I hear religious-minded people say all the time with good intentions, "God will never place a burden on you so heavy that you cannot carry it."

Really?

My experience is that God will place a burden on you so heavy that you cannot possibly carry it alone. He will break your back and your will. He will buckle your legs until you fall flat beneath the crushing weight of your load. All the while He will walk beside you waiting for you to come to the point where you must depend on Him.

"My power is made perfect in your weakness," He says, as we strain under our burden.

Whatever the burden, it might indeed get worse, but I know this—God is faithful. And while we change and get old, He does not. When we get weaker, He remains strong. And in our weakness and humility, He offers us true, lasting, transforming, and undeserved grace.