Kelley and Meka's proof of Roth's theorem

by

MARCEL K. GOH

23 August 2023

1. Definitions and elementary facts

We will use G primarily to refer to a finite abelian group. For functions $f,g:G\to {\bf C}$ we have the inner product

$$\langle f, g \rangle = \mathbf{E}_{x \in G} f(x) \overline{g(x)}$$

and the L_p norm

$$||f||_p = \left(\mathbf{E}_{x \in G} |f(x)|^p\right)^{1/p}.$$

In L_p spaces we have the useful Hölder inequality

$$\left| \langle f, g \rangle \right| \le \|f\|_p \cdot \|g\|_q,$$

for $p, q \in [1, \infty)$ with 1/p + 1/q = 1. Assuming now that f and g are **R**-valued, we also have the convolution

$$(f * g)(x) = \mathbf{E}_{y \in G} f(y)g(x - y)$$

and the difference convolution

$$(f \circ g)(x) = \mathbf{E}_{y \in G} f(y)g(x+y).$$

It is easy to check that for all $x \in G$, (f*g)(x) = (g*f)(x), but with the difference convolution we have $(f \circ g)(x) = (g \circ f)(-x)$. We also have the following adjoint property.

Proposition 1 (Adjoint property). Let G be a finite abelian group and let $f, g, h : G \to \mathbf{R}$. Then

$$\langle f, g * h \rangle = \langle h \circ f, g \rangle.$$

Proof. First expand

$$\langle f, g * h \rangle = \mathbf{E}_{x \in G} f(x) (g * h)(x)$$

$$= \mathbf{E}_{x \in G} f(x) \mathbf{E}_{y \in G} g(y) h(x - y)$$

$$= \mathbf{E}_{y \in G} g(y) \mathbf{E}_{x \in G} f(x) h(x - y).$$

Then substituting z = x - y so that x = z + y yields

$$\begin{split} \langle f,g*h\rangle &= \mathbf{E}_{y\in G}\,g(y)\,\mathbf{E}_{z\in G}\,f(z+y)h(z) \\ &= \mathbf{E}_{z\in G}(h\circ f)(z)g(z) \\ &= \langle h\circ f,g\rangle. \quad \blacksquare \end{split}$$

For a group G the dual group \widehat{G} is the set of all homomorphisms from G to \mathbb{C}^{\times} . The Fourier transform of $f: G \to \mathbb{R}$ is the function $\widehat{f}: \widehat{G} \to \mathbb{C}$ given by

$$\widehat{f}(\chi) = \mathbf{E}_{x \in G} f(x) \chi(-x).$$

The following proposition describes how the convolution and difference convolution behave under the Fourier transform.

Proposition 2 (Convolution laws). Let G be a finite abelian group and let $f, g: G \to \mathbf{R}$. Then the following identities hold:

$$i) \widehat{f * g} = \widehat{f} \cdot \widehat{g}$$

ii)
$$\widehat{f \circ g} = \overline{\widehat{f}} \cdot \widehat{g}$$

In particular, $\widehat{f \circ f} = |\widehat{f}|^2$.

Proof. Expand

$$\widehat{f * g}(\chi) = \mathbf{E}_{x \in G}(f * g)(\chi)\chi(-x)$$

and multiply the right-hand side by $1 = \chi(-y)\chi(y)$ to get

$$\widehat{f * g}(\chi) = \mathbf{E}_{x \in G} \, \mathbf{E}_{y \in G} \, f(y) g(x - y) \chi(-y) \chi(y - x).$$

Then we may interchange the order of summation and substitute z = x - y to arrive at

$$\widehat{f * g}(\chi) = \mathbf{E}_{y \in G} \, \mathbf{E}_{z \in G} \, f(y) g(z) \chi(-y) \chi(-z) = \widehat{f}(\chi) \widehat{g}(\chi),$$

which proves (i). For part (ii), we expand and multiply by the same 1 to get

$$\widehat{f \circ g}(\chi) = \mathbf{E}_{x \in G}(f \circ g)(\chi)\chi(-x) = \mathbf{E}_{x \in G} \mathbf{E}_{y \in G} f(y)g(x+y)\chi(y)\chi(-x-y).$$

We again interchange the order of summation; this time substituting z = x + y gives us

$$\widehat{f \circ g}(\chi) = \mathbf{E}_{y \in G} \, \mathbf{E}_{z \in G} \, f(y) g(z) \chi(y) \chi(-z)$$

$$= \overline{\mathbf{E}_{y \in G} \, f(y) \chi(-y)} \, \mathbf{E}_{z \in G} \, g(z) \chi(-z)$$

$$= \overline{\widehat{f}(\chi)} \widehat{g}(\chi),$$

which is what we wanted.

When we convolve two functions \widehat{f} and \widehat{g} on the dual group, we take a sum instead of an expectation:

$$(\widehat{f} \circ \widehat{g})(\chi) = \sum_{\psi \in G} \widehat{f}(\psi)\widehat{g}(\chi\psi^{-1}).$$

The same goes in the definition of the inner product $\langle \widehat{f}, \widehat{g} \rangle$.

Let f^{*k} denote the k-fold convolution of a function f. The next proposition interprets k-norms in terms of k-fold convolutions of the Fourier transform.

Proposition 3. Let G be a finite abelian group, let $k \ge 1$ be an integer, and let χ_0 denote the identity element of the dual group \widehat{G} of G. We have the identity

$$\mathbf{E}_{x \in G} f(x)^k = \widehat{f}^{*p}(\chi_0).$$

Proof. Expand by the Fourier inversion formula to get

$$\mathbf{E}_{x \in G} f(x)^{k} = \mathbf{E}_{x \in G} \left(\sum_{\chi \in \widehat{G}} \widehat{f}(\chi) \chi(x) \right)^{k}$$

$$= \mathbf{E}_{x \in G} \sum_{\chi_{1} \in \widehat{G}} \cdots \sum_{\chi_{k} \in \widehat{G}} \widehat{f}(\chi_{1}) \cdots \widehat{f}(\chi_{k}) \chi_{1}(x) \cdots \chi_{k}(x)$$

$$= \sum_{\chi_{1} \in \widehat{G}} \cdots \sum_{\chi_{k} \in \widehat{G}} \widehat{f}(\chi_{1}) \cdots \widehat{f}(\chi_{k}) \mathbf{E}_{x \in G} \chi_{1} \cdots \chi_{k}(x).$$

By orthogonality of characters, the inner expectation is zero when $\chi_1 \cdots \chi_k \neq \chi_0$, so we have

$$\mathbf{E}_{x \in G} f(x)^k = \sum_{\chi_1 \cdots \chi_k = \chi_0} \widehat{f}(\chi_1) \cdots \widehat{f}(\chi_k) = \widehat{f}^{*p}(\chi_0). \quad \blacksquare$$

For sets A and X, let $\mu_X(A) = |A \cap X|/|X|$ denote the relative density of A in X, and if X is understood to be a subset of a larger set G, then we use μ_X also to denote the normalised indicator function given by

$$\mu_X(x) = \begin{cases} 1/\mu_G(X), & \text{if } x \in X; \\ 0, & \text{otherwise.} \end{cases}$$

The scaling is done so that $\|\mu_X\|_1 = 1$ for any $X \subseteq G$, as can easily be checked. We denote the ordinary indicator function by $\mathbf{1}_X = \mu_G(X)\mu_X$, and sometimes write $\mathbf{1}_x$ for the indicator function $\mathbf{1}_{\{x\}}$ of a singleton set. Lastly, we also sometimes use the same symbol to denote the indicator function of a statement; i.e., $\mathbf{1}_{[P]}$ is 1 if the statement P is true and 0 if it is false.

It is easy to check that if μ has $\|\mu\|_1 = 1$, then so does $\mu * \mu$ and $\mu \circ \mu$. We shall say that $\mu : G \to \mathbf{R}_{\geq 0}$ is a *probability measure* on G if $\|\mu\|_1 = 1$. The following proposition concerns such measures.

Proposition 4. Let G be a finite abelian group. If $\mu: G \to \mathbf{R}_{\geq 0}$ is a probability measure, then

$$\widehat{\mu-1}=\widehat{\mu}(1-\mathbf{1}_{\chi_0}).$$

Proof. We expand

$$\widehat{\mu - 1}(\chi_0) = \mathbf{E}_{x \in G} (\mu(x) - 1) \chi(-x)$$

$$= \mathbf{E}_{x \in G} \mu(x) \chi(-x) - \mathbf{E}_{x \in G} \chi(-x).$$

$$= \widehat{\mu}(\chi) - \mathbf{E}_{x \in G} \chi(-x).$$

If $\chi \neq \chi_0$, then the expectation vanishes, and if $\chi = \chi_0$, then the expection clearly equals 1, and $\mu(\chi_0) = \|\mu\|_1 = 1$, so the whole expression is zero.

If $\mu: G \to \mathbf{R}_{\geq 0}$ is a probability measure and $f, g: G \to \mathbf{C}$ we write

$$\langle f, g \rangle_{\mu} = \mathbf{E}_{x \in G} \, \mu(x) f(x) \overline{g(x)}$$

for the inner product relative to μ , and for $1 \leq p < \infty$ we write

$$||f||_{p(\mu)} = \left(\mathbf{E}_{x \in G} \mu(x) |f(x)|^p\right)^{1/p}$$

for the L_p norm relative to μ . The following basic proposition establishes the monotonicity of L_p norms with respect to p.

Proposition 5 (Monotonicity of L_p norms). Let G be a finite abelian group. Let $\mu: G \to \mathbf{R}_{\geq 0}$ be a probability measure and let $f: G \to \mathbf{C}$. For $1 \leq p < q < \infty$, we have

$$||f||_{p(\mu)} \le ||f||_{q(\mu)}.$$

Proof. Let r = q/p > 1 and let s = r/(r-1) so that 1/r + 1/s = 1. We have

$$\mathbf{E}_{x \in G} \mu(x) |f(x)|^p = \mathbf{E}_{x \in G} \mu(x) |f(x)|^{q/r} \cdot 1$$

Now by Hölder's inequality, we have

$$\mathbf{E}_{x \in G} \mu(x) |f(x)|^p \le \left(\mathbf{E}_{x \in G} \mu(x) |f(x)|^q \right)^{1/r} \left(\mathbf{E}_{x \in G} 1^s \right)^{1/s}$$
$$= \left(\mathbf{E}_{x \in G} \mu(x) |f(x)|^q \right)^{p/q}.$$

Taking pth roots of both sides now produces the inequality we wanted.

For convenience, when $\mu: G \to \mathbf{R}_{\geq 0}$ is a probability measure and $X \subseteq G$, we write

$$\mu(X) = \|\mathbf{1}_X\|_{1(\mu)} = \mathbf{E}_{x \in G} \,\mu(x) \,\mathbf{1}_X(x),$$

and refer to this quantity as the density of X relative to μ .

2. Hölder lifting and unbalancing for finite groups

With preliminaries out of the way, we begin the proof of Kelley and Meka [2], as described and reworked by Bloom and Sisask [1]. In this section we perform the first two steps of the proof, in the general setting of finite groups.

Lemma 6 (Hölder lifting). Let $\epsilon \geq 0$ and let A and C be subsets of a finite abelian group G, where C has relative density γ . Then at least one of the following two statements holds.

i)
$$|\langle \mu_A * \mu_A, \mu_C \rangle - 1| \le \epsilon$$

ii)
$$\|\mu_A \circ \mu_A - 1\|_p \ge \epsilon/2$$
 for some $p = O(\log(1/\gamma))$.

Proof. Linearity of the inner product in the first argument gives

$$\langle \mu_A * \mu_A - 1, \mu_C \rangle = \langle \mu_A * \mu_A, \mu_C \rangle + \langle -1, \mu_C \rangle = \langle \mu_A * \mu_A, \mu_C \rangle - 1,$$

so if the first statement does not hold, then for q = 1/(1 - 1/p), we have, by Hölder's inequality,

$$\epsilon < \left| \langle \mu_A * \mu_A - 1, \mu_C \rangle \right| \le \|\mu_A * \mu_A - 1\|_p \left(\mathbf{E}_{x \in G} \left| \mu_C(x) \right|^q \right)^{1/q}$$

$$\le \|\mu_A * \mu_A - 1\|_p \gamma^{1/q - 1} \le \|\mu_A * \mu_A - 1\|_p \gamma^{-1/p}.$$

Letting p be an even integer greater than $\log_2(1/\gamma)$, we have $\log \gamma \ge p \log(1/2)$, whence $\gamma^{1/p} \ge 1/2$. This gives the inequality

$$\|\mu_A * \mu_A - 1\|_p \ge \frac{\epsilon}{2}.$$

Since p is even,

$$\|\mu_A * \mu_A - 1\|_p^p = \mathbf{E}_{x \in G} |(\mu_A * \mu_A - 1)(x)|^p = \mathbf{E}_{x \in G} (\mu_A * \mu_A - 1)(x)^p$$

and we can apply Proposition 3 to get

$$||g||_p^p = \widehat{g}^{*p}(\chi_0),$$

where we have put $g = \mu_A * \mu_A - 1$. It was noted earlier that $\mu_A * \mu_A$ has 1-norm equal to 1, so we can apply Propositions 4 and 2 in that order to get

$$\|\mu_A * \mu_A - 1\|_p^p = (\widehat{\mu_A * \mu_A} (1 - \mathbf{1}_{\chi_0}))^{*p} (\chi_0) = (\widehat{\mu_A}^2 (1 - \mathbf{1}_{\chi_0}))^{*p} (\chi_0).$$

Repeating this whole process with $\mu_A \circ \mu_A$ in place of $\mu_A * \mu_A$ produces the very similar identity

$$\|\mu_A \circ \mu_A - 1\|_p^p = (|\widehat{\mu_A}|^2 (1 - \mathbf{1}_{\chi_0}))^{*p} (\chi_0),$$

from which we conclude that

$$\|\mu_A \circ \mu_A - 1\|_p^p \ge \|\mu_A * \mu_A - 1\|_p^p \ge \frac{\epsilon}{2}.$$

This lemma tells us that if $\langle \mu_A * \mu_A, \mu_C \rangle \geq 1/2$, then $\|\mu \circ \mu_A - 1\|_p \geq 1/4$ for some $p = O(\log(1/\gamma))$. This information can then be fed to the following general lemma.

Lemma 7 (Unbalancing of spectrally nonnegative functions). Let $\epsilon \in (0,1)$ and let $\nu : G \to \mathbf{R}_{\geq 0}$ be a probability measure with $\widehat{\nu} \geq 0$. If $f : G \to \mathbf{R}$ has $\widehat{f} \geq 0$ and $||f||_{p(\nu)} \geq \epsilon$ for some $p \geq 1$, then

$$||f+1||_{p'(\nu)} \ge 1 + \frac{\epsilon}{2}$$

for some $p' = O(\epsilon^{-1} \log(\epsilon^{-1})p)$.

Proof. Proposition 5 tells us that $||f||_{p(\mu)}$ is monotonically increasing in p, so without loss of generality we can pick p odd and at least 5. As usual, we denote the identity in \widehat{G} by χ_0 . Using the Fourier inversion formula and orthogonality of characters as we did in the proof of Proposition 3, we observe that

$$||f||_{p(\nu)}^{p} = \mathbf{E}_{x \in G} \Big(\sum_{\chi \in \widehat{G}} \widehat{\nu}(\chi) \chi(x) \Big) \Big(\sum_{\chi \in \widehat{G}} \widehat{f}(\chi) \chi(x) \Big)^{k}$$

$$= \sum_{\chi_{1} \in \widehat{G}} \cdots \sum_{\chi_{k+1} \in \widehat{G}} \widehat{f}(\chi_{1}) \cdots \widehat{f}(\chi_{k}) \widehat{\nu}(\chi_{k+1}) \mathbf{E}_{x \in G} \chi_{1}(x) \cdots \chi_{k+1}(x)$$

$$= \sum_{\chi_{1} \cdots \chi_{k+1} = \chi_{0}} \widehat{f}(\chi_{1}) \cdots \widehat{f}(\chi_{k}) \widehat{\nu}(\chi_{k+1})$$

$$= \widehat{\nu} * \widehat{f}^{*p}(\chi_{0}).$$

Let $P = \{x \in G : f(x) \ge 0\}$ and let $g(x) = \max\{f(x), 0\}$. It is easy to see that 2g(x) = f(x) + |f(x)|, so

$$\begin{split} 2\langle \mathbf{1}_P, f^p \rangle_{\nu} &= 2 \, \mathbf{E}_{x \in G} \, \nu(x) \, \mathbf{1}_P(x) f(x)^p \\ &= 2 \, \mathbf{E}_{x \in G} \, \nu(x) g(x) f(x)^{p-1} \\ &= \langle 2g, f^{p-1} \rangle_{\nu} \\ &= \mathbf{E}_{x \in G} \, \nu(x) f(x)^p + \left\langle |f|, f^{p-1} \right\rangle_{\nu} \\ &= \widehat{\nu} * \widehat{f}^{*p}(\chi_0) + \left\langle |f|, |f|^{p-1} \right\rangle_{\nu}, \end{split}$$

where in the last line we used the fact that f is real-valued as well as evenness of p-1. Since the Fourier transforms of f and ν are both nonnegative, the first term is nonnegative, so

$$\langle \mathbf{1}_P, f^p \rangle_{\nu} \ge \frac{\left\langle |f|, |f|^{p-1} \right\rangle_{\nu}}{2} = \frac{\|f\|_{p(\nu)}^p}{2} \ge \frac{\epsilon^p}{2}.$$

Now let $T = \{x \in P : f(x) \ge 3\epsilon/4\}$. Then

$$\langle \mathbf{1}_{P \setminus T}, f^p \rangle = \langle \mathbf{1}_P - \mathbf{1}_T, f^p \rangle$$

$$= \langle \mathbf{1}_P, f^p \rangle - \langle \mathbf{1}_T, f^p \rangle$$

$$\geq \frac{\epsilon}{2} - \mathbf{E}_{x \in G} \mathbf{1}_T(x) f(x)^p$$

$$\geq \frac{\epsilon}{2} - \mathbf{E}_{x \in G} 3\epsilon / 4$$

$$= \frac{\epsilon}{4},$$

so $\langle \mathbf{1}_T, f^p \rangle_{\nu} \geq \epsilon^p/4$ and we have

$$\begin{split} &\frac{\epsilon}{4} \leq \langle \mathbf{1}_T, f^p \rangle_{\nu} \\ &= \mathbf{E}_{x \in G} \left(\nu(x)^{1/2} \, \mathbf{1}_T(x) \right) \left(\nu(x)^{1/2} f(x)^p \right) \\ &= \left(\mathbf{E}_{x \in G} \, \nu(x) \, \mathbf{1}_T(x)^2 \right)^{1/2} \left(\mathbf{E}_{x \in G} \, \nu(x) f(x)^{2p} \right)^{1/2} \\ &= \left(\mathbf{E}_{x \in G} \, \nu(x) \, \mathbf{1}_T(x) \right)^{1/2} \left(\mathbf{E}_{x \in G} \, \nu(x) |f(x)|^{2p} \right)^{p/(2p)} \\ &= \nu(T)^{1/2} \|f\|_{2p(\nu)}^p \end{split}$$

by the Cauchy-Schwarz inequality.

Now if $||f||_{2p(\nu)}^p > 2$, then we could take p' = 2p, so assume that this norm is at most 2. By the triangle inequality, we have

$$||f||_{2p(\nu)} \le ||-1||_{2p(\nu)} + ||f+1||_{2p(\nu)} \le 3,$$

hence

$$\nu(T)^{1/2}3^p \le \frac{\epsilon^p}{4}.$$

Since we assumed that $p \ge 5$, and since 4 < 1024/243, we have $4^{1/p} < 4/3$ and thus

$$\nu(T) \ge \frac{\epsilon^{2p}}{16 \cdot 3^{2p}} = \left(\frac{\epsilon}{4^{1/p} \cdot 3}\right)^{2p} > \left(\frac{\epsilon}{4}\right)^{2p}.$$

This allows us to bound

$$||f+1||_{p'(\nu)} = \left(\mathbf{E}_{x\in G}\nu(x)|f(x)+1|^{p'}\right)^{1/p'}$$

$$\geq \left(\mathbf{E}_{x\in G}\nu(x)\mathbf{1}_{T}(x)|f(x)+1|^{p'}\right)^{1/p'}$$

$$\geq \left(\nu(T)(1+3\epsilon/4)^{p'}\right)^{1/p'}$$

$$> \left(\frac{\epsilon}{4}\right)^{2p/p'}\left(1+\frac{3}{4}\epsilon\right).$$

Now if $p' \ge (8p/\epsilon) \log(4/\epsilon) = O(\epsilon^{-1} \log(\epsilon^{-1})p)$, then $\epsilon/4 \ge (2p/p') \log(4/\epsilon)$ and thus

$$-\frac{2p}{p'}\log\left(\frac{4}{\epsilon}\right) \ge -\frac{\epsilon}{4}.$$

Taking e to the power of both sides gives us

$$\left(\frac{4}{\epsilon}\right)^{-2p/p'} \ge e^{-\epsilon/4} \ge 1 - \frac{\epsilon}{4},$$

and plugging this in above gives the bound

$$||f+1||_{p'(\nu)} > \left(1 - \frac{\epsilon}{4}\right) \left(1 + \frac{3}{4}\epsilon\right) = 1 + \frac{\epsilon}{2} - \frac{3\epsilon^2}{16} \ge 1 + \frac{\epsilon}{2},$$

which is what we needed.

3. Dependent random choice

The next lemma uses a dependent random choice argument to pass the information from the previous step down to high density subsets, which allows us to iterate the argument.

Lemma 8 (Dependent random choice). Let G be a finite abelian group and let A be a subset of G with density α . Let $B_1, B_2 \subseteq G$ and $\mu = \mu_{B_1} \circ \mu_{B_2}$. For any function $f: G \to \mathbf{R}_{\geq 0}$ there exist sets $A_1 \subseteq B_1$ and $A_2 \subseteq B_2$ with densities satisfying

$$\min\{\mu_{B_1}(A_1), \mu_{B_2}(A_2)\} \ge \frac{1}{4}\alpha^{2p} \|\mu_A \circ \mu_A\|_{p(\mu)}^{2p} k.$$

and such that

$$\langle \mu_{A_1} \circ \mu_{A_2}, f \rangle \le 2 \frac{\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu}}{\|\mu_A \circ \mu_A\|_{p(\mu)}^p}.$$

Proof. For $s = (s_1, \ldots, s_p) \in G^p$ let $A_1(s) = B_1 \cap (A + s_1) \cap \cdots \cap (A + s_p)$, and define $A_2(s)$ analogously. First we expand

$$\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu} = \mathbf{E}_{x \in G} \mu(x) (\mu_A \circ \mu_A)(x)^p f(x)$$

$$= \mathbf{E}_{x \in G} \mathbf{E}_{y \in G} \mu_{B_1}(y) \mu_{B_2}(x+y) (\mu_A \circ \mu_A)(x)^p f(x)$$

$$= \frac{1}{|B_1| \cdot |B_2|} \sum_{x \in G} \sum_{y \in G} \mathbf{1}_{B_1}(y) \mathbf{1}_{B_2}(x+y) (\mu_A \circ \mu_A)(x)^p f(x).$$

Renaming $b_1 = y$ and performing the change of variable $b_2 = x + b_1 = x + y$, we have

$$\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu} = \frac{1}{|B_1||B_2|} \sum_{\substack{b_1 \in G \\ b_2 \in G}} \mathbf{1}_{B_1}(b_1) \, \mathbf{1}_{B_2}(b_2) (\mu_A \circ \mu_A) (b_2 - b_1)^p f(b_2 - b_1)$$

$$= \mathbf{E}_{b_1 \in B_1, b_2 \in B_2} (\mu_A \circ \mu_A) (b_2 - b_1)^p f(b_2 - b_1)$$

$$= \mathbf{E}_{b_1 \in B_1, b_2 \in B_2} \left(\alpha^{-2} \, \mathbf{E}_{y \in G} \, \mathbf{1}_A(y) \, \mathbf{1}_A(b_2 - b_1 + y) \right)^p f(b_2 - b_1).$$

Now since $y \in A$ if and only if $b_1 \in A + b_1 - y$ and $b_2 - b_1 + y \in A$ if and only if $b_2 \in A + b_1 - y$, so writing $t = b_1 - y$ and changing variables, we have

$$\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu} = \mathbf{E}_{b_1 \in B_1, b_2 \in B_2} \Big(\alpha^{-2} \, \mathbf{E}_{t \in G} \, \mathbf{1}_{A+t}(b_1) \, \mathbf{1}_{A+t}(b_2) \Big)^p f(b_2 - b_1)$$
$$= \alpha^{-2p} \, \mathbf{E}_{b_1 \in B_1, b_2 \in B_2} \, \mathbf{E}_{s \in G^p} \, \mathbf{1}_{A_1(s)}(b_1) \, \mathbf{1}_{A_2(s)}(b_2) f(b_2 - b_1).$$

Putting $y = b_2 - b_1$ so that $b_2 = y + b_1$, we have

$$\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu} = \alpha^{-2p} \mathbf{E}_{s \in G^p} \mathbf{E}_{b_1 \in B_1} \frac{|G|}{|B_2|} \mathbf{E}_{y \in G} \mathbf{1}_{A_1(s)}(b_1) \mathbf{1}_{A_2(s)}(y + b_1) f(y)$$

$$= \frac{|G|}{\alpha^{2p} |B_2|} \mathbf{E}_{s \in G^p} \mathbf{E}_{b_1 \in B_1} \langle \mathbf{1}_{A_1(s)} \circ \mathbf{1}_{A_2(s)}, f \rangle$$

$$= \frac{|G|^2}{\alpha^{2p} |B_1| \cdot |B_2|} \mathbf{E}_{s \in G^p} \langle \mathbf{1}_{A_1(s)} \circ \mathbf{1}_{A_2(s)}, f \rangle.$$

Thus we let $\beta_i = |B_i|/|G|$ and $\alpha_i(s) = \frac{|A_i(s)|}{|G|}$ for $i \in \{1, 2\}$, and then apply the above in the case where f is the constant function 1 to obtain

$$\|(\mu_{A} \circ \mu_{A})^{p}, f\|_{p(\mu)}^{p} = \frac{|G|^{2}}{\alpha^{2p}|B_{1}| \cdot |B_{2}|} \mathbf{E}_{s \in G^{p}} \mathbf{E}_{x \in G} \mathbf{E}_{y \in G} \mathbf{1}_{A_{1}(s)}(y) \mathbf{1}_{A_{2}(s)}(x+y)$$

$$= \frac{1}{\alpha^{2p}\beta_{1}\beta_{2}} \mathbf{E}_{s \in G^{p}} \mathbf{E}_{y \in G} \mathbf{1}_{A_{1}(s)}(y) \mathbf{E}_{x \in G} \mathbf{1}_{A_{2}(s)}(x+y)$$

$$= \frac{1}{\alpha^{2p}\beta_{1}\beta_{2}} \mathbf{E}_{s \in G^{p}} \alpha_{1}(s)\alpha_{2}(s)$$

The constants out front do not depend on f, so we see that

$$\frac{\left\langle (\mu_A \circ \mu_A)^p, f \right\rangle_{\mu}}{\|\mu_A \circ \mu_A\|_{p(\mu)}^p} = \frac{\mathbf{E}_{s \in G^p} \left\langle \mathbf{1}_{A_1(s)} \circ \mathbf{1}_{A_2(s)}, f \right\rangle}{\mathbf{E}_{s \in G^p} \alpha_1(s) \alpha_2(s)};$$

call this quotient η for brevity. Now we consider the quantity

$$\mathbf{E}_{s \in G^p} \, \mathbf{E}_{x \in G} \, \mathbf{1}_{A_1(s)}(x).$$

For a given $s=(s_1,\ldots,s_p)\in G^p$ and $x\in G$, the corresponding $\mathbf{1}_{A_1(s)}(x)$ term is 1 if and only if $x\in B_1$ and $x-s_i\in A$ for all $1\leq i\leq p$. Hence we have

$$\mathbf{E}_{s \in G^p} \, \mathbf{E}_{x \in G} \, \mathbf{1}_{A_1(s)}(x) = \frac{|B_1| \cdot |A|^p}{|G|^{p+1}} = \alpha^p \beta_1.$$

The analogous identity holds for $A_2(s)$. So, letting

$$M = \frac{1}{2} \alpha^p (\beta_1 \beta_2)^{1/2} \| \mu_A \circ \mu_A \|_{p(\mu)}^p,$$

we have

$$\mathbf{E}_{s \in G^{p}} \mathbf{1}_{[\alpha_{1}(s)\alpha_{2} < M^{2}]} \alpha_{1}(s)\alpha_{2}(s) < \mathbf{E}_{s \in G^{p}} M \sqrt{\alpha_{1}(s)\alpha_{2}(s)}$$

$$\leq \left(\mathbf{E}_{s \in G^{p}} M \alpha_{1}(s)\right)^{1/2} \left(\mathbf{E}_{s \in G^{p}} M \alpha_{2}(s)\right)^{1/2}$$

$$= M \left(\mathbf{E}_{s \in G^{p}} \mathbf{E}_{x \in G} \mathbf{1}_{A_{1}(s)}(x)\right)^{1/2}$$

$$\left(\mathbf{E}_{s \in G^{p}} \mathbf{E}_{x \in G} \mathbf{1}_{A_{2}(s)}(x)\right)^{1/2}$$

$$= M \alpha^{p} \sqrt{\beta_{1}\beta_{2}}$$

$$= \frac{1}{2} \alpha^{2p} \beta_{1}\beta_{2} \|\mu_{A} \circ \mu_{A}\|_{p(\mu)}^{p}$$

$$= \frac{1}{2} \mathbf{E}_{s \in G^{p}} \alpha_{1}(s)\alpha_{2}(s)$$

and consequently

$$\mathbf{E}_{s \in G^p} \, \mathbf{1}_{[\alpha_1(s)\alpha_2 \ge M^2]} \, \alpha_1(s) \alpha_2(s) > \frac{1}{2} \, \mathbf{E}_{s \in G^p} \, \alpha_1(s) \alpha_2(s).$$

So we have

$$\mathbf{E}_{s \in G^p} \langle \mathbf{1}_{A_1(s)} \circ \mathbf{1}_{A_2(s)}, f \rangle = \eta \, \mathbf{E}_{s \in G^p} \, \alpha_1(s) \alpha_2(s)$$

$$< 2\eta \, \mathbf{E}_{s \in G^p} \, \alpha_1(s) \alpha_2(s) \, \mathbf{1}_{[\alpha_1(s)\alpha_2(s) > M^2]},$$

and thus there must be some s such that

$$\langle \mathbf{1}_{A_1(s)} \circ \mathbf{1}_{A_2(s)}, f \rangle < 2\eta \alpha_1(s) \alpha_2(s) \mathbf{1}_{[\alpha_1(s)\alpha_2(s) \geq M^2]}.$$

Since $f(x) \ge 0$ for all x, the left-hand side is nonnegative, meaning that the right-hand side cannot be 0. Thus such an s must satisfy $\alpha_1(s)\alpha_2(s) \ge M^2$. Letting $A_1 = A_1(s)$ and $A_2 = A_2(s)$ for this particular s, we have

$$\frac{|A_1|\cdot |A_2|}{|G|^2} \ge \frac{1}{4}\alpha^{2p} \frac{|B_1|\cdot |B_2|}{|G|^2} \|\mu_A \circ \mu_A\|_{p(\mu)}^{2p},$$

whence

$$\mu_{B_1}(A_1)\mu_{B_2}(A_2) \ge \frac{1}{4}\alpha^{2p} \|\mu_A \circ \mu_A\|_{p(\mu)}^{2p},$$

so neither $\mu_{B_1}(A_1)$ nor $\mu_{B_2}(A_2)$ can be less than the right-hand side. On the other hand, letting $\alpha_1 = \alpha_1(s)$ and $\alpha_2 = \alpha_2(s)$, we also have

$$\langle \mu_{A_1} \circ \mu_{A_2}, f \rangle = \mathbf{E}_{x \in G} \, \mathbf{E}_{y \in G} \, \mu_{A_1}(y) \mu_{A_2}(x+y) f(x)$$

$$= \alpha_1^{-1} \alpha_2^{-1} \, \mathbf{E}_{x \in G} \, \mathbf{E}_{y \in G} \, \mathbf{1}_{A_1}(y) \, \mathbf{1}_{A_2}(x+y) f(x)$$

$$= \alpha_1^{-1} \alpha_2^{-1} \langle \mathbf{1}_{A_1} \circ \mathbf{1}_{A_2}, f \rangle$$

$$< 2\eta$$

$$= 2 \frac{\langle (\mu_A \circ \mu_A)^p, f \rangle_{\mu}}{\|\mu_A \circ \mu_A\|_{p(\mu)}^p},$$

which proves the lemma.

This lemma is slightly more general than we shall require. The version that suffices for all our applications is the following.

Lemma 9. Let G be a finite abelian group, let $p \geq 1$ be an integer, and let $\epsilon, \delta > 0$. Let B_1 and B_2 be subsets of G and let $\mu = \mu_{B_1} \circ \mu_{B_2}$. If $A \subseteq G$ has density α and

$$S = \{ x \in G : (\mu_A \circ \mu_A)(x) > (1 - \epsilon) \| \mu_A \circ \mu_A \|_{p(\mu)} \},$$

then there exist $A_1 \subseteq B_1$ and $A_2 \subseteq B_2$ with densities satisfying

$$\min \big\{ \mu_{B_1}(A_1), \mu_{B_2}(A_2) \big\} = \Omega \big((\alpha \| \mu_A \circ \mu_A \|_{p(\mu)})^{2p + O(\epsilon^{-1} \log(\delta^{-1}))} \big).$$

such that

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_S \rangle \geq 1 - \delta.$$

Proof. Let p' be the smallest even integer at least $p + \epsilon^{-1} \log(\delta^{-1})$. By the previous lemma applied to the set $\mathbf{1}_{G \setminus S}$, there exist sets $A_1 \subseteq B_1$ and $A_2 \subseteq B_2$ with densities satisfying

$$\min\{\mu_{B_1}(A_1), \mu_{B_2}(A_2)\} \ge \frac{1}{4}\alpha^{2p'} \|\mu_A \circ \mu_A\|_{p'(\mu)}^{2p'}$$

$$\ge \frac{1}{4} (\alpha \|\mu_A \circ \mu_A\|_{p(\mu)})^{2p+2\epsilon^{-1}\log(\delta^{-1})+O(1)}$$

$$= \Omega((\alpha \|\mu_A \circ \mu_A\|_{p(\mu)})^{2p+O(\epsilon^{-1}\log(\delta^{-1}))})$$

such that

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_{G \setminus S} \rangle \leq \frac{\langle (\mu_A \circ \mu_A)^{p'}, \mathbf{1}_{G \setminus S} \rangle_{\mu}}{\|\mu_A \circ \mu_A\|_{p'(\mu)}^{p'}}.$$

Our construction of S ensures that

$$\frac{\left\langle (\mu_A \circ \mu_A)^{p'}, \mathbf{1}_{G \setminus S} \right\rangle_{\mu}}{\|\mu_A \circ \mu_A\|_{p'(\mu)}^{p'}} \le (1 - \epsilon)^p,$$

and since $p' \geq \epsilon^{-1} \log(\delta^{-1})$, we have

$$(1 - \epsilon)^p \le e^{-\epsilon p} \le \delta.$$

Putting everything together, we have

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_{G \setminus S} \rangle \leq \delta,$$

so that

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_S \rangle = 1 - \langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_{G \setminus S} \rangle \ge 1 - \delta,$$

which completes the proof.

4. The finite-field case

We now use the methods of Kelley and Meka to give upper bounds on the size of a subset of \mathbf{F}_q^n without any three-term arithmetic progressions. First, we restate the dependent random choice lemma in the special case that applies to this finite field context.

Corollary 10. Let $p \ge 1$ be an integer and $\epsilon \in (0, 1/2]$. If $A \subseteq G$ is such that $\|\mu_A \circ \mu_A\|_p \ge 1 + \epsilon$ and $S = \{x \in G : (\mu_A \circ \mu_A)(x) > 1 + \epsilon/2\}$, then there are subsets A_1 and A_2 of G, each of density $\Omega(\alpha^{2p+O(\epsilon^{-1}\log(\epsilon^{-1}))})$, such that

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_S \rangle \ge 1 - \epsilon/8.$$

Proof. Let $S' = \{x \in G : (\mu_A \circ \mu_A)(x) > (1+\epsilon) \| \mu_A \circ \mu_A \|_p \}$, and apply Lemma 9 with the same p and ϵ , but δ set to $\epsilon/8$, S set to S', and $B_1 = B_2 = G$ so that $\mu = \mu_{B_1} = \mu_{B_2}$ is the uniform measure on G. Hence the sets A_1 and A_2 given by the lemma will each have density

$$\Omega((\alpha(1+\epsilon))^{2p+O(\epsilon^{-1}\log(8/\epsilon))}) = \Omega(\alpha^{2p+O(\epsilon^{-1}\log(\epsilon^{-1}))})$$

in G, and since

$$(1 - \epsilon) \|\mu_A \circ \mu_A\|_p \ge (1 - \epsilon)(1 + \epsilon) = 1 - \epsilon^2 \ge 1 - \epsilon/2,$$

we have $S' \subseteq S$ and thus

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_S \rangle \ge \langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_{S'} \rangle \ge 1 - \epsilon/8.$$

There is a theorem that we need which, for now, we shall just state without proof. (This is Theorem 3.2 of [3].)

Theorem 11 (Schoen–Sisask, 2016). Let $\epsilon \in (0,1)$, let $S \subseteq \mathbf{F}_q^n$, and let $A_1, A_2 \subseteq \mathbf{F}_q^n$ be subsets of relative density at least α . There is a subspace V of codimension $O(\epsilon^{-2} \log(\epsilon^{-1}\alpha^{-1})^2 \log(\alpha^{-1})^2)$ such that

$$|\langle \mu_V * \mu_{A_1} * \mu_{A_2}, \mathbf{1}_S \rangle - \langle \mu_{A_1} * \mu_{A_2}, \mathbf{1}_S \rangle| \le \epsilon.$$

The following lemma encapsulates the density increment argument that underlies the proof of Roth's theorem.

Lemma 12 (Density increment). Let $\epsilon \in (0,1)$ and let A and C be subsets of $G = \mathbf{F}_q^n$ with relative densities α and γ , respectively. Then either

- i) $|\langle \mu_A * \mu_A, \mu_C \rangle 1| \leq \epsilon$; or
- ii) there is a subspace V of codimension

$$O\left(\epsilon^{-2} \left(\log(1/\gamma) + \epsilon^{-1} \log(\epsilon^{-1})\right)^4 \log(1/\alpha)^4\right)$$

such that $\max_{x \in G} (\mathbf{1}_A * \mu_V)(x) \ge (1 + \epsilon/32)\alpha$.

Proof. Suppose that (i) fails. Then by Lemma 6 there is some $p = O(\log(1/\gamma))$ such that $\|\mu_A \circ \mu_A - 1\|_p \ge \epsilon/2$. By the second convolution law (part (ii) of

Proposition 2), $\mu_A \circ \mu_A$ is a nonnegative function, and note also that if ν is the uniform measure on \mathbf{F}_q^n , then for any $\chi : \widehat{\mathbf{F}_q^n} \to \mathbf{C}$,

$$\widehat{\nu}(\chi) = \mathbf{E}_{x \in G} \, \nu(x) \chi(-x) = \begin{cases} q^{-n}, & \text{if } \chi \text{ is the trivial character;} \\ 0, & \text{otherwise.} \end{cases}$$

This implies in particular that $\widehat{\nu} \geq 0$, so by Lemma 7 applied with $f = \mu_A \circ \mu_A$ and the uniform measure for ν , we find that $\|\mu_A \circ \mu_A\|_{p'} \geq 1 + \epsilon/4$ for some $p' = O(2\log(2)p) = O(\log(1/\gamma))$. Let $C(\epsilon) = \epsilon^{-1}\log(\epsilon^{-1})$. By Corollary 10, there are sets $A_1, A_2 \subseteq G$, each of density $\Omega(\alpha^{2p'+O(C(\epsilon))})$, such that

$$\langle \mu_{A_1} \circ \mu_{A_2}, \mathbf{1}_S \rangle \geq 1 - \epsilon/32.$$

where $S = \{x \in G : (\mu_A \circ \mu_A)(x) \ge 1 + \epsilon/8\}$. Feeding $-A_1$, A_2 , and S into Theorem 11 with $\epsilon/32$ gives us a subspace V of codimension

$$\begin{split} O\Big(\epsilon^{-2}\log\big(\epsilon^{-1}\alpha^{-2p'-O(C(\epsilon))}\big)^2\log\big(\alpha^{-2p'-O(C(\epsilon))}\big)^2\Big) \\ &= O\Big(\epsilon^{-2}(2p'+C(\epsilon))^2\log(1/\alpha)^2\big((2p'+C(\epsilon))\log(1/\alpha)+\log(\epsilon^{-1})\big)^2\Big) \\ &= O\Big(\epsilon^{-2}\big(\log(1/\gamma)+C(\epsilon)\big)^4\log(1/\alpha)^4\Big) \end{split}$$

such that

$$\left| \langle \mu_V * \mu_{-A_1} * \mu_{A_2}, \mathbf{1}_S \rangle - \langle \mu_{-A_1} * \mu_{A_2}, \mathbf{1}_S \rangle \right| \le \epsilon/32.$$

It is easily checked that $\mu_{-A_1} * \mu_{A_2} = \mu_{A_1} \circ \mu_{A_2}$, so we find that

$$\langle \mu_V * (\mu_{A_1} \circ \mu_{A_2}), \mathbf{1}_S \rangle \ge 1 - \epsilon/16.$$

Now we observe that

$$\|(\mu_{A_1} \circ \mu_{A_2}) \circ \mu_{A_2}\|_1 = \mathbf{E}_{z \in G} \,\mu_{A_1}(z) \,\mathbf{E}_{y \in G} \,\mu_{A_2}(y+z) \,\mathbf{E}_{x \in G} \,\mu_{A}(x+y) = 1,$$

so that,

$$\max_{x \in G} (\mu_V * \mathbf{1}_A)(x) = \alpha \max_{x \in G} (\mu_V * \mu_A)(x)$$

$$= \alpha \| (\mu_{A_1} \circ \mu_{A_2}) \circ \mu_A \|_1 \max_{x \in G} (\mu_V * \mu_A)(x)$$

$$\geq \alpha \langle \mu_V * \mu_A, (\mu_{A_1} \circ \mu_{A_2}) \circ \mu_A \rangle$$

$$= \alpha \langle \mu_V * \mu_A * (\mu_{A_1} \circ \mu_{A_2}), \mu_A \rangle$$

$$= \alpha \langle \mu_V * (\mu_{A_1} \circ \mu_{A_2}), \mu_A \circ \mu_A \rangle,$$

where in the last two lines we have employed the adjoint property $\langle f, g * h \rangle = \langle h \circ f, g \rangle$, as well as the commutative properties f * g = g * f and $\langle f, g \rangle = \langle g, f \rangle$,

all of which hold for functions $f, g, h : G \to \mathbf{R}$. But by the construction of S, we have $\mathbf{1}_S(x)(\mu_A \circ \mu_A)(x) \geq (1 + \epsilon/8) \mathbf{1}_S$, so

$$\langle \mu_{V} * (\mu_{A_1} \circ \mu_{A_2}), \mu_{A} \circ \mu_{A} \rangle \geq \langle \mu_{V} * (\mu_{A_1} \circ \mu_{A_2}), \mathbf{1}_{S} (\mu_{A} \circ \mu_{A}) \rangle$$

$$\geq (1 + \epsilon/8) \langle \mu_{V} * (\mu_{A_1} \circ \mu_{A_2}), \mathbf{1}_{S} \rangle$$

$$\geq (1 + \epsilon/8)(1 - \epsilon/16)$$

$$\geq 1 + \epsilon/32,$$

hence we conclude that

$$\max_{x \in G} (\mathbf{1}_A * \mu_V)(x) \ge (1 + \epsilon/32)\alpha \quad \blacksquare$$

Theorem 13 (Finite field). Let q be a power of an odd prime and let A be a subset of $G = \mathbf{F}_q^n$ of cardinality αq^n . The number of (possibly trivial) three-term arithmetic progressions contained in A is at least

$$\frac{\alpha^3}{2}q^{2n-O(\log(1/\alpha)^9)}.$$

Hence if $A \subseteq \mathbf{F}_q^n$ contains no nontrivial three-term arithmetic progressions, then $\alpha \leq e^{-\Omega(n^{1/9})} = O(q^{-\Omega(n^{1/9})})$.

Proof. Let $C = 2 \cdot A = \{2a : a \in A\}$, so that $\gamma = |C|/q^n = \alpha$. By Lemma 12 applied to A and C with parameter $\epsilon = 1/2$, we find that either $\langle \mu_A * \mu_A, \mu_C \rangle \geq 1/2$ or there is a subspace V of codimension $O(\log(1/alpha)^8)$ such that $\max_{x \in G} (\mathbf{1}_A * \mu_V)(x) \geq (1 + \epsilon/64)\alpha$.

In the second case, there exists some $x \in G$ such that

$$\mathbf{E}_{y \in G} \mathbf{1}_A(y) \mu_V(x - y) \ge (1 + \epsilon/64) \alpha.$$

But $x - y \in V$ if and only if $y - x \in V$ if and only if $y \in V + x$, so we find that

$$|A \cap V + x| \ge (1 + \epsilon/64)\alpha |V|.$$

Now A has exactly the same number of three-term arithmetic progressions as A-x, so we can invoke Lemma 12 again with V in place of G and A-x in place of A, but note that α has been replaced by $(1+\epsilon/64)\alpha$, so this iteration can only happen $\log_{1+\epsilon/64}(1/\alpha) = O(\log(1/\alpha))$ times before the second case of the lemma becomes impossible, since $\alpha \leq 1$. Hence we deduce that there is some subspace V of codimension $O(\log(1/\alpha)^9)$ and some translate A+x' of A such that

$$\mathbf{E}_{x \in V} \mathbf{E}_{y \in V} \mu_{A'}(y) \mu_{A'}(x - y) \mu_{2 \cdot A'}(x) \ge \frac{1}{2},$$

where $A' = (A + x) \cap V$ and the relative densities are taken with respect to the subspace V. Expanding further, this implies that

$$\frac{|V|^3}{|A'|^3|V|^2} \sum_{x \in V} \sum_{y \in V} \mathbf{1}_{A'}(y) \, \mathbf{1}_{A'}(x-y) \, \mathbf{1}_{2 \cdot A'}(x) \ge \frac{1}{2};$$

that is,

$$\left| \left\{ (x,y) \in (2 \cdot A) \times A : x - y \in A' \right\} \right| \ge \frac{|A'|^3 |V|^5}{2|V|^3} \ge \frac{\alpha^3}{2} q^{2n - O(\log(1/\alpha)^9)}.$$

Renaming variables, this counts the number of pairs $(x, z) \in A' \times A'$ such that x + z = 2y for some $y \in A'$. Since this equation implies that z - y = y - x, the above expression counts the number of three-term arithmetic progressions in A', including the |A'| trivial instances of x = y = z. This proves the first part of the theorem.

For the last part of the theorem statement, suppose that A does not contain any nontrivial three-term arithmetic progressions. Then

$$\frac{\alpha^3}{2} q^{2n - O(\log(1/\alpha)^9)} \le \left| \{ (x, y) \in (2 \cdot A) \times A : x - y \in A' \} \right| \le |A'| \le \alpha q^n,$$

whence

$$q^n \le \frac{2q^{O(\log(1/\alpha)^9)}}{\alpha^2},$$

and taking qth logs of both sides yields

$$n \le \log_q \left(\frac{2q^{O(\log(1/\alpha)^9)}}{\alpha^2} \right) = O(\log(1/\alpha)^9).$$

Letting C be the constant implicit in the O-notation, we invert this to obtain the bound

$$\alpha \le e^{-n^{1/9}/C^{1/9}} = e^{-\Omega(n^{1/9})},$$

which is what we wanted.

References

- [1] Thomas Bloom and Olof Sisask, "The Kelley–Meka bounds for sets free of three-term arithmetic progressions," arXiv preprint 2302.07211 (20 pp), 2023.
- [2] Zander Kelley and Raghu Meka, "Strong bounds for 3-progressions," arXiv preprint 2302.05537 (2023), 78 pp.
- [3] Tomasz Schoen and Olof Sisask, "Roth's theorem for four variables and additive structures in sums of sparse sets," Forum of Mathematics, Sigma 4 (2016), article no. e5.