

# Rosemol Wilson

Dubai – United Arab Emirates

Contact: +971 56 374 5897 | Email: [rrose463@gmail.com](mailto:rrose463@gmail.com)

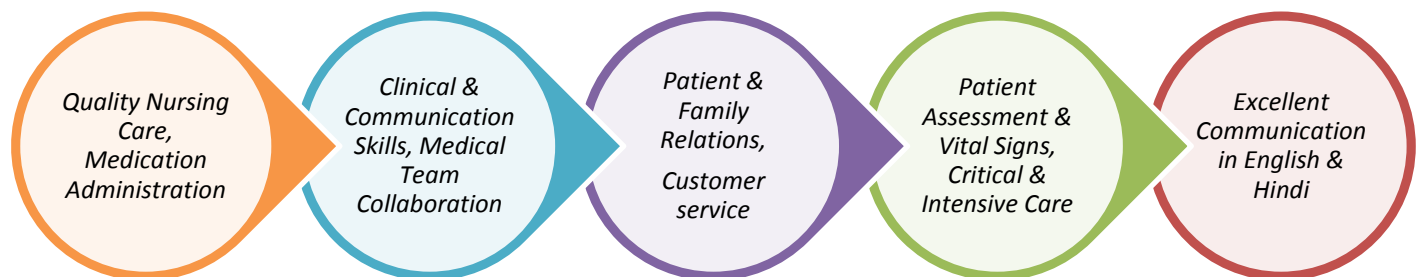


## EXPERIENCED NURSING PROFESSIONAL

*[Diploma in General Nursing & Midwifery with 2 years work experience in Gynecology Division]*

### EXECUTIVE SNAPSHOT

A focused, determined and capable Nurse who has a track record of providing world class healthcare to the patients. Worked in a variety of different nursing environments and able to take on challenging positions involve managing a wide range of complex & sometimes conflicting nursing priorities. As a true professional, able to show the correct balance of empathy and assertiveness.



### NURSING

- ✓ Managing patient information, possessing superb organizational abilities, report writing capabilities and managing clinical research.
- ✓ Providing effective leadership and clear direction to junior staff in the absence of senior staff.
- ✓ In-depth understanding of how the nursing world works and how hospital departments operate.
- ✓ Maintaining accurate paper and computer medical records and ensuring their confidentiality at all times.
- ✓ Have worked with diverse populations, communities, and organizations in a wide range of settings.
- ✓ Reading as well as interpreting medical reports and then drawing valid and logical conclusions from them.
- ✓ Maintaining the security of medical supplies such as controlled drugs and medical equipment.
- ✓ Ability to develop positive working relationships with colleagues, patients and other healthcare professionals.

### PERSONAL

- ✓ Passionate about nursing, possessing effective communication skills.
- ✓ Working as part of a tight team Creating a relaxed atmosphere.
- ✓ Taking on extra responsibility Punctual & always on time Good at making decisions Superb time management.
- ✓ Planning and completing duties with minimal direction from superiors, colleagues or managers.
- ✓ Willing to accept responsibility for carrying our tasks and making sure things are done properly.
- ✓ Always smartly dressed, articulate, presentable and professional in all areas of work.
- ✓ Ability to function effectively, productively and calmly in highly pressurized and emergency situations.
- ✓ Able to read, write, speak and understand the English language clearly and accurately.
- ✓ Using tact and diplomacy to defuse emotionally charged or highly tense situations.
- ✓ Proven commitment to continued own professional development and advancement.
- ✓ Knowledge of the very latest infection control processes, procedures and treatments.

## PROFESSIONAL EXPERIENCE

### STAFF NURSE

**St. James Hospital, Kerala – India**

**Jul 2008 – Sep 2010**

- Responsible for working under the direction and supervision of senior nursing staff to deliver the very best in holistic nursing care to patients who are being treated in hospital.
- Responsible for delivering an exceptional experiences for all patients being treated in the hospital.
- Providing physical and psychological support to patients as well as their visitors, friends, and families.
- Inducting, training and supervising colleagues and junior members of staff in all aspects of nursing work.
- Putting together a targeted nursing experience that meets the precise needs of the patient and hospital.
- Establish a compassionate environment by providing emotional and psychological support to patients, friends, and families.
- Maintain safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
- Maintain a cooperative relationship among health care teams by communicating information; responding to requests; building rapport; participating in team problem-solving methods.
- Responsible to coordinate the ward admission, and admission to labour and delivery unit according to the doctors instructions.
- Maintaining aseptic techniques and isolation following Barrier Nursing.
- Assessment and recording of vital parameters, blood analysis, monitor documents, refer and implementing nursing functions.
- Patient assessment like observation and abdominal palpation, initial PV examination etc.
- Management of patients from 1<sup>st</sup> stage to 3<sup>rd</sup> stage of labour and to conduct normal and vaginal deliveries.
- Performing amniotomy, episiotomy and suturing fir and second degree perineal tear.
- Performing pre-operative and post-operative care of a caesarean patient, IV canulation, insertion of Ryles tube, and Catheterization.

#### Types of cases attended:

- |   |                                   |
|---|-----------------------------------|
| • PIH, PET, Eclampsia, HELLP Syndrom, DIC | • APH & PPH                       |
| • Gestational diabetic patients           | • Pre-uterine contractions        |
| • Abortions                               | • Patients with heart disease     |
| • Caessarian in labour                    | • Anemia complicating pregnancy   |
| • Arrest of labour                        | • Ectopic pregnancy               |
| • Obstetric labour                        | • Jaundice complicating pregnancy |
| • Fetal distress                          | • Placental abruption             |
| • Multiple pregnancies                    | • Amniotic fluid embolism         |

## EDUCATION

### Diploma in General Nursing & Midwifery

*Kerala Nurses & Midwives Council – Kerala India – Jan 2005 to June 2008*

### Certificate Course on Diploma in Office Automation

*Apple Education – Kerala India – May 2017*

## PERSONAL DOSSIER

**Nationality:** Indian | **Languages Known:** English, Hindi and Malayalam (native)