

## "Inchworm" gait

Segment	1	2	3	4	5	6	7	8	9	10
Horizontal	B0	B2	B4	A0	A2	A4	C0	C2	C4	C6
Vertical	B1	B3	B5	A1	A3	A5	C1	C3	C5	C7

0  
-1  
-2  
-3

Time 0

Time 1

Time 2

Time 3

0

0

0

0

+50

-50

-50

+50

+50

-50

-50

+50

0

0

-50

+50

0

0

0

+50

0

0

0

0

0

0

0

0

0

