A simulation study to compare ²¹⁰Pb dating data analyses

Abstract

The increasing interest to understand anthropogenic impacts on the environment have led to a considerable amount of studies that focus on sedimentary records of ~ 100 - 200 years. Dating this period is often complicated by the poor resolution and large errors associated with radiocarbon (14C) ages, which is the most popular dating technique. Instead, sediment dating with lead-210 (2 10Pb) is widely used it provides absolute and continuous dates for ~ 100 – 150 years. The 2 10Pb dating method has traditionally relied on the Constant Rate of Supply (CRS, also known as Constant Flux - CF) model which uses the radioactive decay equation as a age-depth relationship resulting in a restrictive model to approximate dates. In this work, we compare the classical approach to 2 10Pb dating (CRS) and its Bayesian alternative (Plum). For this, we created simulated 2 10Pb profiles following three different sedimentation processes, complying the assumptions imposed by the CRS model, and analysed them with both approaches. Results indicate that the CRS model does not capture the true values even when the sediment is entirely dated, nor improves its accuracy as more information is available. On the other hand, the Bayesian alternative (Plum) provides consistently accurate results even with few samples, and its accuracy and precision constantly improves as more information is available.

Keywords: Plum, Age-depth models, Chronology, Constant Rate of Supply, Comparison.

^{*}Centro de Investigación en Matemáticas (CIMAT), Jalisco s/n, Valenciana, 36023 Guanajuato, Gto, Mexico. email: aquino@cimat.mx

 $^{^{\}dagger} \textsc{Corresponding author.}$

[‡]GEOTOP Research Centre, Université du Québec à Montréal, Montréal, Québec, H2X 3Y7, Canada. email: sanderson.nicole@uqam.ca

[§]School of Natural and Built Environment, Queen's University Belfast, Belfast, BT7-1NN, UK. email:maarten.blaauw@qub.ac.uk

[¶]Centro de Investigación en Matemáticas (CIMAT), Jalisco s/n, Valenciana, 36023 Guanajuato, Gto, Mexico. email: jac@cimat.mx

1 Introduction

Lead-210 (²¹⁰Pb) is a radionuclide,part of the ²³⁸U decay chain, which forms naturally in the atmosphere as well as in sediments. This isotope, with a half-life of 22.23±0.12 years, is commonly used to date recent recently accumulated sediments (< 150years). Unlike to other dating techniques such as ¹⁴C (radiocarbon dating), using a single measurement of ²¹⁰Pb is not possible for dating; it is only when a suitable portion of the excess-²¹⁰Pb decay curve (total inventory) is measured and with certain assumptions about the sedimentation process are met that a chronology can be established. In recent decades, increasing amounts of palaeoecological and pollution studies have focused on recent sediments (e.g., Mustaphi et al., 2019) in order to evaluate human impacts on the environment. These studies strongly rely on the accuracy of their chronologies in order to correctly assign dates to chemical, biological and ecological changes. That is, unlike other dating techniques, an analysis of a series (data set) of ²¹⁰Pb measurements must be carried out in order to obtain meaningful dates. In a lake sediment, or any other, sedimentation process, samples are taken along a core at different depths, from which ²¹⁰Pb activity is measured. The whole series of ²¹⁰Pb measurements need to be analyzed to attempt to produce a coherent chronology, see Aquino-López et al. (2018).

A range of traditional data analyses, or so called "models", are available for dating recent sediment using ^{210}Pb , Constant Initial Concentration (CIC, Goldberg, 1963), also known as Constant Activity (CA, Robbins and Edgington, 1975), the Constant Flux: Constant sedimentation (CFCS, Crozaz et al., 1964) and the Constant Rate of Supply (CRS, Appleby and Oldfield, 1978; Robbins, 1978; Sanchez-Cabeza and Ruiz-Fernández, 2012) also known as the Constant Flux model (CF). The CRS model is by far the most popular (see Figure 1) and has the most flexible assumptions. It assumes a constant supply of atmospheric ^{210}Pb (also known as excess ^{210}Pb) to the sediment and allows for changes in the sedimentation rate. In order to build a chronology, the CRS model uses a ratio between the complete "inventory" (the excess- ^{210}Pb activity accumulated in the sediment column, between the surface and the equilibrium depth, where excess- ^{210}Pb can no longer be found) and the remaining inventory from depth x to the previously defined equilibrium depth, $(t(x) = \frac{1}{\lambda} \log \left(\frac{A_0}{A_x}\right)$, where A_0 is the complete inventory and λ the decay constant of the $^{210}\text{Pb} \approx 0.03118 \pm 0.00017 \text{ yr}^{-1}$).

Other, more restrictive, models such as CFCS and CIC also requiere the assumption of a constant flux of ²¹⁰Pb as well as other assumptions of the sedimentation process, as well as that of a constant supply of ²¹⁰Pb. The flexibility of the CRS model, regarding its assumptions, comes at the cost of the need to measure a sufficient portion of the inventory or the use of interpolation in order to properly estimate the complete inventory of ²¹⁰Pb in the sediment.

The CRS model has undergone several revisions in the last decade in order to improve its accuracy and applicability. There are two types of revisions to this model: (1) revisions to its uncertainty estimates (eg. Binford, 1990; Appleby, 2001; Sanchez-Cabeza et al., 2014) and (2) to its application where extra information is available, such as external independent dating markers (e.g. ¹³⁷Cs profiles), laminated sediments, tephras,

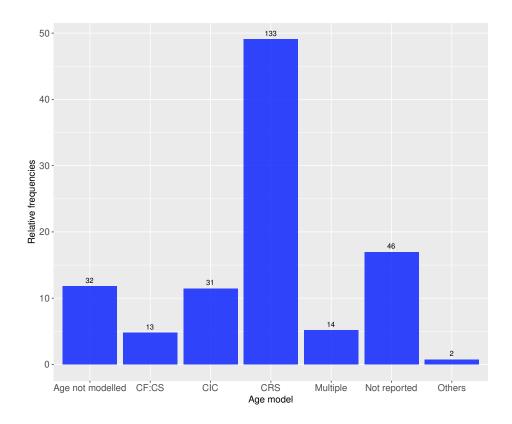


Figure 1: Frequency of ²¹⁰Pb dating models used in papers between 1964 and 2017. Data gathered by Mustaphi et al. (2019) from a literature review of 271 papers. The models include CF:CS model (The Constant Flux - Constant Sedimentation; Robbins, 1978), CIC (Constant Initial Concentration) (Goldberg, 1963; Crozaz et al., 1964; Robbins, 1978) and CRS - (Constant Rate of Supply; Appleby and Oldfield, 1978; Robbins, 1978).

contaminated layers (known sedimentary events) (Appleby, 1998, 2001, 2008, eg.).

A recent inter-laboratory model comparison experiment (Barsanti et al., 2020) presented concerning results. A series of ²¹⁰Pb measurements were send to 14 laboratories around the world. Each laboratory was ask to provide a chronology, given the same data, it is important to note that each laboratory applied their preferred model, in most cases the CRS model was calculated. This experiment resulted in a wide range of chronologies, independently of the model used, providing different chronologies even when the same model and dataset was used. The authors reinforced the need to use of independent time markers (independent dating sources) to validate of the chronologies as suggested in previews studies (Smith, 2001). This research clearly and critically shows the impact that user decisions have on the resulting chronologies, which becomes extremely important when trying to replicate and/or update the resulting chronologies. This requires not only need access to the raw data but also to every user decision leading to the resulting chronology; unfortunately, these raw data sets and decisions are rarely reported.

Recently Aquino-López et al. (2018) presented an alternative to these classical models, by introducing Plum, a Bayesian approach to ^{210}Pb dating. This model treats every data point as originating from a forward model that includes both the sedimentation process and the radioactive decay process. It also incorporates an important variable to the inferred processes, namely, the levels of supported ^{210}Pb , which naturally forms in the sediment and is normally threaded as a hindrance variable. Plum assumes that there exists an (unknown) age-depth function t(x) that relates depth x with calendar age t(x). Conditional on t(x), the following model is assumed for the measured ^{210}Pb y_i between depths $x_i - \delta$ to x_i

$$y_i \mid P_i^S, \Phi_i, \bar{t} \sim \mathcal{N}\left(A_i^S + \frac{\Phi_i}{\lambda} \left(e^{-\lambda t(x_i - \delta)} - e^{-\lambda t(x_i)}\right), (\sigma_i \rho_i)^2\right).$$
 (1)

Here A_i^S is the supported ²¹⁰Pb in the sample and Φ_i the supply of excess ²¹⁰Pb to the sediment, see Aquino-López et al. (2018) for details. The age-depth model t(x) is based on a piece-wise linear model constrained by prior information on the sediment's accumulation rates (Blaauw and Christen, 2011).

This treatment of the data allows for a formal statistical inference and by using a Bayesian approach all the parameters of the model can be inferred. This differs from the CRS model as the latter uses the decay equation to obtain the age-depth function resulting in a more restrictive age-depth model, removes assumed values of supported ²¹⁰Pb before modelling, and does not provide a formal statistical inference. *Plum* has shown to provide accurate results with a realistic precision depending on the different case scenarios (Aquino-López et al., 2018, 2020) - both in simulations as well as for real cores. Under optimal conditions *Plum* and the CRS model have shown to provide similar results (Aquino-López et al., 2020), with *Plum* providing more realistic uncertainties, with minimal user interaction.

Blaauw et al. (2018) presented a comparison between classical and Bayesian age-depth models construction, both for real and simulated ¹⁴C-dated cores. They concluded that Bayesian age-depth models provide a more accurate result and more realistic uncertainties under a wide range of scenarios. The objective of this study is to test whether the results obtained by Blaauw et al. (2018), concerning the accuracy and precision of the Bayesian approach, are maintained in a more complex modelling situation, such as the construction of ²¹⁰Pb-based age-depth models. In this study, we compare ²¹⁰Pb dates and uncertainties from the widely applied CRS model (by far the most popular age-depth model for ²¹⁰Pb) against *Plum* using simulated cores, i.e. sedimentation "scenarios". We also wish to observe the learning process of each of the models and estimate the amount of information is needed to obtained a reasonable chronology for each model.

Provided that the CRS model has several alterations, as shown by Barsanti et al. (2020), we decided to apply the original version provided by Appleby (2001), with its suggested error propagation calculation. We acknowledge that this version may be the less suitable for some particular cases and then expert knowledge can greatly improve the precision and accuracy of the model. Provided that there are so many alterations of the CRS model and that the objective of this study is to observe the behaviour of both models with minimal user interaction, the use of the original equations is the most sensible alternative.

The paper is organized as follows: first section sets the tools for the comparison, it describes the sim-

ulations of the three different scenarios and we described a parameter which will facilitate the comparison called information percentage. Section 3 describes the comparison for both the overall chronologies and by single depths. Lastly section 4 presents the conclusions and discussion of the results obtained in section 3.

2 Experiment Setup: Simulations

In order to observe the accuracy and precision of any model, a known true age-depth function is required. Blaauw et al. (2018) presented a methodology for simulating radiocarbon dates and their uncertainties, while Aquino-López et al. (2018) presented an approach for simulating 210 Pb data given an age-depth function t(x). It is important to note that these simulations follow the equations presented by Appleby and Oldfield (1978); Robbins (1978) guaranteeing that the CRS assumptions are met. By using the approach presented by Aquino-López et al. (2018) for simulating 210 Pb data and the structure of uncertainty estimation presented by Blaauw et al. (2018), reliable 210 Pb simulated data can be obtained.

2.1 Simulation Construction

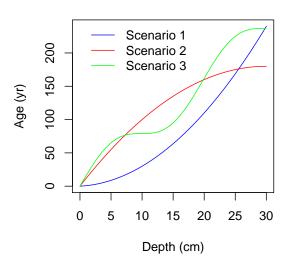
Three different scenarios (see Table 2.1) were chosen to simulate sedimentation processes, including with their own age-depth functions and parameters. These scenarios were selected as they provide three key challenges for the models: Scenario 1 presents an age-depth function which is the result of increasing sedimentation and less compaction towards present (surface), this is quite common for recent sediments; Scenario 2 presents a challenging core structure as the function has a drastic and rapid shift in sediment accumulation around depth 15 cm depth; and lastly Scenario 3 presents a cyclic and periodic change in accumulation rates. Using the age-depth functions and defined parameters defined in Table 2.1, we obtain the ²¹⁰Pb activity, or concentration, at any given depth or interval by integrating the age-depth curve for that interval. Although these concentrations may be interpreted as error-free measurements (see Figure 2), we replicated the ²¹⁰Pb activity uncertainty, following a similar methodology to Blaauw et al. (2018). This methodology was chosen as it introduces different sources of uncertainty related to different steps of the measurement process. Even if other uncertainty methodologies could be used, but as longest the same methodology and uncertainty is provided to both models the comparison remains valid.

Label	Age-depth	Φ	Supported $^{210}\mathrm{Pb}$		
	function $t(x)$	$\left(\frac{Bq}{m^2yr}\right)$	$\left(\frac{Bq}{kg}\right)$		
Scenario 1	$\frac{x^2}{4} + \frac{x}{2}$	100	10		
Scenario 2	$12x2x^2$	50	25		
Scenario 3	$8x + 25\sin(\frac{x}{\pi})$	500	15		

Table 1: Simulated age-depth function and parameters used in each scenario

Postulated age-depth models

Resulting 210Pb profiles



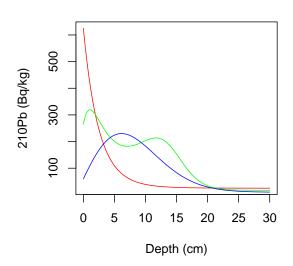


Figure 2: Simulated sedimentation scenarios with their corresponding ²¹⁰Pb profiles. Left: Age-depth functions for the three different scenarios (Table 2.1). Right: Corresponding ²¹⁰Pb activity profiles in relation to depth.

Let $C_{\hat{x}}$ be the true ²¹⁰Pb concentration in the interval $\hat{x} = [x - \delta, x)$, given the age-depth function t(x) and parameters Φ and A^S in each scenario. To simulate disturbances in the material, we can introduce scatter centred around the true value, $\theta \sim \mathcal{N}\left(C_{\hat{x}}, y_{scat}^2\right)$, where x_{scat}^2 is the amount of scatter for this variable (in this case $y_{scat}^2 = 10$). Now, to replicate outliers, a shift from the true value (x_{shift}) is defined, which occurs with a probability p_{out} . This results in a new variable θ' which is defined as

$$\theta' = \begin{cases} \mathcal{U}(\theta - x_{shift}, \theta + x_{shift}), & p_{out} \\ \theta, & 1 - p_{out} \end{cases}$$
 (2)

Finally, to simulate the uncertainty provided by the laboratory, we can define the simulated measurements as $y(\theta') \sim \mathcal{N}\left(\theta', \sigma_R^2\right)$, where σ_R is the standard deviation reported by the laboratory. σ_R is defined as $\sigma_R = \max\left(\sigma_{min}, \mu(\theta') \in y_{scat}\right)$, where σ_{min} is the minimum standard deviation assigned to a measurement. This variable differs between laboratories, we use a default value of 1 Bq/kg. Finally, ε is the analytical uncertainty (default .01) and y_{scat} an error multiplier (default 1.5). The default parameters were set in accordance with Blaauw et al. (2018).

For this this study we created a data set for each of the three simulation by integrating in intervals of $\delta = 1$ cm, for depths from 0 to 30 cm where radioactive equilibrium was guaranteed (Aquino-López et al., 2018). The complete simulated ²¹⁰Pb data sets can be found in the Supplementary Material 5.

2.2 Model consideration

In order to create a comparison with minimal each model will be run in an automatic matter. In the case of *Plum*, automatic settings will be used in order to minimize user interaction. As the CRS model assumes that background has been reached, in order to reduce user manipulation, we decided to fix the last sample (30 cm depth) for every case. This step not only guarantees the consistent application of the CRS model, it also provides the model with a single bottom-most depth to be removed as it is common practice when using the CRS model. Because of this, *Plum*'s resulting chronology will always reach 30 cm and as default 1 cm bacon sections will be used for every simulation. On the other hand, the CRS model only models the excess ²¹⁰Pb (the total ²¹⁰Pb minus the supported ²¹⁰Pb), because of this if certain excess activities fall below zero, the chronology will only be calculated up to such depth. Regarding the supported ²¹⁰Pb, *Plum* deals with this variable as part of the inference and it only requires a user decision if it should be calculated at every depth or as constant throughout the core. In order to provide the best possible estimate for this variable, for both models, a constant level of supported ²¹⁰Pb was assumed. For the CRS model, the mean of the supported ²¹⁰Pb estimated was calculated and then subtracted from the total ²¹⁰Pb to obtain the excess ²¹⁰Pb, as it is common practice when using the CRS model.

In order to provide an objective comparison we will calculated the offset to the true age-depth model (in yr), length of the 95% intervals (in yr), as well as normalized accuracy indicating the distance of modelled ages from the true value given the model's own uncertainty at each depth. The main discussion will revolve around the normalized offset as it provide a intuitive measure for the accuracy a model by taking into account the levels of uncertainty provided by each model.

3 Model Comparison

To allow for a reasonable comparison between models, and to evaluate the effect that different amount of information may have on the accuracy and precision of ²¹⁰Pb models, we used our three simulated data sets (see Supplementary Material 5). For these simulated cores, samples were randomly created given a percentage of information (e.g. for a 20% information data set, 6 random 1-cm samples were selected of a possible total 30 1-cm samples). 100 of these samples were randomly created for information percentages from 10% to 95% at 5% intervals (i.e., 10%, 15%, 20%,...,95%), the complete sample was also used (i.e 100% percentage of information sample). After a random sample was selected, both the CRS model and *Plum* were applied to the data set. To have an objective comparison, both models were run with their default configuration (*Plum* with default settings and CRS estimates and uncertainties as described in Appleby (2001)). Both sets of outputs were then compared against the true known age value.

Figure 3 shows an example of the comparison between the 210 Pb models against the true value. As we are dealing with a total of n=5333 simulations, in order to evaluate the overall precision and accuracy of

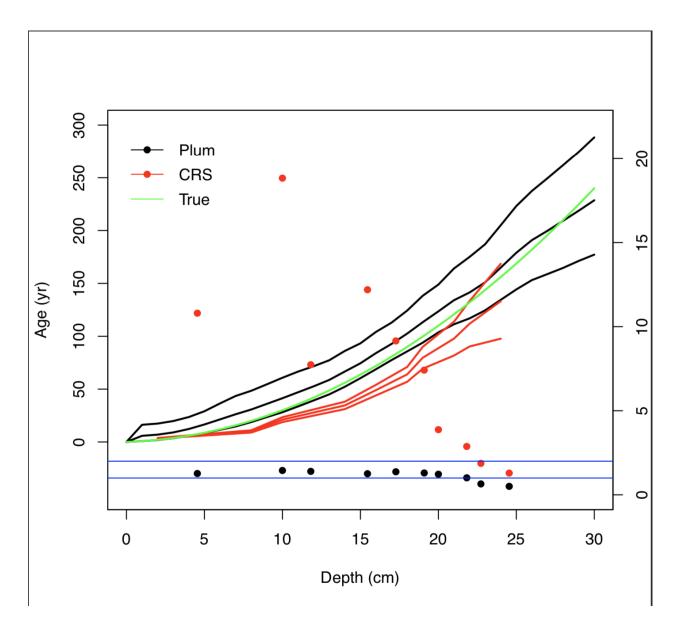


Figure 3: Comparison between *Plum* and the CRS model against the true age-depth model using 50% of the information percentage (using 1-cm samples at depths 2, 8, 10, 14, 16, 18, 19, 21, 22, 24, 25, 27, 28, 29, 30). Lines show the age estimates with the 95% credible intervals (*Plum*) and the 95% confidence interval (CRS). Dots show the normalized offset, distance between the inferred age and the true age in relation to the standard error (the standard deviation in the case of the CRS and the length of the confidence interval divided by 4 in the case of *Plum*). Vertical right axis shows how many standard deviations is each model from the true age.

both models, we decided to calculate the mean offset to the true age-depth model (in yr), the mean of length of the 95% intervals (in yr), as well as the mean normalized accuracy indicating the distance of modelled ages from the true value given the model's own uncertainty at each depth.

Figure 4 show results similar to those presented by Blaauw et al. (2018). The classical model (CRS) at first appears to provide a similar results (similar offsets) to the Bayesian alternative (*Plum*), but at higher estimated precision (if we only look at the length of the 95% interval). These results can be misleading if we do not consider both the effects of both the offset and length of the interval together. To have a more realistic representation of how the models capture the true age-depth models relationship, we should observe the normalized offset. This variable shows the degree the average models contain the truth within their uncertainty intervals (normalized to one standard deviation). Any model with a normalized offset larger than two (two standard deviations) is incapable of capturing the true ages within its uncertainty intervals. This means that, while the CRS estimates smaller uncertainties, it does so at the cost of its accuracy. It also appears that the length of the 95% interval and offset are not affected by how much information is provided to the CRS model.

On the other hand, *Plum* seems to provide increasingly accurate results as more information is added to the model. This again coincides with the results outlined by Blaauw et al. (2018). When we observe the regular offset (not normalized), we find that *Plum* provides a smaller offset in comparison to the CRS model; this in combination with slightly larger modelled uncertainties results in more consistently accurate age-depth models which are capable of capturing the true values within their uncertainty intervals. This result supports the claim that *Plum* provides more realistic uncertainties than those of the CRS. Another important statistic to take into account is that 87.86% (4686/5333) of *Plum*'s runs remain within the 2 standard deviations, opposed to 7.48% (399/5333) for the CRS model. Furthermore, only 0.54% (29/5333) of the CRS model runs remain under the 1 standard deviation, which is the most commonly reported interval when reporting CRS results. We can also observe a clear structure in the way that *Plum* increases its accuracy and precision to obtain a better chronology as more information is available, whereas the CRS model does not appears to improve its capability of capturing the true value from additional data.

These results are presented for the overall chronology (the mean offset, interval and normalized offset of the overall chronology). In order to evaluate whether certain models are better predicting ages at certain section of the sediment cores, we have to look at the normalized offset of every depth.

Figure 5 shows the normalized accuracy of every simulation according to depth for both models. *Plum* shows a clear learning structure which depends on the information available to the model. The information percentage appears to be irrelevant to the normalized accuracy of the CRS model, contrary to the results obtained by *Plum*. It is important to note that the inaccuracies of the CRS model are not exclusive to any particular sections of the chronology; this is most likely driven by the small uncertainties estimated by the CRS model. See below for a discussion of how *Plum* behaved in sedimentation simulation 2.

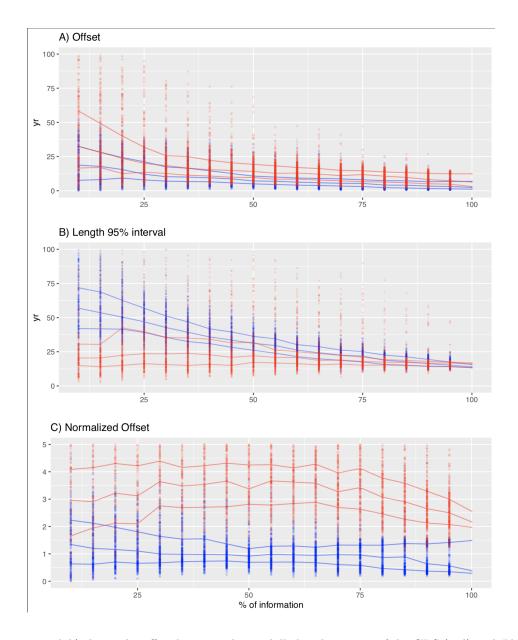


Figure 4: Top panel A) shows the offset between the modelled and true age of the CRS (red) and *Plum* (blue). This panel shows how *Plum* provides a small offset in almost every scenario with both models improving their offset as more information is available. Middle panel B) shows the 95% confidence intervals. It is clear, from this panel, than the uncertainty provided by *Plum* is a lot bigger for low percentage of information and it constantly improves as more data is available, whereas the length of the intervals provided by the CRS appear to stay constant regardless of the available information. Bottom panel C) shows the normalized offsets, presenting the distance between the modelled age and the true age normalized divided by the standard deviation (in the case of *Plum*, the length of the 95% interval divided by 4). This panel presents a worrying situation where the CRS model's calculated standard deviation (on average) is incapable of of capturing the true age. On the other hand, *Plum*'s credible intervals almost always capture the true age even when little information is available.

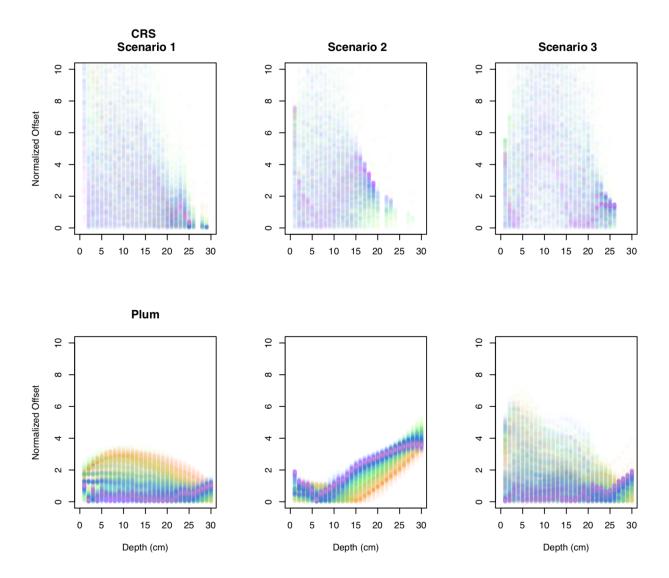


Figure 5: Normalized offset of every sampling sample at every depth for the three simulated scenarios - CRS age estimates at samples depths and *Plum*'s age estimates at 1 cm intervals. Dots go from lowest information percentage samples (few dated depths; red) to high percentage samples (nearly completely dated cores; purple). The CRS's normalized offset shows no structure at any particular depth regardless of the available information. This means that the model can provide a reasonable chronology with low levels of information or a very inaccurate age estimate with high levels of information at any given depth resulting in a distrustful age-depth model. On the other hand, *Plum* demostrares a systematic improvement in its age estimates as more data is available. This results assures that a Bayesian approach would consistently provide more reliable results.

4 Discussion and Conclusions

These results clearly show concerning considerations regarding the CRS model. Aquino-López et al. (2018) proposes that the bias related to the CRS model is the product of the use of a logarithmic function for the age-depth model. It is also evident from these results that the CRS model's uncertainty estimates are not sufficient to capture the true age-depth function. This is an important point given the fact that it is common practice among the ²¹⁰Pb dating community to report credible intervals to one single deviation, instead of the 95% confidence intervals, which have become the norm in most other chronological reconstructions. Other confidence intervals can be calculated for this model but as Sanchez-Cabeza et al. (2014) mentioned these intervals are "were sensibly smaller" by error propagation (Appleby, 2001) which is of concern.

It is important to note that given the number of modifications to the core CRS model as well as the numerous ways of calculating the uncertainty of the model, it is impossible to come to definite conclusion of the actual accuracy of the CRS model. These results centred on a minimal user interaction with minimal modification of the method. Revisions such as those presented by Sanchez-Cabeza and Ruiz-Fernández (2012) may provide better results but using any particular modification would take form the general objective of this paper which was to provide a comparison with minimal interaction. CRS models which are analysed by an expert have shown to provide accurate results as shown by Aquino-López et al. (2020), where the only discussion lies on the unrealistic uncertainties provided by the model, where low levels of information are provided.

Previous work on model comparison (Barsanti et al., 2020) has shown the problems with the variability of ²¹⁰Pb dating results from different users, even when the same or similar models are applied to a single data set. In our study, user input was reduced to the minimum in an effort to show the potential effects that different percentage of information have on the resulting chronology. The results of this experiment confirm that the CRS model can provide extremely different results with data originating from the same data set, even while the effect of user input is mitigated. Figure 4 showed that the CRS model appears not to learn from using more data, which may be a result of the unrealistic uncertainty provided by the method. This explains why over the years, many authors have specially insisted in the use of other dating techniques to validate the chronologies provided by the CRS model (Sanchez-Cabeza and Ruiz-Fernández, 2012; Barsanti et al., 2020; Aquino-López et al., 2020). Even when validation is recommended in any dating methodology, this results support the insistence to always validate ²¹⁰Pb dating with independent dating techniques.

On the other hand, *Plum* shows a consistently accurate result by capturing the true values within the 95% credible intervals for most of the simulated sampling strategies. It is important to note that one of the big advantages of *Plum* is its increase in accuracy and precision as more data becomes available. In the case of scenario 2, we observe that *Plum* appears to behaves worse as more data is available, which would be of concern if we did not take into consideration that this sedimentation simulation was extremely unusual in the real world and also if users would not double check the resulting chronologies. If more information is

available about the core or the sediment, such as ²¹⁰Pb influx rates, prior sedimentation rates or independent dating marker, this information can easily be implemented as prior information in *Plum*, and this will result in a much better chronology. It is also important to note that even when *Plum* performs less well in this specific case, it is providing a much better chronology in upper first 10-15 cm of the core than that of the chaotic CRS age-depth model model.

In conclusion, the use of CRS can only be recommended if users may validate their chronology with external dates as the ¹³⁷Cs time markers or other time markers. If not additional information is available for this validation, the use of *Plum*, the Bayesian approach, is still valid, specially if provide it with as as many ²¹⁰Pb measurements as possible (at least 60% of the available information of the core). Even so, additional dating information may also be formally included in *Plum* to improve the resulting chronology (Aquino-López et al., 2018, 2020).

References

- Appleby, P. (2008). Three decades of dating recent sediments by fallout radionuclides: a review. *The Holocene*, 18(1):83–93.
- Appleby, P. and Oldfield, F. (1978). The calculation of lead-210 dates assuming a constant rate of supply of unsupported 210pb to the sediment. *Catena*, 5(1):1–8.
- Appleby, P. G. (1998). Dating recent sediments by Pb-210: Problems and solutions. *Proc. 2nd NKS/EKO-1 Seminar, Helsinki, 2-4 April 1997, STUK, Helsinki*, pages 7–24.
- Appleby, P. G. (2001). Chronostratigraphic techniques in recent sediments. Tracking Environmental Change Using Lake Sediments: Basin Analysis, Coring, and Chronological Techniques, pages "171–203".
- Aquino-López, M. A., Blaauw, M., Christen, J. A., and Sanderson, N. K. (2018). Bayesian analysis of 210pb dating. *Journal of Agricultural, Biological and Environmental Statistics*, 23(3):317–333.
- Aquino-López, M. A., Ruiz-Fernández, A. C., Blaauw, M., and Sanchez-Cabeza, J.-A. (2020). Comparing classical and bayesian 210pb dating models in human-impacted aquatic environments. *Quaternary Geochronology*, 60:101106.
- Barsanti, M., Garcia-Tenorio, R., Schirone, A., Rozmaric, M., Ruiz-Fernández, A., Sanchez-Cabeza, J., Delbono, I., Conte, F., Godoy, J. D. O., Heijnis, H., Eriksson, M., Hatje, V., Laissaoui, A., Nguyen, H., Okuku, E., Al-Rousan, S. A., Uddin, S., Yii, M., and Osvath, I. (2020). Challenges and limitations of the 210pb sediment dating method: Results from an IAEA modelling interlaboratory comparison exercise. Quaternary Geochronology, 59:101093.

- Binford, M. W. (1990). Calculation and uncertainty analysis of ²¹⁰Pb dates for PIRLA project lake sediment cores. *Journal of Paleolimnology*, 3:253–267.
- Blaauw, M. and Christen, J. A. (2011). Flexible paleoclimate age-depth models using an autoregressive gamma process. *Bayesian Analysis*, 6(3):457–474.
- Blaauw, M., Christen, J. A., Bennett, K., and Reimer, P. J. (2018). Double the dates and go for Bayes—impacts of model choice, dating density and quality on chronologies. *Quaternary Science Reviews*, 188:58–66.
- Crozaz, G., Picciotto, E., and de Breuck, W. (1964). Antarctic snow chronology with pb210. *Journal of Geophysical Research*, 69(12):2597–2604.
- Goldberg, E. D. (1963). Geochronology with pb-210. Radioactive Dating, pages 121–131.
- Mustaphi, C. J. C., Brahney, J., Aquino-López, M. A., Goring, S., Orton, K., Noronha, A., Czaplewski, J., Asena, Q., Paton, S., and Brushworth, J. P. (2019). Guidelines for reporting and archiving 210pb sediment chronologies to improve fidelity and extend data lifecycle. *Quaternary Geochronology*, 52:77–87.
- Robbins, J. (1978). Geochemical and geophysical applications of radioactive lead. The biogeochemistry of lead in the environment, pages 285–393.
- Robbins, J. A. and Edgington, D. (1975). Determination of recent sedimentation rates in lake michigan using pb-210 and cs-137. *Geochimica et Cosmochimica Acta*, 39(3):285 304.
- Sanchez-Cabeza, J. A. and Ruiz-Fernández, A. C. (2012). 210Pb sediment radiochronology: An integrated formulation and classification of dating models. *Geochimica et Cosmochimica Acta*, 82:183–200.
- Sanchez-Cabeza, J. A., Ruiz-Fernández, A. C., Ontiveros-Cuadras, J. F., Pérez Bernal, L. H., and Olid, C. (2014). Monte Carlo uncertainty calculation of 210Pb chronologies and accumulation rates of sediments and peat bogs. *Quaternary Geochronology*, 23:80–93.
- Smith, J. N. (2001). Why should we believe 210pb sediment geochronologies? *Journal of Environmental Radioactivity*, 55(2):121 123.

5 Supplementary Material

Data for each simulation and code used is hosted at: https://github.com/maquinolopez/Paper_Simulations

Label	Depth	Density	210Pb	sd(210Pb)	Thickness	226Ra	sd(226Ra)
	(cm)	(g/cm^3)	$(\mathrm{Bq/kg})$		(cm)	$(\mathrm{Bq/kg})$	
Sim01-01	1	0.10009	63.50103	2.85755	1	23.8045	1.125
Sim01-02	2	0.10064	80.08738	3.60393	1	23.2924	1.125
Sim01-03	3	0.10173	98.32806	4.42476	1	23.434	1.125
Sim01-04	4	0.10334	125.45705	5.64557	1	26.0873	1.125
Sim01-05	5	0.10547	141.27971	6.35759	1	22.8041	1.125
Sim01-06	6	0.10809	130.27571	5.86241	1	23.4333	1.125
Sim01-07	7	0.11116	134.04051	6.03182	1	25.6156	1.125
Sim01-08	8	0.11466	129.69245	5.83616	1	26.1371	1.125
Sim01-09	9	0.11855	134.93655	6.07214	1	25.4813	1.125
Sim01-10	10	0.12278	109.39886	4.92295	1	25.8877	1.125
Sim01-11	11	0.12731	110.68133	4.98066	1	24.4414	1.125
Sim01-12	12	0.13209	102.38094	4.60714	1	24.9053	1.125
Sim01-13	13	0.13706	75.80895	3.4114	1	22.9151	1.125
Sim01-14	14	0.14218	77.60406	3.49218	1	24.4808	1.125
Sim01-15	15	0.14738	68.4401	3.0798	1	24.9343	1.125
Sim01-16	16	0.15262	60.72037	2.73242	1	25.2659	1.125
Sim01-17	17	0.15782	50.28147	2.26267	1	22.961	1.125
Sim01-18	18	0.16294	44.24641	1.99109	1	22.9139	1.125
Sim01-19	19	0.16791	39.85997	1.7937	1	28.3774	1.125
Sim01-20	20	0.17269	38.40823	1.72837	1	23.5379	1.125
Sim01-21	21	0.17722	32.75922	1.47416	1	25.4363	1.125
Sim01-22	22	0.18145	28.02545	1.26115	1	24.8995	1.125
Sim01-23	23	0.18534	27.8749	1.25437	1	22.6783	1.125
Sim01-24	24	0.18884	30.74797	1.38366	1	24.8575	1.125
Sim01-25	25	0.19191	28.36187	1.27628	1	24.8724	1.125
Sim01-26	26	0.19453	27.24535	1.22604	1	24.3778	1.125
Sim01-27	27	0.19666	23.59236	1.06166	1	24.7209	1.125
Sim01-28	28	0.19827	25.74855	1.15868	1	24.6615	1.125
Sim01-29	29	0.19936	25.05368	1.12742	1	24.7199	1.125
Sim01-30	30	0.19991	25.0065	1.12529	1	24.4937	1.125

Label	Depth	Density	210Pb	sd(210Pb)	Thickness	226Ra	sd(226Ra)
	(cm)	(g/cm^3)	$(\mathrm{Bq/kg})$		(cm)	$(\mathrm{Bq/kg})$	
Sim02-01	1	0.1001	909.3928	40.9227	1	8.9761	0.45
Sim02-02	2	0.1006	683.9989	30.7799	1	10.0607	0.45
Sim02-03	3	0.1017	453.0503	20.3873	1	9.8701	0.45
Sim02-04	4	0.1033	310.7897	13.9855	1	10.37	0.45
Sim02-05	5	0.1055	218.0058	9.8103	1	10.0418	0.45
Sim02-06	6	0.1081	158.6974	7.1414	1	10.104	0.45
Sim02-07	7	0.1112	113.9062	5.1258	1	10.2049	0.45
Sim02-08	8	0.1147	75.5493	3.3997	1	9.334	0.45
Sim02-09	9	0.1185	56.6252	2.5481	1	10.5145	0.45
Sim02-10	10	0.1228	44.1595	1.9872	1	9.8677	0.45
Sim02-11	11	0.1273	34.7448	1.5635	1	9.7694	0.45
Sim02-12	12	0.1321	25.384	1.1423	1	10.5134	0.45
Sim02-13	13	0.1371	24.0007	1.08	1	10.4589	0.45
Sim02-14	14	0.1422	21.3643	1	1	9.9504	0.45
Sim02-15	15	0.1474	17.7932	1	1	10.5135	0.45
Sim02-16	16	0.1526	15.0416	1	1	10.3362	0.45
Sim02-17	17	0.1578	14.2937	1	1	10.5131	0.45
Sim02-18	18	0.1629	12.3844	1	1	10.368	0.45
Sim02-19	19	0.1679	12.6023	1	1	10.5297	0.45
Sim02-20	20	0.1727	11.9329	1	1	10.0924	0.45
Sim02-21	21	0.1772	9.301	1	1	10.118	0.45
Sim02-22	22	0.1815	10.7777	1	1	10.249	0.45
Sim02-23	23	0.1853	12.9491	1	1	10.134	0.45
Sim02-24	24	0.1888	10.6571	1	1	10.1151	0.45
Sim02-25	25	0.1919	9.6297	1	1	9.6608	0.45
Sim02-26	26	0.1945	8.4331	1	1	8.7821	0.45
Sim02-27	27	0.1967	10.4921	1	1	9.8995	0.45
Sim02-28	28	0.1983	11.135	1	1	9.2481	0.45
Sim02-29	29	0.1994	10.109	1	1	10.4398	0.45
Sim02-30	30	0.1999	9.5404	1	1	10.1114	0.45

Label	Depth	Density	210Pb	sd(210Pb)	Thickness	226Ra	sd(226Ra)
	(cm)	(g/cm^3)	$(\mathrm{Bq/kg})$		(cm)	$(\mathrm{Bq/kg})$	
Sim03-01	1	0.1001	6384.1354	287.2861	1	15.8007	0.675
Sim03-02	2	0.1006	3550.0809	159.7536	1	14.5245	0.675
Sim03-03	3	0.1017	1954.5702	87.9557	1	15.6527	0.675
Sim03-04	4	0.1033	1183.8917	53.2751	1	14.5175	0.675
Sim 03-05	5	0.1055	760.2132	34.2096	1	14.9242	0.675
Sim 03-06	6	0.1081	360.2553	16.2115	1	14.801	0.675
Sim 03-07	7	0.1112	212.9402	9.5823	1	14.8738	0.675
Sim 03-08	8	0.1147	104.2684	4.6921	1	14.9028	0.675
Sim03-09	9	0.1185	44.3849	1.9973	1	15.0768	0.675
Sim03-10	10	0.1228	18.6447	1	1	15.3764	0.675
Sim03-11	11	0.1273	23.2778	1.0475	1	14.6231	0.675
Sim03-12	12	0.1321	53.1587	2.3921	1	15.1629	0.675
Sim03-13	13	0.1371	97.363	4.3813	1	14.3047	0.675
Sim03-14	14	0.1422	116.9788	5.264	1	14.0261	0.675
Sim03-15	15	0.1474	153.2901	6.8981	1	15.9723	0.675
Sim03-16	16	0.1526	151.8496	6.8332	1	14.7579	0.675
Sim03-17	17	0.1578	136.3609	6.1362	1	16.114	0.675
Sim03-18	18	0.1629	107.2736	4.8273	1	15.4595	0.675
Sim03-19	19	0.1679	76.8966	3.4603	1	15.9439	0.675
Sim03-20	20	0.1727	48.9213	2.2015	1	14.6235	0.675
Sim03-21	21	0.1772	40.4439	1.82	1	14.6716	0.675
Sim03-22	22	0.1815	26.5638	1.1954	1	16.2541	0.675
Sim03-23	23	0.1853	21.714	1	1	14.4826	0.675
Sim03-24	24	0.1888	17.6428	1	1	15.5109	0.675
Sim03-25	25	0.1919	17.3533	1	1	13.6898	0.675
Sim03-26	26	0.1945	17.4211	1	1	14.4684	0.675
Sim03-27	27	0.1967	16.4246	1	1	15.3889	0.675
Sim03-28	28	0.1983	12.4828	1	1	15.0698	0.675
Sim03-29	29	0.1994	13.5514	1	1	15.2346	0.675
Sim03-30	30	0.1999	14.3145	1	1	14.7846	0.675