

Household Items Checklist

Dementia patients are at increased risk for injury in certain areas of their homes. Consider taking the following safety measures to create a safe environment for you loved one:

1. Bedroom

Item Name	Description	Status
Electrical Cords	Hide and tape them next to the wall or behind the furniture.	
Bed	Bed is at an improper height.	
	Consider the mobility aid to assist with the individual bed transfers.	
Wood or Tile Floor	Make sure to use the nonslip wax.	
	Clear floors of clutter such as shoes, boxes, clothes or other objects and make them freed-up space.	
Rug	Use carpet staples or tape to stick the rug's corner down.	
Heater	Use centralised in place of oil heaters so keep the place safe and prone to physical damage	
Table fan	Make sure to use ceiling fan or centralised system as table fan can cause damage when handles without care.	

2. Bathroom

Item Name	Description	Status
Safety Grab Bar	Install grab bars in the bathroom if your family or friend has difficulty standing or getting up.	
Towel Rack	Check the towel racks and make sure these are not loose.	
Toilet	The toilet model should be suitable for the wheelchair size.	
Shower	Place a caddy in your shower which can hold some regularly used items. Should have a step-free entry that easy to go in and out. Should place a fitted seat for the senior.	

3. Living room

Item Name	Description	Status
Chair/Sofa	The chairs should be the right height that allow their foot can touch the floor.	
	Use transfer pole to assist with safe sofa/easy chair egress.	
	Avoid the chairs with wheels.	
Lights	Make sure that other lights are bright enough.	

	Add more floor lights or contact an electrician to install more overhead lighting.	
Smoke Alarm	Check the smoke alarm's batteries annually to make sure they work properly.	
Cabinet	Make sure the senior can reach all of your magazines, tissues and other household items instead of in overhead cabinets.	
Doorway/Hallway	Widen doorways and hallways.	
	Make sure the doorways and hallways are accessible.	
Vacuum cleaner	Seal the vacuum cleaner with a guard and always keep it dust free.	

4. Kitchen

Item Name	Description	Status
Storage	Make storage more accessible, using lazy Susan's and pull-out shelving.	
Small Appliances	Install automatic shutoffs on small electrical appliances.	
Kitchen Supplies	Place the kitchen supplies in easy-to-reach locations to minimize reaching and lifting heavy items. Keep knives, kitchen shears, and other sharp utensils safely stored.	
Dinner wear	Invest in unbreakable dinnerware to avoid injuries caused by broken glass.	
Toaster/Griller	Keep out of dementia patients as they tend to forget about turning it off. It's better to use auto turn off.	

5. Courtyard

Item Name	Description	Status
Entryway/Pathway	Make sure the entryway steps and pathways are free of obstacles, free of ice and snow in the winter.	
Pests	Make changes such as eliminating standing water where mosquitoes breed and sealing areas where wasps or hornets could make their nests.	
	Be sure to use pest repellent when your seniors will spend time outdoors and keep a long-distance wasp killing spray.	
Garden	Consider installing an accessible garden such as raised garden beds.	
Stairs	Install a ramp instead of the stairs when the senior has trouble climbing stairs.	
Mower	Keep the grass mower in a safe storage place as it's sharp and can harm people.	