



CERTIFICATE OF COMPLETION

Hashtag Treinamentos certifies that **Marcio Fernandes Cruz** has completed the **0-hours level Level 1 – Fundamentals of Personal High Performance** of the Online Course , started on **08/14/25** and concluded on **11/09/25**.

Marcio Cruz

LEVEL 0 NÍVEL 1 – FUNDAMENTOS DE ALTA PERFORMANCE PESSOAL -

Verification ID:
ESPMAR1762720627

Certificate issued on:
16/11/25 às 10:31:44.

Presented by:
Employer Number:
26.344.392/0001-08



LEVEL MODULES

1. Introduction
2. Learning Techniques
3. Productivity Techniques
4. Introduction and Foundation
5. Basic Principles
6. PACT - The mentality behind being more productive
7. Precision Productivity
8. Organizing your unbeatable week