

# **EACKPACK**

## Get Ready for your Exam!



## UNIT 10 Évaluation 🗐 → 🖉





When I made the decision, a month ago, to take myself off social media for a year, I did so for various reasons. Not least because my two-year-old had taken to running up to me with a worried expression, shouting "mummy, your phone!" whenever he found it not in my hand for more than five minutes.

- Having amassed some 10,000 Instagram followers as editor of Motherland, the online parenting magazine I ran for two years, I had watched myself mutate from the sort of person who purposely only ever uploaded
- photos of my kids in an "ironic" way, and only ever occasionally [...] to the kind who seemed to be obsessively spamming my various online profiles across Instagram, Facebook and Twitter, with fragments of my life. Like many of the 56% of British parents who prefer to keep their family photos and videos away from social media, according to a new report by Ofcom, I worry about my children's privacy. Many of us have become
- desensitised over the years to such public sharing: since first joining Facebook in 2007, my tolerance for sharing has steadily increased so that, whereas once I wouldn't even let a newspaper print my daughter's name in an article to protect her anonymity, these days I have become emotionally incontinent about almost every aspect of my life – and that of my three children. [...]
- According to yesterday's research on "sharenting", taken from Ofcom's annual Communications Market 15 Report, people take on average six photos before choosing a selfie to post online, while young people can take as many as 20 - almost half of those posting selfies say they edit the photo before they share it online. That is particularly troubling as I very firmly don't want my kids to be conscious of how they look. I want them to be free to play and be kids for as long as possible, without an early onset of the crippling self-awareness that partly defines adulthood.
- 20 So when I found myself regularly walking into a room, seeing my kids embroiled in a lovely imaginary game and shouting "DON'T MOVE, I NEED TO FIND MY BLOODY CAMERA", I knew something wasn't right. Heavy-hearted, I would watch them shuffle into what they assumed was a more appropriate position, awkward smiles etched on to their faces while I sighed and snapped, and directed them to "look more natural".
- [...] The problem with sharing pictures of my children who are nearly seven, nearly four, and nearly two –was really 25 hammered home when my eldest, who has never knowingly heard of social media and certainly has no idea that I was liberally splashing her picture across the internet, saw an image in the photo album on my phone and said,
  - Not only had I taken her picture I had already uploaded it to Instagram the day before for all the world to see. I then wondered whether in posting pictures of my daughter, without her knowledge or permission, and telling
- 30 her to smile more or smile less or smile differently; I had created a situation in which she was overly aware of her own image. [...]
  - Ultimately, I began to wonder how many times I'd missed out on a special moment with my kids because I was too busy trying to capture it for social media. A month into my exile, I am happy to report I rarely know where my phone is any more – and my kids now don't bother delivering it back to me.

Charlotte Philby,

,2017

### Compréhension de l'écrit



A. What decision did the narrator make about social media and why?

with great sincerity: "I hate this one, I look really sad, please delete it."

- B. Explain the word "sharenting" (l. 14).
- C. What does the narrator mean when she writes "these days I have become emotionally incontinent about almost every aspect of my life - and that of my three children."? (I.12)
- D. What consequence did her social media life have on the narrator and on her children?
- E. How does she cope with her new life?

### Expression écrite 🕗



#### Choisissez l'un des deux sujets.

- Sujet 1: How would you react if you had to go without your mobile phone and social media for a week?
- Sujet 2: How important is it for people to control their online identity as well as that of their relatives?