



# User's Manual Gym and Boxing Club "FORM".

**01**

419048901 - GPO04



# ACCESS TO THE VIRTUAL SITE

Log in to the website



[https://github.com/manuuelnr/419048901\\_Proyecto\\_Gpo04](https://github.com/manuuelnr/419048901_Proyecto_Gpo04)



Find the executable directory in the following path: **/ProyectoFinal/Release**

Once the Release folder has been downloaded, you will find the executable "**ProyectoFinal.exe**".

Open the file and get to know us!

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If you have any problems, please contact us or access the [virtual tour video](https://youtu.be/UqNebwtNmaA)

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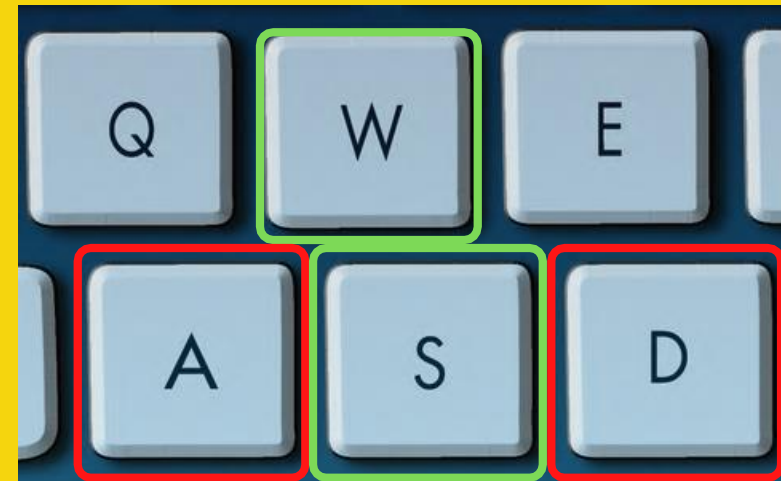


# WE WELCOME YOU!

**We are delighted by your visit.**

**FORM" Gym and Boxing Club** will be part of the City Center and we would like you to be part of us. To do so, we will give you a virtual tour.

Enjoy the different activities we have for you!



# MOVEMENT

## Forward/Reverse/Left/Right

Holding down the following keys allows you to move around the virtual space.

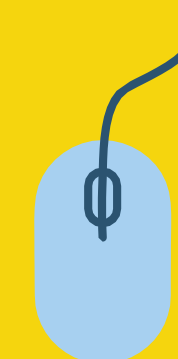
The 'W' key allows you to move forward

The "S" key allows you to go back

The "A" key allows you to go left

The "D" key allows you to go right

The mouse allows us to guide the 'view', that is, where we will go.

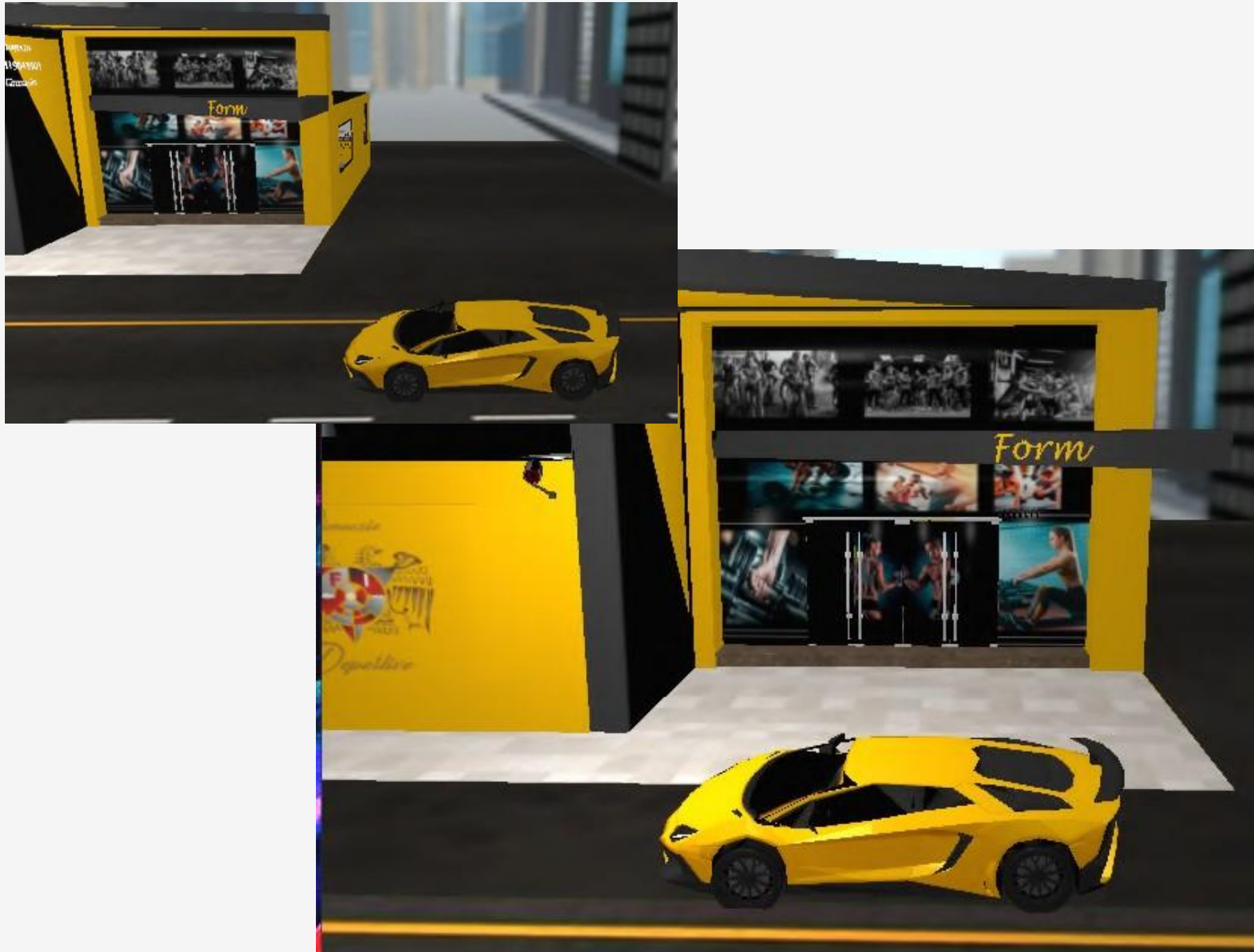




# SECURITY

We have security cameras that are active 24 hours a day. They are in constant lateral movement to be able to perceive any incident or extraordinary situation outside and inside the facilities.





## SPACE ORGANIZATION

The city has little space for local places and also traffic is very high during the day.

Therefore, we think of our customers to have parking space. To simulate a space for you, we have a simulation control that you can activate with the **"Z"** key and stop it with the **"X"** key.

You can expect enough time from our SmartFit facilities to be able to train in no time at all without worrying about the car.

# PARKING



# ENTRANCE

## Entry Control



Press the **"F"** key to Open/Close any main door and access our facilities.  
Income for all those who are part of our team



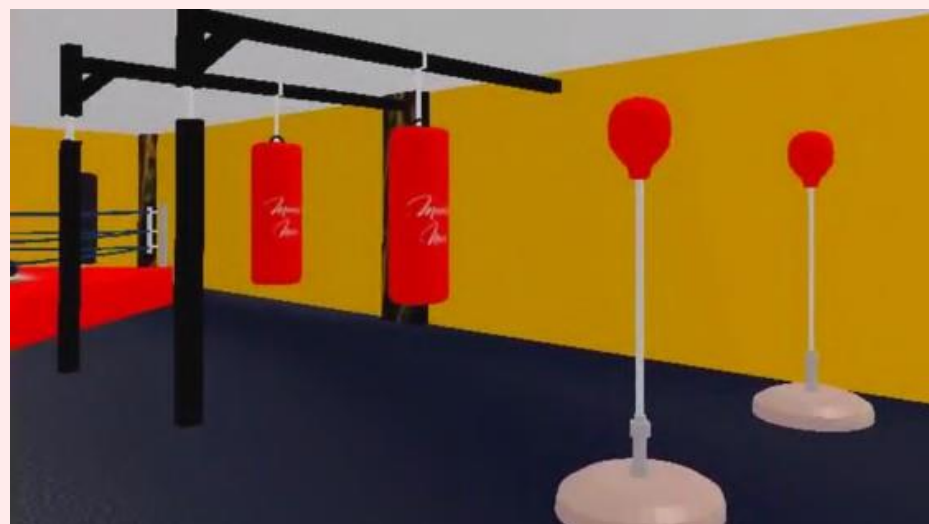
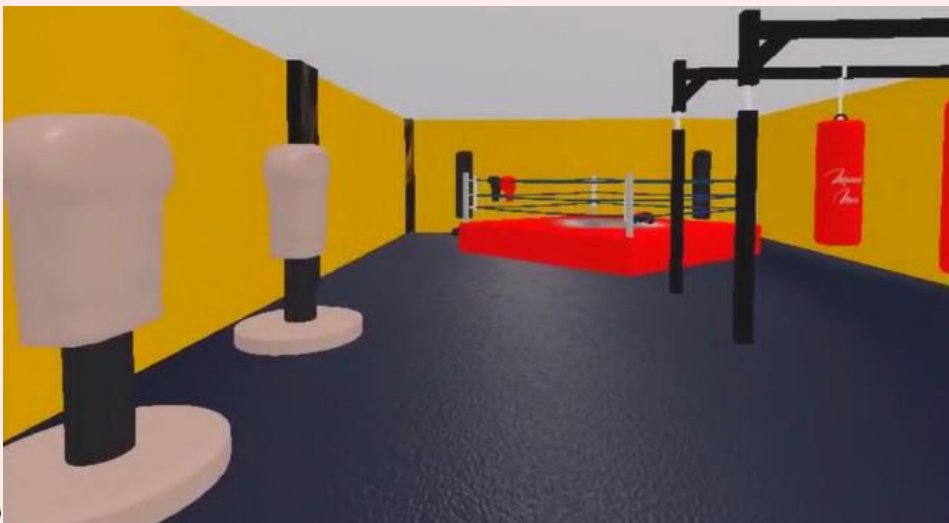
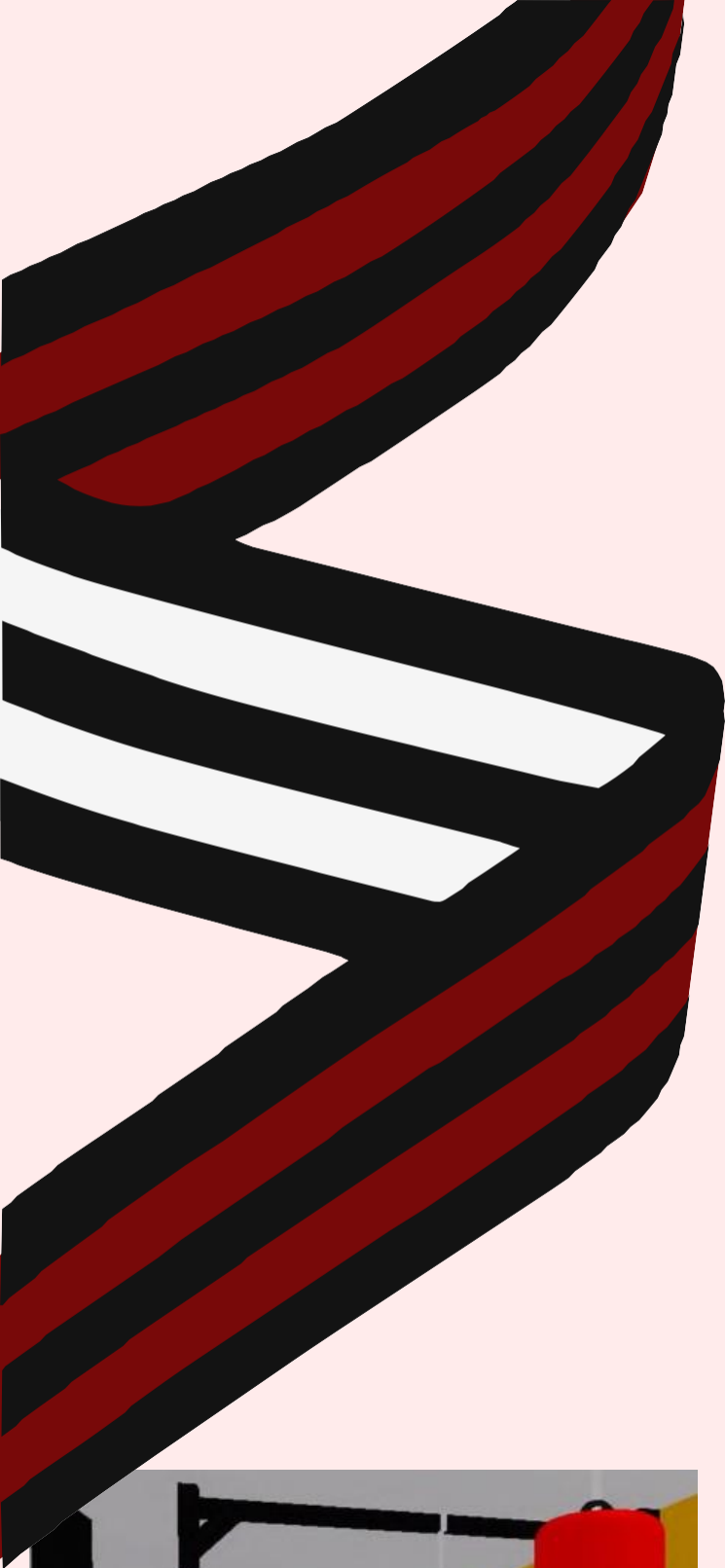
# FACILITIES

- 1 Benches
- 2 Treadmills
- 3 Dumbbells (variety)
- 4 Weights / Russian
- 5 Bars
- 6 Multi-exercises
- 7 Swiss Balls
- 8 Accessories (Shakers/Caps/T-shirts)



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# FACILITIES

- 1 Boxing Ring
- 2 Box bag (hanging)
- 3 Box Sack (vertical)
- 4 Boxing Bag (blows)
- 5 Training dolls
- 6 Exhibition gloves

# INSTRUCTORS

Our specialized team has routines, workouts, advice and diets with the best quality in the country.

You have access to mentoring at no extra cost.





# YOU ARE READY!

You can join us, what are you waiting for? contact us!