

08/01/25

Free Talk

Landslide -> 山体滑坡 (land + slide)

gambler 赌徒

Alcoholic 酒鬼

Tan 棕褐色、小麦色的 (肤色)

OR: 用作名词、动词, 或形容词

Freedom of speech 言论自由

Homework Analysis - Writing

Summary

Learning to sail develops valuable skills applicable beyond sailing. It enhances quick decision-making, ^{which is} crucial in many life situations. Sailing fosters teamwork, as crew members must collaborate efficiently, especially under changing weather conditions. Leadership skills are honed through clear ~~com~~ communication and instruction. Safety checks teach focus and responsibility. Observing experienced sailors improves adaptability and the ability to ~~take~~ ^{make} choice. ~~At~~ Multitasking, such as managing ropes and sails simultaneously builds self-confidence. Overall, sailing offers a ~~comprehensive~~ comprehensive learning experience that benefits personal and professional growth.

Leadership skills are honed
through clear communication and
instruction.

V

BUT make sure that you remember this word after using it!!!

V-T If you **hone** something, for example a skill, technique, idea, or product, you carefully develop it over a long period of time so that it is exactly right for your purpose. 磨砺

其他都总结得比较到位啦! ! 继续加油哇! (ง' - ')ง

IGCSE ESL Writing

Article

Not All Teenagers Should Be Forced to Exercise

Nowadays, many people ^{believe} believe that teenagers should develop good habits early, and one common suggestion is ~~doing~~ ^{it} regular exercise. Some argue that ~~exercising~~ ^{it} is fun and helps improve ~~our~~ health, while others believe it is too extensive or ~~(that~~ some teenagers should to ^{AGAIN???} exercise because some are not ~~phs~~ physically fit, and others may not enjoy it due to their personality.)

→ 建议省略, 或写得更简洁. ⇒ ...or unsuitable for certain teenagers due to physical or personal reasons

Firstly, not all teenagers are physically or ~~men~~ mentally ~~or mentally~~ suitable for doing exercise because some are not physically suitable for doing exercise. Some teenagers may have health problems such as asthma, joint pain, or injuries, which make physical activity difficult or even dangerous. Others may ^{suffer from} ~~have~~ low confidence or mental health issues, making it stressful to join group sports or participate in physical activities. For example, a student with anxiety

might feel overwhelmed in PE class or during team sports, which could harm their mental health ^{rather than} ~~instead of~~ helping ^{I AM CRYING!!} ~~the~~. Therefore, ^{forcing} ~~making~~ all teenagers do ~~exercise~~ ^{might} ~~can~~ lead to more harm than benefit for some individuals. ✓

Secondly, not every teenager has ^a ~~the~~ kind of personality that enjoys physical activities. Some ~~teenagers~~ may prefer calm, creative activities ~~and~~ such as painting, reading or playing an instrument. Forcing them to do sports may feel like a ^{Spoken English →} ~~punishment~~ ^{be perceived as a form of} ^{could result in} ~~lead to~~ dislike or resistance. For instance, a shy and introverted ^{teenager} ~~teen~~ may feel ^(extremely) uncomfortable when asked to play in a noisy, ~~and~~ competitive environment, ^{such as} like a basketball match. ^{Therefore,} ~~So,~~ instead of ~~requiring~~ everyone to exercise, schools should offer more choices that suit different interests and personalities. ✓

In conclusion, ~~while~~ ~~exercise~~ has many benefits, it should not be compulsory for every teenager. Health conditions, mental well-being, and personality ~~and~~ differences should all be considered. Encouraging a ~~healthy~~ lifestyle is ~~more~~ important, but it ~~should not be compulsory~~ should allow for flexibility and personal choice. ✓ Oswald

Title

Excellent!!!!

Introduction

Nowadays, many people <u>belive</u> that teenagers should develop good habits early, and one common suggestion is doing regular exercise.	Nowadays, many people <u>believe</u> that teenagers should develop good habits early, and one common suggestion is regular exercise.
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① 粗! 心! belive?

② doing regular exercise ➡ regular exercise

可以用名次词组代替, 更加简洁

Some argue that <u>exercising</u> is fun and helps improve <u>our</u> health, ...	Some argue that <u>it</u> is fun and helps improve health, ...
---	--

① exercising 在前面出现过了, 可以用代词代替, 减少重复

... or that some teenagers should not <u>to</u> exercise because some are not physically fit, and others may not enjoy it due to their personality.	... unsuitable for certain teenagers due to physical or personal reasons.
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① 因为开头已经很长了, 这段话可以再简洁点。

况且, 接下里的 body paragraph 1 会马上讲到第一个论点, 内容和 “some teenagers should not to exercise because some are not physically fit” 差不多

② should to exercise???

HELLO??? IT IS NOT THE FIRST TIME!!!

Body Paragraph 1

Others may have low confidence or mental health issues, making it stressful to join group sports or participate in physical activities...

Others may suffer from low confidence or mental health issues, making it stressful to join group sports.

① “may have” 前一句已经有了 (Some teenagers may have health problems...)，可以题换成别的动词 ➡ 词汇多样性

② “join group sports”也是 “participate in physical activities” 呀
二选一就好了

... which could harm their mental health instead of helping the.

... which could harm their mental health rather than/instead of helping them.

① 粗心 AGAIN

Body Paragraph 2

Forcing them to do sports may feel like a punishment and lead to dislike or resistance.

Forcing them to do sports may be perceived as a form of punishment and lead to dislike or resistance.

“feel like” ➡ Spoken English!!!

For instance, a shy and introverted teen may feel very...

For instance, a shy and introverted teenager may feel extremely...

“teen” ➡ Spoken English!!!

... competitive environment like a
basketball match.

... competitive environment, such
as a basketball match.

“like” ➡ Spoken English!!!

So, instead of requiring everyone to
exercise...

Therefore, instead of requiring
everyone to exercise...

“So” ➡ Spoken English!!!

Conclusion

Excellent!!!!

New Writing Task - In-class Practising

Your school/college is preparing a project about keeping animals in zoos.

Here are some comments from your friends on this topic:

"Most people have the chance to see endangered species in our zoos."

"Animals were born to be free and live naturally."

"We can study their behaviour better in captivity."

"No animals are happy in a cage."

Your teacher has asked you to write an article giving *your* views about the issue.

Your article should be about 100-150 words long.

The comments above may give you some ideas but you are free to use any ideas of your own.

You will receive up to 5 marks for the content of your article, and up to 5 marks for the style and accuracy of your language.

IDEAS

好:

① human: learn more about other animals that we can only see on

TV... ➡ 科普

② animal: they are safe... (躲避天敌) / endangered animals (物种繁

衍)

③ human: 科研价值

不好:

① human: 伤害饲养员 (动物园的工作人员)

② animal:

降低警惕 ➡ 没有对抗天敌的能力

Introduction:

Nowadays / In recent years, ...

① visiting zoos has become more and more popular. (background)

② 有很多讨论/争论 ➡ 动物该不该关在动物园

+

Zoo plays an important roles **on** (**in**) protecting the animals and educating the public. -> you express your opinion in this sentence!!! ➡

这句不能用在 background

Some people argue that, while others believe that (different opinions)

+

In my opinion, zoos provide more benefits than drawbacks. (your opinion)

Body Paragraph 1:

Point: 动物园给濒危动物提供了安全的生存环境

Explanation: 生存环境 ➡ 人类破坏/打不过天敌 ➡ 濒危（数量少） ➡ 动物园 ➡ 繁衍后代

Example: 大熊猫（四川大熊猫基地） ➡ 一级保护动物变二级？

Link/point: Therefore, ... 动物园有更多 benefit

Body Paragraph 2:

Point: 动物园 ➡ 科研（scientific research） ➡ 科普（public science / public understanding of science） ➡ wildlife protection

Explanation: 动物园 ➡ 提供机会 ➡ 观察动物 up close + 讲解 ➡ wildlife protection（awareness）

Example:

① 科学家 ➡ 研究动物习性等 ➡ 科普

② 我们参观动物园 ➡ 知道动物来源（栖息地）、习性等等

Point/Link: Therefore, ... 动物园有更多 benefit

Conclusion:

...

Homework 1 - ARTICLE

P9-10 的 Article

Homework 2 - Summary

12 Read the article about a drink called almond milk.

Write a summary about the advantages AND the disadvantages of almond milk and its production.

Your summary should be about 80 words long (and no more than 90 words long). You should use your own words as far as possible.

You will receive up to 6 marks for the content of your summary, and up to 6 marks for the style and accuracy of your language.

Almond milk

Look inside a supermarket shopping trolley and you may well see a bottle or carton of non-dairy milk – a drink that has been produced from something other than cows' milk. There's been a huge increase in these alternatives to regular cows' milk. They're made of water and finely blended nuts, beans or grains, including rice, soy and almond. The latter, compared with milk made from things like soy, has a lighter flavour, which many people prefer. This makes it one of the most popular milk substitutes.

Almonds in their natural form are very good for you. However, people are often surprised to find that many brands of almond milk contain only about 2% almonds. And while it's good to know that there is less sugar in almond milk than in cows' milk, there is also less protein, which is needed for building muscles and repairing the body's cells. Almond milk is very low in cholesterol, a substance which can lead to heart problems, giving people another reason to switch to almond milk.

Many of the almonds that are destined for milk production are grown on large farms in California, an area that experiences periods of drought. When we consider that it takes around an astonishing 5 litres of water to grow one almond, the issues caused by almond milk and its production become obvious. What is more, almond trees are often treated with chemicals, and these can have a damaging effect on the local wildlife. Despite these concerns, almond milk remains popular. And the fact that it doesn't need to be kept in a fridge before opening makes it a convenient choice for many.