

Choose if it is a Witty Idea or
an Annoying Idea



Witty
Idea

Annoying
Idea

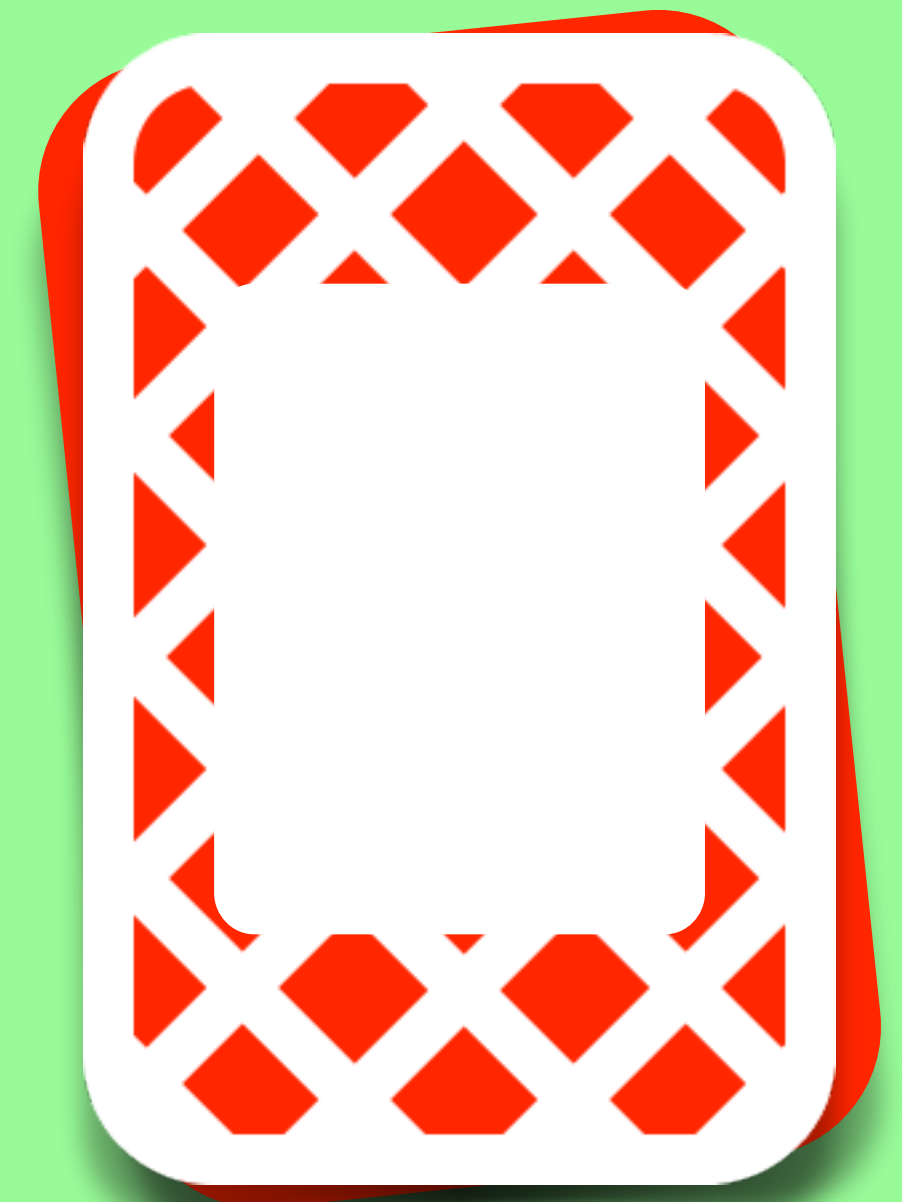
Choose if it is a Witty Idea or
an Annoying Idea



Witty
Idea

Correct!

Choose the Situation



Thinking that
your problem
is worse than
it really is

Thinking that
your
achievements
are not a big
deal

Believing that
someone is
thinking
negatively
about you

Using
demanding
words on
yourself and/
or others

Thinking over
and over
about a
negative
thought

Denying
yourself
praise from
others

What you do
is who you
are

Thinking is
based on
negative
feelings

Thinking that
the outcome
will be
negative

Passing the
blame onto
someone else

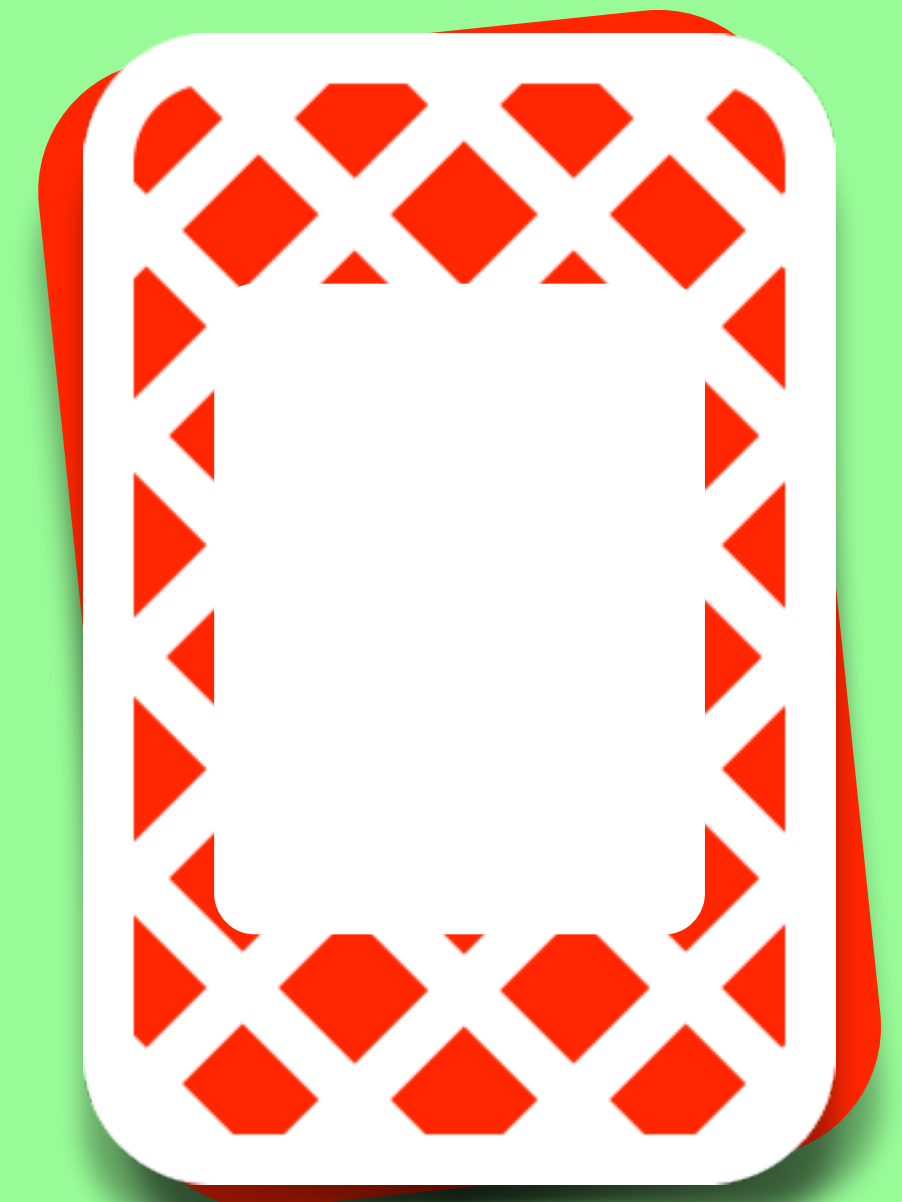
If it
happened
once you
think it will
continue to
happen

Thinking
with extreme
words instead
of in
between
words

Taking all the
blame



Choose the Situation



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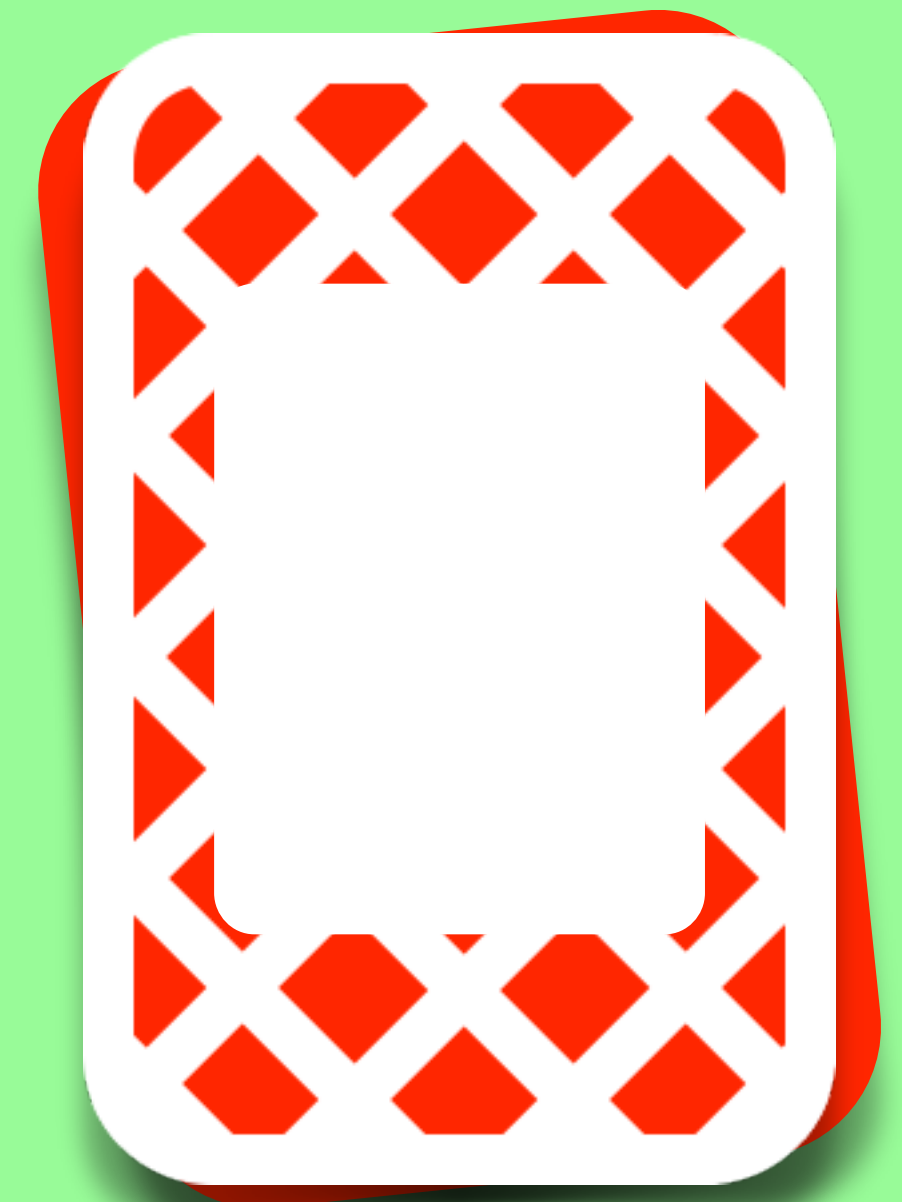
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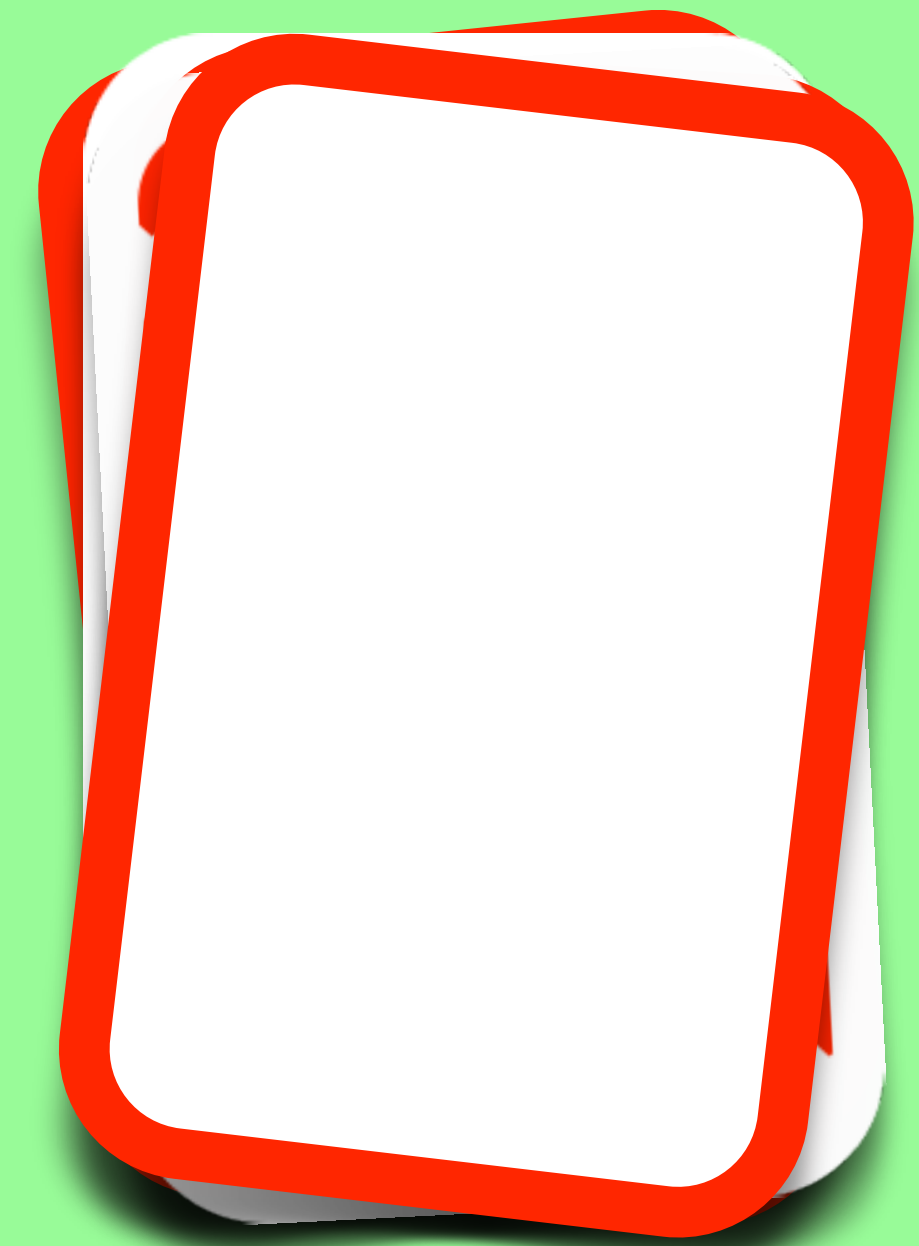
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Choose the Annoying Idea



Earn Brownie
Points

Strike a
Balance

Left Holding
the Bag

Go On a
Fishing
Expedition

Twist
Someone's
Words

Jump off the
Deep End

Cut Someone
Some Slack

Pass the Buck

Incorrect

Put Yourself
in Someone
Else's Shoes

Play Down
Something

The
Handwriting
Is On the Wall

Collect One's
Thoughts

One Track
Mind

Do a One-
Eighty

Come to One's
Senses

Play Up
Something

Read Someone
Like a Book

Tip the Scales

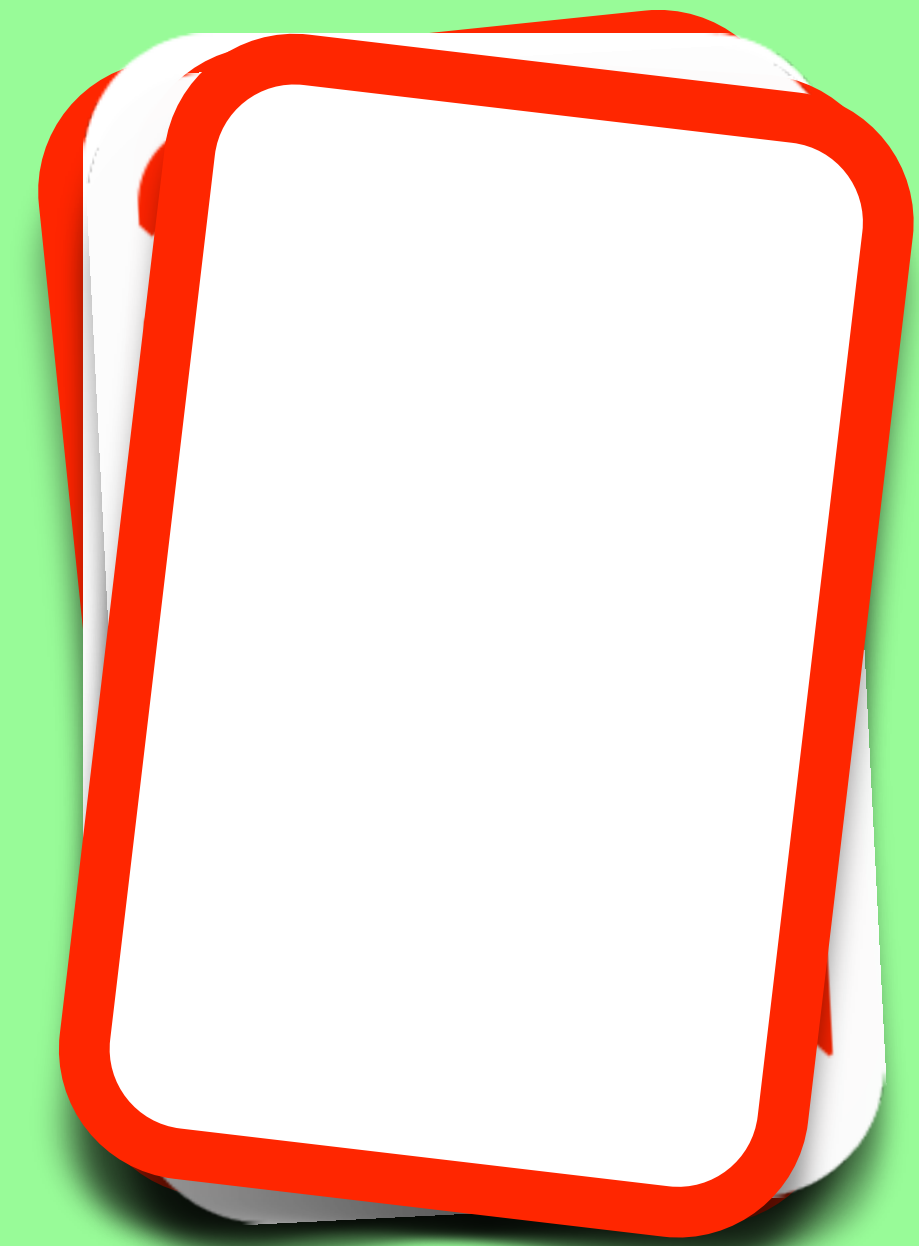
Burning
Questions

Lumping
Everyone
Together

It Takes Two
to Tango

Paint
Everyone
With the
Same Brush

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