$$-\frac{\alpha_{co}\pi^{3/2}}{(u_0 + v_a \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + u_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + u_c \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \sin\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b \cos\left(\frac{\alpha_{co}\pi^{2/2}}{L}\right) + v_b$$

 $L^{2}R\left[\rho_{0} + \rho_{x}\sin\left(\frac{a_{\rho x}\pi x}{L}\right) + \rho_{y}\cos\left(\frac{a_{\rho y}\pi y}{L}\right) + \rho_{z}\sin\left(\frac{a_{\rho z}\pi z}{L}\right)\right] +$