

## Triggered Care Plan Items

Resident: Smith, Stella (558874)

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## Focus

☒ Acute Pain [PATH](#)☒ Arrhythmia [PATH](#)☐ Chemotherapy Treatment [PATH](#)☒ Fatigue [PATH](#)☒ Impaired Coping [PATH](#)

## Goals

☒ Resident Will Be Free of Pain / Discomfort [PATH](#)☒ Resident Will Maintain Optimal Tissue Perfusion [PATH](#)☒ Resident Will Remain in Normal Sinus Rhythm [PATH](#)☐ Resident / Representative Will Understand and Participate in Treatment Regimen [PATH](#)☐ Resident Will Experience Minimal Side Effects Related to Chemotherapy [PATH](#)☒ Resident Will Experience Reduction in Fatigue [PATH](#)☒ Resident Will Demonstrate Effective

## Interventions/Tasks

☒ Administer medications to treat cough [PATH](#)☒ Evaluate for non-verbal indicators of pain [PATH](#)☒ Evaluate for pain related to coughing [PATH](#)☒ Utilize humidity (humidified oxygen or humidifier) [PATH](#)☒ Utilize positioning and relaxation techniques for comfort [PATH](#)☒ Encourage participation in coughing, deep breathing and forced expiratory techniques, as ordered [PATH](#)☒ Evaluate arterial leg pulses [PATH](#)☒ Evaluate heart rate [PATH](#)☒ Evaluate pedal pulses [PATH](#)☐ If cardiac device present, verify date of last device interrogation [PATH](#)☒ Evaluate heart rate character, rhythm [PATH](#)☐ Administer medications prior to treatment to minimize side effects, per provider order [PATH](#)☐ Determine Resident / Representative's baseline understanding of chemotherapy treatments [PATH](#)☐ Educate Resident / Representative on chemotherapy treatment schedule and anticipated side effects [PATH](#)☐ Educate Resident / Representative on the importance of routine laboratory monitoring [PATH](#)☐ Monitor Resident for potential complications related to long term nausea / vomiting [PATH](#)☐ Monitor weight for loss [PATH](#)☒ Determine level of needed assistance based on ADLs / IADLs evaluation [PATH](#)☒ Educate Resident / Representative on energy conservation techniques [PATH](#)☒ Evaluate Resident's ability to perform ADLs / IADLs [PATH](#)☒ Encourage times of rest and relaxation between care activities [PATH](#)☒ Encourage Resident to verbalize feelings

Coping Mechanisms [PATH](#)

- ☒ Resident Will Be Free of Fear and/or Anxiety [PATH](#)

regarding fear and / or anxiety [PATH](#)

- ☒ Encourage use of PRN medication to alleviate symptoms [PATH](#)
- ☒ Evaluate for cause of fear or anxiety [PATH](#)
- ☒ Monitor Resident's response to diagnosis of chronic medical issue [PATH](#)
- ☒ Staff to provide care in a confident, assured manner [PATH](#)

- ☒ Impaired Gas Exchange [PATH](#)

- ☒ Resident Will Maintain an Oxygenation Saturation within Personal Goal Range [PATH](#)

- ☒ Administer oxygen as prescribed or per standing order [PATH](#)
- ☒ Educate Resident / Representative regarding energy conservation techniques [PATH](#)
- ☒ Evaluate blood pressure [PATH](#)
- ☒ Evaluate capillary refill [PATH](#)
- ☒ Evaluate heart rate [PATH](#)
- ☒ Evaluate pulse oximetry [PATH](#)
- ☒ Evaluate respiratory rate and effort [PATH](#)
- ☒ Monitor for use of accessory muscles [PATH](#)
- ☒ Evaluate for change in level of consciousness [PATH](#)
- ☒ Evaluate for restlessness [PATH](#)
- ☒ Evaluate skin color, temperature and characteristics [PATH](#)

- ☒ Knowledge Deficit [PATH](#)

- ☒ Resident / Representative Will Understand and Participate in Treatment Regimen [PATH](#)
- ☒ Resident / Representative Will Understand Diagnosis [PATH](#)

- ☒ Educate Resident / Representative on the importance of pneumonia vaccination [PATH](#)
- ☒ Educate Resident / Representative about possible causative factors of the arrhythmia [PATH](#)
- ☒ Educate Resident / Representative on coughing and deep breathing exercises [PATH](#)
- ☒ Educate Resident / Representative on dietary restrictions related to anticoagulant therapy [PATH](#)
- ☒ Educate Resident / Representative on importance of routine laboratory monitoring [PATH](#)
- ☒ Educate Resident / Representative on risk of repeat thrombosis [PATH](#)
- ☒ Educate Resident / Representative on safety measures related to anticoagulant therapy [PATH](#)
- ☒ Educate Resident / Representative regarding the importance of medication compliance [PATH](#)
- ☒ Evaluate Resident's knowledge of cause, treatment and follow-up care related to diagnosis of pneumonia [PATH](#)
- ☒ Promote the importance of participation/compliance in treatment regimen [PATH](#)
- ☒ Provide education regarding antithrombotic drug therapy [PATH](#)
- ☒ Provide education regarding goal(s) of treatment regimen [PATH](#)
- ☒ Educate Resident / Representative on bleeding precautions [PATH](#)
- Educate Resident / Representative on

☒ Radiation Therapy [PATH](#)

☒ Risk for Bleeding [PATH](#)

☒ Risk for Dehydration [PATH](#)

☒ Risk for Depression [PATH](#)

☒ Risk for Fatigue [PATH](#)

☒ Resident / Representative Will Understand and Participate in Treatment Regimen [PATH](#)

☒ Resident's Skin Will Remain Intact [PATH](#)

☒ Resident Will Be Free of Falls [PATH](#)

☒ Resident Will Show No Signs / Symptoms of Bleeding [PATH](#)

☒ Resident Will Remain Hydrated [PATH](#)

☒ Resident Will Be Free of Signs / Symptoms of Depression [PATH](#)

☒ Resident Will Maintain an Optimum Activity Level [PATH](#)

☒ lifestyle adjustments for managing arrhythmias [PATH](#)

☒ Educate Resident / Representative regarding symptoms & management of arrhythmias [PATH](#)

☒ Provide smoking cessation information / assistance / resources [PATH](#)

☒ Determine Resident / Representative's baseline understanding of radiation treatment [PATH](#)

☒ Educate Resident / Representative regarding what to expect during radiation treatment [PATH](#)

☒ Evaluate skin integrity [PATH](#)

☒ Educate Resident / Representative about proper skin care to prevent skin breakdown [PATH](#)

☒ Educate Resident / Representative on importance of keeping skin clean and moisturized [PATH](#)

☒ Avoid unnecessary invasive procedures, punctures or injections [PATH](#)

☒ Evaluate blood pressure [PATH](#)

☒ Evaluate fall risk on admission and PRN [PATH](#)

☒ Evaluate for change in level of consciousness [PATH](#)

☒ Evaluate heart rate [PATH](#)

☒ Evaluate skin for evidence of impaired coagulation (bruising, petechia, bleeding from orifice) [PATH](#)

☒ If fall occurs, alert provider [PATH](#)

☒ If fall occurs, initiate frequent neuro and bleeding evaluation per facility protocol [PATH](#)

☒ If orthostatic blood pressure is positive, alert provider [PATH](#)

☒ If Resident is a fall risk, initiate fall risk precautions [PATH](#)

☒ Initiate bleeding precautions as appropriate [PATH](#)

☒ Monitor laboratory results [PATH](#)

☒ Review medications for drugs increase risk of bleeding [PATH](#)

☒ Evaluate for blood in stools [PATH](#)

☒ Evaluate for hematemesis [PATH](#)

☒ Evaluate for hematuria [PATH](#)

☒ Evaluate blood pressure [PATH](#)

☒ Evaluate heart rate [PATH](#)

☒ Evaluate mucous membranes [PATH](#)

☒ Evaluate skin turgor [PATH](#)

☒ Monitor Resident's urine output [PATH](#)

☒ Perform Depression Screening Evaluation [PATH](#)

☒ Encourage Resident to limit naps to 20 - 30 minutes in length [PATH](#)

☒ Evaluate if symptomatic in response to

☒ Risk for Fever [PATH](#)
☒ Resident Will Be Afebrile [PATH](#)
☒ Risk for Impaired Body Image [PATH](#)
☒ Resident Will Maintain a Positive Body Image [PATH](#)
☒ Risk for Impaired Skin Integrity [PATH](#)
☒ Resident's Skin Will Remain Intact [PATH](#)
☒ Risk for Ineffective Airway Clearance [PATH](#)
☒ Resident Will Maintain Airway Patency [PATH](#)

 activity [PATH](#)

- ☒ Instruct Resident / Representative on energy conservation techniques [PATH](#)
- ☒ Monitor for decline in ADL/IADLs [PATH](#)
- ☒ Monitor laboratory results for signs of anemia [PATH](#)
- ☒ Encourage use of prescribed assistive devices [PATH](#)
- ☒ Evaluate temperature [PATH](#)
- ☒ Maintain cooler temperature in room [PATH](#)
- ☒ Encourage fluids, if not contraindicated [PATH](#)
- ☒ Educate Resident / Representative on expected body image changes [PATH](#)
- ☒ Encourage Resident to participate in ADLs as able [PATH](#)
- ☒ Encourage Resident to verbalize feelings regarding changes in body image [PATH](#)
- ☒ Encourage to verbalize feelings regarding diagnosis / prognosis [PATH](#)
- ☒ Monitor resident's support system for effectiveness [PATH](#)
- ☒ Educate Resident / Representative on disease process and expected outcomes / prognosis [PATH](#)
- ☒ Consult pastoral care, as needed [PATH](#)
- ☒ Educate Resident / Representative on factors to maintain skin integrity [PATH](#)
- ☒ Administer nebulizer treatment, per order [PATH](#)
- ☒ Educate Resident / Representative on energy conservation techniques [PATH](#)
- ☒ Encourage ambulation [PATH](#)
- ☒ Encourage use of incentive spirometer [PATH](#)
- ☒ Ensure proper position for optimal breathing [PATH](#)
- ☒ Evaluate capillary refill [PATH](#)
- ☒ Evaluate for cough [PATH](#)
- ☒ Evaluate for shortness of breath [PATH](#)
- ☒ Evaluate hydration status including: skin turgor, mucous membranes and tongue [PATH](#)
- ☒ Evaluate lung sounds [PATH](#)
- ☒ Evaluate respiratory rate and effort [PATH](#)
- ☒ Evaluate sputum characteristics including: consistency, quantity, color and odor [PATH](#)
- ☒ Monitor for changes in respiratory rate or shallow breathing [PATH](#)
- ☒ Monitor for use of accessory muscles [PATH](#)
- ☒ Suction PRN [PATH](#)
- ☒ Encourage participation in coughing, deep breathing and forced expiratory techniques, as ordered [PATH](#)
- ☒ Evaluate pulse oximetry [PATH](#)

☒ Risk for Infection [PATH](#)

- ☒ Resident Will Be Free of Signs / Symptoms of Aspiration [PATH](#)
- ☒ Resident Will Show No Signs / Symptoms of Infection [PATH](#)

- ☒ Utilize humidity (humidified oxygen or humidifier) [PATH](#)
- ☒ Administer antibiotic therapy as prescribed [PATH](#)
- ☒ Educate Resident / Representative on techniques to prevent infection, such as handwashing, adequate rest, nutrition and avoidance of crowds [PATH](#)
- ☒ Evaluate for cough [PATH](#)
- ☒ Evaluate for shortness of breath [PATH](#)
- ☒ Evaluate lung sounds [PATH](#)
- ☒ Evaluate pain [PATH](#)
- ☒ Evaluate pulse oximetry [PATH](#)
- ☒ Evaluate Resident's swallowing for effectiveness [PATH](#)
- ☒ Evaluate sputum characteristics including: consistency, quantity, color and odor [PATH](#)
- ☒ Evaluate temperature [PATH](#)
- ☒ Evaluate the Resident's Flu and Pneumococcal vaccine status [PATH](#)
- ☒ If on antibiotics, monitor for diarrhea [PATH](#)
- ☒ Initiate appropriate isolation precautions [PATH](#)
- ☒ Monitor chest x-ray results [PATH](#)
- ☒ Monitor laboratory results [PATH](#)

☒ Risk for Injury [PATH](#)

- ☒ Resident Will Not Experience Extravasation R/t Infusion [PATH](#)
- ☒ Resident Will Not Experience Reaction to Medication [PATH](#)

- ☒ Educate Resident / Representative on possible, expected side effects [PATH](#)
- ☒ Monitor Resident for potential reaction to chemotherapy medication [PATH](#)
- ☒ Obtain Resident's allergy history [PATH](#)
- ☒ Review chemotherapy medications received to determine if vesicant [PATH](#)
- ☒ Monitor IV insertion sites for redness, swelling and drainage [PATH](#)

☒ Risk for Malnutrition [PATH](#)

- ☒ Resident Intake of Nutrients Will Meet Metabolic Needs [PATH](#)

- ☒ Complete Mini Nutritional Evaluation [PATH](#)
- ☒ Consult a dietician per order [PATH](#)
- ☒ Encourage Resident / Representative participation in meal planning [PATH](#)
- ☒ Evaluate exact height [PATH](#)
- ☒ Evaluate for paresthesia [PATH](#)
- ☒ If Mini Nutritional Evaluate results indicate risk, consult dietician [PATH](#)
- ☒ If Mini Nutritional Evaluation results are normal, monitor intake and weights [PATH](#)
- ☒ If Mini Nutritional Evaluation results indicate malnutrition, consult dietician [PATH](#)
- ☒ Provide education to Resident / Representative regarding proper nutritional intake [PATH](#)
- ☒ Review lab values to determine nutritional improvement or deterioration [PATH](#)

Risk for Stroke [PATH](#)

- ☒
- ☒ Risk for Decreased Cardiac Output [PATH](#)
- ☒ Disease Management at Bedside [PATH](#)
- ☒ Resident Will Remain Free of Stroke Like symptoms [PATH](#)
- ☒ Resident Will Have Normal Blood Pressure [PATH](#)
- ☒ Resident Will Have Normal HR and Rhythm [PATH](#)
- ☒ Resident Will Have Effective Cardiac Function [PATH](#)
- ☒ Bedside Care Tasks Will Be Completed to Evaluate and Manage Resident's Disease [PATH](#)
- ☒ If symptomatic, perform Cincinnati stroke evaluation [PATH](#)
- ☒ Evaluate blood pressure [PATH](#)
- ☒ Evaluate heart rate [PATH](#)
- ☒ Evaluate heart rate character, rhythm [PATH](#)
- ☒ Evaluate peripheral pulses [PATH](#)
- ☒ If orthostatic blood pressure is positive, alert provider [PATH](#)
- ☒ Evaluate respiratory rate and effort [PATH](#)
- ☒ Evaluate exact weight (t) [PATH](#)
- ☒ Evaluate orthostatic blood pressure, if Resident symptomatic (t) [PATH](#)
- ☒ Monitor for symptoms of arrhythmia: chest pain, dizziness, lightheaded, palpitations (t) [PATH](#)

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