10/24/25

Download a plugin 下载一个插件

Bed table/desk 床上小桌子

Sit up straight 坐直

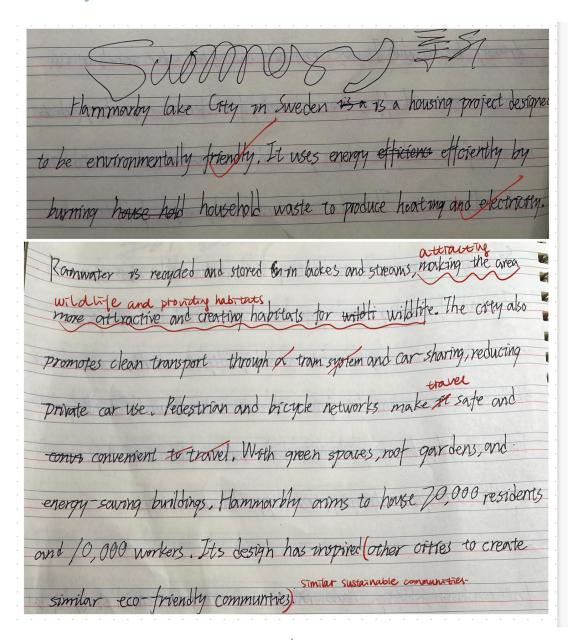Invisalign 隐适美

Dental night guard 睡眠护齿器/牙套

➡ grinding your teeth 磨牙 (动词)

Summary

Summary 学习

Hammarby lake City in Sweden ~~is a~~ is a housing project designed to be environmentally friendly. It uses energy ~~efficient~~ efficiently by burning ~~house hold~~ household waste to produce heating and electricity.

Rainwater is recycled and stored ~~in~~ in lackes and streams, making the area *attracting*
wildlife and providing habitats
more attractive and creating habitats for ~~wildli~~ wildlife. The city also promotes clean transport through ~~a~~ tram system and car sharing, reducing private car use. Pedestrian and bicycle networks make ~~it~~ *travel* safe and ~~conv~~ convenient ~~to travel~~. With green spaces, roof gardens, and energy-saving buildings, Hammarby aims to house 70,000 residents and 10,000 workers. Its design has inspired (other cities to create
similar sustainable communities.
similar eco-friendly communities).

..., making the area more attractive and creating habitats for wildlife.	..., attracting wildlife and providing habitats.

attractive 和 creating ➡ 一个形容词, 一个动名词, 不够统一

改成: 两个 "动名词+形容词" 结构 (attracting wildlife and providing habitats) , 更简短有力, 结构也统一

Pedestrian and bicycle networks make **it** safe and convenient **to travel**.	Pedestrian and bicycle networks make **travel** safe and convenient.

原句有点啰嗦，summary 要简洁

Its design has inspired other cities to create similar eco-friendly communities.	Its design has inspired similar sustainable communities.

summary 是概括主要影响或成果，而不是描述详细过程哦

除非题目说明要总结的内容是某个过程。

考试 Essay

The Importance of Digital Skills ~~over~~ Over Handwriting

Nowadays, there is an ongoing debate about whether it is still necessary to teach children the skill of handwriting. Some people argue that handwriting is an important basic skill, while others ~~belive~~ believe that it is no longer useful in today's digital world.

开头很棒. 但是你的 opinion 呢?

Firstly, digital literacy has become more important than handwriting. Children use computers, tablets, and phones for studying, communication, and even exams. Learning to type quickly and ~~effectively~~ efficiently helps them complete their work faster and prepares them for modern jobs that rely heavily on technology. Moreover, typing is more ~~important~~ convenient and saves time, which allows students to focus on improving their ideas rather than worrying about neat handwriting.

sentence 1 *sentence 2*
tasks *前后呼应*
excellent !!
都是形容词
time-saving

Secondly, handwriting lessons take up too much valuable ~~class~~ class time.

Instead of spending hours practising writing, students could focus on more important subjects such as coding, digital research, or science. ~~These~~ [because] These skills are more relevant ~~for~~ [to] future careers and real-world challenges.

摘写错误: Furthermore

Furthermore, by learning digital skills earlier, children can adapt more easily to a fast-changing, technology-driven society. 加精!!

In conclusion, although handwriting was once an essential skill, digital literacy is now far more practical. Schools should focus on preparing students for the digital age.

Title

Excellent!!!

Introduction

Awesome! BUT... where is your opinion?

复习：Introduction 段构成

① 【**background**】Nowadays, there is an ongoing debate about whether it is still **necessary** to teach children the skill of handwriting.

② 【**different opinions**】 Some people argue that handwriting is an

important basic skill, while others believe that it is no longer useful in today's digital world.

③ 【**Your opinion**】 In my opinion, handwriting is no longer essential for students.

Body Paragraph 1

【Children use computers, tablets, and phones for studying, communication, and even exams,】 （Learning to type quickly and effectively helps them complete their work faster and prepares them for modern jobs that rely heavily on technology. ）	Children use computers, tablets, and phones for studying, communication, and even exams. Learning to type quickly and efficiently helps them complete their work faster and prepares them for modern jobs that rely heavily on technology.

这里有两个完整句子哦！！注意标点符号的使用。

完整句子：➡ 看成分

1. 主+谓 I sleep.

2. 主+谓+宾 I finished my homework.

3. 主+系(系动词)+表 You are <u>handsome</u>! / You are a <u>student</u>.

4. 主+谓+宾+宾补（宾语补足语）I call you Forrest. / You keep the door open.

5. 主+谓+间接宾语+<u>**直接宾语**</u> I give you <u>**a pen**</u>.

Learning to type quickly and **<u>effectively</u>** helps them complete their work faster and prepares them	Learning to type quickly and **<u>efficiently</u>** helps them complete their work faster and prepares them

for modern jobs that rely heavily on technology.

for modern jobs that rely heavily on technology.

effectively 和 efficiently 的区别：

① effectively ➡ 有效地，能产生预期结果（有用）

② efficiently ➡ 高效地，以最少时间或精力完成任务（快）

*整个句子都是在讲效率的，比如 quickly、faster，efficiently 和前面两个词也能呼应上

<mark>练习：</mark>

The new software helps employees work <u>efficiently</u>, saving both time and effort.

The teacher explained the grammar rules so <u>effectively</u>, that every student understood.

If you manage your time <u>efficiently</u>, you can finish all your homework before dinner.

Moreover, typing is more convenient and **saves time**, **which** **allows** students to focus on improving their ideas rather than worrying about neat handwriting.

Moreover, typing is more convenient and **time-saving**, **allowing** students to focus on improving their ideas rather than worrying about neat handwriting.

① convenient 和 time-saving 都是形容词，这样结构更统一

*拓展：time-saving 的反义词 ➡ time-consuming / time-wasting

② which allows ➡ allowing 多写省略连接词的定语从句

Body Paragraph 2

These skills are more relevant **for** future careers and real-world challenges.

... **because** these skills are more relevant **to** future careers and real-world challenges.

OR：

..., which are more relevant **to** future careers and real-world challenges.

① These subjects指的是什么？？ ➡ coding、digital research、science。

*skills应该换成subjects （改的时候没发现，Forrest整理的时候记得改回来哦)

②

relevant /ˈrɛlɪvənt/ ★★☆☆☆ | CET4 TEM4

ADJ Something that is relevant to a situation or person is important or significant in that situation or to that person. 相关的
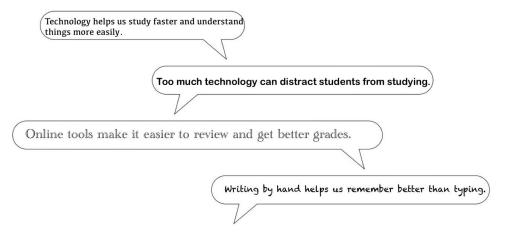
注意介词的搭配！Be relevant to

Conclusion

很棒!

New Writing Task - In-class Practising

Exercise 6

14 In your class, you recently discussed whether the increasing use of technology in schools helps students achieve better grades.

Here are some comments from your classmates:

> Technology helps us study faster and understand things more easily.

> **Too much technology can distract students from studying.**

> Online tools make it easier to review and get better grades.

> Writing by hand helps us remember better than typing.

Write an article for your school magazine, giving your views.

The comments above may give you some ideas, and you can also use some ideas of your own.

Your article should be between 100 and 150 words long.

You will receive up to 6 marks for the content of your article, and up to 6 marks for the language used.

IDEAS

支持

① 增加课堂互动

② 提供更多解题思路

不支持

① 分心

② 作弊

① In recent years, technology has become an essential part of education.

② Some argue that technology can distract people from studying, while others agree that it can assist students in different subjects.

③ In my opinion, technology can improve students' grades/academic performance (+when used wisely).

Body Paragraph 1:

Point: Class ➡ active / interactive / flexible / entertaining

Firstly, technology allows students to study in more **interactive, flexible and entertaining** ways.

OR: One major advantage of technology in education is that technology allows students to study in more interactive, flexible and entertaining ways.

Explanation:

online learning platforms → make class more interactive / flexible / fun

increase classroom interaction → more student participation

students → more focused / active in class

understand lessons more clearly → teachers' support online

easier to review / practise after class

better understanding → achieve better grades

Example:

Kahoot / Quizlet / Google Classroom...

Link/point:

...

Body Paragraph 2:

Point:

Secondly, technology provides students with more ways to solve problems.

Explanation:

in class → teachers' time / explanation → limited

can't help every student / can't answer all questions

some difficult questions → not explained in class

use AI (Artificial Intelligence) → get extra help

AI → answer daily practice questions → show different solutions

learn new problem-solving methods → from AI

understand better → improve / achieve better grades

Example:

Chatgpt、小猿搜题（请解释这是什么）

Point/Link:

...

Conclusion:

In conclusion / To conclude / In summary / To summarize / All in all / As stated above, ...

Homework 1 - ARTICLE

完成 P9-11 的 Article

Homework 2 - Summary

Write a summary about how to be good at telling jokes.

Your summary should be about 80 words long (and no more than 90 words long). You should use your own words as far as possible.

You will receive up to 6 marks for the content of your summary, and up to 6 marks for the style and accuracy of your language.

How to be funny!

I love comedy. In fact, I'd love to be a comedian – but I'm not sure I'd be funny enough. So, when I heard about a one-day course on comedy, I decided to go along.

We began by talking about comedians we liked, and what makes them funny. We all agreed they obviously believe in the jokes they are telling. We also shared a few of our favourite jokes. And while we were telling them, we realised that something we all did was to pause briefly before saying the final part of the joke. Our tutor confirmed that's a good technique.

Then came the real challenge. We had to go out into the town centre, in pairs, and take it in turns to tell jokes to strangers. While one of us told a joke, the other one filmed it. I walked up to a woman and began: 'Why do giraffes have such long necks?' She looked at me strangely and walked away. I then thought about our tutor's advice, that we should consider the audience when choosing which jokes to tell. Maybe a child would find this joke funnier?

Back in the classroom, the tutor gave us some tips after she'd studied the recordings of our joke-telling. I was first. She pointed out that I looked nervous – it's important to relax. She also suggested that I vary my voice more, for example going from quiet to loud, or from high to low. I decided to try out both suggestions. One woman on the course was praised for the way she looked directly at her audience – in this case, a mother and father with two children. The tutor also mentioned that another person on the course started laughing as soon as he'd finished his joke. We all agreed it's better not to do this – people are less likely to laugh at a joke if the joke-teller starts laughing first.

We finished with some general advice – to practise a lot. So, if you'd like to practise telling the giraffe joke, you'll need to know the ending. Wait for it: 'Because they have really smelly feet.'