really knows what you are going through—is enough to bring great comfort in the midst of great despair. We both smiled with a freshly strengthened connection as I opened the driver's door for him.

Just before climbing into the truck he turned to me and said, "You know it gets worse, right?" "What gets worse?" I asked.

"Your son," he replied. "It gets worse as they get older and you get older. They get stronger and you get

weaker. You still love them the same, but it becomes impossible for you to take care of them. Even short visits become like this—impossible."

His words crushed me as I began to see myself in his weary face. I struggled to find some departing words of encouragement and hope—words for two desperate dads living in different seasons of the same struggling life.