

Mountsberg Conservation Area: hiking and maple syrup!!!

A story by Alvaro Palazuelos in the Mountsberg Conservation area, Ontario.



As a foreigner not used to Canadian culture, I didn't use to understand why anyone would like maple syrup. Why would anyone want to drink liquid sugar? Or at least that's what I thought it was. Until I had a good quality Canadian maple syrup over a pancake and my life changed forever. Not only I became addicted, but now I am forced to bring with me liters of maple syrup every time I go back to visit my family in Argentina. They couldn't help becoming addicted to it as well.



In March I went for a hike through the Mountsberg Conservation Area, because let's face it, as soon as temperatures hit above zero after a terrible winter as we had this year (January and February 2015) you just feel the need to go outside. Really nice area with many kilometers of trails. In this area I could enjoy many of the wonders of nature, not only the beautiful trails to hike through and watch birds, but also see how nature provides amazing things to us such as MAPLE SYRUP!

I didn't know that it takes 40 liters of tree sap, and a lot of work, to make just one liter of delicious maple syrup. It was amazing to eat pancakes with freshly made maple syrup. Completely worth going for a hike through the Mountsberg Conservation, exercise and burn some calories, and then receive this bounty of nature in the form of pancakes with maple syrup!