CAFÉ IDC

Total emissions from meat
Billion tonnes of CO_2 per year

Beef	2.9
Cattle Milk	1.4
Sheep and Goats	0.4
Buffalo Milk and Meat	0.6
Pigmeat	0.7
Chicken Meat	0.4
Chicken Eggs	0.2

Emissions by Calorie
Kilograms of CO_2 per 1000 Calories

Lamb	20.85
Beef	13.78
Turkey	5.83
Broccoli	5.71
Tuna	5.26
Salmon	5.15
Cheese	4.47
Pork	4.45
Yogurt	3.49
Chicken	3.37
Milk	3.17
Eggs	3.06
Rice	2.08
Potatoes	1.46
Beans	1.40
Tomato	1.39
Tofu	1.38
Lentils	0.78
Peanut Butter	0.42
Nuts	0.39
Soy Meal	**0.14**

Flip page for the nutritional facts and ingredients of soylent