

20 pts - This weeks topic is important to teamwork because discipline is the basis for individual work ethic. Everyone within a team has to have a good individual work ethic for the team to get work done as a whole. If you have a good work ethic due to being disciplined, your influence will be positive on a team as a whole and will influence your team mates to being more disciplined themselves. This is why discipline is important for teamwork.

20 pts - I plan on contributing my good influence to the team by being disciplined in my work. Being productive during class will hopefully influence my classmates toward being disciplined themselves and being more productive. That is what I plan on contributing to my team.

20 pts - To relate this to the gospel if this were a religion class I would say being disciplined in a work ethic is very similar to being disciplined in holding to your gospel standards and values. The closer you can be disciplined to your gospel values the closer you can feel to the lord and the better example you can set for the people around.

20 pts - This experience relates to past experiences i've had with discipline. In the past when i've been more disciplined in many ways i've felt so much more accomplished and happy than when ive let myself go and just do whatever i feel in the moment. When ive stuck to a gym plan, studied as much as a should, and been productive with other things ive been much happier. Thats how I know the value of discipline.

20 pts - I taught my friend that making your bed in the morning can help you feel accomplished immediately and start a trend of accomplished tasks during the day. My friend had not heard of the idea before but said that it made a lot of sense and is something they would want to do. They also said that they have felt good when they have happened to do that in the past.