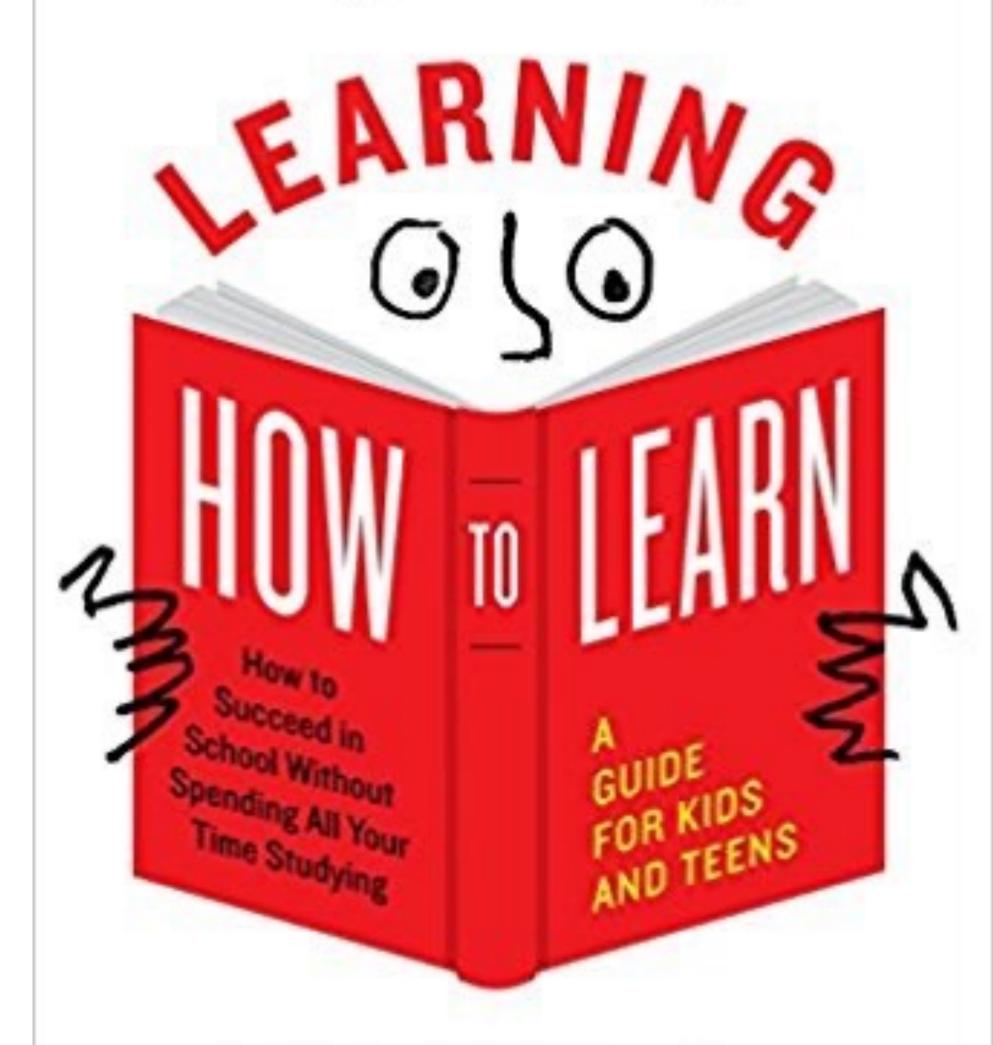
## Be a lifelong learner

From the bestselling author of A Mind for Numbers and the creators of the popular online course Learning How to Learn



BARBARA OAKLEY, PhD, AND TERRENCE SEJNOWSKI, PhD,

WITH ALISTAIR McCONVILLE

## Be intentional (make plans!)

