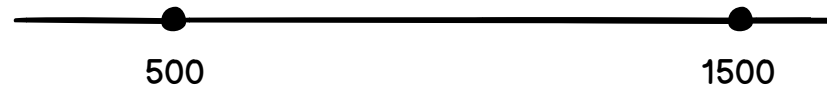




Calories

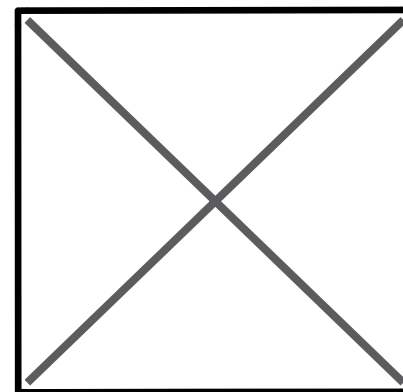
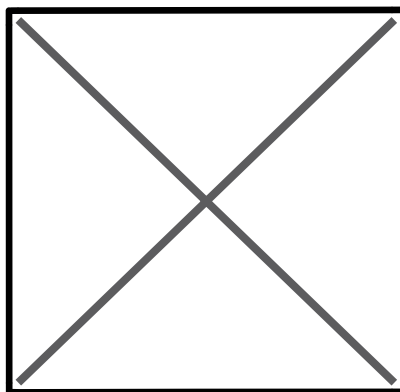
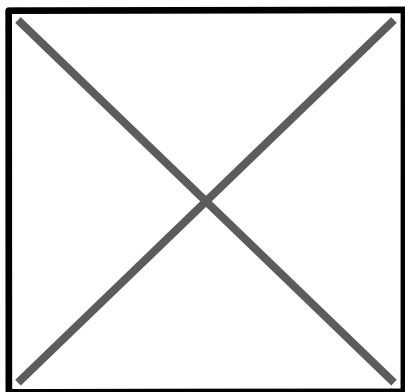
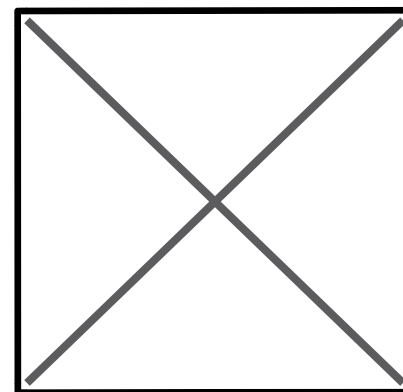
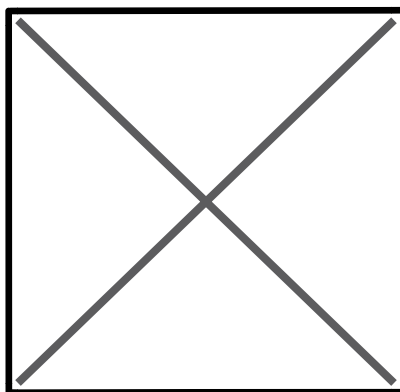
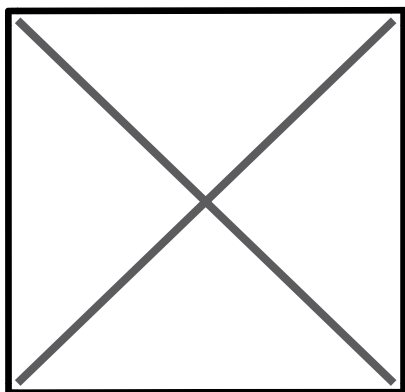


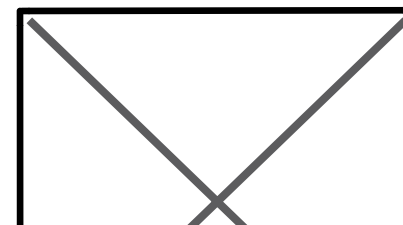
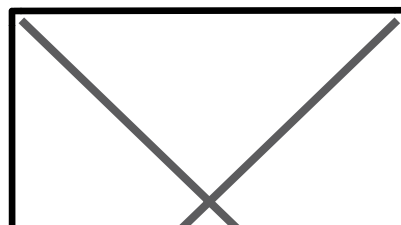
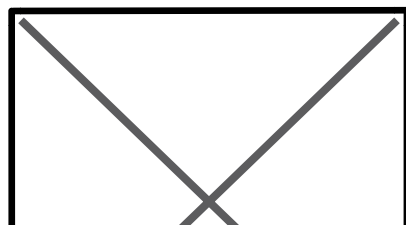
Diet

- | | |
|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> balanced | <input type="checkbox"/> low-carb |
| <input type="checkbox"/> high-fiber | <input type="checkbox"/> low-fat |
| <input type="checkbox"/> high-protein | <input type="checkbox"/> low-sodium |

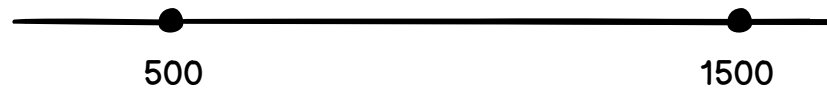
Meal Type

- | | |
|------------------------------------|--------------------------------|
| <input type="checkbox"/> breakfast | <input type="checkbox"/> lunch |
| <input type="checkbox"/> dinner | <input type="checkbox"/> snack |
| <input type="checkbox"/> teatime | |





Calories



Diet

- | | |
|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> balanced | <input type="checkbox"/> low-carb |
| <input type="checkbox"/> high-fiber | <input type="checkbox"/> low-fat |
| <input type="checkbox"/> high-prot | <input type="checkbox"/> low-sodium |

Meal Type

- | | |
|------------------------------------|--------------------------------|
| <input type="checkbox"/> breakfast | <input type="checkbox"/> lunch |
| <input type="checkbox"/> dinner | <input type="checkbox"/> snack |
| <input type="checkbox"/> teatime | |



Coconut Brown Rice

Calories -> 170

Diet -> High-Fiber

Meal Type -> Lunch / Dinner

Emissions -> 3211

Ingredients

- 1) 1 1" piece peeled fresh ginger
- 2) 1 cup brown jasmine rice
- 3) 3/4 cup unsweetened coconut milk
- 4) 1/2 tsp. kosher salt

09:52 AM

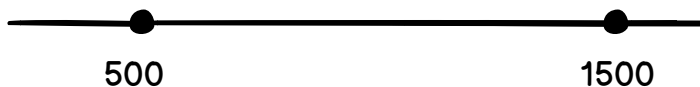


EDAMAM

 search

Search

Calories



500

1500

Diet

- | | |
|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> balanced | <input type="checkbox"/> low-carb |
| <input type="checkbox"/> high-fiber | <input type="checkbox"/> low-fat |
| <input type="checkbox"/> high-prote | <input type="checkbox"/> low-sodium |

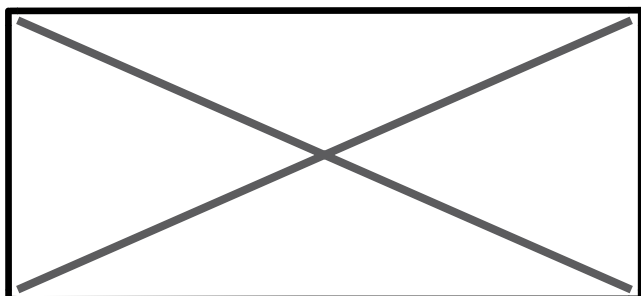
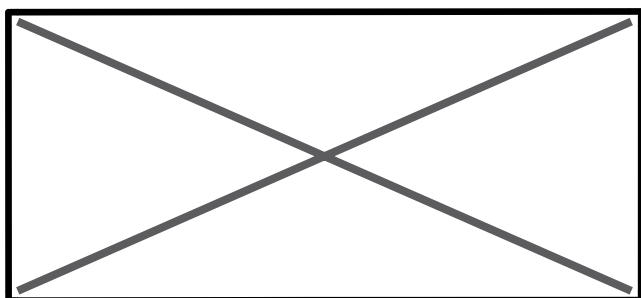
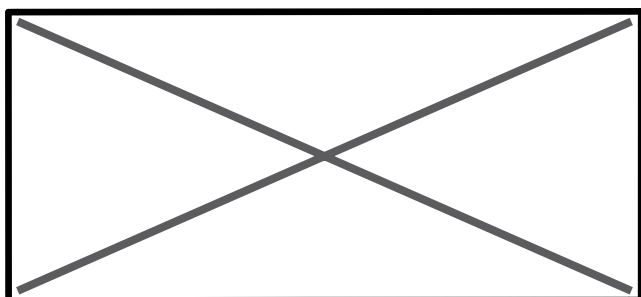
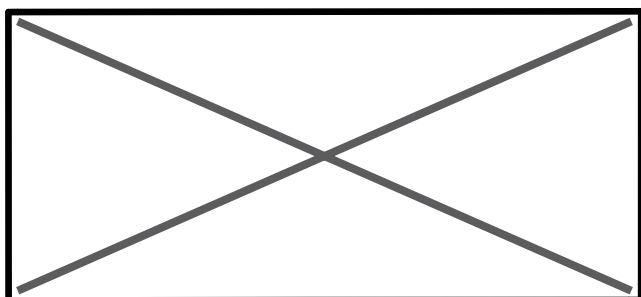
Meal Type

- | | |
|------------------------------------|--------------------------------|
| <input type="checkbox"/> breakfast | <input type="checkbox"/> lunch |
| <input type="checkbox"/> dinner | <input type="checkbox"/> snack |
| <input type="checkbox"/> teatime | |

09:52 AM



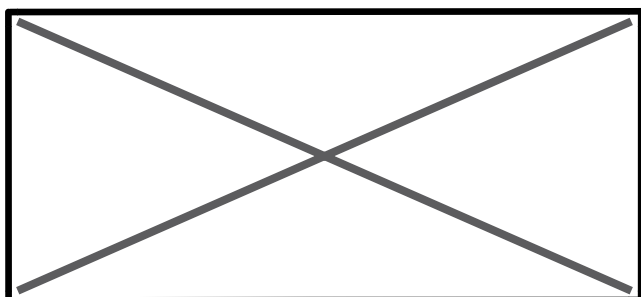
EDAMAM



09:52 AM



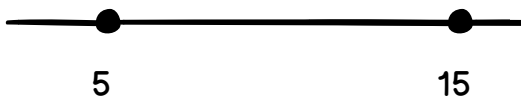
EDAMAM



Search

Busc

Calor



Diet

- | | |
|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> balanced | <input type="checkbox"/> low-carb |
| <input type="checkbox"/> high-fiber | <input type="checkbox"/> low-fat |
| <input type="checkbox"/> high-protein | <input type="checkbox"/> low-sodium |

Meal Type

- | | |
|------------------------------------|--------------------------------|
| <input type="checkbox"/> breakfast | <input type="checkbox"/> lunch |
| <input type="checkbox"/> dinne | <input type="checkbox"/> snack |
| <input type="checkbox"/> teatime | |

09:52 AM



EDAMAM



Coconut Brown Rice

Calories -> 170

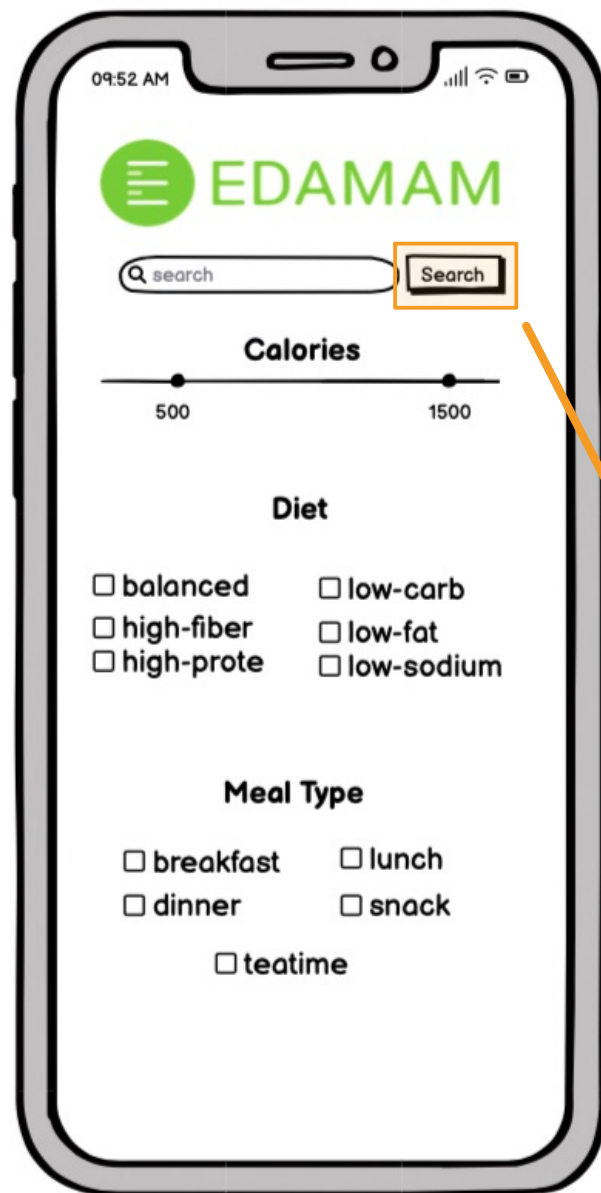
Diet -> High-Fiber

Meal Type -> Lunch / Dinner

Emissions -> 3211

Ingredients

- 1) 1 1" piece peeled fresh ginger
- 2) 1 cup brown jasmine rice
- 3) 3/4 cup unsweetened coconut milk
- 4) 1/2 tsp. kosher salt

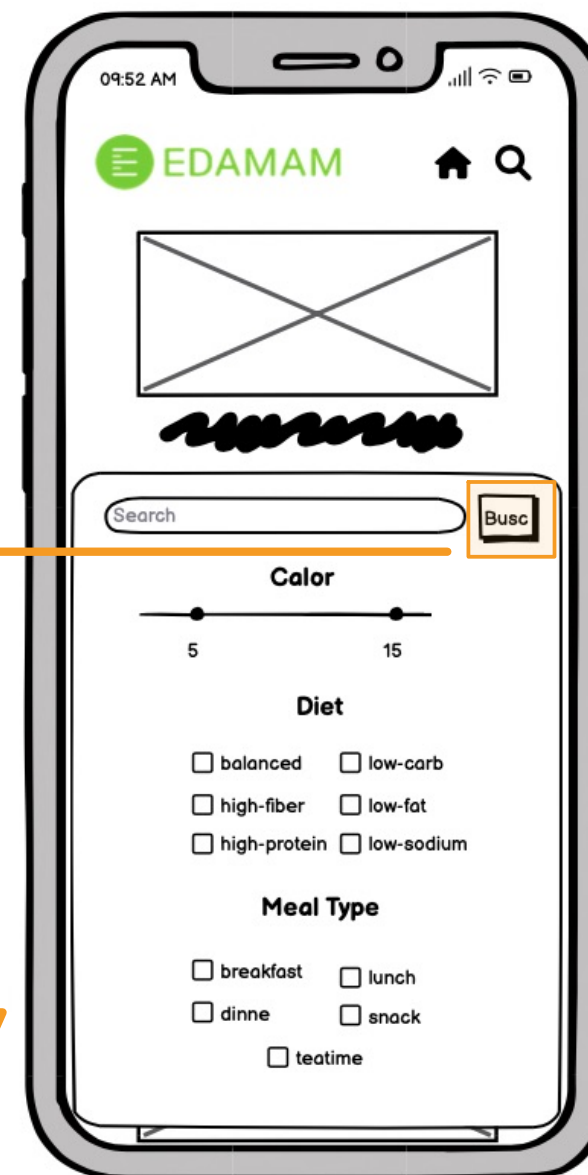
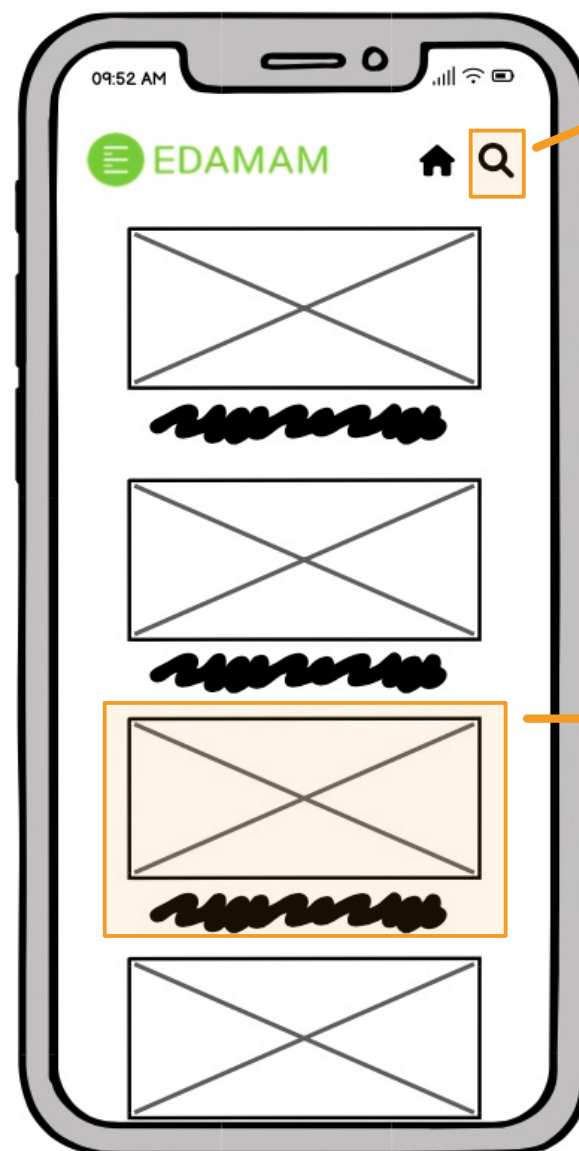


INTERFAZ INICIAL

Nesta pantalla poderemos introducir as palabras claves de búsqueda así coma outros parámetros para filtrar a búsqueda.

INTERFAZ DE RESULTADOS

Nesta pantalla mostraranos os resultados acordes cos datos introducidos na búsqueda.

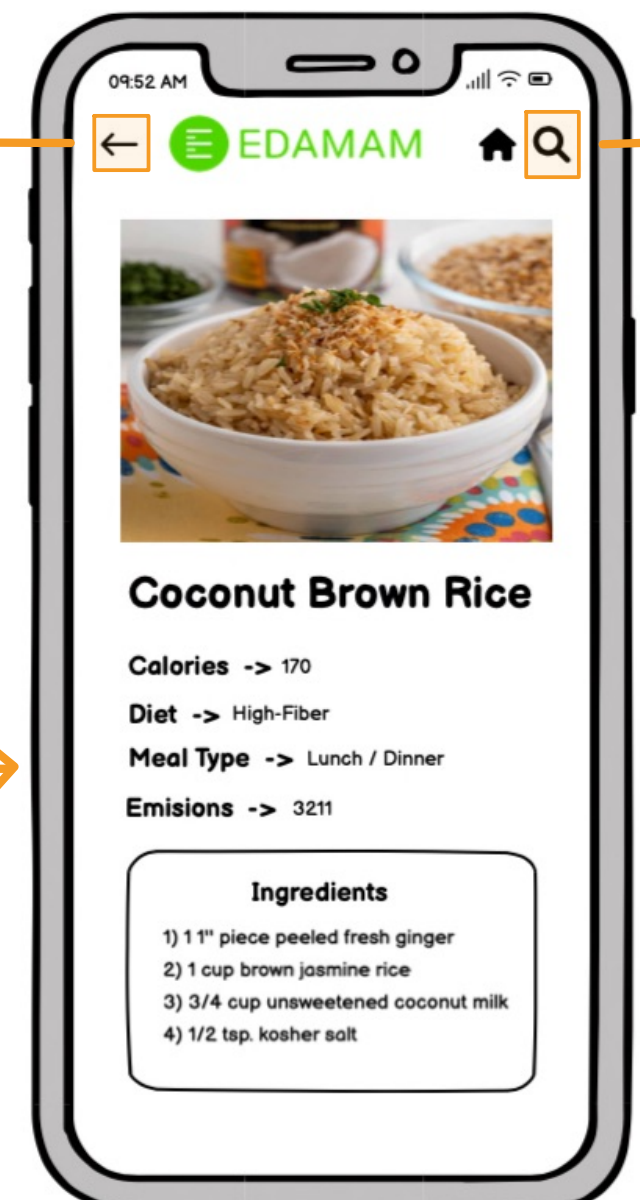


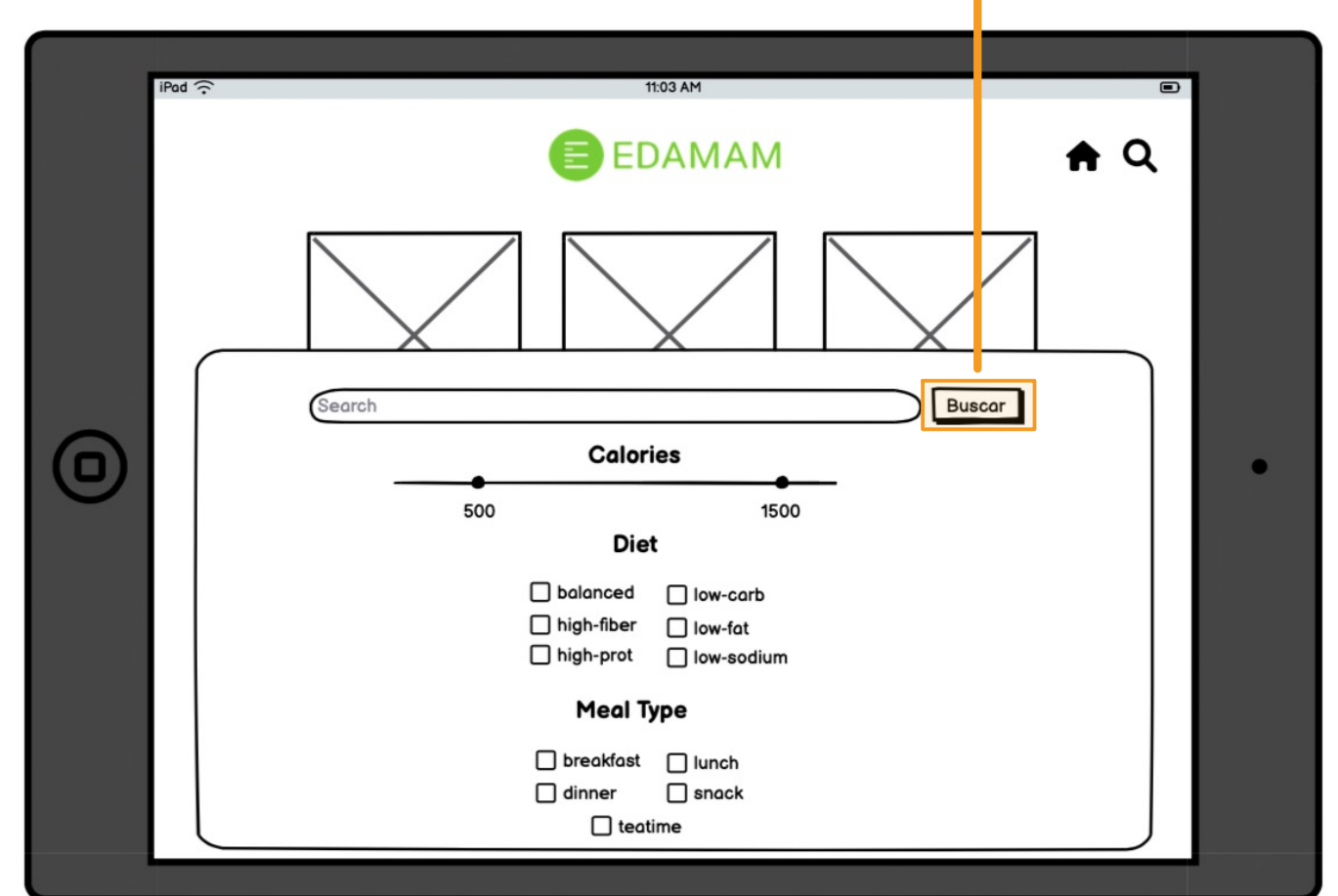
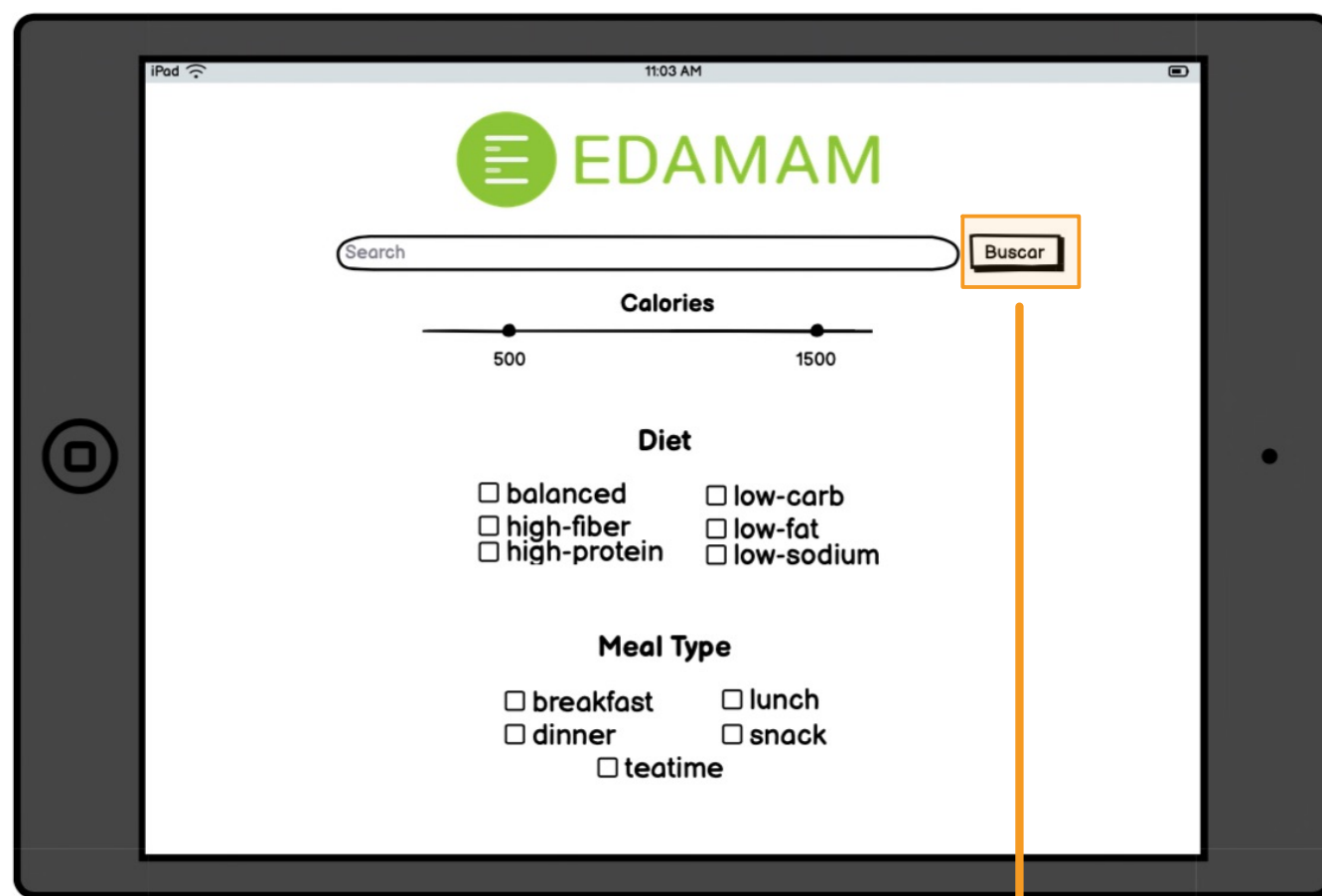
INT. DE RESULTADOS CON OPCIÓNS

Podemos desplegar todas as opción de filtrado para realizar unha nova búsqueda dende a interfaz de resultados.

INTERFAZ RECETA

Mostra toda a información correspondente a unha receta seleccionada.



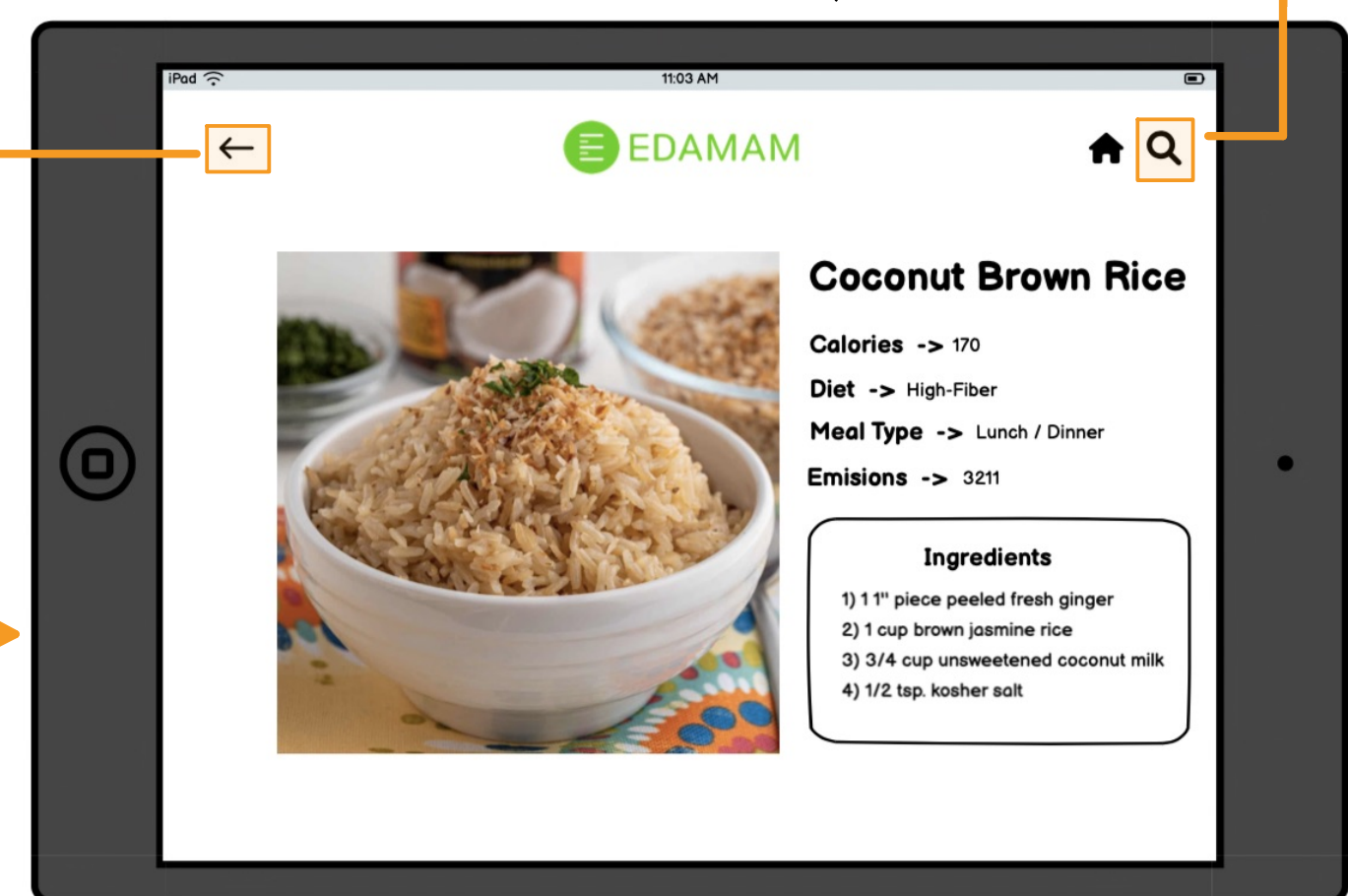
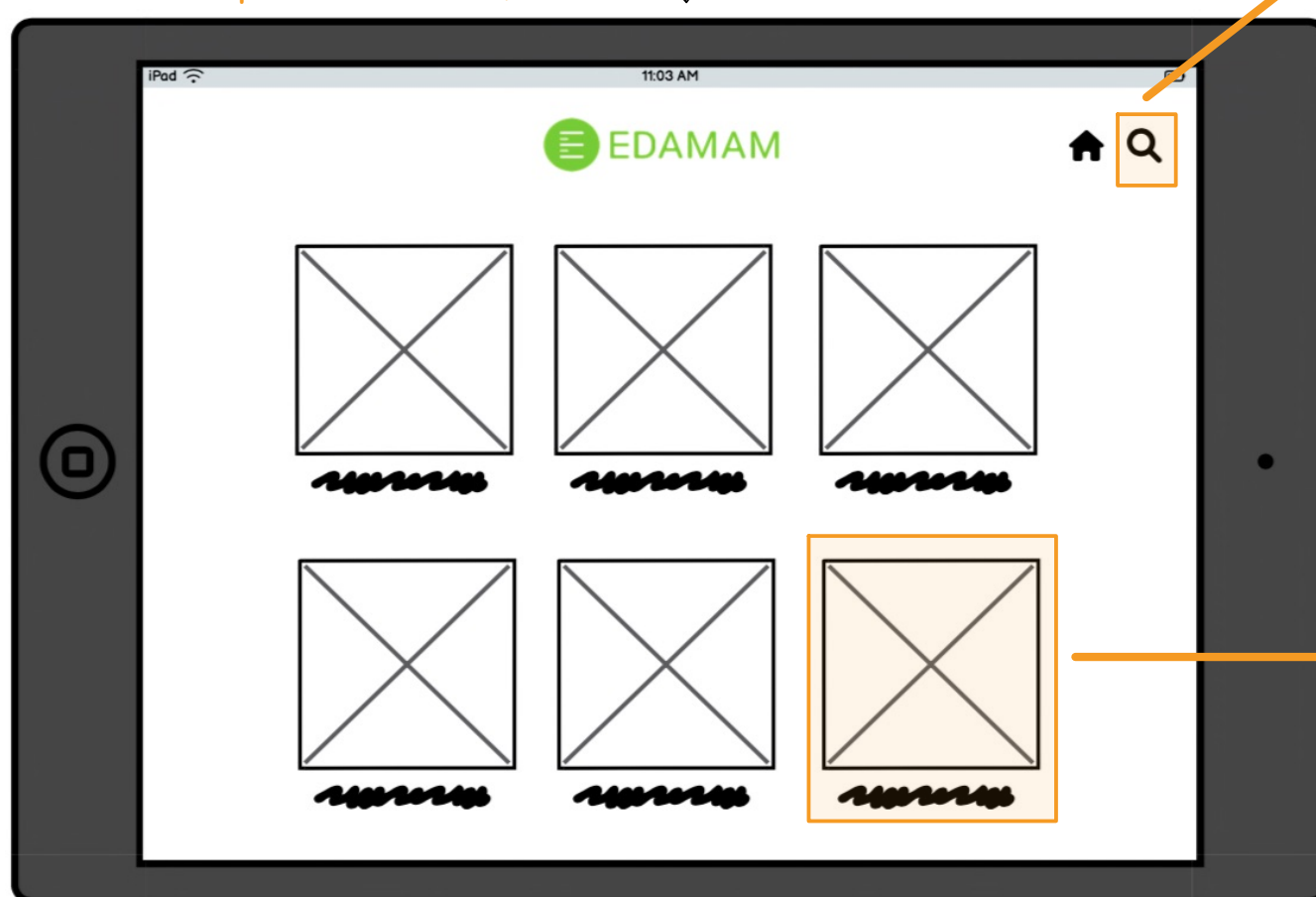


INT. DE RESULTADOS CON OPCIÓN

Podemos desplegar todas as opción de filtrado para realizar unha nova búsqueda dende a interfaz de resultados.

INTERFAZ INICIAL

Nesta pantalla poderemos introducir as palabras claves de búsqueda así como outros parámetros para filtrar a búsqueda.



INTERFAZ RECETA

Mostra toda a información correspondente a unha receta seleccionada.