, without any remuneration

TERMS & CONDITIONS

1 CONCLUSION OF CONTRACT

1.1 Receipt of your completed registration presents a binding submission of your application to the race organizer, HASTPA.

1.2 Your signature on the registration form or clicking the appropriate field during the online registration process indicates that you accept and understand the entry conditions and the race regulations. You acknowledge and assure that you have read and accept to abide by all race regulations (PDF download available online at mtbhimalaya.com). Once you receive the confirmation, your agreement with the organizers is binding.

1.3 The organizers reserve any right to award waiver of any kind on the registration fees to anyone

1.4 The organizers are not responsible to provide any services other than the ones mentioned. Additional services, particularly with regard to personal and technical support, will be offered only if agreements were made on such matters in writing ahead of the actual event.

2 OBLIGATIONS

2.1 Each participant is responsible to ensure adequate physical and mental preparedness and aptitude for the event, along with medical consultation if necessary. Participants accept full responsibility for their equipment and it being in good working order. Helmet needs to be worn at all times during the race and has to meet international safety standards. Racers are obliged to abide by all directives and guidelines defined by the organizing committee and any instructions given by the race staff/ aides.
2.2 Foreign nationals are advised to obtain all necessary information from the respective consulates. It is the responsibility of each participant to make sure they have obtained valid

travel authorizations and documents, which may be required for participation in HERO MTB HIMALAYA 2017.

3 ACCREDITATION

Each participant receives the starte package during the accreditation process only upon presenting the following:

A The confirmation of registration B Photo ID

If the participant can't appear in person a substitute with power of attorney may pick up the starter package. The starter package will not be mailed/couriered to the participants.

4 TERMINATION OF CONTRACT BY ORGANISER

4.1 HASTPA may cancel the contract with the participant if:

A The participant violates the race rules and regulations issued to the

B The participant contravenes instructions by the race organizers, staff or aides

C The participant interferes with/ disrupts the event in a lasting manner or presents a threat to himself/herself or others.

4.2 The case of cancellation by the race organizer does not change their entitlement to the prepaid race fees.

5 TERMINATION OF RACE

In case the race is to be canceled or terminated due to an 'Act of God' or a participant does not show up at the race, for reasons that the race organizers cannot be held accountable for, the participant is not entitled to any reimbursement of race fees, or compensation, such as travel or accommodation expenses from the race organizer, HASTPA.

