```
import javax.swing.*;
import java.awt.*;
public class Grupos {
    public static void main(String[] args) {
        JFrame janela = new JFrame();
        janela.setSize(300, 300);
        janela.setLocationRelativeTo(null);
        janela.setDefaultCloseOperation(JFrame.EXIT ON CLOSE);
        JPanel p = new JPanel();
        janela.setContentPane(p);
        p.setLayout(new BoxLayout(p, BoxLayout.Y AXIS));
        p.add(new JButton("oi"));
        p.add(new JButton("foo"));
        JPanel grupo = new JPanel();
            grupo.add(new JLabel("Nome"));
            grupo.add(new JTextField(10));
            grupo.setLayout(new FlowLayout());
        p.add(grupo);
        p.add(new JButton("outro"));
        janela.setVisible(true);
    }
}
```